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DEVOTED TI TEMPERANCE, SCIENCE, EDUCATION, AND LITERATURE;
vor. xмxi.. No. \%.
MONTREAL \& NEW YORK, MARCH 13, 1896.
jacket as he did in uniform, and he appeared to be quite as comfortable in a kilt as in either.

Among other British occupations he took up that of yachting. There were few amateurs better skilled than he of late years in sailing a pleasure crat't, and his yacht 'Sheila' was familiar, not only at Cowes, but in French waters along the Bay of Biscay, and in the Mediterranean.
The Princess Beatrice was born on A rril 14, 1857, and so was only a little over three years old when her noble father, the Prince Consort, died. It is a matter, says a late English paper for which not only the Queen's children, but the British nation, have much cause for thankfulness, that Her Majesty rightly considered the training of her children of paramount importance. She remained the chief authority in nursery matters, and stipervised every detail of the children's training. She has herself said, 'The greatest maxim of all is that the children should be brought

PRINGESS HENRY OF BATTENBERG AND HER CHILDREN
up as simply as possible, and in as domestic a way as possible; that, not interfering with their lessons, they should be as much as possible in charge of their parents, and learn to place their greatest confidence in them in all things. Religious training is best given to a child at its mother's knee.
In the childhood of her eldest daughter, the Princess Royal, the Queen gave instructions for her religious education, which were afterwards followed in the case of all the Rcyal children. She said
'I am quite clear she should have gleat reverence for God and religion, but that she should have the feeling of devotion and love which our heavenly Father encourages His earthly children to have for Him, and not one of feal and trembling ; and that the thoughts of death and an after life should not be represented in an alarming and forbidding view ; and that she should be made to know as yet no difference of creeds, and not

think that she can only pray on her lisees, or that those who do not kneel mayers.
The Queen kept the religious instruction of her children largely in her own hands. A story is told that catechising the young princes, he said, - Your governess deserves great credii for instructing you so thoroughly. At which the boys said, Oh, but it is
mamma who teaches us the catechism.' It is not generally known that the Queen occasionally taught a Rible class for the children of those in attendance at Buckingham Palace, and that, it having come to her knowledge that the chidren of tho ser-
vants and attendants at the Palace vints and attendants at the Palace
were without the means for ordinary instruction, she commanded that a school should be started for them at pimbico, and herself showed the gltatest interest in its management.
When the children were young, all

When the children were young, all gools purehased for their wear were
s.bmitted to the (Quen, and it was slbmitted to the (2ueen, and it was at her command that only the plainest fare was sent to the nursery; quite
poor living-only a bit of roast meat, and perhaps a plain pudding,' one of the servants told Baron Bunsen, adding that the Queen would have made 'an admirable poor man's wife.' As the Princesses grew older they were tanght to take care of then clothes. Gre of the Queen : chier anxieties was the enery should be kept free $h$ and rower, self-indulgence and flattery. They were tanght consideration for the feelings of others, and to be unirersally polite.
In the beautiful glimpses which the Qlten, in her writings and letturs to retatives, has given of the home life
of herself and children, no one can fail to see how thoroughly healthy has been their mental and moral training. In the earlier years of the Princess Beatrice the world heard more of the elder members of the Royal Family than of herself. She $t e r$ became the wife of the late Prince Fredtrick William, father of the present (ierman Emperor, and but a child six years of age when her brother, the six years of age when her brother, the
Prince of Wales, was married to the Prince of Wales, was married to t
Princess Alexandra of Denmark.
As the youngest, it is only natural to suppose the Princess has received that special love which a mother is believed to cherish for her latestborn without in the least robbing her other children of that affection to
which they may fairly lay claim. She which they may fairly lay claim. She
is highly gifted intellectually, and the races of face and figure are but the faint reflex of a mind more than ordinarily well cultivated. The Princess is said to excel not only in the usual feminine accomplishments, but in some of them to have marked out a
wath for herself, of which, perhaps, bath for herself, of which, perhaps, the world would have heard more had
she filled a less exalted position. This she filled a less exalted position. This is believed to apply especially to misic and painting. the Princess not
only being an accomplished musician, only being an accomplished musician, mented father's gift in this direction will not be forgotten by any who have heard some of the tunes composed by him, two or three of them being spe-
cial favorites in many places of worrial favorites in many places of worship.
In the heavy sorrow which fell h. death of her heloved daughter Princess Alice, while comforted and shistained by the love of all her chil, dren, it will not be forgotten that it was the Princess Beatrice who was utmost to sustain her under so severe a trial to all the members of the Royal hcuse, but especially to the mourning monarch. When, during the same ytar, it was deemed advisable for Her Majesty to seek a temporary change tion at large heard with satisfaction that the Quetn would be accommanied by the Princess Beatrice. Dur ing this trip the newspapurs from time to time described, with interesting particularity, the pleasant walks and drives, the shoppings at Baveno. and the visits to the lovely islands
that dot the surface of the lake, suggesting the picture of calm enjoyment.
Since their marrlage Princess Beatrice and her late husband have been the devoted companions of the Queen. They might have taken the words of Rith to Naomi and applied them to themselves: Entreat me not to 1 ave
thee, or to return from following thee, or to return from following
after thee: for whither thou gor'st I after thee: for whither thou go'st I
will go and where thon lodgest I will Will go, and where thou lodgest I will
lodge: thy people shall be my peolodge; thy people shall be my people, and thy God my God : the Lord do so to me, and more also, if aught
lout death part me and thee.' Death but death part me and thee.' Death has now parted them, and the mother and danghter are left to mourn over the son-in-law and husband. The spirit of tender compassion for the sifferings and sorrows of others which has characterized both these ladies is now being bestowed on them human sympathy can do but ittle to assuage the gricf of the bro-ken-hearted. This is the office of One who, as the Man of Sorrows, was tempted like as we are, but is now exalted to be a Prince and a Saviour, to bind up the broken-hearted; and this One it is their blessed privilege to know.
Messages of condolence to the Queen and Princess Beatrice have poured in from all parts, and in such numbers that Sir Arthur Bigge remarked on Friday, Jan. 24, that they were coming in in shoals, and that it was taking all their time to answer them
The remains of the Prince were brought to England by the first-class cruiser 'Blenheim,' Captain Poe, which left Portland at nine on Saturday night, Jan. 25 , for Madeira, under an order from the Admiralty. Upon its arrival at Portsmouth harbor the body was transferred to the Royal yacht Alberta,' and thus brought over to cwes.
The funeral, in accordance with a estamentary wish on the part of the and was in Whippingham Chureh, and was a military one, conmman der of the Suthern District, Gen Davis. The Isle of Wight Volunteers -of which the late Prince twas honorary colonel-troops from Portsmouth, and the Cameronian Rifles cok part in the procession. The Priacess Beatrice herself drew up the programme of the funeral music. Arrived at the church, a solemn and affecting service was held, aftếr which the remains were placed in a fault specially constructed, near the Royal

## LOVE YOUR BOYS.

Not long ago a lady who is a teacher of about a dozen boys in a Sundayschool said to her superintendelit, love my boys, and I enjoy teaching for the fact that she is in her placu every Sunday in the year, and is a vorker that can be relied upon There is nothing like a love for one's work to make it pleasant and suc$\mathrm{c} \in \mathrm{ssf}$ ul.

## SCHOLARS' NOTES.

Lesson Xill.-March 29, 1896. review.
studies in the gospel according to Luke.
golden text
Whosoever shall confess me before men him shall the Son of man also confess HOME READINGS
M. Luke 1: 1-80, Lesson I.
T. Luke 2: 1-3: 38 , Lesson II., 111 .
W. Luke 4: 1-5:
W. Luke 4: 1-5: 39, Lessons IV., V.
Th. Luke 6: 1-7: 50 , Lessons Vi., VI.
. Luke 8: 1-9: 50, Lessons VIII., IX. Luke 9: 51-10: 42, Lesson X.,
Luke 11: 1-12: 59, Lessons XI., Xil. REVIEW EXAMINATION
Who was the forerunner of Christ Who announced this forerunner's com
To it bean fortold? Where was Christ born? By whom was his birth announced? To whom? What happened thell

Jesils live in childhood? Where did he go when he was twelve years old? Why?
What happened? Where was lie found? What happened? Where was he found?
Where did he then go? What trade did he learn?
How di
nission? John the Baptist fulfil his tized? Whato came to him to be bapRepeat the words spoken from heaven. How old was Jesus at this time? Luke
While on a visit to Nazareth what did Jesus do? What prophet's words did he
read? Whom did they describe? What did Jesus say about them? How did the people treat him? Where did he then go? While Jesus was preaching in Capernaum, who was brought
How? What did Jesus say man? How tid Jesus say to the sick man? How did he prove his power to as companions wand did Jesus choose What great discourse did he then deliver? Which gospel has the fullest account of this sermon?
Who had a very sick servant? How did he show faith in Jesus? What did
Jesus say about this faith? How did Jesus say about this faith? How did
he reward it? Whose son did Jesus now bring to life? Who was healed by say to her? Luke 8: 48 what did he ter did Jesus raise from the dead Who did the disciples say the people
said Jesus was? What did Jesus then ask? What did Peter reply? What did Jesus foretell? What did he say about
self-denial and cross-bearing? About self-denial and cross-bearing? About saving life and losing it? About being
ashamed of him? What did a certain lawyer ask Jesus? What did Jesus say? What did the lawyer then ask? What story did Jesus tell in reply? What practical lesson does this story teach us? What prayer did Jesus teach his dis-
ciples? What promises did he make about prayer
What kind of servants did Jesus say would be blessed? How did he de-
scribe unfaithful servants? How does intemperance make a servant unfaithful? What will be the unfaithful servant's
punishment? What the faithful serpunishment? What the faithful ser-
vant's reward?

## ESSON I.-April 5, 1806

THE RESURRECTION OF CHRIST.
CASTER LESSON.

## GOLDEN TEXT.

He is not here, but is risen.-Luke 24:6. THE LESSON STORY
It was the third day since Jesus died on the cross. The light of the ne: morning was beginning to steal over the who hills of Moab when some women he lay. They came to the tomb where intments to anoint his body.
As they came near the tomb they saw hat the great stone was rolled away roms the door, and they wondered and had been stolen, and they hurried into tho grave, which was a room cut in tha solid rock. The body of Jesus was not there! But two shining angels were there, and they asked the trembling women, 'Why do you seek the living one anong the dead?' Then they told the wonderiul, glorious news, how the living more forever. Trom the dead, to die no did not remember angel asked if they when he was in Galilee that he must die, and that on the third day he would rise again. They had forgotten it, but now they remembered his words, and their hearts were full of joy and hope. They hurried away from the tomb to
tell the other disciples about it, but tell the other disciples about it, but
they could nol believe such wonderful news. pould not believe such wonderfu the linen clothes folded and lying there and he went away wondering whit it all

## HOME READINGS.

M. Luke 24: 1-12, The Resurrection of T. Matt. 28: 1-10, Matthew's Record of it. W. Mark 16: 1-11. Mark's Story.
Th. John 20: $1-18$, The Beloved

Th. John 20: 1-18, The Beloved Disciple's
F. 1 Cor. 15: 1-20. The Great Apostle's
S. 1 Pet. $1: 1-25$, The Witness of Peter.
S. Rev. $1: 1-20$, Altve for Evermore, LESSON OUTLINE.
I. The Coming of the Women. vs. 1-3. II. The Ministry of Angels. vs. 4-8.
III. The Carrying of the Message. v III. The Carrying of the Message. vs.
$9-12$.

Time-April 9, A.D. 30, Sunday morn ing, the third day after the crucifixion. Jerusalem, near the place of the crucl

HINTS AND HELPS IN STUDY. Our regular coulse of study in the (ros-
pel of hahe gives us a lesson mon the
Risin Lord, on June 2 , annther subject being allotted to to-day. But in the general preference, this Easter Lesson has ben substituted for the lesson or to-day in the regular cuurse. That his imporrant colles of study in 'uke' Gispel, the omited lesson and its con-
nections are given in the Home Readings or next werk. The Honse Readings for this week should be carelully read. They tion, as given in all the gospels; Paul's testimony that the risen and ascended glowing actually appeared to him; Peters Christ; and the word spoken to Joha in Patmos by Jesus who was dead but is
alive for evermore and has the keys of alive for evermore and has the keys of son, compare it step by step with the QUESTIONS
When what day was Jesus crucified? his burial? What did they then do? Lake 23: $50-56$. How was the tomb se-
cured ? Matt. 27 : $62-66$. Who went to the toimb early on the first day of the
week? What did they find? Vs. 2. 3. Who appeared to them ? What did they then do? How was their story received? What did reter do ?
WHAT THE LESSON TEACHES.

1. Love lives on even when hope is dead. We should bring the spices of love
2 . to the living Christ.
2. Christ rose, thu 3. Christ rose, thus conquering the last enemy and lives evermore w. If we would remember Christ's

## ness. We may all be 5. Wesurrection to otners.

## ILIUSTRATION.

'Risen.' V. 6. There are 'many infallibe proofs of the resurrection.' Acts $1: 3$

1. The twedve appearances of Jesus ap ter his resurrection.

The repeated references to the re surrection as a well-attested fact in the
midst of the generation familiar with the midst of the generation familiar with the incidents and not a single denial can be
found. Acts ii., 32,36 ; iii., 13 ; iv., 10 ; v., 31, 32. 3. The declaration wade in the most public places, Jerusalem, Corinth, Athens, Rome. 4. The statement of Paul that Christ is not our Redeemer if he did not rise. 1 Cor. xv., 14 . A man
never risks everything on a single argunever risks everything on a single argu nent unless absolutely certaiu of his po slion. 5. The holy lives of the men who tion and who persisted in their state ment in the face of suffering and death They gave their lives in defence of the doctrine. 6. Their phenomenal succes in establishing the Christian church on the basis of resurrection. lishment of the first day of the week as the hords day in commemoraton of the Lord's day fas six observances of the tians a badse of discipleship We mus believe God's word before we can under stand it. Beside the grave of Lazarus Jesus said to Martha, Said I not unto thee that if thou would'st believe thou should'st see ?' Jno. xi., 40. Christ's resurrection is the only proof we need of daily lives that are many things in our tion The phonograph reproduces the tones of the beloved voice long after the one who uttered the words has gune The worn, rejected, soiled rag come from the mill a pure white sheet of pa-
per. The old batered cup, so black it is impossible to tell its original metal appears again a golden chalice. If man can do such thinss as these, is not God equal to the resurrection? Our Father has not left us without analogies of the darkuess shuts us nature. Light dies, again bright and beautiful. The tiny brown acorn, dead for many a century planted, springs up and becomes a tree on life and beauty. The corn dropped into the soil soou waves in the summer grave. The shrouded, coffined worm it appears a furgeous, aimate butterfy Almighty power can do such things as these, 'why should it be thought a thing Incredible with you that God should raise the dead?' Acts xxvi., 8. But our faith In the resurrection should be practical and experimental. Not a dead Saviou Tit a risen Cbrist is the bellever's joy but bellevers ever looked into his face after his resurrection. The cross is the beginning, not the end, of Christian ex perlence.-Arnold's Practical Commen tary.

## THE HOUSEHOLD.

## DANGER in THE KITCHEN

Mirs. ( 6 . Wilder, the vice-presiIfent of the kansas National House hohi Eronomic Association, says in a

## cent paper

I have been reading, lately, that in tresting book, 'Pomaines and bell comaines,' by Vaughan and Novy, and I have been struck with the number
of instances cited where poison crept into the milk. One case is given where a whole family was poisoned Hom milk kent in the pantry of an
oh honse with roten timbers and no
and ehar. Inder the house was a place for collecting rain-water. The floor was or unjointed boards, and every sommed, or washed her floor, the tilth wht throngh the crevices and re namined beneath ready for putreractive minges. In the pantry, where the mink was kept, the fioor, from more and a second layer of boards had been haced over the orisinal flow house-mother spent her days in keep ng this home clean and comfortable for her family, but the more she she was doing. The father, a healthy wife his son eirht ixe, his son, elghteen, and daughter vomiting, and three of the family died in great agony of tyrotoxicon formed in the milk kept in that old pantry Oher poison was obtained from the same sonrce, and given to
which died in great agony.
When one's attention is attracter o any given subject the world seems o be full of that subject. In yes terday's paper was an acocunt of slow poisoning from using milk where baceria were present, coming from the hands of the milker. Many a babe has died from a neglected nursing whe on its milk bottle. Daily leansing, in warm suds, of the bottle and discarding the long tube, is the freely poured on what rubber is used, and thorough washing at each time of using, is an absolute necessity.
Did you ever taste the cream fo your coffee after it had been all night next a platter of raw steak in a re Did your that was poilk drawn in the bue your and put mink dran the ing the night will keep longer than ng the night will keep longer than
the morning's milk that is shut at once in cans for delivery? Early once in cans for delivery? Eary best way to keep milk sweet
We have so far advanced in knowledge that typhus fever is beginning learning that sewer pastiln aue ar teay mean death and destructiond de cay mean do how to testriction. W what to prepare to prepare our food What to prepare, what to put in the refrigerator, and what to keep from ice ir we wound preserve the delicat flavor. We have learned what direct stinlight does toward destroying bac living rooms art daily opened to the fresh air and the bright sunshine. Pref. Marshall Ward made an in teresting report not so very long ago to the Royal Society of England. He exposed a flask of water, containing theusands of anthrax spores, to the thasands of anthrax spores, to the
light of the sun for several days. The light of the sun for several days. The spores were ant killed. He then put
spores on gelatine plates and covered with a sort of stencil-plate and expesed them to the sun from two to six pesed them to the sum from two to six
hours. The plate was then put into an incubator, and, when afterwards held up to the light, a transparent marking could be seen where the sun strick the gelatine and the spores
were destroyed on an otherwise opaque plate.
ent dangers in our homes differ in quantity and quality. Selmi, the Italian toxicologist, found ptomaines, that gave reactions similar to those of strychnine, in decomposed fcund in decomposed corn-meal, in fcund in decomposed corn-meal, in
mouldy corn-bread, poisons that pro-
duced paralysis; have found pto-
natincs
that producel symptoms of maines that proct
nicotine poisoning.
Fish, eels, ham, canned meats and bread, in certain conditions, have been found to contain bacterial moisons.
Be ferf broth soups, stews and roasts, Be f broth, soups, stews and roasts, moder certan conditions, have been
foum to contain leucomaines. One found to contain leucomaines. One Saturday, in my own home, the cook prepard the chickens for Sunday dimer coverel them while warm, and put them awy in the refrigerator Sint them away in the remigerator. family was ill. The cause of illness "as lain to the chickens, and the werkly order for the usual supply colntermanded. I did not know at
that time that the hidden danger crept in after the chickens wer conked. My ignorance might have
killeal my family...'Zion's Herald.'

## health on the farm.

(By Mrs. M. P. A. Crozier.)
One might naturally suppose that pecple who live on a farm would be very healthy, and perhaps, as a rule farmers are longer-lived than most per,ple, yet cases of severe sickness often occur. When a person is sick we may know that some law of nature has been violated or broken.

Now, it is one law of nature that pecple must breathe good air. If they do not they get sick. One would think that country people might have good air. Tne fresh breezes of heaven blow all around them. Yet it is a fact that country people often breache very bad air. In some places there are marshes, or other lands, where vegetation is all the while defallng, wher buthe it andose fever and people breathe 1 and get fever and ague and let their cellars get dirty instead of let their cellars get dirty, instead of hetping them, as they should be, dampand mouldy; old boxes and barrels are there ; apples and potatoes and onions and cabbages decay in them, and from all these things arise bad, unhealthy smells, filling the bad, unhealthy smells, flling the the bod air and get ill, and perhaps have diphtheria or some other terrible sickness.

Again, the sink drain is neglected, and bau air comes into the nems, or their unhealthy odors and help in the sall work.
But it is not bad air alone that miakes people sick. Bad water is a calise of disease. People are sometimes careless about the water they drink and with which they cook. The well or cistern may not be clean. The water may seem clean and yet be very impure. The barnyard or some oth er filthy place may be so the water in the well is malle bad by impurities draining into it from those sources. Cases of typhoid fever have resulted from such a cause. Probably if there is enough of it, is likely to if there is enough of it, is likely o
cause fever. I remember an article cause fever. I remember an article which the writer expressed the opin ion that typhoid fever in a certain family was caused by dirty dish cloths. See that these be kept sweet and clean., Especially if the dish water used contains milk is it neces sary to be particular
Again, farmers often overwork They do not take time enough to rest Our bodies are not made to endur constant labor very long. They wea out as other machinery does, and, al though nature is a good hand to re pair damages, her laws must be obeyed or man must suffer
Then, too, some farmers try to ge nich too fast, and for this reason, or others, worry and fret a good deal which is always bad for health. It than wears
than work
Again, to be clean is a great help

## tri-must sky it? are cleanly in their persons.

But this is not all. Of all persons who have the means to live well, none, probably, are more careles about the healthfulness of their food than some farmers' families are; and although in this respect nature is as kind as she can be, and pay-day does no always seem to come immedate ly, it contes surely, and men break dicwn with dyspepsia or some other disease, and die. Other farmers are too careless about taking cold; so consumption and pneumonia come Then many farmers use tobacco, Which is a poison; and still other's even the worse poison, alcohol. Fo all these rasoms, not to mention oth
ers, country people sicken and die
Now, to keep wer, it is necessary to be careful regarding these thing. Having elean houses, clean yards, clean bodies, pure air, pure water gcod food and rrink, plenty or res and sleep, leading a pure, calm, wholesome and happy life, keeping good conscience and a sweet trust in God, the farmer may hope that his days will be long iu the land which
the Lord his God has given him.-the Lord his
'Morning Star.'

## THE CELLAR STAIRS

'If I never accomplish another thing,' said a woman architect, who is a great enthusiast in her line, I hope to revolutionize the prevailing ideas on cellar stairs. If it is important for the members of the house hold to have easy, comfortable stairs to go to the second story, it is a honsand times more important to be a o get up and down cellar without the tremendous wear and tear incldent on heuses that I know of. I think one of the reasons why basements are so much disliked, and why people think much disliked, and why people think
their lives are worn out in coming their lives are worn out in coming and going from basement to diming ly managed. They generally occuny ly managed. They generally occupy
some angle that seems of little use for anything else, and are as steep as they can be with any degree of re gard for good sense. What I want to do is to make the cellar stails the easiest of any in the house. I want thein to start at some agreeable angle go up about four steps, and furnish a broad landing with a folding-shelf in one corner-a shelf that may be thrown up against the wall and hcoked entirely out of the way when not needed. of a rise of five

## athether landing

It is all very well to say that this would take up too much space, that really has nothing to do with the
ease. If there is not room enough, ease. If there is not room enough, make it, for there is no place where
it is so much needed as here. The two landings, which should be broad and roomy, break the distance and let the woman get a fresh start to finlet the woman get a fresh start o fin-
ish the ascent. All women know that they can go up three or four steps they can go inp three or for steps but when it comes to a dozen or fifteen, this is out of the question. At teen, this is out of the question.
the top of the stairs I should like to have room for three or four deoj have room for three or four depj)
shelves either at one side or the other. The lower one may be reached from the wide landing. On this what things are needed from the cellar may be placed, involving about half the la bor of bringing up the articles for a meal. When things must be put shelf: from there they to the lower shelf : from there they are reachable again from the landing and can easily be set down on the folding shelf desc
-It goes withont saying that men have been buihing cellars all these years, and men do not wear petticoats and are not supposed to realize the strain and weariness of poking a lot of it is necessary to so up some t:me it is necessary to go up some still further modify the way ishall still further modify the arrangement by building a small dumb-waiter just sufficient to take the food articles dewnstairs. This, of course, if
meant for houses where the diningmeant for houses where the ding on the main floor, hut base-
ment and cellar stairs alike are the most wearisome things that I know of about the house. They are ar-
ranged with no idea of saving ranged with no idea of saving
strength, but seem to be put in as an strength, but seem to be put in as an
absolute necessity to be gotten absolute necessity to be gotten
through with in the smallest space through with in the smallest space and with the least expenditure of
time and labor that can be imagined time and labor that can be imagined 'I verily believe that half of the
dread of housework and meal-gotting dread of housework and meal-gotting would be removed if one had stair that were not so killing to go up and down. It is an excellent idea to have an old carpet on the cellar stairs or a piece of canvas. This keeps the skirts from getting soiled, and is much more agreeable for the feet When I build a house I am going to have everything easy, convenient and labor-saving about the kitchen. Th,
rest of the dwelling. Where people idte rest of the dwelling. Where people idde
and do not exert themselves, will be and do not exert themselves, will be
entirely secondary.'- New York'Lodger:

## IN JACKETS OR OUT ?

## (By Helen Campbell.)

While the potato in Ireland-where it is the principal food--is considered ur fatable if cooked without its jacket and while England is inclined to the same view, the American resents it aptearance in this form as an evidence of poor housekeeping, and a to ken that the cook has been too lazy to do her work properly. The epi cure demands a potato in its skin and, though he may not know why the favor is better in this state, insists that thus and thus only shall it come before him. Now comes the scien tific man to confirm his verdict and to give the reasons why those who are not epicures, but simply people with an appetites which they prefer to bhculd overcome ancient prejudice an hastore to the potato its former risha
The 'Popular Science Munthly' re printed the essays of W. Mattieu Wil liams on the 'Chemistry of Cookery' and for all who have a limited suppl of fruits or vegetables his statement has a special importance, the para graph quoted being really merely te ${ }^{*}$ presentation of the statement made by the best authorities on diet tics.
hould potatues be peeled before cooking, or should they be boiled in their jackets? I say most decidedly rrom fifty-three to fity six peasons the caline constituents of the potat is potash, and potash is an important is potash, and potash is an importan that in Norway where seurvy one prevailed very seriously it has been brished since the introduction of the batato, sud tho ind to potato, and according to lang and the use of this vegetable by a people whe or this wege insuffie a peoply ho formerly were insumclently sup
 and I find that the water in which po and I find that hater in which po ash, as mey be proved by boiling ash, as may ben proved by bolle und ading the usinal motash test matho the platimin choride. It is evident tha his sor of the his passage of the potash into the vent it. The bursting of the skin only oceurs at quite the latter stage of the cookery.
The travelled American has ac cepted jackets as the proper state for the potato of fashionable society

SIR EDWIN LANDSEER.
This most noted of animal painters of our time came of a family of artists. His father, John Landseer, A.R.A., was a well-known engraver and writer on art, and three of his brothers were painters and engravers of good reputation. His mother was the Miss Potts who sat to Reynolls as the gleaner, with a sheaf of corn on her head in 'Macklin's Family Preture,' or 'The Cottagurs.' So care-
fully was the young Landseer trained fully was the young Landseer traned by his father that at five years old
he drew fairly well, and excellently at he drew fairly well, and excellently at
eight. At ten he was considered an eight. At ten he was considered an
admirable draughtsman, and his etchadmirable draughtsman, and his etch-
ings showed considerable sense of ings showed cunsiderable sense of
humor. When only thirteen he drew humor. When only thirteen he drew finely that his elder brother, Thomas, engraved and published it. He also at this time sent two paintings to the Royal Academy, where they were entered as from an 'Honorary Exhibitor,' he being much too young to be ertered as an artist in full. These were the 'Portrait of a Mule' and 'Portraits of a Pointer Bitch and Puppy.' At the age of fourteen he

Highlands of Scotland, and repeated his visit there almost every year. In the Royal Academy After this date the Royal Academy. After this date mis pictures increased greaty in sentiment. Pcople enjoyed them not only
for the accracy with which they were for the accuracy with which they were
done but even more for the story tipy told. His dogs and horses bucame gradually of a higher horses became gradually of a higher type, showing all the joys and griers, nobleness and in his earlier years he gave the 're In his earker years he gave the 'Cat Disturbeduce 'Jack in Office' and' 'The now produced Jack's Chief ant The In 1830 and In 1800 he was elected an R. A. By thastery with his brush that one pic mastery wiel his Rabbits,' one pic tire, sraniel and habbits, he panat bits' in three-quarters of an hour. Or bits in three-quarters of an hour. Or deer's head with one hand and the head head win one hand and the pense, ane of the finest of his works pense, one of the first a masnificent mastiff watching by the door of his wounded master.
Now his works came to be in greater demand, and he began to receive

ONE STEP FURTHER The scientitic and medical world has been startled by the wondertia discovery of the cathode rays, which penetrate wood, cloth, flesh and some other substances, and allow photographs to be taken of the more solit substance behind. Thus the bones in a human hand have been laid bare behind the flesh by means of the photo graphic lens: a long-lost bullet has been located in a man's leg; and a coin has been photographed through the enveloping purse. Suppose this process could be carried a step further , and the thoughts in a man's brain could be pictured forth by the camera. What a shamefaced hiding of heads would there be! How some of us would avoid the cathode rays, if every angry, jealous, suspicious, censorions, michean thought were lant bare! But there is a sensitive plate or Character on which every suen thcught is imprinted. More and more the infuence of mind over mat ter is coming to be inderstoot, an the photographs of this camera are last through time into eternity.last through
'Golden Rule.
countenance, with averted eyes, this boy s whole nature semed perverted Ordinary kindness failed to win him, and rebuke rather gratified his de sire for prominence. His devices for the amnoyance of others seemexd un Cimited. As soon as one was discor spirit of mischief and malice invented several more Reports vior to his mother but added another whpming to the many due hom at fitme, serving only to harden and not correct. Exhausted by his repeated was almost tempted to condemn him as incorrigible and to forbid his at hecance at the school. But siblugh of contirming to himself worst of all, his settled obstinacy made her hesitate was ther hot some avenue to the boy's heart? He

After the class, one Sunday, she in vited him to sit with her in chureh Tco her surprise he consented, the boyhood in him seeming to be touched by the attention. She prudently sat near the door lest whistling or other unchurchly manoenvres claim nt:s va-


SAVED-By SIr Edwid Landseer
was admitted a student of the Royal Academy, and in 1817 he sent to the academy a painting of 'Old Brutus.' This favored dog appeared in after years in many of his paintings, as did his son, another brutus. Young Landseer was all this time a most diligent student and a great favorite among the masters. One of them used to look around the crowded class and ask, 'Where is my little dog boy? the culmination of his early youth and the ensth ition or his eary youn and Strength is 'Fighting Dogs Getting What, thi ta was exher valu 1818. Up to this time che chief value of his works lay in their vigor in design, perfection But the wonderfunnite ment of his paintings was not shown until later.

In 1824 Landseer left his father's house and set up for himself at No. 1 St. John's Wood Read. About this time he produced the well-known picture of the 'Cat's Paw.' This picture created a great sensation, and was the first picture for which he received any considerable money return. It was the $£ 100$ he received for this which enabled him to set up for himself. In 1824 he went to the
larger prices. 'Peace and War' he sold for $\mathfrak{£ 1 , 5 0 0 \text { , and for the copyrights }}$ lone he obtained $\mathrm{t} 6,000$ he exhibited 'A Distinguished Member of the Humane Society,' a dog lying on a quay wall ; Dignity and 1 mpu dence,' a mastiff and a pug, in 1839 ; and the 'Lion Dog of Malta' and 'Laying Down the Law' in 1840. For Night' and 'Morning' he was awarded by a jury of French experts the great gold medal of the Exposition Universelle, Paris, 1855. In 1850 he was knighted. In 1864 he exhibited the gruesome picture, 'Man Proposes, God Disposes.' Polar bears clamber ing among relics of Sir Johu Franklin's unfortunate party. In this year he also produced 'A Piper and a Pair of Nutcrackers.' In 1869 came the last triumph of his wonderful career, The Swanuery Invaded by Sea Eagles.'
About this time his health began to break down, and after four years more, 'mainly of broken art and shat tered mental powers,' he died on Oct. 1, 1873. He was buried in St. Paul's.

The saloon robs you of your man-
hood: shun it you of your man

THAT BAD BOY
(By a Teacher.)
To the successful prosecution of every Christian work must be brought that humble quartette of virtues grace, grit, gumption and go. Con spicuously are these sterling quali ties required in infant-class leaching where firmness inust be mingled with gentleness and infinite patience where variety and alertness must keep pace with youthful restlessness; where self-control must confront, at times the entire lack of parental control and where, high above all, must be sustained the purpose to make im pressions for eternty on plastic hearts. Truly the position of teach er in this department is no unimpor tant one to fill faithfully, demanding an all-aroundness of ability which is rare.

An infant-class teacher whose twenty years' experience had reduced any crudeness of theory to a working basis, maintained that obedience to her expressed wishes was essential to the government of the class, and could be secured in all cases
One boy-one bad boy-came near wrecking her well-constructed theor of years. Of a dark and scowling
grant fancies. His behavior was as tcnishingly good for him, and though relapse set in the next Sunday, she felt sufficiently encouraged by her temporary success to proceed. She hmored his whims privately, whipped boy An approaching new suit of clothes was the theme of $r$ perated confidences. Praises reward ed the first feeble attempts at im proved behavior, while she sought his help in any little service Not lack ing in ability-it had simply been porverted-- the teacher encouraged his perverted---the teacher encouraged to him for answers, or by drawing from him personal experiences which chil dren delight to give Thus leading him on self respect was at length avakened in him

Sunday by Sunday the improve ment has visibly grown ; the last one witnessed the advent of the much talked-or new suit, while the old scowl had departed. replaced by look of eager, intelligent interest. As a climax to the day's triumph, the boy's grandfather was proudly led into the room, and he heard, for the first time probably, that his grandson was a good boy.

## THE LITTLE PROFESSOR.

There is no need to describe the Big Pofessor for every one knows him. His picture, with its keen, clever look, hangs in the photographer's window and tells you what his outer main is like; his books are bought everywhere, and sometimes read, so you can find from them what his thoughts and opinions are.
But the Little Professor
That is a different thing.
His portrait stands only on the study table; and when he takes pen
in hand and writes a letter, none is in hand and writes a leuter, none is fround learned enough to decipher the writing, and the housemaid co
it to the waste-paper basket.
It to the waste-paper basket. on the garden gate waiting for the tram which would bring the Big Proféssor home. The perch was rather
insecure, as his toes barely reached insecure, as his toes
the bar on each side.
the bar on each side. hail fell on his shoulders, and his clear blue eyes saw many things that those around him never saw.
The heavy tram lumbered up the hill, and the Little Professor was on the other side of the gate in a mo-
ment, iushing towards the quiet man ment, iushing towards the quiet man
who had spoken to no one on his way from the college.
A spring and a shout, and then the two turned homewards.
The vicar's wife, turning in at fher gate, felt the sudden rush of pity that women will feel for children who are
motherless, but the Little Professor motherless, but the was perfectly happy.
Half an hour later, when the ought to have been in bed, the sat by his father at the dinner-table, describing the events of the day.
The Big Professor was a wise man, and he expressed no doubt when the and tigers and fairies that he had and tigers and and talked with He did not tell the child that he was not speaking tell the child that he was not speaking
the truth and send him away, for he the truth and-send him away, for he knew that the Little Professor's bue
eyes could see into a world that was eyes could see
closed to him.
chosed then Nurse carried the sleeny child to bed, and at breakfast his dreams
suited conveniently any topic that suited coryeni
was mentioned.
The little head with its yellow locks was in sight till the Big Pro fessor was round the corner on his Way to college; then. Nurse's Yoice called: 'Master Clifford, Master Clifcrd !
'He's coming,' said the boy, who generally spoke of himself in the third person.
The Big Professor was busy correcting the proofs of a book which would show the world how foolish it was to believe anything that could not be proved; and people said it would be. one of the deepest books of the day. But the Little Professor would have made you believe twenty impossible things in five minutes ; and you would have learned what the bee said, and heard the butterfly talk, and seen fairies dancing on the lawn.
To the Big Professor the invisible was unreal, but to the Little Professor nothing was invisible; and his blue eyes had a look which his father's had lost long ago. Every nigint and morning he lisped his prayer that 'God would bless dear father, and make him a good little boy'; While on the study table lay. proois of the chapter which was to show how futile a thing prayer was to anter the laws of the universe.
One evening when the Big Professor came home, the Little Professor was not at the gate.
'I am early,' he said, but he entered the house hastily, and called, 'Little Professor!

## The nurse came to him.

'Master Clifford is not well,' she said, and he followed her into the darkened nursery, where the boy la in his crib, hugging a toy lamb. in his crib, hugging a the Little Professor, "and the lamb's tired. Kiss him, sor, 'and
father.'
I Ithink, sir, he will be better in the morning, said the nurse, remembermor too well the night that the Littie Professor became all that her
had in the world to care for

But when the morning came the boy was really ill, and his father went for the doctor instead of going to the college.
'Not much the matter, is there?' asked the Professor, nervously, as the two stood in the study
'I hope not,' said the doctor gravely. 'He must be: kept quiet. I will: come in again this afternoon
The Professor stood in the same place after he had left, looking stupidly ät a child's top which lay on sume uncorrected proofs.
There came a.tap at the door, and the announcement

Please, sir, Master Clifford wants you.'
'What is it, my darling ?' said the Professor as he bent over the crib. 'He's so tired,' said the child weari ly, 'and something hürts his head.' ${ }^{\text {'He will be better soon. Father' }}$ will stay with him.'
'Sing "The Cat and the Owl," said the Little Professor; with a child's sudden fancy.
The Professol's vocal powers were small, and no one but his little son had ever heard his somewhat chromatic rendering of a few songs.
'Not now, dear,' he said, ifeeling that the nurse would not be an easy addition to the audience.
Sing "The Cat and the Owl," please,' repeated the Little Professor, in the same tone, and the Big Professor sang with complete indifference to time-
"The owl and the pussy-cat went to sea In a beautiful pea-green boat:
They took with them honey, and plenty of money,
Wrapp'd up in a five-pound note;
The owl looked up to the moon above And sans to the light guitar, 'Oh, pussy, dear pussy, oh pussy, my What a beautiful pussy you are." fessor was a tone and a half lower.

Pussy said to the owl, 'You illigant How charmingly sweet you sing, Tow long: we have tarried, so let us get But what shall we do for a ring?", So they salled away for a year and a day Till they came where the Bong-tree And there
And there in a wood a piggy-wig stood
With a ring at the end of his nose.
"Dear pig, are you willing to sell for a shilling, said the pig, "I will." Your ring?" Said the pig, "I will."
So they took it away, and were married next day. that hives on the hill.
They fed upon mince and slices of quince They fed upon mince and slices of quince And hand-in-hand by the edge of tille sand They danced by the light of the moon.'

The heavy eyes were closing. 'Good-night, father. Goodd-night, nursie,' and the Little Professor was asleep.

The doctor came again, and he looked grave. Children so quickly fall ill.
For days and nights he lay weakly delirious, asking for things they could not understand, and crying pitifully. He wants a runcible spoon, he said one day, and every spoon in the house was offered him in vain till his father brought a beautifully
spoon from the study.
spoon from the study.
'The poor Professor,' said the doctor to the vicar's wife, whom he met in the garden.
'No better ?' she said, thinking of the six healthy children she had just left, and of the tiny ligure always warting for his father on the garden gate.
'No better.' said the doctor.
delicate child, too sensitive and imaginative for the struggle.'

In the study the father sat alone.
He had come down from the nursery, where so often with failing voice he had had to sing "The 0 wl and the Pussy Cat,' each time more hopelessly out' of tune than the last:

- Unanswered letters lay in disorder on the table, repeated requests from the printer for corrected proof.
$\therefore \mathrm{He}$ looked at them stupidly ; then he took the top in his hand, and opened a drawer where there were
colored marbles, and a toy whip, and a battered tin train.
He touched these things gently, and
then he rested his weary head on the desk before him.

A knock came at the door.
'Please, sir;' Master Clifford, is asking for you. Nurse has sent for the doctor,' and the poor little housemaid, who had loved the child as they all loved hi
The Little Professor lay still, grasp= ing his 'runcible spoon ;' and he no longer babbled the ñonsense he had talked for so long.

## 'Father.'

My Little Professor 1 My darling.
'He's so tired.'
Go to sleep; dear. Father will stay

## ' H .'

He hasn't said his prayers.
God will mind,' said the Little Pro essor, and in spite of all his learning the Big Professor knew that on these the Big Professor knew that on these
subjects the child's wisdom was deepsubjects the
er than his
than his.
'But fie w
'But fie won't mind if you say them 'stead,' said the child gravely
The doctor had come into the room quietly, and saw tho change.
'You say them; and he will say "Amen," said the Little Professor.

Shall Nurse ?' whispered the Big Professor, but the child answered, No, you, father.
The Big Professor. lnelt down by the crib.
'Out loud,' said the boy. 'God likes' us to say them out loud.
What was he to say to satisfy the child?
'Out loud,' came again from the crib, and the poor father said

What shall I say, darling ?' "Pray,
'Oh, don't you know?
God, bless dear father-,

- Pray, God, bless dear father.

And make me a good little boy-
And make me a good litle boy: And make him better to-morrow'And better to-morrow
'Jesus Christ's sake. Amen. That' all. Good-night,' said the Little Frofessor in exactly the same tone. "Betand then there was silence in the room.
'He is sleeping,' said the doctor at last. "Go down. I will stay here. It is the crisis.'
It is the crisis.'
Not $a$ sound in the quiet house.
Not notice hung on the knocker ask-
Ang visitors not to knock or ring, and. ing visitors not to knock or housemaid waited about the hall.
'Master sees no one, sir,' she said to the vicar, 'and Master' Clifford is so ill as he can be, and the doctor's here.'
In t
In the study the Professor had at last fallen asleep, and he dreamed of his fair young wife, and days that would never come again.
Was his life to graw quite lonely and was the house to be always quiet? The door opened gently, and the dcctor came in ; then he waited patiently.
Suddenly the Professor started up.
'Yes; I am here, I am coming,' be said quickly
The doctor had often had to break bad news, yet a lump was in his throat now.
The Prolessor looked at him and sank back in his chair.

- 'The crisis is over,' said the doctor unsteadily. 'He may live now.' And the Big Professor sobbed like a child. 'He may live,' said the little house maid in the kitchen, and the cook subsided suddenly into a chair, and said,' 'Thank God.'

Into the darkened nursery the Professor stole with noiseless tread.

Father,' said a weak little voice
'My darling.'
Is it to-morrow?
'Yes, Little Professor.'
'He is better.
'Yes, dear. Father is so glad.
For the first time for many...days the Professor turned to his work, and he began to correct his proofs
The printing was careful, a comma here-a capital there-yet he lingered over the pages.
Why had that chapter on Prayer come before him now?
A month ago a belief in prayer
secmed an absurdity ; nothing could be more conclusive than his arguments against, it, but-
The Professor wrote to the printer and said that he must have some time in order that he might carefully revise the work ; and the world is still waiting for it.
People say it will be a great loss to the world if it never appears, but the Little Professor thinks differently. He is down again now in the study, locking whiter and fairer than ever; and the Big Professor, whose artistic skill is on a par with his musical powers, has covered the backsings of cats, and owls, and runcible spoons.
These pictures the Little Professor looks at while his father sings the looks at while his father sings the
song, pointing to each object in turn. The printer is still expecting the revised proois ; perhaps under the Litvised proois; perhaps under the Lit-
tle Professor's influence the revision will be-so complete that little of the original will remain.

But the pages are scattered on the study floor, and the Little Professor, shrieking with delight and brandishing his whip, is riding the Big Professor round and round the room.
Poor man, he is wasting his powers, said those who looked for the book in vain. 'He might have been a great man.
But they little knew; for in the kingdom of the great ones the Professor has at last found an entrance through a door to the land of childlike spirits, held open to him by the tiny hands of the Little Professor.-D. M. Green, in 'Sunday at Home.'

POOR BOYS WHO SUCCEED.
Robert J. Burdette gives so many instances of great men who were peor boys that it would almost seem as if poor boys have a monopoly on success. He says :
'My son, the noor man takes all the chances without waiting to have one given him. If you give him any more clances than he takes, he will isoon own everything, and run the Texas man out of the country. He has crowded the rich ont. But for the poor man the world would have cast anchor six thousand years ago, and be covered with moss and lichens to-day, like a United States man-of-war. didgar Allan Poe was the son of $\mathfrak{l}$ strolling player ; George Peabody was a boy in a small george Peabody was a Boy in a small grocery; was the son of a tallont chandlel ; John Adams was the son of a der; John Adams was the son of a the 'Quarterily Review,' was a common sailor ; Ben Jonson, rare Ben

SCIENTIFIC TEMPERANCE:
A SERIES OF LESSONS FOR BANDS OF HOPE, ETC.

## (By Mrs. Howard Ingham.)

LESSON XXXIL-Stil More About Tobaceo.

1. Do tobacco-users usually have sweet voices?
No, not after long use of the poison. Tobacco makes the tissues of the 'throat' wither, and injures the vocal chords-the delicate strings of that beautiful instrument, the voice.
2. What is the result of this?

The voice becomes thick, nusky, harsh or squeaky, losing its rich musical tones.
3. Why do so many public speakers, clergymen and lawyers lose their voices?
Physicians who have studied the subject say that many of these cases of loss of voice are directly caused by the use of tobacco
4. Do tobacco-users have beautiful teeth ?
No, indeed. Their teeth grow yellow and disgusting in appearance. 5. But does tobacco really harm the teeth?
Yes, it poisons the tissues of the mouth, and loosens the gums. Often tobacco chewers actually wear out their teeth, so that they proje
a little way beyond the gums.
6. Does tobacco affect the sight

Yes, it benumbs the nerves of sight, and sometimes really paralyzes them. ing said that Americans are becomGer a spectacled nation, like the of tobacco.
7. Do you know any facts showing the harm done in this way?
A man in New Hampshire chewed, smoked and snuffed tobacco. He became nearly blind and sometimes was entirely deaf, with horrible ringing scunds in his head. He was perered both his sight and his hearing. 8. Are there many such cases ?

Yes, a great many. A Boston medical paper says smokers must look to their eyes, for blindness, caused by paralysis of the nerves of sight, often occurs among smokers.
9. Why does not this occur among all smokers?
Some people are stronger than others, and can bear greater injury. But the fact that these troubles may come should keep every boy and girl from the use of tobacco.
10. What do you know of the effects of tobacco poison upon those associ ated with smokers and chewers?
It is very dangerous in its effects. Little children have been thoroughly -poisomed and even killed by tobaccousing fathers, who smoked in their. faces. And many women are said by physicians to have lost their health through constant living with tobaccousing husbands.
11. Have you ever heard of such a case?
xes, there are many. A beautiful lady had become a suffering invalid, and her husband was in great grief that she must die. Finally a wise physician said to him, 'It is your tobacco that is killing your wife. Your breath and the very house in which she lives are poison to her from this cause.' The man gave up his tobacco and in a little his wife began
to improve, and finally became quite well again.
12. But do not many good men use
tobacco? tobacco?
Yes, because they formed the habit without knowing its evil, and are now. enslaved by it. But every one would have been better and purer and healthier without it. And almost every bad man and bad boy uses it
and is made worse by it. It leads to and is made worse by it. It leads to other vices and to bad company, hand
is unft for anybody who wishes to be pure and noble.
hints to teachers.
Many additional facts may be given to enforce this lesson. Dr. Wm. Dickinson says his observation of eye. diseases for twenty-five jears convinces him that blindness is very often caused by tobacco. An Enghish surgeon says that of thirty-seven cases
three were those of confirmed smok ers. The influence on manners and morals is too lconstantly witnessed to need argument. The entire indif discomer of most tobacco-users to the is one. of the marked features of American life.

## TOO OLD"

(By Helena H. Thomas.)
Frank Wilson had been carefully reared by Christian parents, and was in the main a credit to them, but it must be confessed that though he was a very bright boy for his age, he rather overrated himself and looked upon Frank Wilson as a superior sort or personage.; From his short perspective, sixteen years seemed an adwith his younger brothers and sisters, who were often heard to say behind his back, 'Frank thinks he knows it his
all.'
' $N$
'Never mind,' said Mr. Wilson to his wife, whio in speaking of her tirstborn, had expressed herself as wishing that he was more teachable, 'he is at the know-it-all age, but going
where he is will be an eye-opener to where he is will be an eye-opener to
him, I feel sure. Here he has always him, Ifeel sure. Here he has always been leader of his set, and that has had a tendency to make him overrate himself, but my word for it, before he has ibeen in New York a month he will underrate himself, if he goes to either extreme.' 'Well, perhaps so, said the mother, with a sigh, but if ho had taken a decided stand for Christ I shouild feel more at rest about him.' 'Well, wife, wehave made his. leaving home a subject of prayer, and leaving home a subject of prayer, and now. let us have
Frank had just graduated from high school, and was on the eve of bidding his first farewell to his home in a New England village, when the foregoing conversation betwreen his par ents took place. Frank was ambi-
tious to make his mark in the world tious to make his mark in the world
and hoped for a college education; but and hoped for a college education; but
the hard times had so crippled his the hard times had so crippled his father financially that when an old
schcol-mate, a wealthy New York schcol-mate, a wealthy New York merchant, wrote, saying : 'I will give
Frank a position in my store until Frank a position in my store until
times are better' adding 'He is young times are better,' adding, 'He is young
yet, a glimpse of city life may be the yet, a glimpse of city life may be the education he needs just now : anyhow, he can look upon going to collego as simply deferred for the present.'
And so it was settled, and Frank, with bright hopes, started for the unknown city, followed by the prayers of his loving parents. But the boy did not realize his need of them, and eternity alone will reveal the pitfalls from which they saved him. On reaching the great city Wrank went ditectly to the store of Mr. Wheeler, and for the first time in his life he felt that he was a person of little importance, as he patiently waited his he now realized him to be as nemer, as he no.
Mr. Wheeler greeted the son of his old friend kindly, saying: ‘You look as your father did once, and I only hcpe you will make your life the grand surcess he has thus far.' Though the words pleased him, it was a mystery to Frank how the wealthy New York merchant could refer to his father's life as a successful one, when he had spent his days in the birthplace of Mr. Wheeler and was a panper, in comparison to his old-time friend. But Frank had yet to learn that the great merchant ..was not speaking ifrom a worldly standpoint, but of 'true riches,' and the highest suecess-a life spent in God's service, which to the son looked commonplace Whe beneath ,his aspirations. Mr. Frank to made arrangements on of his clerks-a Christian home, and one which proved in every way lifting to the boy during his stay in the city. 'Come and dine with me to-morrow, 'Come and Gine with me to-morrow, said"Mr. Wheeler as he like to introduce you to my would addiln introduce you to my family, just look the city over and begin work
on Monday.' Franik could hardly beHeve that he was to be received as a guest in the palatial home into which he was ushered the next day, but he was not:only received as a guest but greeted so cordially by every member of the family that he soon felt quite at home in spite of surroundings more legant than he had ever dreamed of. He soon forgot that Mr. Wheeler was a merchant-prince, ass he answered all his kindly questions and rattled on mim his usual fearless way, that had better have been left unsaid. To illustrate: After Mr. Wheel er had asked about the affairs of his old friend, Mr. Wilson, he became n:ore personal and questioned Frank as to his school life, etc., who with some apparent pride, it must be confessed, told him how he had graduated from the high sciool, standing first in his classes.
Then Mr. Wheeler asked how the church of which his old friend was a member, was prospering. Frank was well posted as to the financial condition, number of members, etc., for he prided himself on being a regular ckurch-goer, but when he was asked about the Sunday-school he opened his eyes and made a very foolish speech, saying : 'I do not know much abcut that, as I am too old to go to Sunday-school. I graduated from that before I entered the high school. At-these words a very peculiar ex pression crept into the face of Mr Wheeler, but being a very discreet man, he did not say what he thought Frank felt.greatly honored by being treated as an equal by Mr. Wheeler's oldest son, who had just graduated from college-that far-off goal; But it must be confessed that his modest bearing was something of an enigma to Frank, who could not understand how a full-fledged M. D. had so little to say of himself, for he had yet to learn that the more people really know the less they think they know.
At parting, Mr. Wheeler said: : Ask the usher to show you to my pew When you go to church to-morrow, adding, Mr. Davis; the one you are to board with, goes to the same church, but I would like to have you sit with usto-morrow. Frank again felt nat tered, not understanding that the long-headed merchant had an are to grind' in so doing. The next day, avenue church, and found bimself in Mr. Wheeler's' pew, surrounded by a vast audience of strangers, he half wished himself back in the little country church, where he felt that he was somebody, and every face, was faminiar. It was his first touch of hor esickness, but not the last.
At the close of the service, Mr . Wheeler said, with a roguish smile, If you did not look upon yourself as toc old" to go to Sunday-school, I would invite you 'into my class of ycung men.' Frank underistood what ho meant and was too embarrassed to say more than: 'Why-I-I did not think of staying.' 'But do,' said the son, who had not been let into the secret, 'father is just joking, for of course no sensible iboy, or man, ever looks upon himself as too old to study the Bible.
Franks looked very foolish, but al lowed himself to be led into the Sun day-school room by Dr. Wheeler, who innocently added, as he seated him self next to Frank in this father's Bible class : 'Yes, the Sunday-schoo is one from which we can neve graduate. I have attended all my life and I always expect to, for I feel as if I was still in the infant class in my knowledge of the Book of books which is so sadily neglected by many. At the close of Sunday-school Frand said very humbly: to Mr. Wheeler, 'nis employer: 'I have made up my'mind that I am not too old to be a Sundayschool scholar, but I have lost so much time I am too ignorant to enter jour class.' 'Nover mind,' said Mr Wheeler heartily 'I shall' be pleased to have you as a member of my class and with lessoin helps and a class, mined spirit you can accomplish wor ders and make up for lost time.: a few weeks later Frank's parents A few weelks later Frank's parents
recoived a letter, which greatly re-
joiced their hearts. They had gathered from former ones that their absent boy was coming to a sense of his comparative insignificance in th world and that some unsen was bringing him to unseen powe his own littleness, but the why of was explainedess, but the why or haps evarhod when he wrote : Per me for all my at home will laugh a Surday an my foolish speeches abou ami getting so when I tell you that that I look so much interested in ber.
He also candidly confessed how he came to go into the Sunday-school and then went on to say: I do not know how I should get on without it but as it is, with church and Sundayschool and study of next Sunday's les. sons, the day, once dreaded, is gone all too soon,' adding: 'Wibiat a fool' I was at home to look upon myself as "too old" to go to Sunday-school.
When Mr. Wilson read the letter aloud he said, wiping his eyes: "rhank God: I thought seeing worth, humility and Christianity so beartifully combined as they are in the Wheeler familly would be an eye-open.
or to the boy.- -The North and West.

A B C FOR TEMPERANCE NURSERY.
bx julia menart wright.


Stands for Queer; so felt poor Dick, When once he drank sorae Claret, slck, sick,
Hereafter I can't bear it.
Quarrels often end in blows and wounds. People who are drunk are apt to quarrel. Let us all hate rum which is the cause of so many quar rels.


R For that dreadiul thing called Rum, Which ets so many elghing; And leaves out of house and home, Rum is a very bad kind of strong drink. It makes those who take it more like beasts than men. The Bible says, "Strong drinit is raging." It makes people slick and crazy.

ROOM TO GROW IN.
When we think of the vast throngs that people our little earth we are likely to feel somewhat crowded. The present population of the world is is very unevenly distributed. In the is very unevenly distributed. In the
world at large there are twenty-eight world at large there are twenty-eight
persons to the square mile, while in

## 48\%



The Worldi :28 persons is
that close-packed little nation, Belgium, people are squeezed in at the rate of 536 persons to the square mile, and they don't touch conows either. grams below will prove interesting.

I. - Earorog: 95 norson

II: Asin; 48 persous to


IV-A Anerica ; ; pporsons
Lo the spuarco minle.




While Europe is more than three
While Europe is more than three
times as densely peopled as the avertimes as densely peopled as the aver-
age surface of this globe, America has age surface of this globe, America has
less than one-third its share of folks, less than one-third its share ol lonstry and an
indeed.
But there is another matter to con-sider-a most important matter. The earth is growing more crowded. Look at the second series of diagrams, and tremoble. In 1871 every man, woman and child of us was lord (on an aver-
age-if he could only strike the aver-

be content with 20 acres each, and glad to get that. And then the poor folks of 2517 , 'cabined, cribbed, confined! Their cats must grow short tails, since they will have only an acre to swing them in- However, cially is be done with an acre, espeman, and understands microsconic farming. And then-as Profepsor Sckooling, who got up these diaSckooling, who got up these diaman race will have learned to live in the air ; and, he might have added to live on air also.-Golden Rule.?

MY EXPERIENCE OR WHY I TITHE MY INCOME.
By frances e. townstey,
National Evangelist in the W. C. T. U. and Assistant Superintendent of Proportion-
Sball I tell you? Well, I began when young, on this wise: I read an article on the subject of benevolence that deeply impressed me with a sense of my duty and privilege in the use of money. 1 was a poor girl in Wheaton College, earning my way through school, in part, and borrow.ng a little to help me on, when necessary. When a good cause was presented at church, if I had a few pennies they went into the offering basket. Otherwise I felt justifled in not giving what I didn't have. When I did give a fow cents I often gruăged them (mind you, I am going to tell you an honest tale), and generally put my contribution in because of the looks of the thing. Wasn't I a church member? A. leader of the girls' prayer-circle? A testifier in the students' prayer-meetings? I really had to put in something on the occa-
sions referred to, for the sake of desions
cency.
cency. when the truth that the tithe is the Lord's' came to my soul, I yielded intellectually and spiritually to the logic of the Bible teaching, and informed my blessed Christian roommate of my new-borm purpose. Now Mary was my mentor, my ideal of a conscientious young woman, and she -wasn't rich, either. Didn't we wash
dishes and mix bread dough for part dishes and mix bread dough for part
of our board expenses at the club table?
Mary looked a little sober, and sald, 'Well, Fannie, II won't stand in your way, but, dear, you have no healta, no means, and are not likely to have much to tithe. Bo sure you're right, then go ahead.' I was pretty sure, ss I said: 'Here's my earthly all at the present hour, my dearie ; twentyfive cents ; I'll begin on that. Not to be stingy with my Lord's Box Ill call this tenth three whole cents. Here's an old pocket-book to hold it: Tve launched forth on the sea of my
newly discovered' "daty. So here newly
goes:
goes'
The next day (Sabbath) I heard a call for a State Missionary contribuiticn. It was humiliating to put in but three cents. But in they went,
and with more prayer than ever the and with more prayer than ever the
mission cause had gotten from my mission cause had
I earned but a very little money each week, and tithing it did seem a little of a trial for a time, but I prayed earnestly for the approval of the Masamong my mates, for the honor of His among
tiuth.
One day things looked very serious financially, and Mary said : "Are you sure, dear, that you ought to have given that last offering ?' Now, Mary concerned for my prosperity. I went down on my knees for a few minutes, and then hurried to the post-office. There I found a letter from an old friend of my mother's in Boston; sayfriend of my mother's in Boston; say-
ing she had often wondered how I was getting on, and had been led to enclose a cheque for $\$ 25$, to help me in my schooling. How I praised the Father of the fatherless! Stopping. at the store $I$.tithed the gift in the purchase of an article Mary very much needed, as my visible proof that the Lord meant me to tithe. She
tearfully rejoiced with-me and ever
after encouraged me in all tr
The next fall term brought me a let ter from a distant well-read relative who said : 'If you will write a magazine article for my criticism, I'll reward you.' I did so. It had the criticism it evidently needed but with that came a fifty-dollar cheque toward my education This gift was repeated twice later Do you wonder that when I taught school my saiary: was tithed? Or is it strange that when tithed or, is it strange gelist, befcre I was twenty-four years old, I continued to tithe my income ${ }^{\prime \prime}$ As I have prayerfully -avoided all money-raising schemes in $m y$ all I have had a comparatively small income. But, after deducting my travelling expenses, which I found it necessary to do, I have for twenty-one years tithed all the remainder of my earnings. Having been homeless, I have paid board bills when resting, pretty generally. Having never seen a well day till the past summer, during which I have trusted and been healed, my rests have been frequent and expensive. But I have been able to keep girls and boys in school, to give to forelgn and home missions, and the loved W. C. T. U. work, to many poor and needy individuals, and always without the reluctance and sense of unwillingess once felt and sense of unwillingness once felt. In er found by some accident that I had no income beyond that of my 1 had labors, she cried, 'Why, my sister, the general impression in the state is that you are wealthy !" 'Why ?' I is that you are wealthy! 'Why ?' I
asked. 'Because, you seem to have askething to give on most occasions, and do it without hesitancy.'
When I told her a few items in my history, and some of the absolutely hard places I had been through, of my frequent prayer of faith for daily bread and means to meet. my great expenses, she asked pretted my tithing plan. 'No,' I answered, 'for the tithe is the Lord's. It is not my own. If I obey and give back that to Him (at least the tenth -though I often add free will offerings), He has promised to see that I do not suffer need. I am a stockholder, you see, in so many Christian halder, you see, in so many christ"
Do you not see, friends, by tithing Do you not see, friends, by tithing, of eggs has one cent for 'her Lord's of eggs has one cent for her Lords
Box: or if she sells fifty cents' worth of butter she has five cents for her box? Or if she takes a few boarders she can tithe their board money after deducting a part for actual cost of her investments, though many claim to be more blessed by not deducting from their gross money receipts. Every one as he or she pur prseth in the heart. It must be a peart matter. And, oh, there's such heart matter.
a joy in tithing!
Many women have no money of their own, taking for their personal give (?) them.
Really, I imagine 'the men folks' wculd enjoy a new departure in the matter of dividing with their wives the inicome of farm, or shop, or office. For a housekeener's rights, rather a home-malker's rights, are in a measure financial. These men do not mean to be narrow or unjust. They simply haven't been stirred up about it.

Sisters, gently, sweetly, but positively rise up and stir! Remember, every member or the household has au individual church membership-ip any at all ity and privilege and ought to havebe it prer so tiny-an individual purse for income and gifts recelved Only by being just to ourselves can we be truly just to Him who bought us at so great a price.

INSURANCE AND TEMPERANCE. At a recent meeting of the Actuarial Society of America. Mr. Emory Mifintock, actuary of the Mutual Life Insurance Company or New York, 'Use and Non-Use of Alcoholic Bever-
ages' and their effect on longevity
He says:-
Upon those who on entering stated that they abstained from alcoholic beverages the maximum expected loss was $\$ 5,455,669$, and the actual loss was $\$ 4,251,050$. Upon those who stated otherwise the maximum ex pected loss 'was $\$ 9,829,462$, and the actual loss was $\$ 9,469,407$. The abstainers show; therefore, a death loss mum and tithe non-abstainers ninetysix percent.'
The same authority also says:-
The same authority also says :cussed include a certain proportion of men who stated on entering that they drank "beer only." The total maximum expected loss upon this class ninety-six percent percent, agalist ninety-six percent first found for noneight percent found ior the abstainers.
'It is widely believed that the drinking of spirits short of intoxication is less injurious than the drinking of beer, and there is nothing in these results to the contrary. It is the danger of falling into a habit of inthe more formidable of the two while undoubtedly the tobit of drixing nither the mat drinking a certain melical limit not well de certale nned, because ored by thise ano drink at ceeded by those who drink at an, rinally it mases tow raally, it may be questioned very should not fir their limit of sats for any individual at a lor sat for any man ben whether tor ment in beer apart from the alcohol ment in beer apart
Mr. McClintock, in closing his r port, says, among other things:

There is no reason to distrust the general result of this investigation it coincides with all previous reason able belier and expectation
it does not sinow that all of those wh drink heavily must therefore neces sany die phat it does show done to that the nomgh injur vidut to ma tin to tinctly higner on the average
McClint to notic' nor is be a 'aperance Pa natic, nor is he even a total abstain outgrimuth of a mere matter of the ment but a mro mad senti mesire to abtain facts to solide desire to oban facts to gulae th of its business it is a well truth that no riable insurn kow pany will now take riks the of salon and ront uno , gan mers, pugilists, use intoxicating liquors as a beverage -John P. St. John.

THE WRECK OF A SOUL.
Dr. Joseph Cook, in a lecture in Boston some time ago. depicted the Wreck of a soul by alcohol, and closed with this impassioned peroration
'Then came a sigh of the storm, a groaning of waves, a booming of blackness. and a red, crooked thunderbolt shot wrathfully into the suck of the sea where the ship went down. 'And I asked the names of those rocks, and was told : God's stern and immutable laws.
And I asked the name of that ship, and they isaid : Immortal Soul. And I asked why its crew brought ain Conscience and Heimsman Capson were dead.
'And I asked how they died, and they said : By one single shot from the Pirate A cohol by one charmed ball of Moderate Drinking
On this topic. over which we sleep

There isn't a man in the world who will have any trouble about understanding the Bible if he will honestIy determine to live the way it tells
him to.


SIX BRAVE BOYS.

SIX BRAVE SOHOOL BOYS. There is, says the New York 'World, a newly-made hero down in the little post village of Sandy Hook; Conn fifteen years Ka fitteen years old. Stephen has been not until last Monday that but it was a real hero. real bero.
He ond a
He ond a party of his classmates from St. Michael's parochial school, at Sandy Hook, on that day went skating on Niantic mill-pond. In the
party was Michael Keating; a boy party was Michael Keating; a. boy
of twelve years. Michael, venturing of twelve years. Michael, venturing
where the ice was thin, broke through where the ice was thin, broke through
and fell into the water. Stephen Keane cried:
Form a "life-chan,
rorm a "life-chain," boys, and Lying fat, face downward,
lying fat, face downward, on the ice, he directed one of the boys to lie down as he had and hold tightly on to his ankles. The ankles of this one were in turn grasped 'by: another lad, and so one until a life
six brave boys was formed.
Keane wriggled his way carefully out on the thin ice. Before him was poor Keating struggling for life. Once he went down, and stll the first link of the 'life-chain' was crawling slowly on the ice far away. Down he went a second time.

Hold tight, boys!' cried Keane. Just as the drowning boy was disappearing for the last time Keane seized his coat.
two links of the the ice, and the first two links of the 'life-chatin' were also in the licy water.
out. the worse one boys were dragged out, the worse only for a wetting. young Keane and showered praises on young Keane and showered praises on him for his forethought and pluck, he only said :
that trick, and I

## our prize winvers.

THE 'MESSENGER' BIBLE COMPETITION.

The publishers of the Northern Mossenger' have much pleasure in announcing the prize winners in their last Bible competition.
At Christmas time we offered six prizes for the best short account of the birth of Christ, and have had in reply one of the largest and most closely contested competitions of the kind wrizes offered have two Bibles two six prizes offered-two Bibles, two volumes of biography and two subscriptions to the Northern Messenger. have been awarded as follows:

PRIZE WINNDRS
First (Senior) Prize-Cora May Sider, Sherkston, Ont.
Second (Senior) Prize-Florence Stevens, Ellershouse, N.S.
Third (Senior) Prize-W. E. C. M11ler, Quebec.
First (Junior) Prize-Oliver Gladstone Steele, Vankleek Hill, Ont
Second (Junior) Prize-Minnie Weir
Spencerville, Ont.
Brarh (3unior) Prize-Alfa $\begin{gathered}\text { Hoyle }\end{gathered}$ Brougham, Ont

HONOR ROLLS.
There are also two large lists of names who are entitled to honorable mention. They are as follows :lix, Evangeline, Never Give lix, Evangeline, Never Give Up, Fiorence Nightingale, Shamrock, Maple Leaf, Andrew Stewart, Flora Bigail,
Penelope, Bessie, Eliza Cook, BrightPenelope, Bessie, Eliza Cook, Bright-
eyed Nancy, Snowdrop, A. K. Swal-
low, Agnes McNeil, Carita Law, Ma bel, Elm, Birth of Christ, Rowena Mary MacKinnon, Jean, Lilac, Liberty Lighthouse, Violet, Marion, F. Weir. - Senior, Special Mention. - Then there arc a large number of competi ters who, while not quite reaching the Monor' mark, are well worthy of special mention. They are:-
Mary Nash, Mayflower, Castle Doun las, Jane Sanguins; Senior, Bluebelts, Ella Hutchiscn, Minnie Gilmore; Rose bud, Marguerite, Vera.H. Fields, Rachel, Cathaline Tilena E. Martin Primrose, Puss, Northy, constant Reader, Snowball, Annie Routiedge Matthew Krauth, Mark Mane, Shamrock, George Atkinson, Frank Fair bank Speedie, Atha, Bijou, Violet, Jas, H. McCauley, Elmira Wilder, Cassie Shaw, Isabel.
-Junior Honor List. - Buttercup Daisy, Truth, Robin, Canada Rex Ophelia, Morag, Highland Bess, Trivia, Garnet W. Campbell, Novem, Maple Leaf, Mother's Baby, Rose Mary, White Heather Aveline, Clansman First Attempt, Little Roman, Milly, Birth" of Christ; School Boy, Robin Elcod, Bessie Try, Ira Pierce
Junior, Special Mention.- Lulu, A Little Saxon, Florence; Jeanette, A. Mack, Napoleon Bonaparte, Daisy Dean, Grace Simpson, Floss, Minta V. Sayles, Amy, Emily Campbell, Fairy Carltōn, Star, Vernon, Marjory, Dora, Crusoe, Preston W. Powers, Janie Gale, Eldon; Walter A. McLaren, Henry KuhI, W. M., Lena Christie Annie O. Latimer, Bess Winter, Hazel, Avon, Ivy Green, Rosebud, Eleanor, Rebecca Warmington; Herbie Drysdale, Trilby, E. A. F., Pearl Legget, Willie Rose, Maud Kirby, May Burgess, Miss Christmas Tree, Mayflower, Lena' Proctor, Mary McNee, Peter C. McNee, Little Boy Blue, Mayflower.

## THE PRIZE ESSAY.

We give below the essay which won the First (Senior) Prize.

## birth of jesus.

By Cora May slder.
Soon after Adam and Eve disobeyed God he promised to send his Son to earth to be the Saviour of the world. This Messiah was prophesied of. by many of God's servants. He was to be a descendant of David, and therefcre have a right to the Jewish throne. About four thousand years after the creation of Adam this promise was fulfilled.
At this time there lived in Nazareth a holy woman named Mary. One day the angel Gabriel came to her and told her that she was to be the moth er of the Messiah, and that she should name the child Jesus. The angel also went to Joseph, a man of Nazareth and told him about it, and that he should take Mary as his wife, which he did.
Caesar, the Roman emperor, who now had possession of Palestine, made a law that everybody should be taxed. All the Jews went to the city of their forefathers for this purpose. Joseph and Mary also went to be taxed, and as they were descendants of David they went to the city of David, or Bethlehem. When they got to Bethlehem there was no room for them in the inn, and they had to go into a stable. While they were there Jesus was born, and he, the King of kings, had for hio bed a manger.
The same night that Jesus was born there were some shepherds watching their sheep near Bethlehem, when suddenly there was a great light around them, and an angel stood by them. At first: they felt afraid, but the angel told them not to fear, as he
brought them the good news that the
promised Saviour was born in Beth lehem, andi then there came a number of angels and praised God, saying, Glory to God in the highest, and on earth peace and good will toward men.
When the lighit and the angels were gone the shepherds said they would go and see the Saviour, 1 When they came to Bethlehem they found Jesus in the manger. After they had seen him they returned to their work praising. God and telling all whom they saw the wonderful things the had seen and heard
When Jesus was about forty days old bis parents took him to the temple at Jerusalem to give him to the Lord, as the Jews did with the oldest sou. When they came to the temple Simeon, a man of God, whom God had told he should see Christ before he died, said at once that this was Clirist. And the prophetess Anna also praised God and said that this auso praised. Gou.
was the Siviour.
There were in the East some wise men who had heard from the Jews of the expected Messiah and they also wer watching for him These wise men had studied astronomy and mout the time Jesus was born they saw a beauitiful star which they had never seen before Ther at once never seen before. They at once thought that this was a sign that the find him taking rich presents with them When they came to Jerusa lem they said, :Where is he that is born king of, the Jerws? When'the wicked Herod, who was king of the Tews, heard them talking about this jews, heard them talking about this perhaps his throne would be in danger. So he asked priests :where Jesus was to be born. The ytold him in Bethieliem: He then told the wise men to so and find Jesus, and come and tell him where he was, that he might worship him also.
The wise men went to Bethiehem, the star leading them until it stood over the place where Jesus was. They then worshipped Jesus and gave him their presents and then went home, but 'they did not go to Herod; as God told them in a dream he only wanted to harm the child, After this Herod tried to will Jesus but God told Joseph to 50 into Esypt where thiey were until Herod died, when they returned to Nazareth, where Jesus spent his childhood.
another prize ofrer.
Look out for another prize offer in our next number.

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I know a land where the streets ure paved
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is walled with the money we meant
to haye saved,
And the pleasures for which we grieve he kind words unspoken, the promises broken,
And many a coveted boon,
Are stowed away there in that land some-
where-
The lan'd of 'Pretty Soon.'
-Ella Wheeler Wilco:

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