

The Mildmay Gazette

SUBSCRIPTION: \$5.00 In Advance.

MILDMAY, ONTARIO, THURSDAY, OCTOBER 10th, 1918.

J. A. JOHNSTONE Publisher

Mecca Ointment

The... Home Remedy

For Old Sores, Blood Poison, Boils, Burns, Bruises, Piles, Pneumonia and all kinds of sores.

O. E. SEEGMILLER
Druggist, Mildmay.
"Buy Drugs at a Drug Store"

M. FINGER

Mildmay

I buy Wool, Hides, Poultry Rags, Rubber and Metal and pay the highest prices. Call up Bell Phone 38, and I will call on you.

Satisfactory dealing guaranteed.

LOCAL G. T. R. TIME TABLE.

Morning train, southbound	7:17
Mail Train, northbound	11:44
Afternoon Train, southbound	4:18
Night train, northbound	9:09

NEWS of the WEEK

Items of Interest to Everybody.

The Walkerton Telescope has installed a klynotype.

Keep the system in shape with Seegmiller's "cold cure" tablets and influenza will be ward off.

A County Sunday School Convention is being held in the Mildmay Evangelical Church this afternoon.

The Western Football Association has asked for the return of the Intermediate Cup, won by the Mildmay Stars in 1915.

Mrs. Heberle is at Port Elgin this week visiting her daughter, Mrs. Clarkson Bricker, who has been summing at the lake.

Don't forget that the Thanksgiving Fowl Supper advertised to be held in the town hall on Monday evening, has been indefinitely postponed.

There will be no services or school in the Lutheran church until further notice. Rev. Mr. Lamack, pastor of the church, is still unable to leave his house through illness.

Herb Pross, of Waterloo, and Cyril Brohman, of Kitchener, are home this week. The boys are both temporarily out of employment on account of the influenza outbreak.

The Ontario Gloeck is now being published in the English language as a result of a recent Order-in-council prohibiting the publication of newspapers in Canada in any of the enemy languages.

Mr. W. H. Elliott, who has been agent and general inspector of the Bruce County Children's Aid Society, and who had charge of the local Methodist congregation for a time this summer, has accepted his position and gone to Toronto.

Southampton coal dealer has been dealt with by the Ontario Fuel Commission, and has received the assurance that heavy shipments of coal will be effected in Ontario during October and that this section would receive its share.

The cattle sale here last Friday wasn't much of a success on account of the inferior quality of the stock offered. The farmers of this section do not want to purchase Austin and Jersey cattle for feeding purposes, and the sooner the dealers learn this the better.

Read Weiler Bros. adv. on next page. Mrs. Hart went to Preston on Monday to visit relatives.

Order your electric fixtures etc., at Weiler Bros. after this.

Teachers' Convention is being held on Thursday and Friday of this week at Walkerton.

Mrs. Hastings of Kitchener is spending a couple of weeks at the home of Mr. J. H. Schnurr.

Wanted—An experienced cook and kitchen girl. Good wages. Apply to the Queens Hotel, Hespeler.

Miss Tena Herrgott, nurse in training at St. Joseph's hospital, Hamilton, is home on a visit to her parents.

All persons owing Dr. J. A. Wilson are asked to call at his office on or before Oct. 19th, and settle their accounts.

For the cough after influenza take white pine and spruce balsam mentholated or cod liver compound with tar.

Mrs. Hossack, of Toronto, came up on Wednesday evening to make arrangements for the funeral of his brother, the late George F. Curle.

Dr. A. L. Wellman, who has purchased Dr. Wilson's medical practice, will arrive here on Saturday morning to take charge of his work here.

Dominion Police Officers have been doing some detective work among the young men in Walkerton and Brant and expect to visit Mildmay next.

The anniversary services announced to be held in the Presbyterian church next Sunday have been postponed on account of the outbreak of influenza.

Miss Katherine Schwalm, teacher in the public school here, took ill yesterday with influenza and left on the afternoon train for Kitchener, to the home of her sister.

Mr. Henry Keelan went to Woodstock yesterday to bring home his daughter, Florence, who has been staying for a short time with her sister, Mrs. Frank Cronin, after her return from Manitoba.

There are nearly 5000 cases of influenza in Ottawa and all theatres, schools and churches have been closed and the Government is considering seriously of closing down many of its larger offices.

The Ladies Aid of the Evangelical church held their monthly meeting at the home of Mrs. Fink, in honor of the anniversary of her eightieth birthday. The evening was both socially and religiously spent.

Miss F. M. Robb went to Stratford yesterday to attend the funeral of her brother, Mr. Samuel S. Robb, who died on Tuesday after a three months' illness. Deceased was 82 years of age. Miss Robb is now the last surviving member of the family.

The postal authorities of the United Kingdom have arranged for the payment of Canadian postal notes by the British Field Post Offices in France. Postal notes may, therefore, be remitted to members of the Canadian and British armies in France.

Harry J. Hoffarth, a subscriber at Dead Moose, Sask., sends us cheering news. He states that the crops in the Humboldt district are fine this year, wheat averaging 30 bushels per acre and oats 60 to 70 bushels per acre. Threshing is in full swing, laboring men receiving \$5 per day.

Messrs. D. Izzard, C. E. Whicher, D. McDonald and Wm. Case, the County committee in connection with the good roads scheme were here yesterday looking over the new bridge built in this township this summer, and also the work being done under the Provincial Highways Act in this village. They were accompanied by the Provincial engineer, Mr. Huber.

Mr. Ernest Stroeder returned home last Saturday from the West where he spent the past six weeks. He spent the greatest part of his time in the district between Moosejaw and Regina, where the wheat crop yielded as high as 40 bushels to the acre. He also travelled through the Elbow district, where crops are not nearly so good. He ran across Mr. Wm. J. Pomeroy at Elbow, and the meeting was an enjoyable one. Mr. Stroeder worked about three weeks and earned about \$60. Steady workers in the harvest and threshing are making as high as \$7 per day in the West this fall.

BORN.

BUSCHERT—In Kitchener, on Oct. 4th, to Mr. and Mrs. A. Buschert, (nee Emma Diebel) a son.

SCHWEITZER—In Carrick, on Thursday Oct 3rd, to Mr. and Mrs. Wilfred Schweitzer, a daughter.

Wodehouse's stock foods at the old price at Weiler Bros.

Notice to farmers! We have in stock pure ground flax meal at \$8.50 per 100 lbs; 25c allowed for sacks when returned. Weiler Bros.

Mr. B. Ruland, postmaster of Deemer-ton, has purchased the residence in that village belonging to the estate of the late Vincent Meyer and obtains immediate possession.

Alvin F. Scheffer of Leader, Sask., came home last Friday, and will report for military service at London next Tuesday. Alvin has been employed in a Leader newspaper office for the past eighteen months.

M. Finger is paying the highest prices for twine bags of all kinds. He also pays the biggest prices for rags, metal and iron. Let him know, and he will call. It will pay you to see him if you have anything in this line to sell.

Mr. and Mrs. John Rowland of Walkerton were in town yesterday. They had just received a cable informing them that their son, Capt. Robt. Rowland had been wounded. Capt. Rowland was an officer of the 160th Battalion.

It was rumored here on Monday that Dr. T. J. Kirby of Kitchener, formerly of Formosa, had succumbed to influenza, but we are glad to contradict the report although the Dr. is laid up with this illness.

Weiler Bros. have taken the agency nitrogen electric globes. Try one and you will have the best light manufactured to-day. We have them in the 75, 100 and 200 candle power. We also sell the blue label tungsten in the 25, 40 and 60 watt sizes.

The committees appointed by the Carrick and Mildmay Councils met last Friday evening and arrived at a satisfactory settlement of affairs between the two municipalities. The village gives the township a cheque for \$91.10 in full payment of its liabilities up to the date of incorporation.

Epidemic Spreading.
The outbreak of influenza, which made its appearance here last week, is spreading very rapidly in this section, and it is now estimated that there are a couple of hundred cases in Mildmay and Carrick. The symptoms are chills and high temperature, headache and pains in the back, but if properly cared for no serious results follow and the patient recovers in three or four days. If the proper precautions are not observed, however, pneumonia is very likely to follow. The doctors advise the very liberal use of quinine to break up the ravages of the disease.

The Peace Rumors.
The rumor of a general peace having been secured was circulated here on Sunday, and many of our people threw their hats in the air, believing that the war was over. Germany's peace offer was simply regarded by the allies as a ruse to gain time to recuperate and it was not given serious consideration. In the meantime the allies are hammering away at a tremendous clip and are driving the enemy back toward their own borders. The war is not over but the prospects are very much brighter for a victorious conclusion than they were a few months ago.

Must Company Build Lines?
Fifteen farmers on the townline between Culross and Greenock have been pressing upon the South Bruce Rural Telephone Co., for some time for telephone connection, but the Company has turned the request down, on account of the great stretch of time required to accommodate the applicants. The farmers have now taken their case to the Ontario Municipal Board, and will try to compel the company to finish them with phone connections. If they succeed, the Company will have to build ten miles of line.

Death of Only Son.
The home of Mr. and Mrs. Henry Privat of this village was saddened this week by the death of their only and dearly beloved son, Louis, which took place on Tuesday afternoon. Deceased, who was in his fourteenth year, returned home from the public school on Tuesday evening of last week feeling unwell, and his condition rapidly became worse, until pneumonia developed, and he was unable to bear up against this disease. Louis was a bright lad, a dutiful son, and a general favorite in the village and his death is deeply lamented. The heart-broken parents have the sincerest sympathy of all the friends. The funeral will take place on Friday afternoon, leaving the residence at 2 o'clock. Interment will take place at the Evangelical cemetery, and a memorial service will be held in the Evangelical church immediately after burial.

Fowl Supper Postponed.
On account of the serious outbreak of influenza in this section, the Evangelical church has decided to postpone their fowl supper and entertainment until some future date.

Auction Sale.
Unreserved auction sale of household effects, buggies, harness, robes, etc., will be held on Saturday afternoon, Oct. 19th, at 1.30 sharp. Dr. J. A. Wilson, proprietor. John Purvis, auctioneer.

Public Notice.
Herrgott Bros. announce that on and after October 18th, they will make cider and boil apple butter on Tuesday, Wednesday, Thursday and Friday of each week, until Nov. 15th, when the mill will close down.

Mildmay Residence Sold.
Mrs. Jos. Kloefer has disposed of her brick residence on Absalom street in this village to Mr. George Weber of Concession B., Carrick. The purchaser obtains possession on November 1st but will not move in until next spring.

Notice to Subscribers.
We received notice this week from our paper supply house of another stiff advance in the price of ready print, made necessary by the increased cost of manufacture. We are now compelled to clean up our subscription list of all subscribers in arrears and hereby give notice that after the end of October. All subscriptions more than one year in arrears will be discontinued and the amount due collected.

Carrick Soldiers Wounded.
Mr. and Mrs. George Culliton received a message from Ottawa on Monday informing them that their son, Pte. Rene Culliton, had been admitted to a base hospital on Sept. 28th. Rene, in his recent letters home, stated that the 160th boys were participating in some desperate fighting, and casualties among the men were rather heavy. Another Carrick man, Pte. Henry Harrison, has also been wounded by a gunshot in the thigh, according to a message received by his brother, Nelson, on Tuesday night. The many friends of those two Carrick heroes trust that their wounds may not prove serious.

Took Neighbor's Provisions.
A bachelor farmer on the 8th concession of Carrick has been subjected to a series of petty thefts recently while he was helping his neighbors with their threshing. The thieves confined their activities to household provisions, such as butter, eggs, bread and cakes, but it was mighty annoying for the farmer to come home and find his larder cleaned out. He did a little scouting around and before long had a positive clue as to the direction in which his victuals were moving. Securing a search warrant from the local magistrate, he had the suspected premises searched, and there he found his stolen provisions, and the guilty parties, two young lads in their teens admitted the theft. We understand that prosecution will follow.

Marking and Addressing Freight.
The Grand Trunk Railway Co., has issued new regulations regarding the marking and addressing of freight, an extract of which appears below:—"Each package, bundle, or loose piece of freight must be plainly marked by brush, stencil, marking crayon (not chalk) rubber type, metal type or pasted label. Labels must be securely attached with glue or equally good adhesive. Tags should be used only when the nature of freight will not permit the use of labels or other suitable markings. Tags must be made of metal, leather, cloth, rope stock or sulphite fibre tag board, sufficiently strong enough to stand the wear and tear of transportation. Old consignment marks must be removed or effaced by the shipper. If above requirements are not complied with freight will not be accepted for transportation.

Former Mildmay Man Dies.
The death of Mr. George F. Curle, a former resident of Mildmay, took place at Windsor on Tuesday of this week. Deceased was the oldest son of the late Mr. and Mrs. George Curle of Mildmay, and was born and brought up here. Upon attaining manhood, he spent a couple of years in the U. S. where he was married, and later returned to Mildmay where he resided for a time. He finally removed to Toronto where he engaged in business, and about three years ago he organized a company known as the Curle Ornamental Glass Company. He went to Windsor six months ago to form a branch house for his firm. George was a very popular young man during his residence here. He excelled in all lines of sport and music, and always had a kind word and a smile for everybody. He was 45 years of age and his death was due to heart failure. The remains were brought to Mildmay on Wednesday and will be interred in the Balaklava cemetery this (Thursday) afternoon.

Victory Loan 1918.

County of Bruce Organization.

County Chairman, David Robertson, K. C., Walkerton; County Vice-Chairman, C. J. Mickle, Chesley; County Secretary, Geo. D. McKay, Walkerton; County Organizer, W. S. Brown, Toronto.

County Executive Com. County Chairman, Coun. Vice-Chairman, County Secretary, County Organizer, Chairman of County Committees.

County Honorary Com.—Walkerton, His Honour Judge Klein; Warton, Gideon Kaatner, Warden; Hepworth, Jas. Douglas; Tara, James McDonald; Chesley, W. D. Bell; Southampton, C. M. Bowman, M.P.P.; Port Elgin, H. H. Stevens; Kincardine, J. J. Hunter; Teeswater, S. R. Brill; Lucknow, John Joynt Ripley, Rev. Geo. Gilmore; Mildmay, J. A. Wilson; Paisley, I. Shoemaker; Cargill, W. D. Cargill M.P.P.

County Publicity Committee; L. A. Eedy, Walkerton; J. A. Wesley, Walkerton; L. H. McNamara, Walkerton.

Local Publicity Committees and District Canvassers will be announced in the next issue of this paper.

The minimum objective of subscriptions to be raised for the County of Bruce is Two Million dollars.

The minimum objective for each municipality, or for each district if grouped will be announced in the next issue of this paper. It must be remembered this is only the minimum objective, and in the majority of districts it is expected that the maximum objective will greatly exceed this amount.

It is the intention of the County Hedqs. Publicity Com. to place all the information it can in the hands of the reading public. Local Publicity Committees are found in every Town and village not only for the purpose of co-operating with the Headquarters Publicity Committee, but more for the circulation of information in the different canvassing districts. Any one desiring information about investment in Victory Bonds would do well to either consult the Local Publicity Committee or the Canvassers duly appointed for the District. County Headquarters at Walkerton is always available for any information in any way connected with the Victory Loan.

Thanksgiving Day.
Next Monday, October 14th, will be Thanksgiving Day. All business places will be closed for the day.

Card of Thanks.
Mr. and Mrs. L. Buhlman and family wish to convey their thanks to their friends and neighbors for the many acts of kindness and sympathy shown them during their recent bereavement, and also for the floral and spiritual offerings.

Died in Hamilton Hospital.
One of the saddest events it has been our duty to chronicle, was the death of Miss Rose Marie, eldest daughter of Mr. and Mrs. Leopold Buhlman, which took place at St. Joseph's Hospital, Hamilton on Friday afternoon at five o'clock. Deceased, who had just commenced her third year as nurse in training in that institution, took ill on Monday of last week and her illness quickly developed into pneumonia. A message reached her parents on Tuesday and her father went to Hamilton on Wednesday morning, and returned on Thursday-night, feeling quite satisfied that the patient was out of danger. On his arrival here, however a telegram was waiting announcing that his daughter's condition was worse, and Mr. and Mrs. Buhlman at once motored to Hamilton to see her. They arrived in the city about dawn, and their daughter passed away at 5 o'clock in the afternoon. Deceased was 22 years of age, and was born at West Branch, Michigan, coming to Mildmay while still a child. Beautiful in form and disposition, and possessing a charmingly affable manner, she made friends of all her acquaintances, and was beloved and respected by all. She was exceedingly popular at the St. Joseph's hospital, where she spent the past two years, and her death is deeply lamented by all her fellow-nurses and surgeons in that institution. Before going to Hamilton, she was active in patriotic work, having been the first president of the U. J. K. Club. Her remains were brought to Mildmay on Saturday and laid to rest in the R. C. cemetery on Tuesday morning. The funeral was a very large one, many coming from long distances, among whom were Mr. Xavier Buhlmann and daughter, Josephine of Detroit, Mrs. Ed. Gehl and Mrs. Bert Walter of West Branch, Mr. and Mrs. Jos. Brohman of Guelph, Chas. Schmaltz of Breslau, George Schmaltz of New Germany, Jack Schmaltz of Kitchener, Leo Buhlman of Windsor, and Mr. and Mrs. Marcus Carl and daughter, May, of Neustadt. The bereaved family have the sincerest sympathy of their many friends in their severe affliction.

FORMOSA.

Mr. Mat. Messner, his brother and two sisters spent Sunday with friends in the village.

Quite a number from here, both old and young are laid up with an attack of la grippe.

Miss Wilma Schnurr and her brother, Christian of Kitchener are spending a couple of weeks at their home here.

Mr. and Mrs. Frank Strauss spent last Sunday with friends at Chepstow.

Mr. Michael Rettinger has commenced cutting corn for the farmers in this vicinity.

All the boys from here went to Kitchener a couple of weeks ago to attend St. Jerome's College have returned home, the College being closed on account of an epidemic of the Spanish influenza.

CARLSRUHE.

The farmers in this locality were busy last week cutting corn, which was an average good crop, and Henry Gross, although a small farmer here is champion of the tallest corn which measures 12 ft in length.

The potatoes this year are not what they were expected, they are few and worst of all some are badly affected with rot.

Mr. and Mrs. Chas. Schumacher, Mrs. Frederick Kroetsch and daughter from Teeswater Sundayed at the home of Peter Kroetsch and family.

Mrs. Weiss from Chesley spent Sunday with relatives.

Mrs. Greyerbil from St. Clemens is at present visiting her sister, Mrs. D. Schwan.

Rev. Father Lenhard received the sad news last week that his brother, John Lenhard was killed by some accident in Assiniboia, Sask. The deceased had his home in Moose Jaw and was well known here. We extend our sympathy to the bereaved family and relatives.

Mrs. Martin Wojciekoffski is offering her property for sale here as she will leave for St. Paul shortly where she will make her home with her son in the future.

Next Sunday and in the future the service in the R. C. church will start at 10 o'clock every Sunday. This will be very convenient for those who come a distance.

Word was received on Sunday night that the long looked for peace was restored. Whistles blew in the neighboring towns which made the hearts of every one glad until the following day when we heard it had only been a false report. This is the second time we were rejoicing the peace of the world and we sincerely hope that the next time we indulge in so great a happiness it will be no false alarm.

Perished in Burning Barn.

Mr. Chas. Maurer a farmer residing on the 12th concession of Brant was burned to death in his barn on Saturday last. He was engaged in cleaning the stables when he noticed the straw stack on fire. He rushed into the stable to get his cattle out, and was seen no more, having been overcome by the volume of smoke, and perished in the burning building. The remains were recovered on Sunday. The barn was a total loss, with \$2000 worth of grain, 100 tons of hay, 20 pigs, 6 calves, 1 cow and all the machinery. Boys were seen playing about the barn, and it is thought that they may have been using matches. The deceased man was 69 years old.

Mildmay Soldiers Return.

Pte. Edward Schmidt, son of Mr. and Mrs. John Schmidt of Carrick, returned home last night from France after a two years' absence. Pte. Schmidt was a member of the Engineering Corps and was wounded in the left hand by a shrapnel explosion at Ypres about six months ago. He spent several months in the English hospitals and is now invalided home. Three fingers of his hand have been rendered almost useless, and he expects to secure his release in a short time. He will return to Toronto in two weeks to receive further treatment at the Davisville military hospital. We welcome this brave soldier back to Carrick. There is general rejoicing at the home of Mrs. and Mrs. Lawrence Heisz over the safe return of their son, Sapper George Heisz, who arrived here on Wednesday night. George has been allowed to return to complete his course at the Toronto Dental College. He enlisted in May, 1916, and was sent to France last spring, and saw considerable actual warfare. He is looking fine and soldiering has evidently done him no harm. George's many friends here are delighted to welcome back home to Mildmay.

Fresh as a Flower,
and just as fragrant!

"SALADA" TEA

is just the tiny buds and young leaves from
hill-grown shrubs—So economical because
it yields so generously in the teapot. 8446

A Man Chooses

The Story of a Struggle to
Attain a Great
Ambition.

By R. W. Johnson.

PART II.

She stirred the oysters, forgetting her own letter, a letter from home, as the postmark told her. "If you were free, Bud, unhampered, maybe you might—"

He missed the acute misery in her voice. Roughly he drew out a chair and dropped into it.

"Of course!" he retorted grimly, almost resentfully. "That's what young folks always get by tying up in the puppy age! What's your news? Better read it."

Her face went but little paler when she read her news. It was from the old-maid sister at home.

Mother is very sick. The doctor has but little hope of her recovery, I'm sure. And, Deen, she is pinning to see you once more. Can you arrange to come home, if only for a few days? Remember, you haven't been back since you married. It seems to me, from what I've seen of life, that husbands are cheaper than mothers. We are losing ours. Will you try to come?

It was then Bud Barnes rose to his height of manhood.

"Of course you are going to your mother," he announced when he had read the word. "A fellow, yesterday, was wanting to buy my old fiddle. I can spare it now. I can use the Beech. First thing in the morning I'll hunt him up. He'll pay cash, and glad to do it. Get your things ready. I'm sorry about Mother, Deen. We've neglected her, but it looks like we never could make the way to go."

There was no pleasure for Nadine in that belated visit—only grief and a sense of unreality. The dear mother-face, grown strangely remote, the pinch of death in its sagging lines, strangers coming and going, noiselessly, sympathetically everywhere like a bad dream. But through it all, hidden and unacknowledged, ran a deeper, sharper ache—Bud and his chance.

A stranger face grew very familiar during that hard time—the face of the attending physician. She grew to watch for its little personal flash of understanding and sympathy. There had been so few in her time young life who cared, however remotely, for her needs, physical or spiritual. It was a sensation to be followed by respectful but admiring glances. It was a new sensation to rest her weakness on a man's strength. In her awful trance, watching the fight for a life, the subtle fascination crept through. And when the end came, and out of chaos she heard this new friend offering what seemed a larger life, she came suddenly to a place where her life's road blurred before her.

On its face the proposition was honorable and magnificent. A chance of travel, a new atmosphere, a big salary

You Can Invest

a portion of your earnings weekly, or monthly, through our

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MONTREAL, QUE.

Canuck BREAD MIXER



Are Fruits and Vegetables Luxuries?

In the House of Diet fruits and vegetables may be likened to windows and doors, fireplaces and chimneys; we could dispense with them, we could board up our windows and make a fire on a big stove in the middle of the room, letting the smoke escape through a hole in the roof but such a course would not mean comfort year in and year out. So we may exist without fruits and vegetables but it is worth while to stop to consider what we gain by their use.

There is an old adage, "An apple a day keeps the doctor away," which if true, means that the apple is a real economy, a kind of health insurance, for an apple costs seldom over five cents, often only one, and a doctor's visit may easily cost a hundred times as much. There is a certain amount of truth in the saying though the apple does not have a monopoly on the supposed virtue.

It is more accurate if less poetic, to say that an assortment of fruits and vegetables helps to keep us in good health. Before the days of modern cold-pack canning, in the spring mothers used to assemble their little home groups and, in spite of sundry hidings under tables on the part of reluctant Johnnies and Susies, dutifully portion out herb tea or sulphur in molasses. Spring cleaning could never stop short of "cleansing the blood!" And after a monotonous winter of meat and potatoes no doubt heroic measures were necessary to make up for a badly balanced diet. Nowadays we recognize no such seasonal need. We carry our surplus of fruits and vegetables over from summer to winter and profit not only in the greater daily pleasure of our tables but in clearer skins, brighter eyes and less "spring fever."

How do fruits and vegetables help to keep us well? In the first place, by their wholesome effect upon the bowels. As a rule we associate regular daily movements with health but do not always recognize the part which diet plays in securing them. If we eat little besides meat and potatoes, bread, butter and cake or pie, we are very likely to have constipation. This is particularly true for those who work indoors or sit much of the time. Now fruits and vegetables have several properties which help to make them laxative.

In the juices of fruits and vegetables we find a variety of laxative substances. This explains why apple juice (sweet cider), orange juice or diluted lemon juice may be a very desirable morning drink. The effect is partly but not wholly due to the acid. Juices which are not acid to the taste, as those of prunes, figs, onions, are laxative.

So from a great variety of fruits and vegetables, especially those which are fibrous or acid or both, we may obtain the substitute for "pills" in wholesome foods which are generally cheaper than drugs.

No diet can be properly built without a suitable supply of mineral salts. The free use of milk is our greatest safeguard against lack of any save iron but when milk is scarce and has to be saved as now for the babies of the world, it is fortunate that we can make fruit and vegetables take its place in part. Some of our very common vegetables are good sources of the calcium and phosphorus so freely supplied in milk. Among these may be taken as an example the carrot, which has not had due recognition in many quarters, and in some is even spoken of contemptuously, as "cattle food." Its cheapness, which comes from the fact that it is easy to grow and easy to keep through the winter should not blind us to its merits. A good-sized carrot (weight one-fourth pound) will have only about half the fuel value of a medium-sized potato but nearly ten-times as much calcium as the potato and about one-third more phosphorus. While actual figures show that other vegetables, especially parsnips, turnips, celery, cauliflower and lettuce, are richer in calcium than the carrot, its cheapness and fuel value make it worthy of emphasis; a medium-sized carrot will furnish as much calcium as a scant quarter of a cup of milk.

Even when meat and eggs are not prohibitive in price, fruit and green vegetables are an important source of iron in the diet. And when war conditions make the free consumption of meat unpractical, it is reassuring to think that we really can get along without meat very well if we know how. Two ounces of lean beef will furnish no more iron than a quarter of a cup of cooked spinach or half a cup of cooked string beans or dried beans, or one-sixth of a cup of raisins, or half a dozen good-sized prunes. Cabbage, peas, lettuce, dandelion greens, beet tops, turnip tops, and other "greens" are well worth including in our bill of fare for their iron alone.

By the time children are a year old we begin to introduce special iron-bearing foods into their diet to supplement milk. Aside from egg yolk, we give preference for this purpose to green vegetable juice or pulp, especially from peas and spinach or a mixture of both.

There is a further significance for

fruits and vegetables. Their contribution to the diet of the growth-promoting, health-protecting vitamins. That the presence of fruits and vegetables in the diet is a safeguard against scurvy is well known, though the full scientific explanation is not yet ours. That the leaf vegetables (spinach, lettuce, cabbage and the like) contain both of the vitamins which are essential to growth in the young and to the maintenance of health in the adult, seems assured and gives us further justification for emphasis on green vegetables in the diet of little children, when properly administered; that is, always cooked, put through a fine sieve and fed in small quantities.

Those who have plenty of highly flavored meat are apt to be satisfied by it or to demand stronger flavors (coffee, catsup, pickles and tobacco) than those found in fruits and vegetables. They are also apt to spend so much money on meat that they have none left to buy what seem to them unimportant items in the diet and apt to have a much less wholesome diet than they might have for the same money. Studies of expenditures in many families show that a good rule to insure a well balanced diet is to spend no more money for meat than one does for fruits and vegetables. Also it is well to remember that vegetables are usually cheaper than fruits and that dried ones may largely take the place of canned or fresh ones.

For wholesome and economical living have fruit of some kind at least once a day and make the main dish of one meal, a vegetable dish whenever possible. Thick cream soups, souffles, creamed or scalloped vegetables are all substantial and appetizing. The way to learn to like such foods is to keep trying. One may learn contentment with the proverbial dinner of herbs more easily by realizing that one is building valuable bricks into the house of diet. And in the present emergency one may, by selection of fruits and vegetables of high energy value, save more portable foods for our soldiers and allies. The knowledge that a banana is equivalent in "calories" to a large slice of bread or a small pat of butter becomes tremendously significant; that an apple, an orange, four prunes, four dates or a cupful of figs, may not only take the place of bread but actually add something which the bread does not contain, means that we shall be the gainers from our own sacrifices.

Canada's Stake in the World Conflict.

How Canada is becoming, thanks to the skill and heroism of her sons, linked up with the world conflict, says Prof. Osborne of the University of Manitoba. The young man who brought down Baron Richthofen, Germany's premier aviator, was Brown, a boy born in Carleton Place, and educated, they say, in Alberta schools. There was a clash for you between Democracy and Autocracy, between peace and militarism. I read a few weeks ago of a certain young Rosevear, a Canadian boy, who had crashed to the earth and been killed after bringing down 23 German aviators. Later I learned that he was a son of a college classmate of mine, H. S. Rosevear of Port Hope, now living at Port Arthur. All honor to such sons and such fathers. I talked the other night with an honored school inspector at Guelph, William Tytler, who, as a teacher, had had for a pupil McCrae, the author of the deservedly famous "In Flanders Fields the Poppies Grow." And so it was the air of Guelph, the soil of Guelph, the flowers and fruits and fields of Guelph that had ministered to the upbuilding of the man who was to write lines of such haunting beauty that the world will not let them die. How Canada, I repeat, is being bound into one—East and West, Catholic and Protestant, rich and poor, French and English—and brought into vital relation with world movements, world causes, world conflicts!

Weapons of War Different. Weapons which were thought massive and powerful in 1914 are puny in 1918. Thus heavy artillery, whose weight tied it down to fixed fortifications, is now moving merrily over the field of battle. Where formerly we talked in millions now we talk freely in billions. Before the war twenty-five to thirty knots was battle-cruiser speed; to-day we have such ships of from 160,000 to 200,000 horsepower steaming at from thirty-five to forty knots. A notable instance of this growth is in the field of aviation, where the British have aeroplanes of 600 horsepower, and the Italians have gone up to 1,000. And the end is not yet.

Bamboo has been found very serviceable in the construction of light-houses on the Japanese coast. The wood has great power in resisting the action of salt water.

It is fine for cleaning cars—says the dairyman

Comfort Lye

More than 3000 women work at the British Admiralty.

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THE Pure, rich, mellow tone, and the sensitive responsiveness of this famous instrument combine to lift it high above the commonplace. It is a piano that will maintain its enduring charm for generations.

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My Dad wears 'em

93

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TORONTO CANADA

BRITISH TAKE MANY TOWNS, NUMEROUS GUNS AND 5,000 PRISONERS

Hindenburg Line Defenses Smashed Between St. Quentin and Cambrai—Big Troops Have Reached Outskirts of Mont Brehain.

A despatch from the British Army on the St. Quentin Sector says—The British troops smashed a large and vital section of the Hindenburg line on Thursday between St. Quentin and Cambrai. They have occupied many additional towns and villages and 5,000 prisoners and numerous guns have been taken.

The battle was resumed at 6 o'clock in the morning and continued throughout the day, English and Australian divisions driving deep into the enemy defenses. The ground over which the British troops fought their way against the inevitable swarms of machine guns was littered with German dead.

The advance has reached a depth of about five miles at its apex, and it follows that the principal Hindenburg defenses here have been shattered. A few hours may see the British all the way on the other side of the great German defensive system.

The Australian troops are fighting beyond the Beauvois line, at Wiancourt, La Motte Farm, and Loumisset, in the St. Quentin sector. The British troops have reached the outskirts of Mont Brehain, thus the Hindenburg system has been definitely passed.

The Australians and English were assisted by large numbers of tanks which carried out their tasks with the customary efficiency.

Some few of the tanks were manned by Americans who had been attached to British tank units.

Reports from aviators say that the tanks have robed rapidly over the country, materially helping the infantry to clear out the Germans who had made a dive for cover from the hurricane of British shells.

As the infantry gained ground, the British guns were constantly moved out to positions from which they could continue pounding the Germans.

The roads in the general direction east of Gouy are reported full of transports and men, and some bodies of troops have reduced points at least five miles in the rear. No new German troops appeared in the battle here, although the enemy certainly must have known that the position was bound to be attacked.

This is a sign that cannot be ignored and one in which the British commanders find considerable satisfaction.

Among the towns captured on this battlefield were Gouy, Le Catelet, Ramicourt, Senechal, Wiancourt and Beauvois.



BATTERING HIS LINES.

This French official photograph shows a huge French gun in action on the Lorraine front. This is the type of gun that is being used against the fortresses that are guarding the city of Metz.

120,000 PRISONERS ALSACE TOWNS IN TWENTY DAYS BEING EVACUATED

Allies Have Taken 3,669 Cannon and 23,000 Machine Guns.

A despatch from Paris says: During the period from Sept. 10 to Sept. 30 the allied armies in France and Belgium have captured 2,844 officers and 120,192 men; 1,600 cannon and more than 6,000 machine guns, according to an official statement issued here to-night.

Since July 15 and up till Sept. 20, the allies have captured 5,518 officers, 248,494 men, 3,669 cannon, more than 23,000 machine guns, and hundreds of mine throwers, the statement says.

CZECHO-SLOVAK TROOPS CAPTURE KAZAN

A despatch from Stockholm says: Petrograd despatches of Sept. 30 announce that the Czech-Slovaks captured Kazan, which the Bolsheviks reported a fortnight ago that they had taken, and show that the Lettish troops fighting for the Bolsheviks are abandoning the Red cause.

The Lettish troops were the last really well organized force the Bolsheviks had. They numbered about 17,000, of which nearly 10,000 were held in the vicinity of Moscow to protect the Bolshevik leaders. Ever since the Czech movement began on the Volga the Letts have objected to fighting there, because they did not regard the Czechs as enemies, and furthermore objected to the disorganized, unilitary style of fighting the Bolshevik officers outlined. The Lettish soldiers after the fall of Kazan surrendered to the Czechs.

Inhabitants of Twenty Villages Sent to Bavaria—Uprising Feared by Germans.

A despatch from Geneva says: German military authorities have begun to remove the inhabitants of Alsace, according to the Democratic, in expectation of a Franco-American attack on the frontier.

The inhabitants of twenty villages including Fernet, Goutavon and Winkel already have been sent to Bavaria. Some of the villagers have escaped across the Swiss frontier.

Fear of disorder is rampant throughout Alsace-Lorraine, not only among the civilians, but also among the military forces. Food is scarce and little is available.

The German authorities in Alsace-Lorraine, the Democratic adds, are afraid of a general uprising in those provinces when the allies cross the frontier.

CANADA IS SAVING MILLIONS IN FLOUR

A despatch from Ottawa says: It is announced that conservation measures and voluntary saving in the homes have reduced Canadian consumption of flour from 800,000 to 600,000 barrels per month, as compared with pre-war consumption. This means a saving at the rate of 2,400,000 barrels per year, or, counting the saving by lengthened extraction and milling, of 2,640,000 barrels per year. This is equivalent to a saving of nearly 12,000,000 bushels of wheat.

Monster ferns, now extinct, form the chief basis of coal.

BELGIANS AND BRITISH SWEEP THROUGH FLANDERS PURSUING FOE

British Occupy Lens and Armentieres—Gen. Plumer's Army is Only Seven Miles From Lille—Germans Apply Torch as They Retreat.

A despatch from London says—The Germans have fallen back three miles in their retreat along the Lens-Armentieres line. Both Lens and Armentieres were evacuated Wednesday night.

The Germans, who were gradually being left in a salient, began a retreat on practically all the Armentieres sector and appear to be in full flight. The British troops have entered and are now passing through Lens.

Aubers Ridge, south of Armentieres, has been taken, and the British are close of there. Indications are not wanting that the Germans have been forced to begin one of the war's greatest retreats. Gen. Plumer's army is reported to be only two miles from Tournai, 7½ miles north-east of Lille. The troops co-operating with the Belgians have taken villages near

Roulers after hard street fighting. They have forced the Germans well back and are still going. The Germans must get out of the Belgian coast as far as Ostend, if the advance here continues as it gives every sign of doing.

A Belgian armored car has succeeded in entering Roulers and has returned safely to its own lines, according to the Belgian official communication to-night.

As the Germans retreat in the Armentieres sector they are applying the torch whenever they have the time, and their retreat is marked by great explosions as ammunition stores are destroyed. It is known that the Germans are becoming so short of ammunition that many of the higher officers are alarmed, but in the retreat the destruction of dumps has been absolutely necessitated.

Markets of the World

Breadstuffs
Toronto, Oct. 8.—Manitoba wheat—No. 1 Northern, \$2.24½; No. 2 Northern, \$2.21½; No. 3 Northern, \$2.17½; No. 4 wheat, \$2.11½, in store Fort William, not including tax.
Manitoba oats—No. 2 C. W., 84c; No. C. W., 80½c; extra No. 1 feed, 80½c; No. 1 feed, 78½c, in store Fort William.
American Corn—No. 3 yellow, kiln dried, nominal; No. 4 yellow, kiln dried, nominal.
Ontario oats, new crop—No. 2 white 76 to 78c; No. 3 white, 75 to 77c, according to freight outside.
Ontario wheat—No. 2, Winter, per car lot, \$2.31; No. 3 Spring, \$2.22, basis in store Montreal.
Peas—No. 2, nominal.
Barley—Malt, new crop, \$1.08 to \$1.13.
Buckwheat—Nominal.
Rye—No. 2, Nominal.
Manitoba flour—Old crop, war quality \$11.35, Toronto.
Ontario flour—War quality, old crop \$10.75, in bags, Montreal and Toronto, prompt shipment.
MEAL—Car lots, delivered Montreal freights, bags included: Bran, \$36.40 per ton; shorts, \$41.40 per ton. Hay—No. 1, \$20 per ton; mixed \$18 to \$18 per ton, track Toronto.
Straw—Car lots, \$9 to \$9.50, track Toronto.

steers, \$14.25 to \$15.00; choice heavy steers, \$13.50 to \$14.00; butcher's cattle, choice, \$12.00 to \$12.75; do. good, \$10.50 to \$11.00; do. medium, \$9.75 to \$10.75; do. common, \$8.00 to \$8.50; butcher's beef, choice, \$10.00 to \$10.50; do. medium butts, \$9.50 to \$9.85; do. rough butts, \$7.25 to \$8.25; butchers' cows, choice, \$10.25 to \$10.50; do. good, \$9.35 to \$9.50; do. medium, \$7.75 to \$8.25; do. common, \$7.25 to \$7.75; stockers, \$8.00 to \$10.50; feeders, \$10.50 to \$11.15; canners and cullers, \$5.50 to \$6.75; milkers, good to choice, \$9.00 to \$10.00; do. com. and med. \$65.00 to \$75.00; springers, \$90.00 to \$100.00; light ewes, \$13.00 to \$14.00; yearlings, \$15.00 to \$15.50; spring lambs, \$16.00 to \$16.50; calves, good to choice, \$14.00 to \$17.50; hogs, fed and watered, \$19.25 to \$19.50; do. weighed off cars, \$19.50 to \$19.75; sows, \$19.25.
Montreal, Oct. 8.—Choice heavy steers, \$13.50 to \$14.00; choice butcher steers, \$12.50 to \$13.00; lower grades, \$8.00 to \$12.00; choice heavy butts, \$10.25; lower grades, \$7.25 to \$10.00; hogs, \$17.50 to \$19.50 per cwt.; lambs, 16c per lb.

TEUTON FORCES LEAVE ALBANIA

Italians Occupy Berat—Capture Prisoners and Much War Material.

A despatch from London says: Austrian troops have been withdrawn from Albania, the Austrian War Office announces. Berat has been taken by the allies.

The Austrian statement says: "We have withdrawn our divisions from Albania. This was rendered necessary by events on the Bulgarian front."

"Berat fell into the hands of the enemy without a fight."
Italian troops in Albania began an energetic advance on Tuesday in the sector between the Adriatic and Osm. The Italian columns in the evening had occupied the village of Fieri and the line of the Semeni from Sterbasi to the Metall bridge and several heights.

The Austro-Hungarian forces retreated rapidly, burning their depots. The Italians occupied Berat on Wednesday. They have captured a number of prisoners and a large quantity of war material.

Tommy in Paris.

Leave is in full swing again, says the Paris correspondent of the London Times, in spite of the continuous fighting. The British Leave Club is crowded with men eager to make the most of their first visit to Paris. One sees them everywhere, on foot or in large waggons, in tramways and metros, conducted by lady guides in the neatest of uniform, drinking in the wonderful history of Paris in the past and gay decades. One day recently over a thousand dinners were served to our soldiers at the club in two hours—all honor to those who did it; it was no light task. The English theatre is crowded at every performance. Tommy is delighted to hear his own language, and also to be able to follow the whole entertainment without the necessity of translation.

BRITISH SEIZE MINERAL AREA

Valuable Prize Taken From Germany by British Expedition.

A despatch from London says: Seizure by a British expedition of German mining property and other development plants in Spitzbergen, including a big wireless installation, is reported by the Express, with the intimation that the work of developing immensely rich iron and coal deposits is proceeding. It is said they will be of the greatest importance to Great Britain and the allies. The expedition to Spitzbergen sailed a few months ago under the protection of the British navy. Sir Ernest Shackleton, the famous Antarctic explorer, was the commander, but he was subsequently obliged to leave to take up other duties.

His successor, F. W. S. Jones, who returned to London, has given an enthusiastic description of the vast mineral wealth which has hitherto been merely tapped to a limited extent by British, German, Swedish and Norwegian companies.

The expedition, Mr. Jones said, took a large number of miners, an enormous quantity of mining material, and supplies sufficient for three years, and work is now going on on a large scale. Capt. Wild, who was with Shackleton in the Antarctic, is in charge of operations. Mr. Jones says the expedition met with considerable difficulties and danger, including encounters with eight German submarines.

Spitzbergen is an archipelago in the Arctic Ocean, discovered in 1533 by Sir Hugh Willoughby, who called it Greenland, supposing it to be a part of the western continent. In 1591 it was visited by Barents and Cornelius, two Dutchmen, who pretended to be the original discoverers, and called it Spitzbergen, or sharp mountains, on the many sharp pointed and rocky mountains with which it abounds.

ALLENBY CONTINUES TRIUMPH IN PALESTINE

A despatch from London says: An official statement on Palestine operations says:

The text of the statement reads: "On Wednesday Australian mounted troops operating in the vicinity of Kubbat-el-Asafir, 17 miles north-east of Damascus, charged and captured an enemy column, securing 1,500 prisoners, two guns and forty machine guns."

"Enemy airbase and railway establishments at Rayak were heavily bombed from the air."

Rayak is on the railroad line between Damascus and Beirut, 30 miles northwest of the former place.

FRENCH SMASH HINDENBURG LINE

Cross Crozat Canal After Occupying St. Quentin.

A despatch from the French army in France says: Gen. Debeney's troops in the region of St. Quentin on Wednesday began to smash through the lines of the Hindenburg position over the entire front of that army.

Those lines were 2½ miles deep in some places and were supported by several strongly organized woods. They were defended by machine gun sections which proved unable to check Gen. Debeney's advance.

A breach made in the Hindenburg line east of Le Tronquoy was widened to the outskirts of Lesdins. Further north the French troops took several small pieces of timber land in the face of vigorous resistance.

The west bank of the Crozat Canal north-east of St. Quentin is now in French hands as far as Lesdins. Gen. Debeney's men have occupied Omissey. A footing also has been gained on the east bank of the canal at Morcourt, the western part of the town being in French hands.

With St. Quentin and the suburb of Isle in his hands, Gen. Debeney has made further gains to the south obtaining a foothold in the enemy's trenches west of Neuville St. Amant and Jancourt. Several lines of trenches were conquered in that region by the French after a violent struggle.

WHEAT PRICES FIXED FOR ONTARIO AND QUEBEC

A despatch from Winnipeg says: The Board of Grain Supervisors has ordered that the price of No. 2 Quebec wheat shall be \$2.26 per bushel, basis in store, Montreal. This cancels a former order. To arrive at the price at shipping point it is necessary to deduct one cent a bushel to cover the cost of putting the wheat in store at Montreal, and deduct local freight charges, based on shortest through mileage to Montreal, whether it passes over one or more railways in transit, plus whatever fraction of a cent a bushel may arise when deducting the local freight rate from the fixed price. It is provided that eastern flour millers may pay a licensed track buyer or licensed commission merchant a maximum of one cent a bushel for buying wheat for them, but no other remuneration shall be allowed to them or any other class of handlers.

Another order makes the price of Ontario No. 2 wheat \$2.26 a bushel, cancelling the previous order, with the same regulations to arrive at the price at the shipping point as in the case of No. 2 Quebec wheat.

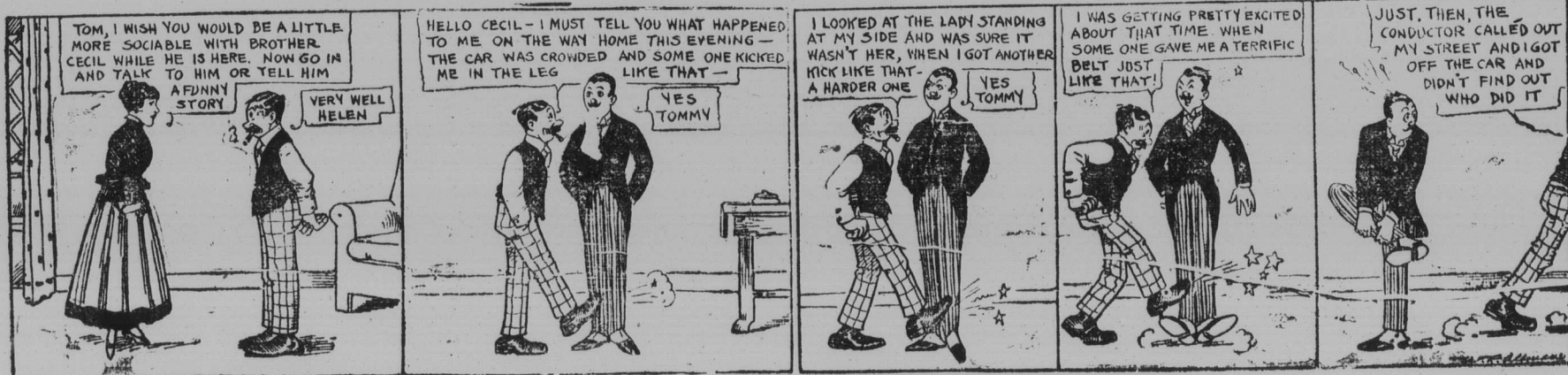
The by-products of coal are more valuable than coal.



LEARNING A TRADE IN BED.

The Invalid Soldiers' Commission does not wait for its patients to get out of bed before it starts to teach them new avocations. Here is a picture of a wounded soldier weaving on a bed loom while still in his hospital bed. The work is not only useful, but it keeps the patient's mind off his own troubles.

The Doings of the Duff.



Enormous Demand for Graduates at the Popular

ELLIOTT Business College

Yonge and Charles Sts
TORONTO, ONT.

All our graduates and scores of our under-graduates have obtained positions this year and out of the last one hundred and four applications from business firms for office help we filled only nine. Salaries ranged from \$10 a week to \$125 a month.

Enter now. Catalogue free.

W. J. Elliott, Principal.

CENTRAL Business College
STRATFORD, ONT.

Lady graduates of last term are now earning as high as \$18 and even \$20 per week, while young men are earning still better salaries. We can not meet the demand for trained help. Write us at once for particulars regarding our Commercial, Short-hand and Telegraphy Department. Students may enter at any time.

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NORTHERN Business College
OWEN SOUND, ONTARIO

remains open all summer to help to meet the demand for trained office help. Students may enter at any time. No increase in fees. Circulars free on application.

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For 35 yrs
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No Guesswork.

Our method of testing eyes and fitting them with glasses, is modern, up-to-date and scientific.

THERE IS NO GUESS-WORK

It costs you nothing to let us examine your eyes.

If you are suffering from headaches, pain in back of eyes, or vision is blurred, or you get dizzy easily. Something is the matter with your eyes. We fit glasses that relieve the strain.

Prices Moderate.

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Notes and Comments.

Save the Victory.
Save to make Canada secure.
A dollar saved is a dollar earned.
Save to lend to your country when it calls.
Save to save—both yourself and Canada.
The will that saves is the will that wins.
Saving carries its own reward—with interest.
Sacrifice a present pleasure for a future good—Save.
To save is the easiest of practices—if you have the will.
Pinch your expenditure a little and you'll find it will pay.
Save, remembering that to him that hath shall be given.
Saving money is often the expression of saving grace.
Live within your means and your means will be increased.
Heaven helps those who help themselves. Moral—Save!

Indians in the Toils.

About the first of June last Dr. Danard of Owen Sound reported to High Constable Briggs of Walkerton that somebody had broken into his cottage at Sauble Beach and stolen a boat and a quantity of goods. Briggs at once got busy and succeeded in putting across some smooth detective work. The first clue he had to work on was furnished him when somebody broke into the house of Mrs. Johnston, a poor widow woman of that section, and stole some money and a quantity of eggs on July 22nd. Suspecting three Indians, who later sold some eggs at the Park Head store, Briggs had warrants sworn out, and two of the Red Skins were arrested by High Constable Green of Drayton and placed them in the Drayton lock-up overnight. On learning of their arrest Briggs went down on the early train to bring them up, but on reaching Drayton found that the birds had flown. Having been given two planks and some bed clothes to sleep on, they took one of the planks and punched a hole through the solid brick wall of the coop and fled. No trace of them has since been found. The other Indian, Peter Moses, was arrested in Owen Sound last week, and is now in the Walkerton jail on remand. He will appear before Magistrate Tolton here this Thursday. Briggs had warrants to search some of the Indian houses on the Reserve and claims to have found part of the stolen goods. The red man now in jail is said to have confessed that he and his brothers broke into the cottage. The Indians, who had the missing goods in their possession will be proceeded against as soon as the other two braves can be apprehended.—Herald & Times.

Belongs to the Public.

The shortage of hard coal the past two years ought to emphasize upon the United States and Canada as nothing else could, the necessity of taking over the coal mines and operating them as a national undertaking. All the coal mines should be public property, and should either be operated by the government or leased under such conditions that the government would retain a measure of supervision over their operation. The local distribution of the coal could safely be left to private enterprise, but the government should take charge of its transportation. With the eastern coal mines publicly owned and operated under government supervision, there is no reason why Ontario should not be supplied with coal from the maritime provinces. With regard to the latter the Ottawa government is wisely taking steps to speed production. It has invested Mr. McGrath, national fuel controller, with authority to direct the operation of the coal mines of Nova Scotia and New Brunswick, so that a greater output can be secured. It ought to be only a short step from action of this sort, to public ownership of a great national heritage, which companies should never have been allowed hold of.

Military Police at the Warton Fair.

The Military Police visited Warton Fair and rounded up a lot of young men who did not have their marriage licenses exemption papers or other papers required to show that they were not defaulters under the M.S.A. The net results must have been considerable as it is said that quite a number of young men paid fines of ten dollars as a result of their failure to go to the fair armed with proper credentials. It would be just as well for anyone going away from his own home, to carry all the papers prescribed by the Military Service Act upon their persons. Married men between the ages 19 and 24 and if they look between those ages should have their licenses. Younger or older men should have their birth certificates and unmarried men between the ages should have their exemption certificates. Some of the young men at Warton did not have the necessary funds to pay their fines and friends had to come to their rescue. A few from Keppe township were victims of the law.—Owen Sound Sun.

Must Have a License.

The attention of the Canada Food Board has been called to the practise frequently adopted by Licensed Dealers in apples, turnips, potatoes and other fruits and vegetables of having men living in different parts of the country acting as their agents, buying or contracting such produce, superintending the loading of same on cars ready for shipment, and receiving a commission from said dealers for such work. All such agents operating in the manner mentioned, without first having secured a license from the Board are doing so contrary to the Order dated 18th day of December, 1917, wherein it states: "That on and after the 1st day of February, 1918, no person shall deal wholesale in fresh fruits or fresh vegetables, without first having obtained a license from the Food Controller," and in violating such order are guilty of an offence and subject to a penalty not to exceed \$1000, and not less than \$100.

A Noteworthy Display of Lovely New Things for Fall and Winter Wear.



Thanksgiving Fineries.

Dainty Waists and Collars.

Camisoles of exquisite beauty. Silks to please every taste and pocket.

Ladies' Coats

They have gone out with a rush. Our Stock is still most complete and we can please you.

Cloth coats, Barara, Plush, Baby Lamb, Beaver Cloths with Fur collars etc.

Sweaters! Sweaters

Don't endanger your health. Get one of our nifty warm pure wool Sweaters. A large range of the very best makes to choose from.

Highest Prices for Produce

KNECHTEL & KNECHTEL

The Store that Quality Built

Fall Days

Suggest the need of New Rugs, Oil Cloths, Linoleums, Curtains, Chintzes and Draperies. Let us help you make the home attractive for the long winter months.



Men! Your Attention

Is directed to our Fall Suits and Overcoats.

A well dressed young man appreciates good Clothes. We feature the latest fashion ideas and choicest patterns.

How about that new Suit or Overcoat for YOUR Thanksgiving visit.

We can save you \$5 to \$10 by buying now.

Look over our splendid range of Shirts, Ties, Collars, Hosiery, Gloves, etc.

Caps to suit every pocket and head.

Shoes & Rubbers.

The sample Shoes went with a rush. We have still a few pairs left. Splendid range and values in shoes and rubbers for Fall and Winter wear.

Your Order

Will be carefully noted and every detail carefully looked after, if you place your order with us.

With cooler weather and Thanksgiving coming, you will want something especially appetizing. Here is a partial list:

- Olives in 20, 25, 30 and 40c bottles.
- Heinz Sweet Pickles at 25 cts a pint.
- Sunkist Pork and Beans, 25c a tin.
- Heinz Pork and Beans, 25c tin.
- Heinz Spaghetti,20c a tin
- Clark's Tomato Soup 15c, or 2 for 25c

Report of S. S. No. 10, Carrick

IV class—Marie Scheffter, Julia Scheffter, George Schneider, Eugene Schwehr
III class—Eleanor Schwehr, Florentina Schnurr, Hilda Kuenzig, Marie Hoffman, Loretta Hoelzle, Rosie Weiler, Katie Schneider, Mary Schneider, Frieda Weiler, Alfie Reinhardt.
II class—Frank Schnurr, Oswald Schwehr, Bertie Hoelzle, Zena Kempel, Barney Hundt, George Reinhardt, Alphonus Kempel, Joe Moyer, Louis Straus.
Primer Sr.—Albinus Schnurr, Harry Weiler, Johnnie Kuenzig, Josie Schwehr.
B Class—Margaret Hoelzle, Susie Schneider, Marie Schumacher, Loretta Hundt.
C class—Tony Scheffter, Mary Kuenzig, Hilda Schnurr, Lizzie Weiler, Sam Moyer, Madeline Reinhardt, Evelyn Schumacher, Clarence Hoelzle.
Average attendance 84

F. G. Kehoe
teacher.

The third fatal accident in W-lesley township within a few months occurred near Crosshill early on Tuesday morning of last week, when Mr. Albert Knight was killed by a horse. Mr. Knight had been asked to feed a neighbor's horses and early on Tuesday morning he entered the stable intending to pass through an empty stall to the mangers. During the night a horse became loose and now stood in this stall and when Mr. Knight approached he received a kick which broke his leg. Falling beneath the horse he was fairly trampled to death, and expired shortly after aid arrived.—Milverton Sun.

Five head of young cattle dead, entailing a loss to their owner of \$500, was the experience of John Young of Bradley, who turned a drove of nine head of cattle into a field of alfalfa clover, where they were grazing for just 20 minutes. The entire herd got bloated and five of them died after an unsuccessful effort of a veterinary surgeon to relieve them of the gas by punching holes in their sides.

A fatal accident occurred on the third line of Wallace on Wednesday of last week. John Hayden, of the first concession of Howick, was taking his threshing outfit from one farm to another when in some way he was crushed between the separator and engine which resulted in his death on Saturday. Deceased was in his 43rd year and leaves a wife and three small children.

Notice to Creditors.

In the matter of the estate of Felix Borho, of the Village of Formosa, in the County of Bruce, Gentleman, deceased.

NOTICE is hereby given pursuant to the revised Statutes of Ontario (1914) chap. 121, Sec. 58, that creditors and others having claims against the estate of the said Felix Borho, who died on or about the 10th day of Aug. 1918, are required on or before the 15th day of October, 1918, to send by post prepaid or deliver to Joseph J. A. Borho, or Edward G. Kuntz, Formosa P. O., two of the executors of the last will and testament of the said deceased, their christian and surnames, addresses and descriptions, the full particulars of their claims and a statement of their securities (if any) held by them. And further take notice that after such last mentioned date the said executors will proceed to distribute the assets of the deceased amongst the parties entitled thereto having regard only to the claims of which he shall only then have notice, and that the said executor will not be liable for the assets or any part thereof to any person of whose claims notice shall not have been received by him at the time of such distribution.

Dated the 17th day of Sept. A D 1918.
JOSEPH J. A. BORHO } Executors
EDWARD G. KUNTZ }

Stealing out across No Man's Land without orders, "Charley" Spencer (a well known C. P. R. engine on the Van couver-North Bend division before the war) climbed aboard a "dead" German engine, and, while the enemy's sentries paced back and forth, thinking all was well, got steam up and gave the engine a few "kicks" back to allay suspicion. Then he "threw her over," opened the throttle and steamed away in the direction of the British lines. He was well inside "home" before the surprised Germans realized what had happened. Spencer was a private at the time and was "penalized" by his C. O. with a lieutenant's commission. The train he stole included sixteen cars of ammunition and a number of heavy guns.

In order that the supply of doctors and dentists may not be depleted, arrangements have been made for the return from France to England of all Canadian one-year student who desire to return to Canada to resume their medical studies. The same plan is being followed with veterinary students who have completed one year of studies. Meanwhile the Canadian Dental Service is kept busy both in England and France. As many as 27,000 men have been treated in one month by the dental officers.

Another large shipment of—

Hog Feed

received at Lambert's Produce Store, composed of Chopped Oats, Barley and Corn at greatly reduced prices.

10 cents paid for all good Bags.

Be sure and buy your FLOUR here and then you will get flour made from good old Manitoba wheat. A large selection of Substitutes to choose from, such as Rye, Barley, Corn and Oat Flour. Also Cornmeal, Oatmeal, Rice, etc.

A good variety of Hen Feed always on hand.

Highest Cash and Trade Price Paid for Butter, Eggs, and etc.

—Canada Food Board License No. 9-1087—

GEO. LAMBERT.

Mildmay - Ontario

Phone 36

CREAM WANTED . .

As we have discontinued our buying station at Mildmay we will be glad to have all our old patrons ship us direct, and as many new ones as care to give us a trial.

The testing will be done by an expert correct test given, payment will be made promptly a month.

Send in for your can to-day, and be assured of honest treatment.

Treleaven & Ranton,
Palm Creamery, Palmerston.



With Acknowledgments to Luke Fildes, R.A.

To every home there comes a time when every thought, every hope, every prayer for the future centres on the recovery of one loved one. In that hour of anguish, every means to recovery is sought—the highest medical skill, trained nurses, costly treatment. Does the price matter?

It may be so great as to stagger the imagination—a sum beyond the possible.

But does anyone ask, "Can we do it?" Money or no money, they do it. And somehow they pay.

It may mean doing without things they think they need. It may mean privations, sacrifices, hardships. They make unbelievable savings, they achieve the impossible, but they get the money to pay.

To-day in this critical period of our nationhood, there is imperative need for MONEY—vast sums of money. Only one way now remains to obtain it.

The nation must save, every community, every family, every individual Canadian must save.

If anyone says "I cannot save" let him consider to what extent he

would pinch himself to relieve the sufferings of a loved one at home; and surely he would not pinch less for our fighting brothers in France.

Without suffering actual privations, nearly every family in Canada can reduce its standard of living, can practice reasonable thrift, can make cheerful sacrifice to enrich the life-blood of the nation.

You who read this, get out pencil and paper NOW. Set down the items of your living expense. Surely you will find some items there you can do without.

Determine to do without them.

Start TO-DAY. Save your money so that you may be in a position to lend it to your country in its time of need.

Published under the authority of the Minister of Finance of Canada.

Mr. C. W. Cryderman Leaving

Mr. C. W. Cryderman, who has been a resident of Walkerton for about thirty years, being in the drug business here for about a quarter of a century and latterly Inland Revenue Officer for this district, received notice on Saturday last of his transfer to Niagara Falls, and leaves this Friday to take over his new duties. Since the coming into force of prohibition, the Inland Revenue work has been almost annihilated here, the Formosa brewery being the only brewery in Mr. Cryderman's inspectorate to remain in business and need his services, and it only for the purpose of making two per cent. As a result, Mr. Cryderman was instructed about three months ago to learn the Customs work with the local officer, Mr. D. H. McNamara, here, and although nothing definite was known it was suspected that a move was anticipated. This materialized on Saturday, when notice was received of his transmission to Niagara Falls, where it is probable he will go into one of the big Customs offices, where his work will be greater and his salary larger than here. Mr. Ernest Secher of Neustadt, who has only the Karlsruhe brewery under his wing, is, we understand, being retired on a small gratuity, and the work of this entire district will be done through the Inland Revenue Office at Owen Sound.—Herald & Times.

To Those in Arrears.

Conditions affecting the newspaper business are such as make it necessary to insist on all subscriptions being paid in advance. A \$12 per ton increase in the price of paper is the latest "pleasant" news we have heard. We would ask our subscribers to kindly renew their subscriptions as early as possible.

A Renegade Canadian.

A letter from an Orillia soldier in France, tells of a strange experience Quinn Butterfield had during the recent drive. A party of Germans were being marched to the cages past the 40th Battery, when Quinn was surprised to hear one of them call, "Hello Putter! How's the hockey?" Looking more closely he recognized a member of the Berlin hockey team, whom he knew well. The renegade had a broad grin on his face, but got no friendly reply to his greeting. Another of the prisoners came from Chicago, and spoke English fluently. It is evident that some of our hypenated citizens have succeeded in getting "home" since the war began.—Packet.

Jacob W. Weber, of Seaforth, has gained possession of the twelve barrels of whiskey which he was found to have in his cellar shortly after the C. T. A. went into force. It was seized and taken away, but he began to fight for it in the courts and on Thursday the twelve barrels were turned over to him. The costs incurred by Weber in fighting the case through the police and higher courts have amounted to about \$1700.

Under pressure of war conditions the people of England are learning that their country when put to the test is capable of producing sufficient food for its population. Some people have known this all along, but it required a great war to make a practical demonstration of the fact. If England in the past has depended very largely on the outside world for food it was because she preferred to buy rather than produce. By utilizing to the full the available land of the country there is little doubt that England could feed a much larger population than she is likely to have for a few years to come.

Farmers' Exemption Limited To Nov. 30th.

A Court of Appeal under the Military Service Act was held at Woodstock last Monday. Judge Wallace presiding. Seventeen cases were heard, and all the appeals were made by Oxford County farmers who previously had been granted exemption for farm work for an indefinite period. Judge Wallace announced that all exemptions were to be limited to November 30, provided, of course, that the applicants continued in the farming occupation. All applicants have the right to apply for extension of time. In this case they will have to write to the military authorities at London between the dates of October 1 and October 15.

The coal situation in Brantford is so critical because of the unequal distribution that the City Council declared on Monday night that it will commence distribution of one-ton lots from the civic piles. This action came as the result of the appeal of the Associated Kith & Kin represented by a large number of women who told of many cases of extreme hardship through inability to heat homes where there were small children.

Last week a Toronto traveller when in town on business purchased seventeen pairs of cashmere hosiery from a local merchant, stating that the price asked by the Barrie man was 50% less than he had to pay in the big departmental store in Toronto for precisely the same stocking. Scores of travellers are now making purchases in the small towns while on their trips finding that they can buy to much better advantage than they can in the big cities.—Barrie Examiner.

Murders His Five Children.

Moose Jaw, Sept. 18.—While his wife was at a picture show last night, William Bromley, driver for the Dominion Express company, murdered his five children by cutting their throats with a razor.

When his wife returned he refused to let her enter the house. After arguing on the doorstep for some time he told her to go to the police station with him and he would there let her know why he denied her entrance to the house.

They walked quietly to the police headquarters, the husband to all appearances being perfectly sane and the wife never dreaming of the tragedy. Arriving at the station Bromley stepped in front of the sergeant, saluted and calmly announced that he had slain his five and they had better lock him up. The sergeant was stunned. The wife fainted. Bromley alone was unmoved.

Policemen were rushed to the house. On a bed they found the five children lying on a blood-soaked mattress, their throats so badly cut that their heads were nearly severed from their bodies. Bromley is held at headquarters.

Dear Postage Stamp.

Deputy Post Office Inspector McLean was in town on Tuesday, prosecuting John Spole, of Culross for using a previously used postage stamp on a letter that had been cancelled on a Molson's cheque or note in some previous occasion. The defendant had written the Inspector saying that the stamp had been changed by some person who he did know. After much controversy, muddled statements, etc., the defendant was fined \$10.00 and costs by Mr. J. K. McLean, Justice of the Peace, which would bring the price of that two cent stamp up to \$15.—Teeswater News.

The Lloyd George Type

The one thing we all admire in Lloyd George is that we know where to find him. He acts definitely. He is no luke warm weakling. He fights on like our splendid boys are doing despite the 25,000 casualties since August 6th.

Are you doing your part as well? Have you taken your stand on the thrift question? Have you definitely decided that out of your good returns this year, you will lay by such-and-such an amount for a Victory savings account?

If you have done nothing in the matter you are not of this Lloyd-George type. You have heard the call to bring your dollars into the service of the country when she calls. And having heard, you have not acted. Make the decisive move now. Start the fund at once!

Died a Hero's Death.

Capt. A. H. Juckach writes home from France to Mr. J. C. Devlin of Hanover, describing the manner of the death of his son, Pte. Earl Devlin. The deceased soldier was a brother to Mr. John Devlin of Mildmay:—

France, Sept. 4, 1918.

Mr. J. C. Devlin, Hanover, Ontario.

Very sorry indeed to inform you of Earl's death. It grieves me very much even to have to write about it. I liked Earl not because he was from Hanover only, but because he was a good soldier and always willing and cheery. I went "over the top" the same morning with him but as luck or God would have it I was spared, with nine bullet holes through my clothing and steel helmet. I was nearly taken prisoner twice and if I had not been a little slippery he would have had me. We fought like fury; only about twenty of us against nearly 150 Germans but we drove them back finally and did something that day which the corps commander is very much pleased over. In fact, it was wonderful how the boys fought and what we did. It's the boys in the ranks I am proud of and proud to associate with every chance I get. Earl and I had good chats together, in fact he was in my lacrosse team when we won the Divisional Championship and he helped us to win a silver cup. Now his name is going to be on that cup and I will try and get it home to Hanover.

Well, Mr. Devlin, you can feel proud of such a son and hero as Earl was. I can't seem to believe it as yet, but it is too true. Do not grieve, but think of him as doing his duty nobly and honorably for a just cause and believe me I can answer for him and my first duty will be to avenge him, which I can do with God's help.

The uncertainty of life has been again impressed upon the community by the sudden death of Margaret Casemore, relict of the late Andrew Balfour of Turnberry. On Sunday she was driving over to her son Francis' home in Grey township, because of the death of his wife, and when returning, before reaching home she passed away in the buggy. Mrs. Balfour was the youngest of a family of eight and the last of the family to pass to the Great Beyond. She was a most highly esteemed lady and was in her 75th year.

The Canadian Ford Motor Co. is in receipt of several large war contracts to include several thousand "baby tanks" for the American government. The work is expected to furnish employment to a considerably larger number of men than are now employed at the plant.

Shorthorn Cattle Oxford Sheep.

Present Offering in Shorthorns:—Young Bulls from 8 to 10 mos. old, by same sire as Junior Champion, Female, at Leading Canadian Fairs, 1915. In Oxfords:—Choice Ram Lambs by Imported sire.

JAS. G. THOMSON

Shorthorn Cattle.

Winners of the Silver Medal at the Northern Exhibition for the past three years. Choice young stock of both sexes hand on hand.

H. H. Pletsch

R. R. NO. 1, CARLSRUHE

Lot 13, Concession 13, Carrick.

DR. L. DOERING

DENTIST MILDMAV.

HONOR Graduate of Toronto University Licentiate of Dental Surgery, and Member of Royal College of Dental Surgeons of Ontario has opened his offices next to C. Seaburter's, Mildmay. Entrance on Main Street. All the latest methods practiced in Ontario. Ladies Ayton every first and third Saturday, Clifford every second and fourth Saturday, and Neustadt every second and fourth Tuesday of each month.

J. A. WILSON, M. D.

PHYSICIAN AND SURGEON

HONOR Graduate of Toronto University Medical College, Member of College of Physicians and Surgeons of Ontario. Office and Residence—Bloor Street North MILDMAV.

Tax Sale of Lands.

Notice is hereby given as directed by the Assessment Act, R.S.O. 1914, Sec. 149, s. 1. That a sale of lands for arrears of taxes will be held at the hour of twelve o'clock noon, at the Council Chamber in the County Building, in the town of Walkerton, on Friday the twenty-fifth day of October, A. D. 1918. When there will be offered for sale by public auction, unless the taxes and charges are soon paid, the following described land in the—

TOWNSHIP OF CARRICK Taxes and Charges S. E. 3 acres of Lot 14, Con. 15. \$82.32

A complete list of the lands in the County of Bruce to be sold for arrears of taxes is published in the "Ontario Gazette" on Friday, July 20th, to August 10th, 1918 inclusive, and in the "Canadian Echo" (Walkerton) in its issues of July 24th to October 19th, 1918. A copy of which list may be obtained on application from the undersigned.

If an Adjourned Sale be required it will be held on Friday, November 9th, next at the above mentioned place and hour.

Norman Robertson, Treasurer of the County of Bruce. Dated at Walkerton, October 1st, 1918.

The Road to Independence

Trouble comes to all of us at one time or another.

The man with a snug bank account, is fortified against the "slings and arrows of outrageous fortune".

It is the duty of every man to lay aside something for the inevitable rainy day.

Open a Savings Account today—and take your first step along the road to Independence.

THE MERCHANTS BANK

Head Office: Montreal, OF CANADA Established 1864.
MIDDMAY BRANCH, A. C. WELK, Acting Manager.
HANOVER BRANCH, J. H. ADAMS, Manager.
WALKERTON BRANCH, W. A. BURROWS, Manager.



Seeing is Knowing

The glass oven door and the oven thermometer on the Pandora Range make baking an exact, absolutely controlled operation.

You can see precisely how the oven is working—how fast or slow.

For Sale By--
Liesemer & Kalbfleisch

McClary's Pandora Range

London Toronto Montreal Winnipeg Vancouver
St. John, N.B. Hamilton Calgary Edmonton Saskatoon

RECEIVING WAR CROSS



The patriotic spirit and devotion with which Canadian women have so far performed their service work and made sacrifices has never been equalled in the history of any country. Mothers, wives and sisters support this burden with strength and fortitude. But those who are already miserable from the complaints and weaknesses which are so common to women, should take the right temperance tonic for the womanly system.

If a woman is borne down by pain and sufferings, by nervousness or dizzy spells, by headache or backache, "Favorite Prescription" should be taken. It can now be had in tablet form as well as liquid at most drug stores. Send to Dr. Pierce's Branch at Bridgeburg, Ont., for a 10c trial pkg. of tablets.

For fifty years Dr. Pierce's Pleasant Pellets have been most satisfactory in liver and bowel troubles.

Windsor, Ont.—"Dr. Pierce's Favorite Prescription made a new woman of me. For about six years I suffered with woman's trouble during which time I became all run-down, weak and nervous. I would have severe backaches and pains in my side. I doctored with the doctor but did not get cured of my ailment and was so bad that I could scarcely walk across the floor when I began taking the 'Prescription.' When I had taken two bottles I was much improved and after four bottles completely cured me, and I have enjoyed better health than I ever did before taking this medicine. It is truly a wonderful medicine for women."—Mrs. Martha Mulcaister, 4 Albert St.

According to newspaper reports the old timeworn custom of giving indiscriminate Christmas boxes at Yuletide is to be abolished in a good many cities of the United States. The only ones to receive the blessings of Santa Claus will be the children. The money that would otherwise be wasted in the habit of barter and exchange will go to buy comforts for lads in khaki. It is a good idea and should be taken up by the whole continent. Christmas giving has grown in a good many cases to be a curse instead of a blessing. If anybody in this universe is deserving of a little remembrance at Christmas it is the boy "over here."

Soils and Crops

By Agronomist.
This Department is for the use of our farm readers who want the advice of an expert on any question regarding soil, seed, crops, etc. If your question is of sufficient general interest, it will be answered through this column. If stamped and addressed envelope is enclosed with your letter, a complete answer will be mailed to you. Address Agronomist, care of Wilson Publishing Co., Ltd., 73 Adelaide St. W., Toronto.

Beware of Frosted Clover.
Caution should be exercised in pasturing red clover after its growth has become checked by frost. Because many farmers have given their horses and cattle free range of clover fields after hard frosts in the fall without injury it is difficult to convince them that it is dangerous to utilize this tempting feed. There are many prudent farmers, however, who, knowing the danger of pasturing frosted clover will not permit horses, cattle or sheep to graze on it. If they do not fear injury to the animals they have learned from observation and experience that there is no sure means of injuring a good stand of clover than to allow stock to graze and trample it down. Even though the frosted clover does not quickly injure the animals that graze on it there is such certainty of injury to the clover plants that it is poor economy to let the stand become injured in the effort to find nourishment from feed of doubtful value.

The extent of injury and time required for it to become known is sure to vary with the condition of the animals given access to the frosted crop. The stock may have a regular ration of roughage and grain at the barn and no visible derangement of the stomach or bowels result, but this proves nothing as to the value of the frosted clover. It merely proves that under certain conditions it is not deadly, and may be used with impunity. But when animals have no other feed than frozen clover we have conditions that will be followed by derangement of digestion, which may be evident from forms of colic and acute indigestion, followed in due course by scours, constipation or severe inflammation of the bowels. Science has been unable to explain just how frost affects the digestibility of clover plants. But we do know that when frost gets in its work, the aroma, the juices and the gums change and eventually disappear, leaving only the skeleton or woody fibre. There is a rapid passing of the plant from its perfected growth back to earth and atmosphere, where it originally came. The feeding value of the plant declines rapidly as these nutritive juices and gums change or are dissipated.

The clover plant in full maturity not only contains the largest per cent. of nutrients, but it contains them in the form and quantity best suited to the requirements of the animal's digestive system. All departures from this perfection of feeding value tends to depreciation until it arrives at a point of decomposition, when it is no longer fit for food. The freezing of an immature, succulent plant throws the juices to the surface and as they carry off the gums and sugars, they are soon washed off or change into compounds so as to leave the plant reduced in palatability and digestibility. It is poor economy to make horses, cattle and sheep try to digest plants that carry so little nutritive value, especially when his effort at economy is sure to result in injury to the succeeding crop of clover, and probable injury to the animals.

The Care and Preparation of the Farm Buildings for the Housing of Live Stock for the Winter Months.
This is the season of the year when every farmer should be considering the putting of his farm buildings in the best shape possible for the winter housing of his live stock, that is (1) in regard to cleanliness, (2) light, (3) ventilation and (4) warmth.

First—The farmer should see that all dirt and cobwebs that may have accumulated through the summer are swept down and a good coat of white-wash applied with a certain amount of disinfectant, such as is used on all farms, added to the white-wash, in order to eliminate as much as possible any disease which may be present.

Second—See that there are as many windows as possible in your buildings and that the glass is tight in all of them, for there is no better preventive of disease than plenty of light. If it is not possible to have double windows for all your stables be sure to use what you have on windows on the north side in order to conserve heat.

Third—Ventilation is one of the most important things in live stock industry, and unfortunately, one that there is not enough stress laid upon, for without proper ventilation, it is practically impossible to get the good, healthy development and benefit from feed consumed that we should have in our live stock.

Fourth—It is also very important to see that all boarding is tightly nailed down and all cracks closed in order to keep as uniform a temperature as possible and prevent drafts which are very detrimental to our live stock at certain times.

The Experimental Farm system is pleased at all times to forward bulletins of farm buildings, ventilation, etc., also answer questions and help prepare plans of such buildings as may be required on your farms.

If it is natural for the cow to give milk right up to the time for dropping her calf, it will mean a detriment to her if she is checked in the milk flow. If her natural course is to go dry, it will mean a deranged system if she is forced to produce milk.

Beekeeping With a Capital "B".
Too much emphasis can not be placed upon the importance of giving the colonies a thorough overhauling during early October, so that they will be in good shape for winter. It is far better to build them up strong now and see that they have ample stores for winter than to try to feed them in cold weather, along in November.

In some localities goldenrod, aster and buckwheat furnish abundant forage for bees during September and October. It is astonishing how much nectar the colonies will store from the fall bloom even where in some instances they have secured practically nothing from the early flow. This is evident where buckwheat is extensively grown.

Go over every colony as early as possible in October, and where one is lacking strength, give it some frames of sealed brood from stronger ones. When needed, some frames full of sealed honey may be transferred.

Bees that go into winter quarters with an abundance of honey are usually the ones that winter well. They need no feeding in the spring, for at that time they have sufficient stores with which to rear much brood for the early flow from the clovers.

It is best to strengthen the colonies with both bees and stores while the weather is warm.

No Skirt Hanger.
Fold the skirt directly in the middle of the front and back breadths, then fold again, keeping the band even. Run a long hatpin through the band and slip the pin over a hook or nail.

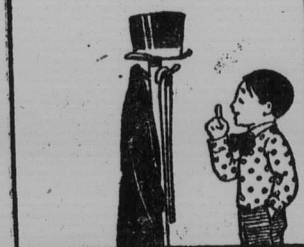
"It is not Love that gives the clearest sight,
For out of bitter tears—and tears unshed—
Riseth the rainbow of sorrow overhead
And 'neath the rainbow is the clearest light."

Where silos are carefully filled, so that all air is excluded, there will be little trouble or loss from mould.

You can't eat wheat and ship it.

FUNNY FOLD-UPS

CUT-OUT AND FOLD ON DOTTED LINES.



HERE'S PAPA'S COAT AND HAT. OH GEE! I WONDER HOW THEY'D LOOK ON ME! THE COAT'S A LITTLE LARGE, YOU SEE. I DON'T KNOW HOW THE HAT WILL BE!



Nest Boxes For The Birds.

Before the leaves fall is the best time to choose the spots where the new nest-boxes are to be hung. If this is left until Spring they must be up before the leaves are out of the way if they are to be in time for the occupants, and it is then very difficult to tell whether the spot chosen will be too shaded when the foliage has grown.

Possibly, however, the most important thing to consider first is the importance of these nest-boxes. So many have said: "We cannot stop to think about birds in war time." If one would stop to consider one would realize that the war has made the protection of birds all the more important. Innumerable instances might be given of the good they have done in saving crops from destruction by insects. Perhaps what would seem just now the most timely benefit is their lessening the need for spraying and much of the spray material is used for various war purposes.

One of the best authorities on birds has made the statement, after very careful observations, that if it were not for vireos, warblers, chickadees, kinglets, wrens and nuthatches, the insects destroyed by these small birds would quickly destroy our forests and set at naught the best work of the fruitgrower. The bluebird also has an excellent record as an insect destroyer, and of this bird a noted scientist has said: "One hundred bluebirds at even thirty insects a day (and they would devour many more) would eat in eight months about seven hundred and sixty thousand insects. If these birds were destroyed or driven away the result would be the preservation on the territory where these birds would have nested of about seventy thousand moths and caterpillars (a large proportion of these cutworms), twenty thousand leaf hoppers, ten thousand curculios, and sixty-five thousand locusts and grasshoppers. What injury such a horde of insects could bring to the farms and gardens! And the bluebirds, the destroyers of those pests fatal to our vegetable life; can be attracted to any spot by suitable nest-boxes hung in suitable places and protected from dangers. Is it not time well spent?"

Many of the small birds that work among the trees literally saving our forests every year can also be attracted by suitable nest-boxes. The natural home of the chickadee and the nuthatch is a hollow tree, not an easy thing to find about most orchards now, but a nest-box made out of an old log with an egg-shaped oval scooped out is almost sure to attract them. As to the invaluable little wren almost any sort of a nest-box will satisfy it, and no tenant will pay better rent for the value received.

A Prayer for the World's Rebuilders.
We send them off to school again to-day,
This cool September morning.
All the street
Is musical with patter of small feet
And little, shining faces all the way
Seem wayside posies for our smiles
to greet.

I wonder if they ever guess or know
With what strange tenderness we
watch them go?
Just children on their way to school
again?
Nay, it is ours to watch a greater
thing—
These are the World's Rebuilders,
these must bring
Order to chaos, comforting to pain,
and light in blasted fields new fires
of spring.

Dear Lord, Thy childish hands were
weak and small,
Yet had they power to clasp the
world withal,
Grant these, Thy little kindred,
strength as true—
They have so much to learn, so much
to do!

When you buy Shoes look for—
—this Trade-mark on every sole

GOOD HEALTH QUESTION BOX

By Andrew F. Currier, M.D.

Dr. Currier will answer all signed letters pertaining to Health. If your question is of general interest it will be answered through these columns; if not, it will be answered personally if stamped, addressed envelope is enclosed. Dr. Currier will not prescribe for individual cases or make diagnosis. Address Dr. Andrew F. Currier, care of Wilson Publishing Co., 73 Adelaide St. West, Toronto.

The Sin of Quackery.
There is a class of men calling themselves doctors and hanging out their sign as such, who pose as specialists in certain disorders which are very common among young men, but are not nearly so serious in the majority of cases as they are represented to be.

They also, as I have very good reason to believe, find diseases, particularly in the sexual organs of young men, which do not exist.

But because they impose upon these young men and tell them they have serious, exhausting and perhaps fatal diseases, they frighten them beyond measure and extort from them large sums of money.

When they have drained their victims of their pecuniary resources their interest in their welfare ceases. If a rejected young man can possibly raise more money he may be taken in by another sharper of the same kind.

When his money is all gone he perhaps awakens to the consciousness that he has been duped, and he is fortunate if he at length realizes that there is not and never has been anything serious the matter with him, and goes about his business with less and less worry about imaginary ailments and their serious significance.

I am not now referring to the venereal diseases, those are certainly as bad as they can be painted, and there is a class of quacks which feast and fatten upon them, they may or may not be distinct from those to whom I have been referring.

I have many times received letters from the victims of the quacks and charlatans to whom I am calling attention, asking me to advise them.

One of these bearing the essential marks of genuineness was from a man who said he was 23, was in great distress of mind and body and had been told by a so-called doctor whose name and address he gave, that he was suffering from varicose veins and disease of the prostate gland.

This quack got \$40 out of him for three months treatment, he then told me he must have \$75 for an operation, but as the patient did not have the money he was obliged to dispense with the operation.

To sum up he had paid \$200, up to the time when he wrote me, was then out of work, was suffering unbearable pain, as he said, and begged me to tell him where he could have an operation performed to be paid for when he could get work.

Of course with this man and with many others who have written similar letters the disease was mainly in his mind.

He had been imposed upon by a series of advertising quacks, he imagined he was suffering and every time he visited one of the quacks fuel was added to the flame.

Varicose veins may come to anybody but that they should cause such dire distress as was depicted in the literature which this poor victim sent me, while conceivable, is possible only in rare instances.

The story was a fraud and an imposition. The other disease, while possible in a man of 23 is almost exclusively confined to advanced life.

The medicines which these men give are probably the least harmful part of their treatment. It is more than likely that their only value is in their appeal to the imagination.

If they were to deal with powerful drugs, the drugs would be too expensive and they might do serious harm to the victim which would hurt the sharper's business in either case.

That such men should perform surgical operations when operations are not called for or required is one of the causes for the disrepute of legitimate surgery among large numbers of people.

It has led to mutilations and disfigurements and loss of function in countless cases which were entirely inexcusable.

Two hundred dollars of the earnings of a clerk or book-keeper or professional man means a good deal of money, and to throw it away in this fashion is worse than speculation in stocks. It would be well if every community where this evil abounds would take pains to get rid of it.

The Origin of Conscription.

The Athenians had a mode of universal military training more like that of modern Europe than were most of the other military training schemes of the ancient world. Every Athenian youth was compelled to do two years of garrison duty at Piræus, the Port of Athens.

If You Want the Highest Market Prices
Ship all your
RAW FURS
to us—no matter what quantity
We guarantee satisfaction and pay all express charges
ABBEY FUR COMPANY LOUIS ABINOVITOH
Manager
(In business for 30 years) MONTREAL, P.Q.
310 ST. PAUL ST. W. Reference, Bank of Hochelaga, St. Henry, Montreal.

WANTED POULTRY, EGGS and FEATHERS
Highest Prices Paid
Prompt Returns—No Commission
P. POULIN & CO.
89 Bonaventure Market - Montreal

The Gentle Rebuke.
When a wealthy man who was stopping at a Florida hotel neglected to inquire the hotel rates, the proprietor took advantage of the oversight, and at the guest's departure presented an exorbitant bill. The guest, however, paid without a murmur. Then, he said, as he folded up the receipt in his wallet: "By the way, have you any two-cent stamps?" "Yes, sir," said the proprietor, "How many would you like?" "Well," answered the guest, cautiously, "how much are they apiece?"

Neither France nor Italy could continue the war without British coal.

WANTED POULTRY
of all kinds.
Better quality preferred.
Write for prices.
STANFORD'S, Limited
125 Mansfield St. - Montreal

TRAPPERS AND BUYERS WRITE FUNSTEN FOR FREE
Market Reports, Supply Catalog, Game Laws, Trappers Guide & Shipping Tags
This is going to be one of the biggest years for trappers and fur shippers ever known. More furs needed—fewer men to trap. Get ready early for big money. Look over your traps and supplies now. Get our FREE BOOK—Supply Game Laws and Trapping Secrets—all three in one book. Shows furs in natural colors. Factory prices on traps, smokers, etc. Write today—sure!
FUNSTEN BROS. & CO.
of the International Fur Exchange
228
Funsten Bldg.
St. Louis, Mo.

Correct style worn by well dressed young men in all localities. Lace boot—medium narrow—wide toe, low heel—made in black, tan or patent calf. Price, \$7.00 to \$10.00.
Style—Plus Service at a Fair Price
THE style illustrated above is one that is largely preferred by Canadian business men—especially young men. It has the medium long vamp and narrow, somewhat pointed toe which gives the foot a slim and "dressy" appearance, without being extreme in style. Those who like this type of shoe will find it thoroughly satisfactory in fitting qualities and a comfortable easy shoe to walk in.
This style can be obtained in several grades of black and tan. The price range—\$7 to \$10—considering the present leather market, is extremely moderate.
Next spring a shoe of the same wearing qualities will cost from ten to twenty per cent more. It would cost more now except for the fact that the resources of this company enable us to cover our needs well in advance.
A.H.M. War-Time Selections offer special Service Value for Men, Women and Children. Ask your dealer for them.
AMES HOLDEN McCREADY LIMITED
"Shoemakers to the Nation"
ST. JOHN MONTREAL TORONTO WINNIPEG EDMONTON VANCOUVER
When you buy Shoes look for——this Trade-mark on every sole

WHY NOT BE A MECHANIC IN THE ROYAL AIR FORCE?

Have You Mechanical Ability?
Can You Drive a Car?
Can You Handle Horses?
Are You a Good Clerk?
Do You Understand Gasoline Engines?

A GOOD OPPORTUNITY

is here offered for men in Medical Category "B" who are under the M.S.A. and for men who are not under the M.S.A., to work in the flying fields, workshops and offices of the Royal Air Force in Canada. No other branch of the Service offers the possibilities for improvement that is obtained by ambitious endeavor in Royal Air Force work. It is a big opportunity to serve the Allied cause, in congenial and healthy surroundings, and in instructive and interesting work.

SKILLED AND UNSKILLED MEN NEEDED

If you are skilled in a R.A.F. trade, you will be given the opportunity to work at it; if you are unskilled, you will have the chance to make yourself proficient in some branch of work that will be of benefit to you when you return to civilian life.

APPLY PERSONALLY OR BY LETTER
OFFICER IN CHARGE TRADE TESTS, R.A.F.
COR. GEORGE & DUKE STS., TORONTO

THE CAMPAIGN IN THE HOLY LAND

CHRISTIAN GOVERNMENT IN-
STEAD OF MOHAMMEDAN

The Sacred Places of the World Are
Being Restored by Our Valiant
British Troops.

After centuries under the rule of the murderous Turk, Palestine is almost entirely under Christian government, with the latest striking successes of the British forces. The capture of the towns and cities in that country recalls the historical importance given these places in the story of the life of Jesus Christ.

Palestine is a strip of land 160 miles long and from 70 to 90 miles broad, lying between Mesopotamia and Egypt. It was included in the district called Syria by the Greeks and Esh-Sham by the Arabs. It has an area of about 12,000 square miles, and the population is about 1,000,000. On the northwest frontier beyond Mount Taurus was the very different civilization of Asia Minor, and from that quarter the Hittites poured into Palestine. The Assyrians menaced it from the east. Sometimes, too, the Ethiopians came from the far south. Of all these empires, Palestine remained the battlefield from the very earliest dawn of history down to 500 B.C. In ancient times the high-roads from the Nile to the Euphrates, from the Levant to the Red Sea and the Persian Gulf, ran through Palestine; over them came most of the trade between India and Europe, and this lasted far into the Middle Ages.

The brokenness of the land and especially the mixture of hill and plain, have had obvious effects on the history of the country. Palestine has always been a land of petty populations. There is found there all kinds of climate, of soil and of products. There is rich valley land feeding husbandmen, and not far from its steep mountain sides, or the barren desert, giving life to none but shepherds. There are the great plains fit for cavalry and chariots, and the mountain ranges that train only infantry and guerilla warriors.

Products of Palestine.

The country in recent years has been cultivated with diligence, and yields cereals, lentils, sesame and maize, and such fruits as olives, figs, dates and oranges. Wine is made successfully, and cotton in the

evolution of the fruit jar.

any corn lifts out, doesn't hurt a bit!

When you suffer from rheumatism, almost any man will tell you that Sloan's Liniment means relief.

For practically every man has used it who has suffered from rheumatic aches, soreness of muscles, stiffness of joints, the results of weather exposure.

Women, too, by the hundreds of thousands, use it for relieving neuralgia, lame backs, neuralgic sick headache, clean, refreshing, soothing, economical, quickly effective. Say "Sloan's Liniment" to your druggist. Made in Canada. Get it today.

Sloan's Liniment Kills Pain

Minard's Liniment Cures Burns, Etc.

Keep your shoes neat with 2 in 1 shoe polishes.

Cuticura heals pimples on face that itched and burned, scratched constantly.

Why Vegetables Cost More.

Why the Crops Failed.

He Preferred Ann.

Prayer Before Battle.

Power and lightness of limb.

Feeding the Baby.

Theory and Practice.

Money Orders.

How to Pronounce It.

It appears that even French people have felt some hesitation as to how the name of the French generalissimo should be pronounced.

William came rushing in from business the other day, excitedly waving a paper above his head and crowing with delight.

"Oh, I thought you had some good news of the Western Front!" said the father, disappointed. "That's the place near Jerusalem, isn't it?"

GERMANS SHUFFLE THEIR FOOD CARDS

BREAD TICKETS NECESSARY
WHEN LEAVING HOME

Envy the Simplicity of Japanese System as Compared with Elaborate Teuton Card Scheme.

In Germany rationing and "cards" are most integral necessities of every day life. Existence without cards would be out of the question. A German before leaving the house looks over his stack of cards and makes certain they are all in the right place. Men would sooner go out without a cane than without a bread card, which is saying a great deal, considering German habits. So the Germans look upon a land without rationing cards as a realm of fiction. German newspapers at present print stories showing the strange difference between Germany and cardless Japan.

While in Germany the housewife must strain her ingenuity in order to keep within the allotted rations of meat, bread, milk and butter, the women of Japan live a life free from care. For these women of Japan do not know any of these foods which we call necessities of life. A Japanese woman never tastes butter unless she visits Europe or America. Bread is unknown in Japan. Milk is considered an abominable drink, just about good enough for those detested foreigners. Meat is very rare and costly. Consequently it does not figure on a Japanese bill of fare. A market in Japan looks entirely different from one in Europe.

The people of Japan consume more fish than any other nation. Fish therefore are very plentiful in all the market places. The Japanese eat fresh water and salt water fish. Japan's mountain lakes are supplying a wealth of fresh water fish. The number of dishes consisting of fish is enormous. They are fried, boiled, roasted, steamed, baked, grilled and cooked in cabbage leaves. They are cooked whole and in slices. Served with soya, fish is considered an exquisite dish.

Besides fish the Japanese are fond of eggs and vegetables. In this field again the Japanese kitchen excels in a vast variety of dishes. Some sea plants are baked in the oven and eaten. Beans are cooked in soup, which serves as a sort of milk to the Japanese. Porridge of beans is the common diet of the Japanese peasant. Rice is rather expensive, and the Japanese are looking upon it as a Sunday and holiday dish. Tea and rice wine are the customary drinks in Japan. And thus 60,000,000 of people are living, say German newspapers, without knowing anything about rationing.

Caning was invented by a Frenchman a Century Ago.

It is only a little more than a hundred years since the fruit-jar came into use and now it would be hard to place one's finger on a spot where it is not in common use. In the olden days the way to keep fruit and vegetables was to dry them or put them away in sugar or salt.

With the canning fever at its height at present it is interesting to note that the invention of canning is credited to Nicholas Appert, a Frenchman, who lived in the time of Napoleon Bonaparte and was given 12,000 francs by the Emperor for his work. His method was to put the food to be preserved in glass jars, set them in boiling water, heat thoroughly and then seal. England quickly took hold of the idea and utilized it for her own purposes. About 1815 Ezra Dargert introduced in the United States the process for canning salmon, lobsters and oysters. Gradually this extended to pickles, jellies and sauces.

And now? Well, everyone knows what canning is now! If Nicholas Appert were to come to life and to visit some of the busy community canning centres of the average kitchen in Canada on an August day, he would be surprised to see what he had started.

If we are to judge by the stories that appear in the papers, all the fishermen are cultivating war gardens, and exercising their well-known powers of imagination and exaggeration on the fruits of their labors.

In a railway train, the conversation turned to gardening.

"I guess," said Johnson, "none of you ever saw such parsnips as I grow last year. Why, do you know, I had to hire a steam derrick to get them out of the ground."

"Talking about parsnips," said Perkins, meekly, "reminds me of some I once grew out west to try the effect of a patent fertilizer my brother had discovered. The result was astonishing. Those parsnips for size easily beat all records, and just now for the root penetrated the earth we could only guess. But to our disappointment the plants suddenly sickened and died."

"That certainly was a pity," said Johnson, sarcastically. "What was the matter with 'em. Outgrew their strength, I suppose?"

"Well," replied Perkins, calmly, "we found out afterwards; it was because the end of the roots had been eaten off by the rabbits in Australia."

The Weekly Fashions



An apron is always an essential in the wardrobe of the little girl. McCall Pattern No. 8490, Child's Apron. In 5 sizes, 2 to 10 years. Price, 10 cents. Transfer Design No. 891. Price, 10 cents.



Featuring the new long waistline in a simple style. Buttoning at the centre-back. McCall Pattern No. 8512, Misses' Dress. In 3 sizes, 16 to 20 years. Price, 20 cents. These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Toronto, Dept. W.

ANY CORN LIFTS OUT, DOESN'T HURT A BIT!
No foolishness! Lift your corns and calluses off with fingers — it's like magic!

Sore corns, hard corns, soft corns or any kind of a corn, can harmlessly be lifted right out with the fingers if you apply upon the corn a few drops of freezone, says a Cincinnati authority.

For little cost one can get a small bottle of freezone at any drug store, which will positively rid one's feet of every corn or callus without pain.

This simple drug dries the moment it is applied and does not even irritate the surrounding skin while applying it or afterwards.

This announcement will interest many of our readers. If your druggist hasn't any freezone tell him to surely get a small bottle for you from his wholesale drug house.

Punishment to Fit the Case. During recent manoeuvres a captain called one of his sergeants one day and said, "Sergeant, note down Private Bates, one day on bread and water for slovenly turnout on parade."

"Beg pardon, captain," responded the sergeant, "but that won't make any difference to Bates. He's a vegetarian."

"Then," said the captain, "keep him one day on meat and soup."

Minard's Liniment Co., Limited.
Gents.—A customer of ours cured a very bad case of distemper in a valuable horse by the use of MINARD'S LINIMENT.
Yours truly,
VILANDIE PERKINS.

He Preferred Ann.
"Mamma," said six-year-old Henry, "you should let Ann put up my lunch instead of doing it yourself."
"Why, Henry," she replied, "it's no trouble, and I'd just as soon do it myself."
"Yes, I know," he said, "but Ann always puts more up."

Minard's Liniment Cures Dandruff.

Prayer Before Battle.

With the fire and flames of youth,
With the lust of brawn in the fray,
With trust in my cause, in its truth
Endow me to-day;
That I may fight like a man,
And conquer if I can,
Nor die ere I slay!

With a good sword sharp and swift,
With a sword that gleams in its sway,
With a sword, Ithuriel's gift
Gird me to-day;
That I may fight like a man,
And conquer, if I can,
Nor die till I slay!

Power and lightness of limb,
Mind that is locked to the small,
These gifts I ask of Him,
Creator of all,
That I may fight as a man,
And conquer if I can—
Nor moan if I fall.

LEMONS MAKE SKIN WHITE, SOFT, CLEAR

Make this beauty lotion for a few cents and see for yourself.

What girl or woman hasn't heard of lemon juice to remove complexion blemishes; to whiten the skin and to bring out the roses, the freshness and the hidden beauty? But lemon juice alone is acid, therefore irritating, and should be mixed with orchard white this way. Strain through a fine cloth the juice of two fresh lemons into a bottle containing about three ounces of orchard white, then shake well and you have a whole quart of skin and complexion lotion at about the cost one usually pays for a small jar of ordinary cold cream. Be sure to strain the lemon juice so no pulp gets into the bottle, then this lotion will remain pure and fresh for months. When applied daily to the face, neck, arms and hands it should help to bleach, clear, smoothen and beautify the skin.

Any druggist will supply three ounces of orchard white at very little cost and the grocer has the lemons.

Feeding the Baby.

The very prosperous-looking gentleman stopped and permitted the very pretty girl to fasten a carnation in his buttonhole. Then he handed her a quarter.

"What is this for?" he asked.
"You have fed a Belgian baby," was the reply.

"Nonsense," said the other, adding a \$5 bill to the contribution, "you can't do it. Here, take this, and buy a regular meal for the baby."

Minard's Liniment for sale everywhere.

Theory and Practice.

The professor at the engineering college was in a bad temper, and the constant inattention of the students did not improve his geniality.

"Now, Phippin," he suddenly exclaimed, addressing a languid youth, "how would you set about determining the height of a building, using an aneroid barometer?"

"Well, sir," replied Phippin, "I would lower the barometer by a string and measure the string."

MONEY ORDERS.

Buy your out-of-town supplies with Dominion Express Money Orders. Five Dollars costs three cents.

How to Pronounce It.

It appears that even French people have felt some hesitation as to how the name of the French generalissimo should be pronounced. Foch with a soft or hard termination. The question has been asked in the columns of newspapers and has received diametrically opposite answers. But there should be no further hesitation now that it is known that the general pronounces his own name with a soft ch in Hoche. The Foch family is native of Tarbes and in that part of the country ch is always soft, as in the town of Auch, the river Buech, etc.

Minard's Liniment Cures Burns, Etc.

Jericho!

William came rushing in from business the other day, excitedly waving a paper above his head and crowing with delight.

"Father," he cried, "it says in tonight's paper: 'Whole German Army in Jeopardy!'"

"Oh, I thought you had some good news of the Western Front!" said the father, disappointed. "That's the place near Jerusalem, isn't it?"

WHEN YOU SUFFER FROM RHEUMATISM

Almost any man will tell you that Sloan's Liniment means relief

For practically every man has used it who has suffered from rheumatic aches, soreness of muscles, stiffness of joints, the results of weather exposure.

Women, too, by the hundreds of thousands, use it for relieving neuralgia, lame backs, neuralgic sick headache, clean, refreshing, soothing, economical, quickly effective. Say "Sloan's Liniment" to your druggist. Made in Canada. Get it today.

Sloan's Liniment Kills Pain

Minard's Liniment Cures Dandruff.



The Last Syllable.

The drill sergeant came from Bonnie Scotland, and well the men knew it. Many of them thought that an interpreter was an absolute necessity when he was giving orders, but the limit was reached one morning when he gave the following instructions:

"Richt turr-rrn by numbers, and mind ye don't move till ye hear the last syllable of the word turr-rrn!"

Minard's Liniment Relieves Neuralgia.

Keeping Roses Longer.

Split up the stems for a distance of an inch or two before putting them in water.

AGENTS WANTED

PORTRAIT AGENTS WANTED
good prints. Finishing a specialty. Frames and everything at low prices. United Art Co., 4 Brunswick Ave., Toronto.

WANTED

BAILED HAY. QUOTE DELIVERED.
Bothwell, Ontario. Reid Bros., Bothwell, Ontario.

FOR SALE

WELL-EQUIPPED NEWSPAPER and job printing plant in Eastern Ontario. Insurance carried \$1,500. Will go for \$1,250 on quick sale. Box 68, Wilson Publishing Co., Ltd., Toronto.

WEEKLY NEWSPAPER FOR SALE
in New Ontario. Owner going to France. Will sell \$2,000. Worth double that amount. Apply J. H. Co. Wilson Publishing Co., Limited, Toronto.

MISCELLANEOUS

CANCER, TUMORS, LUMPS, ETC.
Internal and external. Cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.



KEEP YOUR STOVE BRIGHT
BLACK KNIGHT STOVE POLISH

Will not burn Easy to use.

SELDOM SEE
a big knee like this, but your horse may have a bunch or bruise on his ankle, hock, stifle, knee or throat.

ABSORBINE
TRADE-MARK REG. U.S. PAT. OFF.

will clean it off without laying up the horse. No blister, no halter gone. Concentrated—only a few drops required at an application. \$2.50 per bottle delivered. Describe your case for special instructions and Book B free. ABSORBINE, JR., the medicated liniment for man and horse, reduces Painful Swellings, Enlarged Glands, Wens, Bruises, Varicose Veins, allays Pain and Inflammation. Price \$1.25 a bottle at drug stores delivered. Liberal trial bottle postpaid for 10c.

W. F. YOUNG, P. O. Box 518, Lyons, Ont., Montreal, Can.

KEEP YOUR SHOES NEAT
2 IN 1 SHOE POLISHES
LIQUIDS and PASTES
BLACK, WHITE, TAN, DARK BROWN OR OX-BLOOD SHOES
PRESERVE the LEATHER
THE F. D. LLOYD CORPORATION, 100, MARKET ST., TORONTO, CANADA

Cuticura Heals Pimples on Face

That Itched and Burned, Scratched Constantly.

"I had pimples and blackheads on my face which were caused by bad blood. They came to a head and were hard and red causing disfigurement for the time being. They itched and burned so much that I constantly scratched and made them worse."

"I sent for a free sample of Cuticura Soap and Ointment, and afterwards bought more. Now I am completely healed." (Signed) Miss Josephine A. Wetmore, 25 Sheriff St., St. John, N. B., Aug. 10, 1917.

Keep your skin clear by using Cuticura for every-day toilet purposes.

For Free Sample Each by Mail address post-card: "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

FD. 7 ISSUES 40-18

Saves Time, Worry and Waste
and a lot of discomforts when the morning cup is
INSTANT POSTUM
rather than tea or coffee
Postum is free from caffeine, is made in moment, is delicious, and the one of table beverage economy.
For a change try
INSTANT POSTUM

If You Drink Coffee, Drink Good Coffee.

You don't ever need to be in doubt about the Coffee you drink.

You can be as sure of it as you are of your bread and sugar.

We wish to tell you that this store keeps all its coffee grades right up to the mark always.

Our blends never vary from one year's end to the other.

So that to have coffee that is always uniform in every particular, all you need to do is to ALWAYS GET IT HERE.

We have grades and blends to suit every taste.

Roasted Rio	30c
Golden Rio	35c
Star Blend	40c
Capital Blend	45c
Rideau Hall	55c
Club House	60c

If you wish to have it ground, we will grind it with-out extra charge.

At the Sign of The Star.

The Store of Quality.

J. N. Scheffter

Terms—Cash or Produce.

LIVE STOCK MARKETS TORONTO.

Whether owing to peace rumors, or the heavy local Ontario and western receipts the cattle trade on the Union Live Stock Exchange yesterday was very unsettled, accompanied in nearly all classes by a sharp decline. The receipts were in the neighborhood of 5000 head and added to these the local packing houses on Friday and Saturday received heavy western consignments.

Yesterday's receipts were made up largely of ordinary cattle, and steers, with weight, fat and quality, sold probably 20c to 40c lower; heavy stockers and feeders, 50c lower, and other grades of cattle might be quoted 50c to 75c lower. The possible exception to this was good butcher cattle, and these did not suffer to a corresponding degree.

Trade was slow and quite a number of cattle remained unsold at the close of the exchange. Good milkers and springers are selling high, and bologna bulls are holding about steady.

The run of sheep and lambs was 2020 choice lambs selling at from 16 1/2c to 17 1/2c; light sheep, 12 1/2c to 14c; heavy fat sheep and bucks, 10c to 12c, with trade none too good at these prices.

Choice calves, 16 1/2c to 17 1/2c; medium calves, 11 1/2c to 15c; grassers and common calves, 7 1/2c to 10c. The run 448.

The run of hogs was 1393, and the price 19 1/2c fed and watered, with the packers quoting 18 1/2c or 90c lower for today.

Deemerton Separate School.

Sr. IV—Irene Arnold, Bernard Kocher, Clemens Goetz.

Jr. IV—Joseph Huber, Philip Erwein, John Goetz.

Sr. III—Edna Kocher, Annie Stroeder, Loretta Kuenneman, Elmer Weber, Melinda Niesen.

Jr. III—John Arnold, Albert Goetz, Catherine Ernewin, Gertrude Kuenneman, Florence Stroeder, Leo Huber, Iwan Niesen.

Class III—William Kuenneman, Anthony Niesen, Stanley Niesen, Wilfrid Kocher.

Part II—Caroline Stroeder, Magdalene Ernewin, Florence Kuenneman, Lucy Huber.

Part I—John Ernewin, Marie Goetz, Clayton Wagner.

The Potato Crop.

With a record crop of ten million bushels in Manitoba and a big crop in New Brunswick to offset a somewhat smaller crop than usual in Ontario and some other parts of Canada, the total yield of potatoes this year promises to be above that of 1917, according to reports received by the Department of Agriculture from all parts of the Dominion.

ADDITIONAL LOCALS.

Since the beginning of the war the cost of feeding prisoners in the Perth county jail has advanced from nine cents to seventeen and a half cents per day. According to Jailer Nichol's report the cost of the up-keep of the institution for the year ending Sept. 30th was \$3004.

The city of Hamilton and the city of Ottawa for some years have been running a neck and neck race for second place in Ontario, but the former city continues to keep to the fore. According to the assessor's returns, the former city's population this year is 110,000, while that of the latter is 104,000.

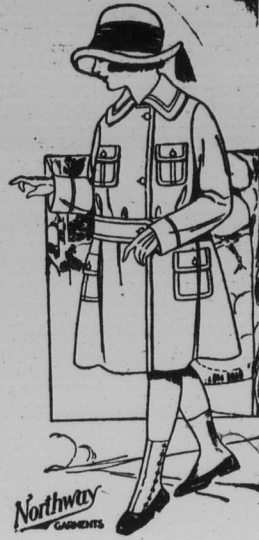
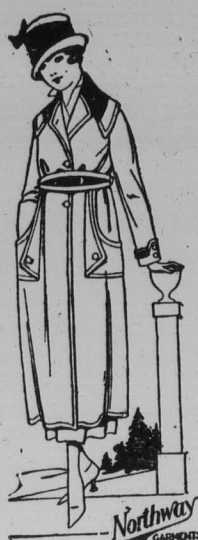
Six tons of coal were sold in London, Ont., Friday for \$15.50 a ton. The coal was disposed of by auction at Cooper's auction room. The bidding was spirited. There were many people who tried to purchase it. The price paid is taken as an evidence of the uneasiness of the people of the city over the fuel situation. They are willing to pay any price to get the coal.

The Canada Food Board has commanded all the creamery butter made during October up to November 9, to be shipped to Great Britain and her Allies. While Canadians are accustomed to two pounds of creamery butter, per person, per month, or 8 ounces per week, per person, the people of Great Britain at the present time are confined to 2 ounces per week per person, and 2 ounces of butter over there includes a large proportion of Oleomargarine.

Fire Prevention and Clean Up.
In view of the fact that the fire loss per capita of population in Canada has reached as high as \$3 per annum, the Dominion Association of Fire Chiefs at their last annual meeting held in Toronto, inaugurated a Fire Prevention Bureau to aid in the prevention of fires throughout the Dominion and is asking for the hearty support of all Canadian citizens in the Fire Prevention Campaign commencing Oct. 9th, to reduce Canada's tremendous fire loss. That they will receive the co-operation of the whole country in this worthy project is sincerely hoped as it will be followed up the motto of every good citizen at the present time to "Save and Serve."

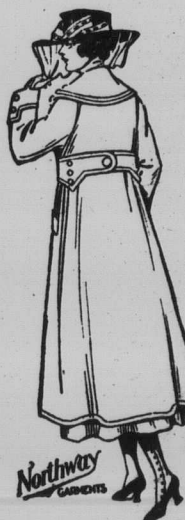
Helwig's Weekly Store News...

"Northway Garments" Ladies, Misses and Childrens Fall and Winter Coats in the newest cloths and latest styles.



"Northway Garments"

These cuts only indicate a few of the many styles we are showing for this season. Coats of Plush and other pile fabrics will be worn. Wool Velour is the most popular material, colors—Taupe, Brown, Green, Navy, Black and Burgundy.



Come see the Coats and ask for style catalogue
Bring us your Cream, Butter, Eggs, Onions, Beans, etc

HELWIG BROS.

GENERAL MERCHANTS,

THE PEOPLE'S STORE.

Big Trade Booster Sale for Ten Days Only.
Friday and Saturday, Oct. 4 and 5.

7 lb. oatmeal for.....	50	Flanellette Regular.....	35c to 40c	Men's Suits Made to Order	
6 cakes Laundry Soap for.....	25	Special at.....	10 yds for 3.00	Regular	\$8.00 to 45.00. Special 32.00 to 35.00.
3 1/2 lbs. coffee for.....	50	Dress Goods, Regular.....	1.25 to 1.75	Boys' Suits	
3 1/2 " Cornmeal for.....	25	Special at.....	75c to \$1 a yd	At a Big Reduction Price.	
1 lb Green Tea for.....	35	Mens Overalls all kinds		Boys' Sweaters, all Colors	
1 lb Mixed Tea for.....	40	Regular.....	2.50 to 3.00 pr.	Regular	\$2.50 each. Special \$1.75. A SNAP.
1 lb Black Tea for.....	45	Special at.....	2.00 a pr.	Black Shirting with Stripe.	
6 lb Cattle Salts for.....	25	Mens Heavy Whipcord Pants		Regular	60c yard, 1 yd wide. Special at 40c yd.
8 plugs Chewing Tobacco for.....	25	Regular	\$6.00 to \$7.00. Special \$4.50	Silks, All Shades	
5 pck Baking Soda for.....	25	Men's Heavy Wool Underwear		1 yd wide, regular 1.85 yd. Special	at 1.35 yard.
5 tins Salmon for.....	1.00	Regular	\$4.40 a suit. Special at \$2.75 a Suit.	Roller Towing	
4 boxes Shoe Polish for.....	25	Men's Fleece Lined Underwear		Regular	35 and 38c yard. Special 26c yard.
4 cans Peas for.....	60	Regular	\$1.00 to \$1.25 per garment. Special 85c a garment.	Batts for Quilting et	
1 pck. cut Tobacco for.....	10	Men's Heavy Grey Socks.		Regular	25c bundle. Special
90 lbs. Bag Purity Oatmeal for.....	6.25	Regular	40 cts per pair. Special 25c a pair.		
Table Syrup Special for.....	8cts a lb				
3 bottles Vanilla for.....	25				

WANTED—Potatoes, Butter, Eggs, Cream, Live Poultry.

WEILER BROS.

Chase the Morning Chill GET AN OIL HEATER

THIS is the heater you need to guard baby against cold during the morning bath and frolic. Can be carried upstairs and down—to drive the chill from bathroom or breakfast room.

Light, strong, handsome; furnishes ten hours of heat on a gallon of Kerosene.

O-Cedar Polish is the right polish for all woods and finishes—for floors, furniture, linoleums. 25c. to \$3.00 sizes.
O-Cedar Polish Mop—two styles—priced at \$1.50 each.



O-Cedar Polish

Liesemer & Kalbfleish
THE CORNER HARDWARE.