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#  

DEVOTED TO; THE INTERESTS OF: HOMGOPATHY AND' OF THE MONTREAL hOMEOPATHIC HOSPITAL.

Vol. VII. No. 8.
MONTREAL, AUGUST, 1902.
25 cts. A YeAR:

#  

——PUBLISHED MONTHLY -<br>Byythe Montreal-Homoeopathic-Hospital.


#### Abstract

Communications relating- to business-and suiscriptions to be'sent to the Business Manager, care Sterling Publishing Co., $\mathbf{4 2}^{-L}$ Lorne Avenue:

Mannuscripts;-news ritems;etć, should be addressed io A. D. Patton, M.D., Editot Kecords,58 Grescent Street.


## DEBT RAISING:

Since the last issue of this-paper went to press the tinancial' condition of our liospitalihas undergone argteat change for the better. We are more than pleised to be able to chronicle such events, coming as this does to brighten an overclouded financial horizon. 'ihrough the generosity, of the late Mirs. Wm. Arnott, we have $\$ 1,000$ to apply on the payment of our-ftoating debit. At present this debt totals up $\$ 1,900$, or $\$ 100$ less than it was at'tlie leginning of 'the year, which means that we have been able to run the institution, accomplishing more work than ever before, with consequent moreased expense; yetilhave paid off' $\$ 100$, of the old debr'; all thiss in' spite of the great falling off in our subscriptions. This is oar: position to-day: It is the earnest desire of the management to see our hospital free of debt ere the close of the present year, and’ we MUST' accomplish this end: Incidentally we may remark, that a hospital free of debt is a unique institution, and such position is the best standing ad vertisement-obtaimablè.-

As before stated, we have $\$ 1,000$ avail: able, leaving $\$ 900$ to be raised; and right here is your opportunity. How much will'you give, on condition that the whole amount is collected? It will not tak'e much of ${ }^{\prime}$ a united effort to rid us of this drag on the liospital's progress; and you may rest assured that from experience gained we will not readily again encumber ousrelves. Help.us.to puy. this off once and forall and we will have no occasion for further'appeals to your generosity: After this, if you want to giveus money you will have to hunt us up, and you will probably get lonesome while missing the accustomed wail of the mendicant.

It seems there is some fear of nurses who aretired out with private nursinglat home-trurrying off to South Aifrica; under the impression that' work will be found much easier there. This is a mistake. It is folly. to think that- private nursing; or, indeed, nursing of any: kind, can be easy. - Conscientious nurses have not- an casy time, and very: few expect-it ${ }^{2}$ and women: who want to escape hardships should not project themselves: into a young colony. Moreover, adaptability.to circunrstances and surroundings, and: a happy, helpful tactfulness which- makes everyework a plessure; are of the first importance amongst pioneers. The faet that private nurses at the Cape are paid $£ 33 \mathrm{~s}$. a week as against- £2 2s: at home is not so great a rise as at first appears ; the cost of living and clothes are excessively:expensive in South Africn!-British -Journal of Nursing.

## OUR SUPPLEMENTI.

With this number we present our subscribers with an account of the representations of Homocopathy which took place in Washington and Paris in the closing year of the last century:
This should have appeared at the time, but was prevented by the severe illness of the official reporter, which hindered her from revising her notes, and afterwards escaped our attention till now. As the truth is the same yesterday, to-day and forever, we think it will not fail to interest our readers even at this late date.

In deference to the wishes of our friend, Dr. Fisher, we have adopted a larger type, as he remarked: "If I were a paternal despot I should make it felony to cast a type under an eighth of an inch in length, and should thus save people's eyes in spite of their ignomance."

## MEDICAL AND SURGICAL

## MEEIING.

The fifteenth annual meeting of the American Association of Orificial Surgeons will be held in Chicago, September 10 th and 11 th, 1902. A progranme is being made up of lectures and pipers by the leading specialists and practitioners in rectal, genito-urinary and gynecological work, and in the treatment of all chronic diseases. The orificial surgeons are the workers in the great field of the reflexes, and the profession generally is every day being brought closer to a rualization of the fact that the reflexes play a most important part in the chronic manifestations of disease. Papers and discussions will cover the entire scope of che work, preparatory, operalive and therapeutic, and the sessions will be of grent benefit to all who attend. H. C. Aldrich, M. D., of Minnerpolis, Minn, President; Ralph St. J. Perry, M. D., Secretary, Farmington, Minn.

Tris versicolor, not lower than the 30th potency, is a good remedy for constipation, according to Dr. Claude.

Chelidonium is a remedy for enlarged liver. According to Burnett it is an "organ remedy," its organ being the liver. It is one of the remedies that acts better in the tincture, 5 drops being the proper dose.

Hepar sulph. is indicated in a croupy cough, with much rattling of mucus.

When your "bones ache" take Eupatorium per.
If threatened with quinsy take a few doses of Lachesis, a remedy, according to Hering, that will, in many instances, prevent the developnent of the disease. :

Melilotus is a useful remedy for headaches where the face is flushed and the head feels too full of blood.

Rhus tox. is useful in all itching, burning, acute skin eruptions; also, in stiffness of joints and rheumatism where motion releives the pain.

- A sort of despairing, hopeless feeling" is a call for Natrum mur. 30.

Chronic malaria is often radically cured by Natrum mur. 30 .

Flow of watery mucus, or clear water from nose and eyes is cured by Natrum., mur. 30 .

The Natrum mur. patient is nearly always thin or emaciated.

For what is ordinarily known as "sore. throat" Belladomna is the best remedy.

Water brash, bitter belching, find a remedy in Bryonia.

For chan:bon, or anthrax, in horses or mules Hurndall recommends Anthracinum and Lachesis.
A.septicon is one of the best mouth washes known. It 'keeps thie teeth, mouth and throat clean and the breath sweet. Tobacco users find it-excellent for this latter use.

The free use of olive oil-pure olive. oil-is the best preventive of constipation; it also tends to make the skin soft.
Pure unfermented grape juice is the best food in all fevers or low state s wheu a patient wants no frod.

The chronically pale and bloodless are always benefited by Physiological Toni-cun.-Homa. Envoy.

HIN'S FOR MEMBERS OF THE

# PUBLIC EMPLOYING PRIVATE NUISES. 

35 MISS MOLLETT, Matron, Royal South Ifants Hospital,
Southampton.

I read with mixed feelings the other day a little pamphlet called "Don'ts," containing a quantity of negative advice to nurses-private nurses-no doubt good advice, but advice that was so obvious that one could not but wonder, at first, as to what kind of nurses the authoress had met, and where on earth they had hailed from. Then, however, as I speculated on the often extraordinary behaviour of the general public (from whom, after ail, nurses spring) towards nurses, I thought ir might not be superfluous to embody a little advice to the said public, also in a series of DON'I'S. which, with sincere apologies to the original authoress for my plagiarism, I do :-

DON'T engrage a nurse who is not a trained sick-nurse, and then abuse the whole profession for the shortcomings of one who is practically an impostor.

DON'T send an institution a satisfactory account of an unsatisfactory nurse because you have not the moral courage to send a true one, and then ease your conscience by abusing nurses in general to your friends.

DON'T cease to be mistress in your own house because you have a nurse. Keep the reins in your own hands; it is better for everyone.

DON'T make a bosom friend of a perfect stranger simply because she comes to your house as a nurse; don't initiate her into all your family secrets and then speak of her, when the danger is over ani you have cooled down, as "that prying, inquisitive woman."

DON'T engage a woman as a sick-nurse, presumably because you have a sick person in the house, and then expect her to act as extra housemaid.

DON'T encourage the servant to refuse all help to the nurse. Lectures of advice to private nurses teem with instructions for propitiating the servants. This should be entirely unnecessary if the lady of the house is really its mistress,

DON'T expect a nurse to know by instinct the working of your house; see yourself that she is properly housed and properly fed, and explain to her how you wish her to manage in domestic matters.

DON'I attempt to overrule the doctor's orders to the nurse ; appeal to him yourself if you wish anything altered. Remember he is the nurse's professional superior.

DON'I' tempt your nurse to be disloyal to the doctor under whom she is working by trying to persuade her to give you her private opinion of his treatment; whether she knows anjone "especially good at the patient's complaint," "if you think the medicine suits dear Carry," Sc. This is frequently done.

DON'T artlessly engage an enthusiastic nurse in professional conversation and draw from her delightfully harrowing details about former cases and hospital work, and afterwards deride her behind her back for "always talling shop" and "telling such terrible stories."

DON'I wonder, when you have grudgingly allowed the nurse six hours' rest in the twenty-four for a week that she is not "fresh as paint" at the end of that time. Wonderful to relate, a sick-nurse is a hunan being, and is as likely to be worn out as a signalman who does twelve hours' duty in the twenty-four.

DON'I marvel that a young woman with a healthy appetite does not find a cup of tea sufficient food when on night duty from $9 \mathrm{p} . \mathrm{m}$. to $9 \mathrm{a} . \mathrm{m}$. Remember that hospitals provide two meals during the night for their night nurses-one a substantial one.

DON'T imagine, because a nurse does not admit unlimited friends to a patient's room, that it is always done out of sheer "contrariness." The irritation, the physical discomfort, and the lassitude induced by severe disease often cause patients to have no desire to see their nearest and dearest, strange as it seems to those in health. Very often the rest from even pleasurable emotion is a strong factor in treatment, and where the relatives and friends feel themselves aggrieved at not being allowed free access to the sick-room they should always appeal to the doctor for a definite statement, as the delicate task of "keeping people out of the room as much as possible" is often left to the nurse.

Often, also, alas ! the nursc's amouncement that Aunt So-and-so wants to see the sufferer is met with au irritable "For Heaven's sake, keep that chattering old woman out of the room. T'ell her I'm asleep, tell her it's against doctor's orders, tell her anything, but don't let her in." So Aunt So-and-so trots off to say that poor Jim has a very uppish young woman for a nurse, who would not let her into the room.

And last, but not least, oh, my public-
DON'T send the fool of the family to be trained as a probationer: she will be of no more use in a hospital than she is at home, I assure you.

Believe me, oh, great general public, the grambling is nor all on your side. I have known a nutse-really a lady, (who could, rherefore, see the humour of $i t$ )who arrived at a house to nurse a case, for whom not the smallest attempt at sleeping accommodation had been provided. She was indebted to a groodnatured housemaid who lent her her bed during the day. What a storm you would have made, my public, if your daughter, probationer at St. Somebody's Hospital, had been so treated :-IThe British Journal of Nursing.

## COMPLEXION REMEDIES.

Sepia. A yellow saddle over the nose and the upper part of the cheeks ; yellow spots in the face.

Argentum nitricum. Grayish-blue, bronze or black complexion, especially in syphilitic persons.

Lycopodium. Unhealthy, inactive skin, brown liver spors.

Jodium. Rough, dry, smutty yellow or brown skin.

Hepar sulphuris. Yellow skin as in jaundice.

Thuja. The skin looks dirty. Dark brown spots here and there (in tertiary syphilis).

Petroleum. Brown and yellow spots on the skin.

Plumbum metall. Dark brown spots on the skin especially during pregnancy. The skin is dry, withered, with yellow spots.-Honcrop. Envoy.

## FEART TROUBLE.

In their waty of living and way of dying Ingersoll and Roswell $P$. Flower were typical of a very large class. Both led sedentary lives. Both had a great deal of superfluous flesh. Both had large appetites and apparently super) digestions. Both died of "heart trouble." Almost invariably in men of this sort "heart trouble" means simply stomach trouble, the result of indifference to or unbelief in the simple laws as to eating and drinking. The fallacy that "nature knows what she wants, and by giving a man a huge appetite signifies that he must eat hugeiy," numbers its victims by the tens of thousands. Living up to this fallacy produces what appears to be and in some cases may be heart trouble. Then the man with the big appetite attributes all his sufferings from indulgence in food and drink not to his "robust appetite". but to his "weak heart." He takes care of his heart, but continues to overload his stomach. And if any one, even his physician, tries to warn him against indulgence of his " hearty, healthy appetite," he laughs or gets angry. It takes little food to provide all the nourishment the body needs. All above that little is superfluity, and man must constant lyguard against the tendency to increase this superfluity. When age appronches the amount of nourishment necessary tends to decrease, but appetite tends to increase. Hence these untimely deaths of men in their physical and mental prime. Always leave the table hungry. And when you do not feel well do not eat at all. -The World.

Rumour has it that Miss Haines, of the London Hospital, who has had special experience in the nursing of cases of appendicitis, and has proviously been employed in the royal household, is nursing the King by day, and that his night nurse is Miss Fletcher. a staff nurse from Miss McCaul's nursing home in Welbeck Street.-Ex.


## FISHER OF MON'IREAL.

Fisher was there-Fisher of Montrea, -with the same hat perched on his canel the same cye-shade, and the same air of being asleep throughout the meeting. But he wasn't. He has a most remarkable memory for voices. We heard him call several persons by name whom he could not see at the time, and he said he did so by the memory of their voices. We were speaking with Dr. Peck about the number of members recently registered, when Father Fisher saic, "That is Dr. Kraft, ssit not'"" He remembered us from our conversation with him at the International Homceopathic Congress at Paris. He was at Cleveland loaded down with an armful of printed reports of his speech made at the Paris banquet, but which he had there delivered in French. Talking about elderly folks and the Paris Congress reminds us to ask what has become of Nancy T. Williams who was at Paris in 1900, and of whom we have not heard since. The Institute ought not to forget our sister, who was so kind in the matter of funds to that Hahmemam Monument. The other Fisher will be rejoiced to learn that a general practitioner has been elected president.-The American I'hysician

HOSPITAL WANTS.
Money, Movey, Money.
Boxes of soip.
Boxes of stirch.
Boxes of washing soda.
Barrel of sugar.
Barrel of flour.
Fruit for preserving.
Fruit for eating.
An armful of palm leaf fans.
Barrel of chip soap.

LETTERS FROM Dr. Pollock, late house doctor, from 'lexas, indicate a longing for some of our cooling breezes.

## PATRONIZE



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## PHILLIPS TRAINING SCHOOL NO'JES.

Nurses Salisbury and Stroud have returned from their vacations, having enjoyed a plesant holiday.

Nurse Scott is away for her summer holiday, spending it at home.

Miss Duval, "99," is enjoying the cool salt breezes at Metis.

Miss McLagan, "99," passed through Montreal last month on her way to Berlin. Ont., where she has accepted a position as assistant superintendent in the General Hospital. Miss McLagan has not yet fully recovered from her severe siege of typhoid.

The kindness of a lady friend in offering her carriage for an occasional outing, is much appreciated by the Lady Superintendent and nurses. Fresh air does the nurses good.

Now that the hot weather has set in, the work of the nurses and the confinement to duty becomes more telling, an occasional treat in the way of ice cream or fruit would be very acceptable. Remember this and them the next time you use your ice cream freczer or notice the fruit display in the stores.

One of the hardest things for nurses to learn is :ot to prescribe for their patients. Many pride thenaselves on carrying out the doctor's direciions. This, many of them do ; but, unless the doctor is careful to tell them what not to do, he often finds that they have taken all sorts of liberties in doing things 'that the doctor did not order and that he wished left un-done.--Ex.

WE NEED a good cook, and a reliable man to act as porter. We can get lots of them, but not the right kind. Can you help us out?

THE DISPENSARY is open every week day from $11.30 \mathrm{a} . \mathrm{m}$. to $1 \mu . \mathrm{m}$. for the free advice and treatment of the deserving poor, a fee of 10 cents for medicine being charged those who can pay. If you know of any poor people in need of medical services tell them about our outdoor department.

## HOSPITAL NOTES.

DR. E. M. MORGAN, the hospital treasurer, is spending a vacation near Kingston, enjoying the pleasures of yachting.

DR. SPENCER, of Sherbrooke, was in town for a day or two on the first of the month. He reports very favorably of his increasing practice.

DR. O. W. BRADLEX, the latest acquisition to the homoopathic ranks in this city, contemplates going into the acquisition business for himself. The lady hatils from Ottawa.

MANY OF OUR subscribers have failed to advise the business manager of their change of address since May 1st, and there has been consequently much trouble and delay in our mailing department. If this applies to you please see that it is remedied.

WE WOULD like to call your attention to our advertisers. When you need anything in any of their lines make it point of giving them the preference and help us all around.

WE WERE misinformed, in our last issue, about the location of Dr. Baadley's office at Verdun. He will locate in Point St. Charles; at present he is summering at Kingsmere, Ont.

THREE ABDOMINAL sections in 24 hours was the bospital recurd at one period last month, which, in addition to a case of hemorrhage from the lungs, and a very severe case in the Miternity Annex, made quite a busy time for doctors and murses.

DR. FISHER returned last month from his Western ramblings, having attended two homceopathic cunventions in addition to visits of recreation in Toronto and elsewhere. The doctor has gone to Brome Lake for the rest of the summer.

WE ARE VERY much pleased to hear the flattering compliments paid our house and nursing staff, by the outside attending men. Last month was a particularly trying one, owing to press of work in the heat of summer, and we are grateful for the appreciation.

DURING THE PERIOD of seventeen months which the Maternity Annex has been in rumning order, twenty-nine cases have been taken care of, bringing in a
total revenue of $\$ 930.00$. In addition to the training secured, the adding of two extra nurses to our staff has proved a profitable investment. There are four applications for rooms in the Amex for chis month.

WE ARE MUCH pieased to note the substantial increase in our subscriptions last month, which we trust is the forerumner of a brighter era in this respect. We are going to get out of debt this year, so don't miss your opportunity to get in your subscription.

THROUGH TEE KIND thoughtfulness of the children of the late $\mathbf{E}$. J. Barbeau, Esq., the hospital is now in possession of a very fine picture of cur lamented governor and generous benefactor. The picture is a striking likeness of Mr . Barbeau, and we are grateful to the donors for giving us this opportunity, to bear on the walls of our governors' hall, the portrait, and memory of one, whose counsel was of inestimable benefit to our institution.

DR. E. G. TUTILE, of New York, passed through Montreal, on his way to the Northern wilds, where he is spending his racation enjoymg the fishing and hunting. While here, he risited the hospital, and performed two major operations in his usual skillful manner. He was shown througin the institution and expressed himself in very complimentary terms of the hospital and its appointments. He remarked to the Medical Superintendent "Well, you fellows are fortumate in having such a place to take your patients to." Dr. Tuttle is one of the foremost gynecologists of our school in the United States. We hope to see him, when he returns on his way home.

IN THE ANNUAL amnouncement of the Southern Homcoopathic College of Baltimore, Md., just received, we notice among the names of this year's graduates that of Dr. Florence L. A. Evans. Dr. Evans is a daughter of the late Mayor Evans, in is lifetime one of the staunchest friends and supporters our hospital ever had. Dr. Evans has opened an office in Baltimore and has been appointed to the dispensary staff of her college, as assistant to the clinics in gynecology and diseases of children. Dr. Evans writes, wishing to take the examination of our college, in order to obtain the degree from an institution her father was so fully identified with.

IHE MON'IHLY meeting of the committee of management was held July 28th. Attendance small ; after routine business, including the presentation of a very encouraging report of the hospital's progress for the past month, which by the waty was the best July report we have ever had, in point of work accomplished, time was taken up in discussion of the hospital's attitude towards charity patients, and it was resolved to draw the doctors' attention to the necessity of doing all in their power to induce, such patients desiring treatment, to provide for the payment of the minimum fee of 50 cents per day. 'Ihe next meeting will be Leld Monday Aug. 25th.

## DONATIONS IN JULY.

The Lady Superintendentacknowledges with thanks the following :

Mrs. A. Hebert and Mr. L. BarbeauFramed portrait of the late E. J. Barbeau, Esq.
F. L. Girdwood-Cut flowers.
W. C. T. U. Flower Mission - Cut flowers.

Woman's Auxiliary-Bread box, roll of white cotton, roll of linen, 6 basins, receipt for meat acct (\$97.66).

HOSPITAL REPORIT FOR JULY.
Number of patients in hospital July 1, 10
Adinitted.
Private patients -
Sumbinats


Discharged.

| Private patients | - | - | - |  | 13 |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Semi-private | " | - | - | - | - | 5 |  |
| Public | $"$ |  | - | - | - | - | 0 |
| Semi-public | $"$ | - | - | - | - | 1 |  |
| Maternity | $"$ | - | - |  | - |  | 2 |

Died - . - . . - 0
Operations - - - - -10
Number of days private nursing, outside
Number:of days private nursing in hospital
Remaining in hospital Aug. 1st - 18

## SUBSCRIPTIONS AND CASK DONA'IIONS IN JULY.

The hospital treasurer acknowledges with thanks the following:
Mrs. S. Bell - - $\$ 20.00$
Mark Fisher, Sons \& Co. - $10 .(50$
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Mrs. H. S. Shorey - - 15.00
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Mrs. D. W. Ross - - 10.00
Miss Luynachan (Lachute) - 10.00
Mrs. McKergow - - - 1.00
Mr. W. F. Harm - . 1.00
Mr. J. F. Bittinger - - 1.00
Mr. G. H. Olney - - 1.00
Mr . John Murphy (receipted acet) 3.15
Woman's Auxiliary (receipted meat acct.)
97.66
§304.81

## INGROVING NAILS.

I wish to call attention to a method of treatment for this painful affection, which I have used for many years, and $I$ do not remember a failure to promptly effect a cure.

1. Remove all pressure from the nail by cutting away a piece of the shoe.
2. Disinfect with hydrogen dioxide until no more "foam " appears.
3. Apply a drop of strong solution of cocaine in the base of the ulcer.
4. Apply a drop of Monsell's solution to the ulcer, then cover loosely with gauze. Repeat this process every second day, until the edge of the nail is released, by the retraction of the hypertrophied tissue. The patient suffers no pain from the application, and all pain has disappeared the second day. The cure is effected in a week or two, without inconvenience or interference with busi-ness.-Dir. D. N. Kinsuan.

## TO PREVENT THE SHEDDING OF HAIR.

Dr. David Walsh, of London, according to the Med. Stand., recommends the following as a lotion, stating that it is preferable to an ointment, especially in the case of women :

R Acidi salicylici, drs. iij.
Acidi carbol., drs. j. Ol. ricini, Ars. iij. Spir. vini rectif., q.s. ad oz. vj.
M. Ft. lotio. Sig. Apply locally once or twice daily.-Jour. Amer. Med. Asso.

WHISN PAPA'S SICK.
When prpa's sick, my goodness sakes ! Suctrawful, awful times it makes, He speaks in G, such lonesome tones, And gives such ghastly linds of groans, Androlls his eyes and holds his head, And-makes ma.help him up to bed, And.Sis and Bridget run to heat Hbt: water bags to warm his feet, AndiI must get the doctor guickWohave to jump when pay:a's sick. Whien papa's sick ma has to stand Right side the bed and hold his hand, While Sis, she has to fan and fan, For he says he's a " dyin' man,". And wants the children round him to Bè therewhen "suffering pagets through!" He says he wants to say grood-bye And kiss us all, and then he'll die ; 'Then. moans and says "his breathin's thick "-
It's awful sad when papas's stck.
Whenipaph's sick ma has to stand Until he hears the docior say, " You've :only got a cold you know, You'll be all right in a day or so." And then-well, say, you ought to see, He's different as can be,
And growls and growls from noon tonight, Just-cause' his dimer ain't cooked right. And all he does is fuss and kickWe'reall used up when papa's sick.

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