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# iomæopathic Record

DEVOTED TO THE INTERESTS OF HOMEOPATHY AND OF THE MONTREAL HOMŒOPATHIC HOSPITAL.

Vol. I. No. S.

MONTREAL, AUGUST, 1896.

25cts. A YEAR.

### Homcopathic -

- PUBLISHED MONTHLY -By the Woman's Auxiliary of the Montreal Homoopathic Hospital.

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Ambulance 3020.

All matters of business and subscriptions to be sent to C. S. De Witt, care of Montreal Homozopathic Hospital, 44 McGill College Avenue.

All manuscripts, news items, etc., should be addressed to Dr. Arthur D. Patton, care of Hospital.

#### SAMUEL HAHNEMANN.

The following, concluding portion of a newspaper article on the founder of homœopathy, gives in a concise form, an admirable account of the work of the man who has done more towards the advancement of medical knowledge and science, than any other, since the days of Hippocrates. A greater tribute to the thoroughness and accuracy of his work than the present status of the system he founded would be hard to imagine. Wherever intelligence and progress thrive, is found homoopathy at it's best, as the system which appeals to reasoning men and women as well as to the non-reasoning child. This first centennial of homeopathy closes with a brilliant record of successful achievement, and ere the second centenary rolls around, the followers of Hahnemann will have completed the conversion of the peoples of the world to belief in and practice of the only rational system of medicine.

"Hahnemann not only demolished the irrational and destructive systems which then and therefore prevailed, but also created an entirely new science of materia medica by instituting provings of drugs on the healthy human organism. This method has received the sanction of scientific men of all shades of opinion. Dissatisfied with

the recorded effects of medicinal substances as not sufficiently accurate, he began to ascertain on his own person the effects of various drugs, well knowing the dangers to his health and life by so doing. Later he gathered about him others willing to make a similar sacrifice. Some idea of the colossal task he accomplished can be formed when it is known that his work on materia me lica include original provings of ninety different medicines. "When," he writes, "we have to do with an art whose end is the saving of human life, any neglect to make ourselves thoroughly masters of it becomes a crime."

Of his industry we may form some opinion from the fact that he wrote upward of seventy original treatises on chemistry and medicine and translated from the English, French, Italian and Latin twenty-four works on chemistry. medicine, agriculture and general literature, besides attending to a large practice, of which he kept a careful record. He was a good botanist, was acquainted with astronomy, meteorology and geography and was withal a superior classical scholar. He died in Paris on July 2, 1843, in his eighty-ninth year, and was buried in the cemetery Père la Chaise.

Such is, in brief, the life of the man. whose work has marked an important era in the history of medicine, and whose name will descend to posterity as the founder of a school of medicine with more adherents, a greater number of assailants, more extensive literature, a greater influence on the art of healing, than any which has preceded it. -Chicago Chronicle.

#### DYSPEPSIA AND ITS RESULTS.

After practicing for some years I became a confirmed dyspeptic, had to observe a rigid diet, and had to take medicine secundum artem, but to little advantage; and at this time, having been requested to undertake editing the Memoirs of the late Rev. Josias Wilson, after much consideration I consented.

This brought me into close communion with my valued friend, Mrs. Wilson, widow of the late Rev. Josias Wilson. She, seeing how ill I looked and how much I suffered, and being herself a confirmed Homeopath, would occasionally introduce to my notice the subject

of Homeopathy.

But as bigotry is the offspring of ignorance, and as I was a young doctor filled to the brim with Allopathic principles, it may be well supposed, though I had a deep respect for Mrs. Wilson, I did not quite relish her intruding quackery, as I then considered Homoopathy to be; confessing as I now do that I did not even then know the meaning of the word, much less the therapeutic principles which it taught; but notwithstanding I could, like thousands of others cry out in my ignorance, "Pooh, pooh, quackery!"

But Mrs. Wilson was too deeply convinced of the efficacy of Homeopathy in her own case as a medical system to relinquish her efforts to induce me to try it; and after a long warfare between us, simply to get rid of her importunity. I determined to give Homeopathy a fair trial, and thus demonstrate to her its utter uselessness, as in those days I had only faith in pills and potions, at hoc genus omne, and considered globules mere

empiricism.

The die was now cast, and consequently the battle half won by Mrs. Wilson, as in two months after I began "the Homeopathic medicines," physiological changes were effected in my system, which all the battering-rams of Allopathy, pills and potions, had failed to effect, after four years' constant use.

Will my readers be astonished if I candidly confess that this result rather disappointed than pleased me, as after an experimentum crucis on Baconian axioms, all my cherished ideas of Allopathic therapeutics had received a deadly blow, and nothing now remained for me, if conscience were to rule, but, like David, to lay aside all my cumbrous armour, fight with a sling and stone, become a heretic in orthodox medicine, leave the Allopathic camp with all its friendships, social and professional prestige—no mean sacrifices in those days—and join the weak despised handful of

Homeopaths, to share in all their trials, persecutions, and obloquy, for a great medical truth, namely "similia similibus curantur," the axiom of Hahnemann, under which banner I was eventually to either lose or win in my combat with disease?—Dr. Hugh Hastings, in Homeopathic Envoy.

#### USES OF YAWNING.

A celebrated Belgian physician says that yawning is an exceedingly healthy function generally, besides having a very salutary effect in complaints of the pharynx and eustachian tubes. cording to the results of late investigations, yawning is the most natural form of respiratory exercise, bringing into action all the respiratory muscles of the chest and neck. It is recommended that every person should have a good yawn. with stretching of the limbs, morning and evening, for the purpose of ventilating the lungs and tonifying the muscles of respiration. An eminent authority claims that this form of gymnastics has a remarkable effect in relieving throat and ear troubles, and says that patients suffering from disorders of the throat have derived great benefit from it. He makes his patients yawn either by suggestion, imitation, or by a series of full breaths with the lips partly closed. The yawning is repeated six or eight times, and should be followed by swallowing. By this means the air and mucus in the eustachian tubes are aspirated .-Popular Science News.

#### HOMEOPATHY IN UNITED STATES.

In no country in the world has the practice of the principles promulgated by Hahnemann gained such a foothold as in the United States, where the liberty of which we boast has made it so easy for it to thrive, untrammeled by such a weight of prejudice as exists in many of the countries of Europe. The medical colleges of the school in this country number twenty, and their high standard of requirements is an acknowledged fact. The homoeopathic college in New York city has well-equipped medical and surgical hospitals attached to it, the latter erected through the generosity of ex-Governor Roswell P. Flower. college is distinguished by having a larger per cent of its graduates placed upon the honor roll in the board of regents of the university of the state of New York than any other medical college in the state. Exchange.

#### HINTS.

Regularly recurring sick headache of long standing has been permanently cured by Iris vers.

According to Dr. A. M. Cushing, facial neuralgia, of long standing, with "an alkaline mouth" has been cured by Kalmia lat.

"I believe Rhatany (or Ratanhia) will cure more diseases of the rectum than all the other remedies in our Materia Medica."—Cushing. The special indication for the remedy is itching.

Try Ferrum met. for sciatica.

Chilliness and fever after exposure to dry cold, Aconite.

Malaria, head hot and full, desire to hug the fire, Gelsemium.

Thin watery discharge, chilly, frontal headache, worse in open air, Arsenicum. Arsenicum cold is in nose, Phosphorus on the chest.

Discharge of water from nose and much sneezing, Nat. mur.

A ripe cold with thick discharge Fulsatilla,

Cold and aches coming on after exposure to cold, wet conditions, Rhus tox.

Tendency to catch cold at every exposure, Calc. carb.

"No appetite for breakfast, though there is for the other meals of the day," is one of the symptoms of Borista.

"Any dyspeptic," says an exchange, "who has not tried pineapple juice should lose no time in taking the advice of one who has." Your Homeopathic pharmacies can supply the pure juice or syrup.

For red, terribly itching spots of greater or less size on the skin, try Mezereum.

Dry backing coughs coming on in violent attacks, Belladonna.—Home pathic Envoy.

#### SUGAR AND SORE EYES.

In all forms of ophthalmia (country sore eyes, &c.), Dr. Aitchison states that he has found a solution of one drachm of sugar in three drachms of water dropped into the eye every hour or so, never fair to afford relief, and that generally, if applied early, (it) cut short the disease This practice, he added, he has at once. followed for twelve years, and used nothing else. Children, according to his experience, will actually come and ask to have the remedy dropped into their eyes, so great is the relief it affords. At bedtime, in these cases, it is a lyisable to apply to the eyelashes a little s weet oil or grease, and the first thing in the

morning carefully to wash the eyes with hot milk and water. This solution is also useful for removing small foreign substances from the eye. (Bazaar Medicines, Waring, p. 171.)—R. T. C., in Homeopathic World.

### THE MONTREAL HOMEOPATHIC ASSOCIATION.

Incorporated under Royal Charter 1865.

President-Charles Alexander, Esq.

Treasurer—E. G. O'Connor, Esq., 104 Shuter St., Tel. 3010.

Secretary—Dr. H. M. Patton, 125 Mansfield St., Tel. 3077.

Has organized and controls the following institutions:

MONTREAL COLLEGE OF HOMEOPATHIC PHYSICIANS AND SURGEONS.

President—John Torrance, Esq. Vice-President—I. G. Ogden, Esq. Treasurer—Roswell C. Fisher, Esq. Registrar—Dr. A. R. Griffith, 535 Wellington St., Tel. 8544.

MONTREAL HOMEOPATHIC HOSPITAL.

44 McGill College Avenue, Tel. 3837.

For the reception of public, semi private and private patients.

Superintendent—Dr. H. M. Patton; Lady Superintendent, Miss C. L. Davis. Governing Body consists of 35 Life Governors and 20 Elective Governors.

President—Samuel Bell, Esq.

Treasurer—E. G. O'Connor, Esq., 104 Shuter St., Tel. 3010.

Secretary—J. A. Mathewson Jr., Esq., 56 McGill College Avenue.

WOMAN'S AUXILIARY MONTREAL HOMEO-PATHIC HOSPITAL.

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Treasurer — Miss Van Horne, 917 Sherbrooke St.

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Superintendent—Miss C. L. Davis. Lectures from October 1st to April 1st, by staff of twelve physicians and lady superintendent.

COMMITTEE-Mrs. Sutherland Taylor, Mrs. Gaunt, Mrs. R. J. Evans, Mrs. A. O. Granger, Mrs. Thos. Nichol.

#### MONTREAL HOMŒOPATHIC HOSPITAL.

ESTABLISHED 1894.

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Arthur Fisher, M.D., Geo. Gale, M.D., Geo. E. Logan, M.D., D. C. McLaren, M.D.

ATTENDING PHYSICIANS,

John Wanless, M.D., A. R. Griffith, M.D., W. G. Nichol, M. D., A. D. Patton, M. D., William McHarrie, M. D.

Attending Surgeon—H. M. Patton, M. D. Opthalmologist—E. M. Morgan, M. D. Pathologist—E. A. Grafton, M. D. Lady Superintendent—Miss C. L. Davis.

#### HOSPITAL NOTES.

**Dr. H. M. Patton,** Medical Superintendent, and family are spending the month of August at Matane, Que.

Trained nurses at the rate of \$2.00 per day for outside cases will be furnished on application to the Lady Superintendent.

Owing to the absence of the treasurer the financial side of the hospital does not appear this month, in next issue will appear a double portion.

Dr. A. R. Griffith will spend the latter part of August and beginning of September in the land of cyclones and cold waves, North Dakota.

Dr. Wm. McHarrie, is healing the sick, doing missionary work for homeopathy and generally enjoying himself during the dog days, at Little Metis.

On request to the Superintendent, the modern e supped operating room will be placed at the disposal of outside surgeons, charge being made only for dressings used.

The committee of management desires to thank Messrs Willis & Co., of Notre Dame St, for the loan of a very handsome cabinet organ, for the ensuing year.

The private wards are at the disposal of any reputable physician, whether belonging to the hospital staff or not. Alcoholic, insane and contagious cases not received.

When you get this copy of the RECORD make up your mind to forward that twenty-five cents you intended to send for a year's subscription and get your friends to send theirs.

Semi-public patients with visiting privileges from 2 to 3 p. m. daily, and free attendance by the hospital staff, are received at the rate of \$3.50 per week. Deposit required.

Private ward accommodation includes all ordinary nursing and attendance. Medical and surgical attendance extra, nurse, liquors, special delicacies and medicines other than homeopathic) not included.

The charge for private wards is \$2 per day in ordinary cases, payable weekly. Where special nurse is required, \$1 per day, extra. The hospital requires a deposit of \$30.00 for each private patient, deposited on entrance.

It may not be generally understood that the private rooms and operating room are open to physicians of any and all schools. Patients may occupy private rooms and be attended to by their own physician to suit his and their convenience.

Dr. Laura Muller has located at 213 Stanley Street, where she has the prettiest and cosiest doctor's quarters in the city, well calculated to make the patients forget their ills. She will devote her attention to the medical diseases of women and children.

The pathological laboratory has been enriched by the gift of a very fine microscope, through the generosity of Messrs Frothingham & Workman, per Mr. Archibald. This gift is much appreciated, and will materially aid in examinations and diagnoses.

Have you seen the new beds in the surgical wards, or better, have you subscribed anything towards paying for this latest evidence of the energy and zeal for the hospital's welfare displayed by the Woman's Auxiliary. There is \$100, required for this purpose and you are earnestly requested to aid the Auxiliary in making the Montreal Homeopathic Hospital the model institution of Canada.

#### DONATIONS FOR JULY, 1896.

One doz. jars preserves, etc., and old linen, Mrs. N. O. Greene; one dollar, N. Richot, butcher; fruit for nurses, Mrs. S. M. Baylis; 12 cushions, Alaska Down Co., per Mr. Sherrard; strawberry shortcake for nurses, Mrs. Benjamin; flowers, Mrs. Jones; one feather brush, Walter Paul; potatoes, Mr. Mathewson, Jr.; one earthenware teapot, John A. Murphy & Co.; raspberries for preserves and table use, Mr. Pangborn; raspberries for nurses, Mrs. Griffith; two pails and 3 wash basins, Thos. Davidson Co.; flowers, Mrs. J.A. Sheffield; flowers, Montreal Flower Mission; flowers, Miss Bella Leigth; magazines, Mr. F. J. Freese; fruit for patients and nurses, Mrs. Hector Mackenzie; fruit for nurses, Mrs. Lüsher; two large and small jar preserves; Mrs. Willett, Chambly, Canton; one ointment jar, Lyman Sons & Company; seven antiseptic towels, six doctor's towels and old linen, Moody; one piece glass towelling. Henry Morgan & Co.; five dollars towards new bedsteads Dr. H. M. Patton; two dollars towards new bedsteads, Dr. Griffith; 30 chart boards and staves, Messrs. J. & G. Esplin; 1 doz. patent clips, Morton, Phillips & Co.; loan of organ for one year, Willis & Co.; fire assurance for organ, Mr. Routh; insertion in Witness once a month, Mr. John Douglass; 2 watermellons for nurses and patients and one box blueberries; Mr. J. R. Flemming; seven jars preserves, Mrs. Benjamin; one jar black currant jelly, Miss S. H. Laughlin; pansies for patients, Mrs. Shepherd; flowers for patients, Miss Evelyn Brown; flowers for patients, Mrs. Duke Dunn, Lachine Rapids; one piece of grey flannel, Mr. S. T. Willett, Chambly Canton; basket of peaches, Mr. Hadley; one doz. baskets berries for nurses and patients, Mrs. Saml. Bell; three circular air cushions, Dr. Laura Müller; five dollars, John Duncan & Co., per Mr. Patterson; two glass jars, a friend; 150 lbs. sugar, St. Lawrence Sugar Refinery, per Mr. Mc-Nally.

#### HOSPITAL REPORT FOR JULY, 1896.

No. of patients remaining in hospital on July 1st	12
No of patients admitted during the month	19
No. of patients discharged	19
140. of patients discharged	19
No. of patients remaining in hospital on	
July 31st	12
Surgical cases admitted	12
Operations	- 8
Medical	7
No. of patients treated in Dispensary	110
Average No. of patients in hospital per	
Average No. of patients in hospital per day	12

#### INVALID COOKERY.

#### INDIAN MEAL GRUEL.

Boil a pint of water in a saucepan. Put half a teaspoonful of salt into it. Mix two even teapoonfuls of finely sifted meal with enough cold water to smooth and thin it. Stir this nicely into the boiling water. Boil it gently, stirring carefully half an hour. Add a teaspoonful or two of cream if liked, boil up, and serve in a pretty bowl.

#### SCRAMBLED EGG.

1 tablespoonful cream or stock, or tomato or beef tea. One egg, pepper and salt to taste. One piece of buttered toast. Make the cream or other liquid hot in a stew-pan. Add egg, pepper and salt. Stir over the fire till quite curdled, then lay neatly on the toast. Serve very hot.

#### RICE JELLY.

One quarter pound Carolina rice, one quarter pound sugar, one quart of water, wine if required, lemon rind. Boil rice, sugar, water and lemon rind till all is a gelatinous mass. Strain off the jelly or rub through a sieve. Add the wine pour into a mould and when set, turn out and serve with cream.

#### HOSPITAL WANTS.

Cotton batting.

Some flower vases.

A few small tables—much needed.

Three small tables, each containing a drawer, for nurses' writing tables, at which they may sit to chart their temperatures and bedside notes.

Empty homosopathic medicine vials for the dispensary.

Slippers for male and female patients.

Wrappers for patients of both sexes, and also for children.

A few toys for the little ones.

Fruits, jellies, preserves and flowers always acceptable.

As to the advantages of Wyeth's Liquid Malt Extract during lactation, this claim has been so fully substantiated by thousands of medical men throughout America that the article has become now almost an essential requisite for mothers nursing, because of the large percentage of nutritious matter with the very small percentage of alcohol it contains. In the usual dose of a wine glassful three or four times daily it excites a copious flow of milk, improves it in

quality, and supplies strength to meet the great strain upon the system at that period, nourishing the infant and sustaining the mother at the same time.

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