

SEVENTH REPORT

OF THE

~ Hillcrest ~

Convalescent Home,

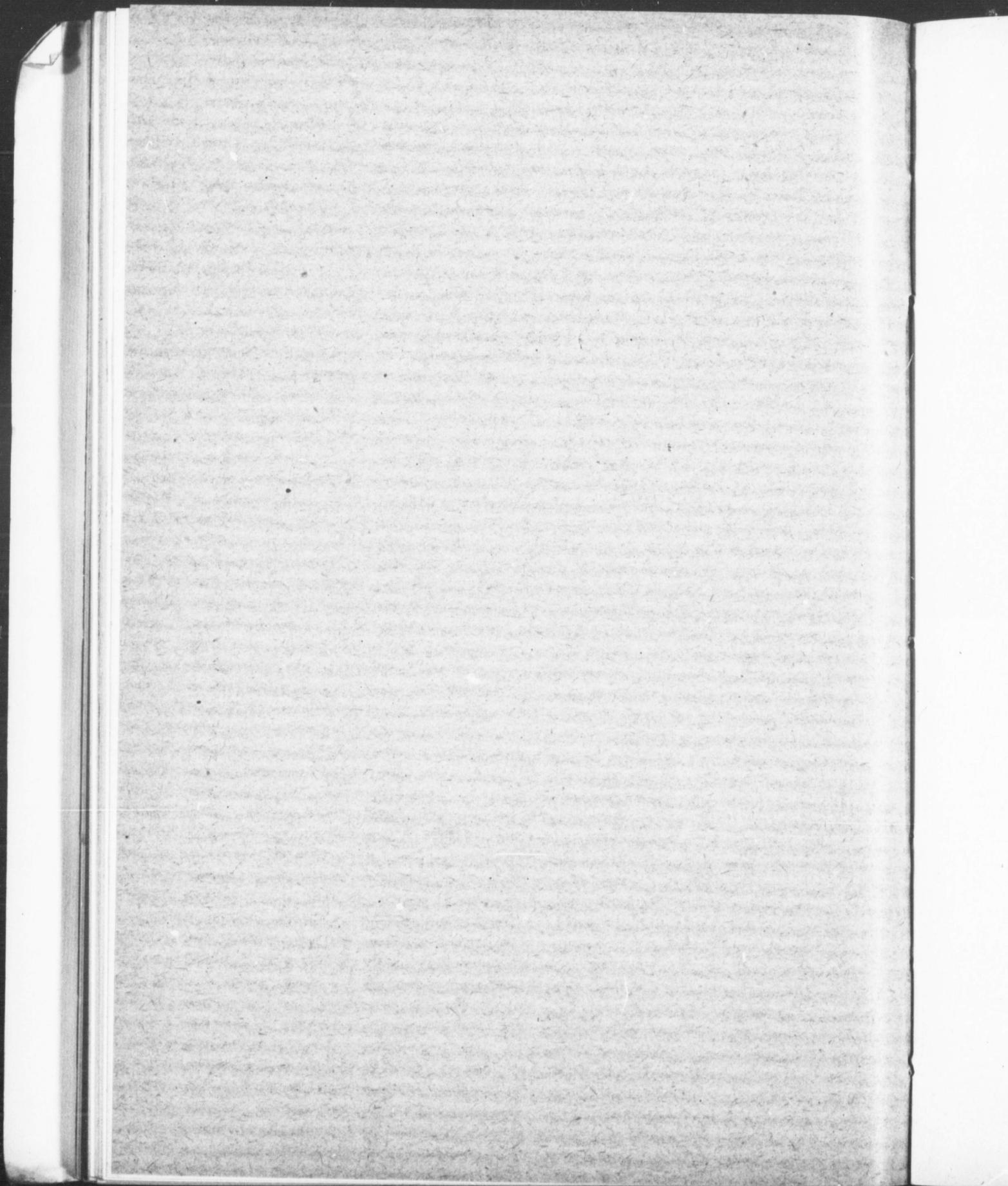
Wells' Hill, Cor. Davenport Road and Bathurst Street,

From Oct. 1st, 1893, to Sept. 30th, 1894.

INCORPORATED, 1892.

TORONTO:
ROWSELL & HUTCHISON, PRINTERS.

1894.



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Form of Bequest.

The Home can legally receive any amount of money which may be given or bequeathed to it.

In case it is desired to give land or its proceeds, it is necessary that the will be executed at least six months before the death of the donor. The form of devise in the will may be as follows :—

I give to the HILLCREST CONVALESCENT HOME, Toronto, (describe the land so that it can be identified.)

or I give to the HILLCREST CONVALESCENT HOME, Toronto, Mortgage dated
and made by *to me, for*
\$ on land described as follows : *(here describe*
lands as above)

or I give to the HILLCREST CONVALESCENT HOME, Toronto, \$ to be paid out of my Estate.

Members of the Corporation.

HON. S. H. BLAKE, Q.C.	256 Jarvis Street.
J. K. KERR, ESQ., Q.C.	"Rathnelly," Avenue Road.
J. J. GARTSHORE, ESQ.	48 Front Street West.
DR. W. H. ELLIS	74 St. Alban's Street.
DR. BERTRAM SPENCER	8 Bloor Street East.
A. H. SMITH, ESQ.	London, Ont.
J. J. WITHROW, ESQ.	27 Wilton Crescent.
H. P. DWIGHT, ESQ.	107 St. George Street.
MRS. GIBSON	94 St. Joseph Street.
" E. BLAKE	467 Jarvis Street.
" HODGINS	92 Pembroke Street.
MISS M. R. GREIG	17 Queen's Park.
" S. MICKLE	Queen's Park West.
" AIKINS	29 Wellesley Street.
MRS. BARNETT	68 Gloucester Street.
" BYRNE	414 Huron Street.
" COCKSHUTT	462 Sherbourne Street.
" J. I. DAVIDSON	53 St. George Street.
" GUNTHER	"Bellevue," Poplar Road.
LADY GZOWSKI	"The Hall," Bathurst Street.
MRS. HOSKIN	"The Dale," Rosedale.
" JARVIS	258 Jarvis Street.
MISS MORRIS	471 Jarvis Street.
" O'BRIEN	383 Sherbourne Street.
" PARSONS	235 Jarvis Street.
MRS. PATERSON	23 Walmer Road.
" SHORTISS	115 St. George Street.
" VANDERSMISSEN	15 Surrey Place.
" WAKEFIELD	Davenport Road.
MISS W. MACDONALD	"Oaklands," Avenue Road.

Committee of Management.



President .. MRS. A. GIBSON 94 St. Joseph's Street.
Vice-Presidents { MRS. GUNTHER Bellevue.
 { MRS. WAKEFIELD Davenport.
Treasurer .. MISS M. R. GREIG 17 Queen's Park.
Secretary .. MISS O'BRIEN 383 Sherbourne Street.

COMMITTEE.

MISS AIKINS 29 Wellesley Street.
 MRS. BARNETT 66 Gloucester Street.
 " BYRNE 414 Huron Street.
 MISS BOULTON 355 King Street East.
 MRS. COCKSHUTT 462 Sherbourne Street.
 " J. I. DAVIDSON 53 St. George Street.
 MISS DARTNELL Davenport.
 " ELLIOTT 90 Howard Street.
 LADY GZOWSKI "The Hall," Bathurst Street.
 MRS. GOODERHAM "Waveney," St. George Street.
 " HOSKIN "The Dale," Rosedale.
 " HELLIWELL 67 Henry Street.
 " HODGINS 92 Pembroke Street.
 " JARVIS 258 Jarvis Street.
 " MORRISON 75 Winchester Street.
 MISS W. MACDONALD Oaklands.
 " MORRIS 471 Jarvis Street.
 " PARSONS 235 Jarvis Street.
 MRS. PATERSON 23 Walmer Road.
 " SHORTISS 115 St. George Street.
 " VANDERSMISSEN 15 Surrey Place.

Medical Staff.

DR. B. SPENCER 8 Bloor Street East.
DR. H. T. MACHELL 95 Bellevue Avenue.
DR. CRAWFORD SCADDING 311 Sherbourne Street.
DR. P. STRATHY 98 Beverley Street.
DR. ALLAN BAINES 194 Simcoe Street.

LEGAL ADVISOR.

T. D. DELAMERE, Q.C.

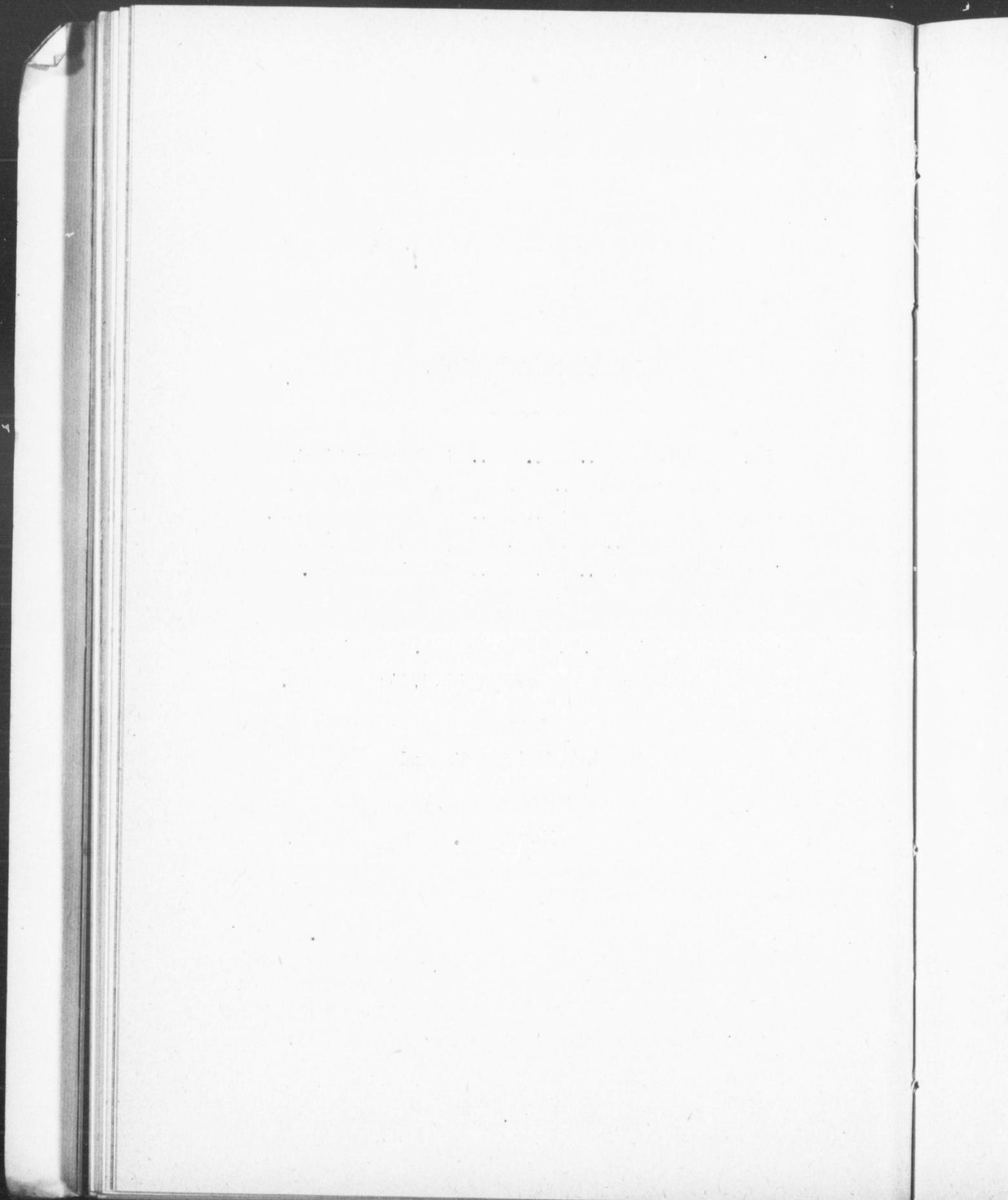
Messrs. Delamere, Reesor & English, 17 Toronto Street.

MATRON.

MISS LAW, Hillcrest, Bracondale.

HOUSEKEEPER.

MISS KEITH.



Hillcrest Convalescent Home.

Seventh Annual Meeting.

The Annual Meeting of the Corporation of this Institution was held on Monday, November the 19th, in the Library of the Y. M. C. A., Mr. W. B. McMurrich presiding.

After the Meeting had been opened with prayer by the Rev. Dr. Pearson, letters of regret were read from His Honour the Lieutenant-Governor, His Worship the Mayor, Mr. O. A. Howland, M.P.P., and others: the Secretary was then called upon to read the report as follows:

The year ending September, the 30th, 1894, has been marked by no special effort in the work of the Convalescent Home, since the building of the new wing for men, the papering and painting of the old house, and the construction of a main sewer to connect with the city sewer on Bathurst street, south of the C. P. R. track. We have, in a manner, rested on our oars, feeling that there was no occasion for further outlay at present, as every department of the Home was in excellent working order.

We have accommodation for forty-eight patients, viz.: twenty-five women, and twenty-three men; the wards are light, airy, and well ventilated; and the south and west verandahs afford a delightful place for exercise at all seasons of the year. In addition to this, we have accommodation for private patients, consisting of three bed-rooms, bath-room and a sitting-room, together with verandahs for their special use

Our patients during the year numbered 212, 141 being women, 67 men and 4 children, there have been no deaths, and the general health has been fair. The aggregate stay of the patients was 5,912 days, the average being 28 days.

As we have said in former reports, the Home is almost self-supporting, and we only appeal to the general public when we have to incur extra expense.

The charge for the patients in the public wards is \$2.40 per week, paid in advance. The Superintendent, Miss Law, is a trained and certificated nurse, and before coming to the Convalescent Home, was for thirteen years in charge of the Hospital at Guelph, and the Committee feel that they cannot speak too highly of her kind and motherly care of the patients, nor of her skill in cases of emergency, when active treatment is required. It is a well-known fact that many convalescents are querulous and hard to please, but we believe that there are very few who have found returning health and strength at Hillcrest, who would not gladly acknowledge how untiring she is in her care for them. If exquisite cleanliness! (for which we have to thank our house-keeper, Miss Keith), plain wholesome food, and pure air are needed, they can certainly be found at the Convalescent Home, and we know no better factors for the building up of health than these.

We have many kind friends to thank for their gifts to us during the year, but especially those who have ministered to the spiritual needs of the patients, whether by Sunday services, or weekly Bible readings; and we hope that many have gone forth from there to begin again the battle of life, determined to live Christ's faithful soldiers and servants unto their lives' end.

To the medical staff, too, we owe our warmest thanks for the willing service they give. We do not know how often they have

been called upon to go out there after a hard day's work, but we *do* know that we never call upon them in vain when they are really needed.

STATISTICS FROM GOVERNMENT REPORT, 1893-94.

Number of patients in the Home	212
Women	141
Men	67
Children	4
———	
English	90
Canadian.....	50
Irish.....	41
Scotch.....	14
Other Nationalities	17
———	
Episcopalians.....	112
Presbyterians.....	28
Roman Catholics	11
Methodists	38
Baptists	14
Other Denominations	9

The Treasurer's report, which appears elsewhere, was then presented.

The adoption of the two reports was moved by the Rev. Louis H. Jordan, and seconded by the Rev. Dr. Pearson.

The Medical report was prepared and presented by Dr. Philip Strathy. It is as follows :—

Medical Report.

Mr. Chairman, Ladies and Gentlemen:

I have the pleasure to submit to you to-day a short report on behalf of the Medical staff of the Hillcrest Convalescent Home.

During the year the home has admitted 212 patients convalescing from various diseases. We have had twenty typhoid fever convalescents. Seventeen recovering from rheumatism. Eleven from la grippe. Thirty-one who have been classified under the head of debility, who have really suffered from no particular disease, but who are run down from worry, overwork, poor food and other causes. The balance are made up of patients recovering from various disorders, such as pneumonia, pleurisy, bronchitis, anæmia, heart disease, and patients who have not regained their health after operations. We have fortunately escaped without a death in the Home this year. Of the usefulness of this institution, I need not say, there can be no doubt. There have been times in Toronto when epidemics of typhoid fever and other diseases have filled the hospitals to such an extent that patients have been obliged to leave before recovery has been completed to make room for others in a more acute state, and the value of such an institution as ours has been, at such time a great boon to the sick. The hospitals have sent us a large share of our patients—86 coming from the General Hospital, 30 from Grace Hospital, 2 from St. John's Hospital, 118 in all—leaving in these institutions that number of beds for more urgent cases.

Hundreds of cases of relapses of different diseases have been saved to the poor of our city by taking advantage of this resort.

And not to the poor only, but to our better classes who can avail themselves of the comfortable private wards and get the advantage which the situation of the Home offers, an advantage not to be obtained in our crowded centres.

I must testify also to the efficiency, care and attention displayed by the Matrons, Miss Law and Miss Keith, who are ever mindful of their duties, and kindly in their attention to the wants of the sick.

Rooms for Private Patients.

In building the new wing, special arrangements have been made by the Board for the reception of private patients. Three airy and prettily furnished bed-rooms have been set apart for their use. They will have a separate dining-room and parlor, a separate bath-room, and two verandahs on the west and on the south for their exclusive use. All bedding, linen, china, etc., will be kept separate and there will be good attendance.

The charges for these rooms will be from \$5.00 to \$9.00 per week, according to accommodation.

Treasurer's Statement.

Receipts and Expenditures from 1st October, 1893 to 30th September,
1894 :

RECEIPTS.

Balance on hand 1st October, 1893	\$ 539 01
Received from Government of Ontario	1001 55
Received from city of Toronto—Grant	200 00
Received from city of Toronto for Patients.....	1987 30
Received from patients and their friends	545 45
Subscriptions, Donations and Bequests	163 00
Received interest on Endowment Fund	35 48
Received from all other sources not above enumerated.	57 55
	<u>\$4529 34</u>

EXPENDITURES.

Butchers' Meat.....	\$463 34
Butter	155 26
Wine and Spirits	4 50
Flour, Bread and Meal	155 40
Milk.....	223 75
Potatoes, Vegetables and Fruit.....	122 37
Groceries and provisions not enumerated	261 72
Advertising, Printing, Postage, etc	43 44
Soap, Brushes and Cleaning Appliances	28 96
Fuel.....	407 25
Furniture, Furnishings, Bedding, Crockery, etc.....	125 08
Oil and Lights	20 49
Medicine	21 50
Repairs	170 79
Live Stock and Feed for same	12 15
Salaries and Wages	925 22
Ice Supply	21 26
Other Expenditures, including final payment of Loan and Interest	604 89
Cash balance	761 97
	<u>\$4529 34</u>

HILLCREST ENDOWMENT FUND.

Balance 30th September, 1893	\$709 60	
Subscriptions to Fund.....	58 00	
		————— \$767 60
		<u>————— \$767 60</u>
 Balance on deposit	 \$767 60	
		 ————— \$767 60
		 <u>————— \$767 60</u>

Having examined the Cash book of the Convalescent Home of which the above is a summary, and having compared the expenditure with the vouchers and receipts, I hereby certify as to the correctness of the foregoing accounts.

W. GILLESPIE, JR.,
Auditor.

Toronto, October 17th, 1894.

Act of Incorporation, 55 Victoria, 1892.

WHEREAS the Hillcrest Convalescent Home of the city of Toronto was established for the purpose of a convalescent home, to be carried on in a suitable manner under the direction of a committee of ladies to be appointed annually for the acceptance of convalescent patients, without distinction of creed, and the same has been in working operation for over four years under the direction of a board of management; and whereas the said home was founded by a grant of land by the late William Gooderham to trustees, and the erection thereon of a large and expensive building at the cost of a charitable English lady, who furnished money for the construction and furnishing of the same to the extent of upwards of \$11,000; and whereas the same has been carried on by a committee of management in conjunction with the trustees chiefly through voluntary subscriptions of citizens of Toronto and legacies and bequests from time to time; and whereas large sums have been expended annually for the support of the said institution and also in making additions and alterations to the buildings to meet growing demands; and whereas the board of management have been incorporated under *The Act respecting Benevolent, Provident and other Societies*, and their powers to receive by grant, gift, devise or bequest are too limited for the practical working of the same, and it is desirable that the board of trustees and the board of management aforesaid should be united into one corporation and the lands and buildings now vested in trustees vested in such corporation; and whereas it is expedient to grant the prayers of the same petition;

Therefore Her Majesty, by and with the advice and consent of the Legislative Assembly of the Province of Ontario, enacts as follows:—

1. The Honourable Samuel Hume Blake, James Kirkpatrick Kerr, John James Gartshore, William Holmes Howland, William Hodgson Ellis, Bertram Spencer, Arthur Hutchison Smith, John Jacob Withrow, and Harvey Prentice Dwight, all of the city of Toronto, esquires, together with the present board of management and members of the committee, and all other persons who may from time to time be elected to succeed them as members of the committee, shall be and they are hereby constituted a body politic and corporate under the name of the Hillcrest Convalescent Home, and the said incorporation under the *Act respecting*

Benevolent, Provident and other Societies shall merge in the corporation hereby created and cease to exist as a separate corporate body.

2. All the property, real or personal, now held by the said individuals above mentioned, or by any of them or other person or persons, for the use or benefit of the said Hillcrest Convalescent Home shall be and is hereby transferred to and vested in the corporation hereby constituted, subject only to the provisions of the deed of grant from the said William Gooderham to trustees dated the 21st day of August, A. D. 1885, as to the disposition to be made of the said property in case it should cease to be carried on and supported as a convalescent home, and the officers and managing committee of the said institution at present in office shall continue to be the officers and managing committee of the said corporation until others shall be elected in their stead.

3. The said corporation may hold the said lands for use as a convalescent home, and may also acquire and hold additional lands and premises when required for use in connection with the same for actual use and occupation as a convalescent home provided the annual value thereof do not exceed the sum of \$15,000 in all, and may also acquire any other real estate or interest therein, by gift, devise or bequest if made at least six months before the death of the party making the same, and may hold such estate or interest in the lands lastly mentioned for a period of not more than seven years and shall within that period alienate or dispose of the same and the proceeds of the estate or interest so disposed of shall be invested in public securities, county or municipal debentures or other approved securities, for the use of the said corporation, and such estate or interest therein as may not within the said period have been alienated or disposed of shall revert to the party from whom the same was acquired, his heirs or representatives.

4. For the management of the affairs of the corporation there shall be a committee composed of not more than thirty persons, who shall be annually elected by the members of the corporation amongst themselves at a general meeting to be held annually in the month of October in each year, and at their first meeting after such election the said committee of management shall choose out of their number a president, two vice-presidents, a treasurer and a secretary, who shall hold office during the period aforesaid.

5. The said managing committee may make such and so many by-laws, orders and regulations (not being contrary to the laws of this Province or this Act) as they may deem useful and necessary for the government of the said corporation, and for the admission, resignation and retirement of members of the corporation, and may repeal, revoke, alter and amend any existing by-laws, orders and regulations.

6. The funds of the said corporation shall be used for the purposes authorized by this Act, and nothing herein contained shall authorize the said corporation to engage in the business of real estate.

7. The said corporation shall at all times when required by the Lieutenant-Governor of the Province, make a full return of all property held by it, with such details and other information as the Lieutenant-Governor in Council may require.

By-Laws.

I.—This Institution is intended for the benefit of convalescents leaving hospitals, or living in houses where their recovery is retarded by the want of needed rest and change.

II.—It is to be managed by a committee of not more than thirty (30) ladies, to be elected annually. The Committee will nominate its successors in office.

III.—The said Committee shall elect by ballot out of its number a President, two Vice-Presidents, a Treasurer and a Secretary, in accordance with clause 4 of the Act.

IV.—The Committee of Management shall hold its monthly meetings on the first Friday of each month at 11 a. m., at such place as it shall appoint. Five members shall constitute a quorum. Weekly meetings shall be held each Friday morning at the same time and place, unless some other day is fixed upon at a previous regular meeting.

V.—The President shall have general supervision of the work. She shall preside at all meetings of the Corporation or of the Committee of Management, and shall perform such other duties as are incident to the office. She shall sign all drafts upon the Treasury before they are paid. In case of her absence, one of the Vice-Presidents shall preside; in case of their absence, such other person as the meeting may select.

VI.—The funds necessary for supporting this Institution shall consist of fees, voluntary subscriptions, donations, bequests, etc.

VII.—All moneys received shall go to the Treasurer, who shall keep the same in some chartered bank, and shall disburse them as the Committee of Managers shall direct. The Treasurer's annual report shall be examined by auditors appointed by the Committee.

VIII.—The Secretary shall give notice of stated and special meetings, keep the minutes of the same, and prepare the Annual Report of the Committee of Managers.

IX.—Anyone desiring to obtain a city order for a patient must send to the City Health Officer: (1) A medical certificate either from or confirmed

by one of the medical staff, stating that the applicant is a fit subject for admission to the Home : (2) A recommendation showing that the applicant cannot pay the ordinary charges.

X.—Any person desiring admission to the Home able to defray his or her own expenses, or paid for by friends, must present to the Superintendent of the Home a medical certificate either from or confirmed by one of the medical staff stating that the applicant is a fit subject for admission ; and must pay in advance for one week's board, \$2.40.

XI.—Infectious or contagious cases cannot be admitted to the Home.

XII.—Unmarried women with infants cannot be admitted, nor any man or woman known to be leading an immoral life.

XIII.—A small quantity of alcoholic liquor for use in extreme cases or by medical order may be kept in the Home, but must be in charge of the Matron under lock and key, and only administered by the Matron, and if under medical order, in quantities to be prescribed by the medical attendant ordering same.

XIV.—Members of the Committee are expected to visit the Home weekly in rotation, and will be notified by the Secretary a week before to that effect.

XV.—The visitor for the week must visit herself or provide a substitute from the members of the Board, or notify the Secretary in time for her to appoint another visitor in her place.

XVI.—The visitor must enquire whether the Matron has an order for every patient. In case of any patient remaining in the Home for more than four weeks, the visitor must make full inquiries as to the reason of such stay, and lay the case before the Board at the first meeting after her visit.

XVII.—The visitor must visit every part of the Home and report personally or fully in writing on the condition of the Home and patients at the first weekly meeting after her visit.

XVIII.—Each member of the Board must notify the Secretary before leaving town for a length of time. Also, That any member of the Board being absent for three consecutive months without having given formal notice of absence to the Secretary, will cease to be a member of the Board.

XIX.—The managers may appoint from time to time sub-committees from among themselves to attend to any special duties. As a rule such sub-committees shall consist of not less than three, and not less than two shall be considered a quorum to act. These committees, for the sake of regularity and for future reference, shall as a rule, report to the Board in writing.

XX.—Changes can be made in the by-laws at any regular monthly meeting of the Committee, notice having been given in writing of the intended change at a previous regular monthly meeting.

XXI.—The President and Secretary or other officers for the time being acting in their stead, shall have power to affix the corporate seal of the Home to any document requiring the same and may adopt any form of seal which to them may seem proper as such corporate seal.

Rules for Inmates.

- 1.—The inmates shall attend Morning and Evening Prayers, conducted by the Matron.
- 2.—All inmates must in all respects conform to the orders of the Matron, must be punctual at the hours of meals, and must not absent themselves from the table without permission from the Matron.
- 3.—Patients, able in the opinion of the Physician, shall assist in any work that the Matron may require.
- 4.—No patient will at any time be allowed to leave the grounds without special leave from the Matron. No patient shall be absent from the Home later than 5 o'clock p.m. Each patient shall be allowed to leave the grounds once only during a stay of two weeks.
- 5.—Patients shall confine themselves to the part of the house assigned to them. No male patient shall enter the female wards, nor any female patient the male wards.
- 6.—The patients shall keep their clothes in the places provided for them, and shall on no account leave them about their rooms or on their beds.
- 7.—No trunks or unnecessary clothes are to be sent with patients. All clothing must be delivered into the charge of the Matron on arrival at the Home, who will only allow one change of clothing in the wards. At the discretion of the Matron each patient may have six pieces washed at the Home every week free of charge.
- 8.—On entering the Home patients are requested to hand to the Matron for safe-keeping any money or valuables brought with them.
- 9.—Patients are not allowed to carry lighted lamps through the house.
- 10.—Such patients as are well enough are expected to attend Divine Service on Sundays.
- 11.—Patients must be quiet and exemplary in their behaviour, and conform strictly to the Rules and Regulations of the Home, and carry out all the orders and prescriptions of the various officers of the Home.

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12.—Patients may be visited by their friends on Thursdays, between the hours of 2 and 5 p.m., and on any evening, Sundays excepted, from 7 to 8 p.m.

13.—Any patient bringing liquor into the Home, or found intoxicated, will be discharged.

14.—At nine o'clock lights must be out and perfect quiet must be observed in the wards.

15.—Whenever patients misbehave or violate any of the Rules of the Home, the Matron may at once discharge them.

16.—No chewing of tobacco allowed in the building or on the verandah ; nor smoking, except in the place allotted to that purpose in the basement.

17.—The Committee of Management will not allow any nails to be put into either walls or woodwork in any part of the house. No pictures or mottoes are to be hung or pasted on the walls in any part of the house, and patients who in any way disfigure any part of the Home will be subject to dismissal.

DONATIONS.

Mrs. Edward Blake	\$100 00
Mrs. John I. Davidson	15 00
Miss Somersett	10 00
Mrs. Jarvis	10 00
Mrs. G. A. Sweny	10 00
Lady Macpherson	5 00
Miss Wilson.....	5 00
Miss Aikens	5 00
Lady Galt.....	2 00
Mrs. Crooks.....	1 00
	<hr/>
	\$163 00

CHRISTMAS DONATIONS.

Turkey and apples	Mrs. Sweny.
12 cans tomatoes, 12 cans corn, holly	Mrs. Gooderham.
2 turkeys	Swan Bros.
1 turkey	No name.
1 turkey	Miss Aikens.
Oranges	Miss Mickle.
4 pairs socks	Mrs. Osler.
Jar of honey	Mrs. Shortiss.
Cake	Miss Morris.
6 cans tomatoes, 6 cans peas	Miss Somerset.
6 cans tomatoes and 6 cans peas	Miss Elliot.
1 turkey	Mrs. Smart.
Side of Lamb	Mrs. Parsons.
1 turkey	Mrs. B. E. Walker.
Goose	Miss McDonald.
Books and grapes	Mrs. Brodie.
Prunes	Mrs. Wakefield.
Magazines, barrel apples	Mrs. Davidson.
Roast of beef	Mallaby & Co.