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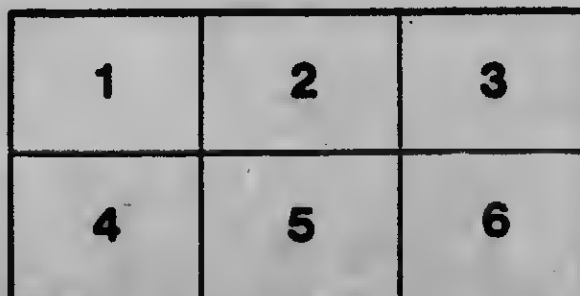
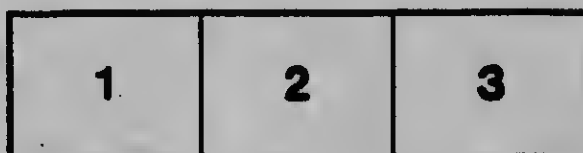
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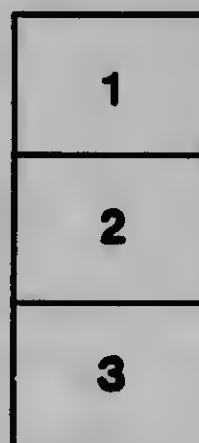
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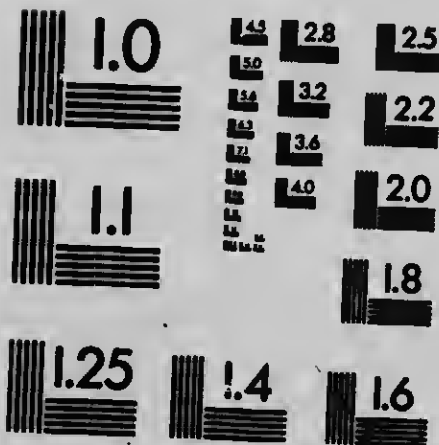
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DIRECTORS and OFFICERS

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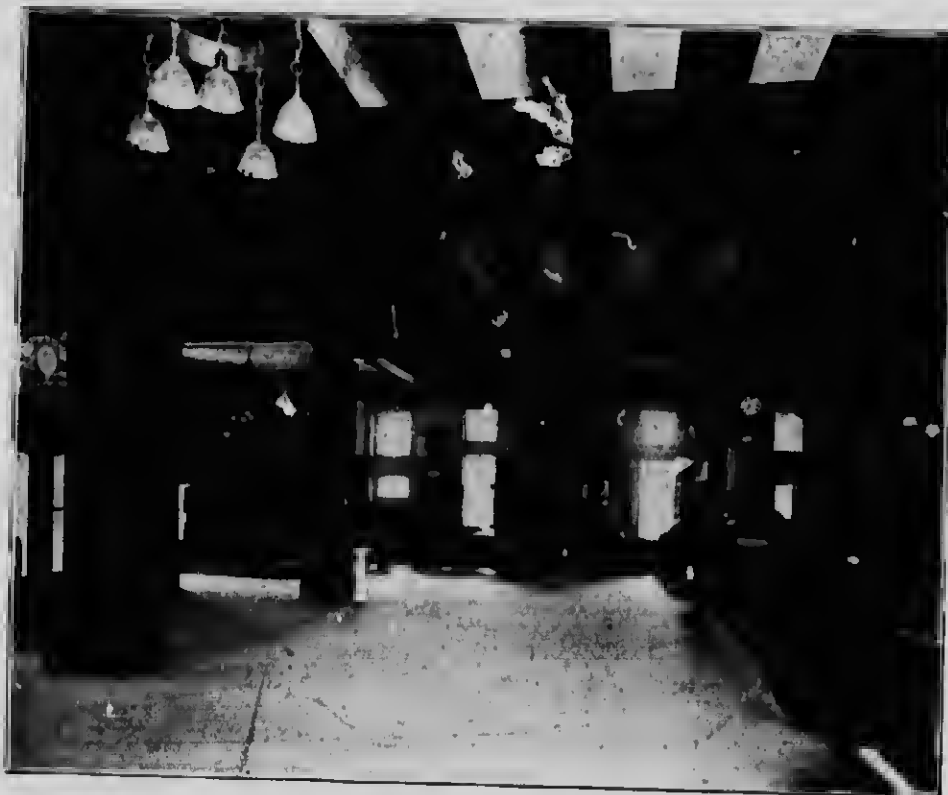
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C. G. RAYMOND	Physical Director
A. O. HUGHES	Educational and Religious Work Director
R. J. CULLEN	Boys' Work Director
	Membership and Social Work Director
	Superintendent of Building

Introduction



THIS little booklet is sent to you as an invitation to participate in the activities of the Victoria Young Men's Christian Association during the season of 1912-13. Our building has been open just a year and the membership has grown from sixty to over one thousand; the Educational Department was organized early this year, and had an enrolment of ninety-two; an aggressive plan of religious work was carried on during the past season; the Boys' Department has been re-organized and is in splendid shape for the fall work; the Employment and Advisory Department was organized in July and is serving a large number of young men each month. We have eighty-five rooms rented to young men with a total of one hundred and ten living in the building; the Physical Department was well organized last year, and had an attendance as high as sixteen hundred per month in the gymnasium; the lobby has been enlarged and a cosy reading room fitted up; the basement has been re-arranged and finished throughout in white enamel. On the basis of this success we look forward to a year of unprecedented growth and development and believe that the Association has something to offer every self-respecting young man in the city of Victoria, and the following pages will set forth in as brief a way as possible, the proposed activities in each department.



The Lobby

THE first impression as one opens the door and steps inside the lobby is of a big, pleasant room full of everything to make it attractive. Facing the entrance is the business office with a secretary in charge, ready to answer questions, assist in finding a place to live, or to do anything possible for the newcomer to help make him feel at home.

A file contains papers from all parts of Canada and nearby States, while a magazine rack offers access to many of the popular magazines. These are only two features of the reading corner in the lobby, where easy chairs and quiet make study profitable and recreational reading enjoyable. A library is also at hand, where may be found many valuable books of reference.

page three

Two cheery fire-places, one on each side of the room, make the lobby home-like during the long winter evenings and lend a glow to the atmosphere of friendliness which extends from the crowd around the piano to the players at the pool tables; not to mention chess and checkers, which can be secured at any time from the office.

Social

THE man away from home is always most susceptible to influences, good or evil, and to him the Association makes its strongest appeal through the Social Department. A corps of volunteers is ready on the floor every evening to welcome the new arrival to the building, see that he meets other men and set him right in all the ways of the city.

"Mixers" are conducted from time to time during the season, where men can become acquainted with other men of the right type, while several social gatherings, to which ladies are invited, are held in the Association building.

At all these gatherings emphasis is placed on the man who has been in the city but a short time, that he be made to feel at home and that he is a part of the Association.

Religious Work Department

The season's work in this department will start about October 1, 1912.

Bible Study—Courses will be offered in the Life of Christ; The Acts; Old Testament; Social Problems; Missions; Prayer, and Personal Evangelism. These courses will be open to all men.

Religious Meetings—The Sunday afternoon meeting will be the center of a worth-while programme. A popular speaker will be secured, who will discuss some questions of interest to men, and attractive music will be provided. Following the meeting will be the Fellowship Supper, where every man will have an opportunity to become acquainted with every other man.

Special Events—Several special features will be organized during the year. Among these will be a Weekly Prayer Meeting for dormitory men; a Social Sing in the lobby on Sunday evenings; a Church Parade; talks on Social Hygiene and allied subjects.



Employment and Advisory Department

BELIEVING that the first duty of the Young Men's Christian Association is to its own members and knowing that they quite often need help and friendly advice, the Employment and Advisory Department was established to fill this need. Membership is required in order to secure the benefits to be derived from the use of the Department because we naturally feel a keener interest in our own members than in those outside. This does not mean that the non-member will be refused aid.

In order to become a member of the Association in this Department the applicant must pay the membership of three

page five

dollars. A ticket will then be issued to him entitling him to the full privileges of the Association for one month and to the privileges of the Employment Department for eleven months, with the option of exchanging his Employment membership for a full membership by paying the additional fee of nine dollars within the first thirty days. We guarantee employment to members. In case the applicant does not secure employment, either through his own efforts or ours, within the first sixty days, the membership fee of three dollars will be refunded, if desired. This is a fair proposition and has been proven a success by those who have availed themselves of the opportunity.

We are constantly getting calls for efficient men. Our opportunity of service is to both the employer and the unemployed.

Physical Department

THE aim of the Physical Department is to provide the means for men and boys to increase their general efficiency in life through building up healthy, strong and capable bodies and by teaching them how to preserve that balance of body development which is essential to modern life. Recreation forms a large part of this scheme, and the building of big muscles, the smallest, general development being the platform. To accomplish this aim the department has been fitted up with the most approved and modern apparatus.

The Equipment

The gymnasium, 50 by 80 feet, is splendidly equipped with all the modern apparatus for calisthenic and gymnastic exercises. The indoor running track is 27 laps to the mile and so padded and banked that very fast time may be made upon it.

A boxing and fencing room has been set aside this year for these sports.

The swimming pool, 60 by 20 feet, is beautifully tiled in white marble, and the water, changed every week, is kept at a uniform temperature of 72 degrees Fahrenheit. Eleven nickeled showers minister to the claims for cleanliness.



The business men's room is equipped with full length lockers. The gymnasium, plunge room, shower room and the three locker rooms have all been enameled in white during the summer and the shower room remodelled, thus adding to the effectiveness and attractiveness of this department.

Gymnasium Classes

The most important part of the Physical Department activities center about the gymnasium, and classes are held to give the "greatest good to the greatest number."

Business Men's Class meets Tuesday and Friday afternoons, 5 to 6 o'clock. The emphasis is on the recreative and relaxation side rather than on muscular development.

Senior Class—Tuesday and Friday nights, 8 to 9 o'clock. Development and muscular education is the aim. This class is graded to meet the ability of beginners, as well as of the more advanced gymnasts. After the class period, free time for individual work, or for games, is given.

Boxing and Fencing—Instruction will be given upon appointment with the Physical Director, and the aim will be physical development rather than supremacy.

Basketball, Tennis, Volley Ball, Indoor Baseball, Handball, and other games will be played and leagues formed.

Gymnasium Men's Bible Class meets every Tuesday evening at 6.30 for tea, followed by a half-hour of study, led by the Physical Director. Vital problems affecting a man's life are thoughtfully discussed. Adjourns in time for the Senior Gymnasium Class. President, T. W. Webster; Secretary, D. Johnson.

Boys' Classes

Junior Boys—For schoolboys under 14. The exercises are light and adapted to the age and strength of the boys, under careful supervision. Games are a prominent feature.

Senior Boys—For high and older school boys. More attention given to gymnastics and athletics.

Intermediates—Monday and Thursday evenings. 7.30 to 8.30. This class is for boys 16 to 18 years, and for those younger who are working and cannot take the afternoon classes.

Clubs

To meet the demand for, and advance the cause of special forms of sport, clubs are formed. The following are now organized. For hours of practises see schedule.

Swimming and Life Saving Club—Water polo, galas, life-saving and advanced swimming. President, C. E. Hopper; Secretary-Treasurer, A. Wills; Captain, L. K. Godfrey.

Football Club—Entered in the Intermediate City League. President, H. Whiteoak; Secretary-Treasurer, G. Hewitt; Captain, W. Lynn.

Baseball Club—President, E. Dickson; Secretary-Treasurer, L. Beckwith.

Canoe Club—Outings, trips, regattas, held during the summer. Club boat-house, on the Gorge waters. President, H. S. Young; Secretary-Treasurer, D. G. McDonald; Captain, W. S. Smail.



Cricket Club—President, W. Nelson; Secretary-Treasurer, G. Hewitt; Captain, Harris.

Athletics and Harriers—Harrier runs and indoor athletics during winter. Outdoor athletics in spring. President, E. Crompton; Secretary-Treasurer, N. King.

Medical Examinations—A free physical and medical examination is given each member upon joining, and at any time during the year he may have another.

Health League—Lectures and illustrated talks will probably be given on personal and public hygiene and health subjects.

First Aid to the Injured and Life Saving—Classes in these subjects will be held during the year, and certificates will be issued to the successful students.



Schedule of Physical Department

	MON.	TUES.	WED.	THURS.	FRI.	SAT.
Business Men	5.00-6.00	5.00-6.00
Seniors	8.00-9.00	8.00-9.00
Intermediates	7.30-8.15	7.30-8.15	*7.30-8.30 P. M.
Junior Boys	4.00-4.45	*4.00-4.45	4.00-4.45	4.00-4.45	*10.00-11.00 A. M.
Junior Leaders	8.30-9.45	4.00-4.45
Senior Leaders
Intermediate Leaders
Senior Boy Leaders
Junior Boy Leaders
Free Floor	5.00-5.20	4.45-5.00	7.00-7.20 P. M.
Basketball	5.20-6.15	9.00-9.45	8.30-9.45	9.00-9.15
Boxing (upon appointment)	6.15-7.15	6.00-8.00	8.00-9.45	6.15-7.15	9.15-9.45	8.30-9.00 P. M.
Fencing (upon appointment)	9.00-9.45 P. M.
Swimming Club (exclusive use of pool)
Junior Swimming Club (exclusive use of pool)	7.45-8.30
Gymnasium Men's Tea and Bible Study	6.20-7.30	7.45-8.30 P. M.
Wrestling	11.30-12.15 A. M.
Football (Beacon Hill)
Harriers (from Building)
Athletics (Oak Bay)	8.30	8.30	2.30
Crickets (Beacon Hill)	6.30-7.30
Canoe (Gorge)	6.15-8.00	6.15-8.00
Baseball (North Ward)	6.00-8.00	6.00-8.00	2.30

*Games

Special Dates

October 14.	Gymnasium Classes commence.	February 27.	Junior Gymnastic Test.
October 19.	Canadian Swimming Championships. 50 yards	February 27.	Intermediate Gymnastic Test.
January 1.	senior; 200 yards senior.	February 28.	Senior Gymnastic Test.
February 7. 8.	New Year's Day Exhibition.	March 21.	Canadian Hexathlon—Athletic Contest.
February 7. 8.	Sir Kus Day.	April 24th.	Physical Department Dinner.



Educational Department

Calendar—Night school opens October 14, 1912.

Object—The Educational Department of this Association is designed to meet the needs of men who are ambitious to make themselves capable of holding higher positions; to fit young men for business life and to help any man to a better understanding of life's real values.

Time—Classes are conducted on week days from 7.30 to 9.30 p.m., being especially arranged for men who are employed during the day.

Admission—Any man who feels a need of growth and is willing to work may become a member of the school by paying the class fee. No examination for admission is required. A membership fee of \$5.00 per year, or \$3.00 for six months will be charged all students who are not already members.

Registration—The office of the Educational Director is open every week day and evening. Students may register at any time. If possible, registration should be completed before the term starts.

All students should be present on October 14th at 7.30 to meet their instructors, for class organization.



Night Class Schedule

Opens Oct. 14, 1912

CLASS	DAY	HOUR	FEE 6 mos.
Advertising	Tuesday	7:30 - 9:30	\$20.00
Architectural Drafting—Elementary	Monday, Thursday	7:30 - 8:30	7.50
Architectural Drafting—Advanced	Monday, Thursday	8:30 - 9:30	7.50
Arithmetic	Tuesday, Thursday	7:30 - 8:30	5.00
Book-keeping	Monday, Wednesday	7:30 - 9:30	12.00
English for Foreigners	Wednesday, Friday	7:30 - 9:30	7.00
English Grammar and Reading....	Monday, Wednesday	7:30 - 9:30	7.00
Mathematics—Advanced	Monday, Thursday	7:30 - 9:30	10.00
Mechanical Drafting—Elementary..	Tuesday, Friday	7:30 - 8:30	7.50
Mechanical Drafting—Advanced....	Tuesday, Friday	8:30 - 9:30	7.50
Penmanship	Tuesday, Thursday	8:30 - 9:30	6.00
Plan Reading and Estimating....	Wednesday	7:30 - 9:30	10.00
Salesmanship	Monday	7:30 - 8:30	30.00
Shorthand	Monday, Wednesday, Friday	7:30 - 8:30	13.00
Show Card Writing	Wednesday, Friday	7:30 - 9:30	22.50
Spelling	Friday	7:30 - 8:30	3.00
Typewriting	Monday, Wednesday, Friday	8:30 - 9:30	\$13.00

Advanced mathematics will include Algebra, Geometry and Trigonometry.

Special Group Courses

English Course 5 nights a week	Shorthand Course 5 nights a week	Commercial Course 5 nights a week
Grammar Reading Spelling Arithmetic Penmanship	Shorthand Typewriting Spelling Penmanship	Book-keeping Penmanship Spelling Arithmetic
Fee—\$15.00	Fee—\$27.00	Fee—\$20.00

Boys' School

A school for boys of 14 to 18 years of age is an important feature of the Educational Department program. Work is of an elementary nature, being designed to meet the needs of boys who work during the day and feel themselves lacking in the necessary qualifications for advancement.

The school is in charge of a competent instructor, who is not only a teacher, but a companion of the boys. Membership in the Association is required of all students.

The following subjects are taught:—

English Grammar and Composition—Monday, 7.30-9.30.

Reading and Spelling—Wednesday, 7.30-9.30.

Arithmetic and English History—Friday, 7.30-9.30.

The fee for a six months' course is \$10.00.





The Men of Tomorrow

THE Boys' Department of the Association with its ideal of a "healthy mind in a robust body," providing as it does gymnastic, educational and Bible study classes, summer camps, clean sports, etc., is carrying out an elaborate scheme for the development of the essentials of manhood in the boy.

During the summer months, our Boys' Department has undergone considerable alteration, giving members privileges and advantages in their new quarters beyond those of last year.

The floor is divided into sections for Intermediates and Juniors, and a fine club room has been added where magazines, other periodicals and a lending library are at their disposal. Games appealing to the boys are found here, including billiards, cue-roque, checkers, etc.

Educational Classes

Evening educational classes are provided for those boys who for various reasons would avail themselves of an opportunity to obtain knowledge of essential school subjects, thereby enabling them to secure better positions, and higher wages. See page 13.

Gymnasium Classes

Junior Boys

Tuesday, Thursday	4:00 to 4:45
Saturday (games)	10:00 to 11:00

Senior Boys

Monday, Friday	4:00 to 4:45
Wednesday (games)	4:00 to 4:45

Intermediate Boys

Monday, Thursday	7:30 to 8:30
Saturdays (games)	7:30 to 8:30

Boys' Membership

Junior—12 to 14 years	\$5.00 yearly
Intermediate—15 to 18 years	\$7.00 "

Membership Fees

We are trying to make the building self-supporting this year, though our membership rates are low, compared with the activities and the facilities offered. We need the co-operation of our members more than we need their fees, but there is a wide range in the cost of different memberships.

Business Men	\$25.00
Full Senior (1st year)	12.00
Full Senior (after the 1st year)	10.00
Full Senior (6 months)	8.00
Educational Membership (per year)	5.00
Educational Membership (6 months)	3.00
Intermediate Boys (per year)	7.00
Junior Boys (per year)	5.00
Employment Department (per year)	3.00

Full Senior membership entitles one to the regular privileges of the Association. Lockers rent for \$2.00 per year, but lockers are included in the Business Men's membership.

Towel tickets include the use of ten towels for 25c. Use of the pool table, 30c per hour.



Living in the Building

THE above cut shows one of our dormitories and serves well to illustrate the advantages of rooming in the building. Our rooms are cosy and well furnished. The building is steam-heated, the rooms are well cared for each day by two efficient matrons and the rates are reasonable. We have eighty-five rooms at the following prices:

Single (per month)\$9.00, \$10.00, \$12.00, \$14.00

Double (per month)\$16.00, \$18.00, \$20.00

All single iron beds, specially made for Association building. A full membership is necessary to secure a room in the building, except for a few days as a transient. Hot and cold shower baths and lavatory facilities are provided for each floor. There is a telephone on each floor connected with the office, and a system of bells adds to the convenience of the roomers.

