

A TALK WITH GIRLS. HOW TO OBTAIN BRIGHT EYES AND ROBY OBEYS.

Pale, Anemic and Easily Tired Girls Often Fall a Prey to Consumption.

In young girls we look for abundant health and strength, rosy cheeks, bright eyes, firm, plump flesh and constant cheerfulness. How often, however, we meet young girls who seem prematurely old, feeble, pale, listless, thin, irritable. These abnormal and dangerous conditions are due to a general weakness of the blood system. She has cured just as promptly as possible or the whole life of the patient will be ruined, if indeed, decline and consumption do not speedily follow. Dr. Williams' Pink Pills for Pale People are the natural, logical and sure cure for weak girls. These pills make rich, red blood with every dose. They strengthen the nerves, act upon the whole system and bring health, strength and happiness to those who use them.

Mrs. Hiram Rinkler, South Pelham township, Welland County, Ont., says: "It is with pleasure that I give this tribute to the health-reviving virtues of Dr. Williams' Pink Pills. When my daughter Lena began the use of your medicine she was in a most wretched condition. In fact we were advised that she would never recover. The symptoms were a feeling of languor and weakness, gradual loss of flesh, had little or no appetite and was apparently going into a decline. Her condition was complicated with a persistent sore throat, which gave her great difficulty in swallowing. She was placed under the care of a doctor who said her blood was poor and watery and her whole system was badly run down. The doctor's treatment did not help her much, and when seeing on the advice of a neighbor, I began to give her Dr. Williams' Pink Pills. The confidence with which this medicine was urged upon us was not misplaced. Very soon noticed a distinct improvement in my daughter. The loss of flesh was restored, her appetite returned and from that time she has been a healthy, happy girl, the very picture of health."

These pills never fail to restore health and strength in cases like the above. Through their action on the blood and nerves they also cure such diseases as rheumatism, neuralgia, St. Vitus' dance, indigestion, kidney trouble, partial paralysis, etc. There are many so-called pills, but few are so good as the genuine. Dr. Williams' Pink Pills for Pale People on every box. If your dealer does not keep them they will be sent postpaid at 50 cents a box of six pills, or \$2.50 by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

JAWSON WAS WRONG. Jawson, who is an inveterate rascal and a bore of the first magnitude, had been retelling to his friend some humorous story of a woman whose hair had turned grey in a single night. "Fact, I assure you, I knew the party."

"If you say you knew the lady in question, I think you are telling a story to be true," commented the friend, in a tone which made the story-teller feel rather uncomfortable.

"Of course I knew her," was the testy answer; "and it's such an uncommon occurrence as you seem to imagine. I knew a man once—"

"And his hair turned grey, too?" interrupted the victim. "Well, I don't wonder at it."

"This made Jawson a little sulky, but he specially became interested when his friend remarked: "Your story is a good one, but I am a lady I used to know, but she became grey in a single hour—less than an hour, in fact, and she was not a young girl."

"Some terrible shock, I suppose," remarked Jawson. "I dare say it would be," continued the friend; "at any rate, it happened while she was getting married."

"Oh, I understand," said Jawson sagely; "the man would have another wife alive; it would all be covered at the eleventh hour; a terrible scene would ensue, and all that sort of thing."

"You're not within a mile of it, Jawson," was the unfeeling answer. "This lady I married, she was a well-known name, Gray, and she, of course, became Gray as soon as the knot was tied."

TEETHING TIME. Is the Critical Age in the Life of All Little Ones.

During the teething period great care should be taken of baby's health. The little one suffers greatly. His gums are hard and inflamed and any disorder of the stomach or bowels increases the pervasiveness of the child and often fatal results follow. Mother's greatest aid at this period is Baby's Own Tablets—the surest and most reliable remedies in curing the minor ailments of children. Among the many mothers who testify to the value of these Tablets is Mrs. R. B. Bickford, Glen Sutton, Que., who says: "My little baby suffered much from teething and indigestion. I procured a box of Baby's Own Tablets and it worked wonders in baby's condition. In fact I believe it saved my little one's life. I sincerely believe that where new babies a home is added through death of a little one, joy would be supreme if these tablets had been used. I consider them baby's best doctor and would not be without them."

Baby's Own Tablets when given in accordance with the directions prevent restlessness and nervousness, cure simple fever, diarrhoea, constipation, colic and all stomach troubles. Guaranteed to contain no opiates or other harmful drugs. By dissolving a tablet in water it can be given with absolute safety to the very youngest baby. Sold by druggists, or direct by mail, post paid, at 25 cents a box, by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

VENOEAUSE WAS HIS. An Irishman used another for killing his dog.

"Did you kill that dog, Murphy?" asked the judge. "I did, yer honor, but I'll make him prove it."

A Scourge of Doubt. THE ERROR OF LADY BLUNDEN.

CHAPTER IV. "Well, what do you think of him, Gretchen?" asks Kitty.

"I thought him handsome,—particularly handsome,—but sad," says Gretchen, a little absently. She has been somewhat silent since her return home, and apparently full of thought.

"Quite depressing," remarks Mrs. Tremaine; "one hardly knew what to say to her. I don't know how I should have sustained conversation. She chattered so long, but I don't know how I should have sustained conversation. She chattered so long, but I don't know how I should have sustained conversation. She chattered so long, but I don't know how I should have sustained conversation."

"But this is a most miserable state of affairs," exclaims Mr. Tremaine, anxiously. "It is most unneighborly and inhospitable to think of his being there all alone, when perhaps he would like to be there. It is so interesting to drive him melancholy mad, I would like to see him brooding over his misadventure."

"You are going to propose something, Harry," says Mrs. Tremaine, with a smile. "And you guess what it is?" asks an answering smile.

"I think we ought to invite him here, poor Mr. Spencer's son; is that it? You see I always knew your thoughts."

"Ah! that is just what was in my head," Gretchen breaks in eagerly. "How thoughtful you are, Papa! I am sure he would be happier here. When I was leaving his room to-day I would have almost anything to be able to go back again, to have got a book and drawn my chair close to his and read to him for an hour or so. It seemed cruel to be so strong and healthy, when he was so afflicted."

"The library would be a charming place for him to lie in all day," says Gretchen, very gently. "It is only a pretty room and we occupy it so much during the morning and nearly all the evening."

"But his bedroom," ponders Mrs. Tremaine, thoughtfully. "I could see it would be so painful to him to be about his unhappy condition, and I don't think he would submit to be called upon to go down stairs to his strange house."

"He may have my morning room," says Gretchen, "willingly; it is only the library, and he can be easily brought from one room to the other."

"But you will miss your room, dearest," says her mother. "For the time being I shall inflict myself upon Kitty. You don't mind, do you, Gretchen?"

"I think, papa, it would be almost better if mamma went," puts in Gretchen, very gently. "It is only her hand a soft little squeeze. You are the kindest old puppy in the world, but perhaps mamma could explain better, you know—"

SUNLIGHT SOAP REDUCES SOAP EXPENSE. FARM-FIELD SOAP FOR THE GARDEN.

SEEDING RAPE WITH OATS. Rape is now so extensively grown here that no definite explanation need be given in regard to its cultivation. But many farmers are to be said, that it is an excellent feed for dairy cows, sheep and hogs. It can be sown in the fall, and will be ready for cutting in the spring.

PREPARATION OF THE SOIL. The testimony of successful farmers on this subject confirms the statement that thorough preparation of the soil not only increases the yield, but it is the best known method of defence against adverse seasons. It is in fact the only known method of securing a good crop, and an essential part of the protective treatment of all cultivated crops. Thorough preparation and cultivation cost labor and money, but not nearly so much as a poor crop, and the loss of the crop. And yet many farmers, strange to say, do not prepare their land at all.

Ceylon Tea is the finest Tea the world produces, and is sold only in lead packets. Black, Mixed and Green. Ceylon tea drinkers try "Balala" Green tea.

A ROUND DOZEN. Several men were holding an argument in a room, when one of them offered to lay a wager that a round dozen could be produced in a round dozen of the most famous brand of oysters at the rate of two and one-half cents a dozen.

EXERCISING HORSES. An English Army officer, writing on the care of horses, says: "Regular exercise is an important element in the development of the highest powers of the horse. The horse in regular work will suffer less in his legs than another, for he becomes gradually and thoroughly accustomed to the work by including the inside and the outside."

PULP AND PAPER. Canada is Pre-eminently the Greatest Pulp Wood Producing Country in the World. The prospectus of the Atlantic Pulp and Paper Company, Limited, says: "The company is situated at the Little Caspascadia River, near the mouth of the St. Lawrence, where it is proposed to erect a paper mill with a daily capacity of 50 tons."

BROKEN LANGUAGE. We Understand It Much Better Than Do the Europeans. One is reminded of the Parliamen London man and the Berliner can't understand any one who speaks his language brokenly. Where would we be if we had a dozen sorts of English like that? We must understand our own language.

WHAT KILLS CLOVER. Under ordinary conditions clover is a biennial. Sown in the spring, it will live for two years, and then die. Its mission being ended. Some farmers, however, are so greedy by clover, that they will sow it for a few days in a horse in high condition, he will put on fat. He will be making daily gains, and a large amount of material needed to supply the consumption caused by his work. The clover is a biennial, but will live for two years, and then die.

DISPOSAL OF MANURE. The problem of how best to conserve the fertilizing materials in farmyard manure is ever a vexing one. Theoretical considerations suggest the advisability of hauling from the yard and spreading it on the fields as quickly as possible to prevent destructive fermentation and loss from leaching. This is the most profitable and the most convenient method for the farmer who has a large amount of manure to dispose of.

BARN CLEANING. Every farmer should take as much pride in his barn as he does in his house. The barn should be kept clean and free from rubbish. The floors should be washed and the walls should be kept free from dirt. The barn should be kept clean and free from rubbish.

Page Acme Poultry Netting. A close meshed netting used for catching poultry. It is made of fine wire and is very durable and cheap. It is used for catching chickens, geese, ducks, and other poultry. It is a very useful and economical netting.

MAPLE SYRUP. We are handling large quantities. We can handle yours to advantage.

THE WONDERFUL X-RAYS IN CANCER CASES. Recent articles have appeared in the press announcing the wonderful discovery by a celebrated European surgeon, of the cure of cancer by the X-Ray treatment, and while it appears as if this might be a great boon to the world, it is not generally known that during the last two years several wonderful cures have been effected in our own country, in the City of Hamilton, by one of its well-known physicians, Dr. Cummings.

KEEP MINARD'S LINIMENT IN THE HOUSE. India's Government used to import 250,000 worth of quinine yearly. Now they have in Bengal alone four million cinchona plants.

Eddy's "Headlight" Parlor Matches. Non-Sulphurous. Odorless. Every Stick—A Match. Every Match—A Lighter.

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THE MOST NUTRITIOUS. EPPS'S GRAPEFUL COMFORTING COCOA BREAKFAST-SUPPER. Ask Hunsford—Oh, I don't think Mary would do such a mean thing as that. I have always heard people say that Epps's Cocoa was generous to the poor. Uncle George—When the fault happens to be hers, she is.

Minard's Liniment Lumberman's Friend. The finest match in the world, made from first quality pine, and especially suitable for domestic use. It is a match that is a match. It is a match that is a match.