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A Monthly Periodical of  
Advanced Thought

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## *Flashes*

Let us be quiet and look within; the Centre from which springs the mighty cause of all outward activity, is ever in repose.



You can be too bold, too forward. The same attitude of self-assurance is not suited to all occasions. Learn at times to be retiring.



You can lose nothing. If you fail in one way, you gain in another. And invariably what you thus gain is of more value than what you lose.



Generosity is the expression of Love. Love is Life, —the only Creator and Restorer. So you see what you gain by being generous.



Do not waste your words; either when writing or speaking. To be always to the point saves your own time, and is more agreeable to others.



What is the use of making resolutions? Act! Do not ponder over mere intentions, but proceed without further delay to the task which is disclosed.

Do not allow anything to disturb you. Your peace of soul is more important than all else; in this condition of calm resides all force, all creative energy.

The world's Recognition is deepening; the reign of Thought is at hand. And there is a corresponding increased and more perfect expression on all around.

To be calm! Why this everlasting worry and anxiety? Are we not infinite, — attached by the eternal laws of Nature to all else throughout the Universe?

Every generous action makes you more healthy, more beautiful, stronger, better in every way. Is this not alone sufficient compensation?—and yet this is not all.

People miss a great deal by not practicing daily Concentration exercises,— not any tense fixing of the thoughts, but a calm relaxed natural attentiveness of the mind.

Have you always something to do? Do you fill in your spare time with occupation? A change is a rest, rather than idleness; thus work may be always a recreation.

Fear nothing! Dash into those conditions which your Emotions make you afraid of, but which your Reason tells you are safe. Even the reckless plunge is sometimes advisable, though not often.

I am glad that "thinkers" are learning the value of money in this age. Make money, and spend and give it out freely. The richest man is the generous man. — he is the one who enjoys his wealth.

You may be sure that any failure occurring in the course of your experiments in some line, is going to be a valuable lesson to you; so do not complain. New ideas, wider conceptions, spring from "failures."

O soul and body destroying doctrines of the churches! They benumb the nerves, the brains of men; they paralyze the very muscles. Be a free thinker. Cast aside all creeds. You will then and only then be truly healthy.

Love with the "emotional" person is very shallow, — though apparently it is the ruling element in his nature. Deep love acts, creates, seeks some lasting expression — instead of the bubbles of mere empty sentiment.

While we are worrying over results, the destinies of Nature are carrying our affairs toward the very best of conclusions; only we may retard the fruition by anxiety and lack of faith, besides making ourselves miserable.

Some people take no note of the experience they have gained, when they complain of their losses, — experience, which if they are only a little bit sharp, will very soon show the way to more than make up for everything apparently lost.

Better circulation is what most people need. Circulation is Life. Existence is continual change. Receive and give! Allow nothing to stagnate. Be active; and yet do not, like so many people, lose your native composure.

To forget! There are many things which (at pres-

ent) we would do well to cast into the sea of oblivion. Concentration shows the way. Think of and do only one thing at a time. Concentration is alone the key to success.

• •  
Such waste of time! Such lounging and loafing around, while precious minutes fly! True you have all the ages before you,—but each moment is the seed-germ of an age, and enshrines an opportunity. Age but disclose successions of these opportunities.

There is such power in repose. Close your eyes for a few moments, and think or rather feel lovingly towards some person. Note the soothing effect on yourself. And if there is any responding sympathy, the other will be benefitted likewise. Love never fails.

• •  
Why should I be vexed if another amuses himself at my expense? Why complain though I am imposed upon, day by day? In all these things I gather valuable lessons which I can learn in no other way. This paper would never have been written but for just such incidents.

Let your entitlements, shares, properties, dues, rights, all go to the winds if they are going to rob you of peace of mind; for even in money value, mental repose is worth more to you than anything else. Concentration — which is active repose — shows the road to new fields of material wealth.

• •  
Retire for awhile from the outside bustle (which is all very well in its way). Look behind the shell of the present external world and recognize the undying Substance of Reality which is forever a foundation of infinite strength. Only that which has served its purpose falls aside, like husks or shells.

Do you crouch in fear before anyone? Are you in bondage to some person in any way? I tell you, you must snap in two the links that thus enslave you, and no longer allow the divine God, your soul, to be sacrilegiously trampled and abased. Stand erect, a king or queen,—yet with all simplicity and love.

• •

It is easy to keep well. Take proper exercise, physical and mental. Live a natural life. Nature is health. Love all; love is life. Have an aim, an unselfish ambition. Look to your diet; do not eat too much. Think aright. Concentrate. Do not waste your thoughts. Rely on yourself; have some faith in others.

Throw away a lot of that rubbish which takes up your attention. Let your thoughts expand; never mind trivialities. You know you can't think of two things at once; much of that stuff you worry about, is'n't worth a thought at any time. Economize your thoughts; they are precious. Be always expending your mental energy, but on subjects that are at least worth while.

• •

Glorious teachings of Mental Science which have opened to view a life worth living. Can any of the other schools of philosophy present anything so encouraging and enthusing as this latest and greatest of all thoughts—the New Thought,—which shows man the way out of sickness, poverty and death, into a life of serene enjoyment on this earth, commencing to-day?

Strange that men and women, calling themselves advanced, should cling so to old habits and customs. A great deal of the so-called New Thought is but a rehash of ancient superstition and religion. If we would

be robust in mind and body, we must be prepared to change, to be continually casting aside our "convictions" as the development of our reasoning powers makes the Truth more clear to us.

● ●  
Prejudice bars the road to wisdom. Be ready to change your opinions. "I am firmly convinced" people are generally wrong. Don't be too certain of anything. Kind deeds are worth more than "convictions."

There is a force in you which is impelling you onward; you cannot resist its impulses. Your destiny is thus not a mere question of choice. But you may, by grasping circumstances as they present themselves, by paying immediate attention to the Ideas that are eternally appearing before your mental vision, by living up to the always ascending Ideal, create conditions now, in harmony with your desires.

● ●  
This world has practically unlimited resources; there is sufficient here to more than satisfy our wants. And as the consciousness of the race awakens, man discovers the good things so long concealed. Still the thought of poverty and limitation continues to hold millions in bondage; but once let the infinite nature of man be recognized, his rightful supremacy over all things in creation,—and the character of every condition be seen to rest entirely on the character of his thoughts,—then shall plenty take the place of scarcity; then shall the energy so long pent up within unfold, and form a new world. This unfoldment must start with a few individuals,—with you and you; the world will soon follow.

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## Courage and Its Power

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Fear has been the weapon used by the churches in a vain endeavor to stem the tide of man's development, to keep back the waves of progress. Spectres of horror have been held up by superstitious and crafty priests in front of the mental vision of those who dared to use their brains, who dared to announce themselves as free thinkers.

Fear again has enchained men and women to stupid drugs and other artificial monstrosities invented by ignorant men. Fear has kept fairly intelligent beings bound to nonsensical conventions and customs, because an insipid Society had made these things "law."

Fear has choked the aspirations of humanity, dragging the ideals of the mind down to a dead-level; uttering this mandate that means death to any who give heed: "Keep back; stand still."

But who in this age of progress, — when the whole atmosphere is filled with currents of new vital thought, — shall listen to any suggestions that spring from Fear? What is man that he should be afraid of anything? Man the destined god of all creation!

Is it not time that we said good-bye to those who are always whispering words of caution, discouragement, — ever presenting to us some image of terror manufactured in the past, some artful means of religion, the object of which was to make people mental slaves?

Love is the antidote to fear; love creates courage. Love is the creative principle of life, even the law of attraction. Let us live up to the principle of our being. As we learn to love, do we shake aside the disintegrating thoughts of fear.

We now see the folly of being afraid of anything. Realizing the identity of mind and body,—their indissoluble connection,—we perceive how important it is that we give no heed to any suggestion of fear. To ignore such a thought, is to immediately rise beyond its influence. To even dash right into many "fearful" conditions is often to strengthen our minds; for we see them dissolve into nothingness.

If we allow ourselves to remain ignorant of our real nature, imagining ourselves to be only so many creatures powerless to direct our fate, we shall continue to be under all the crippling conditions which come with such ignorance. Why do men persist in closing their minds to new ideas, wilfully placing barriers to their progress?

It is not faithfulness that ties many to old institutions and customs, but a certain peculiar selfishness which springs from some strange longing for the dead past.

And yet men must give up their childish notions some time; nothing can stop the natural order of growth; only it makes it harder for man if he is forced along, instead of being willingly led by Nature's hand, parting with the old and worn-out, taking on the new.

Bravery and courage have generally been associated with harshness and severity. But the truly courageous person is calm, collected, peaceful. Courage requires concentration; fear springs from absence of mind, diffusion of energy. Calm deliberate thinking gives birth to courage, since it throws light on the natural dominion man has over all things.

The recognition of our power, of the invincible character of the will, places us in a position of conscious security, and gives us the confidence that is required for great conquests.

Activity is life. We should be always moving ahead, rising higher and higher. Instead of either

idling our time accomplishing nothing, or wasting our energy over some petty selfish ambition, how much better to have an expansive Ideal and live and act for all; how much happier to view self in others, to realize our unity, and with an overflowing universal love, to live for humanity — the larger Self.

In extending the sphere of our interests outside the narrow circle of our personal surroundings, in having faith in humanity and all nature, we have given to the will a new impetus and enlarged the scope of our mind,—so that fear, which is the product of limitation, becomes a stranger to us.

All nature is friendly. We have nothing to antagonize. All things and creatures, and even the superstitions and conventions, are all right in their time and place. But when we have grown beyond anything, it is foolish if we do not lay it aside. Growth alone gives contentment and happiness,—and the recognition of the necessity of growth solves every vexing problem.

Cast away your fears then, you whose minds have awakened to the divinity of your self-hood. Listen no more to those who would have you blindly follow tradition. Be free,—there is nothing to fear. Step beyond the limits prescribed by your well-meaning but ignorant forefathers. A new consciousness of Life, a new birth, is yours,—live up to your birth-right; take the sceptre of authority; you are now to be ruler and dictator, and your word shall be law.



## *Love Reigns !*

---

Love reigns ; Empress of all things throughout the Universe !

In all times, in all countries, have the children of earth prostrated themselves in adoration before their Goddess of Love.

In the east, altars have been raised to Venus ; in the west, to Mary ; yet both Ideals are the same,—the Goddess of Love.

In men's hearts, the creative forces of Life have ages long been seeking conscious expression.

Gravitation's mighty law,—the infinite power of Nature's Attraction,

Has evolved one life-form after another, —

Unrolling the limitless life-properties, behind each form ; and new births have in succession shown forth greater manifestations of the Divine Substance.

With each birth comes a higher consciousness ; until distinctly and unmistakeably the early yearnings of Love, the outward pourings of our Emotions, are seen to be one with the forces of our being, one with the Law of Attraction,—

Yes, they are seen to be the same forces, the same Law.

O mighty Love-currents of Nature, which at first unconsciously (as it were) — create such marvels of perfection in the world visible !

O great streams of Love — the same energies, — which in man lead to the existence Immortal !

Man is Nature ! Man is the Centre of all forces !  
Man is Love ! Man is God !

To him belongs the privilege of leadership. To him are given the reins of destiny.

If at first he makes mistakes in following out his love-energies (his desires) ;

If crude, discordant workmanship is the result of his early efforts ;

Even though he blunders along into so-called sins and evils ;

Yet is he travelling the Way of Life ; and he needs the jagged path as well as the straight one.

No roads lead to destruction,—all lead to the same realms Celestial,—the Kingdom of Heaven.

The Celestial Kingdom is where Love reigns.

Though the domains of Love are universal,—this is the Law—yet the recognition of this Law must be ours, before we become conscious of Love's vibrations.

Where there is a limitation of interest, a contracted idea of self, — there, Love has but partial sway, — there, are nature's forces choked to death.

And yet again, the death is but apparent, a sleep only,—in time the necessary recognition must come, in time all must reach the goal of Paradise.

Love reigns ; and now earth's children are coming to a consciousness of the God within,—

Even the God of Love, the Self of Man, his Will, his Life,—

The only Creator, the only Healer.

All hail to you, O Love ! Empress of all things throughout the Universe !



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## CONCENTRATE!

Have you learnt to concentrate? The power of calm collected controlled thinking is worth everything to you. It is simple. Daily drills, when in the silence of your room, you meditate for a few moments on some Ideal, are helpful exercises; but you need more than these exercises. You should carry the spirit of concentration into all your affairs. As an Idea presents itself, follow it out at once; this leaves the mind receptive for new Ideas. Do one thing at a time: be a "concentrationist." The whole secret of harmony and success is found in this position of self-poise.



There is such a thing as having a surfeit of beautiful things, of seeing so many wonderful sights, that the consciousness is benumbed. Then life becomes a bore. Extreme accumulated wealth which brings this surfeit, places a man in very much the same position as poverty. What is the use of wealth, if it does not bring enjoyment? Better to have simple pleasures and just sufficient money to satisfy reasonable desires.

## *A Talk With My Readers*

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The JOURNAL is out again after the delay of a month. You see I have moved, and have also been getting in new printing machinery; so further excuses are useless. Everything will be made all right with subscribers.

How do you like the new form of the JOURNAL? This is the first issue printed at this office. Now that we are doing our own printing, we shall be able to send the Journal more promptly in future.

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## *Infinite Power*

BY

HUGH O. PENTECOST

All is one.

All is good.

All is the embodiment and expression of Infinite Power.

Let us not balk at the word infinite; I admit that we cannot comprehend the Infinite, and that hence we are unable to define the word. But do we not freely use the words man, woman, love? And can any one comprehend that for which they stand, or fully define the terms? When I speak of Infinite Power I mean the Power that saturates the universe and serves the purposes of the wheeling suns and planets, of man, of the flowers of the field, and of the smallest insect that crawls or flies. I mean sufficient Power.

There are those who refuse to enjoy the sense of infinitude because, forsooth, we cannot define for them nor they for us the word.

With the thought, "That which exists is One," and with the thought, "That which exists is good," connect the thought, "That which exists stands for Infinite Power," and you come into the portals of the Place of Peace.

Try to conceive of the Power that holds the heavenly bodies, (of incalculable heaviness), to their places in their whirling game as if they were bubbles blown from a child's pipe! Try to conceive of the Power that prevents the moon from breaking away from the apron string of mother earth! How many steel cables would be required to perform that labor, so easily accomplished by the Infinite Power? Imagine if you

can, the Power that slowly hoisted the mountains ; that lifts the waters of the ocean many feet twice each day ; that suspends millions of tons of water in the atmosphere, as if it were a pinch of thistle down. Try to get a sense of this Power, for it is this same Power that is expressed in each atom, each man.

There is but one Power. The draught horse gets it from the grass and air and transports it from place to place as it is needed : carries it about in himself. Steam is not a power in itself. It is but a medium by which the power stored up in the coal is applied. There is no such thing as electrical power. Electricity is merely an instrument for carrying the power stored up in the coal burned under the boiler, whence the steam transmits it to the engine, whose belts carry it to the dynamo, that picks up electricity from the air and makes it do the duty of a belt, or pipe, or draught horse, or messenger boy: "Here, you ! Follow that trolley car and keep it supplied with power from the coal burning in the power house !" Coal — the storage battery of the Infinite Power !

There is but one Power. It holds the suns in their courses. It lifts the lightest insect on the wing. It upheaves the mountains. It draws lovers together. It sends the bullet from the white man's gun to the brown man's heart. It lifts the infant to the mother breast. By it I wield this pen. By it you read of it.

It is Infinite, and it is for you ; on your side. Nothing contends against this Power. There is no devil; no evil power. There are not two powers, nor more than two. The Power that runs the wind mill, the water mill, the steam mill, the ancient hand mill, is the same. The power that pushes the sails of the boat containing a happy pleasure party, is the same that blew and washed Galveston to pieces, and killed so many of her inhabitants. There is but one

Power, and it is wholly and only good; just as friendly in destroying Galveston as in blowing the pollen of wild flowers about in order to beautify the earth. Just as friendly to the dead as to the living. Just as kind in the gnawing tooth of the cancer as in the ministering fingers of the nurse.

And this Infinite Power is all at your disposal. It is all for you. At least, as much of it is for you as you are capable of using. And it may be had in any form you wish. If you call it to you in the form of pain, sickness or death, in that form it will come. If you rub your magic lamp or ring of Desire, and demand health, life, wealth, the Power comes in these forms. It is inexhaustible and flows freely in response to Desire.

The points never to be forgotten are :—

1. The Power is sufficient for all your needs in this life or any other.
2. It is always holding you exactly in your place, the same as it holds the sun in its place; so that you have always been in your place, are now and always will be.
3. It is the only Power and works only for good; therefore, no harm can come to you in this life or any other.

Now, go back to the beginning of this article and again connect the three ideas: All is One, all is Good, and all is the embodiment and expression of Infinite Power. Meditate upon them until there begins to flow into you power and peace.

If you have saved the two copies of the Journal preceding this, get them and re-read my articles, in connection with this one. There will be two more in this series, and the five together will furnish you with a shield against trouble of any sort, if you can receive the teaching.



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If this paragraph is marked with a hand pointing, it signifies that your subscription has expired.

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### *An Excuse !*

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When I wrote the item in this issue on 13th page, headed "A Talk with my Readers", I did not think I should have to make this excuse; but I find in order to get this paper out on time, I shall have to "cut down" my intentions. There are several things I have left out,—articles, reviews, notices, etc., which will be in next time; there will also be some other marked improvements in the next number. When one is changing things around, you know,—you can't get things just to suit right off. So please excuse all imperfections, and look out for the January JOURNAL.

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