

"KINGSWOOD"

# Massey-Harris Convalescent Home IN ENGLAND For Canadian Soldiers

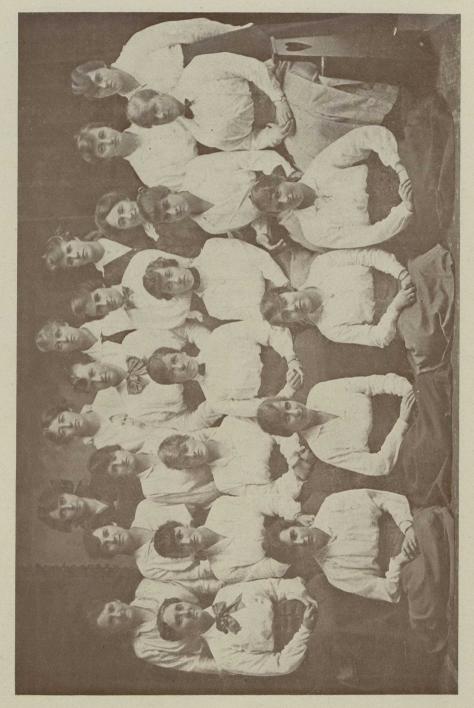
Bulletin No. 9

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MASSEY-HARRIS CO., Ltd., ITS ASSOCIATE COMPANIES
AND THEIR AGENTS AND EMPLOYEES.

" KINGSWOOD,"
DULWICH,



LONDON, S.E.



The Young Ladies of the Massey-Harris Office in Melbourne, Australia, have organised a Knitting Club to work for soldiers at the front and at Kingswood. They are very enthusiastic and have sent forward a number of parcels, the work being done in their spare time out of hours. All the articles are labelled to show their origin.

## A Good Friend of the Kingswood Boys.

Mr. R. B. Leech devotes all his spare time to Entertaining Wounded Soldiers, and those at "Kingswood" are especially favored by him.

It would be almost impossible to tell of all the innumerable thoughtful and kindly deeds of our good friend and near neighbor Mr. R. B. Leech, of Wood Hall Cottage, Dulwich. He has indeed been a loyal and generous friend, and most unselfish and unsparing in his efforts to help towards the well-being and enjoyment of all at Kingswood.

Mr. Leech is a very busy man, but he devotes all his spare time—an afternoon or two every week, and his evenings—to entertaining wounded soldiers at three or four Military Hospitals and Convalescent Homes in the neighborhood, of which Kingswood is one, and the most favored.

Seldom a week passes but he invites three or four of our men out to an afternoon performance at one or other of the London theatres; he often has small parties of the men at his private house to spend the evening or Sunday afternoons, or to visit the splendid gardens

and conservatories under his charge. On several occasions he and his freinds have invited large parties of 20 or 25 of our men to local Flower Shows, concerts, etc., always followed by a liberal tea. He organized perfectly two or three large Whist Drives in our Recreation Hall for our men, in which over 70 players took part, and for which he provided a number of handsome prizes.

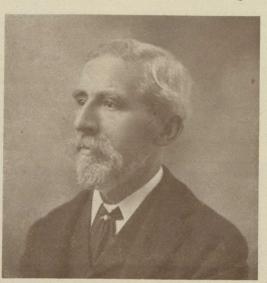
Every week he sends us from the splendid gardens and conservatories of which he is the custodian, a large quantity of the most beautiful cut flowers for the decoration of the rooms in the Home. He also sends from time to time when in season, quantities of apples, pears, mulberries, blackberries, grapes, etc., for the patients.

For the Opening ceremony and Dominion Day celebration he loaned us a large quantity of fine hot-house plants and palms, also flags and bunting. He has also lent us for the men's use a large gramophone, a barometer, two croquet sets, etc.

These are only a few of his many kindly acts, all done so quietly and unostentatiously

by one of the most genuinely kindhearted, unselfish and unassuming of men. He has endeared himself to all, staff and patients alike, who look upon him as "one of the family"; in fact, Kingswood would not be Kingswood at all without Mr. Leech.

Mr. Leech was for many years Head Superintendent and Gardener of the property of the late Mr. J. C. Enos of Wood Hall, Dulwich, who kept eighteen or twenty gardeners.



MR. R. B. LEECH.

VISITORS AT "KINGSWOOD"

Kingswood was visited on 20th October by the Duchess of Devonshire and Lady Maud Cavendish, accompanied by Mrs. Gooderham (Toronto), and Mrs. Raynolds; and on 31st October by Lady Cameron and Mrs. Cameron, accompanied by Mrs. Raynolds.

#### MASSAGE.

Arrangements have been completed for the training of our Nursing Staff on Massage work. A competent Instructor from one of the Training Institutions has been engaged and will visit Kingswood three days a week, giving a three hours' course at each visit. All the Nursing Staff will take avantage of this opportunity of perfecting themselves in this most necessary part of their duties.

# Report of the Resident Secretary

For October, 1916.

Throughout October we continued to feel the sad but inevitable effects of the heavy fighting on the Somme battle-field, in which the Canadians, since the middle of September, have been taking such a glorious part. As a result, the stream of wounded from the front has kept our accommodation taxed to the utmost. The men naturally take some time—from two or three weeks or more, varying with the nature and scriousness of their wounds—to reach the convalescent stage and be sent to convalescent homes, such as Kingswood.

The first stage is the Field Dressing Station or Field Ambulance, where the wounded receive "first aid" and emergency treatment, and they are then speedily conveyed by Motor Ambulance Cars or Hospital Trains to one of the Base Hospitals, at Boulogne or elsewhere on the French coast. From there the slightly wounded men are sent back as soon as fit to rejoin their regiments, while the more serious cases are sent to England for further treatment. The welcome journey back to "Blighty" is made across the English Channel on one of the fleet of well-appointed Hospital Ships. At



NURSE EDNA E. HAMILTON.

With the Home full to overflowing and many of the cases requiring much massage treatment, it was necessary to increase our nursing staff, and Miss Edna E. Hamilton, of Toronto, was chosen from amongst many applicants. an English Channel port, wonderfully equipped Hospital Trains await the steamers' arrival, and convey the wounded swiftly and comfortably to the Military Hospitals in various parts of England.

As a rule, up to this point, Imperials, Canadians, Australians, New Zealanders, who have fought together, are all mixed together, and all treated together and absolutely alike in the hospitals in England. When the men have passed the "acute" stage in these hospitals and have reached the "convalescent" stage, they are usually separated and sent to the various convalescent homes provided by the respective countries for their own men. There are a number of these homes in England, for the reception of Canadians only, of which Kingswood is one, and it is at this stage in the men's recovery that we receive them.

These Hospital Ships and Trains are equipped with all the most up-to-date appliances and methods: surgery, medicines, dressings, a kitchen and stores of food, etc., and have on board fully qualified surgeons, nurses, and R. A. M. C. orderlies, and cooks. All these means of transportation are provided by, and are under the control of the Imperial authorities. They work with a clock-work regularity and perfection which are acknowledged by impartial neutrals, as well as by our allies, to be marvellous, and far better than similar arrangements in any other country. There are many cases of men being transported in ideal conditions and safely installed in a London hospital within 24 hours of their being wounded in France.

Notwithstanding the desperate fighting which the Canadians have been through on the Somme, the men we have been receiving from that section continue to show a much greater optimism and cheerfulness Their wounds are mostly by machine-gun bullets, and less severe than those received on the Ypres front last winter and spring, which were mostly by shell. There are also now comparitively few cases of shell-shock. All this seems to bear out the reports from various sources that our artillery has now the absolute mastery of the German's. and in conjunction with our greatly superior Air-Service, it prevents the Germans from getting settled down to any accurately registered or effective shelling.

The weather plays an important part in the life at Kingswood, and unfortunately during October it was exceptionally wet and cold. This naturally prevented the men from getting the full benefit of the fresh air and country-like surroundings of the house and park, but whenever the autumn sun shone out the men, too, were out in the grounds.

Those who are able continue to do a little light gardening work, in which they find a real pleasure and interest, as well as renewed health, while others with an arm in a sling or a leg temporarily "out of action," can stroll round the grounds or enjoy some game requiring little exertion, such as Bowls on the lawn when dry, or Skittles and Deck Quoits on the large, paved and well-sheltered terrace.

Motor drives to places of interest in London continue to be made, when the weather and the restricted supplies of gasoline permit, the most popular including the Houses of Parliament, Westminster Abbey, the Government Offices in Whitehall, the Park and Buckingham Palace, with the ceremony of the changing of the Guard.

On wet days and during the long, dark evenings, the large, airy, comfortable recreation rooms, with which Kingswood is so well provided, demonstrate their value more and more, and play their part in helping to supply healthy pastimes for the men, thus contributing considerably to their speedy recovery.

Several of our neighbors continue to invite our men out to have tea and spend the afternoon or evening in their homes. These homely parties are very highly appreciated by our men, who are far from their own homes in Canada.

Other friends and neighbors kindly get up concert parties, and during the long, dark winter evenings, we are arranging for an entertainment of this kind to be given about once a week in the large Recreation Hall. The talent is usually of a high order, and these entertainments are greatly enjoyed by the men.

During October, the following were the principal outings and entertainments:

On the afternoon of 3rd October, a party of 20 men went to one of the famous concerts and teas at the Savoy Hotel, London, given fortnightly by a committee of ladies who share the expenses, to 300 convalescent soldiers each time. As on previous occasions, the invitation came from a neighbor, Mrs. Corbett, who is one of the committee. This is now the sixth party of 20 of our men whom she has invited. The Concert is given by 15 or 20 of the best theatrical and music-hall artists in London.

On 7th October, an excellent evening concert was given in our large Recreation Hall by Mr. D. Davidson and his choir of 20 performers. The most of the members of this choir are girls working in factories and work-shops, who devote their weekly half-holiday on Saturday afternoons and evenings to giving concerts to wounded soldiers in the various hospitals in London.



MISS E. H. HARDINGE.

We are pleased to give our readers in this issue a photo of Matron Hardinge, who is shown in full working costume.

On 13th October, we had an evening concert, by a party of six ladies in the neighborhood, assisted by a few Jack Tars from the large Naval Training Camp at the Crystal Palace.

On 14th October, a large party of 100 men, accompanied by the Matron and Nurses, went on an all-day excursion to Windsor Great Park, to attend a great Fete given to about 6,000 convalescent soldiers by Mrs. Fiske, an Australian lady.

On the afternoon of 17th October, 20 men went to another of the concerts and teas at the Savoy Hotel, London, again by invitation of Mrs Corbett.

The same afternoon (17th) a party of six men and three of the Staff were invited to the opening ceremony by the Marchioness of Londonderry, of a British Red Cross Convalescent Hospital for 50 Imperial Soldiers, situated quite close to Kingswood. We are near neighbours and very good friends.

The same evening (17th) we had a really splendid concert in the Recreation Hall, arranged by Mr. Pembery, one of the Naval men at the Crystal Palace, assisted by the

well-known entertainer Madame Parker and her talented party of pupils and friends.

On the afternoon of 19th October, 20 men were invited by a neighbour, Mrs. Windsor (who takes a very great interest in our men, and has had several parties at her home to tea), to attend a concert in aid of the "Our Day" Flag Fund for the Red Cross.

On that day 25 of our men were out helping to sell flags with the band of Canadian ladies in the west-end of London, for the Red Cross Fund. Our men were very successful as "Flag sellers," one of them selling over £6 worth.

On the evening of the 24th October, we had an unusual but very enjoyable concert in the Recreation Hall, by a band of thirty children of from 5 to 8 years old, from the neighbouring Municipal Council School. The children came well provided with gifts of cigarettes and candies for the men, all bought with the pennies they had saved.

On the evening of 31st October, Hallow'een was celebrated in the good old-fashioned way. The large Recreation Hall was splendidly decorated with Autumn-tinted leaves, and some of the men who are artisticly inclined, had painted card-board transparencies of black cats with green eyes, of the Man-in-the-moon, etc., to fit over the electric lights. The first part of the evening was occupied with games, and competitions of various kinds, in which all the men and the staff took hearty part. This was followed by a clever shadowgraph performance by a few of the men, shadows of comical scenes and groups being thrown on a screen. Some excellent recitations were also given by a few neighbours and friends. Then last but not least, there was the old-time applediving competition, which caused great amusement, the winner finishing his performance by standing on his head in the large tub of water! It was a jolly evening, thoroughly enjoyed by all.

In addition to these outings and entertainments, there were during the month about a dozen small parties of our men, invited out to tea and to spend the evening in the homes of several of our neighbours, who all continue to show a keen and sympathetic interest in the residents at Kingswood.

## The Meals at Kingswood.

One of the things for which Kingswood has earned an enviable reputation is the good, wholesome, well-cooked food that is supplied to the patients.

The bugle call to meals: "Come to the cook-house door, boys!" is certainly the most popular, and one that never requires to be repeated.

Our old patients are never tired of praising the good food provided, which plays an important part in the recuperation of men who are run down by wounds, illness, and long exposure in the cold and damp of the trenches.

Although our patients are well and liberally fed, thanks to the careful management, the native frugality and avoidance of waste of our excellent Scotch cook, we are able to do it on considerably less than the standard army ration allowance, while at the same time providing much greater variety and more appetising and nourishing meals.

Nearly all the vegetables are grown in our own gardens, as well as a considerable part of the fruit.

The food provided naturally varies according to the time of the year and the articles which may be in season. Apart from this, in war time, on account of the increasing scarcity, and great increase in prices of many articles, the markets have to be carefully studied daily, and advantage taken of any variations in the consumers' favor, so that this, as well as other departments of the Home, may be conducted as economically as possible.

The following are typical menus for a week in November:

#### SUNDAY

Breakfast—Porridge and milk, fried bacon and liver, tea, bread and butter.

Dinner—Green soup, roast beef with baked potatoes and cabbage, apple tart and custard.

Supper—Baked Boston Beans, stewed mixed fruit, tea, bread and butter.

#### MONDAY

Breakfast—Porridge and milk, fried bacon and tomatoes, tea, bread and butter.

Dinner—Rice soup, Haricot mutton and potatoes, golden syrup pudding.

Supper—Pancakes and syrup, tea, bread and butter and cheese.

#### TUESDAY

Breakfast -Porridge and milk, croquettes of beef and fried potatoes, tea, bread and butter.

Dinner—Lentil soup, beef flamande with potatoes and green peas, rice pudding and fruit salad.

Supper—Salmon and mayonnaise sauce, tea, bread and butter and cheese.

#### WEDNESDAY

Breakfast—Porridge and milk, fish fritters, tea, bread and butter.

Dinner—Onion soup, rabbit pie with potatoes and greens, bread and butter pudding.

Supper—Cold pressed beef and potato salad, tea, bread and butter and jam.

Breakfast—Porridge and milk, fried bacon and fried potatoes, tea, bread and butter.

Dinner—Leek soup, boiled silverside of beef with potatoes and mixed vegetables, chocolate shape and custard.

Supper—Cottage pie, tea, bread and butter and jam.

#### FRIDAY

Breakfast—Porridge and milk, kippers, tea, bread and butter.

Dinner—Mutton broth, boiled cod fish with potatoes and curried rice, Burbridge pudding.

Supper—Macaroni-au-gratin, tea, bread and butter and cheese.

Breakfast—Porridge and milk, fish cakes, tea, bread and butter.

Dinner—Pea soup, beef steak pudding with potatoes and green peas, corn flour shape and custard.

Supper—Cold stuffed ox heart and pickles, tea, bread and butter and jam.

The foregoing is for those ordered "Full diet" by the Medical Officer, which usually covers about 95 per cent. of our patients. For those ordered "Light diet," special meals have to be provided, such as eggs cooked in various ways (fresh from our own hens), fish, milk puddings, fruit, etc., and grapes from our own vinehouse for the sick men or bed-patients.

# Register of Patients at "Kingswood"

## With Home Address wherever furnished.

No.	NAME	HOME ADDRESS	No.	NAME ,	Home Address
543	Sirrid, S.,	Halifax, N.S.	578	Cyr, Anthony,	Grinstone, Que.
	Colpitts, F.,	Moneton, N.B.		Couverse, H. E,	Barnston, Que.
	Last, J.,	Christchurch, Eng.		Jenkins, Alexander,	Calgary, Alta.
	Meeghan, C. A.,	Montreal, Que.		Redford, Wm. D.,	Alberni, B.C.
	Chane, J.,	St. Faustinian, Que.		Brown, George,	Toronto, Ont.
548	Perry, E. T. J.,	Littleham, England		Jackes, Bertram,	Toronto, Ont.
	Holmes, T. S.,	Greenock, Scotland		Richards, Frank.	Buctouche Bay,
	Green, S.,	Fort William, Ont.			N.B.
551	Shepherd, David,	Winnipeg, Man.	585	Phinnemore, Cecil S.,	Toronto, Ont.
552	Crabtree, L., Sgt. Mjr.			Burton, David,	Windipeg, Man.
	Wilkins, E,	Moneton, N.B.		Herring, Robt.,	Winnipeg, Man.
	Davidson, J. E.,	Toronto, Ont.		Gasse, Wilfred,	Montreal, Que.
555	Evans, W.,	Beeton, Ont.	589	Leaper, W. A.,	Montreal, Que.
	Harkins, A.,	Philadelphia, Pa.	590	Lawrence, A. H., Cpl.	
	McGuire, H.,	Port Albert, Ont.	591	Fletcher, Geo. E.,	Ashford, England
	Dawkins, V. H.,	Kew Gardens, Eng.		L. Cpl.	
	Ross, J. M.,		592	Bohamman, Norman,	Flint, N. Wales
	Maluish, G. A.,	Kenora, Ont.		Hogan, Victor,	Medicine Hat, Alta.
	Parkinson, H., L. Sgt.			Green, S.,	Fort William, Ont.
	Austin, A.,	Winnipeg, Man.		Rea, A.,	Spring Hill, N.S.
	MacDonald, D., Sgt.,	Harlesden, Eng.	596	Parry, George,	Kilmaurs, Scotland
	Wilson, F. A.		597	Stacey, E. C.,	Yeovil, England
	Adams, R.,	Canterbury, Eng.	598	Ruthven, Wm.,	W. Kennington,
566	Frumento, A. D.,	Vancouver Island,			England
	a	B.C.	599	Styles, Alfred Jas.,	Broughton, Eng.
	Gavin, T. R.,	Aberdeen, Scotland	000	L. Cpl.	
	Rennie, E. J.,	Montreal, Que.		Taylor, E. M.,	Morris, Man.
	Salmon, A., L. Cpl.,	Medicine Hat, Alta.		Evans, Walter,	Beeton, Ont.
	Welch, W.,	Brantford, Ont		Bottaro, P., L. Cpl.,	Wainwright, Alta.
	Porter, R. S.,	Penge, England	603	Rodenhill, E. J., L. Cpl.,	
	Gardiner, R. W.,	Georgetown, Ont.		Mowatt. J.,	Thurso, Scotland
313	Boyd, J. R.,	Lake Saskatoon,		Cowie, J.,	Brochin, Scotland
574	Wood James	Alta.		Ford, Fredk.,	Scorrier, England
	Wood, James,	Vancouver, B.C.	606	Bing, Ed. C. C., Sgt.,	Muswell Hill, Eng.
	Turner, Thos.,	Glenford, Alta.	600	Eaves, F. T.,	Southampton, Eng.
	Hodges, Harry, Seymour, Harry,	Stratford, Ont.	009	Hulton, Fred.,	Norwood Grove,
011	seymour, marry,	Sudbury, Ont.			Man.

### For God, For King & For Country



Reply to Company Bat Regt. July 18 th

Stationed at Wood Colo Pack

Elson

Dear Sir

to hand. As you say, I left Kingswood rather hurriedly, and I was very sorry to leave. But I could not stay there any longer as the Doctor said he had orders to clear everybody out. If we had our way we should stay at Kingswood for the Duration of the war. The King to coming here this afternoon to Inspect no. Thanking you for your Kindness & Komani yours Ameerely Gns. H. Catterall 83372