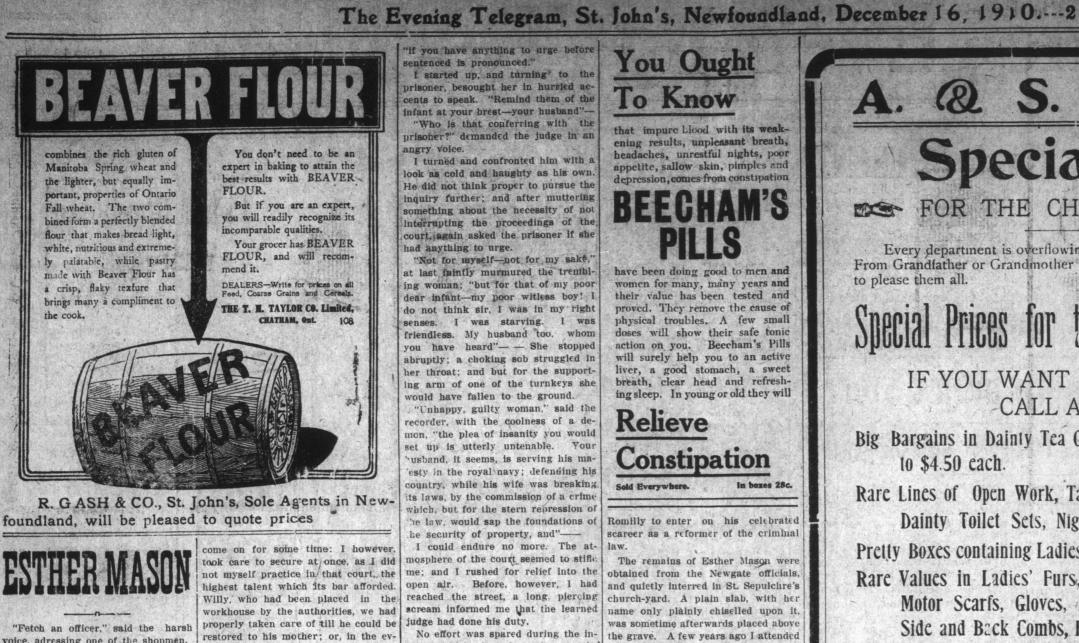


AND THE PARAGE ARE AREA TA A THE PARAGE AND THE PARAGE



voice, adressing one of the shopmen. ent of her conviction, to his relatives "No - no - no!" screamed the in Devonshire. Z wretched woman, falling on her bend-

The sessions were, at last on; a "true ed knees in wild supplication. "For bill" against Esther Mason for shopmy child's sake-in mercy of the innocent babe as yet unborn-pity and lifting as it was popularly termed, was unhesitatingly found, and with forgive me!"

a heavy heart I wended my way to the The harsh order was reiterated; and court to watch the proceedings. A Esther Mason, fainting with shame few minutes after I entered, Mr. Jusand agony, was conveyed to the prison in Giltspur Street. The next day she tice Le Blanc and Mr. Baron Wood, was fully committed to Newgate on who had assisted at an important case of stockjobbing conspiracy, just over the capital charge of privately stealleft the bench: the learned recorder ing in a shop to the value of five being doubtless considered ouite equal pounds. A few hours after her incarceration within those terrible walls, to the trial of a mere capital charge of theft. she was prematurely delivered of a

The prisoner was placed in the female child dock: but try as I might. I could not I have no moral doubt whatever, I

never have had, that at the time of look at her. It happened to be a calm the committal of the fclonious act, the intellect of Esther Mason was disord intellect of Esther Mason was disordhumming with busy, lusty life; so ered. Any other supposition is inconthat, sitting with my back to the sistent with the whole tenor of her previous life and character. "Lead us prisoner, I could, as it were, read her not into temptation" is indeed the demeanor in the shadow thrown by holiest, because the humblest prayer. her figure on the opposite sun-lighted

Three weeks had stapsed before the wall. There she stood during the first intimation of these events reach- brief moments which sealed her earthed me, in a note from the chaplain of ly doom, with downcast eyes and ut-Newate, an excellent, kind-hearted terly dejected posture; her thin fingmechanically with th

entenced is pronounced." I started up, and turning to the risoner, besought her in hurried ac ents to speak. "Remind them of the nfant at your brest-your husband"-'Who is that conferring with the risoner?" demanded the judge in an

ngry voice. I turned and confronted him with ook as cold and haughty as his own. He did not think proper to pursue the nquiry further; and after muttering omething about the necessity of no nterrupting the proceedings of the court, again asked the prisoner if she

"Not for myself-not for my sake," at last faintly murmured the trentbling woman; "but for that of my pool dear infant-my poor witless boy! I do not think sir, I was in my right enses. I was starving. I was riendless. My husband too, whom you have heard"- - She stopped abruptly; a choking sob struggled in her throat; and but for the supporting arm of one of the turnkeys she would have fallen to the ground.

"Unhappy, guilty woman," said the ecorder, with the coolness of a denon, "the plea of insanity you would set up is utterly untenable. Your usband, it seems, is serving his maesty in the royal navy; defending his country, while his wife was breaking its laws, by the commission of a crime which, but for the stern repression of

he law, would sap the foundations of he security of property, and"----

mosphere of the court seemed to stiffe me; and I rushed for relief into the open air. Before, however, I had reached the street, a long, piercing scream informed me that the learned judge had done his duty. No effort was spared during the in terval which elapsed previous to the ecorder presenting his report to the privy council-a peculiar privilege at

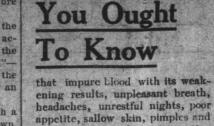
procure a mitigation of the sentence legible. A petition, setting forth the peculiar

circumstances of the case, was care fully prepared; and by the indefatier gentleman-whom, as he is still alive, and might not choose to have

"I have been using Cascarets for Insomnia, with which I have been afmend them to my friends as being ail that they are represented."

Thos. Gillard, Elgin, Ill. Pleasant, ralatable, Potent, Taste Good, Do Good. Never Sicken, Weaken or Gripe. 10c, 25c, 50c. Never sold in bulk. The genuine tablet stamped C C C. Guaranteed to cure or your money back. 927

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depression, comes from constipation BEECHAM have been doing good to men and women for many, many years and their value has been tested and proved. They remove the cause of physical troubles. A few small

doses will show their safe tonic action on you. Beecham's Pills will surely help you to an active liver, a good stomach, a sweet breath, clear head and refreshing sleep. In young or old they will

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I could endure no more. The atlaw. The remains of Esther Mason were

obtained from the Newgate officials. and quietly interred in St. Sepulchre's church-yard. A plain slab, with her name only plainly chiselled upon it was sometime afterwards placed above the grave. A few years ago I attended a funeral in the same graveyard; and after aslight search, discovered the spot. The inscription, though of that time attached to the office-to curse much worn, was still quite

I had not seen Henry Mason since his return: but I was glad to hear from Mr. William Friend that, after gable exertions of an excellent Quak- the first passionate burst of rage and grief had subsided, he had, apparently at least, thanks to the tender and

pious expostulations of his wife-with whom, by the kind intervention of the sheriffs, he was fermitted long and requent interviews-settled down into calmness and resignation. One thing only he would not bear to hear even from her, and that was any admission flicted for twenty years, and I can say that she had been guilty of, even the that Cascarets have given me more ve- slightest offence. A hint of the kind, lief than any other remedy I have ever tried. I shall certainly recom- him into a paroxys, of fury; and the subject was consequently in his pres-

ence studiously avoided. A few days after the execution, Mr. William Friend called on me just after breakfast accompanied by the bereaved husband. I never saw s changed a man. All the warm kindliness of his nature had vanished, and as replaced by a gloomy fierce aus erity, altogether painful to contem-

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.....

man, to whom Mrs. Mason had confidflowers and sweet-scented herbs ed her sad story. I immediately hasspread before her. The trial was

tened to the prison; and in a long in his name blazoned to the world. I will very brief: the evidence, emphatically terview with her, elicted the forego call William Friend-was soon very conclusive, was confidently given, and ing statement. I readily assured her numerously signed. The prosecutor vainly cross-examined. Nothing rethat all which legal skill could do to however, obstinately refused to at mained but an elaborate and miseriextricate her from the awful position tach his name to the document; and cordiam exhaustive defense, which the in which she stood, the gravity of been prepared by me, and which the which I did not affect' to conceal strangely did men reason on such prisoner begged her council might be should be done. The offence with matters in those days-would, it was allowed to read. This was of course which she was charged had supplied feared, weigh heavily against the suc refused: the recorder remarking, they the scaffold with numberless victims: cess of the petition. The amiable and might as well allow counsel for felons and tradesmen were more than ever enlightened Sir Samuel Romilly no o address juries as read defences; clamorous for the stern execution of a only attached his name, but- aided and that, as every practical man knew law which spite of experience, they still regarded as the only safeguard of

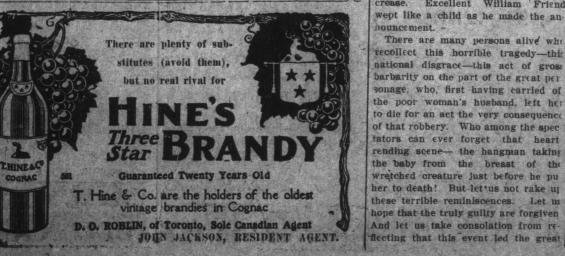
us zealously by his advice and in would be utterly subversive of the due administration of justice. The clerk duence. In short, nothing was omitted their property. My wife was over that appeared likely to attain the de of the court would read the paper; if whelmed with grief; and in her anxi sired object the prisoner felt too agitated to do so.

ety to save her unhappy foster-sister Two days before the petition was t This was done: and very vilely done sought, with my knowledge, an inter e forwarded to the proper quarter The clerk, I dare say, read as well as view with the prosecutor, in the hope Henry Mason arrived in England, the he was able; but old, near-sighted. of inducing him not to press th exertions of his employers having prond possessed of anything but a clean charge. Her efforts were unavailing cured his discharge. The "Active" nunciation, what could be expected? He had suffered much he said from was one of Captain Hoste's squadron 'he defense, so read, produced not the such practices, and was "upon prin which obtained the celebrated victory lightest effect on the court or jury ciple" determined to make an exampl of Lisba, over the Franco-Venetian The recorder briefly commented or of every offender he could catch. As fleet commanded by Admiral Dobour he conclusiveness of the evidence fo to the plea that the husband had bee lieu. Henry, Mason, it appeared by the prosecution: and the jury in the forcibly carried off by the pressgang the testimonials of the captain and same brief, business-like manner, re it was absurd: for what would becom turned the verdict of Guilty. officers of the ship, had greatly disof the property of tradesmen if the nguished himself in the action. We wife of eevry sailor so entrapped were

"What have you to say." demanded nclosed these papers with the petition to be allowed to plunder shops with the clerk, "why sentence of death and then, having done all in our powimpunity? This magnificent reasonshould not be passed upon you er, awaited with anxious impatience ing was of course unanswerable: and cording to law?

he result of the recorder's report. I the rebuked petitioner abandoned her The shadow started convulsively as was announced to me, as I was sitting bootless errand in despair. Messrs the terrible words fell from the man's somewhat later than usual at cham Roberts, I should have mentioned, had lips: and I saw that the suddenly-upbers, by Mr. William Friend, Th by some accident discovered the na raised eyes of the prisoner were fas udgment to die was confirmed! All ture of the misfortune which had be ened on the face of the fearful quesour representations had not sufficed fallen their officer, and had already The lins, appeared to move made urgent application to the Ad ound reached my ears sity of exhibiting terrible examples o

mirality for his release. The Old Baily sessions did not "Speak, woman," said the recorder



"Well, sir," said he, as he barely ouched my proffered hand, "they have killed her you see snite of all you could say or do. It much availed me. too, that I had helped to win their boasted victories;" and he laughed with savage bitterness. "Henry- Henry!" exclaimed Wil-

iam Friend, in a reproving accent. To be continued.

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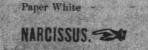
Backache Suffering description of DR.'CHASE'S KID-NEY-LIVER PILLS.

Mr. Fred. Gummer, Lillies, Ont rites: "I can honestly say that Dr vrites: Chase's Kidney-Liver Pills are a wor lerful medicine. For six weeks la-all 1 could scarcely walk around fo ains in the bank and legs, and wa lmost completely unfit for work fhough I tried several medicines I get to better. I saw Dr. Chase's Kidney Liver Pills advertised and bought five pores. After I had used three hores, I was greatly improved and by the time I had them all taken felt as well as thad them all taken left as well as jever did. I would advise anyone suf-fering from kidney disease to use Dr. Shase's Kidney-Liver Pills. "We have also used Dr. Chase's syrup of Linseed and Turpentine for ad colds and sore throat and would

colds and sore throat and would ot be without these medicines for

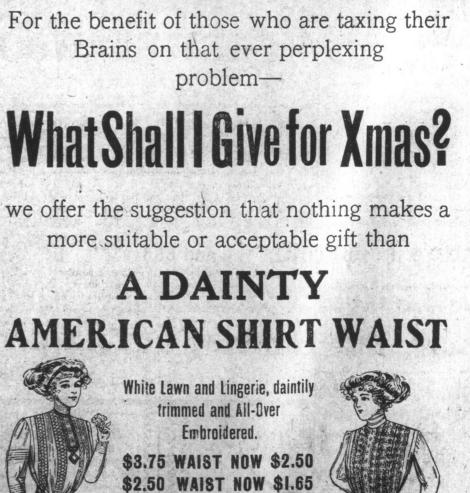
Dr. Chase's Kidney-Liver Pills, one ill a dose, 25 cents a box, at all deal-rs or Edmanson, Bates & Co., Toronto. Write for a free copy of Dr. Chase's Secipe Book. rbalance the supposed neces he fate awaiting the perpetrators of n offence said to be greatly on the in-





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\$2.25 WAIST NOW \$1.40

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MAKE YOUR SELECTION NOW. if you would guarda gainst disappointment



The Evening Telegram St. John's Newtoundland, December 16, 19104				
~	A DANCE UP	How to Destroy the		Just have a look at OUR Window Display of
ng	AT TUCKER'S		One of the penaltics attendant on firing off big guns is deatness. So sure is this penalty to be exacted that,	The second se
THE	sel from Ye Ancient Capital-	By a Specialist. That the dandruff germ is respon- sible for nearly all the diseases to	i ⁺ is asserted, no mail can go through a long series of gunnery practice without having his hearing affected. A	GROCERIES,
	up a time" and many's the expression	which the scalp is heir, as well as for baldness and premature gray hair, is a well-known fact, but when we re- alize that it is also indirectly respon- sible for many of the worst cases of catarrh and consumption, we appreci-	stranger, but the shattering effect of speak for the first time will not soon forget the stunning report. One gun is enough to startle a strainger, but the shattering effect of	If you want a few suggestions for Christmas. The following is a list of some of the Dainties we have to offer
pkt. §	of opinions, we have had, about how it should be run, "Herself," that's Mrs. Tucker, is not as old-fashioned as she used to be.	ate the importance of any agent that will destroy its power. We are, therefore, particularly pleased to give herewith the prescription which an	together can hardly be conceived. The strain upon nerves and senses when	Almond Nuts, Dates-loose, Table Raisins,
	She ¹ mixes with the crowd who attend sales of furniture in other people's houses, and they tell me 'ts very easy to get the "grandeur twist" on your	eminent scientist and specialist states he has found, after repeated tests, to completely destroy the dandruff germ in from one to three applica-	the rending concussion takes place is terrible. There is not a great difference be-	
;, lb , § ;, lb , §	mouth if you attend many of these. Mrs. Tucker was delighted with her little home and took a pride out of the old-fashioned clock that went for	tions. This prescription can be made up at home, or any druggist will put it up for you: 6 ozs. Bay Rum, 2 ozs.	tween the effect of the big guns and that of the smaller pieces, strange as it may seem. If the visitor places	the man degramment and heard to an an an and the second second second second second second second second second
c. lb. §	eight days without being wound. She didn't get vexed if Tucker hauled off his long boots with the aid of the	Lavona de Composee', ½ dr. Menthol Crystals. Mix thoroughly, and after standing half an hour it is ready for use. Apply night and morning, rub-	himself beside one of the smaller guns and then listens to the roar of the big one, the sound will not appear	Hazel Nuts, Citron Peel, Figsfilled,
e, no 🖇	back "rung" of a chair before she started attending sales, but now that she has come in contact with Morris	bing into the scalp with the finger tips. If you wish it perfumed, add half a teaspoonful of To-Kalon Per-	much louder than that of the gun by his side. The extra distance to the	Pea-Nuts, Lemon Peel, Bon Bons,
Ic. 8	chairs and life-size pictures of "men in the States," Ottomans and hall lamps, she's not the happy woman she used to be.	fume, which unites perfectly with the other ingredients. This preparation is not a dye, but is unequalled for promoting a growth of new hair, and	between the two will be that the	Brazil Nuts, Orange Peel, Chocolates.
Eng-	She tries to induce Tucker to be- come grand, but Tucker fails to fall in line. He has sense enough to know that Mrs. Tucker is "slightly	for restoring gray hair to its original color. CAUTION: Do not apply where	smaller piece has a sharper, higher pitched tone, and that the big guns speak with a more bellowing roar.	BUTTER SCOTCH-by renowned makers.
S	know that Mrs. Tucker is "Signify off," but we hope to bring her back to her former old-time condition and position once more, and this is why	hair is not desired, and be sure to avoid tonics containing poisonous wood alcohol.	If one watches the firing of the gun the crash has not such a start- ling effect as when it comes unex-	We have also a fresh shipment of
:. Ib. §	Tucker suggested a dance-not a "how-do" kind of a would-be-grand affair, but a dance of the genuine	was going on and woke up the show by telling Mrs. Tucker that a lady	pectedly. Loud as it is, nature has prepared the watcher to resist the shock which he knows is impend-	Huntley and Palmer's High-Class Biscuits,
. lb. §	quality. When you're asked to a dance at Tucker's, don't say "you'll see" if	friend of theirs from Placentia was in town, and that she was coming to the "time" to-morrow night. Mrs.	ing.—Exchange,	including all the leading lines ; in fact, we can supply you with almost anything, from our well-selected stock. Try the Famous
ar, Š	you can go. Nothing starts Tucker like that. "I'd rather a man would smack me in the face." said Tucker, "than to	Tucker said nothing to this, but gave a sly glance at me as much as to say she'll be interesting. The night of the dance arrivel.	Contraction of the second	"ALBANY" CIGARETTES; "TWING TWANG," "BOCK," "DARVEL BAY" and "AVEC VOUS" CIGARS. They are sure to please.
:. Ib §	answer me in that fashion." If you are asked any time to dance at Tucker's, do so; 'twill mean years	Oh, how much a man suffers trying to anuse himself. Sometimes I think 'tis other people you start out to	E DODD'S	ATTENSON GROCERY
, Ib. §	added to your life. Delaney and my- self called up to see the cute man from Carter's Hill and invited him down. The cute man was delighted.	plcase when you try to amuse your- sself. If I had my wish I'd wash myself nice and clean, and put on a soft	PILLS	DEPARTMENT.
Š	No doubt he thought there was anoth- er clock to be carried away. He stood in the doorway in his	shirt with no collar on it and go to the dance and enjoy myself. But no there are others to be reckoned with	SPA UIIII STEPS	DEPARIMENI.
. lb. š	Delaney to make some excuse for get.	and consequently you have to get in- to a boiled shirt, swear on a collar. and nearly hang yourself with a tie	RES RHEUMATISMSKC	
. Ib. §	glimpse at the clock he won, and	Simply because what? Simply be- cause 'a woman from Flacentia has condescended to attend the dance. When I got rigged up I was a fit	R 2.3 THE PRO	13
18, §	won the clock it makes my blood boil. Just fancy, a small little cute man, with a checkered shirt and a little	subject for a two hours nap. How much I often wonder, do these men swear who have to rig themselves up		NAL DI LI
rtar {	beard that saves him the expense of getting shaved, being forced by us to play for the clock, and then to walk	with a collar and tie every day in the week. Why, they earn their salary dressing. I called over for Delaney	and the second	Woolen Blankets!
• <u>· 1b.</u>	murder in a less respectable coun- try. He stood in the porch with his	and after going down on Water St. to see if 'twas nine o'clock, we made tracks for the scene of the "gay fes- tivities."	calcutta, India, Dec. 10. — Serious	AAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAA
. lb. §	shoulder up against the side of the door and listened to our explanation about the dance. He didn't get car-	Coming up the lane we could heat the strains of the fiddle as the tune of "She was lovely and fair" came	fighting between rival religious fac- tions which began last night was con- cluded this morning. Several of the	
12c. §	breath. "I think we'll have a clear off	through the open window, accompan- ied by the singing of a strange voice. We entered and were just in time to catch the last two lines of the	combatants were killed and many in- jured. The troops were finally called out and a maxim gun trained on the fighters, but the fanatics were not dis-	At the following Prices for this week:
tin. §	, in the morning." Then stretching his arms and yawning, said 'twas time to go to bed as he had been up late the	song, which were spoken, according to the ancient rule laid down by all good judges, which is the proper way	mayed and were only routed after several charges by the soldiers. The trouble began when the Hindus pro-	Was \$3.30 pair. Now \$2.70. You save 50c.
late, §	night before fixing a pound down in the cellar for coal. We moved away and were too dis- gusted to wish him good-night.	to finish a love song. We were introduced to a few strangers, and among them was the	tested against the approaching Mo- hammeddan religious festival, at which it is customary to sacrifice	Was \$3.70 pair. Now \$3.15. You save 55c.
and and	"That fellow 'takes tea' with me." says Delaney. "Somehow or other he draws me to him. One day I swear	"lady from Placentia," She was very nice, very good, and apparently her husband had struck a job on the ferry or did well at the fishery. She	such is the title which has been be-	Was \$4.30 pair. Now \$3.60. You save 70c.
king §	a bit I forget my resolution and the	was one of those women with whom you'd feel like watching your words and if she was a man, you'd say she was a detective or a Custom House	stowed upon M. Auguste Rodin, the greatest living sculptor, who recently	Was \$4.80 pair. Now \$4.10. You save 70c.
NL'X	with him again."	was a detective or a Custom House	And yet as a boy ran about the streets	

Choice California Seedless Raisins, 8c. **Finest California** Blue Raisins, 10c. New Lemon Peel, 14c. Best Orange Peel, 15c. **Finest Machine-cut** Mixed Peel, no waste, sugar. 1-lb. pkts., 20c Essence Lemon, best El lish quality, 1-2 oz. bot 7c. each. Shelled Almonds, best quality, 40c. **Best White Soft** Cane Sugar, 6 cts. **Choice Granulated Sugar** 61c. 1b White Icing Sugar, IOc. Whole Nutmegs, best quality, 20c. 100's and 1000's for Cakes, 15c. **Finest Desiccated** Cocoanut, 17c.

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SPECIALTIES for T **CHRISTMAS** SEASON

Cream of Tartaraline Not an adulterated but a per substitute for Cream of Tart recommended by the Briti Medical Profession. 9c.

Finest Quality English Mixed Spice, 16c. Nelson's & Cox's Gelatine, I-oz. pkts., 12 Ground Sweet Almonds, 32c.

Cadbury's Icing Chocola 32 cts. lb. Bear in mind that our la trade means fresh goods, a fresh goods mean good cook

greatest living sculptor, who recently celebrated his seventieth birthday. And yet as a boy ran about the streets of Paris unkempt and uncared for, depending for a livelihood on the char-lity of passers-by, and performing sun-dry errands for artists of the Latin quarter. His first permanent occupation was that of mixing clays for a now famous sculptor. It was during those days that he developed a love for modelling. He was twenty-two when he exhibited his first statue, "The Man The "spread" was over and we went outside to have a smoke. "Look here," says Delaney, "this is the tamest thing I was ever shipmates with What do you was been and we have a smoke. "Look here," says Delaney, "this is the tamest thing I was ever shipmates



then it becomes more interesting to us and we keep up the game."

and we keep up the game. "That's it, I suppose," says Delan-ey. "Anyway, let us get down and see how Tucker is getting on." When we arrived at Tucker's, peace, plenty and happiness filled the air. Oh, who can help feeling good when they enter a bright liftle home with **Evening Telegram** W. J. HERDER, - - Proprietor

W. F. LLOYD. - - - Editor. Friday, Dec. 16, 1910.

A Notable Achievement

The unexpected has happened. In spite of predictions to the contrary, the Labor Party at home has already had returned at the present election as many members as it had in the last Parliament. Expectation had it, that the Osborne judgment would prove too heavy a handicap in the effort to achieve this. The Osborne judgment, it will be remembered, declared ille-gal the compulsory levying of money achieve this. The Osborne judgment, it will be remembered, declared ille-gal the compulsory levying of money from Trade Union members for poli-tical purposes. It was confidently predicted that the immediate effect would be to diminish the number of Labor members in the House of Com-mons. This prediction has been fal-sified, so far as the present election is concerned. Forty Labor members have already been returned, exactly the number in the last House. Whether there is a possibility of this number being increased before the close of the elections, we have not the means before us of determining. But whether that occurs or not, the achievement is a notable one, and not-withstanding that the effort has been assisted by the elimination of many of the conflicts between Liberals and Labor parties last January. Another feature of this achievement is that the Labor party is the first of the five independent parties to reach the Jan-nary limit. Last night the Liberal party was 19 behind, the Nationalists, 7 behind, the Independent National-ists 2 behind, and the Unionists, 16 behind.

CLEARING THE SIDEWALK-The dewalk opposite the stores of some oprietors on Water Street are be-g cleared of snow and ice to-day, pposite other stores the ice and iow is untouched. The City Coincil ould do well to see that all parties sponsible clear the sidewalk.

MINARD'S LINIMENT CURES DIPHTHERIA.

Oh, who can help feeling good when they enter a bright little home, with a good old-fashioned fire going, and the cat "mowsing" before it on the mat. Mrs. Tucker was there, "up to her eyes" in business, kneading a pan of sweet bread for the raffle. As we entered she looked up and a smile of Saturday night dimensions "ame over her face, and forgetting her task for a moment she let all the cleaned currants in the package fall in the flour, and was working overtime mixing. "We'll have that bread sweet enough, anyway," says Delaney to me.

me. "Hold your tongue," says I, "that's one of the side shows to come on a

with him again." "My opinion of it is," said I, "we're

always trying to get square with him, but he's too cute to be caught, and

little later." "Well, how did ve get on with the "Well, how did ye get on with the cute man?" says she. "Is he coming or is he not?" and Mrs. Tucker gave her hand a twist that meant business. "Oh, we suppose he's coming," says Delaney. "Anyway, he said he was." Tucker entered as the conversation

Children **Had Eczema**

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you'd feel like watching your words and if she was a man, you'd say she was a detective or a Custom House official. We danced and enjoyed the time, but there wasn't that old-time go about it. go about it. At the supper the "cute man" and the woman from Placentia got in chat and kept it all to themselves. Tuck-er and Mrs. Tucker seemed to lose their old-time way of conducting a

"spread" and all caused by the icicly woman from "Ye Ancient Capital." with. What do you say to drawing that woman out if I introduce you as

the man who's boosting the park for Placentia?" Yesterday, at noon, after a long ill-ness, William Mercer, aged 43 years, "Oh, let it go," said I. 'Anything even a fire in a chimney, to stir things

leaving a wife, 3 sisters, 1 brother and a large circle of friends to mourn up a bit." In a few minutes Delaney had me

changed his mind in a jiffy, and I was bowing to her.

She, too, was a politician and be fore she parted company with me Fry's Xmas Novelties, knew it.

knew it. She said, "I don't want to be im-pertinent, but I think ye people around here should drop that park business for Placentia. If ye want business for Placentia. If ye want your names embedded in the sands of time," says she, "go attend to the wants of your own town. Surely," says she, "ye don't think you're it. You're a long way from it. Make your own town clean and respectable. build a reformatory for juvenile of-fenders, a home for the working girls get horses to have the five ladders tenders, a nome for the working girls get horses to haul the fire ladders instead of making men do horse work; get someone to keep the Mark-et, House clock wound. Do some or all of these things," said she, "then, and not till then, waste your time looking for a treeless spot in Pla-centia wherein to start a park. TIM SHANNAIIAN.



While a young man of the West End was lighting a match on a box, Saturday evening, the whole took fire and he was pretty severely burned about the hands and arms. He had to go to a doctor for treatment.

The accident to the man with the box of matches, reported in the papers on Tuesday, could not have happened if he had been using our famous local manufactured match. There are no highly dangerous explosives used in our matches. They are absolutely safe, will fire every time, and will light in the wind. HORWOOD LUMBER CO., Ltd. advt cod. Our CHRISTMAS POULTRY Is on the way. Turkeys, Ducks, Geese, Chicken. All choicest dressed stock. We will book your orders now and deliver any-time up to Xmas Eve.

eod. (fford's Liniment for Swoller (s, Etc.—dec2,tf



Filled with Choicest Chocolates.

Butter Coolers. Sugar Basins. Biscuit Barrels. Cup and Saucers.

Milk Jugs. Motor Cars. Money Boxes. Mechanical Toys and

Numerous other novelties ----Santa Claus Stockings.

(in great variety). Moir's Delicious Cakes

in 11b. packages. Wallace's Chocolates ¼1b. to 51b. boxes. 1,000 Boxes Necco 1c. Goods.

25 Cases Florida Oranges. 400 Bris. Selected Apples. 10 Cases Lemons. 30 Cases Valencia Oranges. 25 Kegs Grapes.

J. EDENS.

Phone 411 or 411A.

Tom Smith's Cracker's. Pascall's Old English Candies. Moir's Chocolates.

Mugs. Tea Pots.

31

www.www

North March Mar

lob

Was \$5.40 pair. Now \$4.60. You save 80c. Was \$5.90 pair. You save 90c. Now \$5.00. Was \$6.40 pair. Now \$5.50. You save 90c. **COTTON BLANKETS!**

Was 90c. pair. Now 80c. Was \$1.00 pair. Now 90c. Was \$1.20 pair. Now \$1.00.

You save 10c. You save 10c. You save 20c.



Poultry for Xmas!

We have to arrive during the next week a large shipment of



Cycles, Motors and Accessories, Drapery, Millinery and Piece Goods Fancy Goods and Perfumery, Hardware, Machinery and Metals, Jeweilery, Plate and Watches, Photographic and Optical Goods, Provisions and Oilmen's Stores, attention etc., etc., etc., etc., Commission 24 per cent. to 5 per cent. Trade Discounds allowed, Special Quotations on Demand, Keinple Cases from £10 upwards. Consignments of Produce Sold on Account NEAL.

(Established 1814.) as, Abchurch Lane, London, E. C. Lab'e Addres "ANNUAIRF LONDON.

EUROPEAN AGENCY

W HOLESALE Indents promptly ex-ecuted at lowest cash prices for all kinds of British and Continental goods, including --Books and Stationery,

Boots, Shoes and Leather, Chemicals and Druggists' Sundries, China, Earthen ware and Glassware, Cycles, Motors and Accessories,

WILLIAM WILSON & SONS Printing Executed



100 March

IONS.



-using them regularly as you need

WHAT'S APW Yand

here on the night of December 3rd. shine after rain." However, I'm dithe speakers being Rev. Mr. Coish gressing. His speech was excellent. After eulogizing both the Rev F. Matand Rev. F. Matthews.

did splendid work; no one could dis- former to address the people. Every- an enrollment of from 100 to 120 mem- this election and this election alone pute the fact that it did what it could, one in the building had come with the bers. It is a credit to this place but and if the pastor did warmly praise expectation of hearing something beits efforts his praise was no more than yond the common, and I can safely say Grand Division now meets here. There was deserved.

Rev. Henry Godfrey soon introduced one needed a pocket dictionary. His is not great in area the Rev. Mr. Coish to the audience, remarks were to the point, this alone and population she is great in Temper His address did not deal very much accounting for his being able to give ance. Men are joining our ranks al with foreign missions but it was none the less appreciated on that account. Mission work in China, Japan, Africa was planted years ago by a few who Anybody could see 'sincerity' written and India as well of Home Missions saw the evils of intemperance has a across his brow. The people see so in so short a time. Many went away last taken root and is beginning to many insincere men nowadays that, inspired to do something for Christ- grow like the gain of mustard seed



Our Temperance Hall is now nearof the Walton Division of Liverpoo and the rising hope of the Unionis ing completion and sometime during the winter we intend leaving our old party, in an address at beighton Buz zard to-night, declared that Mr. Baj The choir on this particular night dia formar to address the people Every the called upon the formar to address the people Every the called upon the birth of Sons of Temperance has for an offer formar for address the people Every the called upon the birth of Sons of Temperance has for an offer formar for address the people Every the called upon the birth of Sons of Temperance has for an offer formar for address the people Every the called upon the birth of Sons of Temperance has for an offer formar for address the people Every the called upon the birth of Sons of Temperance has for an offer formar for a Reference formar for a formar for the formar formar for the formar formar for the formar If the Unionists did not obtain majority, he agreed with Austin Chamberlain in holding hiuself a a discredit to St. John's that the that not one was disappointed. His was not enough interested in Temperliberty to make a further appeal to the country on the specific issue o Tariff Reform, and if they obtained a mandate from the country to intro-duce then and there without delay a Tariff Reform Budget. Man's Narrow Escape

While street car, No. 6 was coming down Military Road at 5.30 p.m. yes-terday an old man attempted to cross

Soon we hope to see its branches spread out and drop other seeds. Hoping to see this in print, I am, sincerely yours, TELEGRAM READER.



Last night a crowd of people were out coasting on Robinson's Hill and all again enjoyed themselves, though a nasty accident occurred at a latt hour to mar proceedings. Mr. Herb ert LeMessurier, son of Mr. John LeMessurier, was coming down the hill when another slide going at a rapid rate overtook and collided with im, overturning the conveyance and Mr. LeMessurier was considerably hurt. He was taken to his home and Dr. Macpherson, who was present, discovered that his right leg had been broken at the ankle. The doctor set the bone and it will be some time before Mr. LeMessurier can be about



ed to stitch. CHEAPER BEEF .-- Several hou holders in town are having their sup-ply of beef for Christmas shipped from the northern and west coast out-MINARD'S LINIMENT CURES

orts. They can get it for ten cents COLDS, &-per pound.

5. Mailed to any address. The Scobell Drug Co., St. Catharines, Ont. Or at McMurdo & Co.'s Drug Store.

Shipwreck Relief.

The appended letter has been handed to us for publication by Mr. Hart of Lady Cove, Trinity Bay. Hon, R. Watson

Colonial Secretary.

\$28.80. Dear, Sir,—I was shipwrecked in the schooner "Lizzie M.," at Bolster's Rock, Labrador, on October 10th. Mygoes. self and crew of six were twelve days with Thomas Clarke, one of the liviers at Bolster's Rock. Since I came home I have applied to the Poor Commis-The Reid Nfid. Co's. coastal steam ioner to see that the amount allowed hipwrecked Mariners is forwarded to Thomas Clark. The Poor Commis-sioner referred me to Josiah Gosse,

the Relieving Officer on board the S. S. Invermore, who tells me that Thomas Clark got flour and other goods as relief from the Government, the track and narrowly escaped be-ing killed, as he evidently did hot mind the car which was only a few feet away. Motorman Sparkes re-versed his current but the momentum of the car brought it formered as did etc. I am bringing this to your notice be-

of the car brought it forward and the nian was struck in the legs by the fender. Had the car not been checked cause I know that Thomas Clark needed all the relief he got for himself and they gave him two barrels less so quickly he certainly would have been killed. He was taken on board and brought up town and then walk-ed to his home on New Gower Street. the Poor Commissioner. Thomas Clark treated us to the best of his ability, and I feel sure that next year should another shipwrecked crew be Your Health Worth? in such a predicament as we were. that Clark wouldn't do anything for them unless he gets some payment for You start sickness by mistreating na ture and it generally shows first in the bowels and liver. A 10c box (week's treatment) of CASCARETS will help

1 would also impress upon you that after receiving such kindness from Thomas Clark, when we were shipnature help you. They will do more wrecked, I do not wish him to blame me or my crew for not seeing that his det a box to-day; take a CASCARET to-night. Better in the morning. interests were protected.

Yours truly THEOPHILI S HART. St. John's, Nfld., Dec. 10, 1910



Wine, (Stafford's) makes 1/2 gallon -dec.6.tl.

Minard's Liniment Cures Colds, Etc.

SHORE TRAIN DELAYED. - The Passengers by yesterday's "express shore train did not arrive till after nidnight last night. About 100 passay that herrings are still very plen-iful at Bonne Bay and that the sup-

engers came in to purchase Xmas ly is greater than the demand. The Ish are of large size, and several vesgoods. sels were there taking cargoes of salt julk when our informant left, their CROSBIE'S PREMISES. - A fish firm named Bell, of Halifax, it is said rews being anxious to get home bewill take Crosbie's premises to carry ore Christmas. Most of these are low nearly loaded, and by to-morrow vill be likely ready to sail. Others of on business there when the Newfoundland Produce Co. moves up to

Coastal Service.

Duder's.

he fleet should soon arrive for car-A charming Xmas Gift for your lady friend would be one of those pretty little Waltham Watches -in Silver, fold Filled or Solid Gold Cases. Just the beautiful assortment at TRAPNELL'S, ranging in price from \$12.00 to \$50.00.-dec13.tf

ship service will close about the lat-ter part of the present month. This season has been one of the most suc-cessful in the history of the service, and the ships have handled more becomerce and freight then at one THOSE MISSING MEN .-- There is yet no account of the three men who went in the country deer hunting passengers and freight than at any rom Greenspond three weeks ago. A other season since the inception of earch party went in from Gambo last vening and another this morning to look for the missing men. Their the service. Approximately about 00,000 passengers were handled dur ing the season and not an acciden occurred which resulted fatally. friends at Greenspond are very anxious about them.

DUCKWORTH STREET

and QUEEN'S ROAD.



The Evening Telegram, St. John's, Newfoundland, December 16, 1910 .--- 7 under approximately 10½ inches in Butchering Lobsters and Ovsters. Rode With Cardigan's POLICE COURT NEWS. The Carthaginian ngth. That has been the system for a num LUDSIEIS diffu Uysicis.
In the United States was there in the second and their habits, having lived among them for a number of years, and their habits, having lived among them for a number of years, and there is a number of years, and the lobster ment with the hobster ment and their habits, having lived among them for a number of years, and there is a number of years, and the for a number of years, and have gene to a for a number of years, and have gene to a for a number of years, and the sceptre respectively. The other very much is how no longer in existence.
Stars of Africa," and have gene to adorn the crown and the sceptre respectively. The other very much is no as one of the wardens to entry for a number of a normal suary of the worked by the American Government, the plan. To-day William Carey, of Mundy Pond Road, was charged with the larceny of (1) a pair of overalls, pair states, 14 lbs. sugar, 4½ lbs. pork, 1 bottle rum and tweed cap valued at \$1.60, the property of Patrick Martin; (2) a clock valued at \$3 the property of Franklin & Co.; and (3) a pair of rubber shoes value \$1, the property of some person unknown. The man pleaded not guilty to each charge, and was remanded for 8 days. Three drunks were discharged. Thomas Brachan, of the schr. Gyp-som Emperor, summoned Capt Ander-son to pay him off, be claiming that he is ill of heart failure and unfit to go in the vessel. Dr. Tait testified that the man was in a bad state with heart trouble. Mr. Alec Winter ap-peared for him, and Mr. Herder, for the deft. The Captain held certifi-cates from Drs. Chaplin. Campbell and Cowperthwaite saying that the man was fit to go to his work on the ship, so that His Honour left it to the Cantain to say if he would take him Six Hundred. From Philadelphia. The S. S. Carthaginian arrived here at 6.30 this morning from Philadelphia She left there on Saturday last and was detained in the Deleware until Sunday morning last by fog after which on the run here she had it fine, until she reached Cape Race when it was again foggy for a while, though she had it fine down the shore. She brought 315 tons cargo, 8 bags of mail and 18 steerage passengers, mostly men who had been engaged in the pogie fishery. On her way up from this port she fell in with a French vessel the Marie Alfred, from the West Indies to Miquelon, with a cargo of molassees and as the vessel had a hard Now Begging for Charity. Oakland, Calif., December 10 .- Geo. Smith, one of the immortal six hundred who rode in the charge of the Light Brigade at the battle of Falaclava, is now, at the age of 84, seeking charity from the Oakland Board, of Supervisors. He is asking for sufficient funds to carry him and his daughter to British soil in order that he may revive his claim to a pension est portions are now known as the from the British Goevrnment. Till recently Smith, had earned his adorn the crown and the sceptre re- living as a wood cutter but age and an molasses and as the vessel had a hard time of it on the way she ran short of grub and her skipper asked for assist-ance a boat put off from the Cartha-ginian giving the vessel the necessary old wound compelled him to abandon work. For bravery in the Indian ing it. mutiny he was awarded the Victoria Maine, owned and worked by the American Government, the plan adopted is to pay the fishermen twentysupplies after which she proceeded on her course. One of the Philadel-BOWRING SHIPS. Cross and received a personal gift of The lobsters of the State of Maine ly lost their identity. ship, so that His Honour left it to the Captain to say if he would take him twenty sovereigns from Queen Vicplan are unquestionally on the increase, and we are satisfied in the State that bhia papers printed an impossible story of the crew of the vessel living for days on flying fish, but this was It has been the same with many five per cent. over and above the martoria. the method we have adopted there is historic diamonds in the past. In-the best method. The idea of selling deed, people owning these treasures with him or leave him remain. Several civil cases were adjudicated upon in the Central District Court. ket price for large berry bearing lob-The Prospero left Fogo at 9 a.m. the small lobster and preserving the big ones is thought the best way by some. As a fair illustration of that I would like to ask one of you gentle-Coastal Boats. The ship sails to-night. Her out-The following is the evidence given o-day seem often to be possessed by a perward passengers for Liverpool are:---Miss Dean, Mrs. King, J. F. Steward. Dr. W. E. Thompson, wife and two daughters. Miss E. Greenwood, Miss B. on the subject by Mr. Donahue, State Commissioner of Maine:--Scarlet Fever Again. fect mania for altering their size and BEID NFLD. CO. shape; sometimes, as in the case of "Those lobsters are held in pounds. ment from the West where you raise beef, what would you think of a man out there in the beef business who sold all of his yeals?" The Argyle left Placentia last even-Health Inspector O'Brien visite throughout the winter and hatched Greenwood, Mr. F. Thompson and one steerage. She takes a small outward Outer Cove this morning and digin-fected the house of Mr. Fox whose children had scarlet fever, two of them having died of the disease. A throughout the winter and hatched the following spring and last year (1907) the hatchery at Boothbay Har-bor hatched and liberated on the coast of Maine approximately 140,000, 000 of those small lobsters. They are taken out after they are able to swim around pretty well and take fairly The Bruce arrived at Port aux Bas ques at 8.15 a.m. to-day cargo. In Newfoundland it is well known The Clyde arrived at Lewisporte In this latter way the Koh-i-noo that our lobster fishery is failing. If we are to preserve this valuable in-10.40 p.m. yesterday. **Christmas Goods** has been reduced from 800 carats to few weeks previously another of M Fox's children died, and it is no The Dundee left Salvage at 6.15 a trifle over 100; seven-eighths of the dustry for the future, we must do two u.m. vesterday outward bound. thought that scarlet fever may have been the cause. The affair was not gem, in other words, having been Ethie left Clarenville at 8.15 For the North. things, strictly enforce the law against The good care of themselves and liberated in coves, up to the mouths of the rivtaking any lobster under 9 inches and whittled and ground away at differa.m. to-day. reported to the Board of Health or to a doctor at the time. Two other peoalso propagate artificially as in the stalls. In my next letter I will write The Glencoe is at St. John's. The Home left Cow Head at 2.45 ent periods by its various owners. ers where the water is not to fresh, and some out in the ocean. It is It looks now as if many people liv le of Outer Cove had a mild type In the same way the magnificent m. yesterday going north. The Invermore arrived at Placentia ing in the northern outports will not be able to get their Christmas goods. We have been asked to give publicity about the artificial propagation of the disease and recovered. When Dr Rajah of Mattan diamond has been more or less a question as to the best ovster Brehm visited Outer Cove yesterday he put the families under quarantine way to propagate the lobster, and how at 11.45 a.m. yesterday and sailed this reduced from 787 carats to 367, the It must not be forgotten that twenty three years we were pioneers in fish hatching under Adam Nielsen. The to the suggestion to those interested get the best results. After the lit-Pitt or Regent diamond from 410 to morning. Train Notes. Every Every precaution is being taken to prevent the spread of the disease. tle fellows are once liberated, why, of an additional steamer should be char 136, and the Star of the South from tered imediately and sent north. There course, we do not know any more about them, excepting the results we Tram to the Rescue. propagation especially of lobsters was 254 to 127; while the Tavernier, the very successful, Nielsen's great supwill be more than a load of Christmas AT THE DOCK .- The S. S. Glencoo port and enthusiastic ally was the late | first blue diamond seen in Europe. Hon. A. W. Harvey. If we are to | was deliberately sawn in halves, like goods for the Prospero, and the Governget the next season or two seasons in s still on dock and is being thorough ment to encourage this should give any ship so chartered the carrying of fishing. We have been following that This morning two of Harvey & Co's. plan now for a number of years-it

has been ten years—and our fishing last year showed a marked increase; the year before a slight increase. For this year the statistics are not en-Dec. 15 1910.

tirely made up, yet as far as we have gone it appears that we are going to get a very fair increase in the catch of

lobsters. The 9-inch law which is in force in Massachusetts and Rhode Is. was pretty severe while it lasted but suddenly terimnated at noon. At noon the Marine and Fisheries Depart-ment had another wire from Torouto and the Provinces gives more or less trouble among the fishermen, from the fact that a fisherman is more or fact that a fisherman is more or less greedy; when he gets something that he has picked up out of the water he is apt to want to sell it; and we have enforced the law by making it a pen-alty-a fine of \$1-for each lobster found in any man's possession wheth- ϵ_r he caught it or whether he bought giving warning of its approach. displayed at the station on the Battery

continue as producers of lobsters we the Cullinan. must resort to the game system of agreed, for instance, that Hortensio where there was plenty of snow af-Borghese, the enetian lapidary who ter which the horses went on with

saying that a heavy gale would pre-vail on the east coast of the Island beginning at west and shifting to north. No. 4 signal was ordered to he two-thirds.

ly repaired.

ANNIVERSARY NEXT SUNDAY .-Sunday next will be anniversary Sun-day with the people attending Gower Street Sunday School. The M. G B. will parade at 10 a.m. that day to be present at the morning service

man named Harold Heales arrived here by the Fogota last night from Elliston to go to hospital. He suffers from a sore leg, walks with the aid of

HERBING VERY PLENTIFUL.-Herring of very large size and in great quantity struck in at Portugal Cove yesterday and good catches were made there. The people are barreling and curing them as they now are worth a good figure; \$4, per barrel.

the mails. We think this idea would meet with the general approval and we believe that besides freight many passengers would also offer as there are many people now here who would avail of such a chance to get home for Christmas. Many men who came off the railway are now here purchasing Christmas supplies and are anxious

they hire they place they intend to carry on the fish business on a large scale.

Here and There.

CLEARING THE GULLIES. -Fore-man Byrne had a gang of men out in their oilskins early this morning clearing the gullies.

WILL LOAD FOR BRAZIL. - The S. S. Aureola hauled into Job's south side premises to-day to load for Brazil.

GLASSES VERY LOW-The weather glasses in the city were lower this forencon than the past three years. It is likely that a big storm is approach-ing from the west.

IT WAS POSTED .- Miss White this norming picked up a letter addressed to Henry Follett of Western Bay and posted it, so that the sender need have no worry over the matter of los-

The S. S. Portia arrived at Curling at 5.45 p.m. yesterday and sailed dur-ing the night which was a very stormy

TAKEN TO HOSPITAL .-- Mr. Herpert LeMessurier who broke his leg ast night while coasting, was taken to Hospital to-day to have the X Rays used on him. He was bosun of the Dunure but will now be unable to go

BRUCE PASSENGERS .- The S. S. Reycher, W. Barron, W. Murray, Capt. A. B. Cotlan, W. Moore, J. P. Kielly, J. Furgeson, Capt. Couillard, Miss M. Joyce, M. J. Polson.

The west bound express left Norris Arm at 8.20 a.m. to-day. The local arrived at noon to-day bringing 40 passengers including, J. Carroll, E. Kennedy, T. P. Connors, W. Miller, Mr. Duley Keough, J. Mitchell. and wife. Mr.

Marine Notes.

The Almeriana arrived at Liverpool t noon to-day. The Fogota sails at midnight taking

Burt, John Fenelon and several others in saloon with 40 steerage.

Mr. M. B. Vail will leave for St.

the express on Sunday.



their loads.

Of course, the idea in dealing in this way with these costly gems is to increase their beauty, and thereby their value. But the desired result is not always obtained. Experts are

first cut the Koh-i-noor, thereby reducing it from 800 to 279 carats, bungled his work so badly as to reduce

Basfues at 9.45 a.m. to-day.

artificial propagation, otherwise this valuable fishery will be destroyed. D. W.P. ANOTHER STORM APPROACHING. The southerly gale of this morning

The incoming express left Port aux

caught near the street car track at the foot of Holloway Street. The horses could not pull them clear and were taken out, when a street car was hitched up to the waggons and drew the teams easily to a place

CAME FOR HOSPITAL. - A young

crutches, and as there was no roor for him for the present in the Hospi

to send them home and to take passage themselves. HALIFAX FISH FIRM .- The firm of Silver & Co., Halifax, are also ne-gotiating for the premises now occu-

horses attached to slovens laden with heavy freights of butter became

Chance to Bring Out Facts

A disagreement about advertising arose with a "Weekly" Journal.

Following it, an attack on us appeared in their editorial columns, sneering at the claims we made, particularly regarding Appendicitis.

We replied through the regular papers and the "weekly" thought we bit back rather too hard and thereupon sued for libel.

The advertisement the "weekly" attacked us about claimed that in many cases of appendicitis an operation could be avoided by discontinuing indigestible lood, washing out the bowels and taking a predigested food Grape-Nuts.

Observe we said MANY cases not all.

Wouldn't that knowledge be a comfort to those who fear a surgeon's knife as they fear death?

The "weekly" writer said that was a lie.

We replied that he was ignorant of the facts.

He was put on the stand and compelled to admit he was not a Dr. and had no medical knowledge of appendicitis and never investigated to find out if the testimonial letters to our Co. were genuine.

A famous surgeon testified that when an operation was required Grape-Nuts would not obviate it. True.

We never claimed that when an operation was required Grape-Nuts would prevent it.

The surgeon testified bacteria [germs] helped to bring on an attack and bacteria was grown by undigested food frequently.

We claimed and proved by other famous experts that undigested food was largely responsible for appendicitis.

We showed by expert testimony that many cases are healed without a knife, but by stopping the use of food which did not digest, and when food was required again it was helpful to use a predigested food which did not overtax the weakened organs of digestion.

When a pain in the right side appears it is not always necesand the second stand of the sary to be rushed off to a hospital and, at the risk of death, be cut.

Plain common sense shows the better way is to stop food that evidently has not been digested.

Then, when food is required, use an easily digested food. Grape-Nuts or any other if you know it to be predigested (partly digested before taking).

We brought to Court analytical chemists from New York, Chicago and Mishawaka, Ind., who swore to the analysis of Grape-Nuts and that part of the starchy part of the wheat and barley had been transformed into sugar, the kind of sugar produced in the human body by digesting starch (the large part of food).

Some of the State chemists brought on by the "weekly" said Grape-Nuts could not be called a "predigested" food because not all of it was digested out: ide the body.

The other chemists said any food which had been partly or half digested outside the body was commonly known as " predigested."

Splitting hairs about the meaning of a word.

It is sufficient that if only one-half of the food is "predigested," it is easier on weakened stomach and bowels than food in which no part is predigested.

To show the facts we introduce Dr. Thos. Darlington, former chief of the N. Y. Board of Health, Dr. Ralph W. Webster, chief of the Chicago Laboratories, and Dr. B. Sachs, N. Y.

If we were a little severe in our denunciation of a writer, self-confessed ignorant about appendicitis and its cause, it is possible the public will excuse us, in view of the fact that our head, Mr. C. W. Post, has made a lifetime study of food, food digestion and effects, and the conclusions are indorsed by many of the best medical authorities of the day.

It is possible that we are at fault for suggesting, as a Father and Mother might, to one of the family who announced a pain in the side : " Stop using the food, greasy meats, gravies, mince pie, cheese, too much starchy food, &c., &c., which has not been digested, then when again ready for food use Grape-Nuts because it is easy of digestion?"

Or should the child be at once carted off to a hospital and cut.

"We have known of many cases wherein the approaching signs of appendicitis have disappeared by the suggestion being followed.

No one better appreciates the value of a skilful physician when a person is in the awful throes of acute appendicitis, but "an ounce of prevention is worth a pound of cure."

Just plain old common sense is helpful even nowadays.

This trial demonstrated Grape-Nuts food is pure beyond question.

It is partly predigested.

Appendicitis generally has rise from undigested food.

It is not always necessary to operate.

It is best to stop all food.

When ready to begin feeding use a predigested food.

It is palatable and strong in Nourishment.

It will pay fine returns in health to quit the heavy breakfasts and lunches and use less food but select food certainly known to contain the elements nature requires to sustain the body. May we be permitted to suggest a breakfast of fruit, Grape-Nuts and cream, two soft boiled eggs, and some hot toast and cocoa, milk or Postum.

The question of whether Grape-Nuts does or does not contain the elements which nature requires for the nourishment of the brain, also of its purity, will be treated in later newspaper articles.

Good food is important and its effect on the body is also important.

"There's a Reason"

Postum Cereal Co., Ltd, Battle Creek, Mich.

