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# Homœopathic Record

DEVOTED TO THE INTERESTS OF HOMŒOPATHY AND OF THE MONTREAL  
HOMŒOPATHIC HOSPITAL.

VOL. I. No. 10.

MONTREAL, OCTOBER, 1896.

25cts. A YEAR.

## Homœopathic Record

— PUBLISHED MONTHLY —

By the Woman's Auxiliary of the Montreal  
Homœopathic Hospital.

Telephone 3837.

Ambulance 3020.

All matters of business and subscriptions to be sent to C. S. De Witt, care of Montreal Homœopathic Hospital, 44 McGill College Avenue.

All manuscripts, news items, etc., should be addressed to Dr. Arthur D. Patton, care of Hospital.

### THE POSITION OF MEDICAL SCIENCE.

Two thousand years ago the old Greeks said, "The physician is fortunate, for the sun exploits his success and the earth conceals his errors." Hippocrates observed that, "Art is long and life is short;" and Petrarch added, "The doctors say that life is short; but they appear able to abridge it." The surest sign, according to Plato, of a bad police and a badly regulated social system was to find among them many lawyers and many doctors, and in later years this same sentiment appears in our classics. Later Mr. Addison comes in with this little verse :

"The single doctor like a sculler plies,  
The patient lingers and by inches dies;  
But two physicians, like a pair of oars,  
Waft him with swiftness to the Stygian shores."

We have even had enemies in our own number. "The best medicine," said Celsus, "is not to use any medicine." Dr. Hoffmann, a most learned physician of the eighteenth century, told us, "Avoid doctors and drugs if you wish to be well;" only half a century ago a well known English physician prophesied very badly, saying, "I think it

more than possible that in fifty or a hundred years the business of a physician will not be regarded as either a learned or a liberal profession." The best way to treat those who laugh at us in this fashion is to laugh with them. You may feel sure that they are wrong and that they themselves know that the art which they deery is the one to which they all promptly resort with the utmost precipitation on the approach of a single twinge of pain. The man who holds in most derision the doctors, is he who dies surrounded by the largest number of them and impatient that he cannot have more.

The medical sciences we know are now for the most part exact sciences, and are becoming more exact and worthy of a high place in the rank of human knowledge every year. The art of medicine is the practical application of this scientific knowledge. Like every other art, it is imperfect. Artists are not all good painters, poets do not all write good poetry, even engineers do not always build safe bridges or construct railroads on which no accidents occur. The application practically of any kind of human knowledge is attended with some uncertainties. The science of medicine is exact in most of its departments; the art of medicine is an art, and is safe or certain much in accordance with the skill and natural aptitude of each physician.—*The Post Graduate.*

Subscribe to the RECORD and send it to your friends, it is only twenty-five cents a year.

## TO MAKE A POULTICE.

To make a poultice may seem a simple thing, that every one can do without practice or training, yet at the classes in home nursing, poultice making is a topic that occupies an entire morning to demonstrate.

In the first place, the pupils are told how to get along without a poultice—that is, in an emergency when a poultice is needed, and no material for one is at hand. This is by dipping absorbent cotton in hot water, and squeezing it partly dry. If absorbent cotton is not at hand, though no nurse ought ever be without it, ordinary cotton batting will do.

A bread-and-milk poultice was made by crumbling bread (after the crust was cut off) and dropping it into the boiling liquid, beating it light the while with a fork, until the compound was so thick it would not run. It was then spread quickly upon a piece of cheesecloth twice the size of the poultice needed. The half left was turned over the poultice and the edges basted together with thread and needle, ready before the poultice was mixed. Water can be used instead of milk.

Flaxseed poultice is made by stirring the meal into boiling water until it is the consistency of mush. Elm-bark poultices are made in the same way, using, of course, the powdered bark.

Deftness and quickness are requisites of poultice making and poultice applying. The good nurse slips the poultice quickly in under the bedclothes and detaches the cooled poultice as she slips on the hot one, leaving the inflamed part bare scarcely a second.

The writer once watched one of those good women, who is ranked "such a good nurse" in her community because she is friendly and willing, at the bedside of a pneumonia patient, in a little country town. Flaxseed poultice, kept hot and changed frequently, was the doctor's order, and the good woman thought she obeyed it. She made each poultice down stairs and carried it through cold halls of a stove-heated house to the sick room; then she went to the bed, laid back blanket and nightdress, took off the cold poultice, left the chest bare to the air while she ran across the room and got the fresh one and applied it. The cold poultice was, indeed, cold, a chilling mass, worse than none, left on minutes after its virtue had become changed to a vice. Modern nurses lay over the poultice a piece of oiled silk or gum tissue and a sheet of cotton batting. If the

poultice is inclined to adhere, rub the skin with sweet oil before applying.

Finally, never try to use a poultice twice. Burn as fast as used.

## HOT WATER.

Hot water has far more medical virtues than many believe or know. Because it is so easily procured thousands think it valueless. The uses of hot water are, however, many. For example, there is nothing that so promptly cuts short congestion of the lungs, sore throat, or rheumatism, as hot water. Headache almost always yields to the simultaneous application of hot water when applied promptly and thoroughly, to the feet and back of the neck. A towel folded several times and dipped in hot water, and quickly wrung out and applied over the painful part in toothache or neuralgia, will generally afford prompt relief. A strip of flannel or napkin folded lengthwise and dipped in hot water and wrung out, and then applied around the neck of a child that has the croup, will sometimes bring relief in ten minutes. A tumbler of hot water taken just after rising, before breakfast, has cured thousands of indigestion, and no simple remedy is more widely recommended by physicians to dyspeptics. Very hot water will stop dangerous bleeding.

## NURSING EXHIBITION.

The Nursing Exhibition held at St. Martin's Town Hall, England, recently, was a novel departure and proved very interesting to both lay and professional visitor. Each case was represented by a pretty little doll bandaged and fixed up in the most approved fashion, and lying in a beautiful little brass cot. Every detail was complete even to the chart which hangs above the patient's head. The first prize was carried off by the London Homœopathic Hospital.

A model of the Children's Surgical Ward at the Charing Cross Hospital, made by a clever nurse at the institution was greatly admired. What the lady doctor or the nurse of the future may be was shown in a little model arrayed in bloomers and a college cap, with a stethoscope hanging at her side. She looks very jaunty but the eye turns from her to rest gratefully upon the rows of little wax ladies clad in what is the most becoming of all feminine dress.

Whilst the professional visitor can minutely examine and criticize the va-

rious new patent hospital appliances, the uninitiated finds much of interest in the charming models and perfect representation of each case. The exhibition lasted for several days.

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### MISCELLANY.

False teeth are now made from paper, and are said to last a lifetime.

It was recently affirmed by a physician that the use of cod-liver oil is making the American nation more dyspeptic than ever.

Keep your feet dry. An eminent throat specialist says that the best chest protector is worn on the sole of the foot.

Nearly one million pounds worth of patent medicines are exported from the United Kingdom each year.

If castor oil is applied to a wart once a day for a month the wart will entirely disappear. In many cases it will not require so long a time.

If you find that the patient cannot open the mouth you may almost invariably exclude diphtheria, and suspect one of the inflammatory non-diphtheritic forms of angina.

Dr. Cigliano, of Naples, Italy, has been appointed to lecture on homœopathy in the University of Naples. More progress.

"Only one person in fifteen has both eyes in good condition, and in seven cases out of ten one eye, generally the right, is stronger than the other."

Tape worm is said to be best treated with 10 drop doses in water, three times each day, of a mixture consisting of hydriodate of potash, 36 grains; iodine, 12 grains, and water, 1 ounce.

A distinguished French specialist is now claiming that a hypodermic injection of nitrate of strychnine will cure alcoholism.

The Boston University School of medicine (homœopathic) has just received a gift from the city council of a piece of ground embracing twelve thousand feet, worth \$18,000, upon which it will proceed to build a Nurse's Home.

A simple disinfectant to use in a sick room is made by putting some ground coffee in a saucer and in the center a small piece of camphor gum. Light the gum with a match. As the gum burns allow the coffee to burn with it. The perfume is refreshing and healthful as well as inexpensive.

If every one would recognize the facts that for Therapeutics (at least), the symptoms constitute the disease, and that in the treatment of any class of diseases the individual indications are most to be relied on homœopathy would speedily "sweep the deck." The system is perfect, its application by individuals is halting.—"Dr." T. E. Allen, in *N. A. Journal of Homœopathy*.

Night parties, night study, and double beds for nervous children are all frowned upon by many doctors. One of them says. "No matter in what else you economize, there is a criminal folly in economizing in beds. Every person needs his own bed more than he needs his own chair or own plate at the table.

One of the old-time remedies to be revived is that of sunflower tea for rheumatism. To prepare this tea procure two quarts of the black seeds of the sunflower, and steep all day in a gallon of water; strain and bottle, and take a cupful night and morning. This was a favorite remedy in the early part of the century, and it is said to have been used recently with good results by some one into whose hands an old-time receipt book had fallen.—*Philadelphia Inquirer*.

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### MITE COLLECTIONS IN ROCHESTER HOSPITAL.

The resolution that each one should bring some trifling necessary article on the first Tuesday of every month met with approval, the idea being that if thirty or more ladies each bought a spool of thread, the aggregate would be of considerable value, while the individual gift would be small.

We commend this suggestion to the members who cannot attend the weekly meetings.

The new feature inaugurated last month that each one bring one inexpensive, specified article on the first Tuesday of each month proved very successful. In October eleven spools of thread and \$1.35 in money to be spent for thread represented gifts from 38 members.

One tumbler apiece is to be "the mite" November 5th, and a cake, bar or piece of soap is asked for Tuesday, Dec. 3rd.

The "Mite Collection" for November brought in ninety-five tumblers. This month soap is to be the "mite" in January a lemon, orange or other fresh fruit; and in February any kind of pins, common ones, safety or clothes pins. These little gifts are brought to the meeting held on the first Tuesday of each month.—*Rochester Leaflet*.

## VALUE OF THE TRAINED NURSE.

## EVERYTHING QUICKLY DONE.

"It is a marvel," comments a woman, "how the sick and those who cared for them ever-endured their burdens in the days when trained nurses were, if not unknown, so rare as to be practically unobtainable. I studied one who entered the sick room of my son after I officiated for two days. Her ministrations were wonderful in their soothing effect, yet apparently she did only the things I had been trying to do. It was her promptness, for one thing, that was a great efficiency. She wasted no time, never announced anything she proposed to do, but did it at once. Was he hot and restless, she slipped a crumb of ice into his mouth, gently sponged his face and hands, with no effort on his part, got him over to the fresh pillow and cool side of the bed while she smoothed the rumpled linen in readiness for his return when the next change was needed. She never worried him by saying: "Now it is time to take your temperature," or, "You must have your tablets now," she simply went to him quietly with the thermometer or glass of water, and before he knew or dreaded it, the little ordeal was over. She evolved order out of the chaos of the medicine table; boxes and bottles, spoons, cups, and bowls, were put each in a place where they always remained during her stay when not in use; the light of the room was toned down, order and quietness were everywhere, and everything was done, while apparently she was never busy. It was such a relief to resign my sick to her trained, alert intelligence, against which my care suddenly stood out in all its awkwardness and inefficiency."—*Exchange*.

## HINTS.

*Ferrum pic.* is one of the successful remedies for noises in the ears that are so annoying to many.

*Ferrum phos.* is one of the remedies for earache; cases of acute catarrhal inflammation.

For muco-purulent discharge from the eyes, margins of lids inflamed, itching, *Petroleum*.

"*Sepia* must always be remembered as the great remedy for constipation after child-birth," Dr. Jos. C. Guernsey.

If you have used your eyes too much *Ruta* is the remedy.

Painful stiffness, loss of power of fingers, has been cured by *Comium*.

Rheumatism that ceases on becoming warm in bed, but begins again when patient gets up, may be cured by *Causticum*.

Rheumatic troubles of all kinds, *Calcarea phos.* Gouty joints, *Berz. acid.*

Chronic pains around the joints, especially the elbow joints, *Zincum*.

A small quantity of food causes satiety and sense of being full to the throat, *Lycopodium*.

Acidity heartburn and dyspepsia, *Lycopodium*.

Intense pain, *Magnesia phos.*

Moist eruptions, *Graphites*.

Yellow brown spots on the skin with itching, *Sepia*.—*Homœopathic Envoy*

## THE DAISY IN MEDIÆVAL MEDICINE.

In the medicine of that time (14th century,) and of some centuries later, the daisy was considered to have a cooling, moistening, and healing power, good for sore eyes, and most especially for inward hurts, broken hearts for example. It was wonderfully good, too, for the head, and for lame limbs. It cleansed the system, set flowing again the thickened juices. Only to hold a daisy in the hand was thought to cure spitting of blood or bleeding at the nose, and its soothing and invigorating power, long after Chaucer's time, was so much honoured, that an enthusiastic army physician said he would wish to have the praises of the daisy—that, in all fields and meadows, summer and winter, remains by God's merciful provision fresh and green for the use of men—inscribed on every gate and door, for the good of the poor harvesters, who might save their lives instead of killing themselves with raw and cold drinks; for they would get, even before they left the field, immediate relief and comfort from the daisy. In this manifold sense Chaucer, accepting the praise of the daisy made the flower the type of Alcestis, of true womanhood. In humility, in its white purity, in its even faithful following of the light of the sun, whereof it bore the image at its heart, it was the cleanser of all perilous stuff, restorer of the clear current of life, healer of wounds, soother of pain.—*Morley, 'English writers.'*

For one dollar, you can have the RECORD sent to five friends for one year.

MONTREAL HOMŒOPATHIC  
HOSPITAL.

ESTABLISHED 1894.

Corner of McGill College Avenue and Euraside Place

TELEPHONE 3837. AMBULANCE 3020.

MEDICAL SUPERINTENDENT.

Hugh M. Patton, M. D.

CONSULTING STAFF,

Arthur Fisher, M.D., Geo. Gale M.D.,  
Geo. E. Logan, M.D., D. C. McLaren, M.D.

ATTENDING PHYSICIANS,

John Wanless, M.D., A. R. Griffith, M.D.,  
W. G. Nichol, M. D., A. D. Patton, M. D.,  
William McHarrie, M. D.

Attending Surgeon—H. M. Patton, M. D.  
Ophthalmologist—E. M. Morgan, M. D.  
Pathologist—E. A. Grafton, M. D.  
Lady Superintendent—Miss C. L. Davis.

MEETINGS.

Montreal Homœopathic Association—  
Annual meeting, 1st Monday in De-  
cember.

Montreal Homœopathic Association—  
Board of Directors meets 3rd Monday  
in March, June, September and  
November.

Montreal College of Homœopathic Phy-  
sicians and Surgeons—meets 2nd  
Wednesday in May, and the last Wed-  
nesday in September.

Board of Governors, Montreal Homœo-  
pathic Hospital—meets 2nd Thurs-  
day in March, June, September,  
November and December.

Committee of Management of Montreal  
Homœopathic Hospital—meets 2nd  
Monday of each month.

Medical Board of Montreal Homœo-  
pathic Hospital—meets 1st Tuesday  
of each month.

Woman's Auxiliary of Montreal Homœo-  
pathic Hospital—meets 3rd Wednes-  
day of each month.

Executive Committee of the Woman's  
Auxiliary—meets every Monday  
morning at 11 o'clock.

All meetings are held in Board Room of  
Hospital.

HOSPITAL NOTES.

**Wanted a new door-plate.**

\* \* \*

**Don't forget the surgical bed fund.**

\* \* \*

**Wanted a motto** for the training  
school graduates, badges.

\* \* \*

**"You just ought"** to see the lot of  
toys, a kind friend sent in for the little  
ones.

\* \* \*

**Will some good** looking friend  
donate a small mirror for the nurses  
room.

\* \* \*

**Will some one** offer to provide the  
design and first two badges, and present to  
the hospital.

\* \* \*

**Those having an** abundance of fruit  
are asked to remember the hospital now  
for winter canning.

\* \* \*

**Are'nt you going** to send in a sub-  
scription to the Woman's Auxiliary for  
hospital maintainance expenses.

\* \* \*

**When purchasing** anything from  
our advertisers, say you saw their "ad."  
in the RECORD, and encourage all parties.

\* \* \*

**Designs for a** badge for graduates  
from the training school, are under dis-  
cussion. Suggestions may be sent to the  
committee at the hospital.

\* \* \*

**Drop in and** see the dispensary  
department of the hospital; especially  
the well appointed drug room, and sec-  
tion for eye and ear diseases.

\* \* \*

**Beginning with the** next issue, the  
RECORD will contain selections of medical  
and surgical notes and hints, culled from  
practical experience, by members of the  
hospital staff.

\* \* \*

**The Pathological Laboratory** is  
enriched by the possession of a very  
handsome and complete urinary analysis  
case, for which valuable gift we desire  
to thank Mr. C. E. Scarff.

\* \* \*

**Why don't you** come around to the  
hospital and see the many ways in which

kind friends have remembered the sick, and facilitated the taking care of them, costs nothing to look around.

\* \* \*

In answer to an appeal in the last RECORD, two small tables have been received and immediately put into use. We are grateful to the friends who notice what is needed, and so promptly respond.

\* \* \*

The Woman's Auxillary desires to thank Messrs. W. A. Stephenson & Co. for their gift of a hand one oil heater; and Messrs. G. & J. Esplin, for 30 very neat and serviceable chart boards. These donations are timely and much appreciated.

\* \* \*

It may not be generally understood that the private rooms and operating room are open to physicians of any and all schools. Patients may occupy private rooms and be attended to by their own physician to suit his and their convenience.

\* \* \*

The following small tables are still needed to complete the furnishing of the wards, four for childrens ward, two 20 x 20in. for male surgical ward, three 17 x 17in. for female surgical ward, one 17 x 17in. for female medical ward. In all ten small tables. The size of the top is given as the space between beds is limited.

\* \* \*

Some contemptible miscreant or common thief, appropriated the brass door plate of the hospital, on the night of September 25th. Drs. H. M. Paton, and Scott Nichol also had their plates stolen the same night; although there are other doctors (allopathic), music teachers, etc., in the immediate neighborhood, having brass door plates; no others were molested or stolen.

\* \* \*

A meeting of the board of directors of the Montreal Homœopathic Association was held at the hospital September 21st. After disposing of various matters, the necessity of inaugurating a course of lectures under the auspices of the Montreal College of Homœopathic Physicians and Surgeons, was discussed, resulting in a request for a series of lectures on medical and surgical subjects from a Homœopathic standpoint. This means practically, the opening of the regular session of this college and marks another epoch in Homœopathy's progress in Canada.

This series of lectures will be open to students of Homœopathy and the public, and will be free.

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#### OUR OCTOBER NUMBER.

In addition to enlarging this paper by one-half the original size, we are pleased to be able to report an increase in the circulation, which is now double that of our initial number.

Does not this strike careful thinking persons as being an argument in favor of homœopathy, as well as an evidence of energetic toil on the part of the business management of this paper.

That we are pleased with the appreciation shown by the friends of homœopathy and of those not of the faith is unnecessary to remark, and we will still further endeavor to give evidence of our gratitude to our patrons, readers and advertisers, by continued improvements and enlargments of the paper and extension of its field of usefulness.

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#### HOSPITAL REPORT FOR THE MONTHS OF JUNE, JULY, AND AUGUST 1896.

*To the Committee of Management, Montreal Homœopathic Hospital:*

I have much pleasure in presenting to you a report of the work done by the hospital during the last three months.

Number of patients remaining in hospital on May 31st five. The total number of admissions for the time is forty-five, and the number of discharges forty-four. Remaining in hospital on September 1st, six; of the forty-five cases admitted, twenty-six were surgical, and nineteen medical; of the surgical cases, twelve demanded operations, which were successfully performed, and the patients much benefited.

We have had four cases of typhoid fever, two of which were brought to a satisfactory conclusion, one is at present convalescing, and one of a very malignant type, died.

In the out door department the attendance has averaged one hundred and twenty per month for June, July and August, with prospects of an increase for the present month.

Early in the month of June we started the nurse's holidays, given fifteen days to each. In consequence of these vacations, we were unable to respond to two or three calls for nurses for private duty, but during the three months the nurses

were engaged on private cases for thirty-five days.

We desire to thank our friends for many liberal donations. They have proved to us in many instances that we are held in kindly remembrance.

Flowers have been received in abundance from various sources, and have given much comfort and pleasure to our patients. Several of our friends have remembered us with fruit which has been much appreciated by both patients and nurses.

Respectfully submitted,  
C. L. Davis,  
*Lady Supt.*

HOSPITAL WANTS.

Cotton batting. Old cotton.

A few small tables—*much needed.*

Three small tables, each containing a drawer, for nurses' writing tables, at which they may sit to chart their temperatures and bedside notes.

Empty homœopathic medicine vials for the dispensary

Slippers for male and female patients.

Wrappers for patients of both sexes, and also for children,

A few toys for the little ones.

Fruits, jellies, preserves and flowers always acceptable.

Small mirror for nurses room

WOMAN'S AUXILIARY.

There was a good attendance at the first regular meeting of the season of the Woman's Auxiliary, Wednesday, Sept. 16th, at 11 o'clock. Mrs. Granger's resignation of the office of Secretary which she has filled most acceptably was received with regret. Mrs. Gaunt was appointed to fill the vacant place till the annual meeting. Miss Davis' report for the summer months, which is to be found elsewhere, will be read with interest as showing the faithful work carried on while many members were out of town.

Various plans were discussed for raising funds for current expenses and to pay off the accumulated accounts of the summer. Two new lady collectors offered to take districts, and those already having books were urged to greater diligence in securing subscribers. After-

noon teas, evening entertainments and concerts were discussed as likely to prove successful. A design for the badge for nurses on graduation was submitted but not decided upon. Two nurses will have completed the course by the end of October, and three others will finish in the spring. It is proposed to have the graduation exercises for all together.

The next meeting of the Auxiliary which it is hoped will be a large one, will be held Wednesday, October 21st, at eleven o'clock.

WOMAN'S AUXILIARY, MONTREAL  
HOMŒOPATHIC HOSPITAL.

Treasurer's Report, September 1896.

Dr.	
To cash on hand, September 1st .....	\$84 50
" " subscriptions, &c .....	24 50
" " patients and nurse's fees....	58 65
" " dispensary .....	12 55
" " subscriptions for beds .....	7 00
" " sale of thermometers .....	9 95

Cr.	
By amt. paid wages .....	\$106 33
" " medical supplies ...	29 30
" " gas account .....	14 60
" " food supply .....	6 40
" " stamps, discount &c	3 81
Cash balance on hand .....	26 71

\$207 15 \$207 15

Bal. due on outstanding accounts.... \$900 00

M. E. BAYLIS.

*Treas. pro tem.*

INVALID COOKERY.

CORN-STARCH IN MILK.

One dessert spoonful corn-starch, one teaspoonful sugar, one-half pint milk, three cloves. Mix corn-starch and sugar in a little milk till smooth. Boil half pint milk with cloves or any flavoring desired, add sugar and corn-starch, stirring well, boil 2 minutes more, add wine or brandy the last thing if ordered.

(Arrowroot may be used instead of corn-starch if desired, and the receipt may be varied by using beef tea instead of milk).

CORN-STARCH PUDDING OR SOUFLÉ.

The receipt given above can be converted into this by adding two yolks of eggs and two whites beaten separately. Bake in a buttered dish 20 minutes.

LINSEED TEA.

One oz. linseed. half oz. licorice root or lemon rind, sugar to taste, one pint of cold water. Simmer slowly over the fire one hour. Strain and use when cold.



SUBSCRIPTIONS RECEIVED IN  
SEPTEMBER 1896.

J. A. Mathewson jr .....	\$20 00
John Cowan .....	2 50
J. S. McBride .....	1 00

DONATIONS FOR SEPTEMBER 1896.

Flowers from Miss Bella Leith, Mrs. Moore, W. C. T. U., Montreal Flower Mission, Miss Evelyn Brown, fruit from Mrs. Watson, Mrs. S. M. Baylis, Mrs. Riley, Mrs. Somerton, Mrs. A. R. Griffith, Mr. Samuel Bell, Magazines from Mrs. Barbeau, and unknown friend, two tables from Mrs. Wm. Trenholme, medicine bottles and old linen from Mrs. Henry Thomas, six yards turkey red twill from Mr. Geo. Seroggie.

Urinary analysis case from C. E. Scarff, Esq., No. 2 Orient oil heater from W. A. Stephenson & co., thirty chart boards from G. & J. Esplin, quantity of toys from Mrs. A. T. Drummond; package of empty vials, Mrs. W. Rodden.

THE REGULAR KIND.

*Aunt Winnie*—"Yo' doan' ketch me takin' any of dat new-fangle' med'cine. It's a reg'lar, so I is."

*Miss Goulet* (a city missisonary)—"What doctor shall we send for then, aunty?"

*Aunt Winnie*—"Land of libin', chil'! doan' yo' know de reg'lar kin'? I means de alpaca doctah, ob co'se."—*Judge's Library.*

A reliable remedy for dandruff is as follows; Borax, two drams; sesqui carbonate of ammonia, one dram; sulphuric ether, one dram; rectified spirits of wine, two ounces; rose water, twelve ounces. Rub into the head until a lather is produced; then rinse in warm water. Use this a week for good results.

A true Malt Extract should have for its principle object the nourishing and strengthening of the system, increasing the appetite and acting on the other food as a digestive, and by doing so a weak stomach is toned up, and additional power given to it.

Dr. D. of St. Denis St., Montreal, tells us that he has some thirty patients using Wyeth's Malt Extract, (March 1-96), and recommends it very highly.

THE WEDDING RING FINGER.

The choice of the fourth finger, counting the thumb as the first, for the wedding ring, is based upon a belief common among ancient physicians that a nerve connected it with the heart. It was called the healing finger, and used in stirring medical compounds in the belief that nothing harmful to health could come in contact with it without it at once making a telegraphic communication to the heart of the stirrer.

EGGS IN THERAPEUTICS.

The *Medical Record* gives the following ways of using eggs in therapeutics. A mustard plaster made with the white of an egg will not leave a blister.

A raw egg taken immediately will carry down a fish-bone that cannot be gotten up the throat.

The white skin that lines the shell of an egg is a useful application for a boil.

White of egg beaten with loaf sugar and lemon relieves hoarseness—a teaspoonful taken once every hour.

An egg added to the morning cup of coffee makes a good tonic.

A raw egg with the yolk unbroken in a glass of wine is good for convalescents.

A WORD ABOUT EARS.

I wonder if mothers know how cruel they often are to babies without thining of it? The poor little baby cannot describe its feelings, and how should the mother know? Dress your baby up as much as you please—babies are generally pretty in anything neat and clean—but be careful how you dress them. I began to count one day on my way down town how many babies I met with their pretty little bonnet strings tied back of their ears so tightly as to keep the bonnet on and to deform the ears for life, but after getting to 50 I gave it up. Have you never noticed how many people there are with ears out of shape from no other cause than from the improper arrangement of caps in infancy? Baby looks sweet, I'll allow, but, wouldn't it be better to start a fashion for baby to look sweet and comfortable at the same time. Ask your doctor about it, and I think he will tell you that I have not exaggerated in the least.—*Housewife.*

TWENTY-FIVE CENTS is not much money, yet if every one who receives this paper would kindly remit that amount for a year's subscription, there would be no debtor side to the ledger.