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# MONTREAL <br> Thomocopathic 种ecoro 

DEVOTED TO THE INTERESTS OF HOMEOPATHY AND OF THE MONTREAL
HOMGEOPATHIC HOSPITAL.

Vol. II. No. 7.
MONTREAL, JULK, 1897.
25 cts a Year.

# Aflontral fomxopathic fifeoro 

\author{

- punlished monthiv - <br> By the Woman's Auxiliary of the Montreal Homeopathic Hospital.
}

All matters of business and subseriptions to be sent to C. S. De Witt, care of Montreal Homeropathic Hospital, it McGill College Avenue.
All manuscripts, news items, etc., should be addressed to Dr. Arthur D. Patton, care of Hospital.

SOME REASOXS FOR A BLELIEF IA HOMGEOPITHY.
intenesting comparisons my doctor W. s. M1LAs.

At the meeting of the Fifth Intermational Congress, held at London, Angust i- $-8,18: \mathrm{Ki}$, Dr. W.S. Mills, of Stamford, Conn., presented a paper entitled, "some Reasons for a Belief in Homoopathy, Including Comparative Statistics,' from which the following tigures are takenThese tigures are the latest comparative statistics we have seen, and were obtained from the othicial reports. Here are some of them condensed from 1r. Mills' paper.

In Philadelphia the hospital corresponding most nearly in the wharacter of work to the Mahnemam, is the lennsylvania. In 1s94, there were treated at the lemnsylvania Hospital, 2,5is patients with a mortality of 10.49 per cent. During the year onding March 31 , 1sin, there were treated at the Hahnemann Hospitai 1 , wio patients with a mortality of 5.29 per cent, or for the same number treated, the Allopaths lost 19S to our 1 (0).

At the Western Pennsylvania-Hospital Pittsburg (Allopandie), in the year ending September 30,1895 , there were
treated $2,30.9$ patients with a mortahty of 5.9 s per eent. At the littsburg Homeropathic Haspital, during the year ending March 31, 1s9., there were treated $1,40.5$ patients with a mortality of 6.37 per cent; or for the same number treated, the Allopaths lost $1+1$ to our 100 .

The total number of patients treated in the Cook County (Chicargo) Iosintal for five years ending January 1, 1s94, was $43,5 \% s$, of which $28,2 \because=1$ were assigned to and treated by the Allopaths with a mortality of 11.57 per cent, anm 6,93 ss assigned to and treated by the Hommopaths with a mortality of nine per cent, or for the same number treated, the Allopaths lost 13:2 to our now. Here all patients being taken in numerical order and treated in the same institution, it camnot be charged that the comparison is unfair.

The largest Homoropathic Hospital in the world is the Metropolitan llospital on Blackwell's lsland formerly Wards Island Hospital, N. I.) The Allopathie Hospital corresponding most nearly to this is the City lluspital (formerly (Charity Hospital) also on Blackwell's Island. "Patients are sent to these two hospitals from the department distributing oflice, pro rata, according to the number of vacancies in each, and irrespective of the disease to be treated.

According to the last published report of the Department of Public Charities-1s02-the Allopatis treated that year s, 430 cases with a mortality of 7.3 per cent; the llommopaths $\overline{5}$, mio with a mortality of $\overline{5} .3$ is per cent, or for the sume number treated the Allopaths lost 137 tw our 100.

The Massachusetts General Hospital, in 189., treated 4.60; patients with a mortality of $9.8{ }^{3}$ prer eent. while the Massachusetts Homeropathic Jlospital, during the same year, treated 1.1 !n patients with a mortality of 4.1 prer cent, or for the same number trealed. they lust $23+$ to our 100 .

Johns Hopkins Hospital (lattimore) Allopathic, in 1894 , treated 3,015 patients with a 11 ortality of 6.52 per cent. . It the Maryiard Hemuopathic Inepital, there were treated 8 Bis patients with a mortality of 3.37 per cent. or for the same number treated, they lost 1 an to our low.
In private practice Dr. Mills sives a collection of $\$$,umo cases of diphheria in Chicago, (Dr. R. N. Tookers tigures treated with antitoxin. Mortality, we percent. In same city ons cases treated homeropathically. Mortality, $\bar{i}: 3$ per cent. Difference in fivor of Homorpathy over antitoxin, 14.7.
In an ephidemic of typhoid fiver at Stamford, Comn. in isen, the mortality under old sehoul treatment was $7-7$ per cent, while mader homaropathe treatment it was $4 . n 9$ per cent.

At New Haven, Comn, from 1s9m, the mortality in scarlet fever, was 9 sas percent. under ohd school treatment and 4.30 under homernpathic treatment.

In diphtheria the old sehool martality was 85.45 per cent.; homuropathic, $21.2 \%$ per cent.
In typhoid fever the old school mortality was en. 9 ; ; homurogathie treatment, 20 per cent.

In measles the old sehond mortality was $1 . .33$ per cent.; hommopathic $1 . s \mathrm{~s}$. A difference in this disease of 15.95 per rent, in favor of homoropathy.

We have reported hospital records: Allopathic, 50, the patients with a nortality of 10.32 per cent; Honnopathic. 19.439 patients with a mortality of $1 . .11^{2}$ per cent. In cther words, for the same mumber of patients treated they host If! to uur 101.

These figures show that with all its progress the "old," "sicientitic" or "allupathie" scherol, still lars worfully behind the homorpathic in curing the ills of humanity.

Fish-bones can sometimes be expelled from the throat by giving from: four to six ounces of mili.. and forty mimpes later an ebuetic of ane sulphate. The vomit of coagulated milk carries the bohe before it.
act Purchasers should montion tho Momosopathic Rocord, to oncourase our Eenorous mdvartisern.

## WOMAN'S ATNILIARY, MONTRBAL HoM(EOPDTH1C HONPITAL.

Treasurer's leport, fur June 1897.

## Ir.



Cr .


Mair Van Honne. "reis. W.A. II.M.II.

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libubarh and sugar, the Misses Dow; blossoms for paments, Miss Marie hinhertson; par of slippers, Miss Ames; Looks, Mrs. Buzand ; ire cream and eake for nurses. Dr. Sout Nichol; cake and preserved frnit, Mrs. A. R. Gritlith; Howers. Y. W.C:T.L. Westmount; pans ete., Mrs. K. (i. Reid; fresh eges, Mrs. E. T. Wowlleyin ; ake, Boys AntiTobareo Cluh, Westmunt; chemises and nightdresses from Industrial Rooms, no name ; collection of sundries, Madame Alhert llebrert: howers and cards, Westmont Band of Hope ; flowers, Mrs. Letith, Watremont; oranges. Mrs. S. M. Baylis; strawberies. Mrs. IV. EP. Phallips; magazmes, Mrs. Himbing, Lachime; Mrs. (iatult ; Mrs. Leiteh; Mrs. R. G. Reid; Mrs. Sutherland Tisior; empty vials, Mrs. Sheflem, Misis Ames; inon. : Mrs. R. (i. ledid; Mrs. Ames; Mrs. J. K. Lied ; Natame Albert Héhert; Whl linen. Miss M. Brush; Mrs. dmes; Madame Albert Hébert.
Sipecial thanks are due (o Mrs. Alexander Thomsum, of Hamiltom, Snt., fica Jubilee gift of a wrapher Gifts from friends so remote, have a special significance and are highly prized.

Messrs. Charles Ciurd © Co. have very kimile sent a generoms domation of four dozen of pinger alle, and one dozen syphoms of soida water. This is a particularly arecpitahle giti m times of high thernwincter registerings.

Hospleal WaNT:
Palm-leaf fans. Ohl linen. Empty vials.

## AMERICAN INSTITUTE OE HOMCOPATHY.

IT MEV IN HUFFALO-CANADA NND MONT-
HEAL MEPIRESENTED - HR. LAURR. MITHER ELK(TED) A

MEJBER.
The American Institute of Ifommo pathy met in Puffalo June e3-:3n. Several hundred physicians were in attemance, and meetings of unusual interest were held. The medieal papers real were of a highly seientitic nature, and were discussed by some of the must distinguished men of our shool. The surgical side of Homuropathy was given considerable prominemee, and the pleasing fact was developed that our surgems are becoming more and more conservative, although quite eapable and ready to resort to radical measures whenever found necessary. Very interesting and instructive diseussions were held relative to diseases of women and children. Some of the greatest specialists of the country, irrespective of schools, were present, and gave to the younger memhers the benelit of their varied and extended experience. lailures and surcesses were equally related, and many interesting medical facts developed.
The erection of the magniticent monument to Hahnemam, in the city of Washington, was discussed. Several thousand dollars were subscribed to the rapidly increasing fund, and the committee expect soon to complete the work. The monmment is to cost $\$ 7,500$, and will be one of the finest works of art in the country, and a lasting memorial to the founder of Homeropathy.
The city of Buffalo entertained the delegates in royal style, and the consideration given the proceedings by the daily papers showed clearly the popularity of Homocopathy not only in the Queen city of the lakes but throughout the United States.
It was pleasing to not the presence of a number of Canadians, and it is to be hoped the members of our sehool throughout Canada will unite with the Association and gain the support such a large society can give to fiomeopathy in this country.
Dr. Lauras Muller, of this city, was unanimously elecied a member of the Institute. Indeed one of the features of the Buffalo meeting was the presence of a large number of bright and entertaining women physicians.
Next year's mecting will be at Omaha.
A. R. Grifitin, M. D.

## THE FEAR OF DEATH.

Familiarity with death is apt to alter ones earier conceptions of it. Two ideas are very generally areepted which expermene shows to be false. one is that the dyine usually fear death; and the other, that the act of dying is aceompanied by pain. It is well known to all physiciais. (hat when leath is near, its terrors do not seem to he felt hy the patient. Cnless the imarination is stimulated by the trishtfal pertrayal of the supposed "pans: of leath," or of the sufferings whimsome helieve the son must emdure afterdissolution, it is rare indeed that the last days or hours of life are passed in dread. Oliver Wendell Holnies has recorled his protest against the custom of telling a peraon who does not actually ask to know, that he camot recover. As that loving observer of mankind asserts. that people almost always come to understand that recovery is impossible; it is rarely needful to tell anyome that this is the case. When nature gives the warning, death appears tobe as little feared as silecp. Most sick proms are very, very tired; sleeplong yuiet sleep-is what the want. I have seen many people die. I have never seen one who seemed to fe: death, except when it was or seemed to be, rather far away. Even those who are constantly haunted, while strong and well, with a dread of the end of life, forget their fear when that end is at hand. Is for the act of dying-the final passage from life to death-it is absolutely without evidence that the oftrepeated assertions of its painfulness are made. Most people are unconscious for some hours before they die; and in the rare cases where conscionsness is retained unimpaired until a few minutes before the end, the last sensation must he of perfect calm and rest. It is worse than cruel to add to the natural dread of death which oppresses us in health the dread of dying.-Dr. Roosvelt, in Scribner's Magazine.

That a simple test for digestibility, by which one can determine essily if asolid food is one which is proper to give to a sick person, is to drop a small piece of it into cold water. If it soaks uy the water rapidly the food is moderately digestible. This test was given to a nurses' class.

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## HONPITAL NOTES.

Readers of the Recond are alwars glad to hear of the movements of the graduated nurses.

Miss Egans' professional duties in the city have prevented her taking her summer varation as yet. hat she expects to get away som.

Miss Adams is enjoying a rest at Metis.

Miss Grant is going through a special course at the Montreal Maternity.

Miss Pangborn is at her home in Rockland for the summer, and Miss Strachan is visiting her there. Buth of these ladies are intending tareturn to the city in september t.1 engage in private nursing.

At the June Meeting of the Committee of Manayement it was deciled to adjourn the regular meetings till September. In the meantime the President, Vice-President, Treasurer and Secretary to form an executive to deal with any emergency that may arise.

Dr. H. M. Patton. Medical Superintendent, is spending the month of July at Metis.

Dr. A. 1R. Griffith, who attended the mecting of the Ameriean Institute of Hommerpathy at Buffalo, reports a most enjoyable and pleasant meeting.

Dr, W, MeHarrie, Assistant Medical Superintendent. is in charge at the Hospital during fr. Patton's absence.

Dr. Grafton, Patholugist to the Hospital, is very much in need of some additional instruments. A donation of $\$ 50$ to mect the doctor's requirements would he-highly appreciated.

## SIt K RTKIMS IN SCMMER.

Can he kept cool, comfortable and free from olur by the following simple and practical methor-
-1trepare a-mixture of "Platts ('blorides" and bater cone part to tens in a bowl suitable for moistening a towel or sheet, frequently wafted about the room
and then hung up, will maintain a constant cooling and deodorizing action by liquid evaporation ame chemical absorption.

BED WEIMIN(i.
ITS CAUSES AN1) TREATMENT.
One of the most amoying and distessing complaints of childhood is incontinence of urine, or more commonly, bed-wetting. Mothers are frequently worried to discover the canse and then to cure this difliculty. Children most affected are between the ages of four and fourteen. It is more troublesome in winter than in summer. Those of a nervous temperament are the greatest sufferers. Cometimes urine is passed while absolutely unconscious or the child dreams of the act and awakes to find itself wet. The cause of the trouble is not always in the bladder itself. Worms may produce a reflex irritation or the child may drink to large a quantity of fluids in the evening, or his diet may cause too acid a condition of the urine. There may be a stone in the badder, or a conerenital malformation of the organs may require an operation hefore relief can be ubtained.

Bed-wetting will, however, generally yield promptly to Homcopathic treatment. Relapses may oceur, so that this case should be kept under observation for a long time. There may le a constitutional difficulty dating back to parents or grandparents, and this will require one of the deep asting remedies like calc. carb. $6 x$, or sulphur $30 x$, given two ur three times daily. It the urine be high colored and strong smelling benzoin acid 6x will ofen relieve. When the badder is at fault, causticum $6 x$, or gelseminm $3 x$, is the remedy. Pulsatilla $3 x$ will relieve many cases in little girls.

Never resort to corporal punishment. It is cruel and the fear of it will increase the trouble. The child should sleep on a hard mattress with light clothing. He should not be allowed to sleep on his back. Sponging the lower part of the back with hot water at beitime is recommended. Tea, coffec, all sharp or sour articles of food, are probibited, meat only in moderate quantities. Drinks should consist of water, milk or cocos. The child should empty the bladder at bodtime. The bowels should be kept regular. The patient requires plenty of fresh air, and a cold bath in the morning, drying quackly, may prove of benent.
A. R. Griffiti, M. D.

## DREAMS.

The following are medical sipns of dreams, as published in a medica! work: Lively dreams are in generai a sign of nervous artion. Soft dreams a sign of slight irritation of the brain; often, in nervous fever, amouncing the approach of a favourable erisis. Frightful dreams are a determination of blood to the head. 1)reans about blood and red objects are signs of inflammatory conditions. Dreams about rain and water are often signs of diseased mucous membrances and dropsy. Dreams of distorted forms are frequently a sign of abdominal obstructions and disorder of the liver. Drams in which the patient sees any part of the body especially suffering indieates disease in the part. The nightmare, with great sensitiveness, is a sign of determination of blood to the chest.fram. Doct.

## THE LEMOS MEDICINALLY.

Lemonade made from the juice of the lemon is, according to the Perple's Priout. one of the best and safest drinks for any persom, whether in health or not. It is suitable for all stomach disease, excellent in sickness, in cases of jaundice, gravel, liver complaint, inflammation of the bowels, and fevers. It is a specitic arainst worms and skin complaints. The pippins crushed may be use 1 with water and sugar and takon as a drink. Lemon juice is the best anti-scorbutic remedy known. It not only cures this disease, but prevents it. Sailors make daily use of it for this purpose. I advise everyone to rub their gums with lemon juice to keep them in a healthy condition. The hands and nails are also keit clean, white, soft and supple by the daily use of lemon insteal of soap. It also prevents chilblains. Lemon is used in intermittent fevers, mixed with strong, hot. black coffee, without sugar. Neuralgia may be cured by rubbing the part affected with a cut lemon. It is valuable also to cure warts, and to destroy dandrutf on the head, by rubbing the roots of the hair with it. It will alleviate and finally cure coughs and colds, and heal
dweased lungs, if taken hot on going to bed at night. Its uses are manifold, and the more we employ it internally and extermally the better we shall find ourselves. Lemon juice, according to a writer on Gool Mealth, is anti-scorbutic, useful in removing tartar from the teeth, anti-febrile, ete. A doctor in Rome is trying it experimentally in malarial fevers with rreat success, and thinks that it will in time supersede quinine. American Inventor.

## HOW TOWALK゙ UPSTAMRS.

"There are but few persons who know how to walk upstairs properly," says a well-known plysician. "Usually a person will tread on the ball of his foot in taking each step, springing himself up to the next step. This is very tiresome and wearing on the muscles, as it throws the entire suspended weight of the body on the muscles of the legs and feet. You should, in walking in climbing stairs, seek for the most equal distribution of the body's weight phssible. In walking upstairs your feet should be placed squarely down on the step, heel and all, and then the work should be jerformed slowly and deliberately. In this way there is no strain upon any particular muscle, but each one is doing its duty in a natural manner. The man who goes upstairs with a springing step you may be sure is no philosopher, or, at leas , his reasoning has not been directed to that subject.'

Oil stoves and gas stoves should never be kept burning in a sleeping room, for they are burned in the open air of the room, and having no connection with a chimney flue, throw the poisonous carbonic oxide of combustion into the air of the apartment and make it unfit for respiration. Even an oillamp is dangerous if left burning all night, but an oil stove is worse, because stoves generally feed more hame, consume more of the oxygen and give off more poisonous gas.

[^1]
## THE MFFERENCE.

The Medical Nats says that a considerble part of domestie medicine is evidenty of demoniacal origim- in more senses than one-few will care to deny. The striking prominence among "honsehold remedies "of horribly bitter and namseous " yarb th:a-" of cherry bark, of quassia, of asafuetdat the recommendation of such remedies as roasted mouse eaten whole, snake hroth, drimking urine. hot brod. ete., ete., the contidence imposed in violent pargatives and emeties, are ubvious survirals of the magicians principle of administering natuseobs messes of every desiription in the hope of disgosting and driving ont the evil spirit that eanses the disease. Their whle medicinal value lies in their offensiveness. Such common practices as the charming away of warts, w earing of iron rings, and the carrying of potatues or chestmuti in the procket to "dran out" rheumatism, are also of ummistakable character, and dozens of others might be mentioned.

But is all this any more "demoniacal" or silly than rammang mereury into a sick man untill his teeth fall ont and his bones rot. or tilling him with quinine until his head swims and his hearing is lost, or injecting into him the virus of consimption, or of diphtheria diluted with horse serum, or of cholera, or hydrophobia, or "animal extracts?" If compelled to choose between the two ", would take the harmless "yarb teas" as medicine in preference todisease virus. Butthe wise man takes neither. Homusopathy is good enoogh for him.

TWELVE RCLES FOR INSOMNTA.

## ALIL EASILE FOLLANED.

1. Rise in good time in the morning.
‥ Take moderate exercise 'withont fatigue, and tue as much in the open air as possible during the day.
2. Avoid heary meals, rich dishes, strong tea or coffee and alcoholic drinks, especially toward night.
3. Eat only plain, well-cooked food; a small proportion of meat, with ahondance of veretables, fruit (ripeor stewed), whole meal breal, etco.. and drink water or lemonade (made from fresh fruil) at dimmer.
$\therefore$. (in to rest in genel time, for overtired nerves and eyes are a froptent cause of sleeplesiness.
(i. Have nu light in the bedrom, which should be as quiet and lark as pussible.
4. The bedrom mast be well rentilated. This can easily be done by oprening the top sash of the wimbow an inch or more so as to allow the eseape of impure air. while fresh air enters between the wo glasses at the center of the wintow, $A$ light curtain over the window will prevent all dranght to the sleeper
s. The chothing should be entirely woolen; no heavy cotton coverlid, but an eiderdown quilt must be used, and the warmth must he sufficient. but on no account excessive, carefully regulating the amome of blanketa acoording to the temperature.
5. No heary meal must be taken within two hours of retiring, but a cup of warm milk. soup or light farinaceous foml (wath milk) should be drunk the last thing be -e going to sleep.
6. Where sleeplessness is chronic a thorough toweling (first with a wet towel, then with a dry one, using tepid or coll water, will set the action of the skin and the circulation right.and so relieve the overcharged blow? vessels of the brain. A suft hot water bottle to tho fect uill sometimes have the same effect; the feet must not, smany account, be allowed to remain cold.
7. All exciting subjects should be avoided as much as possible.
8. Keep a clear conscience and dun't worry, even though " nature's sweet restorer, balmy sleep," should reinse at first to be wooed, for it takes time, as well as patience, not only to eradicate a mischievous habit, but to form a good one.

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    Dr. J. R. Kippax, Professor of Medical Jurisprudence in the Chicago Homooopathic Medical College, writes: "Radnor Water is an agreeable and exceedingly pure table water, and surpasses the lead. ing German Waters in therapeutic value."

