

Professional Cards

J. M. OWEN BARRISTER & NOTARY PUBLIC Annapolis Royal. N.B. Office in Hutchins Block.

J.J. RITCHIE, K.C. Keltch building, Halifax. Mr. Ritchie will continue to attend the sittings of the Courts in the County.

Dr. F. S. Anderson Graduate of the University of Toronto. PAINLESS EXTRACTION. By Gas and Local Anesthesia.

JUDSON H. MORSE. Professor of Vocal and Instrumental Music. Will receive pupils in Bridgetown on Saturdays and Mondays of each week.

J. B. Whitman Land Surveyor. BRIDGETOWN, N. S.

Arthur Horsfall D.D.S. D.M.D. Dentist. Annapolis Royal - Bridgetown. At Bridgetown, Mondays and Tuesdays of each week.

Leslie R. Fair ARCHITECT. Aylesford, N. S.

Undertaking. We do undertaking in all its branches. J. H. HICKS & SON. Queen St., Bridgetown, Telephone 40.

S. MILLER BARRISTER, Real Estate Agent, etc. SHAFNER BUILDING, BRIDGETOWN, N. S.

O. T. DANIELS BARRISTER, NOTARY PUBLIC, Etc. UNION BANK BUILDING. Head of Queen St., Bridgetown.

Will Arrive This Week. 50 M Cedar Shingles. 100 Casks "Morrison's Lime" in casks and bags.

J. H. LONGMIRE AND SONS. Nova Scotia Fire INSURANCE COMPANY. HEAD OFFICE. HALIFAX. JOHN PAYZANT, ARTHUR BALLIE, PRESIDENT. MANAGER.

Marine Engines. One cask of Terra Marine gasoline engine just arrived. These engines are manufactured by the largest works in the world.

KARL FREEMAN. We have a complete line of Sherwin-Williams paints always on hand.

Permanent Results

"I had been suffering for over two months with an obstinate cough, as had also my little girl. We tried several remedies common to any drug store without obtaining any apparent relief."

NOTICE. Advertisers and Subscribers in arrears to the Bear River Telephone are requested to settle their accounts directly with the publisher at this office.

WANTED. Will give \$10 to \$30 for old Carved Montgomery Lion Foot Sofas same as cut. Address: W. A. KAIN, Box 198, St. John, N. B.

FARM FOR SALE. Situated near Bridgetown, containing 600 apple trees, 2 acres of marsh, plenty of pasture, and tillage land.

MINARD'S LINIMENT CURES DANDRUFF. Fresh New Stock. White Blouse Waists from 55c to \$2.60. Selling fast.

Ladies' and Children's Whitewear and Ribbed Underwear. Wash goods in Prints, Ginghams and Lawns.

Hamburgs, Laces, Ribbons, Hosiery and Gloves. George S. Davies, Union Bank Building.

Just Arrived - AT THE BRIDGETOWN HARDWARE STORE. One car of four and six inch Terra Cotta Drain Pipe.

Psychine Missionaries. A friend of Dr. Slocum Remedies writes: "Send a bottle of Psychine to Mrs. W. They have a daughter in decline, and I believe it would help her."

DIET VALUE OF THE LEMON. It is not generally known that lemon juice, taken in proper quantities, is a most excellent tonic.

MOTHER SEIGEL'S SYRUP. There is no need to suffer the tortures of biliousness. Mother Seigel's Syrup will cure you—must cure you—because it restores your liver to healthy action.

Summer Clearance Sale. Hats, trimmed and untrimmed, and Millinery of all kinds at largest discount, until stock is sold out at Miss B. Lockett's.

Profits. ENQUIRE OF YOUR LOCAL DEALERS. BLACKIE BROS., Agents, HALIFAX, N. S.

THE HOME

Help Toward Keeping Youthful

(Canadian Pictorial). No woman likes to grow old looking one minute sooner than she must. Nevertheless, many women do grow old in appearance long before they need, through carelessness and neglect, or want of knowledge.

Help to keep the waist line defined, and the waist supple. One of these is as follows: Stand erect, place the hands with the fingers forward on the sides of the waist, draw a long breath and gradually rise on the toes, hold the breath a moment, then exhale slowly and sink back to first position. Repeat several times.

EVER TRY THESE? Fish may be scaled much easier by dipping into boiling water for a minute. A which whose little girls are fond of dolls has discovered that the face of a bisque doll can be cleaned with a soft flannel cloth moistened with butter.

WHEN THE SINK PIPE IS CLOGGED. Wipe dry all the water that remains in the sink. Take a long strip of cloth, press it tightly in the pipe, allowing enough to remain to get a good grip on the drain.

NEED OF PHYSICAL EXERCISE. The woman who says she has "not time" for exercise is usually the one who most requires it. She who sits in an office or stands behind a counter must have certain aids, such as rest, diversions of a proper kind, exercise and diet, to maintain health, and it is by adjusting these things that balance is kept.

"DON'T YOU THINK?" A housekeeper who kept one maid for three years wrote to Hanger's Bazaar that she does not expect the instinct of contrariness in human nature to require her maid to be in at ten o'clock, and Hilda comes in voluntarily at 9:30, except on special occasions, and then she always gives notice. When the windows need cleaning, she does not order the work done, but merely remarks that when there is time the windows need cleaning. When she has occasion to find fault she says: "Don't you think" and Hilda always agrees. Thus the affairs of the household run smoothly and there is no hostile element in the kitchen.

THE TORTURES OF BILIOUSNESS. There is no need to suffer the tortures of biliousness. Mother Seigel's Syrup will cure you—must cure you—because it restores your liver to healthy action.

ARE ENDED BY MOTHER SEIGEL'S SYRUP. There is no need to suffer the tortures of biliousness. Mother Seigel's Syrup will cure you—must cure you—because it restores your liver to healthy action.

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You Find What You Look For

"He that hath a froward heart findeth no good." Whoever would be happy must make up his mind to see only the good in others, to hunt for the beautiful things in their characters, and to ignore the ugly things; to look for harmony and to avoid discord.

To hold the loving thought, as a mother does toward her children, develops the better side. The delicate flower of manhood or womanhood will not blossom in the foggy, chilly atmosphere of hatred, of jealous envy, and condemnation. It must have the warm sun of love, of praise of appreciation, of encouragement, to call out its beauty and to produce the perfect flower.

WHERE I COME IN. My little boy has learned a lot since first he started off to school. Much that I long ago forgot he has but lately learned by rule. I once knew how to parse, but now the knack somehow is gone from me. He fairly chews the grammar up, he knows the whole thing to a T. Sometimes he is inclined, I fear, to look upon me with disdain. But I still come in handy here—I earn the pleasure that we gain.

I cannot name the boundaries of Burma or Balauchistan; He does it with the greatest ease, and proudly shows me that he can; He works out problems that I shun although I could have solved them once. Sometimes I more than half suspect that he regards me as a dunce. Perhaps I might go back and learn if I had fewer daily cares. But, after all, 'tis I that earn the food he eats, the clothes he wears.

Rhubarb Marmalade—Take equal quantities of rhubarb and orange peel. Slice the latter very thin and in small pieces, removing the core. Add half the quantity of sugar and simmer slowly until tender. Peel the rhubarb and cut in small pieces. Add equal quantities of sugar and allow it to stand over night. Then boil the two together for twenty minutes.

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RAINBOW

Rainbow Flour makes perfect bread. No one can resist its rich golden-brown crust—and it tastes as good as it looks.

FLOUR

Milled by the Tillsons at Tillsonburg

Capt. Wm. B. Smith, M. L. C., of West-Head, Cape Island, Shelburne Co., says: "While at Halifax, during present session of Parliament, was attacked with Sore Throat, Pain in head and in fact, pains all over me. I used EMPIRE LINIMENT, according to directions and got immediate relief, and highly recommend it for use in every family." Halifax, N. S., Feb. 27th, 1908.

THE EMPRESS SHOE COLLEGE GIRLS SHOE



THE ARCHED SHANK AND INSTEP SUPPORT THE FOOT

The popularity and the enormous sale of the Empress Shoe proves that it must be superior to others, or the makers could not sell more of this distinctive shoe than any other high grade shoe made in Canada.

We are one of 400 agents who sell the Empress. Sole Agents for Astoria and Hartt Shoe for men.

Kinney's Shoe Store.

SPRAYING

is an absolute necessity if you want to grow good clean Fruit and the best insecticide on the market is the one to use if you want the best results—The best insecticide yet introduced FOR spraying is Campbell's "Nico Soap" which won its reputation last year in the famous Annapolis Valley and elsewhere in destruction of Bud Moth, Codling Moth, Brown Tail Moth all Caterpillars, Cankerworms, Bark-Lice, Scale, Fire Worm or Cranberries and Cherry Slug, killing by contact and also if the leaves are eaten—Nico Soap guarantees good Clean Fruit and better profits.

Take Notice. The old, celebrated building mover, W. A. CHUTE, is again in the field prepared to move and raise all classes of buildings, to float stranded vessels, hoist boilers or engines out of steamers, etc. Have had forty years experience in the business and am the only practical building mover in the Lower Provinces. Will meet any competition. Prices right.

Address: W. A. CHUTE, Bear River N. S.

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MINARD'S LINIMENT RELIEVES NEURALGIA.

