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MONTREAL

Homœopathic Record

DEVOTED TO THE INTERESTS OF HOMŒOPATHY AND OF THE MONTREAL
HOMŒOPATHIC HOSPITAL.

Vol. III. No. 6

MONTREAL, JUNE, 1898.

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SUMMER DIARRHŒEA.

ITS CAUSES AND TREATMENT.

The summer season is usually a time of merry making and pleasure excursions, but it is also often a season of great anxiety to parents with young children. The heat and sudden changes of weather are conducive to serious intestinal disorders. Diarrhœa and vomiting will often inaugurate a severe cholera infantum that must be speedily relieved or death will ensue. Sometimes a persistent diarrhœa in infancy will cause rapid depression and fatal results.

Medical authorities give different names to various kinds of diarrhœal affections. A simple, irritative or mechanical diarrhœa is called acute intestinal indigestion. Excessive or improper feeding is a frequent cause. The custom of giving the babe a taste of various things at the table is unwise and productive of harm. Comparatively few parents feed their children properly. The tendency is to overfeed. More children die from this cause than from underfeeding. The impaired digestion may be caused by some ailment in the child itself, such as tuberculosis or some other wasting disease. Or the mother's milk may be unhealthy, and not suited to the infant. †

The diarrhœa may come on suddenly, or there may be symptoms preceding for several days. Restlessness, disturbed

sleep, abdominal pains, nausea or vomiting may be present before the diarrhœa comes. The stools will vary greatly in color; in infants they are apt to be green. When the stool is very acid there is likely to be severe straining with urging. This is not a good sign, and should be corrected as soon as possible. In this so called acute intestinal indigestion the diarrhœa will diminish during the quiet hours of sleep when no food and drinks are taken. Unless soon checked the stools will become thin, watery and more frequent. The patient is thirsty, peevish and restless; the features are pale and drawn; the tissues become soft and flabby, and there is a rapid loss of weight. The fever is not constant unless the simple form develops into a true inflammatory diarrhœa.

The treatment is often puzzling. The nursing infant must be given proper periods of rest. A babe should not sleep with its mother; the little one is apt to gorge itself as well as exhaust the mother. To properly nourish her child, the mother must get good food, sufficient sleep and plenty of fresh air. Prepared foods are sometimes used with good effect when suitable milk cannot be obtained. Barley or rice water may be given. If thirst is present give plenty of cool boiled water; frequent sponging will generally be soothing; allow plenty of fresh air at all times.

The medicinal treatment is very important and calls for careful investigation of the selected remedy. Space does not permit giving indications, but the following remedies have been found the most useful:—Aethusa, Arsenic, Belladonna, Bryonia, Calc Carb, Calc Phos., Cham., China, Cina and Ipecac. Indications for these drugs can be found in any of the domestic homœopathic books.

A. R. GRIFFITH, M. D.

† Purchasers should mention the Homœopathic Record, to encourage our generous advertisers.

SCIENCE JOTTINGS.

Dr. Andrew Wilson in *Illustrated London News*.

A handy and interesting *Life of Pasteur* has been published by Messrs. Cassel & Co., the authors being Professor and Mrs. Frankland. I have read the book with pleasure, although I was familiar with Pasteur's life-work, and although I had already perused more than one biography of the distinguished scientist. Pasteur, during his lifetime, was a very much abused man. People, ignorant of science altogether, ridiculed his aspirations, criticised his methods, and condemned his results. All his splendid work in connection with anthrax, with silkworm disease, with the spoiling of wines, and other industrial matters is forgotten by many of the critics to whom I allude. This record of Pasteur's Labors should serve to show sceptics how great is the progress in medicine and science at large, which is due to the investigations of the Rue d'Ulm.

* * * * *

"Knowledge comes but wisdom lingers," sings the poet. I am afraid even knowledge itself is a little tardy in certain matters relating to our personal interests. I was reading the other day a list of ailments of which certain pills are said to effect an "undoubted cure." Here is part of the little list—paralysis, locomotor ataxia, spinal disease, rheumatism, consumption and "decline," St. Vitus' dance, rickets (?), scrofula, and kidney diseases. Now does anybody, short of being a consummate fool, to speak plainly, believe that any pill can equally "cure" all (or any) of the serious constitutional troubles here enumerated? Or has the patent pill-maker discovered the "philosopher's stone" in medicine, whereby his pills (at 2s. 9d. the box) should cure everything?

ALCOHOL AND SOME POPULAR MEDICINES.

In the report of the Massachusetts State Board of Health are found the following statements of the percentage of alcohol as an ingredient of nerve stimulants and blood purifiers: Ayer's Sarsaparilla, 26.2 per cent.; Hood's Sarsaparilla, 18.8 per cent.; Paine's Celery compound, 21 per cent., and Greene's nervura, 17.2. Malt liquors contain from 1.5 to 8 per cent. of alcohol, wines from 8 to 20 per cent., while ardent spirits, of which whisky is a type, contains from 45 to 60 per cent., of alcohol. Among the wines it is

only old Port that contains more than 17 per cent. alcohol. Among the wines it is therefore apparent that these "nerve stimulants" and "blood purifiers" outrank wines in the amount of alcohol, while Ayer's Sarsaparilla reaches almost the proportion that should classify it as "ardent." No wonder great benefit is claimed for these universally used "remedies." The man or woman who is benefited by a draught of "Schnaps" cannot fail of rejuvenation by a dose of these medical "Schnaps." Better take your whiskey straight.—*Med. Arena*.

THEY HAVE THEIR REWARD.

A recent writer earnestly protests against the common habit of crossing the legs at the knees when sitting, claiming that it is at least one cause of cold feet, headache, varicose veins, ulcers, and other troubles due to poor circulation in the lower limbs. The reason of this lies in the fact that just under the knee, where the greatest pressure comes in this position, there are large veins, arteries and nerves, whose walls are pressed together, thus interfering more or less with the circulation and sensation. Hereafter when you see a car full of your cross-legged fellow creatures over, or around, whose feet you must go, it will be a sort of negative satisfaction to realize that they will meet their reward. They merit it.—*Homwo. Envoy*.

SICK ROOM COOKERY.

BAKED BANANAS—Strip the skins from the bananas, place them in a granite or porcelain baking dish, sprinkle over a tablespoon of sugar; add four or five tablespoons of water and bake in a quick oven for twenty minutes, basting once or twice. Serve while warm.

CHOCOLATE PUDDING—Put one pint of milk into a double boiler. Separate four eggs and beat the whites to a stiff froth. Moisten four even tablespoonfuls of cornstarch with cold milk, stir this into the hot milk; stir and cook until thick and smooth. Add half a cup of sugar and four ounces of grated chocolate; take from the fire and stir in the well beaten whites of the eggs, turn into a mould or small cups and stand away to harden. Beat the yolks of the eggs with four tablespoons full of sugar, add to them one pint of scalding milk, cook for a moment as you would soft custard, add tablespoonful of vanilla and turn out to cool. Serve the pudding in a deep dish with the custard poured around.

HOSPITAL NOTES.

Dr. Baker, the resident house officer, has arrived, and is established in the room fitted up by Dr. and Mrs. Fisher.

Extensive repairs and painting have greatly improved all the wards and halls of the Hospital, advantage having been taken of a time when there were comparatively few under treatment.

As many of the Auxiliary are leaving the city for the summer, or have already gone, the work of the executive falls upon the few faithful ones who remain.

At the last meeting of the Woman's Auxiliary it was resolved to repeat the "House-keepers' Sale" in October, the last one having proved a decided success. The members and friends are reminded when putting up their own fruit, especially small fruit, for which there was a demand at the last sale—to remember to set aside a little of each kind for the use of the hospital. Useful household articles, as aprons, dusters, wash cloths, bags, etc., can be made in leisure moments and sell well. Let each member make an article and get their friends to contribute one and the burden will not be heavy on each.

DONATIONS FOR MAY.

Mrs. A. H. Thomson, vials and cotton, cakes and buns for the nurses.

Lyman, Knox & Co., 5½ lbs. castile soap.

Lyman, Sons & Co., 9½ lbs. soap.

W. H. Chapman, castile soap.

Miss Dow, 3 doz. rhubarb, 10 lbs. sugar.

Mrs. Murphy, 8 qts. fruit.

Y. W. C. T. U., 10 magazines.

Mrs. Loynachan, vials and flowers.

The children of the Ministering League of St. James the Apostle Church, a large screen.

W. C. T. U., Eastman Ave., flowers.

Westmount Flower Mission, flowers.

Montreal Flower Mission, flowers.

HOSPITAL REPORT

FOR QUARTER ENDING MAY 31ST.

In Hospital, March 1st.....	14
Admitted.....	57
Discharged.....	65
Died.....	3
In Hospital, May 31st.....	3

HINTS.

"In case of rheumatoid troubles better from motion when *Rhus* and *Aconite* fail try *Dulcamara* 3x."—Sanderson.

When fear is especially marked in a case *Aconite* is apt to prove curative regardless of other symptoms.

Cough, fever, alternated with chill, in the beginning, *Aconite*.

Piles, with backache and deranged liver, try *Aesculus hip* 3.

Jerking or twitching of any part may be relieved by *Agaricus* 3.

Frontal headache is characteristic of *Aloc*.

Aloc is also a remedy for "treacherous diarrhoea" when patient cannot retain stool.

Constipation associated with sore rectum and anus and blood with hard stools calls for *Albumina* 30.

Anaemic debility, sleepless, twitching of muscles has been relieved by *Ambra* 3.

Where there is deafness associated with loss of memory try *Anacardium* 3.

For illness following too much candy *Antimonium crud.* 3 is a good remedy. Per contra, it is also said to relieve the bad stomach effects of sour wine.

Another indication for *Antimon. crud.* 3 is when cold water either internally or externally disagrees.

Antimon. crud. 3 is also a remedy for alternating diarrhoea and constipation, especially with those advanced in life.

The *Arsenicum* "cold" is fluent, watery, burning, acrid and sneezing.

Nuc. vomica is reported to have cured, or greatly aided rupture. Do not give it oftener than twice a week and not lower than the sixth potency. External means should of course be gently employed also.

For a skin which is in a constant state of desquamation and seems to be slightly chapped even in summer, hands very much chapped during cold weather, *Arsenicum* 30 might be found of benefit.

For chronic catarrh of the throat and head raise considerable, breath smells very bad, seems as though he would choke in raising the yellow matter that collects in throat, try *Kali bichromicum*, and if not better in a week or two, *Kali sulphuricum*. Get 3x trituration of each.
—*Homoeopathic Enrop.*

have done after their systems are drug-wrecks. He asks (in the new order of things longed for by those quoted above) for a homœopath, and is told that since the medical millenium there are no "sectarians," all are now "physicians;" no one is allowed to use a "trade-mark" to catch patients; all are one dead level. Has the man who pays the bills no rights? If, as the new tack puts it, "It is not Homœopathy to which we object but the sectarian 'homœopathic physician,'" how is our drug-man to find what he wants? Or is it none of his business?—*Homœopathic Envy.*

WOMAN'S AUXILIARY, MONTREAL
HOMŒOPATHIC HOSPITAL.

CASH STATEMENT FOR MONTH ENDING MAY
31, 1895.

April 30.	Dr.	
	To balance on hand	\$250 60
May 31.		
	To subscriptions	47 00
	" bread money.....	5 25
	" patients and nurses' services	210 05
	" birthday party returns, ad-	
	ditional	12 43
	" dispensary returns for April	11 44
	" medal fund	1 25
		\$538 02

SUBSCRIPTIONS RECEIVED.

The Woman's Auxiliary acknowledges, with many thanks, the following subscriptions received during May:—

The Misses Dow.....	\$30 00
Dr. Morgan.....	5 00
Henri Jonas & Co.....	5 00
Mr. Thomas Moodie.....	5 00
Miss Ames.....	2 00
	\$47 00

May 31.	Cr.	
	By salaries and wages	\$117 70
	" household expenses	130 71
	" hospital expenses...	64 11
	" medical and surgi-	63 50
	cal supplies.....	63 50
	" balance	162 00
		\$538
	HARRIET W. PATTON, Treasurer, W. A., M. H. H.	

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MONTREAL HOMOEOPATHIC PHYSICIANS' DIRECTORY.

HUGH MATHEWSON PATTON, B.A., M.D., C.M.
125 MANSFIELD STREET.
Telephone 3077.

DR. A. R. GRIFFITH,
Office, Poole's Building, 2 to 4 p.m.
Residence, 535 Wellington St., 18 to 10 a.m.
17 to 8 p.m.
Telephone: Uptown, 4147; Residence, 8344.

SCOTT NICHOL, M.D.
140 MANSFIELD STREET
Telephone 3231.

LAURA MÜLLER, M.D.
213 STANLEY STREET.
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