

FIVE MINUTE SERMON

BY REV. WILLIAM DEMOUY, D. D.

NINTH SUNDAY AFTER PENTECOST

EXTERIOR CONDUCT

And entering into the temple, He began to cast out them that sold therein, and them that bought, saying to them, It is written, My house is the house of prayer, but you have made it a den of thieves.

Man can assume innumerable roles in this life. He should assume no more than one, but one that is consonant with righteousness which should really be found in his heart.

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They have complained against history being taught in such a way that prejudices would be created in the minds of the children in favor of the Catholic Church!

They joined to their complaint the insinuation that a secret "propaganda" existed, which was working to undermine the principles of Protestantism!

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Three Years of Suffering Quickly Relieved by "FRUIT-A-TIVES"



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"For three years, I was a terrible sufferer from Dyspepsia and my general health was very bad. I consulted a physician and took his medicine and faithfully carried out his instructions; but I did not improve and finally the doctor told me I could not be cured.

At this time, a friend advised me to try "Fruit-a-tives" and I did so. After taking two boxes of "Fruit-a-tives", I was greatly relieved; and gradually this marvelous fruit medicine made me completely well.

My digestion and general health are splendid—all of which I owe to "Fruit-a-tives".

GASPARD DUBORD.

50c a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa, Ont.

DIFFIDENCE AND SERVICE

The recurrence of the feast of St. John the Baptist reminds us how admirably inspirational the life and character of this great saint should be to the Catholic men of today.

In this period of distracted souls the man who knows Christ, has a real mission to be a herald of His God to those who have not heard His message.

In trusting so much of the spread of His Gospel to human agency, our Lord must intend every Catholic, according to one's individual sphere of influence, to be the instrument of a wider diffusion of faith and trust in the religion and the Church which He founded.

The reserve felt by so many Catholics in speaking of religion should be deliberately set aside, and the earnest Catholic should watch for opportunities to speak of God's goodness as he has learned it in the intimate ways of personal religion.

SEARCHING ANALYSIS OF "TRENT"

PROTESTANTISM'S ROOTS AND TENDENCIES

The former Protestant Episcopal Bishop of Delaware, but a Catholic layman now, Dr. Frederick Joseph Kiesman, in his excellent book on "Trent," subjects to a searching analysis the early character and the present tendencies of Protestantism.

"There was rebellion against authority as such. To begin with, it was revolt of the laity against the clergy on the assumption that none had right to exercise authority over another in spiritual things; and this in spite of the fact that the overthrow of constituted authority resulted in setting up some intolerable tyranny.

"There was also a common hatred of asceticism, a revolt of human passions against the Church's strict control. Henry VIII. and Luther found many to back them in their war on monks. Instances of monastic corruption there undoubtedly

THE CHURCH AND THE BIBLE

The Catholic Bishop of Northampton, England, neatly turned the tables on Bible Protestants when, from his Cathedral pulpit, he urged upon them that if they wish to retain the Bible or any logical principles at all, they must come back to the Catholic position and accept the authority of the Church.

We have seen, Bishop Keating said to the Protestants, what have Higher Criticism has made of the Bible, because it has been handled as a book and not as an authentic document of the Church.

Falling into the language of the war; the Bishop pointed out that in these days when the dogmas of religion seem to be falling into ruin, the one army that holds the trenches is the Army of the Pope.

The Catholic Church, Bishop Keating concluded, has defended the Catechism of the Bible, because the Church alone, with its principles, is capable of defending the Bible.—Southern Cross.

Prayer is speaking to God from the heart.

PIMPLES ON FACE CUTICURA HEALS

Caused Disfigurement. Itchy and Burning. Had Restless Nights.

"My face came out in little pimples that were sore, and I scratched them constantly, and then they turned into scales, causing much disfigurement. The skin was so itchy that I irritated it by scratching. The burning was fierce, and I had many restless nights.

"This trouble lasted about a year before I used Cuticura Soap and Ointment, and after using three cakes of Soap and two boxes of Ointment I was healed." (Signed) W. Byrns, St. Basile, Que., Nov. 23, 1918. Make Cuticura Soap, Ointment and Talcum your daily toilet preparations. Soap 25c, Ointment 25c and 50c. Sold throughout the Dominion. Canadian Depot: Gorman, Limited, St. Paul St., Montreal. Cuticura Soap shaves without mug.

How Coca-Cola Resembles Tea

If you could take about one-third of a glass of tea, add two-thirds glass of carbonated water, then remove the tea flavor and add a little lemon juice, phosphoric acid, sugar, caramel and certain flavors in the correct proportion, you would have an almost perfect glass of Coca-Cola.

In fact, Coca-Cola may be fairly described as "a carbonated, flavored counterpart of tea, of approximately one-third the stimulating strength of the average cup of tea."

The following analyses, made and confirmed by the leading chemists throughout America, show the comparative stimulating strength of tea and Coca-Cola stated in terms of the quantity of caffeine contained in each:

- Black tea—1 cupful (hot) (5 fl. oz.).....1.54 gr.
- Green tea—1 glassful (cold) (8 fl. oz., exclusive of ice).....2.02 gr.
- Coca-Cola—1 drink, 8 fl. oz. (prepared with 1 fl. oz. of syrup)......61 gr.

Of all the plants which Nature has provided for man's use and enjoyment, none surpasses tea in its refreshing, wholesome and helpful qualities. This explains its almost universal popularity.

The Coca-Cola Company has issued a booklet giving detailed analysis of its recipe. A copy will be mailed free on request to anyone who is interested. Address:

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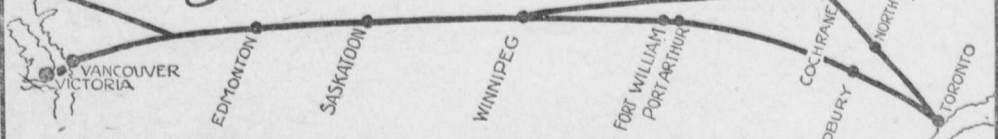
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CHATS WITH YOUNG MEN

AFTER A RETREAT

What hast thou learnt today? Hast thou sounded a wail... Hast thou pierced the veiled skies...

THE GIFT OF HUMOR

I had rather be strong, affectionate, loyal, noble minded, than be the best humorist in the world...

HOLD ON

Hold on to your hand when you are about to do an unkind act. Hold on to your tongue when you are just ready to speak harshly...

OUR BOYS AND GIRLS

MOTHER'S WAY. Oh! within our little cottage, As the shadows gently fall...

THE EVIL OF IDLENESS

Commencement exercises always bring back a host of memories to the graduates of other years...

JIMMIE'S PRAYER ANSWERED

"Have you any near relative?" "No." "Any particular friend?"

TEAM PLAY

To fill our place, to do our work, to fulfill our destiny, nobly, bravely, persistently...

"An athlete?" said the visitor. "But he's a cripple, isn't he?"

"Yes. But he used to play on a team in college. He was a fine runner, light and swift..."

Mr. Bentman inquired the fee, paid it and left. On his way to the hotel he murmured several times: "And this is the great Dr. Morsely! And I came six hundred miles to consult him and he wants me to walk back!"

He unsling a pack from his back, and took therefrom some meat, cheese and bread. Having satisfied his hunger he lit a cigar.

The little fellow looked tired and dusty and one foot was bandaged with a blood-stained handkerchief.

"I'm glad to meet you. You are a pilgrim, ain't you?" "Well, perhaps I might be called one."

As soon as I saw your pack and stick I knew you were. Mother says people always have a pack and a stick when they go on a pilgrimage.

"I am sorry. The look of hope faded from the round blue eyes, and they darkened as does the sky when rain threatens."

"Do you know that France is a great way off, and that you must cross the ocean?" "I know it's way, way off, and I must hurry."

"The boy looked up from his attempt to bandage the foot when Bentman reached him. 'I'm so glad you are going with me!'"

"I was forty-six my last birthday." "You have no cause for worry—your business is in good shape?"

"I am going because father is sick; he can't go; and because Our Blessed Lady will cure him if I go and pray for him there."

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yourself you must take an interest in some one or something and this will stir your blood and cause a new kind of heartbeat."

"I'll think it over doctor. And what about my loss of appetite?" "Take more exercise out of doors."

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100% FLAVOUR "SALADA" is all fresh, flavoured young leaves that yield generously in the teapot. Always reliable.

Then the Blessed Mother will cure you at Lourdes.

"Now if I promise to take you to Lourdes, first on a train, then on a big, big boat, will you show me where your mother lives so we can ask her permission?"

"Yes, sir." "Jimmie," said the man after they had begun to retrace their steps, "Jimmie, are you hungry?"

"I brought two pieces of bread with me, but I ate them." Mr. Bentman unsling his pack, and Jimmie fed heartily upon the cold meat, bread and cheese.

"Not much, sir; and—and I think it's getting better." "You can't walk any further. Did you ever play 'pig-a-back'?"

"Yes, sir." "Well, then climb on to my back—now—that's better, and I think we can get along faster."

By now Mr. Bentman's heart was beating right merrily to a good, wholesome, old-fashioned tune. The twilight was coming rapidly out of the east when Jimmie and Mr. Bentman, "pig-a-back" style, came into the neat cottage yard.

"You are Father Daly?" "Yes." "My name is Bentman." Here followed a short account of himself and of Jimmie's adventure.

"Well, Jimmie is the fine little chap he showed himself yesterday, the father though hopeful and brave is very sick, and the mother is praying and crying for him."

"What of Lourdes? You surely haven't told the boy of these wonderful cures unless they are true?" "The cures at Lourdes are true enough; thank God; but not every one is cured."

Alarm is felt among all classes of society over the ever increasing divorce evil, especially in America, which leads the world in the vast number of legal separations allowed annually.

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all the useful King had set a beautiful example for his illustrious descendants and fellow Protestants to follow.

Although one of the favorite stock-in-trade objections of Protestantism is that the Catholic Church interposes too many obstacles between man and his maker, the truth is that the Church sets too many barriers between the soul and material evil, such as divorce, and a religion based on private judgment, which means eventually that everybody may do what he pleases and believe what he wants to believe.

Back to Holy Church," the Catholic faith as complete Christianity opens all possible avenues for the soul to approach God, and at the same time sets barriers against moral and material evils which war against the soul of man.

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Why Not Make Your Will?

It is a business arrangement which we should not neglect, and it is a simple matter. If you should accidentally be killed without making your will, your estate might be distributed contrary to your wishes.

YOUR WISHES WILL BE FAITHFULLY CARRIED OUT AND YOUR HEIRS PROPERLY PROTECTED IF YOU APPOINT THIS COMPANY YOUR EXECUTOR. SEE YOUR SOLICITOR OR ARRANGE FOR AN INTERVIEW WITH US. CORRESPONDENCE INVITED.

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that sadness was proper only in the servants of Satan. Life is indeed a vale of tears, but we shall not always walk in the shadow of this valley, for our life here is not a resting place, but only a sojourn.

Nothing so needs reforming as other people's habits. ABSORBINE STOPS LAMENESS from a Bone Spavin, Ring Bone, Splint, Curb, Side Bone, or similar troubles and gets horse going sound.

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LEAVES ON THE WIND. New Volume of Verse by Rev. B. A. Casey. "At the Gate of the Temple" Editor of "The Canadian Freeman" \$1.25 Postpaid Catholic Record LONDON, CANADA

FATHER CASEY writes with sincere and deep feeling. His uplifting heart-sonnets carry many weary winged messages to the earth-worn weary children of men. Many chords are touched to which the heart strongly vibrates; tender chords of Erin's love and sorrow; chords of patriotism and chords of piety; chords of adoration and homage that lift the soul to the very Throne of the Most High.

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Alarm is felt among all classes of society over the ever increasing divorce evil, especially in America, which leads the world in the vast number of legal separations allowed annually. This great and constantly growing cancer of divorce is a social disease which has developed out of the Protestant idea of Christianity. The origin of the evil has been powerfully portrayed in the moving picture "Deception," produced by German artists, and historically depicting the amours of the Blue-beard English King Henry VIII, and several of his numerous "wives," particularly Anne Boleyn. The lascivious monarch broke with Rome when the Head of the Church refused to sanction his divorce from his faithful wife of twenty years, Catherine of Aragon. The crafty, ambitious and double-faced Cranmer slyly hinted that a way could be found by separating from the authority of the Church, so Henry VIII, announced himself to be the head of the English Church and gave free reign to his desires. The Christian code of marriage was founded on the divine law of Christ. "What therefore God hath joined together, let no man put asunder," but this meant nothing in Henry's young life. The Head of the Anglican Church entered upon a career of successive polygamy and murder, Jane Seymour and many other unfortunate women following the fate of Anne Boleyn.

