## Pages Missing

## VOLUME XII. <br> TORONTO, MAY, 1920 <br> EVERYWOMAN'S <br> WORLD <br> Canada's Greatest Magazine

## Columbia

## Grafonola

For a Lifetime

What wedding gift could be more appropriate? With


## of Musical Happiness

 the many Columbia models it is so easy to find exactly the right instrument for the new home.Cabinets of exquisite beauty. Pure, unmuffled richness of tone. And last, but by no means least, the new Grafonola models are equipped with the Columbia Non-Set Automatic Stop, the only automatic stop that requires absolutely no setting.
Invisible, built right into the motor, it operates on any record, long or short. There is nothing to move or set or measure. Just put on your record and listen to the music.

## Was Plato Right or Wrong?



W AS Plato right or wrong? Is it possible for a married woman to have a male friend besides her husband ? Can a husband have, with safety, a woman friend besides his wife?
Some say Plato started the argument when he put into the heads of both sexes the idea of Platonic friendship. Others say it simply can't be donethat the only place Platonic friendship is possible is in the pages of a book. And the war started the ball merrily rolling again.
Tales of the lads in the trenches, tales of the lassies at home, bring back Banquo's ghost to the feast. For many a brave and bonny soldier returned to find a friend-a Platonic friend-at the family board, and many a wife found a Platonic missive forgotten in pockets of friend husband.
And with accumulated evidence aplenty, the Jury of Public Opinion must sit in judgment upon the case of "The Eternal Triangle."

As a member of the jury, the case of "The Eternal Triangle" will be presented to you in the June issue

Do you believe it possible and right for a married woman to have a male friend other than her husband, or a married man to have a woman friend oth:r than his wife ?
"The Eternal Triangle," by W. R. Titterton, presents a problem reborn of the war-a problem of deep significance. It cannot fail to interest you.


Amount enclosed: $\$ 2.00$
 00

## What Was the Mystery of the Convent in the Forest?

ADARKSOME night, an unhorsed cavalier seeking shelter from the storm, a grey stone convent in the forest and a woman's ilting laugh from out the shadows.
Was it a venturesome sister straying abroad in the dark o' night that thus intrigued a bold cavalier with her mocking whisper ?
Was it a court favourite hiding
 incognito from an unwelcome amour-shutting her beauty within the protecting walls of the old ivied convent?
Or was it a mad fancy born of the stirrup cup that left a faintly perfumed slipper within the grasp of the pursuing cavalier?

It must have been a mad dream-for the convent vanished, the mocking laugh was gone-only the dainty little slipper remained

What was the mystery of the convent in the forest? To whom did the tantalizing laugh and tiny slipper belong ? Can a cavalier court a lovely lady whose only clue is a lilting laugh and little slipper?
With the dash and the piquancy of a DumasEleanor M. Ingram draws aside the curtain of mystery and reveals "The Duke, the Slipper and Dolores" appearing complete in the June issue. The hero has only a slipper as a guide to solve the mysterv. How did he do it?


## $\$ 3,000.00$ First Prize for a Thought

## 103 other prizes from $\$ 1,000$ to $\$ 10.00$

ANOTHER Eveready contest! Another chance to win a big cash prize! Another incentive for active-minded men, women, boys and girls-for everybody with imagination.
On June 1, Daylo dealers throughout the United States and Canada will display in their windows the new Daylo Contest Picture. It has no title. The story it tells is a great big interesting, intensely human one. A thousand different people will see a thousand different stories in the picture. The story the picture tells you may be the most interesting - the prize winner-the story that may be worth $\$ 3000.00$ to you.
If your answer doesn't win first it may win the second prize- $\$ 1000.00$ -or one of the 102 other prizes, none less than $\$ 10.00$.

Go to the store of a Daylo dealer. Study the picture in the window and write, on a contest blank which the dealer will give you, what you think the letter says. Use 12 words or less. For the best answer that conforms to the contest rules, the winner will receive $\$ 3000.00$ in cash. Answers will be judged by the editors of LIFE. If two or more contestants submit the identical answer selected by the judges for any prize, the full amount of that prize will be paid to each.

Anyone may enter. There is no cost or obligation of any kind. Submit as many answers as you wish. But do not delay. Get an early look at the picture.

Then send in your answers. Contest closes midnight, August 1st.

TO DEALERS: There is still an opportunity to secure
display and contest material for this record-breaking event. Write to the following address:

CANADIAN NATIONAL CARBON COMPANY
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oronto, Ontario
List of Prizes


## Poland Ronours fier Rero Musician

＂Plaque＂Placed on House in Paris where Frédéric François Chopin Produced His

Most Noteworthy Compositions

PADEREWSKI is not the only great musician of Poland who will
live in the hearts of his countrymen as a great politician as well as a great artist．With the placing of a plaque on the house in Paris where Chopin lived from 1842 to 1849 ，Chopin＇s memory has been commemorated as a great patriot．The ceremony was： conducted under the supervision of Count Maurice Zamoyski，the Polish Minister to Paris．It was in this house，on which the plaque has been placed，that Chopin lived the feverish， productive years of his life．The house is situated in the Rue Taitbout，just off the busy boulevards of to－day． But in Chopin＇s time the boulevard was just a mere broad，tree－lined thoroughfare．
It was here that Chopin and George
was just as much in evidence in the accoutrements of the army of to－day as it did honour to his fellow patriot．

CHOPIN，himself，was always much Ueloved by the French people as well as by his compatriots．He was born near Warsaw and began his musical training at the age of nine under Ziwny，a pupil of Sebastian Bach． Prince Radziwill sent him to Warsaw College，where his genius began to assert itself．Later on he became a pupil at the Warsaw Conservatory，and there thoroughly mastered the science of music．His fellow students introduced him into the highest society，and he soon developed the romantic spirit of the Polish race．He embraced the imaginative melancholy of the peasant as well as the grace and culture of the


Sand gathered the talented Polish exiles and those compatriots who left the native land to take advantage of the opportunities which Paris offered them．George Sand was just as en－ thusiastic as Chopin in welcoming and bringing together all the artists and men of letters of Poland who lived in Paris．
Chopin＇s heart would have beat loudly had he been present in person on the day of the commemoration of his services to Poland．Before the narrow portals of the his headquarters for more than made his headquarters for more than Peven years，was drawn upiform which Polish soldiers，in the uniform which But the white eagle，which formed the insignia of the army in Chopin＇s day，

Polish aristocrat，and his character shines out through all his compositions． He went and settled in Paris and lived and worked a mong the elite，and it was here he met with George Sand，and that extraordinary friendship arose．Chopin， early in life，developed consumption， which must have made all labour very arduous．He is buried in Pere Lachaise beside Cherebini and Bellini．His com－
positions stand alone owing to the pecu－ liar nature of his genius；they are ex－ tremely beautiful and full of poetic imagery．He mostly employed dance forms round which to weave his melo－ dies．With regard to his technique on the piano，he was among the finest executants，and he introduced the free use of the thumb on the black keys
which revolutionized all piano playing．

Ye Olde Firme＂－Established 1850－70 Years The name is your guarantee


## All Three Delighted！

Talking＂o＇er the teacups，＂as Wendell Holmes would say．Womanlike，however，differing on some points，but all of one opinion on the wisdom of choosing a

## 㚅cintzman \＆ $\mathbb{C} 0$ 。 Ant 接保o

for the boy of the family who is destined to become a distinguished musician．

Teachers of high standing warmly endorse the Heintz－ man \＆Co．，piano as the outstanding piano of the day．
－＂It gives me pleasure to testify as to the superior quality of the Heintzman
\＆Co．piano now in use by me in my class at the Conservatory of Music．＂ \＆Co．piano now in use by me in my class at the Conservatory of Music．＂
－＂Your piano is distinguished for its mellow，rich，even quality，and the
touch is delightfully flexible and finely adjusted．＂W．O．ForsyTh，Director touch is delightfully flexible and finely adjusted．＂W．O．ForsyTh，Director
Canadian Academy of Music．
＂I am delighted with the
Grand pianos purchased from yout．＂．powerful and brilliant tone of the
Choir of Toronto and Teacher of Vocal Mus．FLETCAER，Conductor Schuberi

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Imitation is said to be the most sincere form of flattery．
but never equalled＂Le Costume Royal＂Fashions has been imi－
The woman to whom style is paramount finds＂Le Costume Royal＂the least expensive Pattern Service in the end．
＂Le Costume Royal＂is an exclusive feature of Everywoman＇s World．


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Soothing the weary with music's magic charm -rich as the peal of great cathedral chimesand clear as a whistle on a frosty morn-this describes the superb phonograph

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If you would learn why the Sonora is the "highest class talk ing machine in the world," why it was awarded highest honors for tone quality at the Panama Pacific Exposition-investigate its remarkable Motor, its specAmplifier Box, its unique Sound Amplifier, its patented AutoNearly all Sonora Models
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For Package of 5 Semi-Permanent Needles
Ask your dealer for a package of these These new, semi-permanent, silvered
wonderful now needles, They play needles increase the life of records, be-
from 50 to 100 times without being from 50 to 100 times without being
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cause the record-engaging poont, being
of the same diameter throughout, does of the same diameter throughout, does not enlarge as it wears down.

Save yourself constant needle changing. If your dealer does
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## Sonote=Neroles

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## Now For Scouting-

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Now that spring is here, let your boys have a real good
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## Insufficient Food

W HAT are the signs of insufficient which starts to nurse ravenously baby continues to do so for a few minutes even go to sle begins to stop and may But long before its pre at the breast. it is awake crying froper feeding time, babies usually feel cor its food. These get sufficient food to for they do not them warm. The bay bowel movement is small
but well-digested may be several during There day. Then the most noticeable thing to the mother is that the baby is not gaining in weight. How much should baby grow? Usually the the first few faster during the first few months of its first year towards the end first year. That is to say, the the during the first pounds a month months-gradually


If, by working it is insufficient gaining as it should that the baby is no sufficient as shown by the seat getting is to be done? Baby the scales, what both breasts at each nursing Thing ten minutes at each breast First two things. doubling Increases the
doubling the source. milk supply by by stimulatingeases the milk supply is known that the milk glands, for it comes a stimut the act of suckling beSo the baby i fo milk glands. at each feeding from each breast as the supply is or ten minutes-and three-hour feed not great, one uses the going into detail interval. Without that the feeding interval shent to say be less than three interval should never case IF YOU
insufficient having trouble with care of yourself to for the baby, take of sleep. Have get in the very best 9 hours in the 24
hours; get suf cient outdoor, in the sun, exercise if possible; ayoid anything exciting and eat good, wholesome moods,
wheal with nourishing about 20 warm
 supply of milk mith an abundant 6 p.m., 10 a.m., 9 a.m. 2 p.m., 6 p.m., and before 20 minutes
If nourishing time
o get sufficient a week's trial, still fails sider supplying the extra has to conby a bottle. It may extra milk needed milk supply will gradually your own so that you will gradually increase, bottle feeding later. able to omit the How does later
Take 8 ounces of whe extra milk? with the cream mixed in milk (in milk and 12 ounces of water, mix shaking) pan and boil for five minut a sauceall the time to keep mutes, stirring forming. Add sufficient a scum from Whake up to the original 20 water When about cool, mix in 20 ounces spoonfuls of white sugar. Keep in cool spoonf
place.
If
breast the baby requires say, 5 ounces from milk and obtains say, 3 ounces from you by nursing 7 or 8 minutes the feach breast, then give 2 ounces of etc formula in a bottle (bottle, nipple, baby reqterilized by boiling). If the ounces of ounces and obtains 4 3 lacking by the formula. Always nurse before giving the bottle, using both breasts. Keep on nursing even baby only gets a small amount from you for the to him. If is of great fally to use . If compeled fing follow along the lines which vill be given later.

## Too Much Food

COMMONLY known as dyspepsia. hese cases, the baby grows Continued on page 53)



IT is not at all uncommon tor a big ocean ship to stay in service for a century. Even though buffeted by storms without number, it rides the waves as on a cushion.
Hassler Shock Absorbers are to your Ford Car what the great cushion of water is to the ship. They take un every jolt and jar and prevent vibration.

You actually can add a third to the life of your Ford Car by equipping it with Hassler Shock Absorbers.
Your running expense, including tires, repairs, gasoline, is decreased very considerably. In fact, in tires and repairs there is at least a thirty per cent saving!

And not only is your Ford made a better investment, but a more satisfactory one. It is made comfortable; it steers easier; it is safer; and you can get greater service from it because you will feel inclined to drive it farther.

Regular Hasslers are for the Touring Car, Roadster and the Coupe. There are special Hasslers for the Ford Sedan. Also for the Ford Commercial Car and the Ford One-Ton Truck.

Hasslers do not necessitate the mutilation of the car in any way. They are quickly and easily installed by your garageman. You are privileged to use them for ten days and if you are not pleased they are removed without cost to you.
There should be a Hassler dealer near you. If you don't know him, write us and we'll tell you about our 10-day Trial Offer and see that you are supplied promptly.

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The conical springs set at the angle shown prevent sidesway and allow for the most resilient downward action. The springs compress on either upward or downward movements-do not stretch out of shape-do not allow up-throw. Hasslers last as long as the Ford and make it last

# Under Searching EyesDo you ever wince inwardly? 



Aunexpected meeting -a battery of eyes focused upon your faceCan you meet it with composure? Is your skin flawless? Clear, lovely in coloring?
Or is there some blemish that stands out mercilessly in your own consciousness? Some fault in your complexion that you know observant eyes must take notice of?
There is nothing that so destroys a man's or woman's poise and self-confidence as the consciousness of a complexion at fault. Even a little blemish in some conspicuous place makes you miserably embarrassed. You want to shrink into the back-ground. You lose your confidence, your gaiety. Your very personality is dimmed just when you are most anxious to appear at your best.

Yet this suffering is entirely needless. You need never be miserable and tonguetied from such self-consciousness. Almost anyone, by simple, regular hygienic care of the skin, can free her complexion of the defects that so commonly mar an otherwise lovely face.

Blackheads are such a disfigurement. Enlarged nose pores, a skin that will get shiny- These things can be corrected.

Take care of the new skin that is forming every day as old skin dies. Give it every night the right treatment for your particular trouble, and within a week or ten days you will notice a marked improvement.

Take one of the most common skin troubles. Perhaps your skin is constantly being marred by unsightly little blemishes. No doubt you attribute them to something wrong in your blood-but authorities on the skin now agree that in the great majority of cases, these blemishes are caused by bacteria and parasites that
are carried into the pores from outside, through dust and fine particles in the air.

## How to remove skin blemishes

By using the Woodbury method of cleansing your skin, you can free it from such blemishes.


Just before retiring, wash in your usual way with warm water and Woodbury's Facial Soap, finishing with a dash of cold water. Then dip the tips of your fingers in warm water and rub them on the cake of Woodbury's until they are covered with a heavy, creamlike lather. Cover each blemish with a thick coat of this and leave it on for ten minutes. Then rinse your face very carefully, first with clear hot water, then with cold.

Use this treatment regularly and the blemishes will gradually disappear.

## The famous treatment for conspicuous nose pores

Do you know what it is that causes conspicuous nose pores?
The pores of the face are not as fine as ori other parts of the body. On the nose, especially, there are more fat glands than elsewhere, and there is more activity of the pores.
These pores, if not properly stimulated and kept free from dirt, lose their power to contract properly; they clog up and become enlarged.
Try using this special treatment for conspicuous nose pores, and supplement it with the steady, general use of Woodbury's Facial Soap.
Wring a soft cloth from very hot water,

lather it with Woodbury's Facial Soap, then hold it to your face. When the heat has expanded the pores, rub in very gently a fresh lather of Woodbury's. Repeat this hot water and lather application several times, stopping at once if your nose feels sensitive. Then finish by rubbing the nose with a piece of ice. Always dry your skin carefully.

Use this treatment every night before retiring, and before long you will notice how this gradually reduces the enlarged pores until they become inconspicuous But do not expect to change completely in a week a condition resulting from long continued exposure and neglect.

Special treatments for all the commoner skin troubles are given in the booklet that is wrapped around every cake of Woodbury's Facial Soap. Get a cake today-begin tonight, the treatment your

## skin needs.

You will find Woodbury's Facial Soap on sale at any drug store or toilet goods counter in the United States or Canada. A 25 -cent cake lasts for a month or six weeks of any treatment, or for general cleansing use.

## Would you like to have a trial size cake?

For 6 cents we will send you a trial size cake (enough for a week of any Woodbury facial treatment) together with the booklet of treatments, "A Skin You Love to Touch." Or for 15 cents we will send you the treatment booklet and samples of Woodbury'sFacialSoap, Facial Powder, Facial Cream and Cold Cream. Address The Andrew Jergens Co., Limited, 7505 Sherbrooke Street, Perth, Ontario.


## It Isn"t Feir to You-oNow Is It'

## Fere is a Matter That Aftects YOU and TOUR Fomemit Touches, Persomally, Every Woman in Canada. What are Tou Going to Do About Ity

ค WWHEN you married John and moved to your new little home in one of New Brunswick's fairest but smallest towns, you felt you were being cut off from the rest of the world you had known-didn't you? But it was there that John's work lay, so you were satisfied to play your part. After all, there were compensations! You would have more time to read, for instance. True, the town didn't possess a library, but there were the magazines.

Then you thought of your sister in Alberta. She didn't live in even a town! How often had she told you that she had forgotten long ago to mark time! Life on a lonely ranch had but one panacea-the weekly mail. Remember how she would plead: "Write me often, send me magazines-they're the only friends I have!" And when you had her name put on the subscription lists of some of Canada's best, she had thanked you thus: "I wonder if the folks who publish magazines realize the help they are? Why only last week, when Baby seemed to be developing-goodness knows what-and I knew Doctor Wayne (who is fifteen miles away at any time) had gone to Westington-thirty miles farther, I turned to the Mother's Monthly Service Club in one magazine in the hope of finding some advice that might help, and did find precisely Baby's symptoms explained and was able to catch the trouble in the nick of time."

Do you remember telling me all this one day in my office only a year ago, before you left for New Brunswick? I am reminding you of this now, because there are thousands like you and like your sister-thousands here in Canada, whose only joy, recreation, education, whose very health, sometimes, depend upon Canada's national publications. These magazines are necessities-not luxuries.
$A_{\text {ND }}^{\text {Now there is a movement on foot to deprive you of them. There is an idea afloat to destroy the very thing that this Dominion }}$ of ours has taken over a half century to build up-unity-the purpose of Confederation. We have tried to live down the contention that "East is East and West is West and Never the twain shall meet." The magazines of Canada have blended the national spirit-encouraged a common cause.

But now, there comes to us this rumour of the postal zone law-as it is called. Technically it may mean a number of things. It is, however, simply this:-Increased postal rate to be imposed upon magazines distributed beyond 300 miles of place of publicationa rate so heavy as to increase magazine postal expenses 800 per cent. Magazines published in Toronto, for example, could not, under the proposed measure, be mailed east of Montreal, or west of Sault Ste. Marie without the extra charge. Do you know what will result? It is almost beyond us to conjecture; possible cutting down of the contents of the magazines, possible deterioration in value of the fiction, helpful articles, special departments. You will be the loseryou and all the other "you's" in New Brunswick, and Nova Scotia and Prince Edward Island and even so near as Quebec; and all the "Sisters" in Alberta, in Manitoba, in Saskatchewan and British Columbia.

But all the while, the country is flooded by American magazines, antiBritish propaganda and the rest. And you don't want these-do you? I'm sure you are sufficiently a true-blooded Canadian to want first, Canadian publications. You must be tired of imported patriotism? Yet, there is being planned this measure to deprive you of the magazines that are spreading the gospel of real Canadianism. It isn't fair to you-now is it?
WE can't tell you more here, but the Member of Parliament for your constituency - the man you elected to sit in the House of Commons at Ottawa to represent you, knows all about it. If you have any regard for your principles of Canadian Citizenship, let us ask him for you. Fill in the coupon below and send it to us to-day. To-morrow he may have agreed with the measure, ignorant of your objections. Clip this whole page-do not detach the coupon. It is a small thing-the mailing of a coupon, but it will mean that your voice will be heard at Ottawa with the protests from hundreds of thousands of others-

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Fill in this Coupon and clip the whole page, mailing it to
    The Protest Editor, Everywoman's World,
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o...
$\qquad$
M.P. for.

Dear Sir: I desire to endorse strongly the sentiments expressed above, and put myself on record as being Canada and as one of the electors of this constituency, call upon you to use your influence to prevent any such measure being enforced.

Name ..
Address.
Husband's Signature....... and, who knows, but that yours may be the vote that counts!


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CAUTION-CHANGE OF ADDRESS. We shall change the address of subscribers as often as required. but in ordering a change, the old adchange can be made.


## The Little Lady of the Books

## The Story of a Shop-Girl- The "Different pirind

( CaHE LITTLE Lady of the BooksGive you Sanderson's first name Now if you drop her story at this point, fearing a page from the Society of Psychical Research, you will have made a mistake none greater, for the Little
a Lady of the Books was only a shop-girl in Daskam's book-store, and the Society, etc., knew her not; moreover, she was no higher than the heart of a tall man; her beautiful, untidy brown hair was too heavy for her small head; and her pink cheeks and wide, gray eyes effectually disowned research of any sort, marking her, so to speak, with the brand of dreams and blissful ignorance. She stood behinda counter brazenly-plaids, or lined envelopes, or ragged edges, brazenly-plaids, or lined envelopes, or ragged edges,
as the case might be-and behind her rose shelf after as the case might be-and behind her rose shelf arter Louisine in all the shades that fashionable woman will set a pen to.

The magazines lay just across the aisle and perhaps a counter further on the books began, which bounds the Little Lady of them with sufficient accuracy. The dual personality is less easily placed. It was strangely interwoven of dreams and reality and had its roots in the not-so-far-a way-youth of the Little Lady when she had wept to know herself the mother of a dead lady-doll, and officiated with priestly solemnity at its funeral. Outward and visible signs it had none, if you except a certain looking-past-you
of her eyes and a trifling inattention always prettily of her eyes and a trime
Say you were an old lady and writing paper with a mourning band was your necessity. The Little Lady of the Books knew just what you wanted, she quite agreed with you that the fifty cents a pound lasted as well as the seventy-five-cent kind, and she counted out your change with a soft little "thank you" that was as good as an extra dime; but the minute your
back was turned and no other customer presented back was turned and no other customer presented himself, a remarkable change took place. To the eye of the casual observer the Little Lady merely arranged
her stock and thrust a box of the Linen Royal further her stock and thrust; a box of ther inen fact, she stepped back upon the shelf; as a matter of fact, sue steped
slowly down the reaches of a wonderful, polished stairway, trailing the lacy sweetness of a white gown upon a crimson carpet and crossed a wide hall to a tremendous open fireplace with great logs flaming in the heart of it and the shadows of a November dusk falling softly upon the tapestried walls and in the far-off corners.
The Little Lady sank slowly, with graceful disposal of chiffon and lace, into a great armchair of some

## By PanNy FigASLTP LBA

## illustrated by t. V. mecarthy

black, carved wood and stretched out her hand to a bowl of crimson roses that stood on a little table of teakwood beside her. But before she could draw a single rose from its fellows, there was a step on the polished floor of the hall-a ringing, masculine step, pointed, perhaps, with the clink of a spur; from the opened door a little gust of chill air swept her cheek, and a blithe whistle came out of the shadows. The Little Lady sat very still and waited. The step came nearer and the whistle was of a most mocking sweetness-there was a wonderful, breathless pause,
and then some one leaned over the back of the and then some one leaned over the back of the great
carved chair, and Some One said gaily, "Moping by the fire?

Moping by the fire? I had a splendid ride!" this morning.
"I wanted you this evening." Some One leaned nearer over the chair, and there was a live, glowing touch on the Little Lady's velvet cheek

That was why you, who lingered looking for "Dalton's Bazaar" among the magazines, saw her flush so unaccountably. How she knew the feel of that touch, I don't know, but she waited for it as knight for accolade, and wore it with a royal pride. Some One's murm (she knew a leaned her head against Some One's arm (she knew a thousand pretty ways
of loving, in that firelit hall) "you alwe of loving, in that firelit hall), "you always want me. Last night, at the ball"-It was usually at this point, or sometimes like it, that a stout man with spectacles
arrived, demanding comic postcards arrived, demanding comic postcards, something new the firelit hall gave way before a touch, and the , but Lady of the Books emerged into the daylight Little look a trifle hazy but her smile incredibly patient. Sometimes it was from a midnight ride in a gre French touring car that the Little Lady of the Books came back to sell blotting paper and a fountain pen to an impatient school teacher. Sometimes she and Some One were interrupted on the deck of a yacht with a passionate, dead-white moon staring across the bows; sometimes it was her afternoon tea that was intruded upon by unreasonable customers, but most often, the twilight hour in the big hall, the gust of wind through the opened door and the clink of a him since his name changed often-Cecil not named Jack-and once, but only often-Cecil once-once the day of a certain matinee idol, and That was in character. Equally, Some One's and his favoured istics were fickle. He wore a moustache and imperial
at one time, like the Grand Duke Michael, but
the Little Lady approved chin, so he shaved themed a square and cleanly don't rightly know which. His they disappeared, I brown, but about the time Sanderson were generally his magazines at Daskam's thderson took to buying brings us to the question of Sandersone blue, which pause only for the remark that, whatever his felf, with late in the was always both accurate his features, being only a poor of tailoring. Sanderson was not had blue eyes of a winning a newspaper man, but he experience which atoned soyishness and an infinite haberdashery.
$\mathrm{H}^{\text {IS }}$ first meeting with the Little Lady of the I Books was like lightning in a cloudsheath. "I want a copy of the 'Criterion,'" said Sanderson, counter "It isn't in yet," said the Little Lady.
that the Little Lady blushed deeply and remarked discovered that it was Some One he She had just "Oh!" said Sanderson, and One he looked like. in his pocket (a quarter, two nickel the loose change keys) as an excuse for two nickels and a bunch of "Not in yet?" "excuse for watching the blush fade. " "No", said the Little Lady else you wish?", If there was, he should anything He had not," said Sanderson. "No, not to-day wild-rose sunset on her faway from that wonderful "The 'Criterion' sher face
Little Lady. In fancy she was ra-morrow," said the One's eyes and giving his chin rapidly blueing Some even hesitated over his beautiful squarer set. She in-hand, for Sanderson wore a soft, wide, gray, four"Then I'll come back," said soft, black bow.
"All right," murmured the Little Lady. mediately a fifteen-cent magazine for
mediately following his departure for ten cents imup the extra nickel out of her and had to make pocket-book, but in the fragrant, firelit concave little wide hall, before the fire of logs, she loom of her of hearth into the new blue eyes of lomed across winning infinite experience they were, yet One, eye nickel was ayishness and dimpled deeply holding a You might notage to fortune.
from Sanderson's gens that from so small a beginning terion" and the Littlentlemanly request for a "Criwould be in Little Lady's assurance that they flower, but it did.


## rwo women and rony

(T)HERE was a refined air about every detail of Mrs. Trevelyan, from the way she held her head to the way she
chose her shoes. She was small and chose her shoes. She was small and
ridiculously young to be the mother of ridiculously young to be the mother of
such a robust, muscular specimen of such a robust, mu
humanity as Tony.
'Isn't it awful," she was saying in a voice that suggestive of tears.
Tony's father looked at the offending picture post card and nodded, but there had been a time in his young days when the photograph of a pretty anger would certainly not have stirred him to the situation ras awkward for Tony was very young. The sting was in the message written at the side of the picture-a picture in which clothes were the least conspicuous eature.
We are playing for one night at your town. Train
arrives at 11.30 on Saturday morning. Meet me, and we'll have a giddy time.-Miriam.' In bold type there was printed at the foot: "Miriam Fortescue as 'Mme. Fluffy,' in The Parisienne.
"Now I come to think of it," commented Mrs. Trevelyan, Tony has always been first o take in the letters every morning lately. This, I suppose $s$ the explanation.'
"Evidently," responded her husband, puckering his brows. "The-the person presumably Mrs. Trevelyan felt
monitory symptoms of a shud der coming on, but she braced herself against any tendency toward displaying emotion Neither shuddering nor tears would avert her son's impending doom. This was an occasion for thinking and acting quickly. What could she do? It was an impossible position. In a couple of hours Tony would be at the station, perhaps-nay, probably,
kissing the be-powdered, berouged play-actress, an actress, who had posed before photographer in such a costume "I'll go down and see the rain in if you like," suggested Mr. Trevelyan. "He would be sure to see me and keep out of the way.
"That would be merely a temporary measure," replied his wife. "I am puzzling my,
brain to find a cure for the boy." brain to find a cure for the boy. Suddenly a startled expression flashed over her face as though anidea had come to her, but one ".Suppose I go to the stàtion?" she said slowly
"What difference would that " My dear husband, I have it exactly," Mrs. Trevelyan declared. "I have to inform you that Miss Fluffy-no, I mean Miss Miriam Fortescue, , wil join us at luncheon to-day.


I'm stopping overnight, too,", the girl added, throwing off her hat as though she owned the place. "Dinky

The problem of arraying herself suitably, however presented difficulties. The task before her was to enmesh Miss Fortescue and to do that she guessed a glaring , display would be most effective. Mrs. Trevelyan's the of a glaring display was in reality nothing of the kind and she presented a charming appearance when the train arrived. She was a little
shaky, but nobody would have guessed it

THE THEATRICAL "crowd" had had a lon journey and they bore the appearance of it, Some went straight out of the station to "digs" engaged by the advance manager. One figure drew apart-the figure of a girl, who was looking about
as though expecting someone. Mrs. Trevelyan as though expecting
Feeling as guilty as a thief, the mother went towards the actress. Something felt tight at her throat, but she
did not waver "Miss Fortes " Miss Fortescue?" she asked, as sweetly as possible. the girl, "but I don't remeplied you. You're-you're not the landlady?" re-you're not the "I am Mrs. Trevelyan. You have met my son, I believe," the mother said, struggling to appear natural. him", Yes, I have met stiffening.
She hated a scene, but something about Mrs. Trevelyan's personality told her that there woutinct at least be no scratching. and let the other make pause make the next
${ }^{\text {move. My husband and I thought }}$ we should like to , give him a pleasant surprise," said Mrs, get away from the office this morning-and we felt sure you -in fact, both of you-would be disappointed, so I came down to ask you to join us at lunch. Perhaps, if you are not leaving here to-day, you could stay with
us overnight?" us overnight?'
Mrs. Trevelyan felt conscious of the fact that doubt, suspicion, and wonder were chasing one another through the girl's mind. It was a relief to see there was nothing ostensibly coarse about her. She was, indeed, pretty less could make herself atractive enough when it suited her purpose At the moment however, she was very much on her guard, and reminded Mrs. Trevelyan of some wild animal scenting danger.
"Did he tell you I was coming?" Miriam asked, so suddenly that the youth's mother was almost surprised into showing her hand.
"Dear me, no!" said Mrs. Trevelyan, with an unnatural surprise him. You see- ," (Continuied on page 67)


(D)R. HEREFORD BEVAN was looking thoughtfully at a small Cape rabbit; the rabbit took not the slightest notice
of Dr. Hereford Bevan. It crouched on a narrow bench, nibbling at a mess of crushed mealies and seemed perfectly content with its lot, in spite of the fact that the bench was situated in the experimental laboratory of the Jackson Institute of Tropical laboratory
Medicines.
In the young principal's hand was a long porcelain rod with which from time to time he menaced the unconscious feeder, without, however, producing so
much as a single shiver of apprehension. With his long ears pricked, his sensitive nostrils quivering - he was used to the man-smell of Hereford Bevan by now-and his big black eyes staring unwinkingly ahead, there was little in the appearance of the rabbit to suggest abnormal condition.
For the third time in a quarter of an hour Bevan raised the rod as though to strike the animal across the nose, and for the third time lowered the rod again. Then what a sigh se hutch put him, in very gently and closed the wirehutch, put his
netted door.
He stood staring at the tiny inmate and fetched a long sigh. Then le left the laboratory and walked down to the staff study.
Stuart Gold, his assistant, sat at a big desk, pipe
Se latculations. He looked in mouth, checking so
up as Bevan came in.
"Bunny ie said, what has Bunny done?
"Bunny is feeding like a pig," said Bevan, irritably.
Bevan shook his head and looked at his watch.
"What time-" he began.
"The boat train was in ten minutes ago," said Stuart Gold. "I have been on the "ph
He may be here at any minute now."
He may be
Bevan walked up and down the apartment, his hands thrust into his trousers pockets, his chin on his breast
Presently he walked to the window and looked out Presently he walked the busy street. Motor-buses were rumbling past in an endless procession. The sidewalks were crowded with pedestrians, for this was the
busiest thoroughfare in the West End of London busiest thoroughfare in the West End of London
and it was the hour of the day when the offices and it was the hour of the were absorbing their slaves.
As he looked, a taxi drew up opposite the door and a man sprang out wir the agility of youth, though the ir
whiskers about his chin and the whiskeds foce placed him among seamed sixties.
the sixties. "It is he," cried Hereford Bevan, and dashed from the room to welcome the visitor, taking the portmanteau from his hand.
"It is awfully, good of you to come, professor," he said, shaking the traveller warmly by the hand. " Ever since I telegraphed I have been scared sick for fear I brought you on a fool's errand.'
Nonsense," said the elder man, sharply; 'I was coming to Europe anyway, and 1 merely advanced my date of saling. a sooner come by the Mauretania than he slow packet by which you booked.
How are you? You are looling bright."

Hereford Bevan led the newcomer to the study and introduced him to Gold.

Professor Van der Bergh was one of those elderly men who never grow old. His blue eye was as clear as it has been on his twentieth birthday, his sensitive mouth was as ready to smile as ever it had been in the flower of his youth. A professor of pathology, a great anatomist and one of the foremost bacteriologists in the United States, Bevan's doubts and apprehensions were perhaps justified, though merely accelerated the great man's that he had merely accelerated te great wholly departure from New york, and was trip which might end in disappointrespons
ment.
"Now," said Van der Bergh, spreading his coattails and drawing his chair to the little fire, "just give me a second to light my pipe and tell me all your troubles.
He puffed away for a few seconds, blew out the match carefully and threw it into the grate, then
before Bevan could speak he said:
"I presume that the epidemic of January has scared you?
Hereford B

Hereford Bevan nodded.
"Well," said the professor, reflectively, "I don't wonder. The 1918 -pidemic was bad enough. I am not are satisfied to affix that wild label to a devastating us are satisfied which appeared in the most mysterious fashion, took its toll, and disappeared as rapidly and mysteriously

He scratched his head, staring out of the window. "I haven't heard any theory about that epidemic which has wholly satisfied me," he said. "People talk glibly of 'carriers, of 'infection,' but who infected the wild tribes in the centre of Africa on the very day that whole communities of Eskimos were
laid low in parts of the Arctic regions which laid low in parts of the Arctic regions which, wereabsolutely isolated from
Bevan shook his head.
"That is the mystery that
e said "and never hope to " 1 have never solved," "I wouldn't say that," sai his head. "I am always hoping to get on the track of first causes, however baffling they may be. Anyway, I am not satisfied to describe that outbreak as influenza and it really does not matter what label we give it for the moment. You may as truly call it the 'Plague' or the 'Scourge.' Now let's get down to the epidemic of this year. I should like to compare notes with you because I have always found that the reports of this Institute are above suspicion. I
suppose it has been suggested to you," he went on suppose it has been suggested to you," he went on,
"that the investigation of this particular disease is that the investigation of this particular disease is Stuart Gold laughed.
"We are reminded of that every day," he said dryly. "Now just tell me what happened in January of this year, said the protessor.
Dr. Bevan seated himself at the table, pulled open

discover the crying period did not last much more than a quarter of an hour in Again the professorter time.

Again the professor nodded.
he said "' and this happened in New York," he said, "and this symptom was followed temperature, shivering, and a desire a for slight , "t "Just the shivering, and a desire for sleep." sere, sort of thing happened here,"
said Bevan " said Bevan, "and in the morning happened here," well as they had been the previous morning, and the fact that it has occurred might have been overlooked but for the observation made in various hospitals. Gold and I were both stricken in various time. We both took blood and succeeded in isolating
the germs." the germs.'

Then professor jumped up.
he said, "you are the only people who have it," taken that nready else , in the world seems to have from a micld lifted a
from a microscope, took fro bell-shaped glass cover microscopic slide and inserted a locked case a thin adjusted the lens, switched it it in tholder. He the instrument, and beckoned a shaded light behind
"Here it is, sir," heckoned the professor forward.
Professor Van Professor Van der Bergh
instrument and looked forgh glued his eye to the Perfect," he said. "I have a lime.
before. It looks rather like never seen this fellow
The th's what I told Bevan ," said Ste.'
The professor was still look, said Stuart Gold. it it is like and it is unlike,"
of sleeping to suggest that you've aid. "Of course, have had if this thess, which you undoubtedly would this bug is a new one been a trypnasome, but surely He walked back to mis!
at his pipe. What did
I made you do?"
six South African rabbits said Bevan, "and infected the first symptoms. Their an hour they developed prescribed time, their temperaes watered for the "Why S uthe African they were all well." Berg., curiously African rabbits?? asked
Berga, curiously. "Because they develop secondary symptoms of any disease at twice the
rate of a human being-a Tate of a human being-at least that
has been. my experience," explained
Ben I was in "I found it by accident whilst and it has been a very South Africa, knowledge to me. When I wired to you I had no idea me. When I wired to you any further developments. I merely wanted to make, you acquainted The profe
"Have there been f up sharply. opments?" he asked, and Bevan nodded. "Five hevan ing slowly, "the says," he said, speakappeared.' I will show you."
$\mathrm{H}^{\mathrm{E}}$ LED the way back to the hutch and lifted to the little struggling rabbit to twisting, under a blaze of electric light. The professor felt the animal
gingerly. ${ }_{\text {: }}$ gingerly.
said, "and has no temperature," he said, "and looks perfectly normal. Bevan lifted with him?" little beast Bevan lifted the little beast
and held his head toward the and held his head toward the
light.
" Do you notice anything?" "Good heavens!" said Van

## "Do you notiee anythings," he ashed. Good heavens! "said Van der Bergh; "he's blind I"

a drawer and took out a black-covered exercise "I'll tell you briefly," he said, "and without attempting to produce statistics. On the 18th of January, as near three o'clock in the afternoon as disease attacked the socond as can be ascertained, the whole of the Continent.
The professor nodded.
"What were the symptoms?" he asked.
"People began to cry-that is to say, their eyes filled with water and they felt extremely uncomfortable for about a quarter of an hour. So far as I can "But "D" Van der Bergh, stared Bevan nodded.
"I mean that when the secondary symptoms come, He stopped. ${ }^{\text {come in a fortnight from to-day - }}$ He had repla
had put out his hand to animal upon the bench and the rabbit groped back froke his ears when suddenly out his hand and again the him. Again he reached "He to escape.
"Wait", now,"
Wait," said Be said the professor.
pinned, looked at his ward to which a paper was
Thank God for watch and jotted a note:
(Continued," he said; "the blindness


(W)ITH the first whiff of Spring she drove into town in her gay little
purchased a gardening set. There were plenty of garden tools in he cellar and the shed and even in remote corners of the garage, but they were great, ugly, clumsy things such as only professional gardeners use, and she, of course, did not pretend to be anything but the most a mateur not spied this particular entrancing set in the window not spiedtis particular entrad down and greatly re of a hardware shop, marked down and greatly re-
duced, she might have used some of the many tools at home and been content.
She drew her car up at the curb and alighted to admire the set for a moment through the window. Then she went inside and examined it. It consisted of two kinds of rake, a hoe, a spade, a pair of shears and a tall, slender-spouted watering pot which sounds ordinary and uninteresting, but when you consider that all the handles and the watering-pot were painted a delicate apple green with little decorative bunches of fruit of conventional design, it is not perhaps surprising that she bought it then and there and stowed
it away in the little blue car while she drove around on some errands. She felt that it was almost too delicate for a hardware store; it was as if she had rescued it from an ignominious end.
So much for the gardening set-that is, until she passed him just leaving the office and starting home, and stopped to offer to drive him in the gay blue car. He was none other than Rupert. Never mind what his last name was, it really doesn't matter! He accepted, of course, and looked as pleased as he sounded. He had quite a nice face, with laugh-lines beginning to show around the mouth and the dark grey eyes, and a nose that nobody would have
scorned.

There
There was only room for two in her car, so the gardening set had to be d
travagance came to light.
"So-ho," said he, examining, carefully the applegreen handles and the gay bunches and clusters of useless and expensive things to add to her beauty when she gardens.
He said it with mock-seriousness and glanced up in time to see the tilt of an offended chin, barely visible because of the brim of her new spring hat which came down coquettishly in front and on his side. Provoking, the way some hats are made! her steering, "really, I almost wish I hadn't picked you up."
He knew better than to believe this and smiled quietly over the watering-pot which sat saucily on quietly over the watering-pot which sat saucily on
his lap. She had driven him home "umpteen" times before and he did not anticipate any suspension of her hospitality just because he had laughed at the apple-green gardening set. They were very good
friends and it is the privilege of good friends to be frank.
"It doesn't seem to me," he went on, "that tools
of that colour could be of the least use. Now could of that colour could be of the least use. Now could
they?" "Mere man!" said she with a gay laugh. "His point of view. No, of course not, they re meant more for beauty than use. If I were growing an acre of vegetables it might be different-turnips and car-
rots and onions and potatoes-ugh! I'd have to have ugly tools in that case-to match, don't you see?", ugly tools in that case-to match, don't you see? They swung into the avenue slowly, for neither was in any hurry, and the tops of the great trees on eithe hand, even yet bare and with no suggestion of green, were turned to a flaming gold from the sunset glory.

## A Spring Song mymazanza aman whas

She thought he was looking ahead as she was. He was not. That was how she caught him in the act of looking at her with, well, a new expression in his eyes, when she glanced up to say-
"If you intended to grow pretty bright flowers "If you intended to grow pretty bright flowers,
and wear a straw gardening hat shaped like a big and wear a straw gardening hat shaped like a big you want to have gay little tools like these?" mind exclusively on the person who would be under the poke-bonnet
the poke-bonnet.
And then she changed the subject.
H E GRUDGINGLY yielded his seat to the absurd which was lower on the avenue than hers. It took which was lower on the avenue than blue car and a still longer time to reach his final "good-bye." Then she was gone with a wave o her hand and a cherry smile; gone, with the silly applegreen gardening set clinking and jolting about beside
In a very few weeks it was May, warm and fragrant with green growing things, and every now and then through the long, sunny days, the sun would slide shyly behind a cloud barely big enough to hide it down to earth no more than might be contained in

MTHEN he sat beside her in her little blue car he knew she was just the wife he needed. And because he wanted her so much he found himself "a mute, inglorious Milton' when it came to actually asking her. And then-well, who'd ever imagine an apple green gardening set and a terrible thunder shower would have any influence with a man who wanted a wife, but then you never can tell-you'd better read "The Spring Song"' and see for yourself!
the apple-green watering-pot. And the young green things drank thirstily and when the sun slid out from the other side of the cloud they grew some more. One evening as the sun was setting, it showered et-suddert and Alice and the apple-green gardenimg set-suddenly and unceremoniously. He hadore, to watch her work in her garden in the short, sweet space before dark, but never before had it rained in hat particular time.
He pulled up his coat-collar and held his ground.
She ran to the great wide verandah and sat watch
ing him.
ing him.
In the meantime it rained quite hard for several minutes.
"Oh, you're a fine gardener, you are!" he called, highly amused. "Running for cover, just as though you were caught out

Don't care," she retorted, making a face at him which he could hardly have seen at that distance. "I don't garden in the rain, if you do! There's plenty of time when it isn't raining. Besides, it would spoil my hat.
He continued to stand under a twisted old apple tree and the rain filtered down upon him through the young green leaves. He leaned his great length against the trunk and w moment. Then-
' Märy, Mary, quite contrary,
he chanted slowly.
and curtseying mock-seriously. "In spite of the gardening set, which I suppose is why I am contrary
" "Oh, hang the gardening set!"
He reached the verandah in several long strides and stood before her, looking down at her with that old-new expression in his eyes,
under the brim of the big poke said, trying to see under the brim of the big poke-bonnet hat with the down at her softly-tapping foot and smiling a little "Oh, I don't mind-really," she said. "I suppos I am a joke sometimes.
He took a hasty, step nearer.
"You are not," he interrupted vehemently. "I
love to watch you in your garden. You seem so-
so dainty-and-and delicate, like the flowers. can't express it exactly -the way I feel. Maybe you will
He stopped suddenly and looked away, into the
west where the light was fast fading west where the light was fast fading. She was stil smiling a little wistrul sort of smile; and she passed which smelt of rich, soft earth.
"Heigho!" she sighed. "It's stopped raining, Rupert, I do believe I can work for a few minutes longer. Want to help?"
"No thanks, I'll stay here, if you don't mind," which is just what she knew he would say, and she
laughed and said,

## When Eve delved <br> And Adam -".

'Ran," suggested Rupert, and chuckled at his own wit you don't run exactly, she said. "You jus carefully avoid anything to do with growing flowers "Oh, I'm too clumsy and heavy-handed, Alice. I wouldn't have success with anything short of pumpkin or a squash that had a good hard shell." from among the deepening shadows under the apple
He pulled out his favourite pipe, lighted it, and sa puffing meditatively in the dusk, watching a not very big figure, scarcely vible, move about a noty the the manner of Spring evenings, a chilly breeze spran up after sundown, and he shivered involuntarily. "It's too cold for you," he called, "even with heavy sweater on, and it's going to rain again, so you'd better come in.
She came, not because he had summoned her, but because it was too "dark to see any more.
Do you know," she said, after she had put away the apple-green gardening set for the night, "I don't believe you like rain any better than I do, so there!'"
Which was true, but he did not immediately admit it.

T${ }^{1} \mathrm{HE}$ NEXT morning brought a sullen, lowering sky, and a high wind which blew the rain in eaden sheets against the window panes. And lements in no angelic frame of mind Alice th the elements in no angelic frame of mind. Alice, looking ater in the day muddy puddles appeared in hollows in the flower beds, and the paths began to resemble ittle running rivers. Night came, and the wind rose and howled in the trees and around the house even ouder. Alice, curled up in a big soft chair by a heery, open fire, listened to the water pouring from the corner of the eave-troughs in splashing torrents and wondered what Rupert was doing, and whether he would brave the storm before the evening was out and come over as he had almost every evening for He
He did not come. He telephoned, and said he was orry he could not come over to see her, but-
Yes, she knew he couldn't possibly come out in such a storm, but perhaps it would clear to-morrow And they talked of other things for the best part o between them.
To-morrow came and it still rained, and the garden had a bedraggled look when the wind was through with it. There was no break in the low, heavy clouds and the rain fell in straight lines from heaven to earth with discouraging persistence. Alice spent the day ot too fast upon a pile of mending, which she hated She wondered if it would ever stop raining and nything would be left of her precipus garden, and if Rupert would come over this evening, and man other things.

Once more he telephoned, early in the dripping night, and he was still so sorry-
She was a little less sympathetic and understanding this time and they only talked for twenty minutes. The third day dawned upon a swimming world and the Avenue, the whole of its sloping way int the pas a rushing, muddy river and the wheels of as they went motor cars sprayed water on either hand car took its mistress down in the morning during temporary lull in the downpour. The streets glis tened and the overhead wires dripped and the brightly lighted shops offered a great contrast to th opened once more and the face of the land was poured opened once more and the face of the land was poured
Through the third evening Alice sat with a book which she scarcely read, while outside the water from the overflowing eaves splashed noisily into great puddles and pools below and the rain kept up its insistent, droning
(Continued on page 66)

## Spring and Love Are Synonymous

Is Tour Feart Atune?

WHEN the lady behind the counter your favourite restaurant bosom with the cameo brooch that belonged to dear old grandma, hums something about peaches down in Georgia and absentmindedly gives you the change out of one dollar instead of two, Spring has come. Her soul is soaring after its mate; she is atune with
the time of the singing of birds. She is right and if or bircs. her either you are wrong or else the one girl in your world, after telling you off severely, has sent you away forever, or till to-morrow evening. Make friends with her again at once, for Springtide, like any other tide, waits for no man. If you will let me, may I call a witness
for my defence. He says:
"Come, fill the Cup, and in the Fire The of winter
fling. Garment of Repentance The Bird of Time hath but a little To flutter, and the Bird is on the Wing."
His meaning is plain. Happy are that repentance is indicated, but whether
or no, if we take these words to heart spring is obviously the season in which How How can anyone help it when the glorious, breakes to new life and that borne on the very air? The man or
borng woman too old to love in Springtime is too old to live. He or she is a blot on a fair picture, an unprofitable servant, a skeleton at the feast. I the Great War has done nothing else, I do honestly believe it has blotted out the type of mind which thinks, or used love you are no en's wicked. If you some particular person all the nicest things in the world, and to wish people well is not wrong.
I may be mistaken-as people say me the sight of a man and a woman who love one another is the most beautiful thing in the world. They ar so utterly happy. For them it is enough simply to be in one another's company This happiness may not last; each may endow the other with all sorts of maginary charms; they may live in a happy for a little while than better to be Spring doesn't last very long, but to

be happy all through the Spring is happiness than some achieve in When the little maid who your verandah is fixing up an assignation with the little boy who your paper; when the business girl you see in the train has a dreamy look in her eyes and a smile playing round her mouth; when you notice hard-faced the street yed men to buy flowers in and the world kow that spring is here better place. You know theing is a dreariest human being is even the disillusioned glance to the clurning a it is the season of daffodils and dallyise Surely when the winter is past ang the rain is over and gone, it is essentially a time for love. You may be in love with a girl or a man, in love with your work, in love with life, or simply in season you must to fit in with the season you must love something.
Better, if your luck is from the window of a fourth-floor back attic at a Spring sunset and go wandering in the spirit down a path of gold that your own feet may not tread that moment, than lose all the maric the spring. In spring we have fairy visions and dreaming is the preliminary to at great works.
the very poit that in this one season most beautiful things in, because all the
property. You do not need to be rich tender and love, or be surrounded by

IF you don't go about with your eyes signs of Spring will notice many other working pring. You will see a 'tan' fford girl give money she cant woman selling old, hard-up man your eye will light bootlaces in the stretly no less thoughtless women appare us putting fresh flowers on a wayside xistenrine; practically every girl in existence either gets new clothes or ld fates old ones, and this, my dea It friend, is not altogether vanity. spring, being an exifies the influence o ign of being an outward and visible So, an invisible joy.
ment, don't are all in the same predicaittle, like be ashamed to give way a something rest of us. Try to love ourself ${ }^{\circ}$, or someone-other than never wasted e it all helps and is at a girl in a even if you only smis spirit, or stop phindow, in the right treet, or give up yot a dog ina to disabled soldier, it's better

And the good faries who really do xist in spring-time, will make a note nd remember you, and guide your feet rom wandering motorbuses you didn' once, and soften the hard heart of tha on-of Belial you work for till he put

## The Story of Your silk Dress

It Begins As A Worm and Otten Fnds On A "Butterfly"

$\mathrm{S}_{\text {OME }}^{\text {OME four weeks ago these yellowish larva were hatched }}$ tiny that one hundred of them weighed only one grain. Each
of these worms has
隹 of these worms has changed its skin four times. When the
skin is about to be sloughed off, it bursts at the fore-part, and
she



Wen the industri
lishmenting clouds of
lishment in Antioch of hot steam throillar has finished spinning in the
 generates clouds of scalding steam. It is extinguished and water
and

## Examining

raw silk readghing
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ing foom are pack-
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## $\mathrm{E}_{\text {of shedde }}^{\mathrm{VERV} \text { filk }}$


process called " 'enrness in the must be led through the evelets in the sets
the different in the warp. When harness in the ding-in." The phroduce the pattern. Th through the steel "the harness is proper order threads must pass througl
Then the loom will and ated at desired "shed


7 HIS play was filmed under the eyes of Lloyd Osbourne, stepson of Robert Louis Stevenson


1 GROUP of "stills" from the movie A world's latest release, "Dr. Jekyll and Mr. Hyde"-the screen adaptation of Robert Louis Stevenson's famous book of the same name. In the centre of the page and at the lower right Mr. Barrymore is represented as Mr . Hyde, the super-criminal, while immediately above and to the left, he is shown in the role of Dr. Jekyll. The story is too well-known to require outlining. It is sufficient to recall to the mind the remarkable dual life lived by Stevenson's character. He
was Dr. Jekyll, the professional man of good repute by day and Mr. Hyde, a drifter of the underworld, by night.

As the former, John Barrymore is unsurpassed. His powerful reserve and his refinement of manner show to unparalleled advantage in this role. As Mr. Hyde, he is given an opportunity to display his peculiar talents. His very hideousness is beautifully portrayed. This play taxed Richard Mansfield to the limit on the legitimate stage. Mr. Barrymore plays it with that ease that is so much a part of him.

## Hhe Amateurs Frirst Garden

The Things it is Useful to Fnow Betore Beginning It

## By MINEERUA BEATMTIE

~~~UT WHAT to do first?

(B)
\(B\) Easy, too, to make a little trench in the earth and drop seeds into it at stated intervals.
But-w earth-what little trench-in what earth-and at what intervals?
very practical details that daunt many It is these very practical details that daunt many
amateur. We can all see ourselves thinning out an amateur. We can all see ourselves thinning out on our tomato plants to supporting stakes, and so forth. But most of us are helplessly nonplussed as to the soil we should have and the soil we have; the starting of seeds when we have no green-house, the supplying of proper nourishment to the seedlings the supplying of proper nourishment to the seedlings tion by the many garden plagues, and so on.
It's with these A.B.C.'s we will deal here.
First of all-location.
Now, few of us are in a position to say: "Go to, I shall make me a garden in a sunny spot, sheltered from winds, on high, well-drained ground, where the
soil is a warm sandy loam-plenty rich enough to feed the plants, yet not so heavy as to hold the moisture and keep out the heat."
Ideal, of course-but how often is it available? Most amateurs, about to start a little vegetable garden, have only a back-yard, or some small available plot, to choose from. It will be necessary to
sum up the advantages and disadvantages, to know sum up the advantages and disadvantages, garden. The soil you can probably a garden. The soil you can probably
enrich and make suitable, but the first consideration is sunlight. How many hours will the sun shine directly on the plot each day, unimpeded by fences, shade trees or buildings? For a general kitchen garden, you should be able to count on at least five hours' sunshine. If you cannot count on that much, say only on two or three hours, it will be best not to attempt anything beyond green-leaf crops, such as lettuce, spinach (or Swiss chard, which gives a maximum esult from a minimum space), and a little plot each of parsley, chives, and mint, those first-aids to cooking that are so invaluable. Indeed, where no garden at all is possible, any woman will enjoy a
window box or a few pots with a tuft of each of
the indispensable herbs growing fresh at her hand SOIL next.
Since the little kitchen garden is usually expected to produce an appreciable amount from a small space, the problem narrows down to one of "intensive gardening." The best plan, if one is reasonably sure
of success, is to have in mind the ideal soil for the of success, is to have in mind the ideal soil for the
purpose, and then get as near to it as possible. Since purpose, and then get as near to it as possible. Since
it is from the soil our plants must draw their nourishit is from the soil our plants must draw their nourish-
ment, we must try to give them the "balanced ment, we must try to give them the "balanced
rations" that they, as well as humans, require. rations" that they, as werl as humans, require. for the rootlets to penetrate and feed from easier soil that is too dense and heavy. The moisture


Bone meal, too, is valuable. Any of these necessary fertilizers may be bought from the local seedsman that the soil has the fertilizer, however, be sure that the soil has been thoroughly dug up, turned over tremend almost to the sifting| point. This is of even small important because earth that is full young roots and and clods, will give the tender young roots and shoots unnecessary obstacles to
Think ou
started to build a garden first. No sane man ever in great detail. The a house without first planning it pay when making a garden sort of forethought will What vegetables a garden.
What arrangement will answer How much of each? And at this point, you may best?
house, so that I could have think!-oh for a hotcauliflower and lettuce have some early tomatoes, In that case, use a flat seed b
boxes as you like and start your tend as many such in the house. When there is a tender young plants frost, of warm, growing weather, you ta These boxes seedlings.
handling-there should be a convenient size for cumbersome, as they object in having them big and bright, sunny windows. give the desired depth. Three or four inches will gravel or cinders in the bottom finch-deep layer of fill nearly to the brim with rich or well fertlizied soil sifted finely, then pressed down firmll fertlizied soil, enches, not more than half an inch deep, Make little
and crosswise of the surface, about lengthwise
apart, and sow your surface, about two inches
Keep the soil moist, but not "leaky" and for extra speed, cover each box with a piece of glass. when the plants reach the height of an inch or to two inches betwe thinned, leaving from one have nourishment eno each, so that they will flourish. The wee plants enough and room enough, to be replanted a couple of which are thinned out may if you want to keep plentyches apart in other boxes, Another good point about them.
that they may be set out out these handy boxes is during the warm part of of doors for a few hours young plants gradually acclimatized and the tender they are finally planted (Continued so that when
\(\mathrm{N}_{\text {EARLY }}\) Eentral cond South imported into this country is grown fresh from the trees being carried to the sur-drying floors resh from the it washed as it passes through the canals. The fruit of the tree is not unlike a cherry, but in the
centre of pulp are two seeds- the coffee bean of commerce.



\section*{The RHistory of the Morming Coffee}

It has Travellied a long way and gome through many Processes
before it reaches our Percolators.
\begin{tabular}{l}
\hline \\
\hline
\end{tabular}

\(\mathrm{O}^{\mathrm{N}}\) shamal phantations offee is suatly
 tents turned over once or twice a day until
thoroughly thoroughly dried. One large plantation, alone, sends huge quantities of coffee al
over North America. over North America.
in the ground takes into solution much of the nutriment demanded by the plant life, which makes the reeding process an easy one.
Well rotted vegetable matter, which is rich in the nitrogen so stimulating to growth, should be generously added to the average soil, or rich manure. and drying season. Thicking
are busily spreading oun
coffee to dreat the are busily spreading out the
coffee to dry in the tropic
sun. In the centre of sun. In the in the tropic
drying floors is a convethe
which con whing floors is a conveyor
which carries the sun-dried
coffee to the ste coffee to to the ste sum-dried
house seen in the frying
ground ouse seen in the back-
ground.
\(T_{\text {ing is }}^{\text {His a coffeedry- }}\) ing cylinder, such as
is used on a big coffee
plantation. After the plantation. After coffee
beans have had
cient sunan sufficient hun and had suffi-
sorted, they are been sorted, they are finished
in this machine. in this machine. They
are then placed in bags and shiced in huge various coffee centres
throughout the throughout the American Continent.
\(\qquad\)


\title{
Through Canada With Edward, Primce of Wales
}

\author{
Third Imstalment of the Finest Canadian Travelogue Ever Produced
}

\section*{BY DOUGTAAS NEWWON}

Special Correspondent of the London "Daily Chronicle" with the Royal Party Photographs courtesy Canadian Pacific Railway

GTsORONTO is a city of many names; You can call it "The Boston of Canada," the theatre and the arts. You can call it "The Second City of Canada." because the fact is incontestable. You can call it "The Queen City", because thers do too, though like the writer, you are unable o find the reason why you should. You can say of it, as the Westerners do, "Oh, Toronto!' with very much the same accent that the British dramatist eserves for the censor of plays. But though it already had its host of names, Toronto, to us, was he City of Crowds.
Toronto has interests and beauties. It has its big, natural High Park. It has its charming residential quarters in Rosedale and on The Hill. It has its street forty miles straight. It has the tallest building in the Empire and some of the largest stores in the Empire. It is busy and bright and brisk. But we found we could not see it for crowds. Or rather at first, we could not see it for crowds. Later, a good Samaritan took us for a pell-mell tour in a motor car and we had a chauffeur's eye view of it. Even

On the early morning of Monday, August 25th, in that weather that was already being the Prince Prince of Wales" weather, the Prince stepped "ashore" at the Government House siding skirmishing line of the was a city flung out to this distant station-including some go-ahead flappers with autograph books to sign. It was, however, one of those occasions when the Prince was considered to be wrapped in a robe of invisibility until he had been to Government House, and started
from there to drive inland to the city and its rrom there to drive inland to the city and its receptions.
A quick automobile rush-and, by the way, it will be noticed that the Continent of Hustle always "uses the long word for the short, "automobile" for Government House placed the Prince on to the footing and he was ready to enter the City a legal footing and he was ready to enter the City. that it grew a garden in a single night. It is the fact building of rough-dressed stone, standing in the


School children strew flowers before Prince of Wales at Victoria, B. C.
hen we saw much of it over the massed soft hats of Canada.
We had become inured to crowds. We had seen big, bustling, eager, hearty, good-humoured throngs from St. John's to Quebec. But even that hardening had not proofed us against the mass and enthusiastic violence of the crowd that Toronto turned out to greet the Prince, and continued to turn out to meet
him during the days he was there.
park-like surroundings of the Rosedale suburb, but desert of Highness arrived stone granules. When His Royal brilliant abundance. There were green lawns, great beds packed wantonly with the brightest flowers, while trees, palms and flowering shrubs crowded the square in luxuriance. A marvel of a garden. A realist policeman, after his first gasp, bent down to examine the green of the lawn, and rose with a Kipps expression on his face,
and with the single word "Fake" on his lips wor The vivid his lips. green cocoanut matting the beds were cunning arrangements of flowers in pots and from potsthe trees and shrubs flourished. It was a garden artificial and even more marvellous than we had thought.
The Princerode through Rosedale to the
town. The crowd began town. The crowd began House gates. It was House gates. It was a dressed crowd, for it was drawn from the delightful houses that made islands in the uninterrupted lawns that, with the graceful trees, formed the borders of the winding roads through which we went. Rosedale was once a forest on the shores of the old Ontario lake; the lake has receded three miles and more, but the buildkindly with the forest and have touched it as little as they could so that the old trees blend with the modern lawns to give the new homes an air of infinite charm. As the Prince drove deeper into the City; the crowds thickened, so that, when he arrived in the virile, purposeful
commercial streets, the sidewalks could no longer contain the mass. They are broad and efficient and giving to the eye superb vistas. Burrowight, though they were they could not accommodate


Prince chats with members of Caledonia Pipe Band at
review of troops, Edmonton, Alta.
sightseeing Toronto, and the crowd encroached upon the driveway. Much to the disgust of many little boys, who, with their race's contempt for death by automobile, were (Continued on page 54)


Prince presents medal to mother of dead hero at cerem


\section*{The Interesting Italian Way}

\section*{Dishes That Give a Touch of Difterence to Our Cookery}

(c)HE PERSISTENT use of sauces in Italian cooking is the outgrowth of a persistent scarcity and costliness
oof meat and of all highly concenof meat and of all highly concencondition, Italy, so much poorer than the younger countries of the world, has evolved a system of seasoning which is delicious, and which substitutes art for nature. American cooks have n
he time is coming when they may have to do so, if it is not already here. The sauce is the wonder of many an "a la" this
or that, but were the or that, but were the
secret known, it would secret known, it would
be found to be merely be found to be merely our common old friends,
beef, or lamb, or kidney beef, or lamb, or kidney
stew, masquerading under an assumed gentility. The American housewife, tired of the menus which she finds in her cook book, will find pleasure in tickling the appetites of her family, if only occasionally, by planning
an Italian dinner.

T\(\Gamma \begin{gathered}\mathrm{HE} \text { antiposto of Italian } \\ \text { dinners is }\end{gathered}\) dinners is really French, save that it is used before the soup,
and not after it. The

the shape of stars, fish, etc., which you will find in all Italian shops. All the vegetables for this soup should be cut into long, thin strips, and with them

\section*{Spaghetti Milanese}

B OIL spaghetti fifteen minutes in a large pot, B taking care that the water is boiling hard, and that you do not break the strands. Mean-
while, open a can of tomato paste and one of
of bacon, drain it, and serve it, heaped up around the chops. The Italians never chop the spinach, as the French do, and never serve hard boiled eggs with it. The French, on the other hand, boil it, chop it fine, press it into the appearance of a mould and garnish it with hard boiled eggs. IS is sometimes called " \(\begin{aligned} & \text { Ros }\end{aligned}\)

\section*{T}
ong, narrow leaves "cos lettuce," and has
vegetable paste, mix them with an equal amount of water and put on to heat, with two cupfuls of salami, chopped into very fine pieces. Drain the spaghetti through a colander, arrange it in a deep platter, pour the sauce over it and add half a Fried Pork Chops with
\(S^{E L}\) ECT small, Drop them in a beaten egg, dip this dish, dry, fine bread crumbs and fry them in a pan of deep hot fat. Boil the spinach with a small bit

as any other materia
In making custard for
it firm m , remember that the trick of having boiling is to heat the milk almost to the It will point before beating it into the eggs. The sauce is be creamy and will not water. of sweet chocolate by breaking up half a cake letting it cook until it dissolves. It is poured cold. the custard when it is hot and the custard
which European dinners end with black coffee,
variably made in the percolator.

\section*{Buifet Service Solves Thie Problem The Attractive and Convenient Way to Serve a Maidless Luncheon or Supper}

(T)HERE are so many occasions in the
spring when a luncheon seems the spring when a desirable form of entertainment -the only difficulty that deters many an eager hostess being that of service. A formal luncheon may easily become a formidable luncheon, if one has not a formidable luncheon, if o
vants who will carry it trained servants who will through without a hitch. It is to the eager would-be hostess
who has no servants or perhaps one who has no servants or perhaps one maid on whom she would scarcely care to place the responsibility of
cooking and serving the dainty meal, cooking and serving the dainty meal, that the idea of the buffet lunch or
supper appeals. And if she is equipped with a chafing dish, she may plan a jolly little party that will be all the more certain of success by reason of the absence of formality and the pleasant interest that will centre about the simple cooking operations. Besides-and no successful hostess ever overlooked this very material
reason for the success of her enterreason for the success of her enter-tainments-food that is carefully planned and prepared beforehand all in one motion, as it were, will undoubtedly taste delicious.
If buffet service is to be your plan, try to arrange everything on the sideboard or serving table, placing each article so that it will be most readily accessible when needed. Think out each move ahead, and have every requirement just at your hand.

The first essential is the menu. There are plenty of delicious chafing dish recipes to be had. But
just a word of warning-don't have too many just a word of warning-don't have too many
things that require to be cooked, or there will be an awkward delay between courses. Just one be an awkward delay between courses. Just one
or two dishes from the chafing dish will create or two dishes from the chafing dish will create
the atmosphere desired and supply sufficient hot food for this season of the year. Never have two successive courses that need the chafing
few minutes to cook. And for real success than a inate your kitchen entirely, if possible; at elimuse it very little.
Creamed dishes are easily treated in the chafing
dish way and are certain of success if dish way and are certain of success if rightly
handled. Let us decide, therefore, on a creame
dish, we mackward and forward from this (always may build such a menu as the following daintiness is mind that for a ladies' luncheon, dishes preferable important than richness, new Crab-meat Cocktail
 with Peas or Mushrooms
Browned Man Fruit Salad, Whashed Potatoes Indivi, Whipped Cream Dressing Individual Ices or Jellies mall Cakes Coffee
\(A^{\text {LMOST all of these dishes can be }}\) are prepared beforehand and there are no intricacies in the service of any of them.
The cocktails will be ready, chilled and in small glasses, each glass and a The dicer being placed on a plate. The diced white meat of boiled chicken soaked sweet-breads which have been cut in smalt and water, parboiled and plate. Equall pieces, will be ready on a plate. Equal quantities of butter and gether will be blended thoroughly towill be in the chafing dish and cooking the dish ready immediately the cocktails have been eaten. The milk (or cream will make a rich and delicious. sauce) should be measured and ready to add as soon as the butter and flour
main dish-say chicken and sweet-bread. We
will augment it by a dish of potatoes, and browned in the oven. These can be mashed butter, beaten until foamy cream, salt, pepper and butter, beaten until foamy and put into a bakind moderately hot), just about the should be only should begin to arrive. The potat your guests tempting brown on top, when it is time will be a them.
have cooked a few minutes. Add the sauce has hly, stirring all the time. When diced meat, and cooked sufficiently, turn in the If only one course mushrooms or peas (or both). given, the saurse precedes this, as in the menu and kept hot in might better be made already the meat, which the chafing dish, needing only mencement of the should be added at the com got a set of ramekins lheon. If you have not in the shops will answer the little paper ones sold ramekin on a small answer admirably. Place each

\title{
Dishes From Left Owers
}

\section*{By Si R Blau}

Meat and Tomato Pie
\(T\) HIS dish presents an excellent way of using up small quantities If fresh tomatoes are used, peel and slice them; if canned, drain off the in a baking dish, then a layer of sliced meat and over the two dredge flour, pepper and salt; repeat until the dish is nearly full, then put in an extra layer of tomato and cover the whole with a layer of pastry or bread or cracker crumbs. When the quantity of meat is small, it may be helped out by boiled potatoes oysters or mushrooms improve the flavour, especially when beef is used. The pie will need to be baked from half an hour to an hour according to its size and the heat of the oven

\section*{Rissole of Cooked Fish}
\(F^{\text {REE }}\) any cold cooked fish from skin and bone; pound it smooth or pick it into shreds with a silver fork. Mix it with an equal amount of grated bread; season with salt and pepper, a sprig of chopped parsley, very little nutmeg and a little minced egg to bind it form incient beaten cakes. Fry (doep fry in hot fat. Brown some preferably), little of the fat, stir in a little water or fish stock, add season ang when it boils a little lemon juice. Pour the sauce around the rissoles.

\section*{Brown Bread Ice Cream}

\(T^{1}\)
HREE pints cream, \(1 \frac{1}{4}\) cups dried brown bread crumbs, cup sugar /4 teaspoon salt. Soak the crumbs in one quart cream, let stand fifteen minutes, rub through a sieve, add and freeze- al rember

\section*{Scalloped Ham}

MAKE a thin, well seasoned old boiled ham and add to it cubes. Pour into scallop dishes or into a small baking dish, covered with buttered crumbs and brown delicately in the oven. Garnish with rings of hard boiled white of eggs and sprigs of blanched celery.

\section*{Bread Dumplings}

COVER a small bowl of fine bread Crumbs, pour enough boiling water to moisten, and let them stand and cook it in a frying-pan in which you have put a tablespoon of butter and a little parsley. Fry the onion to a light brown, and mix it with the bread, then add two well beaten eggs, a pinch of salt and enough flour onable you to form the mixture into small balls. Drop them into your hot stock from meat or fow

\section*{Moulded Ham}

T
AKE the odds and ends of a boiled ham, removing the bits that are too dark or hard, and keeping a proportion of one-fourth fat and as almost to reduce it to a paste for each pint make the following dressing: 1 level tablespoonful sugar, 1 teaspoon ground mustard, 1 saltspoon of cayenne, 1 teacup of good vamar. Stir this into the chopped ham, pack into small moulds; when and garnish with parsley.

Quenelles of Cold Poultry or
\(T\) AKE the meat of any cold game or poultry and pick it free from skin and gristle; pound in a mortar with a little fat bacon. Season with herbs and grated nutmeg, add a little gravy to moisten, make in little oblong cakes, dip in beaten eggs, roll in brown crumbs and fry in form on a dish fresh parsley

Boston Brown Hash
\(\mathrm{C}^{\text {HOP the remains of any cold }}\) puddingt very fine. Grease a deep pudding-pan. Put a layer of cold
boiled mashed potatoes in the bot of the dish, then a layer of the meat seasoned with salt and pepper, and cover with a layer of stale bread crumbs; moisten with a teacupful of gravy or soup stock, or canned tomatoes, then spread over another layer of potatoes, with a few bits of butter. Dip a spoon in sweet milk and smooth over the top. Bake in a modera

\section*{Bread Pudding}

POUR boiling water over a pint 2 of bread crumbs, add one tablespoon butter, and two eggs; beat it
thoroughly, then add \(1 / 8\) cup sugar thoroughly, then add \(1 / 8\) cup sugar and a pint of fresh berries or drained canned fruit, in which case distribute in layers over the bread mixture. quare or stean the pudding three

Vinaigrette of Cold Boiled Beef \(T\) HIS is an economical dish and a bored appetite. It the interest of from shank beef that has been used for soup, if it has not been allowed to cook all its substance away. Cut the beef in small, dice-shaped pieces and put it in a deep bowl with four or five fresh green onions or one chopped dried onion and a little parsley, chopped fine. Season with an ordinary French dressing and let the dish stand half an hour before using. delicious fang in the dressing gives delicious flavour and piquancy to
boiled meat.

\section*{Piquant Potato Salad}

CHOP rather fine enough coldboiled potatoes to make two large cupfuls. Chop fine the whites of four hard-boiled eggs, and add to the potatoes with a cupful of blanched and broken walnuts or hickory nuts and the smallest sized bottle of stuffed olives, cut in bits. Season to taste with salt, pepper and onion juice, obtained by rubbing the cupful of butter and stir well into the mixture. Arrange on a platter and grate over the top the four egg yolks, putting around the edge a yorks, putting around the edge a parsley. This is a dainty luncheon or supper dish.

\section*{Lentil Patties}

MASH some cold-boiled potatoes, mix in enough fine flour so that it may be rolled out like pastry and line some well-greased patty pans with it. Add to one cup of lentils of egg yolk, a tablespoon or two mustard and patty case with cayenne. Fill each with the potato, brush over with beaten white of egg top with a sprinkling of crumbs and bake golden brown in a hot oven. celery or cheese sauce will be delic ous served with these patties.

\section*{A Cold Steak Economy}

W
\(\mathcal{H E N}\) there is any left over raresteak, you can make a tasty would for by cutting it up as you well in cutlets, and after rolling in deep fen eggs and crumbs, fry and parsley

\section*{Potted Cheese}

WHEN small pieces of cheese are left and are liable to dry out, grate them very fine and mix
with salad dressing to a paste Pack into small cheese jars if you have them or into china cups, cover and keep in a cool place. This is a home made variety of club cheese and has an excellent flavour. A dash of Worcestershire sauce may be used if desired, with little cream instead of salad dressing


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\section*{IVORY SOAP}

\section*{ \\ it Floats}

99橾\% PURE

\section*{rPre success or rrer SAlA \\ Lies Ofter in the Dressing}

[5]ALADS are such an important part
of our daily menus during the spring of our daily menus during the spring and summer months that we may
well give special attention to the well give special attention to the
greatest factor in their success or
failure-the salad dressing a mistake to salad dressing. It is
a mave one dressing for all salads-one loses such an excellent opportunity for providing variety in a simple manner. The
several main types of salad dressing should be several main types of salad dressing should be
thoroughly mastered and then one can adapt and change them or introduce an occasional more elaborate dressing when a special effect
is desired. All materials for salads and dressings should be very cold.

\section*{French Dressing}
\(\mathrm{D}^{\text {ISSOLVE }} 1 / 2\) teaspoon water; add in \(1 /\) teaspoon 1 ice water; add \(1 / 2\) teaspoon paprika or a little ordinary pepper and
6 tablespoons olive oil. Beat tablespoons olve oll. Beat
together and add very gradually 2 tablespoons vinegar. French dressing should not be made until it is required, many people preferring to make it right at the table. It is liked generally for green salads
tart fruit salads, vegetable salads, etc.

\section*{Plain Mayonnaise Dressing}
\(\mathrm{C}^{\text {HILL }}\) the required ingredients- 3 egg yolks, spoon salt, a little cayenne.
Beat the egg yolks gently, using preferably wooden fork or spoon. Add \(1 / 4\) teaspoon salt, beat and begin to add the oil, drop by drop, beatin constantly. When half the oil has been used, add the vinegar slowly and then the rest of the oil, once more drop by drop; as you beat the mixture it should thicken and when all the oil has been added it will be quite stiff. Add the rest of the salt and a
little cayenne pepper.
It is patience, even more than art, that is neces-
ing. The oil must be beaten in slowly or the mixture will break or curdle.

\section*{To Vary Mayonnaise}
\(W_{\text {cup for cup }}^{\text {HIPP }}\) creall maded to the mayonnaise dressing for the fruit salad that is to end a dinner

(A)THE three hundred and sixty-fifth day-or, if one were married in the year three hundred and sixty sixth day-of married life approaches, every young couple begins to think of the fitting celebra tion for the very great occasion. Just how should the anniversary of quite the most Traditions have long since sprung up round the outstanding milestones on the matrimonial way. The first of these says that Orie Year Married must be hailed with paper-much paper. And no bride who saw carefully that, nearly a year ago on her wedding day, she wore 'something old and something new; somethin borrowed and something blue"-no bride of all that large order of traditional brides, will overlook the special nature of her anniversaries.
It is not difficult to give characteristic touches to the paper wedding day. The at-other-times the real blossom for use both on the table and to add its gay touch to the rooms. add its gay touch to the rooms. careful'seclusion and paper table cloths, doilies and napkins replace them. This sort of thing comes in such variety these days that there need be no difficulty in selecting an appropriate pattern. The wo most obvious motifs will be the bridal pattern, with its conventional sugestione blossoms, etc, and the cupid-and-heart , and bination that is so largely used at the valentine season. Or again, we may choose a flower-the rose, for in-stance-as the keynote of our scheme for luncheon, dinner or reception table.
It is possible to carry out the paper idea in still greater detail, if the occasion is quite informal by using the papier-mache plates that are made in the same designs as the crepe paper table cloths and napkis annd we have also the little fluted

\section*{Just One Year Married:} E HAVE received many letters asking: "What succeeding wedding anniversaries and can you give the some ideas for the menu, the table decorations, etc., at sus and such a celebration ?" Feeling that the subjions, etc., at such almost every home that EVERYWOMA N'S WORI of interest in have planned a series of little articles touching uRLD enters, we versaries that are usually celebrated, from that upon the annifirst one to the wonders of the golden and diamond most important
or lend distinction to a luncheon. A crisp, green
salad, too, is quite a different thing with salad, too, is quite a different thing with a whipped
cream mayonnaise. Again, try stirrin
to complete a piquant salad, mayonnaise that is good chili sauce, 1 Spanish sweet 3 tablespoons a tablespoonful of green sweet red pepper and very fine.
For an anchovy mayonnaise add dressing the chili sauce and peppers just the "plain and a teaspoonful of anchovy paste, rubbedioned

M
a little of the mayonnaise. Another fish dressin is made in the same way, Another fish dressing anchovy paste, use four small sardines, skinned boned and rubbed smooth with some of the dressing.
Chopped gherkin makes a tasty addition to mayonnaise and may be combined with chopped hard barsley, hard boiled egg, etc. French capers also add an These flavour.
accompaniments keured dressings are excellent selves highly that are not in them a meat or fighly flavoured-for instance, on a meat or fish salad, or on a green salad
that is to accompany cold meats or fish.

\section*{Boiled Cream Dressing without Oil} A PARTICULARLY delicious dressing, much like mayons dressing, much like without the il toxture, many people take objection made as follows: Put 1 tablespoon flour, \(11 / 2\) ablespoons sugar, \(1 / 2\) table spoon salt, into a double boiler. Add the spoons yolks of two eggs, three table up mild vinegar melted butter, \(3 / 4\) cup milk, \(1 /\) the outer pan of thall together, set the pan into stirring constantly the double boiler and cook, custard. The sam until it coats the spoon like dressing as to same additions may be made to this

\section*{Emergency Salad Dressing} IX together in a bowl 3 teaspoons sugar, of cayenne poon mustard, a little salt and a dash ry ingredientsper. Stir over these well-mixed ix to a paste 4 tablespoons malt vinegar ally rop by drop, evaporated milk slowly, practically ittle, beating mayonnaise. If oil is liked, add a

\section*{Traditions of the \\ First Anniversary}
o give a frilled top. This can be tacked in place with cotton thread, or tied lated almonds, a narrow ribbon. For made of twisted bon-bons, etc., a handle paper will add a worth covered with For place cards, a wedding bell is pat from silver paper, a layer being pasted on either paper, a layer being plece of light cardboard. A tiny white card such as those used for Christmas gifts, pasted on one side, will carry the
name.
paper drinking cup that has become such a friend
to the general public. paper ramekins in which to are, too, the littl prepared fish or meat and sweet any suitably ices, meringues, custards, trifles, etc little "dishes" may be elaborately tre. These desired, after the fashion of the one in thed a centre of our illustration. A roll of crepe
we have illustrassibilities are legion-the one concealed withinted is a realistic paper rose onbon. Other its petals is a delicate cream caps, and other fun-mes such as crackers, paper The as one's ingenuity and trifles, may be added The menu itself will and inclination suggest. of originality. We would give considerable scope luncheon following dishes to the west an adaptation Strawberryer:
cases. Chicken cutlets, Creamed fish, in paper or mashed poto rosettes, made with pastry tube parsley. Aspara in cone shape, topped with Individual Asparagus tips. Summer salad. Fruit punces rolled in cocoanut Fruit punch.
tucked into pointed dinner rolls are paper tube of white not white satin with narrow crepe paper cones, crushed in a little at the apex, are slipped over the bouillon cups and tucked in at the bottom to look like strawberries. If some real strawberry leaves can be
the general decorative scher for number of dainty coverings for will make any Cut strips across the crinkle of these cases. flowing about half an inch more than crepe paper of the paper case; flute one edge caref depth drawing it through between thumb and farefully by
under each cup to support
 in inctlet frills are made from strawberries folded wide strips and folded lengthwise-the intervals edge snipped in two-thir lengthwise-the opened, folded the one-sixteenth of an inch, about the cutlet stepposite way and wrapped reception will of course. The refreshments at a

\title{
GEVERKWOMAN'S HOUSEHOLD DEPARTMENT \\  Edited by Katherine M.Caldwell B.A. (COP)
}

\section*{The Family Laundry Up-to-Date}

\section*{There is a Best Way, a Quickest Way and a Ieast Laborious Was of fandling It}

(c)OLOURED clothing needs extra care. Each colour is washed separately, in case
the dye runs. The work should be done quickly, the garment hung up in to dry at once, otherwise it will probably run and streak. Long-drawn-out wetness, strong alkalis, or acids or a bleaching agent, whether sunshine or chemical,
will all be harmful. Don't soak, will all be harmful. Don't soak,
therefore, unless necessary. Use a pure, therefore, unless necessary. Use a pure,
mild soap. If a softening agent must mild soap. If a softening agent must
be used, let it be borax. Rub starch in we used, let ind be off any excess, to avoid white spots and streaks.
white spots and streaks. Colours that are apt to fade may often be "set" by soaking overnight in solutions. Test a small piece of cloth first and see which solution acts on it best. After the soaking, dry thoroughly before washing. Another good plan to prevent fading, even when the colour seems reasonably fast, is to rinse the garment in a diluted salt solution just before hanging to dry.

\section*{Mordant Solutions}

To one gallon of water add \(1 / 2\) cup mild vinegar, effective for 2 cups of salt, effective for pink, black or brown.

\section*{1 Tablespoon sugar of lead (poison),} effective for lavender.
Woolen materials also require sensible and considerate treatment. Again, they should be handled quickly. These rules should be kept firmly in mind. Water should be pleasantly luke-
warm, never hot. warm, never hot.

Even temperature throughout the washing is absolutely essential. A sudden change will cause immediate Pure mild soap should be used and it should be melted, as in directions for soap solution. of borax or ammonia to each gallon of water.
Rub as little as possible. Squeeze the garment, plunge it up and down in
the water and work it gently with the hands, else the fibres will mat and hands, else the fibres will mat and harden. A second clean suds of same several rinsing waters should be used. Be sure no particle of soap remains Put through a loosely set wringer and hang wrong side out in a warm place never near a fire, where sudden direct heat will cause shrinkage.
too hot an iron are pressed, don't use too hot an iron.
Blankets should be given the same
treatment. Squeeze treatment. Squeeze the water from the lower hanging edge occasionally during drying period.

Silk should be given similar washing, wrung between towels and ironed on
the wrong side while damp. To avoid the wrong side while damp. To avoid
stiffening it, iron silk under a cloth.

\section*{Removing Stubborn Stains}

W HERE fabrics are stained so that ordinary washing, or the less trying sponging, will not remedy the matter, special treatment is necessary Boiling water is successful for certain stains, others require chemicals
Javelle water (for white goods only), potassium permanganate in solution (for white and some coloured goods),
oxalic acid (poison), ammonia water oxalic acid (poison), ammonia water be kept on hand. They must be used quickly to prevent damage to fibres Stretch the stained portion tightly over a bowl and apply chemicals from a medicine dropper or the point of a skewer or small stick.

Javelle water is made as follows:
1 pound washing soda.
\(11 / 2\) quart boiling water.
\(1 / 2\) pound chloride of
Put soda into a granite pan, add boiling water, stir until dissolved, Dissolve chloride of lime in cold water allow to settle, then pour off clear liquid into the soda solution, let settle,
pour off clear liquid, bottle and keep pour off clear liquid, bottle and keep n a dry place.
Mix a quant equal quantity or more of water, and don't soak garments in it more than
half an hour. Rinse in several waters and lastly in diluted ammonia water. Potassium permanganate is prepared
or use by dissolving 1 teaspoonful of the crystals in a pint of water. Apply with medicine dropper or small rod, allow to remain five minutes. If a
brown or pink stain is left, it may be brown or pink stain is left, it may be emoved by applying hydrogen peroxide
Oxalic acid should be given the careful oversight a dangerous poison requires. Prepare by dissolving in a pint of liukewarm water, all the crystals it will melt. Bottle, cork tightly, and put in a safe place for use as needed.
The commonest stains are usually reated as follows.
Fruits and Berries (Fresh). - Pour oiling water from a height on stain. bleach in the sun.
If the stain will not yield to boiling water, moisten with lemon juice and expose to sun. A stain which turns
blue or gray should be moistened with oxalic acid or lemon juice.
Potassium permanganate or Javelle water may be used.
Fruits and Berries (Cooked).-Easier to remove. Boiling water and soap will suffice, except for red or purple stains,
which are treated like fresh fruit stains
Grass or Flower Stains. - Hot water and soap, plenty of rubbing. Grain injure.
Grease.-Scrape off. If stain remains try warm water or soap. Naphtha or
kerosene will be efficient solvents of grease.

Absorbent substances such as fullers' earth, French chalk, powdered mag nesia, for fine materials. Cornmeal or salt for coarse things such as carpets. Heap on the stain, brush off occasionally and renew. Blotting or absorbent paper on one side, a warm iron on the other; heat will melt th
will run into the paper.
Chloroform, ether, gasolene or naph tha are solvents for grease, the first is best and not inflammable. Place a clean absorbent pad underneath and sponge from outside in to centre, to
prevent a ring. A good plan is to shalk first. Egg.-Cold water, followed by hot water and soap, or by a grease solvent. Cocoa, Chocolate.-Soap and hot water, a sprinkling of borax, wet with cold water and rinsed in boiling water. Lukewarm water for delicate fabrics.
Coffee.-The cream calls for grease Coffee.-The cream calls for grease
solvent. Soap and water or potassium permanganate may be used.
water, sunlight Colours.-Cold or warm water, sunlight. Javelle water, potassium permanganate or hydrogen per-
oxide, with a little ammonia in it oxide, with a little ammonia in it, may
be tried, the last for silk and wool. be tried, the last for silk and wool.
Blood. Cold water. Soak and rub and when light brown wash with hot water and soap as usual. Ammonia-
1 ounce to 1 gallon water-will loosen old stains. Hydrogen peroxide, sponged on, will often remove stubborn blood stains.
Raw
Raw starch and water in thick paste applied to flannel, blankets, etc., and brushed off when dry. Repeat if
Ink.-There are preparations for removing ink stains. Much depends
on the kind of ink. Printing ink will on the kind of ink. Printing ink will yield to plenty of rubbing with soap
and water, when fresh. Lard, rubbed and water, when fresh. Lard, rubbed soap and water, is good.
Writing Ink.-Try absorbent, first working over stain with something blunt.
Milk.-Soak stain for a day or two, changing milk when it shows colour Oxalic acid. Soak for a few minutes, rinse in clear water, then ammonia water. Potassium permanganate, Jav Iron Rust.-Dilute hydrochloric acid Oxalic Rust.-Dilute hydrochloric acid Meat juice. - Treat like blood
Medicines.-Soap and water, hydro chloride, oxalic acid, alcohol or Javelle water.
ing. Sour milk and water and bleach , our milk, lemon juice, Javelle Paint.-Turpentine. If old and set, turpentine and ammonia. Grease sol vents will often help.

[yHE family has, long before this, put aside its warm winter, clothing. From ather's overcoat to the
childrens little "woolies" everything must be put everything must be put cold weather. Just how useful articles that are now very usable will be when they are again needed, depends, of course, up
Some fortunate housewives possess those delightful cedar boxes, or
have a cedar-lined storage cupboard. have a cedar-lined storage cupboard.
No matter how great the lure of "pure No matter how great the lure of "pure wool" is, no moth will willingly venture
into them. The trick here lies in the into them. The trick here lies in the
thorough cleaning and brushing that must precede the putting them away, so
that there will be no eggs in the folds of that there will be no eggs in the folds of material, nor even any dust to work its and make those almost ineradicable grey lines and markings.
This brushing and cleaning is perhaps storing away of winter fabrics; unlessitis thoroughly done, all the further trouble one goes to, in parcelling and tying in
moth-proof and dust-proof packages, will moth-proof and dust-proof packages, will
be worse than wasted. There is an ironic be worse than wasted. There is an ironic
quality we are slow to appreciate in the experience of stripping away the carefully glued wrappings that protected fluences, to find that we had given a marvellously cosy home, and unlimited
nourishment of their favourite kind a rising young generation of moths

\section*{Bow to Avoid Moths and Other Summer Meraces}
hatched from eggs that had been hidden in a little deposit of dust under each \(c\) or beneath the lapels of the collar.
A stiff whisk then, of good quality; a firm clothes brush; soap-suds, wher advisable, and cleaning materials for
any necessary sponging over and removing of stains.
Apart from all other considerations, these are much easier to remove now than after a five or six months' longer hold on the fabrics.
The far-sighted housekeeper will send to the storeroom all the cardboard boxes in which new clothes are delivered, those sent home by the cleaner, any hat boxes not in use and even the small fry, such as show-boxes. They are
spring put away-time
The complete supplies needed include
Cardboard boxes, assorted sizes.
Wrapping paper, newspapers.
Strong string
A pot of paste with a small brush.
Moth-balls or a preparation camphor and cedar.
A crayon or soft pencil for marking
The method is simple.
Cut plenty of strips of wrapping paper about four inches wide, to seal the
boxes.
\(\mathrm{S}^{\text {ORT the well cleaned articles, putting }}\) together those that will probably be required about the same time. The children's woollen garments; the grown
ups warm underwear; fall suits and ups warm underwear; fall suits and coats winter suits and coats; knitted caps, ings and leggings, and so on. Thought-
ful grouping at this stage of the business will mean, later, the opening of just those packages that are required.
Select a box that will hold one group. Line it with newspaper and fold in th garments one by one, sprinkling with the moth balls. When the box is full, fold the papers round and put on the lid.
Apply paste to a length of the pape stripping that is cut, and gum firmly over the crack between lid and box Don't leave a single crevice that is not firmly sealed.
Tie with strong cord, so that there will bo no strain on the pasted strips. They are not in place to hold the box closed but to keep out all dust, moths, etc.
With a crayon or big soft pencil, write contains. Do this with each box as you go along or confusion may easily arise go along, or confusion may easily arise.
If there is a scarcity of boxes, make parcels, not too large or bulgy, using strong wrapping paper and cord, and strong wrapping paper and cord, and
sealing all the edges with the pasted paper. Mark as you do the boxes.

HATS that have next-season possibil ities want special care. If either the shape or trimming is uslelss, don give invaluable space in your boxes.
Rip off the trimming and discard it or freshen it up as much as possible if it is to be saved. Put flowers, etc.., into paper bags, labelling each one. Fold the mouth over several times and pin closed. necessary ostrich trimming, and any sort of felt
velours, and so forth. So seal up your band boxes in the same way and writ a sufficienthe full tents on ther
Winy period
Winter blankets, after being carefully washed and well aired, should be folded a way with camphor balls. It will pay
to examine them occasionally. Eiderdown quilts and good
had best be sent to the cleaner's are soiled. The best way to put they away is to sew them up in an old sheet Heavy drapes need thorough beating
and brushing. Examine the floor end for any stains from floor wax and dust, etc. A vacuum cleaner is invaluable
in their case.
Furs, if they are valuable, should
really be sent to the furriers to be kept really be sent to the furriers to be kept in cold storage through the warm season If you keep them at home, it will pay to examine them frequently and give them the bright sumlight before packing away again and sealing be well And just as a last word-

And just as a last word-be sure there is no crack or crevice in any of the cuplurking. Have every clothes press very thoroughly cleaned and scrubbed for even amongst the garments that hang there in the summer, there are many that the moths will enjoy-our pretty knitted sweaters, light weight woollen suits or coats.
It is only prevention that pays, where the pests that prey on our garments are concerned. There is no real cure for


AME OLD DEARS:If there's one thing nicer than another about Spring, it's the fashions
that are always a part of it, for slim, svelte youth.
to begin a sociable is a very poor way to begin a sociable letter, but I know you are most interested in the subject that's uppermost in my mind now-fashions.)
I remember hearing a delightful fairy story When I was a very wee thing about a wonderful palace with grounds all around and trees in the midst of her
 midst of her
garden whereon "grew" the most farylike
frocks and bonnets and other sartorial accessories for needed to do was to "pick" a bonnet or frock as the demand Spring has
Spring has always
seemed like that to me since- a large, motherly tree, with generous branches, laden with new buds and a gay "young thing" supported on the most liberal bough watching each bud unfolded, knowing each one was hers for the choosing. As for the liberal "picking" these days, well, of course, that's the fairy part of it-one may still "pick" but one must pay.
May is logically the first month wherein the weather is sufficiently dependable to merit confidence fluffy-ruffleness or bouffancy of one's new spring frock.
Because her hair is coppery gold and her eyes blue frock of robin's-egg blue Georgette crepe.

Youth from sixteen years up (for hasn't every woman youth in her heart and her desires when it comes to fashion?) is indisputably the one who will do it most gracefully this spring. In these exclusive little shops, where the needs exclusively, and where one feels called upon either to be accompanied by Dame Fashion personally or bearing a letter of recommendation from her before entering the dollar-paved portals, I found our old, trusty friend tricotine in a capricious mood.
CCORDION pleating was, and still is, her
affaire de coeur of the moment. To the curt


\section*{For fler Sub-Deb Niece, Marie-Anne \\ \({ }^{3}\) y , thene firuchice}

\author{
brevity of the Eton waist are these pleated tricotine
} skirts affianced, and a Roman striped girdle joins them in perfect colourful harmony.
I am enclosing a sketch of this frock, for it's
the very one that I selected to send my the very one that I selected to send my little
niece, Marie-Anne, who is still at boarding school. niece, Marie-Anne, who is still at boarding school.
She is one of those ducky ingenues with curling bobbed hair and limbs that have far outgrown her years. You see the abruptness of the Eton
her her years. You see the abruptness of the Eton
waist and the splashiness of the sash bow will waist and the splashiness of the sash bow will and tend to cut off her youthful angularities (and there is such a word.) There was another navy blue tricotine model
with Eton blouse effect and hip loops that looked just like the top of a closed umbrella. It was trimmed in black braid and a very gay girdle peeked out below the end of the Eton blouse.


It had short sleeves, too, in it's favour, but it must have been the newness and girlish effect of the accordion pleats that made me capitulate If Marie-Anne
demure Sixteen, were a less roguish and more de Chine I'd liked to was a dark brown crepe those innumerable little giggly afternoon tea parties that one is usually affected with at that care-free age. Four large tucks edged with tiny tailored loops of grosgrain ribbon comprised the skirt. A soft surplice blouse with short kimono sleeves was the beginning and end of the bodice. As soft as pussy willows, and just the colour of them was the embroidery on a youthful looking black charmeuse dress-another temptation. Observation and a certain amount of inquiry gained for me the information that the embroidery was an achievement of one of those magic embroidery needles that are on the market for a dollar or less now. Many women who have suddenly blossomed forth in these elaborately embellished gowns, owe their success to their new and suppos edly, labour and time-saving device never tried one, but those who have are obviously pleased with the effect.
\(\mathrm{B}_{\text {UT BECA }}\) BECAUSE Anne is Marie-Anne, and her decided on coppery gold and her eyes blue, I corner) all ruffles of a frock (upper left hand blue georgette crepe. Lest it blow away in the sheer joy of being Spring and destined for a pirl of sixteen, a girdle and bow of wide, lady girl satin ribbon of a queer shade of rose on anc side and mauve on the other was tied about it as if to anchor it or at least lend it substantially. It was the kind of frock that you'd expect an artist
to suggest a sub-deb who was about to sit for her portrait to wear, or at least some poet to put in a
poem entitled "Yo poem entitled "Youth."
Anne will attend her first "hop" this spring. or at least neighbouring sch from an adjoining, Brummels, has asked ther for young Beaux but no hesitation, I believe, to much trepidation, Womanlike, her felieve, to go.
gown, and her second thought was a suitable whom she knew would be tickled silly to select it be her (such child-like far keeps me young, I think). It didn't take me long; I it didn't take me long; I what I wanted, so of cour I found it waiting for course I shallexpect Marie-A be very demure in it - Anneto on her best behaviour of course behaviour, of course, because it is one of those restful frocks that rustles and swishes ever so slightly as one glides, and makes one feel very if portant, especially if one is sixteen and at their first big dance. Turquoise blue, with just enough green in it to make it interesting and not commonplace, is the colour. The heavy in quality -almost a cord in it al twist of silver and orchid-toned ribbon encircles the almost unindented waistline and capriciously, without rhyme, but for just the reason that it is sensible to to most anything on a sub-deb's frock, a wreath of orchid and silver-veiled rose buds is fastened rose buds is fastened
on the front of the scalloped

> scalloped tunic. With Srring
niece in one's the air and a perfectly adorable for, what more could I ask? one's mind to shop I hope you'll like I ask?
will be such perfect these frocks for Anne and tell me so, perfect old dears as to write and
It's so easy to say "I love you," when it's
May! It rather signs it May! It rather signs itself.

Yours,
AUNT POLLY.

Were she less roguish and more demure, this dark brown crepe de
chine with tailored tabs would have been my choice.

As soft as pussywillow and just the colour of them is the embroidery on this youthful looking black charmeuse dress.

The newness and girlishness of the accordion pleated skirt made me ca-
pitulate. It is one of the capricious things trico. tine is doing this Spring.

Another navy blue tricotine with Eton-
blouse effect and hip blouse effect and hip
loops that stood out just like the top of a closed umbrella.


\section*{Where Spring aud Summer Meet}



\section*{22 Everywoman's World for May, 1920}



\title{
Fashion Decrees Flutly Frocks For Summer Wear
}



6042 - Crisp white organdie is the
material of this frock. Pin tucks in groups trim the front and back panels kimono sleeves and waist. The short cuffs which cuffs which are wider at the back. The beneath the of the waist is gathered finishes the neckline bias fold which of the tunic consist The side sections ruffles, tucked at the edges. of purple picot-edged ribbon is double at the front.

6043-Very fine voile in ecru is attrac-
tively combined tively combined with filet lace in a wide of the waist is cut in The front section length tunic. The side sectith the kneeextending below the sections are long, of picot-edged ribbon in lasely tied girdle joined with ladder-stitching in hey are linen thread. A wide band in heavy extends around the bodice just lace the square neckline and wider bands are set into the gathered tunic. Back closing.

\footnotetext{
6044-Dotted Swiss in pale blue and frills of white The girdle is cut in one for this frock. waisted bodice and is finished in longwith a huge bow of self-material back frill finishes the square neckline A edges being tacked together forming the chemisette. Three frills give a tiered effect to the skirt. Over each hip double rills are attached from waistline to hem the edges just touching.
}


Moths are unable to indulge their expensive appetites in the depths of the rug that is frequently beaten by The Hoover. Those which burrow deeply to feast or to deposit their eggs are speedily removed, together with all destructive, embedded (hatents grit. Besides beating, The Hoover swiftly sweeps up all stubborn litter, rights crushed nap, renews colorings and suction cleans. Only The Hoover performs these essentials. And it is the largest selling electric cleaner in the world.

\section*{she HOOVER}

Write for booklet, "How to Judge an Electric Cleaner," and name of nearest dealer

The Hoover Suction Sweeper Company of Canada, Limited The oldest makers of electric cleaners Hamilton, Ontario

It \(B E A T S . .\). as it Sweeps as it Cleans

\section*{जhings Iou Couldnet Do in 1820}

By MaArion mgirqria Clarrice


Husbands would welcome the 1820 bill of feminine extravagance-it wouldn't buy even the hat box to-day.


He couldn't telephone or telegraph "will you be mine?" in 1820. It just wasn't done that way then.


When the lamplighter was late one had to watch one's step in 1820 .

D ON'T "grouse" when "Central" fails for the seventeenth time to secure the correct number. It took much longer in 1820. When your famous Five Passenger stalls in traffic, just be glad it isn't the two-wheeler of a century ago. Oh, there may be lots of things that drag in 1920, but if the clock of time could be turned back a hundred years-well, we wouldn't, would you?


Many a swain might have sighed for the modern motor boat-instead it was a case, in 1820, of "Ro-meo" while "Julie-et."


Movies were unknown in 1820 but the occasional silhouette "stills," though considered scandalous, doubtless drew a capacity audience.


Razors were discovered 4000 years ago, but from the prevailing tonsorial style of 1820 we conclude the razor was either tin or not in vogue.


Boy, call the 1820 taxi." The Speed mania of 1820 had no need "of traffic cops. Dobbin went his



\section*{7,000 people write daily}

For a 10 -Day Tube of Pepsodent. At the rate of two million yearly. They are learning the way to cleaner, whiter, safer teeth.
Countless others, by dental advice, start this new-day method.
Everywhere about you you see the results. Now this is to urge you to make the same test. It costs nothing.

\title{
Teeth Like Pearls \\ Find out how people get them \\ All statements approved by high dental authorities
}

Your friends and neighbors-many of them-now use a new method of teeth cleaning.
Morning and night, millions of teeth are now brushed in this new-day way. Dental authorities, after long and careful tests, endorse it. And leading dentists everywhere are urging its adoption.
Wherever you go you see glistening teeth, due to this new protection. You know they are safer, cleaner than dull, film-coated teeth.
Now we urge you to see the results on your own teeth. And we offer a 10 -day Tube.

\section*{We now combat the film}

Your teeth are coated with a viscous film. It is ever-present, ever-forming. You can feel it with your tongue.
It clings to teeth, gets between the teeth, enters crevices and stays. And modern science traces most tooth troubles to it.
Film is what discolors-not the teeth. It is the basis of tartar. It holds food substance which ferments and forms acid. It holds the acid in contact with the teeth to cause decay.

Millions of germs breed in it. They, with tartar, are the chief cause of pyorrhea. Also of many other troubles, local and internal.

\section*{Film has been neglected}

Dentists long have known these facts, but no way to combat them. The ordinary tooth paste could not dissolve film, so the tooth brush left much of it intact.
Careful people went twice yearly for a dental cleaning. The film and tartar were then removed by instruments and pumice.

But in the meantume, month after month, it might do a ceaseless damage
Thus the tooth brush proved itself inadequate. Tooth troubles were constantly increasing. Very few escaped them-even the most careful. And dull, cloudy teeth were common.

\section*{Science found the way}

Now dental science, after years of searching, has found a way to daily fight this film. The method has been proved by convincing clinical and laboratory tests. Its efficiency is now beyond question.
Able authorities commend this ideal tooth paste, complying in all ways with modern dental requirements. That tooth paste is called Pepsodent.

Countless dentists are helping to bring it into daily use. And, to quickly prove it to the millions, a 10 -day Tube is being sent to everyone who asks.

\section*{Based on active pepsin}

Pepsodent is based on pepsin, the digestant of albumin. The film is albuminous matter. The object of Pepsodent is to dissolve it, then to day by day combat it.
Pepsin long seemed impossible. It must be activated, and the usual agent is an acid harmful to the teeth. But science has discovered a harmless, activating method. Years of tests have proved this Now active pepsin can be every day applied.

Pepsodent also combines two other new principles in teeth cleaning, now urged by the highest authorities. So this one paste embodies three most important methods.

\section*{Results appear quickly}

Pepsodent needs no argument with people who once try it. The results are quick and apparent. This ten-day test will be convincing, and it costs you nothing. The book we send will tell the reason for every effect you see.
Millions are now learning what Pepsodent can do. The use is fast spreading the world over. For your sake and your family's sake this test should be made in your home. It should be made at once. Cut out the coupon now, so you won't forget to mail it

'Twill be a revelation
Note how clean the teeth feel after using. Mark the absence of the slimy film. See how the teeth whiten as the fixed film disappears.
You will quickly see that Pepsodent brings a new era in teeth cleaning.

\section*{Pepsadent}

\section*{The New-Day Dentifrice}

A scientific film combatant, complying with all modern denta requirements. Now advised for daily use by leading dentists everywhere. Every druggist supplies the large tubes.

\section*{10-Day Tube Free}

THE PEPSODENT COMPANY.
Dept. 456, 1104 S. Wabash Ave., Chicago, III. Mail 10-Day Tube of Pepsodent to


T\(\Gamma \mathrm{HE}\) smooth trim fit so much admired in Monarch-Knit Hosiery is due partly to the absence of seams and partly to the special shaping process followed in knitting the ankles and feet. The special elastic ribbed top makes the stocking fit closely, comfortably,
smoothly, without binding. To
good looks we add the assurance of long wear by double-splicing heels and toes and by a rigid system of inspection that keeps the quality uniformly high.
You will find at your dealer's a complete display. All the latest shades for men and women, in fine silk and mercerized cotton

THE MONARCH KNITTING CO., LIMITED Dunnville, Ontario, Canada
Also manufacturers of Monarch-K Kit Sweater Corts for Men, Women and Children, and


\section*{Every Blemish Removed in Ten Days}

\section*{1 Will Tell Every Reader of This Paper} How FREE
YOUR COMPLEXION MAKES OR MARS


Pearl La Sage, former attress who offere
women her remarkable complexicn treatmen










\section*{PPEARL LREE COUPON}

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The Spirit of Music is truthfully conveyed through

\section*{THE CECILIAN CONCERTPHONE}

Some Cecilian Features
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SUPREME IN TONE Plays All Records at Their Best
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\section*{"Perfumed with the Costly}

COUS,D you ever make up such a wondrous bouquet as this - a rose picked in Southern France, a spray of orange blossoms gathered by the Mediterianean, pale spikes of lavender from an English garden, a branch of jasmine from the Riviera, yellow yiang-ylang blossoms from Pacific Isles, blades of spicy vetivert from India-and so on-till you had twenty-six of the loveliest fragrances in the whole world?

Odor Jonteel, for the toilet, \$2.00
Odor Jonteel Concentrate, \$5.00
Talc Jonteel, snowey, fragrant, 350
Face Powder Jonteel, flesh, white and
brunette, 60 c
ce Powder Compacts, Alesh, whi e, Combinette, "outdoor," 50c
Combination Cream Jonteel, to make soft, beautiful complexions, \(60 c\)
Cold Cream Jonteel, 6Oc
Soap Jonteel, 40 c
Rouge Jonteel, light, medium, dark, 500 Lip Stick Jonteel, 35c
Eyebrow Pencil Jonteel, 35 c
Manicure Set Jonteel, \(\$ 2.25\)

\author{
Conducted by OLIVE C. CALDWIEII
}
to the neck is not added above the waist line, the garment will draw up in the front or pull down in the back. This is also true of the back. Measure of the pattern; any addition to the length of the pattern must be added above the waist line.

\([1]\)N OUR last lesson we discussed cutting and making a skirt. This month we shall take up the making of a waist, or
the separate blouse, so indispensable with a suit.
Again we will start with the selection of a style. In general, this will be governed by the type of person who is to wear it. A long-waisted woman will avoid up-and-down effects that add to the seeming length of line from
shoulder to waist. She will choose a plain style, or she that will emphasize the round-about so carefully avoided by the short-waisted or stout woman. The length of the arm is important in this relationship; a long, thin arm should never be encased in a plain, tight sleeve; a cuff, a round frill, or a soft, loose "angel" type of sleeve will break the long line. A short or over-plump arm will be helped by a straight sleeve, and by such ruses as a deep point down over the hand, a long line of buttons to the elbow, etc.
The woman whose face is broad and round will chere a narrow collar and a " V " shaped opening-never a narrow collar and a " \(V\) " shaped opening-never opening so helpful to long, narrow features.
With these points in mind you select your pattern.
The size is designated by the bust measurementthe patterns only coming in the even sizes, 34,36 , etc., up to 42 and 44 inches bust measure.
Your own measurements having been carefully taken, apply them to the paper pattern, and make any alterations necessary before attempting to cut
the goods. It is the knowledge of how to do this properly that will give you
perfect control in any blouse making operation.

Applying the Measure-
FIRST, identify the waist F line upon the pattern; this line is usually marked with perforations. Using a yard stick for a guide, draw the pattern, marking the the pattern, marking the on both the front and the back half of the pattern. See the line marked "Waist Line" in Diagram 1).

Then starting at the
below the straight line just drawn, draw a line on the front half of the pattern like the dotted line in Diagram 1.
Starting at the centre back, one-half inch above the straight line, draw a line on the back half of the pattern like the dotted line in Diagram 1.
This dotted line gives one-inch raise from the centre ront to the centre back and is the proper angle for the waist line giving the correct line for the average figure. It is the line to be used hereafter as the waist
Aine. length measurements for the waist must be measured from this waist line up. It is very important that the individual length measurements be applied o the pattern from the waist line up. If, when measuring the pattern, from the waist line at the centre front up to the base of the neck, the individual measures more than the pattern, it is very necessary hat the length be added above the waist line waist line. If the needed length from the waist line



Diagram 1.

\section*{The Shoulder Alteration}

WHEN the front length of the pattern has been made to conform to your front length measurement, then measure the shoulder of the pattern. Apply your shoulder measurement, taken from the base of the neck to the tip of the shoulder, to the shoulder of the pattern. Increase or decrease the shoulder of the pattern, as shown by the dotted "O" for the decrease of the shoulder width on both the front and back half of the pattern.

\section*{Armhole Alteration}

YOU ARE now ready to alter the armhole. If you have had to decrease the front or back length of your pattern by folding a tuck, you have no doubt changed both the size and the shape of the armseye of the pattern.
Measure the armseye
If the armseye is too small trim it out to measure. If the armseye is too small trim it out to the proper size, preserving the original shape. Be careful about trimming it out too much at this time. When the garment is tried on and the armsey
If the armseye is found to be too large fill it out by fastening a piece of paper to the pattern and decreasing the size of the armseye as shown by decreasing the size of the , armseye as shown by
the dotted lines marked " B in Diagram 2. If there
has been no length alterations made in the pattern the armseye may be too large and the alteration shown by the dotted lines marked " \(B\) " will be necessary.
This may change the under-arm length again. If this is so, and upon measuring, the length of the pattern under the arm from the waist line to the a tuck in the pattern wheh will not interfere with the back or front length measurements.

\section*{The Neck Alteration}

F THE alteration for the increase of the front or back length of the pattern has been made, the
size of the neck has doubtless been altered. If the length of the pattern was found to need no alteration, the neck may still require some changing.
inches between points \(X\) pattern. The number of inches between points \(X\) and \(X\) on the front half of the pattern (See Diagram 3) and the number of pattern (See Diagram 3) added together, should be pattern (See Diagram 3) add

Apply the individual neck measurement to the pattern. If, for example, the pattern is found to measure one-half inch more than one-half of your neck measurement, decrease it by taking one-fourth of an inch off the front and one-fourth of an inch off the back of the pattern as shown by " A " in Diagram 3. Likewise if the pattern is too small at the neck increase it the required amount as shown by the dotted line marked "B" in Diagram 3 .

Having measured and applied the individual measurements to the pattern, pin it together with when the pattern has appeared to be all when the pattern has appeared to be all right, it pattern is too long between the bust line and the neck lay a tuck in the pattern, or if it is too short split it and set in a piece. (See "D" Diagram 3). Make the alteration in the same manner between the bust and waist lines. (See "E," Diagram 3). It is rarely, if indeed it ever happens, that a pattern
needs all the foregoing alterations. Sometimes one alteration suffices; again, two may be needed.


Different figures require different alterations, but whichever one is needed to make a pattern fit, it is made in the manner set forth.
De followed No. 4 shows all the alterations and may be followed when making any single alteration.

\section*{Altering the Width at the Wrist}

VERY often all the width given in the pattern above the elbow is required, but from the elbow alteration follow the lines marked "D", in Dor this Any style of cuff may be worn with the Bishop sleeve Subtract from the length measurements the number of inches desired for the cuff before cutting the sleeve as the sleeve would have to be cut just that much shorter.

The Dress Sleeve with a Dart to the Elbow

T
\({ }^{-}\)HIS is a very comfortable sleeve for a dress and especially good for a short thick arm.

\section*{The Width Alteration}

F
IRST, measure around the top of the sleeve pattern to determine how many inches it is larger more than from 2 to \(21 / 2\) inches larger measures armseye, it must be reduced.
This sleeve pattern may also be cut too high at the top. If this is so, pencil a line like the dotted line marked "C" in Diagram 6, and measure along this line for the width at the top of the sleeve. This sleeve pattern is increased or decreased in width by folding a plait or setting in a piece where the
dotted line marked "X", dotted line marked " X " is shown by the dotted lines marked " \(F\) " and " G , " "F" for decrease and " \(G\) " for in crease. The width at the elbow may also be measured and this alteratoin extended at the elbow. If the elbow is all right let the alteration taper to nothing at the elbow. If the width at the elbow is altered the alterawrist, taking extend to the wrist, taking off or adding the equal amount on both
and preserving the original proportions

\section*{The Length Alteration}

WHEN the width has been altered the sleeve pattern must bas been altered the sleeve Fold the pattern and apply the measurement taken from the shoulder to the elbow to the pattern, measuring along the dotted line marked "X". in Diagram 7. Increase or decrease the length of the pattern to make it conform to your measurement by folding a tuck or setting in a piece of paper between the shoulder and the elbow where the In the same manner Diagram 7.
measurement, manner apply the "elbow to wrist" dotted line is shown between the elbow and the wrist. The "Inside Length" measurement and the applied to the pattern, and the pattern altered to correspond to this measurement. It will readily be seen that the dart should (Continued on page 49)


\title{
Uncle Peter; CStories \\ Mi. (1)
}

\section*{Business in the Jungle}

THIS is a lazy life," said the Lion, yawning
hugely, hugely, "I wish we had something to
to do," said the Elephant, who was drawing pictures in the sand with his trunk. "I'm even tired of eating," said the Giraffe. eat to get down the length of my for anything I "Let's go into business," said the Lion. we don't know anything about business," "But the Elephant. "That doesn't matter," said the Giraffe. "Lots of people go into business who "I n't know anything about it."
I think," said the Lion, "that it would be a good idea to go into the clothing business

clothing business brisk and at any rate we could get some new clothes for ourselves, which would trousers are very much frayed notice that your said the Lion. "They're not a bit Elephant," your hat " said the Elephant "I think I'll make mysel trousers," said the Elephant. "They would selk ust the thing for this warm climate." "Why not try a change?" said the Giraffe. "The ones you are wearing now are sat-in, very much sat-in." You may think you're funny," said the Elephant, "but believe me, you're not a bit funnier up in the air," "With that absurd little head 'way trouble about you is that said the Giraffe, "the trouble about you is that no one knows whether you are coming or going, you're so much alike he has such a big head, he hasn't enough bragh to get his hair cut."
There is no doubt
minutes they would have that in a very few but just at that moment a voice from above said: Gentlemen, please get back to business," and looking up they saw Mr. Monkey in the tree above their heads. And Mr. Monkey, dropping off the tree, landed on Mr. Giraffe's head and slid down his neck until he was sitting on his " If

If you are going into business you will have know anything about Monkey, "But we don't Lion. "I will be your advertising said Mr. said Mr. Monkey. "The very first thing you need will be some cards, telling everyone what business you are in. I will make the cards for

wrote Mr. Monkey took three big cards and this is what me in big letters three signs, and "Lion Hats make the first one Lion Felt Hats." And on the ses Felt. Buy "Whatever I make my tro second he wrote all satin when they're frousers of, they are trousers. Mr. L. E. Fant." And on the third card he
"Giraffe Collars. The wrote:
reached in collar making. The best and ever ongest in existence." do is to start business, Monkey, "all you have to enough things mades, and as soon as you have everyone will see them put these cards out where many customers you wou will soon have so with them all." you won't know what to do
SO THE very next day they started in to work, Mr. Elephant after day Mr. Lion made hats, Mr. Elephant made trousers and Mr. Giraffe made collars, until they had quite a stoc of has come one day Mr. Lion said: "The time ll pure our cards." So they o come along cards and waited for customers They did and buy the things they had made all came Mr. Goat. "I wong to wait. First of collars," said Mr. Goat "Would like to buy some said Mr. Giraffe. "Very "Here you are, sir," find them. I sell them bery fine collars you will much too long for me," sy the yard." "They're because your neck is too shr. Goat. "That's Giraffe. "My neck is entirely my own businesr," said Mr. Goat. "And my collars are my busi ness,", said Mr. Giraffe. "They're my busi long, said Mr. Goat, "and you're likely to too said he. said he
"I want a pair of trousers," said Mr. Elephant. "I have some very fine trousers said Mr. Goat. Elephant, bringing out a pair here," said Mr. make a tent out of. "But pair big enough to big for me," said Mr. Goat they are much too you are too small," said Mr. "That's because size is my own business," said Mr. Elephant. "My making trousers is my business," said Mr Elephant. Mr. Goat went away quite said Mr. and no wonder.
to buy a hat," sait called on Mr. Lion. "I want out a hat as big Mr. Goat. Mr. Lion brought Mr. Goat. "It is a house, or so it seemed to Mr. Goat. "It is much too big for me," said wrong shape," said's because your head is the my head is my own Mr. Lion., "The shape of "And making hats is business," said "Mr. Goat. Lion. "What business are business,", said Mr. ' I ' m in the butter business," in?" he asked. and putting down his heard he butted Mr. Goat, o hard that he fell right over into a Mr. Lion new hats. "You're better at your busine of his am at mine," said Mr. Lion. "I should than Bad days Goat.
all the other animal It was just the same with Goat. When Mr. Sts as it had been with Mr and saw the preat a pair of trousers wanted to sell great big pair that Mr. Elephant As for the hat that hot quite vexed about it made matters worse "Mr. Lion offered him, it a a nest for Mrs. Stork," could use it very well Business got worse and waid he.
came and went away without buying Customers because there was nothing that would anything, and after a time Mr. Elephant said: "Wit them, better go out of business again the same we had Now, and all the others agreed with him to go out of business, time that they had decided to come out business, another Monkey happened and Mr. Lion that way. He found Mr. Elephant indeed. "What is the matter with you all?"
asked Mr. Monkey Number Two. So they told When they had finished, Mr. Monkey said: I will give you some he told them to sit de lessons in business. So nhe took a big board in the shade of a tree, white paint. "Now," said Mr. Monkey number the this is my first less nn." And he wrote on he board,
"Make your goods to suit your customers said Mr. Ele are really learning something, said Mr. Elephant. "We ought something," that before," said Mr. Lion. "Ye to have known Monkey, "you ought to have known it, said Mr re many others in business who do not know it


\section*{Cheyre much too bong for me" said the Soat}
much better than you did. It is the most when you get into busing you have to remember Now after \(\mathrm{Mr}_{r}\), said he.
Number Two had and Mr. Giraffe sat Mr. Lion and Mr. Elephant We can't do it," said and talked things over and I corty-eleven sizes of heads in There a of them." As for
should need to mates, said Mr. Elephant, "I I couldn't to make Umpty-nine different sizes, said he make enough in a thousand years, "Well," said Mr. Giraffe, '
out of business if y. Giraffe, "you two can go to stay in. I shall make my but I am intending and cut them up in lengths to collars ten feet long, El How will you manage about my customers. Elephant, who sometimes hat sizes," said Mr. own. "A collar that would fit me," Elephant, "would be quite fit me," said Mr. \({ }^{10}\) "I guess I'll ha, said he.
all," said Mr. Giraffe. And he of enough hats to last all was that Mr. Lion had Mr. Elephant wast him for the rest of his life, of trousers every able to wear a different pair Sunday, and as for the week and two on known after that to be withaffe, he was never And they often looked whe collar. Monkey Number Two the card which Mr. and which said: "Make your goods for them, "We are our own customers."


\section*{The Beauty Sleep}

Preparation For Itmand Morning Guercises


A MoRNING exercise. On arising, unless some tittle geather is warm, put a light kimono or
 arms level with the shoulders, swing them back
at each side as far as they will go, then raise
over overche head as as as as possible, , clasping the the
overmbs the thumbs together, then swing backwards, bend-
ing the body at the same time. Unclasp the thgumb bond at the eame time. Unclasp the
this but a fer few timasain ar first position at first and rather gently this but a few times at first and rather gently
until the muscles are used to it. This is a fine until the muscles are used to it. This is a fin
exercise for the chest and digestive organs.


The bed-time massage. Dip the four fingers of the hand in cold cream and,
starting at the tip of the chin, rub upward starting at the tip of the chin, rub upward
untit the etemples are reached. Then turn the hand over and rub outward to the ear, placing
the fingers the fingers between the nose and the mouth.
Use the same motion on the forehead between the eyebrows. Both hands can be
used for used for this or one hand alternately

I F BEFORE you begin to do you find it so so greasy and sticky you and it so greasy and sticky
that it does not look well, give it a dry shampoo. This takes but a few moments and will make it
light and flufty. Take up your can of talcum powder and shake it well through the hair, keeping it off the scalp a as murh, as pos-
sible. Then comb it all sible. Then comb it all out of
the hair and brush thoroughly the hair and brush thoroughly cornmeal or bran for this if you
prefer.
\(\mathrm{D}^{\mathrm{O}}\) NOT jump directly out of up and stretch awenening, but sit up and stretch the arms to their
fullest extent and breathedeeply to fill the lungs with fresh air and expel from them all the foul air. Do this several times.
This is both healthful and exThis is both healthful and ex-
hilarating, and makes one feel fit to meet the cares of the day.
 \(\mathrm{T}_{\text {sleep is on the realthul way to }}^{\mathrm{HE}}\) wht side with the body in an easy position, \({ }^{2}\)
rather flat pillow and the chin rather flat pillow and the chin
slightly elevated. In this posisighty thelevated. In this posi-
tion the digestion is not hampered, the heart's action is unimpeded. The position of the chin makes the breathing sightiy
easier and prevents the sagging of the neck which causes the double chin.


WRONG position for healthful sleep. This shows the chin dropped down on the double chin even in quite young people. The girl is sleeping on her left side with the knees rather drawn up. While it is not harmful for people in normal health to sleep on the left side a part of the night, it is better to start the sleep on the right side so as to stay the longest time in this position.



\section*{forever in this scientific way"}

Millions have said that about Blue-jay.
Others tried it and told others the same story.
So the use has spread, until corn troubles have largely disappeared.
If you have a corn you can settle it tonight. And find the way to end every corn.
Apply liquid Blue-jay or a Blue-jay plaster. The pain will stop.
Soon the whole corn will loosen and come out.
Think what folly it is to
keep corns, to pare or pad them, or to use the old harsh treatments.
Here is the new-day way, gentle, sure and scientific. It was created by a noted chemist in this world-famed laboratory
It is ending millions of corns by a touch. The relief is quick, and it ends them completely.
Try it tonight. Corns are utterly needless, and this is the time to prove it.
Buy Blue-jay from your druggist.

\section*{BrB Plaster or Liquid}

The Scientific Corn Ender
BAUER \& BLACK, Limited Chicago Toronto New York



NOTE. -The author, who has specialized in child study, suggests a solution of one of the most
difficult problems of the home. She believes that all children confide implicitly in their parents
unless the parents, themselves, do something to lose this confidence. She also lays
ing programme for knowing whe somer unless the parents, themselves, do something to lose this confidence. She alco iays their parents
ing programme for knowing what a child instinctively wants to conide at at
development from the first activities of his play life up to adolescence.
 because we know you'll be
interested, but we managed so mother didn't know," said the growing up boy in an important looking stealthily best beloved Aunt and looking stealthily over his shoulder to "You won't tell Mother, will you?; begged the blue-eyed littl, will you?" gling up to the Aunt and also looking about to see that she was safe from being overheard.
"Well," continued the Boy, "yo where the swing hangs two trees are and straight. It's about a mile to th op. Sister and I played fire in them We climbed up to the "place where the "And then ",
Girl, "one of us continued the little the other- ", , turned the hose o

After that," finished the Boy Of course we got wet but the ground, in our bathing suits when mother was having her nap and we changed in the garage," he explained.
Girl reiterated. "She'd, only little and she wouldn't understand how much
"Oh, that's all ri
Oh, that's all right," the ,Boy said The best beloved Aunt
was used to being taken int. She confidence of the children, but the her stretched the tall, slippery before of the trees, a fall from which trunks have broken the legs or arms of the Boy and the little Girl. She was enthusiastic, though, about the heroic rescue of the firemen, told of a great fire fight that she had recently watched in a city and then related how one of by falling from an upper crippled for life She attempted no application window. fact to their own play; she only of the sure of the workings of the only waited, child minds. At last, after a spactive quiet on their part, it came. The littl Girl broke the silence. "We mighe have tumbled down at our fire," she said
"And smashed ourselves," added the
"Why not play it in the yard, suggested the Aunt, "and not climb
such high trees?" "We could do
the Boy said. "And not
the Girl said; "we did water in the hose," to dry and it was cold." "That would be so
said the Aunt, but she gasped better," as she watched the two normal again much loved little ones bound off good, imaginations already fired with new torches of fancy. She was remembering what they had said and the words were repeating themselves in her mind with appalling portent.
know you'll be interested because we managed so mother didn't, but we A. beautiful young didn't know."
is one of average means and cultue came in great trouble recently culture woman physician, well known for a tact and kindliness. In spite of her daily baptism in the waters of Lethe whose burning touch only a physician knows, this woman blanched at the tale the girl told her with amazing frankness and simplicity. It had begun with the home; her parents had objected to her bringing her boy friends there. Then came the sordid programme of evenings, when her mother chum, spent at ten cent "" with a gir dance halls. "I like to
explained, "and no one ever the girl me to have any fun at home. helped know what to do now," she sobed "He says he never had any idea marrying me."
The doctor folded the woman child in her arms. "Why didn't you tell your mother?" she begged.
I couldn't," she said tear-stained eyes. have understood said. "She wouldn't her." understood and so I kept it from To play with fire at sixteen or at six
"don't results alike; the children don' tell mother." A recent careful children mong a large number of schoo "secrets" as to what constituted their showed and to whom they told them "secrets" in eye opening result. The cases were madety per cent. of the childlike plays up of quite natural, instinctive interests of the child at a certain age; playing circus, pirate having a make-believe language and signs and script for expressing that language, building a den or cave in the children kept secret per cent. also of the cases In ninety child playmate or an adult outside of the family. They didn't confide in their mothers.
One universal tendency born with
every child every child is that of honesty and frankness. If parents fail to realize this, they may see it illustrated in the frank way in which a child will open, for strangers, the locked door behind pet, hidden the family skeleton. The unpaid bill, the dwindling the home, the the parlour set that is being bought on the instlament plan are frankly confessed by the children unless conhonesty is in some ways stopped. The duplicity of children is nearly always started by the duplicity of their parents and the fact that the ultimate secret of the adolescent girl's or boy's instea ordinarily told to a physician fact in the a habit of duplicity was started impressionable years children's early,
Gaining a child's
in the least necessary. confidence is not it from the beginning. A mother has is not to lose it. The children point played "fire" with such abandon and such danger to themselves, bodily explained why they kept the play sacret They knew from past experience that their mother would not be able to brin werself down to their level and fee the play. She would re adventure of the play. She would see, only, possible their and wet clothes and would forbid their doing something that their active minds and thumping hearts directed that her do. The girl who fell knew the emotional and nervous forces of her changing individuality forces of than she, herself, was able to understand their unexplainable, undeniable promptings.
only keep a child's confidence we need only to try and understand it at the different stages of its development. with children to prone in our dealings own children to judge them by our own adult standards. We prevent a associating telling us with whom he is associating because, perhaps, the chum than ours or looks less well in gourhood bearing than our well well in garb and little son. And this coint of view comes from the adult's habit of judging the individual, not by the heart but the bodily shell. The stranger whom our boy loves has a quality needed to round out his personality probably. Perhaps he knows how to use tools, or trail the woods, or play ball better than our boy who sees this ability in his friend and so is blind to everything The
The adolescent girl with her transformed nervous organtism is hungry sex, for healthful excitement of the joyous activity, for the flame of her new life but des not scorch it. Her mother but does not own yearnings of this kind far behind or merged them in the safeguard of her married life fails to understand her daughter's longings and forces her to go outside the home for their burning realization.
A mother's unselfishness needs a broader defining. It is not enough to without oneself that the world, to go without oneself that the child may have There is a greater sacrifice education. that through which the motheressary, her years, her traditions, her forgets and puts herself upon the same plane Continued on page 44


\section*{Politics to Blame for Domestic Tragedy of the Jungle}

\(\mathrm{A}^{\mathrm{N}}\)
A NTONY and Cleopatra, the two pygmy hippopotami of the New York Zoo, share the same trough again, although they look saddened by the
domestic tragedy which recently set the tongues and tails of scandal wagging in the menagerie.
Trotzky, their only child, and the first pygmy hippopotamus ever born in captivity, is dead. Her mother stepped on her. Whether Cleopatra's act was accidental or whether it was due to a dislike of the child's name is not known.
Antony and Cleopatra lived together peacefully until Trotzky was born. But with the arrival of the little stranger Antony became violent and had to be removed to a separate enclosure.
Mother Hippopotamus was upset and she seemed to vent her annoyance on the child. Trotzky was taken from the cage and efforts were made to
feed her by a bottle.
Animal instinct proved stronger than modern invention, however, and Trotzky began to languish. To make burst and Trotzky was exposed to
influenza. A goat was secured for the tiny patient and it was hoped that she would act as foster-mother, but this alternative was pleasing neither to the goat nor to the hippo.
As a last resort, when Trotzky had reached the delicate age of thirty-six hours, the doctors decided that the only thing to do was to urge Cleopatra, the real mother, to take the child back. Doctors watched her with their fingers crossed, while Trotzky approached her mother. Cleopatra tolerated her for ten minutes, but at before the attendants could interfere, she struck out with her feet. One powerful blow landed on the youngster's back, with fatal results.
Some say Cleopatra didn't mean any harm. Others, less charitable, affirm that since Antony had been angry since the newcomer arrived, the mother's action was a deliberate attempt to crush Bolshevism and restore domestic felicity.
Meantime, Trotzky, the victim of the tragedy, will be preserved for posterity as an exhibit the American Museum of Natural History.


Antony and Cleopatra: Pygmy hippopotami.

\section*{Care of the Skin in spring and Summer By ROSALTE BARTON CUMOMTNGS}

MANY a complexion that has been clear and rosy all winter long gets muddy and spotted when unfortunately just at this time of year that the bright sunshine relentlessly reveals every skin blemish. It is certainly provoking to have an unsightly crop of pimples or blackheads make their appearance just after you have bought your new spring suit or hat.
But
But do not despair, for these little pests can be cleared away in no time if the cause is not deep-seated. A very simple and efficacious wash for pimples, consists of by a prominent physician, drachm ; incture of 1 drachm rose water, 4 ounces. This can be applied to the spots several times a day. The way to use this lotion in which it will do the most good is to pour a little into a clean saucer or good-sized butter dish and mop it on the face with a piece of clean absorbent cotton and let it dry on the skin. It will prevent other spots coming as well as dry up those that are already there.
If the skin has that brown, weatherbeaten look that so many complexions take on after a winter of late hours and social dissipations, give it a lemon and cold cream bath every night and you will be delighted with the result. The flesh will grow white and soft, and if well massaged, will slowly take
on a becoming colour. For this you can use any sort of cold cream that agrees best with your skin. Squeeze from an averaged sized jar the juice range wood lemon, stir it with an incorporated with the it is cream and then rub into the skin, being careful always to rub up toward the forehead, and never down toward the chin This will make the skin white and wil also cure blackheads, if they are not very deep-seated. These dirty-looking not from negligence in the matter of not from negligence in the matter of ablexion brush, or who scrub their faces plexion brush, or who scrub their faces and mild soap and warm water, very seldom are bothered with them. An excellent remedy for this trouble is a lotion composed of carbonate of magnesia, 1 drachm; zinc oxide, 1 drachm; rose water, 4 ounces. This should be well shaken before using. It can be applied for three nights to spots and then the contents of the clogged pores handkerchief so that it will form a pad under each thumb and then by gently pressing on the skin through this press pressing on the blackhead. Then wash the place in a strong solution of borax and water to shrink the pores of the skin and keep them from enlarging after this operation. If the skin feels at all irritated, a little cold cream can be applied last of all.


\section*{Still Beautiful by Candle-Light}

BUT the pitiless light of day tells a different story. Lips have lost their soft, red pout-the mouth seems hard and old; while the ivory pillar of her throat shows the subtle marks of Time.
It is in the withering of the tissues of mouth and throat that age is first revealed. The degeneration of tissue that comes with Pyorrhea is not unlike the degeneration of age.

The gums recede, the teeth decay, loosen and fall out, or must be extracted. The final stage of Pyorrhea is a repulsive toothlessness that brings sagging muscles and sunken cheeks.
Don't let Pyorrhea be come established in your mouth. Remember-this insidious disease of the gums is a menace to your health as well as to your beauty. To its infecting germs have been traced many of the ills of middle age.

Visit your dentist often for tooth and gum inspec-
tion. Watch your gums for tenderness and bleeding(the first symptom of Pyorrhea) and use Forhan's For the Gums.

Forhan's For the Gums will prevent Pyorrhea-or check its progress-if used in time and used consistent ly. Ordinarydentifrices cannot do this. Forhan's will keep the gums firm and healthy, the teeth white and clean.

How to Use Forhan's
Use it twice daily, year in and year out. Wet your brush in cold water, place a half-inch of the refreshing, healing paste on it, then brush your teeth up and down. Use a rolling motion to clean the crevices. Brush the grinding and back surfaces of the teeth. Massage your gums with your Forhancoated brush - gently at first until the gums harden, then more vigorously. If the gums are very tender, massage with the finger, instead of the brush. If gumshrinkage has already set in, use Forhan's according to directions and consult a dentist immediately for special treatment.
35 c and 60 c tubes in Canada and U.S. If your druggist cannot supply you, send to us direct and we will mail tube postpaid.

Forhan's, Limited, Montreal
Forhan Company, New York

\title{
See Faded, Shabby Garments Turn New
}

\section*{Fun to Dye Old Discarded Apparel a New, Rich, Color with}
"Diamond Dyes"
You can not make a mistake. You tion Book with material. The Direc- to any anded to give a rich, lasting colo plainly how any woman can diamond dye over any color that perfect results
are sure. are sure.

\begin{abstract}
o any goods, whether it be wol silk; cotton, linen, or mixed goods.

Insist on "Diamond Dyes"
\end{abstract}

\section*{Save Old Dress Material}

Suits, dresses, silks, blouses, skirts, sweaters, stockings, children's coats, coverings, - in fact anything caperies, diamond dyed into beautiful, up-to-date stylish effects, no difference how old faded, or shabby your material may be.
Don't fear you will spoil your material or give it a "dyed" appearance,
Jus. use genuine "Diamond Dyes"

You needn't be afraid your dyeing will not turn out perfect if you buy the reliable "Diamond Dyes" proved right generations. Ask for "Diamond Dyes, Accept nothing else "Diamond Dyes."

\section*{"Diamond Dye" Color Card} Yiamond druggist or dealer has a help you match any Color which will directions, easy to follow, Complete package of "Diamond Dyes."


\section*{Biscuits For Breakfast}

Mrs. Newlywed to Mrs. Oldstyle:-
"George just loves my baking, he says it even beats his mother's,- especially the biscuits have breakfast.
Mrs. Oldstyle, "Biscuits for breakfast! Huh, you'll get over that!'

Mrs. Newlywed: "Never! You see I use
EGG-0 Baking Powder
"I make the dough the night before and set it in a cool place, covered with a cloth until morning, I slip biscuits bye oven first thing, and we have light, flaky biscuits by the time the kettle is boiled. A meal of hot biscuits, bacon, and coffee starts George off right for
"You see, Mrs. Oldstyle, Egg-O never fails because it does not finish leavening until the biscuits are properly baked-even if you do leave the n
Mrs. Oldstyle :-"My, I never heard of such a thing. I'll order a tin now."
A few days later: Mrs. Oldstyle to Mrs. Newlywed:
"We too have biscuits for breakfast now. Thanks to you for telling
us about Egg-O."
Egg-0 Baking Powder Co. Limited
Hamilton, Canada


\section*{YOU CAN \\ BE YOUR OWN DENTTIST}

If Tou Take Proper Care of Tour reeth Iuttle Professiomal Attentiom Is INecessary

ECAY of the teeth, defects in
their arrangement in the arch and general diseases the arch surrounding tissues are so prevalent that too much cannot be said or done to bring about their remedy. The inspection of the mouths of chilthe fact the various schools reveals who does not there is scarcely a child of some kind, and a dental treatment is being waged to rigorous warfare conditions. Upon the success these campaign and the amount of this exercised afterwards by the individual depends perfect mouth hygiene.
Before attempting a discussion of the various methods of caring for and cleaning the teeth, it is well to first
look over the field of operation and find look over the field of operation and find
out what has to be done. No decorator, for example, will contract on a piece of work without first having found out what he is expected to do and what
with its message that "a clean tooth never decays." Without doubt the hygiene, but a wonderful aid to mouth rather that we revert to perly used, for the ancient Egyptians the custom of the teeth with the fingers dipped in ointment than use a brush improperly and fool ourselves into believing that we are doing good when we are really doing injury. In the first place the teeth should not be brushed across from back to front, as this merely cleans the round smooth surfaces, which are kept clean naturally by the action of the tongue and cheeks. We see a striking example of this in the arge broom which brushes the cobble are shining, but the and the cobble only been brushed into the crevices between the stones. So also the food particles are brushed into the spaces between the teeth by the cross-motion.


The tooth brush with bristles cut squarely across the top is of little use; even the brush
cut squarely but having
to suit the of bristles at the end, is not sufficient. A brush shaped
areas have to be covered. The same applies to the teeth. Where their surfaces have been studied and partly
fixed in the mind, the work can the be carried on much more intelligently and with the satisfaction of knowing when it is completed. The teeth, when mounted in the arch, present five surfaces, namely, occlusal, bresal, lingual mesial and distal. The occlusal o biting surface is that surface which aw, when the jaws are broughosite gether. In the back teeth these surfaare broad and are marked with tri angular ridges and grooves and show and cusps or points. These ridges and cusps press into depressions in the teeth in the opposite jaw, during the act of eating and cut the shreds of off their tria them in all directions biting surfaces of the surfaces. The no such function to front teeth have in consequence, merely \(m\) and are, ridge for the purpose of a rounded biting off particles of food sarating or for the occlusal surface. The much surface is that which is rubbed by the cheek, or in the case of the front the by the lips. The opposite surface to this is the one which constantly comes


This is what is known as the 'Tingual' brush, made especially to clean the surfaces of
the back teeth, where they touch the cheeks and which cannot possibly be cleaned by
another brush. This should be used in conjunction with the ordinary brush.
in contact with the tongue and is known as the lingual surface. Lastly, there are the two surfaces which are almost entirely neglected, namely the mesial, and distal surfaces, and which really need more attention than any really part of the tooth. They are the sides of the tooth which press against the tooth in front and behind, or, in other words, the place between the teeth These surfaces, on account of their in but one point the adjacent teeth point, of which more will be contact

> The Proper Tooth Brush

N
OW, having glanced in a general tooth, we over the exterior of the methods by whi proceed with a few faces, and afterwards keep them clean Undoubtedly the first thought to enter our heads here is that of the tooth brush

But this is not the only harm done by this motion. The continued crossrubbing forms ridges on the tooth appearance. A mars, to some extent, its appearance. A dentist can readily whether or not his of the ename motion, and by the appearance of the ridges whether he be right or left handed.
The proper motion is that of an up and down stroke and is applied in the following manner. For the upper teeth, insert the brush in the mouth wack the bristles pointed upwards, the back of the brush pointing towards the resting teeth, and the side of the brush the bristles are upper teeth so that Then give the well up on the gums. the bristles will turn har surface, pass over it downwards and then over the teeth If this is done correctly, when finished, the brush should be inverted to the way in which it was when inserted, in other words, bristles pointed downwards. This sweeps the food particles from between the teeth and at the same time massages the gums, keeping them clean and healthy. For the lower teeth, the brush
downwards and when it is given the half turn they pass over the lower gum surface, the teeth surface, and the action finishes with the bristles pointing upwards. It must not be thought, however, that this rotatory motion consists of a loose turn of the brush should be grasped fingers. The brush only by a rotation of the wrist. This may be found some the wrist. This the first few times, but with a little practice can be accomplished with as much ease as was the old push and pull method.
There are, however, certain places upon which the ordinary brush has intlle effect. These are the lingual, or inside surfaces of the lower front teeth and the surfaces of the four teeth-two upper and two lower-at the extreme be readily mouth. These surfaces can be readily reached by what is known as

tuft of bristles on the end and has the remaining bristles cut off so that only the desired parts are affected during the act of brushing. The motion used ordinary brush and the result obtained more satisfactory. By these appliances, the buccal, lingual and part of the mesial and distal surfaces, you will remember these terms were explained above, upper and lower, may be cleaned but there still remains that part of the mesial and distal surfaces known ach the contact point,

\section*{The Use of Dental Floss}
\(\mathrm{A}^{\mathrm{S}}\) THE teeth fit very tightly at these points, it is necessary to tween them and clean their surfaces. For this purpose a substance known as dental floss is used and is obtained in spool form. A piece of inches long is taken and is held mimy in each hand, leaving only a short piece exposed between the hands. is carried between the teeth and ict forced past the tight spog, in damage can be done if proper care and technique is not observed. If the floss is left loose and is carried to the contact and snapped past it towards the gum, the result is always the same-a torn, lacerated and bleeding gum, open to infection. But if, on the other hand, the floss is carried to the contact point, and, by gently yet firmly pulling it with the pressure direced ast the the side of the tooth, is forced past the point, then the floss is found to be in a little triangular space, with the gum as the base of the triangle, the adjacent sides of the teeth as the sides, The floss contact point as the aped. or downward, backward or forward, as desired. This operation may be continued on each tooth until all surfaces are quite smooth. For this purpose fine elastic bands may be used, but they do not serve the purpose nearly so well.
When the cleaning operations have been carried on this far and if done with any due amount of care and patience, the teeth sor it requires little a great deal better, riults. However, work to show big results. deposits, or the teeth may yet shom margins, especially on the inside of the lower front teeth which defies all brushes and dental floss. When such a condition is found, the dentist should be consulted, without delay, as he can quite easily with proper instruments remove this material which, if left there, will crowd the gum away from the tooth and lead to serious complications. Do not under any circumstances use this sharp instruments to pry or in of injure substance, as they are certain to injure the gum, and by so doing, elther iection to disease by injury or allow infect
to set in through the open wound.

\section*{Soft Foods Bad for Teeth}

IF WE take the time to study careI fully the surfaces of any one tooth, we will be rather surprised to find that they are so constructed as to be self cleansing, but only if given the proper food. Teeth, were never constructed to eat "pap," and if continually subjected to this form of diet, are certain to become useless and insanitary. It is true few people actually indulge in this form of diet, but the present day mushy forms that the teeth have pracmushy forms that the are constantly in trouble. How often have we seen the small boy soak his crusts in tea to avoid the hard chewing whereas his teeth are actually "going stale" for the want of just some such substances as crusts, firm meat and shredded foods to strengthen them up. There is no doubt but that the teeth need exercise just as the rest of the body needs it, and will suffer from lack of it just as the body will suffer. Let us take the case of the boy who is continually on the go, as compared
with the lad who sits in the house and refuses to play with rough boys. The refuses to play with rough boys. god
former keeps his heart going at good speed and has his blood rushing through his system with the result that disease is easily overcome, if it attacks him at all. But the latter is away from the fresh air and sunshine, takes no exercise, and as a result is weak, thin and pale, and is an easy victim to diseases of every description. Such is (Continued on page \({ }^{88}\) )

SEDANSthen and now

THE Dainty Elegance of the Sedan Chair is preserved in the McLaughlin Sedan.
For Milady's shopping and social needs, for family tours and for all needs where comfort and dependability are desired, the McLaughlin Sedan is the choice of discriminating motorists.

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See the McLaughlin Models at the McLaughlin Showrooms

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Of course we like pie! But we like good pie the best-that's why mother always makes hers with Kkooah
Its purity ensures that deliciousness which every cook strives to attain, whilst its delicate flavourings give a variety which always makes Kkovah pies welcome.

\author{
Your stores can supply you
}

\section*{SUTCLIFFE \& BINGHAM OF CANADA, LIMITED}

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\section*{NORTHERN ONTARIO}

A vast new land of promise and freedom now open for settlement to returned soldiers and sailors in 160 acre blocks Free; to others, 18 years and over, 50 cents per acre ponding to the call. Here, reponding to the calthern Ontario home awaits you.
For information as to terms, regulations and railway rates to settlers, write
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Minister of Agriculture

\section*{A Point of Pride}

It is always a point of pride with every woman to be w and attractively dressed. Consequently the clever the latest but the best in fashion service.
As a point of pride she expects to pay more for the best because she knows she will be amply repaid.
It is a point of pride with he woman who knows how faction with "Le Costume Royal" Pattern Service, "Le Costume Royal"' Fashionsand Pattern Service are a distinctive feature of
EVERYWOMAN'S WORLD


> FAIRY Soap helps to make and keep skins fine-textured and lovely because it is an easy-rinsing soap
> FairySoapcreamscleansingly in and out of pores. And then it rinses off easily, completely. It
leavés no soapy deposit behind in the pores to coarsen and spoil the fine skin-texture.
Of course, be sure to use Fairy Soap in your bath. For healthy skins and fine complexions always go together.


\section*{To insure good health, to} get the most food value from your meals, and to save the money you waste on other less nutritious foods,

\section*{use}

> Purif
for all your baking and

\section*{PDRIT DATS \\ for better Porridge}

Western Canada Flour Mills Company, Limited
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\section*{You Can Be Your Own Dentist}
called upon to do real work as is never with its fellow which gets as compared Too much emphasis cannot be laid on the fact that children's teeth are vitally important and require the utmost care and attention. Many people are of the opinion that the child's first set of teeth are not very important This idea is the second set that counts. This idea is absolutely erroneous, for neglect of the primary or first set expense with the misery, trouble and expense with the second, or permanent of work the child does with his first set is sufficient to enable him to more than double his weight during his first six or seven years, and that at no other time in his life is he able to perform this feat, we would surely conclude that his teeth are worth while. But not only are they the mills which grind ins daily lood, they are also the caf ene ered prior to the entrance jaw in shape until the which holds the arrive, and of this scaffold depends the retancen and condition of the second teeth The question arises, what are we to do with temporary teeth which havr lecayed? To this the answer is, go tu a good dentist without delay and he will determine whether the age of the child warrants the extraction of the tooth whether or not the second tooth is eady to come through or whether a until its time rrives save the tooth a process of arrives to be shed. By gradually reduced in the gum root is finally disappears and leaves the crown of the tooth merely resting on the gum When this condition is present the tooth can generally be removed by the
fingers.

\section*{Forms of Decay}

IN ORDER to tell when a tooth has some extent what decay to know to Of course, when a tooth has a large. cavity in it there is no question but that it has decayed and decayed badly, but when it has reached that stage we soon know of it through toothache, and then the vitality of the toothache, and redemption. The idea tooth is past decay long before it reaches that the in fact, as soon as it commences, This can only be done by a careful examina tion of the teeth at regular intervals. The proper method is to visit the dentist regularly for examination, but if this is impossible, then a careful examination of one's own mouth will often save a great deal of trouble later on. There which only forms of decay and some in general there are can detect, but can be readily and the dark or brown decay can be easily distinguishe white the rest of the enamel by its dum chalky, white appearance, and will be found to be quite soft as compared with the rest of the tooth. This form of decay is extremely rapid in its action, and destroys the tooth tissue at a much greater rate than does the darker type. This white type may present a surface only about as large as have the and yet underneath, it may extent. It should receied to a great diate attention of the immebrown decay may appear on the The surface as a dark spot, which tooth all efforts towards its remova resists when more advanced, will be found to have entered the surface and started a cavity. These decays travel so quickly through the substance of the tooth that before one is aware of it, they have entered its very heart, or pulp, and immediately set up an toothache and nerve and result in or the life As was sta
he teeth ared above, the surfaces of kept clean by nature, but when to be fails through lack of co- when nature when artificial means are not resort to, then decay sets in on those surface and festroys them, and the most likely
surfaces are those which are protecte tong the action of the cheeks an are allowed Probably the surfaces to be most generally attecked are tho be mos the teeth and a careful watch must be exercised constantly over them to see that they are kept smooth and free from discolouration and that no decay starts at the contact point or beside it Now another place where decay is very likely to be found is around the teet ust where the gum commences and nome instances it goes just unde the gum. This little groove around the gum margin affords an excellen hiding-place for decay as neither the clean out nor cheek are fine enough to clean out the groove and simply brush away. Again if we decay well stowe of our front teeth, by holding a small mirror in the mouth holding a smal into a larger one, we will see a little hollow or depression just near the gum margin. This, under ordinary condi tions, requires no attention, but there are cases in which the outer surface or enamel, of the tooth has formed and it is in thas left a small crevice and it is in these crevices that decay crevices on may find the same sort o back teeth and must surfaces of the to see that no light or dark spots show in these grooves. If decay of caries," were the only diseased condition to be encountered in the mouth, then the question of mouth hygiene would not be such a serious one, but unfor tunately it is not. But the conditions are far too numerous to be dealt with home A few treatment would be of little use dangerous if mentioned which are require the immeglected, and which dentist. There is attention of the receding or shrinking gums, where they bleed upon the slightest, where they and are inflamed and have tartar around the gum margin and under it. This condition is serious and if neglected results in extremely foul breath, discharge of pus from the gums, and finally loss of the teeth. Again, we find the case of the toothewhich has become tinual to when at night it sets on decidedly too hot or cold liquids are tan in the mouth, a sharp pain is felt. Such a tooth is far from being in a healthy condition and unless attended to, will abcess and form a gum boil, which is nature's method of relieving such a condition, and will empty its pus into the mouth, thereby endangering the general health of the body
The one thing to remember in regard attene above diseases is to have them of the to without delay. The decay the whole far, and become so infocted that the teeth loosen and so infected that the tooth which responds rapidly and severely to changes of temperature is on the straight road to abcess and if too far gone, is sure to be extracted. Any tooth which forms the so-called gum-boil is in an abcessed condition is a a dangerous companion, as is a source of infection to the whole system. It is said that the death of Cousel Roosevelt was due to no other abcessed general poisoning from our common tisease haveed, many ourk and have been found to have originated in tooth trouble.

\section*{Evils of Extraction}

F
AR too many people hold the idea that when a tooth aches or gives any troble it should be extracted. They troum that this puts an end to their then commereas, in reality, the trouble pulled if it pulled if it can be saved, for no artifici? substitute can give anything like th


\section*{The Juniors Garden and Tow to Plan It}

Y
YU remember the story of the boy who was telling about the rabbit he was going to eat, and his father said, "Son, first catch your rabbit." Well, that's the way you must do with these school gardens. Before you can must get the garden.
For you boys and girls living in the country this will probably be an easy matter. Your fathers will be glad to give you a piece of land for your own use, as large as you are able to handle, where you can grow as many kinds of crops as you wish.
For you boys and girls living in the towns or cities it may be a little harder to get the land for your garden. But many of you will have a back yard of your own where many vegetables can we grown; or your next-door neighbour At any rate, don't be discouraged if you can't find a place for your garden the first thing. By looking around and sticking to it, you will find that there are a great many back yards and vacant
2. Width between rows.-Rows musr be farther apart if a horse or hand-wheel cultivator is used than if you use hand ools, such as a hoe or rake.
3. Paths.-Since your plants must receive personal attention, you should plan your garden with paths so that tramping down the plants.
4. Rotation.-This means using the same ground for the growth of one kind of crop, followed by another kind, as a crop of corn followed by a crop of beans. Your planting scheme should avoid growing the same kind of plants over and over on the same ground 5. Keeping your garden at work.A planting calendar will tell you how, by second and third sowings, you can have fresh vegetables at all times during the gardening season.
6. Use all your land.-Vegetables which ripen quickly may be grown among those which ripen slowly. Thus lettuce, radishes, spinach and like vegetables may be planted in the soil

\section*{The Finishing Touch}
that completes the charm of good furniture is Johnson's Prepared Wax
For the charm of good furniture lies not alone in the grace of outline, the grain of the wood or the richness of upholstery - rather in the exquisite cleanliness and smoothness of surface that bespeak intelligent care.

\section*{JOHNSON'S PREPARED WAX}

\section*{Paste-Liquid-Powdered}
is the choice of a generation of discriminating housekeepersit enhances and preserves the beauty of the finest furniture. It forms a satin-smooth, transparent coating on which dust and lint cannot cling or finger marks show. Its use takes all drudgery from dusting.
S. C. JOHNSON \& SON The Wood Finishing Authori
RACINE, WIS., U.S.A.

lots near your own home which the owners will be proud to let you use. If your garden is to be in a back-yard, much out one that is not shaded too things need sunlight and plenty of it, And try to pick out land that isn't all clay or gravel. You can't expect to grow much on soil like that. Ask one of your friends who is a farmer or who has a garden of his own to help you pick out the right place for your rden

\section*{How to Plan Your Garden}

MANY of us think of gardening as few brief weeks in the only during a few brief weeks in the spring. This is wrong. Your garden will do its best
for you if plans for it are made in the autumn and much of its preparation done then.
Here are some things you should think of in planning a garden:
1. Size.-The average boy or girl can easily spade and care for a garden 10 by 30 feet. A garden of this size will go far to supply vegetables for a family of four. Your garden should be sufficiently large to grow enough vegetables to make it worth while, but much of large as to make its care too much of a task.
between tomato plants, potatoes, corn
7. Plants to grow.-The kinds of plants to be grown will determine very largely the nature of your plan. Radtogether than cabbages or corn.
8. Adding a touch of beauty. Finally, if you wish to make your garden not only productive, but attracborders.
An easy way to draw a plan is to measure the length and width of your garden and then make a map of it. Allow half an inch on your map for each foot in your garden. Then decide what you are going to plant and rule in your rows. In making your plan remember these things:
Put tall crops-like sweet corn and pole beans-on the North or West side. On level ground run the rows North and South.
On hilly ground run the rows across the hill.
Plan for parsley, Swiss chard, or carrots, along the front border.
In shady places plan for lettuce, hard, cucumbers, or squashes.
Plan for companion or succession crops, or both.

\section*{A New Drink}

WE HAVE a new and very delicious house. Wfter-dinner drink served at our awake and did not that coffee kept us the family if drunk more than once a day, so as we much prefer it at breakfast we were obliged to omit it at dinner. But we have found a substitute which
we like even better, and which I'm sure is safer to drink, To quote one of my guests: "I don't know how you make this, but it tastes like a delicious I did make it? All I did was to drop a strong cream peppermint in an afterdinner cup of hot water!

Nature Feeds Me 48 Hours

\section*{BUT, after that, it depends on you wheth} My first feeding should be
Pratt's Buttermilk BABY CHICK FOOD

\section*{and this should be continued dally for at least
three weeks, the critical time.} three weeks, the critical time. Pratts builds sturdy, fall and winter layers. Many poultry-raisers find it
pays to use Pratts Baby Chick Food for five and six pays to use Pratts Baby Chick Food for five and six
weelcs. At your dealer's in popular priced pk
\(50-\mathrm{db}\). and \(100-\mathrm{db}\). bags.
\(50-\mathrm{lb}\). and \(100-\mathrm{lb}\). bags.
MONEY BACK IF
Write for FREE BACK IF NOT SATISFIED.
Pratt Food Co. of Canada, Ltd.



\section*{Lucky Boy}
to have a food confection waiting after school. And to have it Puffed Wheat, which is whole wheat, steam exploded and made easy to digest.

\section*{Millions Now Enjoy Them}

There are millions of lucky children now who revel in Puffed Grains.

American homes are now enjoying some 750 million dishes of Puffed Grains in a year. And this is why: These bubble grains have made whole grains enticing.
Prof. Anderson's process-steam explosion-has made digestion easy and complete.
Once they were breakfast dainties. Now they are all-day foods. Millions of dishes are served in milk for suppers and between meals.

Millions are mixed with fruit.
Millions are crisped and lightly buttered for hungry children to eat like peanuts-dry.

\section*{All shot from guns}

Puffed Grains are shot from guns. By steam explosion they are puffed to eight times normal size.

Every food cell is thus blasted and fitted to digest. Every atpm feeds.

These scientific foods are also the most delightful grain foods known. They are airy, flimsy, nut-like-flavory food confections.
In every home such foods are needed several times a day.

\section*{Puffed Puffed \\ Wheat Rice}

Whole grain bubbles puffed to 8 times normal size


The Quaker Oats Company
Sole Makers
Peterborough, Canada

THE QUESTION of equal political rights is one which does not become important in a nation until the number of marriageable women becomes considerably in excess of the number of marriageable men. which has been advanced for the indifference which the women of Japan manifest toward the suffrage problem. Japanese women, as soon as they reach maturity, are married off, and there are practically no old maids in the country. And even the problem of whom they s. all marry is solved for them and arranged by their parents, a fact which further accounts for feminine indifference to affairs outside the sphere of
rewn infuence.
Compared with the Western nations, the rise of the position of women to that in any manner approaching the a slow and tedious one, owing largely to the general slowness of the women to take a hand in their own development, as applied to non-domestic affairs. has been inherent in the position of the Canadian woman for generations is one of which the Japanese woman has practically no conception.
In Canada, the unmarried woman has frequently turned to political activity to fortify her position in society. Occasionally in Canadian life, the old maid, as she is often somewhat dispospection of quite such does not hold a position of quite such security as that occupied by the unmarried male, and mportant factor in her interests. Women in this country naturally want a right to a voice in affairs outside their own homes and to be considered on an equality with men.
With this attitude, it is not easy for Japanese woman to agree. Her education and age-long instincts render her instinctively opposed to meeting men in argument or appearing to oppose dental conceptions, it for a servant to have the possible suffrage while her mistress might of unable to vote, a consideration which would appear absurd to a Hhich woman with her different standards.
Militant suffrage tactics, particular of the kind practiced a few years ago in England, are things which a Japanese woman is utterly unable to appreciate. Window smashing and such drastic actions are considered the height of imprudence and decidedly unwomanly, yy the light of Japanese reasoning.
Although the non-militant spread of suffrage is viewed with interest in Japan, especially by the educated woman of the Flowery Kingdom, there is a manifest reluctance to push the suffrage cause in that country. The know how to meet the issue if it presented to them, according to were orities who have made a study of th fapanese attitude. Conditions in the Oriental country are so markedly different from those in Western nations that the feminine portion o the population is practically unprepared to take a stand on the question of their political future
In Japan there are few women with political influence, as the phrase is understood here, and few who wield large fortunes in their own right, as is women have hrequently here. The manage affairs scant opportunity to few of them have been men, and cope with the problems which arise n such occupation
The average \(J\)
The average Japanese woman is
nfluenced too much by sentiment for her judgment to have full play in matters of business and political action Now even in the bringing up of the initiative generally shown by the women of the Went.

\section*{They Marry Early}

J
APANESE women marry at an early age and their interests become absorbed in the home and in ministering to their husbands. The fact that nearly every woman in Japan marries is put forward as an explanation of the indifference of the feminine mind to this problem, it being assumed that nmarred interest in political questions thanced interest in po married
Perhaps the woma
Perhaps the woman suffrage question whill attain major importance there when the maidens of the Flowery matters of matrimony and more of them choose the state of single blessednes Such a departure from the establishe customs of the country may be th entering wedge of the franchise agitation. This view is held by a numbe of educated Japanese women, who see no chance for concerted political action so long as the number of unattached women remains as slight as it now is.
The Japanese woman hasn't even own husband, or at any rate, she has allowed this important decision to be made by others for many, many years. Perhaps she feels equally unqualified to select her mate and her mayor.
In Japan, the selection of husbands is left to a family committee and divorce is permitted in the event that the selection proves too uncongenial. Japanese women are more dependent upon men economically than thei occupations in and for that reason, there are few which encourage women to seek independent ways of supporting themselves. Matrimony is looked upon as the logical vocation for women. Her social position is pivoted upon her function as housemistress, and all interests centre
about the home.
Men in Japan are inclined to admire the retiring woman and to lavish their favour upon the wife who is a stay-athome. In other words, there is no masculine encouragement for the woman world Every social tendency is toward keeping her mind and own hearth and consequently the growth of the woman movement in the kingdom is decidedly slow.

A life of daily monotony with a house full of children leaves many of the women pale and thin and not able to extend their influence further than the doorstep.

Higher education, which is becoming more and more accessible to the women of Japan, does not yet appear to take them away from their homes, or outside their homes, as it does in the case of some of the Western women. It is the Japanese practice to keep social meetings and social intercourse between the sexes at a minimum. It is believed that this way is more conducive to high domestic standards than the Western freedom of meeting between the sexes. This is without doubt anotherfactor in retarding the political develop ment of the women who, because they are not brought into social ant with men to any great extent, do rights desire to exer which men enjoy.

\section*{A Cure ior Nose-bleed}

\(\mathrm{N}^{\mathrm{N}}\)OSE-BLEED is sometimes annoyingly persistent and the best remedy is the vigorous motion of the jaws as if in the act of chewing. In the inserted and chewed hard. It is the motion of the jaws that stops the flow
of blood. The remedy is very simple but it has never been known to fail in a single instance, even in the severest cases. In very obstinate cases, soaking the hands and feet in water as hot as bleeding.

\section*{SEORT TOOT, LISTEN AND TOOT AGAIN!}

Fow to Sound Your Elorn to the Best Advantage By CARTMR WMALTERR

MANY motorists who are very efficient at conwheel, applying the brakes, wheel, applying the brakes, feeding the motor, etc., seem to matter of operating the horn. They "toot" or whatever the noise is, but hardly ever stop to wonder whether they are using their warning device to the best advantage.
Yet the horn probably is one of the most essential things on a motor car. Without it accidents would increase at a rate that would make motoring West rather than a pleasure. quieter in getting increasingly chines in operation and ma is difficult to imagine what is difficult to imagine what way of saying "Look out, I'm coming!" Except that it would be terrible.

But the fact remains, however, that in spite of the fact that every vehicle is required to have a warning device, and in spite of the fact that all motorists use them, a fairly the result of one party not knowing the other was coming. ing the other was coming. The fellow on the side street horned and horned. Yet the other driver didn't hear him. Usually drivers are not quite as deaf as all that. Can it be, then, that driver number two deafened himself with his own horn?

I think this is the case of a great many accidents. I was nearly the victim of it the other evening myself. I was approaching one of those intersections where the car on the right has the right of way.
As a consequence I slowed up and sounded my horn long and I proceeded to cross the street only to find another car sliding directly into me. Both of us, fortunately, knew what to do under such circumstances, so, turning away from each other with brakes on, we locked


\section*{Donit rely on 1}

Diagram 3. When trailing another car be sure

Fig. 3 to horn at
every crossing.

AFTER
\(\square\)
running boards and slid over to the far corner. Neither car was damaged, as is often the case, with a right angle slide of this sort. But what concerned us most was the horning question,
He insisted that I had not given any warning, yet I remembered having blown my horn long and loud. I came right back at him with his own accusation. And for a few moments we did not consider each other George Washingtons. we were both so positive that we had blown our horns and so certain that we actually heard one possible explanation. There would have been no sense in our saying the horn was blown if it wasn't, because there was no damage and consequently no reason for any argument. We simply wanted to get at the
What had happened was that two horns were blown simultaneously, and both, as we discovered by testing, were of practically the same pitch and might just as well not we blown our horns at all.
It is, therefore, advisable before passing an intersection to give the signal, listen for a reply and then give it again. Some such plan-whichever seems feasible to the particular driver-should be instrumental in lessening the number of accidents that are the direct result of wrong horning.
THE DRIVER, technically known as the "road hog," is less likely to be the victim of a crossing accident of this sort bound to hear himer fellow is the excessive horner is a general nuisance excessive horner is a general noys the patrons of the theatre the church congregation, the patients in the hospital and a thousand and one persons who are perfectly well aware that (Continued on page 52)

Cors "] 42 proceed to cross streetat the and slide to the far corner


Diagram 1. What happens when two cars approaching a crossing, horn at the same time. This can be prevented by the "toot," listen and toot" method.


\section*{Baker's Cocoa}
adds pleasure and profit

Its flavor is delicious, the natural flavor of high-grade cocoa beans; it is nutritious, containing much valuable food in a readily assimilable form; it is healthful, as it is absolutely pure.
Trade-mark on every genuine package


\section*{Tentholatum}


MALE AND FEMALE

led in interest. Unconventional in plain truths.
Fascinating and educating. Everyone over 18 years of age should read this extraordinary
book. Mailed book. Mailed, prepaid, in plain wrapper for only DALL PUBLISHING wenty-Five cents. DALL PUBLISHING CO. Dept. E.W.

\section*{Have the old Furniture Re-upholstered with Craftsman Fabrikoid}

SIPRING or Fall and its housecleaning bring the question of refurbishing the old furniture. The price of furniture has advanced 100 per cent. in the last ten years, so why not save the old and make it look like new. Upholstery gone? Fabrikoid is the answer-an attractive covering that looks like leather, costs less and wears longer.

Fabrikoid gives a richness to furniture that cannot be obtained in any other covering at the same cost. It is the one satisfactory furniture covering in the home where there are children. Greasy fingers leave no stains on Fabrikoid, spilled water will not penetrate it-it does not scratch, tear, pull or stretch, still it is as pliable as the softest of leather.
Get Fabrikoid in a shade that will match your furniture. It will fit nicely with the surroundings in any home. And it is all of uniform thickness and texture-you take no chance on Fabrikoid.
When you send your furniture to be re-upholstered, tell your dealer to show you his samples of Fabrikoid. Select the color you need-you cannot go wrong on the quality, if you insist on Fabrikoid. Write today for our free booklet "Frabrikoid in the Home" and learn what can be done at home with Fabrikoid.

\section*{Canadian Fabrikoid Limited} Head Office, Montreal
Halifax Toronto Sudbury Winnipeg Vancouver

Most of the motor cars in Canada today are up Fabrikoid.

EABRADANID
"Home" Washer





 MAXWELLS LIMITED, Dept. K. St Marys, Ont. 34


\section*{Ridding the Fouse of a Pest}

\section*{By ADELTE PRYC쿨}

WHAT is there about a bedbug pers? There is no disgrace in finding a bedbug; the thing to do is to get rid of it. We wonder what Mrs. Noah thought about bedbugs, when Mr . Noah, who was very literal minded, obeyed the injunction to take into the ark a pair of every living creature. Probably Mrs. Noah was just as fussy a housekeeper as the present day woman who keeps her house free from
such pests. When Mr. Noah invited such pests. When Mr. Noah invited the bedbugs to accept his hospitality in
the ark, Mrs. Noah probably said to the ark, Mrs. Noah probably said to bedbugs, I'll soon get rid of them ", the Generations of women since Mr Noah's time have comforted themselves at the sight of a bedbug by repeating Mrs. Noah's wise observations.
The presence of the bedbug in the house is not necessarily an indication of neglect or carelessness, for this insect may gain access in spite of the adoption of all reasonable precautions. Trunks, wraps, bags of travellers and baskets transportation for the pest. minfortun ately, too, it is quite capable Unfortuning from one house to another migratoften continue to go from an adjoining house sometimes for a period of several
nfested house or rooms with hydroThe fumes of burning sulphur are lso an efficient means of control where the conditions are such that this method can be used. It readily destroys insects in all stages, including eggs. There is some risk of injuring household fabrics, furnishings and wall papers from the strong bleaching quality of sulphur fumes. The danger will be somewhat diminished if the whigation can be done at a time when the room or house is thoroughly dried out, as in winter by a furnace
or other heating system. Further precautions should be taken by removing metallic surfaces from the room or protecting them with a coating of vaseline. Two pounds of sulphur are recommended for each two thousand cubic feet of space, and the building should be closed for the treatment for at least five or six hours or preferably twenty-four hours. Thoroughly-going precautions must be taken to prevent accidental overflowing or the starting of a fire. After the fumigation the house should be given a thorough airing.
Gases
Gases, such as formalin and the vapours of benzine, naphthaline and
camphor are sometimes used, but are

months, gaining access daily. Such migration is especially likely to tak place when the human inhabitants o sources of food it. When its usual sources of food depart, the migratory and, escaping through windows it passes along walls, water pines, it gutters and thus gains entrance to adjoining houses. In these or other ways anyone's premises may be nvaded.
The bedbug is normally nocturnal in habits and displays a certain degree of wariness, caution and intelligence in efforts at concealment during the day. Under the stress of hunger, of concealment imerge from its place at night, so that a well lighted room at night, so that under such circumstances keeping the gas or electric ligh tion. poisonous to some individuals, resulting in a slight swelling and disagreeable inflammation. To allay the irritation peroxide of hydrogen or dioxygen may be used with good results. It is also possible for a bedbug to transmi
Utagous human diseases.
Undoubtedly the most efficient rem edy for the bedbug is to fumigate th
of little value. Insect powders, because they are difficult to get into crevices, are not effective.
Among the simple methods of control, however, perhaps the most efficient is a very liberal application of benzine, kmasene or gasoline, introduced with with brushes or feathers, or by injecting, furnituringes into all crevices of insects may have or walls where the insects only is the to be infested with of the room the picture moulding and the back of the pictures themselves may furnish lodging for the pest. Corrosive sublimate is also of value, and oil of turpentine may be used in the same way. Hot water, wherever it may be employed without danger to furniture, is also an effective means of destroying both eggs and bugs. Various bedbug remedies and mixtures are for sale, most of them conts taining one or another of the ingredients value. in the The important point, howe is a daily inspection of particularly the seams and tufting of mattresses and of all crevices and locations about the premises where these vermin may have gone for concealment.
"Since when, Betsy, are we so wealthy as to buy two new porch chairs?"
"Foolish boy! Tommy, those are the old chairs you wanted to sell. I refinished them with Forest Green "61" Floor Varnish."

\section*{If you can't have new things you can at} least make the most of the old. A good place to begin is with the furniture. Whether it be a piece you are using or an old chair tucked away in the garret, it's really surprising how a small can of " 61 " Floor Varnish will rejuvenate it.
Some people who do not have " 61 "' on their floors, learn with amazement that it presents a perfect surface on floors for two years, three years and even longer, under normal conditions, without renewal or care of any kind.

Imagine then the long-lasting service "61" Floor Varnish will give on furniture and woodwork of all kinds! " 61 "' has become a universal varnish for all household purposes because it is so durable. It is marproof, heelproof and waterproof. It is made to resist wear on all surfaces.

The semi-transparent wood-stain colors of " 61 "" produce beautiful natural wood effects, frequently requiring but one application, as they stain and varnish in one operation. They are easy to use and flow out smoothly without showing laps, streaks or brush marks.
" 61 " natural wood colors are sold in Light Oak, Dark Oak, Mahogany, Walnut, Cherry, Forest Green; also Natural
(clear varnish), Dull Finish; and Ground Color for undercoats where necessary.
" 61 "' Dull Finish produces that beautiful semi-gloss surface when used as a finishing coat, over the Natural or the colors. It possesses the same durability as the Natural and the colors.

Use " 61 " Natural over linoleum. A single coat will brighten the pattern, make it look like new, and facilitate cleaning and washing. An occasional application of "61" Natural will at least double the ordinary life of linoleum.
Send for Color Card and Sample Panel finished with " 61 ." Try the hammer test on the sample panel. You may dent the wood but the varnish won't crack.

If you are building or decorating, engage a good painter. He knows Pratt \& Lambert Varnishes and will be glad to use them.

Pratt \& Lambert Varnishes are used by painters, specified by architects and sold by paint and hardware dealers everywhere.

Our Guarantee: If any Pratt E\% Lambert Varnish fails to give satisfaction, you may have your money back.
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\section*{Vitralite}
Vitralite, the incomparable LongLife Enamel may now be had in a number of sightsatisfying Tints. No thick, dauby colors these! Tints; Ivory, Cream and Gray; Chinese Blue and Leaf Green!
\(\qquad\)


\section*{Royal Patterns}
are hand made throughout and draped on the form by style experts. Each section of a Royal Pattern is plainly and unmistakably marked-there is no need of memorising needless symbols. Even though the design be elaborate the actual construction is simple.
If you are looking for a pattern only-machine-made patterns will do; if you want style and exclusiveness - buy Royal Patterns.

The amount of material required is specified
on all patterns. All patterns allow for seams.
Royal Patterns are cut in the following sizes:
\begin{tabular}{lcc|ccr} 
Bust & Waist & Hip & Bust & Waist & Hip \\
34 & 24 & 38 & 40 & 30 & \(42-44\) \\
36 & 26 & 40 & 42 & 32 & 45 \\
38 & 28 & 42 & & &
\end{tabular}

Other sizes cut to measure, for which an extra charge is made.
PRICES OF ROYAL PATTERNS \(\begin{array}{cccc}\text { Flat Pattern of } & \text { Waist } \\ \text { " } & \text { " } & \text { " } & \text { Skirt }\end{array}\)
\(\$ 1.00\)
" Costume (One-piece or Waist and Skirt) 1.00
" Coat or Wrap . . . . . . . . . . . . . . . . . . . . . . . . . 1.50
". Suit (Suit Coat and Skirt)
" Gown with Train. ................................ . . . 2.00
" Bathing Suit 2.00
2.00
"Separate Sleeve, Collar or Vest. .50 " Child's Garment, up to 10 years' size... .50 ver 10 years' size.
REMEMBER: When ordering, enclose check or money order for the amount of patterns ordered, as we make no provision for charg accounts or C.O.D. delivery. When your order is ready to mail, lool exchange patterns.

Send all orders for Royal Patterns to
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Enclosed find \(\$\)........................ which please send me Royal Patterns listed below:
\(\stackrel{\text { *Patern }}{\text { Number }}\)
\({ }_{\text {Mecasurement }}^{\text {Buen }}\)
Costume
Suit
Suit
Waist
Waist
Coat
Coat

\section*{\begin{tabular}{l}
\(\substack{\text { Patterer } \\
\text { Number }}\) \\
\hline
\end{tabular}}

Waist
Measurement
Skirt
Skirt
Skirt
Name
Street
City
Province
Before mailing your order, look over once more to make sure that you have given the right number, or numbers, and stated the sizes correctly. When sizes are not specified, \(36-\) inch bust and \(26-\) inch waist mea surement
will be sent. To avoid delay, enclose full remittance with order *Patterns are supplied

\section*{You Can Be Your Own Dentist}
satisfaction and comfort given by the natural tooth. Furthermore, once a tooth has been extracted, the part from which it was drawn commences a shrinking process and causes the other teeth to lose their correct position in tooth every other extraction of one to carry an extra load is compelled weaker ones are overworked soon the trouble. There are many young people who are compelled to go through life wearing a plate and bearing distorted features as a result of early neglect of their teeth and early extraction. The absorption of the bone, following extraction of all the teeth, is so great in some cases that the mouth sinks in, and the chin almost touches the tip of the nose.

When it becomes necessary to have a tooth removed, never allow the space to remain unfilled, but have a substitute inserted at once, for as stated above, the remaining teeth will have to bear from their proper position. This means that when the teeth are brought together, instead of say a cusp on the upper entering a hollow on the lower in order to grind the food particles, it will strike a cusp on the lower with the result that the teeth are separated along the whole arch, food particles remain unbroken, and indigestion is sure to follow, through lack of mastication. Not only this, the tooth which is in the arch opposite the extracted tooth has nothing to bite on in the act of until it projects into the it elongates extracted tooth and in some cases comes out of its attachment in the gum. By having a substitute put in place of the extracted tooth soon after its extraction all these conditions may be avoided. The kind of substitute and time for inserting are points to be decided by the dentist.

Straightening of Teeth Important
A PART from the diseases and condiand tissue-destroying form, there is one which, though disregarded by most people, is of great importance, inas much as it leads to serious complications
if neglected, and involves not only the mouth, but the nose, throat, ears and even the brain. It is that condition where the teeth appear in almost any form or arrangement, but the correct one. There are those cases with teeth tilted inwards, tilted outwards, lower teeth projecting in front of the upper, uppers projecting too far over the with the narrow arch pointed in fron with the two front teeth overlapping and any other conceivable abnormal under that branch of cases all come as orthodontia, or teeth straightening and can all be corrected if taken in the proper time. These abnormal conditions are of vital importance because of their association with mouth breathing enlarged tonsils, adenoids, deafness, stupidity and various contortions of he features. It is under the work of a specialist, or orthodontist, and he hould be consulted before the case has gone very far. The one point to e remembered in regard to this work to, the more easily it is it is attended to, the more easily it is corrected and he sooner the features are restored to While
of bad we have thus far been speaking must not eth of every description, we here teeth. But perfect sets are hard to find. The person who possesses a perfect set of well polished teeth has a string of pearls well worth guarding, as they cannot be duplicated, and it should be the aim of each and every one of us to have oar teeth brought to hat standard. It is true we canno possess them but we do not and perseverence we can make a vast nd perseverence we can make a vas There are people wearing artificial substitutes to-day who should be wearing their own healthy living teeth but who, through lack of appreciation and lack of care, allowed them to meet their fate in the jaws of the forceps The point never to be forgotten is hat no substitutes can replace the natural teeth and the latter can only be retained by individual examination examinations by a good dentist.

\section*{Gaining The Children's Confidence (Continued from page 34 )}
as the child, trying to understand the easons for his acts.
First comes patience on the part of the mother. No matter what a child does or how much the doing of it upsets the orderly schedule of the home she wilt reserve her decision until she has an opportunity to find why the child did it. Behind the vagabond figure of the little child who stands before the home court of justice with torn and draggled clothes, dirty face and grimy the shadow of the Great Hero vision the shadow of the Great Hero he tried Red Sea or climbing a tree to view the Promised Land. The child's vision is much more important than the condition of his clothes. More important still is it that no criticism or punishmen will prevent his telling his mother what he did and why he did it. It is better to overlook a great deal in the daily life of our boys and girls that is counter to our adult standards than to sharply reprimand a child and so run the risk of starting in him a tendency to be she will find that the child did not will to do wrong; the wrong comes because the child's act is opposed to our adult standards.
The next step is a working knowledge of child nature at its different stages that the mother may know what the children are apt to be thinking about at certain periods of their growth. Knowing this, even casually, she can the better invite their confidence by being, herself, Children fromat interests them
ine are interested in thing to eight or nine are interested in things, especially ive play, in which with. construc materials as paper, clay, sand and wood they make crude objects that help wood oo imitate the activities of their adults They are interested in plants and animals, putting them on the basis of play-fellows. They carry on imitation plays such as grocer, farmer, fireman, house, train, sewing, cooking, counting, cohecting, hoarding, measuring, stories hythmic plays and gymnastics and masic. If the mother furnishes materia play instincts, she will out of these oward preserving his fellowship gone fa and confidence with her

From the years from nine to twelve or thirteen children begin to show an interest in competitive games. Before this period a child was content to play
alone. Now he wants and needs companionship. Ne wants and needs chase, dramatic and impersonating plays, a wider interest in toys and dolls as related to plays of family life; the child begins to form societies or clubs usually for games and expeditions o discovery, such as pirate, explorer Indian and scout play, and there is a great interest in puzzles. This is a period when the mother is most apt to lose the confidence of the child if she does not make his daily activities hers, too. Because an interest in the "gang," the game group, the secret society and Latin" obsesses himge such as "og unconsciously a way from the everyday interests of the home. His parents are apt to either laugh at his plays of this stage in his development, or forbid them altogether, failing to see that they are a means by which the child is vaguely groping to find his place in the world of society. In this way a is formed habit of "keeping to himsel"," is formed and the child's confidence is Enter into the lif
this time into the life of the child at the mysteries of the world that he is just discovering or world that he ren arms, to welcome him when he comes home from his wayfaring.
The most difficult stage of all is that of the child's adolescence. One of the symptoms of this period is that of secretiveness and there is a great sensitiveness to censure, praise and ridicule. Games narrow and sex differences are prominient. A new admiration dawns for physical prowess, hero wor- If the boy or given the home their utmost confidence there will be no secrets from mother at this crucial point either. Added to this confidence the mother's and father's memory of their own feelings and longings, at this period, and a great sympathy with the physical problems of their children, and the milestone will be passed with no loss of faith by
the children in their parents or in the childre
themselves.


\section*{You can have these comforts in your home}

THOUSANDS of farmers' families live in homes where lamps and lanterns are unknown-where brilliant, clean, electric light floods every room in the house, cellar, stables, or other buildings, at the touch of a button.

They have water the instant they turn the tap, in kitchen, bathroom, laundry, stables, barnyard, field, or wherever they wish.

They never waste time turning the separator, grindstone, fanning mill, or churn, because the " \(F\) " Plant does all these jobs just as faithfully as it runs the pump.

Thewomenfolk no longer slave over wash tubs, carry water, or have oil lamps to look after. The "F" Plant ends such
drudgery. They find the electric iron and vacuum cleaner labor-savers, as well as time-savers.

The farm help likes the place, accomplishes more, and is contented.

These families live happily, are better off, and find their farms increasing in value.

Have you ever thought how easily you can enjoy these same advantages? Call on the "F" Power and Light Agent in your town and see the plant demonstrated. It runs for a few cents daily - six hours to the gallon of kerosene.

If there is no " \(F\) " Agent in your town, send coupon to our nearest office, and a catalogue will be sent you immediately.

\section*{Agents Wanted}
in every district to handle this biggest and easiest selling proposition and give owners the kind of service which has built the reputation of this Company.

Made in Toronto, Canada, and guaranteed by
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VERYWOMAN'S WORLD will provide Roses for every garden in Canada. These will GROW and BLOOM. Imagine the pleasure of walking into your own garden and cutting great loads of month of the season from early spring to late fall bloom every bloomers, the greatest of all garden kinds, selected especially for bloomers, the greatest of all garden kinds, selected especially for
our subscribers, each one noted for its hardy, vigorous habit of growth, liberal blooming qualities, symmetrical form and bright, clean foliage. They are strong, well-rooted one-year-old bushes, covered with clean, bright foliage and all, except the climbing variety, should bloom this summer.

\section*{Guaranteed to Grow and Bloom}

Evervone can succed with them. They will thrive in any good garden soil, althounh, ike all plan
 ing over fences, twining around porch pillars and over the doorways. Make it a reality, chamber-
mer by plant planting these modern and improved sorts and the almost unbroken continuity of the
beautiful, fragrant blossoms produced the entire season will be a summer-long dolition mer by planting these modern and improved sorts and the almost unbroken continuity of the
beautiful, fragrant blossoms produced the entire season will be a summer--long delight.
Yours will be Shipped when it's time to Plant As these roses should not be set out in the
open ground before all danger of hard frost is past, we have arranged with our grower to delive open ground before all danger of hard frost is past, we have arranged with our ge get out in the
them at the proper ther
the different them at the proper time. Below is a schedule showing about the dates deliveries will be made to
the different localities, although weather conditions might vary these several days, so do not be
alarmed if your order does not arrive just on date specified. PLANTING DATES-Latitude alarmed if your order does not arrive just on date specified. PLANTINNG DATES , Latitude
of British Columbia, May 15 th to 25 th. Latitude of Southern Ontario, Nova Scotia
New Brunswick, Northern Ontario, Quubec, Saskatchewan, Alber

\section*{Six Sturdy Young Bushes in Each Collection}

\section*{
 sue most beautiful roses imaginable are mornos all
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 describable charm, composoece of thick, heavy petals,
unsurpassed in elegance of form. 3. White Cochet.
white rose. It is abso

 4. Sunburst. it either in color. grow, for there eis not another tike
seen it has created a veritable sent and wherever
wention. Sunburst is the ideal tarden rose, strong and vilorousurst
grow
growtheatery in every condition, thriving in prac.
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\section*{Sizing flim Up By ris Face}

TELL a person's
his face? It's his face? It's all bosh!"
declares many a busing Yet this same business man may interested in a country estate and able to readily judge the merits of a horse by "sizing him up," especially the temper of the animal, intelligence and
steadiness, by the face. Why, then steadiness, by the face. Why, then,
should not the more intelligent human should not the more
face tell even more?
Many business men of to-day, especially men who must hire many
people to fill more or less important positions, are making a study of reading positions, are making a study of reading
character by the face There by the face.
to consider. One of the more iny points things is the shape of the head The front and upper parts of head. The the seat of the moral and more espe cially the intellectual faculties. Expert at character reading look first at this. The lower portion of the head is the seat of the animal propensities. If an imaginary line is drawn clear around the head of the subject from the under cartilage of the nose to the highest portion of the skull, and the tw possible to ascertain when, it is possible to ascertain whether the and animal faculties or the physica person.
The ideal face falls naturally int three equal divisions, the first of into begins at the top of the forehead and ends at the eyebrows; the second begins at the eyebrows and ends at the tip of the nose, the third continues from the tip of the nose to the jawbone. Not one face in a thousand has this perfect batance and it is usually easy to
estimate just which portion of the head is most important. If the first and third sections are equally prominent, then the subject is dominated by the intellectual and moral faculties and moreover has the strength of will his ideas and convictions. If the chin is weak, he is likely to be a dreamer and let his ideas carry him away without putting them into action.
A forehead should be one-third of the entire face. If the forehead is higher, the subject has imagination and considerable mental ability, but has twice as broad as it is high should be twice as broad as it is high. A broad low forehead shows alertness, common
sense and mental quickness, forehead usually indicates stus; a bulky and a lack of brilliant qualities; a receding forehead shows mental weakness. If the curve of the forehead is a high arch, the subject is a deep
thinker, probably a philosopher.
NEXT in importance to the for the head. A straight, thick neck which reddens easily behind the ears indicates addicted to addicted to passionate , outbreaks of ear are known as the "fighting the and indicate a quarrelsome in bumps, In women a full development itual. base of the skull indicates a the maternal instinct and love of childreng Ears are, unfortunately, of little value in reading character. Naturally, they would be, but careless treatment in babyhood has marred the shape and position of so many that they are not a very safe guide. Naturally, small pink tipped ears indicate frivolity; arge, well-shaped ears, close to the head, generosity, ears curved at the very flat and close to the curiosity; ears The eyes are indicative mainly of the passing emotions, but they also reflect certain permanent characteristics. Deep set, blue eyes, sunken eyes, under shaggy brows, show power of work. They mmense capacity for hard are found in the heads of great inventors and thinkers. Protruding, glassy balls how weak eyesight, and usually accompany a rather silly disposition. Eyes close together are said to indicate suspicion. Eyes extremely far apart
indicate individuality, originality, and indicate individuality, originality, and
personal eccentricity. Calm, serene eyes, almond shaped, show a person indifferent to feeling and a person
ease and luxury. Rapidly moving, irritability and a snappy nervousness, irritability and a snappy temper usually
accompanied by pride. Small, deep accompanied by pride. Small, deep sunken black eyes show boldness i opposition, endurance and perseverance
Black brows, with small eyes, show penetratioll black sparklin Light blue eyes, very wide opend, often denote curiosity jealousy and ofteibility. Extremely dull and sens stupidity, sullenness or ill eyes indicar bright eyes indicate vivacity, excit ability and daring. If brighty, expye constantly, eagerness and ambition are indicated.
Eye lids kept constantly cast down
show self-conscisn show self-consciousness. Eyelids very far up, so that the whole pupil shows Eyelids highy excited nervous state Eyelids purposely held half closed quetry. furtiveness, distrust or co quetry. Calm grey eyes show goo judgment and aptness in emergency the characteristic to completery They change so swiftly and frequently in size, position and en in colour, it takes close study to analyze their meaning.
THE NOSE is an important and called the governing feature because called the governing feature, because
it is supposed to indicate the control it is suppose
of the mind
character: nose shows strength of must must be remembered that large and other features. A large nose ation to the would be small on a man, and vice

The Greek nose-that is the nose which joins the forehead in a single line and is finely shaped at the tip-shows refinement, reserve and sensitiveness. The aquiline nose, or the Roman nose, shows good judgment, determination and executive ability. Fighters usually have such noses. A turn-up nose shows chates a as the howk nox. What is known resemblawk nose, from its supposed hawk, shows brain powed beak of with a certain power of cond talent, It also indicates coarseness and aggressiveness.
A thin, pointed nose shows conceit, narrowness and cruelty. The large, straight nose, broad at the base, with moving nostrils denotes clear perception, logic and reason. Nostrils which move quickly denote sensitiveness and irritability. Those which open wide, but trils which passion and sensuousness. Noscallousnich are small and immoveable, The most and indifference.
face is most important feature of the heads are marth. Eyes and noses and are our own. The heredity; mouths mobile and retain as are exceedingly expression the one which remains longest and comes most frequently to their owner. A short, narrow mouth shows coldness, littleness and meanness. A short, very full mouth shows fondness for pleasure and luxury. A large lose mouth shows silliness and sensuality. A large mouth with firm lips shows generosity and sincerity. Thin ips, particulary a thin upper lip, upper lip curls a littlessimism. If the the sulp corts a litle and is very thin, under lip is cynical. A protruding which droops atsthacy. A mout sense of too athe corners shows a mouth which turns responsibility. cheerful disposition. Ligntly held lip show self-consciousness and belemper The chin and jaw complete the features. A chin which advances shows decided, aggressive character; on that recedes, a vacillating and wea ne. A flat angular chin shows cold hess and harshness. A very small, If all faces were well ould be an were well balanced, it but frequently it hatter to read then, owner of antr it happens that the orehead, and the chin has a receding nose has a bad mouth In that cas the only thing to do is to read bat characteristics and try to see which

\section*{Softens Water Cuts Grease}




The Fiome Dressmaking Class
(Continued from page 31 )
come to the elbow, therefore if the inside length measurement is applied the ine pattern, the difference between pattern must be added or taken off without interfering with the position of the elbow. The dart should come just to the elbow and the separation in the pattern should continue for one inch above the elbow.

\section*{"Fulness" of the Elbow}

IN A SLEEVE with a dart to the 1 elbow it is very necessary to have some "fulness" in the elbow. If the pattern does not allow for this it must be provided for when the pattern is being measured and altered. Fold the pattern and if the upper part of the sleeve does not extend one inch beyond the under, at the wrists, add this inch. The at the elbow and distributed partly above and partly below the ness". in the ful will make the elbow more comfortable and will also cause it to wear better.

The Two-Piece Coat-Sleeve

The sleeve for tailored suit must of necessity be closer fitting than the fuller sport coat or top coat sleeve. There must be room for the action and natural curve of the arm, and yet, unlike the twopiece dress sleeve or instance, which clings to the arm and follows its every movement, the tailored attention requires straighter lines and right balance The individual measurements are applied to the two-piece coat sleeve similarly as for the sleeve with a dart to the elbow.

\section*{The Width Alteration}

Measure the top of both the upper and under parts of the pattern, using a ta pe measure and following the curves of the pattern. Do not include the seam allowances in the measurement, measure from seam line to seam line on both parts of the pattern. The top of the sleeve must be from 2 to \(21 / 2\) inches larger than sleeve would of the coat, otherwise the pattern measures more \(1 /\) in \(21 /\) inches larger than the armseye measurement

the sleeve pattern must be made narrower by laying a plait down the centre of the pattern. An equal a mount must be taken from both the upper and under sleeve pattern rounding off the curve at top of sleeve.
If the sleeve pattern measures less than the extra 2 inches required, the pattern must be made wider by cutting of paper centre and seting the neces
sary width. This must also be done on both the upper and the under pattern It may be that the top of the upper sleeve pattern has been cut too high,
allowing too much fulness on the top of the sleeve to be worked into the armseye. If this seems to be so, do not cut if off. Mark the pattern with a pencil rounding off the curve at top of sleeve. and, when cutting run a trace thread in the cloth following the line on the pattern.
Baste the sleeve into the armseye on the line made by the trace threads. Occasionally the pattern gives just the desired width for the sleeve from the elbow to the wrist, but it is too wide from the elbow to the shoulder. More often the pattern is too narrow from the elbow to the shoulder while it gives just the widt Whequired below the elbow. reduce the pattern from the or reduce the pat armhole following the curve of the original pattern.
An equal amount must be added or taken from both the upper and and under sleeve pattern.

\section*{The length Alteration}

Apply your "shoulder to elbow" mea surement to the under part of the pattern. If the pattern is too long lay a plait half way between elbow and under armhole. If the pattern is not long enough cut it in the same place and set in a piece of paper making it paper mired length.
When Bishop sleeves are made out of sheer material, such as crepes, voiles,
etc., it is necessary to French seam the etc., it is necessary to French seam the chapter on Stitches).

Sewing the Cuff on a Garment of Wool or Silk
\(T\) HE CUFF may be made to fit over the hand or if a closer fitting
cuff is desired, snap fasteners or hooks cuff is desired, snap fasteners or hooks and eyes may be used.
First, prepare the cuff by making it double, facing it or hemming all edges. If buttons are to be used for trimming and the cuff is narrow, buttons may be used in place of snap fasteners
or hooks and eyes.
or hookss the sleeve to fit the cuff and sew a binding on the edge of the gathered sleeve. Use a piece of the cloth, about \(11 / 2\) inches wide for the binding.


When the gathers are arranged and before the binding is put on, be sure most of the fulness is on the upper of the sleeve and not on the under.

When attaching the cuff, find the center and pin the center of the cuff to the binding on the inside seam of the
sleeve. Sew the cuff to the binding by sleeve. Sew slip stitch. Follow these instructions when attaching the cuff to the sleeve and you will find it an easy way and when the garment is finished the cuff will look well put on.

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Those floor edges
around your rug why around your rug why
not ask hubby to
coln them some aftem some Saturday
- aftenoon?

\section*{Vernicol}



The Little Lady of the Books
(Continued from page 8)
not six months before Sanderson said to the Little Lad one night-in the
shadow of a park shadow of a park oal it was, and nobody's business, so why shouldn't they
sit there? - that he wanted her. He said sit there? -that he wanted her. He said
it rather better than that, for the meait rather better than that, for the mea-
sure of love in a man like Sanderson is sure of love in a man like Sanderson is husky and trembled; he used not many words and stumbled twice into silence; but the Little Lady understood, being gifted of the gods of Youth, and, while she said nothing at all, she managed to make it clear with eyes and lips and
tender hands that Sanderson was not tender hands that Sanderson was not
altogether repugnant to her. altogether repugnant to her. They
walked back to her house in the golden haze that comes just once, but has many fashionable imitations, but has months later they were married. They Little Lady's aunt, who you except the of her own and was respect daughters be rid of the Little Lady's pin glad to and gray eyes.
I think, that the dual a year after that, I think, that the dual personalitylay that, mant. For why, when the Little dorchair, lean on the arm of a real Mady chair, lean her cheek upon the live, warm about his ties shave-and blink he never forgot to small, it is true, but a real coal-fire, to a degree-why should and pleasant in high-raftered, wide-winde wander and dream of red roses spurs? It was obviously and clinking dream while one slept in a forgary, in check while the Little Lady, swatten kind of cocoon, like some new, sweet grocer's boy, and parleyed with the experience that if yourned by bitter upon the waters you cast your bread longer for bread pudding let it soak stuffing. Otherwise, your than for too dry, and Sanderson, your pudding is tribe who, when dead, are known the journalists, was not among known as esteem dryness. Neither, in the who estimate, was he of those who final the marital demesticity. So far into followed the Little I of dulness he no further, and fromy; so far, but bondage it grew to be a impatient to him that his work on certain freedom him out in the world the paper kept the day and two-thirds of the nith of Puddings he endured, if the night. the Little Lady had never spicy, but make a good rarebit, and among to were those of his bachelor days the the Little Lady could This, of course it was a careless scrawl not know, and Press Club, a request dated from the of Sanderson's timest for a few hours when he should, by on his off-night cedent, have taken the littlo all prethe theatre, that opened the Lady to In an unhappy evening the first rift. the fire flickering to a dreary alone, with the room grown chill, the Little and or, if sharp hurt of her Steve, and in the fack, brown again her neglect, his the firs that the Little It was to his willing ent lonely heart, while whispered all ear behind her head slipped a cushion beneath her feet-all a footstool like trifles that San the little, loverdaily forgetting-and sympathad been and silently with the empathized softly warmed at the logs of the hands she alone with It was her first great, old Sanderson h, but it was not evening of the pasture wound that ther last. jumping. If you
had ceased to love the that Sanderson you are very hasty the Little Lady grown used to her, which had only harder on the heart which is infinitely morals. If possession is nighter on the the law, then is dulness nine-tenths of had been and while the Littenths of she leaned poem to Sanderso Lady Daskam's across the count when tion, at his own blushed for his edif of hands a little hearth-stone, with incdomesticity red from industrior between bias folds her mind divided and the best way on her new gown she was prose, purely bake a chicken
necessary and sensible prose that a man does not care to read every evening in the week-particularly when a brilliant of Life witty of drama, in the guise of Life, is accessible just around the ar-any corner.
SO SANDERSON spent his evenings Lady learned home and the Little Lady learned to be unhappy without
stopping the daily routine. More and more she the daily routine. More and fancies. The she sankelf into dreams and hall was an opiate, an anaesthetic to her ache of loneliness, and it resigned her to empty days and silent nights as no reasoning could have done, but the indulgence and the loneliness told on her. She grew careless of her hair and she wore her clothes without personality
Sanderson asked one day if she were ill. "
" Ill!" she said surprised, then she broke suddenly into a passion of tears, and the door shut hard behind her. then shrugged followed her half-way, out, angry for the jolt to his peace of mind. "I. for the joit to his peace "I don't care what you do for a to himself virtuously. He had given her ten dollars only that morning and asked her if she couldn't get a decent hat, one of those big, soft things with feathers. It was that night that he found the letter, a vagrant sheet of the Little Lady's monogrammed paper, of her tamong the litter in a drawer recklessly table, where he rummaged recklessly for twine. He was late firtle Lady was clearing away the dinner dishes in the next room, with hands that moved, unfeelingly, and feet that dragged. If the name, in her unformed script, had not stood up black and big would the top of the page, Sanderson would assuredly have thrust it aside, it was, honest after his own tenets; as and stared lifted the sheet to the light and stared at it, misdoubting his eyes Jack." written evidence of "Dest He could not misdoubt them long, in view of the next line where "Dearest ittle was implored not to think herer. A mighty rage and please to help hese constricted the muscles of his throat. Line for line he read the pitiful little scrawl, deliberately word for word, of the possession that was nine-tenths of dulness and had become nine-tenth, with the the choked him as he read, shame to thought of his loss and the
"He is not good to me,", the Little cares any written. "I don't think he carried them from the dishes, as table, made a dull, rattling sound and the paper crumpled a moment in Sanderson's fingers. "If it were not for you, Dear Dearest-I don't know what I should do. The evenings are so long - so long his and he hasn't spent even one of his nights off at home for months. used to be horribly lonely at first, but do help gotten used to it now, and you when the so-as you used to help me when the store was tiresome and I hear your any use in things. When that I hour step on the floor and know the loneliness better. You're always the same-always dear and thoughtful and loving. I used to wonder what I had done to make things different between him and me-but I guess it doesn't matter. It's just something and not that he didn't notice at first known mises now. I ought to have ever lasted wouldn't last. Nothing hine broke abruptly me but you," the line first word to last Sanderson read from st three times in the If you think
you are think the Little Lady was mad, letters written hasty. There are more never mailed than a women matician would care to count rand the dream of the firelit hall and Some One had been very real to the Little Lady all her life). There are letters to men who have stopped loving, to men who

have never begun to love, and some, like the Little Lady's, scrawled in an empty hour, to dream-lovers who never came true at all. These are the letters that hide in the pigeon-holes of many years that one of them sees the light, is did the Little Lady's, in Sanderson's shaking fingers.
When he had read it the third time, his face was drawn and his eyes wet. Temperament is an infallible guide in matters of the emotions. He saw himself in a flashlight of unlovely truth and he saw the Little Lady as he had seen her first, and further than that, he saw dimly a third figure which was not to come between them if his strength was worth its body-room. What was his he could keep and the Little Lady was his, though it came to had with a chilling realization that he aslight her but slackl. Under and gaslight his look grew menacing and pausing in the doorway and stretching one slender ine doorway and stretching shoulder, in the dislocating effort that goes with unbuttoning a big checkapron, stopped where she stood and stared, alarmed, with a distinct smudge on her left cheek
"Are you sick?" she gasped.
Sanderson could not speak. He held out the paper, then drew it back irresolute. At last his voice came hoarsely:
"I know everything," he said, "I found this-I couldn't help seeing -" The Little Lady took it from him, her face crimsoning painfully.
"And you read it?" she asked, with scorn.
"Read it!" said Sanderson, "I saw the first two words, and then-" " The Little Lady swept the page in a lightning look of understanding, then leaned over to the mantel-piece and her outstrinst it, hiding her face upon followed her. "I've bee
a brute," he muttered She did not answer.
"I don't blame you," said Sanderson. He was making a mighty struggle to be just-"I'm not worth kicking-I didn't deserve to have you. I see ithis voice broke like the snapping of a tense-drawn string. "Say I'm not too late!" he cried fiercely
"Do you hear me-say I'm not too late! You'll let me make it up to you." "Make it up to me-how?" said the Little Lady, cold and tired.
"Who is this man?" he insisted, grimly. "What right has he to come between us?"
"There was plenty of room, wasn't there?" said the Little Lady. She did not lift her face from the shielding arm. " am your husband, said Sander Lady, without conviction.
Sanderson moved swiftly and caught her to him, crushing her against his heart so that it beat heavily and unevenly in her ear.
"I love you," he muttered, and his voice was rough.
The Little Lady lay still within his arms, almost like a bird from which a child's hand has crushed the life. Presently she spoke, not lifting her head.
"There isn't any Jack," she whispered, "it's a kind of make-believe. I've done it all my life.'
Sanderson's arms tightened cruelly, and a tremulous smile grew upon her hidden face.
"That letter," he said slowly, "you mean you wrote it to-
" I was lonely," said the Little Lady, and I thought you didn't care any more,"
Sander been through hell," said Sanderson huskily, after a little; "you The Little Lady, who did know, kept silence. "Ill hew," he "It will be different now," he beauty of her hair. "You shall never be lonely again."
The Little Lady of the Books smiled with wet eyes, out of the knowledge that is not quickly unlearned. "I wonder?" she said to herself and she left the key in the door of the firelit hall. APOLEON'S horse always beon its back differently with Napoleon that the back. Napoleon was convinced position at the when it when a groom rode it.


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\section*{YOU WRITE THE WORDS}

FORASDNG
Will Cornocs The Music Rre ani puauth ione comperte



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\section*{What Woman Knows 1缕 Her Husband?}


1 DITH WALKER thought she did-and then through the fancied security stretched the shafancied security stretched the sha-
dowy hand of the Other Woman dowy hand of the Other Woman pointing to the black accusation that a debris of ruin.

This illuminating flash into her husband's past, a past she had not of justice that she blindly refused explanation or reparation. Driven hither and thither by a relentless fate, each sought to dull their pain by remarriage, and then followed the tragedy life demanded as payment
better or for worse." For after many years they met again-And these two better or for worse. For after many years they met again-
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their tragedy was the helpless, hopeless victims of their remarriage, for all were bound by

\section*{The Letter of The Contract}

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after all is just and good and out of pain and suffering comes rebirth of after all

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\section*{Short Toot, Listen and Toot Again! (Continued from page 4I)}
he has a horn. They want him t use it; not abuse it at their discomfort and could hog the right of waygs as successfully-by trying the "short Anden and toot again" method Ainger abuse of horning is found giving warnings too far from the cross-
ings. The beginner of distances ander who lacks judgment his horn in the middle usually sounds just as though middle of the square, the other street could hea feet down horn should not be sounded it. The within about thirty feet of until one is The other party can then crossing warning, and, if he had the hear th way or simply decides to cross first o will have thirty feet in which to stopooot. If yeet of the street crossing to dead stop in can't bring the car to a that your brakes space, it either mean requirements or that not up to standard twenty miles an hour are going ove are taboo. When the btreet of which the normal stopping distance are we maintained by running at a slower be

OTEN it is difficult to know jus walk across the streets. The who jayan automobile horn sometimes of frighten them "stiff," as we say, with
the result that of the way they will read of jumping out path of the approaching right in the though hypnotized. When car just as possible to stop entirely, it is aer it is But frequently when an is advisable. suddenly starts across the street person looking one way or the street without necessary to warn him. Again it i possible to ride past, giving him it is without giving get out of the way when an old pering any warning. For way "just in time" getting out of the horn usually will cause sound of the and often, to go back. Thim to stopyou do not want him to do. Yet what fail to blow your horn an Yet if you accuse you of reckless an officer will worse still, some fakir will insist Or hit him and "never blew your horn, very best thing to very best thing to do is to touch the has a physhologicai A long "toot" pedestrian that lead effect upon the you are coming at high speed believe the horn motor only very speed. Giving however, produces bery little current vibrations of the diaphragm few dull

One way of solving Problem of Dornestic Fielp


\section*{Problems im Breast} Feedirs
(Continued from page 4)
vigorously at first, becoming 2,3 or 4 pounds overweight. The infant is obviously getting too much food, but has such a wonderful digestive appara-
tus that it can handle this overload of tus that it can handle this overload of
food. Wonderful is the term to describe its action. Just remember the baby its action. Just remember the baby
triples its weight in one year. At no triples its weight in one year. At no
time during life does such growth take place. The stomach and intestines must be working at top speed to do this. In spite of this already heavy work, there appears to be still some reserve power so that they can digest for the time being sometimes 50 per cent. sometimes 75 per cent., more
than the normal allotment of food. Purposely the writer said, "for the time being." For the work soon worked too much for the already hagns of dyspepsia of indigestion, soon begin to appear. Those infants receive too much food either because they have been nursed too often, the mother admitting that she nurses overy two
hours or less, or when the baby cries, or irregularly, or because even on a three-hour interval, the breast milk being so abundant that the infant obtains the food very easily and so gets too much. The result of getting too much food is that the baby vomits because the stomach is overloaded. Soon, too, the baby begins to have colicky pains and gas in the bowels a combination causing distress and a great deal the baby so thather does not remember Often the mother does cause distress. She thinks it is not getting enough and nurses the baby oftener and longer in this way augmenting the trouble. The stools become signs. with means and fat curds-sure result is a vomiting, restless baby, which soon ceases to gain and may even lose weight because the overworked bowel no longer performs its function. How is one to make a positive diagnosis as to the trouble. Here the scales come in again. Weigh before this after nursing and you will find that milk per is receiving too much more estimation day than to areviously Often a baby requiring 20 ounces daily is actually receiving 30 ounces. The intestine is built to do just so much work. In this case it would be doing 50 per cent. more work than should be asked of it.
What is the solution? The obvious thing to do is to put the baby on the \((6 \mathrm{a} . \mathrm{m} ., 10\), i.e., four-hour feed., 10 p.m.) at the same time using the scale to be sure that even then the baby is not obtaining too much. If in 15 minates the baby still receives more than it should, a good plan is to give one ounce of water by bottle just before the baby nurses. If it still receives too much, reduced to time may have to be or even shorter if or even 8 It is not intended here that any mother should attempt to correct a bad case of dyspepsia. What we are anxious to do is to teach you how to feed your baby so that it will never become sick from overfeeding.

\section*{Clewer Cooking Tricks Witt}

A TEASPOONFUL of flour (for a cocoa or chocolate for a drink, give a wonderful additional richness and smoothness and is the secret of the delicious chocolate served in France. top teaspoonful sprinkled over the before placing thicy ones) or berry pies enriches the flavour and keeps the juices from running out. In custards also, in cooked salad ressings, Welsh rabbit and in all recipes depending on eggs alone for dishening, a little flour adds to the dish. In some recipes calling for cornstarch flour can be used as a substitute as thed to the sugar and cooked together the for basis for sherbet and water ices, smoothness a boring the fruit flavess besides or white of eggs is necessary when flour is used in this manner.


\section*{Liquid Silmerine}
is perfectly harmless. Easily applied with brush.
Hairis nice and flufy when combed out. Silmerine is also a splendid dressing. Keeps hair fine and
glossy. Directions with bottle. At your druggiot's.



ALL safety razors seem alike because of the similarity in size and appearance. As regards the AutoStrop Razor, however, the resemblance ends there. Its peculiar and additional advantage is that, without being larger than any other safety razor, it combines within itself a self-stropping feature that enables the user to keep the blade sharp without taking anything apart. It thus prevents dull blades and the
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chase price. Only \(\$ 5.00\)-complete with strop and twelve blades in an attractive assortment of cases.

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\section*{HR}


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Through Canada With Edward, Primee of WNales

\section*{Continued from page 15 )}
in their or cycling beside the royal car maximum of Primination to get the The crowd Prince out of a short visit, roadway, also. We had come into our first city of sky-climbing buildings One of these shoots up some twenty stories, but though this is the tallest considerable neighbours streets great ranges upwards as the as forward. The windows of these wel buildings were packed with people and through the canopy of flags that fluttered on all the route they sent down their cheers to join the welcome on the ground floor.
Prince drove to such crowds that the Prince drove to a greater crowd that was gather
Buildings. Buildings.
Buildings is, as with all these . cities, very beautifully planned. It is set in the gracious Queen's Park, that forms an avenue of green in the very heart of the town. About the park are the buildings of Toronto University and the avenue leads down to the dignified old law schools at Osgoode Hall. The Canadians show a sense of appropriate artistry always in the
grouping of their public buildings although, of course, they have had the advantage of beginning before ground rents and other interests grew too strong for public endeavour
running out of inhabitants. It no only kept it up, but it sprang upon us the amazi In
In this long and wonderful drive the City but one stop. This was at building with a big, rough stone On the broad a soaring campanile. of wounded men in of the hall a host as though in a grand stand. The string of cars swerved aside so that the Prince could stop for a few minutes and chat with the men
warmth, reception was of overwhelming warmth, men with all manner of hurts or tried to stand up, to cheer him It was in the truest sense a meeting o comrades, and when a one-legged soldier asked the Prince to pose for a photograph, he did it, not merely willingly, but with a jolly and persona
friendliness friendliness

\section*{Prince Opens Exhibition}

THE LONG road to the Exhibitio passed through the busy manufamoring centre that has made Toront particula rich as a trading city which arly as a trading city from duced. The Eural machinery is proits great commercial enterprises. It is perhaps for the whole of Ontario, and


The Parliament Buildings are of ruddy sandstone in a style slightly railway-station Renaissance. They were draped with flags down to the vivid striped platform before the building upon what held before the platform and filed the lawns soldiers, while to the right ranks of flower-bed of infents was a great brimming over wih serandstand ready to cheer at the slightest-kiddies sing at command, and to wave fo at all times.
It was a bustling reception from Toronto as parliamentary capital Ontario, and from Toronto, the town singing packed full of speeches and Welsh choir-and Canada and from a choirs-and and Canada flowers Welsh societies. From
Prince drove throught Buildings the to the Exhibition Grounds. Wed town practically through the whole of the city in these two journeys, travellin miles of streets, yet all the travelling mass of people was dense to a remark supposed to. Toronto, we knew, was people but have a population of 500,000 end of the long before we reached the how the City could began to wonder the strength on the pavemiy keep up

Canada of all that is up-to-date in the science of production. In the beautifu inland seat lie along the fringe of the veniencea that men have, for con in fine buildined Lake Ontario, an gathered togethgs in those grounds textiles, timber exnibits of machind in fact everything work of men in citics on prairies, in offices or factories, farms or prards.

The Exhibition was breaking records for its visitors already and the presence of the Prince enabled it to break more. The vastness of the crowd in the grounds wimply aweing. The gathering of people lawns obliterated the grass of th

When and clogged the roads.
When His Royal Highness had Exhibition with the administratiors of the and publicly came out to a bandstands opened. The declared the grourely thick about the stand but its more venturesome members climbed up among the committee and the camera men, the latter working so strenuously and in such numbers that they gave the impression that they not only photographed every movement, bu Thery word the Prince uttered
The density of the crowd made re to resolve them. Police and staft haks and press a way bes into human tan

\section*{wive}
enthusiastic throng to the car. The car itself was surrounded, and could only move at a crawl along the roads, and so slow was the going and so lively His Royal Highness once and for all threw saluting overboard as a gesture entirely inadequate, and gave his response with a waving hand. The infection of good will, too, had caught hold of him, and not satisfied with his attitude, he sprang up in the car and
waved standing. In this manner, and waved standing. In this manner, and with one of his Staff holding him by the
belt, he drove through and out of the grounds.
It was a day so packed with extraordinary crowds that we correspondents grew hopeless before them. We despaired of being able to cos happening. "quately a sense of what was happenord enthusiasm was a hard drivent two, that day, and during the next world to find another for a change.
Since I returned I have heard sceptical people say that the, stories of these "great receptions" were vamped up affairs, mere newspaper manufacture. I would like to have had some of these sceptics in Toronto with us on August 25, 26 and 27. It would have taught them a very convincing and stirring lesson.
The crowds of the Exhibition ground were followed by crowds at the Public himself had added to his programme. himself had added to his programme. all the characteristics of these democratic and popular receptions, only it was bigger. Policemen had been drawn about the City Hall, but when the people decided to go in, the police mattered very little. They were submerged by a sea of men and women that swept over them, swept up the \({ }^{\text {big }}\) Pright of steps and engulfed the Prince in a torrent every individual particle of which was bent on shaking hands. It was a splendidly tempered crowd, but it was determined upon that handshake. And it had it. It phrased it, "My right hand was phrased it, "My right hand was did it in. affection visit was were quiet backwaters in which His Royal Highness obtained some rest, golfing and dancing. One such moment was when on this day he crossed to the Yacht Club, an idyllic place, on the sandspit that encloses the lagoon.

This club, set in the vividly blue waters of the great lake, is a little gem pretty buildings and fine trees. It is pretty buildings and fine trees. even something more, for every handful of loam on which the lawns and trees grow was transported from the mainland to make fruitful the, arid sand of the spit. The Prince had tea on the lawn, while he watched the scores of brisk little boats that had followed him out and hung about awaiting his return like a genial guard of honour.
There was always dancing in honour of the Prince, and always a great deal of expectation as to who would be the lucky partners. His partners, as have said, had their photographs published in the papers the next day. urged their cavaliers to keep as close to him as possible the ball-room floor so every inflexion of the Prince could be watched, though not all were so far gone as an adoring young thing in one town (not Toronto), who hung on every movement, and who cried to her partner in accents of awe, him se heard him speak! Tve heard ordinary! He says Yes just like, an On Tuesday, the 25th, the Yacht Club was the scene of one of the brightest of dances, following a very happy reunion between the Prince and hundreds of officers of all grades were gathered together by General Gunn, the C.O. of the District, from the many thousands in Ontario, and these enterClub. It Prince athering both significant and impressive. Every one of the officers wore nor merely the medals of overseas service, but wore a distinction gained on the field.
It was an epitome of Canada's effort in the war. It was a collection of virile young men drawn from the lawyer's inde and the farm, from the desk from the very law schools and the university very law schoor In the big (Continued on page 50)


\section*{Makes Summer Hours Brighter}

WHEN the breezes invite you on the verandah-when day's work is done-let the Stewart Phonograph entertain you. Let it open the theatres for you-bring back the thrills of opera and concert, the gusto of a band selection, the carefree lilt of the newest rag, or the old, old charm of the songs of long ago. Play any record, any make, any style, any price! The Stewart is a universal entertainer for all occasions. Just the durable, compact instrument you want to take in the car, in the canoe, on picnics, to parties. And in design, finish and performance, it merits a place in the home! For its rich volume of clear, mellow, pleasing tone makes it an ever-ready fountain of pleasure for rich and poor alike.

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\section*{WINNERS IN OCTOBER, 1919, CONTEST}

Winners in the October, 1919, Best Answer Contest are announced as follows: 1st Prize \$5-Mrs. Florence Mae MacMullen, R.D. 3, Stirling, Ont.
2nd Prize \(\$ 3-\) Mrs.|W. J. Puffer Narw 2nd Prize \(\$ 3-\) Mrs.jW. J. Puffer, Norwood, Ont.
3rd Prize \(\$ 2-\) Leroy Coutter, 1172 St. Clair Ave

Check for these amounts will be sent forward to the parties named.
Continental Publishing Co., Limited, Toronto


\section*{Through Canada With Raward, Prince of Wales}

\section*{Continued from page 55}
dining-hall hung with scores of boards in German lettering, trench-signs, directing posts to billets, drinking water and the like, that had been captured by the very men who were then dining, one got a sense of the vivid capacity contribution to the Empire's fighting forces so notable, and more, that will make Canada's contribution to the future of the world so notable.

\section*{Amusements, Literature, Hospitals}

THE "MOVIE" show is the great the industry of amusement all over the has its Picture the smallest towns have theatres which, the larger indeed in their appointments, palaces multitude of them. In many the "movie" show is judiciously blended with vaudeville turns, a mixture of which seems popular.
Book shops are rareties. In a great town such as Toronto I was only able and these or four definite book-shops, and these not within easy walk of my
hotel. Even these hotel. Even these shops dealt in along, though their books were very much up-to-date, many of them very both English and American authors as well as Canadian), published by

His Royal Highness visited and explored the whole of the great Hospital foping and chatting with as many housed in it paid a visit, as time allowed. He also close by Thit to the Children's Hospital gramme entirely his item on the prothe hospital he determine Hearing of having first paved the way for his visit by sending the kiddies a large assort ment of toys. This hospital, with its essentially modern clinic, was thor in the midst of cheers from the kiddies whose enormous awe had melted during the acquaintance.
The afternoon was given over to the colourful ceremony in the University Hall, when the L.L.D. degree of the University was bestowed upon His Royal Highness. In a great, grey-stone delightful Queen's Park, where was gelightful Queen's Park, where was
gathered an audience of dons in robes and ladies in bright dresses, with naval men and khaki men to break up the glowing scheme, the Prince in rose coloured robes received the degree and signed the roll of the University. Under the clear light of the glass roof the scene had a dignity and charm that placed it high among the striking
pictures of the tour.


Indians at Kamloops gave the Prince a great ovation. He is here seen
thanking a representative trio.
excellent Toronto publishing houses. All the recognized leaders among writers, and even Admirals and Generals popular market, as in elsewhere, is the Zane Grey type and book. that the great stores-like Eatons and Simpsons have book departments and very fine ones too, and that for general reading the. Canadians are somewhat addicted to newspapers and magazines, which are on sale everyhotel loggias, and on, drug-stores, stands, generally run by Returned Soldiers, generally run by Returned
Tuesday, August 26th, was a day dedicated to quieter functions. The Prince's first visits were to the hospitals. Toronto, which likes to do things with a big gesture, has attacked the problem of hospital buildings in a spacious manner. The great General Hospital is planned throughout with a big air.
ense of archadians certainly show a the General Hospital they refused to follow the Morgue School, which seems to be responsible for so many hospital and primary school designs. The Toronto hospital is a fine building of many blocks set about green lawns, and with lawns and trees in the quadnearly perfect as meintments are as and every scientific novelty is in the fight against wounds and sick ness. Hospitals appear more generally used in Canada, people of all classes being treated there for illnesses that in Britain are treated at home.
less was a quieter day, but neverthe people thron day of crowds, also, the unabateabonging all the routes in their crescendo of friendliness showing that reach its greatest strength on the next day. astonishing crowds of Toronto, already astonishing, went beyond mere describ ing on Wednesday, August 27th.
down for this several functions set the review of the War Vly two matter Exhibition ground and Veterans in the through the residential areas of the
Some hint of what the crowd in the Exhibition Grounds was like was given our as we endeavoured to wriggle automobiles masses of other crowded the way to parked that had already been the grounds. We almost inordinate number of my the in Canada; the number of cars Toronto terrified us.
When we looked on the thousands of cars in the city we knew why the streets had to be broad and straight and long. In no other way could they of swift cars and that rushing traffic trams that with a splendid torpedo-like up the heart of the town with the far outlying suburbs. And even though the streets are broad, the automobile is becoming too much for them. The habit of parking cars on the slant and by scores on both sides of the roadway as well as down side roads and on vacant "lots") is already restricting From the cars themselves the (Continued on page 56b)

\section*{It is Dangerous to Use Counterfeit Parts for the}

\section*{Soral}

BY allowing your garage man to use imitation parts in repairing your car you not only invite repeated repair bills and more serious breakdowns, but you actually endanger your own life and the lives of others. Cheap and inferior parts used in connection with the steering control are liable to cause accidents of a very serious nature.

\section*{You Risk Your Life When You Use Imitation Spindles}

In a recent test the tensile strength of the genuine Ford Vanadium Steel spindle arm was found to be over \(100 \%\) more than that of the counterfeit machine steel part. The arms were submitted to shock, and the counterfeit arm broke at a pulling force equivalent to 11,425 pounds applied to a cross section. The same pulling force applied to a corresponding cross section of a genuine Ford spindle arm did not even change its original size or shape. In order to separate the genuine spindle arm it was necessary to apply a pulling force of 25,000 pounds.
The spindle arm is one of the vital parts entering into the control of a car, and by using spurious parts in such places, Ford owners are risking lives and property.

\section*{Genuine Ford Springs versus Imitation Springs}

Genuine Ford front and rear springs are made of Vanadium spring steel having a tensile strength of 210,000 pounds per square inch, and an elastic limit of 200,000 pounds. Every genuine Ford spring is tested in the factory. Front springs are subjected to a pressure of 1,850 pounds. In the fatigue test the average genuine spring will stand 60,000 strokes before breaking. Rear springs are subjected to a pressure of 2000 pounds and the average genuine spring will absorb 40,000 strokes before breaking.
Imitation springs are generally made of carbon steel having a tensile strength of only 130,000 pounds per square inch and an elastic limit of only 115,000 pounds. In ordinary service they soon flatten out.

You are merely protecting yourself and avoiding repeated repair bills when you demand genuine Ford parts.

Only Genuine Ford Parts Can be Used with Safety
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\section*{Ford Motor Company of Canada, Limited}


\section*{Fashion says the use of DEL-A-TONE \\ is necessary so long as sleeve-
less 8 gowns and sheer fabrics for \\ sleeves are worn. It assists freedom of movement, unhampered grace, modest
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certain remer "TOH
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\section*{\(x^{2}+(x)\)}

Through Canada with Pdward, Prince of Wales (Continued from page 56 )
ess danger than in the London streets for the rules of the road are strict and
the citizens keep them strictly. No car is allowed to pass a standing tram on the same side, for example, and that The multitu is obeyed by all drivers. cars of the titude of cars, open touring type, many McLaughlin and Overland quite a number of Rolls-Royces, Napiers or Packards, thickened as we neared the Exhibition gates, and about them, in the side streets outside, and in the avenues inside they were parked by They gave
of the numbers the meanest indication The lawns were people in the grounds The halls of exhibits were full people. The Joy City where one can of people into strange thrills from Coney Island was full, the booths selling Buttered Cob Corn, Toasted Peanuts, Ice Crean Soda and the rest, had hundreds of customers - and all these, we found were the overflow. They had been crowded out from the real show and were waiting outside in the hope of catching sight of the Prince as he made
The show ground of the
The show ground of the Exhibition grandstand seating ten thousand people. Ten thousand people were sitting, the imagination boggles at the computation of the number of those standing, they filled every foothold and clung to every step and projection. There were some-men in khaki, of course-who were risking their necks high up on
the iron roof of the stand In front of of the stand
sace, backed by patriotic great open space, backed by patriotic scenery of the pageant kind. It was packed so tightly with people that the movement of individuals was impossible On this ground the war veterans should have been drawn up in ranks In the beginning they were drawn up in ranks, but civilians, filling up every gangway and passage, overflowed on to the field, and filled that also. They were even clinging to the scenery and figure for that crowd was The minimuin thousand.
The reception given to the Prince was overwhelming: that is the soberest word one can use. As he rode into the arena he was immediately surrounded by a cheering and cheery mass of people Who cut him off completely from his an outburst the big stand there came cheering, an of non-stop Canadian cheering and afrair of whistles, rattles, the occasional extempore noises, with that was kept alive during firework, of the ceremony, one section the whole taking it up when the first had people itself out.
His Royal Highness strove to him, his way to the platform on which force movement to speak and to give medals, but movement could only be accomplished platform indeed As he neared the altogether, and Princevement ceased wedged tight in a solid and crowd were sure of the crowd seems to The prestoo much for him, for there was moment when it seemed he would be thrown from his horse. "movie" man on the platform came to his rescue and catching him round the shoulders and of the crowd.
On this platform and in a setting enthusiasm that cannot be describe adequately, he spoke and gave medals brave Candians, endless stream

\section*{A Twenty-Mile Drive}

I WAS in the evening that he drove through the streets of the town, and believe I am right in saying tha ments in order more restful engage that took several hours and was no less than twenty miles in length.
ideal is very strong, and the conceri ideal is very strong, and the conceri ll the citizen the municipality but o and citizens. It believes in beautifu limination of town planning and the has not a single exam of the Prince saw every facet of the city' activity.
He drove through the beautifu

not so beautiful but more eclectic area of The Hill. He went through the suburbs of charming, well-designed houses where the professional classes have their homes, and into the big, comely residential areas where the working people live. These areas are or good building which is the gift of the whole of Auilding which is the gift of house distin of America makes each hint of slum ugliness or slum congestion about them. The houses merely differ from the houses of the better-to-do in size, but though they are smaller, they have the same pleasant features, neat colonial-style architecture, broad porches, unrailed lawns and the rest inside they have central heating, electric light, baths, hardwood floor and the other labour-saving devices of codern construction. And most of whe houses are owned by the people chase by deferred payments, if it leads to immedeferred payments, in itions, is strong in the Canadian.
The Prince's route also lay through the big shopping streets such as Yonge "street" is dropped in the West) and King. Here are the great and brilliant stores, and here the purposeful Canadian crowd does its trading. There is ouch of determination in the Canadian n the sidewalk which seems ruthless ness to the more easy-going Britisher, et it is not rudeness, and the Canadian with extraordinary orderly person, rather discipline that springs from sel It may from obedience to by-laws. crowd be this that makes a Canadent when it seems defying the thomen
The Prince began his ride in the wonderful High Park where nature has had very little coddling from man and the results of such non-interference are admirable, and in that Park he at once entered into the avenue of people that was to border the way for twenty
Again this crowd thickened at certain focal points. At the entrances of different districts, in the streets of cemetery populated areas, about it gathered where he planted a tree, amazing thing was that no place on that twenty-mile run was without a crowd.

The whole city appeared to have come in the street to cheer and wave flags or handkerchiefs at him as he passed, just as the whole of the little boy population appeared to have made up its mind to run or cycle beside him for the whole of the journey, despite all risks of cars behind.

The automobileocracy of the wealthier districts made grandstands of their cars at every cross road (and the this, for they tried to cut into the procession passed). The suburbans made their lawns into vantage points and grouped themselves on the curb edge, and the working classes simply overflowed the road in solid masses of attractively dressed women and children and Canadianly dressed men. Attractively dressed in a phrase to note: there ar no rags or dowdiness in Canada ing ofe was a carnival air in the greet and that muititude on that long rite, of the crowdsing and cheering affecth a like response wid have callersonality less sympathetic than the Prince It captured him completely. The formal salute never had a chance First his answer to the cheering was an affectionate flag waving, then the flag was not good enough and his hat came into play, then he was standing up and waving, and finally he again climbed sitto the seat, and half standing, hal sitting on the folded hood, rode through of delighted crowds. With members practi Staff holding on to him he did in thactically the whole of the journey at quiet spots, only changing his hat from right to land when one arm had become utterly exhausted. And all the way the crowds lined the route and cheered.
an was astonishing spectacle, an culazing experience. It was the just culmination of the three full days of Tofound and moving emotion in which its affection.
he effect of such a demonstration the Prince himself was equally
profound. One of the Canadian Generals who had been driving with His Royal Highness on one of these occasions, told us that in the midst
of such a scene as this, the Prince had of such a scene as this, the "Prince hou turned to him and said: "Cander that my heart is full?"
wond

\section*{Ottawa-the Capital of Canada}

THE RUN from Toronto to Ottawa the city that is a Province by itself and the Capital of Canada, was a night run, but there was in the early morning a halt by the wayside so that the train, should not arrive before "skedule." The halt was utilized by the Prince as an opportunity for a
stroll and by the more alert of the stroll and by the more alert of the country people as
private audience.
privat a tiny station called Manotick, farming families who believe in shaming the early bird came and had a look a that royal red monster of all-stee coaches, the train, while the youngest of them introduced the Prince to themselves.

They came out across the fields in twos and threes. One little boy, in a brimless hat, working overalls and with a fair a mount of his working mediumplough land-liberally distributed ove him (Huckleberry Finn come to life, as somebody observed) worked hard to break down his shyness and talk lik a boy of the world to the Prince. A little girl, with the acumen of her sex glanced once at the train, legged it to her father's homestea ales which she with a daskented with all the solemnity of an illuminated address on vellum
It was always a strange sight to watch people coming across the fields from nowhere to gather round the observation platform of the train for these impromptu audiences. Every part of Canada is well served by newspapers, yet to see people drift to the right place at the right time in the midst, of lone wonder were indeed as significant and as ings weresting as the great crowds of the cities. There was always an air of laughing friendliness in them, too, that gave charm to their utter informality, for which both the Prince and the people were responsible.

From this apple garnished pause the train pushed on and passing through the garden approach, where pleasant lawns and trees make paralled with along a canal which runs paralled with the railway, the Prince entered Ottawa mainly by Ottawa men. We had been mainly by Ottawa men. much from the
told not to expect too mud told not to expect. As the Prince passed from
Capital crowded moment to crowded moment in Toronto, the stock of Ottawa slumped steadily in the minds of Ottawa's sons. They became insistent that we must not expect great things from Ottawa. Ottawa was not like, that Ottawa was the taciturn "burg.

It was a city of people given over to meditative, if an artificial city, sprung from the was an arts of Legislature and thriving sterile seeds food of Bills. It was a mere habitation of governments. It was a freak city created coldly by an act of Solomonic wisdom. Before 1858 it was a drowsy French portage village, sitting inertly at the fork of the Ottawa and Rideau Rivers, concerning itself only with the lumber trade, almost inattentive to the battle which Montreal and Quebec, Toronto and Kingston were fighting for the political supre to settle the Dominion. Appealed to to settle this dispute, all feuds by select but which was now the ord as the official capital of the Dominion.
Ottawa men pointed all this out to us and declared that a town of such artificial beginnings and whose present population was made up of civil servants and mixed Parliamentarians, could not be expected to shasm. A day later those Ottawa men met us in the high and handsome hay were the Chateau Laurier and they were entirely unrepent of their false prophecy, and asked proud on them in a grape-juice and soda-the limit of the emotion of good fellowship in Canada (anyhow, pub(Continued on page 56d)


The Cost of a 60-Dish Package of Quaker Oats


A 60 -dish package of Quaker Oats will cost you 40 cents.
A small fish will cost you the same amount people.
Three chops will cost you nearly that-only enough for three. And seven eggs at this writing cost nearly as much as that 60 -dish packet of Quaker

\section*{Mark the Food You Get}

The package of Quaker Oats yields 6221 calories-the energy measure of food value
The fish, eggs or chops which that 40c buys will not average one-ninth as much.
As a food they cannot compare with oats. For the oat is the greatest food that grows. It is almost a complete food, nearly the ideal food.

About all the human body needs


35 Cents is in oats in right proportion.

This is how the calory cost compares with other necessary foods, based on prices at this writing :

Cost Per 1000 Calories
Quaker Oats
Average Meat
Hen's Eggs
Vegetables \(\quad 11 \mathrm{c}\)
Vegetables -
11 c to 78 c

The wise housewife's conclusion must be this:
The proper breakfast is Quaker Oats. It means supreme nutrition-foods that everybody needs.

And the 85 per cent that it saves on breakfasts can buy costlier foods for dinner.

\title{
Qualker Oats
}

Only 10 Pounds in a Bushel

\footnotetext{
Quaker Oats are flaked from queen grains only-just the rich, maximur flavor, without extra en pounds from a bushel You cost, When you ask for this pre-
}

Packed in Sealed Round Packages with Removable Cover
3373



27 ADE from the finest selected flax yarns and bleached in nature's own way Robinson and Cleaver's Irish Linens will give long and satisfactory wear and stand repeated to-day for samples together with Catalogue whiteness. Write Napkins, Sheets, Pillow-cases, Towls, Falogue of Tablecloths, kerchiefs, Shirts, Collars, Dress Linens, etc., sent post free.

Tablecloths and Napkins
\begin{tabular}{|c|c|c|c|}
\hline Linen damask & \multicolumn{3}{|c|}{Linen da} \\
\hline Sixe \(2 \times 2 \times 2{ }^{10}\) (F) & n) & 20 & Tablecloths \\
\hline - \(2 \times 21.2\) & -aach \(\$ 5.600\) & \(2 \times 2\) sards & each \(\$ 6.48\) \\
\hline - \(2 \times 3\) & \$8.20 & - \({ }_{2 \times 3}^{2 \times 21-2}\). & \$8.14 \\
\hline  & per dozen \$6.42 & NAPKINs to match & \$9.78 \\
\hline \(22 \times 24\) & - \$7.62 & \(24 \times 24\) & dozen \(\$ 7.56\) \\
\hline
\end{tabular}

\section*{Handkerchiefs}

 Write for Catalogue \(40 Z\)

\section*{ROBINSON \& CLEAVER}

Belfast, Ireland.
LTD
\(\square\)


\section*{Kiddie Clothes Get Hard Wear in Summer} Haugh Brand Kiddie Garments will
protect ordinary protect ordinary ciothes. Give perfect
freedom. Stave laundry work. Easy to
slip on.
 Children 2 play. Cover neck to toes.
Brand Trade Mark on the pocket. He Haugh
Gel
For sale et at all good stores.e It If our dealer
does not carry, write us direct
J. A. HAUGH MFG. CO toronto


Fharough Canada with wward prince of wales (Continued from page 560
licly) is grape-juice and soda-in order that they might explain to us how they never for a moment doubted that Ottawa would show the enthusiasm it had shown.
The home the Capital of Canada, sir Governor-Ge our Parliament and the loyalty and law. It is the hub of 'beat the band,; Of course it would I don't bnow.
with Ottawa's that I want to quarrel the way it brought for I am awed by brought it off on the off. Perhaps it so, he must have had a shock, and delightful one. For the taciturnity of Ottawa is a myth. When the Prince entered it on the morning of Thursday August 28th, it was as silent as a as a cyclone mbardment and as reticent as a cyclone.
ast and were the crowds, inevitably good-humour of with the invincible tured him with Canada. They capthrough with the rush after he wis greeted by the Governarics or beind other notabilities, and had mounted a carriage behind the scarlet outriders of Royalty. That carriage may have been more decorative but it was no more purposeful than an automobile would be under the circumstances. Even as the autombolie, it went at a walking pace, with the crowd pressing It passed f
triangle that from the swinging open Hotel and the Station Chateau Laurier that spans the Rideau Canal and along the broad road lined with administration buildings and clubs, to the spacious grass quadrangle about which the massive Parliament Buildings group
themselves.
This qua
This quadrangle is a fit place to stage a pageant. It crowns a slow hill
that is actually shrubs that hy a sharp bluff clothed in blue waters of the the startling From the river the poised dramatically on that individual bluff is a sharp note of beauty On the quadrangle, that is the city side, this note is lost, and the rough stone buildings, though dignified, have a tough, square-bodied look. Yet the massivegreat space whole grouping about the certainly space of grass and gravel terraces the adequate winge air. They form pageants pageants.
n the wuat happened that morning pageant of democracy was certainly

\section*{Prince Meets People}

\(T^{1}\)HERE was a formal programme but on the whole the crow likinnated that for one of its own heard Sir Robert B to addresses, it Currie, only just Borden and Genera express the Dust returned to Canada, come. Then it expressed it itself by sweeping the police completely away and surrounding the Prince in an excited throng.
stood the midst of that crowd the Prince stood laughing and cheerful, endeavourwere thrommodate all the hands that of Boy Scouts wards him. A review but the crowd "simed to take place, neat wooden barratched it. The ropes that linked them up a neat parade ground on the green were reduced by the scientific process of bringing an irresistible force against figure able body. Boy Scouts ceased to mere in the programme and became the Prims in a mass that surrounded itself ince once more and expressed to itself
As usual the Prince himself showed
not the slightest fitting in with such an impromptu ceremony. He was as happy and in his element as he always was when meeting everyday people in the closest untimacy. It was a carnival of demodemoratic one in which he played as that thric a part as any one among Yet thoug
he direct though the Prince himself was exchanges that hat to the democratic the tour, there was no doubt that the strain of them was exhausting.
He possesses an extraordinary vital ity. He is so full of life and energy that it was difficult to give him enough to
do, and this and the fact that Canada's

wonderful welcome had called into play a powerful sympathetic response led him to throw himself into everything with a tireless zest. Nevertheless, the strenuous days at Toronto followed by this strenuous welcome at Ottawa had made great demands upon him, and it was decided to cut down his programme that day to a Garden Party in the charming grounds of Government House and to shelve all engagements for the next day, Friday, August 29th.
The Prince agreed to the dropping of all engagements save one and that was the Public Reception at the City Hall on the 29th. It was the most exacting of the events on the programme, but he would not hear of its elimination, the only alteration in detail that he made was alteration in detail that he at Toronto, should be allowed to rest, and that all shaking should be done with the left.
The Public Reception took place. The only invitation issued was one in the newspapers. The newspapers said "The Prince will Meet the City." He did. The whole City came. It was again the most popular, as well as the most stimulating of functions. And manner of the inevitable lines. All manner of people, all grades of people Old ladies again asked him when he was going to get married. Lumbermen in calf-high boots greeted him. Mothers brought babies in arms, most of them of the inarticulate age, and of the awful and solemn dignity of under one. It was as though these Ottawa mothers had been inspired by the fine and homely loyalty of a past age and had brought their babies to be "touched" by a Prince, who, like the Prince of old, was one with as well as being at the head of the great British family.
And with all the people were the cunning. Shater, full of initiative and one group of little boys found a stretegic way into the Hall by means of a fireescape staircase. They had shaken hands with the Prince before their flank movement had been discovered and the flaw in the endless queue repaired. That queue was never finished. Although, on the testimony of the experts, the Prince shook hands at the rate of forty-five to the minute, allowed set aside for the reception only allowed of some 2,500 filing before him.
But those outside that number were not forgotten. The Prince came out to regret that of the hall to express his in the matter of hands. He had only one hand, and that limited greetings, but he could not let them go without expressing his delight to them for their warm and personal welcome.
The disappointed ones recognized the limits of human endeavour. His popularity was in no way lessened. "they were content with having seen the cute little feller," as some of them called him and made the most of "swat experience by listening to and swapping" anecdotes about him. his accessibility. One typical story was about a soldier, who, having met him in France, stepped out from the crowd and hopped onto the footboard of his
car to say "How d'y do?" The Prince gripped the khaki man's hand at once, and shaking it, and holding the soldier safely on the car with his other hand, he talked while they went along. Then both men saluted and the soldier hopped off again and returned to the crowd. "It was just as if you saw me in an automobile and came along to tell me something," said the man, who told me
the story. "There was no king-stuff the story. "There was no king-stuff There isn't a sheet of ice between us and him,"
Another man said to me:
"If you'd told me a month ago that anybody was going to get this sort of
reception, I should have smiled and called you an innocent. I would have told you the Canadians aren't built that way. We're a hard-bitten, independent, irreverent breed. We don't go about shouting over anybody But now we've gone wild over him And I can understand it. He's our sort. He has no side. What's the way treat men as men, and that's the way he meets us."

The long week-end so strenuously begun, did, however, give the Prince his opportunity for rest and recreation. He had a quiet time in the home of the Governor-General at and and spacious grounds of which are part oovely Rockliffe Park, which hangs on a cliff and keeps company with the shining Ottawa River for miles to the East of the City. Apart from sight seeing and golfing and dancing at the pretty Country Club across the Ottawa on the Hull side, he attempted no programme until Monday morning.

\section*{Ottawa at a Brief Glance}

\(\mathrm{O}^{2}\)
TTAWA is not so virile in atmosphere as other of the Canadian cities. Its artificial heart, the Parliament area, seems to absorb most of its very effectiv architecture is massed cliffs in a spray the knee of the two rivers, the Ottawa and the Rideau, but outside the radius of these buildings and the few, fine, brisk streets that serve them, the town fades disappointingly, Eastward, Westward and Northward into spiritless streets of residences.

The shores of the river are its chiefest attraction. Below the Parliament bluff there lies to the left a silver white spit in the blue of the stream that into a green on which are a huddle of picturesque houses. These hide the spray of the Chaudiere Falls, which stretch between this island and the Hull side. Below the Falls is often the picturesque mass of a lumber "boom" that stretches down the river.
To the extreme right beyond the locks of Rideau Canal is the dramatic where railroad tracks, tram-roads, automobile and foot-ways dive under and over each other at the entrances in order to find their different levels for crossing. Beyond the bridge, and close against it is the jutting cliff that makes the point of Major Hill Park. (Continued on page 69)
Wrat №rs-As A Solution to Our flousing Problem


DHOTO SHOWS Reims, France. Reims has a socialistic town council, which has just approved the expenditure of several hundred mill
plans of architects in charge of the work.

She that cannot be counselled cannot be helped"


TTHERE is a world of wisdom in Franklin', famous utter-
ance, "He that cannot be counselled cann te be helped." ance, "He that cannot be counselled cann ot be helped." And with apologies to Franklin and the sle ht change to
the feminine gender, we offer this wisdom to the wise woman who seeks expert guidance in the selection of feminine fashions The flashily dressed woman who thinks variety of color and cut comprise style is one who, refusing counsel, cannot be helped.
This woman invariably buys the cheap imitation of better things, for imitation will always be cheap, both in price and appearance. cannot be counselled flashes in our midst arrayed in ignorance rather than good style.
But the discerning woman who seeks counsel-who desires to have her own knowledge of good taste helped and improved by specialists, is merely a matter of price-the price of being strikingly styled.
She is counselled by the knowledge that to possess individual charm is to select styles that give expression to the personal line
of her figure, the delicate contour of her face and the dainty poise of her head.
She is counselled by the knowledge that to attain the peak of fashion is not merely to wear a costume that is the vogue-it is to express her own individuality through the proper fashion medium. And above all else she is counselled by the wisdom of purchasing styles that cannot be successfully imitated, and of paying for them, not the tangible difference in dollars and cents, but the invaluable
ad but very little more than the ordinary-the woman who would be counselled cheerfully pays the slight difference in price for fashions that put her in a class apart.
"Le Costume Royal" Fashions are sister fashions to Vogue and Vanity Farr. They are one of the exceptional fashion features of Everywoman's World. A complete pattern service for every subscribers. Patterns may be secured by returning the order blank on page 44.
The woman who can be counselled will prefer to pay the slight difference in price for "Le Costume Royal" Patterns and by so doing know that she will always be styled to the hour. The coupon

\section*{EVERYWOMAN'S WORLD}

253-259 SPADINA AVENUE, TORONTO

I know that by being well dressed I shall be happy. Therefore, I want you to send me the next 12 issues of EvERYWOMAN's World, featuring Le Costume Royal Fashion Service. I enclose two friend ly dollars. They never bought so much before.

Name
Address

\section*{The Rorme Cooking Class}


\section*{White Bread}

It was then that mothers became lovers of Moir's Chocolate; for their unsurpassed goodness and rich flavor. So chocolates of the home. Young mothers the sweet memories of Moir's and pass them on to the children.

MOIR'S LIMITED, HALIFAX, N.S. 144

\section*{Lift Corns Off!}

Touchy corns and calluses lift off with fingers. Doesn't hurt a bit!.

Apply a few drops of Freezone upon that old, touchy corn. Instantly that corn stops hurting. Then shortly you lift that troublesome corn right off, root and all, without pain, soreness or irritation.


A few cents buys a tiny bottle of Freezone at any drug store, sufficient to remove every hard corn, soft corn or corn between the toes, and the painful calluses and hard skin from the bottom of the feet. Just try it

\section*{Keep Freezone on dresser and}
never let a corn ache twice

\(S^{\text {p }}\)ONGE METHOD- 1 cake Fleisch mann's Yeast, \(11 / 2\) quarts luke warm water, 2 tablespoonfuls sugar, \(41 / 2\)
quarts sifted flour, 2 tablespoonfuls lard quarts sifted flour, 2 tablespoonfuls lard Disolve the yeast and suonful salt. quart of the lukewarm sugar in one one and one-half quarts water, and add or sufficient to make quarts of sifted flour Beat well. Cover and ordinary sponge. or about one and one-half hide to rise Wharm place.
warm water, lard add the pint of luke warm water, lard or butter, the remainmoderately firm dough, and make a Koderately firm dough, and the salt Knead thoroughly; place in greased one-half to two hours rise from one and When light, hours.
place in well-greased into loaves and and let rise again for When light, bake forty to fit one hour reducing the heat of the fifty minutes, ten min utes.
This recipe makes four large loaves. The whole process takes from five and one-half to six hours and if followed
closely will produce closely will produce excellent results.
If a richer loaf is dow place of all or is desired, use milk in

\section*{White Bread}
\(\mathrm{O}^{\mathrm{v}}\) ER NIGHT METHOD-1 cake water, 2 tablespoonfuls sugar \({ }^{2}\) quarts spoonfuls lard or butter, melted quarts sifted flour 2 tablespoonfuls salt Dissolve yeast and sugar in the water which should be lukewarm in winter and half the flour. add balance. Beat until smooth, then make moderately firmur, or enough to salt. Knead until fmotergh, and the Place in well greased bowl and elastic. Set aside to rise over bowl and cover. nine hours. In the Fill well greased pans half full, cover doubled until light, or until loaves and doubled in bulk, which will be in about one and one-half hours. Bake forty to
fifty minutes. firty minutes.
this quantity of bread is not needes. If recipe can be divided very easily, by the ing just half of the ingredients called for above, as well as half the cake of yeast. The half cake of yeast, which you have left over, can be keatt, which you have
several days bood condition several days by rewrapping it in tinfoil
and keeping it in and keeping it in a cool dry place. If a richer bread is desired use milk in
place of water. place of water.

\section*{The Perfect Loaf}
\(M_{\text {in }}^{\text {AN }}\)
ANY house wives will be interested
"scoring" their bread-testing
its perfection as it would be tested in a prize contest
bakine the bread you make in the nex baking, and if it does not suit the re quirements of an excellent loaf find out what the trouble is. Perhaps you will find you have used too much flour or have kept the dough too warm, or baked too hot an oven.
Appearance - Ten poing.
Consider the general shape of the loaf as a whole, the shape of the top and the roundness or flatness of the dome. The surface should be the dome. no cracks, wrinkles, bulges, lumps or humps Lightness-Ten points.
tioned to its size of the loat propor extent to which the dough has risen the the a mount of "" spring" tough has risen an the oven.

Crust-Ten points
The depth or thickness of the crust should be about one-eight inch, and its colour should be a uniform golden floury. The ideal crust has the natural bloom of a well baked upper surface.
Glossiness, due to the use of egg white, butter, or milk as a coating, may be considered desirable in some circumstances but it is not necessary. The qualities sought are tenderness, crispness and elasticity. A hard or tough crust would be graded low.
Crumb-Thirty points. (Colour, five points; texture, fifteen points; moisture Colour-Five-points.
The best wheat bread is white or creamy, not gray.

Texture-Fifteen points
The size of the pores should be uniform, circular, or elongated bewards rather than transversely. Streaks, unleavened areas, large holes, and crevices low. to make the texture of a loaf rank Moi
Moisture and Elasticity-Ten points. and springy, of the loaf should be soft and springy, not sticky, wet, soggy or When the cut yet dry, harsh or crumbly it should dent easily is pressed lightly, the level instead easily and spring back to \({ }^{\text {or remaining permanently dented. }}\) Flavour
Flavour-Thirty points.
The ideal flavour is the slight "nutty" taste of the well baked wheat grain Salting should be sufficient, yet not prominent. Any flavour, such as the taste make it yeast or of rancid fat shoulc the entire thisty for a judge to subtract Keeping Ouy points given to flavour Koesing Qualities-Ten points.
without darkening in th for three days veloping a bad darkening in the centre or deThese points total one han
you make a hundred per cent loaf of

\section*{The Araatewn T Plrst Grarclen \\ (Continued from page 14)}
outside there will be little interruption in progress.
\(T\) O RETURN to the planning of the garden plot: Do this by charting it out first on paper. You will probably see various ways of improving on your irst plan and your final diagram wil include every possible advantage yo The actual choice of whants.
will plant offers some moments of you real interest. For there is mor very said for and against the many more to be or space in your garden plony candidates appeat at first.
"Do we want cauliflower?
"And I just love cornty, of lettuce." "And I just love corn.

\section*{to buy.} But in the end, when all points that
must influence an must infuence an intelligent choice
have been considered these will be elected. For besidew of the question of "liking" we must just these points:
How much of our limited space will green corn require? Would it be better to plant that space in something that would actually produce more vegetables and buy our corn?
space, the fact that is no scarcity of space, the fact that there is no corn husked and boiled in that is picked, successive boiled in just about three for this general favourite.
\(T\) HE SAME arguments appear 1 against potatoes, if the garden is smail one. It takes a fairly large piece e of much gro to the average family. That same space devoted to tomato plants, will give not only plenty resh tomatoes for use from the time
they begin to ripen, until Christmas, if cellar, or the uprooted and hung in the cellar, or the fruit picked, wrapped in paper and set on the fruit shelves to
ripen; but there tomatoes for fill be a quantity of some Lettuce of whol for salads. varieties, and course, two or three ings so that there will buccessive plantright through the season salad materials of parsley and the savoury herbs that mother will insist upon.
For For greens, choose
rather than spinach, and cut it -don't pull up the roots. It will grow and grow, filling up the rows almost as quickly as you thin them
Beets will give you two vegetables,
or their top whe for their top, when young and tender, Peas can fe greens.
can beans. be made to pay and so
Celery will need some special attention in the matter of bleaching, but it is well worth it.
Cabbage and caulifower if the ground is rich and they are sprayed with something to keep the slugs off will do well.
sk only, parsnips, turnips and beet ask only to be properly thinned and The course, to be kept weeded.
The garden plants demand the and rightly, since they are the producers. No laggard weeds must be permitted to challenge their supremacy. Also, the ground must be kept well hoed, thoroughly broken up, so that the air and other plant foods may get access to the roots and that these may not be locked in hard earth. Alternate wetting and baking in the hot sun will make the soil cake and crack in very undesirable fashion, if it is not kep
well worked.


The Imteresting Italian
WFas (Continued from page 16)
Vegetable Soup, with Cheese
\(\mathrm{C}^{\text {RACK a few bones-veal, beef, }}\) hours. Tamb and simmer them for six hours. Take them out and drop in
four cuptur four cupfuls of onions, parsley, celery
and turnips, chopped.
When the vegetables are done, scatter a cupful of grated Parmasan chese into the pot.

\section*{Resotto and Clams}
\(\mathrm{F}^{\mathrm{RY}}\) an onion and a green pepper in they are half done add two cupfuls of rice, which you will stir until it begins to take colour, when you will pour in a quart of soup stock. When the rice is done (by which time nearly all the
liquid should be absorbed), set it in liquid should be absorbed), set it in the oven until it is dry enough to puff
a little, then sprinkle it generously a little, then sprinkle it generously
with grated Parmasan cheese, add salt with grated Parmasan cheese, add salt
and pepper, a little paprika and two and pepper, a little paprika and two
dozen clams, which you have previously boiled and chopped.

Roast Chicken, Chestnut Stuffing PREPARE the chicken for roasting and Ofill it with the following force meat: One pound of chestnuts, boiled, hulled and minced, two cupfuls of bread crumbs, a few chives, a little parsley, salt and pepper. Rub the chicken with
salt, pepper and butter before putting satt, pepper and
it in the oven.

\section*{Fried Caulifower}
\(\mathrm{B}^{\text {OIL }}\) the cauliflower about twelve minutes. Let it get cold, cut it it in a deep pot of olive oil.

Dried Lima Bean Soup
\(\mathrm{S}_{\text {them }}^{\text {OAK }}\) the beans overnight and cook they are done, rub them through a coarse colander and return them to the pot with vermicelli and a little chopped chervil.

\section*{Chicken Livers}
\(\mathbf{R}^{\text {OLL the livers in salt, pepper and }}\) pot of boiling olive oil. Be careful, as the livers are occasionally apt to explode, throwing the oil a long disminutes and should be served on thin, dainty bits of toast, which, in turn, rest upon a lettuce leaf or a bed of parsley or water cress.
Sharp Sauce, for Cold Chicken or Game
\(\mathrm{C}^{\mathrm{HOP}}\) pimentoes, white onions, half dill a green pepper, white celery and a dill pickle very fine. Pour over this French dressing and let it stand for aday. Serve in a pretty dish, with a pimento, or slice the meat arrange on a large platter and use the sauce as a garnish.
Cappelletti is an Italian Paste Use the Italian canned tomato for this, and shake grated cheese over it.

\section*{Are Jou About ro Reat?}

F VERY house hunter ought to paste them these questions in his hat, or carry them on his cuff. They may save him a great deal of trouble and vain regrets means the right kind of home atmosphere.
How many rooms have sunshine?
Is every room provided with sufficient
ntilation?
Are all free from dampness?
Are the walls and ceilings clean and
paper and paint in good condition?
Are the plumbing fixtures in good ondition?
Is the basement light, dry?
Are the halls clean and well lighted? Is there a place for the children to play?
Are there objectionable features, such as stables, manure piles, junk shops or Is there good by?
Is there good air space about the Is the
well-kep immediate neighbourhood A "little more rent" decreased doctor bllls.



The REAL Food-Drink, instantly prepared. Made by the ORIGINAL Horlick process and rom carefully selected materials.
Used successfully over \(1 / 4\) century. Endorsed by physicians everywhere.
Ask for and get 10 HNTS The Original
The old Reliable This Avoiding Imitations
Round Package

\section*{To Have A Good Skin Is To Be Beautiful}

The proper care of the skin will give it a fresh, youthful and
ractive look. Don't you want your skin to be admired? Proper treatments will make it beautiful and preserve its charm. Princess Preparations, used in your own home
will make yqu most attractive looking.

THE HISCOTT INSTITUTE, Limited


61E College Street, TORONTO

\section*{An Attractive Appearance}
is not alone a possibility-it is every woman's right. An attractive appearance is right clothes.
matter of right patterns.
And right patterns mean "Le Costume Royal" Pattern Service "Le Costume Royal" patterns are not expensive-they cost more than ordinary patterns, but they who wishes to be different
"Le Costume Royal" Fashion feature of EVERYWOMAN'S WORLD

\section*{FRECKLES}

Now Is the Time to Get Rid of These Ugly Spots

\footnotetext{
There's no longer the slightest need of feeling ashamed
of your freckles, as Ottine doubbe strength - is guaran-
teed to remove these homely spots. ot eyour rreckles, as thine dy ouble strength -is guaran-
ted to remove these homely soots.
simply getan ounco of othine-double strength-from
your drugkist, and apply a little of it night and morning
 and you should soon see that even the worst freckles
have begur dise disppeard while the tighter ones havevan.
ished entirely. It is seldom that more than one ounce is ished entirely, strpseldom that moreteran onese ouncer is
needed to oompletely clear the skin and gain a beautiful
clear complexion.
 Be sure to ask for the double strength Othine, as this is
sold under untiarantee of money back if it fails to remove
freckles.
}

\section*{Just as Fresh} from the Package as from the Oven

This is the way McCormick's Jersey Cream Sodas
 are delivered to you. The waxed paper wrapper and the reinforced cardboard package---hermetically sealed ---preserve their oven freshness, crispness and purity.

The sealed packages help us maintain the high quality you have learned to demand.

\title{
MCormick's Jersey Cream Sodas
}

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\section*{What To Do}

\section*{In Pmergencies}

When You Are Bitten by a Dog
\(\Gamma^{O}\) BE BITTEN by a dog throws 1 the average person into a panic of fear. Now, if the animal is merely cross or was goaded to the act by long continued teasing by children who have not been taught the first principles of kindness to animals, or worse yet, by older people who should know better, unless the occasion to worry about it part. Men who take care of tennels are often bitten meny in the course of a year but a single well authenticated case of hydrophobia has never been known among them. If, on the other hand, the dog has been sick for a day or two, or has been moping morosely by itself, a docto should be sent for at once to cauterize he wound and Pasteur treatmentshould Buen as soon after as possible.
But even with a bite from a perfectly healthy dog, it does no harm to take a few simple precautions. If the bite cord, a necktie or the leg, twist a thick or anything that a tightly folded towe quickly around the be gotten very wound and the heart, and twist the ends to make it very tight. This is to prevent the poison from the saliva of the dog getting into the circulation and then have the patient, or in the case of a child, the mother or someone else buck out the wound and spit out the anyo. But this must not be done by the lips. It has cuts or abrasions on that the venom claimed by physicians has no effect brane of the mouth and lips if they are in good condition. Suck the bite well, several times, keeping the tight bandage in place while doing this, but if the part gets numb or the constriction causes pain, the bandage can be loosened for a moment and then tightened again. After ten or fifteen minutes, according to the size and age and with a cleand, take off the bandcotton or cheesecleth piece of absorbent wound with tincture of iodine. Or, if you have any bichloride of mercury in 1 to 100 solution, use this. It is made by dissolving a drachm of the bichloride and two tablespoonfuls of Thimon salt in a quart of hot water. This is very poisonous if taken internally, so keep it in a safe place plainly things are Poison." If neither of these solution of at hand use a saturated water to wash the woun

\section*{The Oldest Dressmakers Bill}

F VEN as long ago as 2800 B.C. men bills, were bothered by dressmakers bills, but they were not all for the for the head of the household himself wore head of the household himself wore as gay coloured robes as his wife. earthed not imestone tablet was unhe City of Nippur in Che ruins of sia Minor
From the style of the characters mployed the tablet cannot be of later ate than 2800 B.C.
It contains a list of ninety-two temple by the king presented to the time. The inscription on the that ends with these words: "In all, ninetyfor the priests, the bill of the temple the priests of this year
Many of the words are unknow and are, doubtless, technical terms used by modistes of the period. Among the items are. T welve white robes of his lady, tere, eight robes of the house of lady, ten pure gold of the house of his robes." \({ }^{\text {l }}\) On.
One item of especial interest occurs near the end: "Four scented robes This reminds us of the passage in redolent of "which speaks of robes cassia." It was, no and aloes and in Babylonia to prfum, the custom as it is to this day in Persia and India This document is of value as showing the great development which had taken place in the textile arts in Chaldea at that early period


The Black Grippe
lasts for exactly one hundred and twenty "But do you mean," asked Van der Bergh, with an anxious little frown "that the whole world is going blind for five days?

That is my theory," replied the "Phew
"Phew!" said the Professor, and mopped his face with a large and gaudy handkerchief.
word went back without another began to the study and Van der Bergh information sheet after sheet of data were placed before him. Records of temperature, diet and the like were scanned and compared, whilst Bevan made his way to another laboratory to examine the remaining rabbits.

He returned as the professor finished. "They can all see," he said; "I
inspected them this morning and they inspected them this n
were as blind as bats.
ere as blind as bats."
Presently the professor finished.
"Iresently the professor finished. he said, "' and the best thing you boys can do is to see some representative \(\stackrel{\text { of }}{\mathrm{Sir}}\) your Government. Let me see, isn't he?

Bevan made a wry face.
"He is the medical gentleman who has the ear of the Government," he said, "but he is rather an impossible person. He's one of the old school-
fessor, know that school," said the professor, grimly, "it's a school where you learn nothing and forget nothing. Still, it's your duty to warn him."
Gevan nodded and turned to Stuart "W
"Will you cancel my lecture, Gold?" through that demonstration I gave yesterday. I'll go down and see Sexton though he wither me!
Sir Douglas Sexton had a large house in a very large square. He was so welloff that he could afford a shabby butler. That shrunken man shook his head when Dr. Bevan made his inquiry,
you, don't think Sir Douglas will see you, sir," he said. "He has a conis in his library an hour's time and he is in his library, with orders that he is not to be disturbed in any circum-
"This
simply must see sir mital matter and Bevan must see Sir Douglas, said The butler was gone for some time and presently returned to usher the caller into a large and gloomy room, where Sir Douglas sat surrounded by open books.
He greeted Bevan with a scowl, for the younger school were not popular "P the Sextonians.
"Really, it is most inconvenient, doctor, for you to see me at this you want," he complained, "I suppose grant to the Jabout the Gove. I was speaking to the Prime Minister yesterday and he did not seem at all inclined to spend the country's money -

I haven't come about the grant, Sir Douglas," replied Bevan, "but a In as of much greater importance. he result of his experiment, and on the ace of Sir Douglas Sexton was undisuised incredulity.
Bevan he, come, he said, when Dr. Bevan had finished and permitted his Now, features to relax into a smile. or the Press if of stuff is all very well sensation and if you want to make a surely you are not coming to me, a medical man not coming to me, a moreover, in and a medical of the Government and the Ministry of Health, with a story of that kind! Of course, there was some sort of epidemic, I admit, on the 18th. I myself suffered little inconvenience, but I think that suddomena could be explained by the souden change of wind from the corr-west to the north-east and the orresponding drop in temperature ature dropped noticed that the temper "I am noed six degrees that morning. of the epide bothering about thently. 'I ampidemic, said Bevan, patiently a rough account ging you, sir form the second epidemic will take Sir Douglas smiled
"And do you expect me," he asked with acerbity, to go to the Prime
Minister of England and tell him that Minister of England and tell him that
in fourteen days the whole of the world in fourteen days the whole of good man, is going blind. My dear good man,
if you published that sort of story you if you published that sort of scare the people to death and would scare the people to deaticine a set back the practice of medicine al hundiscredited!
"Do you think that if I saw the Prime Minister-" began Bevan, and Sir Douglas stiffened "If you know the Prime Minister or have any friends who could introduce you," he said, shortly, "I have not the slightest objection to your seeing him. I can only warn you that the Prime Minister is certain to send opinion which that I should be directly contrary to yours. I would be directly contra very grave error, Dr. Bevan, and if you were to take the Drouble to kill one of your precious rabbits and dissect it, you would discover another cause for this blindness.
"The opinion of Dr. Van der Bergh," began Bevan, and Sir Douglas snorted. "I really cannot allow an American person to teach me my business, he said. "I have nothing to say against American medicines or American surg gery, and there are some very charming people in America- now, doctor, if you be the case.
will excuse- He turned pointedly to his books and Bevan went out.
and Bevan went out, most earnestly to enlist the attention of the authorities. They might have given the story to the Press and created a sensation, but neither Bevan nor Van der. Bergh favoured this method. Eminent doctors who were consulted took views which were extraordinarily different. Some came to the laboratoroh to examine the records.
poohed" the whole idea.
"Have you any doubt on the matter "Have," asked the professor, and Bevan hesitated.
"The only doubt I have, sir," he id "is whether my calculations as to the time are accurate. I have noticed in previous experiments with these rabbits the disease develops these twice as fast as in the human body, but I am far from satisfied that this rule is invariable.

Van der Bergh nodded: "My Embassy has wired said, "and ticulars to Washington, Washington takes a very sere making of your discovery,
whatever preparato his hotel, promising He went back torrow. Bevan worked to call on the morting the blood of his little subjects, working out tables of little subjects, and it was nearly four o'clock when he went to bed.
H
E SLEPT that night in his room at the Institute. He was a good sleeper, and after winding the jumped and drawing down the bind he minutes into bed and in less than five minute was sound alseep. He awoke with the subconscious feeling that he had slept his usual allowance and was was i alive and awake. pitch darkness at he had not gone to with a frown four o'clock in the morning. He could not have slept two hours. He could not have hand and switched He put out to discover the time Apparently the light was not working. Appar his bedside table was a box of matches, his cigarette holder, atruck cigarettes. He took the box, struck a ight, but nothing happened. He threw away the match and struck another
He held the faithless match in his hand and suddenly felt a strange warmth at his finger-tips. Then with a cry he droppe
burnt his fingers!
burnt his fingers. his legs over the edge of the bed and stood up, groping his way to the window and releasing the way to bling-blind. The darkness was still spring-blind. He strained his eyes but could not even see the silhouette of the window-frame against the night. Then a church-bell struck the hour nine, ten, eleven, twelve.


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The Blacls \(\underset{(\text { Continued from page } 6 I)}{\text { Gippe }}\)

Twelve ooclock! It was impossible that it could be twelve o'clock at night. He gasped. Twelve mid-day and dark!
He searched for his clothes and began He searched for his clothes and began to dress. His window was open, yet,
from outside came no sound of traffic. from outside came no sound of tramic.
London was silent-as silent as the grave.
His

His window looked out upon the busy thoroughfare in which the Jackson Institute was situated, but there was
not so much as the clink of a wheel or not so much as the clink of a whe
the sound of a pedestrian's foot
He dressed awkwardly, slipping on his boots and lacing them quickly, then groped his way to the door and opened
it. A voice outside greeted him. It it. A voice outside gr
was the voice of Gold.
"Is that you, Bevan?"
"Yes, it is I, what the dickens--" and then the realization of the catastrophe which had fallen upon the world came to him.
"Blind!" he whispered. "We're all blind!

Gold had been shell-shocked in the war and was subject to nerve-storms. Presently Bevan heard his voice whimpering hysterically Bind
horrible thing!"
"Ste
"Steady yourself!" said Bevan, sternly. "It has come! But it's only for five days, Gold. Now don't lose
"Oh, I sha'n't lose my nerve!" said Gold, in a shaky voice. "Only it is rather awful, isn't it? Awful, awful! My God! It's awfu!!'
Bevan. "Down to the study!" said Bevan. Don't forget the two steps leading down to the landing. There are twenty-four stairs, Gold. Count 'em!"
He was half-way down the whe was half-way down the stairs When be heard somebody sobbing at
the foot and recognized the yoice of the old housekeeper who attended to the resident staff. She was whimpering and wailing
"Shut up!" he said savagely. "What are you making that infernal row "Oh, sir," she moaned. "I can't see I can't see

Nobody can see or will see for five days!" said Bevan. "Keep your nerve, He found his w
He found his way to the study. He he heard a thumping on the doom before led from the street to the staff Carefully he manceuvred his quarters. he hall again, came to the door, and unlocked it
"Halloa
"Halloa," said a cheery voice outside, "is this the Jackson Institute." Thank God you're safe, professor Tou took a risk in coming round.
The professor came in with. halting footsteps and Bevan shut the halting footsteps
door behind him.
"You know your way, I'll put my hand on your shoulder, if you don't I took the trouble to rem. "Luckily oute. I've been two hours here. Ouch?""
"Are you hurt?" asked Bevan.
"I ran against an infernal motor-bus in the middle of the street. It had been
left stranded," said the eft stranded," said the professor I think the blindness is general."
soon after them, had found a chair room sat down upon it.
"Now," said Van der Bergh, briskly youernment offices your way to your body in authority hell in the world for the nest for be hope your calculations next five days, in that respect, Bevan!", are not wrong
Hereford Bevan said nothing.
quivering voice that spoke was Gold's course, it'll be all right in a day or two,
I hope so, said the professor, grim voice. of it it's for five days little , but-but if it'
Bevan's h
the old man's yoice at the doubt in
If it's for ten da
The whole world will he repeated the professor, solemnly, and the," saic deep silence. "Dead?" whispered Gold, and Van ce swung round toward the
"Sheli-shock," muttered Bevan under his breath, and the old man's voice ook on a softer note.
Not all of us perhaps," he said, "but the least intelligent. Don't you realize what has happened and what will We are a blind world is going to stan we find food?
A thrill of horror crept up Bevan's spine as he realized for the first time just what world-blindness meant.
"All the trains have stopped," the professor went on; "F've been figuring \(t\) out in my room this morning jus what it means. There are blind men in the signal boxes and blind men on the engines. All transport has come to standstill. How are you going to get the food to the people? In a day's them, will be sold the people can reach impossible to replenish the local stores You can neither milk nor reap. All the great power-stations are at a stand still. There is no coal being got out o the mines. Wait, where is you telephone?
Bevan fumbled for the instrumen and passed it in the direction of th professor's voice. A pause, then.
"of course that," said the professor The exchange will not ,be working Bevan heard cannot see Bevan heard a methodical puff-puff and someht tobaceo came to him fort. The professor was smoking He rose unsteadily to his feet

Put your hand on my shoulder professor, and, Gold take hold of the professor's coat or something
Where are you going?" asked Van der Bergh.
"To the kitchen," said Bevan "there's some food there and I'n starving."
The meal consisted in the main of dry bread, biscuits and cheese, washe down by water, Then Hereford Beva He left the harkable pilgrimag
with left the house and keeping touch with the railings. on his right, reache
first Cockspur Street and then White hall. Half-way aet and then thot oughfare he thumped the a man anc putting out his hand, felt embosse buttons.

Halloa," he said, "a policeman?" "That's right, sir," said a voice You're in Whitehall. What has hap pened, sir? Do you know?
"It is a temporary blindness which has come upon everybody," said Bevan, speaking quickly. "I am a doctor friends if yous, you are to you do meet meethem and everyary. "I'm not that it is only temporary. said the constable "I've been standins here hardly daring to move since came."
"What time did it happen?" remember," said the policeman "How, far from here is Downing Street?"
The constable hesitated.
\({ }^{1}\) don't know where we are," he
Two hours' diligent search, two hours Two hours' diligent search, two hours of groping and of stumbling, two hound
of discussing with frantic men and women whom with frantic men way, brought him to Downing Street.

\section*{T} HAT journey along Whitehall would remain in his mind a horrible memory for all his days. He heard oaths and sobbings. He heard the wild jabberings of somebody-whether was man or woman he could not say who had gone mad under the stressing Strealamity, and he came to Do
Street as the clock struck three. Prime Minister's migh have passed the voices and recouse, but he hexton. The reat one as that of hing his trouble to sombo who in a quiet, unemotional voice
"Halloa, Sexton!"
Bevan stumbled toward, and collided with, the great physician.

Who is it?" said Sexto
It is Hereford Bevan.
It's the man. Prime Minister, the doctor I spoke to you about.

\title{
\(5 \times 18\) \\ MIDSUMMER \\ MAGIC
}
"Come this way," said the voice: "you had better stay, Se
ever find your way back."
Bevan found himself led through what he judged to be a large hall and then carpet.
carpet.
"I think there's a chair behind you,",
said the new yoice, "sit down and tell me all about it.
Dr. Bevan spoke for ten minutes, his
host merely interjecting a question here and there. the voice, with a quiver of emotion,
"and we can only last out that five days. You know, of course, that the food supply has stopped. There is no an you make a suggestion?

Yes, sir," said Bevan. "There are the country blind institutes throughout the country, Get in touch with
and let their trained men organize the
business business of industry. I think it could
be done,"
It might a pause
"Happily the done," said the voice. satisfactorily, as messages can be taken by sound. The wireless is also working
and your suggestion shall be carried

The days that followed were days of stumbled in days when men groped and ing for food. On the evening of the second day the water supply failed. werk. Happing stations had ceased to were able to collect water in their mackintosh coats.
Dr. Bevan made several excursions a day and in one of these he met
another bold adventurer who told him that part of the Strand was on fire. Somebody had upset a lamp without
noticing the fact. The doctor made his way toward the Strand, but was forced
to turn back by the clouds of pungent to turn back by the clo
smoke which met him.
He and his informant (he was a
butcher from Smithfield) locked arms butcher from Smithfield) locked arms
and made their way back to the Insti-
ture wrong By some mischance they took a irretrievably torning lost but they found a guardian angel in the shape of a

The Jackson Institute?" she said. "Oh, yes, I can lead you there."
She walked with unfaltering footsteps, and with such decision that the doctor thought she had been spared the
supreme affliction. He asked her this supreme affliction
and she laughed.
see, I've been blind all my life. The at variment has put us on point duty have lost their way.
haves to
information them that, according to her half-a-dozen, big fires were ras. She had heard of parts of cailway collisions and the Prime Minister told her"Told you?" said Bevan in surprise, and again she laughed.
said. "I met him before, you see, she Bevan Sury.
curious remembered the name. It is all the beauty of her voice, as a sad, hande-aged woman. She took his hers and they walked slowly toward his house. they walked "You'll think I'm horrid if I say I m enjoying this," she said, "and yet others! It's so lovely to be able to pity
and it ourse, it is very dreadful and it is beginning to frighten me a
little, and then there's nobody to tell me how pretty I am, because nobody isn see, That is rather a drawback, "Sn't it?" and she laughed again. think "out this?"
"They are terribly upset," she said
a graver get at the tone; " you see, they cannot get at the people - they are so used to
depending on the newspapers, but there
are were nobowspapers now, and could read them. They from just stopped- You step dow paces and step up again. We are
crossing Whitehall Gardens. have wonderful faith in this Dr. Bevan." Hereford Bevan felt himself going "I hope their faith is justified," he onderimly; "Ioctor." happen to be
He felt her fingers grip him in an ncontrollable spasm of surprise. Are you really?" she said, with a
new note of interest. "Listen!", They stopped, and he heard the


By Dorothy Blair

\section*{ILLUSTRATION BY WILL GREFÉ}

\section*{g
b
\(i\)}



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hat as if an wa ne how
while, "Almost of her own clothes and hats. convincing story. It hope, I read sod every convinecing-and so much the very oppor-
tunnty \(I\) neded that \(I\) Irote the Insti-
tute for more information that very night. "Well, in just a few days a beautiful
book arrived telling all about the Woman's
Institute and the new
 where can easily and quickly learn at home
in spare time all the secrets or the dress.
makers art. When I read how 50,000
Woker

MRY ARMAND sat up in bed ARY ARMAND sat up in bed
Sleep was impossible. Throug
the open windows came the frat
grey inght of dawn. For hour Two weeks later a group of happy, laugh-
ing girls boarded a train bound for the shore. Mary was at the station to see
them off. She smiled. calling a hapy them off. She smiled, calling a hapy
fareweell as the train pulled out. But when
it had disappeared, the silver rails seemed to dance through, her tears in the sun-
shine, and a sob rose in her throat as she
turned to go back to the hum-drum of turned to
the office.
For days afterward Mary was miserably
unhappy. It wasn't merely missing the was looking ahead overe clothes always
Korg to hola her back and make her dif-
forent from other girls?
\(\mathrm{T}_{\text {mind }}^{\text {HEN }}\) finally the polved and in the in Meeks that followed a change came over her more
wonderful than she had even dreamed. Bob Harrington, driving his touring car.
noted thls change one night in July when note this change one her why home from
he passed Mary on her
work. On one or two similar occasions during the summer he had merely lifted
hus hat and diviver on. hut this inght hie
brought his car to a sudden stop beside brought his car to a suaden stop beside
the curb just ahead of her. "Summering in the city, seems to agree
with your MIss Armand, he sald, and
and with you, Moss, Armand, he sala, and
there, was something in hoce that set
Mary's heart racing. .I never saw you Mary's heart racing. "I neye
looking so well-or so happy!"
Mary smiled at his compliment and the
almost bewidered expression of admiration on his face made her heart glad for now she knew her triumph over circum-
stance was practically complete! The summer progressed. When Septem-
ber came the giris at Seacliff were anxious to get back to the city. The whore season
had been a disappointment. For the first month there had been the usual gay round
of dances and parties-made delightful by of dances and partes mo brought down with
Boo and the friends he But when afterward
him from he remained in town, pleading pressure of
business. Kitty was inconsolable and Mill
 So when the day for the trip homeward
arrived it found the girls with no regrets. They were eager to get home and plunge.
into their preparations for the fall season. Bob was at the station to mee them.
Mildred, followe by the other girls, had
and almost reached his car when she sudenly
stopped tifing a cry of astonishment. A girl beautifully dres dressed-her face
aglow with a radiantly happy smile-was stepping out of Bob's m
It was Mary Armand.
But what a A transformed and adorable
Mary she was! Wearing a charmingly distiary she atternoon frock she was a fasci-
nating pitcture) From her hat to the tips
of her finty For one long moment the girls stood
bewifdered by the marvelous change in the girl before theme. Then consshange in the or ther
awkward staring, they rushed forward with one accord to greet her.
"Mary-you . look wonderful-positively Eeautitul, they exclarmed.
Even Kitty who now realized the real
reason why boo had remained in town. reason not help but admire the attractive,
could
nire girl they had left such a a short time before
in plain, almost shabby attire. "TYo seem surprised-am I so
different?" asked Mary, smiling "Different!" exclaimed Mildred, "why
you are another person-how did, it hapyou are another person-how did it hap.-
pen? Where have you been? Tell us
"Girls," replied Mary, "T' he had the
most wonderful summer imaginable and

"Y OU girls will never know how much Th I wanted, to go to Seacliff with you
this summer," she began. For you this
vacation trip was ithe renular
thing to me it meant the first, chance
 may or may not have guessed why I had
to. I simply didn't have the kind of clothes
you all were going to take and I knew 1 In
would be unhappy every minute contrastwould be unhappy every minute contrast-
ing my own plain, simple littoe outfits with
the wonderful wardrobes of you other
hard-not oni
cation to whic
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which
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ut
cut off all my
from the people ants pretty clothes
ired
happy orn
only when pt repeating
my ears
 women of all ages and in all circumstances,
who live in all parts of the worlt, had
solved their clothes problems in this fascinating new way, I made up my mind
that too woul dit jo pinem the
Institute at once and took sp dressmaking. "Right away I began to feel like a dif-
fevent girl I was so interested 1 devoted
 foresee and answer every textbosiks seem to suestion
fors and foresee and answer every possible question
and the teachers take jus as personal an
interest as if they were right beside you! "And I realize now how fortunate it was
for me that 1 began my lessons in the
summer time That is absolutely the best
time-the logical time-to learn dressmak-time- the logical time-to learn dressmak-
ing. The days are longer and every
ing I had vote to my work. Then, too, I could work
out of doors. And the sheer out of doors. And the sheer summer fark-
rics are so much easier to handle-the summers dre so much easier to handie- the sum-
and summer sumpler materials cost loss. plished wonders: It was just delightrouWorking on those beautiful fabrics out of
doors all day long. And by that time Boin
had become a freuent read acome a frequent caller. He used to
to me sometimes as I worked. Almost at once I began making actual
garments- that s another delightrul thing
about the course. Why I made a beautiful
little waist arter my third lesson!
"W Hat was most important to me, I rics were most appropriate for me, how to develop those apple touches that make
clothes distinctively becoming. My cour opened up a whole new world to me When ap a ater wost a few yew world to me mons. I forished
my first dress, I simply had to we
 "T soon learned to copy models I saw in
the shop windows, oo the street, or in
fashion mainazines. fashion magazines. Every step was so
clearly explained that the things I alway
 could ose were having more and prettier
clothes than I ever had before, I have made a lot of pretty new things for
mother She s just as enthusiastic about "I suppose," said Kitty, a \({ }^{\text {a }}\) little envi-
ously, "youli soon be neeing a wedding dress. But, of course, you'll buy that?'
 planning and making a bride's complete
trousseau and Itork the last stitch in my
wedding dress nearly a week ago.
 could the Woman's Institute! That That alone
possible what Bob alans
my Midsummer Magic. \(n\) saving henareds of dors on \(m\) dothes, having prettier, more stylish, bet
ter-made garments than \({ }^{\text {renta }}\) could have had any other way, and attracting happiness
with them-any woman or girl can dol" It will cost you nothing to find out all
about the Woman's Institute and just what it can do for you simply send a letter
postal or the coupon below and you wili he full story of this great school whill has brought the happiness of having
dainty, becoming clothes, savings almost too good to be true and the jov of being
independent in accesstui business to
inore than 50,000 women and more than 50.000 women and girls all over
the worid.

WOMAN'S INSTITUTE
Please send me one of your booklets and
ell me how I can learn the subject marked \(\square\) Home Dressmaking Millinery
(Please specify whether Mrs. or Miss)

\section*{JOY for Girl or Boy Hiwn WIN \\  \\ Genuine Culver Chummy Racer}
me what each target spells

\section*{Can YOU Puzzle It Out?}

Johnny couldn't, so his mother told him HOW TO DO IT. Each target spells a word. Each circle of each target shows a number of bulle holes, as you can see by the targets, and each circle represents a letter
The number of holes indicates the position of that letter in the alphabet For instance: "A" would be represented by one hole, "B" by two holes, by three holes, and so on.
After you have worked out all the letters that are represented in each word, you will find that they are not in their proper order. Put them into
their proper order to spell out correctly the names of the four things their proper order to spell out correctly the names of the four things wanted.
In order to hel In order to help you, we will tell you that the letter represented by the
middle circle of first target is "A," because "A" is the first letter of the middle circle of first target is "A," because "A" is the first letter of the
alphabet. This is not an easy puzzle, but with perseverance you can work it out-and the prizes are certainly worth trying for

Copy your answer upon a plain sheet of paper as neatly as you can because neatness, spelling, handwriting and peration count if more hand corner of the paper. If you have to write a letter, or show anythin clse, put it upon a separate sheet of paper. We will write as soon as your answer is received and tell you if your solution is correct, and also send you a complete illustrated list of the grand prizes that you can win.

\section*{THE PRIZES:}
\begin{tabular}{|c|c|}
\hline \multicolumn{2}{|l|}{First Prize, Genuine Culver} \\
\hline \multicolumn{2}{|l|}{Second Prize, Magnificent} \\
\hline Gold Watch and Chain or & 25.00 \\
\hline Third Prize, Genuine Autographic Kodak Folding & \\
\hline Camera, value . & 20. \\
\hline Fourth Prize, Solid Gold & \\
\hline Ring for Boy or Girl, & 15.00 \\
\hline fth Prize, Moving Picture & \\
\hline Machine, with Film, value & 10.00 \\
\hline \multicolumn{2}{|l|}{Sixth to Tenth Prizes, Self-} \\
\hline Filler Fountain Pens, value, each & 2.50 \\
\hline 2,000 Extra Special & \\
\hline
\end{tabular}

What Others Have Done, You Can Do
Here are the names of only a few of the boys and girls t ed big prizes:
Shetland Pony and Cart-Heler
Smith, Edmonton. Shetland Pony Be
\(\$\) Hazenmore, Sask. sso.00 Ont. Cash-Helen Benesch, Jun. \(\$ 50.00\) Cash-Helen Benesch, Jun-
kins. Alta
s.o. Cash
prior, Olorence
Ont. \$150.00 Cash-Bryden Foster, Lea mington, Ont.
Ki.00 Eastman Kodak-Franki
Kirby. Three Hills, Alta.
\(\$ 15.00\) Bracelet Watch-Mary Pro
 s10.00 Doil and Carriak
Gasson, North Bay, Ont.
We will send you the names
of many others too.

\footnotetext{
Only boys and girls und to perform a small service for us.
}

The contest will close on June 30,1920 , at 5.30 p. n
The cont your answers this very evening. Address-
The Prizeman, Dept. 1, 253-259 Spadina Ave., Toronto


The Black Grippe
Mildreds," she said; "the Govern St is initiating a system of town-criers. It Beople.
Ben listened and heard the singsong voice of the crier but could not
distinguish what he said. The girl led him to his house and there left him. He felt her hand running down his righ He felt her hand running down his righ his hand and shook it
Old Professor Van der Bergh roare
greeting as he came into the room
I've got a knuckle of cold ham her but be careful how you cut it, otherwis you're going to slice your fingers.
He and Stuart Gold had spen
day feeding the various specimens i and in the afternoon fourth day dawne the door. It was the girl.
" Tve been ordered to place mysel
at your disposal, Dr. Bevan," she ,said
"the Government may need
HE SPENT that day wandering the girl at his side, and as the hundred and twentieth hour approached, he much to the end of the trward, not so which he shared with the world, but to seeing with his own eyes the face of this guide of his. He had slept the clock round and just before ten struck heard Big Ben boom the street. He waited for light, but no light came Another hour passed and yet another and his soul was filled with blind panic his experiments were returned, suppose and that what here altogether wrong the rabbits did not happen to Man Suppose the blindness was permanent He groaned at the thought.
The girl was with him, her throughout that day. His nerves were breaking, and somehow she sensed this might comfort a child. She mother might comfort a child. She led him
into the Park with sure walked him up and down footsteps and distract his mind from the horror with which it was oppressed. In the afternoon he was sent for to story of his experiments ain told the are passed, are they twenty hours said the Premier' they not, doctor?" voice, "but it is humanly impossible tow be sure that that is the exact time", the terrorof his audience asked him but like an a ura and shrivelled his very heart

He did not lie down as was his wont that night, but wandered out alone into
the streets of London. It must have been two o'clock in the morning when he came back to find the girl standing on the step talking with Van der Bergh.
She "There is another Cabinet meeting, doctor," she said, "with
he said, hope I haven't kept you long," and so unlike his own that she was and so
startled.
Bevan", "re not to take this to heart, Dr. began their pilgrimage to Whitehall. "There's a terrible task waiting for the world which has to be faced." "Wait, wait!" gripped the rail with one hand and her Was it ime other.
Was it imagination? It was still dark, a fine drizzle of rain was falling, but the blackness was dappled with tones of
less blackness. There was a dark, straight thing before him, something that seemed to before him, something his eye, and a purple shape beyond, and he knew that he was looking at a London street, at a London lamp-post, with eyes that saw. Black London, London devoid of light, London whose streets were packed with motionless vehicles that stood just where they had stopped on the day the darkness mad London with groping figures hal mad with joy, shrieking and sobbing "What is it? What is it?" said the girl in a frightened voice.," said Bevan in a whisper. "Can wistfully
lan you? she said, wistfully He was near to tears, and his arms went about her. He fumbled in hi pocket for a match, and struck a light That blessed light he saw, and saw, too the pale, spiritual face turned up to his 'My God! you,' he whispered agaiful thing I have ever seen!", most bealif London slept from sheer force of see-to look woke with the grey dawn been lost for five and a walf days, but in the night all the forces of the law and the Crown had been working at everish pace, railways had dragged heir drivers from their beds, carriers and stokers had been collected by the police, and slowly the wheels of life world, turning again and a humble its greatest' gift, hungered in patience and was happy.

\section*{Buflet Service Solves the Problem}
plate with a doily. The dish of hot serving table for the few minutes before it is needed, or might be brought in Fruit salad, in any
varied forms, will be good. The widely fly salad described in these columns before would be charming-pineapple slices cut in half and placed on crisp lettuce leaves with the curved edges turned toward one another for wings, a date for body, slender strips of angelica for antennae and slices of date or candied cherry for markings. Orange orange rind basket would be in an For the salad dressing, use a be good. or boiled dressing and fold mayonaise equal amount of stiffly whipped cream Serve in a pretty bowl and pass it with. the salad.
the luncheon or be foll it may conclud Of coturse, any seasonable by a sweet be substituted. Tomatoes are obtain able and would be delightful serve in boiling water even sized tomatoe loosen the skin for a few seconds to harden the pulp an in cold water to slightly and fill with a Peel, hollow mixture of celery, a finely chopped pecan meats and dressing. Put a spoon ful of the fluffy cream dressing spoon half-nut on top.
Jelly or whipped creasing and
delicately tinted with a few drops of pure vegetable colouring matter.
The stress has been laid on individual service because it is often the simplest, besides usually giving a daintier moulded jelly or course, one way moulded jelly or charlotte russe may

PERHAPS you have a coffee per colator, in which case the making wise it isee is a simple matter. Other pour off the pisable to make it early ot until required an you decide on hocolate or cocoa, and want you guests to declare it exceptionally good, when it comes with a Dover egg beate up with a spen p with a spoonful of whipped crea Another menu that will follow and that places the cooking at a different point, will follow some such lines as these:
(Orange, Grapefruit, Banana and Pineapple)
Fried Scallops and Bacon Boiled Chicken with Tomato Trifle
Coffee
For informal suppers, these menus will, of course, be reduced to the main dish with perhaps a salad and a sweet or

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ney, or write for New Perfection booklet.



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to us. to us.

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Everywoman's World


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\section*{}

\section*{A Spring Song \\ (Continued from page II)}
accompaniment. Rupert did not come neither did he telephone; but how could she know he was ashamed to admit that the rain would keep him from her this long? She didn't know, and she was hurt and a little angry, and resolve to be very cool for a while, anyway. The next day being the last day of
May, the sun repented of having sulked May, the sun repented of having sulked so long and shone gloriously upon the
soaked and beaten earth. The garden soaked and beaten earth. The garden was particularly gratified. Great across the paths, until Alice and the apple-green gardening set disturbed them in the work of reconstruction and repair. She was hard at it, her cheeks flushed under the poke-bonnet hat her hands and feet rather muddy, when Rupert dropped in unexpectedly before supper, armed with a huge box of chocolates and his most persuasive manner.
"Jove! what a siege of bad weather, he began, "I missed seeing you, Alice "I'm afraid I sha'n't be in this evening," she lied, in a dispassionate voice. She would not trust herself to look at him, and worked busily and unnecessarily at a row of dwarf nas turtiums. He did not answer for a long time, but stood looking down at her, then smiled a lop-sided smile, put the box of chocolates on the ground beside her, and said: "I'm sorry-
St
SHE WAS disconcerted-half sorry, disadvantades but as time went on the quite to overshadow the advantages and she began to feel a good deal sorrier than glad.
The first days of June were glorious, but dragged dreadfully. Through the still twilights she would wander disconsolately among her early flowers, and the sleepy apple-green watering-po the watering-pot seemed to have lost its charm since there was nobody to tease her about it. So perverse is human nature!
Finally, one soft, sunny morning, she had an inspiration, sat down at her desk and wrote this
"Dear Rupert
I should like you to see for yourself I do not warden has not suffered because come over to-night I will show it to you

Alice.
P.S.-I wonder which of us is sorrie

Then she walked to his house and slipped it in the door and hurried awa lest by some chance he should catc her there, and after supper she walked thoughtfully under the apple trees, and she was wearing, not a gardening froc of pink and blue gingham, nor the gay smelt of poke-bonnet, nor the gloves tha white dress, filmy earth, but with touches of palest pink upon it
And they came upon each other suddenly around a blossoming syring bush. She laughed shyly and felt very small indeed.
"I'm glad you came!" she said, with an attempted lightness of manner flourishing you to see that my garden is fourishing just as if I stayed with it through rain as well as shine. W differed on that point, do you
member?
He was looking, not at the garden, them, but sweet and fragrant arou
"And I'd like long and intently.
in a low voice, "you to see," he said a brute and stayed away through hating to get my feet wet, I love youan awful lot-in spite of all that. Do you believe me? And will you marry me, rain or shine?
She could not trust herself to speak and only nodded; whereupon he took breathless arms and kissed her with breathless suddenness, and the garden set were forgord apple-green gardening of things even more beatiful

\section*{T}
"HE Transfiguration," by Raphael, is called the first and grandes painted by order of Cat was originally Medici by order of Cardinal Ciulio bishop of Narbonne, for that cathedral. It now hangs in the Vatican.


\section*{Two Nomen and Tony}

\section*{(Continued fram paga}
"Yes, but how did you know he was There was a new, hard note in the girl's voice which alarmed the woman.
She began to wish for the first time She began to wish for the first time
that the adventure had been given more that the adventure had been given more
careful consideration. Miriam had caleful consideration. Miriam had
tilted her head backward, almost tilted her head backward, almost
aggressively, as one who had turned aggressively, as one who had turned
the tables with skill in a delicate the table
situation:
"I suppose he had forgotten to menstill it, said Mrs. Trevelyan, feeling many friends, and as a rule he tells us about them all. He left your post card on the breakfast table, fortunately, or nobody would have met you." She
smiled bravely, somewhat proud of the smiled bravely, somewhat proud of the
tact with which she had extricated tact with which she had extricated
herself: And yet she was by no means comfortable, especially when she observed the other's slender foot tapping the platform;
lady, do you? take me for the leading lady, do you?" Miriam Fortescue was a very direct young person, not in the
least given to beating about the bush, least given to beating about the bush, and her conversational methods were she knew what clothes cost and could have given a fairly accurate estimate of the sum Mrs. Trevelyan had expended on what she was wearing. Even if all other things had been equal, Miriam Was not accustomed to being met at
the station while on tour and invited the station while on tour and invited
to free board and lodging with people to free board and lodging with people who attired themselves like duchesses. my friend,", the woman parried graceully, nevertheless rather ashamed or guns after having gone so far. At the same time she realized that Miriam Fortescue was not one to be led lightly into a trap, and she was puzzled by the girl's next move
"I'll come, like a bird!" Miriam
declared impulsively. "It's real friendly of you",
Flushe
Flushed with victory, Mrs. Trevelyan bore off her capitve, but she was not good at play-acting and the difficulties written a comedy part without either written lines or rehearsal left her with a sense of dismay. So long as Miriam Tony's mointhed her suspicious attude her own; but since the enemy had hap own; but since the enemy had
captulated, it was less easy. After all, Miriam was now her guest, and, moreover, she seemed to have grasped that fact thoroughly.
M
R. TREVELYAN received the actress into his home gravely,
had barely recovered from the shock when Tony arrived.
"Ha-llo, Tony, you never told me you had such sports a mong the family!", was the greeting that made him reel hot and cold in the region of the spine. behind, dear," said Mrs. Trevelyan, behind, dear," said Mrs. Trevelyan,
hurrying to the rescue, "so we planned a surprise."
"A1, isnt it, Tony?" observed she fished in her hapthag produced a cigarette case, and began to smoke contentedly.

Rather!" said Tony, wondering whether his mother had taken leave of her senses and how soon his father "I' explode.
'I'm stoppin' overnight, too," the girl added, throwing off her hat as little she she owned the, place. "Dinky addressing you ve got, she cond looking round admiringly. Trevely glad you like
Tony was sitting with as much comfort as one might find on a burning
Miries, it's what I call slap up!" said Miriam. "Mind you, I like a bit more when you the wallpaper myself, so that yhen you get the hump you don think you're at a funeral. Still, it's, all right,
I reckon. We don't get 'digs' like this in the profesh."
She tipped the ash from her cigarette placed a tray within her reach, doubting the while whether he was awake or dreaming:
As Mir
to her surroundings, she became more expansive, and ather into his shell whil the girl spoke of her life.
the girl spoke of her life. "Don't you ever find it dull?" asked Mrs: Trevelyan, who, having pitchi forked herself on to the stage, was learning to pick up the cue more quickly.
"Sometimes it's rotten," said the girl, with a tinge of sadness in her voice, "but when we stop in a town a week it's better, because one gets to kh, as people. They re harms them to splash a rule, and it amus,"
their money about. She broke off awkwardly, and in the She broke off awk glanced in a furtive pause that followed gas engrossed with
way at Tony, who was way at his plate.
his plate.
Recovering herself, the girl launched ff into a story of the stage that happened to have a touch of sitmour in it, and for the moment the situation was saved, though Tony, as an inter ested member of the luncheon party, had ceased to exist. He was beg great to wish himself dead. his mother was admiration for the tact hisw great had displaying after finding how ger blunder, but his own emotions been her blunder, but peculiar. When were varied and glances at him he
Miriam shot coy Miriam shot coy glances atently she frowned at her, regarded hersef circle to let such discour-
in the family agement upset her equilibrium. Instead agement upse he hint she became more boisterous.
The afternoon was a long, drawn-out nightmare to Tony. The guest was loud and startling, and seemes, unaware of her many solecisms. yourself," foure flinging the words at the she said, Hing who squirmed, wonderunhappy youth, who her remark would ing what impressest of his family.
convey to the time came for Miriam to When the theatre, Mrs. Trevelyan leave for the the last ounce of graciousness, explained that neither she the ness, husband would be able to see the "show," a
elsewhere.
"What's the game?" she asked, raising her voice slightly, and looking from one side \(t\) the other. I'm not exactly the queend-andbut I'm respectable, and me," she bdieve your rising hauteur.
added, with rising haut Mr. Trevelyan. ' I am more than pleased that you I am more but we promised, a week ago, to pay this visit.
A
A MATTER of fact, Mrs. Tre \(A^{\text {S A }}\) velyan was extremely unhappy, for though she did happen to have the engagement for thing went very much part she was playing She felt an idiotic desire to get Miriam away from tho others and unburden her If indeed Miriam was human enough. her hostes the girl had been ess has the position so might not have Trevelyan had planned awkward. Mrs. Trever her son out of a master-strokle entanglement, and she an undesirabinded sacrificing her own feelings to any extent in order to achieve heer purpose; but it was not so easy for her puith her disposition to trample on the girl's feelings equally rutulessly Certainly Miriam was hopelessly imp possible-blatant to a dregre tha grated on one's nerves. But the catress not lose sight of the fast, was sensitive in besides being
her own way. profound relief, late that It was win Mrs. Trevelyan saw the night, that Moom, knowing the ordeal girl to het rally over. The "crowd" was practave for another town by an were to lain in the morning.
When the time came next day for Miriam to go to the station, she threw Mrs. Trevelyan into confusion by kissing her.
kissing her. "Good-bye, dear!" the girl said effusively, while Tony groaned. girls don't often strike such You know, digs' at the same price. You would you're a deep one. a sport. I'll tell you what I think. (Continued on page 68)


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and dripping back over the roast,
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ing coffee, etc. This answers these
purposes nicely

\section*{EVERYWOMAN'S WORLD}


Two Women and Tony (Continued from page 67)
up a bit. It isn't natural to be so quiet ar you keep on like that you'h little you're alive. A merry and bright ele party at night sometimes, and a comic songs with somebody lively The piano, would shake you up wouldn't knot you want, my dear. You much tow yourself if I were around again. Tony, Well, good-bye, dearie me off
Like a whirlwind Miriam swept out of the house and then she had a few words to say to Tony
I like your mother," she declared. don't know what to think of you though. You haven't been the samequiet as a mouse and not a bit amusing. should happen to come here again, give your mother the tip not to invite me. She s all right, but I think you make me feel tired. Bye-bye!" she carriage window her head into the At that as the train started had found a note addressed to her and was reading it. Dear Mrs. Trevelyan:-I saw in and I knew how you were feeling. But I liked the way you went about it, so I helped you. Tony is as straight as a die; this experience will do him no think. He was getting fond of me, he will be if youred now, or rather I've left off world of you and he thinksent Dont think it was easy for me. I was nearer tears than laughter most of the time. By the way, Tony wasn't in such great danger as you imagined. I mean to be a great actress. Perhaps you will agree with me that I did not oo so badly in the little comedy you school when I tell you that your old school friend, Mrs. Tollington-West, I shall be with Ireland, is my mother. photograph with her next month. Her in your boudoir short frocks at her side in the picture is
Yours very sincerely,

Mrs. Trevelyan was still in the proces Tonevering from her surprise whe Tony returned
with Miss understand what was wrons With Miss Fortescue, mother," he said bred. I was struck me as quite well call on was going to bring her up to thought if while she was here. wouldn't-wouldn't saw her first you the stage, you know. I-prejound it, she never was like that before." it," suppose we say nothing more about mysterious smile. "By the way, dear you aren't planning to go anywher else for your holidays, I rather thought we would accept an invitation to stay a while with the Tollington-Wests Tony wince
Tony winced. He had always under Tollington-West's was a flapper at the flappers. "But, mother, about Maid grudgingly You know, really, I'm not afraid to admit it, I'm awfully fond of -.". Fortescy, not another word about Miss Fortescue till-say till the end of next mind. Then, if you don't change your, "C come and tell me all about it. seventeen time mind!" said Tony ing the office inkwell "t ad in hundred years! ", \({ }^{\text {inkwell. }}\)

\section*{\({ }^{4}\) TSiddies" TRutouts \({ }^{\text {PT }}\) Prime List \\ THME TPMRER BEARS}

First-Margare Simms, Box 120, Russell, Manitoba. Second-Ethel J,
Douglas, McCreary -Myrtle E. Srow, Port La Tour, Shelbourne County, Nova Scotia Tour, ShelKathleen Murray, 66 Barrie Street, Kingston, Ontario. Fifth- John Dugit, Box 456, Simcoe, Ontario. Sixth-John C. Buckle, 540 Ave. L. North, Saskatoon, Saskatchewan. Seventh-Ruth McKee, Mannon, Ontario. Eighth - Eldred Melanson, Freeport, Digby County, 71 Pinnacle. Ninth-Bessie Duesberry, Tenth-Geraldine, Belleville, Ontario. Street, San Fernando, Trinidad, British West Indies. Prizes hav


Through Canada with Edward, Prince of Wales

Between these two extremes, right
and left, one faces a broad plain, and left, one faces a broad plain, wooded and gemmed with painted houses, and ending in a smoke-blue rampart of distant hills-all of it
luminant with the curiously clarified light of Canada.
From Major Hill Park the river side whonue goes East over the Rideau, scured by a lumber mill, past Rideau Hall to Rockliffe Park. Rocklife Park is a delight. It has all the joys of the primitive wilderness plus a service of
street-cars. It street-cars. Its promenade under fine
and scattered and scattered trees follows the lip of
the clift along the Ottawa, and across the cliff along the Ottawa, and across
the blue stream can be seen the fillet of gold beach of the far side, and on the of gold beach of the far side, and on the
stream are red sailed boats, canoes, and gasoline launches. How far Rockand gasoline launches. How far Rock-
liffe Park keeps company with the hife Park keeps company with the
Ottawa, I do not know. A stroll of nearly two hours brought me to a gardens-but comely houses, set in broad and it seemed to go on for ever. Clubs (every are two or three Golf Clubs course or two, and sometimes they are Municipal) over the river on the Hull side-a side that was at the time of Our visit a place of pilgrimage from where the "per., For it is in Quebec where the "dry" law is not implacable is also noted for its match factory and other monufacturies that make up a very go-ahead industrial town, as well as for the fact that in matters of contributions to Victory Loans and with any city, though that city be five times its size.
The chief of the Ottawa Clubs on the Hull side is the Country Club, an idyllic place that has made the very best out of the rather rough plain, and stands looking through trees to the rapids of club, built river. It is a delightful instinct for with the usual western with most for apposite design, and, as tinent, it is Its dining-room isextraordinarily attractive, for it is actually the spacious verandah of the building screened by trellis work into which is woven the leaves and flowers of climbers. The ceiling is a canopy of flowers and green the lave and to dine here overlooking the lawns is to know an hour of the The the charm.
The Prince was the guest here on given in his honour, and dances were given in his honour. For this purpose squared trellis, and between a pillars of this trellis were hung flowers and flags and lights were hung flowers and fags and coloured bulbs amid their leaves, so Arat at night it was an impression of Arce idy as a modern Watteau might see it, with the crispness and the dresses of the women and the vivid a quality the women giving the scene Canadity peculiarly and vivaciously The circ
tember circumstances of Monday, Sepday programme cheremonies on the Prince's corner stone of the new Parliament Buildings and the inauguration of the hictory Loan. But something else appened which made it momentous. It was the to be Labour Day
Le was the day when the whole of America in Canada-and indeed in tions. field Labour held street parades, speeches. It was it daresay, made There were the programme of Labour would clash With the programme of the Prince That, to put it at its mildest, Labour n a holiday would ignore the royal functionials and emasculate them as these they opinions were Canadians, but Labour did not know Canada. It was day for the Prince Labour made the When the Prince
it was the Peoples' day, and that there was to be a big sports meetings, he had in one of the anded another item to his specially added
full list of events and made it known that he would visit the park.
Labour promptly returned the courLabour prompty free will turned its parade into a guard of honour which pared the fine Rideau and Wellington streets for his progress betwe
House and Parliament Hill.
House and Parliament gather Labour As far as and carried this out decided upon and
without consulting anybody. Streets without consuver without any warning were taken orer without any fuss. There seemed to be a few police about and there was no need for them. took command of the show Prince and interest of its friend the slightest dis. would not
orderiiness
It was a remarkable sight. Early in
orderines. the morning the Labour Parade appeared along Rideau street, mounting the hill to the Parliament House. The processionists, each group ong, thin files of its calling, walked in the line broken on each side of the trade floats. Floats at intervassential part of every Western are an essential pare, what the British parape, \({ }^{\text {people call "set pieces," tableaux built }}\) people wagons or on automobiles-al
up on whem are ingenious and most of them
of them are beautiful.
These floats represented the various trades, a boiler-makers' shop in full (and noisy) action; a stone-workers bench in operation; the framework a wooden house on an auto, to joiners Ottawa what its carpenters and joiners could do, and so on. distinctively marched the as though the old guilds had clother ceased.

\section*{Laying of Cornerstone
Hull, Quebec}
\(\mathbf{W}^{\text {HEN }}\) the head of the procession Weached the entrance of Parliament Hill, it haled, walked towards turning left and right, walked towards the curb, pressing bace pavement in of sightseers to the pavement effective mand fashion until the Prince the route in.
had passed.
It was thus that the Prince drove not between the ranks of an army of not betw, but through the ranks of the soldiers, Labour. Not khaki, but the many uniforms of Labour marked the route. There were firemen in peaked caps, with bright steel grappling hooks at their waist; butchers in white blouses, white trousers and wict peaked caps there were tramters, teamsters in overmen, hotel porters, teamsters boots of alls, lumbermen in cali-high boots tan, with the on their blue jumper above them barbers, drug-store clerks and men of all trades.
Above this guard of workers were the banners of the Unions, some in English, some proclaiming in French that here was "La Fraternité Unie des Charpentiers et Menuisiers," and so on
It was a real demonstration of democracy. It was the spontaneous and affectionate action of the everyday people determined to show how personal was its regard for a prince who knew how to be one withe everyday people. As a demonstrationat the most august more signinal programme.
As the Prince rode through those hearty and friendly ranks in a State carriage and behind mounted troopers, the troopers and the trappings seemed to matter very little indeed. The cromecheered and waved flags-and soand times spanners and kitchen ploves back with all their freedom from ceremony were the things that mattered.
When, at the laying of the corner stone a few minutes later, Sir Robert Borden declared that, in repeating the act of his gran stone of Canada's original
Parliament Buildings as Prince of Wales in 1869, His Royal Highness Wales in (Continued on page 70)

and just a few drops (follow
directions carefully) are enough to impart that wonderfully good

\section*{\(\begin{array}{ll}\text {-Syrup } & \text { - Puddings } \\ \text { - Cakes } & \text { - Sauces } \\ \text { - Pies } \\ \text { - Frostings } & \text {-Iandies } \\ \text { - Ire Geam } \\ \text { - Desserts } & \text { Sundaes }\end{array}\)}

Also savors and seasons Meats

\section*{Mapleine}

0
For use with hot cakes, corn
bread, muffins, etc.
2 cups susgry, 1 cup water and half teaspoon-
ful of Mapieine makes 1 pint of syrup. And for corn syrup flavoring or for flavor-
ing the many cane syrups grocers sell,
Maplecine is remarkable.
 similar to Maple. Grocers sell Mapleine.



\section*{IRRESSSTISVIt?}


Buildo ut Strength whilst it reduces J̛at

To become over-stout is to lose your natural
beauty. Double chins, ever-growing hips, arms, and beauty. Double chins, ever-growing hips, arms, and
busts, and a general state of corpulency, besides busts, and a general state of corpulency, besides
being unsightly are extremely uncomfortable, and ometimes painful.
Obesity must be treated ratonally, and Antipon
sthe only rational treatment in existence.
THE GREAT TONIC CURE




Through Camada writh Fdward Primee of Waies (Continued from page 69)
was inaugurating a new era, the happenings of just now seemed to lend conviction that indeed a new phase of
history had come into being. It was a phase in which throne and people has been woven into a strong and sane democracy, begot of the intimate personal sympathy, understanding about reliance the war had brou
between rulers and people.
between rulers and people. The new buildings replace the old Parliament Houses burned down in the beginning of the war. The fre wa attended by sad loss of life, anaving got those killed was a lady who, han safety, was suddenly overcome by a feminine desire to save her furs. She re-entered the blazing building and was lost.
The new building follows the design of the new build structure, though it has not the campanile. The porch where tuge hangings descending in grave folds from a sheaf of flags, this with the façade of the grey stone building made a superb backing to the great stage was terrace upon which the ceremony wour enacted. It had all the dignity, colo veness of a Durbar
The Victory Loan was inaugurated by the unfurling of a flag by the Prince He promised to give to each I don't cities and villages (by the way Canada, they the villages are villages subscribed a certain percentage a replica of this special flag. There was keen competition throughout the Dominion for these flags, Canadians responding to the fictures on the boardings with a good, will in order to win a "Prince of Wales flag.
Although the Prince was down to visit Hull at a specific time that afternoon, he set aside an hour in ordabour pay his promised visit to the fete was only time fandsowne Park. through the park, but the warm reception given to him made it an action really worth while.
Hull, which is inclined to sprawl as a town, was transformed by sun, flags and people into a place of great attraction when the Prince arrived. And if there was not any high pomp about the visit there was certain prettiness. The pretty girls of hrehad transformed themselves into repre, sentatives of all the races of the Ene scarlet and as the Prince stood on the scall steps of a dais outside the Toward and made him a curtsy. -Following them were four tiny girls, each holding a large bouquet, each by broad red ribbons. They were the jolliest little girls, but nervous, and after negotiating the terrors of the scarlet stairs with discretion, the broad desert of the dais undid them-of rather it didn't. At the moment well presentation, four little girls as as four bouquets were linked toge diffiby broad red ribbons, until it was and which was which was here were many which was bouquet. There were untanglers of them was the Prince of Wales himself.

The Hull ceremonials were certainly The Hull ceremonials were certaitle as happy as any could be. The did the people who joined in the public reception, but the crowning touch of this atmosphere was the review of the War Veterans.
There were so many War Veterans that Hull had no space large enough to parade them. Hull, therefore, had the happy idea of reviewing them in the main street. Thus the everyday streto was packed with everyday men about them ought for the very homes at the real. purpose seemed to bring ore than any effort in propaganda could.
It was in the main street, too, after receiving a loving cup from the Great War Veterans, that the Prince spoke to these comrades of war. He stood up in his car and addressed them simlpy and directly, thanking them and wishing them good luck, and there was sompthing infinitely suggestive in his stark ing up there so simply amid that patly of men and women wedged tighty between the houses of that he right term, Wor it was wis assuredly the ondy by infinite care, that the car was driven through the crowd and away.


Montreal: Canada's Metropolis
M Ontreal was not actually in the schedule. In the programme of the Prince's tour it was put down
as the last place he should visit. This in a sense was fitting. It was proper that the greatest city in Canada should wind up the visit in a befitting week.
All the same, as the Prince himself said, he could not possibly start for the on Montreut making at least a call travels among the big cities of the Canadian East by spending the inside of a day there.
inside wonder whether there was ever an present when Manchester rushed President Wilson through a headlong morning events, and the Manchester effort was pedestrian beside Montreal's. Even he Prince himself, who can put any found of vigour into life, must have ound nothing in his experience to equal such a non-stop series of cereof forty miles an hour. This is what happen was given about four hours of the Prince. Montreal is a progressive city, it has an up-to-date and Do-It-Now
sense. Confronted at very short notice with those four hours, it promptly set
itself to make the most of them. It packed about four days' programme it them.
It managed this, of course, by using motor cars. The whole of the American motor car method of thinking out and accomplishing thins Montreal certainly has. Montreal met the Prince in an automobile mood, whipped him from the train and entertained him on the top gear for every moment of his stay.
He arrived at the handsome Windsor Station of the C.P.R. on the morning of Tuesday, September 2, and was at once taken to a big, grey motor. His
guide, the Mayor of the city, then guide, the Mayor of the city, then
began to show him how time could be began to show him how time could be annihila
In those few hours he was shown not a section of the great commercial city, or two, and a city Hall, and a street He was shown all Montreal. He was shown the city of Montreal and the suburbs of Montreal, and verily I believe he was shown every man, woman, and certainly every child of flag-wagging age in Montreal.
And when he had seen the high, fine business blocks of Montreal, and the pretty residential districts. where the terrace over homes seem to stand on greenest over terrace of the smoothest, country-side grass, he was shown the country-side about Montreal, the comely places that make outlying Montreal, and the convents and the colleges where Montreal educates itself, the Universities where that education is rounded off, and the long, wide, straight speedways over which Montreal citizens get the best out of their motor car moments-and he was shown how it was done.
And after showing him the rivers Mon make the hilly country about pocket villages, he was swong back out of villages, he was swung back and shown more business blocks, and just a hint of the great wharves and docks that fringe the St. Lawrence and give the city its great industrial power and fame. Then when they had shown him all the things that man usually sees only after weeks of tencious exploration, they spun him up corkscrew drive that goes first a mong harming houses, then among beautiful in a trees and grass and sat him down hill, Mowing pavilion on the top of this that Mount Royal-the Mount Royal him lunch the city its name-and gave There h
one of he ate as he looked down over Below the great views of the world. splendid city; the mass of tall offices, factories and the high fret of derricks and elevators along the quays that of H ered the site of the Indian lodges first Hochelaga that Jacques Cartier thousund; the mass of spires from a and hid churches, the swelling domes that hadd-roofs of basilica and college out post, the nucleus of Christianity in the wilds nucleus of Christianity in wilds, the Ville-Marie de Montreal that Maissonneuve had founded nearly three centuries ago.
(Continued on page 73)


\section*{Deaf?} If allo ther remedies and
devices have failed you or If all other remedies and
devicechave failectyou or
if you have a devizew
our if you have a device now
and want a better aid for
and your hearing - something
that will bring a pleasant.
 that will bring a pleaant,
somoth soond toy yours without ans-trrain,
mn aid that has been recoonnized by thotreant,


 TELL YOUR DEAF FRIENDS 1




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\section*{The}

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MISS PICKFORD Wants You to Send Her the Names of These Five Well-known Movie Actors. Can You Do It?

2. Learn a Lass


I
HOPE to release one of the greatest motion picture plays of story written by America's taken thap this play from a a wonderful
abounding in tove and not going to tell you the name of this plathos and happil hater ass. I am
is over, is over, but if you are one of the contestants, you will be ontest
the fortunate ones who will hear the namee of it before one
eloe. I will algo write else. I will also write and tell you the name of the actor I select
to play the leading part with me. Of course I am goin to me
phootoplay, but I have not to play the I, eading Lady's part in this
part with me. I have recently men the actor to play the Hero' part with me. I have recently met many of the playe teat motion
picture actors. but none of them would be suitable fer picture actors. but none of them would be suitable for this part.
There are now five left to choose from, whose pictures are shown
here and it is from one of here and it is from one of these five that \(I\) am pion ang to pick
the man who is to play the Hero's part with me in this production.
If you wish If you wish to help me select him-although this is not require
of you in the Contest-you may select from these five the one acto
whom you think should play with

I Want You to Send Me the Names of These Five Favorite Actors. Can You Do It?
I want to test the skill and abllity of those who know me and
love me through my plays, and I have made the object of thit Tove me through my plays, and I have made the object of thi
test to reconnize and name these five most prominent movie actor
When you have recoonized the When you have recognized them, and in order to help you actars.
them correctly, I have put their names underneath their picture them correctly, I have put their names underneath their picture
in jumbled letters. I want you, if you can, to ungcramble the letters and put teem into their right order and you will have thei popular motion pocture actors of to-day I I am adding a list of their
names, which you will see below. This ligt may help names, which you will see below. This list may help you.
Names of Some of the Favorite Players-Fred Huntle
 Duapin, Farnum, Henry Walthall, Warren Kerrigan, Jackcis Gord, Gibert
Harold Goodwin, William S. Hart, Thomas Meighan, Antonio Harold Goodwin, William S. Hart, Thomas Meighan, Antonio
Moreno, Stuart Holmes, Francis X., Bushman, Wikliam Farnum,
Robert Harron, Douglas Fairbanks, Earl Williams, Ralph Lewis, Robert Harro
Tom Moore.

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you ca. 1 do this is by just showing the copy I send you to four your friends or neighbours who will appreciate this really worth
while Canadian magazine and who will subscribe to it As soon as you have done this for me, I will have your entry having no connection with this competition, who have been Miss Mary Pickford, as Honorary Judge, and three inden. judges, having no connection whatever with this firm, will award the prizes, and the answer gaining 250 points will take first prize. (stating whether Miss, Mrs. Mr. or Master) in the upper right hand corner. If you wish to write anything but your answers, use a
separate sheet of paper

How to Send in Your Solution You will get 20 Dints for everry name oived correctly, and 40
 tions of the contest, Contestantas must agree to abde by she itabion imendiately after which the answera will be judged and
prizes amarded. DoN'T DELAYI Send your answere to-day: this announce Mary Pickford, Contest Editor, 5. In for a Bad Glass Uk 255 Spadina Avenue, Toronto, Ontario.


\section*{Through Canada TNith ard, Primee or wales (Continued from page 71 )}

And beyond this swinging breadth history, the was modernity as well as bosom of the St. Lawrence, winding
bot broad and significant beneath the distant hills.
Truly, it had been a mighty day, worthy of a mighty city. And a day not merely big in achievement, but Prig in meaning also. In his drive the Prince had covered no less than thirtysix miles in and about the city, and or practically the whole of that great sweep there had been crowds, and at imes big crowds, all friendly and with well as Candian
There were na
in the were naturally tracts of road gather in force, but almost everywhere there were some. Sometimes it was a amily gathered by a pretty house draped with flags. Sometimes it was a village, making up with the flags in their hands for the hanging flags short notice had prevented their sporting. Prince an open stretch of road the Prince would come abreast of a convent in the fields. By the fence of the condressed, someties girls would be ranked, and, anyhow, cames, in national ribbons them would be the nuns or if the convent was be the nus. the nuns would be by themselves, orming a delightful picture of quiet respect on the porch or along the garden
Boys' schools had the inmates gathered at the road-edge in jolly mobs, hough some of these had a semi and and kepi-ed uniform of the schoo out of a picture boys look like cadets out of a picture by Detaille black fledglings had their flocks of professor-priests, drawn up under the of these epriests, and the sober black slightest restriction the their enthiasm.

\section*{Crowds, Crowds, Crowds!}

THERE were crowds everywhere on that extraordinary ride, but it was reached immentself that the throng the first moment of arrival, when the Prince in mufti rode out from under the clangour of "God Bless the Prince of Wales,", played on the bells of St. George's church that hob-nobs with he station, crowds were thick about he route. As he swung from Dominion quare (in which the station stands) St. Cathe Regent street of Montreal, ees crowded street, crowds of employ fine stowded the windows of the big and to the stos and added their welcome Short mo on the sidewalk tion, but the enthusiastic eded mainly feminine of one tall store strove to rectify the lack by arming themselves with flags and stationing themselves at every window. Balancing perilously they waited until the Prince came level and then set the whole face Unio tall building fluttering with Frion Jacks.
their sensese streets, impressive in procession of vigour and industry, the residential of cars mounted through the Park. Here in quarter to Mount Royal crowd that surrounded him of a big to close quarters at once, the Prince alighted and stayed a few minutes at the statue of Georges Etienne Cartier, the father of Canadian unity, whose centenary was then being celebrated, since the war forbade rejoicing on the
real Cartier, ansary in 1914.
was pres's daughter, Hortense Cartier, whe present at this little ceremony, and between, as it were, a personal link is himself her father and the Prince who phase of unity hing to inaugurate a new From this point of the Empire. struck out into the country districts that I have described, but the crowds had accumulated rather than diminished when he returned to the streets of the city about one o'clock, and he drove through lanes of people so dense that at times the pace of his car was retarded to a walk.
All rancrowd was a suggestive one. and ranks and conditions were in itapparentitions rather than ranks were is a ding in the dock-side area, which the crowds one for Canada. But in all most was the thing that struck me Montreal seemed veritable hive of children. There were thousands and thousands of them. Tiddies streets were bursting with multitudes of not merely whe of that under thaty vociferous age of somewhere (Continued on page 75)


\section*{"So This Is Your \\ Birthday, Grandmother"}

"YES, dearie, I am seventy-five years old to-day. It doesn't seem possible, for I don't feel old."
"And you certainly do not look old."
"Were you never sick, grandmother?"
Oh, yes, indeed, there was a time in my life when I never expected to live to be fifty, say nothing about seventy-five. When your mother and my other children were small I had my hands full and got run down in health. I got so nervous that I could not sleep and had frequent headaches. Every little thing the children would do seemed to annoy and worry me until, finally, I gave out entirely, and was in bed for months with nervous rostration.
"Did you have a doctor?"
"Yes, dearie, I had two or three doctors, but they only told me that it would take a long time for me to regain strength. One day your grandfather came in with some of Dr. Chase's Nerve Food. He said some one told him that it would cure me, and he went away to the drug store and bought half a dozen boxes."
"What did your doctor say about using it?"
"Well, what could he say? He only said
that he had done all he could, and that he had run across a great many cases in which the Nerve Food had been used with excellent results. So I began using Dr. Chase's Nerve Food, and it was not long before I was on the way to health and strength.'
"And did it cure you?"
"Well, the best evidence is that I am here to-day, well and happy, after all these years. And I am more than ever enthusiastic for Dr. Chase's Nerve Food, for I have used it several times during the last few years when I felt that I needed some assistance to keep up vitality. As a person gets older I think their blood gets thinner, and they seem to need something like Dr. Chase's Nerve Food to increase their strength and vigor."
"That is something worth knowing, grandmother.'
"If you will take my advice, dearie, you will not forget about Dr. Chase's Nerve Food when you get run down, tired out and nervous. This has been my advice to a great many people, and I know that it has done them good.'
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 Temantimo remake those last year's suits and dresses-which are not
worn out but only out of style -into garments. Or you can make a wonderfully becoming new dress in making it yourself pays for even the material gained A Perfect Fit, Regardless Our Special Instalment Offer of Your Figure The "Patented"hinged
waist of the "Collapso Quist of the "Collapso dent adjustment, each and every secother parts. There is no figure, normal or abnormal, which cannot be fitted with this remarkable form. By a simple adjustment your figure can be duplicated street or house-quickly, accurately and pleasantly,
and your clothes will look better 2 nd fel better it on a a table, when fitting bleuse form and waists.and And
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For ap limited time we wre giving
oun the o onoptrtuntite of you the opportunity of paying for the
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Simply send an express or money order Simply send an express or money order
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balance in monthly instalments.
And befor And before the lastinstalments. is paid
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pense saved. Order the ., Coll exQueen" at once arder begin prepalations
for a summeroutfitat a very little coss
Send the first infolat for our booklet on ont the-day adjustable
dress forms Address

What Size Form to Order
than 35 in. ourder No. No. 1 Adjustable
themer Form. If your bust measurement is is
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occasion to use the formen occasion to use the, form you have no any other
nember of the family, who has a smaller bust measure, order size 2 form. For
those whose but masusurement is 40 in.
or oner, ve make a special sint is

End Gray Hair Let Science Show You How

 to women in Mary T. Gold-
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Restorer.
No treatments are re-
guired. You apply it your

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Cuticura Is All You Need For Your Skin
Bathe with Cuticura Soap to cleanse and purify the pores. If signs of pimples. redness or roughness are present smear gently with Cuticura Ointment before bathing to soothe and heal. Forevery purpose Soap and Ointment are ideal. Soap 25c, Ointment 25 and 50c. Sold
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Girls-these fine articles of jewelry can be obtained without spending a single penny.


 All these wonderful gifts are given fust for in-
duct
 eweoten tho broath and eavea cloan and fragrent taite
Just send your name and address girle
 Wont morr and will buy one or two packaiges artannce. once.
Bollthem burprised at the ghort time it will take to
Then retrin our

 our inn prizes as you did.
You take no risk.
Il you do not sell all the goode me take them back and will pay you in oaah commisatom


SHOE POLISHES


Through Canada wite Fdward Prince of Wales battalions of boys and maids, all of an
age obviously Ouebec is the twenty. Quebec is the province of large
families. Ten children to a marrige is a commonplace and twenty is not worth his salt unless he thought to be full. And the result of this as I saw it in the streets gives food for thought. That huge marshalling of the citizens of to-morrow gives one not merely a
sense of Canada's potentiality, but of the potentiality of Quebec in the future healthy standard growing up, the future Montreal is now a look of greatness. vigorous city in the biggest and most large part in the life of Canada. What A good as well as great part surely.
Discriminating Canadians tell the French-Canadian makes you that type of citizen. He is industrious, , ahead, sane, practical; he is law-abiding and he is loyal. His history shows that he is loyal, indeed. Canada as it stands to-day owes not a little to the Frenchtanke up arms in support of British
institutions, institutions, as Canadian history shows.
French Canada Great War, to good purpose sen the forty-thousand men to the Front though its good work has been obscured by the political propaganda made out
of the Anti-Conscrigtion Sober politicians-by by campaign side of the French- by no means on the that there was rh-Canadians-told me that matter than circumstare smoke in in Britain particularly the bus created; over-exaggerated. There was deal of politics mixed up in the attitude of Quebec, "and in any case," said my informant, "Quebec was not the first to oppose conscription, nor yet the bitterest, though she was perhaps the most candid.
The language difficulty is a difficulty yet that has been the subject of
exaggeration, also. Those who find it
a grave problem. a grave problem seem to be those who
have never but are anviouse in contact with it Those who arious it at a distance French-speaking races say with the and English-speaking people Fret on well on the whole, and have an est on the language barrier. church, which is Roman Catholic powerful position in Quebec, I have much said in non-C quite as as I have heard to the contrait does conclude that on its human side it so 1 human as any other concern, doing good
and making mistakes in and making mistakes in the ordinar is concerned. As far as its spiritual side that it holds there is no doubt at all churches are packed with Its huge gregations at every service huge conpart of Canada's fut fancy that that the hands of the children which lies in and the Province of Quebec Montreal will be for the good of the Denerally, Certainly the attitude of Dominion. as shown in the packed and people streets of Montreal was a very good
omen. omen.
The
The welcome had had its usual effect
the Prince never had a chance, The formal salute of the ride he had stood up in outset and waved back in answer to car
cheering of the cre still for so many miles tired standing high up on the folder-hood, with one of his suite to hold him, and he with one stop waving his hat. In this did not accomplished the thirty-six mile wide only slipping down into his seat as the car mounted the stiff zig-zag that led up Mount Royal to the luncheon Then
The slowness of this climb was, in the top of the hill, two Montrear neared whose extreme youth was only flappers by their extreme daring, spranceeded the footboard and held him spang onto autograph books. He immediately procuced a fountain pen, and sittely once more on the back of the car, wrote young lo as the car went along and the young ladies from Montreal clung onto
This delightful act was too much for book back, she kissed or getting her pulsively, and then in a suderince imof deferred modesty, sprang frottack car and ran for her blushes' shom the
From the luncheon pavilion the Prince was whirled straight to the
Royal train, and in that perative round of golf at a course little outside Montreal, he set out a the comparative calm of the great
West. (To Be Continued)


\section*{Brings Out The Tones}

The wooden case
Very little effort and 3 -in-One Oil will bring

\section*{3-in-One}

The Universal Household Oil Use this way: Wring out a cloth in cold water and apply a few drops of 3 -in-One. Rub
small surface at a time, following the grain of the wood. This removes grime and finger marks and eliminates all surface seratche
Polish with a dry cloth and see the rich ton of the old original finish spring into new life.
Try also on all fine furniture, woodwork. Try also on all fine furniture woodwork,
hardwood and painted floors, linoleum and
oild cloot Co oil cloth. Contains nothing to injure. 3-in-One for Canada is made in its own
factory at Montreal and put up in 1 -oz., factory at Montreal and put up in 1 -oz.:
3oz. and 8 -oz. bottles and 3 -oz. Handy

Three-in-One Oil Company Montreal

B100


Why Have Freckles when they are so easily re-
moved? Try the following treatment:

Apply a small portion of Stillman's
Freckle Cream when retiring. Do not rub in, but apply lightly. Wash
off in the morning with a good soap. Continue morning with a good soap.
freckles entirg his disam until the
Start tonight-after two or thr
plications you will see results. After years of research specialists less cream which leaves the skin without a blemish. If your drnggist
hasn't it, write us direct. 50 c per jar. Stillman's Face Powder - 5 Stillman's Rouge - -25 c
Stillman's Tooth Paste
 \(\underset{\text { Dept. } 41}{\text { STILLMAN CREAM COMPANY }}\)

ThMANSS FRECKI

\section*{When The Pawnship Sign feld sway By CARROLI BYRBRETS}

THE MAN in threadbare coat
who opens the door of a dingy pawnshop and lays a piece of cheap jewelry on the counter pays iette in the wind above the entrance.
He sees nothing in the three balls but a pawnshop sign, indicating that money
may be borrowed within. It makes may be borrowed within. It makes
no difference to him whether they are no difference to him whether they are
gilded in goldleaf, or stained and rusted gilded in goldleaf, or stained and rusted
by the elements. He would be wildly by the elements. He would be widhat
surprised if you were to tell him that they once belonged to the coat of arms of a reigning house in mediaeval Italy,
The three gilded balls is a symbol of which has come down the centuries from the days when the famous Medici
family practically ruled Florence in the thirteenth century. The Medicis had remarkable business instinct Besides owning a large number of banks,
they held a monopoly of the loan business of that part of Italy.
The coat of arms of the family was a shield on which were blazoned six balls. Later, as the loan business spread to other parts of the world and passed from the control of the Medicis, dropped, while the remaining three still served as while the remaing tree stis. No other house in Medieaeval Europe had a more remarkable career than that of the Medici. Bankers by profession, and without any military tradition, they nevertheless established themselves as the practical despots of Florence. The sway of their influence extended through several centuries.
The foundation of their success was commercial, and they gained their foothold by the liberal spirit in which to devoted their enormous wheir apparentic projects. Back of their a far-seeing policy. When the poor were unable to pay their taxes and the city was pressing them too hard, Cosmo de Medici came forward and paid. Naturally, when Cosmo suggested to these persons who were indebted to him that he would like to take a hand in the government, they all agreed that they would like to have him do so. In this manner, Cosmofounded theinfluence and prestige of his family. He became in fact the uncrowned king of Florence. The most famous member of the "magnificent" Lorenzo, surnamed the Cosmo, and in addition to operating loan shops and banks in France, England, the Levant, and other countries of minor importance, he became virtual head of the Florence state, and what he said was law. He caused himself to be surrounded by five or six individuals who, theoretically, had something to say as to the government of the city, but as a matter of fact possessed no power and were content to draw their salaries from Lorenzo.
Before his accession
Before his accession, and while his father, Pietro, was intriguing in order him, Lorenzo married Clarice Orsini, a member of one of the greatest families of Italy. Lorenzo seems not to have any great enthusiasm for the marriage, for his notice thereof is curiously cold: daughter of the Look Jor wife, Clarice she was given to me." He really
fancied a certain black-eyed Lucrezia Donati, whom he had seen at a tournament, but Lorenzo's father had other arrangements in mind, since he knew that it would be a fine political stroke for his son to marry an Orsini. The possessions of the Orsini spread from the sea to the Appenines on the north of Rome and then turned south their until they touched the estacos Colonna, in hereditary enemiss,
the mountains east of the capital. The house was famous for its numerous cardinals and gay gentlemen.
In 1478 the conspiracy of the Pazzi amily came near to putting an end to the Medici. Lorenzo's brother, Guilliano, was assassinated, and Lorenzo himself was obliged to take refuge in one of the Orsini castles until the excite ment had died down. Then at the right moment he returned to Florence and succeeded in obtaining a rimer before.
Lorenzo now instituted such a government as Florence had never known. He trod in the footsteps of his grandfather and won the favour of the lower classes, thereby making absolute his own power. And to win the favour of the intellectuals, the struggling authors and artists, he encouraged the liter ature and the arts, employed learne men to collect choice books and antiquities for him from every part of the known world, established printing presses in for the study of the classics, academies for the study orth a collection and filled his gardens art. He himself wrote a number of poems and dramatic wrote a and Latin as well as he could in Italian. When Lorenzo's munificence and conciliatory manners had gained for him the affections of the higher and the devotion of the lower classes, he lost no time in utilizing his popularity. While the city and raty were from from his praises, he quietly took rional Florence all forms he and his prede independence wricted to exist.
Sessors few Florentines, alarmed by the
Some Somess of the voluptuous refinement progres was smothering every spark of personal independence, tried to stem the current of corruption by an ascetic severity of morals, which gained, them the name of piagooni, or weepers. Foremost among the was the Dominican friar, Giroban savon arola, whose eloquent appeal to the people in favour of a popm threatened ment and a life ofechow the Medici. for a time to overthrow a reaction But and he monk's preaching set in and he was burned at the stake.
Lorenzo's name is associated with all forms of loveliness, yet his physical appearance was singularly unlovely. appearance
He was above middle height and strongly built, but his face was extremely plain, the nose flat and spreading, the chin sharp, the complexion sallow and the eyes weak. Heinly ments were exaggerated and 1 lacked his voice harsh, and he totall. a sense of smell.
Unlike most of his predecessors, Lorenzo died in bed - of tor such an
unusual statesman.

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\section*{5}


\section*{DEPARTMENT OF THE NAVAL SERVICE.}

\section*{Royal Naval College of Canada.}

The Royal Naval College is established for the purpose of impart ing a complete education in Naval Science. Graduates are qualified to enter the Imperial or Canadian Services as midshipmen. A Naval career is not compulsory however. For those wh prounding in applied Science and is accepted provifif for entry as second year students in Canadian Universities.
The scheme of education aims at developing discipline with ability to obey and take charge, a high sense of honour, both physical and mental, a good grounding in Science, Engineering, Mathematics Navigation, History and Modern Languages, as a basis for genera development of further specialization
Particulars of entry may be obtained on application to the Department of the Naval Service, Ottawa.
Pending erection of buildings to replace those destroyed at the time of the Halifax disaster the Royal Naval College is located at Esquimalt near Victoria, B.C.
G. J. DESBARATS,
Deputy Minister of the Naval Service.

Unauthorized Publication of this advertisement will not be paid for.
Ottawa, February, 1920.


\section*{Blinding Headache!}

Long hours, nervous strain, constant worry, confined atmosphere-
You cannot stand it-you need a rest.
And while you're resting let Chamberlaints Tablets, mild, safe, tonic laxatives, stir up your liver, gently cleanse the stomach and bring about a natural and healthy action of the bowels.
Take one tonight-and while you sleep and rest, win back much-needed strength and nervous energy. Simple enough, isn't it? Don't neglect it-Head. aches are Nature's warning.

Ask your Draggist for Chamberlain's Tablets, 25c,
or by mail from Chamberlain Medicine Co., Toronto.
CHANBERLAIN'S TABLETS
ARE YOU ONE OF THE WINNERS?
Cash prizes have been awarded in the contest announced in the November, 1919, issue of EVERYWOMAN'S WORLD for the selection of the best adverG. Lawson, Edmunston the reason for such selection. Hanover, Ont., Second Prize, \(\$ 3.00\). Miss Katherine A. Laughton, 4 Dublin Street N., Guelph, Third Prize, \(\$ 2.00\).

Checks in payment for these prizes will be sent forward to the parties named. CONTINENTAL PUBLISHING COMPANY, Limited, TORONTO

\section*{Thene Cornes}

\section*{Dishes That Men Like}

WE ARE always looking for dishes that will please the masculine taste - dishes which on ecial request." In these Perfection Salad and Snow Pudding recipes you will find such dishes, for they have won universal favor with the men wherever they have been served-and I know they have been favorites in my own home for years.
Not only will the masculine members of
your family appreciate these dishes, but your family appreciate these dishes, but
you will like them too, because they are
easy to make and may be made with easy to make and may be made with syrup
in place of sugar, when that precious article (2)

PERFECTION SALAD 1 envelope KNOX \(1 / 2\) cup sugar or
Sparkling Gelatine \(1 / 2\) cup of syrup
 \(\begin{array}{ll}1 / 2 \text { cup mild vinegar } & 1 \text { cup cabbage } \\ 2 \text { cups boiling water } \\ \text { finely shredded } \\ 2 \text { cups celery, cut } & \text { in } \\ \text { can sweet red }\end{array}\) 2 cups celery, cut
small
stables \(\begin{gathered}\text { innely shredded } \\ \text { 1/ can sweet red } \\ \text { peppers or fresh }\end{gathered}\) 2 tablespoonfuls
lemon juice peppers or fresh
peppers finely cut

Soak the gelatine in cold water five min-
utes; add
water, sugar anegar, lemon juice, boiling water, sugar and salt, stir until dissolved.
Strain and when beginning to set add re. maining ingredients. Turn into mold,
first dipped in cold water and chill. Serve first dipped in cold water and chill. Serve or cut in dice and serve in cases made of red or green peppers; or the mixture may
be shaped in molds lined with pimentoes In my recipes no special molds are required;
any vegetable, china or glass dish will mold them nicely.
NOTE-Use fruits instead of vegetables in
the above recipe and you have a delicious fruit
SNOW PUDDING
1/2 envelope KNOX 84 cup sugar or
 Soap goiling water in whites of 2 eggs dissolve in boiling water and add sugar, strain and set aside; occasionally stir mix strain and set aside; occasionally stir mix-
ture, and when quite thick beat with wire
spoon or whisk until frothy; add whites of spoon or whisk until frothy; add whites of
eggs beaten stiff, and continue beating un-
til stiff enough to hold its shape, Pile by phoonfuls on glass dish or put in mold.
Chill and serve with boiled custard. NOTE-When sar is usd in th in place of sugar sym is used in these recipes

\section*{What "4 to 1 " Means"} My gelatine is preferred by home-makers
because of its economy. Knox Sparkcling Gelatine will serve a
family of six with family of six with four different salads or
desserts or four luncheons or dinners, while
then the ready-prepared packages will do for
only one meal. That is why experts have
tee been calling Knox the "4 to 1 " Gelatine-
it tasts four times as long. goes four times as far, and serves four times as many
people as the ready-prepared packes.

Special Home Service
There are many other ideas and "dishes
that men like, "and women too, in that men like," and women too, in my re-
cipe books, "Dainty Desserts" and "Food Economy," Send for them, enclosing a
2. stamp, and mentioning your grocer's
2ame.

MRS. CHARLES B. KNOX KNOX GELATINE Dept. F, 180 St. Paul St. W. Montreal


' \(\boldsymbol{B}^{Y}\) THE way, George, what shall present? She gave us that plush
She upholstered chair that's in the the plush
dontic, don't you know,"
ny don't think we'd better send her anything, dear. Why not let bygones
be bygones?"
"I WONDER, Lady Mary," said the tickets for a raffle we are getting .up for a por fisherman who has recently
lost his wife? Lady Mary. " I shall the charitable But-er-what is one supposed to to. with the poor fisherman if one wins


THIS charming photograph, taken at Clarence House, London, shows Lady Patricia Ramsay (Princess Pa-
tricia) and her little son. It is the first tricia) and her little son. It is the first picture taken of them.
WILLIAM PITT devised many original methods of taxation to replenish the treasury of Britain. He
introduced the dog tax and originated the income tax.

THE REASON the three-cornered is this. When hand-grenades and bomb came into fashion at the beginning of the 18 th century, the hat corners interfered with the overarmswing with which the grenade was thrown.
IT WAS George Routledge, London publisher, who first discovered that people wanted something to read on published novels by Washington Irving and Fenimore Cooper.

THEY were standing outa final chat after his evening call.
He was leaning against the doorpost, talking in low, dulce tones. She was listening and gazing up rapturously into his eyes.
Suddenly she turned round. The door had opened; and there just inside, stood her father clad in a dressing gown.
"My dear father," she asked,
what is the matter?
Her dear father ignored her question.,
"John," he said, addressing he young man, "you know I've never complained about your to complain now; but for going ness sake stop leaning agai bel-lpush. Other people want the sleep, even if you dont" " some

\section*{A MODERN airship contains} \(2,000,000\) rivets.
 to be either uplifting or demoralizing,
sense or nonsense, clever or prophetic, soIf the anecdotes chronicled hereon are "stale"-comfort yourself with the thought that you're smarter'n I am.
If the bits of news seem to you to be not exiraordinary-take pride in the knowledge that you are an unusual and discriminating reader.
If you cannot agree with my vewswrile and tell me so. I love an argument. If something on this page reminds you of something else, twice as funny, twice anteresting-send it in. I'll pass it on a personal tribute to me. Thanks l

\section*{The Eatior}

BRITAIN is building the largest dirigible in the world. It will carry use aerial lifeboats, own protection and

THE girl who has lots of friends. 2 She is ready for anything and never throws cold water on your plans. She generally sees the funny side of way of describing them that you feel as if you had seen them yourself.

The girl who makes friends wherever he goes is delightful. She comes into a room like a sea-breeze, fresh, laughing, nodding right and left with happy mpartiality.
She does not retail gossip, though, and she does not know how to be spiteful, or sarcastic, or bitter, and she pression. She knows how to be clever and funny without heing to be clever untruthful, of course. She unkind, or body, not considering it her duty to suspect anyone of evil until her duty to She prefers to consider the wroved good. and honest until it proves itself good wise. She always gets along for she has her friends everywhere. Her heart is big enough to contain everybody, and she never forgets her friends or is forgotten by them.
MINISTER : But, Hooligan, can' fighting? Hooligan: No, sir, I can't. Least ways, not 'appily.

\section*{AGENT: "But, my dear madam, life insurance lapse," your husband's} - T'll not pay anoth reg'lar for eight years, an' I've had no

REDD: "The doctor said he'd Greene: "And did he?", Greene: "And did he?
"Sure. I've had to sell my car."

THE HALF million suits of pyBalkan hospitals are being used for day wear by the people, on account of the scarcity of clothing
NATYVES in the interior of China hatch the eggs of hens and ducks by burying them in rice which is heated

KING PETER, of Serbia, one of the pathetic victims of the wa
living in a \(\$ 35-\mathrm{a}\)-month flat.

QUEENSLAND, Australia, contains 670,000 miles and has only 680,000 inhabitant

\(M^{R}\). JAMES ROSS, a professional who has had ten years, skating Club, the greatest continears experience at at St. Moritz, in Switzerland in giving his opinion at the single exhibition of Miss J. Chevalier, stated that it was the most perfect that was possible to put up and that it was wonderful for a skater without years of practice. Mr. Ross has seen most of the championships in figure skating skated for, so we can accept his opinion as a just one, and Canada ought to be proud of such an Phic skater.
one of her fancy "Spirals."
SEVENTY years ago the Russian police arrested persons who wor as a revolutionary symbol was regarded

'HOW is it that Arthur theatre nowadays?", Marie. "Well, you see" her friend replied, " one evening it rained and we sat in the parlour."

Well, ever since that oh, I don't know; but don't you think that, theatres are an HIGH-HEELED shoes were 18 th century real "swells" wore heels six inches high.
\(\boldsymbol{B}^{Y}\) HIS own request, Commander Swift, Royal Navy though he died on land, was conveyed twelve miles to sea

THE ANNUAL Shrove Tuesday took place at Westminster School in England. Photo shows (left to right): The School Chef, J. P. Pennington, the the School Beadle.

EVERY Japanese child has a hot
THE LARGEST coral reef in the word, one thousand miles wide, of Australia the north-eastern coast

\section*{Preldinqs Spool Silk \\ All great masterpieces of} the weavers' art have been made of threads of pure silk. No other textile has the permanency of color, the lustre, or the strength of a pure silk thread.

\section*{BELDINGS Spool Silks are Pure Silk}

A spool to match all the latest shades and colors.

For sale at the best stores everywhere in Canada.

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\section*{Make your}

\section*{rusecleaning}~~~

