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### THE

## CROSS.

God fordid that I should glory, says in the Cross of our Lord Jesus Christ; by whom the world is Crucified to me, and I to the world.—St. Paul, Gal. A. if su 1 . I

Vol. 1.

HALIFAX, FRIDAY, MAY 12, 1848, 11 . No. 11.

#### WEEKLY CALENDAR.

May 14. Sunday IV. after Easter, S. Paschal I Pope and Conf.

15. Monday S. Isidore the Husbandman

16 Tuend

Tuesday S. Ubald Bish, and Conf.
 Wednesday S. John Nepomucene Mar-

18. Thursday S. Venantius Mart.

19. Friday S. Peter Celestine Pope Conf.

20. Saturday S. Berhaidine of Slenna Conf.

### Devotion in the Form of Rosaries.

IN HONOR OF THE MOST HOLY AND ADORA-BLE SACRAMENT OF THE ALTER, BY A CATHOLIC PRIEST:

"Exult and praise, O habitation of Sion because the holy One of Isreal is in the midst of thee."—Isanas, xii.

#### ROSARY OF THE BLES-SED SACRAMENT.

In the name of the Father, and of the Son and of the Holy Ghost.—Amen.
Thou. Q Lord! wilt open my lips, and my tongue shall announce thy

praise.

On! God, come to my assistance!
Oh! Lord make haste to help me!

Glory, honor, and praise be to our Lerd Jesus Christ, in the most holy and adorable Sactument of the alter. Amen.

The Five Meditations of the First Part.

in a decide a 🌬 🚈

Let us contemplate in this meditation how the Tree of Life, planted by God, in the Garden of Eden, was a lively figure of that Victim, the source of life, which is every day sacraficed on our alturs.

Our Fother, once.

O Jesus! the Lumb shat was claim from the beginning; of the world, have mercy on us. Ten times, Glory be to Jesus, in the most holy; and adorable; Sacrament of the alter. Amen.

#### Let us pray.

O Jesus! tree and source of life, who truly enlivenest us in this blessed! Sacrament of thy love, grant, we be seech thee, that by continually feeding on thee, the Author of life, we may never die by sin, but be translated from a holy life here, to the gloridus and everlasting enjoyment to thee in heaven.

11.

Let us contemplate in this meditation; how the broad and wine, offered in secrafice by Melchisedec, Priest of the Most High, were emblems of the bread and wine changed by Jesus Christ, our High Priest and King, into his body and blood, which are offered by the Priests of the New Covenant in every place, from the rising to the setting of the sun.

Our Father, once.

O Jesus! the Lamb, &c. ten times. Glory be to Jesus, &c. as before.

#### Let us Prny.

O Jesus, the High Priest and Pastor of our souls! who feedest us with thy own most sacred body and blood, mercifully grant that we may always perceive in ourselves the strengthening effects of this divine nourishment.

#### III.

Let us contemplate in this meditation how the Paschal Lamb, which was eaten in sacrafice by the Jews, in memory of the deliverance from the bondage of Egypt, and the sprinkling of whose blood preserved them from the Destroying Angel, was another type of that Lamb which was afterwards so raficed for the sins of the whole world, and whose passion and death we commemorate in the holy Sacrament of the Eucharist, in gratitude for our deliverance by him from the slavery of satar.

Our Father. &c. &c. as before.

#### Let us Pray-

O Lamb of God! pure, innocent, and spotless Victim, by whose blood we are delivered from the slavery of sin anhell, grant that we may so gratefully commemorate our redemption in these sacred mysteries, that, after having jour nied through the desert of this life, we may arrive in safety at the land o promise, in thy heavenly kingdom Amen.

#### IV.

Let us contemplate in this meditation how the blessed Eucharist, the bread which cometh down from heaven,

was prefigured by the Manna which God rained from heaven, to support the Isrealites in their journey from Egypt to the Land of Promise.

Our Father, &c. &c. as before.

#### Let us Pray.

O Jesus the true Manna which cometh down from heaven, and nourisheth here in our mortal pilgrimage, grant, we beseech thee, we may not die like the Hebrews in the desert, but arrive with Josue and Caleb, into thy promised country. Ames

#### V.

Let us contemplate in this meditataion how the bread with which Elias was fed by the Angel in the wilderness, to support him in his flight from the persecution of Jezabel, was another emblem of that divine food, by which we are strengthened against the persecution of our spiritual enemies.

#### Let us Pray.

Our Father, &c. &c. as before.

O Tree of life !- High Priest and pastor!-Lamb without spot !-heavenly Manna and Bread of angels! grant, we humbly beseech thee, that these devotions which we celebrate in honor of the most adorable Sucrament of thy love, may ascend like incense before thy sight; and that, by constantly receiving thee in this glorious bunquet, we may be so strengthened and support through the wilderness of this life, us to arrive, like the servant Elias at il y holy mountain, where thou, with the Father and the Holy Ghost, livest at d reignest one God for ever and ever-Amen.

#### Anthem.

Hail, O divine Heart of Jesus, in the most holy Sacrament of the altar, in which alone our rest, joy, and happiness consist! Hail, O admirable Sacra- Let us contemplate in this meditation are here assembled in thy honor, that, in the divine mysteries. after having been united to thee sacra- Our Father, once. mentally in this vale of tears, we may O Jesus the Bread of angels, have merhereafter see thee face to face in thy glorious kingdom, O merciful! O sweet! Glory be to Jesus in the most holy and O loving Jesus!

V. Come to me you that hunger after

heaven--

R. And thirst to drink at the fountain of

V. Come to me and I will refresh you— R. With the wine of gladness and the bread of life.

V. Come to me you weak, that you may grow strong-

R. And you that are strong lest you become weak.

#### Let us Pray.

O God! who hast wonderfully contrived that our only saving object, thy sacraficed Son, should continually solicit our hearts, by his own dear presence in the Sacrament of his love, reclaim, we humbly beseech thee, all our wandering affections, by thy miracle of goodness; and grant that they may be ever centered in our graciously veiled Jesus, who so lovingly offered up to thee his innocent body as a propitiation for our sins, and who, with thee and the Holy Ghost, lives and reigns, one God, for O Jesus ! the Holy of Holies, whose ever and ever. Amen.

Crament.

The Five Meditations of the Secon Part.

ment of love, in which the divine pow r, how the Peace Offerings in the law of wisdom, and goodness, seem to be ex- Moses, in which both priest and people h usted! flatl, O Bread of Lite, that partook of the Victim, were figures of cometh down from heaven, of which who- the body and blood of Christ which are soever eats, shall live for ever! Grant, offered in sacrafice by the priests of the O Lord Jesus, to us, thy servants, who New Law, and received by the faithful

cy on us, ten times.

adorable Sacrament of the altar. Amen.

### Let us Pray.

O Jesus! the Prince of peace, who offeredst thyself to thy Father as a peaceoffering and atonement for the sins of the world, grant, we firmly beseech thee, that, by a participation in these sacred mysteries, we may always enjoy that peace which the world can neither give nor take away. Amen.

Ħ.

Let us contemplate in this meditation how the High Priest's going but once a year into the inner sanctury of the temple, and that, after divers purifications, is a lively instruction to us at the manner in which we ought to purify outs: selves before we approach this glorious banquet.

Our Father, once.

O Jesus, &c. &c. as before.

#### Let us Pray.

Majesty, in this wonderful sacrafice. Then say the Litary of the Blessed Sa- far transcends all the Jewish types and figures, purify, we beseech thee, our thoughts, words, and actions, solever return to thee love for love. that we may never approach thee but Amen. with proper dispositions and suitable preparation. Amen.

#### III.

Let us contemplate in this meditation now the "Loaves of Proposition," which were set before the altar in the remple, were also symbols of that Bread of angels which is continually placed on our Christian altars throughout the world. Our Father, &c. &c. as before.

#### Let us Pray.

O Jesus! the Bread of Proposition! who presentest thyself on our altars, for our food and consolation, grant that we may be always sensible of this great benefit, and be never remiss in praising our loving God, who has so graciously bestowed it. Amen.

#### IV

Let us contemplate in this meditation how the holy Eucharist was foretold by the Prophet Malachy, when he declared, that God would no longer receive a sacrafice nor gift at the hand of the Jewish Priests; but that "in all places, from the rising to the setting of the sun, there would be offered to his The Five Meditations of the Third name a clean oblation." Our Father, &c. as before.

#### Let us Pray.

 $\mathbf{v}$ .

Let us contemplate in this meditation how the miraculous feeding of the multitude by our blessed Saviour, with five loaves and two fishes, was a faint emblem of the more wonderful manne: nourishes the faithful in which he throughout the world, with his own body and blood. Our Father, &c. as before-

Let us Pray.

O Jesus! who, during the passage of the elect through the desert of this world, feedest them in thy mercy with this divine food, "lest they should faint on the way," grant, we beseech thee, that thy gracious intentions may not be frustrated in our behalf; but that we may support our pilgrimage here with Christian patience, until we arrive at our true home in the heavenly kingdom, who with the Father and the Holy Ghost, livest and reignest, one God for ever and ever.

Hail, O divine Heart of Jesus, &c., with the verses and prayer, as before.

1.

Let us contemplate in this meditation, how our loving redeemer urgently invites O Fesus! pure and clean oblation! who, us to his holy Table, when he says, in in thy goodness to thy creatures, has Gospel of St. John, "Amen Amen, I prepared their minds for this great sa- say unto you unless you eat the flesh of crafice of the New Law, by so many the Son of Man, and drink his bloud, types and prophecies in the Old, grant you shall not have life in you." As also that we may always lead pure lives, and in St. Matthew—"Come to me, all you will refresh you."

Our Father, once.

O Jesus! the Bread that came down from heaven, have mercy on us. ten times.

Glory be to Jesus, in the most holy and adorable Sacrament of the altar. Amen

#### Let us Pray.

O bountiful and loving Jesus! who so graciously invitest us to feast, where thy sacred body is our food, and thy precious blood our drink, soften, we humbly beseech thee, our callous hearts, in order that we may never refuse thy delicious call; but always ardently sigh to be united to thee in so intimate and wonderful a manner. Amen.

2.

Let us contemplate in this meditation how our divine Redeemer, according to the Evangelist, "having loved his own who were in the world, loved them to the end," and how he expressed his most fervent wishes to institute this Sacrament for his creatures, saying - "With desire I have desired to eat this Pasch with you, before I suffer."

Our Father, &c. &c. as before.

#### Let us Pray.

O Jesus! who hast left to thy faithful, in this divine mystery, a constant proof and memorial of thy love, rouchsafe, we beseech thee, that our desires to receive thee in this great banquet, may be proportioned to the love thou hadst for us in its institution. Amen.

Let us contemplate in this meditation how, in order to fulfil his gracious pro-

that labour and are heavy laden, and I to the Apostle, "the night in which he was betrayed, took bread, and giving thanks, broke, and said-Take ye and eat; This is iny Body, which shall be delivered for you, do this in commemoration In like manner also the Chalice, after he had sut ped, saying-This Chalice is the new Testament in my Blood: this do, as often as you shall drink it, for the commemoration of me: for, as often as you shall eat this Bread, and drink this Chalice, you shall show the Jeath of the Lord, until he come."

Our Futher, &c. &c. as before.

#### Let us Pray.

O Jesus! whose goodness and mercy in this adorable institution, our weak language is unable to express, grant that what our lips cannot pronounce, our hearts may feel; and that we may be never tired in giving "Benediction, and glory, and wisdom, and thanksgiving, honor, and power, and strength, to our God, for ever and ever." Amen.

Let us contemplate in this meditation how we are admonished by the apostle to prove and examine ourselves, before we presume to approach this holy Table; and how he declares that the unworthy receiver " eats and drinks damnation to himself--not discerning the Lord's bodv."

Our Father, &c. &c. as before,

#### Let us Pray.

O Jesus! who hast left us this holy Sacrament as a pledge of future glory grant that we may be never so miserable:us to render it the means of our eternal code demnation; but that we may always discern thy adorable body, and estimate mises to us, "our Lord Jesus," according the value of thy precious blood. American 5.

Let us contemplate in this meditation how the Real Presence of Christ in the Blessed Eucharist is evident, from his own express words, so often repeated in the scripture, supported by the unanimous testumony of the Holy Fathers, and confirmed by the authority of that Church, with which the divine Spirit of Truth is to reside until the end of time. Our Father, &c. &c. as before,

#### Let us Pray.

O Lord Jesus Christ! who hast established thy Church as the "pillar and the ground of Truth," grant, we humbly beseech thee, that we may always submit our weak reason to its unerring dictates, and thy own sacred words; that thus, "captivating our understandings to the obedience of faith," we may have the glory and merit of believing what we do not see, rightly judging, that no effort of hounty or love could be too great for thee, who didst for the love of us, and who, with the Father and the Holy Ghost, livest and reignest, &c. &c.

Hail, O divine Heart of Jesus, &c. with the verses and prayer, as before, page 10.

THE LITARY OF THE BLESSED SACRA-MENT.

Lord, have mercy on us.
Jesus Christ, have mercy on us.
Lord, have mercy on us.
Jesus Christ, hear us.
Jesus Christ, graciously hear us.
Eternal Father, who art in heaven,
God, the Son, Redeemer of the graciously hear us.

Yen,
God, the Holy Ghost,
Holy Trinity one God,

Living Bread, decended from hea-Hidden God and Saviour. Wheat of the elect, Spiritual Wine, rendering virgins fraitful in virtue, Strengthening Bread, the delight of kings, Continual Sacrifice, Agreeable Offering, Lamb without spot, Delight of Angels, Hidden Manna, Memorial of the wonders of God, Word made Flesh, Thou who hast come to dwell amongst us, Sacred Host, Chalice of Benediction, Mystery of Faith, Excellent and venerable Sacrament. Most holy Sacrifice, Propitiatory Sacrifice for the Living and the Dead, Heavenly antidote, which serves us from sin, Sacred Commemoration of the Passion of our Lord, Gift, surpassing all plenitude, Precious Memorial of divine Love, Fullness of the divine Bounty, Most Holy and August Mystery, Pledge of Immortality, Life giving Sacrament, Bread, made Flesh by thy all-powerful Word, Unbloody Sacrifice, Delicious Feast, at which the Angels assist, Sacrament of Piety. Sign of Unity, Bord of Charity, High priest and Victim, Spiritual Sweetness, tasted in its Fountain,

Refection of holy souls, Viaticum of those who die in the Lord,

Precious Pledge of future glory, Have mercy on us.

Be merciful to us, O Lord, and pardon our sins.

Be merciful to us, O Lord, and hear,

our prayers.

From an unworthy communion, From concupiscence of the eyes, From the pride which reigns within us,

From all occasions of sin.

By the ardent desire which thou hadst of eating this Pasch with thy disciples,

By the profound humility with which thou didst wash their feet,

By the most ardent charity which moved thee to institue this divine Sacrament.

By thy precious Blood, which thou hast left us on the altar.

By the five wounds which thou didst receive and endure for us, Deliver us, O Lord.

We, sinners, beseech thee hear us. That thou wouldst vouchsafe to increase and preserve in us faith reverence, and devotion, for this adorable Sacrament, we beseech thee hear us.

That, by a true confession of our sins, we may frequently approach this holy Eucharist, we beseech thee hear us.

That it may please thee to deliver us from all heresy, unbelief, and hardness of heart, we beseech thee hear us.

That it may please thee to impart to us the precious and heavenly fruits of this most holy Sacrament, we beseech thee to hear us.

That, at the hour of our death, thou mayest vouchsafe to comfort and strengthen us with this heavehly viati!

Son of God! we beseech thee hear us. Lamb of God, who takest away the sins of the world, hear us, O Lord, Lamb of God, who takest away the sins of the world, graciously hear us, O Lord. Lamb of God, who takest away the sins of the world, have mercy on us. Our Father, &c.

#### Let us Pray.

O God! who, in this wonderful Sacrament, has left us a perpetual memorial of thy passion, grant us, we beseech thee, so to reverence the sacred mysteries of thy body and blood, that we may always perceive in our souls the fruit of thy redemption, who livest.

#### Directions.

For applying the different parts of the Mass, by way of Meditation, for the principal circumstances of our Redeemer's Birth, Life, Death, &c.....

The following instructions have been collected from the most eminent authors who have treated of the holy Sacrifice of the Mass, and the mysteries represented in its various ceremonies. They are appended here, in the humble hope that they may prove useful to those deyout souls who have an inclination for mental prayer. By those who hear two Massen ion Sundays, &c., they could brused at either; and even occasionally on days of the week. They mig t also be used, with great fruit, dnring the Mass of Thanksgiving, which is frequently heard on the day of Communion. Our dear and blessed bord bequeathed us this righ legacy of love, a. a memorial of his sufferings; cand; as 

greater love; for another than to lay down his life for him, so he wished that each time we partake of those holy mysteries, we should show forth his death, and recal to our grateful remembrance the overwhelming love which induced him to lay down his life for our redemption. Every communicant should therefore faithfully comply with the dying injunction of our Redeemer-to perform this great action "in momory of him." The following Meditations seem admirably adapted for this purpose, as they place before our eyes, in a brief and familiar manner, the most affecting incidents of his life and death.

When the priest advances from the sa-

cristy to the altar,"

Meditate on the divine Word proceeding from the bosom of his Father, to assume our nature.

When he bows before the altar, and makes the confession—

On the humility of the Son of God in

taking the form of a slave.

After kissing the altar, when he reads the Intriot twice, and the Doxology to the Trinity—

On the frequent sighs and aspirations of the ancient patriarchs for the coming of

the Redeemer.

When he repeats the Kyrie Eleison— On the petitions for mercy of the ancient saints, united with their expectations of the Messiah.

At the Gloria in Excelsis-

On the temporal birth of the Redeemer, and the joyful music of the attendant angels.

When he crosses himself at the end of Judas, by the Jews and Pilot.

the Gloria-

On the first shedding of Christ's blood at the circumcision.

AbDaminus Vohiscum

On the manifestation to the wise men.

On the presentation of Christ in the temple, and the humble manner in which he spent his hidden life, in prayer and contemplation.

At the Epistle and Gradual-

On the preparation, by baptism and penance, for the public manifestation of Christ, made through the preaching of St. John.

At the Gospel—

On the public instruction which so often and so admirably flowed from the divine lips of Christ.

At the Creed-

On the sublimity and beauty of the holy faith which he preached.

At the Offertory—

On the conversation of the Gentiles by Christ's preaching, and the offering of sincere faith made by them, such as the Centurian, the Chananæan, &c., or, on the hospitality with which he was entertained at the marriage of, Cana, at Simon, the leper's, and at the house of Mary and Martha.

At the Secret Prayer's and the pre-

On the triumphant entry of Christ in Jerusalem, and the Hosannas of the Jews.

During the silence of Canon-

On the heavenly conversations of Jesus with his disciples alone, for the few days before his passion.

At the three first Crosses in the Ca-

On the tripple delivery of Christ unto death—by his heavenly Father, by Judas, by the Jews and Pilot.

At the five Crosses before the Consecration—

On the events of the five days between the entry of Christ into Jorusalem, and his death.

At the Consecration—

On the affecting scene at the Last Sup- At the two next Crosses before the per, and the legacy of love there be- | Pater Nosterqueathed to us.

At the Elevation —

sins; or, on the words of Christ-"as often as you do this, do it in commemoration of me-that is, you will show forth my death.

At the five Crosses after the Elevation-

On the five precious wounds of our Redeemer.

When the priest, reclining, says, " Supplicates te rogamus," &c.--

On Christ's prostration and prayer to his heavenly Father in the garden.

When he kisses the altar—

On the treacherous kiss of Judas, and the meekness with which Christ received it.

At the next three Crosses—

On the derision with which he was treated by the Chief Priest, by Herod, and by Pilate.

At the Nobis quoque peccatoribus— On the confusion with which should be filled at the consideration of our sins, which were the cause of all his cruel torments.

At the three Crosses which fellow-On the sentence of death passed on Christ, at the hour, when the Jews eried out, "Away with him! away with him! Crucify him! crucify him!

At the next three Crosses-

On his crucifixion, at the sixth hour, his Father from the cross;

know not what they do. 2. My God, with the marks of his cacred would. my spirit.

On the separation of Christ's soul from his body.

On the desire to shed his blood for our When the Host and Chalice are raised and laid down again, at these words, "omnis honor et gloria," a'ter which the Chalice is covered with the Palla-On the taking down from the Cross, and the burial of Christ, and the rolling of the stone against the door of the monument.

> At the "Per omma," &c., and the "Pater Noster," which are recited in a low voice-

> On the exclamation of the Centurica, " Surely this man was the son of God;" and the lamentation of the Blessed Virgin and the holy woman, at the death of Christ.

> At the Libera nos quæumus, &c. which is said in sacaet—

> On the three days, during part of which Christ's body remained in the tomb, and on his descent into Limbo, to comfort the ancient saints.

> At the removal of the Palla from the Chalice--

On the glorious resurrection of Christ, and the rolling of the stone by an angel, from the monunant.

At the breaking of the Host-On the reality of Christ's resurrection proved by the disciple of Emmaus, who knew him in the breaking of bread.

At the Cross, and the words, "Par Domini sit semper vobiscomb,"

On the appearance of Christ to his disand the tripple prayer he addressed to ciples after the resurrection, when he said to them, "Peace be unto you," Father, forgive them, for they and showed them his hands and sides, my God, why hast thou forsuken me? When the particle of Hoat is fire 3. Father, into thy hands I commend into the Chalice and mingled with the sacred bloodOn the reunion of Christ's soul with his body and blood, which took place; at the Resurrection.

At the Agnus Dei-

On Christ's appearance to his apostles, when he breathed on them and said, "Receive ve the Holy Ghost! whose sins ye forgive they are forgiven," &c.

At the communion of the priest and

people-

On Christ's eating with the Apostles, to prove the reality of his resurrection-On the joy of the Apostles at seeing the Lord.

At the Dominus Yobiscum-

On the declaration of Christ, " Behold, I am with you all days, even to the consummation of the world.

At the Post Communion-

On the ascension of our Lord into heaven, after blessing the disciples with uplifted hands.

At the last Dominus Yobiscum, Ite; missa est-

On the words of the Angels to the disciples-"Men of Gallilee, why stand you looking up to heaven?" &c. At the Placeat tibi, &c. which the priest repeats secretly at the altar-On the retirement, silence, and prayer of the disciples during the ten days between the Association and Penticost. At the solemn blessing of the priest-On the descent of the Holy Ghost. At the Gospel of St. John-

On the preaching of the Gospel to the whole world, and the extraordinary zeal of the apostles after the descent of the Holy Ghost.

At the Dec Oratias—

On the thanksgiving which we owe to God, for having instituted the adorable, to assist at it.

THE CROWN OF THE HOLY SACRAMENT.

(From the Italian.)

PRAISED for ever be the most holy Sacrament of the altar. Amen.

1st Station - Consider the immense love manifested in your regard by Jesus Christ, in the institution of the holy Eucharist, to be the food and life of your soul; and in a spirit of love, say one "Our Father," six " Hail Mary's." and "O Jesus, consumed with love for thee." Amen.

2nd Station.—Consider the graces bestowed on von, by Jesus entering into your soul at the holy Communion, and with unbounded gratitude, say one Our Father, &c., as before.

3rd Station.—Consider the contempt and irreverence to which Jesus is exposed in the blessed Sacrament, from infidels who know him not, and from beretics who deny his presence; and, in a spirit of humble reparation, say Our Father, &c., as before.

4th Station.-Consider the great ingratitude of those unworthy Christians, who profane the holy Sacrament by sacrileges and impiety; and, in atonement, promise our Lord ever to love and honor him therein, saying once Our Father, &c., as before.

5th Station.—Consider the solitude that surrounds Jesus in his Sacrament. Many churches are little frequented. and some wholly abandoned. Promise to visit him (at least in spirit) every day; and say once Out Father, &c., as before.

To complete the Crown (33) say three Hail Mary's, in honor of the three hour's Sacrifice, and for having permitted us agony endured by our Lord after the institution of the holy Sacrament.

Various passages of the charist, and may serve as Texts for chosen it. Meditations upon it.

Neither is there any other nation great that hath Gods so nigh them, as our God is present.

lights to kings.

And he (Elias) walked in the strength, of that food, forty days and forty nights, unto the mount of God, Horeb-

My beloved to me, and I to him.

Son, give me thy heart.

What ought I to have done for my vineyard, that I have not done!

My delight is to be with the children of

men.

My substance is as nothing before the... The Lord rules me, and nothing will be wanting to me; he has placed me in a place of pasture.

Thou hast prepared a table before me,

against them that afflict me.

The merciful and compassionate Lord has made a memorial of his wonders; he has given food to them that fear him. My heart hath said to thee, my face had sought thee; thy face, O Lord, will I still seek.

I have found him whom my soul loves; I have held him, and will never let

him go.

Bread strengthens the heart of man.

My beloved is greatly to be desired. Draw me after thee; we will run in the

odour of thy perfumes.

Let him kiss me with the kiss of his: mouth.

Exult and praise, O babitation of Sion, because the holy one of Isrcal is in the midst of thee.

Truly thou art a hidden God.

Give to the Most High according to what of him?—or the Son of Man, that thon he has given thee.

Scripture This is my resting-place to the end of which are applicable to the holy Eu-time; here I will dwell, because I have

> We will go into his Tabernacle; we will adore him in the place where his feet

istood.

He hath satisfied the empty soul, and filled the hungry soul with good things. His Bread is rich, and will afford de- And he filled them with the Bread of heaven.

> Bring up sacrifices, and come into his couris; adore ye the Lord in his holy

court.

Open thy mouth wide, and I will fill it, And he fed them with the fat of wheat, and filled them with honey out of the rock.

He had given them the Bread of heaven: man eat the Bread of angels.

For what have I in heaven? and, besides thee, what do I desire upon earth? For thee my flesh and my heart hath fainted away; thou art the God of my heart, and the God that is my portion for ever.

In thy sweetness, O God, thou hast

provided for the poor.

Come and hear, all ye that fear God, and I will tell you what great things he hath done for my soul.

Lord, I have loved the beauty of thy house, and the place where thy glory

dwelleth.

In thy Tabernacle I shall dwell for ever; I shall be protocted under the covert of thy wings.

The Most High hatle sanctified his own Tabernacle: God is in the midst thereof, And I will go into the altar of God-to

God, who rejoiceth my youth.

O! taste, and see that the Lord is sweet, My heart shall rejoice in thy salvation, I will sing to the Lord who giveth me geod things.

What is man, that thou art mindful visitest him?

is signed upon us.

ebriated, my dearly beloved.

food of angels, and gavest them bread from heaven, prepared without labour; having in it all that is delicious, and the -sweetness of every taste: for thy sustenance shewed the sweetness to thy children.

Come over to me all ye that desire me

and be filled with my fruits.

My eyes shall be open, and my ears attentive to the prayers of him that shall pray in this place: for I have chosen and sanctified this place, that my name may be there for ever, and my eyes and my heart may remain there perpetually. Behold! I am with you all days, even to the consummation of the world.

Let him that thirsts come to me.

I am the Bread of life.

The bread which I will give you is my flesh.

my blood, hath eternal fife, and I will things. raise him up at the last day.

and heavy laden, and I will refresh you. Chalice.

not die.

what you behold, and have not seen it. of the Body of the Lord? Where your treasure is, there also your For we being many, are one bread, one bearts will be.

and what will I, but that it be kin- Lord and the chalice of devils. You dled?

My flesh is meat indeed, and my blood. Lord and of the table of devils.

is drink indeed. He that exteth my flesh and drinketh our Saviour, hath appeared.

my blood, abideth in me, and I in He that spared not even his own Son, Him.

Live by the Father: so he that cat-things?

The light of thy countenance, U Loru (eth me, the same also shall live

Eat, O friends, and drink, and be in- He that eateth this bread shall live for ever.

Thou didst, feed thy people with the Amen, Amen, say unto you, unless you eat the flesh of the Son of Man, and drink his blood, you shall not have life I am the good Shepherd-the good shepherd giveth his life for his sheep. I will not leave you orphans: I will come to you.

> As the Father hath loved me, I also hath loved you.

> With desire I have desired to eat this Pasch before you, before I suffer.

Take ye and eat: this is my Body.

Drink ye all of this, for this is my Blood of the New Testament, which shall be shed for many of the remission of sins. Do this for a commomoration of me.

And the Word was made Fresh, and 'dwelt among us. And we have seen his glory.

Having loved his own who were in the world, and he loved them to the end-

He that eateth my flesh, and drinketh He has filled the hungry with good

Let a man prove himself, and so let Come to me all you that are burdened him cat of that Bread, and drink of the

This is the Bread coming down from The Chalice of Benediction which we heaven, that if any one eat of it, he may bless, is not the Communion of the Blood of Chris.? And the bread Many kings and prophets wished to see which we break, is it not the partaking

body, all that partake of one bread.

I have come to east fire upon the earth, | You cannot drink the chalice of the cannot be partakers of the table of the

The benignity and humanity of God,

but delivered him for us all, how hath As the living Father hath sent me, and he not also, with him, given us all

The Lamb that was slain is worthy to receive power, and divinity, and wisdom, and strength, and honor, and glory, and benediction. To him that sitteth on the throne, and to the Lamb, benediction, and honor, and glory, and power, for ever and ever.

#### PIOUS EFFUSIONS AFTER COMMUNION.

O Heart of Jesus! burning furnace of love 'what fervent thanks do I render thee, for assimilating me in some stituting thy sacrament of love.

piness to bear him in your womb whom the Lord, thy God!". the heavens cannot contain; but I, too, O Treasure of Perfections, I require no share in that happiness by receiving such command to love you. him also in my bosom, as often as I ap- For all your gracious mercies, but parproach his ever adorable sacrament.

Tender Virgin, teach me some of those ardent throbbings of affection with which you cherished this amiable Babe, i in your womb, that as he has entered into my heart. I may move him to set it on fire with a spark of his flaming to all eternity continue this love.

O lips! through which this virginal Body so often enters, let nothing escape you that is not sweetened and chastened by his holy love.

O tongue! which has been so often the throne of his Majesty, and the resting place of his glory, may you cleave to, my palate, if you ever chase to celebrate and sing the wonders of his love. O heart! burn, burn, O heart! be consumed by the fire of this love.

What is there in heaven, or what on earth, that I should & sire, before thee, O Lord?

O delight and joy of the heavenly chairs, I now possess you with all your treasures.

Is it possible, O Lord, that you have ever commanded unhappy man to love Ought we not consider it our greatest felicity to be allowed even to aspire to your love? O, ocean goodness and perfection! I am ashamed of the weakness of my nature, when so sublime and amiable a being as you should, in your wisdow, command it to love you.

But when I consider this legacy of overwhelming love which you intended from eternity to bestow on man; t am confounded with blushes, and covered gree to thy most sacred Mother, by in- with confusion, at the necessity you were under of imposing this obligation Yes, blessed Mother, you had the hap-lon your creatures-" Thou SHALT love

ticularly for this inestimable proof of, your affection, I love you with all the powers of my soul.

But most of all, I love you for your, own internal, immense, infinite, amiable, and adorable attributes; and I will

I am only concerned that I have nothing to offer you as a testimony of. my affection-nothing worthy of your infinite Majesty---no rich present belitting your magnificence, and commensurate with your love.

O love! love! O Jesus! consubstantial Son of the Father! O King of heaven and earth! O thou the mighty, the strong, and the just one! O consuming blaze of love, seeing you are so lovely, so amiable, so tender, so merciful, and so infinitely perfect and worthy of alk love, why have you not given me a million of hearts, all flaming with love, in order that I might make something like a suitable return of love? Why have

million of fires, to burn in unison with with love, I most affectionately salute

the infinite one of your love?

O Lord; for alas! I have but one heart ed for my happiness! O Heart of pito love my Jesus, though he comes in ty and reconcilation, which so often person to reside in my boson, and unite pardoned my offence! O amiable, his heart with mine.

most of this one poor heart which you weakness and inability to praise you as have given me? Shal: I reserve any you deserve.

portion of it for creatures?

the desire of offering it, with all the in- in my bosom? flamed ardors which ever burned, from O my God! as language fails me, pereternity, to your honor, in or in men.

Yes, O Lord! now I feet the wondrous! workings of your love.

Now I sensibly perceive the sweets of

your presence. Now I can say that I love you!

Now I can address you with confidence. Thou knowest all things, O Thou knowest the secrets of hearts—thou knowest that I love theo. O precious hands and feet of my dear Saviour, which laboured so much for my sake, I love and embrace you.

O adorable side, from which the tide of salvation gushed forth in plenteous and delicious streams, I love and hum-

bly salute you.

O blessed head, crowned with thorns, end streaming with royal blood! O Redeeming Head, which was always -employed in promoting my interest, I love and salute you with all the powers of my soul"!

O szcred Mouth, which so often uttered the sweet accents of mercy and love, I reverently offer you the kiss of peace and love.

you not lit up in my glowing bosom a | O chaste Eyes! which always sparkle you.

Your wisdom has determined otherwise, O heart of Love, which so often pantsweet, endearing, and Shall I not, then, O Lord, make the Heart! O Heart of Jesus, forgive my

O narrow thought! O barren language! No, my Jesus; I offer it entirely to why do you restrain me from pouring you; and though I offer it not with that out he full tide of gratitude and love love which you deserve, at least I have to this adorable Heart, which has arisen

angels | mit my poor, weak heart to offer its tribute of love

My ardent love, O Jesus, again breaks forth in words, O! come every tender, faithful affectionate and loving heart, and unite with me in praising Jesus. Come and burn, and be consumed with my heart, that we may present a holocaust of love to our Jesus for his rich legacy of departing

() may mine, at least, O Lord, dissolve and melt away at the consideration of your goodness.

Ah, my dear Jesus, language again fails me. I must content myself with expressive silence.

May my heart then heat in silent response to the strong pulsations of your tender and most loving heart

Amen. Amen. Sweet Jesus -- Amer.

#### Poetry.

#### LITANY TO THE HOLY SPIRIT.

In the hour of my distress, When temptations sore oppress, And when I my sins confess-Sweet spirit comfort me! When I lie within my bed, Sick in heart and sick in head, And with doubts discomfited— Sweet spirit comfort me!

When the house doth sigh and weep.
And the world is drown'd in sleep,
Yet mine eyes their vigits keep—
Sweet spirit comfort me!

When the passing bell doth toll,
And the furies in a shoal
Come to fright my parting soul—
Sweet spirit comfort me!

When the tapers all hurn blue—
When the comforters are few,
And that number more than true—
Sweet spirit comfort me!

WI en the Priest his last has prayed, And I nod to what is said, 'Cause my speech is now decayed— Sweet spirit comfort me!

When (God knows) I'm toss'd about, Either with despair or doubt; Yet before the glass runs out— Sweet spirit comfort me!

When the tempter me pursueth,
With the sins of all my youth,
And half damns me with their truth—
Sweet spirit comfort me!

When the flames and hellish cries Fright my ears and fright my eyes, And all terrors me surprise—

\*\*Sweet spirit comfort me!

When the judgment is revealed, And that open which was sealed; When to thee I have appealed— Sweet spirit comfort me!

HERRICK.

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