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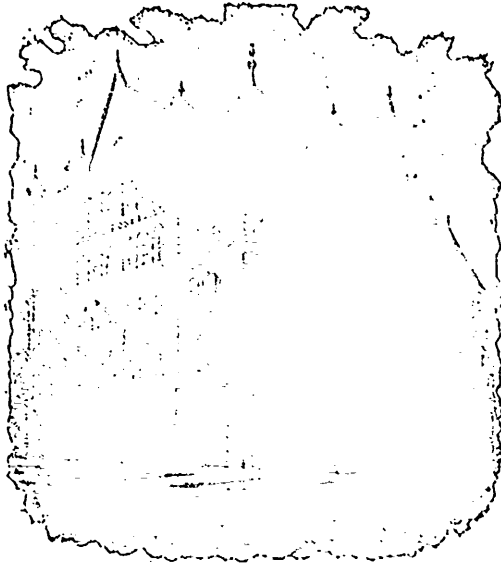
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Homoeopathic Messenger,

DEVOTED TO THE INTERESTS OF
GRACE HOSPITAL.

"I speak not out of weak surmises, but from proof!"



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PUBLISHED MONTHLY.

ANNUAL SUBSCRIPTION, 50 CENTS.

Vol. III.

TORONTO, SEPTEMBER 15th, 1896.

No. 9.

Homoeopathic Messenger.

Each one receiving a specimen copy is respectfully invited to become a subscriber. Address all communications and subscriptions

EDITOR HOMOEOPATHIC MESSENGER,
Mail Building,
Toronto.

The object of the MESSENGER is to make more generally known the advantages of Grace Hospital, to give from time to time some account of the work of that Institution, together with other items of information of use and interest to every household, and to encourage a wider interest in the Science of Homoeopathy.

DREAMS.—The following are medical signs of dreams, as published in a medical work: Lively dreams are in general a sign of nervous action. Soft dreams a sign of slight irritation of the brain; often, in nervous fever, announcing the approach of a favourable crisis. Frightful dreams are a determination of blood to the head. Dreams about blood and red objects are signs of inflammatory conditions. Dreams about rain and water are often signs of diseased mucous membranes and dropsy. Dreams of distorted forms are frequently a sign of abdominal obstructions and disorder of the liver. Dreams in which the patient sees any part of the body especially suffering indicates disease in that part. The nightmare, with great sensitiveness, is a sign of determination of blood to the chest.—*Fam. Doct.*

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METHODS OF ASSISTING THE HOSPITAL.

Friends can aid the Hospital in any of the following ways:—
 1. Donations of money; also of fruit, flowers, vegetables, provisions, books, clothing, bandages, old linen, and whatever is necessary or useful to the sick.
 2. Annual subscriptions, to be paid any time during the year, and continued at will of subscriber.
 3. Subscribers of \$100 and upwards shall be known as "Donors," and shall have the privilege of sending a patient for twenty weeks, free of charge, to a \$5 ward of the Hospital. This privilege will be good till used, but is extended only to those who subscribe at least \$100. The like privilege attaches to every additional \$100 subscribed by the same giver.
 4. Two hundred and fifty dollars subscribed annually will maintain a bed in a \$5 ward of the Hospital, to which the donor shall have the right to send any proper hospital patient.

FORM OF BEQUEST.

I give and bequeath to Grace Hospital (Homeopathic), to be paid by my executors to the person acting as Treasurer of the Board of Trustees thereof, the sum of dollars to the charitable uses and purposes of said Hospital, under the direction of said Board of Trustees.

PRIVATE WARDS.

SCALE OF PRICES.

Private rooms in the Hospital range in price as follows:—\$5, \$8, \$10, \$12, and \$16 per week. This includes all Hospital attendance.

HOSPITAL REPORT.

Patients in August 1st	43
Births in August	5
Admitted in August	30
Discharged in August	— 84
Deaths in August	27
Remaining in September	1
	56
	— 84

W. H. NICHOLS, M.B., M.D.,
House Physician.

HOSPITAL AND TRAINING SCHOOL NOTES.

The meetings of the Board of Management and the Young Ladies' Auxiliary begin the second week in September.

MEETINGS.

Meetings of the ladies' section of the Board of Management are held every Thursday at 11 o'clock a.m., in the Board-room of the Hospital. Meetings of the Board of Management, at which the Trustees, also Associate Members, are present, are held on the second Thursday of every month, at 4.30 p.m. Meetings of the Young Ladies' Auxiliary are held every Wednesday at 10 a.m.

OUR WANTS.

A movable bath (badly needed).
 Fruit, vegetables.

ASSOCIATE MEMBERS.

Mr. John Rice—year 1896.

PANSY BAND.

We are very grateful to the Pansy Band for their many acts of kindness in bringing flowers, etc., to the public wards during the past summer.

DONATIONS.

Pansy Band, 18 glasses of jelly.
 Mrs Dalton, 2 baskets of pears.
 Mrs. Palmer, 1 basket of cucumbers, 2 baskets of apples.
 Mrs. Christie, 3 baskets of peaches.
 A Friend, 2 baskets of apples.
 Mrs. Sutherland, per V. L. A., 1 basket of plums.
 Mrs. Howitt, 1 basket of crab apples, 1 basket of pears.
 Mrs. Baldwin, 1 barrel of pears.
 Lady Wilson, 1 barrel of apples.

ASSOCIATE MEMBERS.

As many friends of Grace Hospital who are interested in the success of the institution, and still have not the time to devote to actual work, have expressed a desire to be of some assistance, it has been deemed expedient by the Trustees and Board of Management to establish an order of "Associate Members," who, by their influence, can be of great benefit, not only in Toronto, but throughout Ontario, in securing a wider interest in the science of Homœopathy and spreading the knowledge of Grace Hospital, it being the only homœopathic hospital in the province.

The privilege of attending the monthly meetings will be accorded those becoming Associate Members. These are held at the Hospital on the second Thursday of the month, at 4.30 o'clock. A reception committee will be present at 3.30, and will show Associate Members through the various wards prior to the meeting.

A copy of the HOMŒOPATHIC MESSENGER, showing the work which is being accomplished, will be sent monthly to all "Associate Members."

The annual fee for membership in the order is \$2.00.

HOMŒOPATHY OF TO-DAY.

Dr. Richard Hughes is delivering a course of lectures at the London Homœopathic Hospital. From one published in the *Monthly Homœopathic Review* for March we quote the following summary of Homœopathy as it exists to-day:

In the considerations which have now passed under our notice I think I have fairly

not before you Homœopathy as it exists to-day, nearly a century after the first promulgation of the method by its founder. That our school has an "extreme left," rigidly exclusive and (I must add) highly exaggerative, I have already admitted; and it possesses also an "extreme right," the practice in which differs little from that of traditional medicine. But speaking for the simple "right" and "left," with their corresponding "centres," and allowing for the shades of difference these names represent, I believe that the conduct of the immense majority of the twelve thousand or more Homœopaths of the world is what I have now described. We are all hygienists; we give more or less place to surgery, hydrotherapy, electricity, gymnastics and massage; but when we come to drug-action, save for an exceptional allopathic adjunct or antipathic palliative, our whole endeavour is to follow the rule *similia similibus*. We work it with both specific and individual similarities, when we can get them; but in default of either are content to lay hold of the other, and, where both fail, to fall back upon clinical experience, only requiring as the issue of each mode of discovery the dynamic, constitutional agent, operating directly, silently, and in small dose, which we know as the homœopathic remedy.

THE USE OF STRAWBERRIES.

According to Dr. Withering:—"They are grateful, cooling, sud-acid, juicy, and have a delightful smell. They promote perspiration, and dissolve the tartarous encrustations upon the teeth. Persons afflicted with gout or stone have found great relief from using them largely; and Hoffman says he has known consumptive patients cured by them."

Withering's four-volume work on Botany is well worthy of a place in every medical man's library, for, apart from its special object, it is replete with remarks on medical and dietetic subjects. Its author, as all know, was a distinguished physician of wide learning. It was of him, when on his death-bed, that it was plaintively said that the flower of physic was withering.—*Charlotte Med. Journ.*

MEDICINE IN ARABIA.

The following narrative from the Travels of Wm. G. Palgrave, who practiced the medical art in the remote interior of Arabia, will give the reader some idea of the difficulty a homoeopathic physician would encounter in getting symptoms from that race of wanderers, whose language abounds in the most luxuriant metaphor:

"It is a stout clown from Mogah, scantily dressed in working wear, and who has been occupied for the last half hour in tracing sundry diagrams on the ground before him with a thick peach-tree switch, thus to pass the time until his betters have been served. He now edges forward and, taking his seat in front of the door, calls my attention with an 'I say, doctor.'

"Whereupon I suggest to him that his bulky corporation, not being formed of glass or other transparent material, he has, by his position, entirely intercepted whatever little light my recess might enjoy. He apologizes, and shuffles an inch or two sideways. Next I inquire what ails him, not without some curiosity to hear the answer, so little does the Herculean frame before me announce disease. Whereto Do'eymis, or whatever may be his name, replies,

" 'I say, I am all made up of pain.'

"This statement, like many others, appears to me to be rather too general to be exactly true. So I proceed in my interrogatory: 'Does your head pain you?' 'No.' (I might have guessed that; these fellows never feel what our Gallic friends entitle *le mal des beaux esprits*.)

" 'Does your back ache?' 'No.' 'Your arms?' 'No.' 'Your legs?' 'No.' 'Your body?' 'No.' 'But,' I conclude, 'if neither your head, nor your body, back, arms, or legs pain you, how can you possibly be such a composition of suffering as you say?' 'I am all made up of pain, doctor,' replies he manfully, entrenching himself in his first position. The fact is, that there is really something wrong with him, but he does not know how to local-

ize his sensations. So I push forward my inquiries, till it appears that our man of Mogah has a chronic rheumatism; and on ulterior investigation, conducted with all the skill that Barakat and I can jointly muster, it comes out that three or four months before, he had an attack of the disease in its acute form, accompanied by high fever, since which he has not been himself again.

"This might suffice for the diagnosis, but I wish to see how he will find his way out of more intricate questions; besides, the townsmen sitting by, and equally alive to the joke with myself, whisper, 'Try him again.' In consequence, I proceed with, 'What was the cause of your first illness?' 'I say, doctor, its cause was God,' replies the patient. 'No doubt of that,' say I; 'all things are caused by God; but what was the particular and immediate occasion?' 'Doctor, its cause was God, and secondly, that I ate camel's flesh when I was cold,' rejoins my scientific friend.

" 'But was there nothing else?' I suggest, not quite satisfied with the lucid explanation just given, 'It was all, I say, from God, doctor, but then, I drank camel's milk, too.'

"Well I consider the case and make up my mind regarding the treatment. Next comes the grand question of payment, which must be agreed upon before-hand and rendered conditional on success, else no fees for the doctor, not at Ha'yel only, but throughout Arabia. I inquire what he will give me on recovery. 'Doctor,' answers the patient, 'I will give you, do you hear, I say! I will give you a camel,' but I reply that I do not want one. 'I say, doctor, remember God,' which being interpreted means 'do not be unreasonable.' 'I will give you a fat camel, everyone knows my camel; if you choose I will bring witnesses, I say.' And while I persist in refusing the proffered camel, he talks of butter, meal, dates and such like equivalents.

"However, all ends by his behaving reasonably enough; he follows my prescription with ordinary docility, gets better, and gives me for my pains an eighteen penny fee."

THE CYCLE FOOT.

A serious and formidable question is now attracting the attention and perturbing the equanimity of the lady bicyclist. One of our weekly contemporaries, says the *Globe*, having published some letters on the regrettable tendency of modern women to develop large feet, it has been suggested that the ubiquitous cult of the wheel may be in some measure responsible for this deplorable expansion of what another journal has beautifully designated the "pedal extremities." The attitude of thoughtful and self-respecting woman is no doubt accurately expressed in the appeal of an earnest inquirer who, after asking for information on this momentous subject, adds, "I am an enthusiastic bicyclist, but have no intention of ruining the shape of my foot with overmuch pedalling." This is as it should be. Under exceptional circumstances the possession of a large and solid foot may be a distinct advantage, as, for example, in the case of an emigrant to Colorado, where

the beetles come from. But the normal conditions of life in a civilized country point in a different direction, and this being so, it is highly re-assuring to learn that in cycling the movement should be almost entirely from the ankle and the knee. The pressure on the pedal by the foot itself is "only sufficient to bring into play the actual work done by the knee and ankle," nor is the exertion on the part of the muscles of the foot calculated to "widen the tread." At the same time, no one who has watched a lady cyclist who, after a long ride, is walking uphill with her cycle, can fail to have been impressed with the curious, jerky mode of locomotion which she affects.

Dr. Benjamin Rush said in 1793 to a class of young doctors, "Let me recommend to your particular attention the indigenous remedies of our country. Endeavour to enlarge the materia medica by exploring the untrodden fields and forests of the United States. Who knows but that at the foot of the Alleghanies there blooms a flower that is an infallible cure for epilepsy, or a root that shall supply the invigorating effects of the savage life in the cure of consumption."

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