## Canadian Hospital News. ${ }^{\text {ane }}$



EDITOR:

Capt. O. C. J. Withrow

News Editor :
Pte. F. Giolma
29th Batt.
C.A.M.C.
C.A.M.C.

Ireasurer:

Art Editor:
Pte. A. H. Millier
1st Can. Pioneers

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# Canadian Hospital 

GRANVILLE CHATHAM HOUSE

News TOWNLEY CASTLE

Vol. V
Ramsgate, May 5, 1917
No. 5

## PERSONALITY

THERE are on this planet of ours $1,500,000.000$ persons, at least that was the number prior to this great world war, and it is interesting to stop for a moment and consider how many stand out from the common herd to be admired or maligned. Not many, you'll agree. When we have shaken down this vast population, and assigned them to their several colours, races, and creeds, we are amazed to find how much alike are the members of each division. We are well aware that no two people are exactly alike, but in most instances there are no marks which will brand the individual as head and shoulders above his fellows, or more popular than the common run, or somewhat more peculiar than the usual variety. That thing which distinguishes is called Personality. And it is that extra touch, so hard to describe, which makes a man marked or branded among his fellows. Strange to say it's advertising that does it. Mr. Gladstone wore a certain type of collar. A cartoonist caught the peculiar adornment, slightly exagserated the appearance, and lo! the great commoner dare not appear without his great distinguishing mark. Mr. Joseph Chamberlain, in a thoughtless moment, plucked an orchid and placed it in his buttonhole. The artist painted the monocled gentleman with this rare flower adornment, and thereafter he was known to the world by a mark of distinction which he would no more have foresworn than he would his meals.

Need we mention Ford's bonnet and plume and greatcoat, at Chatham House ; or Finch's blushes when walking the Yarrow corridors in slacks ; or Mickleborough's woful countenance these days because his name has not appeared recently in the Canadian Hospital News, to prove that every man ought to be glad that some feature ot his personality has been garnered by our staff for use in brightening the lives of his comrades, In these days a laugh is above price, and those who bring happiness into our lives are real benefactors. The man who is merely a member of the common herd is never commented upon. It is the man with the striking personality-that intangible something-that marks him out from his fellows, who is featured in the News. Remember that.

> O. C. J. W.

## OUR EATS

## A Timely Article on a Matter of Vital Importance

(By Private R. A. Boddy)
What it costs to feed one man per day is shown in the following war menu. When this menu is compared with the corresponding peace menu we find that the former is slightly the cheaper, although war prices are at least double the peace prices.

I might mention in passing that foods are classed according to their heat value, the greatest source of which is from the starch constituents next in order from the fat, and lastly the constituent which produces growth.

Our hospital diet includes meat and potatoes our very highest priced foods. Meats include beef, bacon, fish, and rabbits, all of which are dearer than cereals, beans, peas. and rice. Jam does not come into the list as a food, except perhaps for the sugar contained; but a little of jam is necessary to keep the digestive system open.

Rolled oats top the list for cheapness, and comparing these with the meats they are nearly as rich in flesh producing material, lower in fat, but they are very rich in starch which the meats are without. Cheese contains more of the three constituents than meat. and in value ranks just about two to one. Cheese heads the list in food value pound for pound. Beans, peas and lentils are the poor man's beef, being high in flesh building and containing starch, along with a little fat. Salt is valuable for chlorine which aids digestion. War bread contains, as well as flour, beans, peas, corn. and rice.

The following is a typical daily war ration. The prices were submitted by the Army Canteen Committee. The war menn was taken from the hospital diet sheet :-

War Menı


# THE SONG* OF THE ROAD 

By BURTON BRADEY
[An old grey eat at Chatham House basking in the May sunshine, said it was a Burton Bradey day. To explain his meaning we publish herewith "The Song of the Road."]

Life here in town is too blooming monotonous, Working around on a regular job,

All the time somebody spotting or bossing us, We don't belong to no labouring mob.

Things here is too precise and pernicketty, Bo, I would just as soon be in a gaol.
Us for the road and the wheels that go clicketty, Clicketty-click on the glimmering rail.

Us for the road and the old hobo ways again, Loafing along in the wind and the sun, Sleeping at night in the soft of the hay again Never a worry of work to be done.
Say, ain't you ready to beat it by crickey, Jump on the freight and be off on the trail,
Hearing the music of wheels going clicketty, Clicketty-click on the glimmering rail ?

Judges will call us a "shame to society," Brakemen will bounce us off on to the ground ;
Tramping's no cinch, but it's full of variety, Here we're just milling around and around.

Bo, I am feeling all feeble and ricketty, Say, we'll shrivel up sure if we stick,
Let's hop a rattler with wheels that go clicketty, Clicketty, clicketty, clicketty, click.

## CHATS FROM CHATHAM

Name the Catham House Private who wrote a letter to his beloved on the back of a crime sheet.

Sergt. Davis says since he got married he is taking long strides to save wearing out his boots.

What did Corp.-Inst. Doe buy the pipe for? Was it to smoke the butts he picks up?

Give particulars of the officer who was seen walking through the town the other evening carrying a large doll in his arms.

Our firing-line khaki contemporaries say all their meat is forequarters; so is ours. Has the war created a new species of beef ?

Who was the officer at Townley Castle, who, on looking at the sun dial, said to the N.C.O. in attendance:- " It must be wrong, it's an hour slow."

The majority of the staff and personnel at Chatham House had their hair cropped short the first thing Monday morning. Explain and expound.

At the request of the Granville Y.M.C.A. Private Houldcroft is to give a series of lectures at an early date entitled-" What to tell your future father-in-law."

We should like to know more about the Acting Corporal who is starting a corporals mess at Chatham House. Did he get permission from Le.-Corp. Lill?

April was a record breaker. For the first time since the great war began the oldest inhabitant of Ramsgate did not stop us to impart the information that he remembered a worse.

Who was the skilled Chatham House gardener who dipped the seed potatoes into civilian Clark's whiting thinking he was giving them a lime bath ? Was he acting under Staff-Sergt. Nelson's orders?

Fame! What is fame? Listen. An R.S.M. of the Argyle and Sutherland Highlanders, and wearing three gold stripes at that, is passing with full military swank up High Street :

Sonny-"Mummy. what's A. \& S. H. mean on that soldier's coat?"
Mummy-"Ashford and Sandwich Harriers, darling."

## HOCKEY FINAL

## Replay Results in Canadian Win, 2-1

Last Saturday night the Government Workers and Canadian hockey teams met for the third time at the Ramsgate County Rink in a fight to a finish for the Hockey Championship and the News Medals.

These teams have, all through the season been well matched, so that when it was known that they would face each other in the final for the championship a hard fight was looked for. They met on April 14th, the game resulting in one all. Again on April 21st neither side could prove its superiority, both teams scoring three goals. When they met for the third time last Saturday both teams carried but one resolve, and that was Victory.

The Canadians scored first, Curly Balfour putting the puck into the Workers' net from a neat pass from Carr. There was no further scoring during the first half, but on the resumption of play Smaile passed to Curiy, who again drove the puck home. A few minutes later the Workers swooped down into the Canucks territory and tallied one goal. Despite the efforts of both teams the score stood 2-1 till time was called.

Supporters of both teams went to the Rink in force armed with clackers, clappers, bells, megaphones, and flags ; in fact the entry of the gladiators, led by "Scotty," the Chatham House terrier, arrayed in a hundred and one ribbons and flags, and obviously determinad to make a night of it, was one of the chief features of the game.

## FORTHCOMING PUBLICATIONS

## New Books by Patients and Personnel of the G.C.S.H.

Skipps-The Story of a Supple Sole, by Sergt.-Inst. Simonson.
The Idiot Boys or Dumb but Innocent : a composition by the Pack Store Clerks.
At the Cross Roads-A Story of Dark and Dirty Work, by Provost Sergt. Travers.
How to be Married Though Happy, or Little by Little, by Private Laurie.
Many are Called, but Few Get Up, by Private Houldcroft.
My Comical Engineering, by Sergt. Lloyd, Bosch Expert.
Wanderings in England, or the Story of a Lost Pass, by Pte. Erith.
Three Years in the Great War, or Breeches I Have Worn, by Staff-Sergt. Slinn.
The Dear-slayer, by Lc.-Corp. Rahmer.
? ? ? £800 ? ? ? a Great Mystery Story, by One Who Knows.
How to Decorate the Home-A Little Brochure for Those About to Marry, by Staff-Sergt. Cattermole.

## GRUNTS FROM GRANVILLE

Everything has a bright side. The more raids the more fish. Carry on !

How many of the patients and staff and sisters in Ward 1 at the Granville can add 9 and 6 together correctly ?

Name the Granville soldier who daily philanders outside the Nursing Sisters' Home. Is he waiting for his chicken breakfast?

> Staff-Sergeant Edwards yearns to stand At attention for life on a coral strand, Or playing at soldiers all day long At Trincomali, in Sunny Ceylon.

A doctor can use a word a yard long without anyone knowing what it means, but if an editor uses one he at least has to spell it.

Who is the industrious ward orderly who gets down on his knees to it?

We understand from a friend, who's friend is a cook to a "Cuthbert" at the W.O., that the Daily Mail is to be suppressed and Private Erith is to take its place.

All the patients, the staff, and other ranks at Granville Hospitals will be glad to hear that Private H. Smith, of the Rifle Range, has at last made a possible. Both doing well.

Since the shooting parties started exterminating the crows from the Chatham House, some have been shot, some died of fright, and one has taken his "leave."

We notice that one of the Mounted Stenographer Corps is appearing in town in full dress-Spurs and bandolier too-and the poor old C.A.M.C. has to stick to slacks ! !

Who is the M.O. at the Granville who says all pain is imagination and then gets the masseure to put the vibrator on him as he cannot sleep for his imagination.

The Buff-Orpington, or the Terror of Tooting, is a rare species of the pugilistic feathered tribe, found mostly in the wilds of Edmonton. Several attempts have been made to pluck him, but it is beyond the capabilities of the Orderly Room Staff.

## G. C.S. H. FOOTBALL TEAM



Top Row - Pte. Bowsitill, Victoria ; Pte. Crighton, Montreal : Pte. Kingston. Toronto : Pte. Willis, Winnipeg; Pte. Forbes, Toronto.
Centre Row - Corpl. Strutton, (Prince Albert); Capt. Armour. (Montreal); S.Sergt. Towler, (Edmonton) Lt.-Col. J. T. Clarke, O.C.. (Quebec); Sergt. Pyves, (Montreal)
Bottom Row - Pte. Longiworth. (Toronto); Sergt. Horne, (Toronto); Corpl. Tootell, (Toronto)

## Exeunt the Nuts-we hope for good

The Granville Canadian Special Hospital Football Team-known colloquially as "The Nuts," or "Fragments from France," has finished or capped a most successful season by securing the V.A.D. Cup from worthy rivals. Staff-Sergt. Towler deserves great credit for the manner in which he has handled his team, and the team as a whole can rest on their laurels. They played like gentlemen, and they won like gentlemen. For that, if for no other reason, we salute them. May they play again next year-but in their own home towns in Canada. But still in years to come many of us will look back to the old days in Blighty, recognising that this intermingling of the boys of the Empire was most certainly the chief and most precious fruits of the war.

## PATTER FROM PATS

Like "Johnnie Walker" we're still going.
Have you seen the shells go by? Quack! Quack!
Private Kennedy has become a frnitarian. He has a "date" every evening.

The Englishman loves a lord, but it seems to us some English girls much prefer a " Duke."

A generous rum ration after each raid would do much to maintain the "Spirit de Corpse."

So long as "Love and Power" are in the church parade service our Padre need not worry.

> To S.-M. A-

To the ranks of No. 4 , Not at all a rotten corps, We give a hearty welcome, one and all, sir. We like your look of mettle, And we hope with us you'll settle Till the last fanfare of trumpets sounds "cease fire," sir.

Should women study for the bar ? We can't say, but we know of one young lady who has just taken up "Law."

Before we saw him enter a jeweller's store with a young lady we thought Private B-g had "ceased to be attached."

And he ran and fell on his neck and kissed him, but the Q.M.S. said: Well, never mind what he said. It is unprintable, Sergt. $\mathrm{H}-\mathrm{r}$ told us.

Though the bombardment was very hot, yet some of the boys admit that they caught a chill in their lower extremities. In other words, " cold feet."

For centuries philosophers have been seeking "The Absolutely Perfect." Let them cease forthwith. It was found rolled up in a pile of blankets at " Pats." last week.

## CRICKET

Lt-Col. Clarke presided at a meeting held in the Patients' Recreation Room on Tuesday, May 1st at 2.30, when the Granville Canadian Special Hospital Cricket Club was organized. A number of cricket enthusiasts were present and considerable interest was evident. A goodly amount of cricket material has been presented to the club bv the Canadian Y.M.C.A., and a successful season is anticipated. The election of officers resulted as follows:-President, Capt. Armour: Secretary, Corpl. Strutton; Committee, Sergts. Dive and Reid. Practice will commence immediately, and all cricketers are invited to join in the practices.

## ENTERTAINMENTS

The second of the series of Illustrated Lectures on "Lessons from the War" was given on Sunday evening, April 22. The topic was "Sacrifice" and the Lecture was given by Capt. O. C. J. Withrow. The pictures, as well as being interesting, were of considerable educational value.

Mr. Reginald Leyland gave his "one man opera" entertainment at Chathom House on Wednesday evening and at the Granville on Thursdav evening.

Mr. Paine's Concert Party appeared at the Granville on Wedines lay evening, and put on one of the best concerts of the season.
One of the most interesting lectures yet given at the Granville Wis that given on Sturday night on "Beneath Big Ben" by Mr. Richard Turte, The lecture was something quite novel and unique.

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FOR SALE, one of a pair of peaches, owner cutting down expenses owing to war. Apply, Capt. Gladney, patient at Granville.
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## YAPS FROM YARROW

When are we going to have some more fish ?

If you have any secrets you want keeping try Private Cramm.
Cheero boys, we'er to have a half-holiday when Trombone gets his stripes.

Name the Private who has been appointed Food Dictator at the Yarrow Home.

I once asked my friend J- what he thought of the Yarrow Home. My —, what language !

Private Middleton seems to be having hard luck lately. Did Gladys push him, or was it a flea bite.

Here's to you, old pal, May you live a thousand years, Just to sorter cheer things Through this vale of tears.

And may I live a thousand, too, A thousand less a day, For I would hate to be on earth, And hear you had passed away.

We are going to transfer Private Guy back to the Granville. He was never born to "Yap"; he's a "Grunter."

New patient, listening to the babel of excitement in Ward X in the Yarrow: "Say, Mac., I thought the war was in France."

Who was the nervous patient who took to flight, having mistaken Private N. Smith's hair-drill for the ravings of a maddened mind ?

The Yarrow hopes shortly to be able to send up a few men for the Food Controller's staff. Among these will be Ptes. A. Larbey and J. H. MacGowan.

Nursing Sister (to well-built bed patient) - "Well, Jones, we are going to cook eggs for tea to-day ; how do you like yours ?"

Jones-"Three at a time, Sister, please."

## DOINGS AT THE RANGE

The Granville Canadian Rifle Team made a splendid score in their match with the Shanklin Team, on Monday, April 23rd, winning by 14 points. Last year the Isle of Wight team won the Mackworth Praed Challenge Trophy at Wimbledon, and this year were successful in carrying off the trophy offered by the B.S.A, to V.T.C. clubs.

Canadians
Pte. H. Smith ... ... 100
,, Turnbull ... ... 100
," Heathman... ... 99
," Ackendon ... ... 99
," Tomson ... ... 96
Sergt. Travers ... ... 96

| Le..-Corp. Graham | ... | 96 |
| :--- | :--- | :--- |

## Shanklin

| Pte. Lilsbury ... | 99 |
| :---: | :---: |
| ,. Rayner ... | 99 |
| , Sampson ... | 96 |
| 2nd Lieut. Lea... | 96 |
| Lc.-Corp. Weston | 96 |
| C.S.M. Feltham | 95 |
| Corp. Cooper ... | 95 |
| Sergt. Howard... | 92 |

This has been a busy week, the 2 nd and 3 rd floors practising hard. The 3rd floor won the Lt.-Col, Watt Cup for the first time. Col. Clarke has generously offered the 1st prize in this event in addition to the 2nd and 3rd; and Messrs. Blinko has donated an extra prize to go along with the 1st. The totals are as follows :3rd Floor, 362 ; Personnel, 361 ; 2nd Floor, 360. Sergt. Henderson won the 1st prize ; Pte. Fry, Lc.-Corp. Garman, Lc.-Corp. Lill, and Sergt. Morrison tied for the 2nd; while Ptes. Gibson, Turnbull, Smith, and Inglis, ties will be shot off this week.

The return match with Exmouth resulted in a win for the Canadians by 31 points-742-621. The match with Thetford resulted in a win for the V.T.C. by 13 points-782-769.

The Granville Rifle Club are indebted to Messrs, Wilson \& Co., Ltd., on behalf of the Dunlop Rubber Co., London, for a further gift of targets. These targets are not only very popular with our men, but with different teams we have competed against.

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## SECOND BATTLE OF YPRES Granville Officers' Dinner Commemorating Famous Action

By Captain Wilbur C. Lowry

It was with heartfelt honour and appreciation that the officers commemorated the second anniversary of the Second Battle of Ypres.

Under the capable hands of Lt.-Col. Starr and Capt. Baker a surprise awaited the members on entering the mess room on Tuesday at dinner time. Would that I could adequately describe arrangement of flowers and crepe de chene. It was beautiful. The meal itself-well-this is war time-but nevertheless it was possible to arrive at a certain "comfortable feeling." With the coffee came the toast to the King. Then Lt.-Col. Clarke was asked to make a few comments on the battle. He showed that though the Canadians had previously established a record for disregard of authority, for lovemaking, for hard training they at this time settled for ever the status of Canadian soldiers and nobody is ashamed of it ; nor has it decreased.

Capt. Hart then pointed out two important phases of the battle. First the new and astonishing use of gas as means of attack. It was also on raw troops. Second: The importance of the stand. It had saved the coast of France which was well worth the price.

A few other speeches followed and then a toast to the fallen was reverently and solemnly proposed.

The company then proceeded to the Palace Theatre where there was special music and a show of that inimitable type found only in Ramsgate.

So ended the evening. No doubt there were thoughts of home. And although one mother has written these words: " I baked to day ; I made a little loaf as usual, but there is no boy to eat it." Yet all felt that this longing is side-by-side with a just pride in the heroism of those boys in France.

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