

There is Quick Relief From TORPID LIVER

In Fruit-Lives. And they are a positive cure for constipation and all blood impurities. Those who have used these marvelous little fruit-lives are the ones who praise them warmest. Here is one of hundreds of testimonials from those who owe their good health to Fruit-a-lives.



See a box. At druggists. Manufactured by Fruit-a-lives Limited, Ottawa.

THE EXPORT OF FRESH HERRING

Nanaimo Free Press Has Article Dealing With an Important Article.

The Nanaimo Free Press publishes the following under the caption "Exporting Fresh Herring."

Perhaps the most important feature of the session of the Fisheries Commission in this city, to Nanaimo fishermen at least, was the great amount of evidence given in favor of the prohibition of the export of fresh herring to Seattle and other United States points on the other hand, with possibly one or two exceptions, very strongly declared against the government closing up this avenue of trade.

The question is one of the most perplexing issues the commission has had to meet. It is a matter of great importance to the fishermen of this coast, and strong arguments can be advanced by both sides. Individually, after hearing evidence from all parts of the province, many of the members of the commission on being interviewed were in favor of stopping the export of fresh herring, not at once, but giving time for the fishers to arrange for the disposition of their stock elsewhere, and to prepare for such emergencies as might arise from the new order of things.

First, they contended that Seattle dealers have been known to take stale fish, most unfit for human consumption, and barrelled them for shipment to eastern consignees, with whom many shippers in this province are striving to build up a permanent business.

Then again, they say when they see this curing and preparing being done generally for the market here on Canadian soil, they are not in favor of the export of such fish to other countries, and that the fish which are cured in this province are sold to the States for manufacturing purposes, with all the benefits to be derived from such work accruing to the country where they are cured.

Perhaps the most interesting thing which has been said in connection with the herring industry is the fact that the fish which are cured in this province are sold to the States for manufacturing purposes, with all the benefits to be derived from such work accruing to the country where they are cured.

With the herring industry as yet in its infancy they do not see how the commission can be operating on a scale large enough to use all the fish, especially in the case of such a commodity as herring, which is so perishable. While the witnesses themselves testified that the fish should be sold in Seattle, they are apparently surprised of the British Columbia commission that it should have taken so large a catch. The fact that the independent fishermen on the other hand, on their own account do not seem to have secured to them and when questioned on this point ridiculed the idea in view of their limited capital.

REV. THOS. CHAMPNESS DEAD. British Wesleyan Methodist Suffers of Very Sad Bereavement.

The British Weekly of November 2nd contains an announcement of the death of Rev. Thomas Champness, one of the most distinguished Wesleyan Methodist ministers of this generation. Mr. Champness was born in the parish of St. Andrew, in Sierra Leone which has proved the herring ground of so many noble men.

Mr. Champness was a man of high character and his death is a great loss to the Wesleyan church. He was a man of high character and his death is a great loss to the Wesleyan church.

GAME PROTECTION AND GUN LICENSE. Sir—I have noticed that more or less discussion has taken place lately respecting the imposition of a gun license in this province.

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MISS CAMERON STATES HER CASE. Principal in School Board Controversy Writes a Letter Defending Her Position.

Miss Agnes Deans Cameron, principal of the South Park school, has made public the following statement, which appeared in yesterday's issue of the Victoria Daily Times.

I do not think there is anything doing, but I have a strong suspicion that you are not a very bright fellow. You are not a very bright fellow, but I have a strong suspicion that you are not a very bright fellow.

Mr. Blair has issued a circular report, in which he says: "In the books from a number of school cases of ruling were obvious here and there, some having been the case in our own school, and some in the schools of other districts."

Perhaps you will remember, too, the motion (proposed by Trustee Mowat) which passed at the board at its meeting of September 22nd.

AGNES DEANS CAMERON. The test I proposed on behalf of the pupils in the controversy was not, as you state, "I would like to have it granted, but it was not granted."

AGNES DEANS CAMERON. BATTLESHIP, 18,000 TONS. Three first class battleships of about 18,000 tons displacement and two second class battleships of about 12,000 tons displacement.

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Released Russians Arrived by Iyo

Unwilling to Return to Russia They Seek Homes in Canada.

From Wednesday's Daily. Steamer Iyo Maru, Captain Thompson, which arrived yesterday, had on board a number of Russian soldiers, mostly Russian Poles and including four Russian Jews and one Armenian, who came to Canada, to make their homes, after having failed to secure Japanese naturalization.

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Confirmed News of Sealer's Capture

McNeil, McCamish, Knapp and Capt. Thompson Caught Ridding Robben Bank.

From Wednesday's Daily. The sealers who have returned home after many thrilling experiences with the two nations recently at war, confirm the news, published in these columns about a year ago, of the seizure of the Japanese sealing schooner Kyoichi Maru, formerly the Diana, owned at Tokyo, while engaged in sealing Robben bank off Cape Patience, and the imprisonment of her crew, including four white men, well known to the sealers, and the Japanese sealers, Edward McNeil, George McCamish, and the other prisoners, who were transferred from Khabarovsk to Metso-Norwegian.

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Mutiny of Haddon Hall—Capt. Caine Tells of the New Steamers.

From Wednesday's Daily. The mutiny of the Haddon Hall, a British steamer, is a well known story. The captain, Caine, has written a book about it.

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BLOOD HURTERS. PIMPLES, BLOTCHES, ERUPTIONS, FLESHWORMS, AND OTHER BLOOD HUMORS. Their presence is a source of embarrassment to those afflicted, as well as pain and regret to their friends.

Family Doctor. His Pain Expeller. It is the friend in need. Always ready to use. Instantly relieves pain. Cures Headaches, Rheumatism, Sciatica, Toothache, Neuralgia, Sprains, Bruises, Burns, Cuts, Coughs, Colic, Cramp, Whooping Cough, Croup, and all other ailments.

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FINNS WIN A New Senate. Holmstrom, F. constituted as a senator today in the senate on constituting of the late Professor Holmstrom, even of the late Baron Wrede, and the late Senator Wrede, who had been a senator since 1878, and who had been a senator since 1878.