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& \text { Thill compliments of }
\end{aligned}
$$

OF THE

## NOVA SCOTIA

## Hospital for Insane

HOR THE YEAR 1891.


HALIFAX, N. S.:

- COMMISSIONER OF PUBLIC WORKS AND MINES, QUEEN'S PRINTER.


## THIRTY FOURTH

ANNUAL REPORT

OF THE

NOVA SCOTIA

# Hospital for Insane <br> - 

FOR THE Y円AR 1891.



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# NOVA SCOTIA HOSPITAL FOR INSANE. 

HALIFAX, N. S.

## 1892.

COMMISSIONER:
HON. CHAS. E. CHURCH, M. P. P., M. E. C.,
Commissioner Public Works and Mines.
R. T. MURRAY, Secretary to Commissioner.

RESIDENT OFFICERS:
ALEX. P. REID, M.D., L.R.C.S., Edin, \&c., Medical Sup't. GEORGE L. SINCLAIR, M.D., Assistant Sup't.
W. H. HATTIE, M.D., Assistant Physician.

AUBREY S. HUNT, Bursar.
R. D. DICKSON, Engineer.

MRS. R. D. DICKSON, Housekeeper.
MISS H. SAMPSON, $\}$ Head Attendants, Female Wards.
MISS E. C. OGILVIE,
ALEX. NICHOLSON,
ALEX. GRAHAM,
Head Attendants, Male Ward.

## THIRTY-FOURTH ANNUAL REPORT

OF THE
MEDICAL SUPERINTENDENT

OF THE

## nova scoita hospiral for THe IISANE,

## 1891.

To the Honorable Charles E. Church,
Commissioner of Public Works and Mines :
Sir,-I have the honor to submit the Annual Report of the operations of the Nova Scotia Hospital for the Insane.

| Number of patients on register, Jan 1, 1891 Admitted during year | M. | F. | Total. |
| :---: | :---: | :---: | :---: |
|  | 185 | 163 | 348 |
|  | 57 | 54 | 111 |
| Total under treatment for year Total discharged for year . | 242 | 217 | 459 |
|  | 58 | 47 | 105 |
| Total remaining on register Dec. 31 . . . . . " | 184 | 170 | 354 |
| Daily average . . . . . . . . . . . . . . . . . . . " | 194 | 180 | 374 |
| Discharged as recovered <br> Discharged as improved <br> Discharged as unimproved (quiet but demented) | 29 | 20 | 49 |
|  | 17 | 12 | 29 |
|  | 2 10 | 1 14 | $\begin{array}{r}3 \\ \hline 4\end{array}$ |
|  | 10 |  | 24 |
| Died . . . . . . . . . . . . . . . . . . . . . . . . . . " | 58 | 47 | 105 |
| Percentage of death on daily average........ | 5.1 | 7.7 | 6.4 |
| Percentage of death on whole number under treatment | 4.1 | 6.5 | 5.3 |
| Percentage of cure rate on admissions .Number out on trial . . . . . . . . . . . . . | 52.6 | 37.1 | 44.5 |
|  | 8 | 2 | 10 |

## ADMISSIONS.

There were 177 admissions, 17 more than the preceding year, made by the removal of chronics-of the admissions 16 had been previously patients-of which (11) were admitted once, (3) twice, and (2) three times.

## DISCHARGES.

Excluding deaths, there were 81 discharged, of which 49 (over 60 per cent.) were discharged as recovered or in their normal condition,

Calculated on admissions, the rate was 44.5 per cent. our general average being 44. All patients are discharged on trial, as the rule, and our estimate of recovery is guided by the result after their return home.

There are always a good many out on trial and but a small percentage is returned

## DEATHS.

There were 24 deaths, 10 men and 14 women.


There were two very sudden deaths from apoplexy, and it was considered desirable for the County Coroner to hold an official inquiry. This exonerated the officials from any want of care and satisfied the jury that the deaths were from natural causes.
The principal causes of death were from apoplexy and paralysis and general debility, or gradual breaking up of the vital forces.
The percentage of deaths is as usual, low, on daily average resident 6.4 per cent, and on whole number under treatment 5.3 per cent.

## PATHOLOGICAL REPORT.

We are at present engaged in making an examination of the atmosphere of the various wards of the Hospital, for the purpose of ascertaining the relative freedom of the different wards from bacteria, Thus far we have been hampered by lack of some necessary apparatus,
and have been unable to make anything like an accurate analysis, but we trust soon to have these special wants supplied, and look forward to publishing a complete analysis in our next report. A rough examination of Petri dishes containing gelatine and agar culture media, which were exposed in a few wards, shews that, considering the crowded state of the Hospital, the air is tolerably pure. The more common bacteria and moulds were present, and several colonies of micrococcus pyogenes aureus were found on an agar plate which had been exposed in ward M. 4-where we have recently had a number of cases of Furunculosis. This is of interest from the fact that the microbe named is considered to be the pathogenetic element in the production of boils and carbuncles.

It is confidently hoped that a regular system of pathological investigation such as now characterizes all the leading hospitals, may be made possible in connection with our institution. It is especially desirable that more opportunities for post mortem examinations be granted us It is principally towards the autopsies that we must look for further information respecting the insanities-even more so than in the case of the ordinary "list" diseases-and we therefore feel keenly our inability to perform autopsies (unless after much delay in obtaining the sanction of friends) except in those rare cases when the body is unclaimed. We trust that this great difficulty in the way of scientific progress in our knowledge of insanity may speedily be overcome, and that some provision be made in the regulations by which we may be permitted to conduct post mortem examinations as in other institutions. It would then be generally known that it was the practice of this hospital to perform autopsies, and such being the case, friends of patients should not express dissatisfaction with the procedure of the executive of the institution.

In addition to the analysis of the air of the wards already referred to, considerable attention has been directed to the bacteriology of the various diseases with which our patients have been affected. This branch will receive more definite consideration during the coming year, and will be dealt with in extenso in our next report.

## IMPROVEMENTS.

Several acres of our extremely rough stony land have been broken up, drained, and fitted for cultivation. The work is going on steadily every year, and in time we expect to receive the benefit. Though expensive to break up, yet the returns are generous in hay and root crops. This work is chiefly done by patients who are anxious to get out to work, and to them the benefit is of more value than the result of their labor to the institution.
The grounds fronting the Hospital (on the water front) have been much improved by terracing, which not only adds greatly to the appearance, but furnishes walks and airing grounds for the patients.

In cold spells of weather we had great difficulty in properly regulating the temperature of the wards, and have been adding to the indirect system a series of coils for direct heating of the large halls and most of them are now thus supplied.
The difficulty of supplying hot water incident to the corrosion of the iron pipes, galvanized as well as plain, has been so hard to overcome that notwithstanding the expense, it was decided to use brass pipes for the greater part of this service, and we anticipate much less expense and difficulty in the future.

A number of the old heating coils and chambers in the north end have been renewed and put in good working condition.

Our drainage system is very imperfect owing to defective plans when initiated, and is a constant source of trouble that can only be remedied by being remodelled. We remedied the trouble in the north end wards by making a new outside drain to the main sewer.
The long existent method of night watching or supervision was so unsatisfactory that for the past year an extra night attendant was appointed to each (male and female) division, and on the male side, where we have so many epileptic and suicidal cases, these were so grouped that to one man was allotted the duty of spending his whole time among them and the other has the supervision of the other wards, to be assisted when necessary. On the female side there has not so far been the necessity for this change in the distribution of the patients.

Arrangements have been made such that with little more expense a steam pump and boiler can be set to work at the "gate house" at the lake, to fill our main pipe in case of the water in the lake falling too low.

## ACKNOWLEDGMENTS.

The Rev. C. J. Underwood had service every second and fourth Sunday, and Rev. T. C. Mellor, the third Sunday of each month.

At other times we have been favored by Revds. Dr. Burns, P. M. Morrison, J. L. George, C W. Williams, E. B. Moore, H. H. Adams, D. M. Gordon, J. L. Dawson, J. Watson Smith, W. M. Smallman, John McMillan, Robt. Laing and Mr. Thompson,

We were favored with a concert by the choir of St James' Church, Dartmouth, and the Rev. Mr. Stewart, which was highly appreciated.

To Mr. F. G. Marshall, Sec'y. Y.M.C.A., Truro, for bundles of papers and magazines.

Miss Adams, as usual presides at the organ on Sundays, and we have also been favored every other Sunday by Miss McKenna, of Dartmouth.

To Mrs. Wiley and the Misses O'Dell, for donation of papers.
We are also indebted to Mr., Mrs. and the Misses Tremaine, and Mr. William Hill of the Customs, for their most enjoyable concerts during the year.

To Mr. and Mrs. Hagerty, J. Godfrey Smith and friends, we are under obligation for an agreeable evening's entertainment.

To clergymen of all denominations, who always come at the request of any of the inmates who desire their services ; and we have many such visits.

The annual sleigh drive was, as usual, appreciated, and as well the regular dance evening.

Arrangements are made for regular lantern entertainments.
By kind permission of Captain Drury and officers the band of H. M. S. Bellerophon very kindly gave a musical entertainment on the grounds to the patients last summer.

Messrs. Hattie and Mylius of Halifax, have favored us by frequent and large supplies of Provincial and Dominion newspapers, that add much to the cheerfulness of the patients.

We were much indebted to the Commissioners of the Provincial Exhibition last fall and to their thoughtful Secretary, Wm. McKerron, Esq., for an invitation to visit the fair, which detachments of the patients took advantage of.

The press of Halifax, and as well the press throughout the Province, contribute their regular issues; and, in common with the world outside, our patients are most interested in this form of literature.

The following papers are regularly received:
"Acadian Recorder,", (tri-weekly.)
"Wolfville Acadian."
"Christian Messenger and Visitor."
" Church Guardian."
"Colchester Sun," (Truro.)
"Colonial Standard," (Pictou.)
"Courier," (Digby.)
"Eastern Chronicle."
"Morning Chronicle," (daily.)
" Morning Herald," (daily.)
"North Sydney Herald," (Cape Breton.)
" Advocate," (Sydney, C. B.)
"Island Reporter," (Sydney, C. B.)
" Progress," (Lunenburg.)
" Weekly Monitor," (Bridgetown.)
"Spectator," (Annapolis.)
"Tribune," (Windsor.)

## THE PAST YEAR.

Our work for the past year has been as usual satisfactory.
The female wards have not been crowded the past year, but the wards on the men's side have been much overcrowded.

Colchester (30), Kings (32), and Cumberland Counties (23), make no provision of such a character as will accommodate the quiet demented class which fill our wards to the exclusion of those who could receive more benefit by admission here, and in so far this is unjust to the other counties that enable us to provide room for their recent cases, and those that demand a maximum of care.

To make room for the many applicants, we discharge on trial all that may probably be treated or benefited at home, and it is a satisfaction to be able to say that but few are returned, as the improvement as a rule goes on to recovery.

Dr. Page, at the instance of the executive, made careful examinations of the institution, a duty which he performed in a most gentlemanly and painstaking manner.

The executive have seen fit to appoint an assistant physician to the official staff who has been on duty since last June. In Dr. W. H. Hattie, the appointee, we have a gentleman esteemed personally as well as professionally, and with his assistance we expect to engage in a wider area of scientific work than has before been possible. A few lines from him are included in this report, and we hope in future to make our work of more interest scientifically-for example-we every now and then have attacks of disease such as sore throat, fever, \&c., that appear to be epidemic if not contagious, and we are at an equal loss in comprehending how they occur, or in what manner to avoid them. This is a scientific question of great moment in the sanitary condition of the institution, and its only method of solution will be by bacteriological research, which we are proposing to undertake.

There was a great scarcity of water last summer and the lake was very low, so much so, that in case of fire, we might not have been able to get water. In anticipation of such a casualty, a steam pump was installed at the lake so that if occasion required, water could have been pumped into our main pipe to supply any possible deficiency. It was not needed.

The Commissioner of Public Works and Mines and the Secretary pay their regular visits of inspection, and advise in the general management.
My thanks are due to all our officials for prompt, willing and satisfactory service, without which our efforts would fail, and to the Assistant Superintendent, Assistant Physician and Bursar, for their valued assistance, and as well for aid in preparing the statistical tables included in this report.

To you, Sir, I desire to express my appreciation of the assistance, courtesy and kindness always manifested in our official intercourse and in your visits of inspection.

I am, respectfully, Your obedient servant,
A. P. REID,

Medical Superintendent.
$\left.\begin{array}{c}\text { Nova Scotia Hospital for Insane, } \\ \text { January 1st, } 1892 .\end{array}\right\}$
$\mid 10<1$

## STATISTICAL TABLES.

## LIST OF STATISTICAL TABLES.

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## APPENDIX.

Admission of Patients.
Discharge of Patients.
Forms of Certificates.

TABLE II.
December 31st, 1891.




○10





 10
62
0

1 | 30 |
| :---: |
| + |
| 4 |
| 10 |
| 4 |
| 0 |

| Remaining <br> 31st December <br> in each Year． | Average number <br> Resident． |
| :---: | :---: |








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Total


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\begin{aligned}
& \text { TABLE VI. }
\end{aligned}
$$

TABLE VII．
Showing the Age of Admissions，Discharges and Deaths during the year 1891.

| $\begin{aligned} & \frac{i}{t} \\ & =E \\ & E \end{aligned}$ |  | E | ：08402000－ | $\square$ |
| :---: | :---: | :---: | :---: | :---: |
|  |  | $\therefore$ | $::$＋erame | $\pm$ |
|  |  | 二 | ：${ }^{\text {：}}$ ：＋+ | 2 |
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|  |  | $\because$ | －9\％900－ | 菏 |
|  |  | $\overline{\#}$ | $00 \infty 00 \pm 001$ | 5 |
|  |  |  | $\text { 窇: }=:=:$ <br>  8288： 2只品唱宛品品发 |  |

## TABLE VIII.



## TABLE IX.

Showing the probable causes, apparent or assigned, of the Disorders, in the admissions of the year 1891.

| cause. | The Admissions. |  |  |
| :---: | :---: | :---: | :---: |
|  | M. | F. | T. |
| Ill-health from- |  |  |  |
| Religious excitement |  |  |  |
| Fright |  |  |  |
| Failure in business |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
| Cause unknown ..................... ${ }_{\text {a }}$ |  |  |  |
| Influenza. |  | 3 | 3 |
| Hereditary predisposition ............ ... 23 20 43 |  |  |  |
| Intemperance |  |  |  |
| Overstudy and overwork | 2 |  | 2 |
|  |  |  |  |
| Onanism ................... ...... ... ...... ....... ..... |  |  |  |
|  |  |  |  |
|  |  |  |  |
| Fever ................. ... .......... . ..... . . . . . . . . . . |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
| Congenital. . . . . . . . . . . . . . . . . . . . . . . . . . . |  |  |  |
| Total.................... 57 |  | 54 | 111 |

Rellth from-

Hereditary predisposition ................. 23 20 43

TABLE X．
Alleged Ages of all Admitted．

|  |  | 1891. | $1859-1890$. | Total． |
| :---: | :---: | :---: | :---: | ---: | ---: |

TABLE XI．
Civil Condition of all $A d m i t t e d$ ．

|  | $\begin{aligned} & \text { 怱 } \\ & \text { 范 } \end{aligned}$ |  | 家 | E E E E | 安 | E |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1859－1890 \｛ Males．． | 450 | 624 | 49 | 20 | 221 | 1364 |
| 1099－1890 \｛ Females | 405 | 427 | 89 | 10 | 201 | 1132 |
| 1891．．．．$\left\{\begin{array}{l}\text { Males．．} \\ \text { Females }\end{array}\right.$ | 19 | 24 | 1 |  | 13 | 57 |
|  | 19 | 20 | 12 |  | 3 | 54 |
| Total | 893 | 1095 | 151 | 30 | 438 | 2607 |

## TABLE XII,

Former Residence (Corrected by Separation of Re-Admissions.)

|  | 1891. |  | 1859-90. |  | $\begin{gathered} \text { Total } \\ 1859-91 . \end{gathered}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |
| Halifax City and County | 21 | $\stackrel{2}{2}$ | 643 | 164 | 830 | 67,917 |
| Colchester County .... | 3 | 3 | 161 | 31 | 198 | 26,720 |
| Cumberland " | 6 |  | 108 | 22 | 136 | 27,368 |
| Pictou ." | 12 | 2 | 207 | 64 | 285 | 35,535 |
| Antigonish " |  |  | 59 | 8 | -68 | 18,060 |
| Guysborough " | 6 | 2 | 69 | 4 | 81 | 17,808 |
| Inverness ." | 4 |  | 50 | 2 | 56 | 25,651 |
| Richmond " | 5 |  | 34 | 3 | 42 | 15,121 |
| Victoria ." | 6 |  | 34 | 3 | 43 | 12,470 |
| Cape Breton . | 5 | 1 | 97 | 19 | 122 | 31,258 |
| Hants | 4 | 1 | 103 | 28 | 136 | 23,359 |
| Kings | 8 | 2 | 125 | 25 | 160 | 23,469 |
| Annapolis | 1 | 1 | 77 | 9 | 88 | 20,598 |
| Digby " | 4 |  | 37 | 6 | 47 | 19,881 |
| Yarmouth " | 3 | 2 | 36 | 3 | 44 | 21,284 |
| Shelburne |  |  | 31 | 5 | 36 | 14,913 |
| Queens " | $\cdots$ |  | 36 | 8 | 46 | 10,577 |
| Lunenburg " | 4 |  | 74 | 16 | 94 | 28,583 |
| Newfoundland. |  |  | 7 |  | 7 | -2,58 |
| New Brunswick |  |  | 13 |  | 13 | . . |
| P. E. Island . ......... |  |  | 2 |  | $\underline{2}$ | . $\cdot$. |
| Barbadoes and St. Thomas |  |  | 2. |  | $\stackrel{2}{2}$ | . . . . . . . |
| United States |  |  | 16. |  | 16 | ....... |
| England ... |  |  | 2 | 1 | 3 | . . . . . . . . . . |
| Ireland |  |  | 10. |  | 10 |  |
| Scotland |  |  | 2. |  | . |  |
| Germany |  |  | 2. |  | 2 | ....... |
| Norway |  |  | 2 |  | $\square$ |  |
| Sweden |  |  | 1 |  | 1 |  |
| India. |  |  | 1 |  | , |  |
| H. M. Service |  |  | 18 |  | 18 |  |
| Unknown |  |  | 16 |  | 16 |  |
|  | 95 |  | 2075 | 421 | 2607 | 440,572 |

Agent
Architect an
Barristers an
Bailiff and 1
Bakers and
Blacksmiths
Barbers
Basket Makt
Brewer
Book-Binder
Brass Found
Broom-make
Brakeman
Butchers and Cooks
Carriage Ma Carpenters, Conductor's
Clerks, Bool Officers of C Cabinet Mak
Coopers
Coachmen a
Dyer
Jruggists
Domestics
Engineers at
Factory Em
Farmers, W
Fishermen,
Gardener an
Gentlemen a
Governess
Grocers and
Hotel Keepe
Hatter and
Hostler
Housewives
Lohster Can
Lumbermen
Labourers al
Masons, Wi
Ministers, I
Millers and
Merchants,

TABLE XIII.-Former Ocrmpation, so far as Ascertained.


TABLE XIII.-(Continved.)-Former Occupation, so far as ascertained.

|  | 1891. |  | 1859-90. |  | Total. |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | M. | F. | m. | F. | м. | F. |
| Millers |  |  |  | 15 |  | 15 |
| Méchanics and Wives | 1 |  | 7 | 2 | 8 | 2 |
| Miners and Wives | 1 |  | 24 | 13 | 25 | 13 |
| Moulders and Wives |  |  | 2 | 2 | 2 | 2 |
| Nurses . |  |  |  | 2 |  | 2 |
| Physicians, Wives and Daughters |  |  | 8 | 2 | 8 | 2 |
| Priests....... |  |  | 6 |  | 6 |  |
| Printers | 1 |  | 11 | 1 | 12 | 1 |
| Painters and Wives | $\because$ |  | 13 | 6 | 15 | 6 |
| Pensioners and Wives and Daught |  |  | 2 | 6 | 2 | 6 |
| Pedlers and Wives ............ |  |  | 9 | 2 | 9 | 2 |
| Photographers |  |  | 5 |  | 5 |  |
| Plumbers, Tinsmiths and Wiven |  |  | 8 | 1 | 8 | 1 |
| Postmaster. . . . . . . . . . . . . . . . | 1 |  |  |  | 1 |  |
| Reporters. |  |  | 2 | . . | 2 | . . . |
| Ropemaker |  |  | 1 |  | 1 |  |
| School Teachers, Wives and Daugh |  | 3 | 28 | 22 | 28 | 25 |
| Ship Captains, Wives, Stevedores. | 1 | 1 | 18 | 14 | 19 | 15 |
| Sextons . . . . . . |  |  | 2 |  | 2 |  |
| Seamen and Wives and Daughters | 1 |  | 68 | 38 | 69 | 38 |
| Soldiers, Marines and Wives .... . |  |  | 18 | 1 | 18 | 1 |
| Shoemakers and Wives | 1 |  | 23 | 9 | 24 | 9 |
| Saddlers |  |  | 4 |  | 4 |  |
| Seamstresses |  | 1 |  | 17 |  | 18 |
| Students |  |  | 9 | 2 | 9 | 2 |
| Shipwrights and Wives |  |  | 11 | 2 | 11 | 2 |
| Surveyors . . . . . |  |  | 1 |  | 1 |  |
| Shop Keepers |  |  | 3 | 4 | 3 | 4 |
| Sailmakers and Wives |  |  | 3 | 1 | 3 | 1 |
| Stone Cutters . |  |  | 4 | $\cdots$ | 4 |  |
| Tailors, Wives and Daughters |  |  | 3 | 3 | 3 | 3 |
| Tanners and Wives. |  |  | 6 | 5 | 6 | 5 |
| Teamsters and Wives | 1 |  | 12 | 4 | 13 | 4 |
| Tobacconists |  |  | 1 |  | 1 |  |
| Traders and Wives |  | 1 | 8 | 3 | 8 | 4 |
| Telegraph Operators |  |  | 1 |  | 1 |  |
| Vagrants . . . . . . . |  | 1 | , |  |  | 1 |
| Wool Sorters |  |  | 1. |  | 1 |  |
| Wheelwrights |  |  | 1 |  | , |  |
| Washerwomen. |  |  |  | 6 |  | 6 |
| Watchmen and Wives |  |  | 3 | 2 | 3 | 2 |
| Watchmakers | 1 |  | 1 |  | 2 |  |
| Weavers |  |  | 8 |  | 1 |  |
| Unknown | 5 | 6 | 8 | 2 | 13 | 8 |

TABLE XIV.

| class. | Drration of Disease, Etc., in Fotr Classes. |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | The Discharges. |  |  |  |  |  | The Deaths. |  |  |
|  | The Admusioss. |  |  | Recovered. |  |  | Removed, Relieved or otherwise. |  |  |  |  |  |
|  | M. | F. | т. | M. | F. | T. | M. | F. | T. | M. | F. | т. |
| First Class. |  |  |  |  |  |  |  |  |  |  |  |  |
| First Attack, and within three months of Admission | 10 | 24 | 34 | 17 | 7 | 24 | 4 | 1 | 5 | 1 | 6 | 7 |
| Second Class. |  |  |  |  |  |  |  |  |  |  |  |  |
| First Attack, above three and within twelve months of admission | 12 | 6 | 18 | 4 | 3 | 7 | 1 | 2 | 3 | 2 | 1 | 3 |
| Third Class. |  |  |  |  |  |  |  |  |  |  |  |  |
| Not first attack, and within twelve months of admission.. | 15 | 6 | 21 | 4 | 3 | 7 | 2 | 2 | 4 | 2 | 2 | 4 |
| . Fourth Class. |  |  |  |  |  |  |  |  |  |  |  |  |
| First Attack or not, but of more than twelve months' du ration on admission | 20 | 18 | 38 | 4 | 7 | 11 | 12 | 8 | 20 | 5 | 5 | 10 |
| Total . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . | 57 | 54 | 111 | 29 | 20 | 49 | 19 | 13 | 32 | 10 | 14 | 24 |

TABLE XV.
Maintenance of Patients in Hospital, December 31st, 1891.

| COUNTY. | Males. | Females. | Total. |
| :---: | :---: | :---: | :---: |
| Annapolis | 4 | 7 | 11 |
| Antigonish . | 1 |  | 1 |
| Cape Breton | 3 | 7 | 10 |
| Colchester | 20 | 10 | 30 |
| Cumberland | 12 | 11 | 23 |
| Digby. . | 7 | 9 | 16 |
| Dartmouth (Municipality) | 3 | 4 | 7 |
| Guysborough . . . . . . . . | 7 | 10 | 17 |
| St, Mary's District | 3 | 1 | 4 |
| Halifax Co. . . . . . | 5 | 8 | 13 |
| " City | 24 | 20 | 44 |
| Hants, West . | 7 | 4 | 11 |
| " East | 4 | 4 | 8 |
| Inverness | 1 | 1 | 2 |
| Kings . . . | 16 | 16 | 32 |
| Lunenburg $_{\text {a }}^{\text {. }}$. | 6 | 5 | 11 |
| Chester District . | 2 4 | 3 4 | 5 |
| Pictou . . . | 10 | 13 | 23 |
| Richmond | 9 | 8 | 17 |
| Shelburne. |  |  |  |
| Barrington District | 1 | 1 | 2 |
| Victoria ..... | 7 | 4 | 11 |
| Yarmouth | 4 | 1 | 5 |
| Argyle District | 1 |  | 1 |
| Queens .. | 4 | 3 | 7 |
| Province | 12 | 6 | 18 |
| Private $\quad$. $\ldots . . .$. | 7 | 7 | 14 |
| Brown and Bell Fund |  | 3 | 3 |
| Totals | 184 | 170 | 354 |

Annapol
Antigoni
Cape Br
Colchest
Cumberl
Digby.
Guysbor
St. Mary
Halifax
Halifax
Halifax
Dartmo
Hants,
Hants, 1
Inverne
Kings
Lunenb
Lunenb
Chester
Pictou
Richmo
Shelbur
Barring
Victoria
Yarmou
Argyle
Queens
Funds .
Private

TABLE XVI.
Balance Lue Hospital, December 31st, 1891.


## TABLE XVII.

## Statement for Year.

1891. 

1891
Amount
Amount

EXPENDITURE.
1891.

Jan. 1. Stock on hand . . . . . . . . . . . . . . . . . . . . . . . . . $\$ 646738$
Dec. 31. Warrants drawn for the year .................. 7081043
$\$ 7727781$
1891.

Amount deducted from Farm Account.


EARNINGS.
1891.

Maintenauce and Clothing …................ $\$ 4948159$
Interest ........................................ 455576
Sales Account, Sundries ........................ $\begin{array}{r}94517 \\ 16813 \\ 92\end{array}$


## TABLE XVIII.

Showing the amount received from Counties and other sources dur-
ing the year 1891-(Income).

| Annapolis |  |
| :---: | :---: |
| Antigonish | 75670 |
| Cape Breton |  |
| Colchester. |  |
| Cumberland | 200000 |
| Digby | 300000 |
| Dartmouth (Municipality) | 188955 |
| Guysboro | 100000 |
| St. Mary's District | 40000 |
| $\underset{\text { Halifax }}{\text { Co. }}$ | 300000 |
| Hants, West | 152737 |
| " East | 81114 |
| Inverness | 150000 |
| Kings. | 400000 |
| Lunenburg | 115900 |
| " Town | 16785 |
| Chester District | $1300{ }^{10}$ |
| Pictou | 272281 |
| Richmond | 180091 |
| Shelburne |  |
| Barrington District | 73000 |
| Victoria. | 60000 |
| Yarmouth | 90879 |
| Argyle District |  |
| Queens ...... |  |
| Funds | 36129 |
| Private Patients | 164669 |
| Provincial Government | 1300000 |
| Water Rates.. | 4800 |
| Sundry Sales | 94517 |

Apples Apples
Allspice
Arrowr
Broma
Baking
Berries
Beans
Butter
Barley
Biscuit
Beef
Buckw
Preserv
Cocoa
Cassia
Cloves
Curry
Chocol
Corn S
Corn M
Citron
Cheese
Cranbe
Coffee
Curran
Cream
Ducks
Essene
Eggs
Fish, F
Fowls Flour
Fish, D
Ginger
Geese
Gelati
Hops
Hams
Haddi
Herrin
Herrin
Lobste
Lamb
Lard
Lemor
Rabbi

## TABLE XIX.

Expenditure.

## FOOD.

| Apples (Evaporate | \& 2400 | Rhubarb | 50 |
| :---: | :---: | :---: | :---: |
| Apples | 15525 M | Mackerel | 835 |
| Allspice | 430 1 | Mustard | 1940 |
| Arrowroot. | 500 | Malt | 650 |
| Broma | 1008 | Macaroni | 880 |
| Baking Powder | 6796 | Milk | 153819 |
| Berries . . . . . | 7315 | Molasses | 30859 |
| Beans | 1656 | Mutton | 23356 |
| Butter | 238997 | Marmalade | 225 |
| Barley | 5397 N | Nutmegs | 450 |
| Biscuit | 12957 | Oatmeal | 7 |
| Beef | 531621 | Oysters | 445 |
| Buckwheat | 306 | Oranges | 1250 |
| Preserves | 150 | Onions | 4456 |
| Cocoa. | 1013 | Pork | 12215 |
| Cassia | 400 | Pickles | 950 |
| Cloves | 140 | Pepper | 815 |
| Curry | 30 | Prunes | 14.40 |
| Chocolate | 245 | Peaches (Evaporated) .. | 60 |
| Corn Starch | 160 | Peas | 104 |
| Corn Meal | 12024 | Potatoes | 91987 |
| Citron | 200 | Partridges | 5 |
| Cheese | 11517 | Rice | 10481 |
| Cranberries | 4615 | Raisins | 6963 |
| Coffee | 21470 | Sugar, Brown | 70825 |
| Currants | 4786 | Sugar, White | 7247 |
| Cream Tartar | 3300 | Shad | 1725 |
| Ducks . . | 90 | Sauces | 2040 |
| Essences | 505 | Salt | 5098 |
| Eggs . . | 16500 | Sausages | 3339 |
| Fish, Fresh | 60973 | Salmon |  |
| Fowls . . . | 4085 | Soda | 124 |
| Flour | 264570 | Saur Kraut | 480 |
| Fish, Dry | 44653 | Sago | 1200 |
| Ginger | 650 | Suet | 515 |
| Geese | 8360 | Syrup | 585 |
| Gelatine | 500 | Tea | 89396 |
| Hops . . | 450 | Tapioca | 750 |
| Hams | 11723 | Tongues | 550 |
| Haddies | 1675 | Turnips . | 210 |
| Herring. | 8000 | Tomatoes | 592 |
| Herring (Smoked) | 400 | Turkeys |  |
| Lobsters . . . . | 746 | Veal | 5158 |
| Lamb | 4800 | Vinegar |  |
| Lard | 375 | Vegetables (Evaporated) | ) 3180 |
| Lemons | 235 | Vegetables (Canned) | 00 |
| Rabbits | 60 | Carried forward...\$ | \$1926721 |

TABLE XIX.-(Continued.)

Brought forward
$\$ 19267$ 21

MISCELLANEOUS.

| Baskets . . . . . . . 2748 | Return Mainten'ce. 8216 |
| :---: | :---: |
| Telephone ...... 9095 | Cows .......... 19500 |
| Industri'sPatients.. 5205 | Conveying Patients |
| Harness andrepairs 13845 | to Hospital . . . 1648 |
| Printing. . . . . . . . 34385 | Incidental ...... 25 |
| Wheelwright..... 9401 | Binding Strips.... 200 |
| Advancesto patients 2539 | Marking Ink .... 400 |
| Medical Certificates 8000 | Twine . ........ 705 |
| Insurance ......1235 00 | Sweeping Chimney 200 |
| Cab Hire . . . . . 150 | Plating Silverware 3075 |
| Rubber Sheets.... 2280 | Scales.......... . 1300 |
| Medical Books.... 3991 | Steam Cook Boiler, 700 |
| Veterinary Surgeon 10800 | Plate for Type- |
| Statute Labor . . . 1900 | Writer . . . . . . 125 |
| Tuning Piano .... 400 | Apparatus ...... 13166 |
| Re-captures ...... 2310 | Springs ....... 80 |
| Organist......... 4000 | Kraut Knife..... 300 |
| Express charges on | Packing Case .... 200 |
| parcels....... 250 | Office assistance . 125 |

Blue
Black Butter
Brooms
Boots a
Brushe
Bucket
Clay P
C'andle
Clothe
Crock
Coal
Dry G
Entert
Furnit
Funera
Ferria
Gas M
Ice
Knife
Knive
Match

Officer
Pay L

Wine
Whisk
Drugs

TABLE XIX.-Continued.
Brought forward.................... 82211485
HOUSE EXPENSES.


SALARIES.


MEDICINE.


TABLE XIX.-(Continved.)

| Brought forward |  | \$60751 47 |
| :---: | :---: | :---: |
| FARM. |  |  |
| Oats | \$322 77 |  |
| Hay | 79528 |  |
| Implements, Seeds, \&c. | 59455 |  |
| Pollard | 28500 |  |
| Bran | 21525 |  |
| Corn | 5200 |  |
| Less sales, Pigs, \&c. | \$2264 85 |  |
|  | 94517 |  |
| REPAIRS. |  |  |
| Smith-work | \$185 09 |  |
| Lumber | 53841 |  |
| Repairs | 409693 |  |
| Masons and Helpers' Wages | 99662 |  |
| Carpenters' Wages . . | 52025 |  |
| Engineers' Assistants Wages . | 111010 |  |
| EXTRAORDINARY. |  |  |
| Clearing Land . . . . . . . . . . . . . . . . . . . . . . | \$157 32 |  |
| Improving Grounds. | 60661 |  |
| Building Ice Chamber | 31879 |  |
| Fitting up and use of Pump . . . . . . . . . . . | 25000 |  |
| SUMMARY Of expenses for year. |  |  |
| Food | \$19267 21 |  |
| Salaries and Wages | 1996101 |  |
| Medicine | 73789 |  |
| House Expenses..... . . . . . . . . . . . . . . . . . | 1793772 |  |
| Miscellaneous | 284764 |  |
| Farm | 131968 |  |
| Repairs | 744740 |  |
| Extraordinary . . . . . . . . . . . . . . . . . . . . . . . . | 133272 |  |

## TABLE XX.

Farm and Garden Produce, 1891.


TABLE XXI.
Articles made by the Female Patients, 1891.


## APPENDIX.

Regulations for the admission of Patients to the Nova Scotia Hospital for the Insane.

Whenever the admission of a patient is desired, application should be made to the Medical Superintendent, who will at once transmit a blank form (the Statement). This form may be made out by the Physician, nearest relative, or friend, and the answers to the questions therein carefully and accurately written out, as it is the chief source on which reliance can be placed, in so far as the previous history and present condition of the patient is concerned, and is entered on the records of the Hospital. It must be sworn to before a magistrate.

On receipt of the statement, an answer will be transmitted. If the case be one suitable for admission, two blank forms of Medical Certificate, and a blank Warrant in case of Patient chargeable to the Municipality, or blank form of Bond for private Patient, will be sent to the applicant.

The Medical Certificates must be made out by duly qualified Medical Practitioners (those whose names are annually published in the "Royal Gazette,") or they cannot be received. See Clause 21, Chap. 38, Revised Statutes, Fifth Series.

These certificates empower two County Magistrates to make out the Warrant and commit the Insane person to the Hospital.
N. B.--In any county in which the Municipal Council has appointed Magistrates to commit insane persons to the Hospital for Insane, two of those so appointed must sign the warrant.
Upon presentation of proper Medical Certificates and Warrant, or Bond, at the Office of the Commissioner of Public Works and Mines, an order of Admission may be furnished, with which order and other papers accompanying the patient, admission at the Hospital follows.

In a crowded state of the Hospital, the commissioner must give the preference of admission to presumably curable cases.

Two good suits of Clothing, at least, should be sent with every patient. A third suit for occasional use is very desirable.

Those about to be committed to the Hospital should invariably be informed of it before leaving home. Everything like deception must be scrupulously avoided. No promises as to the precise time of their return should ever be made.

In order to be benefitted by hospital treatment, patients should be placed under care at an early stage of their disease.

The following clauses of Chapter 38, of Revised Statutes, Fifth Series, are appended for the information of those desiring the admission of a patient:-

Clause 21. In every case where admission is sought for a patient, a statement in writing in the form of Schedule A shall be filled up and sworn to before some justice of the peace by a party cognizant of the facts therein contained, and forwarded to the Medical Superintendent for examination; and his answer and approval shall be received before the patient is forwarded. No person shall be received into the Hospital for the Insane as a patient without a certificate as in Schedule B, from two qualified medical practitioners in actual practice in the Province, of whom the one shall not be the son, brother, partner, or assistant of the other, the examination therefor having been made not more than 30 days before admission.

Clause 22. In case of private paying patients, a bond shall be given to the Commissioner of Public Works and Mines, with sufficient sureties for payment of expenses, and a payment of one quarter's board shall be made in advance. Such bond may be sued on as often as shall be necessary, and recovery had in the supreme or county courts, according to the amount sued for and according to the ordinary practice of the court in like cases.

Clause 26. In case such person shall have been certified to be insane by only one medical practitioner, before his apprehension, he shall be again examined and certified, as in Schedule B, by two duly qualified practitioners, to be appointed by the Commissioner of Public Works and Mines, before he shall be admitted into the Hospital.

Clause 30. The Commissioner of Public Works and Mines, in the case of patients now in the Hospital for the Insane, or on whose behalf admissions are sought, and where, in his judgment, there are circumstances justifying a departure from the ordinary rates, may make special agreements for the amount and payment of board ; and where a patient from violence or otherwise requires a special or extra attendant, such extra attendance shall be charged and paid for in the same manner as the ordinary charges.
N. B.-The Superintendent has no power to admit a patient without the order from the Commissioner Public Works and Mines.

## DISCHARGE OF PATIENTS.

When a patient recovers, the friends are notified, and upon their application, with the Medical Superintendent's certificate, the order for discharge is granted by the Commissioner of Public Works and Nines.

In cases of doubtful recovery, after six months' residence, it is now customary to grant leave of absence " on trial." If a relapse occur before final discharge, the patient is at once re-admitted without any new formalities.

## SCHEDULE A.-STATEMENT.

To be forwarded to the Medical Superintendent when apptication is made for the reception of a Patient.

Some member of the family or acquaintance (assisted by the attending physician, if practicable) should give a full and complete answer to each question-all facts thus given will be regarded as private or professional communication.

1. Name of patient (in full).
2. Where born.
3. Son (or daughter) of. Give names of parents, and state whether they are or are not blood relations.
4. Residence

County of
5. Age , last birthday.
6. State as to marriage. Single, married, or widowed.
7. Number and age of children. If female, give date of last childbirth.
8. Occupation (or that of father or husband).
9. Personal characteristics. Give any physical defects or pecuiiarities. Habits as a child and since then; disposition and tastes; success in business or condition of life. Has the patient any vicious habits or always led a regular life; is he or she addicted to the moderate or immoderate use of alcoholic beverages, or if a total abstainer.
10. Family history. Give all facts pertaining thereto-if any relations have been insane, hysterical, nervous, or have have had fits, convulsions or syphilis, and whether on paternal or maternal side. Have either been addicted to intemperate use of stimulants or narcotics?
11. Education.
12. Religion.
13. Previous attacks. State if patient has ever had convulsions, fits, or any previous attack of insanity. The age at time of attack, its character, duration and treatment employed. If sent to an asylum, state where, and the result of treatment. Give particulars of subsequent attacks, if any.
14. Previous health. Has the patient ever had sunstroke, or any injury of head, or any other serious injury, or any serious disease, such as fever, ague, syphilis, gout, rheumatism, consumption, or affection of lungs, heart, brain, kidney, or other organ. Has patient ever been delirious, and if so, give supposed cause.
15. Present attack. Give date of any change in the usual condition of habits, disposition and temper. What was the change ? Has he or she been rash or speculative of late in business, or has he or she exaggerated notions of ability, strength, power, \&c. What has been done so far as regards care or treatment ?
16. Assigned causes. Give supposed cause or causes, predisposing or remote, and the exciting or present cause.
17. Duration of present attack. Give date of its commencement.
18. Whether subject to epilepsy. State if patient has falling sickness or fits of any kind.
19. State as to sleep. Sleepless or restless at night ?
20. Appetite for food. Natural, depraved, fastidious or absent.
21. If dangerous to others, how ? Give full particulars. State every attempt to injure others. Was it from sudden passion or premeditation? Has the patient been subject to mechanical restraint or confinement, and if so, where and in what form, and for how long a time ?
22. If suicidal, in what manner. State whether attempted or threatened, and how often?
23. Present condition. Whether in usual health, or feeble and emaciated, is the voice natural, or is there hesitancy or stammering in speech? Is there any paralysis, or loss of power of limbs ? Is sight and hearing natural ? Is patient excited or quiet, pleasant or moody and irritable? What is the occupation during the day or night? Is their failure in memory, or are the ideas exaggerated ?
24. What delusions. Give their characteristics. Are there false impressions concerning the individuality or surrounding? Are the ideas connected, or is the mind continually wandering? Is a word dropped or forgotten in conversation, or mispelled or absent in the writing?
25. Present habits and propensities. Is the patient filthy in habits or language, or destructive of clothing, furniture, or glass? Is there indulgence in secret vice, and if so how long ?
26. Pecuniary circumstances, and to whom chargeable. Answer both questions.
27. Name and addresses of
I. Physicians.
II. Party giving the history.
III. Correspondent to whom letters may be addressed.
IV. Telegraphic address.

I, A. B., make oath and say that to the best of my knowledge the above particulars are correctly stated, and I hereby request you to receive the above-named _, whom I saw at _ on the ——day of - (being within one month from this date), as a person of unsound mind, as a patient, into the Nova Scotia Hospital for the Insane.

Sworn to before me, one of Her Majesty's justices of the peace for the County of - - , this - day of - - , 18-.

Name,
J. P.

Address,
Degree of relationship (if any) or other circumstances of connection with the patient.
N. B.-If any of the particulars in this statement be not known, the fact is to be stated. No patient to be sent to Hospital until a reply shall have been received to this statement.

Note-All letters of en guiry will receive a prompt reply. Severe illness, or the occurreace of anything of moment, will be immediately communicated. Stamps must be enclosed to prepay replies.
ledge the st you to -, on the late), as a Hospital
peace for
J. P.
onnection
t known,
until a

Severe mediately

## SCHEDULE B.-CERTIFICATE.

## I, the undersigned ${ }^{(a)}$

 being ${ }^{(b)}$hereby certify that $I$, on the
(a) Name in and in actual practice, (b) Qualifica day of 18 at( $(9)$ in the County of
(c) Locality separately from any other Medical Practitioner, personally examined ${ }^{(d)}$ of ${ }^{(e)}$
and that the said is a person of unsound mind, and a proper per-on to be taken care of, and detained under care and treatment; and that I have formed this opinion on the following grounds, viz.:

1. Faets, indicating insanity, observed by myself :-* $\begin{gathered}\text { 1. Appearance. } \\ \text { a. } \\ \text { 3. } \\ \text { 3. }\end{gathered}$
2. Facts, indicating insanity, communicated to me by (g) state the in. $\begin{gathered}\text { formation } \\ \text {. }\end{gathered}$ others: (9)
whom.

Name,
Place of Residence,
Date.
N. B.-Two Certificates, (dated within one month of the commitment / are required in every case. The second should not be signed by the father, brother, son or assistant of the Medical Practitioner who signed the first certificate.

[^0]
[^0]:    * The facts upon which (from personal observation) the opinion of insanity has been formed, should always be specified.

