

THE LEADER.

The Official Organ of the Truro, N. S., Young Men's Christian Association.

"The Y. M. C. A. is the Business Men's Movement of the Nineteenth Century."

Vol. 1.

TRURO, N. S., JANUARY, 1891.

No. 5.

WHITE AND GREY BLANKETS.

A BIG SALE OF
BLANKETS
THIS MONTH

We have lately secured the
over production of one of the
best Canadian Manufacturers;
also, the over production of the
best Blanket Mill in Nova Scotia,
and now offer to the public
about

500 PAIR
BELOW MILL PRICES.

We guarantee these to be by
far the best value offered in
Town, and would advise our
friends to secure a BARGAIN.
The lot at these very low prices
will be speedily disposed of.

Blanchard, Bentley & Co.

TRURO.

Our Work.

We have never come up to the time
for entering upon the winter's work
when there was such an increasing de-
mand for workers, and the necessity of
the work is so apparent. If we could
sit down beside each committee-man and
show him the importance of his filling
his place faithfully, there would be
more satisfactory results. We cannot
do this, and thus we find ourselves often
doing work that should be done by others.
This should not be, for we cannot do
another's work as well as it should be
done; so the work goes undone. Now
some people think the Secretary can do
everything, and that he is responsible
for all the work that should be done and
for the good behaviour of all the boys
and young men in town. It has been
said in regard to some young men who
have made mistakes and are going
wrong, Where is our Y. M. C. A.? Why
don't they look after them? I don't be-
lieve they amount to much; and many
more unkind things. We don't expect
to do all this. We wish we might. We
are sure if all our activities were heart
and soul in the work, that more would
be brought directly under the restraint
of the work.

We have often wondered if our peo-
ple realized what kind of a looking per-
son it makes of a Secretary who is
spread out so thin that he does not a-
mount to much anywhere. It is a wonder
sometimes that the work goes on so well
under the great pressure and still greater
opposition.

We are in urgent need of more work-
ers just at present. The work must
suffer if we do not get them. Are you
doing anything? Are you willing to?
Call on the Secretary at once, and look
over the different fields needing workers.
—Selected.

Who should be on Committees.

Read the following article and then
volunteer.

1. The man who is willing to take
the load, not the man who has to be
dragged.
2. The man who is willing to endure
hardships, not the man who complains
of it.
3. The man who works for results,
not the man who seeks attention.
4. The man who looks on the bright
side and magnifies things achieved.
5. The man who is an inspiration
to the discouraged and pluck to the
downcast.
6. The man who does not imagine
that the committee belongs to him, but

with faithful services evidences that he
belongs to the committee.

7. Not the man who attends at the
meeting as he does to the work, always
late, but the one who says the business
is mine and I'll meet it on time.

8. Not the man who would have all
know his position, but the man who
introduces plans, the fruit of study and
preparation.

9. Not the man who is cold, or in-
different, and is designed as a figure
head, but the one who throws the
weight of his soul into the undertaking
and his spiritual purpose in it, and who
will undertake it in a spiritual frame
of mind.

Physical.

Read carefully the ten rules given
below for physical development and
then obey them. Try it for a couple of
months and you will be surprised at the
result.

TEN RULES FOR DEVELOPMENT.

1. See that the body is in sound and
healthy condition.
2. Live on wholesome, nourishing
diet.
3. Give the system a sufficient amount
of rest in sleep at regular hours. Eight
hours is usually sufficient.
4. Take exercise. Muscles grow in
strength and size by using. Begin mo-
derately; never overdo.
5. Develop all symmetrically. Each
will help the other.
6. Use plenty of patience and perse-
verance. You cannot change your form
in a day.
7. Avoid all stimulents. There is
nothing in them that builds up muscular
tissue.
8. Bathe sufficiently after muscular
exercise to remove all perspiration.
9. Do not over-eat; it only clogs the
system.
10. Be pure in imagination, body and
practice.

"Maria, we spent exactly \$50 more than
our income last year; we've got to
retrench."

"It was'n't my fault, John, I didn't
loose \$75 on the election, nor pay \$40 in
club dues, nor spend \$85 for cigars, nor
run through with \$120 at the races, nor
endorse a note for a mere acquaintance
and lose it, nor"

"None of these things account for
that \$50. Held on! Here it is! Sub-
scription to the Young Men's Christian
Association \$50. We can't stand that."
—Selected.

THE LEADER,

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TIRURO, IRELAND.
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JANUARY, 1891.

The Association.

We have reached too late a date in the history of the world-wide work of the Young Men's Christian Association; it is here as a permanent institution.

We have dissolve of no ground for adverse criticism, and the best criticism of a friendly character is its own helpful, instructive, scriptural, soul-saving work.

With reference to the Tiruro Association, while unable to speak as authoritatively as I would wish, owing to my recent arrival in this town, from its relation to the parent Society, from its equipment in a well situated and well planned building, from the efficiency and spirit of its Secretary, I should expect it to be an object of public interest and would mark it out as an institution deserving the sympathy and help of all Christians.

Wishing it God speed, I am its friend and helper.

—W. M. ANLEY.

Pastor of the Methodist Church.

God Wants Our Best.

Dr. Talnage says in the New York Observer:

"God wants us to offer him our very best physical condition. Why did Paul write for his cloak at Troas? Why should such a great man as Paul be anxious about a thing so insignificant as an overcoat? It is because he knew that Paul, with pneumonia and rheumatism, would not be worth half as much to God and to the Church as Paul with respiration easy and foot free. An intelligent Christian man would consider it absurdity to kneel down at night and say his prayers and ask God's protection, while at the same time he kept the windows of his bed room tight shut against fresh air. He would just as soon think of going out on the bridge between New York and Brooklyn, leaping off and then praying God to keep him from getting hurt. As long as you defer this whole subject of physical health to the realm of whimsicality or to the pantry cook, or to the butcher, or the baker, or the peddler, or the clothier, you are no Christian. The care of all our physical forces—nervous, muscular, bone, brain, cellular tissue—for all this, you must be brought into requisition when the world is on fire. Smoking your nervous system into idleness, burning out the working of your stomach with wine, log-wooded and poisoned, walking through snow banks with thin shoes to make your feet look delicate, pinched at the waist till you are tight cut in two, and neither part worth anything, granting

about sick-headache and palpitation of the heart, which you think come from God when they come from the devil. You are no Christian, and never will be until you cease to deface the temple of the Holy Ghost."

The General Sec'y can be seen at the Association Rooms daily, and will be glad to advise with young men about obtaining employment, or boarding houses or upon any other matter, and to render any service in his power.

We hope to swell our membership to 100 by the first of next year. During the next month shall we not have 50 new members? It is possible for each member to secure a new one, and what a lift that would be to our Association, and how much greater privileges would we be able to offer with such membership.

I do not feel all sugar, or the world will sink you down; but do not let all vinegar or the world will spit you out.

INTELLIGENCE.—"I can't come comfortably since you came together here to work," said a man to one of the consistent active members who had been placed near him in a printing office.

WORK FOR THE TRAVELLING SET.—The friends in Yarmouth say they want a must have a Y. M. C. A. in the town—ought to have had one long ago.

There are in Ireland about 430,000 protestant young men between the age of 12 and 30, of whom 7,246 are connected with the Y. M. C. A.

A lawyer in New York willed money to churches, benevolent institutions, etc. locked up his safe and went to bed. In the night he began to think that these institutions would be better off if he were dead. In the morning he began writing checks, and using his money while he lived.

SELF SEEKING HAS NO ADVISERS.—The first person to drop out of mind after his death is one who was selfish; and if we give the matter but a little thought we will find that those who are least esteemed are those who are most devoted to themselves; while everyone who is highly regarded, the very ones you wish to associate with, these you care to make trusted friends, are those who serve others.

TOPICS FOR YOUNG MEN'S MEETINGS.

- JANUARY.
- 18—A Kindly Invitation. Num. 8, 29. ALEX. ROSS.
- 25—Testimony Meeting. Rom. 1, 16. J. D. MACKAY.
- FEBRUARY.
- 1—Promise Meeting. J. F. PURNELL.
- 8—Ben Mac. 1 KINGS, 16: 24; 1 Cor. xxi, 12. JOHN M. WADE.
- 15—Special Prayer. John, xvi, 23-24. RICHARD CRAB.
- 22—Starved on Hooks. Luke, xv, 16-21. THOS. McLEOD.

Aston & Tobin,

Watchmakers,

Jewellers & Engravers

—DEALERS IN—

WATCHES,

CLOCKS,

JEWELRY.

SILVERWARE.

Call and see our display of *Manufactured* Diamonds, Sapphires, Rubies, and every description of *First* Gem Rings.

ALL KINDS OF GOLD AND SILVER
JEWELRY MADE TO ORDER.

DIAMONDS & PRECIOUS STONES
CONSTANTLY ON HAND
AND MOUNTED
TO ORDER.

We Guarantee to give Satisfaction in
all our Work.

ASTON & TOBIN

3 INGLIS ST.,

TIRURO, N. S.

General Notes.

The young men's meetings grow in the essential qualities these weeks.

Quite a number of our members are going off on vacations; some of the faithful ones in the Association too.

The Training Class in Bible study is small. Do you know why?

Will any who desire to join the evening Classes in Book-keeping, Penmanship, or Singing, please inform the acting Secretary, Lyman W. Archibald, this week.

The ladies are continually aiding in beautifying the furniture of the parlor. There's a piano there now, and we are looking for a young man to play it.

E. W. Gorton is on his way back to the Provinces, after a short vacation. He will probably take his way western-county-ward.

E. D. Ingerson, well known to Association workers here, offered to add a dollar to every dollar given by the Denver, Col'd Association, to the International Committee. The Association sent \$250 as a result.

Subscriptions to the "Young Men's Era" can be left with the General Secretary. Copies of the paper and "Starting Points," the offered premium, can be seen at his office.

The meetings during the Week of Prayer were marked by evident tokens of divine favor, and to those who meant to put feet to their prayers were encouraging.

The faces and voices of strange brethren have been greeting us and wishing us well as we start on another year.

Every man Committee is doing bravely; the only Committee that is really working. Why? Not because of anything to do, surely.

The board of Directors are looking for a man who is dead in earnest over work for boys; they have ninety boys to hand over to him.

Call and counsel with the Secretary. If you have objections to make, plans to suggest, unmake them, suggest them, small or great.

Perhaps more whiskey was drunk in Truro on Saturday night than for a long time. More than prayer is necessary. A nice clean year getting all stained with sin already is to be deplored.

The books in the Library are being freely drawn. Hope the friends of pure literature will not forget to put a good, clean library in this town somewhere; else why talk or pray about it. God has placed these means within our hands.

The Woman's Auxiliary had their hands full on New Year's day. 150 called on them and passed through the building. They plan for monthly Receptions during the winter months.

Opera Hall Jewelry Store.

2 Inglis St., Corner Prince.

W. N. MILLS,

Watchmaker, Jeweller and Optician.

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Fine Watches, Jewellery, Diamonds, Silver-Plated Ware, and Fancy Goods, &c.

WATCH REPAIRING A SPECIALTY.

All Work Warranted.

We are Ready and Waiting

to show you our complete stock of

Mens, Youth's and Boys

CLOTHING,

and invite all to an early inspection.

MENS' & BOYS' SUITS, FUSTERS,

OVERCOATS & REEFERS,

Gents' Furnishing Goods,

ETC., ETC.

It is our Low Prices that attracts the volume of trade to our door.

CALL AND SEE Jas. Kelso,

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THE

Cheapest Clothing House

IN TRURO.

A "HOME"

FIRE INSURANCE CO.

THE

Eastern Assurance Co'y.

OF CANADA.

CAPITAL: - \$1,000,000.00.

HEAD OFFICE: HALIFAX, N. S.

Write taken at current rates.

W. D. DIMOCK.

Truro, N. S., Sept. 1901.

A WONDERFUL CHANGE!

THEN: A month ago a Half Dozen Cabinet Photographs cost \$4.00.

NOW: For \$1.00 you can get *One Dozen* Cabinets, same quality as before and an additional photograph framed in a handsome 8 x 10 gold frame.

QUALITY: The Best!

TIME: Now to Christmas.

TERMS: Half at time of sitting. Balance on delivery of Pictures. No other terms for this price.

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REMEMBER YOU CAN SAVE MONEY

by purchasing your

Boots and Shoes

—AT—

McKay & Crowe's

Go to JOHN A. MCKENZIE'S

for the best SAUSAGES made in town. And get the prices on all kinds of MEAT AND FRESH FISH, as he is selling at Reduced Prices for Cash.

Are Young Men's Christian Associations Rivals of the Churches?

REV. A. H. SCOTT.

The churches have a right to expect that the Young Men's Christian Association is not and shall not be a rival. I mean, of course, that it is not and can not be aiming to supersede the churches in the attainment of that which only one or the two can possess. The Association is not striving for superiority over what we commonly term the church. There was a time when the Young Men's Christian Association was regarded as a competitor; indeed, in some quarters, as a thief. Great bodies move slowly, and some "great bodies" were very slow in arriving at the correct conclusion that the Association was not driving at the church, but driving *on with* the church. There have been found some, and there are to be found still, a few, who crankily retain the imagining that the existence of a Young Men's Christian Association in a town or city is a standing charge against the churches, that they are falling to do God's work. Such of the brethren mistakenly suppose that the Association pronounces the churches barren, and, in consequence, declares an agency outside of the church an essential. Surely this is a disturbance of the right order. Brethren, is it not the truth that the *vitality* of the church brought the Young Men's Christian Association into being?

Is it not the fact that zeal, nourished by truth-*enjoyed* in the church of Christ was the initial motive in this organization, which is yet under half a century old? Is it not the fact that in the city, town, or church, whose spirituality is most sprightly, you find the Christian people the warmest advocates of the Association's work? I wish every mind in the land were freed from the notion that the spirit of rivalry belongs to this association agency. I wish it were universally understood that the association is a part of the church, just as its true members are a part of the believing numbers. With this understood, all would know the truth, viz.: that the Young Men's Christian Association is the Church doing its work in a particular department. It is the church seeking the welfare of young men.

Why they like it.

In our last district convention two of the delegates, in answer to the question "why do you like the Young Men's Christian Association?" gave testimony which brought out two important characteristics of our work. One said, in substance, "When I was a young man the only places in our town to which I could go in the evening for a social time were a beer garden and a bowling alley. I don't want my boy to say that when he grows up; and I like the Association, and I support it, because it furnishes a place for young men to go to." Are we not responsible if we let young men grow up without giving them a place of refuge?

The other said, "I like the Young

Men's Christian Association because there I come in contact with some young men who were dead in earnest in their religion, and who made me so ashamed of my indifference that I have gone to work." Isn't there a duty resting on us to stir up the brethren? These are important features of our work; a safe resort, and a place for rousing sleepy Christians.—*W. D. Murray, Plainfield.*

Every member of the Association should get and read

"The Young Men's Era."

Y. M. C. A. OFFICERS.

The Association is controlled by a Board of Directors, from the membership of the Association, business men of the town. They have the direction of the detail work of the Association; the employment of salaried officers, etc. They are elected by the Association just as the officers of any corporate body are elected, and are responsible to the Association. 12 members, with the officers, form the Board.

PRESIDENT, J. D. MAUKAY.
VIC. PRESIDENTS, L. B. FULTON, A. R. FULTON, JOHN STELLING.
GENERAL SECY, FRASER G. MARSHALL.
MEMBERS OF BOARD, J. B. TURNER, S. W. FRASER, J. & H. STEL, W. P. SULLIVAN, GEORGE CAMPBELL, DANIEL TURNER, JOHN L. B. D., S. FRASER, A. S. TURNER, G. O. FULTON, JOHN HAY, J. GRAHAM.

REGULAR APPOINTMENTS
Sunday, 10 a. m. Bible Training Class, in Parlor.
4:30 p. m. Young Men's Meeting, in the Recreatorium.
6:00 p. m. Boy's Meeting in the Parlor.
Evening Prayers in the Parlor each night.
6:30 p. m. Monday, Tuesday and Thursday.
Reading Room and Parlor open every day from 9 a. m. till 10 p. m. Sundays excepted.

CHAS. P. MORGAN,

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TRURO SASH & DOOR FACTORY,

Dominion Street.

SPENCER BROS. & TURNER,

Manufacturers of Beers, Sashes, Mouldings, Counters, Balusters, Etc. Also: Planing, Sawing, Turning, and General Jobbing.

CUTTEN BROS.

are now occupying the Western side of the Store formerly occupied by BLAIR & CO.

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where orders for all kinds of
MEAT, POULTRY, AND VEGETABLES,
WILL BE PROMPTLY FILLED.

JAMES H. MORAN.

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GET YOUR PRINTING DONE AT Doane Bros.'

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