











FIVE MINUTE SERMON

BY REV. WILLIAM DEMOUY, D. D.

FIRST SUNDAY IN LENT

THE LAW OF FASTING

"At that time Jesus was led into the desert to be tempted by the devil and when He had fasted forty days and forty nights afterwards He was hungry." (Matt. iv. 1-2)

Abstemiousness is one of the means of man's salvation. This would not have been so had he in the beginning remained faithful to God—though even then it was to some extent necessary, for the command God gave our first parents contained a negative as well as a positive element.

the only objects worth thinking about and talking about are wealth, and pleasure, and motor cars, and their accompaniments; the only topics worth discussing are fashions, theatres, shady novels and magazines, or the merits of that movie actor or actress; in a word, the enjoyment of life in its vicious phases.

GENERAL INTENTION FOR MARCH

RECOMMENDED AND BLESSED BY HIS HOLINESS POPE PIUS XI.

PURE AND PROPER CONDUCT

A few months ago cable despatches gave us the following bit of news from Rome. Certain ladies had tickets for an audience with the Holy Father and presented themselves at the Vatican.

These developments indicate an alarming lowering of tone in Catholic family life. It reveals a new form of civilization, a form of Catholic civilization, with God more or less left out. How many a Catholic home is there which, instead of being a center of pure love and mirth and happiness, where human affection should radiate and fill the hearts of its inmates, has become simply a place to sleep in and eat in!

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a fitting welcome in Catholic homes Give God a chance to reign over homes and in the souls He has created. It was to make this duty easy and efficacious that the Sovereign Pontiff in recent years has so strongly urged the consecration of Families to the Sacred Heart.

As the shadow in early morning is friendship with the wicked, so friendship with the good increases, like the evening shadows, till the sun of life sets.—Herder.

Peace is always possible on earth. The angels promised it that Holy Night when Christ was born. But it was promised only to men, as to nations, of good will; and good will, if it means anything, means the desire of men and nations to conform to the eternal decrees of God.—Cardinal O'Connell.

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CHATS WITH YOUNG MEN

THE LITTLE MORE
A little more smile, a little less frown.
A little less kicking a man when he's down.

SAYING NO
A little word of two letters, of one syllable, with the force of a tremendous army behind it...

The small boy, confronting his displeased parent or teacher with the knowledge of guilt in his heart...

And has been done. And when finally it is accomplished, what an immense relief we feel!

The same with the simple rule of standing perfectly still and keeping the mind in absolute vacuity for fifteen minutes...

It all comes with practice. So with that seemingly insignificant small word of one syllable: No.

OUR BOYS AND GIRLS

WHAT ELSE TO TEACH
What else to teach the boy who looks to you with trusting in his eyes...

SOLID FOUNDATIONS
"See, father," said a boy who was walking with his father...

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MOTHER!
Bobby's Hurt His Finger
How many times the kitchen door opens and a scared little face announces a fresh catastrophe...

NEW CONFRATERNITY TO HELP MISSIONS
Chicago, -Organization of an Archdiocesan Confraternity for the Propagation of the Faith was announced by Cardinal Mundelein...

POLITENESS FIRST IN CHINA
Chinese life is marked by civility and even polished manners. It is ruled in the smaller details by the teachings of Confucius...

It is easy enough to start out. But after the first half dozen have been disposed of we suddenly begin to realize that we do not want to conform to these regulations...

whole life is regulated by the maxims of the master, Confucius, and from their earliest days they are taught to fashion themselves on his life.

ACTS OF KINDNESS
Kindness in its broadest sense is nothing more than the observance of the commandment: "Thou shalt love thy neighbor as thyself."

To be kind means not to hurt, not to cause pain, to soothe, to sympathize with others and to wield our assistance freely whenever and wherever possible.

Kindness is loving; it is humane; it is benevolent; it is humble, and it is everything which is good and brave and noble.

Answers for last week: 1. Gospel, 2. Elevation of the Precious Blood, 3. Offering of the bread.

Here are four well-known scenes from the life of our Lord. One of them is next Sunday's Gospel.

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