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MONTREAL

Homœopathic Record

DEVOTED TO THE INTERESTS OF HOMŒOPATHY AND OF THE MONTREAL
HOMŒOPATHIC HOSPITAL.

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THE LITTLE THINGS HOMŒOPATHY CAN DO.

Geo. B. Maxwell, M.D.

Tacoma, Wash.

(Begun in May number).

Now let us follow a child through the diseases which usually come to all little ones. The eruptive fevers and whooping cough. In measles the fever is modified very much by a few doses of aconite. It sometimes happens in the more serious cases, that the eruption does not develop properly, or recedes after it has partially developed, by catching cold. Then homœopathy comes to your assistance to develop, the rash and cause the disease to take a mild and natural course, but do not try and get through the measles without a doctor. Measles very often has bad things follow it, and it is not a trifling disease. But a death from measles is very rare under homœopathic treatment, while under old school treatment they are quite frequent.

Then comes scarlet fever. This is the most dangerous of the eruptive fevers, not excepting smallpox. In scarlet fever we have a remedy that has

long been used as a preventive. It is always impossible to say that a remedy given as a prophylactic, prevented the disease. But the experience of hundreds of physicians agrees in saying that belladonna certainly has a great power in this direction, and in cases where the fever has not been prevented, its course has invariably been very mild. During an epidemic last winter which was of a very virulent character and caused many deaths among the cases treated allopathically, I took the precaution to supply belladonna to the children of my own clientele. Among those so cared for there was not one case developed. Two families outside of my own clientele were notable. In one, the little girl had been sick for three days before I was called and there were two smaller children in the house who had not had the fever. They were kept away from the sick girl as well as possible and given belladonna. Neither one of them contracted the disease and their little sister recovered, but had a severe illness. In the other family there were four children, and the oldest, a boy of about twelve years of age, came down with the fever. The other three little girls were exposed to it, but under the same treatment as named above none of them contracted the fever, and the little boy made a quick recovery. These may only be coincidences, but they are the kind that happen so frequently under Homœopathic treatment. I mention this epidemic specially, on account of its virulence. During the month of April there were 65 cases of scarlet fever and over thirty died from the disease. So virul-

ent was the disease that every member of one family of four children died. In another family there were seven children and six died, and the whole epidemic was characterized by the same virulence. Almost all the cases in the epidemic were under allopathic treatment, so that no comparison of results would be just, for while there was only one death under homœopathic treatment there was a comparatively small number treated that way. But the death rate in this disease is very much lower under homœopathic treatment than with the old school. Also there are fewer bad after effects.

Smallpox can hardly be classified among the "little things" although a great many of our best physicians do not consider it as serious a disease as scarlet fever, and I think that the public safety requires isolation hospitals for scarlet fever just as much as it does for smallpox. Homœopathy has won many laurels in the treatment of smallpox, where our physicians have had an opportunity to treat the cases.

There is a general idea in the public mind that nothing can be done for whooping cough. The old school admit that they are powerless, to either shorten the disease, or mitigate its severity. The statement, has gone forth among the laity that whooping cough is six weeks coming and six weeks going, and it was simply necessary for the patient to "cough it out." Nothing could be further from the truth. Homœopathy will relieve the spasms and cut short the disease to half the time stated above.

Resulting from the foregoing diseases, especially measles and scarlet fever, we often see discharging ears. Ear-ache at any time in a child's life is liable to leave a chronic discharge. This usually indicates that there has been an abscess inside the drum, and that abscess has not healed properly. There is a little hole through the drum of the ear and this chronic discharge is liable to make the patient deaf. Every mother should understand this, as the care of her child's ears is very essential to his or her future usefulness as years go by. Now in many cases a

few doses of silica will correct this condition,—stop the discharge and allow the drum to heal. If it does not she had better see a doctor at once. It is not alone in the chronic forms of ear discharge that homœopathy is useful. It is very efficacious in the acute attacks. In this condition, too, the mother, who has a few remedies, can accomplish a great deal, for the simple reason that she is right on the ground, to take the case in hand in the beginning. In a very large number of ear-aches, it means as soon as pain is felt that an abscess is about to form. A dose or two of belladonna, at once, may, abort the whole trouble, while usually if you wait till the doctor arrives, pus has formed and in that case the abscess has got to break before the little sufferer will get relief. In that case homœopathy has remedies which will hurry the abscess on to maturity. There are other cases of ear-ache where abscesses do not form, but which frequently recur and are a great source of trouble to the child as well as a menace to its hearing. Pulsatilla will not only usually cure these cases for the time being but it will prevent their recurrence.

As the child comes along in years, it is very common to find developing a constitutional condition at or before puberty which always gives the watchful mother much concern. The child, whether boy or girl, often will suddenly take a start and grow up very tall, quite rapidly. Intellect is keen, but the body has grown so rapidly that it is poorly developed. Chest is hollow, shoulders stooped, and many other things noticeable, which clearly indicate to the experienced eye that the boy or girl would fall an easy prey to pulmonary consumption. In no other disease is the old maxim more true than in this one. An ounce of prevention is worth a ton of cure. The proper way is, to prevent the disease long before it begins. This is too important a subject to attempt to deal with it in a paper like this. I simply wish to draw your attention to the fact that homœopathy has several remedies which may be called "constitution builders" which, with the proper hygienic assistance of suitable exercise, fresh air, good food and regular habits will do wonders in assisting frail children through this critical age. But do not trust yourself in this matter, see your physician, and follow his instructions religiously.

(To be continued.)

THE ALCOHOL IN SECRET NOSTRUMS.

The following percentages of alcohol in the secret nostrums named are given by the Massachusetts State Board Analyst, in document No. 34:

	Per cent. of Alcohol (by volume.)
Lydia Pinkham's Vegetable Compound	20.6
Paine's Celery Compound	21.
Dr. Williams' Vegetable Jaundice Bitters	18.5
Whisko, "a non-intoxicating stimulant"	28.2
Cohen's Liquid Beef Tonic, "recommended for treatment of alcohol habit"	26.5
Ayer's Sarsaparilla	26.2
Thayer's Compound Extract of Sarsaparilla	21.5
Hood's Sarsaparilla	18.8
Allen's Sarsaparilla	13.5
Dana's Sarsaparilla	13.5
Brown's Sarsaparilla	13.5
Peruna	28.5
Vinol, Wine of Cod Liver Oil....	18.8
Dr. Peter's Kuriko	14.
Cartier's Physical Extract	22.
Hooker's Wigwam Tonic	20.7
Holland's German Tonic	29.3
Howe's Arabian Tonic, "not a rum drink"	13.2
Jackson's Golden Seal Tonic	19.6
Mensman's Peptonized Beef Tonic	16.5
Parker's Tonic "purely vegetable"	41.6
Schenck's Seaweed Tonic, "entirely harmless"	19.5
Baxter's Mandrake Bitters	16.5
Boker's Stomach Bitters	42.6
Burdock Blood Bitters	25.2
Green's Nervura	17.2
Hartshorn's Bitters	22.2
Hoffland's German Bitters, "entirely vegetable"	25.6
Hop Bitters	12.
Hostetter's Stomach Bitters.....	44.3
Kaufman's Sulfur Bitters, "contains no alcohol" (as a matter of fact it contains 20.5 per cent. of alcohol and no sulfur).....	20.5
Puritana	22.
Richardson's Concentrated Sherry Wine Bitters	47.5
Warner's Safe Tonic Bitters	35.7
Warren's Bilious Bitters	21.5
Faith Whitcomb's Nerve Bitters..	20.3

Beer contains only from two to five per cent. of alcohol. Some of the above contain ten times as much, making them stronger than sherry or port, with claret and champagne way behind.—Medical World.

WHO WAS RIGHT—HEMORRHAGE FROM KIDNEYS.

By Dr. Granow, Liegnitz.

Last March Merchant G. came to my office and told me: "For three months I have had hæmorrhages from the kidney. I have consulted the physicians here and also the professors in the neighboring university. They declare that my only refuge would be an operation, i.e., the excision of a kidney. On parting the professor told me: 'Dear G., you must be operated within two weeks, else you will bleed to death.'" He asked me whether I could not help him. One of the physicians here had also acknowledged his inability to cure his hemorrhages. They had found that the hemorrhage came from the left kidney.

I could not, of course, promise anything, but I gave him Terebinthina 3, and directed him to take five drops three times a day. This was on Monday. On Thursday the patient returned bringing some urine with him. The urine which on Monday had been dark black had now a transparent light red color. I prescribed the same remedy, five drops once a day. When Mr. G. returned, in three days, the urine was quite clear, only showing a slimy sediment.

Mr. G. was not yet quite restored, for the cause of the renal hemorrhage lay in renal gravel, which had to be gradually dissolved by going to the springs and changing his diet, nevertheless all danger had been removed by the use of this simple homœopathic remedy.

The doctor who before had said: "If I could only check the hemorrhage!" was a very able surgeon, and when Mr. G. told him of his comparative good condition, he answered: "But you are not well yet. There is some obscurity about your case." Still I would ask: Who was therapeutically more successful? And would the patient, who was fifty-six years of age, have been able to bear the extirpation of his left kidney without grave injury to his health? Would he not have probably succumbed even after "a brilliant operation?" That it was the effect of the Terebinthina which caused the cure is manifest from the gradual change in the color of the urine. Who then was right?—Hom. Recorder.

The oldest practicing physician in the United States is said to be Dr. O. R. Skinner, of Freehold, N.J., who is in his ninety-third year. He was a surgeon in the late civil war. He is kept busy with his professional duties and answers promptly all calls.

A CHAMOMILLA CURE.

Dr. Stacy Jones, of Medical Genius and Bee-line Repertory fame, a student under Henry N. Guernsey, dropped in the Recorder's den the other day and had a chat, including some interesting reminiscences of the days when he was in practice in Upper Darby, a suburb of Philadelphia. One case he related was unusually interesting. A lady had the peculiar affliction that at five o'clock every afternoon her ankles gave way and she would sink to the ground. The result was that before that hour she would have to go to bed in order to avoid being carried there. Many doctors had a shy at the case, but with no results. One day Dr. Jones was consulted incidentally and had his try. Gave Causticum and many other remedies, but with no results, and finally told the lady she was wasting her money and gave up the case. Some months afterwards he met her, inquired about her condition, which was unchanged. Told her he was determined to cure her. Went to work and fine-toothed the *Materia Medica*. "and where do you think I found the symptom of giving away of the ankles in the afternoon but under poor little 'chamemile.' I gave her four powders, she took one and never required the others, for an instant cure followed." After our old friend had departed—he is seventy-five, but hale and hearty—we looked the matter up in Allen's Encyclopedia. There among the 'chaff' we found the following: "Nightly paralytic loss of power in the feet; they have no power; he is unable to step on them and if he rises he sinks to the ground."

Now this runs the doubting Thomases up against the following dilemma:

Either Hahnemann's "chaff" is largely wheat or else Mrs. Eddy is right and faith cure is the thing.

Which is it?—Hom. Recorder.

For a time after the X ray came into use hope was given to cancer sufferers that a permanent cure for them had at last been found. But that hope has vanished. In mild cases of external cancer the electricity treatment has done much good, but both in this country and Europe physicians have all agreed that so far as the general treatment and cure of the malady goes the X ray is of little value. The same is true of the radium treatment, according to the statements of physicians.—Exchange.

THE TWO METHODS.

"Two similar cases with decidedly dissimilar results: Dr. Sanford, young man, appendicitis, operated upon, died; Dr. Van Meter, much older man, appendicitis, not operated upon, alive and well. You pays your money and takes your choice."—The Critique.

The above is taken from "Notes and Personals" of The Critique. Editorially that journal says:

"Fatalities following almost one hundred per cent. of the operations for appendicitis in the city of Denver, during a period sufficiently recent to be readily remembered by the reading public, should lead the aforesaid reading public into making a systematic search for some more satisfactory method of treatment, even though that same be much less spectacular and dramatic."

The same editorial concludes as follows:

"Denver has had a pretty good run of removals by death, owing to the 'successful operation' for appendicitis, and we honestly believe it is now about due a long-suffering public that less successful surgical measures be adopted, to the end that what few of our prominent people who become ill with this much-dreaded disease, or something just as good, may be permitted to struggle along to the end with what works the good Lord intended they should retain during the period of their natural lives.—Hom. Envoy."

One of the most grateful and easily made applications to a felon in active inflammation is made by punching a hole in an egg without allowing the contents to escape; the affected finger is then inserted into the egg and so held as to retain the contents about the felon. Some who have used this method extensively assert that it will cause the disappearance of a felon even when it is on the verge of suppuration; certain it is that it reduces the inflammation and relieves the pain when it is applied properly.



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The Lady Superintendent acknowledges with thanks the following:

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- Dr. L. Muller, 1 rug.
- Dominion Oilcloth Co., 1 roll oilcloth.
- Miss M. Robertson, preserves.
- Mrs. A. H. Thomson, 2 night gowns.
- Woman's Auxiliary, 1 piece white cotton, 2 doz. tumblers, 1 doz. cups, saucers and plates, 6 individual teapots, 12 rugs.

SUBSCRIPTIONS AND CASH DONATIONS IN JUNE.

The hospital treasurer acknowledges with thanks the following:

Mrs. A. H. Thomson	\$10.00
Mrs. Andrew Wilson	10.00
	\$20.00

The distinguished Viennese master of bloodless surgery, when in this country recently, called a halt upon our wining and dining customs, in so far at least as regarded himself. Immediately upon his arrival in Philadelphia, after he had endured the round of dinners generously provided for him in Chicago and other Western cities, as well as in Washington and Boston, Dr. Lorenz went into the subject of eating by announcing that any banquets which had been arranged for him must be called off. "No more banquets, thank you. I came here to do what I can for crippled children, not to eat myself to death."

To keep off mosquitos, the advice of one who has tried it (according to Health), is to throw a piece of alum, about the size of a marble, into a bowl of water, and wet the face and hands, and any exposed part lightly with it. Not a mosquito, it is asserted, will approach you.

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GOVERNORS' MEETING.

A special meeting of the members of the Corporation, Life and Elective Governors, was held June 13th, for purposes of organization under the new act of incorporation. The meeting of the corporation was held first, at which the act of incorporation was read and the Hospital By-laws as amended were accepted. Votes of thanks to the Hospital solicitor, Mr. Leslie Boyd, and the members of the Legislature, who gratuitously helped to obtain the charter, were passed and adjournment was taken, followed by the meeting of the Governors.

In the absence of President Fisher the chair was occupied by Mr. E. G. O'Connor, vice-president, and Mr. T. J. Dawson acted as secretary. Among those present at this first meeting of the Governors of the newly incorporated Homœopathic Hospital of Montreal, were Mrs. C. T. Williams, Misses A. Moodie, M. Robertson, M. Ames, Messrs. S. Bell, J. W. Hughes, R. L. Gaunt, S. M. Baylis, E. G. O'Connor, T. J. Dawson, Drs L. Muller, A. D. Patton, A. R. Griffith and E. M. Morgan.

Tis being a specially called meeting, little other business was brought forward. The by-laws as amended were ordered to be printed, together with the new charter. The sub-committee was empowered to acquire the new Nurses' Home property. The question of the Callow legacy was settled by the acceptance of the General Hospital's offer of \$8,000 cash for our share of the property, and the sub-committee instructed to prepare the necessary papers, deeds, etc. The present officers of the hospital were re-elected to serve for the balance of this year and none of the existing relations were disturbed. After passage of votes of thanks to all whose efforts in the various transactions of the hospital management had brought about the present satisfactory consummation, the meeting adjourned.

The changes in the by-laws are few and more in the nature of making them conformable to the new arrangements. The hospital year will end on December 31st, and quarterly meetings of the corporation and Board of Governors will be held in January, April, July and October, on the fourth Thursday of those months, the January meeting to be the annual one. Elective Governors may be sent from the Woman's Auxiliary and Homœopathic Association, five each. The number constituting a quorum in the various bodies under the control of the corporation was reduced by one-third. Other amendments merely referred to the elimination of the Homœopathic Association as a reference body in hospital affairs.

HOSPITAL NOTES.

HOSPITAL fairly busy for summer months.

REMEMBER the Governors' quarterly meeting July 28th at 4.30 p.m.

HAVE YOU seen the new galleries and fire escapes—great improvement.

YOU ARE invited to inspect the new Nurses' Home and note the change in the care of nurses since 1894.

DR. GEO. CLAPP, our new resident physician, has been with us about a month, filling the position most satisfactorily.

WORK on the alterations in the hospital and the fitting up of the Nurses' Home is completed, and the bills are now in order. Prompt subscriptions would be greatly appreciated.

BE SURE you get a copy of the new by-laws. It will be an interesting pamphlet, containing the by-laws, hospital charter, and a short description of the birth and subsequent development of homœopathy in Montreal.

ONE OF the changes in the by-laws is an important and useful one. It makes provision entitling all past presidents of the hospital to a seat and vote in the committee of management.

AMONG the short notes of the hospital we find that there is lots of room in the preserve cupboard; that, our subscription list still is largely heading; that, it costs about \$16.00 to put a hardwood floor in a private ward; that, your taste in furnishing would have full scope in the nurses' new sitting rooms; that, the outside of the main building should be painted, but we haven't got the \$200.00; don't forget to visit the hospital on your return from your vacation.

THE REGULAR monthly meeting of the Committee of Management was held Monday, June 20th. As is usual with our summer meetings, the attendance barely exceeded the necessary quorum. After reading and confirmation of minutes of previous meeting, notice was given that the meeting was under the auspices of the newly incorporated hospital, and henceforth all transactions would be subject to the authorization of the Homœopathic Hospital of Montreal.

The sub-committee in the Callow legacy submitted a final report, stating that the matter was closed by the Governors' acceptance of the Montreal General Hospital's offer of \$8,000 cash for our share of the estate, and that the necessary papers, deeds, etc., were now being prepared for the transfer.

The renovation of the Nurses' Home was discussed with the result that it was deemed best to retain the present heating facilities, until such time as arrangements could be made for the heating of all the property fronting on McGill College Avenue, from one central point.

The cost of renovation was ordered to be paid out of the Nurses' Home Fund. The window in the Boys' Home room, looking into the old light-shaft, was ordered to be filled in, as the noises of the kitchen disturbed the patients.

A resolution of sympathy from the committee to Miss A. Moodie, in her bereavement, through the death of her mother, was adopted, and a copy ordered to be sent to her.

After the passing of the usual requisition list, and reading of the Lady Superintendent's report, which showed a fairly busy summer month to date, with eighteen patients in the hospital, ten operations and five maternity cases, the meeting adjourned. Next meeting will be held on Monday, July 25th, at which the reports for the Governors' quarterly meeting will be presented for consideration.

HOSPITAL WANTS.

- Preserved and fresh fruit.
- Carpet strips for halls in Nurses' Home.
- Flour, sugar, soap, tea, canned goods.
- Hardwood floors in all private wards.
- A hired porter that will stay hired.
- Subscriptions to Nurses' Home Fund.
- Three more legs for the piano in Nurses' Home.
- Seventy tons of coal.
- Some pounds of MONEY.
- Your help for the Woman's Auxiliary Bazaar.

A verdict for \$1,000 against a physician of Philadelphia was rendered because of vaccination. Every antiseptic precaution was used in the operation, but the child contracted impetigo, laryngeal diphtheria and died.

PHILLIPS TRAINING SCHOOL NOTES.

Miss E. Trench, "'02," was on special duty in the hospital last month.

Nurses Rodgers and Lloyd-Jones have returned from a pleasantly spent vacation.

Nurse McLeay has gone home for a two weeks' holiday.

Nurse G. Trench is still on sick leave, having been away four months.

Mrs. McLeod and Miss Mallon having satisfactorily completed their probation, have been accepted as nurses in training.

The new Nurses' Home, No. 48 McGill College ave., will be occupied by August 1st, and ready for inspection by friends of the hospital and the nurses.

Col. J. Elliott, of Toronto, the "Hospital Record" says, complains indignantly of what he calls the "brutality of many trained nurses." He says of these: "First they get trained into them a certain amount of medical skill, shaking up pillows, taking temperature pulse-feeling and keeping records of the latter; secondly, they get trained out of them all the attributes which God has placed in the soul, heart and mind of man and woman (especially in the latter), such as love, tenderness, gentleness and such like; they have trained into them callousness, coldness, indifference to the sufferings of others, independence, rudeness, impatience, self-opinion, will power in a wrong direction and every other such like opposite to the better part of a human being.

NURSES' HOME FUND, JUNE 30, 1904.

The hospital treasurer acknowledges with thanks the following:

Amount previously acknowledged	\$713.85
Mrs. C. M. Ames (per Woman's Auxiliary)	100.00
Rent of house No. 48a	28.00
D. H. Scott, Esq.	5.00
Unknown	5.00
Nurse Drysdale (collected)	2.65
	<hr/>
	\$854.50

HOSPITAL REPORT FOR JUNE.

Number of patients in the hospital June 1	13
Admitted—	
Private patients	13
Semi-private patients	9
Public patients	3
Maternity	4
	<hr/>
	29
Discharged—	
Private patients	13
Semi-private patients	7
Public patients	0
Maternity	6
	<hr/>
	26
Died	3
Operations	13
Number of days of private nursing outside	6
Number of days of private nursing in hospital	11
Viz.:	
Remaining in hospital July 1.....	16
Private patients	6
Semi-private patients	5
Public patients	4
Maternity	1
	<hr/>
	16

An Italian woman, Flavia Granata, fifty-nine years old, has recently given birth to her sixty-second child.

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THE NO-BREAKFAST FAD.

(American Medicine.)

The no-breakfast fad illustrates the fatal and foolish tendency of humanity to go from one extreme to another. If we have overeaten or overdrunken let us not eat or drink at all. If we have been hogs let us be angels. People without sense of moderation and avoidance of extremism who have gorged themselves with animal food feel that they must be vegetarians. No breakfast is their latest reaction. To the do-nothings and the fussens-about-themselves this nonsense may do no harm, but for people who work with muscle or brain the fadism can do nothing but injury. It will perhaps end in coffeeism and drugism, or some other pernicious evidence of lack of balance and control. Many Europeans make merry or wax disgusted over "the American breakfast," but they are easily caught up by the observation that they eat late at night, so that in the morning the stomach or intestines are still filled with undigested and unassimilated food. Moreover, they do not fail to pour into the stomach a lot of coffee at breakfast time, and they will also take a late breakfast as one of their five or six meals a day. The stomach should be empty on going to bed, and if so the normal system demands a breakfast of good food soon after rising. Harm may result from the no-breakfast folly if people do not properly regulate their general dietary and personal habits.

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