



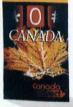
Department of Foreign Affairs and International Trade Ministère des Affaires étrangères et du Commerce international

Canada

Using a foreign telephone operator to call home can be a headache

So take two of these.





Call 1-800-561-8868 before you leave Canada to get a handy wallet card listing all the Canada Direct* access numbers. Or find the access numbers listed throughout Bon Voyage, But...

















BON VOYAGE, BUT ...

DEPARTMENT OF FOREIGN AFFAIRS AND INTERNATIONAL TRADE

The Consular Service of the Department of Foreign Affairs and International Trade (DFAIT) is committed to providing effective and efficient services throughout the world to all Canadians. Our pledge is to provide service characterized by sensitivity, empathy, courtesy, speed, accuracy and fairness.

Our services are available through our headquarters in Ottawa and through our network of offices in other countries. Emergency services are available 24 hours a day, seven days a week.

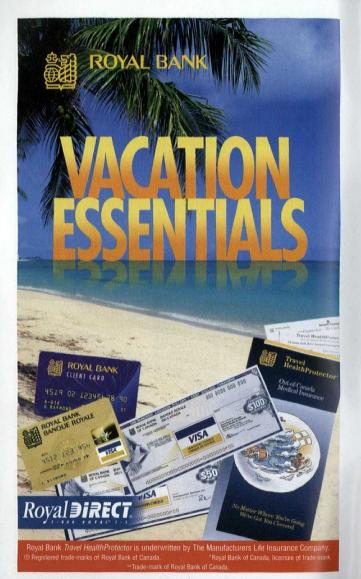
Nothing can ruin a trip more than running into unexpected problems, especially those that could have been easily avoided. The *Bon Voyage*, *But...* booklet contains valuable information and advice for Canadian travellers. To obtain more information or additional free copies of this booklet, visit your nearest Passport Office or write to:

InfoCentre
Department of Foreign Affairs and International Trade
125 Sussex Drive
Ottawa, Ontario
K1A 0G2
tel.: 1-800-267-8376 (in Canada)

(613) 944-4000
We are on the Internet. Our World Wide Web address is: http://www.dfait-maeci.gc.ca

We'd like to hear your comments on this booklet. Was it helpful? Write to the above address and let us know what you think.

Note: The information contained in this booklet is subject to change. Please check with the appropriate government departments and organizations mentioned within to ensure you have the most current information.



The Department of Foreign Affairs and International Trade would like to thank the following companies and organizations for their assistance in publishing this booklet:

- Agriculture and Agri-Food Canada
- Anti-Drug Information Program
- Canada Direct*
- Connaught Laboratories Limited
- Desjardins Travel Insurance
- Department of Canadian Heritage
- Environment Canada
- Frank W. Horner Inc. Gravol
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- Telfer International Inc. (International Insurance Consultants)
- TravelGold™ providing comprehensive travel insurance and assistance to the world for over 30 years.
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BON VOYAGE, BUT...

Canadians love to travel. Each year we make more than 90 million trips abroad for both business and pleasure. The vast majority of these excursions go off without a hitch.

But unfortunately all trips don't come with a hassle-free guarantee. Accidents, illnesses, legal problems and linguistic and cultural difficulties can occur when you're travelling.

Most problems are minor and you can usually solve them yourself. But if you run into more serious obstacles, our Canadian missions are there to assist you.

If you're sick, in trouble or have lost your passport, our missions will do all they can to smooth your way.

Bon Voyage, But... will help you plan ahead. Read it before you book your next business trip or vacation abroad. And pack it in your luggage — it's a handy reference book of travel tips, important phone numbers and addresses of Canadian missions around the world. A companion publication, Crossing the 49th, gives Canadian travellers specific information about travel to the United States. For more information on ordering this free booklet, turn to page 30.

PART ONE: BEFORE YOU GO

Preparation is the key to a successful trip. By doing your homework before you leave, you minimize your chances of something going wrong.

Learn about Your Destination

Before you board that airplane or train, take the time to learn about the political, cultural and economic environment of your destination. Learn at least a few key phrases in the country's language. Even a modest command of the local language will go a long way.

When you're travelling, the laws of the country you're visiting apply to you too. **Never** assume that because you're a Canadian citizen you're immune to foreign laws.

Some countries experience ongoing wars, insurgencies or sporadic unrest. Find out if your destination is known to be dangerous for foreigners. Check with the Department of Foreign Affairs and International Trade before you leave:

- Call the Department's Consular Operations and Emergency Services Division in Ottawa at 1-800-267-6788 (in Canada only), or (613) 944-6788 (if you're in Ottawa or abroad) for travel information reports. These reports will give you background information on security and political conditions, health conditions and entry requirements (e.g. if you need a visa) for foreign countries. Information is no further than your fingertips seven days a week, 24 hours a day, 365 days a year. If you would like to receive information by fax, dial 1-800-575-2500 and follow the instructions. In Ottawa call (613) 944-2500.
- You can also find this information on the Internet. Our World Wide Web address is: http://www.dfait-maeci.gc.ca
- If you're abroad, contact the nearest Canadian mission. Addresses and telephone numbers are listed at the end of this booklet.

To reduce your long distance costs when travelling, you may wish to use Canada Direct*, an operator-assisted long distance service that allows you to place calls to Canada or to other countries via a bilingual Canadian operator. For a list of all the Canada Direct access. numbers, call 1-800-561-8868 (toll=free in Canada). They are also available on page 62 of this booklet.

While you are abroad, tune in to Radio Canada International (RCI) for the latest news. RCI also broadcasts messages from the Canadian government during emergency situations. A schedule of times and frequency of broadcasts to different parts of the world can be obtained by calling the Canadian Broadcasting Corporation at (416) 205-3311 in Toronto. Ask to be connected to RCI. In Montreal, call (514) 597-7555.

Make Sure Your Passport Is in Order

Your passport is the best proof of your Canadian citizenship. You and all family members should have a valid passport if you plan to travel outside Canada. If you have any questions about passports call 1-800-567-6868. Locally you can call: in Toronto, (416) 973-3251; in Ottawa-Hull, (613) 994-3500; in Vancouver. (604) 775-6250; or in Montreal. (514) 283-2152.

Applications for Canadian passports may be obtained at passport offices, Canadian missions, travel agencies, and at the nearest Northern Store in northern communities. Allow at least three weeks for delivery.

If your passport is due to expire within the next six months, check with your destination's embassy or consulate in Canada for their rules and restrictions regarding passport validity and expiration. Some countries will not let you enter if your passport is close to expiring.

Before you leave on your trip, be sure to complete the "Who to notify in case of emergency/next of kin" section. This will help us quickly notify your family or friends if an emergency situation arises.

Make a photocopy of your passport's identification page and keep it separate from the original when you travel. For added security, leave a photocopy with a friend or a relative at home. These simple steps may speed the replacement process if you lose your passport.

If your passport is lost or stolen while you are travelling, contact the nearest Canadian mission immediately for a replacement after reporting the loss or theft to the local police. Make sure you get a copy of the police report or the report number. Before a new passport can be issued you must complete an application form, produce written evidence of your Canadian citizenship (e.g. a birth or citizenship certificate), produce a copy of the police report or report number, present new photographs and pay the required fee.

Do You Need a Visa?

BON VOYAGE, BUT ...

You need a visa to travel to certain countries. Check with your travel agent or with the country's embassy or consulate in Canada to determine the requirements. You can also call DFAIT's Consular Operations division at 1-800-267-6788 (toll-free in Canada) or (613) 944-6788.

Apply for visas well in advance of your trip.

When you arrive at your destination, be prepared to prove that you have enough money to support yourself during your stay.

Be aware of the rules and restrictions governing visas and your length of stay. This knowledge can save you both time and money.

Some countries will only allow you to enter if you can prove you will be leaving - be prepared to show your return or onward ticket or any visas that demonstrate you plan to visit another country.

Charter Flights

Before you book a charter flight to your destination, check out both the travel agency's and the charter company's credentials with either the Better Business Bureau or a local consumer advisory organization.

Check If You Have Dual Nationality

To avoid unpleasant surprises, find out whether you, your spouse, or any other family member are citizens of another country. If you are considered a "national," you may be compelled to do military service or pay special taxes. Your child custody arrangements in Canada may not be recognized. In extreme cases, you or your child may not be allowed to leave. Check your status with the country's embassy or consular mission in Canada before you travel. In regard to custody questions, contact DFAIT's Consular Operations Division at 1-800-267-6788 (in Canada) or (613) 944-6788.

If you do run into problems because of your dual nationality, contact the nearest Canadian mission immediately.

Access for People with Special Needs

Many countries do not provide access for people in wheelchairs or make allowances for those with special hearing, sight or other physical requirements. Contact your local access organization or talk to others who have travelled to your destination in the past. There are also several guides published about international travel and people with special needs. Check your local public library or bookstore.

Get Medical Advice before You Go Away

Your family physician or a travel medical clinic are good sources of medical advice. If you are being treated for an illness or are taking medication, ask your doctor before you leave if there are any special precautions you should take during your trip.

For a list of travel medical clinics in Canada, call the Canadian Society for International Health at (613) 230-2654.





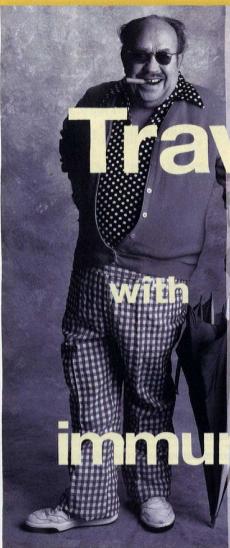
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Hepatitis A is a virus that attacks the liver, causing serious illness.

Because it lives in water, it's easy to catch.

Hepatitis A is also the most common traveller's disease preventable by a single vaccine.

The Canadian
Liver Foundation
recommends
vaccination prior
to travels outside
North America,
western Europe,
Australia, New
Zealand or Japan.

For immunity, talk to your doctor, travel clinic, or the Canadian Liver Foundation at 1-800-563-5483.

CANADIAN LIVER FOUNDATION You can also call the Quarantine Health Services of Health Canada at (613) 957-8739 for general information. More detailed information can be obtained 24 hours a day via the FAXLINK System by calling (613) 941-3900 from the handset of your fax machine and following the instructions.

Vaccinations

If you are travelling to exotic destinations, find out **well in advance of your trip** if you need any special vaccinations or preventive medications for such illnesses as yellow fever, typhoid, meningitis, Japanese encephalitis, hepatitis or malaria. For instance, a meningococcal vaccination is required for pilgrims travelling to Mecca, Saudi Arabia, for the annual *Hajj*. And an International Certificate of Vaccination for yellow fever may be a legal requirement to enter certain countries. DFAIT's Consular Operations Division can provide you with this information. Call **1-800-267-6788** (in Canada only) or **(613) 944-6788**.

Start your vaccination shots at least three months before you leave. In some cases, you may need several inoculations with waiting periods between each injection.

Make sure that your **routine immunizations are up to date.** If you weren't exposed to certain diseases as a child, or weren't immunized, you could be at an increased risk of acquiring diseases such as tetanus, diphtheria, polio, measles, mumps or rubella (German measles). All adults should ensure they're protected from tetanus and diphtheria by receiving a booster shot every 10 years.

If you're travelling with infants or small children, you may need to arrange an alternate or accelerated childhood immunization schedule for them. Talk to your pediatrician, family doctor or travel medical clinic.

AIDS

AIDS/HIV is a global disease. Some countries require proof of AIDS testing. Have the test conducted and obtain the results **before** you travel. Call Health Canada at **(613) 957-8739** to find out if the country you plan to visit requires this

paperwork. You can also receive information by fax by dialling **(613) 941-3900** from the handset of your fax machine and following the instructions.

When travelling, take all the same precautions you do at home. Do not assume that condoms will be readily available. Even if they are, they may not meet the safety standards set by the World Health Organization.

Remember: Using intravenous drugs is not only illegal but extremely risky — especially if you share needles.

Medication

If you take medication, be sure to pack an extra supply just in case you're away for longer than expected. Carrying a duplicate of your original prescription is highly recommended — especially when travelling to countries that are particularly sensitive about drugs. Also, carry an extra prescription that lists both the generic and trade names of the drug, just in case your medication is lost or stolen. This is also a good idea if you wear glasses or contact lenses — having an extra prescription makes them easier to replace.

Do not try to save luggage space by combining medications into a single container. Keep all medications in the original, labelled container to avoid problems.

Find out whether your medication is sold in the country you are visiting. Also check to see that it is legal — some over-the-counter medications in Canada are illegal in other countries or require a prescription. Obtaining a note from your doctor that states the medical reasons for your prescription and recommended dosage as required is also encouraged.

If you need syringes for a medical condition such as diabetes, it is very important that you take along an appropriate supply. As well, you should carry a medical certificate that shows they are for medical use.

Pregnancy

If you are pregnant, talk to your doctor if you plan to travel abroad. Some vaccinations may not be recommended. Also,

check your travel and health insurance plans carefully to ensure they cover health complications arising from pregnancy.

Upon Your Return

If you have been ill while abroad or become ill upon return, contact your doctor immediately. Be able to provide your physician with the specifics of any treatment you received while you were away.

If you have a fever or a flu-like illness upon your return see your physician as soon as possible, especially if you've just returned from an area where malaria is common. You can help your doctor by telling him/her the countries you visited.

Supplemental Health Insurance Is Crucial

Don't rely on your provincial health plan to pick up the tab if you get sick or are injured while you're abroad. At best, your health plan will cover only a portion of the bill. It's your responsibility to obtain and understand the terms of your supplementary insurance policies. Some credit cards offer their holders health and travel insurance. Don't assume it provides adequate coverage by itself.

Be sure to ask whether or not your policy:

- Has an in-house worldwide emergency hotline you can call if you're in trouble. Check to see if it is open 24 hours a day, seven days a week; whether the operators are multilingual; and if nurses or physicians are on-staff.
- Pays foreign hospital and related medical costs, and if so, whether it pays "up front" or expects you to pay and be reimbursed later.
- Provides for your medical evacuation to Canada.
- Pays for any required medical escort (doctor/nurse) to accompany you back to Canada.
- Excludes pre-existing medical conditions. If such conditions exist, notify your insurance company and get

an agreement in writing that you are covered for these

conditions. Otherwise, you could find your claim "null and void" under a pre-existing conditions clause.

- Covers premature births and related neonatal care.
- Allows for cash advances if a hospital accepts only cash in advance.
- Pays for the preparation and return to Canada of your remains should you die while travelling.

Carry details of your insurance with you. Also, tell your travely agent, a friend or relative at home and your travelling companion how to contact your insurer.

Get a detailed invoice from the doctor or hospital before you leave the country. There is nothing more frustrating than trying to get the proper paperwork from thousands of kilometres away.

Remember to always **submit original receipts** for any medical services or prescriptions you received while travelling abroad. Most insurance companies will not accept copies or faxes.

Consider Purchasing Other Insurance

Lost luggage, theft of your purse or wallet, or flight cancellations can happen to you. These annoyances can cause major disruptions when they take place in a foreign country. Think about purchasing a travel insurance package that will compensate you for these inconveniences.

Travelling by Car?

Keep in mind that each country has its own driving regulations. You may be required to obtain an international driver's license or additional insurance. Be sure to learn the local rules of the road before you get behind the wheel. In some countries, the driver may be detained and questioned by the police even though only material damages (such as a fender-bender) have occurred. Country-specific insurance

must be purchased for travel by car to Mexico and Central America. This is usually available at border crossings.

Money Matters

BON VOYAGE, BUT...

Canadian currency and travellers' cheques in Canadian dollars are not always widely accepted. Before you leave Canada, consult a bank or a foreign currency agent to find out the most appropriate currency to carry. Travellers' cheques in the appropriate currency or in U.S. dollars are often the safest and most convenient option. It's a good idea to have a small amount of the local money on hand when you first arrive — unless, of course, the importation of local currency is a crime. There may be restrictions on taking money in and out of the country. Check with the foreign embassies or consulates in Canada or with your travel agent about currency regulations in countries you plan to visit.

Don't rely exclusively on banking machine cards or credit cards. They won't necessarily be honoured universally.

Women Travelling Solo

Unfortunately, a woman travelling alone can face some unwanted problems, including sexual overtures. If you're travelling by yourself, either for business or pleasure, keep in mind the following precautions:

- Women are often targeted for street crime. Be extravigilant when you're out by yourself. Stay in well=lit, safe areas where there are other people.
- Dress appropriately and don't wear expensive jewellery or flash large sums of money.
- Make sure your hotel is sensitive to your needs. Ensure that no secondary room key will be given to anyone, even if they say they're travelling with you. If possible, ask for a room close to the elevator and ask the bellhop to check your room before you enter. Ensure that the locks on your windows and doors are working properly and that the

More and more hotels are recognizing the importance and clout of women travellers. Try to stay at hotels that are known for looking after your concerns.

When out and about, be aware of your surroundings and situation at all times

There are books that cover the concerns of women travellers and that offer helpful travelling tips. Check with your local bookstore or library before you go.

Travelling with Children

If you're travelling to another country with your child and there is a possibility of a custody dispute developing while you're away, you should talk to a lawyer before leaving home. A special publication, International Child Abductions (A Manual For Parents) is available from DFAIT's InfoCentre. Please refer to page 30 for details on how to order this publication.

If a person younger than 18 is travelling alone or with only one parent or another adult, notarized documentation certifying that the trip is permitted by both parents should be carried.

Have a Great Trip! But Before You Go...

- Do your research. Learn about the country you plan to visit. Learn a few phrases in the local language.
- Get supplementary health insurance and travel insurance.
- Carry proof of insurance coverage, and give a copy to someone at home.
- Draw up a flexible itinerary and budget. Keep a copy at home.
- Make sure your passport hasn't expired. Photocopy the identification page, and keep it separate from your passport. Leave another copy with somebody at home.
- Make sure you have any visas you need.

Find out whether or not you or any members of your family are considered nationals of any of the countries you plan to visit.

BON VOYAGE, BUT...

- Get all the required vaccinations. If you need to take medication with you, make sure you keep it in its original container. Carry a doctor's prescription for any controlled drugs, and if you use syringes, carry a medical certificate. Leave copies at home as well.
- Keep the original receipts for any purchases you make, including your hotel bill, rental car agreement and receipts for medical services.
- If you're a woman, take extra precautions to ensure your safety.
- Make sure you review all child custody arrangements if you're travelling with a child. If your child is travelling alone, have him/her carry documentation that states that the trip is permitted by both parents.
- Be sure plant and animal products you are planning to bring back are acceptable to Canada. Travelling pets may require shots and special permits (at a fee). See page 27 for more information and check with a local office of Agriculture and Agri-Food Canada.
- Don't forget to pack this booklet. It could help you more than you could imagine.

PART TWO: ASSISTANCE IS AVAILABLE

Register at the Canadian Mission

Zealand and the United States.

If your stay is longer than three months in one country, it is recommended that you formally register at the nearest Canadian mission. This will help us contact you in case of an emergency or crisis. Registration is not usually available in the countries of Western Europe, Japan, Australia, New In countries where Canada has no direct representation, there may be arrangements in place for you to register with another country's embassy or consulate. For instance, Canada has a formal reciprocal agreement with Australia.

Consular Assistance

Canada's missions abroad are ready to help you in case of emergency. In some instances, there may be a fee for services.

What can we do for you?

- We can contact, at your request, your relatives or friends and ask them to send you emergency funds.
- We can help you during emergencies such as natural disasters and civil and military uprisings.
- We can direct you to sources of information about local laws, regulations, cultural customs and how to obtain visas.
- We can assist with medical emergencies.
- If you are arrested, we can try to ensure equitable treatment under local laws. At your request, we can inform relatives and friends about your arrest and try to ensure that legal rights and processes are extended to you consistent with the standards of the host country. However, we cannot set aside local laws if you are charged with an offence or intervene in the judicial process of a foreign country. We cannot post bail, pay for a lawyer or pay your fines.
- If you wish, we can notify your next of kin regarding accidents or deaths and let them know whether, and how, they can help.

Check the listings at the end of this booklet for information about the Canadian missions in the countries you plan to visit.

Emergency Consular Services

Canadian missions offer 24-hour assistance. During nonoffice hours, an answering machine will take your message or

The perfect travel plan:

No worries. No surprises.



You can't do anything about the weather. But there's plenty you *can* do to protect yourself from unexpected illness while travelling.

As soon as you start planning your trip, consult your local travel clinic or public health unit for advice on disease prevention, immunization and travel safety.





No surprise — the perfect travel plan is a healthy one.





YOUR TRAVEL DESTINATION **SHOULD NOT LOOK LIKE THIS**

Carrying drugs across a border can get you a prison sentence or worse. Don't join the more than 450 Canadians currently serving drug-related sentences abroad.

Drugs: a one-way trip.

IIII canada's

Ministère des Affaires étrangères et du Commerce international

Canada

your call will be directed to a consular officer in Ottawa. depending upon local arrangements. The machines are monitored by a duty officer. It is essential that you leave a clear and detailed message, including a telephone number where you can be reached. Duty officers worldwide as well as consular officers in Ottawa are remarkably successful at providing emergency assistance.

In an emergency, you can also make a collect call to DFAIT in Ottawa at (613) 996-8885. Use the Canada Direct service if it is available.

In some areas where Canada doesn't have a fully established mission, you may obtain emergency consular assistance from the Australian or British missions. Though not equipped to provide you with the same range of services as fully established Canadian missions, they can assist you in an emergency.

Consular Assistance around the Globe

A list identifying where you may seek consular assistance abroad is provided at the back of this book.

Please remember that addresses and telephone numbers may change. Should you fail to reach a mission through the number listed in this booklet, call the local operator for the new number.

PART THREE: WHILE TRAVELLING

Respect Foreign Laws and Customs

When you're travelling in a foreign country, familiarize yourself with the way of life there. Respect that country's laws, religions, culture, class structure and economic conditions. Though you may not personally agree with some of their beliefs, remember that you are a visitor.

In many countries, appropriate attire — for both sexes — is very important. In some countries, there are laws governing what men and women can and cannot wear in public. Penalties for disobeying local laws can be quite severe.

Be especially respectful of temples, mosques, churches, synagogues and other religious sites. Many of these areas are off-limits to foreigners or people who are not members of that faith. Ask permission first if you would like to take photographs of religious artifacts or buildings.

Not everybody likes to have his or her picture taken. Local people may resent you for taking their photograph or they may demand money for the picture after it has been taken. Always ask first.

Never take photographs of military facilities, a harbour where naval vessels are docked or industrial installations such as oil refineries. You may lose your film and your camera, and could even come under suspicion of espionage.

Take Precautions

The same rules apply abroad as at home, only more so. Foreigners are usually at greater risk than locals — in many countries they are specifically targeted. Do not wander into unknown areas — find out how safe they are first. Do not pick up hitchhikers or cross borders with people you have just met. Watch your luggage and make sure it is locked — never take anything, even an envelope, across a border for someone else.

Do not flash large amounts of money or expensive jewellery in public. Use money belts and cases with concealed sections for valuables. Dress appropriately.

Leave a copy of your itinerary with someone at home so that they can contact you in case of an emergency. Phone home occasionally, particularly if you have promised family members or friends that you would do so. We receive thousands of calls every year from worried family members or friends who have not received a promised call.

Keep a separate record of your traveller's cheques and credit cards. Never carry your passport, travel tickets, identification documents, cash, credit cards and insurance papers together. If you do so, you risk being left with no identification or funds.

Use the safety deposit box at your hotel. Never leave valuables in your room.

Illegal Drugs

Drug use and trafficking are prohibited in all countries, even though drugs are readily available and openly used in some places. Most countries impose heavy fines and long prison sentences for possession and trafficking.

In some countries, possession of even small amounts of drugs carries the death penalty.

Never transport any parcel that isn't yours across a border.

Choose your travelling companions wisely. Never cross a border with a hitchhiker or as a hitchhiker. Though you may not be carrying anything illegal, your companions may be.

Crime and Punishment

More than 1,200 Canadians are currently imprisoned abroad for various offenses — 60 per cent of those are in the United States.

The laws and customs of countries around the world can be very different from those in Canada. Ignorance of laws is no defence.

While in a foreign country, you are subject to its laws and regulations. Your Canadian citizenship offers no immunity. Canadian consular staff abroad must also follow the rules of the host country. If you do find yourself in trouble, they can help you find a lawyer, contact your family and friends, and ensure you receive fair treatment according to the standards of that country. However, they cannot pull any strings to reduce your sentence or fine.

Judicial Process

Never assume that the legal system of the country you're visiting is the same as at home. "Innocent until proven guilty" isn't a universally recognized idea. In some countries,

you may not even have the right to legal representation or a trial in your mother tongue.

Some countries don't recognize or respect religious freedom. freedom of association, speech or the press, or equality of the sexes. For instance, guilt by association is presumed in some countries. This means that you may be charged simply for being in the company of a person suspected or found guilty of a crime.

Even if you're an innocent bystander at a demonstration or riot you may be considered a participant and rounded up with those involved. Your Canadian citizenship does not grant you immunity.

If you do find yourself in legal trouble, contact the nearest Canadian mission immediately. If you cannot do so yourself, have someone else do it for you.

Mail

If you are travelling for an extended period of time, you can arrange to have your mail sent to a post office box or, where possible, to the nearest Canadian mission. In the latter case, the mission will hold on to letter-size mail (not parcels) for you to pick up in person. This mail cannot be forwarded to another address.

Travel to the United States

Because of our close relationship with our neighbours to the south, we sometimes forget that we're visiting a foreign country. The same preparations should be made for visiting the United States as for travelling to any foreign country. And it should be remembered that their laws and customs are different from ours at home.

Always carry your Canadian passport, citizenship or birth certificate when you're travelling to the United States. A driver's licence is not valid proof of citizenship.

When travelling to the United States, keep in mind that:

BON VOYAGE, BUT ...

- As soon as you stop at the U.S. border, you are subject to U.S. law. Immigration laws in the United States refuse entry to, among others, people with a criminal record.
- What you say in answer to the immigration or customs officer can be used against you if you are considered to be, for any reason, inadmissable,
- When a person is refused entry, the information is entered in the computer and if another entry is attempted, the person is again subject to fines and/or vehicle seizure.

For more detailed information about travel to the United States, please refer to the booklet Crossing the 49th. Please see page 30 for details on how to order this booklet.

PART FOUR: RETURNING TO CANADA

Departure Tax

Some countries impose a departure tax at the airport or point of departure. Prior to leaving such a country, make sure you set aside enough money, in local funds, to pay this tax.

Agriculture and Agri-Food Canada: Be Aware and Declare

A single sausage illegally brought into Canada caused foot and mouth disease, destroying cattle and costing Canadians more than \$1 billion. Every year, thousands of travellers fail to declare things like cheese, meat, animal hides, live birds, plants and fruit. These products may carry pests and diseases, and pose a risk to human health.

Foreign pests and diseases could destroy Canada's crops and forests, and wipe out our livestock. This would threaten our ability to produce food and a multi-billion dollar export trade critical to Canada's economic well-being.

We need to protect our country. Canadian law says you must declare all plant and animal products you bring back. It restricts and prohibits entry of products that could harm Canada's agriculture and forestry. To enforce these laws, we have Canadian inspectors with dogs trained to sniff out plant and animal products. Before you leave, call a local office of Agriculture and Agri-Food Canada for more information.

Canada Customs and Import Controls

You must declare everything acquired abroad, whether purchases for yourself or gifts, as well as goods bought at a Canadian or foreign duty-free store. Keep your original receipts for possible inspection.

If you've been away from Canada for 24 hours, you may claim C\$50 worth of goods, excluding alcohol and tobacco, duty-free. After 48 hours, you may claim C\$200. You can now claim the C\$500 exemption any time you have been away from Canada for seven days or longer.

Certain goods are restricted from entering Canada. If you are considering importing meat or dairy products, weapons, plants, vehicles, or exotic animals or products made from their skins or feathers, please contact Canada Customs beforehand for guidance.

Obscene materials, hate propaganda, most weapons including firearms, and goods harmful to the environment are prohibited from entering Canada.

If you have any questions about what you can bring home, call your local Canada Customs office. Someone is available 24 hours a day, year-round, to answer your questions. If you're calling in Canada, dial 1-800-461-9999 to reach the Automated Customs Information System. Outside Canada or from Ottawa, call (613) 993-0534.

Illegal Souvenirs

While travelling outside Canada, you may decide to purchase souvenirs. Unfortunately, many attractive items sold in foreign countries are made from endangered plants or animals.

Crocodile skin briefcases and wallets, python skin boots, ivory bracelets and carvings, coral earrings, cactus rainsticks,

tortoise shells, orchids and parrots are some of the more common items illegally brought back to Canada. These items are included in the more than 40,000 species of wild animals and plants regulated under the Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES). Under Canada's new Wild Animal and Plant Protection and Regulation of International and Interprovincial Trade Act (WAPPRIITA), a violation of CITES could lead to seizure of your purchase, as well as stiff penalties of up to \$150,000 and/or prison terms of up to five years.

The same rules apply if you already own an item made from a controlled wild animal or plant and you wish to take it out of Canada. Since other countries also have strict laws, it's safer to leave these items at home.

To determine what you can and cannot legally bring back into Canada please call **Environment Canada** at (819) 997-1840 or fax them at (819) 953-6283.

After Residing Abroad

After a stay abroad of more than a year, there are special import provisions for household items and personal belongings when you move back to Canada. Information is contained in the brochure *Moving Back to Canada?*, available from Canadian missions abroad, your local customs office or from the Communications Branch, Revenue Canada, Customs and Excise, Ottawa, Ontario, K1A OL5, telephone (613) 993-0534 or 1-800-461-9999 (within Canada).

PART FIVE: PUBLICATIONS OF INTEREST

International Relations

☐ Diplomatic, Consular and Other Representatives in Canada

This publication may be obtained for approximately \$15.00 each plus GST and shipping by writing to: Canada

Communication Group — Publishing, Ottawa, Ontario, K1A OS9; or by calling (613) 956-4800.

- A Guide For Canadians Imprisoned Abroad
- Crossing the 49th (Canadians Travelling to the USA)
- International Child Abductions (A Manual For Parents)
- Mexico: Tips for Business and Travel
- A Guide for Canadian Performing Artists Entering the USA

These are available through DFAIT's InfoCentre. The address is InfoCentre, Department of Foreign Affairs and International Trade, 125 Sussex Drive, Ottawa, Ontario, K1A 0G2. The telephone number is 1-800-267-8376 (in Canada), or (613) 944-4000.

This information may also be accessed via the Internet. The World Wide Web address is: http://dfait-maeci.gc.ca

Customs

- □ I Declare
- Moving Back to Canada?
- Importing a Motor Vehicle into Canada
- Importing a Firearm into Canada

These publications may be obtained by writing to: Communications Branch, Revenue Canada, Customs and Excise, Ottawa, Ontario, K1A OL5; or by calling 1-800-461-9999; (613) 993-0534 in Ottawa.

Food Products

Don't Bring It Back

This publication may be obtained by writing to: Agriculture and Agri-Food Canada, Communications Branch, Publication Distribution, 930 Carling Avenue, Room 118, Ottawa, Ontario, K1A 0C5; or by calling (613) 759-1000. Ask for the publications branch.

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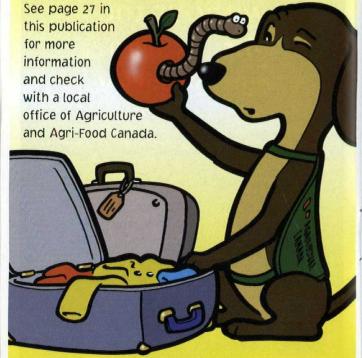
Telephone (514) 284-2002 • Fax (514) 284-3203



PROFFEGE Be sure plant and

animal products you are planning to

bring back won't harm Canada. Travelling pets may require shots and special permits (at a fee).



Agriculture and Agriculture et Agri-Food Canada Agroalimentaire Canada

Health Issues

 International Travel and Health (Published by the World Health Association)

This book is available for approximately \$15.00, plus GST and shipping costs. It may be obtained by writing to: The Canadian Public Health Association (attention: World Health Organization Department), 1565 Carling Avenue, Suite 400, Ottawa, Ontario, K1Z 8R1; or by calling them at (613) 725-3769, extension 190.

Don't Drink The Water: The Complete Travellers' Guide to Staying Healthy in Warm Climates

This book costs \$14.95 plus GST and shipping costs. It is also available from the Canadian Public Health Association at the address and phone number listed above.

Health Information for Canadian Travellers

To obtain a copy, write to: The Canadian Society for International Health, 170 Laurier Avenue West, Suite 902, Ottawa, Ontario, K1P 5V5; call them at (613) 230-2654, or e-mail them at csih@fox.nstn.ca

☐ Basic Facts About AIDS

For this booklet, write to: The National AIDS Clearinghouse, 1565 Carling Avenue, Suite 400, Ottawa, Ontario, K1Z 8R1; or call them at (613) 725-3434.

Citizenship

- How to Prove you are a Canadian Citizen
- Dual Citizenship

These publications may be obtained from the Publications Branch of the Public Affairs Department, Citizenship and Immigration Canada. Until May 1, 1996, the address is 200 Promenade du Portage, Level II, Hull, Quebec, K1A OJ9, telephone (819) 953-5118. After May 1, 1996, the address will be 365 Laurier Avenue West, 19th Floor, Ottawa, Ontario, K1A OJ9, telephone (613) 953-5118.

Canadian Embassies, High Commissions and Consulates Abroad

The following list identifies where you may seek consular assistance in each country. If in an emergency you are unable to contact a Canadian mission, please call collect (via *Canada Direct* where possible) (613) 996-8885.

The Canada Direct service is offered by the **Stentor** telephone companies in collaboration with **Teleglobe Canada.** On its international network, **Teleglobe** carries calls from more than 120 countries where Canada Direct service is available.

In the telephone numbers on the following pages, a + sign precedes the country code and parentheses () surround the area code, or the country code where there is no area code.

A ★ indicates that *Canada Direct* is available from that country. See page 62 for the *Canada Direct* access numbers.

AFGHANISTAN — See Pakistan, Islamabad

ALBANIA --- See Hungary

ALGERIA Canadian Embassy, 27 bis, rue des Frères Benhafid (formerly Rue d'Anjou), Hydra, Algeria; Postal Address: P.O. Box 48, Alger-Gare, 1600 Alger, Algeria; Tel.: + 213 (2) 69 16 11; Fax: + 213 (2) 69 39 20, 69 17 34

ANDORRA — See France

ANGOLA Consulate of Canada, Rua Rei Katyavala 113, Luanda, Angola; Tel.: + 244 (2) 348-371; Fax: + 244 (2) 393-445

ANGUILLA --- See Barbados

ANTIGUA AND BARBUDA * --- See Barbados

ARGENTINA ★ Canadian Embassy, 2828 Tagle, 1425 Buenos Aires, Argentina; Postal Address: P.O. Box 1598, 1000 Correo Central, Buenos Aires, Argentina; Tel.: + 54 (1) 805-3032; Fax: + 54 (1) 806-1209

ARMENIA - See Russia, Moscow

ARUBA - See Netherlands Antilles

AUSTRALIA ★

CANBERRA Canadian High Commission, Commonwealth Avenue, Canberra ACT 2600, Australia; Tel.: + 61 (6) 273-3844; Fax: + 61 (6) 270-4081

MELBOURNE Consulate of Canada, 123 Camberwell Road, Hawthorn East, Victoria 3123, Australia; Tel.: + 61 (3) 9811 9999; Fax: + 61 (3) 9811 9969

PERTH Consulate of Canada, 267 St. George's Terrace, Perth, Western Australia 6000, Australia; Tel.: + 61 (9) 322-7930; Fax: + 61 (9) 261-7700

SYDNEY Consulate General of Canada, Level 5, Quay West, 111 Harrington Street, Sydney, New South Wales 2000, Australia; Tel.: + 61 (2) 364-3000; Fax: + 61 (2) 364-3098

AUSTRIA ★ Canadian Embassy, Laurenzerberg 2, A-1010 Vienna, Austria; Tel.: + 43 (1) 531-38-3000: Fax: + 43 (1) 531-38-3321

AZERBAIJAN — See Turkey, Ankara

BON VOYAGE, BUT ...

BAHAMAS (THE) ★ Consulate of Canada, Shirley Street Shopping Plaza, Shirley Street, Nassau, The Bahamas; Postal Address: P.O. Box SS-6371, Nassau, The Bahamas; Tel.: (809) 393-4271; Fax: (809) 393-1305

BAHRAIN ★ — See Kuwait

BANGLADESH Canadian High Commission, House CWN 16/A, Road 48, Gulshan, Dhaka, Bangladesh; Postal Address: G.P.O. Box 569, Dhaka 1000, Bangladesh; Tel.: + 880 (2) 88 36 39, 60 70 71; Fax: + 880 (2) 88 30 43

BARBADOS ★ Canadian High Commission, Bishop's Court Hill, St. Michael, Barbados; Postal Address: P.O. Box 404, Bridgetown, Barbados; Tel.: (809) 429-3550; Fax: (809) 429-3780

BELGIUM ★ Canadian Embassy, 2, avenue de Tervuren, 1040 Brussels, Belgium; Tel.: + 32 (02) 741-0611; Fax: + 32 (02) 741-0619

BELIZE ★ Consulate of Canada, 85 Front Street, Belize City, Belize; Postal Address: P.O. Box 610, Belize City, Belize; Tel.: + 501 (2) 33-722; Fax: + 501 (2) 30-060

BENIN — See Nigeria, Lagos

BERMUDA ★ — See United States of America, New York

BHUTAN Canadian Cooperation Office, P.O. Box 201, Thimphu, Bhutan; Tel.: (3) 22109; Fax: (3) 22109

BOLIVIA ★ Consulate of Canada, Avenida 20 de Octubre 2475, Plaza Avaroa Sopocachi, La Paz, Bolivia; Postal Address: P.O. Box 10345, La Paz, Bolivia; Tel.: + 591 (2) 37 52 24; Fax: + 591 (2) 432 330

BOSNIA-HERZEGOVINA - See Croatia

BOTSWANA Consulate of Canada, Vision Hire Building, Queens Road, Plot 182, Gaborone, Botswana; Postal Address: P.O. Box 1009, Gaborone, Botswana; Tel: + 267 30-44-11; Fax: + 267 30-44-11

BRAZIL ★

Brasilia Canadian Embassy, Setor de Embaixadas Sul, Avenida das Nacoes lote

16, 70410-900 Brasilia D.F., Brazil; Postal Address: P.O. Box 00961, 70359-900

Brasilia D.F., Brazil; Tel.: + 55 (61) 321-2171; Fax: + 55 (61) 321-4529 SAO PAULO Consulate General of Canada, Edificio Top Center, Avenida

Paulista 854. 5th Floor, 01310-913 Sao Paulo, Brazil; Postal Address: P.O. Box 62693, 01214-970 Sao Paulo, Brazil; Tel.: + 55 (11) 287-2122, -2234, -2213;

Fax: + 55 (11) 251-5057 RIO DE JANEIRO Consulate of Canada, Rua Lauro Muller, 116, Room 2707, Torre

Rio Sul-Botafogo, 22290-160 Rio de Janeiro, Brazil; Tel.: + 55 (21) 542-7593, 275-2039; Fax: + 55 (21) 275-2195

BRITISH VIRGIN ISLANDS ★ — See Barbados

BRUNEI DARUSSALAM Canadian High Commission, Sheraton Utama Hotel, Suite 219, Box 2808, Jalan Tasek, Bandar Seri Begawan 1928, Brunei

Darussalam; Tel.: + 673 (2) 22-00-43; Fax: + 673 (2) 22-00-40

BULGARIA — see Romania BURKINA FASO Canadian Embassy, Agostino Néto Street, Quagadougou. Burkina Faso; Postal Address: 01 P.O. Box 548, Quagadougou 01, Kadiogo

Province, Burkina Faso; Tel.: + 226 31-18-94, 31-18-95; Fax: + 226 31-19-00 **BURMA** — See Myanmar

BURUNDI — Consulate of Canada, Avenue de France, Bujumbura, Burundi; Tel.: + 257 221-682, 221-632, Fax: + 257 221-627

BYELORUSSIA — See Russia, Moscow

CAMBODIA Australian Embassy, Villa II, R.V. Senei Vannavaut Dum (Street 254), Daun Penh District, Phnom Penh City, Cambodia; Tel.: + 855 (23) 426 000/1; Fax: + 855 (23) 426 003

CAMEROON Canadian Embassy, Stamatiades Building, Place de l'Hôtel de Ville, Yaoundé, Cameroon; Postal Address: P.O. Box 572, Yaoundé, Cameroon; Tel.: + 237 23-02-03, 23-23-11; Fax: + 237 22-10-90

CAPE VERDE — See Senegal

CAYMAN ISLANDS ★ — See Jamaica

BON VOYAGE, BUT...

CENTRAL AFRICAN REPUBLIC Liaison Office, Bangui, Central African Republic; Post Address: P.O. Box 973, Bangui, Central African Republic; Tel.: + 236 61.12.70, 61.09.73; Fax: + 236 61.40.74

CHAD — See Cameroon, Yaoundé

CHILE ★

SANTIAGO Canadian Embassy, Ahumada 11, 10th Floor, Santiago, Chile; Postal Address: P.O. Box 427, Santiago, Chile; Tel.: + 56 (2) 696-2256, -7, -8, -9: Fax: + 56 (2) 696-2424

CONCEPCION Consulate of Canada, c/o ABN AMRO Bank, Concepcion, Postal Address: P.O. Box 425, Concepcion, Chile: Tel: + 56 (41) 228-811, Fax: + 56 (41) 232-131

CHINA ★

Belling Canadian Embassy, 19 Dong Zhi Men Wai Street, Chao Yang District.

Beijing 100600, People's Republic of China; Tel.: + 86 (10) 6532-3536; Fax: + 86 (10) 6532-4311 SHANGHAI Consulate General of Canada, American International Centre, West

Tower. Suite 604, 1376 Nanjing Xi Lu, Shanghai 200040, People's Republic of China; Tel.: + 86 (21) 6279-8400; Fax: + 86 (21) 6279-8401 GUANGZHOU Consulate of Canada, China Hotel Office Tower.

Suite 1563-4, Liu Hua Lu, Guangzhou 510015, People's Republic of China: Tel.: + 86 (20) 666-0569; Fax: + 86 (20) 667-2401

COLOMBIA ★

BOGOTA Canadian Embassy, Calle 76 No. 11-52, Bogota, Colombia: Postal Address: (Airmail) P.O. Box 53531, Bogota 2, Colombia; Tel.: + 57 (1) 313-1355; Fax: + 57 (1) 313-3071

CARTAGENA Consulate of Canada, Calle de la Inquisicion Con Santo Domingo esquina, No. 33-08, Cartagena, Bolivar, Colombia: Tel. and Fax: + 57 (5) 664-7393

COMOROS ISLANDS (THE) — See Kenva

CONGO - See Gabon

COOK ISLANDS — See New Zealand

COSTA RICA ★ Canadian Embassy, La Sabana Executive Business Centre. Building No. 5, 3rd Floor, beside the Contraloria General de la Republica, San José, Costa Rica; Postal Address: P.O. Box 351-1007, San José, Costa Rica; Tel.: + 506 296-4149; Fax: + 506 296-4270

CROATIA ★ Canadian Embassy, Hotel Esplanade, Mihanovi'ceva 1, 10000 Zagreb, Croatia; Tel.: + 385 (1) 457-7905; Fax: + 385 (1) 457-7913

CUBA

HAVANA Canadian Embassy, Calle 30, No. 518 Esquina a7a, Miramar, Havana, Cuba; Tel.: + 53 (7) 33 25 16; Fax: + 53 (7) 33 20 44

VARADERO Consulate of Canada, Calle 7, No. 223, Kawama, Varadero, Cuba:

Tel.: + 53 (5) 2078; Fax: + 53 (5) 66-7395 CYPRUS ★ Consulate of Canada, 15 Themistocles Dervis Street, Margarita House, Suite 403, Nicosia, Cyprus; Postal Address: P.O. Box 2125, Nicosia.

Cyprus; Tel.: + 357 (2) 451-630; Fax: + 357 (2) 459-096 CZECH REPUBLIC ★ Canadian Embassy, Mickiewiczova 6, 125 33 Prague 6.

Czech Republic; Tel.: + 42 (2) 2431-1108/9/10/11/12; Fax: + 42 (2) 2431-0294 **DENMARK** ★ Canadian Embassy, Kr. Bernikowsgade 1, 1105 Copenhagen

K, Denmark; Tel.: + 45 (33) 12 22 99; Fax: + 45 (33) 14 05 85 Nuuk. (Greenland) Consulate of Canada. Groenlandsfly A/S, 3900 Nuuk. Greenland; Postal Address: P.O. Box 1012, 3900 Nuuk, Greenland;

Tel.: + 299 28888; Fax: + 299 27288 DJIBOUTI Consulate of Canada, c/o SNC-Lavalin, P.O. 1914, House No. 233,

Kampala Street, Djibouti; Tel.: + 253 35-11-59, Fax: + 253 35-44-23

DOMINICA ★ — See Barbados

DOMINICAN REPUBLIC ★ SANTO DOMINGO Canadian Embassy, Fimaca Building, Maximo Gomez 30.

Corner Juan Sanchez Ramirez, Santo Domingo, Dominican Republic: Postal Address: P.O. Box 2054, Santo Domingo 1, Dominican Republic: Tel.: (809) 685-1136/37/38/39; Fax: (809) 682-2691

PUERTO PLATA Consulate of Canada, Calle San Felipe 29, Puerto Plata, Dominican Republic; Tel.: (809) 586-5761, 586-3305; Fax: (809) 586-5762

ECUADOR ★

Quito Canadian Embassy, Avenida 6 Diciembre No. 2816 and James Orton, Josueth Gonzalez Building, 4th Floor, Quito, Ecuador: Postal Address: P.O. Box 17-11-6512 (CC1), Quito, Ecuador; Tel.: + 593 (2) 564-795, 506-163.

543-214; Fax: + 593 (2) 503-108 GUAYAQUIL Consulate of Canada, General Cordova No. 800 and Victor Manuel

Rendon. 21st Floor, Office 6, Edificio Torres de la Merced, Guayaquil, Ecuador; Tel.: + 593 (4) 566-747; Fax: + 593 (4) 314-562

EGYPT ★

CAIRO Canadian Embassy, 5 El Saraya El Kobra Square, African Bank Building, Garden City, Cairo, Egypt: Postal Address: P.O. Box 1667, Cairo, Egypt; Tel.: + 20 (2) 354-3110; Fax: + 20 (2) 356-3548

ALEXANDRIA Consulate of Canada, Arab Express Shipping Co., 59 El Horria Street. Alexandria, Egypt; Tel.: + 20 (3) 493-9142, 492-9706, Fax.: + 20 (3) 490-9696 EL SALVADOR Office of the Canadian Embassy, Avenida Las Palmas No. 111, Colonia San Benito, San Salvador, El Salvador, Postal Address:

P.O. Box 3078, Centro de Gobierno, San Salvador, El Salvador; Tel.: + 503 279-4655 Fax: + 503 279-0765

EQUATORIAL GUINEA — See Gabon

BON VOYAGE, BUT...

ERITREA — See Ethiopia

ESTONIA Office of the Canadian Embassy, Toom Kooli 13, 2nd Floor, 0100 Tallinn, Estonia; Tel.: + 372 631-3570; Fax: + 372 631-3573

ETHIOPIA Canadian Embassy, Old Airport Area, Higher 23, Kebele 12, House Number 122, Addis Ababa, Ethiopia; Postal Address: P.O. Box 1130, Addis Ababa, Ethiopia; Tel.: + 251 (1) 71 30 22; Fax: + 251 (1) 71 30 33

FIJI ★ Consulate of Canada, L.I.C.I. Building, 7th Floor, Butt Street, Suva, Fiji; Postal Address: P.O. Box 10690, Government Building, Suva, Fiji; Tel.: + 679 30 05 89; Fax: + 679 30 02 96

FINLAND ★ Canadian Embassy, Pohjoisesplanadi 25B, 00100 Helsinki, Finland: Postal Address: P.O. Box 779, 00101 Helsinki, Finland: Tel.: + 358 (0) 17 11 41: Fax: + 358 (0) 60 10 60

FRANCE ★

Paris Canadian Embassy, 35 Montaigne Avenue, 75008 Paris, France: Tel.: + 33 (1) 44 43 29 00; Fax: + 33 (1) 44 43 29 99

LYON Consulate of Canada. Bonnel Part-Dieu Building, Corner Bonnel and Garibaldy, 74 de Bonnel Street, 3rd Floor, 69428 Lyon, Cedex 03, France; Tel.: + 33 72 61 15 25; Fax: + 33 78 62 09 36

NICE Consulate of Canada c/o French Med Tours, 64, avenue Jean-Médecin. 06000, Nice; Tel: + 33-1 93-92-93-22, Fax: + 33-1 93-92-55-51

SAINT-PIERRE ET MIQUELON ★ Consulate of Canada, Institut Frecher, C.P. 4370 Saint-Pierre, Saint-Pierre et Miguelon, F-97500; Tel: + 011 (508) 41-55-10: Fax: + 011 (508) 41-55-10

STRASBOURG Consulate of Canada, Polysar France, rue du Ried, La Wantzenau, France; Postal Address: Polysar France, P.O. Box 7, 67610 La Wantzenau, France; Tel.: + 33 88 96 65 02; Fax: + 33 88 96 25 17

TouLouse Consulate of Canada, 30 Strasbourg Boulevard, 31014 Toulouse, France; Postal Address: P.O. Box 138, Toulouse, France; Tel.: + 33 61 99 30 16; Fax: + 33 61 63 43 37

FRENCH GUIANA — See Guyana

GABON Canadian Embassy, Sci. du Stade, Pasteur Boulevard; Postal Address: P.O. Box 4037, Libreville, Gabon; Tel.: + 241 74 34 64, 74 34 65; Fax: + 241 74 34 66

GAMBIA (THE) - See Senegal

GEORGIA - See Turkey, Ankara

GERMANY ★

BONN Canadian Embassy, Godesberger Allee 119, 53175 Bonn, Germany; Tel.: + 49 (228) 812-4001; Fax: + 49 (228) 812-3459

Berlin Canadian Embassy, Berlin Office, 23rd Floor, Internationales Handelszentrum, Friedrichstrasse 95, 10117 Berlin, Germany; Tel.: + 49 (30) 261-1161; Fax: + 49 (30) 262-9206

Düsselborf Consulate of Canada, Prinz-Georg-Strasse 126, 40479 Düsseldorf, Germany; Tel.: + 49 (211) 17 21 70; Fax: + 49 (211) 35 91 65

HAMBURG Consulate of Canada, ABC Str. 45, 20534 Hamburg, Germany; Tel.: + 49 (40) 35556-295; Fax: + 49 (40) 35556-294

Munich Consulate of Canada, Tal 29, 80331 Munich, Germany; Tel.: + 49 (89) 21-99-57-0; Fax: + 49 (89) 21-99-57-199

GHANA ★ Canadian High Commission, 42 Independence Avenue, Accra, Ghana; Postal Address: P.O. Box 1639, Accra, Ghana; Tel.: + 233 (21) 77 37 91, 22 85 55, 22 85 66, 22 85 62; Fax: + 233 (21) 77 37 92

GREAT BRITAIN ★ — See United Kingdom

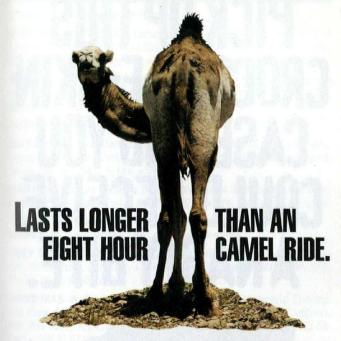
GREECE *

ATHENS Canadian Embassy, 4 Ioannou Gennadiou Street, Athens 115 21, Greece; Tel.: + 30 (1) 725-4011; Fax: + 30 (1) 725-3994, 725-3629

THESSALONIKI Consulate of Canada, c/o Bank of Nova Scotia 17, Tsimiski St., 546 24 Thessaloniki, Greece; Tel.: + 30 (31) 256-350; Fax: + 30 (31) 256-351

GREENLAND — See Denmark

GRENADA ★ - See Barbados



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You risk losing the item, prosecution and fines up to \$150,000.

For more information on current legislation see page 28 or contact:

CITES* Administrator Environment Canada Ottawa, Ontario K1A OH3 Tel.: (819) 997-1840

Fax: (819) 953-6283

*Convention on International Trade in Endangered Species of Wild Fauna and Flora

Canadä

GUADELOUPE ★ — See Barbados

GUATEMALA ★ Canadian Embassy, Edyma Plaza Building, 8th Floor, 13 Calle 8-44, Zone 10, Guatemala City, Guatemala; Postal Address: P.O. Box 400, Guatemala City, Guatemala; Tel.: + 502 (2) 33 61 02; Fax: + 502 (2) 63 42 08

GUINEA Canadian Embassy, Corniche Sud, P.O. Box 99, Conakry, Guinea; Tel.: + 224 41 23 95, 41 44 48, Cellular (212) 479-4684; Fax: + 224 41 42 36, Cellular Fax (212) 479-4956

GUINEA-BISSAU — See Senegal

GUYANA ★ Canadian High Commission, High and Young Streets, Georgetown, Guyana; Postal Address: P.O. Box 10880, Georgetown, Guyana; Tel.: + 592 (2) 72081, -5; Fax: +592 (2) 58380

HAITI ★ Canadian Embassy, Bank of Nova Scotia Building, Delmas Road, Port-au-Prince, Haiti; Postal Address: P.O. Box 826, Port-au-Prince, Haiti; Tel.: + 509 23 23 58; Fax: + 509 23 87 20

HAWAII ★ — See United States of America, Honolulu

HOLY SEE (VATICAN CITY) ★ Canadian Embassy, Via della Conciliazione 4/D, 0193, Rome, Italy; Tel.: + 39 (6) 6830-7316, 6830-7386, 6830-7398; Fax.: + 39 (6) 6880-6283

HONDURAS ★ Consulate of Canada, Los Castanos Commercial Building, 6th Floor, Morazan Boulevard, Tegucigalpa, Honduras; Postal Address: P.O. Box 3552, Tegucigalpa, Honduras; Tel.: + 504 31 45 45, 31 45 51; Fax: + 504 31 57 93

HONG KONG ★ Office of the Commission for Canada, 11th, 14th and 16th Floors, One Exchange Square, 8 Connaught Place, Hong Kong; Postal Address: GPO Box 11142, Hong Kong; Tel.: + 852 2810-4321; Fax: + 852 2810-6736

HUNGARY ★ Canadian Embassy, Budakeszi Ut 32, 1121 Budapest, Hungary; Tel.: + 36 (1) 275-1200; Fax: + 36 (1) 275-1210

ICELAND ★ Consulate General of Canada, Suöurlandsbraut 10, 108 Reykjavik, Iceland; Postal Address: P.O. Box 8094, 128 Reykjavik, Iceland; Tel.: + 354 (5) 68-0820; Fax: + 354 (5) 68-0899

INDIA *

New Delhi Canadian High Commission, 7/8 Shantipath, Chanakyapuri, New Delhi 110021, India; Postal Address: P.O. Box 5207, New Delhi, India; Tel.: + 91 (11) 687-6500; Fax: + 91 (11) 687-6579, 687-0031

BOMBAY Consulate of Canada. 4th Floor. 41/42 Maker Chambers VI, Jamnalal Baiai Marg, Nariman Point, Bombay 400 021, India; Tel.: + 91 (22) 287-6027, 287-5479; Fax: + 91 (22) 287-5514

INDONESIA *

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Almaty, Kazakhstan; Tel.: + 7 (3272) 50-11-51/52/53; Fax: + 7 (3275) 81-14-93

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Fax: + 52 (5) 724-7980

Colonia Polanco, 11560 Mexico, D.F., Mexico; Postal Address: P.O. Box 105-05.

11580 Mexico, D.F., Mexico; Tel.: + 52 (5) 724-7900, Toll free 91-800-70629:

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Morocco; Postal Address: P.O. Box 709, Agdal-Rabat, Morocco; Tel.: + 212 (7) 67 28 80; Fax: + 212 (7) 67 21 87

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Tel.: +67623-244; Fax: +67623-243

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Fax: (809) 624-4016 TUNISIA Canadian Embassy, 3, rue du Sénégal, Place d'Afrique, Tunis.

Tunisia; Postal Address: P.O. Box 31, Belvédère, 1002 Tunis, Tunisia; Tel.: + 216 (1) 796-577 Outside office hours: 798-004; Fax: + 216 (1) 792-371

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80300 Gayrettepe, Istanbul, Turkey; Tel.: + 90 (212) 272-5174, 275-0780;

Fax: + 90 (212) 272-3427 TURKMENISTAN — See Kazakhstan

225-1305, 212-2339

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258-141; Fax: + 256 (041) 234-518

UKRAINE ★ Canadian Embassy, 31 Yaroslaviv Val Street, Kiev 252034. Ukraine; Tel.: + 380 (44) 212-2112, 212-0212, 212-2235; Fax: + 380 (44)

Tel.: + 971 (4) 52 17 17; Fax: + 971 (4) 51 77 22

UNITED ARAB EMIRATES ★ Consulate of Canada, Juma Al Majid Building, Suite 708, Khalid Ibn Al Waleed Street, Bur Durbai, United Arab Emirates; Postal Address: P.O. Box 52472, Dubai, United Arab Emirates;

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Ireland, BT9 5ED BIRMINGHAM Consulate of Canada, 55 Colmore Row, Birmingham B3 2AS. U.K., Tel: + 44 (121) 236-6474; Fax: + 44 (121) 214-1099

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73 38 81; Fax: + 263 (4) 73 29 17

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Stewart Street, Seattle, Washington 98101-1286, U.S.A.; Tel.: (206) 443-1777; Fax: (206) 443-1782

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Fax: + 598 (2) 92 20 29 UZBEKISTAN — See Kazakhstan

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Tel.: + 678 22-777; Fax: + 678 23-948 VENEZUELA ★ Canadian Embassy, Edificio Torre Europa, 7th Floor, Avenida

Francisco de Miranda, Caracas, Venezuela; Postal Address: P.O. Box 62302, Caracas 1060-A, Venezuela; Tel.: + 58 (2) 951-6166; Fax: + 58 (2) 951-4950

VIET NAM Hanoi Canadian Embassy, 31 Hung Vuong Street, Hanoi, Viet Nam; Tel.: + 84 (4) 23 55 00; Fax: + 84 (4) 23 53 33

Ho CHI MINH CITY Consulate of Canada, Suite 102-203, Dong Khoi Street, District 1, Ho Chi Minh City, Viet Nam; Tel.: + 84 (8) 242 000 ext. 3320; Fax: +84 (8) 294 528

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WEST INDIES ASSOCIATED STATES — See Barbados

Fax: + 68 (5) 231-59

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YUGOSLAVIA, FEDERATED REPUBLIC OF (SERBIA and MONTENEGRO) Canadian Embassy, Kneza Milosa 75, 11000 Belgrade. Yugoslavia; Tel.: + 381 (11) 64 46 66 Outside office hours: 64 45 47; Fax: +

381 (11) 64 14 80 ZAÏRE The Canadian Office. Embassy of the United States of America, 310, avenue des Aviateurs, Kinshasa, Zaïre; Tel.: + 243 (12) 21 532, 21 913, 21 910,

21 737 ext. 2314; Fax MCI Operator: + 243 43 805 ZAMBIA Canadian High Commission, 5199 United Nations Avenue, Lusaka, Zambia; Postal Address: P.O. Box 31313, Lusaka, Zambia; Tel.: + 260 (1)

25 08 33; Fax: + 260 (1) 25 41 76 ZIMBABWE * Canadian High Commission, 45 Baines Avenue, Harare. Zimbabwe; Postal Address: P.O. Box 1430, Harare, Zimbabwe; Tel.: + 263 (4)

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A fast and easy way - to call home or to call other countries.

HOW TO USE CANADA DIRECT

Calling from a touch-tone phone:

- Refer to the chart for the Canada Direct access number for the country you are in. Call Canada from any country listed. And call country-to-country from any of the shaded countries.
- If you are in a hotel, follow hotel instructions to get an outside line. (Canada Direct is provided to hotels toll-free. Some hotels may apply a surcharge to each call regardless. Check with the hotel administration to determine if surcharges are applied.)
- Dial the Canada Direct access number
- Follow the voice prompts to select language choice and method of payment. (Never give a credit card number). You may use a Calling Card or Call-Me service. Or, you may select "O" to place a call using a HELLO! phone pass or to call Canada collect. To speak to a Canada Direct operator, press "0" at any time during the voice prompts.
- If you are using a Calling Card, you may place up to five calls in a row without hanging up - simply press # after each call, then follow the voice prompts.
- For fax calls, pick up the handset and follow steps 2 5. For modem calls, refer to the Canada Direct web site for intructions: http://www.stentor.ca/canada direct.

Calling from a rotary-dial phone

Follow steps 1 - 3, then wait for the Canada Direct operator to answer your call. You may use a Calling Card or HELLO! phone pass to place calls anywhere, or you may call collect to Canada.

Calls to Canada are billed at Canadian international rates. Time-of-day discounts apply, based on the time and day in Canada. TelePlus Overseas™. Real Plus™ and Advantage™ discounts also apply on Calling Card and Call-Me service calls. Calls to other countries are billed at country-to-country rates. Only time-of-day discounts apply. Check the rates with the Canada Direct operator. This is a premium convenience feature.

Legend .

Wait for a second dial tone.

BON VOYAGE, BUT ...

- Service available on dedicated phones that display the Canada Direct symbol.
- Service only available on public pay phones.
- ▲ Public phones require coins or phone card.

Country-to-country calling available from a shaded country to locations within that country or most other countries (some restrictions may apply)

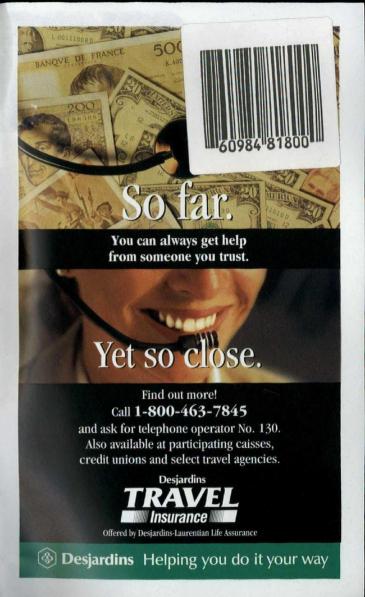
Alaska	see US
Antigua 🔳	1-800-744-2580
Argentina	001 800 222 1111
	(from major cities)
Australia	1 800 551 177
4.7.00	1 800 881 150
Austria 🛦	022 903 013
Azores	05 017 1 226
Bahamas	1-800-463-0501
Bahrain	80 01 00
Balearic Islands 🛦	900 99 00 15
Barbados	1-800-744-2580
Belarus	
(Mogilev, Gromel)	8 • 10-800-111
(Vitebsk, Grodno,	
Minsk, Brest)	8 ♦ 800-111
Belgium A	0 800 100 19
	0 800 700 19
Belize (hotels)	558
(pay phones)	816
Bermuda 📕	1-800-744-2580
Bolivia 🛦	0 800 0101
Brazil	000 8014
Canary Islands ▲	900 99 00 15
Cayman Islands	1-800-744-2580
Chile	123 00 318
	800-800-226
China	108 186
(from all major cities)

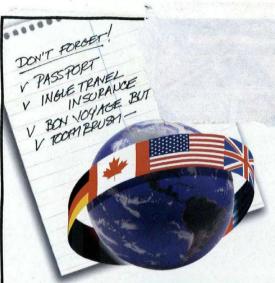
Colombia	980 19 0057
Costa Rica ▲	0 800 015 1161
Croatia	99 385 0101
(service not availab	
Cyprus ▲	080 900 12
Czech Republic	00 42 000151
Denmark 🛦	80 01 00 11
Dominica	1-800-744-2580
Dominican Republic	1-800-333-0111
Ecuador	999 175
Egypt ▲ (from Cairo)	
(elsewhere)	02-365 3643
Fiji	004 890 1005
Finland A	9800 1 0011
France	19 00 16
after Oct 18 96:	0 800 99 00 16
Germany	01 3000 14
Ghana	0 19 233
Greece ▲	008001611
Grenada 🔳	1-800-744-2580
Guadeloupe	see France
Guam	950 1604
Guatemala ▲	198
Guyana	0161
(Georgetown)	161
Haiti	001-800-522-1055
Hawaii	see US
Honduras	126
Hong Kong	800 1100

BON VOYAGE, BUT ...

Hungary ▲	00 800 01211
Iceland 🛦	800 9010
India	000167
Indonesia 🛦	001 801 16
	008 801 16
Inmarsat B & M	
Atlantic Ocean East	61#
Atlantic Ocean West	64#
Pacific Ocean	62#
Indian Ocean	63#
Iran	•
Ireland	1800 555001
Israel	177 105 2727
Italy 🛦	172 1001
Ivory Coast	00 1100
Jamaica	0 800 222 0016
(hotels)	876
Japan ▲	0039 ♦ 161
110.711	0066-55-161
Кепуа	0 800 14
Korea (South) 🛦	009 0015
Liechtenstein 🛦	155 8330
Luxembourg	0 800 0119
Macao	0800 100
Madeira	05 017 1 226
Malaysia 🛦	800 0017
Malta	0 800 890 150
Martinique	see France
Mauritius	73110
Mexico	95 800 010 1990
Monaco 🛦	see France
Montserrat	1-800-744-2580
Morocco	002110010
Netherlands 🛦	06 0229116
New Zealand	000919
Nicaragua	168
Norway 🛦	800 19 111
Panama	123
Papua New Guinea	05 07 151 40
Paraguay	008 13 800
Peru	199
Philippines 🛦	105 10
	2-6-18 or 106-6-10
Poland	008001114118
Portugal	05 017 1 226
Puerto Rico	1-800-496-7123
Qatar	0800 015 77

DOIT VOIA	GE, BUI	
Romania	01 800 5000	
Russia (Moscow only)	755-5045	
Saint Barthèlemy	see France	
Saint Kitts & Nevis	1-800-744-2580	
Saint Lucia	1-800-744-2580	
Saint Martin	see France	
Saint Vincent	1-800-744-2580	
San Marino ▲	172 1001	
Scotland	see UK	
Singapore	8000 100 100	
Slovakia	00 42 000151	
South Africa	0800990014	
Spain A	900 99 00 15	
Spanish North Africa	900 99 00 15	
Sri Lanka	01 430077	
(Metropolitan Colombo	430077	
St-Pierre et Miquelon	see France	
Sweden A	020 799015	
Switzerland A	1558330	
Syria	0811	
(service not available from pay phones)		
Taiwan A	0080120012	
Thailand	001 999 15 1000	
Trinidad & Tobago	•	
Turkey A	00 800 16677	
Turks & Caicos ■	01-800-744-2580	
Ukraine	8 + 10 0 17	
United Arab Emirates	800 141	
United Kingdom	0500 89 1016	
	0800 89 0016	
United States	1-800-555-1111	
Uruguay	000 419	
Vatican City A	172 1001	
Venezuela ▲	800 11100	
Virgin Islands	Lyncill division	
(US)	1-800-496-0008	
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Zimbabwe	110897	





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Nothing can ruin a trip more than running into unexpected problems, especially those that could have been easily avoided. The *Bon Voyage*, *But...* booklet contains valuable information and advice for Canadian travellers. To obtain more information or additional free copies of this bookletairs visit your nearest Passport Office or write to Allaires exteneures

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Ottawa, Ontario
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We'd like to hear your comments on this booklet. Was it helpful? Write to the above address and let us know what you think.

Note: The information contained in this booklet is subject to change. Please check with the appropriate government departments and organizations mentioned within to ensure you have the most current information.

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- Liberty Health
- · Maclean's Canada's Weekly Newsmagazine
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BON VOYAGE, BUT...

Canadians love to travel. Each year we make more than 90 million trips abroad for both business and pleasure. The vast majority of these excursions go off without a hitch.

But unfortunately all trips don't come with a hassle-free guarantee. Accidents, illnesses, legal problems and linguistic and cultural difficulties do occur.

Most problems are minor and you can usually solve them yourself. But if you run into more serious obstacles, our Canadian missions are there to assist you.

If you're sick, in trouble or have lost your passport, our missions will do all they can to smooth your way.

Bon Voyage, But... will help you plan ahead. Read it before you book your next business trip or vacation abroad. And pack it in your luggage — it's a handy reference book of travel tips, important phone numbers and addresses of Canadian missions around the world. A companion publication, Crossing the 49th, gives Canadian travellers specific information about travel to the United States. For more information on ordering this free booklet and others, turn to page 31.

PART ONE: BEFORE YOU GO

Preparation is the key to a successful trip. By doing your homework before you leave, you minimize your chances of something going wrong.

Learn About Your Destination

Before you board that airplane or train, take the time to learn about the political, cultural and economic environment of your destination. Learn at least a few key phrases in the country's language. Even a modest command of the local language will go a long way.

When you're travelling, the laws of the country you're visiting apply to you too. **Never** assume that because you're a Canadian citizen you're immune to foreign laws.

Some countries experience ongoing wars, insurgencies or sporadic unrest. Find out if your destination is known to be dangerous. Check with the Department of Foreign Affairs and International Trade before you leave:

- Call the Department's Consular Affairs Bureau in Ottawa at 1-800-267-6788 (in Canada only) or (613) 944-6788 (if you're in Ottawa or abroad) for travel information reports. These reports will give you background information on security and political conditions, health conditions and entry requirements (e.g. if you need a visa) for foreign countries. Information is no further than your fingertips seven days a week, 24 hours a day, 365 days a year. If you would like to receive information by fax, dial 1-800-575-2500 and follow the instructions. In Ottawa, call (613) 944-2500.
- You can also find this information on the Internet. Our World Wide Web address is: http://www.dfait-maeci.gc.ca
- If you're abroad, contact the nearest Canadian mission. Addresses and telephone numbers are listed at the end of this booklet.

❖ To reduce your long distance costs when travelling, you may wish to use Canada Direct, an operator-assisted long distance service that allows you to place calls to Canada or to other countries via a bilingual Canadian operator. For a list of all the Canada Direct access numbers, call 1-800-561-8868 (toll-free in Canada). They are also available on page 62 of this booklet.

While you are abroad, tune in to Radio Canada International (RCI) for the latest news. RCI also broadcasts messages from the Canadian government during emergency situations. A schedule of times and frequency of broadcasts to different parts of the world can be obtained by calling the Canadian Broadcasting Corporation at (416) 205-3311 in Toronto. Ask to be connected to RCI. In Montreal, call (514) 597-7555.

Make Sure Your Passport Is in Order

Your passport is the best proof of your Canadian citizenship. You and all family members should have a valid passport if you plan to travel outside Canada. If you have any questions about passports, call 1-800-567-6868. Locally you can call: in Toronto, (416) 973-3251; in Ottawa-Hull, (613) 994-3500; in Vancouver, (604) 775-6250; or in Montreal, (514) 283-2152.

Applications for Canadian passports may be obtained at passport offices, Canadian missions, travel agencies, and at the nearest Northern Store in northern communities. Allow at least three weeks for delivery.

If your passport is due to expire within the next six months, check with your destination's embassy or consulate in Canada for their rules and restrictions regarding passport validity and expiration. Some countries will not let you enter if your passport is within six months of expiring.

Before you leave on your trip, be sure to complete the "In case of accident or death notify" section in your passport. This will help us quickly notify your family or friends if an emergency situation arises.

Make a photocopy of your passport's identification page and keep it separate from the original when you travel. For added security, leave a photocopy with a friend or relative at home. These simple steps may speed the replacement process if you lose your passport.

If your passport is lost or stolen while you are travelling, contact the nearest Canadian mission immediately for a replacement **after** reporting the loss or theft to the local police. Make sure you get a copy of the police report or the report number. Before a new passport can be issued, you must complete an application form, produce written evidence of your Canadian citizenship (e.g. a birth or citizenship certificate), produce a copy of the police report or report number, present new photographs and pay the required fee.

Do You Need a Visa?

You need a visa to travel to certain countries. Your travel agent or the country's embassy or consulate in Canada can advise you of the requirements. You can also call Foreign Affairs' Emergency Services at 1-800-267-6788 (toll-free in Canada) or (613) 944-6788 for travel information and reports.

Apply for visas well in advance of your trip.

When you arrive at your destination, be prepared to prove that you have enough money to support yourself during your stay.

- Be aware of the rules and restrictions governing visas and your length of stay. This knowledge can save you both time and money.
- Some countries will only allow you to enter if you can prove you will be leaving — be prepared to show your return or onward ticket or any visas that demonstrate you plan to visit another country.

Schengen Convention Countries

Visitors to Belgium, Spain, France, Germany, The Netherlands, Luxembourg and Portugal (Schengen Convention countries)

should obtain an official entry stamp in their passports either when they first arrive or within 72 hours. This entry stamp allows you to stay for longer than three days or visit the other Schengen countries. Failure to register with the proper authorities may result in fines and/or deportation. If you would like further information about the entry requirements for Schengen countries, contact their embassies or consulates in Canada **before** you depart.

Charter Flights

Before you book a charter flight to your destination, check out both the travel agency's and the charter company's credentials with either the Better Business Bureau or a local consumer advisory organization.

Dual Nationality

To avoid unpleasant surprises, find out whether you, your spouse, or any other family member are citizens of another country. If you are considered a "national," you may be compelled to do military service or pay special taxes. Your child custody arrangements in Canada may not be recognized. In extreme cases, you or your child may not be allowed to leave. Check your status with the country's embassy or consular mission in Canada before you travel. In regard to custody questions, contact Foreign Affairs' Consular Case Management division at 1-800-267-6788 (in Canada) or (613) 944-6788.

If you do run into problems because of your dual nationality, contact the nearest Canadian mission immediately.

People with Special Needs

Many countries do not provide access for people in wheelchairs or make allowances for those with special hearing, sight or other physical requirements. Contact your local access organization or talk to others who have travelled to your destination in the past. There are also several guides

published about international travel and people with special needs. Check your local library or bookstore.

Medical Advice is Important

Your family physician or a travel medical clinic are good sources of medical advice. If you are being treated for an illness or are taking medication, ask your doctor before you leave if there are any special precautions you should take during your trip.

For a list of travel medical clinics in Canada, call the Canadian Society for International Health at (613) 230-2654.

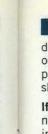
Health Canada's Laboratory Centre for Disease Control (LCDC) provides travel health information through the Internet (http://www.hwc.ca/hpb/lcdc) and through a fax retrieval system, FAXlink. To access FAXlink, call (613) 941-3900 using the handset of your fax machine and follow the instructions.

Vaccinations

Before travelling to any destination, find out well in advance of your trip if you need any special vaccinations or preventive medications for such illnesses as yellow fever, typhoid, meningitis, Japanese encephalitis, hepatitis or malaria. For instance, a meningococcal vaccination is required for pilgrims travelling to Mecca, Saudi Arabia, for the annual Hajj. And an International Certificate of Vaccination for yellow fever may be a legal requirement to enter certain countries. Your doctor, local office of the Canadian Society for International Health, LCDC FAXlink service, (613) 941-3900 or LCDC Web site, http://www.hwc.ca/hpb/lcdc can provide you with this information.

Start your vaccination shots at least three months before you leave. In some cases, you may need several inoculations with waiting periods between each injection.

Make sure that your routine immunizations are up to date. If you weren't exposed to certain diseases as a child, or weren't immunized, you could be at an increased risk of acquiring



Hepatitis A is the most common traveller's disease. It attacks the liver causing vomiting, diarrhea and abdominal pain.

It's easy to catch from contaminated food and water and 20% of victims need hospitalization.

Yet, hepatitis A is the most common traveller's disease preventable by a vaccine.

The Canadian Liver Foundation recommends vaccination before travel outside North America, western Europe, Australia, New Zealand or Japan.

For immunity, talk to your doctor or the Canadian Liver Foundation at 1-800-563-5483



BON VOYAGE, BUT ...

diseases such as tetanus, diphtheria, polio, measles, mumps or rubella (German measles). All adults should ensure they're protected from tetanus and diphtheria by receiving a booster shot every 10 years.

If you're travelling with infants or small children, you may need to arrange an alternate or accelerated childhood immunization schedule for them. Talk to your pediatrician, family doctor or travel medical clinic.

AIDS

AIDS/HIV is a global disease. Some countries require proof of AIDS testing. Have the test conducted and obtain the results **before** you travel. Call Health Canada at **(613) 957-8739** to find out if the country you plan to visit requires this documentation.

When travelling, take all the same precautions you do at home. Do not assume that condoms will be readily available. Even if they are, they may not meet the safety standards set by the World Health Organization.

Remember: Using intravenous drugs is not only illegal but extremely risky — especially if you share needles.

Medication

If you take medication, be sure to pack an extra supply just in case you're away for longer than expected. Carrying a duplicate of your original prescription is highly recommended — especially when travelling to countries that are particularly sensitive about drugs. Also, carry an extra prescription that lists both the generic and trade names of the drug, just in case your medication is lost or stolen. This is also a good idea if you wear glasses or contact lenses — having the prescription makes it easier to replace them.

Do not try to save luggage space by combining medications into a single container. Keep all medications in the original, labelled container to avoid problems.

Find out whether your medication is sold in the country you are visiting. Also check to see that it is legal. Some over-the-counter medications in Canada are illegal in other countries or

require a prescription. Obtaining a note from your doctor that states the medical reasons for your prescription and recommended dosage as required is also encouraged.

If you need syringes for a medical condition such as diabetes, it is very important that you take along an appropriate supply. As well, you should carry a medical certificate that shows they are for medical use.

If you have a pre-existing medical condition that could present a problem while you're travelling, it's wise to wear a Medic Alert bracelet. Through their Foundation, your vital medical facts become part of a database that can be accessed 24 hours a day from anywhere in the world. Call 1-800-825-3785 for membership information.

Pregnancy

If you are pregnant, talk to your doctor if you plan to travel abroad. Some vaccinations may not be recommended. Also, check your travel and health insurance plans carefully to ensure they cover health complications arising from pregnancy.

Upon Your Return

If you have been ill while abroad or become ill upon return, contact your doctor immediately. Be able to provide your physician with the specifics of any treatment you received while you were away, as well as where you were travelling.

If you have a fever or a flu-like illness upon your return see your physician as soon as possible, especially if you've just returned from an area where malaria is common. You can help your doctor by telling him/her the countries you visited.

Supplemental Health Insurance

Don't rely on your provincial health plan to pick up the tab if you get sick or are injured while you're abroad. At best, your health plan will cover only a portion of the bill. It's your responsibility to obtain and understand the terms of your supplementary insurance policies. Some credit cards offer their holders

health and travel insurance. Don't assume the card alone provides adequate coverage.

Be sure to ask whether or not your policy:

- Has an in-house worldwide emergency hotline you can call if you're in trouble. Check to see if it is open 24 hours a day, seven days a week; whether the operators are multilingual; and if nurses or physicians are on-staff.
- Pays foreign hospital and related medical costs, and if so, whether it pays "up front" or expects you to pay and be reimbursed later.
- Provides for your medical evacuation to Canada.
- Pays for any required medical escort (doctor/nurse) to accompany you back to Canada.
- Excludes pre-existing medical conditions. If such conditions exist, notify your insurance company and get an agreement in writing that you are covered for these conditions. Otherwise, you could find your claim "null and void" under a pre-existing condition clause.
- Covers premature births and related neonatal care.
- Allows for cash advances if a hospital accepts only such payment.
- Pays for the preparation and return to Canada of your remains should you die while travelling.

Carry details of your insurance with you. Also, tell your travel agent, a friend or relative at home and your travelling companion how to contact your insurer.

Get a detailed invoice from the doctor or hospital before you leave the country. There is nothing more frustrating than trying to get the proper paperwork from thousands of kilometres away.

Remember to always **submit original receipts** for any medical services or prescriptions you received while travelling abroad. Most insurance companies will not accept copies or faxes.

Other Insurance

Lost luggage, theft of your purse or wallet, or flight cancellations can happen to you. These annoyances can cause major disruptions when they take place in a foreign country. Think about purchasing a travel insurance package that will compensate you for such inconveniences.

Travelling by Car?

Keep in mind that each country has its own driving regulations. You may be required to obtain an international driver's licence or additional insurance. Be sure to learn the local rules of the road before you get behind the wheel. In some countries, the driver may be detained and questioned by the police even though only material damages (such as a fender-bender) have occurred. Country-specific insurance must be purchased for travel by car to Mexico and Central America. This is usually available at border crossings. For specific information on driving in the United States, consult *Crossing the 49th* (see page 31 for details on ordering this booklet).

Money Matters

Canadian currency and traveller's cheques in Canadian dollars are not always widely accepted. Before you leave Canada, consult a bank or a foreign currency agent to find out the most appropriate currency to carry. Traveller's cheques in the appropriate currency or in U.S. dollars are often the safest and most convenient option. It's a good idea to have a small amount of the local money on hand when you first arrive, unless the importation of local currency is a crime. There may be restrictions on taking money in and out of the country. Check with the foreign embassies or consulates in Canada or with your travel agent about currency regulations in the countries you plan to visit.

Don't rely exclusively on banking machine cards or credit cards. They are not necessarily honoured internationally.

Women Travelling Solo

Unfortunately, a woman travelling alone can face additional problems, including sexual overtures. If you're travelling by yourself, either for business or pleasure, keep in mind the following precautions:

- Because women are often a target for street crime, be extra vigilant when you're out alone. Stay in well-lit, safe areas where there are other people.
- Dress appropriately and don't wear expensive jewellery or flash large sums of money.
- Make sure your hotel is sensitive to your needs. Ensure that no secondary room key will be given to anyone, even if they say they're travelling with you. If possible, book a room close to the elevator and ask the bellhop to check your room before you enter. Ensure that the locks on your windows and doors are working properly and that the lighting in your room and in the hallway is adequate. More and more hotels are recognizing the importance and clout of women travellers. Try to stay at hotels that are known for looking after your concerns.
- When out and about, be aware of your surroundings and situation at all times.

Her Own Way: Practical Tips & Advice for the Canadian Woman Traveller provides information for women travellers. See page 31 for how to order this booklet. There are also other books that cover the concerns of women travellers and that offer helpful travel tips. Check with your local bookstore or library before you go.

Travelling with Children

If you're travelling to another country with your child and there is a possibility of a custody dispute developing while you're away, you should talk to a lawyer before leaving home. A special publication, *International Child Abductions: A Manual*

BON VOYAGE, BUT...

If you are female and travelling alone, take extra precautions to ensure your safety.

Review all child custody arrangements if you're travelling with a child. If your child is travelling alone, have him/her carry documentation stating that the trip is permitted by both parents.

Ensure that any plant and animal products you plan to bring back are acceptable to Canada. Travelling pets may require shots and special permits (at a fee). See page 26 for more information and check with a local office of the Canadian Food Inspection Agency.

 Don't forget to pack this booklet. It could help you more than you can imagine.

PART TWO: ASSISTANCE IS AVAILABLE

Register at the Canadian Mission

If your stay is longer than three months in one country, it is recommended that you formally register at the nearest Canadian mission. This will help us contact you in case of an emergency or crisis. Registration is voluntary and the information you provide is not shared with any other part of the Canadian government. Registration is not usually available in the countries of Western Europe, Japan, Australia. New Zealand and the United States.

In countries where Canada has no direct representation, there may be arrangements in place for you to register with another country's embassy or consulate. For instance, Canada has a formal reciprocal agreement with Australia.

Consular Assistance

Canada's missions abroad are ready to help you in case of an emergency. In some instances, there may be a fee for services.

What can we do for you?

for Parents is available from Foreign Affairs. See page 31 for details on how to order this publication.

If a person younger than 18 is travelling alone or with only one parent or another adult, notarized documentation certifying that the trip is permitted by both parents should be carried.

Have a Great Trip, But Before You Go...

- Do your research. Learn about the country you plan to visit. Learn a few phrases in the local language.
- Arrange supplementary health insurance and travel insurance.
- Carry proof of insurance coverage, and give a copy to someone at home.
- Draw up a flexible itinerary and budget. Leave a copy at home.
- Make sure your passport hasn't expired and is valid for six months beyond the time of your trip. Photocopy the identification page and keep it separate from your passport. Leave another copy with somebody at home. Fill out the "In case of accident or death notify" section in your passport.
- Make sure you have any visas you need.
- Find out whether or not you or any members of your family are considered nationals of any of the countries you plan to visit.
- Have any vaccinations required. If you are taking medication with you, make sure you keep it in its original container. Carry a doctor's prescription for any controlled drugs, and if you use syringes, carry a medical certificate. Leave copies at home as well.
- Keep the original receipts for any purchases you make, as well as your hotel bill, rental car agreement and medical service bills.

- We can contact, at your request, your relatives or friends and ask them to send you emergency funds.
- We can help you during emergencies such as natural disasters and civil and military uprisings.
- We can direct you to sources of information about local laws, regulations, cultural customs and how to obtain visas.
- We can assist with medical emergencies.
- If you are arrested, we can try to ensure equitable treatment under local laws. At your request, we can inform relatives and friends about your arrest and try to ensure that legal rights and processes are extended to you consistent with the standards of the host country. However, we cannot set aside local laws if you are charged with an offence, nor intervene in the judicial process of a foreign country. We cannot post bail, pay for a lawyer or pay your fines.
- If you wish, we can notify your next of kin regarding accidents or deaths and let them know whether, and how, they can help.

Check the listings at the end of this booklet for information about the Canadian missions in the countries you plan to visit.

Emergency Consular Services

Canadian missions offer 24-hour assistance. During nonoffice hours, an answering machine will take your message or your call will be directed to a consular officer in Ottawa. depending upon local arrangements. The machines are monitored by a duty officer. It is essential that you leave a clear and detailed message, including a telephone number where you can be reached. Duty officers worldwide as well as consular officers in Ottawa are remarkably successful at providing emergency assistance.

In an emergency, you can also make a collect call to Foreign Affairs in Ottawa at (613) 996-8885. Use the Canada Direct service if it is available.

In some areas where Canada doesn't have a fully established mission, you may obtain emergency consular assistance from the Australian or British missions. Though not equipped to provide you with the same range of services as fully established Canadian missions, they can assist you in an emergency.

Consular Assistance Around the Globe

A list identifying where you may seek consular assistance abroad is provided at the back of this book.

Please remember that addresses and telephone numbers may change. Should you fail to reach a mission through the number listed in this booklet, call the local operator for the new number.

PART THREE: WHILE TRAVELLING

Foreign Laws and Customs

When you're travelling in a foreign country, familiarize yourself with the way of life there. Respect that country's laws, religions, culture, class structure and economic conditions. Though you may not personally agree with some of their beliefs, remember that you are a visitor.

In many countries, appropriate attire — for both sexes — is very important. In some countries, laws govern what men and women can and cannot wear in public. Penalties for disobeying local laws can be quite severe.

Be especially respectful of temples, mosques, churches, synagogues and other religious sites. Many of these areas are off-limits to foreigners or people who are not members of that faith. Ask permission before taking photographs of religious artifacts or buildings.

Not everybody likes to have his or her picture taken. Local people may resent you for taking their photograph or they may demand money for the picture after it has been taken. Always ask first.

BON VOYAGE, BUT...

Never take photographs of military facilities, a harbour where naval vessels are docked or industrial installations such as oil refineries. You may lose your film and your camera, and could even come under suspicion of espionage.

Take Precautions

The same rules apply abroad as at home, only more so. Foreigners are usually at greater risk than locals. In many countries foreigners are specifically targeted. Do not wander into unknown areas. Find out how safe they are first. Do not pick up hitchhikers or cross borders with people you have just met. Watch your luggage and make sure it is locked — never take anything, even an envelope, across a border for someone else.

Do not flash large amounts of money or expensive jewellery in public. Use a money belt or a case with concealed sections for valuables. Dress appropriately.

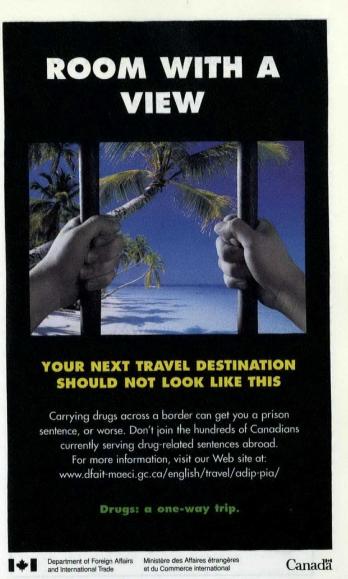
Leave a copy of your itinerary with someone at home so that they can contact you in case of an emergency. Phone home, particularly if you have promised family members or friends that you would do so. We receive thousands of calls every year from worried family members or friends who have not received a promised call.

Keep a separate record of your traveller's cheques and credit cards. Never carry your passport, travel tickets, identification documents, cash, credit cards and insurance papers together. If you do so, you risk being left with no identification or funds.

Use the safety deposit box at your hotel. Never leave valuables in your room.

Illegal Drugs

Drug use and trafficking are prohibited in all countries, even though drugs are readily available and openly used in some places. Most countries impose heavy fines and long prison sentences for possession and trafficking.



In some countries, possession of even small amounts of drugs carries the death penalty.

Never transport any parcel that isn't yours across a border.

Choose your travelling companions wisely. Never cross a border with a hitchhiker or as a hitchhiker. Though you may not be carrying anything illegal, your companions may be.

Sexual Exploitation of Children

The Government of Canada has proposed amendments to the Criminal Code of Canada that would permit the arrest and prosecution of Canadians in Canada for the sexual exploitation of children in other countries. At the time of publication of this booklet, the changes to the Criminal Code were still before Parliament. Most countries are now enacting legislation, or more vigorously enforcing existing laws, concerning the sexual exploitation of children. The penalties are severe.

Crime and Punishment

More than 1,400 Canadians are currently imprisoned abroad for various offences — 60 per cent of those are in the United States.

The laws and customs of countries around the world can be very different from those in Canada. Ignorance of those laws is no defence.

While in a foreign country, you are subject to its laws and regulations. Your Canadian citizenship offers no immunity. Canadian consular staff abroad must also follow the rules of the host country. If you do find yourself in trouble, they can help you find a lawyer, contact your family and friends, and ensure that you receive fair treatment according to the standards of that country. However, they cannot pull any strings to reduce your sentence or fine.

You'd never know that during their trip this couple had over \$10,000 in medical expenses.



travelease

Emergency Health Insurance for Travellers

Ensure your peace of mind.



Trust travelease from Liberty Health to ensure your peace of mind.

When you travel outside Canada, you want to enjoy your trip—without having to worry about paying for emergency medical expenses.

Since government health insurance pays only a fraction of any medical expenses incurred outside the country, it's wise to obtain supplemental health insurance—like TravelEase Emergency Health Insurance for Travellers from Liberty Health. It's the best way to ensure your peace of mind!

Here's what's covered.

TravelEase Emergency Health Insurance for Travellers includes:

- \$1,000,000 maximum overall coverage per person
- Hospital accommodation
- Incidental hospital expenses
- · Doctor's bills
- Prescriptions
- Medical appliances (crutches, canes, etc.)
- · Ambulance service, including air ambulance
- Paramedical services
- Diagnostic services
- Accidental dental
- Relief of dental pain
- Meals and accommodations
- Emergency vehicle return
- Return of deceased
- · Automatic extension of coverage

Whether you travel occasionally or frequently during the year, you can choose the TravelEase Emergency Health Insurance plan that suits your needs.

Which TravelEase Plan Should I Purchase?

TravelEase Emergency Health Insurance for Travellers - Annual Plan

- suitable for frequent travellers whether you're travelling abroad or across the border
- · offers blanket coverage for a year; covering all trips taken within that year providing the trip does not exceed a certain number of days
- · convenient, one-time enrolment
- top-up of coverage available if your trip exceeds the number of days provided

or

TravelEase Emergency Health Insurance for Travellers - Per Trip Plan

- suitable for providing coverage for that one unique trip
- · suitable for long duration trips

24th Emergency Assistance Centre

Peace of mind means more than just financial security. It means having around-the-clock access—wherever you are—to healthcare professionals and trained staff to assist you in time of need.

Your TravelEase Emergency Health Insurance for Travellers policy provides you with a 24-hour Emergency Assistance Centre, which provides up front payment and multi-lingual assistance with such tasks as locating local doctors and hospitals, helping your spouse or family if you're ill, and handling a lost or stolen passport. It's the perfect travel companion!

This is NOT a contract. A written contract containing benefits, together with exclusions and limitations will be sent to you upon enrolment or upon request

LIBERTY A leader in

HEALTH TM coverage.

You can trust Liberty Health to ensure your peace of mind when travelling outside Canada.

Recognized worldwide, our travel policies have been protecting people for over 20 years, covering over 1.5 million Canadian travellers. Fact is, we're one of Canada's largest health benefit management companies.

Liberty Health is a member of the Liberty Canada group and part of the Liberty Mutual Group of Companies with assets (including assests under management) exceeding \$60 billion worldwide.

So, before you leave Canada, sign up for TravelEase Emergency Health Insurance for Travellers (and remember to bring your passport)!

It's easy to apply!

Call 1-800-COVER ME®

Or Visit www.cover-me.com

for all the details about TravelEase Emergency Health Insurance for Travellers. You can apply on-line and receive immediate coverage.

travelease...

Ensure your peace of mind.

Liberty Mutual Group. All rights reserved. Liberty Health is a division of Liberty Mutual

Trademarks held by Liberty Mutual Insurance Company. Benefits underwritten by Liberty Mutual Insurance Company

Judicial Process

Never assume that the legal system of the country you're visiting is the same as at home. "Innocent until proven guilty" isn't a universally recognized concept. In some countries, you may not even have the right to legal representation or a trial in your mother tongue.

Some countries don't recognize or respect religious freedom, freedom of association, speech or the press, or equality of the sexes. For instance, guilt by association is presumed in some countries. This means that you may be charged simply for being in the company of a person suspected or found guilty of a crime.

Even if you're an innocent bystander at a demonstration or riot you may be considered a participant and rounded up with those involved. Your Canadian citizenship does not grant you immunity.

If you do find yourself in legal trouble, contact the nearest Canadian mission immediately. If you cannot do so yourself, have someone else do it for you.

Mail

If you are travelling for an extended period of time, you can arrange to have your mail sent to a post office box or, where possible, to the nearest Canadian mission. In the latter case, the mission will hold on to letter-size mail (not parcels) for you to pick up in person. This mail cannot be forwarded to another address.

Travel to the United States

Because of our close relationship with our neighbours to the south, we sometimes forget that we're visiting a foreign country. The same preparations should be made for visiting the United States as for travelling to any other country. And it should be remembered that U.S. laws and customs are different from ours at home.

Always carry your Canadian passport, citizenship or birth certificate when you're travelling to the United States. A driver's licence is not valid proof of citizenship.

When travelling to the United States, keep in mind that:

- As soon as you stop at the U.S. border, you are subject to U.S. law. Immigration laws in the United States refuse entry to people with a criminal record, among others.
- What you say in answer to the immigration or customs officer can be used against you if you are considered to be, for any reason, inadmissible.
- When a person is refused entry, the information is entered in a computer; if another entry is attempted, the person may be subject to fines and/or vehicle seizure.

For more detailed information about travel to the United States, please refer to the booklet *Crossing the 49th.* See page 31 for details on how to order this booklet.

PART FOUR: RETURNING TO CANADA

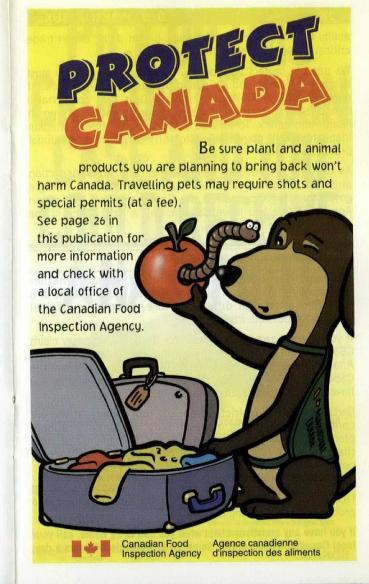
Departure Tax

Some countries impose a departure tax or service fee at the airport or point of departure. Prior to leaving such a country, make sure you set aside enough money, in local funds, to pay this tax.

Canadian Food Inspection Agency: Be Aware and Declare

A single sausage illegally brought into Canada caused footand-mouth disease, destroying cattle and costing Canadians more than \$1 billion. Every year, thousands of travellers fail to declare things like cheese, meat, animal hides, live birds, plants and fruit. These items may carry pests and diseases, and pose a risk to human health.

Foreign pests and diseases could destroy Canada's crops and forests, and wipe out our livestock, thus threatening our



ability to produce food and a multi-billion dollar export trade critical to Canada's economic well-being.

We need to protect our country. Canadian law says you **must** declare all plant and animal products you bring back. It restricts and prohibits entry of products that could harm Canada's agriculture and forestry or pose a danger to human health and safety. To enforce these laws, we have Canadian inspectors with dogs trained to sniff out plant and animal products.

As of April 1, 1997, all federally mandated food inspection and quarantine services will be consolidated in a single government agency, called the Canadian Food Inspection Agency. Before you leave Canada, call a local office of the Agency for more information.

Canada Customs and Import Controls

You must declare everything acquired abroad, whether purchases for yourself or gifts, as well as goods bought at a Canadian or foreign duty-free store. Keep your original receipts for possible inspection.

If you've been away from Canada for 24 hours, you may claim C\$50 worth of goods, excluding alcohol and tobacco, duty-free. After 48 hours, you may claim C\$200. You can now claim the C\$500 exemption including alcohol and tobacco, any time you have been away from Canada for seven days or longer.

Certain goods are restricted from entering Canada. If you are considering importing meat or dairy products, weapons, plants, vehicles, or exotic animals or products made from their skins or feathers, please contact Canada Customs beforehand for guidance.

Obscene materials, hate propaganda, most weapons including firearms, and goods harmful to the environment are prohibited from entering Canada.

If you have any questions about what you can bring home, call your local Canada Customs office. Someone is available 24 hours a day,

PICK UP THIS CROCODILE-SKIN CASE AND YOU COULD RECEIVE A NASTY BITE.

In co-operation with over 130 countries, Canada is committed to protecting some 40,000 plant and animal species. Before bringing any item made from them into Canada (even if you owned it before leaving),

You risk losing the item, prosecution and fines up to \$150,000.

For more information on current legislation see page 30 or contact:
CITES* Administrator

Environment Canada Ottawa, Ontario K1A OH3 Tel.: (819) 997-1840 Fax: (819) 953-6283

*Convention on International Trade in Endangered Species of Wild Fauna and Flora



know the rules.

Environment Canada Environnement Canada Canada

year-round, to answer your questions. If you're calling in Canada, dial 1-800-461-9999 to reach the Automated Customs Information System. Outside Canada or from Ottawa, call (613) 993-0534.

BON VOYAGE, BUT ...

The booklet *I Declare* describes what you can and cannot bring back to Canada if you have been away for less than a year. For information on how to order this booklet, turn to page 32.

Illegal Souvenirs

While travelling outside Canada, you may decide to purchase souvenirs. Unfortunately, many attractive items sold in foreign countries are made from endangered plants or animals.

Crocodile-skin briefcases and wallets, python-skin boots, ivory bracelets and carvings, coral earrings, cactus rainsticks, tortoise shells, orchids and parrots are some of the more common items illegally brought back to Canada. These items are included in the more than 40,000 species of wild animals and plants regulated under the Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES). Under Canada's Wild Animal and Plant Protection and Regulation of International and Interprovincial Trade Act (WAPPRIITA), a violation of CITES could lead to seizure of your purchase, as well as stiff penalties of up to \$150,000 and/or prison terms of up to five years.

The same rules apply if you already own an item made from a controlled wild animal or plant and you wish to take it out of Canada. Since other countries also have strict laws, it's safer to leave these items at home.

To determine what you can and cannot legally bring back into Canada, please call **Environment Canada** at (819) 997-1840 or fax them at (819) 953-6283.

After Residing Abroad

After a stay abroad of more than a year, there are special import provisions for household items and personal belongings when you move back to Canada. Information is contained in the

brochure *Moving Back to Canada?*, available from Canadian missions abroad, your local customs office or from the Communications Branch, Revenue Canada, Customs and Excise, Ottawa, Ontario, K1A OL5, telephone (613) 993-0534 or 1-800-461-9999 (within Canada).

PART FIVE: PUBLICATIONS OF INTEREST

International Relations

 Diplomatic, Consular and Other Representatives in Canada

This publication may be obtained for approximately \$15.00 plus GST and shipping by writing to: Canada Communication Group — Publishing, Ottawa, Ontario, K1A OS9 or by calling (613) 956-4800.

- ☐ Her Own Way: Practical Tips & Advice for the Canadian Woman Traveller
- ☐ A Guide for Canadians Imprisoned Abroad
- Crossing the 49th: A Compendium of the Bumps on the Road for Canadians Going South
- ☐ International Child Abductions: A Manual for Parents
- ☐ Mexico: Tips for Business & Travel
- ☐ Hong Kong: A Guide for Visiting and Resident Canadians
- A Guide for Canadian Performing Artists Entering the U.S.A.

These are available through Foreign Affairs' InfoCentre. The address is InfoCentre, Department of Foreign Affairs and International Trade, 125 Sussex Drive, Ottawa, Ontario, K1A 0G2. The telephone number is 1-800-267-8376 (in Canada), or (613) 944-4000.

This information may also be accessed via the Internet. The World Wide Web address is: http://www.dfait-maeci.gc.ca

Customs

- ☐ I Declare
- ☐ Moving Back to Canada?
- ☐ Importing a Motor Vehicle into Canada
- Importing a Firearm into Canada

These publications may be obtained by writing to: Communications Branch, Revenue Canada, Customs and Excise, Ottawa, Ontario, K1A OL5; or by calling 1-800-461-9999, or (613) 993-0534 in Ottawa or from abroad; or by contacting your local customs office.

Food Products

Don't Bring It Back

This publication may be obtained by writing to: The Canadian Food Inspection Agency, Communications Branch, Publication Distribution, 930 Carling Avenue, Room 118, Ottawa, Ontario, K1A OC5 or by calling (613) 759-1000. Ask for the publications branch.

Health Issues

 International Travel and Health (published by the World Health Organization)

This book is available for approximately \$17.00, plus GST and shipping costs. It may be obtained by writing to: The Canadian Public Health Association (attention: World Health Organization Department), 1565 Carling Avenue, Suite 400, Ottawa, Ontario, K1Z 8R1; or by calling (613) 725-3769, extension 190.

 Don't Drink the Water: The Complete Travellers' Guide to Staying Healthy in Warm Climates

This book costs \$14.95 plus GST and shipping costs. It is also available from the Canadian Public Health Association at the address and phone number listed above.

ATTENTION

Working anywhere outside Canada without the right insurance can be risky.

Telfer International, with over 25 years' experience insures Canadians working anywhere outside of Canada, including the U.S.We provide complete, flexible coverage that most provincial and private insurance plans cannot.

Contact us and we will be pleased to outline our protection's strength and versatility.

Telephone (514) 284-2002 • Fax (514) 284-3203



Health Information for Canadian Travellers

To obtain a copy, write to: The Canadian Society for International Health, 170 Laurier Avenue West, Suite 902. Ottawa, Ontario, K1P 5V5: call (613) 230-2654: or e-mail csih@fox.nstn.ca

Basic Facts About AIDS

For this booklet, write to: The National AIDS Clearinghouse. 1565 Carling Avenue, Suite 400, Ottawa, Ontario, K17 8R1 or call (613) 725-3434.

Citizenship

- How to Prove You Are a Canadian Citizen
- Dual Citizenship

These publications may be obtained from the Publications Branch of the Public Affairs Department, Citizenship and Immigration Canada, 365 Laurier Avenue West, 19th Floor, Ottawa, Ontario, K1A 1L1, telephone (613) 954-9019.

BON VOYAGE, BUT ...

Canadian Embassies. High Commissions and Consulates Abroad

The following list identifies where you may seek consular assistance in each country. If in an emergency you are unable to contact a Canadian mission. please call collect (via Canada Direct where possible) (613) 996-8885.

- Hours and days of operation of Canadian missions may vary from country to country. Call the mission concerned to check its office hours.
- The Canada Direct service is offered by the Stentor telephone companies in collaboration with Teleglobe Canada. On its international network. Teleglobe carries calls from more than 120 countries where Canada Direct service is available.

In the telephone numbers on the following pages, a + sign precedes the country code and parentheses () surround the area code.

A ★ indicates that Canada Direct is available from that country. See page 62 for the Canada Direct access numbers.

AFGHANISTAN — See Pakistan, Islamabad

ALBANIA — See Hungary

ALGERIA Canadian Embassy, 27 bis, rue des Frères Benhafid (formerly Rue d'Anjou), Hydra, Algeria; Postal Address: P.O. Box 48, Alger-Gare, 1600 Alger, Algeria: Tel.: + 213 (2) 69 16 11; Fax: + 213 (2) 69 39 20, 69 17 34

ANDORRA — See France

ANGOLA Consulate of Canada, Rua Rei Katyavala 113, Luanda, Angola; Tel.: + 244 (2) 348-371: Fax: + 244 (2) 393-445

ANGUILLA — See Barbados

ANTIGUA AND BARBUDA ★ - See Barbados

ARGENTINA ★ Canadian Embassy, 2828 Tagle, 1425 Buenos Aires, Argentina; Postal Address: P.O. Box 1598, 1000 Correo Central, Buenos Aires. Argentina; Tel.: + 54 (1) 805-3032; Fax: + 54 (1) 806-1209

ARMENIA - See Russia, Moscow

ARUBA — See Netherlands Antilles

AUSTRALIA ★

CANBERRA Canadian High Commission, Commonwealth Avenue, Canberra ACT 2600. Australia: Tel.: + 61 (6) 273-3844 (after August 1997 + 61 (2) 6273-3844); Fax: + 61 (6) 270-4081 (after August 1997 + 61 (2) 6270-4081) MELBOURNE Consulate of Canada, 123 Camberwell Road, Hawthorn East, Victoria 3123, Australia; Tel.: + 61 (3) 9811 9999; Fax: + 61 (3) 9811 9969 PERTH Consulate of Canada, 267 St. George's Terrace, Perth, Western Australia 6000, Australia; Tel.: + 61 (9) 322-7930; Fax: + 61 (9) 261-7700 SYDNEY Consulate General of Canada, Level 5, Quay West, 111 Harrington Street, Sydney, New South Wales 2000, Australia; Tel.: + 61 (2) 364-3000; Fax: + 61 (2) 364-3098

AUSTRIA ★ Canadian Embassy, Laurenzerberg 2, A-1010 Vienna, Austria; Tel.: + 43 (1) 531-38-3000; Fax: + 43 (1) 531-38-3321

AZERBAIJAN — See Turkey, Ankara

BAHAMAS (THE) ★ Consulate of Canada, Shirley Street Shopping Plaza, Shirley Street, Nassau, The Bahamas; Postal Address: P.O. Box SS-6371. Nassau, The Bahamas; Tel.: (809) 393-4271; Fax: (809) 393-1305

BAHRAIN * -- See Kuwait

BANGLADESH Canadian High Commission, House CWN 16/A, Road 48. Gulshan, Dhaka, Bangladesh; Postal Address: G.P.O. Box 569, Dhaka 1000, Bangladesh; Tel.: + 880 (2) 88 36 39, 60 70 71; Fax: + 880 (2) 88 30 43

BARBADOS * Canadian High Commission, Bishop's Court Hill, St. Michael, Barbados; Postal Address: P.O. Box 404, Bridgetown, Barbados: Tel.: (809) 429-3550; Fax: (809) 429-3780

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BELIZE ★ Consulate of Canada, 85 Front Street, Belize City, Belize; Postal Address: P.O. Box 610, Belize City, Belize; Tel.: + 501 (2) 33-722; Fax: + 501 (2) 30-060

BENIN Fonds canadien d'initiatives locales, P.O. Box 04-1124, Cotonou. Benin; Tel.: + 229 304-949; Fax: + 229 300-532

BERMUDA ★ — See United States of America, New York

BHUTAN Canadian Cooperation Office, P.O. Box 201, Thimphu, Bhutan: Tel.: (3) 22109; Fax: (3) 22109

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BOSNIA-HERZEGOVINA Canadian Embassy, Logavina 7, 71000 Sarajevo, Bosnia-Herzegovina: Tel.: + 387 (71) 447-900; Fax: + 387 (71) 447-901

BOTSWANA Consulate of Canada, Vision Hire Building, Queens Road, Plot 182. Gaborone, Botswana: Postal Address: P.O. Box 1009, Gaborone, Botswana: Tel: + 267 30-44-11; Fax: + 267 30-44-11

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Brasilia Canadian Embassy, Setor de Embaixadas Sul, Avenida das Nações lote 16, 70410-900 Brasilia D.F., Brazil; Postal Address: P.O. Box 00961, 70359-900 Brasilia D.F., Brazil; Tel.: + 55 (61) 321-2171; Fax: + 55 (61) 321-4529

Sao Paulo Consulate General of Canada, Edificio Top Center, Avenida Paulista 854, 5th Floor, 01310-913 Sao Paulo, Brazil; Postal Address: P.O. Box 62693, 01214-970 Sao Paulo, Brazil; Tel.: + 55 (11) 287-2122, -2234, -2213; Fax: + 55 (11) 251-5057

RIO DE JANEIRO Consulate of Canada, Rua Lauro Muller 116, Room 2707, Torre Rio Sul-Botafogo, 22290-160 Rio de Janeiro, Brazil: Tel.: + 55 (21) 542-7593. 275-2039; Fax: + 55 (21) 275-2195

BRITISH VIRGIN ISLANDS ★ — See Barbados

BRUNEI DARUSSALAM Canadian High Commission, Britannia House, Suite 51-52, Jalan Cator, Bandar Seri Begawan 2058, Brunei Darussalam; Tel.: + 673 (2) 22-00-43; Fax: + 673 (2) 22-00-40

BULGARIA ★ --- see Romania

BURKINA FASO Canadian Embassy, Agostino Néto Street, Ouagadougou, Burkina Faso: Postal Address: P.O. Box 548, Quagadougou 01, Kadiogo Province, Burkina Faso: Tel.: + 226 31-18-94, 31-18-95; Fax: + 226 31-19-00

BURMA — See Myanmar

BURUNDI Consulate of Canada, Avenue de France, Bujumbura, Burundi; Tel.: + 257 221-682, 221-632, Fax: + 257 221-627

BYELORUSSIA — See Russia, Moscow

CAMBODIA Australian Embassy, Villa II, R.V. Senei Vannavaut Dum (Street 254), Daun Penh District, Phnom Penh City, Cambodia; Tel.: + 855 (23) 426 000/1; Fax: + 855 (23) 426 003

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YAOUNDÉ Canadian Embassy, Stamatiades Building, Place de l'Hôtel de Ville, Yaoundé, Cameroon; Postal Address: P.O. Box 572, Yaoundé, Cameroon; Tel.: + 237 23-23-11; Fax: + 237 22-10-90

Douala Canadian Consulate, 1726 Charles de Gaulle Avenue, Douala, Cameroon; Postal Address: P.O. Box 2373, Douala, Cameroon; Tel.: + 237 43 29 34; Fax: + 237 42 31 09

CAPE VERDE — See Senegal

CAYMAN ISLANDS ★ — See Jamaica

CENTRAL AFRICAN REPUBLIC Canadian Consulate, Sissongo District, Bangui, Central African Republic; Postal Address: P.O. Box 973, Bangui, Central African Republic; Tel.: + 236 61 09 73; Fax: + 236 61 40 74

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SANTIAGO Canadian Embassy, Nueva Tajamar 481, Torre Norte, Piso 12, Las Condes, Santiago, Chile; Postal Address: 139, Correo 10, Santiago, Chile; Tel.: + 56 (2) 362-9660; Fax: + 56 (2) 362-9393

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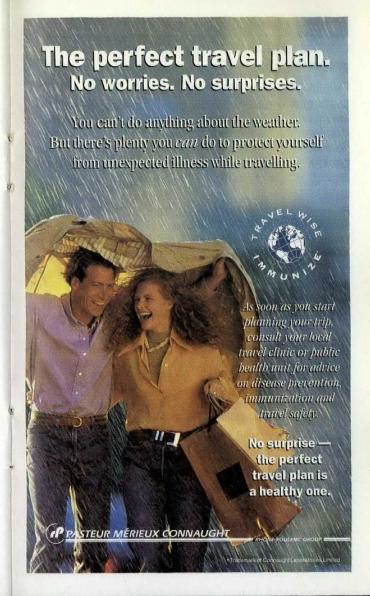
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CONGO - See Gabon

COOK ISLANDS - See New Zealand

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CROATIA ★ Canadian Embassy, Hotel Esplanade, Mihanovi'ceva 1, 10000 Zagreb, Croatia; Tel.: + 385 (1) 457-7905; Fax: + 385 (1) 457-7913

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Havana Canadian Embassy, Calle 30, No. 518 Esquina a7a, Miramar, Havana, Cuba; Tel.: + 53 (7) 24 25 16; Fax: + 53 (7) 24 20 44

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CYPRUS ★ Consulate of Canada, 15 Themistocles Dervis Street, Margarita House, Suite 403, Nicosia, Cyprus; Postal Address: P.O. Box 2125, Nicosia, Cyprus; Tel.: + 357 (2) 451-630; Fax: + 357 (2) 459-096

CZECH REPUBLIC ★ Canadian Embassy, Mickiewiczova 6, 125 33 Prague 6, Czech Republic; Tel.: + 420 (2) 2431-1108/9/10/11/12; Fax: + 420 (2) 2431-0294

DENMARK ★ Canadian Embassy, Kr. Bernikowsgade 1, 1105 Copenhagen K, Denmark; Tel.: + 45 (33) 12 22 99; Fax: + 45 (33) 14 05 85

Nuuk (Greenland) Consulate of Canada, Groenlandsfly A/S, 3900 Nuuk, Greenland; Postal Address: P.O. Box 1012, 3900 Nuuk, Greenland; Tel/Fax: + 299 28888; night line: + 299 20088, press 418.

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DOMINICA ★ — See Barbados

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Portugal	0505-44-8266
Singapore	800-1100-452
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Spain & Majorca	900-98-4467
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CAIRO Canadian Embassy, 5 El Saraya El Kobra Square, African Bank Building, Garden City, Cairo, Egypt; Postal Address: P.O. Box 1667, Cairo, Egypt; Tel.: + 20 (2) 354-3110; Fax: + 20 (2) 356-3548

ALEXANDRIA Consulate of Canada, Arab Express Shipping Co., 59 El Horria Street, Alexandria, Egypt; Tel.: + 20 (3) 493-9142, 492-9706, 490-9595; Fax.: + 20 (3) 490-9696

EL SALVADOR Office of the Canadian Embassy, Avenida Las Palmas No. 111. Colonia San Benito, San Salvador, El Salvador; Tel.: + 503 279-4655; Fax: + 503 279-0765

EQUATORIAL GUINEA - See Gabon

ERITREA — See Ethiopia

ESTONIA Office of the Canadian Embassy, Toom Kooli 13, 2nd Floor, 0100 Tallinn, Estonia; Tel.: + 372 631-3570; Fax: + 372 631-3573

ETHIOPIA Canadian Embassy, Old Airport Area, Higher 23, Kebele 12, House Number 122, Addis Ababa, Ethiopia; Postal Address: P.O. Box 1130, Addis Ababa, Ethiopia; Tel.: + 251 (1) 71 30 22; Fax: + 251 (1) 71 30 33

FIJI ★ Consulate of Canada, c/o Canadian Airlines, 50 Thomson Street, Suva, or c/o Canadian Airlines, Arrivals Concourse, Nadi Airport, Fiji; Postal Address: P.O. Box 10690, Nadi Airport, Fiji; Tel.: + 679 311-844, 722-400, Tel./Fax: + 679 721-936

FINLAND * Canadian Embassy, Pohjoisesplanadi 25B, 00100 Helsinki, Finland; Postal Address: P.O. Box 779, 00101 Helsinki, Finland; Tel.: + 358 (9) 17 11 41: Fax: + 358 (9) 60 10 60

FRANCE ★

Paris Canadian Embassy, 35 Montaigne Avenue, 75008 Paris, France; Tel.: + 33 (1) 44 43 29 00; Fax: + 33 (1) 44 43 29 99

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SAINT-PIERRE ET MIQUELON ★ Consulate of Canada, Institut Frecher, C.P. 4370 Saint-Pierre, Saint-Pierre et Miquelon, F-97500; Tel/Fax: + 508 41:55 10

STRASBOURG Consulate of Canada, c/o Polymeres France, rue du Ried, La Wantzenau, France; Postal Address: P.O. Box 7, 67610 La Wantzenau, France; Tel.: + 33 (3) 88 96 65 02; Fax: + 33 (3) 88 96 25 17

Toulouse Consulate of Canada, 30 Strasbourg Boulevard, 31014 Toulouse, France; Postal Address: P.O. Box 138, Toulouse, France; Tel.: + 33 (5) 61 99 30 16; Fax: + 33 (5) 62 73 52 99

FRENCH GUYANA * - See Guyana

GABON Canadian Embassy, Sci. du Stade, Pasteur Boulevard; Postal Address: P.O. Box 4037, Libreville, Gabon; Tel.: + 241 74 34 64, 74 34 65; Fax: + 241 74 34 66

GAMBIA (THE) — See Senegal

GEORGIA — See Turkey, Ankara

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Berlin Canadian Embassy, Berlin Office, 23rd Floor, Internationales Handelszentrum, Friedrichstrasse 95, 10117 Berlin, Germany; Tel.: + 49 (30) 261-1161; Fax: + 49 (30) 262-9206

DUSSELDORF Consulate of Canada, Prinz-Georg-Strasse 126, 40479 Düsseldorf, Germany, Tel.: + 49 (211) 17 21 70; Fax: + 49 (211) 35 91 65

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Munich Consulate of Canada, Tal 29, 80331 Munich, Germany; Tel.: + 49 (89) 21-99-57-0; Fax: + 49 (89) 21-99-57-57

GHANA ★ Canadian High Commission, 42 Independence Avenue, Accra, Ghana; Postal Address: P.O. Box 1639, Accra, Ghana; Tel.: + 233 (21) 77 37 91, 22 85 55, 22 85 66, 22 85 62; Fax: + 233 (21) 77 37 92

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GREECE ★

ATHENS Canadian Embassy, 4 Ioannou Gennadiou Street, Athens 115 21, Greece; Tel.: + 30 (1) 725-4011; Fax: + 30 (1) 725-3994, 725-3629

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GRENADA ★ — See Barbados

GUADELOUPE ★ — See Barbados

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GUINEA Canadian/Embassy, Corniche Sud, P.O. Box 99, Conakry, Guinea; Tel:: + 224 41 23 95, 41 44 48, Cellular (212) 479-4684; Fax: + 224 41 42 36; Cellular Fax (212) 479-4956

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HUNGARY ★ Canadian Embassy, Zugligetti út. 51-53, 1121 Budapest, Hungary; Postal Address: Budakeszi út. 32, 1121 Budapest, Hungary; Tel.: + 36 (1) 275-1200; Fax: + 36 (1) 275-1210

ICELAND ★ Consulate General of Canada, Suöurlandsbraut 10, 108 Reykjavik, Iceland; Postal Address: P.O. Box 8094, 128 Reykjavik, Iceland; Tel.: + 354 (5) 68-0820; Fax: + 354 (5) 68-0899

INDIA *

New Delhi Canadian High Commission, 7/8 Shantipath, Chanakyapuri, New Delhi 110021, India; Postal Address: P.O. Box 5207, New Delhi, India; Tel.: + 91 (11) 687-6500; Fax: + 91 (11) 687-6579, 687-0031

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Bombay Consulate of Canada, 4th Floor, 41/42 Maker Chambers VI, Jamnalal Bajaj Marg, Nariman Point, Bombay 400 021, India; Tel.: + 91 (22) 287-6027, 287-5479; Fax: + 91 (22) 287-5514

CALCUTTA Consulate of Canada, C.E.S.C. House, Sarangi Square, Calcutta 700 001, India; Tel.: + 91 (33) 225-3046, 225-0163; Fax: + 91 (33) 225-6790 **CHANDIGARH** Office of the Canadian High Commission, S.C.O. 33-34-35, Sector 17A (Near Jagat Cinema), Chandigarh, India; Tel.: + 91 (172) 716-020, 716-021; Fax: + 91 (172) 716-025

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IRAN ★ Canadian Embassy, 57 Shahid Javad-e-Sarfaraz (Darya-E-Noor), Ostad Motahari Avenue, Tehran, Iran; Postal Address: P.O. Box 11365-4647, Tehran, Iran; Tel.: + 98 (21) 873-2623; Fax: + 98 (21) 873-3202

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IRELAND ★ Canadian Embassy, 65 St. Stephen's Green, Dublin 2, Ireland; Tel.: + 353 (1) 478-1988, Outside office hours: 478-1476; Fax: + 353 (1) 478-1285

ISRAEL ★ Canadian Embassy, 3/5 Nirim Street, Tel Aviv 67060, Israel; Postal Address: P.O. Box 6410, Tel Aviv 63405, Israel; Tel.: + 972 (3) 636-3300; Fax: + 972 (3) 636-3380

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ROME Canadian Embassy, Via G.B. de Rossi 27, Rome 00161, Italy; Tel.: + 39 (6) 44-59-81; Fax: + 39 (6) 445-98912. 445-98760

MILAN (Consular Section open 9:00 AM to 12:00 PM) Consulate General of Canada, Via Vittor Pisani 19, Milan 20124, Italy; Tel.: + 39 (2) 6758.1; Fax: + 39 (2) 6758.3900

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Kingston Canadian High Commission, Mutual Security Bank Building, 30-36 Knutsford Boulevard, Kingston 5, Jamaica; Postal Address: P.O. Box 1500, Kingston 10, Jamaica; Tel.: (809) 926-1500; Fax: (809) 926-1702

Montego Bay Consulate of Canada, 29 Gloucester Street, Montego Bay, Jamaica; Tel.: (809) 952-6198, 979-8014; Fax: (809) 952-3953

JAPAN ★

Tokyo Canadian Embassy, 3-38 Akasaka 7-chome, Minato-ku, Tokyo 107, Japan; Tel.: + 81 (3) 3408-2101; Consular Services: 3408-7686; Fax: + 81 (3) 3479-5320

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NAGOYA Consulate of Canada, Nakato Marunouchi Building, 6F, 3-17-6 Marunouchi, Naka-Ku, Nagoya-Shi, Aichi Prefecture, Japan; Tel.: + 81 (52) 972-0450; Fax: + 81 (52) 972-0453

OSAKA Consulate General of Canada, Daisan Shoho Building, 12th Floor, 2-2-3, Nishi-Shinsaibashi, Chuo-Ku, Osaka 542, Japan; Postal Address: P.O. Box 150, Osaka, Minami 542-91, Japan; Tel.: + 81 (6) 212-4910; Fax: + 81 (6) 212-4914

JORDAN Canadian Embassy, Pearl of Shmeisani Building, Shmeisani, Amman, Jordan; Postal Address: P.O. Box 815403, Amman, Jordan 11180; Tel.: + 962 (6) 666-124; Fax: + 962 (6) 689-227

KAZAKHSTAN Canadian Embassy, 34 Vimogradov, Almaty, Kazakhstan 480100; Tel.: + 7 (3272) 50-11-51; Fax: + 7 (3272) 50-93-80

KENYA ★ Canadian High Commission, Comcraft House, Hailé Sélassie Avenue, Nairobi, Kenya; Postal Address: P.O. Box 30481, Nairobi, Kenya; Tel.: + 254 (2) 21 48 04; Fax: + 254 (2) 22 69 87

KIRIBATI Australian High Commission, Bairiki, Tarawa, Republic of Kiribati; Postal Address: P.O. Box 77, Tarawa, Republic of Kiribati; Tel.: + 686 21-184; Fax: + 686 21-440

KOREA ★ South Korea Only

SECUL Canadian Embassy, 10th and 11th Floors, Kolon Building, 45 Mugyo-Dong, Jung-Ku, Seoul 100-170, Korea; Postal Address: C.P.O. Box 6299, Seoul 100-662, Korea; Tel.: + 82 (2) 753-2605/06/07/08, 753-7290/91/92/93; Fax: + 82 (2) 755-0686

Pusan Consulate of Canada, c/o Bumin Mutual Savings and Finance Corporation, Suite 32-1, 2-GA, Daecheung-Dong, Chung-Ku, Pusan 600-092, Korea; Tel.: + 82 (51) 246-7024, 246-3205; Fax: + 82 (51) 247-8443, 246-5658

KYRGYZSTAN — See Kazakhstan

KUWAIT Canadian Embassy, Block 4, 24 Al-Mutawakel Street, Da'aiyah District, Kuwait City, Kuwait; Postal Address: P.O. Box 25281, Safat 13113, Kuwait City, Kuwait; Tel.: + 965 256-3025; Fax: + 965 256-4167

LAOS Australian Embassy, J. Nehru Street, Phone Xay District, Vientiane, Laos; Tel.: + 856 (21) 413-6020; Fax: + 856 (21) 413-613

LATVIA Canadian Embassy, Doma laukums 4, 4th Floor, Riga LV-1977, Latvia; Tel.: + 371 783-0141, 782-1161; Fax: + 371 783-0140

LEBANON Canadian Embassy, 434 Autostrade Jal-el-Dib, 1st Floor, Coolrite Building, Jal-el-Dib, Lebanon: Postal Address: P.O. Box 60163, Beirut. Lebanon; Tel.: + 961 (1) 521-163/4/5; Fax: + 961 (1) 521-167

LESOTHO Consulate of Canada, 1st Floor, Maseru Book Centre Kingsway. Box 1165, Maseru, Lesotho; Tel.: + 266 311-256; Fax: + 266 310-462

LIBERIA — See Ghana

LIBYA Embassy of The Netherlands, 20 Sh. Gelal Bayar, P.O. Box 2801, Tripoli, Libya; Tel.: + 218 (21) 44-41550, 44-41549; Fax: + 218 (21) 44-40386

LIECHTENSTEIN ★ — See Switzerland

LITHUANIA Office of the Canadian Embassy, Didzioji 8-5, 2001 Vilnius. Lithuania; Tel.: + 370 (2) 220-898, 220-865; Fax: + 370 (2) 220-884

LUXEMBOURG ★ Consulate of Canada, c/o Price Waterhouse S.A., 24-26 avenue de la Liberté, Luxembourg L-1930, Luxembourg: Postal Address: P.O. Box 1443, Luxembourg, Luxembourg; Tel.: + 352 40-24-20; Fax: + 352 40-24-55. ext. 600

MACAO ★ — See Hong Kong

MACEDONIA, FORMER YUGOSLAV REPUBLIC OF — See Yugoslavia

MADAGASCAR Consulate of Canada, c/o QIT-Madagascar Minerals Ltd., Lot II-M-62 C, Villa Paule Androhibe, Antananarivo 101, Madagascar; Postal Address: P.O. Box 4003, Antananarivo 101, Madagascar: Tel.: + 261 (2) 425-59: Fax: + 261 (2) 425-06

MALAWI Consulate of Canada, Accord Centre, Kamuzu Highway, Blantyre-Limbe, Malawi; Postal Address: P.O. Box 51146, Blantyre-Limbe, Malawi; Tel.: + 265 645-441: Fax: + 265 645-004

MALAYSIA ★ Canadian High Commission, 7th Floor, Plaza MBF, 172 Jalan Ampang, 50450 Kuala Lumpur, Malaysia; Postal Address; P.O. Box 10990. 50732 Kuala Lumpur, Malaysia: Tel.: + 60 (3) 261-2000. Outside office hours: 261-2031; Fax: + 60 (3) 261-3428

MALDIVES — See Sri Lanka

MALI Canadian Embassy, Quartier Hippodrome, Route de Koulikoro, Bamako, Mali; Postal Address: P.O. Box 198, Bamako, Mali; Tel.: + 223 22 22 36; Fax: + 223 22 43 62

MALTA ★ Consulate of Canada, Demajo House, 103 Archbishop Street. Valletta, Malta; Tel.: + 356 233-121, 233-126; Fax: + 356 235-145

BON VOYAGE, BUT ... MARTINIQUE ★ — See Barbados

MAURITANIA Consulate of Canada, P.O. Box 428, Novakchott, Mauritania; Tel.: + 222 534-48; Fax: + 222 540-09

MAURITIUS ★ Consulate of Canada, 18 Jules Koenij Street, Port Louis, Mauritius: Postal Address: P.O. Box 209, Port Louis, Mauritius; Tel.: + 230 208-0821; Fax: + 230 208-3391

MEXICO ★

MEXICO CITY Canadian Embassy, Calle Schiller No. 529 (Rincon del Bosque), Colonia Polanco, 11560 Mexico, D.F., Mexico; Postal Address: P.O. Box 105-05, 11580 Mexico, D.F., Mexico; Tel.: + 52 (5) 724-7900, Toll free 91-800-70629; Fax: + 52 (5) 724-7980

ACAPULCO Consulate of Canada, Hotel Club del Sol, Costera Miguel Aleman, at the corner of Reyes Catolicos, 39300 Acapulco, Guerrero, Mexico; Postal Address: P.O. Box 94-C, 39670 Acapulco, Guerrero, Mexico; Tel.: + 52 (74)

85-66-21: Fax: + 52 (74) 86-74-17 Annic Consulate of Canada, Hotel Real de Chapala, Paseo del Prado 20, Aiiiic, Jalisco, Mexico; Tel.: + 52 (376) 62-288; Fax: + 52 (376) 62-420

CANCUN Consulate of Canada, Plaza Mexico Commercial Centre, Room 312, 200 Avenida Tulum, at the corner of Agua, 77500 Cancun, Quintana Roo,

Mexico: Tel.: + 52 (98) 84-37-16; Fax: + 52 (98) 87-67-16 GUADALAJARA Consulate of Canada, Hotel Fiesta Americana, Local 31, Aurelio Aceves 225, Col. Vallarta Poniente, P.O. Box 44100 Guadalajara, Jalisco, Mexico; Tel.: + 52 (3) 615-6270, 615-6266, 616-5642; Fax: + 52 (3) 615-8665

MAZATLAN Consulate of Canada, Hotel Playa Mazatlan, Zona Dorada, Rodolfo Loaiza 202, 82110 Mazatlan, Sinaloa, Mexico; Postal Address: P.O. Box 614, 82110 Mazatlan, Sinaloa, Mexico; Tel.: + 52 (69) 13-73-20; Fax: + 52 (69) 14-66-55

Monterrey Consulate of Canada, Edificio Kalos, Floor C-1, Room 108-A, Zaragoza 1300 Sur and Constitucion, Monterrey, N.L. Mexico; Postal Address: P.O. Box 64000, Monterrey, N.L. Mexico: Tel.: + 52 (83) 44-32-00, 44-27-53, 44-29-06, 44-29-61; Fax: + 52 (83) 44-30-48

OAXACA Consulate of Canada, 119 Dr. Liceaga, Suite 8, 68000 Oaxaca, Mexico; Postal Address: P.O. Box 29, Station C, Colonia Reforma, 68050 Oaxaca, Mexico; Tel.: + 52 (951) 33-777; Fax: + 52 (951) 52-147

PUERTO VALLARTA Consulate of Canada, 160 Zaragoza Street, Interior 10, Colonia Centro, 48300 Puerto Vallarta, Jalisco, Mexico; Tel.: + 52 (322) 253-98; Fax: + 52 (322) 235-17

SAN MIGUEL DE ALLENDE Consulate of Canada, Mesones 38, Interior 15, San Miguel de Allende, Guanajuato, Mexico 37700; Tel.: + 52 (415) 230-25; Fax: + 52 (415) 268-56

TJUANA Consulate of Canada, German Gedovius No. 10411-101, Condominio del Parque, Zona Rio, 22320 Tijuana, Baja California Norte, Mexico; Tel.: + 52 (66) 84-04-61; Fax: + 52 (66) 84-03-01, ask for fax machine

MOLDOVA — See Romania

MONACO ★ — See France, Paris

MONGOLIA — See China, Beijing

MONTSERRAT ★ — See Barbados

MOROCCO ★ Canadian Embassy, 13 bis, rue Jaafar Assadik, Agdal-Rabat, Morocco; Postal Address: P.O. Box 709, Agdal-Rabat, Morocco; Tel.: + 212 (7) 67 28 80; Fax: + 212 (7) 67 21 87

MOZAMBIQUE Office of the Canadian High Commission, 1128 Julius Nyerere Avenue, Maputo, Mozambique; Postal Address: P.O. Box 1578, Maputo, Mozambique; Tel.: + 258 (1) 492-623; Fax: + 258 (1) 492-667

MYANMAR Australian Embassy, 88 Strand Road, Yangon, Myanmar (formerly Rangoon, Burma); Tel.: + 95 (1) 280-711, 280-965; Fax: + 95 (1) 246-159

NAMIBIA — See Pretoria, South Africa

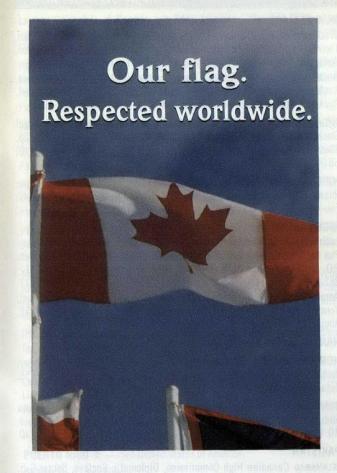
NAURU Australian High Commission, Civic Centre, P.O. Box 6, Nauru, Central Pacific; Tel.: + 674 444-3232/3/4; Fax: + 674 444-3227

NEPAL Canadian Cooperation Office, c/o Mr. John Moore, Lazimpat, Nepal; Postal Address: P.O. Box 4574, Kathmandu, Nepal; Tel.: + 977 (1) 415-193, 415-389; Fax: + 977 (1) 410-422

NETHERLANDS (THE) \bigstar Canadian Embassy, Sophialaan 7, P.O. Box 30820, 2500 GV The Hague, The Netherlands; Tel.: + 31 (70) 311-1600; Fax: + 31 (70) 311-1620

NETHERLANDS ANTILLES Consulate of Canada, Maduro and Curiels Bank, N.V., Plaza Jojo Correa 2-4, Willemstad, Curaçao, Netherlands Antilles; Postal Address: P.O. Box 305, Willemstad, Curaçao, Netherlands Antilles; Tel.: + 599 (9) 66 11 15; Fax: + 599 (9) 66 11 22, 66 11 30

NEW CALEDONIA — See Australia, Canberra





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NEW ZEALAND ★

Wellington Canadian High Commission, 3rd Floor, 61 Molesworth Street, Thorndon, Wellington, New Zealand; Postal Address: P.O. Box 12-049, Thorndon, Wellington, New Zealand; Tel.: + 64 (4) 473-9577; Fax: + 64 (4) 471-2082

Auckland Consulate of Canada, Level 9, Jetset Centre, 44-48 Emily Place, Auckland, New Zealand; Postal Address: P.O. Box 6186, Wellesley Street, Auckland, New Zealand; Tel.: + 64 (9) 309-3690; Fax: + 64 (9) 307-3111

NICARAGUA ★ Consulate of Canada, De los Pipitos, 2 blocks west, Nogal Street, No. 25, Bolonia, Managua, Nicaragua; Postal Address: P.O. Box 25, Managua, Nicaragua; Tel.: + 505 (2) 68 04 33, 68 19 83; Fax: + 505 (2) 68 04 37

NIGER Office of the Canadian Embassy, Mali Béro Boulevard, Niamey, Niger; Postal Address: P.O. Box 362, Niamey, Niger; Tel.: + 227 75-36-86/7; Fax: + 227 75-31-07

NIGERIA

LAGOS Canadian High Commission, Committee of Vice-Chancellors Building, Plot 8A, 4 Idowu Taylor Street, Victoria Island, Lagos, Nigeria; Postal Address: P.O. Box 54506, Ikoyi Station, Lagos, Nigeria; Tel.: + 234 (1) 262-2512, 262-2513, 262-2514, Outside office hours: 262-2515; Fax: + 234 (1) 262-2517

ABUJA Canadian High Commission Liaison Office, Plot No. 622, Gana Street, Zone A5, Maitama, Abuja, FCT, Nigeria; Postal Address: P.O. Box 6924 WUSE, Abuja, FCT, Nigeria; Tel.: + 234 (09) 523-5434; Fax: + 234 (09) 523-5435

NIUE - See New Zealand, Wellington

NORWAY ★ Canadian Embassy, Oscar's Gate 20, 0244 Oslo, Norway; Postal Address: Oscar's Gate 20, 0244 Oslo, Norway; Tel.: + 47 22 46 69 55, Outside office hours: + 47 22 46 69 59; Fax: + 47 22 69 34 67

OMAN Consulate of Canada, Flat No. 310, Building 477, Way 2907, Moosa Abdul Rahman Hassan Building, A'Noor Street, Ruwi, Oman; Postal Address: P.O. Box 1275, Muttrah, Oman 114; Tel.: + 968 791-738; Fax: + 968 791-740

PAKISTAN

ISLAMABAD Canadian High Commission, Diplomatic Enclave, Sector G-5, Islamabad, Pakistan; Postal Address: G.P.O. Box 1042, Islamabad, Pakistan; Tel.: + 92 (51) 27 91 00, Outside office hours: 27 91 13; Fax: + 92 (51) 27 91 10 KARACHI Consulate of Canada, c/o Beach Luxury Hotel, Room 120, Moulvi Tamiz Uddin Khan Road, Karachi 0227, Pakistan; Tel.: + 92 (21) 561 0672; Fax: + 92 (21) 561 0684

LAHORE Consulate of Canada, c/o PAAF Building, 5th Floor, 7D Kashmir Egerton Road, Lahore, Pakistan; Tel.: + 92 (42) 636-6230; Fax: + 92 (42) 636-5088

PANAMA ★ Canadian Embassy, Edificio Banco Central Hispano, Samuel Lewis Avenue and Gerardo Ortega Street, 4th Floor, Panama, Republic of Panama; Postal Address: P.O. Box 3658, Balboa, Panama, Republic of Panama; Tel.: + 507 264-9731, 264-7115; Fax: + 507 263-8083

PAPUA NEW GUINEA ★ Consulate of Canada, 2nd Floor, The Lodge, Bampton Street, Port Moresby, NCD, Papua New Guinea; Postal Address: P.O. Box 851, Port Moresby, NCD, Papua New Guinea; Tel.: + 675 321-3599; Fax: + 675 322-4824

PARAGUAY ★ Consulate of Canada, El Paraguayo Independiente 995, Offices 1 and 2, Asunción, Paraguay; Postal Address: P.O. Box 883, Asunción, Paraguay; Tel.: + 595 (21) 44 95 05; Fax: + 595 (21) 44 95 06

PERU ★ Canadian Embassy, Calle Federico Gerdes 130, Miraflores, Lima, Peru; Postal Address: P.O. Box 18-1126, Miraflores Post Office, Lima, Peru; Tel.: + 51 (1) 444-4015; Fax: + 51 (1) 242-4050

PHILIPPINES (THE) ★ Canadian Embassy, 9th and 11th Floors, Allied Bank Centre, 6754 Ayala Avenue, Makati, Metro Manila, Philippines; Postal Address: P.O. Box 2168, Makati Central Post Office, 1299 Makati, Metro Manila, Philippines; Tel.: + 63 (2) 867-0001; Fax: + 63 (2) 810-4299

POLAND ★ Canadian Embassy, Ulica Matejki 1/5, 00-481 Warsaw, Poland; Tel.: + 48 (22) 629 8051; Fax: + 48 (22) 629-6457

PORTUGAL ★

Lisbon Canadian Embassy, Avenida da Liberdade 144/156, 4th Floor, P-1250 Lisbon, Portugal; Tel.: + 351 (1) 347-4892; Fax: + 351 (1) 347-6466

FARO Consulate of Canada, Rua Frei Lourenço de Santa Maria No. 1, 1st Floor, P-8000 Faro, Portugal; Postal Address: P.O. Box 79, P-8001 Faro, Portugal; Tel.: + 351 (89) 80 37 57; Fax: + 351 (89) 80 47 77

PUERTO RICO ★ — See United States of America

QATAR ★ — See Kuwait

ROMANIA ★ Canadian Embassy, 36 Nicolae lorga, 71118 Bucharest, Romania; Postal Address: Post Office No. 22, Box 2966, Bucharest, Romania; Tel.: + 40 (1) 222-9845; Fax: + 40 (1) 312-0366

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RUSSIA ★

Moscow Canadian Embassy, 23 Starokonyushenny Pereulok, Moscow, 121002 Russia; Tel.: + 7 (095) 956-6666; Fax: + 7 (095) 956-1577

St. Petersburg Consulate General of Canada, 32 Malodetskoselski Prospekt, St. Petersburg, 198013 Russia; Tel.: + 7 (812) 325-8448; Fax: + 7 (812) 325-8393

RWANDA Office of the Canadian Embassy, Parcel 1534, Akagera Street, Kigali, Rwanda; Postal Address: P.O. Box 1177, Kigali, Rwanda; Tel.: + 250 73210, 73787; Fax: + 250 72719

SAINT CHRISTOPHER AND NEVIS ★ --- See Barbados

SAINT LUCIA ★ — See Barbados

SAINT VINCENT AND THE GRENADINES ★ — See Barbados

SAN MARINO ★ — See Italy

SAO TOME AND PRINCIPE - See Gabon

SAUDI ARABIA

RIYADH Canadian Embassy, Diplomatic Quarter, Riyadh, Saudi Arabia; Postal Address: P.O. Box 94321, Riyadh 11693, Saudi Arabia; Tel.: + 966 (1) 488-2288; Fax: + 966 (1) 488-1997

JEDDAH Consulate of Canada, Headquarters Building, Zahid Corporate Group, Jeddah 21492, Saudi Arabia; Postal Address: P.O. Box 8928, Jeddah 21492, Saudi Arabia; Tel./Fax: + 966 (2) 669-4811

SENEGAL ★ Canadian Embassy, 45 avenue de la République, Dakar, Senegal; Postal Address: P.O. Box 3373, Dakar, Senegal; Tel.: + 221 23 92 90; Fax: + 221 23 87 49

SEYCHELLES — See Tanzania

SIERRA LEONE — See Ghana

SINGAPORE ★ Canadian High Commission, IBM Towers, 80 Anson Road, 14th and 15th Floors, Singapore 079907; Postal Address: Robinson Road, P.O. Box 845, Singapore 901645, Singapore; Tel.: + 65 325-3200; Fax: + 65 325-3297

SLOVAKIA ★ Consulate of Canada, Kolarska 4, 811 06 Bratislava, Slovak Republic; Tel.: + 421 (7) 361-277; Fax: + 421 (7) 361-220

SLOVENIA Consulate of Canada, Miklosiceva 19, Ljubljana 61000; Tel.: + 386 (61) 130-3570; Fax: + 386 (61) 130-3575

SOLOMON ISLANDS Australian High Commission, corner Hibiscus Avenue and Mud Alley, Honiara, Solomon Islands; Tel.: + 677 21561/2/3; Fax: + 677 23691

SOMALIA - See Kenya

SOUTH AFRICA ★

PRETORIA Canadian High Commission, 1103 Arcadia Street, Hatfield, Pretoria 0083, South Africa; Postal Address: Private Bag X13, Hatfield, Pretoria 0028, South Africa; Tel.: + 27 (12) 422-3000; Fax: + 27 (12) 422-3052

CAPE TOWN Canadian High Commission, 19th Floor, Reserve Bank Building, 30 Hout Street, Cape Town 8001, South Africa; Postal Address: P.O. Box 683, Cape Town 8000, South Africa; Tel.: + 27 (21) 23-5240; Fax: + 27 (21) 23-4893 Durban Consulate of Canada. Old Mill Site. Canelands 4341. Kwazulu Natal.

South Africa; Postal Address: P.O. Box 5448, Durban 4000, Kwazulu Natal, South Africa; Tel: + 27 (322) 301-197, Fax: + 27 (322) 301-024

JOHANNESBURG Canadian High Commission Trade Office, 10 Arnold Street, Rosebank, Johannesburg 2196, South Africa; Postal Address: P.O. Box 1394, Parklands 2121, Johannesburg, South Africa; Tel.: + 27 (11) 442-3130; Fax: + 27 (11) 442-3325

SPAIN ★

MADRID Canadian Embassy, Goya Building, 35 Nunez de Balboa Street, 28001 Madrid, Spain; Postal Address: P.O. Box 587, 28080 Madrid, Spain; Tel.: + 34 (1) 431-4300; Fax: + 34 (1) 431-2367

Barcelona Consulate of Canada, Paseo de Gracia 77, 3rd Floor, Barcelona 08008, Spain; Tel.: + 34 (3) 215-0704; Fax: + 34 (3) 487-9117

BILBAO Consulate of Canada, c/o Basetrans S.A., Avda. Juan Antonio Zunzunegui, 2-1, 48013 Bilbao, Spain; Tel.: + 34 (4) 427-6922; Fax: + 34 (4) 427-1578

MALAGA Consulate of Canada, Horizonte Building, Plaza de la Malagueta 3, 1st Floor, 29016 Malaga, Spain; Postal Address: P.O. Box 99, 29080 Malaga, Spain; Tel.: + 34 (5) 222-3346; Fax: + 34 (5) 222-4023

SEVILLE Consulate of Canada, 30 Constitución Avenue, 2nd Floor, Room 4, 41001 Seville, Spain; Tel./Fax: + 34 (5) 422-9413

SRI LANKA ★ Canadian High Commission, 6 Gregory's Road, Cinnamon Gardens, Colombo 7, Sri Lanka; Postal Address: P.O. Box 1006, Colombo 7, Sri Lanka; Tel.: + 94 (1) 69 58 41, 69 58 42; Fax: + 94 (1) 68 70 49

SUDAN (THE) — See Ethiopia

SURINAME Consulate of Canada, Waterkant 90-94, Paramaribo, Suriname; Postal Address: P.O. Box 1849-1850, Paramaribo, Suriname; Tel.: + 597 471-222; Fax: + 597 475-718

SWAZILAND — See South Africa

SWEDEN *

STOCKHOLM Canadian Embassy, Tegelbacken 4, 7th Floor, Stockholm, Sweden; Postal Address: P.O. Box 16129, S-10323 Stockholm, Sweden; Tel.: + 46 (8) 453-3000; Fax: + 46 (8) 24 24 91

GOTHENBURG Consulate of Canada, c/o Atlantic Container Line Sweden AB, Sydatlanten, Skandiahamnen, 403 36 Gothenburg, Sweden; Tel.: + 46 (31) 64 55 80; Fax: + 46 (31) 64 55 75

SWITZERLAND *

Berne Canadian Embassy, Kirchenfeldstrasse 88, 3005 Berne, Switzerland; Postal Address: P.O. Box 3000, Berne 6, Switzerland; Tel.: + 41 (31) 352 63 81; Fax: + 41 (31) 352 73 15

GENEVA Permanent Mission of Canada to the Office of the United Nations, Consular Section, 1 Pré-de-la-Bichette Street, 1202 Geneva, Switzerland; Tel.: + 41 (22) 919-9200; Fax: + 41 (22) 919-9233

SYRIA ★ Canadian Embassy, Lot 12, Mezzeh Autostrade, Damascus, Syria; Postal Address: P.O. Box 3394, Damascus, Syria; Tel.: + 963 (11) 611-6692, 611-6851; Fax: + 963 (11) 611-4000

TAHITI — See New Zealand, Wellington

TAIWAN ★ Canadian Trade Office in Taipei, 13th Floor, 365 Fu Hsing North Road, Taipei, Taiwan; Tel.: + 886 (2) 547-9500; Fax: + 886 (2) 712-7244

TAJIKISTAN — See Kazakhstan

TANZANIA Canadian High Commission, 38 Mirambo Street, Corner Garden Avenue, Dar es Salaam, Tanzania; Postal Address: P.O. Box 1022, Dar es Salaam, Tanzania; Tel.: + 255 51 46000/1/2/3/4; Fax: + 255 51 46005, 51 46009 (24 hours)

THAILAND *

BANGKOK Canadian Embassy, Boonmitr Building, 11th Floor, 138 Silom Road, Bangkok 10500, Thailand; Postal Address: P.O. Box 2090, Bangkok 10500, Thailand (after December 1, 1997: Abdul Rahim Place, 15th Floor, 990 Rama IV Road, Bangkok 10500); Tel.: + 66 (2) 237-4125, Duty Officer: (1) 815-5748; Fax: + 66 (2) 236-6463, 267-5295



CHIANG MAI Consulate of Canada, c/o Raming Tea Co. Ltd., 151 Moo 3 Super Highway, Tasala, Chiang Mai 50000, Thailand; Tel.: + 66 (53) 24 22 92, 24 56 83; Fax: + 66 (53) 24 26 16

TOGO - See Ghana

TONGA Australian High Commission, Salote Road, Nuku'Alofa, Tonga; Tel.: +67623-244; Fax: +67623-243

TRINIDAD AND TOBAGO ★ Canadian High Commission, Maple House, Tatil Centre, 3-3A Sweet Briar Road, Port of Spain, Trinidad and Tobago; Postal Address: P.O. Box 1246, Port of Spain, Trinidad and Tobago; Tel.: (809) 622-6232; Fax: (809) 628-2581

TUNISIA Canadian Embassy, 3 rue du Sénégal, Place d'Afrique, Tunis, Tunisia; Postal Address: P.O. Box 31, Belvédère, 1002 Tunis, Tunisia; Tel.: + 216 (1) 796-577, Outside office hours: 798-004; Fax: + 216 (1) 792-371

TURKEY ★

Ankara Canadian Embassy, Nenehatun Caddesi No. 75, Gaziosmanpasa 06700, Ankara, Turkey; Tel.: + 90 (312) 436-1275; Fax: + 90 (312) 446-4437 ISTANBUL Consulate of Canada, Büyükdere Caddesi 107/3, Bengün Han, 80300 Gayrettepe, Istanbul, Turkey; Tel.: + 90 (212) 272-5174, 275-0780; Fax: + 90 (212) 272-3427

TURKMENISTAN — See Kazakhstan

TURKS AND CAICOS ISLANDS ★ — See Jamaica

TUVALU — See New Zealand, Wellington

UGANDA Consulate of Canada, 4 Ternan Avenue (off Sezibwa Road), Nakasero, Kampala, Uganda; Postal Address: P.O. Box 20115, Kampala, Uganda; Tel.: + 256 (41) 258-141; Fax: + 256 (41) 234-518

UKRAINE ★ Canadian Embassy, 31 Yaroslaviv Val Street, Kiev 252034, Ukraine; Tel.: + 380 (44) 212-2112, 212-0212, 212-2235; Fax: + 380 (44) 225-1305, 212-2339

UNITED ARAB EMIRATES ★ Consulate of Canada, Juma Al Majid Building, Suite 708, Khalid Ibn Al Waleed Street, Bur Durbai, United Arab Emirates; Postal Address: P.O. Box 52472, Dubai, United Arab Emirates; Tel.: + 971 (4) 52 17 17; Fax: + 971 (4) 51 77 22

UNITED KINGDOM ★

LONDON Canadian High Commission, Macdonald House, 1 Grosvenor Square, London, W1X OAB, England, U.K.; Tel.: + 44 (171) 258-6600, Consular Services: 258-6316, Passports: 258-6356; Fax: + 44 (171) 258-6533

Belfast Consulate of Canada, Postal Address: P.O. Box 405, Belfast, Northern Ireland. BT9 5BL: Tel.: + 1232 660-212

Birmingham Consulate of Canada, 55 Colmore Row, Birmingham, B3 2AS, U.K., Tel: + 44 (121) 236-6474; Fax: + 44 (121) 214-1099

EDINBURGH Consulate of Canada, Standard Life House, 30 Lothian Road, Edinburgh, EH1 2DH, Scotland, U.K.; Tel.: + 44 (131) 220-4333

UNITED STATES OF AMERICA ★

Washington Canadian Embassy, 501 Pennsylvania Avenue, North West, Washington, D.C. 20001, U.S.A.; Tel.: (202) 682-1740; Fax: (202) 682-7726

ATLANTA Consulate General of Canada, 1175 Peachtree Street N.E., 100 Colony Square, Suite 1700, Atlanta, Georgia 30361-6205, U.S.A.; Tel.: (404) 532-2000; Fax: (404) 532-2050

BOSTON Consulate General of Canada, 3 Copley Place, Suite 400, Boston, Massachusetts 02116, U.S.A.; Tel.: (617) 262-3760; Fax: (617) 262-3415

Buffalo Consulate General of Canada, 1 Marine Midland Center, Suite 3000, Buffalo, New York 14203-2884, U.S.A.; Tel.: (716) 858-9500; Fax: (716) 852-4340 CHICAGO Consulate General of Canada, Two Prudential Plaza, 180 North Stetson Avenue, Suite 2400, Chicago, Illinois 60601, U.S.A.; Tel.: (312) 616-1860; Fax: (312) 616-1877

DALLAS Consulate General of Canada, St. Paul Place, 750 North St. Paul Street, Suite 1700, Dallas, Texas 75201-3247, U.S.A.; Tel.: (214) 922-9806; Fax: (214) 922-9815

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Fax: (206) 443-1782

URUGUAY ★ Canadian Embassy, Torre Libertad, Plaza Cagancha 1335, Office 1105, 11100 Montevideo, Uruguay; Tel.: + 598 (2) 92 20 30;

Fax: + 598 (2) 92 20 29

UZBEKISTAN — See Kazakhstan

VANUATU Australian High Commission, KPMG House, Port Vila, Vanuata; Tel.: + 678 22-777; Fax: + 678 23-948

VENEZUELA ★

CARACAS Canadian Embassy, Edificio Torre Europa, 7th Floor, Avenida Francisco de Miranda, Caracas, Venezuela; Postal Address: P.O. Box 62302, Caracas 1060-A, Venezuela; Tel.: + 58 (2) 951-6166; Fax: + 58 (2) 951-4950 MARGARITA Consulate of Canada, c/o Oficina Mosquito Coast C.A., Final Avenida Santiago Marino cruce con Paseo Guaraguao, Porlamar, Isla de Margarita, Venezuela; Tel.: + 58 (95) 613-475, 640-086; Fax: + 58 (95) 634-818

VIET NAM ★

Hanoi Canadian Embassy, 31 Hung Vuong Street, Hanoi, Viet Nam; Tel.: + 84 (4) 823-5500; Fax: + 84 (4) 823-5333

Ho CHI MINH CITY Consulate of Canada, Suite 102-203, Dong Khoi Street, District 1, Ho Chi Minh City, Viet Nam; Tel.: + 84 (8) 824-2000; Fax: + 84 (8) 829-4528

WESTERN SAMOA Australian High Commission, Fen Gai Ma Leata Building, Beach Road, Tamaligi, Apia, Western Samoa; Postal Address: P.O. Box 704, Apia, Western Samoa; Tel.: + 68 (5) 234-11, 236-13, 252-32; Fax: + 68 (5) 231-59

WEST INDIES ASSOCIATED STATES — See Barbados

YEMEN Consulate of Canada, Yemen Computer Co. Ltd., Building 4, 11th Street off Haddah Street, Sanaa, Yemen; Postal Address: P.O. Box 340, Sanaa, Yemen; Tel.: + 967 (1) 20 88 14; Fax: + 967 (1) 20 95 23

YUGOSLAVIA, FEDERATED REPUBLIC OF (SERBIA and MONTENEGRO) Canadian Embassy, Kneza Milosa 75, 11000 Belgrade, Yugoslavia; Tel.: + 381 (11) 64 46 66, Outside office hours: 64 45 47; Fax: + 381 (11) 64 14 80

ZAÏRE The Canadian Office, Embassy of the United States of America, 310 avenue des Aviateurs, Kinshasa, Zaïre; Tel.: + 243 (12) 21 532, 21 913, 21 910, 21 737 ext. 2314; Fax MCI Operator: + 243 (12) 43 805

ZAMBIA Canadian High Commission, 5199 United Nations Avenue, Lusaka, Zambia; Postal Address: P.O. Box 31313, Lusaka, Zambia; Tel.: + 260 (1) 25 08 33; Fax: + 260 (1) 25 41 76

ZIMBABWE ★ Canadian High Commission, 45 Baines Avenue, Harare, Zimbabwe; Postal Address: P.O. Box 1430, Harare, Zimbabwe; Tel.: + 263 (4) 73 38 81; Fax: + 263 (4) 73 29 17

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HOW TO USE CANADA DIRECT

Calling from a touch-tone phone:

- Refer to the chart for the Canada Direct access number for the country you are in. Call Canada from any country listed. And call country-to-country from any of the shaded countries.
- 2 If you are in a hotel, follow hotel instructions to get an outside line. (Canada Direct is provided to hotels toll-free. Some hotels may apply a surcharge to each call regardless. Check with the hotel administration to determine if surcharges are applied.)
- 3 Dial the Canada Direct access number.
- 4 Follow the voice prompts to select language choice and method of payment. (Never give a credit card number). You may use a Calling Card or Call-Me™ service. Or, you may select "2" to place a call using a HELLO!™ Phone Pass or "0" to call Canada collect. To speak to a Canada Direct operator, press "0" at any time during the voice prompts.
- 5 If you are using a Calling Card, you may place up to five calls in a row without hanging up — simply press # after each call, then follow the voice prompts.
- 6 For fax calls, pick up the handset and follow steps 2 5. For modem calls, refer to the Canada Direct web site for intructions: www.stentor.ca/canada direct.

Calling from a rotary-dial phone

Follow steps 1-3, then wait for the **Canada Direct** operator to answer your call. You may use a **Calling Card** or **HELLO!**TM Phone Pass to place calls anywhere, or you may call collect to Canada.

Calls to Canada are billed at Canadian international rates. Time-of-day discounts apply, based on the time and day in Canada (except for calls from the U.S., which are based on the time of day in the calling location). *TelePlus Overseas*™, *Real Plus*™ and *Advantage*™ discounts also apply on *Calling Card* and *Call-Me*™ service calls.

Legend

- Wait for a second dial tone.
- Service available on dedicated phones that display the Canada Direct symbol.
- Service not available from pay phones.
- Service only available on public pay phones.
- Public phones may require coins or phone card.
- A Service available from dedicated phones at airports, post offices and selected hotels.
- Country-to-country calling is a premium convenience service. Call from one location to another within a country, or from that country to most other countries in the world. Some restrictions may apply. Check the rates with the *Canada Direct* operator. The first leg of the call (originating country to Canada) is charged at Canadian international rates, subject to time-of-day discounts only. The second leg (Canada to terminating country) is charged at country-to-country calling rates.

Alaska	1-800-555-1111
Antigua 📰	1-800-744-2580
Argentina	0-800-2-1004
(from all major cities)
Australia	1-800-551-177
	or 1-800-881-150
Austria A	022-903-013
Azores	05-017-1226
Bahamas	1-800-463-0501
Bahrain	80-01-00
Balearic Islands 🛦	900-99-0015
Barbados 🖿	1-800-744-2580
Belarus	
(Mogilev, Gromel)	8 • 10-800-111
(Vitebsk, Grodno,	
Minsk, Brest)	8 ♦ 800-111
Belgium 🛦	0-800-100-19
	or 0-800-700-19
Belize (hotels)	558
(pay phones)	816
Bermuda 🔳	1-800-744-2580
Bolivia A	0-800-0101
Brazil	000-8014
Brunei 🛦	800-010
Bulgaria O	00-800-1359
Canary Islands A	900-99-0015
Cayman Islands	1-800-744-2580
Chile	800-360-280
Ball Over	or 900_900_226

China (from all major cities)	108 186
Christmas Islands	1-800-551-177
Colombia	980-19-0057
Costa Rica ▲	0-800-015-1161
Croatia O	99-385-0101
Cyprus	080-900-12
Czech Republic	00-42-000-151
Denmark A	80-01-00-11
Dominica	1-800-744-2580
Dominican Republic	1-800-333-0111
Ecuador	999-175
Egypt 🛦	02-365-3643
(Cairo)	365-3643
Fiji	004-890-1005
Finland A	0-800-110-011
France	0-800-99-00-16
	or 0-800-99-02-16
French Guyana	0-800-99-00-06
Gabon 🛦	00 ♦ 012
Germany	01-3000-14
Ghana	0-19-233
Greece ▲	00-800-1611
Grenada 🖪	1-800-744-2580
Guadeloupe	0-800-99-00-16
Guam	950-1604
Guatemala ▲	198
Guyana	0161
(Georgetown)	161

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	01-800-522-1055 or 161
Hawaii	1-800-555-1111
Honduras	available soon
Hong Kong	800-1100
Hungary 🛦	00-800-01211
Iceland 🛦	800-9010
India	000167
Indonesia 🛦	001-801-16
	or 008-801-16
Iran	•
Ireland	1-800-555001
Israel	177-105-2727
Italy A	172-1001
Ivory Coast	00-1100
Jamaica	0-800-222-0016
(hotels)	876
Japan 🛦	0039 ♦ 161
	or 0066-55-161
Kenya	0-800-14
Korea (South)	009-0015
Liechtenstein A	
Luxembourg	0-800-0119
Macao	0-800-100
Macedonia (FYR	
Madeira	05-017-1226
Malaysia A	1-800-800-017
Malta	0-800-890-150
Martinique	0-800-99-00-16
Mauritius	73110
Mexico	95-800-010-1990
Monaco A	800-90016
Montserrat =	1-800-744-2580
Morocco	00-211-0010
Netherlands A	06-022-9116
New Zealand	00-022-3116
	168
Nicaragua Northern Ireland	
Norway A	800-19-111
Panama Panama	119
Papua New Guin	
Paraguay	008-13-800
Peru	800-502-90
Philippines 🛦	105-10
	or 102-6-18 or 106-6-10
Poland A	00-800-111-4118
Portugal	05-017-1226
Puerto Rico	1-800-496-7123

BON VOYA	AGE, BUT
Qatar	0-800-015-77
Romania	01-800-5000
Russia (Moscow only)	755-5045
ren dedicated belona	747-3325
Saint Barthèlemy	0-800-99-00-16
Saint Kitts & Nevis	1-800-744-2580
Saint Lucia	1-800-744-2580
Saint Martin	0-800-99-00-16
Saint Vincent	1-800-744-2580
San Marino 🛦	172-1001
Scotland	0-800-89-0016
Senegal	3074
Singapore	8000-100-100
Slovakia	00-42-100-151
South Africa	0-800-99-0014
Spain 🛦	900-99-0015
Spanish North Africa	900-99-0015
Sri Lanka	01-430077
(Metropolitan Colomb	
St. Pierre et Miquelon	0-800-99-00-16
Sweden 🛦	020-799-015
Switzerland 🛦	0-800-558-330
Syria 🔾	0811
Taiwan 🛦	00-801-20012
Tasmania 💮 💮	1-800-551-177
Thailand	001-999-15-1000
Trinidad & Tobago	
Turkey 🛦	00-800-16677
Turks & Caicos	01-800-744-2580
Ukraine	8 • 10-0-17
United Arab Emirates	800-141
United Kingdom	0-800-89-0016
	or 0-500-89-1016
United States	1-800-555-1111
Uruguay	000-419
Vatican City 🛦	172-1001
Venezuela ▲	800-11100
Vietnam △	ISSUDIN FIRE
(Hanoi, Ho Chi Minh)	1201-1010
Virgin Islands	
(US)	1-800-496-0008
(British)	1-800-744-2580
Wales	0-800-89-0016
Zambia	00-883
7imhahwe	110897

Other publications include:

Crossing the 49th:

A Compendium of the Bumps on the Road for Canadians Going South

International Child Abductions: A Manual for Parents

A Guide for Canadians Imprisoned Abroad

Mexico: Tips for Business & Travel

A Guide for Canadian Performing Artists Entering the U.S.A.

Hong Kong: A Guide for Visiting and Resident Canadians

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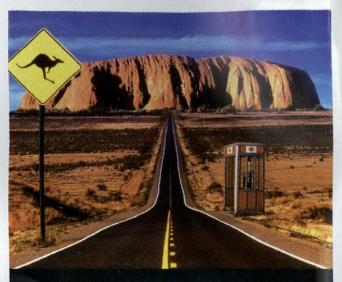
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BON VOYAGE But...

INFORMATION FOR THE CANADIAN TRAVELLER

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RETOURNER A LA SUBLIGHTHERIE DU MANIETTE

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The Consular Service of the Department of Foreign Affairs and International Trade (DFAIT) is committed to providing effective and efficient services throughout the world to all Canadians. Our pledge is to provide service characterized by sensitivity, empathy, courtesy, speed, accuracy and fairness.

Our services are available through our headquarters in Ottawa and through our network of offices in other countries. Emergency services are available 24 hours a day, seven days a week.

Nothing can ruin a trip more than running into unexpected problems, especially those that could easily have been avoided. The Bon Voyage, But... booklet contains

valuable information and advice for Canadian travellers. To obtain more information or additional free copies of this booklet, visit your

nearest passport office or write to:

Enquiries Service

Department of Foreign Affairs and International Trade 125 Sussex Drive Ottawa, ON K1'A OG2

Tel.: 1-800-267-8376 (in Canada) or (613) 944-4000 We would like to hear your comments on this booklet. Was it helpful? Write to us at the address given on this page and let us know what you think.

We are also on the Internet in the Travel section of the DFAIT Web site (http://www.dfait-maeci.gc.ca).

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Canadians love to travel. Each year we make more than 100 million trips abroad for both business and pleasure. The vast majority of these excursions go off without a hitch.

Bon Voyage; But

But unfortunately all trips do not come with a hassle-free guarantee. Accidents, illnesses, legal problems and linguistic and cultural difficulties do occur.

Most problems are minor and you can usually solve them yourself. But if you run into more serious obstacles, our Canadian missions are there to assist you.

If you are sick, in trouble or have lost your passport, our missions will do all they can to smooth your way.

Bon Voyage, But... will help you plan ahead. Read it before you book your next business trip or vacation abroad. And pack it in your luggage — it is a handy reference book of travel tips, important telephone numbers and addresses of Canadian missions around the world.

Before You Go

Preparation is the key to a successful trip. By doing your homework before you leave, you minimize the chances of something going wrong.

Be Prepared

Before you board that airplane or train, take the time to learn about the political, cultural and economic environment of your destination. Learn at least a few key phrases in the country's language. Even a modest command of the local language will go a long way.

When you are travelling, the laws of the country you are visiting apply to you too. **Never** assume that, because you are a Canadian citizen, you are immune to foreign laws.

Some countries experience ongoing wars, insurgencies or sporadic unrest. Find out if your destination is known to be dangerous. Check with the Department of Foreign Affairs and International Trade (DFAIT) before you leave.

Travel reports providing information on safety and security conditions, health issues and entry and visa requirements for over 210 travel destinations can be accessed from the Travel section of the DFAIT Web site (http://www.dfait-maeci.gc.ca), or bynone at 1-800-267-6788 (in Canada) or (613) 944-6788, or by fax at 1-800-575-2500 (in Canada) or (613) 944-2500. This information is available 24 hours a day, 365 days a year.

If you are abroad, contact the nearest Canadian mission. Addresses and telephone numbers are listed at the end of this booklet.

When travelling abroad, you may wish to use Canada Direct, an automated long-distance access service that allows you to call home to Canada or to other countries using the Canadian telecommunications network. Simply dial the access number for the country you are in and follow the voice. prompts. If required, a bilingual Canadian operator is always available to assist you. For a list of Canada Direct access numbers. call 1-800-561-8868 (in Canada). The numbers are also listed on page 62 of this booklet.

Mhile you are abroad, tune in to Radio Canada International (RCI) for the latest news. You can also receive RCI broadcasts via the Internet (http://www.rcinet.ca). RCI also broadcasts messages from the Canadian government during emergency situations. You can obtain a schedule of times and frequency of broadcasts to different parts of the world from the RCI Web site or by calling the Canadian Broadcasting Corporation: at (514) 597-7555.

Is Your Passport in Order?

Your passport is the best proof of

your Canadian citizenship. You and all family members should have a valid passport if you plan to travel outside Canada. If you have any questions about passports, you can access the Passport Office in the Travel section of the DFAIT Web site (http://www.dfait-maeci.gc.ca) or call 1-800-567-6868. Locally you can call (514) 283-2152 in Montreal; (819) 994-3500 in Ottawa-Hull; (416) 973-3251 in Toronto; or (604) 775-6250 in Vancouver.

Passport applications are available at passport offices, post offices and Canadian diplomatic and consular missions abroad. Allow at least three weeks for delivery of your new passport.

If your passport is due to expire within the next six months, check with your country of destination's embassy or consulate in Canada for its rules and restrictions regarding passport validity and expiration. Some countries will not let you enter if your passport is within six months of expiry.

Before you leave on your trip, be sure to complete the "In case of accident or death notify" section in your passport. This will help us quickly notify your family or friends if an emergency arises.

Make a photocopy of your passport's identification page and keep it separate from the original when you travel. For added security, leave a photocopy with a friend or relative at home. These simple steps may speed the replacement process if you lose your passport.

If your passport is lost or stolen while you are travelling, contact the nearest Canadian mission immediately for a replacement A Canadian passport remains at all times the property of the Government of Canada and may be used only by the person to whom it has been issued. Selling a passport or permitting any other individual or agency to use the passport may lead to criminal prosecution and is cause for revocation of the passport and refusal of future passport services.

after reporting the loss or theft to the local police. Make sure you get a copy of the police report or the report number. Before a new passport can be issued, you must complete an application form, produce written evidence of your Canadian citizenship (e.g., a birth or citizenship certificate), provide a copy of the police report or report number, present new photographs and pay the required fee.

We also recommend that you carry a birth certificate or naturalization certificate confirming your identity in addition to your Canadian passport.

Do You Need a Visa?

You need a visa to travel to certain countries. Your travel agent or the country's embassy or

DON'T PLAY RISK.



Planning a trip? Don't forget about your health! Hepatitis, malaria and other diseases are out there. Getting sick while travelling can ruin a well-planned vacation or business trip. Learn about vaccines, water precautions and other ways to travel healthy in this supplement and by visiting either a travel clinic or your physician before you go.

Avoid The Risk. Travel Healthy.

Travel. Everything about it is appealing. Except getting sick. Becoming ill while away from home can not only ruin a long-planned trip, but dealing with foreign countries and their health systems can be difficult at best, and next to impossible at worst. The best part is that a few precautions can help ensure that you stay healthy whenever you travel.

If you are planning to travel, especially if you will be visiting any developing country outside of western Europe, the United States, Australia, New Zealand or Japan, you should see your doctor or a travel clinic for health advice (this includes travellers to Mexico and the Caribbean!) Important health topics for travellers include:

Vaccinations

Depending upon your destination, the risk of disease, and the length of your stay, your doctor may recommend one, or more, of the following vaccines: cholera, hepatitis A, hepatitis B, influenza, Japanese encephalitis, meningococcal, polio, typhoid fever, or rabies. For instance, Hepatitis A, the most frequently-occurring, vaccine-preventable disease among travellers, is usually contracted from contaminated food or water. Hepatitis B, which can lead to a chronic, long-term infection, is spread by contact with bodily fluids of an infected person. Both of these serious liver infections are easily prevented by simply being vaccinated.

Acclimatization

Tips to prevent heat illness, sunburn, altitude sickness, motion sickness and jet lag.

Insects

Several types of insects can transmit diseases. Your health care professional can provide advice on vaccinations, medications and avoiding insect bites.

Soil and Fresh Water Swimming Precautions

Find out how protective footwear helps to prevent injuries, insect and snake bites, bacteria and/or parasite infection. In addition, swimming in slow-moving fresh water in certain developing countries can lead to a parasite infection – learn how to avoid it. Drinking the Water

Unless you have been assured by your travel health advisor that the water is safe to drink, there are precautions you should take, such as brushing your teeth using water that is purified or bottled, and drinking only commercially bottled beverages.

Should I Avoid Foreign Foods?

Consuming the local cuisine is a great part of the appeal of travelling. However, you may want to take precautions. Among them: eat food that is piping hot and well-cooked; eat uncooked vegetables and fruits only if washed in purified water or peeled yourself.

Other Things to Know

Certain activities could put you at higher risk for contracting an illness when abroad and should be avoided. For example, receiving injections, having skin-piercing procedures (tattooing or acupuncture) or unprotected sex, accepting blood products for non-life-threatening situations and swimming in fresh water.

Upon your return, if you have any health problems (such as fever or persistent diarrhea), you should see your doctor. And, if you develop flu-like symptoms within one year of returning home, see your doctor and request a blood test to rule out malaria.

Whether travelling for business or pleasure, be sure to include health precautions as part of your pre-travel planning! Staying healthy while travelling will help ensure a successful trip.

Sources of information:

Canadian Society for International Health 1 (613) 241-5785

Health Canada Web Site http://www.hwc.ca/hpb/lcdc

Health Canada FAXlink 1 (613) 941-3900 (using handset of a fax machine)

Department of Foreign Affairs and International Trade 1 (800) 267-8376 or their Web Site at http://www.dfait-maeci.gc.ca The following is a list of major travel clinics that you may wish to contact for more information on healthy travel.

Clinique Santé-Voyage

CLSC Samuel-de-Champlain 2499, rue Saint-Georges Bureau 200 Lemoyne, Québec J4R 2T4 Tel: (450) 466-6084 Fax: (450) 466-2283

Centre de Médecine de Voyage du Québec

1001, rue Saint-Denis, 6e étage Montréal, Québec H2X 3H9 Tel: (514) 281-3295 Fax: (514) 281-3296 tesd@generation.net

Clinique du Voyageur

3200 Tashereau, Greenfield Park, Québec Tel: (450) 672-6728 Fax: (450) 671-5523

1374 Mont-Royal est, Montréal, Québec Tel: (514) 521-0630 Fax: (514) 521-0951

40 Place du Commerce Île des Soeurs, Québec Tel: (514) 769-1099 Fax: (514) 769-2873 Clinique Santé Voyage de Montréal

Pavillon Rosemont 5689, boul. Rosemont Montréal, Québec H1T 2H1 Tel: (514) 252-3890 Fax: (514) 252-3854

Clinique Santé-Voyage de Laval

300, boul. de la Concorde Est Laval, Québec H7G 2E6 Tel: (450) 629-1120 csvl@clinsantevoyagelav.qc.ca

Capital Health Travellers' Health Services

10320 – 100 Street Edmonton, Alberta T5J 0R3 Tel: (780) 413-5745 Fax: (780) 420-0483 www.cha.ab.ca/travellers

2 Brower Drive Sherwood Park, Alberta T8H 1V4 Tel: (780) 467-5571

4210 – 48 Street Leduc, Alberta T9E 5Z3 Tel: (780) 980-4644

Foothills Hospital International Travel Clinic

3330 Hospital Drive N.W. Calgary, Alberta T2N 4N1 Tel: (403) 670-4450 Fax: (403) 270-7307 consulate in Canada can advise you of the requirements. You can also check the Travel Reports for the countries you intend to visit in the Travel section of the DFAIT Web site (http://www.dfait-maeci.gc.ca) or call DFAIT's Consular Affairs Bureau at 1-800-267-6788 (in Canada) or (613) 944-6788.

Apply for visas well in advance of your trip.

When you arrive at your destination, be prepared to prove that you have enough money to support yourself during your stay.

Be aware of the rules and restrictions governing visas and your length of stay. This knowledge can save you both time and money.

Some countries will allow you to enter only if you can prove you will be leaving. Be prepared to show your return or onward ticket or any visas that demonstrate you plan to visit another country.

Schengen Convention Countries

Austria, Belgium, France, Germany, Greece, Italy, Luxembourg, the Netherlands, Portugal and Spain have implemented the Schengen Convention, which abolishes permanent border controls between them, except in the case of Greece, and sets out rules governing the movement of foreigners within their territory. Denmark, Finland, Iceland, Norway and Sweden have also signed the Schengen Convention, but have not yet implemented it. If you would like information about the entry requirements for Schengen countries, please contact their embassies or consulates in Canada before your departure.

Charter Flights

Before you book a charter flight to your destination, check the credentials of both the travel agency and the charter company with either the Better Business Bureau or a local consumer advisory organization.

Dual Nationality

To avoid unpleasant surprises, find out whether you, your spouse or any other family member is a citizen of another country. If you are considered a national, you may be compelled to do military service or pay special taxes.

If you do run into problems because of your dual nationality, contact the nearest Canadian mission immediately.

People with Special Needs

Many countries do not provide access for people in wheelchairs or make allowances for those with special hearing, sight or other physical requirements. Contact your local access organization or talk to others who have travelled to your destination in the past. There are also several guides published about international travel and people with special needs. Check your local library or bookstore or the Canadian Transportation Agency Web site

Getting Medical Advice

(http://www.cta-otc.gc.ca).

Health Canada strongly recommends an individual risk assessment by your own family doctor or a travel medicine provider prior to travelling. Based on your health risks, vaccinations and any special precautions to take during your trip can be determined. Health Canada's **Laboratory Centre for Disease** Control (LCDC) provides travel health information through the Internet (http://www.hc-sc.gc.ca/ hpb/lcdc/osh/tmp e:html) and through a fax retrieval system. FAXlink, To access FAXlink, call (613) 941-3900 using the handset of your fax machine and follow the instructions.

When planning to travel, it is recommended that you visit a travel clinic well before your departure. The travel clinics listed in the foldout will ensure that you receive the most current advice, as well as any vaccinations and medications that are necessary to avoid health problems while abroad. A list of travel clinics in your area can also be obtained through Health Canada's Travel Medicine Program at (613) 957-8739, through the Internet (http://www.hc-sc.gc.ca) or from the Canadian Society for International Health at (613) 241-5785.

Vaccinations

Before travelling to any destination, find out well in advance of your trip if you need any special vaccinations or preventive medications for such illnesses as yellow fever, typhoid, meningitis, Japanese encephalitis, hepatitis or malaria. For instance, a meningococcal vaccination is required for pilgrims travelling to Mecca, Saudi Arabia, for the annual hajj; and an International Certificate of Vaccination for yellow fever is a degal:requirement to enter certain countries.

You may need to start receiving your vaccination shots or taking medication six to eight weeks

before you leave. Also ensure that your routine immunizations—diphtheria, whooping cough (pertussis), tetanus, polio, measles, mumps and rubella—are up-to-date. Other immunization requirements for travel will vary according to your age, existing medical conditions and the nature and duration of your travel.

If you are travelling with infants or small children, you may need to arrange an alternative or accelerated childhood immunization schedule for them. Talk to your pediatrician, family doctor or travel medicine clinic.

AIDS

AIDS/HIV is:a global disease.
Some countries require proof of
AIDS testing. Have the test
conducted and obtain the results
before you travel. Call Health
Canada at (613) 957-8739 to
find out if the country you plan to
visit requires this documentation.
When travelling, take the same
precautions you do at home. Do
not assume that condoms will be
readily available. Even if they are,
they may not meet the safety
standards set by the World Health
Organization.

Remember: Using intravenous drugs is not only illegal but also extremely risky — especially if you share needles.

Medication

If you take medication, be sure to pack an extra supply in case you are away for longer than expected. Carrying a duplicate of your original prescription is highly recommended - especially when travelling to a country that is particularly sensitive about drugs. Also, carry an extra prescription that lists both the generic and the trade names of the drug, in case your medication is lost or stolen. This is also a good idea if you wear glasses or contact lenses - having the prescription makes it easier to replace them.

Do not try to save luggage space by combining medications into a single container. Keep all medications in the original, labelled container to avoid problems.

Find out whether your medication is sold in the country you are visiting. Also check to see that it is legal. Some over-the-counter medications in Canada are illegal in other countries or require a prescription. Obtaining a note from your doctor that states

the medical reasons for your prescription and the recommended dosage is also encouraged.

If you need syringes for a medical condition such as diabetes, it is very important that you take along an appropriate supply. As well, you should carry a medical certificate that shows they are for medical use.

If you have a pre-existing medical condition that could present a problem while you are travelling, it is wise to wear a MedicAlert® bracelet. Through the MedicAlert® Foundation, your vital medical facts become part of a database that can be accessed 24 hours a day from anywhere in the world. Call 1-800-825-3785 for membership information or visit the MedicAlert® Web site (http://www.medicalert.ca).

Pregnancy

If you are pregnant and plan to travel abroad, talk to your doctor. Some vaccinations may not be recommended. Also, check your travel and health insurance plans carefully to ensure they cover health complications arising from pregnancy.

On Your Return

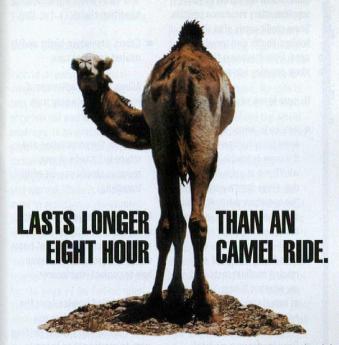
If you should become sick or feel unwell on entering Canada, see your doctor. Inform the doctor, without being asked, that you have been travelling or living outside Canada, and where. Likewise, if you were ill while travelling, see your doctor on your return and explain your travel history and any treatment you received.

If you have been in a malarial area and develop fever during the first year after your return (especially in the first two months), see your doctor immediately and remind him/her that:

- antimalarial pills do not guarantee protection against malaria; and
- malaria must be ruled out by one or more thick and thin blood film examinations.

Supplemental Health Insurance

Do not rely on your provincial health plan to cover the total cost if you get sick or are injured while you are abroad. At best, your health plan will cover only a portion of the bill. It is your responsibility to obtain and



If an 8 hour camel ride isn't the ultimate test, we don't know what is! The next time you have a trip ahead of you, trust Gravol Long Acting. It's clinically-proven to give 8 hours of relief from motion sickness.

Whether travelling by plane, train, car... or desert beast. Gravol Long Acting 75 mg capsules, From the Gravol family of products. The anti-nauseant medication doctors recommend most.

Gravol® Long Acting



8 hours of Gravol relief. For more information call 1-800-268-3186 (from anywhere in Canada). Gravol® is a registered trademark of Carter-Horner Inc.

understand the terms of your supplementary insurance policies. Some credit cards offer their

holders health and travel insurance. Do not assume the card alone provides adequate coverage.

Be sure to ask whether your policy:

- Has an in-house worldwide emergency hotline you can call if you are in trouble. Check to see whether it is open 24 hours a day, seven days a week; whether the operators are multilingual; and whether nurses or physicians are on staff.
- Pays foreign hospital and related medical costs and, if so, whether it pays "up-front" or expects you to pay and be reimbursed later.
- Provides for your medical evacuation to Canada.
- Pays for any required medical escort (doctor/nurse) to accompany you back to Canada.
- Excludes pre-existing medical conditions. If such conditions exist, notify your insurance company and get an agreement in writing that you are covered for these conditions. Otherwise.

you could find your claim "null

and void" under a pre-existing condition clause.

- Covers premature births and related neonatal care.
- Allows for cash advances if a hospital accepts only such payment.
- Pays for the preparation and return to Canada of your remains should you die while travelling.

Carry details of your insurance with you. Also, tell your travel agent, a friend or relative at home and your travelling companion how to contact your insurer.

doctor or hospital before you leave the country. There is nothing more frustrating than trying to get the proper paperwork from thousands of kilometres away. Remember to always **submit**

Get a detailed invoice from the

original receipts for any medical services or prescriptions you received while travelling abroad. Most insurance companies will not accept copies or faxes.

Ingle Life & Health Assurance offers a broad selection of products and services. You may wish to refer to their advertisement on the inside

back cover or call them at 1-800-387-4770 for more details.

Other Insurance

Individual personal medical insurance for those working outside Canada, with both occupational and non-occupational coverage, is available. These plans consist of full accident and sickness coverage, including emergency medical evacuation and war risk. There is no requirement to maintain a government health insurance plan. Coverage is available to both the contracted person and his/her dependants. You may wish to refer to the advertisement from Telfer International Inc. on page 17 for further information on this type of insurance

Lost luggage, theft of your purse or wallet, or flight cancellations can happen to you. These annoyances can cause major disruptions when they take place in a foreign country. Consider purchasing a travellinsurance package that will compensate you for such inconveniences.

coverage (e-mail address:

info@telferinsurance.com).

Travelling by Car?

Keep in mind that each country has its own driving regulations. You may be required to obtain an international driver's licence or additional insurance. Be sure to learn the local rules of the road before you get behind the wheel. In some countries, the driver may be detained and questioned by the police even though only a minor collision (such as a "fender-bender") has occurred. Country-specific insurance must be purchased for travel by car to Mexico and Central America. This is usually available at border crossings. For specific information on driving in the United States or Mexico, consult DFAIT's booklets Crossing the 49th or México: ¿Qué pasa? (see page 30 for details on how to order these publications).

Money Matters

Canadian currency and traveller's cheques in Canadian dollars are not always widely accepted. Before you leave Canada, consult a bank or a foreign currency agent to find out the most appropriate currency to carry. Traveller's cheques in the appropriate currency or in U.S. dollars are often the safest and most convenient option. It is a good idea to have a small

amount of the local money on hand when you first arrive, unless the importation of local currency is a crime. There may be restrictions on taking money in and out of the country. Check with the foreign embassy or consulate in Canada or with your travel agent about currency regulations in the country you plan to visit.

Do not rely exclusively on bank machine cards or credit cards. They are not necessarily honoured internationally.

Canadian Taxation Status

If you are living or travelling abroad but maintain residential ties in Canada, you are usually considered a factual resident of Canada for taxation purposes. However, there may be other factors involved, so you should review your situation with Revenue Canada before vou leave in order to avoid surprises. The Revenue Canada publication Canadian Residents Abroad provides excellent information for individuals. See page 31 for details on how to order this publication.

Revenue Canada's International Tax Services Office processes income tax returns for nonresidents and deemed residents of Canada, including Canadians posted overseas. It also provides general assistance by telephone, correspondence and counter service, and looks after all non-resident tax withholding accounts. You can contact the office at 2204 Walkley Road, Ottawa, ON KIA 1A8, or by fax at (613) 941-2505. You can also telephone the office (collect calls are accepted) at the following numbers:

Non-Resident Withholding Accounts: (613) 952-2344 Problem Resolution Program: (613) 952-3502 General Enquiries: (613) 952-3741

Also, if you have access to the Internet, you can get general information about Revenue Canada, as well as many of its publications and forms (http://www.rc.gc.ca).

Avoiding Difficulties at Canada Customs

Before travelling abroad with valuable items, you can take advantage of a free identification procedure at any Customs office. This service is available for items that have serial numbers or other unique markings. Alternatively, if

ATTENTION

Working anywhere outside Canada without the right insurance can be risky.

Telfer International, with over 25 years' experience insures Canadians working anywhere outside of Canada, including the U.S.We provide complete, flexible coverage that most provincial and private insurance plans cannot.

Contact us and we will be pleased to outline our protection's strength and versatility.

Telephone: (514) 284-2002 • Fax: (514) 284-3203 email: info@telferinsurance.com



you request it, Customs can apply a sticker to any item to give it a serial number.

Jewellery often has significant value and can be difficult to identify. To make it easier to reenter the country with jewellery, you should contact your nearest Customs office to find out the steps to take before your departure.

Women Travelling Solo

Her Own Way: Advice for the Woman Traveller provides information specifically for women travellers. See page 30 for details on how to order this DFAIT publication. There are also books that cover the concerns of women travellers and offer helpful travel tips. Check with your local bookstore or library before you go or click onto Journeywoman Online, a magazine published on the Internet for women who love to travel (http://www.journeywoman.com).

Travelling with Children

If you are travelling to another country with your child and there is a possibility of a custody dispute developing while you are away, you should talk to a lawyer before leaving home. A special publication, *International Child*

Abductions: A Manual for Parents, is available from DFAIT. See page 30 for details on how to order this publication.

Your child custody arrangements in Canada may not be recognized in another country. In extreme cases, you or your child may not be allowed to leave. Check your status with the country's embassy or consulate in Canada before you travel. In regard to custody questions, contact DFAIT's Consular Case Management division at 1-800-387-3124 (in Canada) or (613) 943-1055.

If a person younger than 18 is travelling alone or with only one parent or another adult, notarized documentation certifying that the trip is permitted by both parents should be carried.

Before You Go... A Traveller's Checklist

- Do your research. Learn about the country you plan to visit. Learn a few phrases in the local language.
- Arrange supplementary health insurance and travel insurance.
- Carry proof of insurance coverage, and give a copy to someone at home.
- Draw up a flexible itinerary and budget. Leave a copy at home.
- Make sure your passport has not expired and is valid for six months beyond the time of your trip. Photocopy the identification page and keep it separate from your passport.
- Leave another copy with someone at home. Fill out the "In case of accident or death notify" section in your passport.
- ☐ Make sure you have any visas you need.
- Find out whether you or any members of your family are considered nationals of the country you plan to visit.
- Have any vaccinations required. If you are taking medication with you, make sure you keep it in its original container.

- Carry a doctor's prescription for any controlled drugs, and if you use syringes, carry a medical certificate. Leave copies at home as well.
- ☐ Keep the original receipts for any purchases you make, as well as your hotel bill, rental car agreement and medical service bills.
- If you are female and travelling alone, take extra precautions to ensure your safety.
- Review all child custody arrangements if you are travelling with a child. If your child is travelling alone, have him/her carry documentation stating that the trip is permitted by both parents.
- ☐ Ensure that any plant or animal products you plan to bring back are acceptable to Canada. Travelling pets may require shots and special permits (at a fee). See page 25 for more information and check with a local office of the Canadian Food Inspection Agency.

Do not forget to pack this booklet. It could help you more than you can imagine.

Seeking Assistance

Registering at a Canadian Mission

If your stay is longer than three months in one country, it is recommended that you formally register at the nearest Canadian mission. This will help us contact you in case of an emergency or crisis. Registration is voluntary and the information you provide is not shared with any other Canadian government department. Registration is not usually available in the countries of Western Europe, Australia, New Zealand and the United States.

In countries where Canada has no direct representation, there may be arrangements in place for you to register with another country's embassy or consulate. For instance, Canada has a formal reciprocal agreement with Australia.

Consular Assistance

Canada's 250 service, points worldwide are ready to help you if needed. In some instances, there may be a fee for services. What can we do for you?

- We can contact, at your request, your relatives or friends and ask them to send you emergency funds.
- We can help you during emergencies such as natural disasters and civil and military uprisings.
- We can direct you to sources of information about local laws, regulations, cultural customs and how to obtain visas.
- We can assist with medical emergencies.
- We can replace passports.
 However, not all missions are authorized to issue regular passports.
- If you are arrested, we can try to ensure equitable treatment under local laws. At your request, we can inform relatives and friends about your arrest and try to ensure that legal rights and processes are extended to you consistent with the standards of the host country. However, we cannot set aside local laws if you are

charged with an offence, nor intervene in the judicial process of a foreign country. We cannot post bail, pay for a lawyer or pay your fines.

If you wish, we can notify your next of kin-regarding accidents or deaths and let them know whether, and how, they can help.

Check the list of countries at the end of this booklet for information on the address(es) of the Canadian mission(s) in the country you plan to visit.

Emergency Consular Services

Canadian missions offer 24-hour assistance. During non-office hours, a telephone call you make

to a mission will be automatically transferred to a consular officer. in Ottawa or you will be asked to leave a message on an answering machine. In either case, there will be a prompt response. If you leave a recorded message: make sure that it is clear and that you leave a telephone number or a full contact address. In addition, you can make a-collect call to DFAIT in Ottawa. 24 hours a day, seven days a week. at (613) 996-8885. You may wish to use the Canada Direct or AT&T Canada services if they are available.

In-some locations, where Canada does not have a resident mission, the Australian and British missions will provide emergency services or contact the nearest Canadian mission on your behalf.

On the Road

Foreign Laws and Customs

When you are travelling in a foreign country, familiarize yourself with the way of life there. Respect that country's laws, religions, culture, class structure and economic conditions. Although you may not personally agree with some of the country's beliefs, remember that you are a visitor.

In many countries, appropriate attire – for both sexes – is very important. In some countries, laws, govern what men and women can and cannot wear in public. Penalties for disobeying local laws can be quite severe.

Be especially respectful of temples, mosques, churches, synagogues and other religious sites. Many of these areas are off limits to foreigners or people who are not members of that faith. Ask permission before taking photographs of religious artifacts or buildings.

Not everybody likes to have his/her picture taken. Local people may resent you for taking their photograph or they may demand money for the picture after it has been taken. Always ask first.

Never take photographs of military facilities, a harbour where naval vessels are docked or industrial installations such as oil refineries. You may lose your film and your camera, and could even come under suspicion of espionage.

Taking Precautions

The same rules apply abroad as at home, only more so. Foreigners are usually at greater risk than locals. In many countries, foreigners are specifically targeted. Do not wander into unknown areas; find out how safe they are first. Do not pick up hitchhikers or cross borders with people you have just met. Watch your luggage and make sure it is locked. Never take anything, even an envelope, across a border for someone else.

Do not display large amounts of money or expensive jewellery in public. Use a money belt or a case with concealed sections for valuables. Dress appropriately.

Leave a copy of your itinerary with someone at home so that they can contact you in case of an emergency. Telephone home, particularly if you have promised family members or friends that you would do so. We receive thousands of calls every year from worried family members or friends who have not received a promised call.

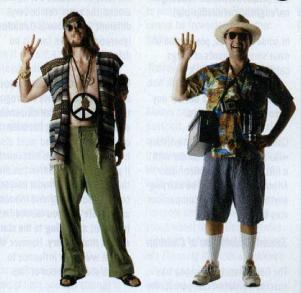
Keep a separate record of your traveller's cheques and credit cards. Never carry your passport, travel tickets, identification documents, cash, credit cards and insurance papers together. If you do so, you risk being left with no identification or funds.

Use the safety deposit box at your hotel. Never leave valuables in your room.

Illegal Drugs

Drug use and trafficking are prohibited in all countries, even though drugs are readily available and openly used in some places. Most countries impose heavy fines and long prison sentences for

Guess who was detained at the border for drugs?



Prescription drugs and even some over-the-counter medications can be closely scrutinized by customs officials.

When travelling outside of Canada, take along a copy of your prescription and ensure you carry all medicines in their original containers. If you use syringes, bring along a doctor's certificate proving they're for medical use.

For more information, visit our Web site at: www.dfait-maeci.gc.ca/antidrug/







possession and trafficking. For more information, visit DFAIT's Anti-Drug Information Program Web site (http://www.dfait-maeci.gc. ca/english/travel/adip-pia).

In some countries, possession of even small amounts of drugs carries the death penalty.

Never take across a border any parcel that is not yours.

Choose your travelling companions wisely. Never cross a border with a hitchhiker or as a hitchhiker. Although you may not be carrying anything illegal, your companions may be.

Sexual Exploitation of Children

The Government of Canada has enacted legislation that permits the arrest and prosecution of Canadians in Canada for the sexual exploitation of children in other countries. Most countries are now enacting legislation, or more vigorously enforcing existing laws, concerning the sexual exploitation of children. Those convicted face a penalty of up to 14'years' imprisonment.

Crime and Punishment

More than 2,200 Canadians are currently imprisoned abroad for various offences: 60 per cent of those are in the United States.

The laws and customs of countries around the world can be very different from those in Canada Ignorance of those laws is no defence

While in a foreign; country, you are subject to its laws and regulations. Your Canadian citizenship offers no immunity. Canadian consular staff abroad must also follow the rules of the host country. If you do find yourself in trouble. they can help you find a lawyer. contact your family and friends. and ensure that you receive fair treatment according to the standards of that country. However, they cannot wield any influence to reduce your sentence or fine.

Judicial Process

Never assume that the legal system of the country you are visiting is the same as at home. "Innocent until proven guilty" is not a universally recognized concept. In some countries, you may not even have the right to legal representation or a trial in your mother tongue.

Some countries do not recognize or respect religious freedom, freedom of association, speech or the press,

guilt by association is presumed in some countries. This means that you may be charged simply for being in the company of a person suspected or found guilty of a crime.

or equality of the sexes. For instance,

Even if you are an innocent bystander at a demonstration or riot, vou may be considered a oarticipant and rounded up with those involved. Your Canadian citizenship does not grant you immunity.

If you do find yourself in legal trouble, contact the nearest Canadian mission immediately. If you cannot do so yourself. have someone else do it for you.

Mail

If you are travelling for an extended period of time, you can arrange to have your mail sent to a post office

box or, where possible, to the nearest Canadian mission In the latter case, the mission will hold on to letter-size mail (not parcels) for you to pick up in person. This mail cannot be forwarded to another address

≖Bon₃¥oyage, Bu

Travel to the United States and Mexico

Always carry your Canadian passport, citizenship certificate or birth certificate when you are travelling to the United States or Mexico. A driver's licence is not valid proof of citizenship.

For more detailed information about travel to the United States or Mexico, refer to the DFAIT booklets Crossing the 49th and México: ¿Qué pasa? (see page 30 for details on how to order these publications).

When You Return

Departure Tax

Some countries impose a departure tax or service fee at the airport or point of departure. Prior to leaving such a country, make sure you set aside enough money, in local funds, to pay this tax.

Canadian Food Inspection Agency: Be Aware and Declare

A single sausage illegally brought into Canada caused foot-andmouth disease, destroying cattle and costing Canadians more than \$1 billion. Every year, thousands of travellers fail to declare things

like cheese, meat, animal hides, live birds, plants and fruit. These items may carry pests and diseases, and pose a risk to human health.

Foreign pests and diseases could destroy Canada's crops and forests and wipe out our livestock, thus threatening our ability to produce food and a multi-billion-dollar export trade critical to Canada's economic well-being.

We need to protect our country. Canadian law says you must declare all plant and animal products you bring back. It restricts and prohibits the entry of products that could harm Canada's agriculture and forestry or pose a danger to human health and safety. To enforce these laws, we have Canadian inspectors with dogs trained to sniff out plant and animal products.

Before you leave Canada, visit the Canadian Food Inspection Agency's Web site (http://www.cfiaacia.agr.ca) or call one of its Import Service Centres (ISC) for more information:

Eastern ISC — 1-888-246-3889 Central ISC — 1-800-835-4486 Western ISC — 1-888-732-6222

Canada Customs and Import Controls

You must declare everything acquired abroad, whether purchases for yourself or gifts, as well as goods bought at a Canadian or foreign duty-free store. Keep your original receipts for possible inspection.

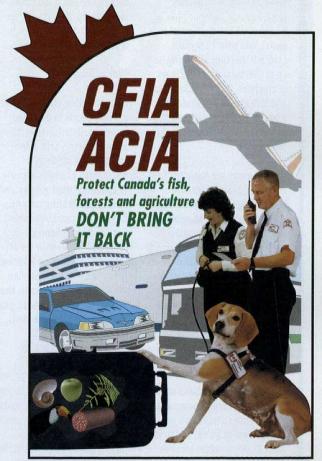
If you have been away from Canada for 24 hours or more, you may bring back goods worth up to C\$50 without paying duties or taxes. This does not include alcohol and tobacco.

If you have been away from Canada for 48 hours or more, you may bring back goods worth up to C\$200 without paying duties or taxes. These goods can include tobacco products and alcoholic beverages, as described below.

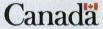
If you have been away from Canada for seven days or more, you may bring back goods worth up to C\$500 without paying duties or taxes. These goods can include tobacco products and alcoholic beverages, as described below. In calculating the number of days you are absent, do not include the date you leave Canada, but include the date you return.



Canadian Food Inspection Agency Agence canadienne d'inspection des aliments







If you have been away from Canada for 48 hours or more, you may bring back up to 40 ounces (1.14 litres) of liquor or wine, or a case of 24 bottles/cans of beer, each containing 12 ounces (355 ml). You may also bring back up to 200 cigarettes, 50 cigars or cigarillos, 200 tobacco sticks and 200 grams of manufactured tobacco. Provincial age restrictions apply to liquor and tobacco products.

Certain goods are restricted from entering Canada. If you are considering importing meat or dairy products, plants, weapons, vehicles, or exotic animals or products made from their skins or feathers, contact Canada Customs beforehand for guidance.

Obscene materials, hate propaganda, most weapons, including firearms, and goods harmful to the environment are prohibited from entering Canada.

If you have any questions about what you can bring home, visit the Revenue Canada Web site (http://www.rc.gc.ca) or call your local Customs border services. To reach the Automated Customs Information Service, call 1-800-461-9999 (in Canada).

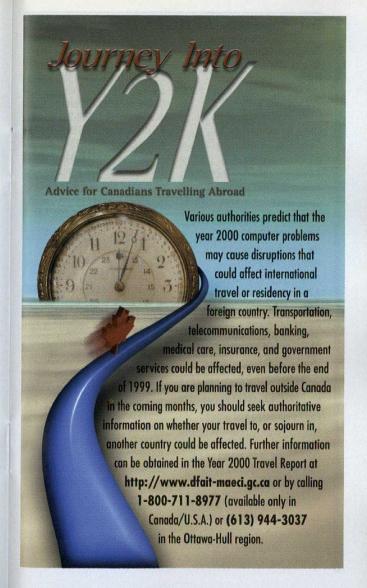
The booklet I Declare describes what you can and cannot bring back to Canada if you have been away for less than a year. See page 31 for details on how to order this publication.

Illegal Souvenirs

While travelling outside Canada. you may decide to purchase souvenirs. Unfortunately, many attractive items sold in foreign countries are made from endangered plants or animals. To determine what you can and cannot legally bring back into Canada, contact Environment Canada by telephone at (819) 997-1840, or by fax at (819) 953-6283. More information is available on the Canadian Wildlife Service's Web site, the Green Lane (http://www.ec.gc.ca/ cws-scf/cites/intro_e.html).

After Residing Abroad

After a stay abroad of more than a year, there are special import provisions for household items and personal belongings when you move back to Canada. Information is contained in the brochure *Moving Back to Canada*. See page 31 for details on how to order this publication.



For More Information

The Department of Foreign Affairs and International Trade

Canadian Performers: How to Enter the United States China (Including Hong Kong):

A Guide for Canadian Visitors Crossing the 49th: A Compendium of the Bumps on the Road for Canadians

Going South A Guide for Canadians Imprisoned Abroad Her Own Way: Advice for the Woman Traveller

International Child Abductions: A Manual for Parents México: ¿Qué pasa? A Guide for Canadian Visitors

Retirement Abroad: Seeing the Sunsets Working Abroad: Unravelling

the Maze These safe-travel publications can be accessed and ordered free of charge through the Travel section of the DFAIT Web site (http://www.dfait-maeci.gc.ca).

They are also available by calling

1-800-267-8376 (in Canada) or

security conditions, health issues

Country Travel Reports Travel Reports providing information on safety and

(613) 944-4000.

and entry requirements for over 210 travel destinations

can be accessed from the Travel section of the DFAIT Web site (http://www.dfait-maeci.gc.ca). or by phone at 1-800-267-6788

(in Canada) or (613) 944-6788. or by fax at 1-800-575-2500 (in Canada) or (613) 944-2500. This information is available 24 hours a day, 365 days a year.

Diplomatic, Consular and Other Representatives in Canada This publication may be obtained for approximately \$19.95 plus GST and shipping costs!by writing to: Canadian Government Publishing, Ottawa, ON K1A 0S9, or by calling 1-800-635-7943 (in Canada) or (613) 956-4800.

Citizenship

Dual Citizenship How to Prove You Are a Canadian Citizen

These publications may be obtained from the Internet site of the Public Affairs Branch. Citizenship and Immigration Canada (http://cicnet.ci.gc.ca). or by calling (613) 954-9019.

Revenue Canada

Customs

I Declare

Importing a Firearm into.Canada Importing a Motor Vehicle into

Canada Moving Back to Canada These publications may be obtained free of charge by

writing to: Communications Branch, Revenue Canada. Ottawa, ON K1A OL5, by calling 1-800-461-9999 (in Canada).

through the Revenue Canada Web site (http://www.rc.gc.ca), or by contacting your local Customs border service office.

Taxation

Canadian Residents Abroad This publication may be obtained free of charge through the Revenue Canada Web site

(http://www.rc.gc.ca), or by calling Revenue Canada's International Tax Services Office at 1-800-267-5177 (in Canada)

Food Products

or (613) 952-3741.

Don't Bring It Back This publication may be obtained

free of charge by writing to: Canadian Food Inspection Agency, Public and Media Relations. 59 Camelot Drive, 2nd Floor East,

Nepean, ON K1A 0Y9, or by:calling

(613) 225-2342. Web site: http://www.cfia-acia.agr.ca

Health Issues

Basic Facts About AIDS

This booklet may be obtained by

writing to: Canadian HIV/AIDS Clearinghouse, 1565 Carling Avenue, Suite 400, Ottawa, ON K1Z 8R1, or by calling (613) 725-3434. Web site:

http://www.cpha.ca/cpha.docs/ ch/basic.html Children Abroad Don't Drink the Water: The

Complete Traveller's Guide to Staving Healthy in Warm Climates International Travel and Health (1999): Vaccination Requirements and Health Advice

Travel Immunization Record These publications are available by writing to: Canadian Public Health Association, 1565 Carling Avenue, Suite 400, Ottawa, ON K1Z 8R1, or by calling (613) 725-3769, ext. 190:

Health Information for Canadian Travellers A free copy of this publication

may be obtained by writing to: Canadian Society for International Health, 1 Nicholas Street, Suite 1105, Ottawa, ON

K1N 7B7, by calling (613) 241-5785, or by e-mailing csih@csih.org

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Written by travel medicine experts,
this is acconcise yet informative
guide to help travellers stay
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available free of charge by
calling 1-800-543-5937.

Safety Issues

Scam Watch Son of Scam

Ron-Yoyage But ...

These booklets describe scenarios used by criminals around the world to target travellers. They are available by writing to: The Canadian Institute of Travel Counsellors of Ontario, 55 Eglinton Avenue East, Suite 209, Toronto, ON M4P 1G8, by calling 1-800-589-5776 or (416) 484-4450, or by fax at (416) 484-4140. Web site: http://www.citcontario.com

Canadian Diplomatic and Consular Missions Abroad

The following list identifies where in each country you may seek consular assistance. If in an emergency you are unable to contact a Canadian mission, make a collect call to DFAIT's Consular Affairs Bureau at (613) 996-8885 (via Canada Direct where possible).

Hours and days of operation of Canadian missions vary from country to country. You should call the mission concerned to check its office hours.

The telephone and fax numbers on the following pages include country and city/area codes (in parentheses). The city/area codes provided are those you use when calling from within the country where the mission is located. In some cases, you will have to use a different

city/area code if you are calling from outside the country. If you are unable to contact the mission, you should verify the codes with your telephone operator. When calling from one country to another, you must dial the local code for international calls before the specific country and city/area codes of the number you wish to reach.

Canada Direct service is offered by Canada's major telecommunications companies in association with Teleglobe Canada. On its international network, Teleglobe carries calls from more than 130 countries where Canada Direct service is available. The © symbol on the following pages indicates that Canada Direct service is available from that country.

Mission addresses and telephone numbers and city/area and country codes are subject to change. When changes occur, the Internet version of this list, which can be found in the Travel section of the DFAIT Web site (http://www.dfait-maeci.gc.ca), is updated immediately.

Afghanistan See Pakistan, Islamabad

Albania See Italy, Rome

Algeria

Canadian Embassy, 18, rue Mustapha-Khalef, Ben Aknoun, Alger, Algeria Postal address: B.P. 48, Alger-Gare, 16000 Alger, Algeria Tel.: 213 (2) 91-49-51/60 Fax: 213 (2) 91-49-73

Andorra

See Spain, Madrid

Angola

Consulate of Canada, Rua Rei Katyavala 113, Luanda, Angola Tel.: 244 (2) 348-371 Fax: 244 (2) 349-494

Anguilla See Barbados

Antigua and Barbuda ©

Argentina ©

Canadian Embassy, 2828 Tagle, 1425 Buenos Aires, Argentina Postal address: P.O. Box 1598, 1000 Correo Central, Buenos Aires, Argentina Tel.: 54 (11) 4805-3032 Fax: 54 (11) 4806-1209

Armenia

Consulate of Canada, 25 Demirjian Street, No. 21, Yerevan, Armenia Tel.: 374 (1) 40-12-38 Fax: 374 (2) 56-79-03

Aruba

See Netherlands Antilles

Australia ©

Canberra

Canadian High Commission, Commonwealth Avenue, Canberra ACT 2600, Australia Tel.: 61 (2) 6273-3844

Fax: 61 (2):6273-3285

Melbourne

Consulate of Canada, 123 Camberwell Road, Hawthorn East, Victoria 3123, Australia Tel.: 61 (3) 9811-9999

Fax: 61 (3) 9811-9969

Fax: 61 (8) 9261-7706

Perth

Consulate of Canada, 267 St. George's Terrace, Perth, Western Australia 6000, Australia Tel.: 61 (8) 9322-7930

Sydney

Consulate General of Canada, Level 5, Quay West, 111 Harrington Street, Sydney, New South Wales 2000, Australia

Tel.: 61 (2) 9364-3000 Fax: 61 (2) 9364-3098

Austria © Bon.Voyage, But:

Canadian Embassy, Laurenzerberg 2,

A-1010 Vienna, Austria Tel.: 43 (1) 531-38-3000

Fax: 43 (1) 531-38-3321

Azerbaijan See Turkey, Ankara

Azores

Consulate of Canada. Rua Antonio Jose Almeida, Nº 27 1º-ESQ, 9500 Ponta Delgada, São Miguel, Azores

Tel.: 351 (9) 628-1488 Fax: 351 (9) 628-1489

Bahamas (The) © Consulate of Canada. Shirley Street Shopping Plaza,

Nassau, The Bahamas Postal address: P.O. Box SS-6371, Nassau, The Bahamas Tel.: 1 (242) 393-2123/4

Bahrain 6 See Saudi Arabia, Riyadh

Fax: 1 (242) 393-1305

Bangladesh Canadian:High/Commission,

House CWN 16/A. Road 48. Guishan, Dhaka, Bangladesh Postal address: G.P.O. Box 569, Dhaka 1000, Bangladesh

Tel.: 880 (2) 988-7091/2/3/4/5/6/7 Fax: 880 (2) 88 30 43

Barbados © Canadian High Commission.

Bishop's Court Hill, St. Michael, Barbados Postal address: P.O. Box 404. Bridgetown, Barbados

Tel.: 1 (246) 429-3550 Fax: 1 (246) 429-3780

Belarus

See Russia, Moscow

Belgium © Canadian Embassy.

2. avenue de Tervuren. 1040 Brussels, Belgium Tel.: 32 (2) 741-0611

Fax: 32 (2) 741-0619

Belize © Consulate of Canada.

83 North Front Street. Belize City, Belize Postal address: P.O. Box 610, **Belize City. Belize** Tel.: 501 (2) 33-722

Fax: 501 (2) 30-060 **Benin**

Fonds canadien d'initiatives locales,

rue 238, lot 135, zone résidentielle (voisin USAID), Cotonou, Benin Postal address: B.P. 04-1124. Cotonou, Benin Tel:: 229 30-24-79: 229 30-49-49

Fax: 229-30-05-32

Rermuda © See United States of America, **New York**

Bhutan

Canadian Cooperation Office, P.O. Box 201, Thimphu, Bhutan Tel./Fax: 975 (3) 22109

Bolivia © Consulate of Canada. Avenida 20 de octubre 2475. Plaza Avaroa Sopocachi, La Paz, Bolivia

Postal address: Casilla Postal 10345, La Paz. Bolivia Tel.: 591 (2) 431-215 Fax: 591 (2) 432-330

Bosnia-Herzegovina Canadian Embassy, Logavina 7, 71000 Sarajevo, Bosnia-Herzegovina Tel.: 387 (71) 447-900 Fax: 387 (71) 447-901

Botswana

Consulate of Canada. Vision Hire Building, Queens Road, Plot 182, Gaborone, Botswana Postal address: P.O. Box 1009, Gaborone, Botswana Tel:/Fax: 267 30-44-11

Brazil 🕜 Brasilia

Canadian Embassy.

Setor de Embaixadas Sul, Avenida das Nações lote 16, 70410-900 Brasilia D.F., Brazil Postal address: P.O. Box-00961, 70359-900 Brasilia D.F., Brazil Tel.: 55 (61) 321-2171 Fax: 55 (61) 321-4529

Belo Horizonte Consulate of Canada, Rua Paraíba, Room 1122, 9th Floor,

Belo Horizonte, Minas Gerais 30130-918, Brazil Tel.: 55 (31) 239-8618 Fax: 55 (31) 239-8789

Rio de Janeiro

Consulate of Canada, Rua Lauro Muller 116. Room 2707, Torre Rio Sul-Botafogo, 22290-160 Rio de Janeiro, Brazil

Tel.: 55 (21) 542-9297 Fax: 55 (21) 275-2195

Salvador Consulate of Canada. Av. Presidente Vargas 2400, Flat 311, Ondina, Salvador, Bahia 40170-010, Brazil Tel:: 55 (71) 331-0064

Fax: 55 (71) 203-8271

São Paulo Consulate General of Canada. Edificio Top Center, Avenida

Paulista 854, 5th Floor, 01310-913 São Paulo, Brazil Postal address: P.O. Box 62693 01214-970 São Paulo, Brazil Tel.: 55 (11) 253-4944 Fax: 55 (11) 3171-0058

British Virgin Islands © See Barbados

Brunei:Darussalam ©

Canadian High Commission, Britannia House, Suite 51-52, Jalan Cator, Bandar Seri Begawan 2085, Brunei Darussalam Tel.: 673 (2) 22-00-43

Fax: 673 (2) 22-00-40

Bulgaria © Consulate of Canada, c/o Price Waterhouse Coopers, 2 Serdika Street, Sofia 1000, Bulgaria

Tel.: 359 (2) 980-8884; after hours: 359 (48) 942-564 Fax: 359 (2) 980-0404

Burkina Faso Canadian Embassy, rue Agostino-Néto, Ouagadougou, Burkina Faso Bon-Yoyage, But Postal address: B.P. 548, Ouagadougou 01, Province du Kadiogo, Burkina Faso Tel.: 226 31-18-94/95 Fax: 226 31-19-00

Burma

See Myanmar

Burundi See Kenya

Cambodia

Canadian/Australian Embassy. 9-11, RV Senei Vinnavaut Oum. Sangkat Chaktamouk, Khan Daun Penh, Phnom Penh 23, Cambodia Tel.: 855 (23) 213 470; after hours: 855 (0) 15 915 534 Fax: 855 (23) 426 003

Cameroon

Yaoundé Canadian High Commission, Immeuble Stamatiades, Place de l'Hôtel-de-Ville, Yaoundé, Cameroon Postal address: B.P. 572. Yaoundé, Cameroon Tel:: 237 23-23-11 Fax: 237 22-10-90

Douala

Consulate of Canada, a/s PRO-PME, 1726. avenue Charles de Gaulle, Douala, Cameroon Postal address: B.P. 2373. Douala, Cameroon Tel.: 237 43-29-34 Fax: 237 42-31-09

Cape Verde See Senegal

Cayman Islands ©

See Jamaica, Kingston

Central African Republic Consulate of Canada,

Quartier Assana, Bangui, Central African Republic Postal address: B.P. 973, Quartier Assana, Bangui, Central African Republic Tel.: 236 61-09-73

Chad

See Cameroon: Yaoundé

Fax: 236 61-40-74

Chile © Santiago

Canadian Embassy, Nueva Tajamar 481, Torre Norte, Piso 12. Las Condes, Santiago, Chile Postal address: 139, Correo 10,

Santiago, Chile Tel.: 56 (2) 362-9660 Fax: 56 (2) 362-9393

Concepción

Consulate of Canada, Caupolicán 245, Chiguayante, Concepción, Chile Postal address: P.O. Box 425, Concepción, Chile

Tel.: 56 (41) 36-75-53 Fax: 56 (41) 36-81-85

China © Beijing

Canadian Embassy, 19 Dong Zhi Men Wai Street, Chao Yang District, Beijing 100600, People's Republic of China

Tel.: 86 (10) 6532-3536 Fax: 86 (10) 6532-5544

Chongging Consulate of Canada, Room 1705.

Metropolitan Tower, Wu Yi Lu, Yu Zhong District, Chongqing 400010, People's Republic of China Tel.: 86 (23) 6373-8007

Fax: 86 (23) 6373-8026

Guangzhou Consulate General of Canada, Suite 801. China Hotel Office Tower, Liu Hua Lu, Guangzhou 510015,

People's Republic of China Tel.: 86 (20) 8666-0569 Fax: 86 (20) 8667-0267

Central, Hong Kong SAR,

Hong Kong Consulate General of Canada, 14th Floor, One Exchange Square,

People's Republic of China Postal address: G.P.O. Box 11142 Central, Hong Kong SAR, People's Republic of China Tel.: 85 (2) 2810-4321

Fax: 85 (2) 2810-6736 Shanghai Consulate General of Canada.

American International Centre. West Tower, Suite 604, 1376 Nanjing Xi Lu, Shanghai 200040, People's Republic of China Tel.: 86 (21) 6279-8400 Fax: 86 (21) 6279-8401

Colombia © Bogotá

Canadian Embassy, Cra. 7, No. 115-33, Bogotá, Colombia-Postal address (airmail): P.O. Box 53531, Bogotá 2, Colombia Tel:: 57 (1) 657-9800 Fax: 57 (1) 657-9912

Cartagena

Consulate of Canada, Edificio Punta Gigante.

Oficina 201, Santo Domingo, No. 33-08, Cartagena, Colombia Tel/Fax: 57 (5) 664-7393

Comoros Islands (The) See Tanzania

Congo See Gabon

Cook Islands See New Zealand

Costa Rica ©

Canadian Embassy, La Sabana Executive Business Centre. Building No. 5, 3rd Floor, beside the Contraloria/General de la República, San José, Costa Rica Postal address: P.O. Box 351-1007,

San José, Costa Rica Tel.: 506 296-4149 Fax: 506 296-4270

Côte d'Ivoire ©

Canadian Embassy, Immeuble Trade Center, 23 avenue Noguès, Le Plateau, Abidjan, Côte d'Ivoire Postal address: B.P. 4104, Abidian 01, Côte d'Ivoire

Tel.: 225 21-20-09 Fax: 225 21-77-28

Croatia ©

Canadian Embassy, Prilaz Dure Dezelica 4, 10000 Zagreb, Croatia Tel.: 385 (1):457-7905

Fax: 385 (1) 457-7913

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Cuba Hayana

Havana Canadian Embassy, Calle 30, No. 518, Esquina a7a, Miramar, Havana, Cuba

Tel.: 53 (7) 24 25 16

Fax: 53 (7) 24 20 44

Guardalavaca Consulate of Canada, Villa Cabanas 13-14.

Guardalavaca, Holguín, Cuba Tel:/Fax: 53 (24) 30-290

Varadero

Consulate of Canada, Calle 13E, Avenida:Primera y Camino del Mar, Varadero, Mantanzas, Cuba Tel.: 53 (5):61-2078

Fax: 53 (5):61-2078 Fax: 53 (5):66-7395 Cyprus ©

Consulate of Canada, c/o Australian High Commission, 4 Annis Komninis Street, Nicosia, Cyprus

Postal address: P.O. Box 2125, Nicosia, Cyprus Tel.: 357 (2) 766-699 Fax: 357 (2) 766-486

Czech Republic ©
Canadian/Embassy./Mickiewiczova 6.

125 33 Prague 6, Czech Republic Tel.: 420 (2) 7210-1800

Fax: 420 (2) 7210-1890

Democratic Republic of Congo

Canadian Embassy, 17, avenue PUMBU, Commune.de Gombe, Kinshasa, Democratic Republic of Congo Postal address: B.P. 8341,

Kinshasa 1, Democratic Republic of Congo Tel.: 243 884-1699

Fax: 243 884-1277

Denmark ©

Canadian Embassy, Kr. Bernikows Gade 1, 1105 Copenhagen K,

Denmark Tel.: 45 (33) 48-32-00

Fax: 45 (33) 48-32-20/21

Djibouti

Consulate of Canada, Place Lagarde, Djibouti,

Republic of Djibouti
Postal address: B.P. 1188,
Djibouti, Republic of Djibouti
Tel.: 25'(3)'35-38-59

Fax: 25 (3) 35-00-14

Dominica ©

See Barbados

Dominican Republic © Santo Domingo

Canadian Embassy,
Capitáni Eugenio de Marchena
No. 39, La Esperilla, Santo
Domingo, Dominican Republic
Postal address: P.O. Box 2054,
Santo Domingo 1,
Dominican Republic

Tel.: 1 (809) 685-1136 Fax: 1 (809) 682-2691

Puerto Plata

Consulate of Canada, Calle San Felipe 29, Puerto Plata, Dominican Republic Tel.: 1 (809):586-5761

Tel.: 1 (809) 586-5761 Fax: 1 (809) 586-5762 Ecuador © Quito

Canadian Embassy, Avenida 6 de diciembre,

no. 2816, y Paul Rivet, Josueth Gonzalez Building, 4th Floor, Quito, Ecuador

Postal address: P.O. Box 17-11-6512 (CC1), Quito, Ecuador

Tel.: 593(2) 506-162, 232-114 Fax: 593 (2) 503-108

Guayaquil

Consulate of Canada, Avenida General 810 and Victor Manuel Rendon, Edificio Torres de la Merced, 4th Floor,

Guayaquil, Ecuador Tel.: 593 (4) 563-580, 253-850 Fax: 593 (4) 314-562

Egypt Ø Cairo

Canadian Embassy, 5 El Saraya El Kobra Square, Arab African International Bank Building, Garden City, Cairo, Egypt Postal address: P.O. Box 1667, Cairo, Egyot

Tel.: 20 (2) 354-3110 Fax: 20 (2) 356-3548

Alexandria

Consulate of Canada, Arab Express Shipping Co., 59 El Horria Street, Alexandria, Egypt

Tel.: 20 (3) 493-9142, 490-9595
Fax: 20 (3) 490-9696

El Salvador

Office of the Canadian Embassy, Calle Las Palmas No. 1111, Colonia San Benito, San Salvador,

El Salvador Tel.: 503 279-4655 Fax: 503 279-0765

Equatorial Guinea See Gabon

See daboi

Eritrea Consulate of Canada, 4 Dejat

Chebremaryam/Street, Zone 4, Admin 1, Asmara, Eritrea

Postal address: P.O. Box 3962, Asmara, Eritrea Tel.: 291 (1) 18-19-40

Fax: 291 (1) 18-42-41

Estonia ©
Office of the Canadian Embassy,
Toom Kooli 13, 2nd Floor,
0100 Tallinn, Estonia
Tel.: 372 (6) 313-570 or

372 (6) 449-056 Fax: 372 (6) 313-573

Ethiopia

Canadian Embassy, Old Airport Area, Higher 23, Kebele 12, House Number 122, Addis Ababa,

Ethiopia Postal addres

Postal address: P.O. Box 1130, Addis Ababa, Ethiopia

Tel.: 251 (1) 71 30 22 Fax: 251 (1) 71 30 33

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Consulate of Canada, c/o Canadian Airlines International, P.O. Box 10690, Nadi Airport, Suva, Fiji Tel./Fax: 67/9:721 936

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Finland ©

Canadian Embassy. Pohjoisesplanadi 25B, 00100 Helsinki, Finland Postal address: P.O. Box 779, 00101 Helsinki, Finland Tel.: 358 (9) 17 11 41

Fax: 358 (9) 60 10 60

France © **Paris**

Bon Noyage, Bi

Canadian Embassy, 35, avenue

Montaigne, 75008 Paris, France Tel.: 33 (01) 44-43-29-00 Fax: 33 (01) 44-43-29-86

Lyon

Consulate of Canada, 21, rue Bourgelat, 69002 Lyon, France Tel.: 33 (04) 72-77-64-07 Fax: 33:(04) 72-77-65-09

Nice

Consulate of Canada, 64, avenue Jean-Médecin, 06000 Nice, France Tel.: 33 (04) 93-92-93-22

Fax: 33 (04) 93-92-55-51

Saint-Pierre et Miquelon Consulate of Canada, 16, rue

Jacques-Debon, Saint-Pierre, Saint-Pierre et Miguelon Postal address: B.P. 4370, 97500 Saint-Pierre, Saint-Pierre et Miguelon Tel./Fax: (508) 41-55-10.

Toulouse

Consulate of Canada. 30. boulevard de Strasbourg, 31000 Toulouse, France Postal address: B.P. 138, 31014 Toulouse, France 42 Tel.: 33 (05) 61-99-30-16

Fax: 33:(05) 62-73-52-99

French Guyana © See Guyana

Gabon ©

Canadian Embassy, Sci. du Stade, Boulevard Pasteur, Libreville, Gabon Postal address: B.P. 4037,

Libreville, Gabon Tel.: 241 74 34 64/65 Fax: 241 74 34 66

Gambia (The) See Senegal

Georgia

See Turkey, Ankara

Germany © Bonn

Canadian Embassy, Godesbergerallee 119, 53175 Bonn, Germany

Tel.: 49 (228) 9 68 34 70 Fax: 49 (228) 9 68 34 57

Berlin

Office of the Canadian Embassy, 12th Floor, Friedrichstrasse 95, D-10117 Berlin, Germany Tel.: 49 (30) 20 31 20 Fax: 49 (30) 20 31 25 90

Düsseldorf

Consulate of Canada. Benrather Strasse 8, D-40213 Düsseldorf, Germany Tel.: 49 (211) 17 21 70

Fax: 49 (211) 35 91 65

Hamburg Consulate of Canada. ABC Strasse 45, D-20354 Hamburg, Germany Tel.: 49 (40) 35 55 62 95 Fax: 49 (40) 35 55 62 94 Munich

Consulate of Canada, Tal 29, D-80331 Munich, Germany Tel.: 49 (89) 21 99 57 0

Fax: 49 (89);21 99 57 57

Stuttgart

Consulate of Canada. Lange Strasse 51, D-70174 Stuttgart, Germany Tel.: 49 (711) 2 23 96 78

Fax: 49 (711) 2-23-96-79 Ghana ©

Canadian High Commission, 42 Independence Avenue, Accra. Ghana

Postal address: P.O. Box 1639, Accra, Ghana Tel.: 233 (21) 77 37 91.

22 85 55/66/62 Fax: 233 (21) 77 37 92

Great Britain © See United Kingdom

Greece © **Athens**

Canadian Embassy. 4 Ioannou Gennadiou Street, 115 21 Athens, Greece Tel.: 30 (1) 727-3400 Fax: 30 (1) 727-3480

Thessaloniki

Consulate of Canada, c/o Bank of Nova Scotia, 17 Tsimiski Street, 546 24 Thessaloniki, Greece Tel.: 30 (31) 256-350 Fax: 30 (31) 256-351

Greenland

Consulate of Canada. Groenlandsfly A/S, 3900 Nuuk. Greenland Postal address: P.O. Box 1012. 3900 Nuuk, Greenland Tel.: 299 28888

Fax: 299 3272288 Grenada © See Barbados

Guadeloupe © See Barbados

Guatemala ©

Canadian Embassy, Edyma Plaza Building, 8th Floor, 13 Calle 8-44. Zone 10. Guatemala City, Guatemala

Postal address: P.O. Box 400. Guatemala City, Guatemala Tel.: 502 333-6102/363-4348

Fax: 502 363-4208

Guinea Canadian Embassy, Corniche Sud.

B.P. 99, Conakry, Guinea Tel.: 224 46 23 95/46 44·48; after hours: 224-11-21-73-72 Fax: 224 46 42 35/212 479-4956

Guinea-Bissau

See Senegal Guyana ©

Canadian High Commission, High and Young Streets. Georgetown, Guyana Postal address: P.O. Box 10880,

Georgetown, Guyana Tel.: 592 (2) 72081/2/3/4/5 Fax: 592 (2) 58380

Haiti ©

Canadian Embassy, Édifice Banque de Nouvelle-écosse (Bank of Nova Scotia), Delmas 18, Port-au-Prince,

Postal address: C.P. 826. Port-au-Prince, Haiti

Tel:: 509 223-2358/8896/6451/8751 Fax: 509 223-8720

Hawaii 🕖

See United States of America, Honolulu

Holy See (Vatican City) © Canadian Embassy, Via della Conciliazione 4/D. 0193 Rome, Italy Tel:: 39 (6) 6830-7316/7386/7398

Fax: 39 (6) 6880-6283

Honduras © Office of the Canadian Embassy, Los Castanos Commercial Building. 6th Floor, Morazán Boulevard, Tegucigalpa, Honduras Postal address: P.O. Box 3552,

Tegucigalpa, Honduras Tel.: 504 232 6802/6787/4551 Fax: 504 232 8767

Hong Kong © See China

Hungary © Canadian Embassy, Zugligetti út. 51-53, 1121 Budapest, Hungary Postal address: Budakeszi út. 32, 1121 Budapest, Hungary

Tel.: 36 (1) 275-1200 Fax: 36 (1) 275-1210

Iceland ©

Consulate General of Canada, Suburlandsbraut 10. 108 Revkjavik, Iceland Postal address: P.O. Box 8094. 128 Revkiavik, Iceland Tel.: 354 (5) 68-0820

Fax: 354 (5):68-0899 India 🕖

New Delhi Canadian High Commission. 7/8 Shantipath, Chanakyapuri, New Delhi 110021, India Postal address: P.O. Box 5207,

New Delhi, India Tel.: 91 (11) 687-6500 Fax: 91 (11) 687-6579

Bangalore

Trade Office of Canada, 103. Prestige Meridian 1, 29 M.G. Road, Bangalore 560 001, Karnataka. India Tel:: 91 (80) 559-9418, 558-1116 Fax: 91 (80) 559-9424

Calcutta Consulate of Canada.

c/o RPG Enterprises, Duncan House, 31. Netaji Subhas Road, Calcutta 700 001, West Bengal, India Tel.: 91 (33) 242-6820 or 242-6821

Fax: 91 (33) 242-6828

Chandigarh

Office of the Canadian High Commission, S.C.O. 33-34-35, Sector 17A (near Jagat Cinema), Chandigarh, India Tel.: 91 (172) 716-020/021 Fax: 91 (172) 716-025

Chennai (formerly Madras)

Consulate of Canada, 827 Anna Salai, Dhun Building, 3rd Floor, Chennai 600 002, India Tel./Fax: 91 (44) 852-9818

Mumbai (formerly Bombay) Consulate of Canada. 4th Floor. 41/42 Maker Chambers VI. Jamnalal Bajai Marg, Nariman

Point, Mumbai 400 021, India Tel.: 91 (22) 287-6027/5479 Fax: 91 (22) 287-5514

Indonesia © Jakarta

Canadian Embassy, 5th Floor, Wisma Metropolitan, Jalan Jendral Sudirman Kav 29, Jakarta, Indonesia

Postal address: P.O. Box 8324/JKS.MP. Jakarta 12084, Indonesia

Tel.: 62 (21) 525-0709 Fax: 62 (21) 571-2251

Denpasar (Bali) Australian Consulate, Jalan Prof. Moh Yamin 51, Renon, Denpasar, Bali, Indonesia Postal address: P.O. Box 3243.

Denpasar, Bali, Indonesia Tel.: 62 (361) 235-092/3 Fax: 62 (361) 231-990

Surabaya (East Java) Consulate of Canada.

Fax: 62 (31) 354-4331

c/o Maspion Group, Head Office. Jalan Kembang Jepun No. 38-40, Surabaya, East Java, Indonesia Tel.: 62 (31) 354-4330

Iran

Canadian Embassy. 57 Shahid lavad-e-Sarfaraz (Darya-E-Noor). Ostad Motahari Avenue, Tehran, Iran Postal address: P.O. Box 11365-

4647, Tehran, Iran Tel.: 98 (21) 873-2623 Fax: 98 (21) 873-3202

Iraq

See Jordan

Ireland © Canadian Embassy.

65 St. Stephen's Green, Dublin 2, Ireland Tel.: 353 (1) 478-1988; after hours: 353 (1) 478-1476

Fax: 353 (1) 478-1285

Israel (C) Canadian Embassy, 3/5 Nirim Street,

Tel Aviv 67060, Israel Postal address: P.O. Box 6410. Tel Aviv 63405, Israel

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Kyrgyz:Republic Consulate of Canada. 189 Moskovskava Avenue. 720010 Bishkek, Kyrgyz Republic Tel.: 7 (3312) 650-202

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22-423-22 Fax: 261 (20) 22-425-06

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Myanmar

Australian Embassy, 88 Strand Road, Yangon, Myanmar (formerly Rangoon, Burma) Tel.: 95 (1) 251-797/98 Fax: 95 (1) 246-159

Namibia

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Nauru

Australian High Commission. Civic Centre, Nauru, Central Pacific Postal address: P.O. Box 6, Nauru, Central Pacific Tel.: 674 444-3232/3/4

Nepal Canadian Cooperation Office.

Lazimpat, Nepal Postal address: P.O. Box 4574. Kathmandu, Nepal

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Nigeria

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after hours: 92 (51) 27 91 13 Fax: 92 (51) 27 91 10 Chancellors Building, Plot 8A, No. 2 Louis Farrakhan Crescent, Victoria

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Consulate of Canada. c/o Beach Luxury Hotel, Room 120,

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Fax: 966 (1) 488-1997

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Slovenia

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c/o Triglay Insurance Company Ltd., Miklosiceva 19, Liubliana 61000,

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Sudan (The) See Ethiopia

Suriname Consulate of Canada.

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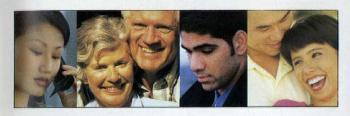
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Introduction

Canadians love to travel. Each year we make more than 100 million trips abroad for both business and pleasure. The vast majority of these excursions go off without a hitch.

But unfortunately all trips do not come with a hassle-free guarantee. Accidents, illnesses, legal problems and linguistic and cultural difficulties do occur.

Most problems are minor and you can usually solve them yourself. But if you run into more serious obstacles, our Canadian missions are there to assist you.

If you are sick, in trouble or have lost your passport, our missions will do all they can to smooth your way.

Bon Voyage, But... will help you plan ahead. Read it before you book your next business trip or vacation abroad. And pack it in your luggage — it is a handy reference book of travel tips, important telephone numbers and addresses of Canadian missions around the world.

Preparation is the key to a successful trip. By doing your homework

full trip. By doing your homework before you leave, you minimize the chances of something going wrong.

Before You Go

Be Prepared

Before you board that airplane or train, take time to learn about the political, cultural and economic environment of your destination. Learn at least a few key phrases in the country's language. Even aimodest command of the local language willigo a long way.

When you are travelling, the laws of the country you are visiting apply to you too. **Never** assume that, because you are a Canadian citizen, you are immune to foreign laws.

Some countries experience ongoing wars, insurgencies or sporadic unrest. Find out if your destination is known to be dangerous. Check with the Department of Foreign Affairs and International Trade (DFAIT) before you leave.

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When travelling abroad, you may wish to use Canada Direct, an automated long-distance access service that allows you to call home to Canada or to:other countries using the Canadian telecommunications network. Simply dial the access number for the country you are in and follow the voice prompts. If required, a bilingual Canadian operator is always available to assist you. For a list of Canada Direct access numbers, call 1-800-561-8868 (in Canada). The list of numbers is also available at the end of this booklet.

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call (514) 283-2152 in Montreal; (819) 994-3500 in Ottawa-Hull; (416) 973-3251 in Toronto; or (604) 586-2500 in Vancouver.

Passport applications are available at passport offices, post office outlets and Canadian diplomatic and consular missions abroad. Allow at least three weeks for delivery of your new passport.

If your passport is due to expire within six months of your arrival in another country, check with that country's embassy or consulate in Canada for its rules and restrictions regarding passport validity and expiration. Some countries will not let you enter if your passport is due to expire within six months.

Before you leave on your trip, be sure to complete the "In case of accident or death notify" section in your passport. This will help us quickly notify your family or friends if an emergency arises.

Make a photocopy of your passport's identification page and keep it separate from the original when you travel. For added security, leave a photocopy with a friend or relative at home. These simple steps may speed the replacement process if you lose your passport.

If your passport is lost or stolen while you are travelling, contact the nearest Canadian mission immediately for a replacement after reporting the loss or theft to the local police. Make sure you get a copy of the police report or the report number. Before a new passport can be issued, you must complete an application form, produce documentary evidence of your Canadian citizenship (e.g., a birth or citizenship certificate), provide a copy of the police report or report number, present new photographs and pay the required fee.

We also recommend that you carry a birth or citizenship certificate confirming your identity in addition to your Canadian passport.

Travel to the United States and Mexico

Always carry your Canadian passport, citizenship certificate or birth certificate when you are travelling to the United States or Mexico. A driver's licence is not valid proof of citizenship.

For detailed information about travel to the United States or Mexico, refer to the DFAIT booklets *Crossing the 49th* and *México: ¿Qué pasa?* (for details on how to order these publications, see "For More Information").

ARE YOU AT RISK?



Planning a trip?

Don't forget about your health! Hepatitis, Cholera, Typhoid and other diseases are out there. You can't prepare for contaminated food or water, or unexpected medical or dental procedures. What you can prepare for are vaccine preventable diseases that are spread by these conditions. Visit either a travel clinic or your doctor and **get immunized** before you leave for paradise. To find your nearest travel clinic, visit **www.immunizecanada.com**

Avoid The Risk. Get Protected.

Vaccine Preventable Hepatitis

Among immunizable diseases, Hepatitis is responsible for the greatest level of illness and death among travellers. Every year, more than 1.3 million Canadians visit developing countries, where they may be at risk of contracting Hepatitis.

If you are travelling to high-risk areas, either for business or pleasure, you need to be aware of the simple steps you should take to prevent being infected.

You are at risk if you:

- travel to countries outside Australia, Canada, Western Europe, Japan, New Zealand and the United States where water purification and sewage treatment is not as good as at home (see maps);
- visit popular vacation destinations, such as Mexico and the Caribbean, even if you stay in first-class resorts;
- engage in sexual activities when abroad;
- undergo medical or dental procedures as a result of an accident in countries where Hepatitis B is common (this includes tatooing and acupuncture).

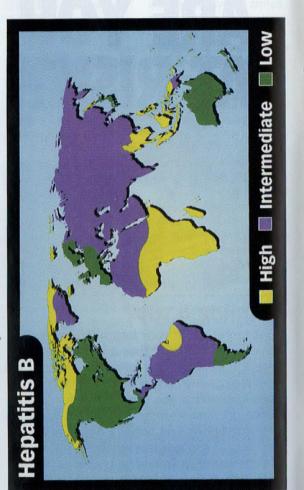
Hepatitis is preventable

A vaccine called Twinrix® can prevent both Hepatitis A and Hepatitis B. Three doses protect against both viruses, and that means fewer injections, added convenience and cost-savings.

Don't let Viral Hepatitis ruin your trip. Talk to your doctor or a travel clinic to find out more information about protecting yourself from Hepatitis while travelling.



Relative Endemicity Rates



Travel in Europe

Austria, Belgium, France, Germany, Greece, Italy, Luxembourg, the Netherlands, Portugal and Spain participate in the Schengen Convention, which abolishes internal border controls between these countries (except in special cases). However, customs and immigration controls remain in force when you are travelling to one of the above countries from Canada or any other country that does not participate in the Schengen Convention.

You should ensure that authorities stamp your passport when you enter the Schengen area and that you fulfill all registration formalities in every country visited. When travelling from one Schengen country to another, always carry your passport with you. When travelling within a Schengen country, always carry a photocopy of your passport with you. Visitors should also make sure they do not extend their stay beyond the period of time allowed by each country.

If you would like information about the entry and registration requirements of Schengen countries, please contact their embassies or consulates in Canada **before** your departure.

Do You Need a Visa?

You need a visa to travel to certain countries. Your travel agent or the country's embassy or consulate in Canada can advise you of the requirements. You can also check the Travel Reports for the countries you intend to visit in the Travel section of the DFAIT Web site (http://www.dfait-maeci.gc.ca/travelreport/menu_e.htm) or call DFAIT's Consular Affairs Bureau at 1-800-267-6788 (in Canada) or (613) 944-6788.

Apply for visas well in advance of your trip.

When you arrive at your destination, be prepared to prove that you have enough money to support yourself during your stay.

Be aware of the rules and restrictions governing visas and your length of stay. This knowledge can save you both time and money.

Some countries will allow you to enter only if you can prove you will be leaving. Be prepared to show your return or onward ticket or any visas that demonstrate you plan to visit another country.

Charter Flights

Before you book a charter flight, check the credentials of both the travel agency and the charter company with either the Better Business Bureau or a local consumer advisory organization.

Dual Nationality

To avoid unpleasant surprises, find out whether you, your spouse or any other family member is a citizen of another country. If you are considered a national, you may be compelled to do military service or pay special taxes.

If you do run into problems because of your dual nationality, contact the nearest Canadian mission immediately.

People with Special Needs

Many countries do not provide access for people in wheelchairs or make allowances for those with special hearing, sight or other physical requirements. Contact your local access organization or talk to others who have travelled to your destination in the past. There are also several guides published about international travel and people with special needs. Check your local library or

bookstore or the Canadian Transportation Agency Web site (http://www.cta-otc.gc.ca).

Getting Medical Advice

Health Canada strongly recommends an individual risk assessment by your own family doctor or a travel medicine provider prior to travelling. Basedion your health risks, the need for vaccinations or any special precautions can be determined. Health Canada's **Laboratory Centre for Disease** Control provides travel health information through the Internet (http://www.hc-sc.gc.ca/hpb/ Icdc/osh/tmp_e.html) and through a fax retrieval system, FAXlink, To access FAXlink, call (613) 941-3900 using the handset of your fax machine and follow the instructions.

It is recommended that you visit a travel clinic well before your departure. The travel clinic will ensure that you receive the most current advice, as well as any vaccinations and medications that are necessary to avoid health problems while abroad. A list of travel clinics in your area can be obtained through Health Canada's Travel Medicine Program at (613) 957-8739 or through the Internet

(http://www.hc-sc.gc.ca) or from the Canadian Society for International Health at (613) 241-5785.

Vaccinations

Before travelling to any destination, find out well in advance of your trip if you need any special vaccinations or preventive medications for such illnesses as yellow fever, typhoid, meningitis, Japanese encephalitis, hepatitis or malaria. For instance, a meningococcal vaccination is required for pilgrims travelling to Mecca, Saudi Arabia, for the annual hajj; and an International Certificate of Vaccination for yellow fever is a legal requirement to enter certain countries.

You may need to start receiving your vaccination shots or taking medication six to eight weeks before you leave. Also ensure that your routine immunizations — diphtheria, whooping cough (pertussis), tetanus, polio, measles, mumps and rubella — are up-to-date. Other immunization requirements for travel will vary according to your age, existing medical conditions and the nature and duration of your travel.

If you are travelling with infants or small children, you may need

to arrange an alternative or accelerated childhood immunization schedule for them. Talk to your pediatrician, family doctor or travel medicine clinic.

AIDS

AIDS/HIV is a global disease. Some countries require proof of AIDS testing. Have the test conducted and obtain the results before you travel. Call Health Canada at (613) 957-8739 to find out if the country you plan to visit requires this documentation. When travelling, take the same precautions you do at home. Do not assume that condoms will be readily available. Even if they are, they may not meet the safety standards set by the World Health Organization.

Remember: Using intravenous drugs is not only illegal but also extremely risky — especially if you share needles.

Medication

If you take medication, be sure to pack an extra supply in case you are away for longer than expected. Carrying a duplicate of your original prescription is highly recommended — especially when travelling to a country that is particularly sensitive about drugs. Also carry an extra

prescription that lists both the generic and trade names of the drug, in case your medication is lost or stolen. This is also a good idea if you wear glasses or contact lenses — having the prescription makes it easier to replace them.

Do not try to save luggage space by combining medications into a single container. Keep all medications in the original, labelled container to avoid problems.

Find out whether your medication is sold in the country you are visiting. Also check to see that it is legal. Some over-the-counter medications in Canada are illegal in other countries or require a prescription. Obtaining a note from your doctor that states the medical reasons for your prescription and the recommended dosage is also encouraged. Note that doctors recommend carrying an effective antidiarrheal agent (such as Imodium®) because such treatments may not be available at your destination.

If you need syringes for a medical condition such as diabetes, it is very important that you take along an appropriate supply. As well, you should carry a medical certificate that shows they are for medical use.

If you have a pre-existing medical condition that could present a problem while you are travelling, it is wise to wear a MedicAlert® bracelet. Through the MedicAlert® Foundation, your vital medical facts become part of a database that can be accessed 24 hours a day from anywhere in the world. Call 1-800-825-3785 for membership information or visit the MedicAlert® Web site (http://www.medicalert.ca).

Pregnancy

If you are pregnant and plan to travel abroad, talk to your doctor. Some vaccinations may not be recommended. Also, check your travel and health insurance plans carefully to ensure they cover health complications arising from pregnancy.

On Your Return

If you should become sick or feel unwell when you return to Canada, see your doctor. Inform the doctor, without being asked, that you have been travelling or living outside Canada, and where. Likewise, if you were ill while travelling, see your doctor on your return and explain your travel history and any treatment you received.

ATTENTION

Working anywhere outside Canada without the right insurance is risky.

Telfer International, with over 30 years' experience insures Canadians working anywhere outside of Canada, including the U.S.We provide complete, medical coverage including occupational and war risk.

Contact us and we will be pleased to outline our protection's strength and versatility.

Telephone: (514) 284-2002 • Fax: (514) 284-3203 email: info@telferinsurance.com www.telferinc.com



If you have been in a malarial area and develop fever during the first year after your return (especially in the first two months), see your doctor immediately and remind him or her that:

- antimalarial pills do not guarantee protection against malaria; and
- malaria must be ruled out by one or more thick and thin blood film examinations.

Supplemental Health Insurance

Do not rely on your provincial health plan to cover the total cost if you get sick or are injured while you are abroad. At best, your health plan will cover only a portion of the bill. It is your responsibility to obtain and understand the terms of your supplementary insurance policies. Some credit cards offer their holders health and travel insurance. Do not assume the card alone provides adequate

Be sure to ask whether your policy:

coverage.

 Has an in-house worldwide emergency hotline you can call if you are in trouble. Find out whether it is open 24 hours a

day, seven days a week; whether the operators are multilingual: and whether nurses or physicians are on staff.

- Pays foreign hospital and related medical costs and, if so, whether it pays up front or expects you to pay and be reimbursed later.
- Provides for your medical evacuation to Canada.
- Pays for any required medical escort (doctor/nurse) to accompany you back to Canada.
- Excludes pre-existing medical conditions. If such conditions exist, notify your insurance company and get an agreement in writing that you are covered for these conditions. Otherwise, you could find your claim "null and void" under a pre-existing condition clause.
- Covers premature births and related neonatal care.
- Allows for cash advances if a hospital accepts only such payment.
- Pays for the preparation and return to Canada of your remains should you die while travelling.

Carry details of your insurance with you. Also, tell your travel agent, a friend or relative at home and your travelling companion how to contact your insurer.

Get a detailed invoice from the doctor or hospital before you leave the country. There is nothing more frustrating than trying to get the proper paperwork from thousands of kilometres away. Remember always to submit original receipts for any medical services or prescriptions you received while travelling abroad. Most insurance companies will not accept copies or faxes.

Other Insurance

Individual personal medical insurance for those working outside Canada, with both occupational and non-occupational coverage, is available. These plans consist of full accident and sickness coverage. including emergency medical evacuation and war risk. There is no requirement to maintain a government health insurance plan. Coverage is available to both the contracted person and his or her dependants. You may wish to refer to the advertisement from Telfer International Inc. for further information on this type of insurance coverage (e-mail address: info@telferinsurance.com).

wallet, or flight cancellations can happen to you. These annoyances may cause major disruptions when they take place in a foreign country. Consider purchasing a travel insurance package that will compensate you for such inconveniences.

Lost luggage, theft of your purse or

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Travelling by Car?

Keep in mind that each country has its own driving regulations. You may be required to obtain an international driver's licence or additional insurance. Be sure to learn the local rules of the road before you get behind the wheel. In some countries, the driver may be detained and questioned by police even though only a minor collision (such as a "fender bender") has occurred. Country-specific insurance must be purchased for travel by car to Mexico and Central America. This is usually available at border crossings. For specific information on driving in the United'States or Mexico, consult DFAIT's booklets Crossing the 49th or México: ¿Qué pasa? (for details on how to order these publications, see "For More Information").

Money Matters

Canadian currency and traveller's cheques in Canadian dollars are not always widely accepted. Before vou leave:Canada, consult a bank or a foreign currency agent to find out the most appropriate currency to carry. Traveller's cheques in the appropriate currency or in U.S. dollars are often the safest and most convenient option. It is a good idea to have a small amount of the local money on hand when you first arrive, unless the importation of local currency is a crime. There may be restrictions on taking money in and out of the country. Check with the foreign embassy or consulate in Canada or with your travel agent about currency regulations in the country you plan to visit.

Do:not rely-exclusively on bank machine:cards or credit cards. They are not necessarily honoured internationally.

Canadian Taxation Status

If you are living or travelling abroad but maintain residential ties in Canada, you are usually considered a factual resident of Canada for taxation purposes. However, there may be other factors involved, so you should review your situation with the Canada Customs and Revenue Agency (CCRA) before you leave:in order to avoid surprises. The CCRA publication Canadian Residents Abroad provides excellent information for individuals (for details on how to order this:publication, see "For More Information").

The CCRA's International Tax Services Office processes income tax returns for non-residents and deemed residents of Canada. including Canadians posted overseas. It also provides general assistance by telephone, correspondence and counter service, and looks after all non-resident tax withholding accounts. You can contact the Office at 2204 Walkley Road, Ottawa, ON K1A 1A8, or by fax at (613) 941-2505. You can also telephone the Office (collect calls are accepted) at the following numbers:

Non-Resident Withholding Accounts — (613) 952-2344 Problem Resolution Program — (613) 952-3502 General Enquiries — (613) 952-3741

Also, if you have access to the Internet, you can get general information about the CCRA, as well as many of its publications and forms (http://www.ccra-adrc:gc.ca).

Avoiding Difficulties at Canada Customs

Before travelling abroad with valuable items, you can take advantage of a free identification procedure at any Canada Customs office. This service is available for items that have serial numbers or other unique markings. Alternatively, if you request it, Canada Customs can apply a sticker to any item to give it a serial number.

Jewellery often has significant value and can be difficult to identify. To make it easier to re-enter the country with jewellery, you should contact your nearest Canada Customs office to find out the steps to take before your departure.

Women Travelling Solo

Her Own Way: Advice for the Woman Traveller provides information specifically for women travellers (for details on how to order this DFAIT publication, see "For More Information"). There are also books that cover the concerns of women travellers and offer helpful-travel tips. Check with your local bookstore or library before you go; click onto Journeywoman Online, a travel resource published on the Internet for women who love to travel (http://www.journeywoman.com);

or visit *HERmail*, a directory of women around the world, willing to help other women with their travel questions (http://www.HERmail.net).

Travelling with Children

If you are travelling to another country-with your child and there is a possibility of a custody dispute developing while you are away, you should talk to a lawyer before leaving home. A special publication, International Child Abductions: A Manual for Parents, is available from DFAIT (for details on how to order, see "For More Information").

Your child custody arrangements in Canada may not be recognized in another country. In extreme cases, you or your child may not be allowed to leave. Check your status with the country's embassy or consulate in Canada **before** you travel. In regard to custody questions, contact DFAIT's Consular Case Management division at 1-800-387-3124 (in Canada) or (613) 943-1055.

If a person younger than 18 is travelling alone or with only one parent or another adult, notarized documentation certifying that the trip is permitted by both parents should be carried.

Remember, customs officials are looking for missing children and may ask questions about the children travelling with you. Make sure you carry the proper identification for yourself and any children travelling with you, including any documents required by the country you intend to visit. Proper identification includes birth certificates. baptismal certificates, passports, citizenship cards, records of landing and certificates of Indian status. These will help prove your citizenship and residency when you return to Canada.

International Adoptions

If you are thinking of adopting a child from another country, you must first contact the authorities of the province or territory in which the child will reside. While adoption is a provincial/territorial responsibility, Citizenship and Immigration Canada (CIC) is responsible for allowing an adopted child into Canada. Entry can be refused if the child does not hold an immigrant visa, and an immigrant visa will not be issued without the prior approval of the province or territory. Obtaining this approval from outside the country can be a difficult and lengthy process; agreement may be denied even

if the adoption has already been completed.

For more information, contact your provincial/territorial authorities or a CIC call centre at:

Montreal — (514) 496-1010

Toronto — (416) 973-4444

Vancouver — (604) 666-2171

For toll-free access anywhere else in Canada, call 1-888-242-2100 or check the CIC Web site (http://www.cic.gc.ca).

Before You Go... A Traveller's Checklist

- ☐ Do your research. Learn about the country you plan to visit. Learn a few phrases in the local language.
- Arrange supplementary health insurance and travel insurance.
- ☐ Carry proof of insurance coverage, and give a copy to someone at home.
- Draw up a flexible itinerary and budget. Leave a copy at home.
- Make sure your passport has not expired and is valid for six months beyond the time of your trip. Photocopy the identification page and keep it separate from your passport.
- ☐ Leave another copy with someone at home. Fill out the "In case of accident or death notify" section in your passport.
- Make sure you have any visas you need.
- ☐ Find out whether you or any members of your family are considered nationals of the country you plan to visit.
- Have any vaccinations required. If you are taking medication with you, make sure you keep it in its original container.

- □ Carry a doctor's prescription for any controlled drugs, and if you use syringes, carry a medical certificate. Leave copies at home as well.
- ☐ Keep the original receipts for any purchases you make, as well as your hotel bill, rental car agreement and medical service bills.
- ☐ If you are female and travelling alone, take extra precautions to ensure your safety.
- Review all child custody arrangements if you are travelling with a child. If your child is travelling alone, have him/her carry documentation stating that the trip is permitted by both parents.
- ☐ Ensure that any plant or animal products you plan to bring back are acceptable to Canada. Travelling pets may require shots and special permits (at a fee). See page 25 for more information and check with a local office of the Canadian Food Inspection Agency.

Do not forget to pack this booklet. It could help you more than you can imagine.

Seeking Assistance

Registering at a Canadian Mission

If your stay is longer than three months in one country, it is recommended that you formally register at the nearest Canadian mission. This will help us contact you in case of an emergency. Registration is voluntary and the information you provide is not shared with any other Canadian government department. Registration is not usually available in the countries of Western Europe, Australia, New Zealand or the United States.

In countries where Canada has no direct representation, there may be arrangements in place for you to register with another country's embassy or consulate. For instance, Canada has a formal reciprocal agreement with Australia.

Consular Assistance

Canada's 270 service points worldwide are ready to help you if needed. In some instances, there may be a fee for services.

What we can do for you:

We can contact, at your request, your relatives or friends and ask them to send you emergency funds.

- We can help you during emergencies such as natural disasters or civil and military uprisings.
- We can direct you to sources of information about local laws. regulations, cultural customs and how to obtain visas.
- We can assist with medical emergencies.
- We can replace passports.
- If you are arrested, we can try to ensure equitable treatment under local laws. At your request, we can inform relatives and friends about your arrest and try to ensure that legal rights and processes are extended to you consistent with the standards of the host country.
- If you wish, we can notify your next of kin regarding accidents or deaths and let them know whether, and how, they can help.

Although Canadian offices provide a wide variety of services to travelling Canadians, demand is such

that we restrict some services. especially those for which there are adequate alternatives available locally. Such services include making travel arrangements, transferring funds or paying local bills, storing or safekeeping personal effects or searching for lost items, doing translations, assisting with job hunts, obtaining visas for other countries and acquiring local permits or licences.

Check the "Canadian Diplomatic and Consular Missions Abroad" section for information on how to contact the Canadian mission(s) in the country you plan to visit.

Emergency Consular Services

Canadian missions offer 24-hour assistance. During non-office

hours, a telephone call you make to a mission will automatically be transferred to a consular officer in Ottawa, or you will be asked to leave a message on an answering machine. In either case, there will be a prompt response. If you leave a recorded message, make sure that it is clear and that you leave a telephone number or a full contact address. In addition, you can make a collect call to DFAIT in Ottawa. 24 hours a day, seven days a week, at (613) 996-8885. You may wish to use the Canada Direct service if it is available.

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In some locations, where Canada does not have a resident mission. the Australian and British missions will provide emergency services or contact the nearest Canadian mission on your behalf.

On the Road

Foreign Laws and Customs

When you are travelling in a foreign country, familiarize yourself with the way of life there. Respect that country's laws, religions, culture, class structure and economic conditions. Although you may not personally agree with some of the country's beliefs, remember that you are a visitor.

In many countries, appropriate attire - for both sexes - is very important. In some countries, laws govern what men and women can and cannot wear in public. Penalties for disobeying local laws can be quite severe.

Be especially respectful of temples, mosques, churches, synagogues and other religious sites. Many of these areas are off limits to foreigners or people who are not members of that faith. Ask permission before taking photographs of religious artifacts or buildings.

Not everybody likes to have his or her picture taken. Local people may resent you for taking their photograph or they may demand money for the picture after it has been taken. Always ask first.

Never take photographs of military facilities, a harbour where naval vessels are docked or industrial installations such as oil refineries. You may lose your film and your camera, and could even come under suspicion of espionage.

Taking Precautions

The same rules apply abroad as at home, only more so. Foreigners are usually at greater risk than locals. In many countries, foreigners are specifically targeted. Do not wander into unknown areas; find out how safe they are first. Do not pick up hitchhikers or cross borders with people you have just met. Watch your luggage and make sure it is locked. Never take anything, even an envelope, across a border for someone else.

Do not display large amounts of money or expensive jewellery in public. Use a money belt or a case with concealed sections for valuables. Dress appropriately.

Leave a copy of your itinerary with someone at home so they can contact you in case of an emergency. Telephone home, particularly if you have promised family members or friends that you would do so. We receive thousands of calls every year from worried family members or friends who have not received a promised call.

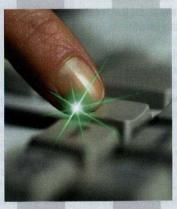
Keep a separate record of your traveller's cheques and credit cards. Never carry your passport, travel tickets, identification documents, cash, credit cards and insurance papers together. If you do so, you risk being left with no identification or funds.

Use the safety deposit box at your hotel. Never leave valuables in your room.

Illegal Drugs

Drug use and trafficking are prohibited in all countries, even though drugs are readily available and openly used in some places. Most countries impose heavy fines and long prison sentences for

When life travels at the speed of a keystroke, you need travel protection that can keep up.



Emergency Health Coverage
Trip Cancellation & Interruption
Emergency Evacuation & Repatriation



www.trexx.com

possession and trafficking. For more information, visit DFAIT's Anti-Drug Information:Program Web site (http://www.dfait-maeci:gc.ca/ english/travel/adip-pia).

In some countries, possession of even small amounts of drugs carries the death penalty.

Never take any parcel that is not yours across a border.

Choose your travelling companions wisely. Never cross a border with a hitchhiker or as a hitchhiker. Although you may not be carrying anything illegal, your companions may be.

Crime and Punishment

More than 2.300 Canadians are currently imprisoned outside Canada for various offences: 68 percent of them are in the United States.

The laws and customs of countries around the world can be very different from those in Canada. Ignorance of those laws is no defence.

While in a foreign country, you are subject to its laws and regulations. Your Canadian citizenship offers no immunity.

Sexual Exploitation of Children

The Government of Canada has enacted legislation that permits the arrest and prosecution of Canadians in Canada for the sexual exploitation of children in other countries. Most countries are now enacting legislation, or more vigorously enforcing existing laws, concerning the sexual exploitation of children. Those convicted face a penalty of up to 14 years' imprisonment. See the DFAIT Web site for more

Canadian consular staff abroad must also follow the rules of the host country. If you do find yourself in trouble, they can help you locate a lawyer, contact your family and friends, and ensure that you receive fair treatment according to the standards of that country. However, they cannot wield any influence to reduce your sentence or fine.

Judicial Process

information.

Never assume that the legal system of the country you are visiting is the same as at home, "Innocent until proven guilty" is not a universally recognized concept. In some countries, you may not even have the right to legal representation or a trial in your mother tongue.

Some countries do not recognize or respect religious freedom: freedom of association, speech or the press; or equality of the sexes. For . instance, guilt by association is presumed in some countries. This means that you may be charged simply for being in the company of a person suspected or found guilty of a crime.

Even if you are an innocent bystander at a demonstration or riot, you may be considered a participant and rounded up with those involved. Your Canadian citizenship does not grant you immunity.

If you do find yourself in legal trouble, contact the nearest Canadian mission immediately. If you cannot do so yourself. have someone else do it for you.

Mail

If you are travelling for an extended period of time, you can arrange to have your mail sent to a post office box or, where possible, to the nearest Canadian mission. In the latter case, the mission will hold on to letter-size mail (not parcels) for you to pick up in person. This mail cannot be forwarded to another address

When You Return

Departure Tax

Some countries impose a departure tax or service fee at the airport or point of departure, Before leaving such a country, make sure you set aside enough money, in local funds, to pay this tax.

Canadian Food Inspection Agency: Be Aware and Declare

It is thought that a single sausage illegally brought into Canada in the 1950s led to the spread of foot-

and-mouth disease, destroying

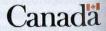
cattle and costing Canadians more than \$1 billion. Every year, thousands of travellers fail to declare things like cheese, meat, animal hides, live birds, plants, fruits and their products. These items may carry pests or diseases that pose a risk to human, plant or animal health.

Foreign pests and diseases could destroy Canada's crops and forests and endanger our livestock, thus threatening our ability to produce and supply safe food.

Agence canadienne d'inspection des aliments



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We need to protect our country. Canadian law says you must declare all the plants and animals you bring back, as well as their products. It restricts and prohibits the entry of products that could harm Canada's agriculture and forestry or that pose a danger to human health and safety.

Before you leave Canada, visit the Canadian Food Inspection Agency's Web site (http://www.cfia-acia.agr.ca) or call one of our Import Service Centres (ISC) for more information:

Eastern ISC — 1-877-493-0468 Central ISC — 1-800-835-4486 Western ISC — 1-888-732-6222

Canada Customs and Import Controls

You must declare everything acquired abroad, whether purchases for yourself or gifts, as well as goods bought at a Canadian or foreign duty-free store. Keep your original receipts for possible inspection.

If you have been away from Canada for 24 hours or more, you may bring back goods worth up to C\$50 without paying duties or taxes. This does not include alcohol and tobacco. If you have been away from Canada for 48 hours or more, you may bring back goods worth up to C\$200 without paying duties or taxes. These goods can include tobacco products and alcoholic beverages, as described below.

If you have been away from Canada for seven days or more, you may bring back goods worth up to C\$750 without paying duties or taxes. These goods can include tobacco products and alcoholic beverages, as described below. In calculating the number of days you are absent, do not include the date you leave Canada, but include the date you return.

If you have been away from Canada for 48 hours or more, you may bring back up to 1.14 litres of liquor or 1.5 litres of wine, or a case of 24 bottles/cans of beer or ale, each containing 355 ml (12 ounces). You may also bring back up to 200 cigarettes, 50 cigars or cigarillos, 200 tobacco sticks and 200 grams of manufactured tobacco. Provincial age restrictions apply to liquor and tobacco products.

Certain goods are restricted from entering Canada. If you are considering importing meat or dairy products, plants, weapons, vehicles, or exotic animals or products made from their skins or feathers, contact Canada Customs beforehand for guidance.

Obscene materials, hate propaganda, most weapons, including firearms, and goods harmful to the environment are prohibited from entering Canada.

If you have any questions about what you can bring home, visit the Canada Customs and Revenue Agency Web site (http://www.ccra-adrc.gc.ca) or call your local Customs border services. To reach the Automated Customs Information Service, call 1-800-461-9999 (in Canada).

The booklet I Declare describes what you can and cannot bring back to Canada if you have been away for less than a year (for details on how to order this publication, see "For More Information").

Illegal Souvenirs

While travelling outside Canada, you may decide to purchase souvenirs. Unfortunately, many attractive items sold in foreign countries are made from endangered plants or animals. Live cactus and orchid plants, ivory bracelets and carvings, marine turtle shells and products, whalebone carvings,

and cat skins, teeth and claws are some of the more common items illegally brought back to Canada. These items are included in the more than 30,000 species of wild animals and plants regulated under the Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES). CITES operates through an import/export permit system. Under Canada's Wild Animal and Plant Protection and Regulation of International and Interprovincial Trade Act (WAPPRIITA), a violation of CITES could lead to seizure of your purchase, as well as monetary penalties and/or prison terms. Before you purchase an animal or plant or a product made from them, be sure you know what rules and regulations apply.

When in doubt, don't buy it! Since many other countries also have strict laws protecting wildlife, it is often wise to leave any items you already own at home.

To determine what you can and cannot legally bring back to Canada and whether a CITES permit is required, contact Environment Canada by telephone at (819) 997-1840 or by fax at (819) 953-6283. More information is available on Environment Canada's Web site, the Green Lane

Know the rules — sometimes carrying a purse is illegal



In co-operation with over 140 countries, Canada is committed to protecting some 30,000 plant and animal species. Before bringing any item made from them into Canada know the rules.

You risk losing the item, prosecution and fines up to \$150,000.

Canada

For more information on current legislation, see page 28 or contact:

CITES* Administrator

Ottawa, Ontario K1A 0H3

Tel.: (819) 997-1840 Fax.: (819) 953-6283

www.cws-scf.ec.gc.ca/cites/intro_e.html



Environment Canada Environnement Canada (http://www.cws-scf.ec.gc.ca/ cites/intro e.html).

After Residing Abroad

After a stay abroad of more than a year, there are special import

provisions for household items and personal belongings when you

move back to Canada. Information is contained in the brochure Moving Back to Canada (for details on how to order this publication, see "For More Information").

For More Information

Department of Foreign Affairs and International Trade

Canadian Performers: How to Enter the United States China (Including Hong Kong): A Guide for Canadian Visitors

Crossing the 49th: A Compendium of the Bumps on the Road for Canadians Going South

A Guide for Canadians Imprisoned Abroad Her Own Way: Advice for the

Woman Traveller International Child Abductions:

Al Manual for Parents México: ¿Qué pasa? A Guide for

Canadian Visitors Retirement Abroad: Seeing the Sunsets

Teaching English in Korea (available on the Internet only) Working Abroad: Unravelling the Maze

These safe-travel publications can be accessed and ordered free of charge through the Travel section of the DFAIT Web site (http://www.dfait-maeci.gc.ca). They are also available by calling 1-800-267-8376 (in Canada) or (613) 944-4000.

Country Travel Reports Travel Reports providing. information on safety and security conditions, health issues and entry requirements for over 215 travel destinations can be accessed from the Travel section of the DFAIT Web site (http://www.dfait-maeci.gc.ca),

by phone at 1-800-267-6788 (in Canada) or (613) 944-6788, or by fax at 1-800-575-2500 (in Canada) or (613) 944-2500. This information is available 24 hours a day, 365 days a year. Diplomatic, Consular and Other

This publication may be obtained for approximately \$19.95 plus GST and shipping costs by writing to:

Representatives in Canada

Canadian Government Publishing, Ottawa, ON K1A 0S9, or by calling 1-800-635-7943 (in

Canada Customs and Revenue Agency

Canada) or (613) 956-4800.

Customs

I Declare

Importing a Firearm into Canada Importing a Motor Vehicle into Canada

Moving Back to Canada

These publications may be obtained free of charge by writing to: Communications Branch, Canada Customs and Revenue Agency. Ottawa, ON K1A OL5, by calling 1-800-461-9999 (in Canada) or (613) 993-0534, through the Revenue Canada Web site (http://www.ccra-adrc.gc.ca). or

by contacting your local Customs

border service office.

Taxation

Canadian Residents Abroad This publication may be obtained free of charge through the Canada **Customs and Revenue Agency**

Web site (http://www.ccra-adrc. gc.ca), or by calling the CCRA's International Tax Services Office at 1-800-267-5177 (in Canada) or (613) 952-3741.

Citizenship

Dual Citizenship

How to Prove You Are a Canadian Citizen

These publications may be obtained from the Internet site of the Public Affairs Branch, Citizenship and Immigration Canada (http:// cicnet.ci.gc.ca), or by calling (613) 954-9019.

Food Products

Don't Bring It Back This publication may be obtained free of charge by writing to: Canadian: Food Inspection Agency. Public Affairs, 59 Camelot Drive, 2nd Floor East, Nepean, ON K1'A 0Y9, or by calling (613) 225-2342. Web site: http://www.cfia-acia.agr.ca

Health Issues

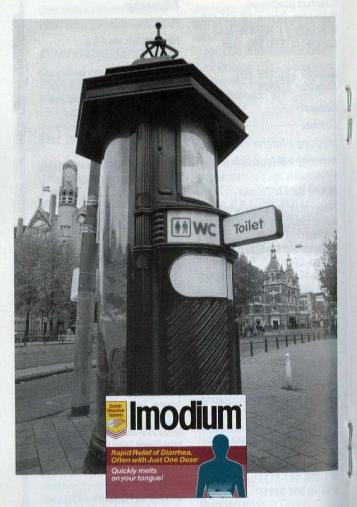
Basic Facts About AIDS

This booklet may be obtained by writing to: Canadian HIV/AIDS Clearinghouse: 1565 Carling Avenue, Suite 400, Ottawa, ON K1Z 8R1, or by calling (613) 725-3434. Web site:

http://www.cpha.ca/cpha.docs/ ch/hasic.html

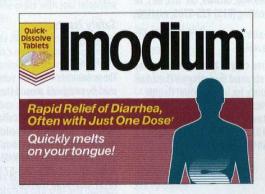
Children Abroad

Don't Drink the Water: The Complete Traveller's Guide to Staying Healthy in Warm Climates



VISIT THE COUNTRY, NOT JUST ITS RESTROOMS.

Save \$2.00 on any Imodium* product



VISIT THE COUNTRY,
NOT JUST ITS REST ROOMS.

TO THE DEALER (PHARMACIST): We will reimburse the face value of coupon plus our specified handling fee providing you accept it from your customer on purchase of item specified. Other applications may constitute fraud. A reduction in any applicable taxes payable is included in the coupon face value. For redemption, mail to: McNeil Consumer Healthcare, P.O. Box 3000, Saint John, New Brunswick E2L 4L3. This coupon void where provincial regulations prohibit. Limit one coupon per purchase. Offer expires June 30th, 2001.

Alternate Cash Refund Offer: In provinces where coupon redemption is prohibited, an equivalent cash refund (plus postage charges) can be obtained by

mailing the package UPC, the cash register tape for Product purchased (with price circled), coupon for product, and return address to: Imodium Offer, P.O. Box 3000, Saint John, New Brunswick E2L 4L3.



mark *Trademark

International Travel and Health (2000): Vaccination Requirements and Health Advice

Travel Immunization Record

These publications are available by writing to: Canadian Public Health Association, 1565 Carling Avenue, Suite 400, Ottawa, ON KIZ 8R1, or by calling (613) 725-3769, ext. 190.

Health Information for Canadian Travellers

A free copy of this publication may be obtained by writing to: Canadian Society for International Health, 1 Nicholas Street, Suite 1105, Ottawa, ON KIN 7B7, by calling (613) 241-5785, or by e-mailing csih@csih.org Passport to Healthy Travel

Written by travel medicine experts, this is a concise and informative guide to help travellers stay healthy while abroad. It is available free of charge by calling 1-800-268-4372. Web site:

web site: http://www.immunizecanada.com

Safety Issues

Scam Watch Son of Scam

These booklets describe scenarios used by criminals around the world to target travellers. They are available by writing.to: Canadian Institute of Travel Counsellors of Ontario, 55:Eglinton Avenue East, Suite 209, Toronto, ON: M4P 1G8, or by calling 1-800-589-57.76 or (416) 484-4450. Web site: http://www.citcontario.com

Canadian Diplomatic and Consular Missions Abroad

The following list identifies where in each country you may seek consular assistance. If in an emergency you are unable to contact a Canadian mission, make a collect call to DFAIT's Consular Affairs Bureau at (613) 996-8885 (via Canada Direct where possible). Hours and days of operation of Canadian missions vary from country to country. You should call the mission concerned to check its office hours.

The telephone and fax numbers include country and city/area codes (in parentheses). The city/area codes provided are those you use when calling from within the country where the mission is located. If you are calling from another country, you may have to use a different city/area code. When calling from one country to another, you must use the local code for international calls before the country and city/area codes of the number you wish to reach. For

example, if you are calling overseas from Canada, you must press 011 before the country code. (Calls to Bermuda, the Caribbean and the United States do not require a country code, but you must press 1 before the area code.) If you are unable to contact the mission, you should verify the codes with your telephone operator.

Canada Direct service is offered by Canada's major telecommunications companies in association with Teleglobe Canada. On its international network, Teleglobe carries calls from more than 130 countries where Canada Direct service is available. The © symbol indicates that Canada Direct service is available from that country.

Mission addresses and telephone numbers and city/area and country codes are subject to change. When changes occur, the Internet version of this list, which can be found in the Travel section of the DFAIT Web site (http://www.dfait-maeci.gc.ca), is updated immediately.

Afghanistan

See Pakistan, Islamabad

Albania

Canadian Embassy Office, Rruga "Brigada VIII," Pallati 2, Apartamenti 1, Tirana, Albania Postal address: P.O. Box 47, Tirana, Albania Tel.: 355 (42) 57274, 57275, 58344,

58345

Fax: 355 (42) 57273

Algeria

Canadian Embassy, 18, rue Mustapha-Khalef, Ben Aknoun, Alger, Algeria Postal address: B.P. 48, Alger Gare 16000 Alger, Algeria Tel.: 213 (2) 91-49-51/60 Fax: 213 (2) 91-49-73

Andorra

See Spain, Madrid

Angola

Consulate of Canada, Rua Rei Katyavala 113, Luanda, Angola Tel.: 244 (2) 348-371 Fax: 244 (2) 349-494

Anguilla

See Barbados

Antigua and Barbuda © See Barbados

Argentina ©

Canadian Embassy, 2828 Tagle, C1425EEH Buenos Aires, Argentina Postal address: P.O.:Box 1598, C1000WAP Correo Central, Buenos Aires, Argentina Tel.: 54 (11) 4805-3032

Armenia

Consulate of Canada, 25 Demirjian Street, No. 21, Yerevan, Armenia Tel.: 374 (1) 40-12-38 Fax: 374 (2):56-79-03

Fax: 54 (11) 4806-1209

Aruba

See Netherlands Antilles

Bon Voyage, But...

Australia © Canberra Canadian High: Commission, Commonwealth Avenue.

Canberra ACT 2600, Australia Tel.: 61 (2) 6270-4000

Fax: 61 (2) 6270-4081

Melbourne

Consulate of Canada, 123: Camberwell Road, Hawthorn

East, Victoria 3123, Australia Tel.: 61 (3) 9811-9999 Fax: 61 (3) 9811-9969

Perth

Consulate of Canada. 267 St. George's Terrace, Perth, Western Australia 6000, Australia Tel.: 61 (8) 9322-7930

Fax: 61 (8) 9261-7706

Sydney Consulate General of Canada,

Level 5. Quay West, 111 Harrington Street, Sydney, New South Wales 2000. Australia Tel.::61 (2) 9364-3000 Fax: 61 (2) 9364-3098

Austria ©

Canadian Embassy. Laurenzerberg 2, 1010 Vienna, Austria Tel.: 43 (1) 531-38-3000

Fax: 43 (1) 531-38-3905

Azerbaijan

See Turkey, Ankara

Azores © See Portugal, Ponta Delgada

Bahamas ©

Consulate of Canada. Shirley Street Shopping Plaza. Nassau, Bahamas Postal address: P.O. Box SS-6371. Nassau, Bahamas

Tel.: 1 (242) 393-2123/4 Fax: 1 (242) 393-1305

Bahrain ©

See Saudi Arabia, Riyadh

Bangladesh Canadian High Commission,

House CWN 16/A. Road 48. Gulshan, Dhaka, Bangladesh Postal address: G.P.O. Box 569, Dhaka 1000, Bangladesh Tel.: 880 (2) 988-7091/2/3/4/5/6/7

Barbados ©

Fax: 880 (2) 882-3043

Canadian High Commission, Bishop's Court Hill, St. Michael, Barbados Postal address: P.O. Box 404,

Bridgetown, Barbados Tel.: 1 (246) 429-3550 Fax: 1 (246) 429-3780

Belarus © See Poland

Belgium © Canadian Embassy.

2. avenue de Tervuren. 1040 Brussels, Belgium Tel.: 32 (2) 741-0611 Fax: 32 (2) 741-0619

Belize ©

Consulate of Canada.

83 North Front Street. Belize City, Belize

Postal address: P.O. Box 610. Belize City, Belize

Tel.: 501 (2) 31-060 Fax: 501 (2) 30-060

Benin Fonds canadien d'initiatives locales.

rue 238, lot 135, zone résidentielle (voisin USAID), Cotonou, Benin Postal address: B.P. 04-1124,

Cotonou, Benin Tel.: 229 30-24-79 or 30-49-49 Fax: 229 30-05-32

Bermuda ?

See United States of America, New York

Bhutan

Canadian Cooperation Office, P.O. Box 201, Thimphu, Bhutan Tel./Fax: 975 (2) 22109

Bolivia ©

Consulate of Canada. Avenida 20 de octubre 2475. Plaza Avaroa Sopocachi, La Paz, Bolivia Postal address: Casilla Postal 10345, La Paz, Bolivia

Tel.: 591 (2) 431-215 Fax: 591 (2) 432-330

Bosnia-Herzegovina Canadian Embassy. Logavina 7, 71000 Sarajevo,

Bosnia-Herzegovina Tel.: 387 (71) 447-900

Fax: 387 (71) 447-901

Botswana

Consulate of Canada. Vision Hire Building, Queens Road. Plot 182. Gaborone. Botswana

Postal address: P.O. Box 882. Gaborone, Botswana Tel./Fax: 267 30-44-11

Brazil ©

Brasilia

Canadian Embassy. Setor de Embaixadas Sul. Avenida das Naçoes lote 16, 70410-900 Brasilia D.F., Brazil Postal address: P.O. Box 00961. 70359-900 Brasilia D.F., Brazil

Tel.: 55 (61) 321-2171 Fax: 55 (61) 321-4529

Belo Horizonte Consulate of Canada.

Rua Paraíba, Room 1122, 9th Floor, Belo Horizonte, Minas Gerais 30130-918, Brazil

Tel.: 55 (31) 239-8618 Fax: 55 (31) 239-8789

Rio de Janeiro Consulate of Canada.

Rua Lauro Muller 116. Room 2707. Torre Rio Sul-Botafogo, 22290-160 Rio de Janeiro, Brazil Tel.: 55 (21) 542-9297

Fax: 55 (21) 275-2195

Salvador

Consulate of Canada. Av. Presidente Vargas 2400, Flat 311, Ondina, Salvador, Bahia 40170-010, Brazil

Tel.: 55 (71) 331-0064 Fax: 55 (71) 203-8271

São Paulo

Consulate General of Canada. Edificio Top Center, Avenida

Paulista 854, 5th Floor, 01310-913 São Paulo, Brazil

Postal address: P.O. Box 62693, 01214-970 São Paulo, Brazil

Tel.: 55 (11) 253-4944 Fax: 55 (11) 3171-0058

British Virgin Islands © See Barbados

Brunei Darussalam © Canadian/High Commission,

Britannia House, Suite 51-52, Jalan Cator, Bandar Seri Begawan 2085, Brunei Darussalam

Tel.: 673 (2) 22-00-43

Fax: 673 (2) 22-00-40

Bulgaria ©

Consulate of Canada, c/o Ernst and Young, 38 Oboriste Street, 1504 Sofia, Bulgaria Tel.: 359 (2) 943-3700

Fax: 359 (2) 943-3707

Burkina Faso

Canadian Embassy, rue Agostino Néto, Ouagadougou, Burkina:Faso Postal address: B.P. 548, Ouagadougou 01, Province du Kadiogo, Burkina Faso

Tel.: 226 31-18-94 Fax: 226 31-19-00

Burma

See Myanmar

Burundi See Kenya

Cambodia

9-11, RV Senei Vinnavaut Oum, Sangkat Chaktamouk, Khan Daun Penh. Phnom Penh 23, Cambodia Tel.: 855 (23) 213 470;

Canadian/Australian Embassy,

after hours: 855 (0) 15 915 534 Fax: 855 (23) 426:003

Cameroon Yaoundé

Canadian High Commission, Immeuble Stamatiades, Place de l'Hôtel de Ville, Yaoundé, Cameroon Postal address: B.P. 572, Yaoundé, Cameroon

Tel.: 237:23-23-11 Fax: 237 22-10-90

Douala

Consulate of Canada. a/s-PRO-PME, 1726, avenue Charles de Gaulle, Douala, Cameroon Postal address: B.P. 2373, Douala, Cameroon Tel.: 237 43-29-34

Fax: 237 42-31-09

Cape Verde See Senegal

Cayman Islands © See Jamaica, Kingston

Central African Republic

Consulate of Canada. Quartier Assana, Bangui, Central African Republic Postal address: B.P. 973, Quartier Assana, Bangui, Central African Republic Tel.: 236 61-09-73

Fax: 236 61-40-74

Chad

See Cameroon, Yaoundé

Chile ©

Santiago Canadian Embassy. Nueva Tajamar 481, Torre Norte.

Piso 12, Las Condes, Santiago, Chile Postal address: Casilla 139. Correo 10, Santiago, Chile

Tel.: 56 (2) 362-9660 Fax: 56 (2) 362-9393

Antofagasta

Consulate of Canada. Travesía del Mirador 03075, Departamento 3-A, Antofagasta, Chile Tel:/Fax: 56 (55) 24-7652

Concepción Consulate of Canada.

Caupolicán 245, Chiguavante, Concepción, Chile Postal address: Casilla 425. Concepción, Chile Tel.: 56 (41) 36-75-53 Fax: 56 (41) 36-81-85

China © Beijing

Canadian Embassy. 19 Dong Zhi Men Wai Street, Chao Yang District, Beijing 100600, People's Republic of China

Tel.: 86 (10) 6532-3536 Fax: 86 (10) 6532-5544

Chongging Consulate of Canada.

Room 1705, Metropolitan Tower, Wu Yi Lu. Yu Zhong District, Chongqing

400010. People's Republic of China Tel.: 86 (23) 6373-8007

Fax: 86 (23) 6373-8026

Guangzhou

Consulate General of Canada. Suite 801, China Hotel Office Tower.

Liu Hua Lu. Guangzhou 510015. People's Republic of China Tel.: 86 (20) 8666-0569

Fax: 86 (20) 8667-2401

Hong Kong

Consulate General of Canada. 14th Floor, One Exchange Square, Central, Hong Kong SAR,

People's Republic of China Postal address: G.P.O. Box 11142

Central, Hong Kong SAR, People's Republic of China Tel.: 85 (2) 2810-4321 Fax: 85 (2) 2810-6736

Shanghai

Consulate General of Canada, American International Centre. West Tower, Suite 604, 1376 Nanjing Xi Lu, Shanghai 200040, People's Republic of China

Tel.: 86 (21) 6279-8400 Fax: 86 (21) 6279-8401

Colombia @ Bogotá

Canadian Embassy. Cra. 7. No. 115-33, Bogotá, Colombia Postal address: P.O. Box 110067, Bogotá 2, Colombia

Tel.: 57 (1) 657-9800

Fax: 57 (1) 657-9912

Cartagena

Consulate of Canada. Edificio Centro Ejecutivo Bocagrande, Carrera 3 #8-129. Oficina No. 1103, Cartagena, Colombia

Tel.: 57 (5) 665-5838 Fax: 57 (5) 665-5837

Bon√Voyage, But≔

Comoros Islands See Tanzania

Congo (Kinshasa) See Democratic Republic of Congo

Congo (Libreville)

See Gabon Cook Islands

See New Zealand

Costa Rica © Canadian Embassy, La Sabana/Executive Business Centre, Building No. 5, 3rd Floor,

beside the Contraloría General de la República, San José, Costa Rica Postal address: P.O. Box 351-1007, San José, Costa Rica

Tel.: 506 296-4149 Fax: 506 296-4270

Côte d'Ivoire © Canadian Embassy.

Immeuble Trade Center, 23. avenue Noguès, Le Plateau, Abidian, Côte d'Ivoire

Postal address: B.P. 4104, Abidian 01. Côte d'Ivoire Tel.: 225-20-21-20-09 Eax: 225 20-21-77-28

Croatia © Canadian Embassy.

Prilaz Gjure Dezelica 4. 10000 Zagreb, Croatia Tel:: 385 (1) 488-1200 or 488-1211 Fax: 385 (1) 488-1230

Cuba Havana Canadian Embassy.

Calle 30, No. 518, Esquina a7a, Miramar, Havana, Cuba Tel.: 53 (7) 24 25 16

Fax: 53 (7) 24 20 44 Guardalavaca

Consulate of Canada, Villa Cabanas 13-14. Guardalavaca, Holguín, Cuba

Tel.: 53 (24) 30-320 Fax: 53 (24) 30-321

Varadero

Consulate of Canada, Calle 13E, Avenida Primera v Camino del Mar, Varadero, Mantanzas, Cuba Tel.: 53 (5) 61-2078

Fax: 53 (5) 66-7395 Cyprus @ Consulate of Canada,

1 Lambousa Street. 1095 Nicosia, Cyprus Postal address: P.O. Box 22125. 1517 Nicosia, Cyprus

Tel.: 357 (2) 775-508 Fax: 357 (2) 779-905

Czech Republic © Canadian Embassy, Mickiewiczova 6, 125 33 Prague 6,

Czech Republic Tel.: 420 (2) 7210-1800 Fax: 420 (2) 7210-1890

Democratic Republic of Congo Canadian Embassy, 17, avenue

PUMBU, Commune de Gombe. Kinshasa, Democratic Republic of Congo

Postal address: B.P. 8341. Kinshasa 1, Democratic Republic of Congo

Tel.: 243 884-1699 Fax: 243 884-1277

Denmark (?) Copenhagen

Canadian Embassy. Kr. Bernikowsgade 1. 1105:Copenhagen K, Denmark

Tel.: 45 33-48-32-00 Fax: 45.33-48-32-20/21

Nuuk (Greenland) Consulate of Canada, Groenlandsfly A/S, 3900 Nuuk, Greenland

Postal address: P.O. Box 1012. 3900 Nuuk, Greenland

Tel.: 299 32-88-88 Fax: 299 32-02-88

Diibouti Consulate of Canada.

Place Lagarde, Diibouti, Diibouti Postal address: B.P. 1188. Diibouti, Diibouti Tel.: 25 (3) 35-38-59 or 35-59-50

Fax: 25 (3) 35-00-14 Dominica ©

See Barhados

Dominican Republic © Santo Domingo

Canadian Embassy, Capitán Eugenio de Marchena No. 39, La Esperilla, Santo Domingo,

Dominican Republic Postal address: P.O. Box 2054, Santo Domingo 1, Dominican Republic

Tel.: 1 (809) 685-1136 Fax: 1 (809) 682-2691 Puerto Plata

Consulate of Canada, Calle San Felipe 29, Puerto Plata,

Dominican Republic Tel.: 1 (809) 586-5761 Fax: 1 (809) 586-5762

Fcuador ©

Quito Canadian Embassy,

and Paul Rivet, Josueth Gonzalez Building, 4th Floor, Quito, Ecuador Postal address: P.O. Box 17-11-

Avenida 6 de diciembre, no. 2816,

6512 (CC1), Quito, Ecuador Tel.: 593 (2) 506-162 or 232-114: Fax: 593 (2) 503-108

Guayaquil Consulate of Canada, Avenida General 810 and Victor

Manuel Rendon, Edificio Torres de la Merced, 4th Floor, Guayaquil, Ecuador Tel.: 593 (4) 563-580 or 253-850

Fax: 593 (4).314-562 Egypt ©

Cairo Canadian Embassy.

5 El Saraya El Kobra Square, Arab African International Bank Building, Garden City, Cairo, Egypt Postal address: P.O. Box 1667.

Cairo, Egypt Tel.: 20 (2) 794-3110 Fax: 20 (2) 796-3548

Alexandria

Consulate of Canada. Arab Express Shipping Co., 59 El Horria Street, Alexandria, Egyot

Tel.: 20 (3) 493-9142 or 490-9595 Fax: 20 (3) 490-9696

El Salvador Office of the Canadian Embassy,

Centro Financiero Gigante, Second Level Lobby, Alameda

Roosevelt y 63 Ave. Sur, Plaza las Américas, San Salvador, El Salvador Tel.: 503 279-4655

Fax: 503 279-0765

Equatorial Guinea See Gabon

Eritrea

Consulate of Canada, Andenet Street, House #87/89, Asmara, Eritrea Postal address: P.O. Box 3962,

Asmara, Eritrea Tel.: 291 (1) 18-24-90 or 18-19-40/41 Fax: 291 (1) 18-24-88 or 18-42-41

Estonia ©

Office of the Canadian Embassy, Toom Kooli 13, 2nd Floor, 0100 Tallinn, Estonia Tel.: 372 (6):627-3310/11 Fax: 372 (6) 627-3312

Ethiopia Canadian Embassy, Old Airport

Area, Higher 23, Kebele 12, House Number 122, Addis Ababa, Ethiopia Postal address: P.O. Box 1130, Addis Ababa, Ethiopia

Tel.: 251 (1) 71 30 22 Fax: 251 (1) 71 30 33

Fiii ©

Consulate of Canada. c/o Canadian Airlines International. P.O. Box 10690, Nadi Airport, Suva, Fiii

Tel/Fax: 67 9 721 936

Finland ©

Canadian Embassy, Pohjoisesplanadi 25B, 00100

Helsinki, Finland Postal address: P.O. Box 779. 00101 Helsinki, Finland Tel.: 358 (9) 17 11 41

Fax: 358 (9) 60 10 60 France ©

Paris Canadian Embassy. 35, avenue Montaigne, 75008 Paris,

France Tel.: 33 01-44-43-29-00 Fax: 33 01-44-43-29-86

Lvon Consulate of Canada. 21, rue Bourgelat, 69002 Lyon, France

Tel: 33 04-72-77-64-07 Fax: 33 04-72-77-65-09

Nice Consulate of Canada. 10. rue Lamartine, 06000 Nice, France

Tel.: 33 04-93-92-93-22 Fax: 33 04-93-92-55-51

Saint-Pierre et Miquelon Consulate of Canada. 16, rue Jacques Debon, Saint-Pierre,

Saint-Pierre et Miguelon Postal address: B.P. 4370, 97500 Saint-Pierre, Saint-Pierre et Miquelon Tel /Fax: 508-41-55-10

Toulouse Consulate of Canada.

30. boulevard de Strasbourg. 31000 Toulouse, France Postal address: B.P. 138, 31000

Toulouse, France Tel.: 33 05-61-99-30-16 Fax: 33 05-62-73-52-99 French Guiana © See Guyana

French Polynesia

Australian Consulate. Qantas Airways, Centre Vaima, 3rd Floor, Papeete, Tahiti

Postal address: B.P. 1695, 98713 Papeete, Tahiti

Tel.: 689 43 88 38 Fax: 689 41 05 19

Gabon © Canadian Embassy.

Quartier Batterie IV. Libreville, Gabon Postal address: B.P. 4037, Libreville, Gabon

Tel.: 241 73-73-54 Fax: 241 73-73-88

Gambia See Senegal

Georgia See Turkey, Ankara

Germany © When making a long-distance call within Germany, the city code must be preceded by a zero. For example, press 030 for Berlin, followed by the local number.

Berlin

Canadian Embassy. 12th Floor, Friedrichstrasse 95. 10117 Berlin, Germany Tel.: 49 (30) 20 31 20 Fax: 49 (30) 20 31 25 90 Düsseldorf

Consulate of Canada. Benrather Strasse 8, 40213 Düsseldorf, Germany

Tel.: 49 (211) 17 21 70 Fax: 49 (211) 35 91 65

Hamburg Consulate of Canada.

ABC Strasse 45, 20354 Hamburg,

Germany Tel.: 49 (40) 35 55 62 95 Fax: 49 (40) 35 55 62 94

Munich

Consulate of Canada, Tal 29, 80331 Munich, Germany Tel.: 49 (89) 21 99 57 0

Fax: 49 (89) 21 99 57 57

Stuttgart Consulate of Canada,

Lange Strasse 51, 70174 Stuttgart, Germany Tel.: 49 (711) 2 23 96 78 Fax: 49 (711) 2 23 96 79

Ghana ©

Canadian High Commission, 42 Independence Avenue, Accra. Ghana Postal address: P.O. Box 1639. Accra. Ghana

Tel.: 233 (21) 77 37 91. 22 85 55/66/62 Fax: 233 (21) 77 37 92

Great Britain © See United Kingdom

Greece ©

Athens Canadian Embassy.

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Guinea

Canadian Embassy, Corniche Sud, B.P. 99, Conakry, Guinea Tel.: 224 46-23-95, 46-44-48, 46-37-32, 46-32-91, 46-32-90; after hours: 224 11-21-73-72 or 11-21-17-55 Fax: 224 46-42-35

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Canadian Embassy, Édifice Banque de Nouvelle-écosse (Bank of Nova Scotia), Delmas 18, Port-au-Prince, Haiti Postal address: C.P. 826, Port-au-Prince, Haiti

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Chandigarh

Office of the Canadian High Commission, S.C.O. 33-34-35, Sector 17A (near Jagat Cinema),

Chandigarh, India Tel.: 91 (172) 716-020/021 Fax: 91 (172) 716-025

Chennai (formerly Madras) Consulate of Canada.

827 Anna Salai, Dhun Building, 3rd Floor, Chennai 600 002, India Tel./Fax: 91 (44) 852-9818 Mumbai (formerly Bombay)

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Denpasar (Bali) Australian Consulate.

Fax: 62 (361) 231-990

Jalan Prof. Moh Yamin 4, Renon, Denpasar, Bali, Indonesia Postal address: P.O. Box 3243. Denpasar, Bali, Indonesia Tel.: 62 (361) 235-092/093

Surabaya (East Java) Consulate of Canada, c/o Maspion Group, Head Office, Jalan Kembang Jepun No. 38-40, Surabaya, East Java, Indonesia Tel.: 62 (31) 354-4330 Fax: 62 (31) 354-4331

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Via Carducci 29, Naples, Italy 80121 Tel.: 39 (081) 401-338

Fax: 39 (081) 410-4210 **Padova**

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2-2-3, Nishi-Shinsaibashi, Chuo-Ku, Osaka 542-0086, Japan Postal address: P.O. Box 150, Osaka, Minami 542-8691, Japan

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Kosovo Canadian Government Liaison Office, Kraijishkih Brigada 5, Dragodan,

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24, Al Mutawakel Street, Block 4, Da'aiyah, Kuwait City, Kuwait Postal address: P.O. Box 25281, Safat 13113, Kuwait City, Kuwait

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189 Moskovskava Avenue, 720010 Bishkek, Kyrgyz Republic Tel:: 996 (312) 65-05-06

Fax: 996 (312) 65-01-01 or 65-02-04

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Fax: 266 310-462

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Madagascar Minerals Ltd., Villa 3H. Lot II J 169. Ivandry. Antananarivo 101, Madagascar Postal address: P.O. Box 4003,

Antananariyo 101, Madagascar

Tel.: 261 (20) 22-425-59 or 22-423-22 Fax: 261 (20) 22-425-06

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Consulate of Canada, Accord Centre, M Chipembere Highway. Blantyre-Limbe, Malawi

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Kuching Consulate of Canada. c/o Cardama Sdn. Bhd., Level 12B

Wisma Ting Pek Khing, No. 1 Jalan Padungan, 93100 Kuching, Sarawak, Malaysia

Tel.: 6 (082) 414-000 Fax: 6 (082) 414-333

Maldives See Sri Lanka

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Mexico City Canadian Embassy, Calle Schiller No. 529 (Rincón del Bosque),

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is 57-24-7900 and the fax number

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Consulate of Canada. Edificio Kalos, Piso C-1, Local 108-A, Zaragoza 1300 Sur y Constitución, 6400 Monterrey, N.L., Mexico

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Consulate of Canada. Centro Comercial Marbella, Local 23, esg. Prolongación Farallón y Miguel

Alemán, Acapulco, Guerrero, Mexico Postal address: Apartado Postal 94-C, 39670 Acapulco, Guerrero,

Mexico Tel.: 52 (7) 484-1305 or 481-1349 Fax: 52 (7) 484-1306

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Consulate of Canada. Plaza Caracol II, 3er piso, Local 330, Boulevard Kukulcán km:8.5, Zona hotelera, 77500 Cancún, Quintana Roo, Mexico Tel.: 52 (98) 83-3360/61

Guadalaiara Consulate of Canada. Hotel Fiesta Americana, Local 31,

Fax: 52 (98) 83-3232

Aurelio Aceves 225, Col. Vallarta Poniente, 44100 Guadalaiara, Jalisco, Mexico Tel.: 52 (3) 615-6270, 615-6215, 615-6266, 616-5642

Fax: 52 (3) 615-8665 Mazatlán

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345-9045 Fax: 52 (8) 344-30-48

0axaca Consulate of Canada.

Pino Suarez 700, Local 11B. Multiplaza Brena, Col. Centro. 68000 Oaxaca, Oaxaca, Mexico Postal address: Apartado Postal 29. Sucursal C, Colonia Reforma.

68050 Oaxaca, Oaxaca, Mexico Tel.: 52 (951) 33-777 Fax: 52 (951) 52-147

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Centro, 23400 San José del Cabo, Baia Calfornia Sur, Mexico Tel.: 52 (114) 2-43-33 Fax: 52 (114) 2-42-62

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Germán Gedovius No. 10411-101. Condominio del Parque, Zona Río. 22320 Tijuana, Baja California Norte, Mexico

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H&E Enterprises Building, Kolonia; Pohnpei, Micronesia Postal address: P.O. Box S. Kolonia. Pohnpei, Micronesia Tel.: 691 320-5448

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Fax: 691 320-5449

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Fax: 377 97 70 62 52 Mongolia

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> Myanmar Australian Embassy. 88 Strand Road, Yangon, Myanmar

(formerly Rangoon, Burma) Tel.: 95 (1) 251-797/8 Fax: 95 (1) 246-159

Namibia See South Africa, Pretoria

Nauru See Australia, Canberra

Nepal Canadian Cooperation Office,

Lazimpat, Nepal Postal address: P.O. Box 4574, Kathmandu, Nepal

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Fax: 505 (2) 68-0437

Niger Office of the Canadian Embassy. Boulevard Mali Béro, Niamey, Niger Postal address: B.P. 362, Niamey,

Niger Tel.: 227 75-36-86/7 Fax: 227 75-31-07

Nigeria Abuia Canadian High Commission.

Plot 3A Bobo Street, Maitama, Abuia, Nigeria Tel.: 234 (9) 413-9910.

413-9931/2/3, 413-9953/4/5/6 Fax: 234 (9) 413-9911

Lagos Canadian High Commission. 17 Walter Carrington Crescent.

Victoria Island, Lagos, Nigeria Tel.: 234 (1) 262-2512/3/5 Fax: 234 (1) 262-2516

Niue Island See New Zealand

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North Korea Swedish Embassy. Munsudong District, Pyongyang, People's Democratic Republic of Korea Tel./Fax: 850 2-381-7258

Norway @ Canadian Embassy. Wergelandsveien 7, 0244 Oslo, Norway Tel.: 47 22-99-53-00 Fax: 47 22-99-53-01

Oman Consulate of Canada.

Flat No. 310. Building 477. Way 2907. Moosa Abdul Rahman Hassan Building, A'Noor Street, Ruwi, Oman Postal address: P.O. Box 1275. Muttrah, Oman 114

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Estafeta World Trade Center.

Panama City, Panama Tel.: 507 264-9731 or 264-7115

Fax: 507 263-8083

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Asunción, Paraguay Tel.: 595 (21) 227-207 Fax: 595 (21) 227-208

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Fax: 351 289-88-0888 Ponta Delgada (Azores)

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Canadian Embassy. 23 Starokonyushenny Pereulok. Moscow, 121002 Russia

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St. Petersburg Consulate General of Canada.

32 Malodetskoselski Prospekt. St. Petersburg, 198013 Russia Tel.: 7 (812) 325-8448 Fax: 7 (812) 325-8393

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South Africa © Cape Town

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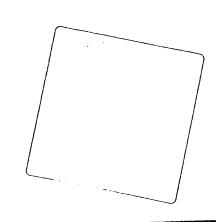
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Introduction

Canadians love to travel. Each year we make more than 100 million trips abroad for both business and pleasure. The vast majority of these excursions go off without a hitch.

But unfortunately all trips do not come with a hassle-free guarantee. Accidents, illnesses, legal problems and linguistic and cultural difficulties do occur.

Most problems are minor and you can usually solve them yourself. But if yourun into more serious obstacles, our offices abroad are there to assist you.

If you are sick, in trouble or have lost your passport, our offices will do all they can to smooth your way.

Bon Voyage, But ... will help you plan ahead. Read it before you book your next business trip or vacation abroad. And pack it in your luggage — it is arhandy reference book of travel tips, important telephone numbers and addresses of Canadian government offices around the world.

For More Information

The "For More Information" section includes information on publications, resources and programs available from the Department of Foreign Affairs and International Trade, as well as from other government departments and agencies mentioned throughout the text.

Before You Go

Preparation is the key to a successful trip. By doing your homework before you leave, you minimize the chances of something going wrong.

Be-Prepared

Before you board that airplane or train, take time to learn about the political, cultural and economic environment of your destination. Learn at least a few key phrases in the country's language. Even a

modest command of the local language will go a long way.

When you are travelling, the laws of the country you are visiting apply to you too. Never assume that because you are a Canadian citizen you are immune to foreign laws.

Some countries experience ongoing wars, insurgencies or sporadic unrest. Find out if your destination

is known to be dangerous. Country g Travel Reports, published by the ti Consular Affairs Bureau of the s Department of Foreign Affairs o

and International Trade, provide information on safety and security conditions, health/issues and entry and visa requirements for over 220 travel destinations. This information is available 24 hours a day, 365 days a year.

If you require assistance abroad, contact the nearest Canadian government office. Addresses and telephone numbers are listed at the end of this booklet.

When travelling abroad, you may wish to use Canada Direct, an

wish to use Canada Direct, an automated long-distance access service that allows you to call home to Canada or to other countries using the Canadian telecommunications network. Simply dial the access number for the country you are in and follow the voice prompts. If required, a bilingual Canadian operator is always available to assist you. For Canada Direct access numbers, see the list at the end of this booklet.

While you are abroad, tune in to Radio Canada International (RCI) or consult the RCI Web site for the latest news. RCI also broadcasts messages from the Canadian government during emergency situations. 'Check with:RCI:to obtain a schedule of the times and frequency of broadcasts to different parts of the world.

Is Your Passport in Order?

Your passport is the best proof of your Canadian citizenship. You and all family members should have a valid passport if you plan to travel outside Canada.

Passport applications are available at passport offices, post office outlets and Canadian government offices abroad. Allow at least three weeks for delivery of your new passport.

If your passport is due to expire within six months of your arrival in another country, check with that country's embassy or consulate in Canada for its rules and restrictions regarding passport validity and expiration. Some countries will not let you enter if your passport is due to expire within six months of entry.

Before you leave on your trip, be sure to complete the "In case of accident or death notify" section in your passport. This will help us quickly notify your family or friends if an emergency arises.

Make a photocopy of your passport's identification page and keep it

separate from the original when you travel. For added security, leave a photocopy with a friend or relative at home. These simple steps may speed the replacement process if you lose your passport.

If your passport is lost or stolen while you are travelling, contact the nearest Canadian office immediately for a replacement after reporting the loss or theft to the local police. Make sure you get a copy of the police report or the report number. Before a new passport can be issued, you must complete an application form, produce documentary evidence of your Canadian citizenship (e.g., a birth or citizenship certificate), provide a copy of the police report or report number, present new photographs and pay the required fee.

We recommend that you carry a birth or citizenship certificate confirming your identity in addition to your Canadian passport.

If you have any questions about passports, contact the Passport Office.

Do You Need a Visa?

You need a visa to travel to certain countries. Your travel agent or the country's embassy or consulate in Canada can advise you of the requirements. You can also check our Country Travel Reports for the countries you intend to visit. Apply for visas well in advance of your trip.

When you arrive at your destination, be prepared to prove that you have enough money to support yourself during your stay.

Be aware of the rules and restrictions governing visas and your length of stay. This knowledge can save you both time and money.

Some countries will allow you to enter only if you can prove you will be leaving. Be prepared to show your return or onward ticket or any visas that demonstrate you plan to visit another country.

Your Passport

A Canadian passport remains at all times the property of the Government of Canada and may be used only by the person to whom it has been issued. Selling a passport or permitting any other individual or agency to use the passport may lead to criminal prosecution and is cause for revocation of the passport and refusal of future passport services.

ARE YOU AT RISK?



Planning a trip?

Don't forget about your health! Hepatitis, Cholera, Typhoid and other diseases are out there. You can't prepare for contaminated food or water, or unexpected medical or dental procedures. What you can prepare for are vaccine preventable diseases that are spread by these conditions. Visit your doctor and get immunized before you leave for paradise. For more information about travelling healthy visit immunizecanada.com

Avoid The Risk. Get Protected.

Vaccine Preventable Hepatitis

Among immunizable diseases, Hepatitis is responsible for the greatest level of illness and death among travellers. Every year, more than 3 million Canadians visit developing countries, where they may be at risk of contracting Hepatitis.

If you are travelling to high-risk areas, either for business or pleasure, you need to be aware of the simple steps you should take to prevent being infected.

You are at risk if you:

 travel to countries outside Australia, Canada, Western Europe, Japan, New Zealand and the United States where water purification and sewage treatment is not as good as at home (see maps);

 visit popular vacation destinations, such as Mexico and the Caribbean, even if you stay in first-class

resorts;

• engage in sexual activities when abroad;

• undergo medical or dental procedures as a result of an accident in countries where Hepatitis B is common (this includes tatooing and acupuncture).

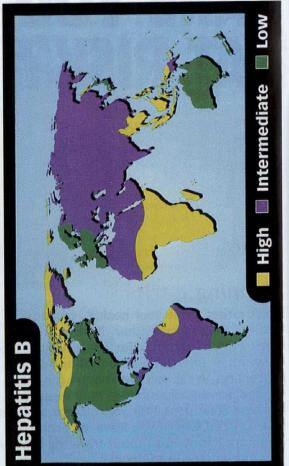
Hepatitis is preventable with Twinrix®

A vaccine called Twinrix® can prevent both Hepatitis A and Hepatitis B. Three doses protect against both viruses, and that means fewer injections, added convenience and cost-savings.

Don't let Viral Hepatitis ruin your trip. Talk to your doctor to find out more information about protecting yourself from Hepatitis while travelling.



Relative Endemicity Rates



Travel to the United States and Mexico

Always carry your Canadian passport, citizenship certificate or birth certificate when you are travelling to the United States or Mexico. A driver's licence is not a valid proof of citizenship.

For detailed information about travel to these countries, refer to the booklets Crossing the 49th and Mexico: ¿Qué pasa?, published by the Department of Foreign Affairs and International Trade.

Travel in Europe

Austria, Belgium, Denmark, Finland, France, Germany, Greece, Iceland, Italy, Luxembourg, the Netherlands, Norway, Portugal, Spain and Sweden participate in the Schengen Convention, which has abolished internal border controls between these countries (except in special cases). However, customs and immigration controls remain in force when you are travelling to one of the above countries from Canada or any other country that does not participate in the Schengen Convention.

You should ensure that authorities stamp your passport when you enter the Schengen area and that you fulfil all registration formalities in every country visited. When travelling from one Schengen country to another, always carry your passport with you. Visitors should also make sure they do not extend their stay beyond the allowed period of time.

If you would like information about the entry and registration requirements of Schengen countries, please contact their embassies or consulates in Canada before your departure.

Charter Flights

Before you book a charter flight, check the credentials of both the travel agency and the charter company with either the Better Business Bureau or a local consumer advisory organization.

Dual Nationality

To avoid unpleasant surprises, find out whether you, your spouse or any other family member is a citizen of another country. If you have a second nationality, you should always travel using your Canadian passport and always present yourself as a Canadian citizen to local authorities.

If you are considered a national of another country, you may be compelled to do military service or pay special taxes.

If you do run into problems because of your dual nationality, contact the nearest Canadian government office immediately.

People with Special Needs

Many countries do not provide access for people in wheelchairs or make allowances for those with special hearing, sight or other physical requirements. Contact your local access organization or talk to others who have travelled to your destination in the past. There are also several guides published about international travel for people with special needs. Check your local library, bookstore or the Canadian Transportation Agency Web site.

Canadians with disabilities who hold a valid parking permit may use their parking permit in any of the 40 member countries of the European Conference of Ministers of Transport (ECMT). For more information, consult the Transport Canada Web site.

Getting Medical Advice

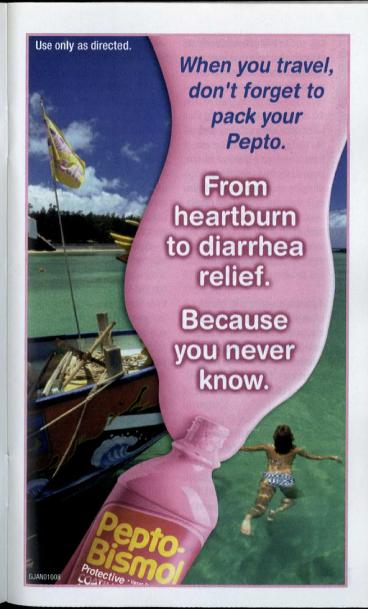
Health Canada strongly recommends an individual risk assessment by your own family doctor or a travel medicine provider prior to travelling. Based on your health risks, the need for vaccinations or any special precautions can be determined.

It is recommended that you visit a travel clinic well before your departure. The travel clinic will ensure that you receive the most current advice, as well as any vaccinations and medications that are necessary to avoid health problems while abroad.

Contact Health Canada's Travel
Medicine Program to obtain more
information and a list of travel
clinics in your area. A list of
travel clinics may also be obtained
from the Canadian Society for
International Health (see "For
More Information").

Vaccinations

Before travelling to any destination, find out well in advance of your trip if you need any special vaccinations or preventive medications for such illnesses as yellow fever, typhoid, meningitis, Japanese encephalitis, hepatitis or malaria. For instance, a meningococcal vaccination is required for pilgrims travelling to Mecca, Saudi Arabia, for the annual



hajj; and an International Certificate of Vaccination for yellow fever is a legal requirement to enter certain countries.

You may need to start receiving your vaccination shots or taking medication six to eight weeks before you leave. Also ensure that your routine immunizations — diphtheria, whooping cough (pertussis), tetanus, polio, measles, mumps and rubella — are up-to-date. Other immunization requirements for travel will vary according to your age, existing medical conditions and the nature and duration of your travel.

If you are travelling with infants or small children, you may need to arrange an alternative or accelerated childhood/immunization schedule for them. Talk to your pediatrician, family doctor or travel medicine clinic.

AIDS

AIDS/HIV is aiglobal disease. Some countries require proof of AIDS testing. Have the test conducted and obtain the results before you travel. Call Health Canada to find out if the country you plan to visit requires this documentation. When travelling, take the same precautions you do at home. Do not assume that condoms will be readily available. Even if they are, they may not meet the

safety standards set by the World Health Organization.

Remember: Using intravenous drugs is not only illegal but also extremely risky — especially if you share needles.

Medication

If you take medication, be sure to pack an extra supply in case you are away for longer than expected. Carrying a duplicate of your original prescription is highly recommended - especially when travelling to a country that is particularly sensitive about drugs. Carry an extra prescription that lists both the generic and trade names of the drug, in case your medication is lost or stolen. This is also a good idea if you wear glasses or contact lenses -- having the prescription makes it easier to replace them.

Do not try to save luggage space by combining medications into a single container. Keep all medications in the original, labelled container to avoid problems.

Find out whether your medication is sold in the country you are visiting. Also check to see that it is legal. Some medications that are available over-the-counter in Canada are illegal or require a prescription in other countries. Obtaining a note

from your doctor that states the medical reasons for your prescription and the recommended dosage is also encouraged. Note that doctors recommend carrying an effective antidiarrheal agent (such as IMODIUM®) because suchitreatments may not be available at your destination.

If you need syringes for a medical condition such as diabetes, it is very important that you take along an appropriate supply. As well, you should carry a medical certificate that shows they are for medical use.

If you have a pre-existing medical condition that could present a problem while you are travelling, it is wise to wear a MedicAlert® bracelet. Through the MedicAlert® Foundation, your vital medical facts become part of a database that can be accessed 24 hours a day from anywhere in the world. (For contact details, see "For More Information.")

Pregnancy

If you are pregnant and plan to travel abroad, talk to your doctor. Some vaccinations may not be recommended. Also, check your travel and health insurance plans carefully to ensure they cover health complications arising from pregnancy.

On Your Return

If you should become sick or feel unwell when you return to Canada, see your doctor. Inform the doctor, without being asked, that you have been travelling or living outside Canada, and where, Likewise, if you were ill while travelling, see your doctor on your return-and explain your travel history and any treatment you received.

If you have been in a malarial area and develop fever during the first year after your return (especially in the first two months), see your doctor immediately and remind him or her that:

- · antimalarial pills do not guarantee protection against malaria; and · malaria must be ruled out by one
- or more thick and thin blood film examinations.

Supplemental Health Insurance

Do not rely on your provincial health plan to cover costs if you get sick or are injured while you are abroad. At best, your health plan will cover only a portion of the bill. It is your responsibility to obtain and understand the terms of your supplementary insurance policies. Some credit cards offer their holders health and travel insurance: Do not assume the card

alone provides adequate coverage.

ATTENTION

Working anywhere outside Canada without the right insurance is risky.

Telfer International, with over 30 years' experience insures Canadians working anywhere outside of Canada, including the U.S. We provide complete, medical coverage including occupational and war risk.

Contact us and we will be pleased to outline our protection's strength and versatility.

Telephone: (514) 284-2002 • Fax: (514) 284-3203 email: info@telferinsurance.com www.telferinc.com



Be sure to ask whether your policy:

- Has an in-house worldwide emergency hotline you can call if you are in trouble. Find out whether it is open 24 hours a day, seven days a week; whether the operators are multilingual; and whether nurses or physicians are on staff.
- Pays foreign hospital and related medical costs and, if so, whether it pays up front or expects you to pay and be reimbursed later.
- Provides for your medical evacuation to Canada.
- Pays for any required medical escort (doctor/nurse) to accompany you back to Canada.
- Excludes pre-existing medical conditions. If such conditions exist, notify your insurance company and get an agreement in writing that you are covered for these conditions. Otherwise, you could find your claim "null and void" under a pre-existing condition clause.
- Covers premature births and related neonatal care.
- Allows for cash advances if a hospital accepts only such payment.
- Pays for the preparation and return to Canada of your remains should you die while travelling.

Carry details of your insurance with you. Also, tell your travel agent, a

friend or a relative at home and your travelling companion how to contact your insurer.

Get a detailed invoice from the doctor or hospital before you leave the country. There is nothing more frustrating than trying to get the proper paperwork from thousands of kilometres away. Remember always to submit original receipts for any medical services or prescriptions you received while travelling abroad. Most insurance companies will not accept copies or faxes.

Other Insurance

Individual personal medical insurance for those working outside Canada, with both occupational and non-occupational coverage, is available. These plans consist of full accident and sickness coverage, including emergency medical evacuation and war risk. Your provincial government health insurance plan cannot be maintained after you have lived outside the province for a period of time. This period varies depending on your province of residence. Coverage is available for both the contracted person and his or her dependants. (See the ad from Telfer International Inc. for further information.)

Lost luggage, theft of your purse or wallet, or flight cancellations can happen to you. These annoyances may cause major disruptions when they take place in a foreign country. Consider purchasing a travel insurance package that will compensate

you for such inconveniences.

Travelling by Car?

Keep in mind that each country has its own driving regulations. You may be required to obtain an international driver's licence or additional insurance. Be sure to learn the local rules of the road before you get behind the wheel. In some countries, the driver may be detained and questioned by police even though only a minor accident has occurred. Country-specific insurance must be purchased for travel by car to Mexico and Central America. This is usually available at border crossings. For specific information on driving in the United States and Mexico, consult the booklets Crossing the 49th and México: ¿Qué pasa?, published by the Department of Foreign Affairs and International Trade.

Money Matters

Canadian currency and traveller's cheques in Canadian dollars are not always widely accepted. Before you leave Canada, consult a bank or a foreign currency agent to find out the

most appropriate currency to carry. Traveller's cheques in the appropriate currency or in U.S. dollars are often the safest and most convenient option. It is also a good idea to have a small amount of the local money on hand when you first arrive, unless the importation of local currency is a crime. There may be restrictions on taking money into and out of the country. Check with the foreign embassy or consulate in Canada or with your travel agent about currency regulations in the country you plan to visit.

Do not rely exclusively on bānk machine cards or credit cards.

They are not necessarily honoured internationally.

Canadian Taxation Status

If you are living or travelling abroad but maintain residential ties in Canada, you are usually considered a factual resident of Canada for taxation purposes. However, there may be other factors involved, and so to avoid surprises review your situation with the Canada Customs and Revenue Agency before you leave. The publication Canadian Residents Abroad provides excellent information.

The International Tax Services Office processes income tax returns for non-residents and deemed residents

of Canada, including Canadians posted overseas. It also provides general assistance by telephone, correspondence and counter service, and looks after all non-resident tax withholding accounts.

Avoiding Customs Difficulties Before travelling abroad with valuable items, you can take advantage

able items, you can take advantage of a free identification procedure at any Canadian Customs office. This service is available for items that have serial numbers or other unique markings. Alternatively, if you request it, Customs can apply a sticker to any item to give it a serial number.

Jewellery often has significant value and can be difficult to identify. To make it easier to re-enter the country with jewellery, contact your nearest Customs office to find out the steps to take before your departure.

Transport of Dangerous Goods

Passengers are not permitted to transport dangerous goods on board an aircraft, in carry-on or checked baggage. Dangerous goods are articles or substances that are capable of posing a risk to health, life, property or the environment when they are transported. Before travelling to any destination, consult Transport Canada's Web

site to find out what you can and cannot transport.

Women Travelling Solo

The booklet Her Own Way: Advice for the Woman Traveller, published by the Department of Foreign Affairs and International Trade, provides information specifically for women travellers. There are also books that cover the concerns of women travellers and offer helpful travel tips. Check with your local bookstore or library, or search the Internet before you go.

Travelling with or by Children

If you or your partner are travelling to another country with your child and there is a possibility that a custody dispute might develop, you should talk to a lawyer before the child leaves home. A special publication, International Child Abductions: A Manual for Parents, is available from the Department of Foreign Affairs and International Trade.

Your child custody arrangements in Canada may; not be recognized in another country. In extreme cases, you or your child may not be allowed to leave that country. Check your status with the country's embassy or consulate in Canada before you travel. If you have custody questions, contact the Department of Foreign Affairs and International Trade's

 Do your research. Learn about the country you plan to visit. Learn a few phrases in the local language.

Bon Voyage, But ...

- Arrange supplementary health insurance and travel insurance.
- Carry proof of insurance coverage, and give a copy to someone at home.
- Draw up a flexible itinerary and budget. Leave a copy at home.
- Make sure your passport
 has not expired and is valid
 for six months beyond the
 time of your trip. Photocopy
 the identification page and
 keep it separate from your
 passport. Leave another
 copy with someone at
 home. Fill out the "In case
 of accident or death notify"
 section in your passport.
- Make sure you have any visas you need.
- Find out whether you or any members of your family are considered nationals of the country you plan to visit.
- Have any vaccinations required. If you are taking medication with you, make sure you keep it in its original container.

- Carry a doctor's prescription for any controlled drugs; and if you use syringes, carry a medical certificate. Leave copies at home as well.
- Keep the original receipts for any purchases you make, as well as your hotel bill, rental car agreement and medical service bills.
- If you are female and travelling alone, take extra precautions to ensure your safety.
- Review all child custody arrangements if you are travelling with a child.
 If your child is travelling alone, have him or her carry documentation stating that the trip is permitted by both parents.
- Ensure that any plant or animal products you plan to bring back are acceptable to Canada. Travelling pets may require shots and special permits (at a fee).
 See page 25 for more information and check with a local office of the Canadian Food Inspection Agency.

Do not forget to pack this booklet. It could help you more than you can imagine. Consular Case Management division at 1-800-387-3124 (in Canada) or (613) 943-1055.

If a person younger than 18 is travelling alone or with only one parent or another adult, notarized documentation certifying that the trip is permitted by both parents should be carried.

Remember that customs officials are looking for missing children and may ask questions about the children travelling with you. Make sure you carry the proper identification for yourself and any children travelling with you, including any documents required by the country you intend to visit. Proper identification includes birth certificates, baptismal certificates, passports, citizenship cards, records of landing and certificates of Indian status. These will help prove your citizenship and residency when you return to Canada.

International Adoptions

If you are thinking of adopting a child from another country, you must first contact the authorities of the province or territory in which the child will reside. While adoption is a provincial/territorial responsibility, Citizenship and Immigration Canada (CIC) is responsible for allowing an adopted child into Canada. Entry can be refused if the child does not hold an immigrant visa, and an immigrant visa will not be issued without the prior approval of the province or territory. Obtaining this approval from outside the country can be a difficult and lengthy process; agreement may be denied even if the adoption has already been completed.

For more information, contact your provincial/territorial authorities or the CIC call centre nearest you.

Seeking Assistance

Registering at a Canadian Government Office Abroad

If your stay is longer than three months in one country, it is recommended that you formally register at the nearest Canadian government office abroad. This will help us contact you in case of an emergency. Registration is voluntary, and the information you provide is not shared with any other Canadian government department. Registration is not usually available in the countries of Western Europe or in Australia, New Zealand or the United States.

In countries where Canada has no direct representation, there may be arrangements in place for you to register with another country's embassy or consulate. For example, Canada has such an arrangement with Australia.

Consular Assistance

Canada has over 270 "points of service" worldwide where consular officials are ready to help you if needed. In some instances, there may be a fee for services.

What we can do for you:

- · We can contact, at your request, your relatives or friends and ask them to send you emergency funds.
- We-can help you during emergencies such as natural disasters or civil and military uprisings.
- We can direct you to sources of information about local laws, regulations, cultural customs, and how to obtain visas.
- · We can assist with medical emergencies.
- · We can replace passports.
- . If you are arrested, we can try to ensure equitable treatment under local laws. At your request, we can inform relatives and friends about your arrest and try to ensure that legal rights and processes are extended to you consistent with the standards of the host-country.

. If you wish, we can notify your next of kin regarding an accident or death and let them know whether, and how, they can help.

Although Canadian offices provide a wide variety of services to travelling Canadians, demand is such that we restrict some services, especially those for which there are adequate alternatives available locally. Such services include making travel arrangements, transferring funds or paying local bills, storing or safekeeping personal effects or searching for lost items, doing translations, assisting with job hunts, obtaining visas for other countries and acquiring local permits or licences.

Check the "Canadian Government Offices Abroad" section for information on how to contact the Canadian office(s) in the country you plan to visit.

Emergency Consular Services

Canadian government offices abroad offer 24-hour assistance. During non-office hours, your telephone call will automatically be transferred to a consular officer in:Ottawa, or you will be asked to leave a message on an answering machine. In either case, there will be a prompt response. If you leave a recorded message, make sure that it is clear

and that you leave a telephone number or a full contact address. In addition, you can make a collect call to the Department of Foreign Affairs and International Trade in Ottawa, 24 hours a day, seven days a week, at (613) 996-8885. You may wish to use the Canada Direct service if it is available in the country you are calling from.

In some locations where Canada does not have a local office, the Australian or British missions will provide emergency services or will contact the nearest Canadian office on your behalf.

On the Road

Foreign Laws and Customs

When you are travelling in a foreign country, familiarize yourself with the way of life there. Respect that country's laws, religions, culture, class structure and economic conditions. Although you may not personally agree with some of the country's beliefs, remember that you are a visitor.

In many countries, appropriate attire for both sexes is very important, in some countries, laws govern what men and women can and cannot wear in public. Penalties for disobeying local laws can be quite severe.

Be especially respectful of temples, mosques, churches, synagogues and other religious sites. Many of these areas are off limits to foreigners or people who are not members of that faith. Ask permission before

taking photographs of religious artifacts or buildings.

Not everybody likes to have his or her picture taken. Local people may resent you for taking their photograph or they may demand money for the picture after it has been taken. Always ask first.

Never take photographs of military facilities, a harbour where naval vessels are docked or industrial installations such as oil refineries. You may lose your film and your camera, and could even come under suspicion of espionage.

Taking Precautions

The same rules apply abroad as at home, only more so. Foreigners are usually at greater risk than locals. In many countries, foreigners are specifically targeted. Do not wander into unknown areas; find out how

safe they are first. Do not pick up hitchhikers or cross borders with people you have just met. Watch your luggage and make sure it is locked. Never take anything, even an envelope, across a border for someone else.

Do not display large amounts of money or expensive jewellery in public. Use a money belt or a case with concealed sections for valuables. Dress appropriately.

Leave a copy of your itinerary with someone at home so they can contact you in case of an emergency. Telephone home, particularly if you have promised family members or friends that you would do so. We receive thousands of calls every year from worried family members or friends who have not received a promised call.

Keep a separate record of your traveller's cheques and credit cards. Never carry your passport, travel tickets, identification documents, cash, credit cards and insurance papers together. If you do so, you risk being left with no identification or funds.

Use the safety deposit box at your hotel. Never leave valuables in your room.

Illegal Drugs

Drug use and trafficking are prohibited in all countries, even though drugs are readily available and openly used in some places. Most countries impose heavy fines and long prison sentences for possession and trafficking. For details, visit the Anti-Drug Information Program Web site (see "For More Information").

In some countries, possession of even small amounts of drugs carries the death penalty.

Never take any parcel that is not yours across a border.

Choose your travelling companions wisely. Never cross a border with a hitchhiker or as a hitchhiker. Although you may not be carrying anything illegal, your companions may be.

Crime and Punishment

More than 2,000 Canadians are currently imprisoned outside Canada for various offences.

The laws and customs of countries around the world can be very different from those in Canada. Ignorance of those laws is no defence.

While in a foreign country, you are subject to its laws and regulations. Your Canadian citizenship offers no immunity.

Guess who was detained at the border for drugs?





Prescription drugs and even some over-the-counter medications can be closely scrutinized by customs officials.

When travelling outside of Canada, take along a copy of your prescription and ensure you carry all medicines in their original containers. If you use syringes, bring along a doctor's certificate proving they're for medical use.

For more information, visit our Web site at: www.dfait-maeci.gc.ca/antidrug/



Canadian consular staff abroad must also follow the rules of the host country. If you do find yourself in trouble, they can help you locate a lawyer, contact your family and friends, and ensure that you receive fair treatment according to the standards of that country. However,

Sexual Exploitation of Children

they cannot wield any influence

to reduce your sentence or fine.

The Government of Canada has enacted legislation that permits the arrest and prosecution of Canadians in Canada for the sexual exploitation of children in other countries. Most countries are now enacting legislation, or more vigorously enforcing existing laws, concerning the sexual exploitation of children. Those convicted face a penalty of up to 14 years' imprisonment. For more information, see the Web site of the Department of Foreign Affairs and

Judicial Process

International Trade.

Never assume that the legal system of the country you are visiting is the same as at home, "Innocent until proven guilty" is not a universally 24: recognized concept. In some

countries, you may not even have the right to legal representation or a trial in your mother tongue.

Some countries do not recognize or respect religious freedom; freedom of association, speech or the press; or equality of the sexes. For instance, guilt by association is presumed in some countries. This means that you may be charged simply for being in the company of a person suspected or found guilty of a crime.

Even if you are an innocent bystander at a demonstration or riot, you may be considered a participant and be rounded up with those involved. Your Canadian citizenship does not grant you immunity.

If you do find yourself in legal trouble, contact the nearest Canadian government office immediately. If you cannot do so yourself, have someone else do it for you.

Mail

If you are travelling for an extended period of time, you can arrange to have your mail sent to a post office box or, where possible, to the nearest Canadian government office. In the latter case, the office will hold on to letter-size mail (not parcels) for you

to pick up in person. This mail can-

not be forwarded to another address.

When You Return

Departure Tax Some countries impose a departure

tax or service fee at the airport or point of departure. Before leaving, make sure you set aside enough money, in local funds, to pay this tax.

Canadian Food Inspection Agency: Be Aware and Declare

Every year, thousands of travellers fail to declare things like cheese, meat, animal hides, live birds, plants, fruits and their products. These items may carry pests or diseases that pose a risk to human. plant or animal health. Foreign pests or diseases could destroy Canada's crops and forests and endanger our livestock, threatening our ability to produce safe food.

Canadian law says you must declare all the plants and animals you bring back, as well as their products. It restricts and prohibits the entry of products that could harm Canada's agriculture and forestry or that pose a danger to human health and safety.

Before you leave Canada, contact the Canadian Food Inspection Agency or visit their Web site.

Pet Imports

Before bringing a live animal back to Canada, check the import requirements with the Canadian Food Inspection Agency. For more information, consult the "Pet Imports" chapter in the "Consumer" section of the Agency's Web site or call one of their Import Service Centres.

Canadian Customs and Import Controls

You must declare everything acquired abroad, whether purchases for vourself or gifts, as well as goods bought at a Canadian or foreign duty-free store. Keep your original receipts for possible inspection.

If you have been away from Canada for 24 hours or more, you may bring back goods worth up to C\$50 without paying duties or taxes. This does not include alcohol and tobacco.

If you have been away from Canada for 48 hours or more, you may bring back goods worth up to C\$200 without paying duties or taxes. These goods can include tobacco products and alcoholic beverages, as described below.



Agence canadienne d'inspection des aliments

What can I bring into Canada?

Foods, plants and animals can harbour disease and pests.

Protect Canada's resources .. Be aware and declare!

Web Site: www.inspection.gc.ca

Tel.: 1-800-442-2342



If you have been away from Canada for seven days or more, you may bring back goods worth up to C\$750 without paying duties or taxes. These goods can include tobacco products and alcoholic beverages, as described below. When calculating the number of days you are absent, do not include the date you leave Canada, but do include the date vou return.

If you have been away from Canada for 48 hours or more, you may bring back up to 1.14 litres of liquor or 1.5 litres of wine, or a case of 24 bottles or cans of beer or ale, each containing 355 ml. You may also bring back up to 200 cigarettes, 50 cigars or cigarillos, 200 tobacco sticks and 200 grams of manufactured tobacco. Provincial age restrictions apply to liquor and tobacco products.

Certain goods are restricted from entering Canada. If you are considering importing meat or dairy products, plants, weapons, vehicles, exotic animals or products made from their skins or feathers, contact the Canada Customs and Revenue Agency or the Canadian Firearms Centre beforehand for guidance.

Obscene materials, hate propaganda, most weapons, and goods harmful to the environment are prohibited from entering Canada. If you have any questions about what you can bring home, contact the Canada Customs and Revenue Agency or call your local Customs border service office.

The booklet *I Declare* describes what you can and cannot bring back to Canada if you have been away for less than a year.

Import of Firearms

Rigid rules apply to the import of firearms. For more information, contact the Canadian Firearms Centre.

Illegal Souvenirs

Before you purchase an animal or plant, or a product made from animals or plants, be sure you know what rules and regulations apply. Many attractive items sold in foreign countries are made from endangered plants or animals. Live cactus and orchid plants, ivory bracelets and carvings, marine turtle shells and turtle-shell products, whalebone carvings, and cat skins, teeth and claws are some of the more common items illegally brought back to Canada. These items are included in the more than 30,000 species of wild animals and plants regulated under the Convention on International Trade in **Endangered Species of Wild Fauna** and Flora (CITES). A violation of CITES could lead to seizure of your purchase. as well as a fine and/or prison term.

Know the rules — sometimes carrying a purse is illegal



In co-operation with over 150 countries. Canada is committed to protecting some 30,000 plant and animal species. Before bringing any item made from them into Canada know the rules.

You risk losing the item, prosecution and fines up to \$150,000.

For more information on current legislation, see page 27 or contact:

CITES* Administrator

Environment Canada Ottawa, Ontario K1A 0H3 Tel.: 1-800-668-6767

or (819) 997-1840 Fax: (819) 953-6283



Environnement

www.ec.gc.ca/cites

Since many other countries also have strict laws protecting wildlife, it is often wise to leave any items you already own at home.

When in doubt, don't buy it! Contact Environment Canada for details.

After Residing Abroad

After a stay abroad of more than a year, there are special import provisions for household items and personal belongings when you move back to Canada, Information is contained in the brochure Moving Back to Canada, published by the Canada Customs and Revenue Agency.

For More Information

Department of Foreign Affairs and International Trade Consular Affairs Bureau Web site: http://www.voyage.gc.ca E-mail: voyage@dfait-maeci.gc.ca

Publications (free) Canadian Performers: How to Enter the United States China (Including Hong Kong): A Guide for Canadian Visitors Crossing the 49th: Advice for Canadians Travelling to the United States Destination: Success — Services

for Business Travellers Guide for Canadians Imprisoned Abroad Her Own Way: Advice for the

Woman Traveller International Child Abductions: A Manual for Parents México: ¿Qué pasa? A Guide for Canadian Visitors

Out on a Limb: Advice for the Adventure Traveller

Retirement Abroad: Seeing the Sunsets Teaching English in Korea (available on the Internet only) What No Child Should Endure Working Abroad: Unravelling the Maze

To access or order:

Consult the Consular Web site (see above) or Tel.: 1-800-267-8376 (in Canada) or (613) 944-4000

Country Travel Reports (free)

Country Travel Reports provide information on safety and security conditions, health issues and entry requirements for over 220 travel destinations. This information is available 24 hours a day, 365 days a year.

To access or order:

Consult the Consular Web site (see above) or Tel.: 1-800-267-6788 (in Canada)

Canada

or (613) 956-4800

Customs⁻ Customs border services Service

Bon Voyage,

Publication (approximately \$19.95 plus GST and shipping costs) Diplomatic, Consular and Other

Ottawa, ON K1A OS9

To order:

or (613) 944-6788

or (613) 944-2500

Fax: 1-800-575-2500 (in Canada)

Representatives in Canada

Taxation

or (613) 952-3741

(613) 952-3502

Publication (free)

Services Office.

justice.x400.gc.ca

Canadian Food

To order:

Non-Resident Withholding

Canadian Government Publishing, Tel.: 1-800-635-7943 (in Canada)

Canada Customs and Revenue Agency (CCRA)

Web site: http://www.ccra-adrc.gc.ca

Automated Customs Information Tel.: 1-800-461-9999 (in Canada) or

(204) 983-3500 or (506) 636-5064

Publications (free)

Canada

Ottawa, ON K1A OL5

To order:

1 Declare

Importing a Firearm into Canada Importing a Motor Vehicle into Moving Back to Canada

Communications Branch, Canada Customs and Revenue Agency,

Tel.: Eastern ISC 1-877-493-0468 Tel.: 1-800-461-9999 (in Canada) or (204) 983-3500 or (506) 636-5064.

consult the CCRA Web site or contact your local Customs border service office.

International Tax Services Office. 2204 Walkley Road. Ottawa, ON K1A 1A8 Tel. (collect calls are accepted): 1-800-267-5177 (in Canada)

Accounts: (613) 952-2344 Problem Resolution Program: Fax: (613) 941-2505

Canadian Residents Abroad Consult the CCRA Web site (see above) or call the International Tax

Canadian Firearms Centre Web-site: http://www.cfc-ccaf.gc.ca Tel.: 1-800-731-4000 E-mail: canadian.firearms@

Inspection Agency

Web site: http://www.inspection.gc.ca Import Service Centres (ISC):

> Central ISC 1-800-835-4486 Western:ISC 1-888-732-6222

What Can I Bring into Canada? To order: Canadian Food Inspection Agency.

Publication (free)

Tel:: 1-800-442-2342

or (613) 225-2342

Canada (CIC)

Agency

Public Affairs, 59 Camelot Drive, 2nd Floor East, Nepean, ON K1A 0Y9

Canadian Transportation

Web site::http://www.cta-otc.gc.ca

Citizenship and Immigration Web site: http://www.cic.gc.ca

CIC Call Centres Tel.: 1-868-242-2100:(in:Canada):or

> (514)-496-1010 Montreal Toronto (416) 973-4444 (604) 666-2171 Vancouver

Publications (free) Dual Citizenship How to Prove You Are a Canadian Citizen To order:

Consult the CIC Web site

(see above) or

Fax: (819) 953-6283

Tel.: (613) 954-9019 **Environment Canada** — CITES

Web site: http://www.ec.gc.ca/cites Tel.: 1-800-668-6767

or (819) 997-1840

Publication:(\$) Rasic Facts About AIDS To order: 1565 Carling Avenue, Suite 400,

HEALTH ISSUES

Web site: http://www.

Canadian HIV/AIDS

cpha.docs/ch/basic.html

Clearinghouse

Program

Anti-Drug Information

dfait-maeci.gc.ca/antidrug/

Web site: http://www.cpha.ca/

Ottawa, ON K1Z 8R1 Tel.: (613) 725-3434 **Canadian Public**

Health Association Publications (\$) Don't Drink the Water. The

Complete Traveller's Guide to Staving Healthy in Warm Climates International Travel and Health (2001): Vaccination Requirements and Health Advice

Travel Immunization Record To order: 1565 Carling Avenue, Suite 400, Ottawa, ON K1Z 8R1

Tel.: (613) 725-3769, ext. 190 **Canadian Society for** International Health List of travel clinics:

Tel.: (613) 241-5785

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Publication (free) Health Information for Canadian Travellers To order:

1 Nicholas Street, Suite 1105,

Ottawa, ON K1N 7B7 Tel.: (613) 241-5785

E-mail: csih@csih.org

GlaxoSmithKline Publication (free)

Passport to Healthy Travel Written by travel medicine experts, this is a concise and informative guide to help travellers stay healthy

while abroad. Tel.: 1-800-268-4372

Web site:

http://www.immunizecanada.com

Health Canada

Web sites: Health Canada:

http://www.hc-sc.gc.ca-

Travel Medicine Program: http://www.hc-sc.gc.ca/hpb/lcdc/ osh/tmp e.html

Tel.: (613) 957-8739 FAXCall: (613) 941-3900

MedicAlert®

Web site: http://www.medicalert.ca Tel.: 1-800-825-3785

Passport Office

Web site: http://www.ppt.gc.ca Tel.: 1-800-567-6868 (in Canada) Montreal

(514) 283-2152 (819) 994-3500 Ottawa-Hull Toronto (416) 973-3251 Vancouver (604) 586-2500

Radio Canada International (RCI)

Web site: http://www.rcinet.ca Tel:: (514) 597-7555 (Canadian **Broadcasting Corporation**)

Scams

Publications (\$) Scam Watch Son of Scam

These booklets describe scenarios used by criminals around the world to target travellers.

To order:

Canadian Institute of Travel Counsellors of Ontario. 55:Eglinton Avenue East. Suite 209, Toronto, ON M4P 1G8

Tel.: 1-800-589-5776 or (416) 484-4450

Web site: http://www.citcontario.com

Transport Canada Web sites:

ECMT - parking permits: http://www.tc.gc.ca/poi/en/

accessibility/Resolution97.htm Transport of dangerous goods: http://www.tc.gc.ca/aviation/ commerce/dgs/index e.htm

Canadian Government Offices Abroad

The following list identifies where to seek consular assistance in each country. Hours and days of operation of Canadian government offices

abroad vary from country to country. Call the office concerned to check its hours. If you are unable to contact a Canadian overseas office in an emergency, make a collect call to

the Department's Consular Affairs

Bureau at (613) 996-8885 (via

Canada Direct where possible).

The telephone and fax numbers in the following list include country and city/area codes (in parentheses). The city/area codes provided are those you use when calling from within the country where the office is located. If you are calling from another country, you may have to use a different city/area code. Also, when calling from one country to another, voulmust use the local code for international calls before

the country and city/area codes of

the number you wish to reach. For

from Canada, you must press 011

before the country code. (Calls to

example, if you are calling overseas

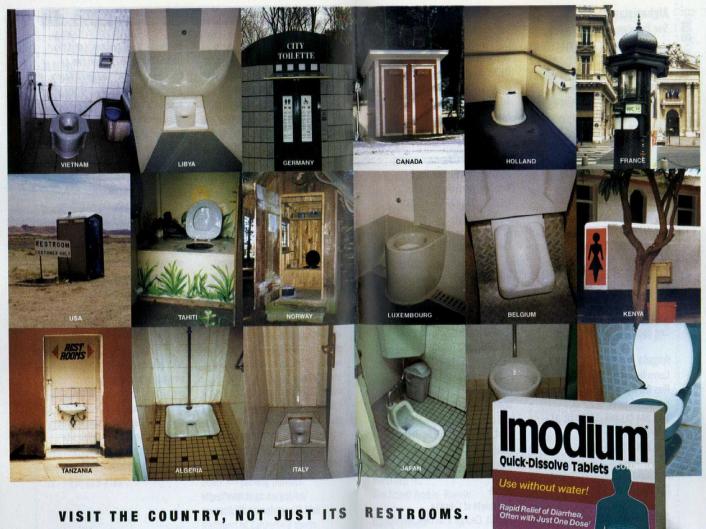
Bermuda, the Caribbean and the United States do not require a country code, but you must press 1 before the area code.) If you are unable to contact an office overseas, please verify the codes with

Canada Direct service is offered by Canada's major telecommunications companies in association with Teleglobe Canada. On its international network, Teleglobe carries calls from more than 130 countries.

your telephone operator.

where Canada Direct service is available. In addition, you may use the Canada Direct country-to-country calling feature if it is available in the country you are calling from. The ② symbol indicates that Canada Direct service is available from that country.

Addresses and telephone numbers and city/area and country codes are subject to change. When changes occur, the Internet version of this list, which can be found on the Consular Web site (http://www.voyage.gc.ca), is updated immediately.



RESTROOMS. VISIT THE COUNTRY, NOT JUST ITS

Afghanistan See Pakistan, Islamabad

Albania

Canadian Embassy Office, Rruga "Brigada VIII," Pallati 2,

Apartamenti 1, Tirana, Albania Postal address: P.O. Box 47.

Tirana, Albania Tel.: 355-(4) 257-274/5, 258-344/5 Fax: 355 (4) 257-273

Algeria

Canadian Embassy, 18, rue Mustapha-Khalef, Ben Aknoun, Alger, Algeria Postal address: B.P. 48, Alger-Gare, 16000 Alger, Algeria

Tel.: 213 (0):21 91 49 51, 21 91 49 60

Fax: 213 (0) 21 91 49 73 Andorra -

See Spain, Madrid

Angola-Consulate of Canada,

Rua Rei Katyavala 113, Luanda, Angola

Tel: 244 (2) 448-371, 448-377, 448-366 Fax: 244 (2) 449-494

Anguilla See Barbados

Antigua and Barbuda © See:Barbados

Argentina ©

Canadian: Embassy, 2828 Tagle, C1425EEH Buenos-Aires, Argentina Postal address: P.O. Box 1598. C1000WAP Correo Central,

Buenos Aires, Argentina Tel · 54 (11) 4805-3032 Fax: 54 (11) 4806-1209

Consulate of Canada, 25 Demiriian Street, No. 21, Yerevan, Armenia Tel./Fax: 374 (1) 56-79-03

Aruba See Netherlands Antilles

Australia 🕜 Canberra

Armenia

Canadian High Commission, Commonwealth Avenue. Canberra ACT 2600, Australia

Tel.: 61 (2):6270-4000 Fax: 61 (2):6270-4081

Melbourne Consulate of Canada. 123 Camberwell Road, Hawthorn

East, Victoria 3123, Australia Tel.: 61 (3) 9811-9999 Fax: 61 (3) 9811-9969

Perth Consulate of Canada,

267 St. George's Terrace, Perth, Western Australia 6000, Australia Tel.: 61 (8) 9322-7930 Fax: 61 (8) 9261-7706

Sydney

Consulate General of Canada, Level 5, Quay West, 111 Harrington

Street, Sydney, New South Wales 2000. Australia Tel.: 61 (2) 9364-3000

Fax: 61 (2) 9364-3098

Austria 🕜 Canadian Embassy, Laurenzerberg 2, 1010 Vienna, Austria

Fax: 43 (1) 531-38-3905 Azerbaijan

See Turkey, Ankara

Tel.: 43 (1) 531-38-3000

Azores ©

See Portugal, Ponta Delgada Bahamas (?)

Consulate of Canada, Shirley Street Shopping Plaza,

Nassau, Bahamas Postal address: P.O. Box SS-6371, Nassau, Bahamas Tel.: 1 (242) 393-2123/4

Fax: 1 (242) 393-1305 Bahrain 🕜

Bangladesh

Canadian High Commission, House CWN 16/A, Road 48,

See Saudi Arabia, Riyadh

Tel.: 880 (2) 988-7091/2/3/4/5/6/7 Fax: 880 (2) 882-3043

Gulshan, Dhaka, Bangladesh

Dhaka 1000, Bangladesh

Postal address: G.P.O. Box 569.

Barbados (?) Canadian High Commission, Bishop's Court Hill, St. Michael,

Barbados Postal address: P.O. Box 404. Bridgetown, Barbados Tel.: 1 (246) 429-3550

Belarus (?)

Fax: 1 (246) 429-3780

See Poland Belgium ©

When making a long-distance call within Belgium, the city code must be preceded by a zero. For example, press 02 for Brussels, followed by the number.

Brussels Canadian Embassy. 2, avenue de Tervuren, 1040 Brussels, Belgium

Tel.: 32 (2) 741-0611 Fax: 32 (2) 741-0619

Antwerd Consulate of Canada.

Van Doosselaere & Achten. St. Pietersvliet, 15. B-2000 Antwerp; Belgium

Belize 🕜

Consulate of Canada.

83 North Front Street. Belize City, Belize Postal address: P.O. Box 610.

Tel: 32:(3) 220-0211

Fax: 32 (3) 220-0204

Belize City, Belize Tel.: 501 (2) 31-060 Fax: 501 (2) 30-060

Benin

Bureau de Coopération canadienne: rue 238, lot 135, zone résidentielle (voisin USAID), Cotonou, Benin Postal address: 04 BP 1124. Cotonou, Benin

Tel.: 229 30-34-79 Fax: 229 30-05-32

Bermuda 🕜 Consulate of Canada.

"Reid House," 31 Church Street, Hamilton, Bermuda HMFX Postal address: P.O. Box HM140. Hamilton, Bermuda HMFX

Tel.: 1 (441) 294-3611 Fax: 1 (441) 296-4229

Bhutan Canadian Cooperation Office, P.O. Box 201, Thimphu. Bhutan

Tel:/Fax: 975 (2) 322109

Bolivia @

Consulate of Canada. 38 : Calle Victor Sanjinez 2678, Edificio Barcelona. 2nd Floor. Plaza España (Sopocachí).

La Paz. Bolivia

Tel.: 591 (2) 415021, 414517, 415141

Fax: 591 (2) 414453

Bosnia-Herzegovina Canadian Embassy. Logavina 7, 71000 Sarajevo.

Bosnia-Herzegovina Tel.: 387 (33) 447-900 Fax: 387 (33) 447-901

Consulate of Canada, Vision Hire Building, Queens Road, Plot 182. Gaborone, Botswana Postal address: P.O. Box 882.

Botswana

Brazil (?)

Brasilia

Gaborone, Botswana Tel./Fax: 267 30-44-11

Canadian Embassy. Setor de Embaixadas Sul.

Avenida das Nacões lote 16. 70410-900 Brasilia D.F., Brazil Postal address: P.O. Box 341.

Tel.: 55 (61) 321-2171 Fax: 55 (61) 321-4529

Belo Horizonte Consulate of Canada. Rua Consul Robert Levy 925,

70359-970 Brasilia D.F., Brazil

Belo Horizonte, Minas Gerais 30350-710. Brazil Tel./Fax: 55 (31) 3296-2129

Rio de Janeiro

Consulate of Canada. Rua Lauro Muller 116, Room 2707. Torre Rio Sul-Botafogo, 22290-160

Rio de Janeiro, Brazil Tel.: 55 (21) 543-3004 Fax: 55 (21) 275-2195

Salvador

Consulate of Canada. Av. Presidente Vargas 2400.

Flat 311, Ondina, Salvador, Bahia 4017.0-010, Brazil Tel.: 55 (71) 331-0064

Fax: 55 (71) 203-8271 Cell: 55 (71) 9134-9010

São Paulo Consulate General of Canada, Centro Empresarial Nacões Unidas - Torre Norte.

São Paulo, SP. Brazil

See Barbados

Tel.: 55 (11) 5509-4321

Fax: 55 (11) 5509-4260

British Virgin Islands ©

Brunei Darussalam 🕜

Canadian(High Commission.

No. 1. Jalan McArthur.

Bandar Seri Begawan,

5th Floor, Jalan McArthur Building.

Avenida/Nacões Unidas. 12901, 16th Floor, São Paulo, SP. Brazil Postal Address: CEP: 04578-000.

See Kenya

Cambodia

12.813 533

after hours: 855 (0) 12 812 065.

Fax: 855 (23) 211 389

Bulgaria 🕜

Brunei Darussalam

Tel.: 673:(2) 22-00-43

Fax: 673 (2) 22-00-40

Consulate of Canada. c/o Ernst and Young, 38 Oboriste Street, 1504 Sofia, Bulgaria

Fax: 359 (2) 943-3707, 946-1913 Burkina Faso Canadian Embassy.

Tel.: 359 (2) 943-3700, 943-3704

rue Agostino Néto, Ouagadougou. Burkina Faso Postal address: B.P. 548. Ouagadougou 01. Province du Kadiogo, Burkina Faso Tel.: 226 31-18-94 Fax: 226 31-19-00

Burma See Myanmar

Rurundi

Canadian/Australian Embassy.

9-11, RV Senei Vinnavaut Oum, Sangkat Chaktamouk, Khan Daun Penh, Phnom Penh 23, Cambodia Tel.: 855 (23) 213 470, ext. 426:

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踞 Yaoundé

Douala

Yaoundé, Cameroon

Tel.: 237 23-23-11

Fax: 237 22-10-90

Consulate of Canada.

a/s PRO-PME, 1726, avenue

Charles de Gaulle, Douala, Cameroon

Chile © Cameroon Santiago Canadian Embassy. Canadian High Commission.

Immeuble Stamatiades, Place de l'Hôtel de Ville, Yaoundé, Cameroon

Nueva Tajamar 481', Torre Norte, Piso 12, Las Condes, Santiago, Chile Postal address: Casilla 139. Postal address: B.P. 572,

Correo 10, Santiago, Chile Tel.: 56 (2) 362-9660 Fax: 56 (2) 362-9393

Antofagasta-

Consulate of Canada, Travesía del Mirador 03075. Departamento 3-A.

Antofagasta, Chile Postal address: B.P. 2373. Tela: 56 (55) 24-7652 Douala, Cameroon Fax: 56 (55) 24-8049 Tel.: 237 43-29-34 Fax: 237 42-31-09 Concepción

Cape Verde See Senegal

Caupolicán 245, Chiguayante, Concepción, Chile Postal address: Casilla 425. Concepción, Chile Tel.: 56 (41) 36-9705 Fax: 56 (41) 36-8185

Canadian Embassy,

19 Dong Zhi Men Wai Street,

People's Republic of China

Tel.: 86 (10) 6532-3536

Fax: 86 (10) 6532-5544

Chao Yang District, Beijing 100600,

China 🕜

Beiling

Consulate of Canada.

Central African Republic Consulate of Canada.

Cavman Islands ©

See Jamaica, Kingston

Quartier Assana, Bangui, Central African Republic Postal address: B.P. 973, Quartier Assana, Bangui.

Central African Republic Tel.: 236:61-09-73 Fax: 236:61-40-74

Chad See Cameroon, Yaoundé

Consulate General of Canada, Suite 801, China Hotel Office Tower, Liu Hua Lu, Guangzhou 510015, People's Republic of China

Guangzhou

Chongaing

Consulate of Canada.

Tel.: 86 (23):6373-8007

Fax: 86 (23) 6373-8026

Room 1705, Metropolitan Tower, Wu

Yi Lu. Yu Zhong District, Chongging

400010, People's Republic of China

Tel.: 86 (20):8666-0569 Fax: 86 (20) 8667-0267

Hong Kong Consulate General of Canada.

14th Floor, One Exchange Square, Central, Hong Kong SAR, People's Republic of China Postal address: G.P.O. Box 11142 Central, Hong Kong SAR,

People's Republic of China

Tel.: 86 (21) 6279-8400

Fax: 86 (21) 6279-8401

Tel.: 85 (2) 2810-4321 Fax: 85 (2) 2810-6736 Shanghai Consulate General of Canada.

American International Centre. West Tower Suite 604, 1376

Nanjing Xi'Lu, Shanghai 200040,

People's Republic of China

Costa Rica © Canadian Embassy.

Cook Islands

See New Zealand

Colombia (?)

Canadian Embassy,

Bogotá, Colombia

Cartagena

Tel.: 57 (1) 657-9800

Fax: 57 (1) 657-9912

Consulate of Canada.

Carrera 3 No. 8-129.

Cartagena, Colombia

Tel.: 57 (5) 665-5838

Fax: 57 (5) 665-5837

Comoros Islands

Congo (Brazzaville)

Congo (Kinshasa)

See Democratic Republic of Congo

See Tanzania

See Gabon

Oficina No. 1103,

Cra. 7, No. 115-33, Bogotá, Colombia

Edificio Centro Ejecutivo Bocagrande,

Postal address: P.O. Box 110067,

Bogotá

Oficentro La Sabana, Building No. 5. 3rd Floor, behind the Contraloría General de la República, San José, Costa Rica

Postal address: P.O. Box 351-1007, Centro Colón, San José, Costa Rica

Puerto Plata, Dominican Republic

Avenida dos Martires da Patria.

Avenida 6 de diciembre, no. 2816.

and Paul Rivet, Josueth Gonzalez

Building, 4th Floor, Quito, Ecuador

Tel.: 593 (2) 506-162, 232-114

Avenida General/Cordova 810 and

Victor Manuel Rendon, Edificio

Torres de la Merced. 21st Floor.

Tel.: 593 (4) 563-580, 253-850

Postal address: P.O. Box 1667.

Postal address: P.O. Box 17-11-6512

Tel.: 1 (809) 586-5761

Fax: 1 (809) 586-5762

Australian Mission.

Tel.: 670 390 322111

Fax: 670 390 322247

Canadian Embassy.

(CCI), Quito, Ecuador

Fax: 593 (2) 503-108

Consulate of Canada.

Guayaguil, Ecuador

Guayaquil

East Timor

Dili. East Timor

Ecuador ©

Quito

Fax: 506 296-4270 Voyage, Côte d'Ivoire © Canadian Embassy. Immeuble Trade Center, 23, avenue Noguès, Le Plateau. Abidjan, Côte d'Ivoire Postal address: B.P. 4104. Abidian 01. Côte d'Ivoire Tel.: 225 20-30-07-00

Tel.: 506 296-4149

Fax: 225 20-30-07-20

Canadian Embassy.

Prilaz Giure Dezelica 4.

10000 Zagreb, Croatia

Fax: 385 (1) 488-1230

Canadian Embassy.

Tel.: 531(7) 24 2516

Fax: 53 (7) 24 9772

Consulate of Canada.

Villa Cabanas 13-14.

Tel:: 53 (24) 30-320

Fax: 53:(24) 30-321

Guardalavaca

Miramar, Havana, Cuba

Tel.: 385 (1) 488-1200, 488-1211

Calle 30, No. 518, Esquina a7a,

Croatia 🕜

Cuba

Havana

Tel.: 53 (5) 61-2078 Fax: 53 (5) 66-7395

Mantanzas, Cuba

Camino del Mar. Varadero.

Cyprus ©

Consulate of Canada.

1 Lambousa Street. 1095 Nicosia, Cyprus Postal address: P.O. Box 22125. 1517 Nicosia, Cyprus

Tel.: 357 (2) 775-508

Fax: 357 (2) 779-905 Czech Republic © Canadian Embassy.

Mickiewiczova 6, 125 33! Prague 6. Czech Republic Tel.: 420 (2) 7210-1800

Fax: 420 (2) 7210-1890 **Democratic Republic of Congo** Canadian Embassy,

17, avenue PUMBU, Commune de Gombe, Kinshasa, Democratic Republic of Congo Postal address: B.P. 8341, Kinshasa 1. Democratic Republic of Congo Tel.: 243 884-1699

Fax: 243 884-1277 Denmark @ Guardalavaca, Holguín, Cuba Copenhagen Canadian Embassy.

Kr. Bernikows Gade 1. Varadero 1105 Copenhagen K, Denmark Consulate:of Canada. Tel.: 45 33-48-32-00 Calle 13:e/Avenida Primera y Fax: 45 33-48-32-20/1

Nuuk (Greenland) Consulate of Canada.

Greenland Postal address: P.O. Box 1012. 3900 Nuuk, Greenland Tel.: 299 34-34-34

Fax: 299 32-02-88 Diibouti

Groenlandsfly A/S, 3900 Nuuk,

Consulate of Canada. Place Lagarde, Djibouti, Djibouti Postal address: B.P. 1188, Djibouti, Djibouti Tel.: 25 (3) 35-38-59, 35-59-50

Fax: 25 (3) 35-00-14 Dominica © See Barbados

Dominican Republic © Santo Domingo Canadian/Embassy. Capitán Eugenio de

Dominican Republic Postal address: P.O. Box 2054. Santo: Domingo 1, Dominican Republic Tel.: 1 (809):685-1:136

La Esperilla, Santo Domingo,

Marchena No. 39.

Puerto Plata Consulate of Canada.

Fax: 1 (809) 682-2691

Calle Virginia E. Ortea, Edificio

Isabel de Torres, Suite 311-C,

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00101 Helsinki, Finland

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Fax: 358 (09) 60 10 60

Canadian Embassy.

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35, avenue Montaigne,

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Fax: 33 04-72-77-65-09

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Addis Ababa, Ethiopia.

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Canadian Embassy,

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Fax: 503 279-0765 **Equatorial Guinea** See Gabon

Consulate of Canada.

Andenet Street, House No. 87/89, Postal address: P.O. Box 3962.

Asmara, Eritrea Tel.: 291 (1) 18-24-90, 18-19-40/41 Fax: 291 (1) 18-24-88, 18-42-41 Estonia ©

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Canadian/Embassy,

Old Airport Area, Higher 23.

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Postal address: P.O. Box 1130.

Addis Ababa, Ethiopia

Office of the Canadian Embassy.

Eritrea

Asmara, Eritrea

Toom Kooli 13, 2nd Floor,

Ethiopia

10130 Tallinn, Estonia Tel.: 372 (6):627-3310/11

Fax: 33 01-44-43-29-86 Lille Consulate of Canada. 30, avenue Émile Zola,

59800 Lille, France Tel.: 33 03-20-14-05-78 Fax: 33:03-20-14-36-96

Consulate of Canada,

21. rue Bourgelat, 69002 Lyon, France

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Fax: 241 73-73-88 Gambia

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Consulate of Canada.

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Pierre, Saint-Pierre et Miquelon

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Consulate of Canada.

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Australian Consulate.

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Postal address: B.P. 1695.

98713 Papeete, Tahiti

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Fax: 689-41 05 19

Canadian Embassy,

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Qantas Airways, Centre Vaima,

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10, rue Lamartine, 06000 Nice, France Tel.: 33-04-93-92-93-22

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Libreville, Gabon

Tel.: 241 73-73-54

Hamburg Quartier Batterie IV, Libreville. Gabon 20095 Hamburg, Germany

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Munich Consulate of Canada.

Tal 29, 80331 Munich, Germany Tel.: 49 (89) 21 99 57 0 Fax: 49 (89) 21 99 57 57

Consulate of Canada. Ballindamm 35, 5th Floor,

Düsseldorf Consulate of Canada.

10117 Berlin, Germany Tel.: 49 (30) 20 31 20 Fax: 49 (30) 20 31 24 57

Friedrichstrasse 95, 12th Floor.

Lange Strasse 51. Voyage, 70174 Stuttgart, Germany Tel:: 49 (711) 2 23 96 78 Fax: 49 (711) 2 23 96 79

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Fax: 30 (31) 256-351

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Guatemala City, Guatemala Tel.: 502 333-6104, 363-4348 Fax: 502 363-4208 Guinea

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1121 Budapest, Hungary

Suöurlandsbraut 10.

Tel.: 354 568-0820

Fax: 354 568-0899

Cell: 354 895-6120

Canadian High Commission.

New Delhi, 110021, India

Tel.: 91 (11) 687-6500

Fax: 91 (11) 687-6579

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Fax: 509 298-3001

Holy See (Vatican City) @ Canadian Embassy to the Holy See. Via della Conciliazione 4/D. 00193 Rome, Italy Tel.: 39(06) 6830-7316/7386/7398

Fax: 39 (06) 6880-6283 Honduras Office of the Canadian Embassy to

Honduras, Centro Financiero BANEXPO, 3rd Floor, Boulevard San Juan Bosco, Colonia Payaquí, Tegucigalpa, Honduras

Postal address: P.O. Box 3552.

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Kolkata (formerly Calcutta)

Consulate of Canada,

859-1402

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Denpasar (Bali)

Australian Consulate.

Denpasar, Bali, Indonesia

Tel.: 62 (361) 235-092/3 Fax: 62 (361) 231-990

Surabaya (East Java)

Surabaya 60162, East Java,

c/o RPG Enterprises, Duncan House, 31, Netaji Subhas Road,

Calcutta 700 001, West Bengal, India Tel: 91 (33) 242-6820/1

Fax: 91 (33) 248-1614

Mumbai (formerly Bombay) Consulate of Canada. 4th Floor, 41/42 Maker Chambers VI.

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Consulate of Canada. Maspion Group Building, 3rd Floor, Jalan Kembang Jepun 38-40,

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Canadian Embassy. 57 Shahid Javad-e-Sarfaraz (Darva-E-Noor), Ostad Motahari Avenue, Tehran, Iran Postal address: P.O. Box 11365-4647.

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Naples Consulate of Canada.

Via Carducci 29, 80121 Naples, Italy Tel.: 39 (081) 401-338 Fax: 39 (081) 410-4210

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Fax: 39 (0864) 210-158

Canadian High Commission.

Postal address: P.O. Box 1500.

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Tel.: 1 (876) 926-1500 Fax: 1 (876) 511-3493

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Fukuoka

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Tel./Fax: 81 (11) 219-0617

Fax: 81 (92) 752-6077 Hiroshima

Tel.: 81 (92) 752-6055

Consulate of Canada, c/o Chugoku Electric Power Co. Inc.,

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Fukuoka-Ken 810-0004, Japan

4-33 Komachi, Naka-ku, Hiroshima-shi, Hiroshima-ken 730-8701, Japan Tel./Fax: 81 (82) 246-0057

Nagoya

Consulate of Canada. Nakato Marunouchi/Building, 6F. 3-17-6: Marunouchi, Naka-Ku, Nagoya-Shi, Aichi-Ken 460-0002, Japan

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Osaka Consulate General of Canada,

Daisan Shoho Building, 12th Floor, 2-2-3. Nishi-Shinsaibashi, Chup-Ku, Osaka 542-0086, Japan

Postal address: P.O. Box 150, Osaka, Minami 542-8691, Japan Tel.: 81 (6) 6212-4910

Fax: 81 (6) 6212-4914

Sendai Consulate of Canada.

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Tel.: 965 256-3025

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Australian Embassy. J. Nehru Street. Phone Xay District, Vientiane, Laos Tel.: 856 (21) 413-600

Fax: 856 (21) 413-601

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Laos

4th Floor, Riga 1977, Latvia Tel.: 371 783-0141, 722-6315 Fax: 371 783-0140

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Postal address: P.O. Box 1191. Maseru 100, Lesotho Tel.: 266 316-435, 314-187

Fax: 266 314-187 Liberia

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c/o QIT Madagascar Minerals Ltd., Tel.: 218 (21) 44-41549/50 Fax: 218 (21) 33-40729

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Antananariyo 101, Madagascar Tel.: 261 (20) 22-425-59, 22-423-22 Fax: 261 (20) 22-425-06

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1 MacCallum Street Ghaut.

10700 Penang, Malaysia Postal address: P.O. Box 23,

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Immeuble Séméga, route de Koulikoro, Bamako, Mali Postal address: B.P. 198.

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Fax: 222 29-26-98 Cell: 222 30-30-46

Mauritius (C) Consulate of Canada.

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Tel.: 52 (5) 724-7900: toll-free (within Mexico): 01-800-706-2900 Fax: 52 (5) 724-7943

11580 Mexico, D.F., Mexico

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94-C, 39670 Acapulco. Guerrero, Mexico

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Fax: 52(3) 615-8665

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Postal address: P.O. Box 614, 82110 Mazatlán, Sinaloa, Mexico Tel.: 52 (6) 913-7320

54: Fax: 52 (6) 914-6655

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Zaragoza 1300 Sur v Constitución. 64000 Monterrey, N.L., Mexico Tel.: 52 (8) 344-3200, 344-2753,

344-2906. 344-2961. 345-9105. 345-9045 Fax: 52 (8) 344-3048

Oaxaca Consulate of Canada.

Pino Suarez 700. Local 11B. Multiplaza Brena, Col. Centro, 68000 Oaxaca, Oaxaca, Mexico Postal address: Apartado!Postal 29. Sucursal C. Colonia Reforma. 68050 Oaxaca, Oaxaca, Mexico Tel.: 52 (9) 513-3777 Fax: 52 (9) 515-2147

Puerto Vallarta

Consulate of Canada. 160 Calle Zaragoza, Interior 10. Colonia Centro, 48300 Puerto Vallarta. Jalisco, Mexico

Tel.: 52 (3) 222-5398. 223-0858 Fax: 52 (3) 222-3517

San José del Cabo

Fax: 52 (1) 142-4262

Consulate of Canada, Plaza José Green, Local 9. Boulevard Mijares: s/n, Colonia Centro, 23400 San José del Cabo, Baja California:Sur, Mexico Tel.: 52 (1) 142-4333

Tijuana

Consulate of Canada: Germán Gedovius No. 10411-101. Condominio del Parque. Zona Río. 22320 Tijuana. Baja California Norte, Mexico Tel.: 52 (6) 684-0461

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Australian Embassy. H&E Enterprises Building, Kolonia, Pohnpei, Micronesia Postal address: P.O. Box S. Kolonia. Pohonei, Micronesia Tel - 691 320-5448 Fax: 691 320-5449

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Palais de la Scala, 1, avenue Henry Dunant, Bureau 1178, 98000 Monaco Tel.: 377 97 70 62 42

Fax: 37.7.97.70.62.52

Mongolia Consulate of Canada.

Diplomatic Services Building, Suite 56, Ulaanbaatar, Mongolia Postal address: P.O. Box 243. 210644, Ulaanbaatar, Mongolia Tel.: 976 (11) 328-285

Fax: 976 (11) 328-289

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Office of the Canadian High Commission, 1128 Julius Nyerere Avenue, Maputo, Mozambique Postal address: P.O. Box 1578. Maouto, Mozambique Tel.: 258 (1) 492-623/624/470 Fax: 258 (1) 492-667

Myanmar

Australian Embassy. 88 Strand Road. Rangoon, Myanmar Tel.: 95 (1) 251-810 Fax: 95 (1) 246-159

Namibia

Consulate of Canada. c/o Metje & Ziegler Ltd., 8th Floor, Metie-Behnsen Building. Independence Avenue, Windhoek, Namibia Postal address: P.O. Box 239. Windhoek, Namibia

Tel.: 264 (61) 227 417 Fax: 264 (61) 222 859

Nauru

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Nepal

Canadian Cooperation Office, Lazimpat, Nepal

Postal address: P.O. Box 4574. Kathmandu, Nepal

Tel.: 977 (1) 415-193/389/391 Fax: 977 (1) 410-422

Netherlands 🕜 Canadian Embassy,

Sophialaan 7,,2500 GV, The Hague, The Netherlands Postal address: P.O. Box 30820. The Hague, The Netherlands Tel.: 31 (70) 311-1600 Fax: 31 (70) 314-1620

Netherlands Antilles

Consulate of Canada. Maduro and Curiels Bank, N.V., Scharlooweg 55, Willemstad. Curação, Netherlands Antilles Postal address: P.O. Box 305. Willemstad, Curação, **Netherlands Antilles**

Tel.: 599 (9) 466-1115/1121 Fax: 599 (9) 466-1122/1130

New Caledonia

Australian Consulate General. Immeuble Foch, 7º étage, 19. rue du Maréchal Foch. Nouméa, New Caledonia Postal address: B.P. 22.

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Niger Office of the Canadian Embassy.

Boulevard Mali Béro, Niamey, Niger Postal address: B.P. 362, Niamey, Niger. Tel.: 227 75-36-86/7

Fax: 227 75-31-07

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Office of the Canadian High Commission. 4 Anifowoshe Road. Victoria Island, Lagos, Nigeria Tel.: 234 (1) 262-2512/3/5 Fax: 234 (1) 262-2516

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Consulate of Canada.

Fax: 968 791-740

0man

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Diplomatic Enclave: Sector G-5. Islamabad, Pakistan

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Karachi

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Palau

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Panama 🕜

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Tel.: 507 264-9731, 264-7115 Fax: 507 263-8083 Papua New Guinea © Canadian Consulate. Level 1, Defens Haus, Cnr Champion Pde & Hunter St..

Estafeta World Trade Center.

Port Moresby, Papua New Guinea

Port Moresby, Papua New Guinea

Postal address: P.O. Box 1971.

Tel.: 675 320-2600

Fax: 675 320-2601

Panama City, Panama

Paraguay © Consulate of Canada. Prof. Ramírez No. 3 at Juan de Salazar

(between Perú and Padre Pucheu), Asunción, Paraguay Tel.: 595 (21) 227-207

Fax: 595 (21) 227-208

Peru (?) Canadian Embassy.

Calle Libertad 130, Miraflores, Lima 18, Peru Postal address: P.O. Box 18-1126.

Miraflores Post Office. Lima 18, Peru

Tel.: 51 (1) 444-4015 Fax: 51 (1) 242-4050

Philippines © Manila

Canadian/Embassy. 9th Floor, Allied Bank Centre, 6754 Ayala Avenue,

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Makati City 1220, Philippines Tel.: 63 (2) 867-0001 Fax: 63 (2) 810-4299

Cebu Consulate of Canada.

45-L Andres Abellana Street. Cebu City 6000, Philippines Tel.: 63 (2) 256-3320 Fax: 63 (2) 255-3068

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02-017 Warsaw: Poland Tel.: 48 (22) 584-3340 Fax: 48 (22) 584-3192

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Faro Consulate of Canada. Rua Frei Lourenco de Santa Maria No. 1, 1st Floor, 8001 Faro, Portugal Postal address: P.O. Box 79, 8001 Faro, Portugal Tel.: 351 289-80-3757

Ponta Delgada (Azores) Consulate of Canada.

Rua Antonio Jose de Almeida No. 27. 1st Floor Left, 9500-053 Ponta

Delgada, São Miguel, Azores Tel.: 351 296-281488 Fax: 351 296-281489

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Moscow Canadian Embassy. 23 Starokonyushenny Pereulok,

Moscow, 121002 Russia Tel.: 7 (095) 956-6666 Fax: 7 (095) 956-1577

St. Petersburg Consulate General of Canada,

32B Malodetskoselski Prospekt, St. Petersburg, 198013 Russia Tel.: 7 (812) 325-8448 Fax: 7 (812) 325-8393

Rwanda

Office of the Canadian Embassy.

1534 Akagera Street, Kigali, Rwanda

Postal address: P.O. Box 1:177.

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Fax: 68 (5) 231-59

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Saudi Arabia

Riyadh Canadian Embassy,

Diplomatic Quarter. Riyadh, Saudi Arabia Postal address: P.O. Box 94321.

Riyadh 11693, Saudi Arabia Tel.: 966 (1) 488-2288: after hours: 966 (5) 547-7496 Fax: 966 (1) 488-1997

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Solomon Islands Tel.: 677 21561/2/3

Fax: 677 23691

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South Africa (?)

Cape Town Canadian High Commission.

19th Floor, South African Reserve Bank Building, 60 St. George's Mall, Cape Town 8001, South Africa Postal address: P.O. Box 683,

Cape Town 8000, South Africa Tel.: 27 (21) 423-5240 Fax: 27 (21) 423-4893

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1103 Arcadia Street, Hatfield. Pretoria 0083, South Africa Postal address: Private Bag X13. Hatfield, Pretoria:0028, South Africa

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Consulate of Canada. 14 Nuttall Gardens, Morningside,

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Fax: 27 (12) 422-3052

Durban 4001, South Africa Postal address: P.O. Box 712. Durban 4000, South Africa Tel:: 27 (31) 303-9695

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Office, Cradock Place, 1st Floor, 10 Arnold Road, off Cradock

Avenue, Rosebank, Johannesburg 2196, South Africa Postal address: P.O. Box 1394. Parklands 2121, Johannesburg,

South Africa: Tel.: 27 (11) 442-3130 Fax: 27 (11) 442-3325

South Korea 🕜 Seoul

Canadian Embassy. 10th and 11th Floors, Kolon Building, 45 Mugyo-Dong, Chung-Ku.

Seoul 100-170, Korea Postal address: C.P.O. Box 6299. Seoul 100-662, Korea

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Paramaribo, Suriname Tel.: 59 (7) 424-527 Fax: 59 (7) 425-962

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Canadian Embassy. Tegelbacken 4, 7th Floor, Stockholm, Sweden Postal address: P.O. Box 16129. 10323 Stockholm, Sweden

Tel.: 46 (8) 453-3000 Fax: 46 (8) 24 24 91

Göteborg Consulate of Canada. Canadian High Commission, c/o Atlantic Container Line Sweden AB, Sydatlanten, Skandiahamnen.

6 Gregory's Road, Cinnamon Gardens, Postal address: P.O. Box 1006.

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403 36 Göteborg, Sweden

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Fax: 46 (31) 64 55 75

Sudan Office of the Canadian Embassy Canadian Oil Co. AB.

Verkstadsgatan 4, (on the premises of the British Embassy), 10th Street (off Sharia 233 51 Svedala, Sweden Tel.: 46 (40) 40'23 51 al Baladia), Khartoum East, Sudan

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Aleppo, Syria Tel.: 963 (21) 268 4160 Fax: 963 (21) 268 4100

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3005 Bern, Switzerland

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Postal address: P.O. Box 3394, Damascus, Syria

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Taipei, Taiwan

Taiikistan

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38 Mirambo Street, Corner Garden

Avenue, Dar es Salaam, Tanzania

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2112837, 2112863, 2112865/6

15th Floor, Abdulrahim Place,

Postal address: P.O. Box 2090.

Dar es Salaam, Tanzania

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Trinidad and Tobago @

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Road, St. Clair, Port of Spain,

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Maple House, 3-3A-Sweet Brian

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Ankara, Turkey Tel.: 90 (312) 436-1275 Fax: 90 (312) 446-4437 Istanbul

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Consulate of Canada.

Istiklal Caddesi No. 373/5. Bevoglu.

80050 Istanbul, Turkey Tel.: 90 (212) 251-9838 Fax: 90 (212) 251-9888

Turkmenistan See Turkey, Ankara

Turks and Caicos Islands (?) Consulate of Canada. 2001 Leeward Highway. Providenciales, Turks and Caicos Islands Postal address: P.O. Box 62. Turks and Caicos Islands

Tel.: 1 (649) 941-5245

Fax: 1 (649) 946-4484

Postal address: P.O. Box 20115.

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Kampala, Uganda

Tuvalu

Uganda

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Canadian Embassy. Tunis-Belvédère, Tunisia

3, rue du Sénégal, Place d'Afrique. Postal address: B.P. 31.

Tunis-Belvédère, 1002 Tunisia Consulate of Canada. IPS Building, 14 Parliament Avenue, Tel.: 216 (1) 796-577 Fax: 216 (1) 792-371 Kampala, Uganda

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Abu Dhabi, United Arab Emirates

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SW1Y 5BJ, England, U.K. Tel.: 44 (20) 7258-6600 Fax: 44 (20) 7258-6533

Relfast Consulate of Canada.

378 Stranmillis Road, Belfast, Northern Ireland, BT9 5ED, U.K. Postal address: P.O. Box 405.

Belfast, Northern Ireland, BT9 5BL, U!K. Tel.: 44 (2890) 660-212

Fax: 44 (2890) 687-798 Birmingham Consulate of Canada.

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: Edinburgh

Washington

Canadian Embassy.

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Consulate General of Canada. St. Paul Place, 750 North St. Paul Street, Suite 1700, Dallas, Texas 75201-3247, U.S.A. Tel.: 1 (214) 922-9806 Fax: 1 (214) 922-9815

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Fax: 1 (404) 532-2050

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3000 HSBC Center, Buffalo, New York 14203-2884, U.S.A. Tel.: 1 (716) 858-9500 Fax: 1 (716) 852-4340

Detroit

Consulate General of Canada. 600 Renaissance Center, Suite 1100, Detroit, Michigan 48243-1798, U.S.A. Tel.: 1 (313) 567-2340 Fax: 1 (313) 567-2164

Honolulu Australian Consulate General.

Penthouse Suite, 1000 Bishop Street, Honolulu, Hawaii 96813-4299, U.S.A. Tel.: 1 (808) 524-5050/5054 Fax: 1 (808) 531-5142

Los Angeles

Consulate General of Canada.

550 South Hope Street, 9th Floor, Los Angeles, California 90071-2327, U.S.A.

Tel.: 1 (213) 346-2700 Fax: 1 (213) 620-8827

Miami

Consulate of Canada, 200 South Biscayne Boulevard, Suite 1600, Miami,

Florida 33131, U.S.A. Tel.: 1 (305) 579-1600 Fax: 1 (305) 374-6774

Minneapolis Consulate General of Canada.

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701 Fourth Avenue South.

New York

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Concourse:Level, New York, New York 10020-1175, U.S.A. Tel.: 1 (212) 596-1628

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West Indies Associated States See Barbados

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(Metropolitan Colombo)	430077
Sweden ▲	020-799-015
Switzerland A	0-800-558-330
Syria O	0811
Taiwan 🛦	00-801-20012
Service in Cantonese and Ma	ndarin 00-801-20015
•	1 000 551 177
Tasmania ▲	1-800-551-177
Thailand	001-999-15-1000
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Thailand Trinidad & Tobago (hotels) (seaports)	001-999-15-1000 1-800-744-3501 22
Thailand Trinidad & Tobago (hotels) (seaports) Turkey ▲	001-999-15-1000 1-800-744-3501 22 00-800-16677
Thailand Trinidad & Tobago (hotels) (seaports) Turkey ▲ Turks & Caicos ■	001-999-15-1000 1-800-744-3501 22 00-800-16677 01-800-744-2580
Thailand Trinidad & Tobago (hotels) (seaports) Turkey Turks & Caicos ■ Ukraine ▲ ▶	001-999-15-1000 1-800-744-3501 22 00-800-16677 01-800-744-2580 8 ◆ 10-0-17
Thailand Trinidad & Tobago (hotels) (seaports) Turkey ▲ Turks & Caicos ■ Ukraine ▲ ▶ United Arab Emirates	001-999-15-1000 1-800-744-3501 22 00-800-16677 01-800-744-2580 8 • 10-0-17 800-141
Thailand Trinidad & Tobago (hotels) (seaports) Turkey Turks & Caicos ■ Ukraine ▲ ▶	001-999-15-1000 1-800-744-3501 22 00-800-16677 01-800-744-2580 8 ◆ 10-0-17 800-141 0-800-89-0016
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2002/2003



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Ministère des Affaires étrangères et du Commerce international Canada

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Tel.: 1-800-267-8376 (in Canada) or (613) 944-4000
E-mail: Engsery@dfait-maeci.gc.ca

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Ce document est aussi disponible en français.

Note: The information in this booklet is subject to change. Please check our Web site or the appropriate government departments and organizations mentioned inside to ensure you have the most current information.

For More Information

The "For More Information" section (p. 26) includes information on publications, resources and programs available from the Department of Foreign Affairs and International Trade, as well as from other government departments and agencies mentioned throughout the text.

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Introduction

Canadians love to travel. Each year we make about 100 million trips abroad for both business and pleasure. The vast majority of these excursions go off without a hitch.

But unfortunately all trips do not come with a hassle-free guarantee. Accidents, illnesses, legal problems and linguistic and cultural difficulties do occur. Most problems are minor and you can usually solve them yourself. But if you run into more serious obstacles, our offices abroad are there to assist you.

Bon Voyage, But... will help you plan ahead. Read it before you book your next trip. And pack it in your luggage — it's a handy reference book of travel advice, important telephone numbers and addresses

of Canadian government offices around the world.

The Consular Affairs Bureau of the Department of Foreign Affairs and International Trade is committed to providing effective and efficient services throughout the world to all Canadians. Our pledge is to provide service characterized by sensitivity, empathy, courtesy, speed, accuracy and fairness.

Our services are available through our headquarters in Ottawa and through our network of offices in other countries. Emergency services are available 24 hours a day, seven days a week.

Before You Go...

Preparation is the key to a successful trip. By doing your homework before you leave, you minimize the chances of something going wrong.

Get Informed

Before you board that airplane or train, take time to learn about the political, cultural and economic environment of your destination.

Learn at least a few key phrases in the country's language. Even a modest command of the local language will go a long way.

When you are travelling, the laws of the country you are visiting apply to you too. Never assume that because you are a Canadian citizen you are immune to foreign laws.

A Traveller's Checklist

- ✓ Information on your destination country✓ Itinerary and budget
- ✓ Itinerary and budget✓ Health and travel
- insurance

 ✓ Passport: check expiry
 date, make copies

 ✓ Visas
- ✓ Dual citizenship: is it an issue?
- ✓ Vaccinations, medication, prescriptions, medical certificate, supplies

Some countries experience ongoing wars, insurgencies or sporadic unrest. Find out if your destination is known to be dangerous. Consult

unrest. Find out if your destination is known to be dangerous. Consult the Country Travel Reports, the weekly Travel Bulletin and the Current Issues section on our Web site for up-to-date information on safety and security conditions, health issues, and entry and visa requirements for 225 travel destina-

tions. This information is available

24 hours a day, 365 days a year.

To be prepared in case you get in trouble abroad, find out before you go where the nearest Canadian government office is located. Addresses and telephone numbers are listed at the end of this booklet. The on-line version of this booklet also contains.

e-mail and Web addresses:

✓ Children: ensure they have their own passport, make custody arrangements, obtain certified documentation, etc.
✓ Bringing back goods:

receipts for purchases,

special arrangements for

food, animals, plants, etc.

Don't forget to pack this booklet. It could help you more than you can imagine.

When travelling abroad, you may wish to use Canada Direct, an automated long-distance access service that allows you to call home to Canada or to other countries using the Canadian telecommunications network. For Canada Direct access numbers, see the list at the end of this hooklet.

to Radio Canada:International (RCI) or consult the RCI:Web site for the latest news. RCI also broadcasts:messages from the Canadian government during emergency situations. Check with RCI to obtain a schedule of the times and frequency of broadcasts:to:different parts of the world.

While you are abroad, tune in

Your Passport

Your passport is the best proof of your Canadian citizenship. You and all family members should have a valid passport if yourplan to travel outside Canada. Passport applications are available on-line and at passport

Canada. Passport applications are available on-line and at passport offices, post office outlets and Canadian government offices abroad.

Important Changes
Following the September 11 terrorist

attacks in the United States, enhanced security measures were instituted for passport application and renewal procedures. Here are

a few important changes:

April 2002: A new passport document for higher security
Using the latest digital imaging and security tools available, the new
Canadian passport will continue to be among the most secure, advanced passport documents in the world.
Previously issued passports will remain valid until their expiry date.
(Check with the Passport Office:Web site for more information.)

A:passport for everyone
Effective December 11, 2001,
Canadianichildren must have their
own:passport. The practice of
adding a child's name to:a:parent's
passport is no:longer permitted.
This new security:measure is:also
intended to help:protect.children

and combat child slavery and prostitution. (More information on children sissues is available in the

Publications:section of our Web site.) However, if you hold a valid Canadian passport issued before December 11, 2001, that bears the

name of your child, the passport

will remain valid for both you and your child untillit expires. Before any travel by a child, contact the embassy or consulate of the countries the child will be visiting to inquire about entry requirements.

Extended processing time
Due to thorough screening procedures, the processing period for passport applicants in Canada has been extended to 10 days for in-person applications. The processing period for mail-in applications has been extended to a minimum of 20 days. Soplan to apply well before your departure.

Quebec birth certificates
Since November 26; 2001, birth
certificates issued on or after
January 1, 1994, by Le Directeur de
l'état civil of Quebec, or al Canadian
citizenship certificate, are the only
acceptable identity documents as

acceptable identity documents as proof of Canadian citizenship for passport issuance for people born in Quebec. Baptismal certificates and municipal or civil documents are no longer acceptable.

Keep It Safe!

A Canadian passport remains at all times the property of the Government of Canada and may be used only by the person to whom it has been issued. Selling a passport or permitting any other individual or agency to use the passport may lead to criminal prosecution and is cause for revocation of the passport and refusal of future passport services.

If your passport is due to expire within six months of your arrival in another country, check with that country's embassy or consulate in Canada for its rules and restrictions regarding passport validity and expiration. Some countries will not let you enter if your passport is due to expire within six months of entry.

Before you leave on your trip, be sure to complete the "In case of accident or death notify" section in your passport. This will help us quickly notify your family or friends if an emergency arises.

Make a photocopy of your passport's identification page and keep it separate from the original when you travel. For added security, leave a photocopy with a friend or relative at home. These simple steps may speed the replacement process if you lose your passport.

If your passport is lost or stolen while you are travelling, contact the nearest Canadian office immediately for a replacement after reporting the loss or theft to the local police. Make sure you get a copy of the police report or the report number. Before a new passport can be issued, you must complete an application form, produce documentary evidence of your Canadian citizenship (e.g., a birth or citizenship certificate), provide a copy of the police report or report number, present new photographs and pay the required fee.

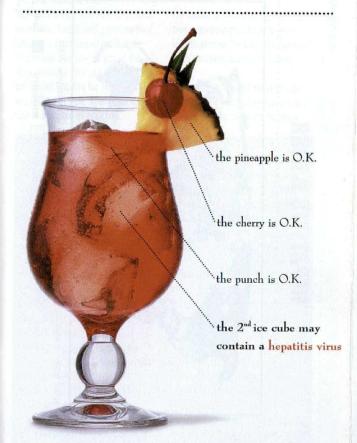
We recommend that you carry a birth or citizenship certificate (see above) confirming your identity in addition to your Canadian passport.

Travel in the United States and Mexico

Always carry your valid Canadian passport; or carry a valid identification card that includes a photo, plus proof of citizenship (your birth certificate or your citizenship certificate if you weren't born in Canada).

For detailed information about travel in the United States and Mexico, refer to our booklets Crossing the 49th and México: ¿Qué pasa?

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You can't see or taste the hepatitis virus in your drink. And that's just one of the many ways that over a million vacationing Canadians face hepatitis risk every year - even at the best tropical resorts. The World Health Organization (WHO) considers that all of Mexico and the Caribbean islands (including Cuba) are high-risk areas for acquiring hepatitis A. Hepatitis A and B are serious liver diseases that can sometimes be fatal. Once infected, you could easily spread the illness to others back home, even before you know you're sick.

Why take the chance?

Only Twinrix® gives you and your family simple, long-term protection from both hepatitis A and B. So see your doctor about Twinrix® and stay healthy.

You could experience redness, swelling and pain at the site of injection or fever, headache, malaise and fatigue. Most adverse events are considered as mild and transient. Twinrix* is a registered trademark, used under licence by GlaxoSmithKline Inc.



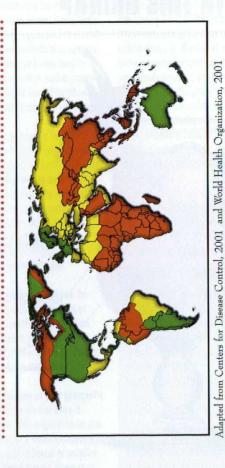


The Only Dual Protection Against Hepatitis www.healthyholiday.ca

Control, 2001

medium

RISK



Schengen Convention.

medium

high

You should ensure that authorities stamp your passport when you enter the Schengen area and that you fulfil all

When you arrive at your destination, be prepared to prove that you have enough money to support yourself during your stay.

Be aware of the rules and restrictions governing visas and your length of stay. This knowledge can save you both time and money.

Some countries will allow you to enter only if you can prove you will be leaving. Be prepared to show

Do You Need a Visa?

Office.

If you have any questions about

passports, contact the Passport

You need a visa to travel to certain countries. Your travel agent or the country's embassy or consulate in Canada can advise you of the requirements. You can also check our Travel Reports for the countries you intend to visit. Apply for visas well in advance of your trip.

Travel in Europe

Austria, Belgium, Denmark, Finland, France, Germany, Greece, Iceland, Italy, Luxembourg, the Netherlands, Norway, Portugal, Spain and Sweden participate in the Schengen Convention, which has abolished internal border controls between these countries (except in special cases). However, customs and immigration controls remain in force when you are travelling to one of the above countries from Canada or any other country that does not participate in the

If you have questions about your status or if you would like information about the entry and registration requirements of Schengen countries, contact their embassies or consulates in Canada before your departure.

registration formalities in every country visited. When travelling from one Schengen country to another, always carry your passport with you. When travelling within a Schengen country, always carry a photocopy of your passport with you. Visitors should also make sure they do not extend their stay beyond the period of time allowed by each country.

your return or onward ticket or any visas that demonstrate that you plan to visit another country.

Charter Flights

Before you book a charter flight, check the credentials of both the travel agency and the charter company with either the Better Business Bureau or a local consumer advisory organization.

Dual Citizenship

To avoid unpleasant surprises, find out whether you, your spouse or any other family member is a citizen of another country. If you have a second citizenship, you should always travel using your Canadian passport and always present yourself as a Canadian citizen to local authorities.

If you are considered a national of another country, you may be compelled to do military service or pay special taxes.

If you do run into problems because of your dual citizenship, contact the nearest Canadian government office immediately. For detailed information on this subject, refer to our booklet *Dual Citizenship*.

People with Special Needs

Many countries do not provide access for people in wheelchairs

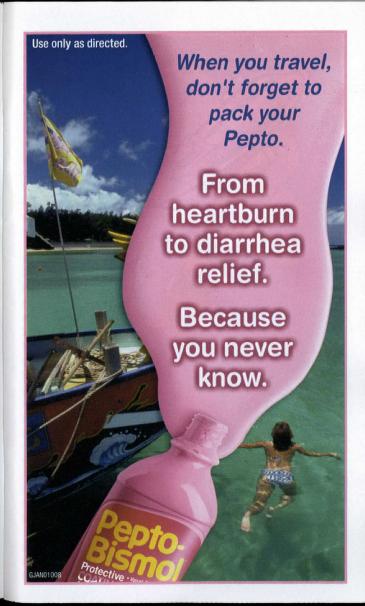
or make allowances for those with special hearing, sight or other physical requirements. Contact an accessibility organization or talk to others who have travelled to your destination in the past. There are also several guides published about international travel for people with special needs. Check your local library, bookstore or the Canadian Transportation Agency Web site.

Canadians with disabilities who hold a valid parking permit in Canada may take their permit with them for use in any of the 40 member countries of the European Council of Ministers of Transport (ECMT). Be sure to check with local authorities there to determine entitlement. For more information, consult the Transport Canada Web site.

Getting Medical Advice

Your risk of acquiring a disease while travelling depends on several factors. These include your age and gender, your current state of health and immunization status, your itinerary, the duration and style of your trip, and anticipated activities (including contact with animals, exposure to fresh water, sexual contact), as well as the local disease situation.

Know before you go! Health Canada's Travel Medicine Program strongly





recommends that your travel plans include contacting a travel medicine clinic or your physician six to eight weeks before departure. Based on an individual risk assessment, a health care professional can determine your need for immunizations and preventive medication and can advise you on what precautions to take to avoid disease while travelling. Consult the Travel Medicine Program Web site to find a travel medicine clinic close to your home.

Vaccinations

Based on your current health status. immunization history and anticipated itinerary, a health care provider can assess your vaccination requirements for illnesses such as yellow fever. typhoid, meningitis, Japanese encephalitis, hepatitis and malaria. Seek a risk assessment well in advance of your departure, as you may need to start receiving shots or taking preventive medication a month or two beforehand. For instance, a meningococcal vaccination is required for pilgrims travelling to Mecca, Saudi Arabia, for the annual haji; and an International Certificate of Vaccination for yellow fever is a legal requirement to enter certain countries.

International travel can expose you to infectious diseases, such as polio, that aren't frequently seen in Canada.

Our high standards of sanitation and childhood immunization programs may have made you complacent about these diseases. Ensure that your routine immunizations — diphtheria, whooping cough (pertussis), tetanus, polio, measles, mumps and rubella — are up-to-date.

If you are travelling with infants or small children, you may need to arrange an alternative or accelerated childhood immunization schedule for them. Talk to your pediatrician, family doctor or travel medicine clinic.

AIDS

AIDS/HIV is a global disease. Some countries require proof of AIDS testing. Have the test conducted and obtain the results **before** your trip. When travelling, take the same precautions you do at home. Do not assume that condoms will be readily available everywhere. Even if you can find them, they may not meet the safety standards set by the World Health Organization.

Remember: Using intravenous drugs is not only illegal but also extremely risky — especially if you share needles.

Medication

If you take medication, be sure to pack an extra supply in case you are away for longer than expected. Carrying a duplicate of your original prescription is recommended, especially when travelling to a country that is particularly sensitive about drugs. Carry an extra prescription that lists both the generic and trade names of the drug, in case your medication is lost or stolen. This is also a good idea if you wear glasses or contact lenses; having the prescription makes it easier to replace them.

Do not try to save luggage space by combining medications into a single container. Keep all medications in the original, labelled container to avoid customs problems.

Some medications that are sold over the counter in Canada are illegal or require a prescription in other countries. Find out whether your medication is legally available in the country you plan to visit. For travel to some countries, obtaining a note from your doctor that states the medical reasons for your prescription and the recommended dosage is also encouraged. Note that doctors recommend carrying an effective antidiarrheal agent (such as Imodium®) because such treatments may not be available at your destination.

If you need syringes for a medical condition such as diabetes, it is

very important that you take along an appropriate supply. As well, you should carry a medical certificate that shows they are for medical use.

If you have a pre-existing medical condition that could present a problem while you are travelling, it is wise to wear a MedicAlert® bracelet. Through the MedicAlert® Foundation, your vital medical facts are stored in a database that can be accessed 24 hours a day from anywhere in the world.

Pregnancy

If you are pregnant and plan to travel abroad, talk to your doctor. Some vaccinations may not be recommended. Also, check your travel and health insurance plans carefully to ensure they cover health complications arising from pregnancy.

On Your Return

If you become sick or feel unwell when you return to Canada, see your doctor. Inform the doctor, without being asked, that you have been travelling or living outside Canada, and where you have been. If you were ill while travelling, see your doctor on your return and explain your travel history and any treatment you received.

ATTENTION

Working anywhere outside Canada without the right insurance is risky.

Telfer International, with over 30 years' experience insures Canadians working anywhere outside of Canada, including the U.S.We provide complete, medical coverage including occupational and war risk.

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Malaria

If you have been in an area where malaria occurs and you develop a fever during the first year after your return (especially in the first three months), seek medical attention immediately. Inform the doctor about your travel history and remind him or her that antimalarial pills do not guarantee protection against malaria. To rule out malaria, a blood test must be performed.

Supplemental **Health Insurance**

Do not rely on your provincial health plan to cover costs if you get sick or are injured while you are abroad. At best, your health plan will cover only a portion of the bill. It is your responsibility to obtain and understand the terms of your supplementary insurance policies. Some credit cards offer their holders health and travel insurance. Do not assume the card alone provides adequate coverage.

Be sure to ask whether your policy:

· Has an in-house worldwide emergency hotline you can call if you are in trouble. Find out whether it is open 24 hours a day, seven days a week; whether the operators are multilingual; and whether nurses or physicians are on staff.

- · Pays foreign hospital and related medical costs and, if so, whether it pays up front or expects you to pay and be reimbursed later.
- · Provides for your medical evacuation to the nearest place with proper medical care or to Canada.
- · Pays for any required medical escort (doctor/nurse) to accompany you during evacuation.
- Excludes pre-existing medical conditions. If such conditions exist, notify your insurance company and get an agreement in writing that you are covered for these conditions. Otherwise. you could find your claim "null and void" under a pre-existing condition clause.
- · Covers premature births and related neonatal care.
- · Allows for cash advances if a hospital accepts only such payment.
- · Pays for the preparation and return to Canada of your remains should you die while travelling.

Carry details of your insurance with vou. Also tell your travel agent, a friend or a relative at home, and your travelling companion how to contact your insurer.

Get a detailed invoice from the doctor or hospital before you leave the country. There is nothing more

«Ils ont pris tout mon argent, monsieur l'agent !»

"Sie haben mir mein ganzes Geld abgenommen, Herr Polizist."

"Se llevaron todo mi dinero, señor policía."

"They took all my cash, officer."



Scotiabank™

Don't take chances. Protect your vacation money with American Express® Travellers Cheques[®]. Pick them up at any Scotiabank branch before you go.

www.scotiabank.com/travel



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frustrating than trying to get the proper paperwork from thousands of kilometres away. Remember always to submit original receipts for any medical services or prescriptions you received while travelling abroad. Most insurance companies will not accept copies or faxes.

Other Insurance

Your provincial government health insurance plan cannot be maintained after you have lived outside the province for a period of time. This period varies depending on your province of residence. Individual personal medical insurance for those working outside Canada, with both occupational and non-occupational coverage, is available. These plans consist of full accident and sickness coverage, including emergency medical evacuation and war risk. Coverage is available for both the contracted person and dependants (you may wish to see the Telfer International ad for more information).

Lost luggage, theft of your purse or wallet, or flight cancellations can happen to you. These annoyances may cause major disruptions when they take place in a foreign country. Consider purchasing a travel insurance package that will compensate you for such inconveniences.

Travelling by Car?

Keep in mind that each country has its own driving regulations. You may be required to obtain an international driver's licence or additional insurance. Be sure to learn the local rules of the road before you get behind the wheel. In some countries, the driver may be detained and questioned by police even though only a minor accident has occurred.

Country-specific insurance must be purchased for travel by car to Mexico and Central America. This is usually available at border crossings. For specific information on driving in the United States and Mexico, consult our booklets Crossing the 49th and México: ¿Qué pasa?

Money Matters

Canadian currency and traveller's cheques in Canadian dollars are not always accepted. Before you leave Canada, consult a bank or foreign currency agent to find out the most appropriate currency to carry. It's always a good idea to have a small amount of the local currency on hand when you first arrive, unless the importation of local currency is a crime. Check with the foreign embassy or consulate in Canada or with your travel agent about currency regulations in the country you plan to visit. Traveller's cheques,

Travel Tips Provided by American Express

- Purchase American Express® Travellers Cheques. They are accepted worldwide and can be refunded - cash can't.
- Sign all your Travellers Cheques immediately, but do not countersign them until you use them.
- Consider Cheques for Two™, available in US dollars, if you are travelling with a companion. They can be used by both travellers but only one signature is necessary on a Cheque.
- . Divide your Travellers Cheques and cash up so there is less risk of losing them all.
- Know how the exchange rate affects your funds.
- Check what the ATM withdrawl fees are before you leave.
- Safely store away credit cards that you won't need on your trip.
- Track purchases by keeping your receipts.
 - * Used by Amex Canada Inc. under license from American Express Company.

such as those issued by American Express, in the appropriate currency or in U.S. dollars are often the safest and most convenient option. To ensure that traveller's cheques are accepted in the country you plan to visit, call American Express at 1-800-221-7282.

Do not rely exclusively on bank machine cards or credit cards. They are not necessarily honoured internationally.

Canadian Taxation Status

If you are living or travelling abroad but maintain residential ties in Canada, you are usually considered a factual resident of Canada for

taxation purposes. However, there may be other factors involved, so review your situation with the Canada Customs and Revenue Agency before you leave in order to avoid surprises. The CCRA publication Canadian Residents Abroad provides excellent information.

The CCRA's International Tax Services Office processes income tax returns for factual residents. non-residents and deemed residents of Canada, including Canadians posted overseas. It also provides general assistance by telephone. correspondence and counter service. and looks after all non-resident tax withholding accounts.

Avoiding Customs Difficulties

Before travelling abroad with valuable items, you can take advantage of a free identification procedure at any Canadian Customs office.

at any Canadian Customs office.
This service is available for items that have serial numbers or other unique markings. Alternatively, if you request it, Customs can apply a sticker to any item to give it a

serial number.

Jewellery often has significant value and can be difficult to identify. To make it easier to re-enter the country with jewellery, contact your nearest Customs office to find out the steps to take before your departure.

Transport of Dangerous Goods

Passengers are not permitted to transport dangerous goods on board an aircraft in carry-on or checked baggage or on their person. Dangerous goods are articles or substances that are capable of posing a risk to health, life, property or the environment when transported. Before travelling to any destination, consult the airline or Transport Canada's Web site to find out what you can and cannot transport.

Women Travelling Solo

Our booklet *Her Own Way: Advice* for the *Woman Traveller* provides information specifically for women travellers.

Travel with or by Children Remember that since December

Remember that since December 11, 2001, Canadian children need their own passport (see "Important Changes" above). However, if you hold a valid Canadian passport issued before December 11, 2001, that bears the name of your child, the passport will remain valid for both you and your child until it expires. Before any travel by a child, contact the embassy or consulate of the countries the child will be visiting to inquire about entry requirements.

If you or your partner are travelling to another country with your child and there is a possibility that a custody dispute might develop, you should talk to a lawyer before the child leaves home. Our special publication, *International Child Abductions: A Manual for Parents*, contains further information.

Your child custody arrangements in Canada may not be recognized in another country. In extreme cases, you or your child may not be allowed to leave that country. Check your status with the country's embassy or consulate in Canada before you travel. If you have custody questions, contact the Department of Foreign Affairs and International Trade's Consular Case Management division at 1-800-387-3124 (in Canada) or (613) 943-1055.

If a person younger than 18 is travelling alone or with only one parent or another adult, certified documentation proving that the trip is permitted by both parents should be carried. For an example of a certified consent letter, visit the Frequently Asked Questions section of our Web site.

Remember that customs officials

are looking for missing children and may ask questions about the children travelling with you. Make sure you carry the proper identification for yourself and any children travelling with you, including any documents required by the country you intend to visit. Proper identification includes birth certificates, baptismal certificates, passports, citizenship cards, records of landing and certificates of Indian status. These will help prove your citizenship and residency when you return to Canada.

International Adoptions

Provincial and territorial authorities

in Canada are responsible for authorizing international adoptions. If you are thinking of adopting a child from another country, you must first obtain information about the adoption regulations of the province or territory in which the child will reside. While adoption is a provincial/territorial responsibility, Citizenship and Immigration Canada (CIC) is responsible for

has already been completed.

For more information, contact your provincial/territorial authorities or the CIC call centre nearest you.

allowing an adopted child entry

if the child does not hold the

into Canada. Entry can be refused

appropriate immigrant visa. A visa

may be denied even if the adoption

Seeking Assistance

Registering at a Canadian Government Office Abroad

It is recommended that you register at the nearest Canadian government office abroad. This will help us contact you in case of an emergency. Registration is voluntary, and the information you provide is protected and used in accordance with the

provisions of the Privacy Act.

Canadians can also register on-line at our Web site (www.voyage.gc.ca/Consular-e/SOS/rocapage-e.htm).

In countries where Canada has no direct representation, there may be arrangements in place for you to register with another country's embassy or consulate. For example, Canada has such an arrangement with Australia. Consult the Country Travel Reports on our Web site for country-specific information.

Consular Assistance

Canada has over 270 "points of service" worldwide where consular officials are ready to help you if needed. In some instances, there may be a fee for services.

What we can do for you:

- We can contact, at your request, your relatives or friends and ask them to send you emergency funds.
- We can help you during emergencies such as natural disasters or civil and military uprisings.
- We can direct you to sources of information about local laws, regulations, cultural customs, and visas.
- We can assist with medical emergencies.
- We can replace passports (fees apply).
- If you are arrested, we can try
 to ensure equitable treatment
 under local laws. At your request,
 we can inform relatives and
 friends about your arrest and try
 to ensure that legal rights and
 processes are extended to you
 consistent with the standards
 of the host country.

 If you wish, we can notify your next of kin regarding an accident or death and let them know whether, and how, they can help.

Although Canadian offices provide a wide variety of services to travelling Canadians, demand is such that we restrict some services, especially those for which there are adequate alternatives available locally. Such services include making travel arrangements, transferring funds or paying local bills, storing or safekeeping personal effects or searching for lost items, doing translations, assisting with job hunts, obtaining visas for other countries and acquiring local permits or licences.

Check the "Canadian Government Offices Abroad" section for information on how to contact the Canadian office(s) in the country you plan to visit.

Emergency Consular Services

Canadian government offices abroad offer 24-hour assistance. Outside of office hours, your telephone call will automatically be transferred to a consular officer in Ottawa or you will be asked to leave a message for a return call. In either case, there will be a prompt response. If you leave

a recorded message, make sure that it is clear and that you leave a complete telephone number or contact address.

From some countries, you can use a toll-free number to speak to a consular officer in Ottawa. See page 69 for the number to call. In addition, you can make a collect call to the Department of Foreign Affairs and International Trade

in Ottawa, 24 hours a day, seven days a week, at (613) 996-8885. You may wish to use the *Canada Direct* service if it is available in the country you are calling from.

In some locations where Canada does not have a local office, the Australian or British missions will provide emergency services or will contact the nearest Canadian office on your behalf.

On the Road

Foreign Laws and Customs

When you are travelling in a foreign country, familiarize yourself with the way of life there. Respect that country's laws, religions, culture, class structure and economic conditions. Although you may not agree with some of the country's beliefs, remember that you are a visitor.

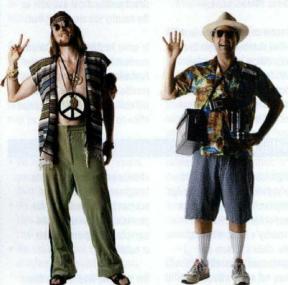
In many countries, appropriate attire for both sexes is very important. In some countries, laws govern what men and women can and cannot wear in public. Penalties for disobeying local laws can be quite severe.

Be especially respectful of temples, mosques, churches, synagogues and other religious sites. Many of these areas are off limits to foreigners or people who are not members of that faith. Ask permission before taking photographs of religious artifacts or buildings.

Not everyone likes to have their picture taken. Local people may resent you for taking their photograph, or they may demand money for the picture after it has been taken. Always ask first.

Never take photographs of military facilities, a harbour where naval vessels are docked or industrial installations such as oil refineries. You may lose your film and your camera, and you could even come under suspicion of espionage.

Guess who was detained at the border for drugs?



Prescription drugs and even some over-the-counter medications can be closely scrutinized by customs officials.

When travelling outside Canada, take along a copy of your prescription and ensure you carry all medicines in their original containers. If you use syringes, bring along a doctor's certificate proving they're for medical use.

For more information, visit our Web site at: www.voyage.gc.ca

Taking Precautions

The same rules apply abroad as at home, only more so. Foreigners are usually at greater risk than locals. In many countries, foreigners are specifically targeted. Don't wander into unknown areas — find out how safe they are first. Don't pick up hitchhikers or cross borders with people you have just met. Watch your luggage and make sure it's locked. Never take anything, even an envelope, across a border for someone else.

Don't display large amounts of money or expensive jewellery in public. Use a money belt or a case with concealed sections for valuables. Dress appropriately.

Leave a copy of your itinerary with someone at home so they can contact you in case of an emergency. Don't forget to telephone home, particularly if you have promised family members or friends that you would do so. We receive thousands of calls every year from worried family members or friends who have not received a promised call.

Keep a separate record of your traveller's cheques and credit cards. Never carry your passport, travel tickets, identification documents, cash, credit cards

and insurance papers together.
If you do so, you risk being left
with no identification or funds

Use the safety deposit box at your hotel. Never leave valuables in your room.

Illegal Drugs

Drug use and trafficking are prohibited in all countries, even though drugs are readily available and openly used in some places. Most countries impose heavy fines and long prison sentences for possession and trafficking. For details, check the Drugs and Travel section of our Web site.

In some countries, possession of even small amounts of drugs carries the death penalty.

Never take any parcel that is not yours across a border.

Choose your travelling companions wisely. Never cross a border with a hitchhiker or as a hitchhiker. Although you may not be carrying anything illegal, your companions may be.

Crime and Punishment

More than 2,000 Canadians are currently imprisoned outside Canada for various offences.

The laws and customs of countries around the world can be very different from those in Canada. Ignorance of those laws is no defence.

While in a foreign country, you are subject to its laws and regulations. Your Canadian citizenship offers no immunity.

Canadian consular staff abroad must also follow the rules of the host country. If you do find yourself in trouble, they can help you locate

Sexual Exploitation of Children

The Government of Canada has enacted legislation that permits the arrest and prosecution of Canadians in Canada for the sexual exploitation of children in other countries. Most countries are now enacting legislation, or more vigorously enforcing existing laws, concerning the sexual exploitation of children. Those convicted face a penalty of up to 14 years' imprisonment. For more information, see the Publications section of our Web site.

a lawyer, contact your family and friends, and ensure that you receive fair treatment according to the standards of that country. However, they cannot wield any influence to reduce your sentence or fine.

Judicial Process

Never assume that the legal system of the country you are visiting is the same as at home. "Innocent until proven guilty" is not a universally recognized concept. In some countries, you may not even have the right to legal representation or a trial in your own language.

Some countries do not recognize or respect religious freedom; freedom of association, speech or the press; or equality of the sexes. For instance, guilt by association is presumed in some countries. This means that you may be charged simply for being in the company of a person suspected or found guilty of a crime.

Even if you are an innocent bystander at a demonstration or riot, you may be considered a participant and be rounded up with those involved. Your Canadian citizenship does not grant you immunity.

If you do find yourself in legal trouble, contact the nearest Canadian government office immediately. If you cannot do so yourself, have someone else do it for you.

Mail

If you are travelling for an extended period of time, you can arrange to have your mail sent to a post office box or, where possible, to the nearest Canadian government office. In the latter case, the office will hold on to letter-size mail (not parcels) for you to pick up in person. This mail cannot be forwarded to another address.

When You Return

Departure Tax

Some countries impose a departure tax or service fee at the airport or point of departure. Before leaving, make sure you set aside enough money, in local funds, to pay this tax.

Canadian Food Inspection Agency: Be Aware and Declare

Every year, thousands of travellers fail to declare things like meat, cheese, animal hides, live birds, plants, fruits and their products. These items may carry pests or diseases that pose a risk to human, plant or animal health. Foreign pests or diseases could destroy Canada's crops and forests and endanger our livestock, threatening our ability to produce safe food.

Canadian law says you must declare all the plants and animals you bring back, as well as their products. It restricts and prohibits the entry of products that could harm Canada's agriculture and forestry or that pose a danger to human health and safety.

Before you leave Canada, contact the Canadian Food Inspection Agency or visit their Web site.

Pet Imports

Before bringing a live animal back to Canada, check the import requirements with the Canadian Food Inspection Agency. For more information, consult the "Pet Imports" chapter under "Travellers" in the Consumer Centre section of the Agency's Web site or call one of their Import Service Centres.

Canadian Customs and Import Controls

You must declare everything you have purchased and acquired abroad, whether the items are for yourself or intended as gifts, as well as goods bought at a Canadian or foreign duty-free store. Keep your original receipts for possible inspection.



Agence canadienne d'inspection des aliments

What can I bring into Canada?

Foods, plants and animals can harbour disease and pests.

Protect Canada's resources ... Be aware and declare!

Web Site: www.inspection.gc.ca

Tel.: 1-800-442-2342



If you have been away from Canada for 24 hours or more, you may bring back goods worth up to C\$50 without paying duties or taxes. This does not include alcohol and tobacco.

If you have been away from Canada for 48 hours or more, you may bring back goods worth up to C\$200 without paying duties or taxes. These goods can include alcoholic beverages and tobacco products, as follows: up to 1.14 litres of liquor or 1.5 litres of wine, or a case of 24 bottles or cans of beer or ale, each containing 355 ml. As for tobacco, you may bring back up to 200 cigarettes, 50 cigars or cigarillos, 200 tobacco sticks and 200 grams of manufactured tobacco. Provincial age restrictions apply to liquor and tobacco products.

If you have been away from Canada for seven days or more, you may bring back goods worth up to C\$750 without paying duties or taxes. These goods can include tobacco products and alcoholic beverages as described above. When calculating the number of days you are absent, do not include the date you leave Canada, but do include the date you return.

Note: As of October 1, 2001, if you include cigarettes, tobacco sticks or loose tobacco in your personal

exemption allowance, only a partial exemption will apply. You will have to pay a minimum duty on these products unless they are marked "Canada — Duty Paid." Canadianmade products sold at a duty-free shop will be marked in this way. You can speed up your clearance by having your tobacco products available for inspection when you arrive.

Certain goods are restricted from entering Canada. If you are considering importing meat or dairy products, plants, weapons, vehicles, exotic animals or products made from their skins or feathers, contact the Canada Customs and Revenue Agency or the Canadian Firearms Centre beforehand for guidance.

Obscene materials, hate propaganda, most weapons, and goods harmful to the environment are prohibited from entering Canada.

If you have any questions about what you can bring home, contact the Canada Customs and Revenue Agency or call your local Customs Border Services office. The CCRA booklet *I Declare* describes what you can and cannot bring back to Canada if you have been away for less than a year.

Importation of Firearms

Specific regulations and procedures apply to the importation of firearms. For more information, contact the Canadian Firearms Centre.

Illegal Souvenirs

Before you purchase an animal or plant, or a product made from animals or plants, be sure you know what rules and regulations apply. Many attractive items sold in foreign countries are made from endangered plants or animals. Live cactus and orchid plants, ivory bracelets and carvings, marine turtle shells and turtle-shell products. whalebone carvings, and cat skins, teeth and claws are some of the more common items illegally brought back to Canada. These items are included in the more than 30,000 species of wild animals and plants regulated under

the Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES). A violation of CITES could lead to seizure of your purchase, as well as a fine and/or prison term. Contact Environment Canada for details.

Since many other countries also have strict laws protecting wildlife, it is often wise to leave any items you already own at home.

When in doubt, don't buy it!

After Residing Abroad

After a stay abroad of more than a year, there are special import provisions for household items and personal belongings when you move back to Canada. Information is contained in the brochure *Moving Back to Canada*, published by the Canada Customs and Revenue Agency.

For More Information

Department of Foreign Affairs and International Trade

Consular Affairs Bureau
Web site: www.voyage.gc.ca
E-mail: voyage@dfait-maeci.gc.ca

Publications (free)

Bon Voyage, But.. Information for the Canadian Traveller Canadian Performers: How to Enter the United States Child Sex Tourism Fact Sheet (on-line only)

China (Including Hong Kong): A Guide for Canadian Visitors Crossing the 49th: Advice for Canadians Travelling to the United States

Destination: Success — Services for Business Travellers Dual Citizenship: What Travellers Should Know

Know the rules — sometimes carrying a purse is illegal



In co-operation with over 150 countries, Canada is committed to protecting some 30,000 plant and animal species. Before bringing any item made from them into Canada know the rules.

You risk losing the item, prosecution and fines up to \$150,000.

Canadä

For more information on current legislation, see page 26 or contact:

CITES* Administrator

Environment Canada Ottawa, Ontario K1A 0H3 Tel.: 1-800-668-6767

or (819) 997-1840 Fax: (819) 953-6283

www.cites.ec.gc.ca





Environnement Canada

Guess Who Was Detained at the Border for Drugs! Guide for Canadians Imprisoned Ahroad Her Own Way: Advice for the

Woman Traveller International Child Abductions A Manual for Parents

México: ¿Qué pasa? A Guide for Canadian Visitors Out on a Limb: Advice for the Adventure Traveller Retirement Abroad: Seeing the Sunsets Teaching English in Korea (on-line only) Teaching English in Taiwan (on-line only) Travelling Abroad? Assistance for Canadians What No Child Should Endure Working Abroad: Unravelling the Maze

To access or order-Web site: www.voyage.gc.ca Tel.: 1-800-267-8376 (in Canada) or (613) 944-4000

Country Travel Reports (free)

Country Travel Reports at www.voyage.gc.ca provide information on safety and security conditions. health issues and entry requirements for 225 travel destinations. This

phone and fax: Tel.: 1-800-267-6788 (in Canada and the U.S.) or (613) 944-6788

information is also available by

FaxCall: 1-800-575-2500 (in Canada) or (613) 944-2500

For a list of Diplomatic, Consular and Other Representatives in Canada, visit www.vovage.gc.ca and click on Foreign Destinations.

Canada Customs and Revenue Agency (CCRA) Web site: www.ccra.gc.ca

Customs Automated Customs Information Service Tel.: 1-800-461-9999 (in Canada) or (204) 983-3500 or (506) 636-5064

Publications (free) I Declare Importing a Firearm or Weapon into Canada Importing a Vehicle into Canada Moving Back to Canada

To order:

National Distribution Centre Canada Customs and Revenue Agency 875 Heron Road Ottawa, ON K1A 1A2

Tel.: 1-800-959-2221 (in Canada and the U.S.), consult www.ccra.gc.ca or contact your local Customs Border Services office.

Taxation International Tax Services Office 2204 Walkley Road Ottawa, ON K1A 1A8

Tel.: 1-800-267-5177 (in Canada and the U.S.) or (613) 952-3741: Non-Resident Withholding Accounts: 1-800-267-3395 (in Canada and the U.S.) or (613) 952-2344: Problem

Resolution Program: 1-800-661-4985 (in Canada and the U.S.) or (613) 952-3502 Collect calls are accepted. Fax: (613) 941-2505

Canadian Residents Abroad In order-Consult www.ccra.gc.ca or call 1-800-959-2221 (in Canada and the U.S.) or (613) 952-3741.

Publication (free)

Canadian Firearms Centre Web site: www.cfc-ccaf.gc.ca Tel.: 1-800-731-4000 E-mail: canadian.firearms@ justice.gc.ca

Canadian Food Inspection Agency Web site: www.inspection.gc.ca Import Service Centres (ISC): Eastern ISC 1-877-493-0468

Central ISC

Western ISC

To order:

Publication (free) What Can I Bring into Canada?

1-800-835-4486

1-888-732-6222

Canadian Food Inspection Agency Public Affairs, 59 Camelot Drive 2nd Floor East, Nepean, ON K1A 0Y9 (613) 225-2342 **Canadian Transportation** Agency Web site: www.cta-otc.gc.ca Citizenship and Immigration

Canada (CIC) Web site: www.cic.gc.ca

CIC Call Centres:

Tel.: 1-800-442-2342 or

Tel.: 1-888-242-2100 (in Canada) or Montreal (514) 496-1010 (416) 973-4444 Toronto Vancouver (604) 666-2171

Publications (free) Dual Citizenship How to Prove You Are a Canadian Citizen International Adoption and the Immigration Process (on-line only)

To order: www.cic.gc.ca or (613) 954-9019

Le Directeur de l'état civil du Québec Web site: www.etatcivil.gouv.qc.ca

Environment Canada – CITES Web site: www.cites.ec.gc.ca Tel.: 1-800-668-6767 or (819) 997-1840 Fax: (819) 953-6283

HEALTH ISSUES

Canadian HIV/AIDS Clearinghouse

Web site: www.clearinghouse.cpha.ca

Publication (\$)

Basic Facts About AIDS

To order:

But

Bon Voyage,

1565 Carling Avenue, Suite 400 Ottawa, ON K1Z 8R1 Tel.: **(613) 725-3434**

Canadian Public Health Association

Web site: www.cpha.ca

Publications (\$)

Don't Drink the Water: The Complete Traveller's Guide to Staying Healthy in Warm Climates

International Travel and Health (2002): Vaccination Requirements and Health Advice

Travel Immunization Record Book

To order:

1565 Carling Avenue, Suite 400 Ottawa, ON K1Z 8R1 Tel.: **(613) 725-3769, ext. 190**

Canadian Society for International Health

List of travel clinics: Web site: www.csih.org E-mail: csih@csih.org Tel.: (613) 241-5785

Drugs and Travel Information Program

Web site: www.voyage.gc.ca

GlaxoSmithKline

Web site: www.immunizecanada.com Tel.: 1-800-387-7374

Publication (free)

Passport to Healthy Travel
Written by travel medicine experts,
this is a concise and informative
guide to help travellers stay healthy
while abroad.

Health Canada

Web sites: Health Canada: www.hc-sc.gc.ca Travel Medicine Program: www.travelhealth.gc.ca Tel.: (613) 957-8739 FAXlink: (613) 941-3900

MedicAlert®

Web site: www.medicalert.ca E-mail: medinfo@medicalert.ca Tel.: 1-800-668-1507

Passport Office

Web site: www.ppt.gc.ca
Tel.: 1-800-567-6868 (in Canada)
Montreal (514) 283-2152
Ottawa-Hull (819) 994-3500
Toronto (416) 973-3251
Vancouver (604) 586-2500

Radio Canada International (RCI)

Web site: www.rcinet.ca Tel.: (514) 597-7500 (Canadian Broadcasting Corporation)

Scams

Publications (\$)

Scam Watch Son of Scam

These booklets describe scenarios used by criminals around the world to target travellers.

To order:

Canadian Institute of Travel Counsellors 55 Eglinton Avenue East, Suite 209 Toronto, ON M4P 1G8 Tel.: 1-800-589-5776 or (416) 484-4450 Web site: www.citc.ca

Transport Canada

E-mail: info@citc.ca

Web sites:
ECMT (parking permits):
www.tc.gc.ca/pol/en/accessibility/
executivesummary.htm
Transport of dangerous goods:
www.tc.gc.ca/aviation/commerce/
dgs/index e.htm



Call us BEFORE you leave **1.800.360.3234**

Travel insurance, worldwide emergency assistance, visitor to Canada, expatriate, student insurance and more. Visit www.ingleinsurance.com to get a quote today. The one source for Canada's leading insurance providers and choice of benefits.

Ingle INSURANCE

You are not alone

Canadian Government Offices Abroad

The following list identifies where to seek consular assistance in each country. Hours and days of operation of Canadian government offices abroad vary from country to country. Call the office concerned to check its hours. If you are overseas and unable to contact a Canadian office in an emergency. make a collect call to the Department's Consular Affairs Bureau at (613) 996-8885 (via Canada Direct where possible). From some countries, you can also use a toll-free number to speak to a consular officer in Ottawa (see the table on page 69).

The telephone and fax numbers in the following list include country and city/area codes. The city/area codes provided (in parentheses) are those you use when calling from within the country where the office is located. If you are calling from another country, you may have to use a different city/area code.

Also, when calling from one country to another, you must use the local code for international calls before the country and city/area codes of the number you wish to reach. For example, if you are calling overseas

from Canada, you must press 011 before the country code. (Calls to Bermuda, the Caribbean and the United States do not require a country code, but you must press 1 before the area code.) If you are unable to contact an office overseas, please verify the codes with your telephone operator.

Canada Direct service is offered

Teleglobe Inc. On its international

by Canada's major telecommunications companies in association with

network, Teleglobe carries calls from more than 130 countries where Canada Direct service is available. In addition, you may use the Canada Direct country-to-country calling feature if it is available in the country you are calling from. The © symbol indicates that Canada Direct service is available from that country.

Addresses and telephone numbers and city/area and country codes are subject to change. When changes occur, the Internet version of this list is updated immediately. The Internet version also includes e-mail and Web addresses and can be found under Foreign Destinations at www.voyage.gc.ca.

Afghanistan

See Pakistan, Islamabad

Albania

Canadian Embassy Office Rruga "Brigada VIII," Pallati 2, Apartamenti 1, Tirana, Albania Postal address: P.O. Box 47, Tirana, Albania

Tel.: 355 (4) 257274/5, 258344/5 Fax: 355 (4) 257273

Algeria Canadian Embassy

18, rue Mustapha-Khalef, Ben Aknoun, Alger, Algeria **Postal address**: B.P. 48, Alger-Gare, 16000 Alger, Algeria Tel.: (213) 2191-4951, 2191-4960

Fax: (213) 2191-4973

Andorra

See Spain, Madrid

Angola Consulate of Canada

Rua Rei Katyavala 113, Luanda, Angola Tel.: 244 (2) 448-371, 448-377,

448-366 Fax: 244 (2) 449-494

Anguilla
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Aruba

See Netherlands Antilles

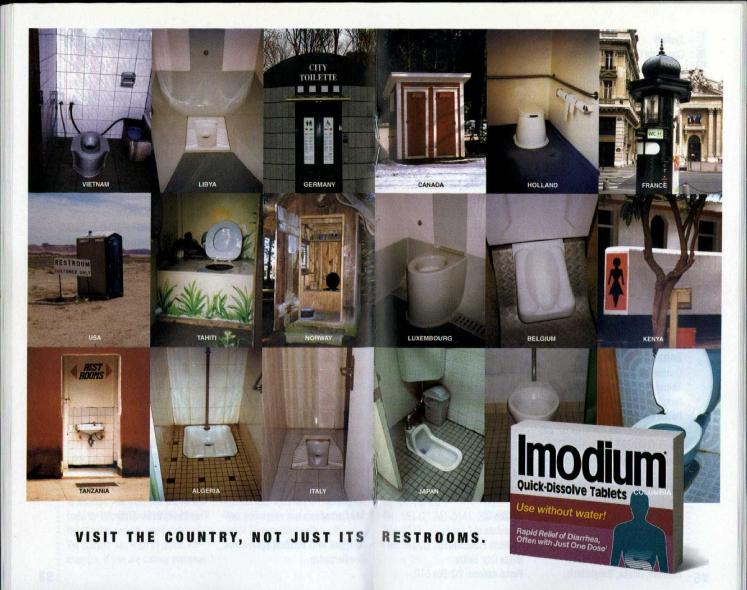
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Level 5, Quay West, 111 Harrington Street. Sydney, New South Wales 2000.

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Austria @ Canadian Embassy Laurenzerberg 2,

1010 Vienna, Austria Tel.: 43 (1) 531-38-3000 Fax: 43 (1) 531-38-3905

Azerbaijan See Turkey, Ankara

Azores 7 See Portugal, Ponta Delgada

Bahamas 🕜

Consulate of Canada Shirley Street Shopping Plaza. Nassau, Bahamas

Postal address: P.O. Box SS-6371, Nassau, Bahamas

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Bahrain @ See Saudi Arabia, Riyadh

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Canadian High Commission House CWN 16/A, Road 48, Gulshan, Dhaka, Bangladesh

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Belgium © Brussels Canadian Embassy 2, avenue de Tervuren, 1040 Brussels, Belgium

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83 North Front Street. Belize City, Belize Postal address: P.O. Box 610.

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Cotonou, Benin Tel.: 229 30-24-79 Fax: 229 30-05-32

Bermuda 🕜 Consulate of Canada Reid House, 31 Church Street,

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Relo Horizonte Consulate of Canada

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Copacabana, 22021-000 Rio de Janeiro, Brazil Tel.: 55 (21) 543-3004

Fax: 55 (21) 275-2195 Salvador

Consulate of Canada

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Consulate General of Canada Centro Empresarial Nações Unidas, Torre Norte, 16th Floor, Avenida Nações Unidas.

12901 São Paulo, SP. Brazil Postal address: CEP 04578-000. São Paulo, Brazil

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British Virgin Islands © See Barbados

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Ouagadougou, Burkina Faso

Burma See Myanmar

Burundi See Kenva

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Cape Verde See Senegal

Cayman Islands © See Jamaica, Kingston

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Central African Republic Tel.: 236 61-09-73 Fax: 236 61-40-74

Chad See Cameroon, Yaoundé

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American International Centre. West Tower, Suite 604, 1376 Nanjing Xi Lu, Shanghai 200040. People's Republic of China Tel.: 86 (21) 6279-8400 Fax: 86 (21) 6279-8401

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Canadian Embassy Cra. 7, No. 115-33, Bogotá, Colombia Postal address: P.O. Box 110067. Bogotá, Colombia Tel.: 57 (1) 657-9800

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Consulate of Canada Edificio Centro Ejecutivo Bocagrande, Carrera 3. No. 8-129. Oficina No. 1103. Cartagena, Colombia Tel.: 57 (5) 665-5838 Fax: 57 (5) 665-5837

Comoros Islands

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Congo (Brazzaville)

See Gabon

Congo (Kinshasa)

See Democratic Republic of Congo

Cook Islands

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Canadian Embassy La Sabana Executive Business Centre. Building No. 5, 3rd Floor. beside the Contraloría General de la República, San José, Costa Rica Postal address: P.O. Box 351-1007. San José, Costa Rica Tel.: 506 296-4149 Fax: 506 296-4270

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Canadian Embassy Immeuble Trade Center. 23. avenue Noguès, Le Plateau, Abidian, Côte d'Ivoire

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Tel.: 225 20-30-07-00 Fax: 225 20-30-07-20

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Canadian Embassy Prilaz Giure Dezelica 4. 10000 Zagreb, Croatia Tel.: 385 (1) 488-1200, 488-1211 Fax: 385 (1) 488-1230

Cuba Havana

Canadian Embassy Calle 30, No. 518, Esquina a7a. Miramar, Havana, Cuba Tel.: 53 (7) 204 2516 Fax: 53 (7) 204 9772

Guardalavaca

Consulate of Canada Villa Cabanas 13-14. Guardalavaca, Holguín, Cuba Tel.: 53 (24) 30-320 Fax: 53 (24) 30-321

Varadero

Consulate of Canada Calle 13E, Avenida Primera y Camino del Mar. Varadero, Mantanzas, Cuba Tel.: 53 (5) 61-2078 Fax: 53 (5) 66-7395

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Consulate of Canada 1 Lambousa Street. 1095 Nicosia, Cyprus Postal address: P.O. Box 22115-1517. Nicosia, Cyprus

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Fax: 357 (2) 2779-905

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Fax: 420 (2) 7210-1890

Democratic Republic of Congo

Canadian Embassy 17, avenue PUMBU, Commune de Gombe, Kinshasa, Democratic Republic of Congo Postal address: B.P. 8341. Kinshasa 1. Democratic Republic of Congo Tel.: 243 884-1699: cell: 243 990-3009

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Fax: 45 33 48 32 20

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3900 Nuuk, Greenland

Tel.: 299 31-16-47

Fax: 299 32-02-88

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Djibouti, Djibouti

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Santo Domingo 1.

Puerto Plata

42

Dominican Republic

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Fax: 1 (809) 682-2691

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Calle Virginia E. Ortea, Edificio

Isabel de Torres, Suite 311-C,

Puerto Plata, Dominican Republic

Fax: 25 (3) 35-00-14

Postal address: B.P. 1188,

Dominican Republic ©

La Esperilla, Santo Domingo.

Postal address: P.O. Box 2054.

Capitán Eugenio de Marchena No. 39,

Place Lagarde, Djibouti, Djibouti

Tel.: 25 (3) 35-38-59, 35-59-50

Diibouti

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Groenlandsfly A/S, Nuuk Airport, 3900 Nuuk, Greenland Postal address: P.O. Box 1012,

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Dili, East Timor

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Canadian Embassy

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4th Floor, Quito, Ecuador

(CC1), Quito, Ecuador

Fax: 593 (2) 250-3108

Consulate of Canada

Victor Manuel Rendon.

Fax: 593 (4) 231-4562

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Postal address: P.O. Box 1667,

Garden City, Cairo, Egypt

Guayaquil

Egypt ©

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Quito

Tel.: 670 390-322-111

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Avenida dos Martires da Patria.

Avenida 6 de diciembre, No. 2816,

Postal address: P.O. Box 17-11-6512

Tel.: 593 (2) 250-6162, 223-2114

Avenida General Cordova 810 and

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Tel.: 593 (4) 256-3580, 231-4561

Fax: 1 (809) 586-5762 Australian Mission in East Timor

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Centro Financiero Gigante, Torre A,

Lobby 2, Alameda Roosevelt v 63

Ave. Sur, Colonia Escalón.

San Salvador, El Salvador

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Andenet Street, House No. 87/89,

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10130 Tallinn, Estonia

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Old Airport Area, Higher 23,

Kebele 12, House No. 122,

Postal address: P.O. Box 1130,

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Addis Ababa, Ethiopia

Postal address: P.O. Box 3962.

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Eritrea

Tel.: 251 (1) 71 30 22

Fax: 251 (1) 71 30 33

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Fiii 🕜

Consulate of Canada

Suva, Fiii

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Canadian Embassy

Pohjoisesplanadi 25B.

00100 Helsinki, Finland

00101 Helsinki, Finland

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Fax: 358 (9) 601-060

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35, avenue Montaigne.

Tel.: 33 1-44-43-29-00

Fax: 33 1-44-43-29-86

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59800 Lille, France

30, avenue Émile Zola.

Tel.: 33 3-20-14-05-78

Fax: 33 3-20-14-36-96

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69002 Lyon, France

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Consulate of Canada 16, rue Jacques Debon. Saint-Pierre, Saint-Pierre et Miguelon, France Postal address: B.P. 4370, 97500 Saint-Pierre, Saint-Pierre et Miguelon, France Tel./Fax: 508 41-55-10

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French Guiana @ See Guvana

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Canadian Embassy Quartier Batterie IV. Libreville, Gabon Postal address: B.P. 4037. Libreville, Gabon Tel 241 73-73-54

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Grenada (C) See Barbados

Guadeloupe © See Barbados

Guam (C) See Micronesia

Guatemala 🕜 Canadian Embassy

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46-37-32, 46-32-91, 46-32-90: after hours: 224 11-21-73-72. 11-21-17-55

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Hungary ©

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7/8 Shantipath, Chanakyapuri,
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New Delhi, India Tel.: 91 (11) 687-6500 Fax: 91 (11) 687-0031 Bangalore
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103, Prestige Meridian 1, 29 M.G. Road, Bangalore 560 001, Karnataka. India

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Tel.: 91 (172) 716-020/021

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827 Anna Salai, Dhun Building,
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Chennai 600 002, India

Tel./Fax: 91 (44) 852-9818.

859-1402

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Duncan House, 31,

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Indonesia ©
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Mumbai (formerly Bombay)

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Jl. Jend Sudirman, Kav. 29, Jakarta 12920, Indonesia Postal address: P.O. Box 8324/JKS.MP, Jakarta 12084, Indonesia Tel.: 62 (21) 525-0709 Fax: 62 (21) 571-2251

World Trade Centre, 6th Floor,

Denpasar (Bali)
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Jalan Prof. Moh Yamin 4, Renon,
Denpasar, Bali, Indonesia

Postal address: P.O. Box 3243, Denpasar, Bali, Indonesia Tel.: 62 (361) 235-092, 093 Fax: 62 (361) 231-990 Surabaya (East Java)

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Fax: 62 (31) 354-4331

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Consulate of Canada

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Fukuoka-ken 810-0004, Japan

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Naples, Italy 80121 Tel.: 39 (081) 401-338 Fax: 39 (081) 410-4210

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Ireland © Canadian Embassy

65 St. Stephen's Green.

Iran (C)

Canadian Embassy

(Darya-E-Noor).

Tehran, Iran

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57 Shahid lavad-e-Sarfaraz

Ostad Motahari Avenue.

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Bat

Bon Voyage,

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Canadian Embassy

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Via Zara 30, Rome, Italy 00198

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Consulate of Canada Via Carducci 29.

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Fax: 39 (0864) 210-158 Ivory Coast © See Côte d'Ivoire Jamaica ©

Kingston Canadian High Commission 3 West Kings House Road,

Postal address: P.O. Box 1500.

Kingston 10. Jamaica

Kingston 10, Jamaica

c/o Chugoku Electric Power Co. Inc., 4-33 Komachi, Naka-ku, Hiroshima-shi, Hiroshima-ken 730-8701, Japan Tel./Fax: 81 (082) 246-0057

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Nagova Consulate of Canada Nakato Marunouchi Building, 6F,

3-17-6 Marunouchi, Naka-ku,

Sapporo 060-0807, Japan FT Building, 9F, 4-8-28 Watanabe-Tel./Fax: 81 (011) 726-2863

Sendai

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Consulate of Canada 3-7-1 Ichibancho, Aoba-ku,

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2-2-3, Nishi-Shinsaibashi, Chuo-

Osaka, Minami 542-8691, Japan

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2F, 20 Kita-7 Nishi-2, Kita-ku,

ku, Osaka 542-0086, Japan

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Tel.: 381 38-549545

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Kyrgyz Republic Consulate of Canada

189 Moskovskava Avenue. 720010 Bishkek, Kyrgyz Republic Tel.: 996 (312) 65-05-06 Fax: 996 (312) 65-01-01, 65-02-04

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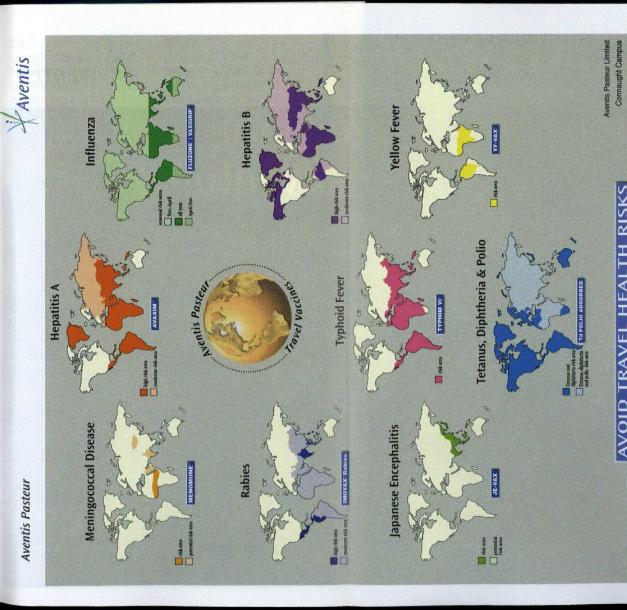
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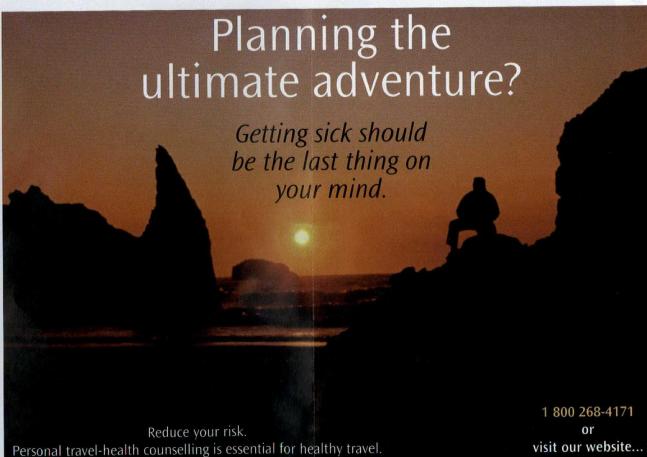
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Fax: 971 (2) 445-8787

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Khalid Ibn Al Waleed Street,
Bur Durbai, United Arab Emirates
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Toll-free numbers are available to speak to a consular officer in Ottawa. Before you leave, check the numbers for the countries on your itinerary (not available from all countries).

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and Wales)
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00800-161-22200120: Greece

06800-12167: Hungary 800-8462: Iceland

008-800-105-171: Indonesia

014-800-2326-6831: Israel, West Bank and Gaza

1-800-276-2989: Jamaica

011-800-2326-6831 or 0041-800-2326-6831 or 0061-800-2326-6831: Japan 002-800-2326-6831 or 008-800-2326-6831: Korea

0800-3679: Luxembourg **0800-371**: Macau

001-800-514-0129: Mexico 0-800-914183: Monaco

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1-800-1-110-0226: Philippines

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810-800 -201-41012: Russia **800-814-0139:** Saudi Arabia

0800-992-773: South Africa 001-800-156-220-0142: Thailand

00800-14-220-0149: Turkey

1-800-555-0046: Turks and Caicos Islands

800-014-0145: United Arab Emirates **1-888-949-9993:** Unites States

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- Local call will be charged for call out of Moscow.

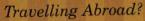
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Argentina •♦	0-800-222-1004
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	& 1-800-551-177
(Tasmania, Christmas Islan	d)
Austria •	0-800-200-217
Bahamas 🛆	1-800-463-0501
Bahrain ◇▲	80-01-00
Barbados △	1-800-744-2580
Belarus 💠	8*800-111
(Mogilev, Gomel, Vitebsk, Gr	rodno, Brest, Minsk)
Belgium ▲ • ◇	0-800-10019
	or 0-800-70019
Belize •	(hotels) 558 &
	(payphones) 816
Bermuda	1-800-744-2580
Bolivia •◇▲	800-10-0101
Brazil •◇▲	000-8014
Brunei • A	800-010
Bulgaria •	00-800-1359
Canada-Bell ♦	1-800-555-1111
Canada-Telus ◇	1-800-646-0000
Cayman Islands △	1-800-744-2580
Chile •	800-360-280
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China •♦	108-186
Colombia •	980-9-19-0057
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Croatia • >	0-800-22-01-01
Cyprus 💠	800 90012
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(Corsica Island)	or 0-800-99-0216
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Germany • >	0-800-888-0014
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Ireland • A	1-800-555001
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	or 1-800-9205-140
(No access from Palestinian ter	ritories)
Italy • A	172-1001
(Elba Island, San Marino, Vatica	an City)
Ivory Coast • >	00-11-00
Jamaica ◊	1-800-222-0016
	(hotels) 876
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Paraguay -	008-14-800
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Portugal	800-800-122
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	00-80-12-0015
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Ukraine 🕕	8*10017
United Arab Emirates	800-141
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Guernsey)	
Uruguay • <> >	000-419
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US Virgin Islands •◇▲	1-800-496-0008
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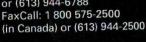
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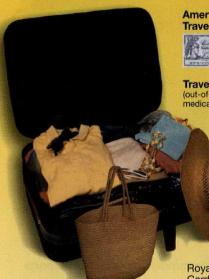
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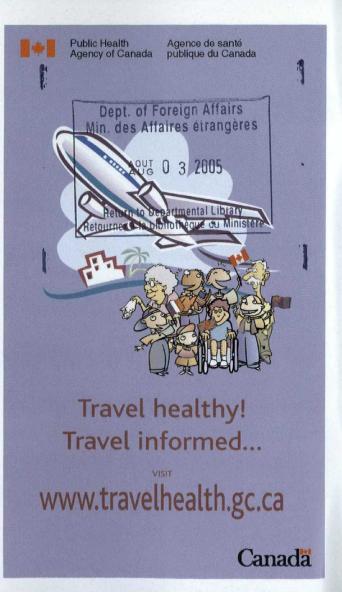
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BON VOYAGE, BUT...

INFORMATION FOR THE CANADIAN TRAVELLER 2005/2006







BON VOYAGE, BUT...

INFORMATION FOR THE CANADIAN TRAVELLER 2005/2006

Published by Foreign Affairs Canada

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This publication is available in alternative formats upon request.

Ce document est aussi disponible en français sous le titre Bon voyage, mais...

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Canadians love to travel. Each year we make millions of trips worldwide for both business and pleasure.

To maximize your chances of enjoying a hassle-free journey abroad, get informed before you go—preparation is the key to a successful trip.

To help you plan ahead, Foreign Affairs Canada has developed this handy reference booklet. It contains a list of the consular services we offer abroad, travel advice and important contact information.

WHAT ARE CANADIAN CONSULAR SERVICES?

The Consular Affairs Bureau of Foreign Affairs Canada has over 270 points of service worldwide where consular officials are ready to assist Canadians travelling, working or living abroad.

Being informed about the services we do and do not provide will help make your stay abroad a more pleasant one.

Consular Officials Provide the Following Services:

In emergencies

 Assist in arranging evacuation in the event of war, civil unrest or a natural disaster.



- Arrange help in a medical emergency by providing you with a list of local doctors and hospitals.
- Arrange for your medical evacuation should a required treatment not be available locally (fees apply).
- Comfort and assist victims of robbery or other violence.
- Help find missing persons and abducted children.

When legal issues arise

- Provide you with a list of local lawyers.
- Provide you with sources of information about local laws and regulations.
- Seek to ensure that you are treated fairly under the country's laws if you are arrested or detained (see our publication A Guide for Canadians Imprisoned Abroad).
- Provide assistance if your child has been abducted and taken to another country (see our publication International Child Abductions: A Manual for Parents).
- Notarize documents (fees apply).

When other issues arise

- Replace a lost, stolen, damaged or expired passport (fees apply).
- Extend the period of validity in a limited-validity passport (fees apply).
- Add a married or conjugal name to a passport (fees apply).
- Issue certificates in lieu of a birth certificate, record of civil status or record of family civil status (fees apply).
- Issue a statement in lieu of a certificate of non-impediment to marriage abroad (fees apply).
- Provide an emergency loan (fees apply, and this service is offered only as a last resort and is subject to strict rules).
- Transfer funds (fees apply).
- Provide translation services (fees apply).
- Contact relatives or friends and ask them to send you money or airline tickets.
- Contact your next of kin, with your authorization, if you've had an accident or are detained by police.
- Accept citizenship applications.
- Provide advice about burying a Canadian abroad or repatriating the remains to Canada.
- Contact your next of kin in case of death.
- Request that local authorities investigate suspicious circumstances in the event of an alleged or apparent crime or death.

Consular Officials DO NOT Provide the Following Services:

When legal issues arise

- Intervene in private legal matters.
- Provide legal advice.
- Obtain a criminal record check on your behalf.
- . Post bail, pay fines or legal fees.
- · Get you out of prison.
- Take possession of an abducted child.
- Enforce a Canadian custody agreement overseas or compel a country to decide a custody case.
- Investigate a crime or death.
- Ask local authorities to give preferential treatment to Canadians.

When other issues arise

- Make travel arrangements.
- Compensate or reimburse you for delayed or cancelled travel.
- Pay your hotel, medical, travel or other expenses.
- Store personal effects or search for lost items.
- Acquire local permits or licences on your behalf, including foreign visas or work permits.
- · Assist with job hunting.
- . Help you find accommodation.
- · Accept mail on your behalf.
- Issue pension or social security benefits.
- Perform marriage ceremonies.
- Pay the burial, cremation or repatriation costs of a deceased Canadian.

Emergency Consular Services

Canadian government offices abroad offer 24-hour assistance, seven days a week. Outside of office hours, your telephone call will automatically be transferred to a consular officer in Ottawa or you will be asked to leave a message for a return call. In either case, there will be a prompt response. If you leave a recorded message, make sure that it is clear and that you leave a complete telephone number or contact address.

From some countries, you can use a toll-free number to speak to a consular officer in Ottawa. In addition, you can make a collect call to Foreign Affairs Canada in Ottawa at (613) 996-8885.

In some locations where Canada does not have a local office, the Australian or the British mission will provide you with emergency services. These and possibly other missions can also contact the nearest Canadian office on your behalf.

Check the List of Canadian Government Offices Abroad section for information on how to contact the Canadian office(s) in the country you plan to visit.

BEFORE YOU GO

Get Informed

Take time to learn about the political, cultural and economic environment of your destination. Learn at least a few key phrases in the country's language. Even a modest command of the local language will go a long way.

Some countries experience ongoing wars, insurgencies or sporadic unrest. Find out if your destination is known to be dangerous. Consult the Country Travel Reports and the Current Issues section of our Web site for up-to-date information on safety and security conditions, health issues, and entry and visa requirements for over 200 travel destinations.

Find out **before you go** where the nearest Canadian government office is located. Contact information for these offices is provided in this publication and at www. voyage.gc.ca/alt/canoffices.asp.

Leave a copy of your itinerary with someone at home so they can contact you in case of an emergency.

Register with a Canadian **Government Office Abroad**

If you expect to stay in a country for more than three months, or plan to visit areas or countries with a potential for problems, it is recommended that you register with the nearest Canadian government office abroad to help us contact you in case of an emergency. Registration is voluntary, and the information you provide is protected and used in accordance with the provisions of the Privacy Act. You can register on-line at www.voyage.gc.ca.

In countries where Canada has no direct representation, there may be arrangements in place for you to register with another country's embassy or consulate. For example, Canada has such an arrangement with Australia. Consult the Country Travel Reports on our Web site for countryspecific information.

Your Passport

Your passport is the only proof of your Canadian citizenship and identity that is accepted in all countries. You and all family members should have a valid passport if you plan to travel outside Canada. Passport applications are available at www. ppt.gc.ca (the Passport Canada Web site), at Passport Canada offices and postal outlets in Canada, and at Canadian government offices abroad.

A Passport for Everyone Canadian children must have their own passport. The practice of adding a child's name to a parent's passport is no longer permitted.

Before you leave on your trip, be sure to complete the "In case of accident or death notify" section (page 4) in your passport. This will help us quickly notify your family or friends if an emergency arises.

Processing Time

The processing period for in-person applications in Canada is 10 working days. The processing of mail-in applications takes a minimum of 20 working days. So plan to apply well before your departure.

REGISTRATION OF **CANADIANS ABROAD**

Register on-line at www.voyage.gc.ca so that we can reach you in case of an emergency.



GOING ABROAD? BE PREPARED, EXPECT THE UNEXPECTED!



Have a look at our Country Travel Reports at www.voyage.gc.ca to obtain facts on security conditions, health issues, emergency contacts and entry requirements for over 200 destinations. For country maps, fact sheets and other useful

resources that relate to the different social and cultural norms you might face when travelling abroad, consult our Country Profiles.



→ www.voyage.gc.ca

Keep It Safe!

Make photocopies of your passport's identification page and of your identification cards and keep the copies separate from the original when you travel. For added security, leave a copy with a friend or relative at home. We also recommend that you carry a birth or citizenship certificate in addition to your Canadian passport. These simple steps may speed the replacement process if you lose your passport.

Expiration Date

If your passport is due to expire within six months of your scheduled return to Canada, check with the destination country's embassy or consulate in Canada for its rules and restrictions regarding passport validity and expiration. Some countries will not let you enter if your passport is due to expire within six months of entry.

If you have any questions about passports, contact Passport Canada.

Do You Need a Visa?

You need a visa to enter certain countries. Your travel agent or the country's embassy or consulate in Canada can advise you of the requirements. You can also check our Country Travel Reports and the Visas section on our Web site. Apply for visas well in advance of your trip.

Some countries will allow you to enter only if you can prove you will be leaving and have enough money to support yourself during your stay. Be prepared to show your return or onward ticket, bank statement or any visas that demonstrate you plan to visit another country.



Travel with or by Children

If a person younger than 18 is travelling alone or with only one parent or another adult, we recommend that a consent letter proving that the trip is permitted by the custodial parent (or both parents or the legal guardian, as the case may be) be carried. For an example of a consent letter, refer to Frequently Asked Questions in the Before You Go section of our Web site.

Make sure you and/or the children carry the proper identification. This includes birth certificates, baptismal certificates, passports, citizenship cards, records of landing and certificates of Indian status. Proper identification could also include any documents, such as divorce papers or custody court orders, that might be required by the country you intend to visit. These documents will help prove your citizenship, residency and custodial rights when you return to Canada.

If you or your partner are travelling to another country with your child and there is a possibility that a custody dispute might develop, vou should talk to a lawyer before the child leaves home. Our publication International Child Abductions: A Manual for Parents contains further information.

Your child custody arrangements in Canada may not be recognized in another country. In extreme cases. you or your child may not be allowed to leave that country. Check your status with that country's embassy or consulate in Canada before you travel. If you have custody questions. contact Foreign Affairs Canada's Consular Case Management Division at 1 800 387-3124 (in Canada) or (613) 943-1055.

Dual Citizenship

Canadian law permits a Canadian to have more than one nationality. However, your Canadian citizenship may not be recognized in the country of your other citizenship, and the authorities of that country may prevent Canada from providing you with consular assistance. This is especially true if you did not use your Canadian passport when entering that country.

If you are considered a national of another country, you may be compelled to do military service or pay special taxes.



Pack right...









...enjoy your flight!

For more information on how to pack for your next trip, visit our website at www.catsa-acsta.gc.ca or call 1-888-294-2202









To avoid unpleasant surprises, find out whether you, your spouse or any other family member is a citizen of another country.

Where permitted by the laws of the country in question, the Government of Canada encourages Canadians to use their Canadian passport when travelling abroad and to present themselves as Canadians to foreign authorities.

If you have questions or concerns regarding dual citizenship, contact the nearest Canadian government office or refer to our booklet *Dual Citizenship*.

Persons with a Disability

Many countries do not provide access for people in wheelchairs or make allowances for those with special hearing, sight or other physical requirements. For more information, refer to the Canadian Transportation Agency Web site (www.cta.gc.ca) and the Government of Canada Web site "Persons with Disabilities Online" (www.ph-endirect.ca).



Travel in Europe

The member states of the European Union—minus Ireland and the United Kingdom, plus Norway and Iceland—form the Schengen area, a region in which regular border controls between these countries have been abolished to create a single external frontier.

Canadians do not need visas for short-term visits to Schengen countries, but some member states require you to register with local authorities within three working days of your arrival. Moreover, some recently joined Schengen countries are still subject to regular border controls. It's important to get your passport stamped when entering the Schengen area. The absence of an entry stamp from the initial Schengen port of entry could create difficulties during subsequent encounters with local police or other authorities.

For more information, consult our Web site's Country Travel Reports. For the most up-to-date and authoritative information, contact the embassy or consulate of the countries you wish to visit.



Travel to the United States and Mexico

Canadians should carry a valid Canadian passport for all visits to the United States and Mexico.

For detailed information about travel in the United States and Mexico, refer to our booklets U.S.A. Bound and México: ¿Qué pasa? and our Travel Reports on these countries.

Getting Medical Advice Provided by The Public Health Agency of Canada

The Public Health Agency of Canada's Travel Medicine Program strongly recommends that your travel plans include contacting a travel medicine clinic or your physician six to eight weeks before departure to determine your need for vaccinations, preventive medication and advice on what precautions to take to avoid disease while travelling.

Vaccinations and Preventive Medication

Based on your current health status, immunization history and anticipated itinerary, a health care provider can assess your vaccination requirements and your need for preventive medications (e.g. for malaria). International travel can expose you to infectious diseases such as measles that aren't frequently seen in Canada. Ensure

that your routine immunizations tetanus, diphtheria, whooping cough (pertussis), polio, measles, mumps and rubella-are up-to-date. Proof of vellow fever vaccination may be required to enter some countries. Seek a risk assessment well in advance of your departure, as you may need to start receiving vaccinations or taking preventive medication a month or two beforehand.

If you are travelling with infants or small children, you may need to arrange an alternative or accelerated childhood immunization schedule for them

AIDS

Some countries require proof of HIV testing. Have the test conducted and obtain the results before your trip.

Medication

If you take medication, be sure to pack an extra supply in case you are away for longer than expected. Carrying a duplicate of your original prescription that lists both the generic and trade names of the drug is recommended in case your medication is lost or stolen. This is also a good idea if you wear glasses or contact lenses—having the prescription makes it easier to replace them.

Do not try to save luggage space by combining medications into a single container. Keep all medications in the original, labelled container to avoid customs problems.

TRAVEL NOTICE

"...coverage for out-of-country health care services is limited; you should purchase supplementary insurance." Ministry of Health and Long-Term Care

Border crossing, customs, safety, trip planning - what other critical issues can affect you when travelling? Ask the CSA!

Call for your **FREE** Snowbird Travellers' Checklist

AND

Medipac's Travel Insurance Guide.









The Canadian Snowbird Association is a national not-for-profit advocacy organization dedicated to actively defending and improving the rights and privileges of travelling Canadians.

> www.snowbirds.org www.medipac.com

Some medications that are sold over the counter in Canada are illegal or require a prescription in other countries. Find out whether your medication is legally available in the country you plan to visit. For travel to some countries, obtaining a note from your doctor that states the medical reasons for your prescription and the recommended dosage is also encouraged.

If you need syringes for a medical condition such as diabetes, it is very important that you take along an appropriate supply. As well, you should carry a medical certificate that shows they are for medical use.

Supplemental Health Insurance
Do not rely on your provincial health
plan to cover costs if you get sick or
are injured while you are abroad. At
best, your health plan will cover only
a portion of the bill. It is your
responsibility to obtain and under-

stand the terms of your supplemen-

tary travel insurance policies.

Some credit card companies offer their holders health and travel insurance. Do not assume that coverage is automatically included or that the card alone provides adequate coverage. Some companies require an additional premium to include travel coverage. Others require that you pay for your travel arrangements using that specific card. Verify the conditions, limitations and requirements before departure.

Be sure to ask whether your policy:

- Has an in-house worldwide emergency hotline you can call if you are in trouble. Find out whether it is open 24 hours a day, seven days a week; if the operators are multilingual; and whether nurses or physicians are on staff.
- Pays foreign hospital and related medical costs and, if so, whether it pays up front or expects you to pay and be reimbursed later.
- Provides for your medical evacuation to the nearest place with proper medical care or to Canada.
- Pays for any required medical escort (doctor or nurse) to accompany you during evacuation. This can cost as much as \$100,000 without insurance.
- Excludes pre-existing medical conditions. If such conditions exist, notify your insurance company and get an agreement in writing that you are covered for these conditions. Otherwise, you could find your claim "null and void" under a pre-existing condition clause.
- Covers premature births and related neonatal care.
- Allows for cash advances if a hospital accepts only such payment.
- Pays for the preparation and return to Canada of your remains should you die while travelling. This can cost as much as \$10,000 without insurance.



Travelling allows us endless opportunities to be exposed to new sights, sounds, smells, tastes, experiences and new people.

Did you know?

- ▲ Travellers' diarrhea is a common problem for Canadians travelling to a developing country
- During a two week trip, up to 50% of people will have one or more episodes of travellers' diarrhea
- ▲ An episode of travellers' diarrhea can last 3 5 days

Travellers' Diarrhea is usually caused by contaminated food.

The most common cause of travellers' diarrhea is food contaminated with bacteria called enterotoxigenic *E. coli* (ETEC). Travellers' diarrhea can also be caused by contaminated water.

In addition to the sage advice "Boil it, peel it, cook it ... or forget it!", a new, easy-to-take oral vaccine may also lower your chances of developing travellers' diarrhea while you are away.



Dukoral[™] is a trademark used under license from SBL vaccin AB.

Plan ahead – help protect against travellers' diarrhea

For more information visit us at www.travellersdiarrhea.com

It is illegal to visit any country with

a criminal record.

A pardon removes your criminal record.

www.PardonServicesCanada.com 1-8-NOW-PARDON (1-866-972-7366)

Carry details of your insurance with you. Also, tell your travel agent, a friend or a relative at home and your travelling companion how to contact your insurer.

Get a detailed invoice from the doctor or hospital before you leave the country. There is nothing more frustrating than trying to get the proper paperwork from thousands of kilometres away. Remember always to submit original receipts for any medical services or prescriptions you received while travelling abroad. Most insurance companies will not accept copies or faxes. Keep a copy of the submitted documents for 16 your files.

Extended Stay Abroad

Your provincial government health insurance plan cannot be maintained after you have lived outside the province for a period of time. This period varies by province. Individual personal medical insurance is available for those working, studying or living outside Canada for an extended period. Coverage is available for both the contracted person and dependants. These plans consist of full accident and sickness coverage. including emergency medical evacuation and war risk. Many companies have changed their terms and conditions related to terrorist acts, war and civil unrest. Check with your insurance company before you leave.

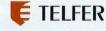
Why is **International Travel Insurance** Required?

Here are 10 reasons to pack it in your luggage:

- 1. Health insurance is one of the best investments you can make. Accidents or illnesses can happen to anyone, anywhere, anytime. All it takes is an unquarded moment or exposure to a harmful virus, and you or your family could be indebted for many years.
- 2. Some hospitals will not admit you unless you have insurance or can pay up front, regardless of your medical condition.
- 3. You cannot take medicare for granted when you work outside Canada, even for short periods. Your government health insurance plan (GHIP) will foot only a portion of the bills.
- 4. Your GHIP may terminate after you have lived outside Canada for a certain period of time.
- 5. With certain exceptions, when you return to Canada there will be a wait of up to three months before you can benefit again from your GHIP.

- 6. A comprehensive travel insurance plan can help you leave a country, at no extra cost, in the event of a major medical emergency for which local facilities are inadequate.
- 7. Travelling to a country where war or civil unrest is a concern may require specialized insurance to ensure full protection.
- 8. Should you decide to extend a business trip to take a holiday, you may need additional coverage besides your employer's policy.
- 9. Many people take advantage of being abroad to try new things. If you plan to participate in any hazardous activity—scuba diving, parachuting, rock climbing, hiking, alpine skiing, etc.—check the limitations of your insurance coverage first.
- 10. Do not assume that your Canadian automobile insurance or the coverage purchased with your rental vehicle will provide adequate protection in the event of an accident or theft. Much of the coverage we take for granted in Canada is not available abroad. Make sure you know what coverage is in place before you drive.

Telfer International Consultants Inc. www.telferinc.com



Other Insurance

You may also want to purchase a travel insurance package that includes flight cancellation, trip interruption and/or lost luggage coverage. Doing so can avoid major disruptions and additional costs. Again, check the terms and conditions of these policies.

Travelling by Car?

Keep in mind that each country has its own driving regulations. You may be required to obtain an international driving permit and/or additional insurance to drive a vehicle in the destination country. For further information, consult our Web site's Country Travel Reports or the Canadian Automobile Association.

In some countries, the driver may be detained and questioned by police even though only a minor accident has occurred.

Money Matters

Canadian currency and traveller's cheques are not always accepted. Before you leave, consult a bank or foreign currency agent to find out the most appropriate currency to carry.

It's always a good idea to have a small amount of the local currency on hand when you first arrive, unless the importation of local currency is a crime. There may be restrictions on the amount of money that you can take into or out of the country. Check with the foreign embassy or consulate in Canada or with your travel agent about currency regulations in the country you plan to visit.

Be aware that your debit card or credit card will not necessarily be usable abroad. Check with your bank for information on ATM services in other countries.

Before you leave Canada, make arrangements for how you'll get additional funds if needed. Foreign travel is often more expensive than people plan for.





Is Your Baggage Safe?



Think before you pack!



Ask First For Safety's Sake!

www.tc.gc.ca/civilaviation/commerce/dangerousgoods/

For further information, please contact your airline, or contact Transport Canada at the following number: 1 800 305-2059

Canada

Canadian Taxation Status

If you are living or travelling abroad but maintain residential ties in Canada, you are usually considered a factual resident of Canada for taxation purposes. However, there may be other factors involved, so review your situation with the Canada Revenue Agency (CRA) before you leave in order to avoid surprises. The CRA publication Canadian Residents Abroad provides excellent information.

Avoiding Customs Difficulties
Before travelling abroad with valuable items, you can take advantage
of a free identification procedure at
any Canadian customs office.

Transport of Dangerous Goods and Aviation Security

Passengers are not permitted to transport dangerous goods on board an aircraft in carry-on or checked baggage, or on their person. Consult the airline or Transport Canada's Web site to find out what you can and cannot take with you.

Women Travelling Solo Our booklet Her Own Way: Advice for the Woman Traveller provides information specifically for women travellers.

Traveller's Checklist

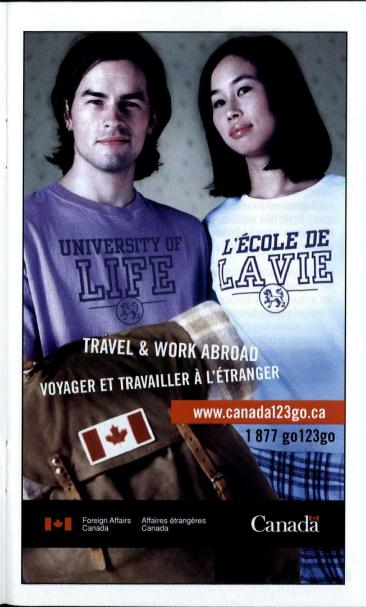


- Country Travel Report for your destination country
- Itinerary and budget
- Health and travel insurance
- Passport: check expiry date, make copies
- Entry visas and departure tax
- Documentation for children (consent letter if needed)
- ☐ Vaccinations, medication, prescriptions, medical certificate, supplies, extra pair of glasses
- International driver's licence (if needed)
- Flight preparation
- Registration with the nearest Canadian government office abroad (on-line)
- Dual citizenship: is it an issue?
- Money: local currency, traveller's cheques, etc.

Bringing back goods: receipts for purchases, special arrangements for food, animals, plants, etc.

Don't forget to pack this booklet.





ON THE ROAD

Taking Precautions

The same rules apply abroad as at home, only more so. Foreigners are usually at greater risk than locals. In many countries, foreigners are specifically targeted. Don't wander into unknown areas—find out how safe they are first. Don't pick up hitchhikers or cross borders with people you have just met. Watch your luggage and make sure it's locked. Never take anything, even an envelope, across a border for someone else.

Do not display large amounts of money or expensive jewellery in public. Use a money belt or a case with concealed sections for valuables.

Don't forget to telephone home, particularly if you have promised family members or friends that you would do so. We receive thousands of calls every year from worried family members or friends who have not received a promised call.



Keep a separate record of your traveller's cheques and credit cards.

Never carry your passport, travel tickets, identification documents, cash, credit cards and insurance papers together. If you do so, you risk being left with no identification or funds in case of theft or loss.

Use the safety deposit box at your hotel. Never leave valuables in your room.

Lost or Stolen Passport

If your passport is lost or stolen while you are travelling, contact the nearest Canadian government office immediately after reporting the loss or theft to the local police. Make sure you get a copy of the police report or the report number. Before a new passport can be issued, you must complete an application form, produce documentary evidence of your Canadian citizenship (e.g. a birth or citizenship certificate), present new photographs, pay the required fee and complete a "Statutory Declaration Concerning a Lost, Stolen, Inaccessible or Destroyed Canadian Passport or Travel Document" (form PPT 203). If you subsequently find your lost/stolen passport, it must be returned to Passport Canada for inspection and destruction.

Foreign Laws and Customs

When you are travelling in a foreign country, familiarize yourself with the way of life there. Respect that country's laws, religions, culture, class structure and economic conditions. Although you may not agree with some of the country's beliefs, remember that you are a visitor.

In many countries, appropriate attire for both sexes is very important and may even be legislated. Penalties for disobeying local laws can be quite severe.

Be especially respectful of temples, mosques, churches, synagogues and other religious sites. Many of these areas are off limits to foreigners or people who are not members of that faith. Ask permission before taking photographs of religious artifacts, buildings or local people.

Never take photographs of military facilities, a harbour where naval vessels are docked or industrial installations such as oil refineries. You may lose your film and your camera, and you could even come under suspicion of espionage.

Illegal Drugs

Drug use and trafficking are prohibited in all countries, even though drugs are readily available and openly used in some places. Most countries impose heavy fines and long prison sentences for possession and



trafficking. In some countries, possession of even small amounts of drugs carries a prison sentence.

Never take any parcel that is not yours across a border.

Choose your travelling companions wisely. Never cross a border with a hitchhiker or as a hitchhiker.

Although you may not be carrying anything illegal, your companions may be. For details, consult the Drugs and Travel section of our Web site and our publication *Drugs and Travel: Why They Don't Mix.*

Crime and Punishment

Thousands of Canadians are currently imprisoned outside Canada for various offences. The laws and customs of countries around the world can be very different from those in Canada. Ignorance of those laws is no defence.

While in a foreign country, you are subject to its laws and regulations. Your Canadian citizenship offers no immunity.

If you find yourself in trouble, Canadian consular staff abroad can provide a list of lawyers who have the required expertise, contact your family and friends, and ensure that you receive fair treatment according to the standards of that country. They cannot, however, wield any influence to reduce your sentence or fine.

Judicial Process

Never assume that the legal system of the country you are visiting is the same as at home. "Innocent until proven guilty" is not a universally recognized concept. In some countries, you may not even have the right to legal representation or a trial in your own language.

Some countries do not recognize or respect religious freedom; freedom of association, speech or the press; or equality of the sexes. For instance, guilt by association is presumed in some countries. This means that you may be charged simply for being in the company of a person suspected or found guilty of a crime.

Even if you are an innocent bystander at a demonstration or riot, you may be considered a participant and be rounded up with those involved.

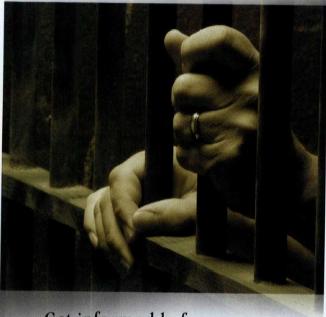
If you do find yourself in legal trouble, contact the nearest Canadian government office immediately. If you cannot do so yourself, have someone else do it for you.

Sexual Exploitation of Children

Most countries vigorously enforce laws against the sexual exploitation of children. Canadians who are suspected of sexual exploitation of children in Canada or abroad can be charged under the Canadian Criminal Code (available at http://laws.justice.gc.ca). Those convicted face a penalty of up to 14 years' imprisonment. For more information, see the Publications section of our Web site.



Drugs and Travel DON'T MIX



Get informed before you go.
Start with a visit to

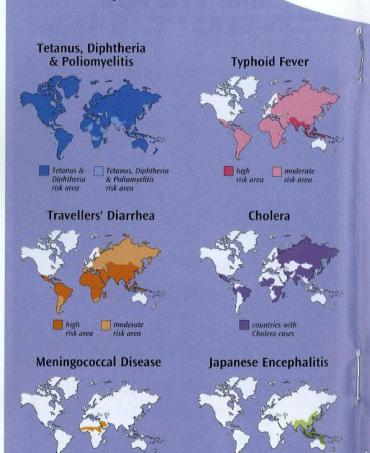
www.voyage.gc.ca

Travelling abroad? Protect yourself.

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sanofi pasteur

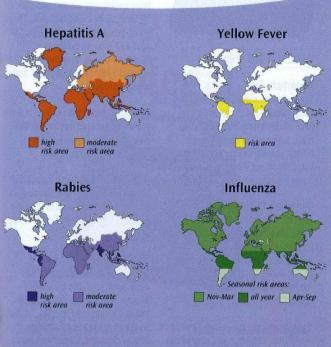
The vaccines business of sanofi-aventis Group



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risk area

risk area



HELP AVOID TRAVEL HEALTH RISKS.

Consult with your doctor or travel clinic to discuss your individual itinerary.

For additional information please call 1-800-268-4171.

Sources: www.who.org/ith; www.cdc.gov/travel; Steffen, Dupont, Wilder-Smith, Manual of Travel Medicine and Health, 2003 T132B4 – 01/04





WHEN YOU RETURN

Departure Tax

Some countries impose a departure tax or service fee at the airport or point of departure. Before leaving. make sure you set aside enough money, in local funds, to pay this tax. Consult our Web site's Country Travel Reports for more information.

Canadian Customs and **Import Controls**

If you have been away from Canada for 24 hours or more, you may bring back goods worth up to C\$50 without paying duties or taxes. This does not include alcohol and tobacco products.

If you have been away from Canada for 48 hours or more, you may bring back goods worth up to C\$200 without paying duties or taxes. These goods can include alcoholic beverages and tobacco products as follows: up to 1.14 litres (40 oz.) of liquor or 1.5 litres (53 oz.) of wine, or a case of 24 bottles or cans of beer or ale. each containing 355 ml (12 oz.). As 28 for tobacco, you may bring back up

to 200 cigarettes, 50 cigars or cigarillos, 200 tobacco sticks and 200 grams (7 oz.) of manufactured tobacco.

If you have been away from Canada for seven days or more, you may bring back goods worth up to C\$750 without paying duties or taxes. These goods can include alcoholic beverages and tobacco products as described above. Note that provincial age restrictions apply to liquor and tobacco products.

When calculating the number of days you are absent, do not include the date you leave Canada, but do include the date you return.

Note: Tobacco products included in a personal exemption are still subject to a minimum duty unless they are marked "Canada-Duty Paid-Droit acquitté".

Be Aware and Declare

You must declare everything you have purchased and acquired abroad, whether the items are for yourself or intended as gifts, as well as goods bought at a Canadian or foreign duty-free store. Keep your original receipts for possible inspection.

The booklet I Declare (RC4044). published by the Canada Border Services Agency (CBSA), describes what you can and cannot bring back to Canada if you have been away for less than a year. After a stay abroad of more than a year, there are special

Know the rules — sometimes carrying a purse is illegal



In co-operation with over 160 countries, Canada is committed to protecting some 30,000 plant and animal species. Before bringing any item made from them into Canada know the rules.

You risk losing the item, prosecution and fines up to \$150,000.

For more information on current legislation contact:

CITES* Management Authority Environment Canada Ottawa, Ontario K1A 0H3

Tel.: 1-800-668-6767 or (819) 997-1840

Fax: (819) 953-6283 www.cites.ec.gc.ca



Environnement

Canada

import provisions for household items and personal belongings. Information is contained in the CBSA brochure *Moving Back to Canada* (RC4105).

For information on importing a vehicle, contact the Canada Border Services Agency.

Illegal Souvenirs

There are restrictions on bringing certain goods into Canada. If you are considering importing meat, eggs, dairy products, fresh fruits and vegetables, plants, animals or products made from their skins or feathers, contact the Canadian Food Inspection Agency beforehand for guidance—it could save you a lot of trouble.

For information on importing weapons, contact the Canadian Firearms Centre.

There are more than 30,000 species of wild animals and plants regulated under the Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES). A violation of CITES could lead to seizure of your

purchase, as well as a fine and/or prison term. Contact Environment Canada for details.

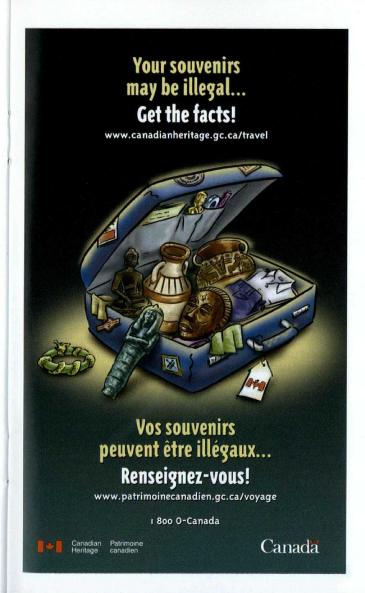
Also, be aware that it may be illegal to bring home cultural property whose sale or export is banned or controlled by its country of origin. Strict penalties may be imposed, and the cultural property may be confiscated and returned to the country of origin. For more information, contact Canadian Heritage or the embassy of the country you are visiting.

If you have any questions about what you can bring home, contact the Canada Border Services Agency's Automated Customs Information Service (see p.48).

Health Concerns

If you become sick or feel unwell after returning to Canada, you should see your doctor. Inform the doctor, without being asked, that you have been travelling or living outside Canada, and where you have been. If you were ill while travelling, see your doctor on your return and explain your travel history and any treatment you received.





LIST OF CANADIAN GOVERNMENT OFFICES ABROAD

The following list identifies where to seek consular assistance in each country.

Hours and days of operation of Canadian government offices abroad vary. Call the office concerned to check its hours. If you are unable to reach the office in an emergency or after hours, call (613) 996-8885 (collect calls accepted) or dial the country's toll-free number (if provided below) to reach the Emergency Operations Centre in Ottawa.

The telephone numbers list the country code first and then the city/area code. The city/area codes (in parentheses) are those you use when calling from within the country where the office is located. If you are calling from another country, you may have to use a different city/area code. Also, when calling from one country to another, you must use the local code for international calls before the country and city/area codes of the number you wish to reach. For example, if you are calling overseas from Canada, you must press 011 before the country code. Calls to Bermuda, the Caribbean and the United States do not require a

country code, but you must press
1 before the area code. If you are
unable to contact an office overseas,
please verify the codes with your
telephone operator.

The international toll-free number in some countries may not work from all local telephone service providers, mobile phones or pay phones. Also, a phone card, coins or tokens, or an international long-distance fee may be required to complete the call.

Canada has agreements with several other countries to provide consular services to each other's citizens at a number of locations around the world. In the following list, the with symbol indicates that an Australian government office delivers consular services to Canadians in that country.

The © symbol indicates that Canada Direct service is available from that country.

The information provided in this list is subject to change. Consult www.voyage.gc.ca for the most up-to-date list of Canadian government offices abroad, including postal and e-mail addresses.

Legend

Australian mission
 Canada Direct service is available

Afghanistan

Tel.: 93 70-294-281, 79-305-464

Albania

Tel.: 355 (4) 257274, 257275

Algeria

Tel.: 213 2191-4951, -4960

Andorra

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Tel.: 1 888 242-2100 (in Canada) TTY: 1 888 576-8502 (in Canada, from 8 a.m. to 4 p.m. Eastern Time)

PUBLICATIONS (ON-LINE ONLY)

- Dual Citizenship
- How to Prove You Are a Canadian Citizen
- International Adoption and the Immigration Process

TO ACCESS:

Consult www.cic.gc.ca

Environment Canada—CITES

www.cites.ec.gc.ca

Tel.: 1 800 668-6767 or (819) 997-1840 Fax: (819) 953-6283

Passport Canada

www.ppt.gc.ca

Passports, Certificate of Identity and travel documents

Tel.: 1 800 567-6868 (in Canada and the U.S.)
TTY: 1 866 255-7655

Public Health Agency of Canada www.travelhealth.gc.ca

Travel Medicine Program

Tel.: (613) 957-8739

Radio Canada International

(Canadian Broadcasting Corporation) www.rcinet.ca Tel: (514) 597-7500

Transport Canada

www.tc.gc.ca

Access to travel

www.accesstotravel.gc.ca

Transport of dangerous goods

www.tc.gc.ca/CivilAviation/ commerce/DangerousGoods



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The Canadian Air Transport Security Authority is a Crown corporation that reports to Parliament through the Minister of Transport. It began operations on April 1, 2002. CATSA is responsible for the screening of passengers and their belongings at airports across the country. Call 1 888 294-2202 or visit www.catsa.gc.ca.

The Canadian Snowbird Association is a national not-for-profit advocacy organization dedicated to actively defending and improving the rights and privileges of travelling Canadians. Call 1 800 734-7147 or visit www.snowbirds.org for more information. Medipac (www.medipac.com) is Canada's leading travel medical insurance provider and the only one exclusively endorsed by the CSA. Call 1 888 MEDIPAC (633-4722) for rates and information.

The **Canadian Transportation Agency** is an independent, quasi-judicial tribunal that makes decisions on federally regulated transportation matters. If you have unresolved complaints with your air carrier about your travel experience, the Canadian Transportation Agency can help. Call 1 888 222-2592 (TTY: 1 800 669-5575) or visit www.cta.gc.ca.



The **Department of Canadian Heritage** helps protect and promote the world's heritage through its policies and legislation. It aims to ensure that Canadians travelling abroad are aware of the rules that may govern the purchase and export of significant cultural objects they acquire as souvenirs. Visit www.canadianheritage.gc.ca/travel for more information.

The **Drugs and Travel Information Program** is managed by Foreign Affairs Canada. Its goal is to create greater awareness about the consequences of getting involved with drugs while abroad and to discourage Canadian travellers from taking such risks. Visit www.voyage.gc.ca and learn how to plan a safe and enjoyable trip.

Environment Canada administers the Convention on International Trade in Endangered Species (CITES). Environment Canada's role is to ensure that international trade in regulated live animals and plants, including their products and derivatives, does not threaten the survival of the species through over-exploitation and to safeguard these resources for the future through sustainable use. Visit www.cites.ec.gc.ca.

Young people are a Government of Canada priority. Foreign Affairs Canada's International Youth Mobility Programs encourage young Canadians to learn new skills that will help them compete in Canada and in the global economy. Whether you are interested in travelling or working in a foreign country, Canada offers various youth programs. For more information, visit www.canada123go.ca or call 1 877 go123go.

Pardon Services Canada is a national legal services company helping Canadians with past convictions remove their criminal records. If you have a criminal record, visiting a foreign country can result in property or vehicle seizure, forfeiture of travel arrangements, detention and deportation. For a free information booklet, call 1-8-NOW-PARDON (1 866 972-7366) or visit www.pardonservicescanada.com.



The Public Health Agency of Canada's Travel Medicine Program assesses the public health risk for Canadians travelling to, or residing in, other countries. It provides information for both the public and health care providers to promote the health of travellers at their travel destination and to prevent the introduction of infectious diseases into Canada on their return. Visit www.travelhealth.gc.ca.

Sanofi Pasteur Limited (formerly known as Aventis Pasteur Limited) is Canada's premier vaccine company, manufacturing or distributing 30 vaccines and immunotherapeutic products, which protect against 17 infectious diseases and common illnesses. Sanofi Pasteur wishes you a safe and healthy trip, and encourages travellers to consult a physician or local travel clinic for vaccination and overall health care advice before departure. Visit www.travelvacs.ca.

Telfer International Consultants is a leader in the insurance business. For over 30 years it has specialized in offering complete coverage to Canadians working abroad, including coverage for any special needs posed by a high-risk country of posting or occupation. Call (514) 284-2002, e-mail info@telferinsurance.com or visit www.telferinc.com.

At **Transport Canada**, the Dangerous Goods Standards Division of Commercial and Business Aviation is responsible for providing technical advice on the maintenance and development of the Transportation of Dangerous Goods Regulations as they pertain to the transport of dangerous goods by air. Visit www.tc.gc.ca for more information.

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Guam • 1	1-888-788-1005	Malaysia •	1-800-80-0017
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Hungary ●▲	06-800-01211	0	01-800-021-1994
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0	or 1-80-9205-140	Nicaragua • A	1-800-0168
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CANAT

Bon voyage, but ...

We wish to thank the following companies and organizations for their assistance in publishing this booklet.







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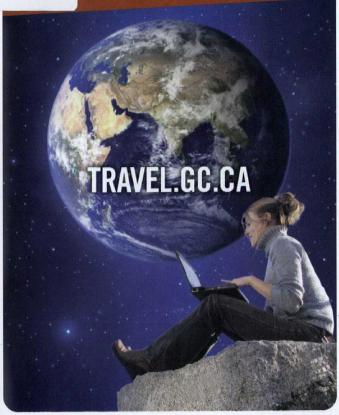
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Voyage, But...





Bon Voyage, But...

ESSENTIAL INFORMATION FOR CANADIAN TRAVELLERS 2010/2011

Published by Foreign Affairs and International Trade Canada

To obtain more information or additional free copies of this booklet, visit your nearest Passport Canada office, check the Consular Services website (www.travel.gc.ca), e-mail engserv@international.gc.ca, or call 1-800-267-8376 (in Canada) or 613-944-4000.

This publication is available in alternative formats upon request. Ce document est aussi disponible en français sous le titre Bon voyage, mais...

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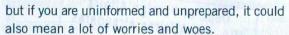


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LEARN BEFORE YOU LEAVE

What could be more exciting than leaving familiar places behind and crossing unexplored frontiers! International travel does have its pleasures,



The purpose of this booklet is to provide the knowledge and skills you need to travel responsibly and with confidence, while avoiding the pitfalls you could experience

> in foreign countries. It outlines essential consular services

> > available to you around the world and includes a directory of Canadian government offices abroad where help is at hand.

Learn before you leave Canada—with vital assistance from this booklet-and remember to pack a copy with you.

WHAT ARE CANADIAN **CONSULAR SERVICES?**

With approximately 260 offices in 150 countries worldwide, Foreign Affairs and International Trade Canada is ready to assist Canadians travelling, working, studying, or living abroad.

Before you leave Canada, it is important to know which services we do and do not provide and to realize that not all Canadian government offices abroad provide the same services. Examples of these services are listed on page 3. However, the list is not exhaustive. The \$ symbol indicates which services are provided for a fee.

CONSULAR OFFICIALS **PROVIDE THE FOLLOWING SERVICES**

IN EMERGENCIES

- · Assist in arranging an evacuation in the event of war, civil unrest, or a natural disaster, as a last resort (\$).
- · Arrange help in a medical emergency by providing you with a list of local doctors and hospitals.
- Arrange for a medical evacuation if a necessary treatment is not available locally (\$).
- · Comfort and assist victims of robbery, sexual assault, or other violence.





 Provide assistance in cases of missing persons or the abduction of a child to another country (see our publication International Child Abductions: A Manual for Parents).

WHEN LEGAL ISSUES ARISE

- Provide you with a list of local lawyers.
- Provide you with sources of information about local laws and regulations.
- Seek to ensure you are treated fairly under a country's laws if you are arrested or detained (see our publication A Guide for Canadians Imprisoned Abroad).
- Notarize documents (\$).

WHEN OTHER ISSUES ARISE

- Replace a lost, stolen, damaged, or expired passport (\$).
- Issue a Statement in Lieu of Certification of Nonimpediment to Marriage Abroad (\$).
- Provide an emergency loan, subject to strict rules and only as a last resort (\$).
- Transfer funds (\$).
- Contact relatives or friends and ask them to send you money or airline tickets.
- Contact next of kin, with your authorization, if you have had an accident or are detained by police.

- Accept citizenship applications.
- Provide advice about burying a Canadian abroad or assist in repatriating the remains to Canada.
- Contact next of kin in case of death.
- Request that local authorities investigate suspicious circumstances in the event of an alleged or apparent crime or death.

CONSULAR OFFICIALS DO NOT PROVIDE THE FOLLOWING SERVICES

WHEN LEGAL ISSUES ARISE

- Intervene in private legal matters.
- · Provide legal advice.
- Obtain a criminal record check on your behalf.
- Post bail or pay fines or legal fees.
- · Get you out of prison.
- Take possession of an abducted child.
- Enforce a Canadian custody agreement overseas or compel a country to decide a custody case.

- Investigate a crime or death.
- Ask local authorities to give preferential treatment to Canadians.

WHEN OTHER ISSUES ARISE

- · Make travel arrangements.
- Compensate or reimburse you for delayed or cancelled travel.
- Pay your hotel, medical, travel, or other expenses.
- Store personal effects or search for lost items.
- Acquire local permits or licences on your behalf, including foreign visas or work permits.
- · Assist with job hunting.



- Help you find accommodation.
- · Accept mail on your behalf.
- Issue pension or social security benefits.
- Perform marriage ceremonies.
- Pay the burial, cremation, or repatriation costs of a deceased Canadian.
- Coordinate and pay for search-and-rescue efforts to locate missing Canadians.

EMERGENCY CONSULAR

Emergency consular assistance

is available 24 hours a day,

seven days a week. Outside

office hours, your call will be

transferred to our Emergency

Operations Centre in Ottawa.

where an experienced consular

officer is always on hand, or

SERVICES

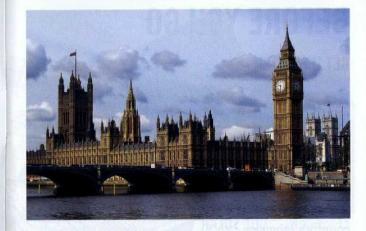
message for a return call. Either way, you will receive a prompt response. If you leave a message, make sure it is clear and that you provide a telephone number or contact address.

In some countries, you can use a toll-free number to reach us in Ottawa, or call us collect at **613-996-8885** (where available).

Where there is no Canadian office, an Australian or British government office will provide you with emergency services. These and possibly other foreign offices can also contact the nearest Canadian government office on your behalf.

See pages 34 to 61 for a list of Canadian government offices abroad.





SAFE-TRAVEL PUBLICATIONS



Are you planning to travel, study, work, or retire abroad? Our publications will help you prepare for a safe, successful, and healthy journey.

To order print versions, call 1-800-267-8376 (in Canada) or 613-944-4000. To download copies of our publications, visit:

WWW.TRAVEL.GC.CA

BEFORE YOU GO

GET INFORMED

Take time to learn about the political, cultural, and economic environment of your destination. Learn at least a few key phrases in the country's language. Even a modest command of the local language will go a long way.





BEFORE YOU GO ABROAD, WE ADVISE YOU TO

- Learn the location of Government of Canada offices in the countries you plan to visit and carry the contact information with you (see page 34 or visit www.travel.gc.ca/offices.)
- Provide family or friends with a travel itinerary and contact details, as well as the emergency number for Foreign Affairs and International Trade Canada (see page 62).

Check our Travel Warnings at www.travel.gc.ca to see if it is safe to travel to your destination. Trip cancellation insurance may be null and void if a Travel Warning is already in effect when a trip is booked.

YOUR CANADIAN Passport

A Canadian passport is the only reliable and universally accepted travel and identification document for Canadians. You and each family member should have a valid passport if you plan to travel outside Canada. Application forms are available at any Passport Canada office, Service Canada centre, Canada Post outlet, or Canadian government office abroad. Forms can also be downloaded from the Passport Canada website at www.passportcanada.gc.ca.

A PASSPORT FOR EVERYONE

All Canadian travellers, including children, must have their own passport. This security measure is intended to help protect children and combat abduction, prostitution, and illegal migration. The practice of adding a child's name to a parent's passport is no longer permitted. Before you leave on your trip, be sure to complete the "In case of accident or death, notify" section (page 4) in your passport. This information will help us to quickly notify your family or friends if an emergency arises.

PROCESSING TIME

Canadian travellers should plan ahead and apply for a passport before booking an international flight. To avoid delays in obtaining your passport, ensure your application is complete. Processing times may vary depending on the volume of applications received and, in certain cases, the complexity of routine verifications and security checks. Consult Passport Canada's website for the latest processing times.





KEEP IT SAFE!

Make photocopies of your passport's identification page and of your identification cards. Keep copies separate from originals when travelling. For added security, leave a copy with a friend or relative at home. We also recommend that you carry your birth or citizenship certificate in addition to your Canadian passport. These simple actions may speed up the replacement process if you lose your passport.

EXPIRATION DATE

A Canadian passport is generally valid for a five-year period. However, a passport issued to a child under age three is valid for only three years. Before making travel arrangements, be sure to verify all passport expiration dates. If a passport is due to expire within six months of your scheduled return to Canada. check with the destination country's embassy or consulate in Canada for rules and restrictions regarding passport validity. Some countries will not let you enter if your passport is due to expire within six months

GOING ABROAD?

Be Prepared. Expect the Unexpected!

Connect with the world and keep posted on travel advice for approximately 200 destinations.

Our **Country Travel Reports and Warnings** offer information on safety and security, local laws and customs, entry requirements, health conditions, and other important travel issues.

Our **Global Issues** page features wide-ranging information on evolving situations of concern to Canadians abroad.

Our daily e-mail **Travel Updates** alert you to changes in our Travel Reports, Warnings, and Global Issues.

Our other **on-line resources** focus on a variety of travel issues, such as documentation, transportation, citizenship, and emergencies.

Wherever you go, wherever you are, visit:

WWW.TRAVEL.GC.CA

DO YOU NEED A VISA?

You need a visa to enter certain countries. The most common categories are business, work, student, and tourist visas. Your travel agent or the country's embassy or

consulate in Canada can advise you of the requirements (see our website for a list of foreign government offices accredited to Canada). Apply for visas well before travelling.

Some countries will allow you to enter only if you can prove

you will be leaving and have enough money to support yourself during your stay. Be prepared to show your return or onward ticket, a bank statement, or any visas that demonstrate that you plan to visit another country.

TRAVEL WITH OR BY CHILDREN

We strongly recommend that youth under 18 who travel alone, with only one parent, or accompanied by another adult carry a consent letter for each trip abroad. Such a letter proves that the trip is permitted by the custodial parent, both parents, or a legal guardian, as the case may be.

Make sure you and/or the child carry proper identification, such as birth certificates, baptismal certificates, passports, citizenship cards, records of landing, or certificates of Indian status. Identification could also include any documents, such as divorce papers or custody court orders, that might be required by the country you intend to visit. These docu-

ments will help prove your citizenship, residency, and custodial rights when you return to Canada.

Your child custody arrangements in Canada may not be recognized in another country. In extreme cases, you or your child may not be allowed to leave that country. Check your status with that country's embassy or consulate in Canada before you travel. If you have custody questions, contact our Consular Case Management Division at 1-800-387-3124 (in Canada) or 613-943-1055.

For further details, see our fact sheet entitled *Tips for Travelling with Children* or visit www.travel.gc.ca/child.

TRAVEL TO THE UNITED STATES AND MEXICO

You should carry a valid Canadian passport for all visits to the United States and Mexico. For detailed information, visit the website of the Canada Border Services Agency at www.cbsa.gc.ca.

WOMEN TRAVELLING SOLO

Our booklet entitled Her Own Wav: A Woman's Guide to Safe and Successful Travel provides information especially for females, including those who travel alone.

TRAVEL WITH A SAME-SEX SPOUSE

Although same-sex marriages are legal in Canada, they are not recognized in many countries. Same-sex civil unions



are more widely recognized. Attempting to enter another country as a same-sex married couple may result in refusal by local officials. In addition, homosexual activity is a criminal offence in certain countries and could result in a prison or death sentence. Consult our Country Travel Reports or the destination country's embassy or consulate in Canada for specific information.

DUAL CITIZENSHIP

You are permitted by Canadian law to have more than one nationality. However, your Canadian citizenship may not be recognized in the country of your second citizenship, where authorities may prevent Canada from providing you with consular assistance. This situation is especially likely if you do not use your Canadian passport to enter the second country.

If you are considered a national of another country, you may be compelled to do military service, required to pay taxes, or subject to increased scrutiny

REGISTRATION OF CANADIANS ABROAD

Why register?

So that we can contact and assist you in case of an emergency abroad or inform you of an emergency at home.

Who should register?

All Canadians travelling or living abroad.

What's different about the new system?

The improved system allows you to better manage and update your own information* on-line.

What if I've already registered?

If you registered before December 14, 2008, you MUST register again in order to receive further safety and security updates.

How do I register?

You can register on-line at www.travel.gc.ca/register or by contacting a Canadian government office abroad.

For more information, call 1-800-267-6788 (in Canada and the U.S.) or 613-944-6788.

*Information obtained through registration is confidential and is used in accordance with the provisions of the Privacy Act.

by immigration and security officials. Dual citizenship can also cause problems in a third country if there is confusion over which citizenship you used to gain entry. To avoid unpleasant surprises, confirm whether you, your spouse, or

any other family member is a citizen of another country.

Where permitted by the laws of the country in question, the Government of Canada encourages Canadians to use their Canadian passport when



travelling abroad and to present themselves as Canadians to foreign authorities.

Note that you cannot use a Certificate of Canadian Citizenship instead of a Canadian passport to travel abroad. A Certificate of Canadian Citizenship is not a travel document. A Canadian passport is the only reliable and universally accepted travel and identification document available to Canadians for the purpose of international travel. Canadian citizens returning to Canada who present other documents, such as a Certificate of Canadian Citizenship, birth certificate, provincial driver's licence, or foreign passport, instead of a

Canadian passport, may face delays or be denied boarding by transport companies.

If you have questions or concerns regarding dual citizenship, contact the nearest Canadian government office or refer to our booklet *Dual Citizenship*.

NEW RSS FEEDS KEEP You in the know

What's happening in the Dominican Republic, Denmark, or Djibouti? Get the latest information on countries of your choice through RSS feeds at: www.travel.gc.ca/rssfeeds

TRAVEL IN EUROPE

The member states of the European Union (EU) (not including Romania, Bulgaria, the United Kingdom, and Ireland), along with Norway, Iceland, and Switzerland, make up the Schengen Area, which has common rules regarding visas and controls at external borders.

The external land, air, and sea border controls of nine countries that joined the EU in 2004 (the Czech Republic, Estonia, Hungary, Latvia, Lithuania, Malta, Poland, Slovakia, and Slovenia) have been removed. Bulgaria, Romania, and Cyprus are not yet part of the Schengen Area.

In the Schengen Area, Canadian travellers do not need visas for short-term visits (up to 90 days within a sixmonth period), but some countries require you to register with local authorities within three working days of your arrival. It is important to get your passport stamped when entering the Schengen Area. The absence of an entry stamp from the initial Schengen port of entry could create difficulties during subsequent encounters with local police or other authorities throughout the Schengen Area.

If Canadians overstay the permitted 90 days in the Schengen Area, they may be fined or deported. To visit longer than 90 days, Canadians must either obtain a long-stay national visa or have been outside the Schengen Area for at least 90 consecutive days before re-entering.

It is important to confirm up-to-date entry requirements with the embassy or high commission of each destination country before departure from Canada. See our Travel Reports for country-specific information.

TRAVELLERS WITH DISABILITIES

Travellers with visual, hearing, mobility, or other impairments may have difficulty meeting their needs in certain countries. For information on such matters as government services for disabled travellers, meeting special needs, parking privileges, and travelling with a service animal, see the "Frequently Asked Questions" section of our website.

PROTECTING YOUR HEALTH

PROVIDED BY THE PUBLIC HEALTH AGENCY OF CANADA

The Public Health Agency of Canada strongly recommends that your travel plans include obtaining sound medical advice before travelling. Contact a travel medicine clinic or your physician at least six weeks before departure for an individual health assessment. Your physician will assess your need for vaccinations, preventive medication, and advice on pre-

cautions you can take to avoid disease while travelling. Be aware that some vaccinations and preventive medications can take a month or two to become effective.

VACCINATION, PREVENTIVE MEDICATION, AND PERSONAL PROTECTIVE MEASURES

International travel can expose you to infectious diseases not frequently seen in Canada. Based on your current health status, immunization history, and anticipated itinerary, a healthcare provider can assess your individual health risks and advise you on vaccination requirements, your need for preventive medication (e.g., for malaria), and personal protective measures. Ensure that your routine immunizations-tetanus, diphtheria, whooping cough (pertussis), polio, measles, mumps, and rubella-are up-to-date. Proof of yellow fever vaccination may be required to enter some countries.

If you are travelling with infants or small children, you may need to arrange an alternative or accelerated childhood immunization schedule for them. For further information, visit the Public Health Agency of Canada's Travel Health website at www.travelhealth.gc.ca.

AIDS

Some countries require proof of HIV testing. Have the test conducted and obtain the results before your trip.

MEDICATION

If you take medication, be sure to pack an extra supply in case you are away for longer than expected. Carry a duplicate of your original prescription, listing both the generic and trade names of the product, in case your medication is lost or stolen.

If you wear glasses or contact lenses, having the prescription will make it easier to replace them if needed.

Do not try to save luggage space by combining medications in one container. Keep all medications in the original, labelled container to avoid customs problems.

Some medications that are sold over the counter in Canada are illegal or require a prescription in other countries. Find out whether your medication is legally available in the country you plan to visit. For travel to some countries, it is advisable to obtain a note from your doctor, stating the medical reasons for your prescription and the recommended dosage.

If you need syringes for a medical condition, such as diabetes, it is important to take along an adequate supply. You should also carry a medical certificate that indicates the syringes are for medical use.

18 www.travel.gc.ca 1

WELL ON YOUR WAY

The Government of Canada has developed a new safe-travel publication, entitled Well on Your Way, to help you protect your health while abroad. It includes essential information on understanding travel-health risks; taking preventive measures before, during, and after international travel; coping with a health emergency abroad; and obtaining consular services in the event of a health emergency.



To order your booklet today, call 1-800-267-8376 (in Canada) or 613-944-4000 or download a copy at www.travel.gc.ca.

SUPPLEMENTAL TRAVEL **HEALTH INSURANCE**

Do not rely on your provincial or territorial health plan to cover costs if you get sick or are injured while abroad. Out-of-country healthcare can be costly, and your health plan may not cover any medical expenses abroad. It is your responsibility to seek information from your provincial

or territorial health authority and to obtain supplementary travel insurance and understand the terms of your policy.

Carry details of your insurance with you. Also, tell your travel agent, a friend or relative at home, and a travelling companion how to contact your insurer.

Your provincial or territorial health insurance plan will become invalid if you live elsewhere beyond a certain length of time. Personal medical insurance is available for those working, studying, or living outside Canada for an extended period. Coverage is available for both the contracted individual and dependants. These insurance plans consist of full accident and sickness coverage, including emergency medical evacuation and war risk. Many companies have changed their terms and conditions related to terrorist acts, war, and civil unrest. Check with your insurer before you leave Canada.

You may also want to purchase a travel insurance package

that includes flight cancellation, trip interruption, and/or lost luggage coverage. Doing so can prevent major disruptions and additional costs.

TRAVELLING BY CAR

Keep in mind that each country has its own driving regulations. In some countries, a driver may be questioned and/or detained by police following even a minor accident. You may be required to obtain an International Driving Permit and/or additional insurance to drive a vehicle in another country. For further information, consult our Country Travel Reports or the Canadian Automobile Association.



ARE YOU UP TO THE CHALLENGE?

Take an on-line trip through two action mazes and see if you're ready for an emergency abroad!

Visit www.travel.gc.ca/ mazes

Be aware that your debit or credit card may not be accepted abroad. Check with your bank for information on ATM services in other countries.

Before departure, make arrangements to obtain additional funds if needed. Foreign travel is often more expensive than expected.

MONEY MATTERS

Canadian currency and traveller's cheques are rarely accepted abroad. Before you leave Canada, consult a bank or foreign currency agent to find out the most appropriate currency to carry.

It is always a good idea to have a small amount of local currency on hand when you arrive, unless importing local currency is a crime. There may be restrictions on the amount of money you can take into or out of a country. Check currency regulations with your travel agent or the country's embassy or consulate in Canada.



CANADIAN TAXATION STATUS

If you are living. working, or travelling abroad but maintain residential ties in Canada, you are normally considered a "factual resident" of Canada for taxation purposes. There may be additional factors involved, so review your situation with the Canada Revenue Agency (CRA) before you leave to avoid surprises. For details, see the CRA publication Canadian Residents Abroad (T4131).

AVOIDING CUSTOMS DIFFICULTIES

Before taking valuable items abroad, you can use a free identification service at any office of the Canada Border Services Agency (CBSA). For more information, consult the CBSA publications entitled / Declare or Travelling Outside Canada.

TRANSPORT OF DANGEROUS GOODS

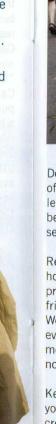
Passengers are not permitted to transport dangerous goods aboard aircraft in carry-on luggage, in checked baggage, or on their person. Be especially aware of restrictions on liquids, gels, and aerosols packed in carry-on luggage. Only medicinal products. toiletry articles, and alcoholic beverages (in retail packaging) are allowed. Their containers cannot exceed 100 ml and must fit in a single clear, closed, resealable plastic bag with a maximum capacity of one litre. Consult your airline or Transport Canada's website (www.tc.gc.ca/air) to find out what you can and cannot take with you.

ON YOUR WAY

TAKING PRECAUTIONS

The same rules apply while abroad as at home, only more so. Foreigners are usually at greater risk than locals. In some countries, foreigners are specifically targeted. Be sure not to wander into unknown areas—find out how safe they are first. Never leave drinks unattended while in bars or night clubs and never accept food or

drink from strangers. Drugs may be present that could put you at risk of sexual assault and robbery. Do not pick up hitchhikers or cross borders with people you have just met. Watch your luggage and make sure it is locked. Never take anything, even an envelope, across a border for





Do not display large amounts of money or expensive jewellery in public. Use a money belt or a case with concealed sections for valuables.

Remember to telephone home, particularly if you have promised family members or friends that you will do so. We receive thousands of calls every year from worried family members or friends who have not received a promised call.

Keep a separate record of your traveller's cheques and credit cards. Never carry your passport, travel tickets, identification documents, cash, credit cards, and insurance papers together. If you do so, you risk being left with no identification or funds in case of theft or loss.

Use the safety deposit box at your hotel. Never leave valuables in your room.

FOREIGN LAWS AND CUSTOMS

When travelling or living in a foreign country, familiarize yourself with the way of life there. Respect that country's

someone else.



religious artifacts, buildings, or local people.

Never take photographs of military facilities, a harbour where naval vessels are docked, or industrial installations such as oil refineries. Your film and camera could be confiscated, and you could even come under suspicion of espionage.

laws, religions, culture, class structure, and economic conditions. Although you may not agree with some of the country's beliefs, remember that you are a visitor.

In many countries, appropriate attire for both sexes is very important and may even be legislated. Penalties for disobeying local laws can be severe.

Be especially respectful of temples, mosques, churches, synagogues, and other religious sites. Many are off limits to foreigners or people who are not members of that faith. Ask permission before taking photographs of

TRUE STORIES

Learn from the real-life misadventures of young Canadians who get mixed up in drugs abroad. See the new on-line videos at: www.travel.gc.ca/ truestories

ILLEGAL DRUGS

While recreational drugs may be readily available in some countries, their purchase, consumption, import, and export are prohibited almost everywhere. Buying and using drugs, even in countries where such practices are common, can lead to criminal charges, heavy fines, and long prison

sentences. If you break the law in another country, you are subject to that country's judicial system.

Choose your travel companions wisely. Never cross a border with a hitchhiker or as a

hitchhiker. Although you may not be carrying anything illegal, your companions may be. And never take a package that is not yours across a border. For details, consult the "Drugs and Travel" section of our website.

LOST, STOLEN, OR DAMAGED PASSPORT

If your passport is lost or stolen while you are abroad, you must immediately report the incident to the local police and the nearest Canadian government office. Before a new passport can be issued, you must complete an application form, present documentary evidence of your Canadian citizenship (e.g., a birth or citizenship certificate), submit new photographs, pay the required fee, and complete a Statutory Declaration concerning a Lost, Stolen, Damaged, Destroyed or Inaccessible Canadian Passport or Travel Document form (PPTC 203).

If you regain possession of the passport that was reported lost or stolen, you must return it immediately to Passport Canada or, if you are abroad, to the nearest Canadian government office. Do not attempt to use the document for travel, as you will encounter difficulties.

There can be significant delays at passport checkpoints if your passport is damaged in any way. Airlines may prohibit you from boarding, and you could be refused, entry or exit at border crossings. Passport Canada recommends that anyone with a damaged passport apply for a new one in order to avoid such incidents.



CRIME AND PUNISHMENT

Thousands of Canadians are currently imprisoned abroad for a wide range of offences. The laws and customs of other countries can be very different from those in Canada, and ignorance is no defence when a crime is committed.

While in a foreign country, you are subject to its laws and regulations. Your Canadian citizenship offers no immunity.

Canadians may be prosecuted in Canadian courts for certain acts committed against significant cultural sites and objects outside Canada. In

addition to foreign laws protecting cultural heritage, Canadian law now prohibits the illegal export of cultural objects from certain countries, whether or not the object is brought to Canada. For more information, consult www.canadianheritage.gc.ca/travel.

If you find yourself in trouble, Canadian consular officials abroad can provide a list of lawyers with the necessary expertise, contact your family and friends, and ensure you receive fair treatment according to the standards of that country. They cannot, however, wield any influence to reduce your sentence or fine.

JUDICIAL PROCESS

Never assume that the legal system of another country is the same as at home. "Innocent until proven guilty" is not a universal principle. If you are accused of a crime, you may be detained for an indefinite period with no opportunity for bail pending a verdict. In certain countries, you may not have a right to legal representation or to a trial in your own language.

Some countries do not recognize or respect religious freedom; freedom of association, speech, or the press; or equality of the sexes. For

instance, guilt by association is often presumed, and you may be charged just for being in the company of a person suspected or found guilty of a crime.

Even if you are an innocent bystander at a riot or demonstration, you may be considered a participant and be rounded up with those involved.

If you do find yourself in legal trouble, contact the nearest Canadian government office at once. If you cannot do so yourself, have someone else do it for you.

SEXUAL EXPLOITATION OF CHILDREN

It is illegal to have sexual relations with children, whether in Canada or abroad. Most countries vigorously enforce laws against the sexual exploitation of children. Canadians who are suspected of committing such acts at home or abroad can be charged under the Canadian Criminal Code (available at http://laws.justice.gc.ca). Those convicted face a penalty of up to 14 years' imprisonment. For more information, see the publication *Child Sex Tourism: It's a Crime* on our website.

COMING HOME

DEPARTURE TAX

Some countries impose a departure tax or service fee at the airport or point of departure. Before leaving, make sure you set aside enough money in local funds to pay this tax. See the Country Travel Reports on our website for more information.

CANADA BORDER SERVICES AGENCY-**PERSONAL EXEMPTIONS**

If you have been away from Canada for 24 hours or more. your personal exemption (the value of goods you can bring back to Canada without paying duty and taxes) is CAN\$50. not including alcohol

and tobacco products. The goods must be with you when you arrive at the border. If the goods are worth more than CAN\$50, you cannot claim this personal exemption and must pay full duty and taxes on all goods brought in.

If you have been away from Canada for 48 hours or more, you may bring back goods worth up to CAN\$400 without paying duty and taxes. The goods must be with you when you arrive at the border. They can include alcoholic beverages and tobacco products as follows: 1.5 litres (52 oz.) of wine: or a total of 1.14 litres of alcoholic beverages; or a maximum of 8.5 litres of beer or ale. Note that provincial age restrictions apply to alcoholic beverages. Alcoholic beverages are products that exceed 0.5% alcohol by volume. As for tobacco, you may bring back up to 200 cigarettes, 50 cigars, 200 tobacco sticks, and 200 grams (7 oz.) of manufactured tobacco, if you are 18 years of age or older.

If you have been away from Canada for seven days or more.

you may bring back goods worth up to CAN\$750 without paying duty and taxes. These goods can include alcoholic beverages and tobacco products as described above. With the exception of tobacco products and alcoholic beverages, you do not need to have the goods with you when you arrive at the border. When calculating the number of days you are absent, do not include the date you leave Canada, but do include the date you return.

Tobacco products included in a personal exemption are still subject to a minimum duty unless they are marked "Canada-Duty Paid-Droit acquitté." The Excise Act. 2001, limits the quantity of tobacco products that may be imported (or possessed) by an individual for personal use if the tobacco product is not packaged and stamped "Canada-Duty Paid-Droit acquitté". The limit is currently five units of tobacco products. One unit of tobacco products consists of one of the following: 200 cigarettes, 50 cigars, 200 tobacco sticks, or 200 grams of manufactured tobacco.

If you have any questions about what you can bring home, contact the CBSA Border Information Service (see page 62).

Information is contained in the CBSA brochure entitled Moving Back to Canada. Contact the CBSA for information on importing a vehicle.

BF AWARE AND DECLARE

You must declare all items purchased or acquired abroad, whether they are intended for yourself or as gifts, as well as goods bought at a Canadian or foreign duty-free store. Keep your original receipts for possible inspection.

The publication entitled Travelling Outside Canada, published by the Canada Border Services Agency (CBSA), describes what you can and cannot bring back to Canada if you have been away for less than a year. After a stay abroad of more than a year, there are special import provisions for household items and personal belongings.



ILLEGAL SOUVENIRS

There are restrictions on bringing certain goods into Canada. If you are considering bringing back meat, eggs, dairy products, fresh fruits and vegetables, plants, animals,

or products made from their skins or feathers, contact the Canadian Food Inspection Agency (CFIA) beforehand for guidance—it could save you a lot of trouble. For accurate and timely information on import requirements, consult the CFIA Automated Import Reference System at http:// inspection.gc.ca/english/imp/ airse.shtml.

For information on importing weapons, contact the Canada Firearms Centre.

A list of products banned in Canada due to safety hazards can be found on the website of Health Canada under "Consumer Product Safety."

There are more than 30.000 species of wild animals and plants regulated under the Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES). A violation of CITES could lead to seizure of your purchase, as well as a fine and/or prison term. Contact **Environment Canada for** details.

Also, be aware that it may be illegal to bring home cultural property, such as antiques or fossils, whose sale or export is banned or controlled by the country of origin. Strict penalties may be imposed, and cultural property may be confiscated and returned to the country of origin. For more information, contact Canadian Heritage or the embassy of the country you are visiting.

HEALTH CONCERNS

If you become sick or feel unwell after returning to Canada, you should see your doctor. Inform the doctor, without being asked, that you have been travelling or living outside Canada and where you have been. If you were ill while travelling, also see your doctor upon return and explain your travel history and any treatment you received.

CANADIAN GOVERNMENT OFFICES ABROAD

The following list identifies where to seek consular assistance in each country. The telephone numbers in this list indicate the country code first and then the city/area code. The city/area codes (in parentheses) are those you should use when calling within the country where the office is located. If you are calling from another country, you may have to use a different city/ area code. Also, when calling from one country to another. you must use the local code for international calls before the country and city/area codes of the number you wish to reach. For example, if you are calling overseas from Canada, you must press 011 before the country code. Calls to Bermuda, the Caribbean, and the United States do not

require a country code, but you must press 1 before the area code. If you are unable to contact an office overseas, please verify the codes with your telephone operator.

In some countries, you can use an international toll-free number to speak to a consular officer in Ottawa. This number may not work from all local telephone service providers, mobile phones, or pay phones. Also, a phone card, coins, tokens, or an international long-distance fee may be required to complete the call.

Hours and days of operation vary at Canadian government offices abroad. Call the office concerned to check its hours. If you are unable to reach the office in an emergency or after hours, call 613-996-8885 (collect calls accepted) or dial the country's toll-free number (if provided below) to reach the Emergency Operations Centre in Ottawa.

- In the following list, the symbol indicates that a Canadian government office provides passport services.
- Canada has agreements with several countries to provide consular services to each other's citizens at a number of locations around the world. The symbol indicates that

an Australian government office delivers consular services to Canadians in that country.

The information in this list is subject to change. Consult www.travel.gc.ca for the most up-to-date list of Canadian government offices abroad, including postal addresses.

AFGHANISTAN

Embassy of Canada, St. No. 15, House No. 256, Wazir Akbar Khan \$\overline{C}\$ 93 (0) 799 742 800 kabul@international.gc.ca www.afghanistan.gc.ca

ALBANIA

Consulate of Canada, Rr: Deshmoret e 4 Shkurtit, Pallati i Ri mbrapa Akademise se Arteve, Kati II, Tirana \$\overline{T}^2 355 (4) 225-7274, -7275 canadalb@canada.gov.al

ALGERIA 🛂

Embassy of Canada, 18 Mustapha Khalef St., Ben Aknoun, Algiers \$\oldsymbol{\text{C}} 213 (0) 770-083-000 alger@international.gc.ca www.algeria.gc.ca

ANDORRA

See Spain, Madrid

ANGOLA

Consulate of Canada, Rua Rei Katyavala 113, Luanda
22 244 222 448-371, -377, -366 consul.can@angonet.org

ANGUILLA

See Barbados

ANTIGUA AND BARBUDA

See Barbados

ARGENTINA 🛂

Embassy of Canada, Tagle 2828, C1425EEH Buenos Aires

55 54 (11) 4808-1000
bairs-cs@international.gc.ca
www.argentina.gc.ca

ARMENIA

Consulate of Canada, 1 Amirian St., Hotel Marriott, Suite 306, Yerevan \$\opin\$ 374 (10) 56-79-90 concda@gmail.com

ARUBA See Curação

AUSTRALIA

Melhourne

Canberra 🛂

High Commission of Canada, Commonwealth Av., Canberra, ACT 2600

2 61 (2) 6270-4000 cnbra@international.gc.ca

Consulate of Canada, 101 Collins St., Level 27. Melbourne, VIC 3000

22 61 (3) 9653-9674 Perth Consulate of Canada, 267 St. George's

Terrace, 3rd Floor, Perth, WA 6000 **2** 61 (8) 9322-7930 Sydney 🛂 Consulate General of Canada, 111 Harrington St., Level 5, Quay West

Building, Sydney, NSW 2000 **22** 61 (2) 9364-3000 sydny@international.gc.ca

Toll-free from Australia: 0011-800-2326-6831

www.australia.gc.ca

AUSTRIA 🛂 Embassy of Canada, Laurenzenberg 2,

A-1010, Vienna **22** 43 (1) 531-38-3000 Toll-free: 00-800-2326-6831

vienn-cs@international.gc.ca

www.austria.gc.ca

AZERBAIJAN See Turkey, Ankara

AZORES

See Portugal, Ponta Delgada

BAHAMAS

BAHRAIN

Consulate of Canada, Shirley Street Plaza, Nassau **2** (242) 393-2123, -2124

Toll-free: 1-881-949-9993 cdncon@hateInet hs

Consulate of Canada, Al Jasrah Tower, 12th Floor, Building No. 95, Road 1702, Block 317, Diplomatic Area, Manama

Toll-free: 800-00-732 canadabh@batelco.com.bh BANGLADESH 🛂

53 973 17 536270

High Commission of Canada, United Nations Road, Baridhara, Dhaka **22** 880 (2) 988-7091/2/3/4/5/6/7 dhaka@international.gc.ca www.bangladesh.gc.ca

BARBADOS 🛂 High Commission of Canada, Bishop's Court Hill, St. Michael, P.O. Box 404. Bridgetown BB11113 **22** (246) 429-3550

bdgtn@international.gc.ca www.barbados.gc.ca

BELARUS See Poland

BELGIUM Antwerp (Antwerpen) Consulate of Canada, Sint Pietersvliet, 15. B-2000 Antwerp

2 32 (3) 220-0211

Brussels 🛂

Embassy of Canada, ave. de Tervuren 2. 1040. Brussels

22 32 (2) 741-0611 bru@international.gc.ca Toll-free from Belgium: 00-800-2326-6831 www.belgium.gc.ca

BELIZE Consulate of Canada, 80 Princess

Margaret Drive, Belize City **22** 501 223-1060 cdncon.bze@btl.net BENIN

Unité d'appui à la Coopération canadienne, Haie Vive, behind Tri-postal and Cotonou Airport **22** 229 21-30-24-79 alcona ade@yahoo.fr

BERMUDA

Consulate of Canada, 73 Front St., 4th Floor, Hamilton HM 12 **23** (441) 292-2917

Plaza España (Sopocachi), La Paz

Toll-free: 1-800-387-3124

BOLIVIA

Embassy of Canada, 2678, Calle Victor Saniinez, Edificio Barcelona, 2nd Floor,

2 591 (2) 241-5141 lapaz@international.gc.ca

BONAIRE See Curação

BOSNIA AND HERZEGOVINA See Hungary

BRAZIL Rela Harizante

BOTSWANA

See Zimbahwe

Consulate of Canada (Edifício Lumiere: Hospital de Olhos Dr. Ricardo Guimarães).

Rua da Paisagem 220, 3rd Floor, Vila da Serra, Belo Horizonte **5**5 (31) 3047-1225

consul.belo@canada.org.br Brasilia 🛂 Embassy of Canada, Setor de Embaixadas Sul. Av. das Nações, Quadra 803, Lote 16,

70410-900 Brasília, D.F. **5** 55 (61) 3424-5400 brsla@international.gc.ca Rio de laneiro Consulate General of Canada, Av. Atlântica 1130, 5th Floor, Copacabana. 22021-000 Rio de Janeiro

55 (21) 2543-3004 rio@international.gc.ca São Paulo 🍇 Consulate General of Canada, Centro Empresarial Nações Unidas - Torre Norte, Av. das Nacões Unidas, 12901, 16th Floor,

04578-000 São Paulo **27** 55 (11) 5509-4321 spalo@international.gc.ca Toll-free from Brazil: 0-800-891-6614 www.brazil.gc.ca

BRITISH VIRGIN ISLANDS See Barbados

BRUNEI DARUSSALAM 🛂

High Commission of Canada, 5th Floor, Jalan McArthur Building, No. 1, Jalan McArthur, Bandar Seri Begawan **2** 673 (2) 22-00-43 bsbgn@international.gc.ca www.brunei.gc.ca

BULGARIA

See Romania

RURKINA FASO 🛂

Embassy of Canada, 586 Agostino Néto St., Quagadougou **22** 226 50-31-18-94 ouaga@international.gc.ca www.burkinafaso.gc.ca

BURMA THE

Australian Embassy, 88 Strand Road, Rangoon **2** 95 (1) 251-810 austembassy.rangoon@dfat.gov.au

www.burma.embassy.gov.au

BURUNDI

Consulate of Canada, 4708, boul. de l'Uprona, Bujumbura **257** 22 24-58-98 bujumbura@canadaconsulate.ca

CAMBODIA ENE

Embassy of Australia, No. 16B National Assembly St., Sangkat Tonle Bassac, Khan Chamkamon, Phnom Penh **2** 855 (23) 213 470 australian.embassy.cambodia@dfat.gov.au www.cambodia.embassy.gov.au

CAMEROON

Douala

Consulate of Canada, a/s PRO-PME. 68. ave. Charles de Gaulle. Douala **237** 3343-2934 consulatdouala@propme.com

Yaoundé 🛂

High Commission of Canada, Immeuble Stamatiades, Place de l'Hôtel de Ville, Yaoundé

23 237 2223-2311 yunde@international.gc.ca www.cameroon.gc.ca

CAPE VERDE

See Senegal

CAYMAN ISLANDS

Consulate of Canada, 3rd Floor, Landmark Square, Unit 3F, 64 Earth Close, Seven Mile Beach **2** (345) 949-9400

cdncon.cayman@candw.ky CENTRAL AFRICAN REPUBLIC

Consulate of Canada, Cabinet ARC, Bangui 236 21-61-30-39 consulatbangui@yahoo.fr

CHAD

Consulate of Canada, rue 5041, porte 964, Quartier Moursal, N'Djamena **235** 253-4280: 235 627~3027 (after hours)

honcon@honconca-chad.org

CHILE Antolagasta

Consulate of Canada, José Toribio Medina 146, Apt. 601, Antofagasta **2** 56 (55) 24-7652 honcon.canada.antofagasta@gmail.com

Concepción Consulate of Canada, Caupolicán 245,

Chiguayante, Concepción **22** 56 (41) 236-9705 honcon.canada.concepcion@gmail.com Santiago 🛂

Embassy of Canada, Nueva Tajamar 481, Torre Norte, 12th Floor, Las Condes, Santiago **5** 56 (2) 652-3800

stago@international.gc.ca www.chile.gc.ca

CHINA Beijing 🛂

Embassy of Canada, Consular Section, 19 Dongzhimenwai Dajie, Chao Yang District, Beiling 100600 **22** 86 (10) 5139-4000 beiling.consular@international.gc.ca www.beijing.gc.ca Chongging

Consulate of Canada, Room 1705, Metropolitan Tower, Wu Yi Lu, Yu Zhong District, Changging 400010 **22** 86 (23) 6373-8007

chong@international.gc.ca www.chongqing.gc.ca Guangzhou 🛂

Consulate General of Canada, China Hotel Office Tower, Suite 801, Liu Hua Lu, Guangzhou, Guangdong 510015 **22** 86 (20) 8666-0569 ganzucanadaconsul@international.gc.ca www.guangzhou.gc.ca

Hong Kong 🛂

Consulate General of Canada, 13th Floor, One Exchange Square, 8 Connaught Place, Central Hong Kong SAR **22** 85 (2) 3719-4700 hkong-cs@international.gc.ca www.hongkong.gc.ca

Shanghai 🛂 Consulate General of Canada, Shanghai Centre, West Tower, Suite 604, 1376 Nanjing Xi Lu, Shanghai 200040 **22** 86 (21) 3279-2800 shngi@international.gc.ca www.shanghai.gc.ca

COLOMBIA

Bogotá 💆 Embassy of Canada, Cra. 7, No. 114-33, Piso 14. Bogotá **57** 57 (1) 657-9800 bgota@international.gc.ca

Cartagena Consulate of Canada, Edificio Centro

Ejecutivo Bocagrande, Carrera 3, No. 8-129, Oficina No. 1103, Cartagena **2** 57 (5) 665-5838

honcartagenal@etb.net.co Toll-free from Colombia: 01-800-919-0057

www.colombia.gc.ca

COMOROS ISLANDS See Tanzania

CONGO (BRAZZAVILLE)

See Congo (Kinshasa)

CONGO (KINSHASA) 🛂

Embassy of Canada, 17, ave. Pumbu, Commune de Gombe, Kinshasa

243 898-950-310, -311, -312 kinshasa@international.gc.ca www.congo.gc.ca

COOK ISLANDS See New Zealand

COSTA RICA Embassy of Canada, La Sabana Executive Business Centre, Building No. 5, 3rd Floor,

behind the Contraloría General de la República, San José **22** 506 2242-4400 Toll-free: 0-800-015-1161 sicra@international.gc.ca

www.costarica.gc.ca CÔTE D'IVOIRE Embassy of Canada, Immeuble Trade

Centre, 23, ave. Nogues, Le Plateau, Abidian **225 20-30-07-00** abdin@international.gc.ca

www.abidian.gc.ca CROATIA 🛂

Embassy of Canada, Prilaz Gjure Dezelica 4. 10000 Zagreb **385** (1) 488-1200, -1238

zagrb@international.gc.ca www.croatia.gc.ca

CUBA Guardalavaca

Consulate of Canada, Hotel Atlántico, Suite 1, Guardalavaca, Holguín **53** (24) 430-320 honcongvaca@canada.com

Havana 🛂

Embassy of Canada, Calle 30, No. 518, esq. 7ma, Miramar, Havana **2** 53 (7) 204 2516

Varadero Consulate of Canada, Calle 13 e/Av. Primera y Camino del Mar, Varadero, Matanzas

2 53 (45) 61-2078 honconvdero@canada.com www.cuba.gc.ca **CURAÇÃO**

havan-cs@international.gc.ca

Consulate of Canada, Maduro and Curiel's Bank, N.V., Plaza Jojo Correa 2-4, Willemstad (Punda) **2** 599 (9) 466-1115, -1121

CYPRUS Consulate of Canada, 1 Lambousa St., 1095 Nicosia **22** 357 (2) 2775-508 Toll-free: 8009-6082

CZECH REPUBLIC 🛂 Embassy of Canada, Muchova 6, 160 00

Prague 6 **27** 420 27210-1800 prgue@international.gc.ca www.czechrepublic.gc.ca

copen@international.gc.ca

info@consulcanada.com.cy

DENMARK Copenhagen 🛂 Embassy of Canada, Kristen Bernikowsgade 1. Copenhagen K. DK-1105 **53** 45 33 48 32 00

EAST TIMOR See Timor-Leste

Nuuk (Greenland)

www.denmark.gc.ca

Consulate of Canada, Air Greenland,

Nuuk Airport, 3900 Nuuk **299 31-16-47, 34-34-30** lpdanielsen@airgreenland.gl

DJIBOUTI Consulate of Canada, Place Lagarde **25** (3) 35-38-59, 35-59-50

georgalis@intnet.di DOMINICA

See Barbados

DOMINICAN REPUBLIC Puerto Plata Consulate of Canada, Calle Villanueva No. 8, Edificio Abraxas, Puerto Plata

Verón-Bávaro km 2 1/2. Amstar Business

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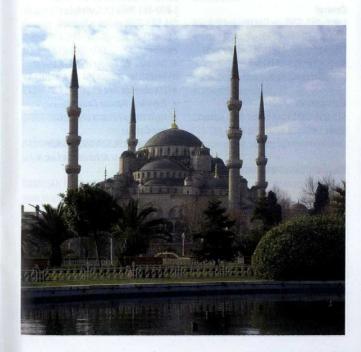
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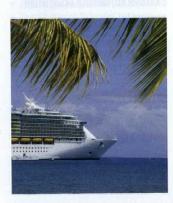
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WHAT ARE CANADIAN CONSULAR SERVICES?

With approximately 260 offices in 150 countries worldwide, Foreign Affairs and International Trade Canada is ready to assist Canadians travelling, working, studying, or living abroad.

Before you leave Canada, it is important to know which services we do and do not provide and to realize that not all Canadian government offices abroad provide the same services. Examples of these services are listed on page 3. However, the list is not exhaustive. The \$ symbol indicates which services are provided for a fee.



CONSULAR OFFICIALS PROVIDE THE FOLLOWING SERVICES:

IN EMERGENCIES

- Assist in arranging an evacuation in the event of war, civil unrest, or a natural disaster, as a last resort (\$).
- Arrange help in a medical emergency by providing you with a list of local doctors and hospitals.
- Arrange for a medical evacuation if a necessary treatment is not available locally (\$).
- Comfort and assist victims of robbery, sexual assault, or other violence.
- Provide assistance in cases of missing persons or the abduction of a child to another country (see our publication International Child Abductions: A Manual for Parents).

WHEN LEGAL ISSUES ARISE

- Provide you with a list of local lawyers.
- Provide you with sources of information about local laws and regulations.
- Seek to ensure that you are treated fairly under a country's laws if you are arrested or detained (see our publication A Guide for Canadians Imprisoned Abroad).
- Notarize documents (\$).

WHEN OTHER ISSUES ARISE

- Replace a lost, stolen, damaged, or expired passport (\$).
- Issue a Statement in Lieu of Certification of Non-impediment to Marriage Abroad (\$).
- Provide an emergency loan, subject to strict rules and only as a last resort (\$).
- Transfer funds (\$).
- Contact relatives or friends and ask them to send you money or airline tickets.
- Contact next of kin, with your authorization, if you have had an accident or are detained by police.
- Accept citizenship applications.
- Provide advice about burying a Canadian abroad or assist in repatriating the remains to Canada.
- Contact next of kin in case of death.
- Request that local authorities investigate suspicious circumstances in the event of an alleged or apparent crime or death.

CONSULAR OFFICIALS DO NOT PROVIDE THE FOLLOWING SERVICES:

WHEN LEGAL ISSUES ARISE

- · Intervene in private legal matters.
- Provide legal advice.
- Obtain a criminal record check on your behalf.
- Post bail or pay fines or legal fees.
- Get you out of prison.
- Take possession of an abducted child.

- Enforce a Canadian custody agreement overseas or compel a country to decide a custody case.
- · Investigate a crime or death.
- Ask local authorities to give preferential treatment to Canadians.

WHEN OTHER ISSUES ARISE

- · Make travel arrangements.
- Compensate or reimburse you for delayed or cancelled travel.
- Pay your hotel, medical, travel, or other expenses.
- Store personal effects or search for lost items.
- Acquire local permits or licences on your behalf, including foreign visas or work permits.
- Assist with job hunting.



- Help you find accommodation.
- · Accept mail on your behalf.
- Issue pension or social security benefits.
- · Perform marriage ceremonies.
- Pay the burial, cremation, or repatriation costs of a deceased Canadian.
- Coordinate and pay for searchand-rescue efforts to locate missing Canadians.

EMERGENCY CONSULAR SERVICES

Emergency consular assistance is available 24 hours a day, seven days a week. Outside office hours, your call will be transferred to our Emergency Operations Centre in Ottawa, where an experienced consular officer is always on hand, or you will be asked to leave a message for a return call. Either way, you will receive a prompt response. If you leave a message, make sure it is clear and that you provide a telephone number or contact address.

In some countries, you can use a toll-free number to reach us in Ottawa, or call us collect at 613-996-8885 (where available).

Where there is no Canadian office, an Australian or British government office will provide you with emergency services. These and possibly other foreign offices can also contact the nearest Canadian government office on your behalf.

See pages 26 to 43 for a "List of Canadian Government Offices Abroad."

BEFORE YOU GO

GET INFORMED

Take time to learn about the political, cultural, and economic environment of your destination. Learn at least a few key phrases in the country's language. Even a modest command of the local language will go a long way.

Some countries experience ongoing wars, insurgencies, or sporadic unrest. Find out if your destination is known to be dangerous. Consult our website for essential travel advice (see "Going Abroad?" on page 7).

BEFORE YOU GO ABROAD, WE ADVISE YOU TO:

- Learn the location of Government of Canada offices in the countries you plan to visit and carry the contact information with you (see page 26 or visit www.travel.gc.ca/ offices.
- Provide family or friends with a travel itinerary and contact details, as well as the emergency number for Foreign Affairs and International Trade Canada (see page 44).

Check our Travel Warnings at www.travel.gc.ca to see if it is safe to travel to your destination. Trip cancellation insurance may be null and void if a Travel Warning is already in effect when a trip is booked.

YOUR CANADIAN PASSPORT

A Canadian passport is the only reliable and universally accepted travel and identification document for Canadians. You and each family member should have a valid passport if you plan to travel outside Canada. Application forms are available at any Passport Canada office, Service Canada centre, Canada Post outlet, or Canadian government office abroad. Forms can also be downloaded from the Passport Canada website at www.passportcanada.gc.ca.

A PASSPORT FOR EVERYONE
All Canadian travellers, including
children, must have their own passport. This security measure is intended
to help protect children and combat
abduction, prostitution, and illegal
migration. The practice of adding a
child's name to a parent's passport is
no longer permitted. Before you leave





on your trip, be sure to complete the "In case of accident or death, notify" section (page 4) in your passport. This information will help us to quickly notify your family or friends if an emergency arises.

PROCESSING TIME

Canadian travellers should plan ahead and apply for a passport before booking an international flight. To avoid delays in obtaining your passport, ensure your application is complete. Processing times may vary depending on the volume of applications received and, in certain cases, the complexity of routine verifications and security checks. Consult Passport Canada's website for the latest processing times.

KEEP IT SAFE!

Make photocopies of your passport's identification page and of your identification cards. Keep copies separate from originals when travelling. For added security, leave a copy with a friend or relative at home. We also recommend that you carry your birth or citizenship certificate in addition to your Canadian passport. These simple actions may speed up the replacement process if you lose your passport.

EXPIRATION DATE

A Canadian passport is generally valid for a five-year period. However, a passport issued to a child under age three is valid for only three years. Before making travel arrangements, be sure to verify all passport expiration dates. If a passport is due to expire within six months of your scheduled return to Canada, check with the destination country's embassy or consulate in Canada for rules and restrictions regarding passport validity. Some countries will not let you enter if your passport is due to expire within six months.

GOING ABROAD?

Be Prepared. Expect the Unexpected!

Connect with the world and keep posted on travel advice for approximately 200 destinations.

Our Country Travel Reports and Warnings offer information on safety and security, local laws and customs, entry requirements, health conditions, and other important travel issues.

Our **Global Issues** page features wide-ranging information on evolving situations of concern to Canadians abroad.

Our daily e-mail **Travel Updates** alert you to changes in our Travel Reports, Warnings, and Global Issues.

Our other **on-line resources** focus on a variety of travel issues, such as documentation, transportation, citizenship, and emergencies.

Wherever you go, wherever you are, visit:

WWW.TRAVEL.GC.CA

DO YOU NEED A VISA?

You need a visa to enter certain countries. The most common categories are business, work, student, and tourist visas. Your travel agent or the country's embassy or consulate in Canada can advise you of the requirements (see our website for a list of foreign government offices accredited to Canada).

Apply for visas well before travelling.

Some countries will allow you to enter only if you can prove you will be leaving and have enough money to support yourself during your stay. Be prepared to show your return or onward ticket, a bank statement, or any visas that demonstrate that you plan to visit another country.

TRAVEL WITH OR BY CHILDREN

We strongly recommend that youth under 18 who travel alone, with only one parent, or accompanied by another adult carry a consent letter for each trip abroad. Such a letter proves that the trip is permitted by the custodial parent, both parents, or a legal guardian, as the case may be.

NEW UPGRADED SYSTEM FOR THE REGISTRATION OF CANADIANS ABROAD

Why register?

So that we can contact and assist you in case of an emergency abroad or inform you of an emergency at home.

Who should register?

All Canadians travelling or living abroad.

What's different about the new system?

The improved system allows you to better manage and update your own information* on-line.

What if I've already registered?

If you registered before **December 14, 2008, you MUST register again** in order to receive further safety and security updates.

How do I register?

You can register on-line at

www.travel.gc.ca/register

or by contacting a Canadian government office abroad.

For more information, call **1-800-267-6788** (in Canada and the U.S.) or **613-944-6788**.

 Information obtained through registration is confidential and is used in accordance with the provisions of the Privacy Act. Make sure you and/or the child carry proper identification, such as birth certificates, baptismal certificates, passports, citizenship cards, records of landing, or certificates of Indian status. Identification could also include any documents, such as divorce papers or custody court orders, that might be required by the country you intend to visit. These documents will help prove your citizenship, residency, and custodial rights when you return to Canada.

Your child custody arrangements in Canada may not be recognized in another country. In extreme cases, you or your child may not be allowed to leave that country. Check your status with that country's embassy or consulate in Canada before you travel. If you have custody questions, contact our Consular Case Management Division at 1-800-387-3124 (in Canada) or 613-943-1055.

For further details, see our fact sheet Tips for Travelling with Children on page 11.



TRAVEL TO THE UNITED STATES AND MEXICO

You should carry a valid Canadian passport for all visits to the United States and Mexico. The United States introduced new entry requirements in January 2007 For detailed information, visit the website of the Canada Border Services Agency at www.cbsa.gc.ca.

WOMEN TRAVELLING SOLO

Our booklet entitled Her Own Way: A Woman's Guide to Safe and Successful Travel provides information especially for females, including those who travel alone.

TRAVEL WITH A SAME-SEX SPOUSE

Although same-sex marriages are legal in Canada, they are not recognized in many countries, apart from Belgium, the Netherlands, South Africa, Spain, and the U.S. state of Massachusetts, Same-sex civil unions are more widely recognized, for example, in Denmark, France, Iceland, and the United Kingdom. Attempting to enter another country as a same-sex married couple may result in refusal by local officials. In addition, homosexual activity is a criminal offence in certain countries and could result in a prison or death sentence. Consult our Country Travel Reports or the destination country's embassy or consulate in Canada for specific information.

DUAL CITIZENSHIP

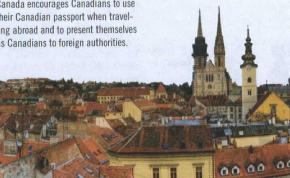
You are permitted by Canadian law to have more than one nationality. However, your Canadian citizenship may not be recognized in the country of your second citizenship, where authorities may prevent Canada from providing you with consular assistance. This situation is especially likely if you do not use your Canadian passport to enter the second country.

If you are considered a national of another country, you may be compelled to do military service, required to pay taxes, or subject to increased scrutiny by immigration and security officials. Dual citizenship can also cause problems in a third country if there is confusion over which citizenship you used to gain entry. To avoid unpleasant surprises, confirm whether you, your spouse, or any other family member is a citizen of another country.

Where permitted by the laws of the country in question, the Government of Canada encourages Canadians to use their Canadian passport when travelling abroad and to present themselves as Canadians to foreign authorities.

Note that you cannot use a Certificate of Canadian Citizenship instead of a Canadian passport to travel abroad. A Certificate of Canadian Citizenship is not a travel document. A Canadian passport is the only reliable and universally accepted travel and identification document available to Canadians for the purpose of international travel. Canadian citizens returning to Canada who present other documents, such as a Certificate of Canadian Citizenship, birth certificate, provincial driver's licence, or foreign passport, instead of a Canadian passport, may face delays or be denied boarding by transport companies.

If you have questions or concerns regarding dual citizenship, contact the nearest Canadian government office or refer to our booklet Dual Citizenship.



TIPS FOR TRAVELLING WITH CHILDREN



- Keep in mind that you will be travelling at your children's pace, not your own.
- All children require a valid Canadian passport and supporting identification. Check with the embassy or consulate of each destination country regarding additional entry requirements.
- It is strongly recommended that children travelling alone or with one parent carry a consent letter for each trip abroad. It is advisable to have the consent letter certified, stamped, or sealed by an official with the authority to administer an oath or solemn declaration, so that the validity of the letter will not be questioned. See www.travel.gc.ca/letter for a sample consent letter.
- Seek advice from a lawyer if a custody dispute might develop while the child is abroad. Custody arrangements in Canada may not be recognized in some countries. For details, see our publication International Child Abductions: A Manual for Parents.
- Keep some form of identification in the child's pocket in case you are separated.
- Some airlines will escort and supervise an unaccompanied child from check-in through arrival. Airlines require a parent or guardian to stay at the airport until the flight has departed. The person greeting the child at the destination must have appropriate identification and authorization.
- Infants should sit in an approved child safety seat when travelling by air. A bottle, pacifier, or breastfeeding will help make the child more comfortable and equalize air pressure.
- Bring an adequate supply of baby products and vital medications plus a doctor's note detailing their purposes.

For more information, see www.travel.gc.ca/child.

TRAVELLERS WITH DISABILITIES

Travellers with visual, hearing, mobility, or other impairments may have difficulty meeting their needs in certain countries. For information on such matters as government services for disabled travellers, meeting special needs, parking privileges, and travelling with a service animal, see the "Frequently Asked Questions" section of our website.

TRAVEL IN EUROPE

The member states of the European Union (not including the United Kingdom and Ireland), along with Norway, Iceland, and Switzerland, make up the Schengen Area, which aims for common rules regarding visas, asylum rights, and controls at external borders.

Most of the land border controls of the nine countries that joined the Schengen Agreement in 2004 were removed in December 2007. These countries include the Czech Republic, Estonia, Hungary, Latvia, Lithuania, Malta, Poland, Slovakia, and Slovenia. Controls for embarkation at ports and airports for travel between these countries and all other Schengen states were removed in March 2008. It is expected that Bulgaria, Romania, and Cyprus will fully enter the Schengen Agreement by 2011. Switzerland removed land border controls with other Schengen states in December 2008, and port and airport controls were removed in March 2009.

In the Schengen Area, Canadian travellers do not need visas for short-term visits (up to 90 days), but some countries require you to register with local authorities within three working days of your arrival. It is important to get your passport stamped when entering the Schengen Area. The absence of an entry stamp from the initial Schengen port of entry could create difficulties during subsequent encounters with local police or other authorities throughout the Schengen Area.

It is important to confirm up-to-date entry requirements with the embassy or high commission of each destination country before departure from Canada. See our Travel Reports for country-specific information.

PROTECTING YOUR HEALTH PROVIDED BY THE PUBLIC HEALTH AGENCY OF CANADA

The Public Health Agency of Canada strongly recommends that your travel plans include obtaining sound medical advice before travelling. Contact a travel medicine clinic or your physician at least six weeks before departure for an individual health assessment. Your physician will assess your need for vaccinations, preventive medication, and advice on precautions you can take to avoid disease while travelling. Be aware that some vaccinations and preventive medications can take a month or two to become effective.

VACCINATION, PREVENTIVE MEDICATION, AND PERSONAL PROTECTIVE MEASURES

International travel can expose you to infectious diseases not frequently seen in Canada. Based on your current health status, immunization history, and anticipated itinerary, a healthcare provider can assess your individual health risks and advise you on vaccination requirements, your need for preventive medication (e.g., for malaria), and personal protective measures.

Ensure that your routine immunizations—tetanus, diphtheria, whooping cough (pertussis), polio, measles, mumps, and rubella—are up-to-date. Proof of yellow fever vaccination may be required to enter some countries.

If you are travelling with infants or small children, you may need to arrange an alternative or accelerated childhood immunization schedule for them. For further information, visit the Public Health Agency of Canada's Travel Health website at www.travelhealth.gc.ca.

AIDS

Some countries require proof of HIV testing. Have the test conducted and obtain the results before your trip.

MEDICATION

If you take medication, be sure to pack an extra supply in case you are away for longer than expected. Carry a duplicate of your original prescription, listing both the generic and trade names of the product, in case your medication is lost or stolen. If you wear glasses or contact lenses, having the prescription will make it easier to replace them if needed.



Do not try to save luggage space by combining medications in one container. Keep all medications in the original, labelled container to avoid customs problems.

Some medications that are sold over the counter in Canada are illegal or require a prescription in other countries. Find out whether your medication is legally available in the country you plan to visit. For travel to some countries, it is advisable to obtain a note from your doctor, stating the medical reasons for your prescription and the recommended dosage.

If you need syringes for a medical condition, such as diabetes, it is important to take along an adequate supply. You should also carry a medical certificate that indicates the syringes are for medical use.

SUPPLEMENTAL HEALTH INSURANCE

Do not rely on your provincial health plan to cover costs if you get sick or are injured while abroad. Out-of-country healthcare can be costly, and your health plan will cover only part of the bill at best. It is your responsibility to obtain supplementary travel insurance and understand the terms of your policy.

Some credit card companies offer their holders health and travel insurance. Do not assume that coverage is automatically included or that the card alone provides adequate coverage.

Some companies charge an additional premium for travel coverage. Others require that you pay for your travel arrangements using that card. Verify the conditions, limitations, and requirements before departure.

BE SURE TO ASK WHETHER YOUR POLICY:

- Includes an in-house, worldwide, 24-hour emergency hotline with multilingual operators, as well as physicians or nurses on staff.
- Covers doctor's visits and prescription medicines.
- Pays for foreign hospitalization and related medical costs.
- Provides up-front and direct payment of bills and cash advances abroad, so you don't have to be out of pocket.
- Covers emergency transportation, such as ambulance services.



HURRICANE SEASON TRAVEL TIPS



The hurricane season extends from early June to late November. Mexico, Central America, the Caribbean, and the east and Gulf coasts of the United States are the most threatened areas. If you plan to travel during hurricane season, we encourage you to:

- Check our Travel Warnings page at www.travel.gc.ca to see if it is safe to travel to your destination.
- Confirm travel arrangements prior to departure and ensure that your travel insurance allows for trip cancellation or interruption in the event of a hurricane.
- Ensure that detailed information is left with family or friends in Canada, including the name of the tour operator, flight details, hotel name, location, room number, and telephone numbers.
- Ensure that page 4 of your passport is filled out properly and leave copies of all travel documents with someone in Canada
- Register with the responsible Canadian government office in the country you plan to visit (see page 8).
- Monitor local news broadcasts and weather reports carefully, follow the advice of local authorities and tour operators, and know how to contact the nearest Canadian government office.
- Obtain up-to-date weather forecasts for the region from the National Hurricane Center at www.nhc.noaa.gov.
- Visit the website of the Canadian Hurricane Centre at www.atl.ec.gc.ca/weather/hurricane for recommendations on hurricane preparedness.
- Carry contact details for our Emergency Operations Centre (see page 44).

For more information, see the "Before You Go" section of our website at www.travel.gc.ca.

- Provides for medical evacuation to Canada or the nearest location with appropriate medical care.
- Pays for a medical escort (doctor or nurse) to accompany you during evacuation.
- Covers pre-existing medical conditions (get an agreement in writing that you are covered).
- Covers premature births and related neonatal care, if needed.
- Pays for the preparation and return of your remains to Canada if you die while abroad.
- Covers emergency dental care.
- Does not exclude any countries or regions you intend to visit.

Carry details of your insurance with you. Also, tell your travel agent, a friend or relative at home, and a travelling companion how to contact your insurer. Get a detailed invoice from the doctor or hospital before you leave the country. There is nothing more frustrating than trying to get the proper paperwork from thousands of kilometres away. Always remember to submit original receipts for medical services or prescriptions received abroad. Most insurance companies will not accept copies or faxes. Keep a copy of the submitted documents for your files.

EXTENDED STAY ABROAD

Your provincial or territorial health insurance plan will become invalid if you live elsewhere beyond a certain length of time. Personal medical insurance is available for those working, studying, or living outside Canada for an extended period. Coverage is available for both the contracted individual and dependants. These insurance plans consist of full accident and sickness

coverage, including emergency medical evacuation and war risk. Many companies have changed their terms and conditions related to terrorist acts, war, and civil unrest. Check with your insurer before you leave Canada.

OTHER INSURANCE

You may also want to purchase a travel insurance package that includes flight cancellation, trip interruption, and/or lost luggage coverage. Doing so can prevent major disruptions and additional costs. Again, check the terms and conditions of these policies.

TRAVELLING BY CAR

Keep in mind that each country has its own driving regulations. In some countries, a driver may be questioned and/or detained by police following even a minor accident. You may be required to obtain an International Driving Permit and/or additional insurance to drive a vehicle in another country. For further information, consult our Country Travel Reports or the Canadian Automobile Association.

MONEY MATTERS

Canadian currency and traveller's cheques are rarely accepted abroad. Before you leave Canada, consult a bank or foreign currency agent to find out the most appropriate currency to carry.

It is always a good idea to have a small amount of local currency on hand when you arrive, unless importing local currency is a crime. There may be restrictions on the amount of money you can take into or out of a country. Check currency regulations with your travel agent or the country's embassy or consulate in Canada.

Be aware that your debit or credit card may not be accepted abroad. Check with your bank for information on ATM services in other countries.

Before departure, make arrangements to obtain additional funds if needed. Foreign travel is often more expensive than expected.

WELL ON YOUR WAY

The Government of Canada has developed a new safe-travel publication, entitled Well on Your Way, to help you protect your health while abroad. It includes essential information on understanding travel-health risks; taking preventive measures before, during, and after international travel; coping with a health emergency abroad;



and obtaining consular services in the event of a health emergency.

To order your booklet today, call 1-800-267-8376 (in Canada) or 613-944-4000 or download a copy at www.travel.gc.ca.



CANADIAN TAXATION STATUS

If you are living, working, or travelling abroad but maintain residential ties in Canada, you are normally considered a "factual resident" of Canada for.taxation purposes. There may be additional factors involved, so review your situation with the Canada Revenue Agency (CRA) before you leave to avoid surprises. For details, see the CRA publication Canadian Residents Abroad (T4131).

AVOIDING CUSTOMS DIFFICULTIES

Before taking valuable items abroad, you can use a free identification service at any office of the Canada Border Services Agency (CBSA). For more information, see the CBSA pamphlet I Declare.

TRANSPORT OF DANGEROUS GOODS

Passengers are not permitted to transport dangerous goods aboard aircraft in carry-on luggage, in checked baggage, or on their person. Be especially aware of restrictions on liquids, gels, and aerosols packed in carry-on luggage. Only medicinal products, toiletry articles, and alcoholic beverages (in retail packaging) are allowed. Their containers cannot exceed 100 ml and must fit in a single clear, closed. resealable plastic bag with a maximum capacity of one litre. Consult your airline or Transport Canada's website (www.tc.gc.ca/air) to find out what you can and cannot take with you.

ON YOUR WAY

TAKING PRECAUTIONS

The same rules apply while abroad as at home, only more so. Foreigners are usually at greater risk than locals. In some countries, foreigners are specifically targeted. Be sure not to wander into unknown areas-find out how safe they are first. Never leave drinks unattended while in bars or night clubs and never accept food or drink from strangers. Drugs may be present that could put you at risk of sexual assault and robbery. Do not pick up hitchhikers or cross borders with people you have just met. Watch your luggage and make sure it is locked. Never take anything, even an envelope, across a border for someone else.

Do not display large amounts of money or expensive jewellery in public. Use a money belt or a case with concealed sections for valuables.

Remember to telephone home, particularly if you have promised family members or friends that you will do so. We receive thousands of calls every year from worried family members or friends who have not received a promised call.

Keep a separate record of your traveller's cheques and credit cards. Never carry your passport, travel tickets, identification documents, cash, credit cards, and insurance papers together.
If you do so, you risk being left with
no identification or funds in case of
theft or loss.

Use the safety deposit box at your hotel. Never leave valuables in your room.

FOREIGN LAWS AND CUSTOMS

When travelling or living in a foreign country, familiarize yourself with the way of life there. Respect that country's laws, religions, culture, class structure, and economic conditions. Although you may not agree with some of the country's beliefs, remember that you are a visitor.

In many countries, appropriate attire for both sexes is very important and may even be legislated. Penalties for disobeying local laws can be severe.

Be especially respectful of temples, mosques, churches, synagogues, and other religious sites. Many are off limits to foreigners or people who are not members of that faith. Ask permission before taking photographs of religious artifacts, buildings, or local people.

Never take photographs of military facilities, a harbour where naval vessels are docked, or industrial installations such as oil refineries. Your film and camera could be confiscated, and you could even come under suspicion of espionage.

ILLEGAL DRUGS

While recreational drugs may be readily available in some countries, their purchase, consumption, import, and export are prohibited almost everywhere. Buying and using drugs, even in countries where such practices are common, can lead to criminal charges, heavy fines, and long prison sentences. If you break the law in another country, you are subject to that country's judicial system.

Choose your travel companions wisely. Never cross a border with a hitchhiker or as a hitchhiker. Although you may not be carrying anything illegal, your companions may be. And never take a package that is not yours across a border. For details, consult the "Drugs and Travel" section of our website.



LOST, STOLEN, OR DAMAGED PASSPORT

If your passport is lost or stolen while you are abroad, you must immediately report the incident to the local police and the nearest Canadian government office. Before a new passport can be issued, you must complete an application form, present documentary evidence of your Canadian citizenship (e.g., a birth or citizenship certificate), submit new photographs, pay the required fee, and complete a Statutory Declaration concerning a Lost, Stolen, Damaged, Destroyed or Inaccessible Canadian Passport or Travel Document form (PPTC 203).

If you regain possession of the passport that was reported lost or stolen, you must return it immediately to Passport Canada or, if you are abroad, to the nearest Canadian government office. Do not attempt to use the document for travel, as you will encounter difficulties.

There can be significant delays at passport checkpoints if your passport is damaged in any way. Airlines may prohibit you from boarding, and you could be refused entry or exit at border crossings. Passport Canada recommends that anyone with a damaged passport apply for a new one in order to avoid such incidents.



CRIME AND PUNISHMENT

Thousands of Canadians are currently imprisoned abroad for a wide range of offences. The laws and customs of other countries can be very different from those in Canada, and ignorance is no defence when a crime is committed.

While in a foreign country, you are subject to its laws and regulations. Your Canadian citizenship offers no immunity.

Canadians may be prosecuted in Canadian courts for certain acts committed against significant cultural sites and objects outside Canada. In addition to foreign laws protecting cultural heritage, Canadian law now prohibits the illegal export of cultural objects from certain countries, whether or not the object is brought to Canada. For more information, consult www.canadianheritage.gc.ca/travel.

If you find yourself in trouble, Canadian consular officials abroad can provide a list of lawyers with the necessary expertise, contact your family and friends, and ensure you receive fair treatment according to the standards of that country. They cannot, however, wield any influence to reduce your sentence or fine.

SEXUAL EXPLOITATION OF CHILDREN

It is illegal to have sexual relations with children, whether in Canada or abroad. Most countries vigorously enforce laws against the sexual exploitation of children. Canadians who are suspected of committing such acts at home or abroad can be charged under the Canadian Criminal Code (available at http://laws.justice.gc.ca). Those convicted face a penalty of up to 14 years' imprisonment. For more information, see the publication Child Sex Tourism: It's a Crime on our website.

JUDICIAL PROCESS

Never assume that the legal system of another country is the same as at home. "Innocent until proven guilty" is not a universal principle. If you are accused of a crime, you may be detained for an indefinite period with no opportunity for bail pending a verdict. In certain countries, you may not have a right to legal representation or to a trial in your own language.

Some countries do not recognize or respect religious freedom; freedom of association, speech, or the press; or equality of the sexes. For instance, guilt by association is often presumed, and you may be charged just for being in the company of a person suspected or found guilty of a crime.

Even if you are an innocent bystander at a riot or demonstration, you may be considered a participant and be rounded up with those involved.

If you do find yourself in legal trouble, contact the nearest Canadian government office at once. If you cannot do so yourself, have someone else do it for you.



COMING HOME

DEPARTURE TAX

Some countries impose a departure tax or service fee at the airport or point of departure. Before leaving, make sure you set aside enough money in local funds to pay this tax. See the Country Travel Reports on our website for more information.

CANADA BORDER SERVICES AGENCY—PERSONAL EXEMPTIONS

If you have been away from Canada for 24 hours or more, your personal exemption (the value of goods you can bring back to Canada without paying duties and taxes) is C\$50, not including alcohol and tobacco products. The goods must be with you when you arrive at the border.

If the goods are worth more than C\$50, you cannot claim this personal exemption and must pay **full duties** and taxes on all goods brought in.

If you have been away from Canada for 48 hours or more, you may bring back goods worth up to C\$400 without paying duties and taxes. The goods must be with you when you arrive at the border. They can include alcoholic beverages and tobacco products as follows: up to 1.14 litres (40 oz.) of liquor or 1.5 litres (52 oz.) of wine; a total of 1.14 litres of wine and liquor: or 24 x 355 ml (12 oz.) cans or bottles (maximum 8.5 litres) of beer or ale. Note that provincial age restrictions apply to liquor. As for tobacco, you may bring back up to 200 cigarettes. 50 cigars or cigarillos, 200 tobacco sticks, and 200 grams (7 oz.) of manufactured tobacco, if you are 18 years of age or older.



DRUGS AND TRAVELS DO'S AND DON'TS

To make the most of your travels and avoid drug-related problems abroad, keep in mind the following advice:

DO...

- Find out if your prescription medications are legal in the countries you plan to visit. Keep all medications in their original, labelled containers. Carry a note from your doctor clearly explaining the reasons for your prescriptions. If syringes are needed, have a medical certificate stating their use.
- Pack your luggage yourself and never leave it unattended.
- Keep an eye on your children's backpacks, toys, and stuffed animals. Someone could secretly slip drugs inside.
- Choose your travel companions wisely. Never cross a border with a hitchhiker or as a hitchhiker. If your fellow travellers happen to be carrying, using, or selling illegal drugs, you could be found guilty by association.
- Find out if certain areas are unsafe by inquiring with local authorities, a travel agent, or hotel staff. You could suddenly find yourself in the wrong place at the wrong time. Always have an up-to-date map with you.

DON'T ...

- Be fooled into smuggling drugs in exchange for money or a free vacation. Many Canadians are currently serving drug-related sentences abroad, often in deplorable conditions. In some countries, drug convictions carry the death penalty.
- Carry parcels, gifts, or luggage for other people across borders or through customs under any circumstances.
- Give in to the temptation to use drugs. While illegal drugs are readily available and openly used in many countries, the fact remains: they are dangerous and illegal. Involvement with narcotics could put your health at risk and jeopardize your whole future.

For more information, consult the "Drugs and Travel" section of our website at www.travel.gc.ca/drugs.

If you have been away from Canada for seven days or more, you may bring back goods worth up to C\$750 without paying duties and taxes. These goods can include alcoholic beverages and tobacco products as described above. With the exception of tobacco products and alcoholic beverages, you do not need to have the goods with you when you arrive at the border. When calculating the number of days you are absent, do not include the date you leave Canada, but do include the date you return.

Tobacco products included in a personal exemption are still subject to a minimum duty unless they are marked "Canada-Duty Paid—Droit acquitté." The law in Canada also limits the quantity of tobacco products that may be imported (or possessed) by an individual for personal use if the tobacco product is not packaged and stamped "Canada-Duty Paid—Droit acquitté" (in accordance with the

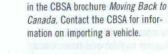
Excise Act, 2001). The limit is currently five units of tobacco products. One unit of tobacco products consists of one of the following: 200 cigarettes, 50 cigars, 200 tobacco sticks, or 200 g of manufactured tobacco.

If you have any questions about what you can bring home, call the Border Information Service Line of the Canada Border Services Agency (see page 45).

BE AWARE AND DECLARE

You must declare all items purchased or acquired abroad, whether they are intended for yourself or as gifts, as well as goods bought at a Canadian or foreign duty-free store. Keep your original receipts for possible inspection.

The booklet I Declare, published by the Canada Border Services Agency (CBSA), describes what you can and cannot bring back to Canada if you have been away for less than a year. After a stay abroad of more than a year, there are special import provisions for household items and personal belongings. Information is contained



ILLEGAL SOUVENIRS

There are restrictions on bringing certain goods into Canada. If you are considering bringing back meat, eggs, dairy products, fresh fruits and vegetables, plants, animals, or products made from their skins or feathers, contact the Canadian Food Inspection Agency (CFIA) beforehand for guidance—it could save you a lot of trouble. For accurate and timely information on import requirements, consult the CFIA Automated Import Reference System at http://airs-sari.inspection.gc.ca.

For information on importing weapons, contact the Canada Firearms Centre.

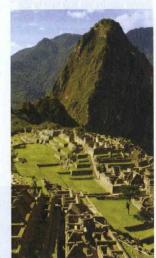
A list of products banned in Canada due to safety hazards can be found on the website of Health Canada under "Consumer Product Safety."

There are more than 30,000 species of wild animals and plants regulated under the Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES). A violation of CITES could lead to seizure of your purchase, as well as a fine and/or prison term. Contact Environment Canada for details.

Also, be aware that it may be illegal to bring home cultural property, such as antiques or fossils, whose sale or export is banned or controlled by the country of origin. Strict penalties may be imposed, and cultural property may be confiscated and returned to the country of origin. For more information, contact Canadian Heritage or the embassy of the country you are visiting.

HEALTH CONCERNS

If you become sick or feel unwell after returning to Canada, you should see your doctor. Inform the doctor, without being asked, that you have been travelling or living outside Canada and where you have been. If you were ill while travelling, also see your doctor upon return and explain your travel history and any treatment you received.





24

LIST OF CANADIAN GOVERNMENT OFFICES ABROAD

The following list identifies where to seek consular assistance in each country. The telephone numbers in this list indicate the country code first and then the city/area code. The city/area codes (in parentheses) are those you should use when calling within the country where the office is located. If you are calling from another country, you may have to use a different city/area code. Also, when calling from one country to another, you must use the local code for international calls before the country and city/area codes of the number you wish to reach. For example, if you are calling overseas from Canada, you must press 011 before the country code. Calls to Bermuda, the Caribbean, and the United States do not require a country code, but you must press 1 before the area code. If you are unable to contact an office overseas, please verify the codes with your telephone operator.

In some countries, you can use an international toll-free number to speak to a consular officer in Ottawa. This number may not work from all local telephone service providers, mobile phones, or pay phones. Also, a phone card, coins, tokens, or an international long-distance fee may be required to complete the call.

Hours and days of operation vary at Canadian government offices abroad. Call the office concerned to check its hours. If you are unable to reach the office in an emergency or after hours, call 613-996-8885 (collect calls accepted) or dial the country's toll-free number (if provided below) to reach the Emergency Operations Centre in Ottawa.

In the following list, the 🛂 symbol indicates that a Canadian government office provides passport services.

Canada has agreements with several countries to provide consular services to each other's citizens at a number of locations around the world. The symbol indicates that an Australian government office delivers consular services to Canadians in that country.

The information in this list is subject to change. Consult www.travel.gc.ca for the most up-to-date list of Canadian government offices abroad, including postal addresses.

AFGHANISTAN

Tel.: 93 (0) 799 742 800 E-mail: kabul@international.gc.ca Internet: www.afghanistan.gc.ca

ALBANIA

Tel.: 355 (4) 225 7274, 225 7275 E-mail: canadalb@canada.gov.al

ALGERIA

Tel.: 213 (0) 770-083-000 E-mail: alger@international.gc.ca Internet: www.algeria.gc.ca

ANDORRA

See Spain, Madrid

ANGOLA

Tel.: 244 (222) 448-371, -377, -366 E-mail: consul.can@angonet.org

ANGUILLA

See Barbados or call toll-free: 1-800-387-3124

ANTIGUA AND BARBUDA

See Barbados or call toll-free: 1-800-387-3124

ARGENTINA

Tel.: 54 (11) 4808-1000 E-mail: bairs-cs@international.gc.ca Internet: www.argentina.gc.ca

ARMENIA

Tel.: 374 (10) 56-79-90 E-mail: concda@gmail.com

ARUBA

See Netherlands

AUSTRALIA

Canberra 🛂

Tel.: 61 (2) 6270-4000 E-mail: cnbra@international.gc.ca *Melbourne* Tel.: 61 (3) 9653-9674

Perth

Tel.: 61 (8) 9322-7930

Sydney 4

Tel.: 61 (2) 9364-3000 E-mail: sydny@international.gc.ca Toll-free from Australia: 0011-800-2326-6831 Internet: www.australia.gc.ca

AUSTRIA 🛂

Tel.: 43 (1) 531-38-3000 Toll-free: 00-800-2326-6831 E-mail: vienn-cs@international.gc.ca Internet: www.austria.gc.ca

AZERBAIJAN

See Turkey, Ankara

AZORES

See Portugal, Ponta Delgada

BAHAMAS

Tel.: (242) 393-2123, -2124 Toll-free: 1-881-949-9993 E-mail: cdncon@bateInet.bs



BAHRAIN

Tel.: (973) 17 536270 Toll-free: 800-00-732

F-mail: canadabh@batelco.com.bh

BANGLADESH 🛂

Tel.: 880 (2) 988-7091/2/3/4/5/6/7 F-mail: dhaka@international.gc.ca Internet: www.bangladesh.gc.ca

BARBADOS 🛂

Tel.: (246) 429-3550 Toll-free: 1-800-387-3124

E-mail: bdgtn@international.gc.ca Internet: www.barbados.gc.ca

BELARUS

See Poland

BELGIUM

Antwerp (Antwerpen)

Tel.: 32 (3) 220-0211 Brussels 🛂

Tel.: 32 (2) 741-0611

F-mail: bru@international.gc.ca Toll-free from Belgium:

00-800-2326-6831

Internet: www.belgium.gc.ca

RFLIZE

Tel.: 501 223-1060 E-mail: cdncon.bze@btl.net

BENIN

Tel.: 229 21-30-24-79 E-mail: alcona ade@yahoo.fr

RERMUDA

Tel.: 441 292-2917 Toll-free: 1-800-387-3124

BHUTAN

Tel.: 975 (2) 322-109, 332-615 F-mail: canada@druknet.bt Internet: www.cco.org.bt

BOLIVIA

Tel.: 591 (2) 241-5141

E-mail: lapaz@international.gc.ca

BONAIRE

See Netherlands

BOSNIA AND HERZEGOVINA 🛂

Tel.: 387 (33) 222-033

E-mail: sievo@international.gc.ca

BOTSWANA

Tel.: 267 390-4411

E-mail: canada.consul@info.bw

BRAZIL

Belo Horizonte

Tel.: 55 (31) 3047-1225

E-mail: consul.belo@canada.org.br

Brasilia 🛂 Tel.: 55 (61) 3424-5400

F-mail: brsla@international.gc.ca

Rin de Janeiro

Tel.: 55 (21) 2543-3004 E-mail: rio@international.gc.ca

São Paulo 🛂

Tel.: 55 (11) 5509-4321 E-mail: spalo@international.gc.ca Toll-free from Brazil: 0-800-891-6614

Internet: www.brazil.gc.ca

BRITISH VIRGIN ISLANDS

See Barbados

RRUNFI DARUSSALAM 🛂

Tel.: 673 (2) 22-00-43 E-mail: bsbgn@international.gc.ca Internet: www.brunei.gc.ca

BULGARIA

Tel.: 359 (2) 969-9710

E-mail: consular@canada-bg.org

BURKINA FASO 🛂

Tel.: 226 50-31-18-94

E-mail: ouaga@international.gc.ca Internet: www.burkinafaso.gc.ca

BURMA ERÂE

Tel.: 95 (1) 251-810

E-mail: austembassy.rangoon@

dfat.gov.au

Internet: www.burma.embassy.gov.au

BURUNDI

Tel.: 257 22 24-58-98

F-mail-

bujumbura@canadaconsulate.ca

CAMBODIA THE

Tel.: 855 (23) 213 470 E-mail: australian.embassy. cambodia@dfat.gov.au

Internet:

www.cambodia.embassy.gov.au

CAMEROON Douala

Tel.: 237 3343-2934

E-mail: consulatdouala@propme.com

Yaoundé 🛂 Tel.: 237 2223-2311

E-mail: vunde@international.gc.ca Internet: www.cameroon.gc.ca

CAPE VERDE

See Senegal

CAYMAN ISLANDS

Tel.: (345) 949-9400 Toll-free: 1-800-276-2989 E-mail: cdncon.cavman@candw.kv

CENTRAL AFRICAN REPUBLIC

Tel.: 236 21-61-30-39

E-mail; consulatbangui@yahoo.fr

CHAD

Tel.: 235 253-4280

Tel. after hours: 235 627-3027 E-mail: honcon@honconca-chad.org

CHILE

Antofagasta

Tel.: 56 (55) 24-7652

E-mail: honcon.canada.antofagasta@ gmail.com

Concepción

Tel.: 56 (41) 236-9705

E-mail: honcon.canada.concepcion@ gmail.com

Santiago 🛂

Tel.: 56 (2) 652-3800

E-mail: stago@international.gc.ca Internet: www.chile.gc.ca

CHINA

Beiling 4 Tel.: 86 (10) 5139-4000

E-mail: beijing.consular@ international.gc.ca Internet: www.beijing.gc.ca

Chongaing

Tel.: 86 (23) 6373-8007

E-mail: chonq@international.gc.ca Internet: www.chongqing.gc.ca

Guangzhou 🛂

Tel.: 86 (20) 8666-0569

E-mail: ganzu.consular-consulaire@ international.gc.ca

Internet: www.guangzhou.gc.ca

Hong Kong

Tel.: 85 (2) 3719-4700

E-mail: hkong-cs@international.gc.ca Internet: www.hongkong.gc.ca

Shanghai 🛂

Tel.: 86 (21) 6279-8400 E-mail: shngi@international.gc.ca

Internet: www.shanghai.gc.ca

COLOMBIA Bogotá 🛂

Tel.: 57 (1) 657-9800

E-mail: bgota@international.gc.ca

Cartagena

Tel.: 57 (5) 665-5838 E-mail: honcartagena@enred.com Toll-free from Colombia: 01-800-919-0057

Internet: www.colombia.gc.ca

COMOROS ISLANDS

See Tanzania

CONGO (BRAZZAVILLE)

See Congo (Kinshasa)

CONGO (KINSHASA) 🛂

Tel.: 243 898-950-310, -311, -312 E-mail: kinshasa@international.gc.ca Internet: www.congo.gc.ca

COOK ISLANDS

See New Zealand

COSTA RICA

Tel.: 506 2242-4400
Toll-free: 0-800-015-1161
E-mail: sjcra@international.gc.ca
Internet: www.costarica.gc.ca

CÔTE D'IVOIRE 🛂

Tel.: 225 20-30-07-00

E-mail: abdjn@international.gc.ca Internet: www.abidjan.gc.ca

CROATIA 🛂

Tel.: 385 (1) 488-1200, -1211 E-mail: zagrb@international.gc.ca Internet: www.croatia.gc.ca

CUBA

Guardalavaca

Tel · 53 (24) 430-320

E-mail: honcongvaca@canada.com

Havana 🍇

Tel.: 53 (7) 204 2516

E-mail: havan-cs@international.gc.ca

Varadero

Tel.: 53 (45) 61-2078

E-mail: honconvdero@canada.com Internet: www.cuba.gc.ca

CURAÇÃO

Tel.: 599 (9) 466-1115, -1121

CYPRUS

Tel.: 357 (2) 2775-508 Toll-free: 8009-6082

E-mail: info@consulcanada.com.cy

CZECH REPUBLIC 🛂

Tel.: 420 27210-1800

E-mail: prgue@international.gc.ca Internet: www.czechrepublic.gc.ca

DEMOCRATIC REPUBLIC OF CONGO

See Congo (Kinshasa)

DENMARK

Copenhagen 🋂

Tel.: 45 33 48 32 00

E-mail: copen@international.gc.ca

Nuuk (Greenland)

Tel.: 299 31-16-47, 34-34-30 E-mail: lpdanielsen@airgreenland.gl Internet: www.denmark.gc.ca

DJIBOUTI

Tel.: 25 (3) 35-38-59, 35-59-50 E-mail: georgalis@intnet.dj

DOMINICA

See Barbados or call toll-free: 1-888-949-9993

DOMINICAN REPUBLIC

Puerto Plata

Tel.: (809) 586-5761 E-mail: canada.pop@gmail.com

Santo Domingo 🍇

Tel.: (809) 685-1136

E-mail: sdmgo@international.gc.ca Toll-free from Dominican Republic: 1-888-156-3102 or 1-809-200-0012 Internet: www.dominicanrepublic.gc.ca

EAST TIMOR

See Timor-Leste

ECUADOR

Guayaquil

Tel.: 593 (4) 229-6837 E-mail: consulc1@nobis.com

Quito 🛂

Tel.: 593 (2) 245-5499 E-mail: quito@international.gc.ca Internet: www.ecuador.gc.ca

EGYPT 🍇

Tel.: 20 (2) 2791-8700

E-mail: cairo-cs@international.gc.ca Internet: www.egypt.gc.ca

EL SALVADOR 🛂

Tel.: 503 2279-4655, -4657, -4659 E-mail: ssal@international.gc.ca Internet: www.elsalvador.gc.ca

EQUATORIAL GUINEA

See Cameroon

ERITREA

Tel.: 291 (1) 18-64-90, 18-19-40 E-mail: mkcca1@yahoo.com

ESTONIA

Tel.: 372 627 3310, -3311 E-mail: tallinn@canada.ee Internet: www.estonia.gc.ca

ETHIOPIA 🛂

Tel.: 251 (0) 11-371-3022 E-mail: addis@international.gc.ca Internet: www.ethiopia.gc.ca

FUI

Nadi

Tel.: 679 672-2400, 679 992-4999 (mobile) E-mail: vyases@connect.com.fj Suva min

Tel.: 679 338-2211

E-mail: suva.cmis@dfat.gov.au Internet: www.fiji.embassy.gov.au

FINLAND 🍇

Tel.: 358 (9) 228-530
Toll-free: 990-800-2326-6831,
from mobile phone: 800-2326-6831
E-mail: hsnki@international.gc.ca
Internet: www.finland.gc.ca

FRANCE Lille

Tel.: 33 3-20-14-05-78 E-mail: consulat.canada-lille@ amb-canada.fr

Lyon

Tel.: 33 4-72-77-64-07 E-mail: consulat.canada-lyon@ amb-canada.fr

Nice

Tel.: 33 4-93-92-93-22 E-mail: consulat.canada-nice@ amb-canada.fr

Paris 🛂

Tel.: 33 1-44-43-29-00 E-mail: paris-consulaire@ international.gc.ca Saint-Pierre et Miquelon

Tel.: 508 41-55-10

E-mail: consulat.canada-st_ pierreetmiguelon@amb-canada.fr

Toulouse

Tel.: 33 5-61-52-19-06

E-mail: consulat.canada-toulouse@

amb-canada.fr

Toll-free from France:

00-800-2326-6831

Internet: www.france.gc.ca

FRENCH GUIANA
See France, Paris

FRENCH POLYNESIA TÂT

Tel.: 689 468-853

GABON

Tel.: 241-44-29-65

E-mail: conhongab@gmail.com

GAMBIA*

Tel.: 220 449-5133

E-mail: bhcbanjul@gamtel.gm
* The British High Commission
provides services to Canadians
in Gambia

GEORGIA

See Turkey, Ankara

GERMANY Berlin

Tel.: 49 (30) 20 31 20

E-mail: brlin-cs@international.gc.ca

Düsseldorf 🛂

Tel.: 49 (211) 17:21 70 E-mail: ddorf@international.gc.ca

Hamburg

Tel.: 49 (40) 46 00 27 0

E-mail: hmbrg@international.gc.ca

Munich 🛂

Tel.: 49 (89) 21 99 57 0

E-mail: munic@international.gc.ca

Stuttgart

Tel.: 49 (711) 22 39 67 8 E-mail: stuttgart@canada.de Internet: www.germany.gc.ca

GHANA 🛂

Tel.: 233 (21) 21-15-21, 22-85-55 E-mail: accra@international.gc.ca Internet: www.ghana.gc.ca

GREAT BRITAIN

See United Kingdom

GREECE
Athens

Tel.: 30 (210) 727-3400

E-mail: athns-cs@international.gc.ca Internet: www.greece.gc.ca

GREENLAND

See Denmark, Nuuk

GRENADA

See Barbados

GUADELOUPE See Barbados

occ Da

GUAM

See United States, San Francisco

GUATEMALA 🛂

Tel.: 502 2363-4348
E-mail: gtmla@international.gc.ca

Internet: www.guatemala.gc.ca

GUINEA

Tel.: 224 60 236022 E-mail: laprade@yahoo.com **GUINEA-BISSAU**

See Senegal

GUYANA 🋂

Tel.: 592 227-2081/2/3/4/5 E-mail: grgtn@international.gc.ca Internet: www.guyana.gc.ca

HAITI 🛂

Tel.: 509 2-249-9000

E-mail: prnce@international.gc.ca Internet: www.haiti.gc.ca

HAWAII

See United States of America, Honolulu

HOLY SEE (VATICAN CITY)

Tel.: 39 (06) 6830-7316, -7386, -7398

Toll-free: 00-800-2326-6831 E-mail: vatcn@international.gc.ca

Internet: www.vatican.gc.ca

HONDURAS

Tel.: 504 232-4551

E-mail: tglpa@international.gc.ca

HONG KONG

See China, Hong Kong

HUNGARY 🍱

Tel.: 36 (1) 392-3360

E-mail: bpest@international.gc.ca Internet: www.hungary.gc.ca

ICELAND 🛂

Tel.: 354 575-6500 Toll-free: 800-8462

E-mail: rkjvk@international.gc.ca Internet: www.iceland.gc.ca

INDIA

Chandigarh

Tel.: 91 (172) 505-0300

E-mail: chadg-g@international.gc.ca

Chennai

Tel.: 91 (44) 2833-0888

E-mail: cheni@gocindia.org
Kolkata (formerly Calcutta)

Noikata (Tormerly Calcut Tel.: 91 (33) 2242-6820

E-mail: ccklkta@rpg.in

Mumbai (formerly Bombay)

Tel.: 91 (22) 6749-4444

E-mail: mmbai@international.gc.ca

New Delhi 🛂

Tel.: 91 (11) 4178-2000, -2100

E-mail: delhi.consular@ international.gc.ca Internet: www.india.gc.ca

INDONESIA

Denpasar (Bali) Tel.: 62 (361) 241-118

E-mail: bali.congen@dfat.gov.au

Jakarta 🛂

Tel.: 62 (21) 2550-7800

E-mail: jkrta@international.gc.ca Internet: www.indonesia.gc.ca

IRAN 🛂

Tel.: 98 (21) 8152-0000

E-mail: teran@international.gc.ca Internet: www.iran.gc.ca

IRAQ

See Jordan

IRELAND 🍇

Tel.: 353 (1) 234-4000

E-mail:

consul.dublin@international.gc.ca Internet: www.ireland.gc.ca

ISRAEL, THE WEST BANK AND GAZA Ramallah

Tel.: 972 (2) 297-8430

E-mail: rmlah@international.gc.ca Internet: www.westbankandgaza.gc.ca

Tel Aviv

Tel.: 972 (3) 636-3300 E-mail: taviv@international.gc.ca Toll-free from Israel, the West Bank and Gaza: 014-800-2326-6831 Internet: www.israel.gc.ca

ITALY Naples

Tel.: 39 (081) 401-338 E-mail: cancons.nap@tiscali.it

Padova Tel.: 39 (049) 876-4833

E-mail: consolatocanada.padova@virgilio.it

Rome √a Tel.: 39 (06) 85 444-2911

E-mail: rome.citizenservices@ international.gc.ca Toll-free from Italy: 001-800-2326-6831 Internet: www.italy.gc.ca

JAMAICA Kingston

Tel.: (876) 926-1500

E-mail: kngtn-cs@international.gc.ca

Montego Bay

Tel.: (876) 952-6198 E-mail: cancon@cwjamaica.com Toll-free from Jamaica: 1-800-276-2989

Internet: www.jamaica.gc.ca

JAPAN *Hiroshima*

Tel.: 81 (82) 246-0057

Nagoya

Tel.: 81 (52) 972-0450 E-mail: ngoya@international.gc.ca

Sapporo

Tel.: 81 (11) 261-7740

Tokyo 🛂

Tel.: 81 (3) 5412-6200

E-mail: tokyo@international.gc.ca

Toll-free from Japan: 001-010-800-2326-6831 (KDDI).

0041-010-800-2326-6831 (Nippon Telecom), 0061-010-800-2326-6831

(Cable & Wireless IDC) Internet: www.japan.gc.ca

JORDAN 🛂

Tel.: 962 (6) 520-3300

E-mail: amman@international.gc.ca Internet: www.jordan.gc.ca

KAZAKHSTAN 🛂

Tel.: 7 (727) 250-1151 E-mail: almat@international.gc.ca Internet: www.kazakhstan.gc.ca

KENYA 🛂

Tel.: 254 (20) 366-3000 E-mail: nrobi@international.gc.ca Internet: www.kenya.gc.ca

KIRIBATI 💼

Tel.: 686 21-184

E-mail: ahc_tarawa@dfat.gov.au

KOREA

See South Korea or North Korea

KOSOVO

See Serbia

KUWAIT 🛂

Tel.: 965 256-3025

E-mail: kwait@international.gc.ca Internet: www.kuwait.gc.ca

KYRGYZ REPUBLIC

Tel.: 996 (312) 65-05-06

E-mail: canada_honcon@akipress.org

LAOS 💼

Tel.: 856 (21) 353-800

E-mail: austemb.laos@dfat.gov.au Internet: www.laos.embassy.gov.au

LATVIA

Tel.: 371 6781-3945

E-mail: riga@international.gc.ca Internet: www.latvia.gc.ca

LEBANON 🛂

Tel.: 961 (4) 713-900

E-mail: berut-cs@international.gc.ca Internet: www.lebanon.gc.ca

LESOTHO

Tel.: 266 22-315-365 E-mail: canada@leo.co.ls

LIBERIA

See Côte d'Ivoire

LIBYA 🛂

Tel.: 218 (21) 335-1633 E-mail: trpli@international.gc.ca Internet: www.libya.gc.ca

LIECHTENSTEIN

See Switzerland, Bern

LITHUANIA

Tel.: 370 (5) 249-0950
Toll-free: 88-003-0022
E-mail: vilnius@canada.lt
Internet: www.lithuania.gc.ca

LUXEMBOURG

Tel.: 35 (2) 262-70-570 Toll-free: 800-23679 E-mail: canada@pt.lu Internet: www.luxembourg.gc.ca

MACAO

See China, Hong Kong

MACEDONIA

(known as Former Yugoslav Republic of Macedonia in UN and other international bodies) Tel.: 389 (2) 3225-630

MADAGASCAR

Tel.: 261 (20) 22 397 37 E-mail: consulat.canada@moov.mg

MALAWI

Tel.: 265 (1) 845-441, 841-612 . E-mail: kokhai@malawibiz.com

MALAYSIA

Kuala Lumpur 🛂

Tel.: 6 (03) 2718-3333

E-mail: klmpr-cs@international.gc.ca

Penang

Tel.: 6 (04) 389-3300 E-mail: tyt@lbsb.com.my Internet: www.malaysia.gc.ca

MALDIVES

See Sri Lanka

MALI

Tel.: 223 20-21-22-36

E-mail: bmako@international.gc.ca Internet: www.mali.gc.ca

MALTA

Tel.: 356 2552-0000, -2151, -3233 E-mail: canhcon@demajo.com

MARSHALL ISLANDS

See Micronesia

MARTINIQUE

See France, Paris

MAURITANIA

Tel.: 222 529 26 97/8

E-mail: consulatcanada@mauritel.mr

MAURITIUS

Tel.: 230 212-5500

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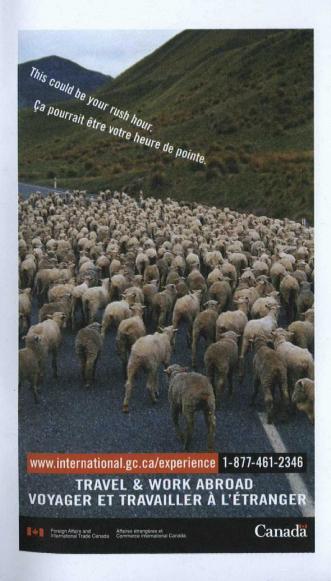
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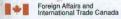


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YOUR BEST TRAVEL COMPANION

Canada is a nation of international travellers. About 50 percent of us are passport holders, drawn by the irresistible lure of destinations near and far. And yet going abroad has never been more challenging, with multiple concerns, like trip planning, budgeting, health, security, and documentation. Fortunately, most of us are up to the challenge. We have recognized the need to be well prepared for international travel and to take responsibility for our and our loved ones' well-being abroad.

To help Canadians help themselves, Foreign Affairs and International Trade Canada provides vital services to plan for a safe and successful journey, to prevent problems before they arise, and to assist in an emergency. Likewise, this booklet offers indispensable guidelines for trouble-free travel, plus information on consular services and Canadian government offices worldwide. It may be your best travel companion. Read it before you leave—and have it on hand wherever you go.

What Are Canadian Consular Services?

With approximately 260 offices in 150 countries worldwide, Foreign Affairs and International Trade Canada is ready to assist Canadians travelling, working, studying, or living abroad.

Before you leave Canada, it is important to know which services we do and do not provide and to realize that not all Canadian government offices abroad provide the same services. Examples of these services are listed below. However, the list is not exhaustive. The \$ symbol indicates which services are provided for a fee.

Consular Officials Provide the Following Services:

In emergencies

- Assist in arranging an evacuation in the event of war, civil unrest, or a natural disaster, as a last resort (\$).
- Arrange help in a medical emergency by providing you with a list of local doctors and hospitals.
- Arrange for a medical evacuation if a necessary treatment is not available locally (\$).
- Comfort and assist victims of robbery, sexual assault, or other violence.
- Provide assistance in cases of missing persons or if a child has been abducted to another country (see our publication International Child Abductions: A Manual for Parents).

When legal issues arise

- Provide you with a list of local lawyers.
- Provide you with sources of information about local laws and regulations.
- Seek to ensure that you are treated fairly under a country's laws if you are arrested or detained (see our publication A Guide for Canadians Imprisoned Abroad).
- Notarize documents (\$).

When other issues arise

- Replace a lost, stolen, damaged, or expired passport (\$).
- Issue a Statement in Lieu of Certification of Non-impediment to Marriage Abroad (\$).
- Provide an emergency loan, subject to strict rules and only as a last resort (\$).
- Transfer funds (\$).
- Contact relatives or friends and ask them to send you money or airline tickets.
- Contact next of kin, with your authorization, if you have had an accident or are detained by police.
- Accept citizenship applications.
- Provide advice about burying a Canadian abroad or assist in repatriating the remains to Canada.
- Contact next of kin in case of death.
- Request that local authorities investigate suspicious circumstances in the event of an alleged or apparent crime or death.

Consular Officials DO NOT Provide the Following Services:

When legal issues arise

- Intervene in private legal matters.
- Provide legal advice.
- Obtain a criminal record check on your behalf.
- · Post bail or pay fines or legal fees.
- Get you out of prison.
- Take possession of an abducted child.
- Enforce a Canadian custody agreement overseas or compel a country to decide a custody case.
- Investigate a crime or death.
- Ask local authorities to give preferential treatment to Canadians.

When other issues arise

- . Make travel arrangements.
- Compensate or reimburse you for delayed or cancelled travel.
- Pay your hotel, medical, travel, or other expenses.
- Store personal effects or search for lost items.
- Acquire local permits or licences on your behalf, including foreign visas or work permits.
- · Assist with job hunting.
- Help you find accommodation.
- Accept mail on your behalf.
- Issue pension or social security benefits.
- · Perform marriage ceremonies.
- Pay the burial, cremation, or repatriation costs of a deceased Canadian.
- Coordinate and pay for searchand-rescue efforts to locate missing Canadians.



Emergency Consular Services

Emergency consular assistance is available 24 hours a day, seven days a week. Outside office hours, your call will be transferred to our Emergency Operations Centre in Ottawa, where an experienced consular officer is always on hand, or you will be asked to leave a message for a return call. Either way, you will receive a prompt response. If you leave a message, make sure it is clear and that you provide a telephone number or contact address.

In some countries, you can use a toll-free number to reach us in Ottawa, or call us collect at **613-996-8885** (where available).

Where there is no Canadian office, an Australian or British government office will provide you with emergency services. These and possibly other foreign offices can also contact the nearest Canadian government office on your behalf.

See pages 23 to 36 for a "List of Canadian Government Offices Abroad."

BEFORE YOU GO

Get Informed

Take time to learn about the political, cultural, and economic environment of your destination. Learn at least a few key phrases in the country's language. Even a modest command of the local language will go a long way.

Some countries experience ongoing wars, insurgencies, or sporadic unrest. Find out if your destination is known to be dangerous. Consult our website for essential travel advice (see "Going Abroad?" on page 6).

Before you go abroad, we advise you to:

- Learn the location of Government of Canada offices in the countries you plan to visit and carry the contact information with you (see page 23 or visit www.voyage.gc.ca/ alt/canoffices.asp).
- Provide family or friends with a travel itinerary and contact details, as well as the emergency number for Foreign Affairs and International Trade Canada (see page 37).

Your Canadian Passport

A Canadian passport is the only reliable and universally accepted travel and identification document for Canadians. You and each family member should have a valid passport if you plan to travel outside Canada. Application forms are

Sign Up for Our Registration of Canadians Abroad Service

Who should register?

All Canadians travelling or living abroad.

Why register?

So that we can contact and assist you in an emergency abroad, such as a natural disaster or civil unrest, or inform you about a family emergency at home.

How do I register?

To register on-line, visit our website at:

www.voyage.gc.ca

You can also register by contacting a Canadian government office abroad.

Will my information be shared with other parties? Personal information obtained through registration is confidential and is used in accordance with the provisions of the Privacy Act.

Where can I find out more?

Call **1-800-267-6788** (in Canada) or **613-944-6788** , or contact the nearest Canadian government office abroad.



Going Abroad?

BE PREPARED. EXPECT THE UNEXPECTED!

Connect with the world and keep posted on travel advice for approximately 200 destinations.

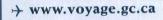
Our **Country Travel Reports and Warnings** offer information on safety and security, local laws and customs, entry requirements, health conditions, and other important travel issues.

Our **Global Issues** page features wide-ranging information on evolving situations of concern to Canadians abroad.

Our daily e-mail **Travel Updates** alert you to changes in our Travel Reports, Warnings, and Global Issues.

Our other **on-line resources** focus on a variety of travel issues, such as documentation, transportation, citizenship, and emergencies.

Wherever you go, wherever you are, visit:



available at any Passport Canada office, Service Canada centre, Canada Post outlet, or Canadian government office abroad. Forms can also be downloaded from the Passport Canada website at www.passportcanada.gc.ca.

A Passport for Everyone
All Canadian travellers, including
children, must have their own
passport. This security measure is
intended to help protect children and
combat abduction, prostitution, and
illegal migration. The practice of
adding a child's name to a parent's
passport is no longer permitted.

Before you leave on your trip, be sure to complete the "In case of accident or death, notify" section (page 4) in your passport. This information will help us to quickly notify your family or friends if an emergency arises.

Processing Time

Canadian travellers should plan ahead and apply for a passport before booking an international flight. To avoid delays in obtaining your passport, ensure your application is complete. Processing times may vary depending on the volume of applications received and, in certain cases,

the complexity of routine verifications and security checks. Consult Passport Canada's website for the latest processing times.

Keep It Safe!

Make photocopies of your passport's identification page and of your identification cards. Keep copies separate from originals when travelling. For added security, leave a copy with a friend or relative at home. We also recommend that you carry your birth or citizenship certificate in addition to your Canadian passport. These simple actions may speed the replacement process if you lose your passport.

Expiration Date

A Canadian passport is generally valid for a five-year period. However, a passport issued to a child under age three is valid for only three years. Before making travel arrangements, be sure to verify all passport expiration dates. If a passport is due to expire within six months of your scheduled return to Canada, check with the destination country's embassy or consulate in Canada for rules and restrictions regarding passport validity. Some countries will not let you enter if your passport is due to expire within six months.

Do You Need a Visa?

You need a visa to enter certain countries. The most common categories are business, work, student, and tourist visas. Your travel agent or the country's embassy or consulate in Canada can advise you of the requirements (see our website for a list of foreign government offices accredited to Canada). Apply for visas well before travelling.

Some countries will allow you to enter only if you can prove you will be leaving and have enough money to support yourself during your stay. Be prepared to show your return or onward ticket, a bank statement, or any visas that demonstrate that you plan to visit another country.

Travel with or by Children

We strongly recommend that youth under 18 who travel alone, with only one parent, or accompanied by another adult carry a consent letter for each trip abroad. Such a letter proves that the trip is permitted by the custodial parent, both parents, or a legal guardian, as the case may be.

Make sure you and/or the child carry proper identification, such as birth certificates, baptismal certificates, passports, citizenship cards, records of landing, and certificates of Indian status. Identification could also include any documents, such as divorce papers or custody court orders, that might be required by the country you intend to visit. These documents will help prove your citizenship, residency, and custodial rights when you return to Canada.



Tips for Travelling with Children

- Keep in mind that you will be travelling at your children's pace, not your own.
- All children require a valid Canadian passport and supporting identification. Check with the embassy or consulate of each destination country regarding additional entry requirements.
- It is strongly recommended that children travelling alone or with one parent carry a consent letter for each trip abroad. It is advisable to have the consent letter certified, stamped, or sealed by an official with the authority to administer an oath or solemn declaration, so that the validity of the letter will not be questioned. See www.voyage.gc.ca/alt/letter.asp for a sample consent letter.
- Seek advice from a lawyer if a custody dispute might develop while the child is abroad. Custody arrangements in Canada may not be recognized in some countries. For details, see our publication International Child Abductions: A Manual for Parents.
- Keep some form of identification in the child's pocket in case you are separated.
- Some airlines will escort and supervise an unaccompanied child from check-in through arrival. Airlines require a parent or guardian to stay at the airport until the flight has departed. The person greeting the child at the destination must have appropriate identification and authorization.
- Infants are required to sit in an approved child safety seat when travelling by air. Carry a bottle or pacifier to make the child more comfortable and to equalize ear pressure.
- Bring an adequate supply of baby products and vital medications plus a doctor's note detailing their purposes.

For more information, see www.voyage.gc.ca/alt/child.asp.

Your child custody arrangements in Canada may not be recognized in another country. In extreme cases, you or your child may not be allowed to leave that country. Check your status with that country's embassy or consulate in Canada before you travel. If you have custody questions, contact our Consular Case Management Division at 1-800-387-3124 (in Canada) or 613-943-1055.

For further details, see our fact sheet Tips for Travelling with Children on the facing page.

Women Travelling Solo

Our booklet entitled *Her Own Way:*A Woman's Guide to Safe and
Successful Travel provides information especially for females, including those who travel alone.

Travel with a Same-Sex Spouse

Although same-sex marriages are legal in Canada, they are not recognized in many countries, apart from Belgium, the Netherlands, South

TRAVEL TO THE UNITED STATES AND MEXICO

You should carry a valid Canadian passport for all visits to the United States and Mexico. The United States introduced new entry requirements in January 2007. For detailed information, see "New U.S. Entry Requirements" on page 10 as well as our Country Travel Reports.

Africa, Spain, and the U.S. state of Massachusetts. Same-sex civil unions are more widely recognized, for example, in Denmark, France, Iceland, and the United Kingdom. Attempting to enter another country as a same-sex married couple may result in refusal by local officials. In addition, homosexual activity is a criminal offence in certain countries and could result in a prison or death sentence. Consult our Country Travel Reports or the destination country's embassy or consulate in Canada for specific information.

Dual Citizenship

You are permitted by Canadian law to have more than one nationality. However, your Canadian citizenship may not be recognized in the country of your second citizenship, where authorities may prevent Canada from providing you with consular assistance. This situation is especially likely if you do not use your Canadian passport to enter the second country.

If you are considered a national of another country, you may be compelled to do military service, required to pay taxes, or subject to increased scrutiny by immigration and security officials. Dual citizenship can also cause problems in a third country if there is confusion over which citizenship you used to gain entry. To avoid unpleasant surprises, confirm whether you, your spouse, or any other family member is a citizen of another country.



New U.S. Entry Requirements

The Western Hemisphere Travel Initiative (WHTI) is a new U.S. law requiring all travellers, including Canadians, to carry a passport or other appropriate secure documentation when travelling to the United States. Canadians entering and leaving the U.S. by different modes of transportation must carry documentation appropriate to each mode of transportation. See below for details.

- Air Travel: As of January 23, 2007, Canadians entering or transiting the United States by air must present a valid Canadian passport or NEXUS card (at kiosks at designated airports) to confirm their citizenship and identity.
- Land and Sea Travel: The same entry requirements for land and sea travel to the United States will come into effect at a later time. Canadians can continue to use such documents as their birth certificates and driver's licences to cross the Canada-U.S. border by land and sea until the WHTI is fully implemented.
- Canadian Passport: The Government of Canada continues to recommend that travellers carry a valid Canadian passport when visiting all destinations abroad, including the United States. A passport is the only universally accepted identification document, and it proves that you have a right to return to Canada.
- NEXUS Card: The NEXUS program is designed to expedite the border clearance process for low-risk, pre-approved travellers into Canada and the United States by air, land, and sea. NEXUS members can use self-serve kiosks at designated airports, employ dedicated lanes at land borders, and report by telephone at marine ports of entry. For details on NEXUS, visit www.nexus.gc.ca or call 1-866-NEXUS-26.

For up-to-date information on the WHTI and travel to the United States, visit www.voyage.gc.ca or www.cbsa.gc.ca.

Where permitted by the laws of the country in question, the Government of Canada encourages Canadians to use their Canadian passport when travelling abroad and to present themselves as Canadians to foreign authorities. Note that you cannot use a Certificate of Canadian Citizenship instead of a Canadian passport to travel abroad. A Certificate of Canadian Citizenship is not a travel document. A Canadian passport is the only reliable and universally accepted travel and identification document available to Canadians for

the purpose of international travel. Canadian citizens returning to Canada who present other documents, such as a Certificate of Canadian Citizenship, birth certificate, provincial driver's licence, or foreign passport, instead of a Canadian passport, may face delays or be denied boarding by transport companies.

If you have questions or concerns regarding dual citizenship, contact the nearest Canadian government office or refer to our booklet *Dual Citizenship*.

TRAVEL IN EUROPE

The member states of the European Union (not including the United Kingdom and Ireland), along with Norway, Iceland, and Switzerland, make up the Schengen Area, which aims for common rules regarding visas, asylum rights, and controls at external borders.

Most of the land border controls of countries that recently joined the Schengen Agreement were removed on December 21, 2007. These countries include the Czech Republic, Estonia, Hungary, Latvia, Lithuania, Malta, Poland, Slovakia, and Slovenia. Controls for embarkation at ports and airports for travel between these countries and all other Schengen states will be removed by March 29, 2008. It is expected that Bulgaria, Romania, and Cyprus will fully enter the Schengen Agreement in 2009, removing land border controls with other Schengen

states in December 2008, and port and airport controls in March 2009. Switzerland's full participation in the Schengen Area may also begin in 2008.

In the Schengen Area, Canadian travellers do not need visas for short-term visits (up to 90 days), but some countries require you to register with local authorities within three working days of your arrival. It is important to get your passport stamped when entering the Schengen Area. The absence of an entry stamp from the initial Schengen port of entry could create difficulties during subsequent encounters with local police or other authorities.

It is important to confirm up-todate entry requirements with the embassy or high commission of each destination country before departure from Canada. See our Travel Reports for country-specific information.



Hurricane Season Travel Tips

The hurricane season extends from early June to late November. Mexico, Central America, the Caribbean, and the east and Gulf coasts of the United States are the most threatened areas. If you plan to travel during hurricane season, we encourage you to:

- Check our Travel Warnings page at www.voyage.gc.ca to see if it is safe to travel to your destination.
- Confirm travel arrangements prior to departure and ensure that your travel insurance allows for trip cancellation or interruption in the event of a hurricane.
- Ensure that detailed information is left with family or friends in Canada, including the name of the tour operator, flight details, hotel name, location, room number, and telephone numbers.
- Ensure that page 4 of your passport is filled out properly and leave copies of all travel documents with someone in Canada.
- Register with the responsible Canadian government office in the country you plan to visit (see page 5).
- Monitor local news broadcasts and weather reports carefully, follow the advice of local authorities and tour operators, and know how to contact the nearest Canadian government office.
- Obtain up-to-date weather forecasts for the region from the National Hurricane Center at www.nhc.noaa.gov.
- Visit the website of the Canadian Hurricane Centre at www.atl.ec.gc.ca/weather/hurricane for recommendations on hurricane preparedness.
- Carry contact details for our Emergency Operations Centre (see page 37).

For more information, see the "Before You Go" section of our website at www.voyage.gc.ca.

Travellers with Disabilities

Travellers with visual, hearing, mobility, or other impairments may have difficulty meeting their needs in certain countries. For information on such matters as government services for disabled travellers, meeting special needs, parking privileges, and travelling with a service animal, see the "Frequently Asked Questions" section of our website.

Protecting Your Health

Provided by the Public Health Agency of Canada

The Public Health Agency of Canada strongly recommends that your travel plans include obtaining sound medical advice before travelling. Contact a travel medicine clinic or your physician at least six weeks before departure for an individual risk assessment. Your physician will assess your need for vaccinations, preventive medication, and advice on precautions you can take to avoid disease while travelling. Be aware that some vaccinations and preventive medications can take a month or two to become effective.

Vaccination, Preventive Medication, and Personal Protective Measures

International travel can expose you to infectious diseases not frequently seen in Canada. Based on your current health status, immunization history, and anticipated itinerary, a healthcare provider can assess your

individual health risks and advise you on vaccination requirements, your need for preventive medication (e.g., for malaria), and personal protective measures. Ensure that your routine immunizations—tetanus, diphtheria, whooping cough (pertussis), polio, measles, mumps, and rubella—are up-to-date. Proof of yellow fever vaccination may be required to enter some countries.

If you are travelling with infants or small children, you may need to arrange an alternative or accelerated childhood immunization schedule for them. For further information, visit the Public Health Agency of Canada's Travel Health website at www.travelhealth.gc.ca.

AIDS

Some countries require proof of HIV testing. Have the test conducted and obtain the results before your trip.

Medication

If you take medication, be sure to pack an extra supply in case you are away for longer than expected. Carry a duplicate of your original prescription, listing both the generic and trade names of the product, in case your medication is lost or stolen. If you wear glasses or contact lenses, having the prescription will make it easier to replace them if needed.

Do not try to save luggage space by combining medications in one container. Keep all medications in the original, labelled container to avoid customs problems.



Some medications that are sold over the counter in Canada are illegal or require a prescription in other countries. Find out whether your medication is legally available in the country you plan to visit. For travel to some countries, it is advisable to obtain a note from your doctor, stating the medical reasons for your prescription and the recommended dosage.

If you need syringes for a medical condition, such as diabetes, it is important to take along an adequate supply. You should also carry a medical certificate that indicates the syringes are for medical use.

Supplemental Health Insurance

Do not rely on your provincial health plan to cover costs if you get sick or are injured while abroad. Out-of-country healthcare can be costly, and your health plan will cover only part of the bill at best. It is your responsibility to obtain supplementary travel insurance and understand the terms of your policy.

Some credit card companies offer their holders health and travel insurance. Do not assume that coverage is automatically included or that the card alone provides adequate coverage. Some companies charge an additional premium for travel coverage. Others require that you pay for your travel arrangements using that card. Verify the conditions, limitations, and requirements before departure.

Be sure to ask whether your policy:

- Includes an in-house, worldwide, 24-hour emergency hotline with multilingual operators, as well as physicians or nurses on staff.
- Covers doctor's visits and prescription medicines.
- Pays for foreign hospitalization and related medical costs.
- Provides up front and direct payment of bills and cash advances abroad, so you don't have to be out of pocket.
- Covers emergency transportation, such as ambulance services.
- Provides for medical evacuation to Canada or the nearest location with appropriate medical care.
- Pays for a medical escort (doctor or nurse) to accompany you during evacuation.
- Covers pre-existing medical conditions (get an agreement in writing that you are covered).
- Covers premature births and related neonatal care, if needed.

- Pays for the preparation and return of your remains to Canada if you die while abroad.
- Covers emergency dental care.
- Does not exclude any countries or regions you intend to visit.

Carry details of your insurance with you. Also, tell your travel agent, a friend or relative at home, and a travelling companion how to contact your insurer.

Get a detailed invoice from the doctor or hospital before you leave the country. There is nothing more frustrating than trying to get the proper paperwork from thousands of kilometres away. Always remember to submit original receipts for medical services or prescriptions received abroad. Most insurance companies will not accept copies or faxes. Keep a copy of the submitted documents for your files.

Extended Stay Abroad

Your provincial or territorial health insurance plan will become invalid if you live elsewhere beyond a certain length of time. Personal medical insurance is available for those working, studying, or living outside Canada for an extended period. Coverage is available for both the contracted individual and dependants. These insurance plans consist of full accident and sickness coverage, including emergency medical evacuation and war risk.

Many companies have changed their terms and conditions related to terrorist acts, war, and civil unrest. Check with your insurer before you leave Canada.

Other Insurance

You may also want to purchase a travel insurance package that includes flight cancellation, trip interruption, and/or lost luggage coverage. Doing so can prevent major disruptions and additional costs. Again, check the terms and conditions of these policies.

Travelling by Car

Keep in mind that each country has its own driving regulations. In some countries, a driver may be questioned and/or detained by police following even a minor accident. You may be required to obtain an International Driving Permit and/or additional insurance to drive a vehicle in another country. For further information, consult our Country Travel Reports or the Canadian Automobile Association.





Money Matters

Canadian currency and traveller's cheques are not always accepted. Before you leave Canada, consult a bank or foreign currency agent to find out the most appropriate currency to carry.

It is always a good idea to have a small amount of local currency on hand when you arrive, unless importing local currency is a crime. There may be restrictions on the amount of money you can take into or out of a country. Check currency regulations with your travel agent or the country's embassy or consulate in Canada.

Be aware that your debit or credit card may not be accepted abroad. Check with your bank for information on ATM services in other countries.

Before departure, make arrangements to obtain additional funds if needed. Foreign travel is often more expensive than expected.

Canadian Taxation Status

If you are living, working, or travelling abroad but maintain residential ties in Canada, you are normally considered a "factual resident" of Canada for taxation purposes. There may be additional factors involved, so review your situation with the Canada Revenue Agency (CRA) before you leave to avoid surprises. For details, see the CRA publication Canadian Residents Abroad (T4131).

Avoiding Customs Difficulties

Before taking valuable items abroad, you can use a free identification service at any office of the Canada Border Services Agency (CBSA). For more information, see the CBSA pamphlet *I Declare*.

Transport of Dangerous Goods

Passengers are not permitted to transport dangerous goods aboard aircraft in carry-on luggage, in checked baggage, or on their person. Be especially aware of new restrictions on liquids, gels, and aerosols packed in carry-on luggage. Only medicinal products, toiletry articles, and alcoholic beverages (in retail packaging) are allowed. Their containers cannot exceed 100 ml and must fit in a single clear, closed, resealable plastic bag with a maximum capacity of one litre. Consult your airline or Transport Canada's website (www.tc.gc.ca/air) to find out what you can and cannot take with you.

ON YOUR WAY

Taking Precautions

The same rules apply while abroad as at home, only more so. Foreigners are usually at greater risk than locals. In some countries, foreigners are specifically targeted. Be sure not to wander into unknown areas—find out how safe they are first. Never leave drinks unattended while in bars or night clubs and never accept food or drink from strangers. Drugs may be present that could put you at risk of sexual assault and robbery. Do not pick up hitchhikers or cross borders with people you have just met. Watch your luggage and make sure it is locked. Never take anything, even an envelope, across a border for someone else.

Do not display large amounts of money or expensive jewellery in public. Use a money belt or a case with concealed sections for valuables.

Remember to telephone home, particularly if you have promised family members or friends that you will do so. We receive thousands of calls every year from worried family members or friends who have not received a promised call.

Keep a separate record of your traveller's cheques and credit cards.

Never carry your passport, travel tickets, identification documents, cash, credit cards, and insurance papers together. If you do so, you risk being left with no identification or funds in case of theft or loss.



Use the safety deposit box at your hotel. Never leave valuables in your room.

Foreign Laws and Customs

When travelling or living in a foreign country, familiarize yourself with the way of life there. Respect that country's laws, religions, culture, class structure, and economic conditions. Although you may not agree with some of the country's beliefs, remember that you are a visitor.

In many countries, appropriate attire for both sexes is very important and may even be legislated. Penalties for disobeying local laws can be severe.

Be especially respectful of temples, mosques, churches, synagogues, and other religious sites. Many are off limits to foreigners or people who are not members of that faith. Ask permission before taking photographs of religious artifacts, buildings, or local people.

Never take photographs of military facilities, a harbour where naval vessels are docked, or industrial installations such as oil refineries. Your film and camera could be confiscated, and you could even come under suspicion of espionage.

Illegal Drugs

While recreational drugs may be readily available in some countries, their purchase, consumption, import, and export are prohibited almost everywhere. Buying and using drugs, even in countries where such practices are common, can lead to criminal charges, heavy fines, and long prison sentences. If you break the law in another country, you are subject to that country's judicial system.

Choose your travel companions wisely. Never cross a border with a hitchhiker or as a hitchhiker. Although you may not be carrying anything illegal, your companions may be. And never take a package that is not yours across a border. For details, consult the "Drugs and Travel" section of our website.

Crime and Punishment

Thousands of Canadians are currently imprisoned abroad for a wide range of offences. The laws and customs of other countries can be very different from those in Canada, and ignorance is no defence when a crime is committed.

While in a foreign country, you are subject to its laws and regulations. Your Canadian citizenship offers no immunity.



LOST OR STOLEN PASSPORT

If your passport is lost or stolen while you are abroad, you should immediately report the incident to the local police. Make sure you get a copy of the police report or the report number. Then contact the nearest Government of Canada office. Before a new passport can be issued, you must complete an application form, present documentary evidence of your Canadian citizenship (e.g., a birth or citizenship certificate), submit new photographs, pay the required fee, and complete a Statutory Declaration Concerning a Lost, Stolen. Inaccessible or Destroyed Canadian Passport or Travel Document form (PPTC 203). If you subsequently find the missing passport, it must be returned to Passport Canada, so that it can be inspected and destroyed to prevent fraudulent use.

Bad Trips Abroad

Get the facts about drugs and travel at www.voyage.gc.ca



Sylvia, actress, arrested upon arrival in Singapore with 300 grams of crystal meth hidden in her shoes, now facing execution.



Nicolas, engineer, charged with cocaine possession in Spain, now serving five years behind bars.



Marie, librarian, duped into bringing wine home from Australia as a "gift" for a friend of a friend, serving 18 years in prison for smuggling liquid heroin.



Daniel, college student, caught with ecstasy during a police raid in Daytona Beach, sentenced to three years in a Florida jail.



Due to recent changes in Canadian law, Canadians may be prosecuted in Canadian courts for certain acts committed against significant cultural sites and objects outside Canada. In addition to foreign laws protecting cultural heritage, Canadian law now prohibits the illegal export of cultural objects from certain countries, whether or not the object is brought to Canada. For more information, consult www.canadianheritage.gc.ca/travel.

If you find yourself in trouble, Canadian consular officials abroad can provide a list of lawyers with the necessary expertise, contact your family and friends, and ensure you receive fair treatment according to the standards of that country. They cannot, however, wield any influence to reduce your sentence or fine.

Judicial Process

Never assume that the legal system of another country is the same as at home. "Innocent until proven guilty" is not a universal principle. If you are accused of a crime, you may be detained for an indefinite period with no opportunity for bail pending a verdict. In certain countries, you may not

SEXUAL EXPLOITATION OF CHILDREN

It is illegal to have sexual relations with children, whether in Canada or abroad. Most countries vigorously enforce laws against the sexual exploitation of children. Canadians who are suspected of committing such acts at home or abroad can be charged under the Canadian Criminal Code (available at http://laws.justice.gc.ca). Those convicted face a penalty of up to 14 years' imprisonment. For more information, see the publication Child Sex Tourism: It's a Crime on our website.

have a right to legal representation or to a trial in your own language.

Some countries do not recognize or respect religious freedom; freedom of association, speech, or the press; or equality of the sexes. For instance, guilt by association is often presumed, and you may be charged just for being in the company of a person suspected or found guilty of a crime.

Even if you are an innocent bystander at a riot or demonstration, you may be considered a participant and be rounded up with those involved.

If you do find yourself in legal trouble, contact the nearest Canadian government office at once. If you cannot do so yourself, have someone else do it for you.

COMING HOME

Departure Tax

Some countries impose a departure tax or service fee at the airport or point of departure. Before leaving, make sure you set aside enough money in local funds to pay this tax. See the Country Travel Reports on our website for more information.

Canada Border Services Agency—Personal Exemptions

If you have been away from Canada for 24 hours or more, your personal exemption (the value of goods you can bring back to Canada without paying duties and taxes) is C\$50, not including alcohol and tobacco products. The goods must be with you when you arrive at the border. If the goods are worth more than C\$50, you cannot claim this personal exemption and must pay full duties and taxes on all goods brought in.

If you have been away from Canada for 48 hours or more, you may bring back goods worth up to C\$400 without paying duties and taxes. The goods must be with you when you arrive at the border. They can include alcoholic beverages and tobacco products as follows: up to 1.14 litres (40 oz.) of liquor or 1.5 litres (52 oz.) of wine; a total of 1.14 litres of wine and liquor; or 24 x 355 ml (12 oz.) cans or bottles (maximum 8.5 litres) of beer or ale.

Note that provincial age restrictions apply to liquor. As for tobacco, you may bring back up to 200 cigarettes, 50 cigars or cigarillos, 200 tobacco sticks and 200 grams (7 oz.) of manufactured tobacco.

If you have been away from Canada for seven days or more, you may bring back goods worth up to C\$750 without paying duties and taxes. These goods can include alcoholic beverages and tobacco products as described above. With the exception of tobacco products and alcoholic beverages, you do not need to have the goods with you when you arrive at the border. When calculating the number of days you are absent, do not include the date you leave Canada, but do include the date date you return.

Tobacco products included in a personal exemption are still subject to a minimum duty unless they are marked "Canada-Duty Paid—Droit acquitté."

If you have any questions about what you can bring home, call the Border Information Service Line of the Canada Border Services Agency (see page 38).

Be Aware and Declare

You must declare all items purchased or acquired abroad, whether they are intended for yourself or as gifts, as well as goods bought at a Canadian or foreign duty-free store. Keep your original receipts for possible inspection.

The booklet I Declare, published by the Canada Border Services Agency (CBSA), describes what you can and cannot bring back to Canada if you have been away for less than a year. After a stay abroad of more than a year, there are special import provisions for household items and personal belongings. Information is contained in the CBSA brochure Moving Back to Canada. Contact the CBSA for information on importing a vehicle.

Illegal Souvenirs

There are restrictions on bringing certain goods into Canada. If you are considering bringing back meat, eggs, dairy products, fresh fruits and vegetables, plants, animals, or products made from their skins or feathers, contact the Canadian Food Inspection Agency (CFIA) beforehand for guidance—it could save you a lot of trouble. For accurate and timely information on import requirements, consult the CFIA Automated Import Reference System at http://airs-sari.inspection.gc.ca.

For information on importing weapons, contact the Canada Firearms Centre.

There are more than 30,000 species of wild animals and plants regulated under the Convention on International Trade in Endangered



Species of Wild Fauna and Flora (CITES). A violation of CITES could lead to seizure of your purchase, as well as a fine and/or prison term. Contact Environment Canada for details.

Also, be aware that it may be illegal to bring home cultural property, such as antiques or fossils, whose sale or export is banned or controlled by the country of origin. Strict penalties may be imposed, and cultural property may be confiscated and returned to the country of origin. For more information, contact Canadian Heritage or the embassy of the country you are visiting.

Health Concerns

If you become sick or feel unwell after returning to Canada, you should see your doctor. Inform the doctor, without being asked, that you have been travelling or living outside Canada and where you have been. If you were ill while travelling, also see your doctor upon return and explain your travel history and any treatment you received.

LIST OF CANADIAN GOVERNMENT OFFICES ABROAD

The following list identifies where to seek consular assistance in each country. The telephone numbers in this list indicate the country code first and then the city/area code. The city/area codes (in parentheses) are those you should use when calling within the country where the office is located. If you are calling from another country, you may have to use a different city/area code. Also, when calling from one country to another, you must use the local code for international calls before the country and city/area codes of the number you wish to reach. For example, if you are calling overseas from Canada, you must press 011 before the country code. Calls to Bermuda, the Caribbean, and the United States do not require a country code, but you must press 1 before the area code. If you are unable to contact an office overseas. please verify the codes with your telephone operator.

In some countries, you can use an international toll-free number to speak to a consular officer in Ottawa. This number may not work from all local telephone service providers, mobile phones, or pay phones. Also, a phone card, coins, tokens, or an international long-distance fee may be required to complete the call.

Hours and days of operation vary at Canadian government offices abroad. Call the office concerned to check its hours. If you are unable to reach the office in an emergency or after hours, call 613-996-8885 (collect calls accepted) or dial the country's toll-free number (if provided below) to reach the Emergency Operations Centre in Ottawa.

In the following list, the discussion indicates that a Canadian government office provides passport services.

Canada has agreements with several countries to provide consular services to each other's citizens at a number of locations around the world. The symbol indicates that an Australian government office delivers consular services to Canadians in that country.

The information in this list is subject to change. Consult www.voyage.gc.ca for the most up-to-date list of Canadian government offices abroad, including postal and e-mail addresses.

Afghanistan

Tel.: 93 (0) 799 742 800

Albania

Tel.: 355 (4) 257274, 257275

Algeria 🛂

Tel:: 213 (7) 70-08-30-00

Andorra

See Spain, Madrid

Angola

Tel.: 244 (222) 448-371, -377, -366

Anguilla

See Barbados or call toll-free: 1-888-949-9993

Antigua and Barbuda

See Barbados or call toll-free: 1-888-949-9993

Argentina 🛂 Tel.: 54 (11) 4808-1000

Armenia

Tel.: 374 (10) 56-79-90

Aruba

See Netherlands

Australia Canberra 🛂

Tel.: 61 (2):6270-4000

Melbourne Tel.: 61 (3) 9653-9674 Perth

Tel.: 61 (8) 9322-7930

Sydney 4

Tel:: 61 (2) 9364-3000 Toll-free from Australia: 0011-800-2326-6831

Austria 🛂

Tell: 43 (1) 531-38-3000 Toll-free: 00-800-2326-6831

Azerbaijan

See Turkey, Ankara

Azores See Portugal, Ponta Delgada

Bahamas

Tel.: (242) 393-2123, -2124 Toll-free: 1-881-949-9993

Bahrain

Tel.: (973) 17 536270 Toll-free: 800-00-732

Bangladesh 🛂

Tel.: 880 (2) 988-7091/2/3/4/5/6/7

Barbados ♥

Tel.: 1 (246) 429-3550 Toll-free: 1-888-949-9993

Belarus See Poland

Belgium

Antwerp (Antwerpen) Tel.: 32 (03) 220-0211 Brussels 🛂

Tel.: 32 (02) 741-0611 Toll-free from Belgium: 00-800-2326-6831

Belize

Tel.: 501 223-1060

Benin

Tel.: 229 21-30-21-45

Bermuda Tel.: 441 292-2917

Bhutan

Tel.: 975 (2) 322-109, 332-615

Bolivia Tel.: 591 (2) 241-5141, -5021,

-4517

Bonaire See Netherlands

Bosnia and Herzegovina 🛂 Tel.: 387 (33) 222-033

Botswana Tel.: 267 30-4411

Brazil Belo Horizonte

Tel.: 55 (31) 3047-1225 Brasilia 🛂 Tel.: 55 (61) 3424-5400

Rio de Janeiro Tel.: 55 (21) 2543-3004 São Paulo 🛂 Tel.: 55 (11) 5509-4321

Toll-free from Brazil: 0-800-891-6614

British Virgin:Islands See Barbados

Brunei Darussalam 년 Tel.: 673 (2) 22-00-43

Bulgaria Tel.: 359 (2) 969-9710

Burkina Faso 🛂 Tel.: 226 50-31-18-94

Burma 🖮 Tel.: 95 (1) 251810

Burundi Tel.: 257 24-58-98

Cambodia Tel: 855 (23) 213 470

Cameroon Douala Tel.: 237 3343-2934 Yaoundé 🛂 . Tel.: 237 2223-2311

Cape Verde See Senegal

Cayman Islands Tel.: (345) 949-9400 Toll-free: 1-888-949-9993

Central African Republic Tel.: 236:61-30-39

Chad Tel.: 235.53-42-80

Tel. after hours: 235 27-30-27

Chile

Antofagasta Tel.: 56 (55) 24-7652 Concepción

Tel.: 56 (41) 36-9705 Santiago 🛂 Tel.: 56 (2) 652-3800

China Beijing 🧐 Tel.: 86 (10) 6532-3536

Chongging Tel.: 86 (23) 6373-8007 Guangzhou 🍱

Tel.: 86 (20) 8666-0569 Hong Kong 🛂 Tel.: 85 (2) 3719-4700

Toll-free: 001-800-2326-6831 Shanghai 🛂 Tel.: 86 (21) 6279-8400 Toll-free from China (except Hong Kong): 10800-1400125,

00800-2326-6831

Colombia Bogotá 🛂

Tel.: 57 (1) 657-9800 Cartagena

Tel.: 57 (5) 665-5838 Toll-free from Colombia: 01-800-919-0057

Comoros Islands See Tanzania

Congo (Brazzaville) See Congo (Kinshasa)

Congo (Kinshasa) 🛂 Tel.: 243 898-950-310, -311, -312 Cook Islands See New Zealand

Costa Rica

Tel.: 506 242-4400 Toll-free: 0-800-015-1161

Côte d'Ivoire 🛂 Tel · 225 20-30-07-00

Croatia 🛂 Tel.: 385 (1) 488-1200, -1211

Cuba Guardalavaca

Tel.: 53 (24) 430-320 Havana 🛂 Tel.: 53 (7) 204 2516

Varadero Tel.: 53 (45) 61-2078

Curação

Tel.: 599 (9) 466-1115, -1121

Cyprus

Tel.: 357 (2) 2775-508 Toll-free: 8009-6082

Czech Republic 🛂 Tel.: 420 27210-1800

Democratic Republic of Congo See Congo (Kinshasa)

Denmark Copenhagen 🛂

Tel: 45 33 48 32 00 Nuuk (Greenland) Tel.: 299 31-16-47, 34-34-30 Djibouti Tel.: 25 (3) 35-38-59, 35-59-50

Dominica

See Barbados or call toll-free: 1-888-949-9993

Dominican Republic Puerto Plata

Tel.: (809) 586-5761 Santo Domingo 🛂 Tel.: (809) 685-1136 Toll-free: 1-200-0012

Toll-free from Dominican Republic: 1-888-156-3102

East Timor See Timor-Leste

Ecuador Guavaquil Tel.: 593 (4) 229-6837 Quito 😘

Tel.: 593 (2) 250-6162, 223-2114 Egypt 🛂

Tel.: 20 (2) 2791-8700

El Salvador 🛂 Tel.: 503 2279-4655, -4657, -4659

Equatorial Guinea See Cameroon

Eritrea Tel.: 291 (1) 18-64-90..18-19-40

Estonia Tel.: 372 627 3310, -3311 Ethiopia 🛂 Tel.: 251 (0) 11-371-3022

Fiii Nadi

Tel.: 679 672-2400. 679 992-4999 (mobile) Suva 🗰 Tel.: 679 338-2211

Finland 4 Tel.: 358 (9) 228-530 Toll-free: 990-800-2326-6831, from mobile phone: 800-2326-6831

France Lille Tel.: 33 3-20-14-05-78

Lyon Tel.: 33 4-72-77-64-07 Nice

Tel.: 33 4-93-92-93-22 Paris 4

Tel.: 33 1-44-43-29-00 Saint-Pierre et Miquelon Tel.: 508 41-55-10 Toulouse

Tel.: 33 5-61-52-19-06 Toll-free from France: 00-800-2326-6831

French Guiana See France, Paris

French Polynesia 🗰 Tel.: 689 468-853

Gabon

Tel.: 241-44-29-65

Gambia*

Tel.: 220 449-5133

* The British High Commission provides services to Canadians in

Gambia

Georgia

See Turkey, Ankara

Germany Berlin 🛂

Tel.: 49 (30) 20 31 20 Düsseldorf 🛂

Tel.: 49 (211) 17 21 70

Hamburg

Tel.: 49 (40) 46 00 27 0 Munich 🛂

Tel.: 49 (89) 21 99 57 0 Stuttgart

· Tel.: 49 (711) 22 39 67 8

Toll-free from Germany: 00-800-2326-6831

Ghana 4

Tel.: 233 (21) 21-15-21, 22-85-55

Great Britain

See United Kingdom

Greece Athens 4

Tel.: 30 (210) 727-3400 Thessaloniki

Tel.: 30 (2310) 256-350

Greenland See Denmark, Nuuk

Grenada See Barbados Guadeloupe See Barbados

Guam

See United States, San Francisco

Guatemala 🛂 Tel.: 502 2363-4348

Guinea

See Senegal

Guinea-Bissau See Senegal

Guvana 🛂

Tel.: 592 227-2081/2/3/4/5

Haiti 🛂

Tel.: 509 249-9000 Tel. after hours: 509 558-0479

Hawaii

See United States of America, Honolulu

Holy See (Vatican City) Tel.: 39 (06) 6830-7316, -7386. -7398

Toll-free: 00-800-2326-6831

Honduras

Tel.: 504 232-4551

Hong Kong See China, Hong Kong

Hungary ⅓ Tel.: 36 (1) 392-3360

Iceland 😘

Tel.: 354 575-6500 Toll-free: 800-8462

India Chandigarh

Tel.: 91 (172) 505-0300 Chennai

Tel.: 91 (44) 2833-0888

Kolkata (formerly Calcutta)

Tel.: 91 (33) 2242-6820 Mumbai (formerly Bombay) Tel.: 91 (22) 6749-4444

New Delhi Va Tel.: 91 (11) 4178-2000, -2100

Indonesia Denpasar (Bali) 🗰

Tel.: 62 (361) 241-118 Jakarta 🛂

Tel.: 62 (21) 2550-7800 Toll-free from Indonesia: 008-800-105-171

Iran 4

Tel.: 98 (21) 8152-0000

Irag

See Jordan

Ireland 🛂

Tel.: 353 (1) 234-4000 Tel. after hours: 353 (1) 478-1476 Toll-free: 00-800-2326-6831

Israel, the West Bank and Gaza Ramallah

Tel.: 972 (2) 297-8430

Tel Aviv 🧐

Tel.: 972 (3) 636-3300 Toll-free from Israel, the West Bank

and Gaza: 014-800-2326-6831

Italy

Naples

Tel.: 39 (081) 401-338 Padova

Tel.: 39 (049) 876-4833 Rome 4

Tel.: 39 (06) 85 444-2911

Toll-free from Italy: 00-800-2326-6831

lamaica Kineston 🛂

Tel.: (876) 926-1500 Montego Bay

Tel.: (876) 952-6198

Japan Hiroshima

Tel.: 81 (82) 246-0057 Nagoya

Tel.: 81 (52) 972-0450

Sapporo Tel.: 81 (11) 261-7740 Tokvo 🋂

Tel.: 81 (3) 5412-6200

Toll-free from Japan: 001-010-800-2326-6831 (KDDI), 0041-010-800-2326-6831 (Nippon Telecom), 0061-

010-800-2326-6831 (Cable &

Wireless IDC)

Jordan 🥦

Tel.: 962 (6) 520-3300

Kazakhstan 🛂

Tel.: 7 (727) 250-1151

Kenya 🛂

Tel.: 254 (20) 366-3000

Kiribati 🗰

Tel.: 686 21-184

Korea

See South Korea or North Korea

Kosovo

See Serbia

Kuwait 🛂 Tel.: 965 256-3025

Kyrgyz Republic Tel.: 996 (312) 65-05-06

Laos 📾

Tel.: 856 (21) 413 600

Latvia

Tel.: 371 781-3945 Toll-free: 800-0171

Lebanon 🛂 Tel.: 961 (4) 713-900

Lesotho

See South Africa, Pretoria

Liberia See Côte d'Ivoire

Libva 🛂 Tel.: 218 (21) 335-1633

Liechtenstein See Switzerland, Bern Lithuania

Tel.: 370 (5) 249-0950 Toll-free: 88-003-0022

Luxembourg Tel.: 35 (2) 262-70-570 Toll-free: 800-23679

Macao

See China, Hong Kong

Macedonia (known as Former Yugoslav Republic of Macedonia in UN and other international bodies) Tel.: 389 (2) 3225-630

Madagascar Tel.: 261 (20) 22-425-59

Malawi

Tel.: 265 (1) 645-441, 641-612

Malaysia Kuala Lumpur 🫂 Tel.: 6 (03) 2718-3333 Penang

Tel.: 6 (04) 390-6000

Maldives See Sri Lanka

Mali Tel.: 223 221-2236

Malta Tel.: 356 2552-3233

Marshall Islands See Micronesia

Martinique See France

Mauritania Tel.: 222 529 26 97/8

Mauritius Tel.: 230 212-5500

Mexico Acapulco

Tel.: 52 (744) 484-1305, 481-1349 Cancún Tel.: 52 (998) 883-3360. -3361

Guadalajara Tel.: 52 (33) 3671-4740 Mazatlán Tel.: 52 (669) 913-7320

Mexico City 🛂 Tel.: 52 (55) 5724-7900, ext. 3322 Tel. after hours: 01-800-706-2900

Monterrev Tel.: 52 (81) 8344-3200, -2753, -2906, -2961, 8345-9105, -9045 Oaxaca

Tel.: 52 (951) 513-3777 Puerto Vallarta Tel.: 52 (322) 293-0098, -0099

San José del Cabo Tel.: 52 (624) 142-4333 Tiiuana

Tel.: 52 (664) 684-0461 Toll-free from Mexico: 001-800-514-0129

Micronesia min Tel.: 691 320-5448

Moldova See Romania Monaco

Tel.: 377 97 70 62 42

Mongolia Tel.: 976 (11) 328-285

Montenegro See Serbia

Montserrat See Barbados

Morocco ₩ Tel.: 212 (37) 68 74 00

Mozambique Tel.: 258 (21) 492-623

Myanmar 📾 See Burma

Namibia Tel.: 264 (61) 251 254

Nauru

See Australia, Canberra

Nepal Tel.: 977 (1) 4415-193, -389, -391, -861, 4426-885, 4425-669

Netherlands 🛂 Tel.: 31 (70) 311-1600

New Caledonia 📾 Tel.: 687 272-414

New Zealand

Tel.: 64 (4) 473-9577

Nicaragua

Tel.: 505 (2) 68-0433, -3323

Niger

Tel.: 227 75-36-86, -87

Nigeria *Abuia*

Tel.: 234 (9) 413-9910

Tel.: 234 (1) 262-2512, -2513, -2515

Port Harcourt

Tel.: 234 (8) 461-0434, -1601

Niue See New Zealand

North Korea*
Tel.: 850 2-381-7908
* The Swedish Embassive

* The Swedish Embassy provides services to Canadians in North Korea

Northern Marianas See Micronesia

Norway *Bergen*

Tel.: 47 55-29-71-30 **Oslo 4**

Tel.: 47 22-99-53-00 Toll-free from Norway: 00-800-2326-6831

Oman

Tel.: 968 24 788 890

Pakistan Islamabad ⁴a Tel.: 92 (51) 208-6000 Karachi

Tel.: 92 (21) 561-0685 Lahore

Tel.: 92 (42) 578-1763

Palau

See Micronesia

Panama 🛂 Tel.: 507 294-2500

Papua New Guinea 🐽
Tel.: 675 325-9333

Paraguay Tel.: 595 (21) 227-207

Peru 🛂

Tel.: 51 (1) 319-3200

Philippines

Tel.: 63 (32) 256-3320

Manila 4

Tel.: 63 (2) 857-9000, -9001 Toll-free from the Philippines: 1-800-1-110-0226

Poland 🛂

Tel.: 48 (22) 584-3343, -3344 Toll-free: 00-800-111-4319

Portugal Faro
Tel.: 351 289-80-3757
Lisbon 4

Tel.: 351 213-16-4600 Ponta Delgada (Azores)

Tel.: 351 296-28-1488 Toll-free from Portugal: 0800-819-826 Puerto Rico

See United States of America, Puerto Rico, or call toll-free:

1-866-600-0184

Qatar See Kuwait

Romania 4 Tel.: 40 (21) 307-5000

Russia Moscow 🔏 Tel.: 7 (495) 925-6000 Vladivostok

Tel.: 7 (4232) 49-11-88 Toll-free from Russia: 810-800-201-41012

Rwanda 🛂 Tel.: 250 (5) 73210

1-881-949-9993

Saint Kitts and Nevis See Barbados or call toll-free: 1-888-949-9993

Saint Lucia See Barbados or call toll-free:

Saint Martin/Sint Maarten effe Tel.: (599) 543-6261

Tel. after hours: (599) 520-5202

Saint-Pierre et Miquelon See France, Saint-Pierre et Miquelon

Saint Vincent and the Grenadines See Barbados or call toll-free: 1-881-949-9993 Samoa 💼

Tel.: 68 (5) 234-11, 236-13, 252-32

San Marino See Italy, Rome

São Tomé and Príncipe See Cameroon

Saudi Arabia

IeddahTel.: 966 (2) 653-0597, -0434 **Riyadh ⁴a**Tel.: 966 (1) 488-2288
Toll-free from Saudi Arabia:

Senegal [™]
Tel.: 221 33-889-4700

800-814-0139

Serbia 4Tel.: 381 (11) 306-3000
Tel. after hours: 381 (11) 306-3050

Seychelles See Tanzania

Sierra Leone Tel.: 232 076-603-098

Singapore ¼ Tel.: 65 6854-5900 Toll-free: 001-800-2326-6831

Slovakia Tel.: 421 (2) 5920-4031

Slovenia Tel.: 386 (1) 252-4444

Solomon Islands Tel.: 677 21561

Somalia

See Kenya South Africa

Cape TownTel.: 27 (21) 423-5240 **Durban**Tel.: 27 (31) 303-9695

Johannesburg
Tel.: 27 (11) 442-3130
Pretoria

Tel.: 27 (12) 422-3000 Toll-free from South Africa: 0800-992-773

South Korea Busan

Tel.: 82 (51) 204-5581 **Seoul 4**

Tel.: 82 (2) 3783-6000 Toll-free from South Korea: 001-800-2326-6831, 008-800-2326-6831, 002-800-2326-6831

Spain Barcelona

Tel.: 34 (93) 204-2700

Madrid 4

Tel.: 34 (91) 423 2250

Tel.: 34 (91) 423-3250 *Málaga* Tel.: 34 (95) 222-3346

Toll-free from Spain: 00-800-2326-6831

Sri Lanka 4

Tel.: 94 (11) 522-6232 (5-CANADA), 532-6232

Sudan ⁴ • Tel.: 249 (183) 56 36 70/72/73/74

Suriname Tel.: 59 (7) 424-527, -575

Swaziland See South Africa, Pretoria

Sweden GothenburgTel.: 46 (31) 707-4288 **Malmo**Tel.: 46 (40) 40 23 51

Stockholm
Tel.: 46 (8) 453-3000
Toll-free from Sweden: 00-800-2326-6831

Switzerland Bern 🛂

Tel.: 41 (31) 357-3200 **Geneva 4**Tel.: 41 (22) 919-9200

Toll-free from Switzerland: 00-800-2326-6831

Syria Aleppo

Tel.: 963 (21) 268-4160 **Damascus**Tel.: 963 (11) 611-6692, -6851

Tahiti See French Polynesia

Taiwan ⅓ Tel.: 886 (2) 2544-3000 Toll-free: 00-800-2326-6831

Tajikistan See Kazakhstan

See Kazakhstan

Tanzania ⁴ Tel.: 255 (22) 216-3300

Thailand Bangkok La Tel.: 66 (02) 636-0540 Chiang Mai

Tel.: 66 (05) 385-0147, 342-2291 Toll-free from Thailand: 001-800-156-220-0142

Timor-Leste (East Timor) min

Togo

Tel.: 228 251-8730

Tonga 💼 Tel.: 676 23-244

Trinidad and Tobago ⁴ Tel.: 1 (868) 622-6232 (6-CANADA) Toll-free: 1-800-387-3124

Tunisia 🛂

Tel.: 216 71-104-000

Turkey *Ankara* 🛂

Tel.: 90 (312) 409-2700 **Istanbul**Tel.: 90 (212) 251-9838

lel.: 90 (212) 251-9838 Toll-free from Turkey: 00800-14-220-0149

Turkmenistan

See Turkey, Ankara

Turks and Caicos Islands See United Kingdom, London

Tuvalu See New Zealand

See New Zealand

Uganda

Tel.: 256 (414) 258-141, 256 (312) 260-511

Ukraine Kviv 🛂

Tel.: 380 (44) 590-3100 Lviv
Tel.: 380 (322) 97-1772

United Arab Emirates

Abu Dhabi Tel.: 971 (2) 694-0300 **Dubai ਯੂ** Tel.: 971 (4) 314-5555

Toll-free from UAE: 800-014-0145

United Kingdom

Belfast Tel.: 44 (2891) 272060 **Birmingham**

Tel.: 44 (121) 236-6474 Cardiff Tel.: 44 (0) 2920-449635

Edinburgh
Tel.: 44 (131) 473 6320
London 4

Tel.: 44 (20) 7258-6600 Toll-free from United Kingdom:

00-800-2326-6831

United States of America

Tel.: (404) 532-2000

Boston

Tel.: (617) 262-3760

Buffalo

Tel.: (716) 858-9500

Chicago

Tel.: (312) 616-1860

Dallas

Tel.: (214) 922-9806

Denver

Tel.: (303) 626-0640

Detroit

Tel.: (313) 446-4747 Honolulu, Hawaii

Tel.: (808) 529-8120

Los Angeles

Tel.: (213) 346-2700

Miami

Tel.: (305) 579-1600 Minneapolis

Tel.: (612) 333-4641

New York

Tel.: (212) 596-1628

Puerto Rico

Tel.: (787) 759-6629 Toll-free: 1-866-600-0184

San Francisco Tel.: (415) 834-3180

Seattle

Tel.: (206) 443-1777 Washington **¾**

Tel.: (202) 682-1740

Toll-free from USA (except Puerto Rico): 1-888-949-9993

Uruguay

Tel.: 598 (2) 902-2030

Uzbekistan

Tel.: 998 (71) 362-9205

Vanuatu 🗰

Tel.: 678 22-777

Vatican

See Holy See

Venezuela Caracas

Tel.: 58 (212) 600-3000, -3042

Isla de Margarita Tel.: 58 (295) 264-1684

Vietnam

Tel.: 84 (4) 734-5000 Ho Chi Minh City Tel.: 84 (8) 827-9899

Virgin Islands (U.K.) See Barbados

occ Darbados

Virgin Islands (U.S.)

See United States of America, Miami

West Bank and Gaza Strip
See Israel, the West Bank and Gaza

West Indies Associated States

West Indies Associated States
See Barbados

Yemen

Tel.: 967 (1) 41 60 00

Zambia 🛂

Tel.: 260 (1) 25 08 33

Zimbabwe 🛂

Tel.: 263 (4) 252-181/2/3/4/5

FOR MORE INFORMATION

Foreign Affairs and International Trade Canada Consular Services

www.voyage.gc.ca

125 Sussex Drive Ottawa ON K1A OG2

General

Tel.: 1-800-267-6788 (in Canada and the U.S.) or 613-944-6788 TTY: 1-800-394-3472 (in Canada and the U.S.) or 613-944-1310 E-mail: voyage@international.gc.ca

Emergencies

Tel.: 613-996-8885 (call collect from abroad) E-mail: sos@international.gc.ca

Drugs and Travel Information Program

www.voyage.gc.ca/main/ drugs_menu-en.asp

PUBLICATIONS (FREE)

Access our smart-travel publications at www.voyage.gc.ca or order them by calling 1-800-267-8376 (in Canada) or 613-944-4000.

COUNTRY TRAVEL REPORTS (FREE)

Our Travel Reports (www.voyage.gc.ca) provide vital information on safety and security, local laws and customs, health conditions, and entry requirements for approximately 200 travel destinations. This information is also available by phone: 1-800-267-6788 (in Canada and the U.S.) or 613-944-6788.

Diplomatic Offices

Canadian government offices abroad: www.voyage.gc.ca/ alt/canoffices.asp

Smart-Travel Publications



Are you planning to travel, study, work, or retire abroad? Our free smart-travel publications will help you prepare for a safe, healthy, and problem-free journey.

To order print versions, call 1-800-267-8376 (in Canada) or 613-944-4000. To download copies of our publications, visit:

→ www.voyage.gc.ca



Canada Border Services Agency

www.cbsa.gc.ca

Border Information Service Line Tel.: 1-800-461-9999 (in Canada) or 204-983-3500 or 506-636-5064

PUBLICATIONS (FREE)

- Crossing the Border with \$10,000 or More?
- I Declare
- Importing a Firearm or Weapon into Canada
- Importing a Vehicle into Canada
- Moving Back to Canada

TO ACCESS OR ORDER:

Consult www.cbsa.gc.ca or call 1-800-461-9999 (in Canada) or 204-983-3500 or 506-636-5064 (from outside Canada).

Canada Firearms Centre

www.cfc-cafc.gc.ca

Tel.: 1-800-731-4000 E-mail: cfc-cafc@cfc-cafc.gc.ca

Canada Revenue Agency

www.cra.gc.ca

International Tax Services Office

Tel.: 1-800-267-5177 (in Canada and the U.S.) or 613-952-3741

Non-Resident Withholding Accounts

Tel.: 1-800-267-3395 (in Canada and the U.S.) or 613-952-2344 Collect calls are accepted.

Problem Resolution Program

Tel.: 1-800-661-4985 (in Canada and the U.S.)

PUBLICATIONS (FREE)

 Canadian Residents Abroad (T4131)

TO ACCESS OR ORDER:

Consult www.cra.gc.ca or call 1-800-959-2221 (in Canada and the U.S.) or 613-952-3741.

Canadian Automobile Association

www.caa.ca

Canadian Food Inspection Agency

www.inspection.gc.ca

Tel.: 1-800-442-2342

Import Service Centres (ISC)

Eastern ISC 1-877-493-0468 Central ISC 1-800-835-4486 Western ISC 1-888-732-6222

Canadian Heritage

www.canadianheritage.gc.ca/travel

Movable Cultural Property Program

Tel.: 1-866-999-2494 or 819-997-7761

Canadian HIV/AIDS Information Centre

(Canadian Public Health Association) www.aidssida.cpha.ca

PUBLICATION (\$ FOR MANY COPIES)

Basic Facts About HIV and AIDS

TO ORDER:

Tel.: 1-877-999-7740 E-mail: aidssida@cpha.ca

Canadian Institute of Travel Counsellors

www.citc.ca

Tel.: 1-800-589-5776 or 416-484-4450 E-mail: info@citc.ca

Canadian Public Health Association

www.cpha.ca

PUBLICATIONS (\$)

- Don't Drink the Water: The Complete Traveller's Guide to Staying Healthy in Warm Climates
- International Travel and Health
- · Travel Immunization Record

TO ORDER:

Tel.: 613-725-3769 Fax: 613-725-9826 E-mail: hrc@cpha.ca

Canadian Society for International Health

www.csih.org

List of Travel Clinics

E-mail: csih@csih.org Tel.: 613-241-5785

Canadian Transportation Agency

www.cta.gc.ca

PUBLICATION (FREE)

 A Guide for Persons with Disabilities: Taking Charge of the Air Travel Experience

TO ACCESS OR ORDER:

Consult www.cta.gc.ca or call 1-888-222-2592; TTY: 1-800-669-5575

Citizenship and Immigration Canada

www.cic.gc.ca

CIC Call Centre

Tel.: 1-888-242-2100 (in Canada) TTY: 1-888-576-8502 (in Canada, from 8 a.m. to 4 p.m. Eastern Time)

Environment Canada—CITES

www.cites.ec.gc.ca

Tel.: 1-800-668-6767 or 819-997-1840 Fax: 819-953-6283

Passport Canada

www.passportcanada.gc.ca

Passports, certificates of identity, and travel documents

Tel.: 1-800-567-6868 (in Canada and the U.S.)
TTY: 1-866-255-7655

Public Health Agency of Canada

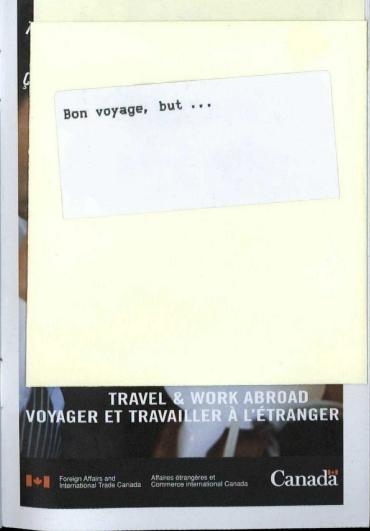
(Travel Medicine Program) www.travelhealth.gc.ca

Transport Canada

www.tc.gc.ca

Access to Travel
www.accesstotravel.gc.ca

Transport of dangerous goods www.tc.gc.ca/tdg/menu.htm



Traveller's Checklist



Help ensure a safe and problem-free trip by taking these steps before leaving Canada:

Pack a copy of Bon Voyage , But and a copy of the Country Travel Report for your destination (see www.voyage.gc.ca).
Carry a passport that is valid well beyond the date of your anticipated return to Canada; keep a copy of the identification page separate from the original.
Leave copies of your passport identification page, itinerary, and insurance policy with friends or family.
Obtain any required visas well in advance.
Arrange for health and travel insurance.
Plan your itinerary and budget.
Anticipate financial needs: local currency, traveller's cheques, departure tax.
Take care of health needs: vaccinations, prescriptions, medical certificates, supplies, extra eyeglasses.
Check whether dual citizenship is an issue for you.
If travelling with children, carry documentation proving your right to accompany them (consent letter, court order).
Register on-line with a Canadian government office abroad.
Obtain an International Driving Permit, if required.
Prepare for your flight by carefully attending to luggage, documentation, and airport security.
While abroad, keep receipts for purchases and make special arrangements for food, plants, and animals brought back to Canada.

CONSULAR SERVICES

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VOYAGE, BUT...

NFORMATION FOR CANADIAN TRAVELLERS 2007/2008



www.voyage.gc.ca



Canada

BON VOYAGE, BUT...

ESSENTIAL INFORMATION FOR CANADIAN TRAVELLERS 2007/2008

Published by Foreign Affairs and International Trade Canada

To obtain more information or additional free copies of this booklet, visit your nearest Passport Canada office, check the Consular website (www.voyage.gc.ca), e-mail enqserv@international.gc.ca or call 1-800-267-8376 (in Canada) or 613-944-4000.

This publication is available in alternative formats upon request. Ce document est aussi disponible en français sous le titre Bon voyage, mais...

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INTRODUCTION

More Canadians have been bitten by the travel bug than ever before. Equipped with passports, we are venturing abroad in record numbers. At the same time, the challenges we face as world travellers continue to grow as we journey further into countries where cultural, health and security conditions differ greatly from our own.

Sometimes, being bitten by the travel bug can bring more pain than pleasure. That is why Foreign Affairs and International Trade Canada encourages Canadians to educate themselves to travel the world responsibly. This booklet offers essential guidelines to ensure a safe and successful journey. It also provides vital information on consular services and Canadian government offices worldwide.

What Are Canadian Consular Services?

Foreign Affairs and International Trade Canada has more than 260 offices worldwide, where consular officials are ready to assist Canadians travelling, working or living abroad.

Before you leave Canada, it is important to be informed about the services we do and do not provide, as well as to realize that not all government offices provide the same 2 type and level of service.

Consular Officials Provide the **Following Services:**

In emergencies

- Assist in arranging evacuation in the event of war, civil unrest or a natural disaster
- Arrange help in a medical emergency by providing you with a list of local doctors and hospitals.
- Arrange for a medical evacuation should a required treatment not be available locally (fees apply).
- · Comfort and assist victims of robbery or other violence.
- Help find missing persons and abducted children

When legal issues arise

- Provide you with a list of local lawvers.
- Provide you with sources of information about local laws and regulations.
- Seek to ensure that you are treated fairly under the country's laws if you are arrested or detained (see our publication A Guide for Canadians Imprisoned Abroad).
- Provide assistance if your child has been abducted and taken to another country (see our publication International Child Abductions: A Manual for Parents).
- Notarize documents (fees apply).

When other issues arise

- Replace a lost, stolen, damaged or expired passport (fees apply).
- . Issue a statement in lieu of a certificate of non-impediment to marriage abroad (fees apply).

- Provide an emergency loan (fees apply, and this service is offered only as a last resort and is subject to strict rules)
- Transfer funds (fees apply).
- · Contact relatives or friends and ask them to send you money or airline tickets.
- Contact next of kin, with your authorization, if you have had an accident or are detained by police.
- Accept citizenship applications.
- Provide advice about burying a Canadian abroad or assist in repatriating the remains to Canada.
- · Contact your next of kin in case of death.
- Request that local authorities investigate suspicious circumstances in the event of an alleged or apparent crime or death.

When other issues arise

- Make travel arrangements.
- · Compensate or reimburse you for delayed or cancelled travel
- · Pay your hotel, medical, travel or other expenses.
- Store personal effects or search for lost items.
- Acquire local permits or licences on your behalf, including foreign visas or work permits.
- Assist with job hunting.
- . Help you find accommodation.
- Accept mail on your behalf.
- Issue pension or social security benefits
- Perform marriage ceremonies.
- Pay the burial, cremation or repatriation costs of a deceased Canadian.

Consular Officials DO NOT **Provide the Following** Services:

When legal issues arise

- Intervene in private legal matters.
- Provide legal advice.
- Obtain a criminal record check on your behalf
- · Post bail, pay fines or legal fees.
- Get you out of prison.
- · Take possession of an abducted child.
- Enforce a Canadian custody agreement overseas or compel a country to decide a custody case.
- Investigate a crime or death.
- Ask local authorities to give preferential treatment to Canadians.





Emergency Consular Services

Emergency consular assistance is available 24 hours a day, seven days a week. Outside of office hours, your telephone call will automatically be transferred to a consular officer in Ottawa or you will be asked to leave a message for a return call. In either case, there will be a prompt response. If you leave a recorded message, make sure that it is clear and that you leave a complete telephone number or contact address.

From some countries, you can use a toll-free number to speak to a consular officer in Ottawa. In addition, you can make a collect call to Foreign Affairs and International Trade Canada in Ottawa at 613-996-8885 (where available).

In some locations where Canada does not have a local office, an Australian or British government office will provide you with emergency services. These and possibly other foreign government offices can also contact the nearest Canadian office on your behalf.

Check the "List of Canadian Government Offices Abroad" section for information on how to contact the Canadian office(s) A in the country you plan to visit.

BEFORE YOU GO

Get Informed

Take time to learn about the political, cultural and economic environment of your destination. Learn at least a few key phrases in the country's language. Even a modest command of the local language will go a long way.

Some countries experience ongoing wars, insurgencies or sporadic unrest. Find out if your destination is known to be dangerous. Consult our website for essential travel advice (see "Going Abroad?" on page 6).

Before you go abroad, we advise you to:

- Learn the location of Government of Canada offices in the countries you plan to visit and carry the contact information with you (see page 23 or visit www.voyage.gc.ca/alt/ canoffices.asp).
- Provide family or friends with a travel itinerary and contact details, as well as the emergency number for Foreign Affairs and International Trade Canada (see page 37).

Sign Up for Our Registration of Canadians Abroad Service*

Why Register?

So we can contact and assist you in an emergency.

Who Should Register?

Canadians travelling or living abroad should register if they will be away from Canada for three months or longer or if they will be in a foreign country that:

- has security concerns or is covered by an official Travel Warning;
- does not have a Canadian government office; or
- is prone to extreme seasonal weather conditions or has recently experienced a natural disaster.

To register online or for country-specific travel advice, visit our website at:

www.voyage.gc.ca

You can also register in person at a Canadian government office abroad. For more information, call 1-800-267-6788 (in Canada) or 613-944-6788 (collect from abroad).

* Personal information obtained through registration is confidential and used in accordance with the Privacy Act.



GOING ABROAD?

BE PREPARED. EXPECT THE UNEXPECTED!



Connect with the world and keep posted on travel advice for more than 200 destinations.

- Our Country Travel Reports offer information on safety and security, local laws and customs, entry requirements, health conditions and other important travel issues.
- Our Current Issues page features wide-ranging information on evolving situations of concern to Canadians abroad.
- Our daily e-mail Travel Updates alert you to changes in our Travel Reports and Current Issues.
- Our Country Profiles provide valuable resources, including maps, facts, statistics and social and cultural insights.

Wherever you go, wherever you are, visit:

> www.voyage.gc.ca

Your Passport

As a travel document, your passport is the only evidence of your Canadian citizenship and identity that is accepted in all countries. You and all family members should have a valid passport if you plan to travel outside Canada. Applications are available at www.passportcanada.gc.ca (the Passport Canada website), Passport Canada offices, postal outlets in Canada and Canadian government offices abroad.

A Passport for Everyone
Canadian children must have their
own passport. The practice of

adding a child's name to a parent's passport is no longer permitted.

Before you leave on your trip, be sure to complete the "In case of accident or death notify" section (page 4) in your passport. This information will help us quickly notify your family or friends if an emergency arises.

Processing Time

Passport Canada is currently experiencing a sharp volume increase in passport applications. The normal processing period for in-person applications in Canada is 10 working days. The processing of mail-in applications takes a minimum of 20 working days. So, plan to apply well before departure.

Keep It Safe!

Make photocopies of your passport's identification page and of your identification cards. Keep the copies separate from the originals when travelling. For added security, leave a copy with a friend or relative at home. We also recommend that you carry a birth or citizenship certificate in addition to your Canadian passport. These simple steps may speed the replacement process if you lose your passport.

Expiration Date

If your passport is due to expire within six months of your scheduled return to Canada, check with the destination country's embassy or consulate in Canada for its rules and restrictions regarding passport validity and expiration. Some countries will not let you enter if your passport is due to expire within six months of entry.

If you have any questions about passports, contact Passport Canada.

Do You Need a Visa?

You need a visa to enter certain countries. Your travel agent or the country's embassy or consulate in Canada can advise you of the requirements (see our website for a list of foreign government offices accredited to Canada). Apply for visas well in advance of your trip.

Some countries will allow you to enter only if you can prove you will be leaving and have enough money to support yourself during your stay. Be prepared to show your return or onward ticket, a bank statement or any visas that demonstrate that you plan to visit another country.

Travel with or by Children

If a person younger than 18 is travelling alone or with only one parent or another adult, we recommend that a consent letter be carried proving that the trip is permitted by the custodial parent (or both parents or the legal guardian, as the case may be).

Make sure you and/or the child carry proper identification, such as birth certificates, baptismal certificates, passports, citizenship cards, records of landing and certificates of Indian status. Identification could also include any documents, such as divorce papers or custody court orders, that might be required by the country you intend to visit. These documents will help prove your citizenship, residency and custodial rights when you return to Canada.





Tips for Travelling with Children

When travelling with children, you will see the world through their awestruck eyes. Keep in mind that you will be travelling at your children's pace, not your own. Here are some essential travel tips:

- Ensure that each child has a valid Canadian passport and supporting identification. Check with the embassy or consulate of each destination country regarding additional entry requirements.
- Obtain a certified letter authorizing travel, signed and dated by the absent lawful parent (if the child is travelling with one parent) or by both parents (if the child is travelling alone or with a guardian). See www.voyage.gc.ca/alt/letter.asp for a sample consent letter.
- Seek advice from a lawyer if a custody dispute might develop while the child is abroad. Custody arrangements in Canada may not be recognized in some countries. See our publication *International* Child Abductions: A Manual for Parents.
- Never leave a young child unattended and keep some form of identification in the child's pocket in case you are separated.
- Arrange in advance for the airline to escort an unaccompanied child from check-in through arrival. Airlines require a parent or guardian to stay at the airport until the flight has departed. The person greeting the child at the destination must have appropriate identification and authorization.
- Use an approved child safety seat for infants when travelling by air. Carry a bottle or pacifier to make the child more comfortable and to equalize ear pressure.
- Bring an adequate supply of baby products and vital medications plus a doctor's note detailing their purposes.

8 For more information, see www.voyage.gc.ca/alt/child.asp.

If you or your partner are travelling to another country with your child and there is a possibility that a custody dispute might develop, be sure to talk to a lawyer before the child leaves home. Our publication *International Child Abductions: A Manual for Parents* contains further information.

Your child custody arrangements in Canada may not be recognized in another country. In extreme cases, you or your child may not be allowed to leave that country. Check your status with that country's embassy or consulate in Canada before you travel. If you have custody questions, contact Foreign Affairs and International Trade Canada's Consular Case Management Division at 1-800-387-3124 (in Canada) or 613-943-1055.

For further advice, see our fact sheet Tips for Travelling with Children on the facing page.

TRAVEL TO THE UNITED STATES AND MEXICO

You should carry a valid Canadian passport for all visits to the United States and Mexico. The United States introduced new entry requirements on January 23, 2007. For detailed information, see "New U.S. Entry Requirements" on page 10 as well as our Country Travel Reports.



Women Travelling Solo

Our booklet entitled *Her Own Way:* A *Woman's Guide to Safe and Successful Trave*/ provides information especially for females, including those who travel alone.

Travel with a Same-Sex Spouse

Although same-sex marriages are legal in Canada, they are not recognized in many countries. Attempting to enter as a same-sex married couple may result in refusal by local officials. In addition, homosexual activity is a criminal offence in certain countries. Consult our Country Travel Reports or the destination country's embassy or consulate in Canada for specific information.

Dual Citizenship

Canadian law permits a Canadian to have more than one nationality. However, your Canadian citizenship may not be recognized in the country of your second citizenship, and authorities of that country may prevent Canada from providing you with consular assistance. This situation is especially likely if you do not



New U.S. Entry Requirements

The Western Hemisphere Travel Initiative (WHTI) is a new U.S. law requiring all travellers, including Canadians, to carry a passport or other appropriate secure documentation when travelling to the United States.

- Air Travel: As of January 23, 2007, Canadians entering or transiting the United States by air must present a valid Canadian passport or NEXUS card (at kiosks at designated airports) to confirm their citizenship and identity.
- Land and Sea Travel: The same entry requirements for land and sea travel to the United States will come into effect at a later time. Canadians can continue to use such documents as their birth certificates and driver's licences to cross the Canada-U.S. border by land and sea until the WHTI is fully implemented.
- Canadian Passport: The Government of Canada continues to recommend that travellers carry a valid Canadian passport when visiting all destinations abroad, including the United States. A passport is the only universally accepted identification document, and it proves that you have a right to return to Canada.
- NEXUS Card: The NEXUS program is designed to expedite the border clearance process for low-risk, pre-approved travellers into Canada and the United States by air, land and sea. NEXUS members can use self-serve kiosks at designated airports, employ dedicated lanes at land borders and report by telephone at marine ports of entry. For details on NEXUS, visit www.nexus.gc.ca or call 1-866-NEXUS-26.

For up-to-date information on the WHTI and travel to the United States, visit www.voyage.gc.ca or www.cbsa.gc.ca.

use your Canadian passport to enter that country due to personal choice or legal requirements.

If you are considered a national of another country, you may be compelled to do military service, required to pay special taxes or subject to increased scrutiny by immigration and security officials.

To avoid unpleasant surprises, confirm whether you, your spouse or any other family member is a citizen of another country.

Where permitted by the laws of the country in question, the Government of Canada encourages Canadians to use their Canadian passport when travelling abroad and to present

themselves as Canadians to foreign authorities.

If you have questions or concerns regarding dual citizenship, contact the nearest Canadian government office or refer to our booklet *Dual Citizenship*.

Persons with a Disability

Many countries do not have facilities to provide access to people in wheel-chairs or make allowances for those with special hearing, visual or other requirements. Detailed information on international travel by disabled persons can be found under "Frequently Asked Questions" in the "Before You Go" section of our website.

TRAVEL IN EUROPE

The member states of the European Union (not including the United Kingdom and Ireland), along with Norway and Iceland, make up the Schengen Area, which aims for common rules regarding visas, asylum rights and controls at external borders.

Controls remain in place at the borders of some Schengen countries: Bulgaria, Cyprus, Czech Republic, Estonia, Hungary, Latvia, Lithuania, Malta, Poland, Romania. Slovakia and Slovenia.

In the Schengen Area, Canadian travellers do not need visas for short-term visits (up to 90 days), but some countries require you to register with local authorities within three working days of your arrival. It is important to get your passport stamped when entering the Schengen Area. The absence of an entry stamp from the initial Schengen port of entry could create difficulties during subsequent encounters with local police or other authorities.

It is important to confirm up-to-date entry requirements with the embassy or high commission of each destination country before departure from Canada.



Hurricane Season Travel Tips

The hurricane season extends from early June to late November. Mexico, Central America, the Caribbean and the east and Gulf coasts of the United States are the most threatened areas. If you plan to travel during hurricane season, we encourage you to:

- Check our Travel Warnings page at www.voyage.gc.ca to see if it is safe to travel to your destination.
- Confirm travel arrangements prior to departure and ensure that your travel insurance allows for trip cancellation or interruption in the event of a hurricane.
- Ensure that detailed information is left with family or friends in Canada, including the name of the tour operator, flight details, hotel name, location, room number and telephone numbers.
- Ensure that page 4 of your passport is filled out properly and leave copies of all travel documents with someone in Canada.
- Register with the responsible Canadian government office in the country you plan to visit (see page 5).
- Monitor local news broadcasts and weather reports carefully, follow the advice of local authorities and tour operators and know how to contact the nearest Canadian government office.
- Obtain up-to-date weather forecasts for the region from the National Hurricane Center at www.nhc.noaa.gov.
- Visit the website of the Canadian Hurricane Centre at www.atl.ec.gc.ca/weather/hurricane for recommendations on hurricane preparedness.
- Carry contact details for our Emergency Operations Centre (see page 37).

For more information, see the "Before You Go" and "Hurricane" sections of our website at www.voyage.gc.ca.

Getting Medical Advice

Provided by the Public Health Agency of Canada

The Public Health Agency of Canada strongly recommends that your travel plans include obtaining sound medical advice before you travel. Contact a travel medicine clinic or your physician four to six weeks before departure to determine your need for vaccinations, preventive medication and advice on precautions you can take to avoid disease while travelling.

Vaccination, Preventive Medication and Personal Protective Measures

International travel can expose you to infectious diseases not frequently seen in Canada. Based on your current health status, immunization history and anticipated itinerary, a health-care provider can assess your individual health risks (called a "risk assessment") and advise you on vaccination requirements, your need for preventive medication (e.g., for malaria) and personal protective measures. Ensure that your routine immunizations—tetanus, diphtheria, whooping cough (pertussis), polio, measles, mumps and rubella—are up-to-date. Proof of yellow fever vaccination may be required to enter some countries.

Seek a risk assessment **well in advance** of your departure date, as
you may need vaccinations or preventive medication a month or two

beforehand. If you are travelling with infants or small children, you may need to arrange an alternative or accelerated childhood immunization schedule for them. For a list of travel medicine clinics in Canada, visit the Public Health Agency of Canada's Travel Health website at www.travelhealth.gc.ca.

AIDS

Some countries require proof of HIV testing. Have the test conducted and obtain the results before your trip.

Medication

If you take medication, be sure to pack an extra supply in case you are away for longer than expected. Carry a duplicate of your original prescription, listing both the generic and trade names of the product, in case your medication is lost or stolen. If you wear glasses or contact lenses, having the prescription will make it easier to replace them if needed.

Do not try to save luggage space by combining medications into one container. Keep all medications in the original, labelled container to avoid customs problems.



Some medications that are sold over the counter in Canada are illegal or require a prescription in other countries. Find out whether your medication is legally available in the country you plan to visit. For travel to some countries, it is advisable to obtain a note from your doctor, stating the medical reasons for your prescription and the recommended dosage.

If you need syringes for a medical condition, such as diabetes, it is important to take along an adequate supply. You should also carry a medical certificate that indicates the syringes are for medical use.

Supplemental Health Insurance

Do not rely on your provincial health plan to cover costs if you get sick or are injured while abroad. At best, your health plan will cover only a portion of the bill. It is your responsibility to obtain and understand the terms of your supplementary travel insurance policy.

Some credit card companies offer their holders health and travel insurance. Do not assume that coverage is automatically included or that the card alone provides adequate coverage. Some companies charge an additional premium for travel coverage. Others require that you pay for your travel arrangements using that card. Verify the conditions, limitations and requirements before departure.

Be sure to ask whether your policy:

- Has an in-house, worldwide emergency hotline you can call if you are in trouble. Find out whether it operates 24 hours a day, seven days a week; if the operators are multilingual; and whether nurses or physicians are on staff.
- Pays foreign hospital and related medical costs and, if so, whether it pays up front or expects you to pay and be reimbursed later.
- Provides for medical evacuation to Canada or the nearest location with appropriate medical care.
- Pays for a medical escort (doctor or nurse) to accompany you during evacuation. This service can cost as much as \$100,000 if it is not included.
- Covers pre-existing medical conditions. Notify your insurance company and get an agreement in writing that you are covered for such conditions. Otherwise, you could find your claim "null and void" under a pre-existing condition clause.
- Covers premature births and related neonatal care.
- Allows for cash advances if a doctor or hospital requires immediate payment.
- Pays for the preparation and return of your remains to Canada if you die while abroad. Otherwise, this service can cost as much as \$10,000.



Carry details of your insurance with you. Also, tell your travel agent, a friend or a relative at home and a travelling companion how to contact your insurer.

Get a detailed invoice from the doctor or hospital before you leave the country. There is nothing more frustrating than trying to get the proper paperwork from thousands of kilometres away. Always remember to submit original receipts for medical services or prescriptions received abroad. Most insurance companies will not accept copies or faxes. Keep a copy of the submitted documents for your files.

Extended Stay Abroad

Your provincial health insurance plan will become invalid if you live outside the province beyond a certain length of time. This period varies by province. Personal medical insurance is available for those working, studying or living outside Canada for an extended period. Coverage is

available for both the contracted individual and dependants. These insurance plans consist of full accident and sickness coverage, including emergency medical evacuation and war risk. Many companies have changed their terms and conditions related to terrorist acts, war and civil unrest. Check with your insurer before you leave Canada.

Other Insurance

You may also want to purchase a travel insurance package that includes flight cancellation, trip interruption and/or lost luggage coverage. Doing so can avoid major disruptions and additional costs. Again, check the terms and conditions of these policies.

Travelling by Car

Keep in mind that each country has its own driving regulations. In some countries, a driver may be questioned and/or detained by police following even a minor accident. You may be required to obtain an International Driving Permit and/or additional insurance to drive a vehicle in another country. For further information, consult the Country Travel Reports on our website or the Canadian Automobile Association.





Money Matters

Canadian currency and traveller's cheques are not always accepted. Before you leave Canada, consult a bank or foreign currency agent to find out the most appropriate currency to carry.

It is always a good idea to have a small amount of local currency on hand when you arrive, unless importing local currency is a crime. There may be restrictions on the amount of money you can take into or out of the destination country. Check currency regulations with your travel agent or the country's embassy or consulate in Canada.

Be aware that your debit or credit card may not be accepted abroad. Check with your bank for information on ATM services in other countries.

Before departure, make arrangements to obtain additional funds if needed. Foreign travel is often more expensive than expected.

Canadian Taxation Status

If you are living, working or travelling abroad but maintain residential ties in Canada, you are usually considered a "factual resident" of Canada for taxation purposes. However, there may be other factors involved, so review your situation with the Canada Revenue Agency (CRA) before you leave to avoid surprises. For details, see the CRA publication Canadian Residents Abroad (T4131).

Avoiding Customs Difficulties

Before taking valuable items abroad, you can use a free identification service at any office of the Canada Border Services Agency (CBSA). For more information, see the CBSA pamphlet *I Declare*.

Transport of Dangerous Goods

Passengers are not permitted to transport dangerous goods aboard aircraft in carry-on luggage, in checked baggage or on their person. Be especially aware of new restrictions on liquids, gels and aerosols packed in carry-on luggage. Only medicinal products, toiletry articles and alcoholic beverages (in retail packaging) are allowed. Their containers cannot exceed 100 ml and must fit in a single clear, closed, resealable plastic bag with a maximum capacity of one litre. Consult your airline or Transport Canada's website (www.tc.gc.ca/air) to find out what you can and cannot take with you.



ON THE ROAD

Taking Precautions

The same rules apply abroad as at home, only more so. Foreigners are usually at greater risk than locals. In some countries, foreigners are specifically targeted. Be sure not to wander into unknown areas—find out how safe they are first. Do not pick up hitchhikers or cross borders with people you have just met. Watch your luggage and make sure it is locked. Never take anything, even an envelope, across a border for someone else.

Do not display large amounts of money or expensive jewellery in public. Use a money belt or a case with concealed sections for valuables.

Remember to telephone home, particularly if you have promised family members or friends that you will do so. We receive thousands of calls every year from worried family members or friends who have not received a promised call.

Keep a separate record of your traveller's cheques and credit cards.

Never carry your passport, travel tickets, identification documents, cash, credit cards and insurance papers together. If you do so, you risk being left with no identification or funds in case of theft or loss.

Use the safety deposit box at your hotel. Never leave valuables in your room.



Foreign Laws and Customs

When travelling or living in a foreign country, familiarize yourself with the way of life there. Respect that country's laws, religions, culture, class structure and economic conditions. Although you may not agree with some of the country's beliefs, remember that you are a visitor.

In many countries, appropriate attire for both sexes is very important and may even be legislated. Penalties for disobeying local laws can be severe.

Be especially respectful of temples, mosques, churches, synagogues and other religious sites. Many are off limits to foreigners or people who are not members of that faith. Ask permission before taking photographs of religious artifacts, buildings or local people.

Never take photographs of military facilities, a harbour where naval vessels are docked or industrial installations such as oil refineries. Your film and camera could be confiscated, and you could even come under suspicion of espionage.

Illegal Drugs

Drug use and trafficking are prohibited in all countries, even though drugs may be readily available and openly used in some areas. Most countries impose heavy fines and long prison sentences for possession and trafficking. In some countries, possession of even small amounts of drugs carries a prison sentence. Never take any parcel that is not yours across a border.

Choose your travel companions wisely. Never cross a border with a hitchhiker or as a hitchhiker. Although you may not be carrying anything illegal, your companions may be. For details, consult the "Drugs and Travel" section of our website.

Crime and Punishment

Thousands of Canadians are currently imprisoned abroad for a wide range of offences. The laws and customs of other countries can be very different from those in Canada, and ignorance is no defence when a crime is committed.

While in a foreign country, you are subject to its laws and regulations. Your Canadian citizenship offers no immunity.

Due to recent changes in Canadian law, Canadians may be prosecuted in Canadian courts for certain acts committed against significant cultural sites and objects outside Canada. In addition to foreign laws protecting

LOST OR STOLEN PASSPORT

If your passport is lost or stolen while you are abroad, you should immediately report the incident to the local police. Make sure you get a copy of the police report or the report number. Then contact the nearest Government of Canada office. Before a new passport can be issued, you must complete an application form, produce documentary evidence of your Canadian citizenship (e.g., a birth or citizenship certificate), present new photographs, pay the required fee and complete a "Statutory Declaration Concerning a Lost, Stolen, Inaccessible or Destroyed Canadian Passport or Travel Document" (form PPT 203). If you subsequently find the missing passport, it must be returned to Passport Canada for inspection and destruction.



Bad Trips Abroad



Daniel was all gung-ho about spending spring break in Daytona Beach. Then, during a police raid of an oceanfront club, he was caught with methamphetamine and charged with "possession of narcotics with intent to distribute." His endless beach party ended with three years in a Florida jail.

All set to celebrate her retirement with a tour of Egypt, the last thing Sylvia expected was to be detained in Cairo for illegal drug possession. She should have kept her prescription medications in their original labelled containers, with a doctor's note explaining their use.



Anne-Marie's new boyfriend convinced her to bring three bottles of wine from Australia to Canada as a gift for his cousin. What a shock when her bags were searched at Sydney airport and she was charged with smuggling liquid heroin! She now faces an 18-year prison sentence far away from home.

Get the facts about drugs and travel at: www.voyage.gc.ca

cultural heritage, Canadian law now prohibits the illegal export of cultural objects from certain countries, whether or not the object is brought to Canada. For more information, consult www.canadianheritage.gc.ca/travel.

If you find yourself in trouble, Canadian consular officials abroad can provide a list of lawyers with the necessary expertise, contact your family and friends and ensure you receive fair treatment according to the standards of that country. They cannot, however, wield any influence to reduce your sentence or fine.

Judicial Process

Never assume that the legal system of another country is the same as at home. "Innocent until proven guilty" is not a universal principle.

In certain countries, you may not have a right to legal representation or to a trial in your own language.

Some countries do not recognize or respect religious freedom; freedom of association, speech or the press; or equality of the sexes. For instance, guilt by association is often presumed, and you may be charged just for

SEXUAL EXPLOITATION OF CHILDREN

Most countries vigorously enforce laws against the sexual exploitation of children. Canadians who are suspected of committing such acts at home or abroad can be charged under the Canadian Criminal Code (available at http://laws.justice.gc.ca). Those convicted face a penalty of up to 14 years' imprisonment. For more information, see the publication *Child Sex Tourism: It's a Crime* on our website.

being in the company of a person suspected or found guilty of a crime.

Even if you are an innocent bystander at a riot or demonstration, you may be considered a participant and be rounded up with those involved.

If you do find yourself in legal trouble, contact the nearest Canadian government office at once. If you cannot do so yourself, have someone else do it for you.



COMING HOME

Departure Tax

Some countries impose a departure tax or service fee at the airport or point of departure. Before leaving, make sure you set aside enough money in local funds to pay this tax. See the Country Travel Reports on our website for more information.

Canadian Customs and Import Controls

If you have been away from Canada for 24 hours or more, you may bring back goods worth up to C\$50, not including alcohol and tobacco products, without paying duties or taxes. If the goods you bring in are worth more than C\$50 in total, you cannot claim this exemption. In this case, you have to pay **full duties on all goods** you bring in.

If you have been away from Canada for 48 hours or more, you may bring back goods worth up to C\$200 without paying duties or taxes. These goods can include alcoholic beverages and tobacco products as follows: up to 1.14 litres (40 oz.) of liquor or 1.5 litres (53 oz.) of wine, or a case of 24 bottles or cans of beer or ale, each containing 355 ml (12 oz.). As for tobacco, you may bring back up to 200 cigarettes, 50 cigars or cigarillos, 200 tobacco sticks and 200 grams (7 oz.) of manufactured tobacco.

Tobacco products included in a personal exemption are still subject to a minimum duty unless they are marked "Canada-Duty Paid—
Droit acquitté."

If you have been away from Canada for seven days or more, you may bring back goods worth up to C\$750 without paying duties or taxes.

These goods can include alcoholic beverages and tobacco products as described above. Note that provincial age restrictions apply to liquor and tobacco products.

When calculating the number of days you are absent, do not include the date you leave Canada, but do include the date you return.

If you have any questions about what you can bring home, call the Border Information Service Line of the Canada Border Services Agency (see page 38).

Be Aware and Declare

You must declare all items purchased or acquired abroad, whether they are intended for yourself or as gifts, as well as goods bought at a Canadian or foreign duty-free store. Keep your original receipts for possible inspection.

The booklet / Declare (RC4044), published by the Canada Border Services Agency (CBSA), describes what you can and cannot bring back to Canada if you have been away for less than a year. After a stay abroad

of more than a year, there are special import provisions for household items and personal belongings. Information is contained in the CBSA brochure *Moving Back to Canada* (RC4105).

For information on importing a vehicle, contact the Canada Border Services Agency.

Illegal Souvenirs

There are restrictions on bringing certain goods into Canada. If you are considering bringing back meat, eggs, dairy products, fresh fruits and vegetables, plants, animals or products made from their skins or feathers, contact the Canadian Food Inspection Agency (CFIA) beforehand for guidance—it could save you a lot of trouble. For accurate and timely information on import requirements, consult the CFIA Automated Import Reference System at http://airs-sari.inspection.gc.ca.

For information on importing weapons, contact the Canada Firearms Centre.

There are more than 30,000 species of wild animals and plants regulated

under the Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES). A violation of CITES could lead to seizure of your purchase, as well as a fine and/or prison term. Contact Environment Canada for details.

Also, be aware that it may be illegal to bring home cultural property, such as antiques or fossils, whose sale or export is banned or controlled by the country of origin. Strict penalties may be imposed, and cultural property may be confiscated and returned to the country of origin. For more information, contact Canadian Heritage or the embassy of the country you are visiting.

Health Concerns

If you become sick or feel unwell after returning to Canada, you should see your doctor. Inform the doctor, without being asked, that you have been travelling or living outside Canada and where you have been. If you were ill while travelling, also see your doctor upon return and explain your travel history and any treatment you received.



LIST OF CANADIAN GOVERNMENT OFFICES ABROAD

The following list identifies where to seek consular assistance in each country.

The telephone numbers in this list indicate the country code first and then the city/area code. The city/ area codes (in parentheses) are those you should use when calling within the country where the office is located. If you are calling from another country, you may have to use a different city/area code. Also. when calling from one country to another, you must use the local code for international calls before the country and city/area codes of the number you wish to reach. For example, if you are calling overseas from Canada, you must press 011 before the country code. Calls to Bermuda, the Caribbean and the United States do not require a country code, but you must press 1 before the area code. If you are unable to contact an office overseas. please verify the codes with your telephone operator.

In some countries, you can use an international toll-free number to speak to a consular officer in Ottawa. This number may not work from all local telephone service providers, mobile phones or pay

Hours and days of operation vary at Canadian government offices abroad. Call the office concerned to check its hours. If you are unable to reach the office in an emergency or after hours, call 613-996-8885 (collect calls accepted) or dial the country's toll-free number (if provided below) to reach the Emergency Operations Centre in Ottawa.

phones. Also, a phone card, coins, tokens or an international longdistance fee may be required to complete the call.

Canada has agreements with several countries to provide consular services to each other's citizens at a number of locations around the world. In the following list, the symbol indicates that an Australian government office delivers consular services to Canadians in that country.

The information in this list is subject to change. Consult www.voyage.gc.ca for the most up-to-date list of Canadian government offices abroad, including postal and e-mail addresses.

Afghanistan

Tel.: 93 (0) 799 742 800

Albania

Tel.: 355 (4) 257274, 257275

Algeria

Tel.: 213 (0) 70-08-30-00

Andorra

See Spain, Madrid

Angola

Tel.: 244 (222) 448-371, -377, -366

Anguilla

See Barbados or call toll-free: 1-888-949-9993

Antigua and Barbuda

See Barbados or call toll-free: 1-888-949-9993

Argentina

Tel.: 54 (11) 4808-1000

Armenia

Tel.: 374 (10) 56-79-90

Aruba

See Curaçao

Australia Canherra

Tel.: 61 (2) 6270-4000

Melbourne

Tel.: 61 (3) 9653-9674 **Perth**

Tel.: 61 (8) 9322-7930

Sydney

Tel.: 61 (2) 9364-3000 Toll-free from Australia: 0011-800-2326-6831

Austria

Tel.: 43 (1) 531-38-3000 Toll-free: 00-800-2326-6831

Azerbaijan See Turkey, Ankara

Azores

See Portugal, Ponta Delgada

Bahamas

Tel.: (242) 393-2123, -2124 Toll-free: 1-881-949-9993

Bahrain

Tel.: (973) 17 536270 Toll-free: 800-00-732

Bangladesh

Tel.: 880 (2) 988-7091/2/3/4/5/6/7

Barbados

Tel.: 1 (246) 429-3550 Toll-free: 1-888-949-9993

Belarus See Poland

Belgium

Anvers (Antwerpen)
Tel.: 32 (03) 220-0211
Brussels

Tel.: 32 (02) 741-0611 Toll-free from Belgium: 00-800-2326-6831 Belize

Tel.: 501 223-1060

Benin

Tel.: 229 21-30-24-79

Bermuda

See United States of America, New York, or call toll-free: 1-888-949-9993

Bhutan

Tel.: 975 (2) 322-109, 332-615

Bolivia

Tel.: 591 (2) 241-5141, -5021, -4517

Bonaire

See Curação

Bosnia and Herzegovina Tel.: 387 (33) 222-033

Botswana Tel.: 267 30-4411

Brazil

Belo Horizonte Tel.: 55 (31) 3261-1017 **Brasilia** Tel.: 55 (61) 3424-5400

Rio de Janeiro Tel.: 55 (21) 2543-3004 **São Paulo**

Tel.: 55 (11) 5509-4321 Toll-free from Brazil: 0-800-891-6614 **British Virgin Islands**

See Barbados

Brunei Darussalam Tel.: 673 (2) 22-00-43

Bulgaria

Tel.: 359 (2) 969-9710

Burkina Faso Tel.: 226 50-31-18-94

181.: 226 30-31-16-34

Burma Tel.: 95 (1) 251810

Burundi Tel.: 257 24-58-98

Cambodia Tel.: 855 (23) 213 470

Cameroon Douala Tel.: 237 343-2934 Yaoundé

Tel.: 237 223-2311

Cape Verde See Senegal

Cayman Islands Tel.: (345) 949-9400 Toll-free: 1-888-949-9993

Central African Republic Tel.: 236 61-30-39

Chad

Tel.: 235 53-42-80 Tel. after hours: 235 27-30-27

Chile

Antofagasta Tel.: 56 (55) 24-7652

Concención Tel.: 56 (41) 36-9705

Santiago Tel.: 56 (2) 652-3800

Toll-free from Chile: 188-800-201-670

China

Beiling Tel.: 86 (10) 6532-3536

Chongaing Tel.: 86 (23) 6373-8007

Guangzhou Tel : 86 (20) 8666-0569

Hong Kong Tel.: 85 (2) 2810-4321

Toll-free: 001-800-2326-6831 Shanghai

Tel.: 86 (21) 6279-8400 Toll-free from China (except Hong

Kong): 10800-1400125, 00800-2326-6831

Colombia Bogotá

Tel.: 57 (1) 657-9800 Cartagena

Tel.: 57 (5) 665-5838 Toll-free from Colombia:

01-800-919-0114

Comoros Islands See Tanzania

Congo (Brazzaville)

See Democratic Republic of Congo

Congo (Kinshasa)

Cook Islands

See New Zealand

Costa Rica Tel : 506 242-4400

Toll-free: 0-800-015-1161

Côte d'Ivoire

Tel.: 225 20-30-07-00

Croatia

Tel.: 385 (1) 488-1200, -1211

Cuba Guardalavaca

Tel.: 53 (24) 30-320 Havana Tel.: 53 (7) 204 2516

Varadero Tel.: 53 (45) 61-2078

Curacao

Tel.: 599 (9) 466-1115

Cyprus

Tel.: 357 (2) 2775-508 Toll-free: 8009-6082

Czech Republic Tel - 420 27210-1800

Democratic Republic of Congo Tel.: (243) 895-0310, -0311, -0312

Denmark

Copenhagen Tel.: 45 33 48 32 00 Nuuk (Greenland) Tel.: 299 31-16-47

Diibouti

Tel.: 25 (3) 35-38-59, 35-59-50

Dominica

See Barbados or call toll-free: 1-888-949-9993

Dominican Republic

Puerto Plata Tel.: (809) 586-5761 Santo Domingo

Tel.: (809) 685-1136 Toll-free: 1-200-0012

Toll-free from Dominican Republic: 1-888-156-3102

East Timor See Timor-Leste

Ecuador Guavaguil

Tel.: 593 (4) 256-3580, 231-4561 Quito Tel.: 593 (2) 250-6162, 223-2114

Egypt

Tel.: 20 (2) 791-8700

Ei Salvador Tel.: 503 2279-4655, -4657, -4659

Equatorial Guinea See Gabon

Eritrea Tel.: 291 (1) 18-64-90, 18-19-40

Estonia

Tel.: 372 627 3310, -3311

Ethiopia

Tel.: 251 (0) 11-371-3022

Fiii

Tel.: 679 6722-400. 679 9924-999 (mobile)

Finland

Tel.: 358 (9) 228-530 Toll-free: 990-800-2326-6831. from mobile phone: 800-2326-6831

Former Yugoslav Republic of Macedonia (FYROM) See Macedonia, former Yugoslav Republic of

France I ille

Tel.: 33 3-20-14-05-78 Lvon Tel.: 33 4-72-77-64-07

Nice Tel.: 33 4-93-92-93-22

Paris Tel.: 33 1-44-43-29-00 Saint-Pierre et Miguelon

Tel.: 508 41-55-10 Toulouse

Tel.: 33 5-61-52-19-06 Toll-free from France: 00-800-2326-6831

French Guiana See France, Paris

French Polynesia 🕮 Tel.: 689 46 88 06

Gabon Tel.: 241-44-29-65 **Gambia** See Senegal

Georgia See Turkey, Ankara

Germany Berlin

Tel.: 49 (30) 20 31 20 Düsseldorf

Tel.: 49 (211) 17 21 70 Hamburg

Tel.: 49 (40) 46 00 27 0 **Munich**

Tel.: 49 (89) 21 99 57 0

Stuttgart
Tel.: 49 (711) 22 39 67 9

Tel.: 49 (711) 22 39 67 8 Toll-free from Germany: 00-800-2326-6831

Ghana

Tel.: 233 (21) 21-15-21, 22-85-55

Great Britain

See United Kingdom

Greece *Athens*Tel.: 30 (210) 727-3400

Thessaloniki Tel.: 30 (2310) 256-350

Greenland See Denmark, Nuuk

Grenada See Barbados

Guadeloupe See Barbados Guam

See Micronesia

Guatemala

Tel.: 502 2363-4348

Guinea

See Senegal

Guinea-Bissau

See Senegal

Guyana

Tel.: 592 227-2081/2/3/4/5

Haiti

Honolulu

Tel.: 509 249-9000 Tel. after hours: 509 558-0479

Hawaii See United States of America,

Holy See (Vatican City) Tel.: 39 (06) 6830-7316.

-7386, -7398 Toll-free: 00-800-2326-6831

Honduras Tel.: 504 232-4551

Hong Kong See China, Hong Kong

Hungary Tel.: 36 (1) 392-3360

Iceland Tel.: 354 575-6500 Toll-free: 800-8462 India Chandigarh

Tel.: 91 (172) 505-0300 **Chennai**

Tel.: 91 (44) 2833-0888 Kolkata (formerly Calcutta)

Tel.: 91 (33) 2242-6820 Mumbai (formerly Bombay)

Tel.: 91 (22) 6749-4444 New Delhi

Tel.: 91 (11) 4178-2000, -2100

Indonesia Denpasar (Bali) 血

Tel.: 62 (361) 283-011, -241 **Jakarta**Tel.: 62 (21) 2550-7800

Surabaya (East Java)
Tel.: 62 (31) 546-3419
Toll-free from Indonesia:
008-800-105-171

Iran

Tel.: 98 (21) 8873-2623, -2624, -2625, -2626

Iraq See Jordan

Ireland

Tel.: 353 (1) 417-4100 Tel. after hours: 353 (1) 478-1476 Toll-free: 00-800-2326-6831

Israel, the West Bank and Gaza Ramallah

Tel.: 972 (2) 295-8604 Tel Aviv

Tel.: 972 (3) 636-3300 Toll-free from Israel, the West Bank

and Gaza: 014-800-2326-6831

Italy NaplesTel.: 39 (081) 401-338

Padova Tel.: 39 (049) 876-4833 **Rome**

Tel.: 39 (06) 85 444-2911 **Sulmona**

213, 00-800-2326-6831

Tel.: 39 (0864) 212-341 Toll-free from Italy: 00-800-172-

Jamaica Kingston Tel.: (876) 926-1500 Montego Bay

Tel.: (876) 952-6198

Japan Hiroshima Tel.: 81 (82) 246-0057 Nagoya

Tel.: 81 (52) 972-0450 Sapporo Tel.: 81 (11) 726-2863

Tokyo Tel.: 81 (3) 5412-6200 Toll-free from Japan: 001-010-800-

2326-6831 (KDDI), 0041-010-800-2326-6831 (Nippon Telecom), 0061-010-800-2326-6831 (Cable & Wireless IDC)

Jordan Tel.: 962 (6) 520-3300

Kazakhstan

Tel.: 7 (3272) 501151, 501153

Kenya

Tel.: 254 (20) 366-3000

Kiribati 🕮 Tel.: 686 21-184	Luxembourg Tel.: 35 (2) 262-70-570	Mauritius Tel.: 230 212-5500	Montenegro See Serbia
10 000 21 10 /	Toll-free: 800-23679		
Korea		Mexico	Montserrat
See South Korea or North Korea	Macao	Acapulco	See Barbados
	See China, Hong Kong	Tel.: 52 (744) 484-1305, 481-1349	
Kosovo		Cancún	Morocco
See Serbia	Macedonia, former Yugoslav	Tel.: 52 (998) 883-3360, -3361	Tel.: 212 (37) 68 74 00
	Republic of	Guadalajara	
Kuwait	Tel.: 389 (2) 3225-630	Tel.: 52 (33) 3671-4740	Mozambique
Tel.: 965 256-3025		Mazatlán	Tel.: 258 (21) 492-623
	Madagascar	Tel.: 52 (669) 913-7320	
Kyrgyz Republic	Tel.: 261 (20) 22-425-59,	Mexico City	Myanmar 🕮
Tel.: 996 (312) 65-05-06	22-423-22	Tel.: 52 (55) 5724-7900, ext. 3322	See Burma
		Tel. after hours: 01-800-706-2900	
Laos 🕮 🕒	Malawi	Monterrey	Namibia
Tel.: 856 (21) 413 600	Tel.: 265 (1) 645-441, 641-612	Tel.: 52 (81) 8344-3200, -2753, -2906, -2961, 8345-9105, -9045	Tel.: 264 (61) 251 254
Latvia	Malaysia	; Oaxaca	Nauru .
Tel.: 371 781-3945	Kuala Lumpur	Tel.: 52 (951) 513-3777	See Australia, Canberra
Toll-free: 800-0171	Tel.: 6 (03) 2718-3333	Puerto Vallarta	
	Penang	Tel.: 52 (322) 293-0098, -0099	Nepal
Lebanon	Tel.: 6 (04) 390-6000	San José del Cabo	Tel.: 977 (1) 4415-193, -389, -391,
Tel.: 961 (4) 713-900		Tel.: 52 (624) 142-4333	-861, 4426-885, 4425-669
	Maldives	Tijuana	
Lesotho	See Sri Lanka	Tel.: 52 (664) 684-0461	Netherlands
Tel.: 266 (22) 316-555		Toll-free from Mexico:	Tel.: 31 (70) 311-1600
	Mali 🗸	001-800-514-0129	
Liberia	Tel.: 223 221-2236		Netherlands Antilles
See Côte d'Ivoire		Micronesia 🕮	See Curação
	Malta	Tel.: 691 320-5448	
Libya	Tel.: 356 2552-3233		New Caledonia 🕮
Tel.: 218 (21) 335-1633		[†] Moldova	Tel.: 687 272-414
	Marshall Islands	See Romania	
Liechtenstein	See Micronesia	••	New Zealand
See Switzerland, Bern		Monáco	Tel.: 64 (4) 473-9577
	Martinique	Tel.: 377 97 70 62 42	
Lithuania	See Barbados		Nicaragua
Tel.: 370 (5) 249-0950		Mongolia	Tel.: 505 (2) 68-0433, -3323
Toll-free: 88-003-0022	Mauritania	Tel.: 976 (11) 328-285	
	Tel.: 222 529 26 97/8		

Niger Tel.: 227 75-36-86, -87	Palau See Micronesia	Qatar See Kuwait	San Marino See Italy, Rome
Nigeria	Panama	Romania	São Tomé and Príncipe
<i>Abuja</i> Tel.: 234 (9) 413-9910	Tel.: 507 264-9731, -7115	Tel.: 40 (21) 307-5000	See Gabon
Lagos	Papua New Guinea 🕮	Russia	Saudi Arabia
Tel.: 234 (1) 262-2512, -2513, -2515	Tel.: 675 325-9333	Moscow	Jeddah
Port Harcourt	15 0.0 020 0000	Tel.: 7 (495) 105-6000	Tel.: 966 (2) 653-0597, -0434
Tel.: 234 (8) 461-0434, -1601	Paraguay	Vladivostok	Riyadh
	Tel.: 595 (21) 227-207	Tel.: 7 (4232) 49-11-88	Tel.: 966 (1) 488-2288
Niue	_	Toll-free from Russia:	Toll-free from Saudi Arabia:
See New Zealand	Peru	810-800-201-41012	800-814-0139
North Korea *	Tel.: 51 (1) 444-4015	Rwanda	Senegal
Tel.: 850 2-381-7908	Toll-free: 0-800-50602	Tel.: 250 (5) 73210	Tel:: 221 889-47-00 .
	Philippines	161.: 230 (3) 73210	IGN: 221 003-47-00 .
* The Swedish Embassy provides	Cebu	Saint Kitts and Nevis	Serbia
services to Canadians in North Korea	Tel.: 63 (32) 256-3320	See Barbados or call toll-free:	Tel.: 381 (11) 306-3000
Northern Marianas	Manila `	1-888-949-9993	Tel. after hours: 381 (11) 306-3050
See Micronesia	Tel.: 63 (2) 857-9000, -9001		
See Micronesia	Toll-free from the Philippines:	Saint Lucia	Seychelles
Norway	1-800-1-110-0226	See Barbados or call toll-free:	See Tanzania
Bergen	B : 1	1-881-949-9993	6 1 1 .
Tel.: 47 55-29-71-30	Poland	Coint Moutin/Cint Moonton III	Sierra Leone
Oslo -	Tel.: 48 (22) 584-3100	Saint Martin/Sint Maarten 4	See Côte d'Ivoire
Tel.: 47 22-99-53-00	Toll-free: 00-800-111-4319	Tel.: (599) 543-6261 Tel. after hours: (599) 520-5202	Singapore
Toll-free from Norway:	Portugal	161. aitel 110u15: (333) 320-3202	Tel.: 65:6854-5900
00-800-2326-6831	Faro	Saint-Pierre et Miguelon	Toll-free: 001-800-2326-6831
A	Tel.: 351 289-80-3757	See France, Saint-Pierre et Miguelon	10.11 1100. 001 000 2020 0001
Oman	Lisbon	ł	Slovakia
See Saudi Arabia, Riyadh	Tel.: 351 213-16-4600	Saint Vincent and the	Tel.: 421 (2) 5920-4031
Pakistan	Ponta Delgada (Azores)	Grenadines	
Islamabad	Tel.: 351 296-28-1488	See Barbados or call toll-free:	Slovenia
Tel.: 92 (51) 208-6000	Toll-free from Portugal; 800-819-826	1-881-949-9993	Tel.: 386 (1) 430-3570
Karachi	Puerto Rico	Samoa 🕮	Solomon Islands 🕮
Tel.: 92 (21) 561-0685	See United States of America,	Tel.: 68 (5) 234-11, 236-13, 252-32	Tel.: 677 21561
Lahore	Puerto Rico, or call toll-free:	161 00 (0) 204-11,.200-13, 232-32	101 077 21301
32 Tel.: 92 (42) 578-1763, -1966	1-866-600-0184		` 33
			00

Somalia

See Kenya

South Africa Cape Town

Tel.: 27 (21) 423-5240 **Durban**

Tel.: 27 (31) 303-9695 Johannesburg

Tel.: 27 (11) 442-3130 **Pretoria**

Tel.: 27 (12) 422-3000 Toll-free from South Africa: 0800-992-773

South Korea

Tel.: 82 (51) 204-5581 Seoul

Tel.: 82 (2) 3455-6000 Toll-free from South Korea: 001-800-2326-6831, 008-800-

2326-6831, 002-800-2326-6831

Spain Barcelona

Tel.: 34 (93) 204-2700 *Madrid*

Tel.: 34 (91) 423-3250 *Málaga*

Tel.: 34 (95) 222-3346

Sri Lanka

Tel.: 94 (11) 522-6232 (5-CANADA), 532-6232

Sudan

Tel.: 249 (183) 56 36 70/72/73/74

Suriname

34 Tel.: 59 (7) 424-527, -575

Swaziland

See South Africa, Pretoria

Sweden Gothenburg

Tel.: 46 (31) 707-4288 Malmo

Tel.: 46 (40) 40 23 51 Stockholm

Tel.: 46 (8) 453-3000 Toll-free from Sweden: 00-800-2326-6831

Switzerland Bern

Tel.: 41 (31) 357-3200 Geneva

Tel.: 41 (22) 919-9200 Toll-free from Switzerland: 00-800-2326-6831

Syria *Aleppo*

Tel.: 963 (21) 268-4160 Damascus

Tel.: 963 (11) 611-6692, -6851

Tahiti

See New Caledonia

Taiwan

Tel.: 886 (2) 2544-3000 Toll-free: 00-800-2326-6831

Tajikistan

See Kazakhstan

Tanzania

Tel.: 255 (22) 216-3300

Thailand Bangkok

Tel.: 66 (2) 636-0540 **Chiang Mai**

Tel.: 670 332-2111

Tel.: 66 (53) 850-147, 242-292 Toll-free from Thailand: 001-800-156-220-0142

Timor-Leste (East Timor) 🕮

Togo

See Ghana

Tonga 🕮 Tel.: 676 23-244

Trinidad and Tobago

Tet.: 1 (868) 622-6232 (6-CANADA) Toll-free: 1-800-387-3124

Tunisia

Tel.: 216 71-104-000

Turkey *Ankara*

Tel.: 90 (312) 409-2700 *Istanbul*Tel.: 90 (212) 251-9838
Toll-free from Turkey:

Turkmenistan

See Turkey, Ankara

00800-14-220-0149

Turks and Caicos Islands See Jamaica, Kingston

Tuvalu

See New Zealand

Uganda

Tel.: 256 (41) 258-141, 256 (31) 260-511

Ukraine *Kviv*

Tel.: 380 (44) 590-3100 *Lviv*

Tel.: 380 (322) 97-1772

United Arab Emirates Abu Dhabi

Tel.: 971 (2) 694-0300 **Dubai** Tel.: 971 (4) 314-5555

Toll-free from UAE: 800-014-0145

United Kingdom Belfast

Tel.: 44 (2891) 272060 Birmingham

Tel.: 44 (121) 236-6474 Cardiff

Tel.: 44 (0) 2920-449635 Edinburgh

Tel.: 44 (131) 473 6320 London

Tel.: 44 (20) 7258-6600 Toll-free from United Kingdom: 00-800-2326-6831

United States of America

Atianta

Tel.: (404) 532-2000 **Boston**

Tel.: (617) 262-3760

Buffalo

Tel.: (716) 858-9500

Chicago

Tel.: (312) 616-1860

Dallas

Tel.: (214) 922-9806

Denver

Tel.: (303) 626-0640

Detroit

Tel.: (313) 446-4747

Honolulu, Hawaii 🕮 Tel.: (808) 524-5050, -5054

Los Angeles

Tel.: (213) 346-2700

Miami

Tel.: (305) 579-1600

Minneapolis

Tel.: (612) 333-4641

New York

Tel.: (212) 596-1628

Puerto Rico

Tel.: (787) 759-6629 Toll-free: 1-866-600-0184

San Diego

Tel.: (619) 615-4286 San Francisco

Tel.: (415) 834-3180

Seattle

Tel.: (206) 443-1777

Washington

Tel.: (202) 682-1740

Toll-free from USA (except Puerto Rico and Hawaii): 1-888-949-9993

Uruguay

Tel.: 598 (2) 902-2030

Uzbekistan

Tel.: 998 (71) 362-9205

Vanuatu i

Tel.: 678 22-777

Vatican

See Holy See

Venezuela

Caracas

Tel.: 58 (212) 600-3000.

-3042 -3043

Isla de Margarita

Tel.: 58 (295) 264-1684

Vietnam

Hanoi Tel: 84 (4) 734-5000

Ho Chi Minh City Tel.: 84 (8) 827-9899

Virgin Islands (U.K.) See Barbados

Virgin Islands (U.S.) See United States of America, Miami

West Bank and Gaza Strip See Israel, the West Bank and Gaza

West Indies Associated States

See Barbados

Yemen

Tel.: 967 (1) 20 88 14

Yugoslavia, Federal Republic of See Serbia

Zambia

Tel.: 260 (1) 25 08 33

Zimbabwe

Tel.: 263 (4) 252-181/2/3/4/5

FOR MORE INFORMATION

Foreign Affairs and International Trade Canada Consular Affairs Bureau

www.voyage.gc.ca

125 Sussex Drive Ottawa ON K1A OG2

General

Tel.: 1-800-267-6788 (in Canada and the U.S.) or 613-944-6788 TTY: 1-800-394-3472 (in Canada and the U.S.) or 613-944-1310 E-mail: voyage@international.gc.ca

Emergencies

Tel.: 613-996-8885 (call collect from abroad) E-mail: sos@international.gc.ca

Drugs and Travel Information Program

www.voyage.gc.ca/main/drugs menu-en.asp

PUBLICATIONS (FREE)

Access our smart-travel publications at www.voyage.gc.ca or order them by calling 1-800-267-8376 (in Canada) or 613-944-4000.

COUNTRY TRAVEL REPORTS (FREE)

Our Travel Reports (www.voyage.gc.ca) provide vital information on safety and security, local laws and customs, health conditions and entry requirements for more than 200 travel destinations. This information is also available by phone: 1-800-267-6788 (in Canada and the U.S.) or 613-944-6788.

Diplomatic Offices

Canadian government offices abroad: www.voyage.gc.ca/ alt/canoffices.asp

Foreign government offices accredited to Canada: www.voyage.gc.ca/alt/ representatives.asp

SMART-TRAVEL PUBLICATIONS



Are you planning to travel, study, work or retire abroad? Our free smart-travel publications will help you prepare for a safe, healthy and problem-free journey.

To order print versions, call 1-800-267-8376 (in Canada) or 613-944-4000. To download copies of our publications, visit:

> www.voyage.gc.ca

Canada Border Services Agency

www.cbsa.gc.ca

Border Information Service Line Tel.: 1-800-461-9999 (in Canada) or 204-983-3500 or 506-636-5064

PUBLICATIONS (FREE)

- Crossing the Border with \$10,000 or More? (RC4321)
- I Declare (RC4044)
- Importing a Firearm or Weapon into Canada (RC4227)
- Importing a Vehicle into Canada (RC4140)
- Moving Back to Canada (RC4105)

TO ACCESS OR ORDER:

Consult www.cbsa.gc.ca/forms, call 1-800-959-2221 (in Canada and the U.S.) or contact your local CBSA office.

Canada Firearms Centre

www.cfc-cafc.gc.ca

Tel.: 1-800-731-4000 E-mail: cfc-cafc@cfc-cafc.gc.ca

Canada Revenue Agency

www.cra.gc.ca

International Tax Services Office Tel.: 1-800-267-5177 (in Canada and the U.S.) or 613-952-3741

Non-Resident Withholding Accounts
Tel.: 1-800-267-3395 (in Canada
and the U.S.) or 613-952-2344
Collect calls are accepted.

Problem Resolution Program

Tel.: 1-800-661-4985 (in Canada and the U.S.)

PUBLICATION (FREE)

 Canadian Residents Abroad (T4131)

TO ACCESS OR ORDER:

Consult www.cra.gc.ca or call 1-800-959-2221 (in Canada and the U.S.) or 613-952-3741.

Canadian Automobile Association

www.caa.ca

Canadian Food Inspection Agency

www.inspection.gc.ca

Tel.: 1-800-442-2342

Import Service Centres (ISC)

Eastern ISC 1-877-493-0468 Central ISC 1-800-835-4486 Western ISC 1-888-732-6222



Canadian Heritage

www.canadianheritage.gc.ca/travel

Movable Cultural Property Program

Tel.: 1-866-999-2494 or 819-997-7761

Canadian HIV/AIDS Information Centre

(Canadian Public Health Association) www.aidssida.cpha.ca

PUBLICATION (\$ FOR MANY COPIES)

Basic Facts About HIV and AIDS

TO ORDER:

Tel.: 1-877-999-7740 E-mail: aidssida@cpha.ca

Canadian Institute of Travel Counsellors

www.citc.ca

Publications (\$)

- Scam Watch, vol. 1 (Defining Travel Common Sense)
- Scam Watch, vol. 2 (Son of Scam)

TO ORDER:

Tel.: 1-800-589-5776 or 416-484-4450 E-mail: info@citc.ca

Canadian Public Health Association

www.cpha.ca

Publications (\$)

- Don't Drink the Water: The Complete Traveller's Guide to Staying Healthy in Warm Climates
- International Travel and Health
- · Travel Immunization Record

TO ORDER:

Tel.: 613-725-3769 Fax: 613-725-9826 E-mail: info@cpha.ca

Canadian Society for International Health

www.csih.org

List of Travel Clinics

E-mail: csih@csih.org Tel.: 613-241-5785

Canadian Transportation Agency

www.cta.gc.ca

PUBLICATION (FREE)

 A Guide for Persons with Disabilities: Taking Charge of the Air Travel Experience

TO ACCESS OR ORDER:

Consult www.cta.gc.ca or call 1-888-222-2592; TTY 1-800-669-5575.

Citizenship and Immigration Canada

www.cic.gc.ca

CIC Call Centre

Tel.: 1-888-242-2100 (in Canada) TTY: 1-888-576-8502 (in Canada, from 8 a.m. to 4 p.m. Eastern Time)

PUBLICATIONS (ONLINE ONLY)

- Dual Citizenship
- Canadian Citizenship
- International Adoption and the Immigration Process

TO ACCESS:

Consult www.cic.gc.ca

Environment Canada—CITES

www.cites.ec.gc.ca

Tel.: 1-800-668-6767 or 819-997-1840 Fax: 819-953-6283

Passport Canada

www.passportcanada.gc.ca

Passports, certificates of identity and travel documents

Tel.: 1-800-567-6868 (in Canada and the U.S.)
TTY: 1-866-255-7655

Public Health Agency of Canada

(Travel Medicine Program)

www.travelhealth.gc.ca

Transport Canada

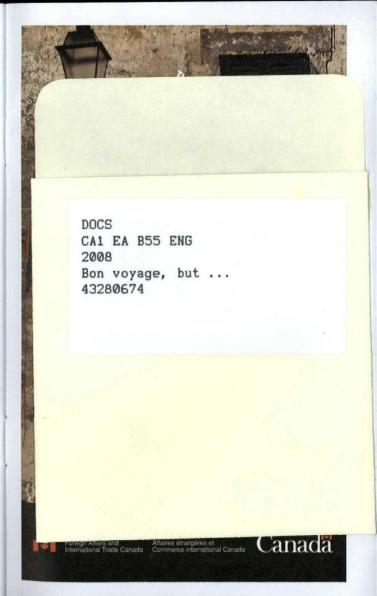
www.tc.gc.ca

Access to Travel

www.accesstotravel.gc.ca

Transport of dangerous goods www.tc.gc.ca/air





Traveller's Checklist



Help ensure a safe and problem-free trip by taking these steps before leaving Canada:

	Pack a copy of <i>Bon Voyage, But</i> and a copy of the Country Travel Report for your destination (see www.voyage.gc.ca).
	Carry a passport that is valid well beyond the date of your anticipated return to Canada; keep a copy of the identification page separate from the original.
	Plan your itinerary and budget.
100 m	Arrange for health and travel insurance.
Sie	Leave copies of your passport identification page, itinerary and insurance policy with friends or family.
	Obtain any required visas well in advance.
	Check whether dual citizenship is an issue for you.
S	If travelling with children, carry documentation proving your right to accompany them (consent letter, court order).
	Take care of health needs: vaccinations, prescriptions, medical certificates, supplies, extra eyeglasses.
	Obtain an International Driving Permit, if required.
	Register online with a Canadian government office abroad, if needed.
	Anticipate financial needs: local currency, traveller's cheques, departure tax.
-01	Prepare for your flight by carefully attending to luggage, documentation and airport security.
	While abroad, keep receipts for purchases and make special arrangements for food, plants and animals brought back to Canada.

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Affaires étrangères Canada Services consulaires

Canada

BUT...

2006/2007 9 2006



www.voyage.gc.ca



If you run into problems while travelling abroad, the travel assistance service is there to lend a hand.

"Our passports and travellers cheques have just been stolen. Can you help us?" "I am in Caracas and I had severe stomach pains all night. What do I do?"

Travel Assistance can help when you are experiencing medical emergencies or require personal assistance while traveling out

of province or abroad. Our team of assistance coordinators, nurses and physicians will analyze your situation, answer your questions and find the expert services you need. When necessary, they will manage your case to ensure you get the highest quality medical care and support while minimizing costs.

You will have access to a <u>top-notch</u> assistance service for the entire duration of your trip, available by phone 24 hours a day, anywhere in the world and in the language of your choice.

Before departure, find out what precautions to take in the destination country and the documents required by local authorities, such as passports, visas and vaccinations.

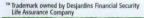
As needed, the assistance service can also provide:

- assistance with language barriers
- · referrals to doctors or health care facilities
- · administrative assistance to replace lost or stolen tickets or ID
- · assistance with hospital admission and repatriation
- legal assistance

Find out more about the type of assistance service that is offered with your travel insurance. If you run into problems abroad, it could make all the difference in the world.

TRAVEL INSURANCE

www.desjardins.com/travelinsurance





High values. Sound assets.

Life, health, retirement

BON VOYAGE, BUT-5

INFORMATION FOR THE CANADIAN TRAVELLER 2006/2007

Published by Foreign Affairs Canada

To obtain more information or additional free copies of this booklet, visit your nearest Passport Canada office, the Consular Web site (www.voyage.gc.ca),

e-mail engserv@international.gc.ca or call 1 800 267-8376 (in Canada) or (613) 944-4000.

This publication is available in alternative formats upon request.

Ce document est aussi disponible en français sous le titre Bon voyage, mais...

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TRAVELLING ABROAD?

Millions of Canadians go abroad every year. For most of us, travel is an enriching and enjoyable experience. For a few, however, travel may mean trouble.

To maximize the success of your journey and to minimize problems while abroad, Foreign Affairs Canada encourages a preventive approach to ensure safe and hassle-free travel.

We have developed this reference booklet to help you plan before you go. It includes essential information on consular services offered abroad, travel advice and Canadian government offices worldwide.

What Are Canadian Consular Services?

Foreign Affairs Canada has more than 270 offices worldwide, where consular officials are ready to assist Canadians travelling, working or living abroad.

Before you leave Canada, it is important to be informed about the services we do and do not provide.

Consular Officials Provide the Following Services:

In emergencies

 Assist in arranging evacuation in the event of war, civil unrest or a natural disaster.



- Arrange help in a medical emergency by providing you with a list of local doctors and hospitals.
- Arrange for a medical evacuation should a required treatment not be available locally (fees apply).
- Comfort and assist victims of robbery or other violence.
- Help find missing persons and abducted children.

When legal issues arise

- Provide you with a list of local lawyers.
- Provide you with sources of information about local laws and regulations.
- Seek to ensure that you are treated fairly under the country's laws if you are arrested or detained (see our publication A Guide for Canadians Imprisoned Abroad).
- Provide assistance if your child has been abducted and taken to another country (see our publication International Child Abductions: A Manual for Parents).
- Notarize documents (fees apply).

When other issues arise

- Replace a lost, stolen, damaged or expired passport (fees apply).
- Extend the period of validity of a limited-validity passport (fees apply).
- Add a married or conjugal name to a passport (fees apply).
- Issue a statement in lieu of a certificate of non-impediment to marriage abroad (fees apply).
- Provide an emergency loan (fees apply, and this service is offered only as a last resort and is subject to strict rules).
- Transfer funds (fees apply).
- Provide limited translation services (fees apply).
- Contact relatives or friends and ask them to send you money or airline tickets.
- Contact next of kin, with your authorization, if you have had an accident or are detained by police.
- police.

 Accept citizenship applications.
- Provide advice about burying a Canadian abroad or repatriating the remains to Canada.
- Contact your next of kin in case of death.
- Request that local authorities investigate suspicious circumstances in the event of an alleged or apparent crime or death.

Consular Officials DO NOT Provide the Following Services:

When legal issues arise

- Intervene in private legal matters.
- Provide legal advice.
- Obtain a criminal record check on your behalf.
- Post bail, pay fines or legal fees.
- Get you out of prison.
- Take possession of an abducted child.
- Enforce a Canadian custody agreement overseas or compel a country to decide a custody case.
- Investigate a crime or death.
- Ask local authorities to give preferential treatment to Canadians.

When other issues arise

- Make travel arrangements.
- Compensate or reimburse you for delayed or cancelled travel.
- Pay your hotel, medical, travel or other expenses.
- Store personal effects or search for lost items.
- Acquire local permits or licences on your behalf, including foreign visas or work permits.
- Assist with job hunting.
- Help you find accommodation.
- Accept mail on your behalf.
- Issue pension or social security benefits.
- Perform marriage ceremonies.
- Pay the burial, cremation or repatriation costs of a deceased Canadian.



Emergency Consular Services

Canadian government offices abroad offer 24-hour assistance, seven days a week. Outside of office hours, your telephone call will automatically be transferred to a consular officer in Ottawa or you will be asked to leave a message for a return call. In either case, there will be a prompt response. If you leave a recorded message, make sure that it is clear and that you leave a complete telephone number or contact address.

From some countries, you can use a toll-free number to speak to a consular officer in Ottawa. In addition, you can make a collect call to Foreign Affairs Canada in Ottawa at (613) 996-8885.

In some locations where Canada does not have a local office, an Australian or British mission will provide you with emergency services. These and possibly other missions can also contact the nearest Canadian office on your behalf.

Check the "List of Canadian Government Offices Abroad" section for information on how to contact the Canadian office(s) in the country you plan to visit.

BEFORE YOU GO

Get Informed

Take time to learn about the political, cultural and economic environment of your destination. Learn at least a few key phrases in the country's language. Even a modest command of the local language will go a long way.

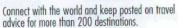
Some countries experience ongoing wars, insurgencies or sporadic unrest. Find out if your destination is known to be dangerous. Consult the Country Travel Reports and the "Current Issues" section of our Web site for up-to-date information on safety and security conditions, health issues and entry and visa requirements for over 200 travel destinations.

Before you go abroad, we advise you to:

- Find out the location of Government of Canada offices in the countries you plan to visit and carry the contact information with you (see page 33 or visit www.voyage.gc. ca/alt/canoffices.asp).
- Provide family or friends with a travel itinerary and contact details, as well as the emergency number for Foreign Affairs Canada (see page 47).

GOING ABROAD?

BE PREPARED. EXPECT THE UNEXPECTED!





- Our Country Travel Reports offer information on safety and security, local laws and customs, entry requirements, health conditions and other important travel issues.
- Our Country Profiles provide valuable resources, including maps, facts, statistics and social and cultural insights.
- Our Current Issues page features wide-ranging information on evolving situations of concern to Canadians abroad.

Wherever you go, wherever you are, visit:

→ www.voyage.gc.ca

Your Passport

Your passport is the only evidence of your Canadian citizenship and identity that is accepted in all countries. You and all family members should have a valid passport if you plan to travel outside Canada. Passport applications are available at www.pptc.gc.ca (the Passport Canada Web site), Passport Canada offices, postal outlets in Canada and Canadian government offices abroad.

A Passport for Everyone Canadian children must have their own passport. The practice of adding a child's name to a parent's passport is no longer permitted.

Before you leave on your trip, be sure to complete the "In case of accident or death notify" section (page 4) in your passport. This information will help us quickly notify your family or friends if an emergency arises.

Processing Time

The processing period for in-person applications in Canada is 10 working days. The processing of mail-in applications takes a minimum of 20 working days. So, plan to apply well before departure.

REGISTER WITH US



If you are travelling or living abroad, you can register with Foreign Affairs Canada. Registration will enable us to reach you and provide assistance in case of an emergency at home or abroad.

We encourage you to register if:

- You will be away from Canada for at least three months.
- You will be visiting a country, or region of a country, that is covered by an official Travel Warning.
- You are travelling to a country that has security concerns or does not have a Government of Canada office.

You can register on-line at the "Registration of Canadians Abroad" section of our Web site (www.voyage.gc.ca) or through the responsible Government of Canada office abroad (see page 33).

Registration is voluntary, and the information you provide is protected and used in accordance with the provisions of the Privacy Act. Under the Privacy Act, personal information may be disclosed under certain circumstances, including situations where disclosure would clearly benefit the client, where the public interest in disclosure clearly outweighs any invasion of privacy or pursuant to a court order.

In countries where Canada has no direct representation, there may be arrangements in place for you to register with another country's embassy or consulate. For example, Canada has such an arrangement with Australia. Consult the Country Travel Reports on our Web site for country-specific information.

Keep It Safe!

Make photocopies of your passport's identification page and of your identification cards. Keep the copies separate from the originals when travelling. For added security. leave a copy with a friend or relative at home. We also recommend that you carry a birth or citizenship certificate in addition to your Canadian passport. These simple steps may speed the replacement process if you lose your passport.

Expiration Date

If your passport is due to expire within six months of your scheduled return to Canada, check with the destination country's embassy or consulate in Canada for its rules and restrictions regarding passport validity and expiration. Some countries will not let you enter if your passport is due to expire within six months of entry.

If you have any questions about passports, contact Passport Canada.

Do You Need a Visa?

You need a visa to enter certain countries. Your travel agent or the country's embassy or consulate in Canada can advise you of the requirements. Apply for visas well in advance of your trip.

Some countries will allow you to enter only if you can prove you will be leaving and have enough money to support yourself during your stay. Be prepared to show your return or onward ticket, a bank statement or any visas that demonstrate that you plan to visit another country.

Travel with or by Children

If a person younger than 18 is travelling alone or with only one parent or another adult, we recommend that a consent letter be carried proving that the trip is permitted by the custodial parent (or both parents or the legal guardian, as the case may be). For an example of a consent letter. refer to "Frequently Asked Questions" in the "Before You Go" section of our Web site.

Make sure you and/or the child carry proper identification, such as birth certificates, baptismal certificates. passports, citizenship cards, records of landing and certificates of Indian status, Identification could also include any documents, such as divorce papers or custody court orders, that might be required by the country you intend to visit. These documents will help prove your citizenship, residency and custodial rights when you return to Canada.





Pack right...









...enjoy your flight!

For more information on how to pack for your next trip. visit our website at www.catsa-acsta.gc.ca or call 1-888-294-2202



anadian Air Transport Administration canadienne



If you or your partner are travelling to another country with your child and there is a possibility that a custody dispute might develop, you should talk to a lawyer before the child leaves home. Our publication International Child Abductions: A Manual for Parents contains further information.

Your child custody arrangements in Canada may not be recognized in another country. In extreme cases, you or your child may not be allowed to leave that country. Check your status with that country's embassy or consulate in Canada before you travel. If you have custody questions.

contact Foreign Affairs Canada's Consular Case Management Division at 1 800 387-3124 (in Canada) or (613) 943-1055.

Travel with Same-Sex Spouse

Although same-sex marriages are legal in Canada, they are not recognized in many countries. Attempting to enter as a same-sex married couple may result in refusal by local officials. In addition, homosexual activity is a criminal offence in certain countries. Consult our Country Travel Reports or the destination country's embassy or consulate in Canada for specific information.

TRAVEL IN EUROPE

The member states of the European Union (not including the United Kingdom and Ireland), plus Norway and Iceland, make up the Schengen area, which aims to abolish border controls between those countries and create a single external frontier. However, controls are still in place at the borders of the newer Schengen countries.

Canadians do not need visas for short-term visits to Schengen countries, but some member states require you to register with local authorities within three working days of your arrival. It is important to get your passport stamped when entering the Schengen area. The absence

of an entry stamp from the initial Schengen port of entry could create difficulties during subsequent encounters with local police or other authorities.

For more information, see the Country Travel Reports on our Web site. For the most upto-date and authoritative information, contact the embassy or consulate of the countries you wish to visit.



TRAVEL NOTICE

"...coverage for out-of-country health care services is limited; you should purchase supplementary insurance."

Ministry of Health and Long-Term Care

CALL FOR YOUR FREE Travel Insurance Guide.

www.medipac.com/free



THE CSA TRAVELLERS' CHECKLIST
Travel Tips for Canadians

The CSA TRAVELLERS' CHECKLIST
TRAVEL

TRAVEL

Canadian Snowbird Association

Canadian Snowbird Association

Community C

The Canadian Snowbird Association understands your travel concerns!

- **✓** Medicare limitations
- ✓ Currency exchange
- ✓ Travel restrictions
- **☑** Border crossing

CALL FOR YOUR FREE Travellers' Checklist.

www.snowbirds.org/free

CALL THE CSA FOR YOUR FREE
Travel Insurance Guide AND Travellers' Checklist.



1-800-734-7147



Women Travelling Solo

Our booklet *Her Own Way: Advice* for the Woman Traveller provides specific information for females, including those who travel alone.

Dual Citizenship

Canadian law permits a Canadian to have more than one nationality. However, your Canadian citizenship may not be recognized in the country of your second citizenship, and authorities of that country may prevent Canada from providing you with consular assistance. This situation is especially likely if you do not use your Canadian passport to enter that country due to personal choice or legal requirements.

If you are considered a national of another country, you may be compelled to do military service, required to pay special taxes or subject to increased scrutiny by immigration and security officials. To avoid unpleasant surprises, confirm whether you, your spouse or any other family member is a citizen of another country.

Where permitted by the laws of the country in question, the Government of Canada encourages Canadians to use their Canadian passport when travelling abroad and to present themselves as Canadians to foreign authorities.

If you have questions or concerns regarding dual citizenship, contact the nearest Canadian government office or refer to our booklet *Dual Citizenship*.

Persons with a Disability

Many countries do not provide access to people in wheelchairs or make allowances for those with special hearing, visual or other requirements. For more information, refer to the Canadian Transportation Agency Web site (www.cta.gc.ca) and the Government of Canada site "Persons with Disabilities Online" (www.ph-endirect.ca).

TRAVEL TO THE UNITED STATES AND MEXICO

Canadians should carry a valid Canadian passport for all visits to the United States and Mexico. For detailed information, see our Country Travel Reports.



Getting Medical Advice

Provided by the Public Health Agency of Canada

The Public Health Agency of Canada, through its Travel Medicine Program, strongly recommends that your travel plans include contacting a travel medicine clinic or your physician six to eight weeks before departure to determine your need for vaccinations, preventive medication and advice on precautions to take to avoid disease while travelling.

Vaccination, Preventive Medication and Personal Protective Measures

Based on your current health status, immunization history and anticipated itinerary, a health-care provider can assess your individual health risks and advise you on vaccination requirements, your need for preventive medication (e.g., for malaria) and personal protective measures. International travel can expose you to infectious diseases not frequently seen in Canada. Ensure that your routine immunizations—tetanus. diphtheria, whooping cough (pertussis), polio, measles, mumps and rubellaare up-to-date. Proof of yellow fever vaccination may be required to enter some countries. Seek a risk assessment well in advance of your departure, as you may need to start receiving vaccinations or taking preventive medication a month or two beforehand. For a list of travel

medicine clinics in Canada, visit the Travel Medicine Program's Web site at www.travelhealth.gc.ca.

If you are travelling with infants or small children, you may need to arrange an alternative or accelerated childhood immunization schedule for them.

AIDS

Some countries require proof of HIV testing. Have the test conducted and obtain the results before your trip.

Medication

If you take medication, be sure to pack an extra supply in case you are away for longer than expected. Carry a duplicate of your original prescription, listing both the generic and trade names of the product, in case your medication is lost or stolen. If you wear glasses or contact lenses, having the prescription will make it easier to replace them.

Do not try to save luggage space by combining medications into one container. Keep all medications in the original, labelled container to avoid customs problems.

Some medications that are sold over the counter in Canada are illegal or require a prescription in other countries. Find out whether your medication is legally available in the country you plan to visit. For travel to some countries, it is advisable to obtain a note from your doctor, stating the medical reasons for your prescription and the recommended dosage.

If you need syringes for a medical condition, such as diabetes, it is important to take along an adequate supply. You should also carry a medical certificate that shows they are for medical use.

Supplemental Health Insurance

Do not rely on your provincial health plan to cover costs if you get sick or are injured while abroad. At best, your health plan will cover only a portion of the bill. It is your responsibility to obtain and understand the terms of your supplementary travel insurance policy.

Some credit card companies offer their holders health and travel insurance. Do not assume that coverage is automatically included or that the card alone provides adequate coverage. Some companies charge an additional premium for travel coverage. Others require that you pay for your travel arrangements using that card. Verify the conditions, limitations and requirements before departure.



Be sure to ask whether your policy:

- Has an in-house, worldwide emergency hotline you can call if you are in trouble. Find out whether it operates 24 hours a day, seven days a week; if the operators are multilingual; and whether nurses or physicians are on staff.
- Pays foreign hospital and related medical costs and, if so, whether it pays up front or expects you to pay and be reimbursed later.
- Provides for medical evacuation to Canada or the nearest location with appropriate medical care.
- Pays for a medical escort (doctor or nurse) to accompany you during evacuation. This service can cost as much as \$100,000 if it is not included.
- Covers pre-existing medical conditions. Notify your insurance company and get an agreement in writing that you are covered for such conditions. Otherwise, you could find your claim "null and void" under a pre-existing condition clause.
- Covers premature births and related neonatal care.
- Allows for cash advances if a doctor or hospital requires immediate payment.
- Pays for the preparation and return of your remains to Canada if you die while abroad. Otherwise, this service can cost as much as \$10,000.



Travelling allows us endless opportunities to be exposed to new sights, sounds, smells, tastes, experiences and new people.

Did you know?

- Travellers' diarrhea is a common problem for Canadians travelling to a developing country
- During a two week trip, up to 50% of people will have one or more episodes of travellers' diarrhea
- ▲ An episode of travellers' diarrhea can last 3 5 days

Travellers' Diarrhea is usually caused by contaminated food.

The most common cause of travellers' diarrhea is food contaminated with bacteria called enterotoxigenic *E. coli* (ETEC). Travellers' diarrhea can also be caused by contaminated water.

In addition to the sage advice "Boil it, peel it, cook it ... or forget it!", a new, easy-to-take oral vaccine may also lower your chances of developing travellers' diarrhea while you are away.



Dukoral[™] is a trademark used under license from SBL vaccin AB.

Plan ahead - help protect against travellers' diarrhea

Carry details of your insurance with you. Also, tell your travel agent, a friend or a relative at home and a travelling companion how to contact your insurer.

Get a detailed invoice from the doctor or hospital before you leave the country. There is nothing more frustrating than trying to get the proper paperwork from thousands of kilometres away. Always remember to submit original receipts for medical services or prescriptions received abroad. Most insurance companies will not accept copies or faxes. Keep a copy of the submitted documents for your files.

Extended Stay Abroad

Your provincial health insurance plan will become invalid if you live outside the province beyond a certain length of time. This period varies by province. Personal medical insurance is available for those working, studying or living outside Canada for an extended period. Coverage is available for both the contracted individual and dependants. These insurance plans consist of full accident and sickness coverage,

including emergency medical evacuation and war risk. Many companies have changed their terms and conditions related to terrorist acts, war and civil unrest. Check with your insurer before you leave Canada.

Other Insurance

You may also want to purchase a travel insurance package that includes flight cancellation, trip interruption and/or lost luggage coverage. Doing so can avoid major disruptions and additional costs.

Again, check the terms and conditions of these policies.

Travelling by Car

Keep in mind that each country has its own driving regulations. In some countries, a driver may be questioned and/or detained by police following even a minor accident. You may be required to obtain an International Driving Permit and/or additional insurance to drive a vehicle in another country. For further information, consult the Country Travel Reports on our Web site or the Canadian Automobile Association.



Why is International Travel Insurance Required?

Here are 10 reasons to pack it in your luggage:

- 1. Health insurance is one of the best investments you can make. Accidents or illnesses can happen to anyone, anywhere, anytime. All it takes is an unguarded moment or exposure to a harmful virus, and you or your family could be indebted for many years.
- 2. Some hospitals will not admit you unless you have insurance or can pay up front, regardless of your medical condition.
- 3. You cannot take medicare for granted when you work outside Canada, even for short periods. Your government health insurance plan (GHIP) will foot only a portion of the bills.
- **4.** Your GHIP may terminate after you have lived outside Canada for a certain period of time.
- 5. With certain exceptions, when you return to Canada there will be a wait of up to three months before you can benefit again from your GHIP.

- **6.** A comprehensive travel insurance plan can help you leave a country, at no extra cost, in the event of a major medical emergency for which local facilities are inadequate.
- 7. Travelling to a country where war or civil unrest is a concern may require specialized insurance to ensure full protection.
- **8.** Should you decide to extend a business trip to take a holiday, you may need additional coverage besides your employer's policy.
- 9. Many people take advantage of being abroad to try new things. If you plan to participate in any hazardous activity—scuba diving, parachuting, rock climbing, hiking, alpine skiing, etc.—check the limitations of your insurance coverage first.
- 10. Do not assume that your Canadian automobile insurance or the coverage purchased with your rental vehicle will provide adequate protection in the event of an accident or theft. Much of the coverage we take for granted in Canada is not available abroad. Make sure you know what coverage is in place before you drive.

Telfer International Consultants Inc. www.telferinc.com



Money Matters

Canadian currency and traveller's cheques are not always accepted. Before you leave Canada, consult a bank or foreign currency agent to find out the most appropriate currency to carry.

It is always a good idea to have a small amount of local currency on hand when you arrive, unless importing local currency is a crime. There may be restrictions on the amount of money you can take into or out of the destination country. Check currency regulations with your travel agent or the country's embassy or consulate in Canada.

Be aware that your debit or credit card may not be accepted abroad. Check with your bank for information on ATM services in other countries.

Before departure, make arrangements to obtain additional funds if needed. Foreign travel is often more expensive than expected.

Canadian Taxation Status

If you are living, working or travelling abroad but maintain residential ties in Canada, you are usually considered a "factual resident" of Canada for taxation purposes. However, there may be other factors involved, so review your situation with the Canada Revenue Agency (CRA) before you leave to avoid surprises. For details, see the CRA publication Canadian Residents Abroad (T4131).

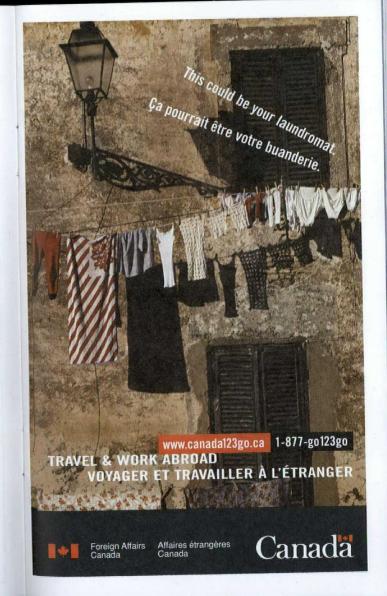
Avoiding Customs Difficulties

Before taking valuable items abroad, you can use a free identification service at any office of the Canada Border Services Agency (CBSA). For more information, see the CBSA pamphlet *I Declare*.

Transport of Dangerous Goods and Aviation Security

Passengers are not permitted to transport dangerous goods aboard aircraft in carry-on luggage, in checked baggage or on their person. Consult the airline or Transport Canada's Web (www.tc.gc.ca) site to find out what you can and cannot take with you.





Traveller's Checklist



Help ensure a safe and problem-free trip by taking these steps before leaving Canada:

	Pack this booklet and a copy of the Country Travel Repo for your destination.
	Carry a passport that is valid well beyond the date of your anticipated return to Canada; keep a copy of the identification page separate from the original.
	Plan your itinerary and budget.
	Arrange for health and travel insurance.
	Leave copies of your passport identification page, itinerary and insurance policy with friends or family.
	Obtain any required visas well in advance.
	☐ Check whether dual citizenship is an issue for you.
*	If travelling with children, carry documentation proving your right to accompany them (consent letter, court order).
	Take care of health needs: vaccinations, prescriptions, medical certificates, supplies, extra eyeglasses.
102	Obtain an International Driving Permit, if required.
	Register with a Canadian government office abroad, if needed.
	Anticipate financial needs: local currency, traveller's cheques, departure tax.
	Prepare for your flight by carefully attending to luggage documentation and airport security.
	While abroad, keep receipts for purchases and make special arrangements for food, plants and animals brought back to Canada.

ON THE ROAD

Taking Precautions

The same rules apply abroad as at home, only more so. Foreigners are usually at greater risk than locals. In many countries, foreigners are specifically targeted. Be sure not to wander into unknown areas—find out how safe they are first. Do not pick up hitchhikers or cross borders with people you have just met. Watch your luggage and make sure it is locked. Never take anything, even an envelope, across a border for someone else.

Do not display large amounts of money or expensive jewellery in public. Use a money belt or a case with concealed sections for valuables.

Remember to telephone home, particularly if you have promised family members or friends that you will do so. We receive thousands of calls every year from worried family members or friends who have not received a promised call.

Keep a separate record of your traveller's cheques and credit cards.

Never carry your passport, travel tickets, identification documents, cash, credit cards and insurance papers together. If you do so, you risk being left with no identification or funds in case of theft or loss.

Use the safety deposit box at your hotel. Never leave valuables in your room.



Foreign Laws and Customs

When travelling or living in a foreign country, familiarize yourself with the way of life there. Respect that country's laws, religions, culture, class structure and economic conditions. Although you may not agree with some of the country's beliefs, remember that you are a visitor.

In many countries, appropriate attire for both sexes is very important and may even be legislated. Penalties for disobeying local laws can be severe.

Be especially respectful of temples, mosques, churches, synagogues and other religious sites. Many are off limits to foreigners or people who are not members of that faith. Ask permission before taking photographs of religious artifacts, buildings or local people.

Never take photographs of military facilities, a harbour where naval vessels are docked or industrial installations such as oil refineries. Your film and camera could be confiscated, and you could even come under suspicion of espionage.

LOST OR STOLEN PASSPORT

If your passport is lost or stolen while you are abroad, you should immediately report the incident to the local police. Make sure you get a copy of the police report or the report number. Then contact the nearest Government of Canada office. Before a new passport can be issued, you must complete an application form, produce documentary evidence of your Canadian citizenship (e.g., a birth or citizenship certificate), present new photographs, pay the required fee and complete a "Statutory **Declaration Concerning a** Lost, Stolen, Inaccessible or Destroyed Canadian Passport or Travel Document" (form PPT 203). If you subsequently find the missing passport, it must be returned to Passport Canada for inspection and destruction.

Illegal Drugs

Drug use and trafficking are prohibited in all countries, even though drugs may be readily available and openly used in some areas. Most countries impose heavy fines and long prison sentences for possession and trafficking. In some countries, possession of even small amounts of drugs carries a prison sentence. Never take any parcel that is not yours across a border.

Choose your travel companions wisely. Never cross a border with a hitchhiker or as a hitchhiker. Although you may not be carrying anything illegal, your companions may be. For details, consult the "Drugs and Travel" section of our Web site.

Crime and Punishment

Thousands of Canadians are currently imprisoned abroad for a wide range of offences. The laws and customs of other countries can be very different from those in Canada, and ignorance is no defence when a crime is committed.



When you travel, remember:

Cultural places and objects in other countries are protected by laws there and by laws here in Canada

Canadians may be prosecuted in foreign countries...

Many countries enforce strict laws to protect their cultural heritage: monuments, historical and archaeological sites, museums and objects. Travellers can face serious penalties and imprisonment for acts committed against that heritage. Sometimes even a seemingly innocent act, such as picking up a small piece of broken pottery or stone to bring home as a souvenir, can result in fines or imprisonment for "theft" or "vandalism".

...and here at home.

Recent changes to Canadian law now mean that Canadians may also be prosecuted in Canadian courts for acts committed against significant cultural heritage outside Canada. Other recent changes to Canadian law prohibit the illegal export of cultural objects from certain countries, whether or not the object is brought to Canada.

Stay informed and stay out of trouble!

For more information, consult the Department of Canadian Heritage website: www.canadianheritage.gc.ca/travel



Canadian Patrimoine



While in a foreign country, you are subject to its laws and regulations. Your Canadian citizenship offers no immunity.

If you find yourself in trouble, Canadian consular officials abroad can provide a list of lawyers with the necessary expertise, contact your family and friends and ensure you receive fair treatment according to the standards of that country. They cannot, however, wield any influence to reduce your sentence or fine.

Judicial Process

Never assume that the legal system of another country is the same as at home. "Innocent until proven guilty" is not a universal principle.

In certain countries, you may not have a right to legal representation or to a trial in your own language.

Some countries do not recognize or respect religious freedom; freedom of association, speech or the press; or equality of the sexes. For instance, guilt by association is often presumed, and you may be charged just for

SEXUAL EXPLOITATION OF CHILDREN

Most countries vigorously enforce laws against the sexual exploitation of children. Canadians who are suspected of committing such acts at home or abroad can be charged under the Canadian Criminal Code (available at http://laws.justice.gc.ca). Those convicted face a penalty of up to 14 years' imprisonment. For more information, see the publication *Child Sex Tourism: It's a Crime* on our Web site.

being in the company of a person suspected or found guilty of a crime.

Even if you are an innocent bystander at a riot or demonstration, you may be considered a participant and be rounded up with those involved.

If you do find yourself in legal trouble, contact the nearest Canadian government office at once. If you cannot do so yourself, have someone else do it for you.



DRUGS AND TRAVEL:



A Dangerous Duo

One wrong move — and your travel plans could go up in smoke.

Avoid a bad trip.

Get the facts at:

www.voyage.gc.ca

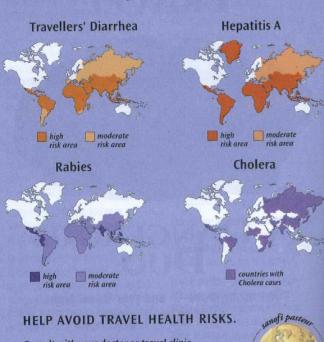








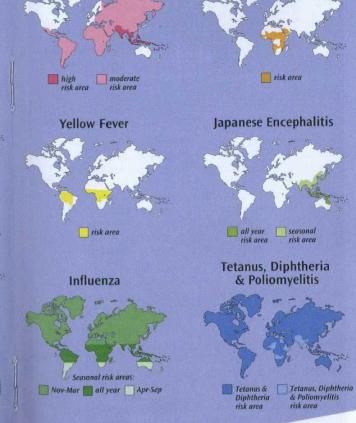
Travelling abroad? Protect yourself.



Consult with your doctor or travel clinic to discuss your individual itinerary.

For additional information please call 1-800-268-4171.

Sources: www.who.org/ith; www.cdc.gov/travel; Steffen, Dupont, Wilder-Smith, Manual of Travel Medicine and Health, 2003 T132B4 – 01/04



Typhoid Fever



Meningococcal Disease



COMING HOME

Departure Tax

Some countries impose a departure tax or service fee at the airport or point of departure. Before leaving, make sure you set aside enough money in local funds to pay this tax. See the Country Travel Reports on our Web site for more information.

Canadian Customs and Import Controls

If you have been away from Canada for 24 hours or more, you may bring back goods worth up to C\$50, not including alcohol and tobacco products, without paying duties or taxes. If the goods you bring in are worth more than C\$50 in total, you cannot claim this exemption. In this case, you have to pay full duties on all goods you bring in.

If you have been away from Canada for 48 hours or more, you may bring back goods worth up to C\$200 without paying duties or taxes. These goods can include alcoholic beverages and tobacco products as follows: up to 1.14 litres (40 oz.) of liquor or 1.5 litres (53 oz.) of wine, or a case of 24 bottles or cans of beer or ale, each containing 355 ml (12 oz.). As for tobacco, you may bring back up to 200 cigarettes, 50 cigars or cigarillos, 200 tobacco sticks and 200 grams (7 oz.) of manufactured tobacco.

Tobacco products included in a personal exemption are still subject to a minimum duty unless they are marked "Canada-Duty Paid—Droit acquitté."

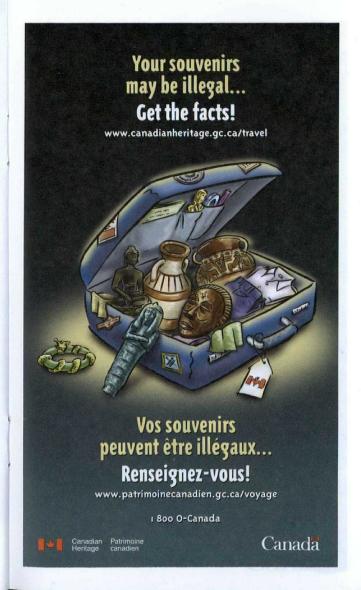
If you have been away from Canada for seven days or more, you may bring back goods worth up to C\$750 without paying duties or taxes. These goods can include alcoholic beverages and tobacco products as described above. Note that provincial age restrictions apply to liquor and tobacco products.

When calculating the number of days you are absent, do not include the date you leave Canada, but do include the date you return.

If you have any questions about what you can bring home, call the Border Information Service Line of the Canada Border Services Agency (see page 48).

Be Aware and Declare

You must declare all items purchased or acquired abroad, whether they are intended for yourself or as gifts, as well as goods bought at a Canadian or foreign duty-free store. Keep your original receipts for possible inspection.





BE AWARE AND DECLARE!

Every traveller entering Canada plays a key role in protecting the country from foreign pests, viruses and animal diseases that could be unintentionally brought in through food, plants, animals and related products. Many of these products are not allowed or must be declared when entering Canada.

Food can carry animal diseases or plant viruses.

Plants and related products can carry insects, harmful microorganisms, viruses, fungi and bacteria.

Animals and related products can carry animal diseases, such as Avian Influenza.

For more information on what products are allowed, visit us at www.inspection.gc.ca or call us at 1-800-0-CANADA

> Be responsible. Do your part to protect Canada.



The booklet I Declare (RC4044), published by the Canada Border Services Agency (CBSA), describes what you can and cannot bring back to Canada if you have been away for less than a year. After a stay abroad of more than a year, there are special import provisions for household items and personal belongings. Information is contained in the CBSA brochure Moving Back to Canada (RC4105).

For information on importing a vehicle, contact the Canada Border Services Agency.

Illegal Souvenirs

There are restrictions on bringing certain goods into Canada. If you are considering bringing back meat, eggs, dairy products, fresh fruits and vegetables, plants, animals or products made from their skins or feathers, contact the Canadian Food Inspection Agency beforehand for guidance—it could save you a lot of trouble.

For information on importing weapons, contact the Canada Firearms Centre.

There are more than 30,000 species of wild animals and plants regulated

under the Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES). A violation of CITES could lead to seizure of your purchase, as well as a fine and/or prison term. Contact Environment Canada for details.

Also, be aware that it may be illegal to bring home cultural property, such as antiques or fossils, whose sale or export is banned or controlled by the country of origin. Strict penalties may be imposed, and cultural property may be confiscated and returned to the country of origin. For more information, contact Canadian Heritage or the embassy of the country you are visiting.

Health Concerns

If you become sick or feel unwell after returning to Canada, you should see your doctor. Inform the doctor, without being asked, that you have been travelling or living outside Canada and where you have been. If you were ill while travelling, also see your doctor upon return and explain your travel history and any treatment you received.



LIST OF CANADIAN GOVERNMENT OFFICES ABROAD

The following list identifies where to seek consular assistance in each country.

The telephone numbers in this list indicate the country code first and then the city/area code. The city/ area codes (in parentheses) are those you should use when calling within the country where the office is located. If you are calling from another country, you may have to use a different city/area code. Also. when calling from one country to another, you must use the local code for international calls before the country and city/area codes of the number you wish to reach. For example, if you are calling overseas from Canada, you must press 011 before the country code. Calls to Bermuda, the Caribbean and the United States do not require a country code, but you must press 1 before the area code. If you are unable to contact an office overseas. please verify the codes with your telephone operator.

In some countries, you can use an international toll-free number to speak to a consular officer in Ottawa. This number may not work from all local telephone service providers, mobile phones or pay

Hours and days of operation vary at Canadian government offices abroad. Call the office concerned to check its hours. If you are unable to reach the office in an emergency or after hours, call (613) 996-8885 (collect calls accepted) or dial the country's toll-free number (if provided below) to reach the Emergency Operations Centre in Ottawa.

phones. Also, a phone card, coins, tokens or an international longdistance fee may be required to complete the call.

Canada has agreements with several countries to provide consular services to each other's citizens at a number of locations around the world. In the following list, the symbol indicates that an Australian government office delivers consular services to Canadians in that country.

The information in this list is subject to change. Consult www. voyage.gc.ca for the most up-to-date list of Canadian government offices abroad, including postal and e-mail addresses.

Afghanistan

Tel.: 93 (799) 742 800

Albania

Tel.: 355 (4) 257274, 257275

Algeria

Tel.: 213 2191-4951, -4960

Andorra

See Spain, Madrid

Angola

Tel.: 244 (222) 448-371, -377, -366

Anguilla

See Barbados or call toll-free: 1 888 949-9993

Antigua and Barbuda

See Barbados or call toll-free: 1 888 949-9993

Argentina

Tel.: 54 (11) 4808-1000

Armenia

Tel.: 374 (10) 56-79-90

Aruba

See Curação

Australia Canberra

Tel.: 61 (2) 6270-4000 Melbourne

Tel.: 61 (3) 9653-9674 Perth

Tel.: 61 (8) 9322-7930

Sydney

Tel.: 61 (2) 9364-3000 Toll-free from Australia: 0011-800-2326-6831

Austria

Tel.: 43 (1) 531-38-3000 Toll-free: 00-800-2326-6831

Azerbaijan

See Turkey, Ankara

Azores

See Portugal, Ponta Delgada

Bahamas

Tel.: (242) 393-2123, -2124 Toll-free: 1 881 949-9993

Bahrain

Tel.: (973) 17 536270 Toll-free: 800-00-732

Bangladesh

Tel.: 880 (2) 988-7091/2/3/4/5/6/7

Barbados

Tel.: (246) 429-3550 Toll-free: 1 888 949-9993

Belarus

See Poland

Belgium

Anvers (Antwerpen) Tel.: 32 (03) 220-0211

Brussels

Tel.: 32 (02) 741-0611 Toll-free from Belgium: 00-800-2326-6831

Belize

Tel.: 501 223-1060

Benin

Tel.: 229 21-30-24-79

Bermuda

See United States of America, New York, or call toll-free: 1 888 949-9993

Bhutan

Tel.: 975 (2) 322-109, 332-615

Bolivia

Tel.: 591 (2) 241-5141, -5021, -4517

Bonaire

See Curação

Bosnia and Herzegovina Tel.: 387 (33) 222-033

Botswana

Tel.: 267 30-4411

Brazil Belo Horizonte

Tel.: 55 (31) 3261-1017 Brasilia

Tel.: 55 (61) 3424-5400 Rio de Janeiro

Tel.: 55 (21) 2543-3004

São Paulo

Tel.: 55 (11) 5509-4321 Toll-free from Brazil: 0-800-891-6614

British Virgin Islands

See Barbados

Brunei Darussalam

Tel.: 673 (2) 22-00-43

Bulgaria

Tel.: 359 (2) 969-9710

Burkina Faso Tel.: 226 50-31-18-94

Burma 🕮

Tel.: 95 (1) 251810

Burundi

Tel.: 257 24-58-98

Cambodia Tel.: 855 (23) 213 470

Cameroon

Douala Tel.: 237 343-2934 Yaoundé

Tel · 237 223-2311

Cape Verde See Senegal

Cavman Islands Tel.: (345) 949-9400 Toll-free: 1 888 949-9993

Central African Republic

Tel.: 236 61-30-39

Chad

Tel.: 235 53-42-80 Tel. after hours: 235 27-30-27

Chile

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