which they serve

Great confiand in agriculture in par-evinced by the International

FOUR MORE MURDERED IN CITY OF BELFAST

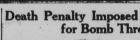
Bomb Thrown in Street Wounds Two Residents. A desmatch from Belfast says:-A

Alta.—So successful has Quebec, Que.—A despatch from Manchester, New Hampshire, states that sincert of Alberta is extendinge, and this year will have left that city for the Province of have left that city f Quebec since the start of the strike in the cotton mills. A total of 302

French-Canadian families returned from the New England States to Quebec last year.

New Glasgow, N.S.—The 1919 industrial census figures record the location of 66 manufacturing establishmentia in this city, candialized at 36.

stion of 66 manufacturing establishments in this city, capitalized at \$6, 597,978. These employed 1,284 persons, paid \$1,218,796, and produced goods their stock of repairs to the create their stock of repairs to the report of the comments that the comments of the creates their stock of repairs to the creates their stock of the creates their stock of repairs to the creates their stock of the creates the properties of the creates the properties the creates the properties of the creates the properties the creates the creates the properties the creates the properties the creates the properties the creates the crea





An examination of thousands of school children showed that sixty-six per cent. of them had defective eyesight. Another examination in the industrial field held among mature people showed that the same perindustrial field held among mature people showed that the same percentage had defective sight, but they were able to correct the trouble in thirteen per cent., leaving fifty-three thirteen percent, leaving fifty-three defective.

Watson, Professor of Obstetrics and Gynaecology, accepted the offer extremed to him by the University of Edinburgh to fill the chair in Medicine in that University. This is the historical result made famous by the late bomb was thrown in front of a residence on Syringa Street on Thursday With such a large percentage affect oric post made famous by the late Sir James Young Simpson, and to be bomb was thrown in front of a residence on Syringa Street on Thursday Mith such a large percentage affective.

With such a large percentage affected, we should look to our own children Susan were wounded and had to be to find if their sight is defective or not. To allow this great gateway of indeed. Professor Watson, who has knowledge to be obstructed would be were indeed. Professor Watson, who has knowledge to be obstructed would be versity for ten years, is a graduate versity for ten years, is a graduate to the provincial university for ten years, is a graduate to the provincial university for ten years, is a graduate to the provincial university for ten years, is a graduate to the provincial university for ten years, is a graduate to the provincial university for ten years, is a graduate to the provincial university for ten years, is a graduate to the provincial university for ten years, is a graduate to the provincial university for ten years, is a graduate to the provincial university for ten years, is a graduate to the provincial university for ten years, is a graduate to the provincial university for ten years, is a graduate to the provincial university for ten years, is a graduate to the provincial university for ten years, is a graduate to the provincial university for ten years, the provincial university for ten years O'rea MacMales, a subordiscret would be considered to be obstructed would be considered an entrance into be presented an entrance into be presented as a gradual part of the presented and t

Talking and Thinking.

Let be imman we wan 1/40 young force to the financial residual properties of the control of the financial residual r



BRITISH SUB SINKS WITH 23-SEAMEN

Collided With Versatile Dura

the years 1918-19. They are of the single hult "Holland" type, modified by the Admiralty, 164% to 171 feet long and 15% feet beam. They displace from 440 to 500 tens, and are equipped with two sets of Diesel engines. giving a speed of 18 knots on surface, and carrying four torp tubes. Their ordinary complement

Manitoba cats—No. 2 CW, 59% as extra No. 1 feed, 56%; No. 1 feed, 57% c.

Manitoba barfley—Nominal.

All the above, track, Bay ports.

American corn—No. 2 yellow, 77c;
No. 3 yellow, 75%; No. 4 yellow, 774%c, track, Toronbo.

Ontario cats—No. 2, white, nominal.

Ontario wheat—No. 3, white, nominal.

Barley—No. 3 extra, test 47 lbs. or better, 57 to 60c, according to freights outside.

Manitoba oats—No. 2 CW, 594st to 574c.

Manitoba bashey—Nominal.

All the above, track, Bay ports.

American corn—No. 2 yellow, 77c;

No. 3 yellow, 754c; No. 4 yellow, 77c;

No. 3 yellow, 754c; No. 4 yellow, 67d, c. track, Toronbo.

Ontario oats—No. 2, white, nominal.

Ontario wheat—Nominal.

Barley—No. 3 extra, test 47 lbs. or better, 67 to 60c, according to freights to better, 67 to 60c, according to freights.

Ontario flour—90 per cent, patent, built, scaboard, per bbl., nominal.

Millfeed—Del., Montreal freight, bars included: Bran, per ton, \$28 to \$30; shorts, per ton, \$30 to \$82; good feed flour, \$1.70 to \$1.80.

Baled hay—Track, Toronto, per ton, extra No. 2, \$22 to \$23; mixed, \$18 to \$19; clever, \$14 to \$18.

Straw—Car lots, per ton, track, Toronto, \$12 to \$13.

Unofficial quotations—Ontario No. 1 commercial wheat, \$1.86 to \$1.42, controlled on per bag, to 95c.

Manitoba bashey—Nominal.

Maple products—Syrup. per imp. 24.40; primes, \$3.85 to \$4.

Maple products—Syrup. per imp. 24.5.0; per 6 imp. 24.5.6.

Manitoba bashey—Nominal.

Maple products—Syrup. per imp. 25.8.6.

Maple products—Syrup. per imp. 25.8.

Maple products—Syrup. per imp. 25.8.

Maple products—Syrup. pe

REGLAR FELLERS-By Gene Byrnes









Phone 18.

DR. L. DOERING DENTIST MILDMAY.

HAVE YOUR EYES EXAMINED by our New Scientific Method.

The Best Equipped Optical Parlo in this part of Ontario.

F. F. HOMUTH Phm.B, OptD Ontometrist

HARRISTON

Spring Term Opens April 3rd 1922

NORTHERN, Kusinesskowege

OWEN SOUND, ONT.

Practical Courses **Expert Instruction** Individual Instruction **Employment Department**

C. A. FLEMING, F. C. A., Principal for 41 years

Oak Leaf Pure Manitoba Flour

Pride of Ontario **Blended Flour**

Our plant is pronounced by experts to have no superior in Western Ontario and will stand behind our flour. We have a firstclass miller in charge, and we are now able to guarantee a perfect article. We ask a trial baking, and you will be convinced.

E. Witter & Co.

LOCAL G. T. R. TIME TABLE

Morning train, southbound ... 7.17 Noon mail train, northbound.. 11.35 Afternoon train, southbound.. 4.10 Night train, northbound 9.10

GRAND TRUNK RAILWAY

Double Track Route

Montreal Toronto Detroit and Chicago

Unexcelled Dining Car Service Sleeping cars on night trains and

Parlor cars on principal day trains Full information from any Grand Trunk Ticket Agent or C. E. Horning, District Passenger Agent, Toronto.

W. E. O'Brien, Depot Agent Telephone No. 16

When duty calls we often send

HAVE A GOOD REPUTATION

'Reputation' is what others think you are; 'character' is what you are; 'character' is what you are. Your character will in a great mesure determine your reputation. It is better to possess character without reputation than to possess reputation without character. Every business man should seek to possess shoth, and that of the highest order. Reputation in business, no less than in social life, goes a long way toward helping the possessor to reach the goal of all ambition—success. In some respects it is a more valuable aid than capital, for the reason that a good reputation in a business man will frequently supply the lack of money, while money alone without reputation will not always enable a man to increase that wealth. A man who is known for his habit of promptly paying bills can always depend on considerate treatment from his creditors, and the deference shown him by principals is invariably imitated by their salesmen. He is treated like a person of distinction, and he is one by the best of all titles. He can always control the best terms for anything he purchases. This would appear to be a disadvatage to the creditor, but it isn't really so. Short credits and prompt payments are worth more than the privileges and conbut it isn't really so. Short credits and prompt payments are worth more than the privileges and concessions by which they are bought, especially in times when business is slow, or when profit depends on rapid sales. Every successful business man knows that quick sales and small profits are better aids to prosperity than holding goods for a rise which may never come or which come too late. If you have a good reputation, guard it carefully; it is of much more value than glittering gold.

CARLSRUHE.

(Intended for last week) Weiler Bros. were busy packing hay last week. Albert Hoffarth had over 50 tons pressed and is busy delivering same to Neustadt.

delivering same to Neustadt.

Messrs. William Spielmacher and
August Freiburger left Monday to
attend the funeral of Mrs. John
Freiburger of Kitchener. The deceased, whose maiden name was
Clara Spielmacher, was the youngest daughter of Mr. John Spielmacher.

nacher.

Mr. Louis Grub wishes to thank for. John Russwurm through this saper for the prompt return of the nuff he found belonging to Mrs.

Miss Frances Keehoe was laid up with La Grippe a few days last week, but we are glad to report that she has completely recovered. Mr. Ed. Threndyle, Formosa Fire Insurance Agent, was in the village on business last week.

John Juergens purchased the Mauser property on the 12th concession for \$1,700.

ONE ON SANDY

Did you ever hear the story of the thrifty Scotchman, who to save fuel, used to cook up a week's supply of oatmeal and thus had to eat it cold six nights? One week when the sixth night of cold porridge came round, Sandy was without enthusiasm. He looked at the kettle with a cold and unfriendly eye. He tried to swollaw a spoonful of the unappetizing stuff and gagged at it At last he had an idea.

He went to the cupboard took out

He went to the cupboard took out a bottle, poured out a small glass of whiskey, set it beside the porridge and instructed himself thus:

and instructed himself thus:

"Noo, Sandy, an' ye eat the parritch, ye hae a drink o' whiskey."

So with one eye on the glass, he managed to eat the last of the dried and stale oatmeal. Then he went to the cupboard, uncorked the bottle, poured the whiskey back into it and replaced the cork. And he further instructed himself with a triumphant grin: "That's the time I fooled ye Sandy."

DO NOT OVERLOAD YOUR VEHICLES

County and Provincial officers are taking steps to protect the soft road during the next two months and are warning owners of vehicles not to overload. The Motor Vehicles Act will be enforced, so they claim. The Act reads as follows:
"During the months of March and April vehicles operated or objects moved over any highway not within a city or separate town, and having a carrying capacity exceeding one ton shall not be loaded in excess of one-half the rated carry-

SPRING SHOPPING

What magic there is in the title word Spring. It turns the ladies though new clothes and the shrewd housekeeper thinks of beautiful draperies, floor e erings, etc. Put away the drab things of winter and brighten up the home sr roundings. Even the men are catching the Spirit of Spring and are looking for ne Suits, Raincoats, Hats and Caps. Shoesand Haberdashery.

Your thoughts cannot help but travel to "The Live Corner Store" know you can buy, here with assurance. Value greatest, prices always mo is our motto

Medium Yellow Sugar, very Special at 14 lb for \$1.00 Dominion Brand Spaghetti only 10c pkg. No. 1 Pickled Trout 2 lb for 25c

Mens Hats and Caps

Fine range, good quality hats in various shades at \$3.00 to \$3.75 The Brock Hat, quality and color guaranteed, for only \$5.75 Men and Boys Caps in wide range of styles and patterns. Caps that are sure to please at\$1.00 to \$2.00

Look for our fine range of Fine and Work Shirts, Socks, Ties, etc., etc.

Sanolin Floor Covering

2 yds. wide, reg \$2.30 for.... \$1.50 yd. See us for your Spring needs in Rugs, Linoleum, Floor Oils, etc.

Mens Heavy Work Shoes

All sizes. Solid leather shoes in black Boys sizes same as above at.... \$2.95 Rubber Boots, sizes 7 to 10, extra good \$5.50 value for \$3.85 Spring is the time you need good shoes and rubbers. We can fit you at moderNEW DRAPERIES AND CURTAINING!

Beautiful Flowered Marquisette now 75 cts yd.

Scrim and Marquisette in Ivery, Berge and Ecru from 22c to 75c yd. Fillet Lace Netts at 70c and 85c Curtains, 2½ yds long, in beautiful atterns \$2.25 to \$4.50 pair

NEW SPRING VOILES

Also better qualities, specially priced Dark Flowered Organdie, very beauti-

FLOWERED KIMONA CLOTHS

NEW AND LONG WANTED DRESS

Black and Cream All-wool Cashmere for \$1.50 yd Black and Sand Shade Canton Crepe. The new dress goods for spring. \$3.25 yd

Butterfly Silk Hosiery

Ladies Silk Hose in plain or ribbed effects. Extra value for \$1.25 Fine Black Lisle Hose for Ladies 1119, 9% and 10. Specially priced at 39 a Childrens Black and White Lisle Hovery special at 23 and 29

Wash Goods for Sp Wear

New Ginghams. Ginghams are very hard to get. Buy your needs now. Good value at 25c, 30c, 38c, 56c Rippelette. Just the thing for Chil-rens Dresses, Rompers, Aprons, etc., etc lequires no ironing. Very Special at 25c yd.

Polar Flannel. For Childrens Dresses, Waists, etc. Special value at.. 30c yd. Galateas. Light and Dark patterns. Special values at 30 and 35 cts.

Maple Leaf Flour

The best and cheapest at any price.
This brand is making new friends every day.

\$4.50 per cwt.

Special price in 500 lb lots.

King Edward Brand. A choice Blend t a little less money. \$4.25 cwt. Bran, Shorts and Low Grade on hand

GARDEN SEEDS OF LEADING G

KNECHTEL & KNECHTE

Notice to Creditors In the matter of the Estate of Joseph Hesch sr., late of the Village Mildmay, Carpenter Deceased.

es with full particulars of their claim in writing, and the nature of the se-curities (if any) held by them duly verified by a statutory declaration.

AND FURTHER TAKE NOTICE AND FURTHER TAKE NOTICE that after the 10th day of April A. D. 1922, the assets of the said estate will be distributed by the executors among the parties entitled there to, having regard only to the claims of which he shall then have notice, and the estate will not be liable for any claims not filed at the time of the said distribution.

DATED at Mildmay this 10th day of March A.D. 1922.

MATTHEW WEILER GEORGE WEILER, Executors

"During the months of March and April vehicles operated or objects moved over any highway not within a city or separate town, and having a carrying capacity exceeding one ton shall not be loaded in excess of one-half the rated carrying capacity of such vehicle or object, without obtaining a permit provided by section four

BITER SARCASM

The referee or umpire's lot is a hard one, as witness the following story from the Boston Transcript:
This final echo of the past football season comes to us. An irate gridiron fan who had watched his team go down to defeat stopped the referee as he was leaving the effeld. "Where's your dog?" he asked.

"Dog?" ejaculated the referee, "I have no dog."
"Well," said the grouchy one, "You're the first blind man I ever "Well," said the grouchy one, "You're the first blind man I ever "You're the first blind man I ever "Saw who didn't have a dog."

There would be a lot more fundant and a lot more work in the world incident of a ew years ago, France has been the enemy of Great Britain and has always sought to counteract or desproy her power in every or hash as always sought to counteract or desproy her power in every or hash as always sought to counteract or desproy her power in every or hash as always sought to counteract or desproy her power in every or hash as always sought to counteract or desproy her power in every or hash as always sought to counteract or desproy her power in every or hash as always sought to counteract or desproy her power in every duarter or desproy her power in every or hash as always sought to counteract or desproy her power in every desproy her power in every desproy her power in every or hash as always sought to counteract or desproy her power in every or hash as always sought to counteract or desproy her power in every desproy her power in every or hash as always sought to counteract or desproy her power in every desproy her power in every desproy her power in every duarter or desproy her power in every desproy her power in every desproy her power in every

There would be a lot more fun and a lot more work in the world ill was asked if the doctor should be called in. "No," said he, "I don't want any of your middlemen. Send for an undertaker."

Real Inconsistency — Borrowing money to pay an income tax.

The indications are that a line of In the matter of the Estate of Joseph Hesch sr., late of the Village of Mildmay, Carpenter Deceased.

NOTICE IS HEREBY GIVEN pursuant to Section 56, Chap. 121 of the Revised Statutes of Ontario, that all persons having claims against the estate of Joseph Hesch sr. who died on or about the 25th day of February A.D. 1922, in the Village of Mildmay, County of Bruce and Province of Ontario, are required to send by post, prepaid, or to deliver to George Weiler, Mildmay, Ontario one of the executors in the said will not later than the 10th day of April A.D. 1922, their names and address: es with full particulars of their claim now very inconvenient train connections between Durham and the baby city, but that the new service will be of any value to Durham from a business standpoint is very improbable. It will remain to be seen, too that the new line will pay.

How's Your Stomach?



Vim, Vigor and Health Follew
This Advice
Theodore, Sask.
—"It is a pleasure to me to write a few lines about Dr. Pierce's Golden Medical Discovery. I used this medicine and can say it is just what I wanted and needed. The sour stomach, heartburn after eating and the gas are gone and I am able to take cold water again. Before I had to take the water hot on account of the stomach trouble. I recommend 'Golden Medical Discovery' to every one who knows what a weak stomach is."—W. E. Waugh.

Need a Tonic?

Need a Tonic?

Need a Tonic?

Health Is Your Most Valuable Asset.
Do Not Neglect It!

Hattonford, Alta.—"Being rundown after the flu, I was in a weakoned condition, had dizzy spells and short breathing, followed by faintness. It seemed as though I'd never feel well again, but I was determined not to give up. Hearing of Dr. Pierce's famous 'Golden Medical Discovery' I sent for a bottle, followed the directions, and soon felt less tired and faint, and finally I got back to my normal state. I have thanked God many times for restoring my health, and I gladly recommend this 'Medical Discovery,' for it is so pure, and worth a trial to anyone who is rundown."—Mrs. Gertrude White, Crystal Springs Farm.

Golden Medical Discovery is put up in Dr. Pierce's Laboratory in Bridgeburg, Ont., and sold by all druggists in both tablets and liquid. Write Dr. Pierce, President Invalids' Hotel in Burfalo, N. Y., for free medical advice.

Seeds! Seeds! Seeds!

I handle only the best in all lines. Buy your seeds early as they are always advancing in price.

Fresh Groceries of the best quality. No secon'i class goods to sell DEAR at any price,

Meals and Cereals of the best quality. All kinds of poultry feeds on hand. Prices Right.

CASH PAID FOR EGGS AND CREAM

GEO. LAMBERT. Flour, Feed and Groceries

Mildmay - Ontario

No Guesswork.

Our method of testing eyes and Eting them with glasses, is modern, up-to-date and scientific.

HERE IS NO GUESS-WORK

it costs you nothing to let us examine your eyes.

If you are suffering from head-acties, pain in back of eyes, or vision is blurred, or you get dix-ay cashy. Something is the matter with your eyes. We fit glasses that relieve the strain.

Prices Moderate.

C. A. FOX

OPTICIAN Walkerton

As far as the coal cellar is con cerned winter ing away.

ELLIOTT

and Charles Sta., TORONTO, ONT

strictly first class in all-Departments and unex celled in the Domini Students assisted to o tain employment. Enter any time. Write for our handsome catalogue.

W. J. ELLIOTT, Principal

"So you loved and lost?"
"Well, no, I didn't lose exactly.
You see, when she returned my presents, she accidently put in some of the other fellow's." The season of hoops and skipping Walkertonn will build a new spees has arrived.

10 Reasons why you should buy a



It costs less than any other car by several hundred dollars.

It costs less for gasoline.

3 It costs less for tires.

It costs less for repairs.

service is obtained wherever you go ts resale or trade-in value is higher than that of any other car.

Easiest to operate; both hands on the steering wheel all the time.

No radical changes in design to make a last year's model appear out of date.

Engine power in excess of your needs always available.

Quick pick-up-gets away first in a traffic jam.

Liesemer & Kalbfleisch Mildmay, Ontario

The Gazette Tabbing List

1	G. zeite and Daily Globe	6.75	
	Gazette and Family Herald & Weekly Star	3.80	
	Gazette and Toronto Weekly Sun		
	Gazette and Toronto Daily Star		
	Gazette and Daily Mail & Empire		
	Gazette and Farmers' Advocate		
	Gazette and Parm & Dairy	2.30	
	Gazette and Daily Advertiser (morning)		

HUNTING THE SPOOK

Sective year New York, who support the control of the section of the section

KILLED BY SWAMP WHISKEY

deliberately set on fire, or some one, possibly a tramp, or some careless person, was in the building and dropped a match:

The building was located on the east shore of Wiarton bay and was one of the few industries remaining in Wiarton.

Mr. Gideon Kastner, the owner of the burned mill, is a former reeve

Mr. Gideon Rastner, the owner of the burned mill, is a former reeve of Wiarton and Warden of Bruce County. It is not definitely known whether he will rebuild the mill or not, but an announcement may be

SUIT AGAINST TOWN PROCEED

LO, THE POOR WITNESS

KILLED BY SWAMP WHISERY

Is and a solut time swamp whiskey was labelled "Poison," the same as deadly drugs and sentences made to fit the crime of selling it. Swamp boose claimed another "I tim on Sanday, March 12th, at the home of Geo. Keyes on the 7th con. Amabel, near Hepworth. I win Kidd was the victim of the poison. He was well known to many of our readers as the family at one time lived on lot 35, con." Ciderslie, on the Townline of Sullivan, opposite Dougald McKinnon's The farm is now owned by Norman McDonald.

Irwin Kidd was a carpenter by trade and built many barns in Sullivan and Elderslie. He was a hard working, honorable man and was well liked in this community. During recent years he has made Warton his headquarters and boarded at the Pacific Hotel. Kidd was a champion checker player and took great enjoyment out of the skiliful game of draughts. On Saturday evening, March 11th, he went down to the home of a friend, Mr. George Keyes of Amabel for a friendly game of checkers and both imbibed freely of swamp whiskey. They played checkers on into the night, and the next morning some of Mr. Keyes family found Mr. Kidd dead in his chair. Dr. Hough, the Coroner from Wiarton, was called to the place to make an investigation He found that the dead man had been drinking swamp whiskey in yery large quantities. This had caused him to vomit very violentity and the vomitting caused asphyxiation. After the investigation was complete Dr. Hough decided that the man died from only natural causes and that an inquest would be unnecessary. Kidd was 60 years old.—Chesley Enterprise.

KASTNER MILL AT WIARTON KASTNER MILL AT WIARTON HIGH The found that a bout time of a course of the first of the place of the strength of the

unnecessary. Kidd was 60 years old.—Chesley Enterprise.

KASTNER MILL AT WIARTON BURNED

By the destruction of the Kastner Lumber Co.'s mill by fire at Wiarton last Monday night, that town loses another of its industries. Between 8 and 9 o'clock, the fire was first noticed, but had made such progress that all the efforts of firemen and volunteers to save the building were unavailing. The building was of frame construction, and rapidly fell a prey to the flames. The mill, which was completely destroyed, was valued at about \$15,000 and the insurance was only \$4,500. About \$1000 worth of lumber near the mill was burned, but a consider able quantity was saved by the excellent work of the fire fighters.

Just how the fire started will probably remain a mystery as it had been closed during the whole of the winter and hda not even been visited by the owner for a considerable time. No preparations had been made to fit the mill out for the summer's work and anyone who would be on the property would be trespassing. It was probably either deliberately set on fire, or some one, possibly a tramp, or some careless person, was in the building and dropped a match.

INSURANCE COMPANY OREDER TO PAY UP

The hearing of the suit of Frank Stanley vs. West Wawanosh Mutual Fire Insurance Co. before Mr. Justice Orde was concluded at the Assizes at Walkerton, the verdet being in favor of the plaintiff. In giving his decision, Justice Orde ordered the fire neurance company to pay Stanley the full amount of his claim of \$1,375, together with interest at 5 per cent. from July 1 last, and also to pay the Supreme Court costs.

The Formosa Mutual Fire Insurance Company

Head Office Formosa

John F. Waechter, President E. G. Kuntz, Man. & Treasurer Thomas Inglis, Vice-President

Amount of Insuarnce in force Dec. 31st, 1921, \$9745047.00 Cash Assets \$26276.49 Available Assets \$268846.11

This old reliable farm Company insures farm buildings, churches, schools and dwelling houses in cities, towns and villages at a low premium note rate on the instalment plan and collects lower first, second and third instalments than othermutual Companies and allows a preferred rate on buildings well equipped with lightning rods and is capable of carrying any such risks.

The Company has a record for prompt inspection and payment of losses without quibbling or fear nor favor so that the assured doesn't need to worry if he sustains a loss because payments are made very penetual after proof of loss is considered by the Directors.

The Board of Directors meets every last Thursday of every month and the office is managed by honest, efficient management. Always prompt. Never negligent. With such low rates it merits the patronage of intending insurers.

For rates and information apply to District Agent or

E. G. KUNTZ, Manager, Formo

CHIROPRACTIC IS RIGHT

This physical machine of ours is perfect in theory only. It will do just what any other good machine will do—work all right as long as it is kept in shape. Rolls will not grind flour unless they are perfectly adjusted. Good printing cannot be secured from the best type on a press that is not accurately adjusted. The life force generated in the power house of the cerebrum cannot find proper expression throughout the body when the transmission lines are not free and adjusted properly.

When the adjustment is correct, the result is physical health, with tal health as a natural consequence.

You owe it to yourself to investigate the claims of Chiropractic. Someone has said that nowadays the world advances so rapidly that the fellow who says "It can't be done," is interrupted by someone doing it. Thus, while skeptics are protesting that spiral adjustments cannot be made by hand, the Chiropractors are getting results in practically all cases, and the X-ray pictures confirm their contentions.

CONSULTATION AND SPINAL ANALYSIS FREE

E. O. GINGERICH, Chiropractor MILDMAY, ONTARIO

Office Hours: Tuesday and Friday from 1 to 4 p. ma.

Notice to Creditors

in the matter of the Estate of Lawrence Heisz, late of the Vill-age of Mildmay, Gentleman, De-ceased.

NOTICE IS HEREBY GIVEN pursuant to Section 56, Chap. 121 of the Revised Statutes of Ontario that all persons having claims against the estate of Lawrence Heisz who died on or about the 2nd day of October, A.D., 1921, in the Village of Mildmay, County of Bruce and Province of Ontario, are required to send by post, prepaid, or to deliver to Frank A. Heisz, Formosa, Ontario, one of the executors in the said will, not later than the 10th day of April, A.D. 1922, their names and addresses, with full particulars of their claims in writing, and the nature of the securities (if any) held by them duly verified by a statutory declaration.

AND FURTHER TAKE NOTICE. NOTICE IS HEREBY GIVEN

AND FURTHER TAKE NOTICE SUIT AGAINST TOWN PROCEED

An examination for discovery was held at the Court House here on Tuesday morning in the suit being brought by Mrs. George Expected.

An examination for discovery was held at the Court House here on Tuesday morning in the suit being was of incendiary origin, and the large was of incendiary origin, and the large was of incendiary origin, and the large was of which leads to pay the Supreme Court that after the 10th day of April A. D. 1922, the assets of the said escutors among the parties entitled was of incendiary origin, and the

STRATFORD, ONT.

Winter Term From Jan. 3rd

Western Ontario's best commercial School with Commercial, Shorthand and Telepathy departments. We give individual instruction, hence "Entranse" standing is not necessary. Graduates assisted to positions. Get our free catalogue for rates and other particulars.

D. A. McLACHLAN,

Corn is one of the best crops for

one part by weight, and sown at the canes from diseased roots are dwarfed one part by weight, and sown at the rate of three to three and one-half bushels per acre, will give large size. The fruit is of very poor qual-be cut and fed while the oats are in the milk or soft dough stage. This will necessitate two or three seedings. It soiling crow is to be fed over any part length of time. Two seedings, great length of time. Two seedings, damage from both diseases, while the should be sufficient, and one acreshould supply plenty of feed for fifteen outs sown thickly also and seedy. The variety form both only slight damage from both diseases, while the mosaic.

A survey of the control of the

Green Feed for Every Farm.

Perhaps no other plot on the farm will give such large returns for the amount of time and labor expended as as small area of feed grown for soiling purposes. Green feed is relished during the summer months by cattle, hogs, and poultry (if they are in inclosed yards), but without doubt proves the most profitable when fed to milch cows. Soiling crops are found to assist very materially in maintaining the milk flow during the number of maintaining the milk flow during the to the cause and nature of the fot summer months when pastures are short and dry.

Corn; oats, peas and vetches; oats; rape; and sunflowers in the order named, are all valuable for this work.

Corn is one of the best crops for this purpose, and gives a large of the following symptoms: In leaf of the following symptoms: In leaf of the following symptoms: In leaf of the following symptoms:

corn is one of the best crops for this purpose, and gives a large yield of succulent feed, much relished by both cattle and hogs. Planted before June 10th, it should be ready for cutting about August 10-15, and has reached a height of from 5 to 8 feet, with an average yield of 18 tons per acre. "Longfellow" has been used with some degree of success over a period of years. Unless pastures are extremely bare, one-half acre with fair crop should be sufficient for ten or twelve cows.

Oats, peas and vetches mixed, oats five parts. Peas four rest. Oats, peas and vetches mixed, oats autumn the new leaves are finely speckled with yellow dots. Fruiting

should be suincient, and one acre should supply plenty of feed for fifteen cows.

Oats sown thickly also provide good succulent feed, and should almost equal oats, peas and vetches in yield per acre.

Rape is generally used as a pasture

And the state of t

THE CHILDREN'S HOUR

the rearries denced out of the mountain valley. They were coming from their carnival which had been held at sunset, for in the mountains them, there were no mortals, so the fairies could be out at any time. As each dainty being passed through the gate to Elfland she waved her wand, casting a spell on the outside world, and so, disappeared.

In this place they had surely spent their charm. The wild cataract leapt on its endiess way, dashing here over the rocks, dashing there under an over-hanging boulder, and now rushing on as if being pursued by some evil spirit. The bewitched waters played with the shadows cast by the tall trees. The enchanted pines rose slenderly to meet the blue, cloudless sky. They nodded and bowed to each other. Sometimes a tall evergreen would lean over and whisner a secret other. Sometimes a tall evergreen would lean over and whisper a secret to another. Then all would lull and to another. Then all would hill and croon as a young mother hullables her first-born to sleep. The soft summer breeze played in and out between the trees. Far off one could see the majestic, snow-capped Rockies, now all flushed with the red and golden sunset. To this enchanted place came that giant red race, as the aborigines of North America who, rather than accept civilization, interested the second second seems of the second seco

The Tobacco of Quality 1/2 LB. TINS-and in p'kgs.

he great mountains where even one false step Here Minehaha lived with her father eternity.

breeze played in and out between the trees. Far off one could see the majestic, snow-capped Rockies, now all flushed with the red and golden sunset. To this enchanted place came that giant red race, as the aborigines of North America who, rather than accept civilization, journeyed to the West. Now beside those sweet-smelling forest streams, instead of the fairies, Indian lovers would come. In the landing rips would wander. The savage, blood-thirsty chiefs, instead of looking for a white man to scalp, would climb and many the plans and which were one of the most important of the Indians means of a living. Deputations were sent of the Rockies with her father, but she still has vivid memories of one of the Rockies with her father, but she still has vivid memories of one of the Rockies with her father, but she still has vivid memories of one of the Rockies with her father, but she still has vivid memories of one of the Rockies with her father, but she still has vivid memories of one of the Rockies with her father, but she still has vivid memories of one of the Rockies with her father, but she still has vivid memories of one of the Rockies with her father, but she still has vivid memories of one of the Rockies with her father, but she still has vivid memories of one of the Rockies with her father, but she still has vivid memories of one of the Rockies with her father, but she still has vivid memories of one of the Rockies with her father, but she still has vivid memories of one of the Rockies with her father, but she still has vivid memories of one of the Rockies with her father, but she still has vivid memories of one of the Rockies with her father, but she still has vivid memories of one of the Rockies with her father, but she still has vivid memories of one of the Rockies with her father, but she still have vivid memories of one of the Rockies with her father, but she still have vivid memories of one of the Rockies have a transfer of those and says the resemble respectively. The father than the treatment of the r



Not Victor records alone, nor yet the Victor alone, but both together bring about the perfect musical result. This is fully evident when you play Victor Records on Victorial instruments. In according to the perfect of the perfect o trola instruments. In no other way can you get such lifelike reproduc-tions, nor reproductions which meet the approv-al of the artists themselves.

Victrolas \$40 and

New Victor Records demonstrated on the first of each month.

> At the Sign of the Star The Store of Quality

J. N. Schefter



Buy your Spring Necessities at the Quick Service Hardware PAINTS OILS VARNISHES

A Full Line of Sherwin Williams Products.

S. W. P. for outside painting.

S. W. P. for inside painting. Mar-not Varnish for Floors and Linoleum.

Sher-Will-lac Stains for all purposes. All Colors in Alabastine and suresco-the popular Wall Coatings.

Frost Fencing

The Frost Fencing is recognized as the leader in Fences Our prices are as low as "mail Order" fences. Steel Posts, Barb Wire, Coil Wire, etc.

Liesemer & Kalbfleisch

New GRAY-DORT =Prices =

			Reduction
Touring	\$1265		\$ 360
Roadster	1265		360
Special Touring	1365	:	360
Coupe	1925	:	955
Sedan	2025	:	1005
Sales	Tax Extra		

Come in and see the New Gray-Dort Models.

The recent improvements and the new prices represent values in Motor Cars, which it will pay you to investigate before buying.

Automobile prices have now reached rock bottom. To wait longer may mean paying higher. Order now to ensure Spring delivery.

LOUIS PLETSCH & SON

been effected before 2 o'clock. Prices were generally stronger, the best offerings gaining from 10c to 15c over last Thursday, and the common stuff, in some opinions, recovered the decline of last Monday.

The cattle receipts of 2400 included about 400 that were billed thru. Trade opened briskly, with a good demand for choice steers, heifers and baby beeves. There was no export buying, and the stocker and feeder trade was slow. The demand for bulls was perhaps the poorest on the market, and while cows were slow at the opening, the advent of a number of Jewish buyers put life into this section of the market.

Some good prices were in evidence throughout the market, a number of baby beeves bringing \$9.50 per cwt. A few heavy steers brought as high as \$8.50, and one big heifer weighing 1450 lb sold at \$9. One cow brought \$8.25 and a couple sold at \$7. Quite a few sales were made from \$6 to \$6.50. A few fair feeders sold at \$5.25 to \$5.50.

The veal trade showed little change from last week, although some of the tops were inclined to be slightly higher. The light offering made all grades easy to sell, but the market for common calves showed no improvement. Best sales were from \$11 to \$11.50.

Sheep and lamb prices were mostly firm, with sheep bringing the high price of last week. One lamb brought \$15 per hundred, with poorer quality offerings ranging down to \$10.

Sales of hogs were steady with last week's close, although the market showed signs of weakness. Sales were being made at \$13 f.o. b. and \$13.75 fed and watered. Packers were talking lower prices for to-day, and if they have their way sales will be on the basis of \$12.25 f.o.b. and \$13 fed and watered.

LAKELET

Breezes—There was quite an exciting time round Andy Allan's last Wednesday night when a cow fell into a well some 23 feet deep. The neighbors, L. Viney, John Wolf and his son Anson and Sangster Bros, were called and immediately set to which pulleys, ropes, etc. were attached. An extension ladder was lowered and Anson Wolf got down and managed to get the rope round her body behind the shoulders. The horses at three successful draws got her to the top, but could not hold her till the men could block the way, and back she went the 23 feet. The fourth draw was more successful and they got her away from danger. Incredible as it may seem that an animal could stand all the jarring and exposure of lying or sitting in 3 feet of water for some 2½ or 3 hours and live, yet that is what happened. A thorough rubbing with straw and the application of hot blankets revived her and in about an hour she was on her feet and is now apparently as well as ever.

DANGEROUS SYMPTOMS

A contemporary gives the following advice to its delinquent subscribers: "If you have frequent fainting spells, accompanied by chill cramps, corns, bunions, chilblains, epilepsy, and jaundice, it is a sign that you are not well and liable to die any minute. Pay your subscribers." die any minute. Pay your sub-scription in advance and thus make yourself solid for a good obituary notice." We pass the advice along for any of our subscribers who may have observed these symptoms, or any of them, in themselves.

Four cars, containing between fifty and sixty thousand feet of plain and matched lumber, valued at about \$85 per thousand, were unloaded at this station last week. This valued shipment is intended for the erection of a pheasant raising establishment on the hydro property at Eugenia. We are informed that the Fish and Game department of our economical government is the instigator of this wonderful scheme. Most people look upon this outlay as so much money thrown away.—
Flesherton Advance.

Miss Margaret McCulloch and little niece Jean, left on Tuesday for Filmore, Sask., where they will in future make their home with the former's brother, the Rev. Henry McCulloch. On Saturday evening a number of lady members of Knox Church and neighbors gathered at the home of Mrs Aitchisan to spend a pleasant hour with Miss McCulloch before her departure. As a memento of the friends in the congregation a club bag was presented to Miss McCulloch and a camera to little Jean. Clifford E. press.

Efforts will be made by the Hamilton Ministerial Associatin to curb the activities of several Mormons who reached that city the other day and intend, it is said, to win converts by holding a series of meetings and making a house-to-house canvast Several prominent ministers have expressed themselves in frank terms on the matter and declared that the doctrine preached by the Mormon delegates are of a dangerous character, while the appeal made at homes was said to be most insidious.

Helwiges Weekly Store

130MAR

STYLE INFORMATION SPRING 1922



Capes

Suits

Trimmings

Skirt Styles

Dresses

Sport Coats indicate very little change with the exception wide sleeves. Some are shown with raglan sleeves, while o are the all around belt, back pleat, patch pockets, and row

Coats s of the more dressy type are shown with full wide slee influence is very apparent in sleeves, and in coats which back. Blouse effects are another of the new types, s, and scarf collars which can be worn close around the

The "Bromleigh Coat meets the demand for a smart English cut made garment on mannish lines, developed in lovatt, tan and mixtures, or in Polo cloths.

Trimmings consist of silk embroidery, stitching, braid and taings are both plain color and figured

Skirt Styles show novelty fabrics in plaids, stripes, ho effects, flannels and jenseys, also sport satins, especially brics. Pleated models are holding their own. The shelt in some styles and is finished with fringe. Skirt matter of taste and vary from seven to ten inches off

GENERAL MERCHANTS.

Big Specials for One Week

In Clothing, Underwear, Overcoats, Suits, etc.

Flour Specials

Our best grade of High Patent Flour which is called Thorobred manufactured by Hunt Bros of London, will be offered up to Saturday, March 11th at \$4.25 cash or trade. after this date this flour will be \$1.75.

Prairie Pride Flour, a Pure Manitoba Flour by Pletsch Bros., at \$4.10. Mark Mark

Bran 1.65 Shorts 1.85 Low Grade 2.25 a cwt.

TERMS: CASH or PRODUCE

WEILER BROS.

be Done-The Trouble be Treated Through the Blood.

by are properly together. Rheulood—in poor watery s cold, damp weaths and pains, but it is the blood that is at correcting this, and rich and red can the be driven out. This in the treatment of Dr. Williams' Pink

> blood is has been tion the I was s

. I tried many remedies, but addifferent results, and I had and I had concluded that the trouble was firmly rooted ir. my system to be t rid of. While I was suffering am an attack a friend advised me to Dr. Williams' Pink Pills a trial.

got three boxes and by the time
ken them I felt much better. three more boxes, and

aken them not only was n gone, but I was feelevery way. If you suffer atism I rtrongly advise a Williams' Pink Pills.

ils are sold by all medicine be sent by mail, post 50c a box or six boxes for judgment and industry, and therefore m The Dr. Williams' Medicine Brockville, Ont.

"William," said a teacher to one of them. New do not know the date of Columbus' discovery of America. It's actually printed at the head of the chapter."

"I am sorry, miss," said William, "Surely," "Surely," "Gon't misd.

One on the Prisoner. The prisoner was being cross-ex-amined for the prosecution, when the

judge interrupted. "You say that you dined at the Hotel Metro. What did you partake of?"
The prisoner turned to reply.
"Beef steak, my lord," he said.

The judge looked stern. "On your oath?" he said. "No, my lord," he said, "on a plate."

In a Difficulty. Mike had saved up a little mone and when Pat came over a few years later the two brothers went into the

and when it arrived he said to Pat:
"The one desk will do for the two
of us. And here are two keys, one for you, Pat, and one for me.

Pat accepted the key, but seem to be studying the desk "That's all right, Mike," he said. "but where is my keyhole?"

Wisps of Wisdom straight is more important. Don't sit down and take what comes

Go after what you want. All you've got to do it to want thing, want it hard, and it's as good a yours Health is the foundation both of

The man who knows enough to keep

Surnames and Their Origin

CAPPER Variations—Capman, Kapman, Chap-

caps as

They wore head coverings, of tury But did they call them caps; they rather call them hats: answer is that the medieval h, and Normans also, did have France in his crusade of 1270. but they were not the sort of covering that we designate by name. They were more like

They came to be known as but the more usual designate by the control of the chief traits of the medieval Normans, for it was their but the more usual designate. , but they were not the sort of

are original forms in lands as the nucleus.

Le Capier" and without the "the" as "Capman" and "Kapman."

Racial Origin-Anglo-Norman.

this disting of variations, rain and source you can form a good guess as to how these linked with Scotland, for it is the name of one of the Highland clans. in the Clan Gordon may be Gaelic, neither the name itself nor the family which founded and organized the clan were Gaelic.

The name is derived from that of s place in Berwickshire. The founder of the clan was a Norman knight, Adam de Gordon, who settled in the south of Scotland in the twelfth cen-

A later chief of the same name was one of the first of the northern barons to join the forces of King Louis IX. of

but the more usual designation that was responsible for their vistories the Norman-Frensh "chapel," and over the Anglo-Saxons. The Normans times "chapelet" (the diminutive who founded class in the Highlands sometimes "chapelet" (the diminutive form). And it is interesting to note that our modern word "chapel" meant originally a little building that remindfrom the position of settlers and overload men of the shape of the hood. The rd is derived, of course, from the most powerful clans in the Highlands, tin "caput" (head), through the which was recruited with the native inhabitants of their newly acquired

which these descriptive surnames are The Gaelic name of the Clan Gorfound: "Le Chapeler," "Le Cappierre," don is "Na Gordanaich."

One of the parengers was a Jew from New York, and when her turn came, he reluctantly drew three hundred dollars from his pocket, and, taking six, put them in his pocket.

"What do you mean by that?" asked OF TANLAC

"Surely," answered the Jew, "you don't mind me taking a 2 per cent. dis count on a cash transaction?"

The Belle of the Family. "Yes," said the old man to his visi

or. "I am proud of my girls and would like to see them comfortably married, and as I have made a little money they will not go penniless to their

"There is Mary, twenty-five years old, and a really good girl. I shall give her \$1,000 when she marries, Then comes Bet, who won't see thirty. five again. I shall give her \$3,000, and an who takes Eliza, who is forty,

will have \$5,000 with her." The young man reflected a moment and then asked, "You haven't one about fifty, have you?

CHILDHOOD CONSTIPATION

Constipation—that disordered state of the digestive tract which is nearly always caused by improper feeding—can be readily regulated by the use of Baby's Own Tablets. These Tablets are a mild but thorough laxative. They are easy to take and are absolutely free from injurious drugs. Con-cerning them Mrs. Joseph Dion, Ste. Perpetue, Que., writes:—"I have nothing but praise for Baby's Own Tablets. When my baby was three months old he was terribly constipated but the Tablets soon set him right and now at the age of fifteen months he is a big healthy boy and this good health I attribute entirely to the use of the Tablets." They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams'

Medicine Co., Brockville, Ont. Home and Love. Because I like to sit at home And hear the robins call and sing, Or breathe the sweet the breezes

've grown to pity those who roam And have no spot however prest, Where he can whisper, "Here I

Because I like to hear the tone That says I love you, needs no

No spoken word, to cheer and praise pity those with none their own Their very own to understand The language of the eye and hand.

Because life has so much unrest, Because for each the strife and

stress, God sends the humble home to bless, And loving hearts, His best bequest Not gold nor pleasure, pomp nor.

"Yes, I've got a comfortable, weblpainted set of buildings," said the old
citizen complacently, "and the best
part of it is that there ain't an hour's
father doesn't object to my paying

work in the whole ich: just spare minwork in the whole job; just spare min- you visits?"

from Germany, where it was the cus- ments tom to drink mead—a sweet liquid made from honey—for thirty days after the wedding, "moon," of course, meaning "month."

ST. JEAN WISHES EVERY SICK PERSON KNEW THE WONDERS

Suffered So After Every Meal She Thought She Had

son in every way. I have a splendid appetite, my digestion is perfect, I have a calm and restful sleep at night and wake up/in the morning feeling bright and cheerful."

Tanlac is sold by all good druggists.



DOG DISEASES and How to Feed Mailed Free to any Ad-dress by the Author. E. Clay Glover Co., Inc. 129 West 24th Street New York, U.S.A.

Spanish

Minard's Liniment

Is a Great Preventative, being one of the oldest remedies used. Minard's Liniment has relieved thousands of cases of Grippe, Bronchitis, Sore Throat, Asthma and similar diseases. It is an Enemy to Germs. Thousands of bottles being used every day. For sale by all druggists and general dealers.

Minard's Liniment Company, Limited, Yarmouth N.S.

Mother! Open Child's Bowels With · California Fig Syrup

Your little one will love the "fruity" taste of "California Fig Syrup" even if constipated, bilious, irritable, feverish, or full of cold. A teaspoonful never fails to cleanse the liver and bowels. In a few hours you can see for yourself how thoroughly it works all the sour bile, and undigested food out of the bowels and you have a well, play-ful child again.

Millions of mothers keep "California Fig Syrup" handy. They know a teaspoonful to-day saves a sick child tonorrow. Ask your druggist for genugain,
But Love that makes Life not in all ages printed on bottle. Mother! You must say "California" or you may

She-"No; but I think he would pre-The word "honeymoon" originated fer having you pay them in instal-

MONEY ORDERS. The safe way to send money by mail is by Dominion Express Money Order.

Colors That Stimulate.

Color schemes for factory workers, with a view to increased production, are among the bright ideas of modern decoration specialists. In one case, at least, the idea has been adopted with the best results.

"We were asked to decorate a factory so that it would produce better workers" explained a member of a firm of expert house decorators.

"The walls were done in daffodil yellow; the corners and the capitals of the pillars being picked out with deep blue. The stimulating atmosdeep blue. The stimulating atmosphere created by that scheme was remarkable." Do the colors and designs of our

wall coverings really make their "vic-tims" sad, mad, or sublimely happy? Several decorative artists think they may, especially as regards emotional, highly sensitive natures.

Thus, the psycho-craze has pene trated not only the wall-paper and colored wall industry, but also has crept into furnishing and furniture. To dignity, beauty, and comfort in house decorating modernists have added the mental and moral assets of

complete schemes.

For instance, soft, gentle yellows must be the background of a room in which sufferers from neurasthenia are to find calm. It would be unwise for a wife to en-

ter into a contentious domestic discussion within red walls. Large patches of red in the home are admitted to be an irritant.

Welsh school children during the summer holidays have, in many parts of the Principality, helped to compile records of the districts in which they

ISSUE No. 12-"22.

THIN, FLAT HAIR **GROWS LONG, THICK**

AND ABUNDANT

Heart Trouble.

"I just can't begin to express the gratitude and joy I feel over my restoration to health and I just wish every sick person in this world knew what I know about Tanlac," said Miss I rene St. Jean. 298 Maison Neuve, Montreal, Que.

"For one whole year I didn't know what it was to eat anything without suffering the greatest distress afterwards. At times my heart palpitated so that I would go almost distracted. I thought I had heart trouble, but I know now that indigestion and nothing else was responsible.

"It is simply wonderful the way this grand Tanlac overcame all my troubles. I just feel like a new person in every way. I have a splendid appetite, my digestion is perfect. I

RHEUMATIC ACHES **QUICKLY RELIEVED**

THE racking, agonizing rheumatic ache is quickly relieved by an application of Sloan's Liniment.

For forty years, folks all over the world have found Sloan's to b: the natural enemy of pains and ach s.

It penetrates without rubbins.

You can just tell by its healthy, stimulating odor that it is going to do you good.

Keep Sloan's handy for neuralgia, sciatica, lame back, stiff joints, sore muscles, strains and sprains.

At all druggists—35c, 70c, \$1.40.

Sloans Liniment (Pain's

SCALE AND RASH ON CHILD'S HEAD

Scalp Sore and Inflamed. Cross and Fretful. Lost Sleep Cuticura Heals.

"From early infancy my little girl had a scale and rash on her head and her scalp was sore and inflamed. She was cross and fretful and suffered loss of sleep Her hair would not grow, and her head was disfigured.

"This trouble lasted for several months and I finally sent for a free sample of Cuticura SoapandOintment. Then I purchased a cake of Cuticura Soap and a box of Cuticura Continuent and now she is healed."

uticura Soap and a box of Cuticura intment and now she is healed." Signed) Mrs. Lydia E. Kling, 760 ashland Ave., Ocean Park, Calif. Use Cuticura for all toilet purposes.

CANADIAN MATRIMONIAL 25c. No other see. A MoCre matham, Ont.

S THERE A VULCANIZER IN YOUR town? You can earn \$25,00 daily. Wiesen you. Write Chief Instructor Canada Vulcanizer, London. Ont.

ARTICLES FOR SALE BEEKEEPERS' SUPPLIES—LANG-STROTH and Jumbo hives and furnishings, honey extractors, pumps, engines and storage tanks; a complete stock of beekeeping requiremeain, send for our catalogue. Ham Brothers Com-pany, Ltd., Manufacturers, Brantford.

BELTING FOR SALE

ALI. KINDS OF .: EW AND MELTING OD. C. STREET, TORSON TO SERVE TO SEPTOVAL AT LOWER PRICE IN CADADA. TORS. SELLTING OD. 115 VORK. STREET, TORONTO.

A little fire is quickly trodden out, if suffered, rivers cannot

Minard s Liniment for Goughs and Golda

COARSE SALT

LAND SALT Bulk Carlots TORONTO SALT WORKS C. J. CLIFF . TORONTO

"Faddy" Appetites

When the digestive organs are out of order you need the help of Mether Seigel's Syrup. The herbal medicinal extracts of which the Syrup is made restore tone and strength to jaded stomachs, make food yield nourishment and save from the mean ille which the strength of the save ille which from the many ills which indigestion brings. Mother Seigel's Syrup is now sold in 50c. and \$1.00 bottles at drug stores.

OF INTEREST

5-921

Nurse Recommended Use of Lydia E. Pinkham's Vegetable Compound



well. Ontario.

The reason why Lydia E. Pinkham's Vegetable Compound is so successful in overcoming woman's ills is because it contains the tonic, strengthening properties of good old-fashioned roots and herbs, which act on the female organism. Women from all parts of the country are continually testifying to its strengthening, beneficial influence, and as it contains no narcotics nor harmful drugs it is a safe medicine for women. vell, Ontario.

women.
Lydia E. Pinkham's Private TextBook upon "Ailments Peculiar to
Women" will be sent you free upon
request. Write to The Lydia E.
Pinkham Medicine Co., Lynn, Mass.

For Constipated Bowels—Bilious Liver

The nicest cathartic-laxative to hysic your bowels when you have Headache Biliousness Colds Indigestion to night will empty your bowels completely by morning and you will feel splendid. "They wor!" while you up physic your bowels when you have Sour Stomach

splendid. "They wor: while you up sleep." Cascarets never stir you up or gripe like salts, Pills, Calomel, or Oil, and they cost only ten cents a Oil, and they cost only ten cents a is candy-like Cascarets. One or two box. Children love Cascarets too.



WARNING! Say "Bayer" when you buy Aspirin. Unless you see the name "Bayer" on tablets, you are

not getting Aspirin at all. Why take chances? Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds Toothache Earache

Headache Neuralgia Lumbago

Rheumatism Neuritis Pain, Pain

Handy "Bayer" boxes of 12 tablets-Also bottles of 24 and 100-Druggists. Handy "Bayer Doxes of 12 tablets" Also bottles of 21 and 100 Daggious. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidoster of Salleylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."



Wishing for sleep is a poor way to get it

A LITTLE wisdom in the daytime is a better assurance of rest than any amount of anxious wishing when nerves are a-jangle at night.

What you do at noon often has more influence on sleep than what you want and hope for, at midnight.

Tea and coffee's drug element, caffeine, whips up the nerves, and when its use is continued there's usually a penalty which no amount of mental effort can avoid.

part of wisdom, as so many thousands have found, is to turn away from nervestimulation and adopt rich, delicious Postum as the mealtime drink. Postum delights the taste, but brings no disturbance to nerves or digestion. Even the little children can share in the enjoyment of Postum at any meal.

It's better to anticipate warnings than to be driven by them.

It's better to encourage and preserve sound nerves and complete health than to listen to the clock ticks at night and say, "I wish!"

You can get Postum wherever good food or drink is sold and served. An order today may be the beginning, for you, of the great satisfaction and comfort which so many others have

found in Postum. Your grocer has both forms: Instant Postum n tins) made instantly in the cup by the Idition of boiling water. Postum Cereal (in addition of boiling water. packages of larger bulk, for those who prefer to make the drink while the meal is being pre-

pared) made by boiling for 20 minutes.

Postum for Health-"There's a Reason" Made by Canadian Postum Cereal Co., Limited, Windsor, Ont.