# FARMAND DAIRY RURAL HOME

BETTER FARMIN

Peterboro, Ont., Jan. 7, 1915





ISRUED EACH WEEK Rural Publishing Co., Ltd., Publishers ONE DOLLAR A YEAR

## What Is Worth Doing At All Is Worth Doing Well

Have you taken time to look back over the past year, to note the things you have done and upon which you can improve for 1915?

Perhaps you are a dairy cattle breeder retailing milk, perhaps you are a cheesemaker, or a creamer, man, and then again perhaps you are a mixed farmer with just a few cows.

But that part matters not. If you have been using inferior grades of dairy utensils, cream separator, milking machine, or cheese factory or creamery equipment, we have a proposition that means

## Money For You

In these days of the very keenest of competition no one can afford to let well enough alone.

It is the man that does the things that are worth doing, and does them well, that gets there every time. But how does he do it? Just by using up-to-date machinery at a saving to him of money and labor, and increasing the value of his product.

No matter what your needs are in the dairy line we can "solve" your problems.

Let us help you make your 1915 a brighter and more prosperous year.

## D. Derbyshire @ Co.

Head Office and Works: BROCKVILLE, ONT. Branches: PETERBOROUGH, Ont. MONTREAL and QUESEC, P O WE WANT AGENTS IN A FEW UNREPRESENTED DISTRICTS

It is Most Desirable that you eay. "I eaw your advt. in Farm and Dairy. Do this when you write and take full advantage of dur

A New Dust-proof Bearing Perfectly Oiled

Here is an improvement that tells in still another way of durability, efficiency and light draft found in the

> Cutawav (CLARK)

Disk Harrows and Plows

The illustration in this announcement shows how our hardwood oil-soaked bearings are now encased in metal dust-proof boxes; and how the oil is con-ducted inside of the bearings. Could it be simpler? Could it be improved?





## Many Farm Homes Desire to Adopt Belgian Children

H. Bronson Cowan, Managing Director, Farm and Dairy

If. Broader Concan, Stranging Director, Farm and Dairy

NCE the last issue of Farm and aome of the orphan gits of Belgium
Dairy went to press I have had come to Canada. He stated that the
an opportunity to pay a personal
visit to Ottava awill receive the people of Belgium speak Flemish and
visit to Ottava awill receive the French, and that the great-majority
whom to personal receive the state of them are Roman Cabbiel. He did
not receive the ancess of any not think that there was much promorement to bring orphaned children pect of Farm and Dairy's being able
of Belgium to Canada for adoption in to obtain many. If any, Protestant
some of the prosperous fara homes of children from Belgium. His advice
readers of Farm and Dairy. All promised their hearty cooperation to finite word is received from his govwhatever extent lies within their ermment.

The Children's Ald Secieties

power.

The Belgian Consulate is a fine large residence on Daly Avenue. The room into which I was shown contained a number of beautiful tapestries, rarecarved works in brass and illustrations of scenes in Belgiant and the Belgiant Consul, expressed his appreciation of the desire of readers of Farm and Daly to assist the orphared children of Belgium. He stated that it was now nearly a math since he had was now nearly a m. ath since he had written to his government to ascertain it they would be willing to cooper to in the placing of some of the orphaschildren in homes in Canada. He had not received his government's reply, but hoped to do so almost any day. In this connection Mr. Goor pointed out, however, that the officials of the government have been scattered and affairs so disorganized as a result of the war, his government might find it difficult to give the matter the attention that is otherwise would.

tion that it otherwise would.

I asked Mr. Goor if he had any I asked Mr. Goor if he had any personal opinion as to what the attitude of his government was likely to be. In veply he stated quite frankly that he doubted if his government would consent to let any Belgian boys leave the Motherland. The warhas caused such a mortality among the men, young and old, of Belgium that he expected his government would be anxious to retain all the boys it could in order that in time they may take the places of the men whose lives have been lost. Mr. Goor thought it was possible that his government might let

The Children's Aid Societies
Mr. W. L. Scott, K.C., the president of the Association of Children's Aid Societies, was most cordial in his welcome and on behalf of the Children's Aid Societies, repeated the offer that he had previously avade by letter to welcome the cooperation of Farm and Dairy in the work in hand Farm and Dairy in the wars to knut, Incidentally he paid quite a compli-ment to farmers x a class. When I suggested to him that as the Chil-dren's Aid Societies are located in cities, it might be convenient for them to place in dren in city homes, while farm and Dairy filled the applica-Jarm and Dairy filled the applica-tions received from farm homes. He replied that the Children's Aid Socie-ties always aim to place all their chil-dren in farm homes if possible, believing that they there have the best op portunity for development under the most favorable conditions.

Mr. Scott emphasized the point that great care will have to be taken in seeing that the homes in which the seeing that the homes in which the children are placed are suitable and that the children are given good care after they have been so placed. "We have found," said Mr. Scott, "that it sometimes happens that even good Christian people do not take to fine children that we send to them. In such cases we have sent the children to some other homes and other childo to the home of these people with mose satisfactory results all around, Much depends on the personality of the people and of the children as to they get along together. (Concluded on page 6)

Learning From Our Experiences of 1914

Learning From Our Experiences of 1871 of the 1872 of t

There is nonce patiful picture than the cann who is travelling in a rut and is continually trying to just y himself into thinking he to doing the best continually trying to just y himself into thinking he to doing the best change—even though wrong at first. The nam who is right bit time out of 10 is gaining ground. As long as you stay in the rut you will never get anywhre—except deeper.

where-except deeper.

It takes courage to make any abrupt change in our farm method "Let well enough alone" is continually ringing in our ears. But the examp of the fellow "mho is getting on a little better" still beckons us sheed. Boots are possibly 0.A.C. No. J2 and he sells most of them for seed at a high outs are possibly 0.A.C. No. J2 and he sells most of them for seed at a high blader yield, it is postores with the post of the p

The same is true in the strent dairy field. Scores of infertor sizes abbing used in our dairy hereb. Scores of good one are produces are all that should replace these. A resolve by every breeder who loves good dairs attit to use only the bees possible arise in 1818 would react with interessed mild that the state of the state of

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It is a part the advantag mium on the was the mist I was just an "bright," bed and was quiaround the f early accomp mill that see unusual genis was never in ambitions we business collcity to comp myself.



Trade increases the wealth and glory of a country; but its real strength and stamina are to be looked for among the cultivators of the land. -Lord Chatham

FOR WEEK ENDING JANUARY 7, 1915

No. I

# The Call of the Farm to the Wage Earner

A City Man, Once a Country Boy, Tells Why He is Going Back to the Land

HAVE a young nephew up in Huron county who wants to leave the farm. He has just written me about his plans. He told me that it was my example that had inspired him with his desire to get to the city. He says he is going to do'as I have done. He is going to leave the farm and get a good position like mine at a long salary. He finds the farm dull and lonesome. The financial returns do not satisfy him; "a fellow can't make anything farming," as he puts it. He thinks the first of the New Year a good time

to strike out for himself. Reading between the lines, I see that this nephew of mine has formed his ideas of the city and city life from the shining autos filled with pleasure-seeking people that rush past his father's

home. I believe, too, that he made a short visit to the Western Fair at London a few years ago. I remember that he talked much of the big build ings, of the fine shop windows, the well-dressed people, and the wealth that was to be seen on all sides. Being only a boy, he did not go very deeply into things. He did not realize the great effort required to attain even a moderate amount of wealth in the city. Certainly he does not know how little chance he has of ever making more than a bare living.

I have just finished writing to this boy; a New Year's letter, if you please. My letter will give him a sur-

of my generall supposed prosperity, am going back to the fa. n. I hadn't intended to let any of the folks kn w it so soon, but if my example was going to ake that young fellow from the farm, I decided that the best way to get him to change his mind was to let him know that I had changed mine.

Encouraged to Leave the Farm

It is a part of human nature to discount heavily the advantages that we have, and put a big premium on the advantages that we have not. This was the mistake I made. As I remember myself, I was just an ordinary bright country boy. I say "bright," because I headed the classes in school and was quick to "put my hand" to anything around the farm. I remember that one of my early accomplishments was a home-made windmill that seemed to the neighbors to indicate unusual genius. People began to tell me that I was never intended for the farm. My youthful ambitions were stirred. Equipped with only a business college education, I went off to the city to compete with others just as bright as

By "URBANITIS"

My first years in the city were discouraging ones. Had it not been for my pride I would have gone back many a time. I was just as bright as the majority of those with whom I came in contact, but I had been reared on the farm. Farming was the one thing I could do well. My new associates had been reared in the city. They were acquainted with city life and city ways, and hence had an advantage over me. I persevered, however, and soon things began to get eas.er for me.

A Big (?) Salary

Folks back on the farm think I have been successful. My salary is \$1,500 a year. That looks big to them. So it did to me at one time. They

ternative. I can go back to the farm. I may have lost some of the sleight-of-hand that enabled me to do farm work well when I was in my early twenties. It will come back to me. The little capital that my wife and I have saved by scrupulously counting every cent that went out, will start us on a small place. We will be satisfied with moderate returns and independence. I will know that as my hair greys that no one can put me out of a job, and that no one can step in and take my place so long as I own a little bit of land of my own.

A Typical Wage Slave

All things are not so rosy in the city as many country boys, such as my young nephew, seem to believe. I was sitting in the barber's chair terresserven management and a serven management and a

having a haircut the other day. If I am not greatly mistaken that same barber has cut my hair every two weeks for the last 10 years. He gets practically the same pay to-day as he did 10 years ago. I told him that I was going back to the farm. He, too, was dreaming of a farm, although I never knew it till I mentioned my plans to him. He, however, has never had any experience in farming. He may not know a hoe from a pitchfork. He feels, however, that he would be independent. Probably his dream will never materialize. It will be better for him if it does not. Without any experience in country life, he would

be a more miserable failure on the farm than he has been in the city. I fear that he like thousands of others, will remain a wage slave to the end.

The same day I was walking down one of our main streets with the head salesman of the furnishing department of one of our large departmental stores. His salary was larger than mine. He had a neat little home of his own. He was reared on a farm in Halton county. To him, too, I imparted my ideas of a farm of my own. "Just what I have been thinking of," said he "I have got as far as I can here. From now on I am on the downhill grade. I want to be independent."

The Drink Habit

This man might make a success of the farm. He is a bright fellow with business ability. But he has one bad habit: Occasionally he gets off on a spree. It is very, very easy for the city young man to get the drink habit. You never know how liquor will grip you until you get into the position where it more than tempts you. It is part

(Concluded on page 6)

A Country Boy's Croed

"I believe that the coun ry which God made is more beautiful than the city which man made; that life out of doors and in touch with the earth is the natural life of man.

I believe that work with nature is more inspiring than work with the most intricate machinery. I believe that the dignity of labor depends not on what you do, but how you do it; that opportunity comes to a boy on the farm as often as to a boy in the clty; that life is larger and freer and happier on the farm than in the town; that my success depends nupon my location, but upon my material to the complete of th

I believe in working when you work, and in playing when you play, and in giving and demanding a square deal in every act of life."

make the same mistake as I did. They don't count the extra expense. I pay \$30 a month for a small house on a poor street. Likewise I pay for everything that we eat and wear. There are no fresh eggs, garden "sass," cream, milk, and butter to be had first hand, minus the middleman's profit. We pay middlemen's profit on everything, and by the time you add car fare to the long list of expenses, there is very little left. Then a man who holds a reasonably decent position in the city must keep up an appearance of prosperity if he would hold his job. I have come to see that I will never get very far ahead. When I came to the city I had visions of myself as proprietor or manager of a manufacturing firm or owner of a departmental store. I now know that my salary will be \$1,500 a year or thereabouts until old age overtakes me and I become one of the city's cast-off inefficients. Industry in cities hy become centralized. It requires more capital than I can ever accumulate to start a business

I don't appreciate the idea of being an office slave the rest of my life. There is only one al-

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LET everything be kept decently and in order." Such seems to be the motto of Mr. H. K. Denyes, proprietor of Elm Grove Farm in Hastings Co., Ont. All his outbuildings are neatly painted, a cement walk runs along the front of his horse stable, and the slope of the ground keeps the entrance to the dairy barn dry.

The new barn is a worthy home for his highclass stock: The main portion is 34 feet by 110 feet, and in addition there is a wing 50 feet square. The most unique feature of the barn is the system of ventilation. Tiles have been placed in the walls near the ceiling. A zinc pipe coming through each tile projects downwards for a few inches on the outside. On the inside it runs down the wall to within a foot of the floor. A damper controls the inflow of air. The foul air is removed by the ordinary method of outlets in the ceiling and pipes running up to the roof.

An Improved System

"The system of intakes may look rather awk-ward," said Mr. Denyes, "but they were built to meet a particular situation. I had intended to use the tiles only, but a visit to the Experimental Farm at Ottawa convinced me that the Rutherford system was far superior to the tile method. But the wall was already built. I set to work to think out a system that would be practically the same as the Rutherford, but would not necessitate the cutting of the walls. As a result, I evolved a modified Rutherford system."

"How do you water your cows?" Mr. Denyes was asked. "The windmill pumps the water into a tank in the stable. When we want to water, we just turn a tap and the water flows into the cement mangers. If there is any water left when the cows are through drinking, it is absorbed by the straw fed at the next meal. I was a little dublious about this method at first, but after trying it for over a year I am convinced that it is the best way of watering. You have no bowls to get out of order, overflow, or refuse to work.

"What is you method of calf raising?" was our next question.

"We feed whole milk for the first few weeks," he replied. "If the factory has not started, we gradually change to skim milk. The calves that are raised after the factory has start ed receive a full feed of milk for about a month. Gradually the amount is reduc ed and water an Bibby's Cream Equi valent s u b stituted We commence feed ing grain as soon at they will eat it. They learn very quickly if they are given a little just after their feed of milk."

"We use whole oats for calf feeding. Some years ago we experimented with whole oats and ground oats for calf feed. The former were fed alone and the latter were mixed with pulped roots. To our surprise the calves receiving the whole oats and no roots were slightly better at the end of the season than the lot receiving the mixture. We have fed whole oats ever since, and find it a very handy method."

A p n of growthy young pigs attracted the Farm and Dairy man's attention. "Yes, they are a pretty fair bunch," said the owner in reply to a remark, "And the pork they furnish won't cost much to produce either. We feed pulped turnips mixed with meal. It cuts down the cost very materially, and the pigs seem to thrive.

"That litter is from a Berkshire sow by a Yorkshipe boar. I have found that for feeding purposes a cross is usually superior to a pure-bred. Of course, you can't use them for breeding purposes. The best pigs we ever had were from a Tamworth sow by a Berkshire boar."

Mr. Denyes' watchword is "progress." Anyone who has visited his farm will understand why he is known as a thrifty farmer and successful breeder.—J. R. D.

#### "Safety First" on the Farm

N Middlesex Co., Ont., this fall, a man was burned to death in a silo. The silo filling had just started. A stray spark dropped in the wrong place, and in a minute the barn was in flames. One of the men in the silo escaped.

This sad accident happened during London Rule week. It was much discussed through the cattle barns. An editor of Farm and Dairy, in speaking of the occurrence with R. J. Kelly, found that Mr. Kelly say more in the incident than had most people. "How few people there are," said Mr. Kelly regreefully, "who can keep their heads in such an emergency. They were just starting to fill that silo. It seems to me it should have been possible to have broken a hole through the side farthest from the barn and got that man out. I may be mistaken, but the chances are that the men around just lost their heads."

"Here's another incident to illustrate the same point," continued Mr. Kelly. "There's Jim Stewart, the son of Win. Stewart, the Ayrshire breeder. He lost an arm in the cutting box when they were filling the silo. Had any of the men



A Producer from a Herd that has Bred Many Producers

Boottie's Victoria was highest Ayrehire at Gueiph last month. In three days she produced 174. Blo of milk, testing 4.5 per cent fat. She is from the herd of Jno, McKe Norwich, Ont. a, herd that has often been on the viming line at Gueiph Dairy Test

had presence of mind enough to jump forward and switch the lever, he would have got off with little injury. As it was, they all lock their heads, and it was Jim himself who managed finally to turn off the power by pressing his hip against the lever.

"We need a little more 'safety first' doctrine on the farm," concluded Mr. Kelly. "When we were filling a silo in our neighborhood, it was



A Common Occurrence at This Season
An auction sale of pure-bred stock in York Oo., Ont.
as photographed by an editor of Farm and Dairy.

proposed to fill the chute when the silo was full. I objected. I told them that in so doing they were just making a fire trap. The most of them were inclined to laugh at me, but I had my way. Another source of danger is in jumping into the silo, say after dinner, when the filling operation has been only partially completed. If the silo has been filled just a few inches above the base of one door, there may be five feet or more there in which deadly gases may accumulate. If there is such a gas holding space, it is just as well-to run the blower a few minutes and dispel it before a man jumps in. Oh yes, these are small points. Perhaps they are not very apt to happen often, but they do happen occasionally, and cost a man his life."

#### Feed for the Team in Winter

Samuel Williams, Kent Co., Ont.

The standard feeds of the horse, timothy and oats, are just about the most expensive possible, food values considered. It may pay to feed \$16\$ timothy and \$00\$ coats to a high class driver worked to capacity, but I am convinced that it never pays to feed these two expensive products to farm horses. Perhaps I had better say that it is never economical to feed them. Particularly is this true in winter, when the average

farm team has little to do.

This winter for the first time I am feeding alfalla hay. A little grajn is fed occasionally when the horses have a full day's work to do. At other times they get alfalfa only. So far, the results from this feeding hays heen, good. The horses are in good flesh and although they sweat up easily, are able to do the work we have for them. Some of my neighbors have had more experience in this line than I; they have been feeding their horses on alfalfa through many winters.

recang their horses on alfalfa through many winters. In previous years I have fed the best mixed hay, a large part of it clover, the year round. I find it much ahead of timothy for work horses and decidedly more economical. Of course to constitute good horse feed it has to be nicely cured and clean.

Corn or Oats For Grain

I have done some experimenting with corn versus oats for work horses. I find that if I substitute half the volume of oats usually fed with an equal volume of broken-ear corn that the horses keep in better flesh and do their work just as well as on oats alone. In this part of Ontario at least, 100 bushels of corn can be produced much more cheaply than 100 bushels of oats, and hence the addition of corn to the ration is economical. I also grow a few rows of carrota along one side of the corn field each year, preferring the large white variety. It means considerable hand work to handle the crop of carrots but these, too, can be made to substitute in part for oats. Carrots, too, are an excellent conditioner for horses not doing much work. Did I not have carrots I would not hesitate to feed mangles or turnips. My rule is to feed oats in the morning, carrots at noon and broken ear com at night.

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#### More Acres Not Needed

R. Clancy, Grey Co., Ont.

ET us buy more land to grow more corn to feed more hogs to buy more land," and so forth ad infinitum

This is supposed to have been the motto of the United States farmer. I know from observation that it has been the ruling passion of the majority of Canadian farmers as well. This constant buying of more land has its advantages. It keeps the farmer moving. No chance for him to sit back and take things easy and allow farm operations to get behind when there is interest on mortgage and part of the principal to pay off each year. I have even heard people say that they have never got on so well as when they have had a heavy mortgage hanging over their heads.

But has this craze for more land tended to the best development o' the country? He who runs may see that it has not. In driving through my own county of Grey I can see the results of this craze for more land. Size of farms has been increased to the detriment of the home acres. Buildings have been neglected, fences have been neglected, and community life has languished. I prefer the method of increasing the farm business adopted by an old friend of mine who has been one of my best neighbors for many

It was away back when in his early twenties that this friend had to decide whether or not he would buy more land. He pondered the matter carefully and came to the conclusion that there were two ways of increasing the farm business. One was to produce on more acres and the other to make the acres he had produce more. He decided in favor of the latter course. Almost the first move he made was to set out an orchard and a limited acreage of small fruits such as he could find a market for in the district. From that he proceeded to improve his stock. The poultry department of the farm was increased. To-day he has one of the best producing farms in this section, and he has not one more acre than he started with

After my neighbor had improved the producing end of the farm his attention veered around to what he is now pleased to call the most neglected department of all-the home. The old house that had been good enough for his mother he decided was not good enough for his wife. It was rebuilt, modernized in every particular, and made such a home as any man might be proud of and his wife satisfied with.

What would our rural communities be like if more men were like this young fellow? Certainly our rural population would be larger, less scattered, the rural church would flourish, rural schools would be up to the standard, and there would be a community life and a community spirit worth while.

## Heavy Feeders Most Profitable

R. C. Calman, Elgin-Co., Ont. HE fallacy that "easy" feeding qualities are to be desired in dairy cows was common when I was a boy, but I thought that that old lie had been completely nailed long since. A couple of weeks ago, however, I heard it advanced again, and with as much assurance as might have been used by my grandfather. I was buying cows in a certain county-I will not mention the name for fear of prejudicing myself if I were ever to return-and the cows in several herds were recommended to me because they were "good rustlers" and "easy feeders." They looked it. They were slim-bodied, narrowhipped brutes that did not have any particular weight to carry in rustling and not much body to support under stable feeding. They certainly were not troubled in their rustling by the size and weight of their udders.

My experience has shown me conclusively that it is not how much a cow eats that is important, but how fully she pays for what she does eat. The herd that I started with were good rustlers. The first year cheese prices were good, and yet my cows averaged me only \$30 each for the whole year; \$27 from the factory and \$3 for the butter. With that \$30 I had to feed the cows, house them, and wait on them. But then, they were good rustlers. Oh, yes.

#### An Eye-opener

My eyes were opened when I bought two heavy-feeding, big-uddered cows at a sale in an adjoining township. They were not recommended as rustlers, but the cheese factory cheques of their owner had given his herd a reputation. The feed that those two cows ate was a surprise to me, but the milk that they gave was a greater surprise; so I opened my heart and fed them liberally. One of the cows returned me \$76 the first year and the other \$82. Even had they eaten twice as much as the other cows in my herd, they were still more profitable, as the charges for stable room, labor, and so forth were the same for all. Gradually cows of this type, the heavy milking kind, replaced my good rustlers, and dairying began to appeal to me as a profitable proposition.



An Old Beginner, but Just as Game as the Youngest of Them An Uld Deginner, out Just as takine as the Foungest of anem.

Mr. Henry Weish, Weston, Ont., made his first appearance in a public dairy test when he entered his cow. Sliver Caiamity, acquibe hast mouth. Mr. Weish is 70 years old. didn't know much about feeding for years when he arrived as Gueiph, but he did know a lot more when he left. His cow next when he her cows, all breeds considered. "I am going to prepare for next year just as scone all best cows, all breeds considered." "I am going to prepare for next year just as scone all best cows, all owner, amounced Mr. Weish with apirit, when the results became known, Evidently Mr. Weish and Dairy, "Allow the spirit of you in Pears of the Carlot of the property of the property

I still have the report of the 90-day test at the Columbus Exposition, and the results in that test bear out the conclusions to which I have come from my experience. These cows were arranged in eleven groups, irrespective of breed, according to the amount of total solids produced during the 90 days. It was then found that the cows yielding the largest amount of solids and fat consumed the most feed, but what is of more importance, they gave the largest net profits. The cows giving the smallest yield cost 20 per cent. less to feed, but the net profits from them were 60 per cent, less than from the heavy feeders. For instance, the best eight cows with an average yield of 154.11 pounds of fat, were fed at a cost of \$24.84, and yielded profits to the extent of \$57.41. The four cows of lowest production, 79.29 pounds of fat, cost \$19.80 to feed, and returned \$21.98 in profits. Even these cows, of course, were much ahead of the average.

The heaviest feeder is not necessarily the most profitable. I have had cows like that. The scales. only will locate the most profitable cows in the herd, and they must be used at both ends of the cow. As a general rule, howevr, a heav, feeder is a more profitable cow than a "good sustler."

Consider the Pedigree

F. C. H., Oxford Co., Ont.

N an experience as a breeder covering several years, I have sold quite a few hundred of pedigreed animals, including dairy cattle, horses and pigs. Nothing has impressed me more than the ignorance of the average buyer as to the value of a pedigree and his inability to really consider the merits of a pedigree that he may hold in his hand. I have a few suggestions that I would like to pass on to prospective breeders and buyers of pure-bred stock. It will be a good day for the honest breeder when all buyers are as intelligent as they should be.

One of the most common mistakes is to place altogether too much confidence in the fact that an animal has a pedigree. I have received letters from scores of byyers who state that they will be perfectly satisfied if they know that the animal I am offering them is registered. The poorest of scrubs may be sold to such men if along with them goes an authentic pedigree sheet. Such men are hard to sell good stock to. Being satisfied with anything that is registered, they always buy from the breeders who have the cheapest stock, and, therefore, the poorest stock. Points in a Good Pedigree

No one is safe in buying a registered animal unless that animal comes of ancestry of known

value. In buying dairy cattle, for instance, in considering the pedigree one should first acquaint himself with all of the producing strains of his particular breed. Don't be satisfied with the name of some great in dividual away back in the ancestry of any particular animal. The influence that that animal will exert after several generations of breeding is comparatively s m a l l. At Shorthorn sales I have seen scrubs highly recommended because they traced back to some of the great ani-

mals owned by the Cruickshanks or Bates. What we want are good ancestors in the first, second and third generations back of the animal we are going to buy.

Even then we should not be satisfied. We must have good stock on both sides of the pedigree. At a sale in Western Ontario a couple of years ago, I saw a son of the great Pontiac Korndyke sold for a few hundred dollars. Many were inclined to consider the purchaser fortunate. I did not. The mother of that bull calf was altogether lacking in constitution, and the calf had its mother's weakness in this regard. This is only one instance of an ill-balanced pedigree.

Neither should we be satisfied with good records on the part of the sire and dam only. They may both have been sports, as we call them in the breeding world; and sports are not able to pass on their good qualities. What I look for is uniform high quality rather than sensational records

But then, pedigree is not all. We must consider individuality also. One of the finest Holstein bulls I have ever seen, a champion at many leading fairs, has never had any offspring able to win honors anywhere, either in the show ring or at the pail. That animal was a sport. Beware of sports as you would beware of any other fakir.

BY R. W. BEAL

Much has been said and volumes have been written describing at length the many kinds of baths civilized man has indulged in from time to time. Every possible resource of the human mind has been brought into play to fashion new methods of bathing, but, strange as it may seem, the most important, as well as the most beneficial or all baths, the "Internal Bath," has been given little thought. The reason for this is probably due to the fact that few people seem to realize the tremendous part that internal bathing plays in the acquiring and maintaining of health.

If you were to ask a dozen people to define an internal bath, you would have as many different definitions, and the probability is that not one of them would be correct. To avoid any misconception as to what constitutes an internal bath, let it be said that a hot water enema is no more an internal bath than a bill of fare is a

If it were possible and agreeable to take the great mass of thinking people to witness an average post-mortem, the sights they would see and the things they would learn would prove of such lasting benefit and impress them so profoundly that further argument in favor of internal bathing would be unnecessary to convince them. Unfortunately, however, it is not possible to do this, profitable as such an experience would doubtless prove to be. There is, then, only one other way to get this information into their hands, and that is by acquainting them with such knowledge as will enable them to appreciate the value of this longsought-for health-producing necessity

Few people realize what a very little thing is necessary sometimes to improve their physical condition. Also, they have almost no conception of how little carelessness, indifference or neglect can be the fundamental cause of the most virulent disease. For instance, that universal disorder from which almost all humanity is suffering, known as "constipation," "autointoxication," "auto-infection," and a multitude of other terms, is not only curable, but preventable, through the consistent practise of internal bathing.

How many people realize that normal functioning of the bowels and a

clean intestinal tract make it impossible to become sick? "Man of to-day is only fifty per cent efficient." Reduced to simple English, this means that most men are trying to do man's portion of work on half a man's power. This applies equally to women.

That it is impossible to continue to do this indefinitely must be apparent to all. Nature never intended the delicate human organism to be operated on a hundred per cent overload. A machine could not stand this and not break down, and the body certainly cannot do more than a machine. There is certainly too much unnecessary and avoidable sickness in the world.

How many people can you name, including yourself, who are physically vigorous, healthy and strong? number is appallingly small.

It is not a complex matter to keep in condition, but it takes a little time and in these strenuous days people have time to do everything else necessary for the attainment of happiness but the most essential thing of s'l, that of giving their bodies their proper care.

Would you believe that five to ten minutes of time devoted to systematic internal bathing can make you healthy and maintain your physical efficiency indefinitely? Granting that such a simple procedure as this will do what is claimed for it, is it not worth while accomplish this end? Internal Bathing will do this, and it will do it for people of all ages and in all conditions people of all ages and in all conditions of health and disease. People don't seem to realize, strange

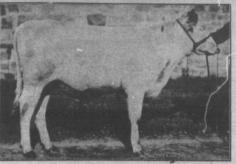
to say, how important it is to keep the body free from accumulated body-waste Their doing so would pre vent the absorption into the blood of the poisonous excretions of the body the poisonous excretions of the body, and health would be the inevitable re-

If you would keep your blood pure your heart normal, your eyes clear, your complexion clean, your mind keen, your blood pressure normal, your nerves relaxed, and be able to enjoy the vigor of youth in your declining years, practice internal bathing, and begin to-day.

Now that your attention has been called to the importance of internal bathing, it may be that a number of questions will suggest themselves to your mind. You will probably wan to know WHAT an Internal Bath is, WHY people should take them, and the WAY to take them. These and countless other questions are all answered in a booklet entitled "THE WHAT THE WHY and THE WAY OF IN. TERNAL BATHING," written by TERNAL BATHING," written by Doctor Chas. A. Tyrrell, the inventor of the "J. B. L. Cascade," whose lifelong study and research along this line make him the pre-eminent author ity on this subject. Not only has in-ternal bathing saved and prolonged Dr. Tyrrell's own life, but the lives of multitudes of individuals have been equally spared and prolonged. No other book has ever been written containing such a vast amount of practical information to the business man the worker and the housewife. Al that is necessary to secure this book is to write to Dr. Tyrrell at Room 395, 280 College Street, Toronto, and men-tion having read this article in Farm tion having read this arriver in and Dairy, and same will be immediately mailed to you free of all cost or obligation.

Perhaps you realize now, more than yer, the truth of these statements, and if the reading of this article will result in a proper appreciation on your part of the value of internal bathing it will have served its purpose. What you will want to do now you will want to do now is to avail yourself of the opportunity of learning more about the subject, and your writing for this book will give you that information. Do not put off doing this, but send for the book now while the matter is fresh in your mind.

while the matter is freah in your mind. "Procrastination is the thief of time." A thief is one who steals something. Don't allow procrastination to cheat you aid of your opportunity to get this valigable information, which is free for the saking. If you would be natural, be healthy. It is unnatural to be sick. Why be unnatural when it is such a simple thing to be well?



A Study in Type and Breeding-The New Herd Sire at McDonald College Pontiac Segis Dayl'eate Ret Loo has just recountly been selected by Prof. Barrion to head the lined at Macdonald Soliege. This young size comes from the Seat producing recount of the profit and the profit of the

The Call of the Farm to the Wage Earner

(Continued from page 3) and parcel of the easy babits of great city, where people are over-worked, under-exercised, and mentally oppressed. The country boy who be-lieves that he will pull through, that he will win because of sobriety and industry, may well consider the fact that hundreds of boys just as sober and in-dustrious as he have fallen into the drink habit; for the artificial life of the city breeds bad habits.

Just one more instance of the several that I quoted when writing my nephew. I made some alterations recently in the plumbing of my hou I got into conversation with the head plumber. Here is his story: "I get into conversation while the conversation will get the conversation of the conversation 81,000 a year. That is about as much as a tradesman can get. Most of us get much less. If we take a single holiday we lose our day's pay. frequently we are out of employment through no fault of our own. the savings of previous months disappear like light air. My wife and I managed to save about \$200 year by scrimping at every point. A season of hard times would use up the

I don't know what the average wage of the city worker is. Those who get as much as I do, \$1,500 a year, consider themselves very fortunate. nephew would stand a small chance of securing such a salary. Few country boys would. The labor market is over supplied. Without any special training he would not be able to take up a special line of work. He would have to enter that class where competition for jobs is most severe—that of the unskilled laborers. If my persuasions count for anything, my nephew and I will soon be neighbors up in Huron county.

Many Farm Homes Desire to Adopt Belgian Children

(Continued from page 2)
Scott advised me to see Mr. G. Bogue
Smart, Chief Inspector of the Dominion Government of British Immigrant Children, and telephoned to Mr. Smart and arranged for me to meet

A Child's Enthusiast

Mr. Smart is very enthusiastic in regard to the work that he has in He has entire charge of hand. He has entire charge children supervision of all immigrant children brought from the Old Land to Canada. The societies in the Old Land which

to inspect the children ver to inspect the children very care-fully, to ensure none but bright, healthy children being allowed to come to this country. When children prove failures the expense of bringing them out is charged back to the society, which ensures their taking the great-est possible care in the selection of the children they send. Mr. Smart has under his di detion a number of very has under his direction a numb inspectors in different parts of Canada who visit the children after they have been placed in the different comes. Thus the welfare of the children is thoroughly safeguarded. He stated that 95 per cent of the children thus He stated placed turn out satisfactorily

Mr. Smart suggested that in event of its being found impracticable bring Beigian children to Canada, that many of the readers of Farm and Dairy might like to adopt the or-phaned children of British soldiers. In this connection he stated that he had heard that several hundred of the phanages in Great Britain and that many of them would probably be sent to Canada before long. He intimated that Farm and Dairy could count on that rarm and Dairy count counts on his assistance is every way possible in helping its readers to obtain bright, healthy children and gave me the name of an English gentleman who is direct y in touch with this work and to whom I have already written for information

Some Children Already Placed Our Folks will remember that some two weeks ago I published a reference to a letter that had been received from Rev. E. C. Hall, of the Children's Aid Society, Oshawa, who mentioned that they had several children in the home at Oshawa for whom they were anxious to find homes and also told their ages. Since the publication of that issue have received letters from two of our readers who are anxious to adopt son of these children. I sent these appli-cations on to Mr. Hall. Mr. Hall replied that he had already received seven or eight applications as a result of that article in Farm and Dairy, in consequence of which homes had been found for all the children from 11 to 13 years of age, and he had been forced to send the extra applications on to some of the homes at other points in Ontario. Mr. Hall con-ciuded his letter by stating: "We have some dear little boys two years, four years, five years and eight years supervision of all immigrant children old for whom we would like to find brought from the Old Land to Canada. homes. I greatly appreciate the help The societies in the Old Land which of Farm and Dairy, and trust that I send children to Canada are required may be able to obtain for some of

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your readers who have written me such boys as they want." Many Applications Received

Many Applications Received
Applications for children are still
journing in on Farm and Dairy. In
last week's issue I stated that applications had been received from Prince
Edward Island to the extreme southwestern points of Ontario. Since then
the west has been heard from, as applications for children have been reproperties of the state of the state of the state
account of British of the state of the state
coast of British. One of the Facilia
coast of British of the state of the state
in Itanitoba writes: "I am aute that
there will be many good house that
will be the better for obtaining one or
more of these dear little ones. We
have a family of six. The oldest is 22
years old and the youngest is 12 years,
and we will gladly take two of these
tittle ones. I would like a boy or girl
or two boys, brother and sister, or two
brothers about eight to 10 years of
ags. We are farming 600 acres and
they will have plenty to interest
them. Another interesting letter has been

received from a lawyer living in a village in Eastern Ontario. This lawyer states that he is the attorney for an unmarried woman who would for an unmarried woman who would like to adopt a boy or girl from five years to 10 or 12 years of age. This woman has a farm of 200 acres and woman has a farm of 200 acres and woman has a farm of 200 acres and would see that the children were given yould see that the children were given in time inherit a part of the estate. Space does not permit of my giving extracts from more letters. Every mail brings additional applications, and all express the same desire to help needy children who are suffering as a result of Europe's awful war.

#### Coming Events

Annual convention of Western On-tario Dairymen's Association, St. Thomas, Jan. 13 and 14. Annual meeting of Ontario Agricul-tural and Experimental Unios, Jan. 11, 12 and 13.

Ottawa Winter Fair, Ottawa, Jan.

Annual business meeting, Canadian Forestry Association, Ottawa, Jan. 19. Apiculture Short Course, O.A.C., Guelph., Jan. 12 to 23.

## The Experimental Union

The annual meeting of the Ostario Agricultural and Experimental Union will be held at the Ontario Agricul-tural College, Guelph, on the 12th and

win be heid at the Cintario Agricultural College, Guelph, on the 18th and 18th of January.

"Particular attention will be given this year to the increased production this year to the increased production of food stuffs. There was never a time in the history of the British Empire when such close attention should be given to increased production of be real necessities of life. The following are some of the subjects which lowing are some of the subjects which lower the subject in the subject with the subject of the subject with the subject with

lend, Austrana, Councillant etc. Cheap rates have been arranged for on the certificate plan. For fuller particulars and a copy of the program apply to the Secretary, C. A. Zavitz, Agricultural College, Guelph, Ont.

One of the fullest and most prac-One of the fullest and most practical books dealing with fruit insects that has yet been issued is the Manual of Fruit Insects, by Slingerland and Crosby, of the New York State College of Agriculture. The life, history, methods of identification and control of all fruit insects known in America are dealt with in this new manual.

50 HEAD Breeding Back-ed by Records.

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- Basic Slag has been introduced into Quebec during recent years and the consumption increased last season to six thousand tons.
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SUBSCRIPTION PRICE, \$1.00 a rear. Great Britain, \$1.20 a year. For all countries, except Canada and Great Britain, and 500 for postage ADVERTISING RATES, 12 cents a line flat, \$1.60 an inch an insertion. One page 40 inches, no ecolumn 12 backs. Copy received up to Saturday proceding the following weeks issue.

UNITED STATES REPRESENTATIVES STOCKWELL'S SPECIAL AGENCY Chicago Office-Peoples' Gas Building. New York Office-Tribune Building. CIRCULATION STATEMENT

The paid subscriptions to Farm and Dairy exceed subscriptions to Farm and Dairy exceeding the subscriptions of each issue, including subscriptions of each issue, including subscriptions are not subscription and the subscription are accepted as less than the full subscription rates. The subscription is subscription are accepted as less than the full subscription rates. The subscription is subscription is subscription and the subscription is subscription. The subscription is subscription in the subscription is subscription in the subscription in the subscription is subscription. The subscription is subscription in the subscription is subscription.

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The Rural Publishing Company, Limited PETERBORO, ONT.

"Read not to contradict and to confute, nor to believe and take for granted, but to weigh and son-sider."—Bacon.

#### A Milking Machine Caution

T HE mechanical milker is now performing its twice-a-day chore satisfactorily on hundreds of Canadian farms. Its value as a laborsaver has been demonstrated. It is only a question of time until every dairy farmer with a fairsized herd will consider a milking machine as essential a part of his equipment as a binder or mower.

Just at this time when the milking machine is becoming popular, let us utter a word of caution-the milking machine will never be popular with city health officers unless greater sanitary precautions are taken in their use than has been the case up to the present. The attitude that the city health inspectors may take towards the machine is important, as an increasing proportion of the milk and cream produced in Canada is being used for city consumption. At the same time cities are extending their control over the production of this important element of their food supply, and it is only right that they should do so.

Government experimental stations have produced clean milk with the achine. The average dairy farmer has not. In New Zealand even the cheese and butter makers are becoming hostile to the machine-milker product, claiming it to be so badly contaminated that a high-class butter or cheese cannot be made from it. At Macdonald College recently bacteriological tests were taken of milk drawn by machine and by hand on farms supplying Montreal with milk. single comparison typical of others may be given. In the "agar" count 700,000 bacteria per cubic centimetre of milk were found on one farm on which the milking machine was used. The average of six farms in the neighborhood where the cows are still milked by hand showed a bacteria count of 36,000. The "colon" count showed 600 bacteria per c.c. in machine milk, as compared with 230 per c.c. as the average of the six

neighboring farms. On not one of the nine farms visited on which milking machines are used could the milk be classed as good from a . bacteriological standpoint.

It is evident that when the milking machine is adopted it must be a case of not less sanitary precautions, but more. Irresponsible milking machine agents who put forward the argument that, as the milk is not exposed to the air when passing through the machine, it is necessarily clean, give advice that must not be taken too seriously; at least, not if the milking machine is to be a factor in the production of milk for the high-class city trade in Canada.

#### Dollars Are Lost

WHEN half the oat crop is hailed out the unfortunate farmer pities himself, and receives the sympathy of all his luckier neighbors. So, too, when one loses by theft. A Wellington county farmer had a flock of fifty fine turkeys all ready for the Thanksgiving market. The night before they were to be slaughtered, forty of them were stolen. The whole neighborhood was up in arms with righteous indignation.

When we lose through the vicissitudes of nature, or the dishonesty of neighbors, we are not to blame. Some of us, however, are deliberately robbing ourselves. Such a one is he who allows half the value of the manure to leach away in the barnyard. Such a loss is just as true an indication of bad management as the loss of half the grain out of the bags on the way to the mill because of neglect to patch the holes. The dollars may not be lost so directly in the leeching process as in the leaking process, but lost they are. That fertility placed back in the soil would make more bushels of dollar wheat or fifty cent oats than the soil can ever make without it. Financially speaking, there is no difference between robbing yourself and being robbed by others

## A Dual Purpose Enthusiast

LL breeds of cattle are dual purpose breeds. This is a point we sometimes forget in discussing the relative merits of special purpose and the so-called dual purpose breeds. The situation was so well put by Mr. Jas. Rettie in the course of a recent conversation that we reproduce an extract herewith:

"The Holstein is a dual purpose animal," said Mr. Rettie. "The only difference between we Holstein breeders and the Dairy Shorthorn men is that we put the emphasis on the milk and they put the emphasis on the beef. So far as milk producing abilities are concerned, there is no argument. In my own herd of twenty-five cows, and five of them two-year-old heifers, we realized an average of \$140 each for milk last year at condensory prices, and this in addition to the liberal quantities of milk that were used in raising calves. Now for the beef side of the argument. I sold three cows recently, which for one reason or another were of no more use in the dairy, to the butcher. He paid me \$100 to \$110 each for these cows. When I must discard cows, I can sell them for as much as the dual purpose fellows. In fact, one dual purpose fancier just told me he sold three dual purpose cows for \$160, or less than I received for mine. My experience leads me to believe that Holstein steers will grow just as rapidly as Shorthorn steers, perhaps more so. It seems to me that dual purpose cattle, with the emphasis on the milk, are the most profitable. For this class of dual purpose animal I am an enthusiast "

Advocates of the dairy Shorthorn, Red Poll, and other dual purpose breeds so-called, have a habit of talking as if cows of the more distinct dairy breeds must be sold to the fertilizer factory when their use in the dairy is past. This is a

mistake. Bairy sews may be fattened and sold for beef. Dairy steers in experimental tests bave made gains as rapidly and as cheaply as steers of any breed. If they will not realize as much a hundred when sold, we must remember that the beef bred steer would have to realize a premium many times as great as he now does to counterbalance the superior milking qualities of the dams of the dairy bred steers. Farm and Dairy does not wish to be construed as advocating the rearing of steers of dairy breeding. We are merely pointing out that they may be raised with more profit than Shorthorn steers if the production of the dams is also taken into consideration. He who has a good dairy herd would be ill advised to change to the Dairy Shorthorn because of the questionable advantage of breeding his own feeding steers

#### The Tarriff and Food Imports

HE American farmer, be his home in Canada or the United States, has little to fear from outside competition. He has always competed with the world in the marketing of his produce, and he can continue to do so. Leaning on the tariff is not his natural attitude. He can stand firmly on his own feet.

Take the meat situation in the United States as an instance. When Wilson talked of reducing the tariff on feedstuffs, stand pat protectionists appealed to the farmer for help. They assured him that his markets would be ruined by Argentine competition. The United States market has now been open to Argentine for many months. In October, 1913, 2,069,794 pounds of fresh and frozen meat were imported from that country. In De ober the imports totalled 9,440,448 pour , and the total for four months was 24,45 944 pounds. In the same time 17,729,621 pounds of beef were imported from other countries, except Argentine. These quantities look large, but when we consider that the present beef production of United States for one year is estimated at somewhat less than 7,000,000,000 pounds and the imports of fresh and frozen beef from all countries at the present rate would amount to two per cent. of the national production and the imports from Argentine about 1.3 per cent... we see that the competition is not so serious as would appear at first sight. Farmers who were lined up on the protectionists' side have now found that the fear which drove them into the ranks and the stand-patters, was largely illusionary.

Take another instance-corn in Canada. Protectionists would have us believe that if the barriers were removed from foreign produce our markets would be glutted. If there is any one foreign grain with which we might fear to compete, it is corn. The United States is the greatest corn producing country in the world. Argentine, too, has large quantities of corn for export. But on corn the barriers have been down for years. Corn for any purpose other than distillery uses may enter Canada free of customs taxation. And yet the corn producing counties in south-western Ontario are going ahead by leaps and bounds and the corn production in Canada is continually on the increase.

The scare cries circulated through the laud have but little basis in fact. The firm markets for both beef in the United States and for corn in Canada disprove any amount of theoretical reasoning on the necessity of tariffs to protect the former. And would not Canada be much better off if all industries were as self-reliant and independent as is that of farming?

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#### Swine Pointers

Hogs utilize a great deal of feed that would otherwise go to waste. Here is the secret of profitable piraising. Profits depend on manage-ment and better management is pos-sible with small herds.

ment any octer management is pos-sible with small herds.

About one man in 10,000 can take hold of a big feeding proposition and make is pay. Pigs show to best ad-vantage as a by-product on the farm.

The plunger won't make money out of pigs. The men who make money out of pigs are the ones who stick con-sistently to their breeding year in and year out. When markets are high they reap the benefit. When markets are low they are not over-toaded. Even at low prices hogs furnish a good market for home grown grains. Hogs go down but then eventually come up again, so stay with the business. with the business.

"Business as Usual" and "Quality Better than Usual" should be the slogan of the hog breeder and feeder to-day.

#### Age to Breed Sows

There is quite a difference of opinion in regard to the age at which a sow should be bred. A good many breed the sows so as to have them farrow when about one year old, and have good success. To raise pigs auccessfully there is one thing certain, we must breed from mature sows, and my idea is that no set rule exists in regard to the age at which the sow should be bred the first time, dore depending upon the maturity of the animal than its age.

pending upon the maturity of the ammal than its age.

Although I never had a sow bred at this age, I have heard hog men of good authority say that sows may be bred when they are either eight of the months old, and if fully developed it months old, and if fully developed to the same its name of the months old. 14 months old, and if fully developed the younger age is usually the better. But a sow at the age of eight months that has been properly fed and cared for ahould weigh from 180 to 200 pounds and at this weight, if well developed, she should produce a fair litter of viceous vice.

developed, she should produce a fair litter of vigorous pigs.

If the sow is a good mother I should retain her as a breeder as long as abe will breed, raising two litters a year. Provide comfortable quarters in both cold and warm weather. Don't be asings with the bedding, or neglectful about cleaning out the pen, especially the feeding room.—Rural Life.

#### A Place for Old Lumber

Here is a small quirk in farm man-Here is a small quirk in farm man-agement; a suggestion on what to do with odd pieces of lumber. Nail slats under the joist over the imple-ment house, or in some other conven-ient place and slide old pieces of lumber over these alats and under the floor above.

the floor above.

The biggest part of a simple repair job on the farm is often locating a piece of lumber to fit. If odd lumber is kept in piles it is often necessary to tear a pile to pieces before we find what we want. Following the plan that I have suggested, it is easy to locate the piece that will most nearly meet our requirements without any great amount of handling.—F.E.E.

A startling proportion of diseases among farm animals are caused by poorly lighted, ill ventilated and damp stables.

## "MAPLE LEAF" OILWCAKE OR NUTTED

FEED IT WITH EVERY MEAL

CYERY MEAL

Creat Brisan craid never have
statined its eminement of the dairy produces without Linesed
dairy produces without Linesed
cakes. On the larger farms, one
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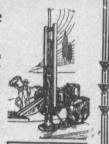
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8	Wheat	11.9	2.1	71.9	
8	Barley	12.4	1.8	694	а
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	Bran	15.4	4.0	53.9	
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## OUR · FARM · HOMES



TT is better to be wise and not to seem so, than to seem wise and not to be so. -Plato.

## A Matter o' Business

ALBERT G. MACKINNON (Continued from last week)

S OME days later Wattie sauntered into the joiner's show in S into the joiner's shop in the vil-lage. He chose the hour when the apprentices were away for their dinapprentices were away for their manner, and Big Rory, as he was locally known, was busy finishing some extra work. Rory McCallum was a hard working man and was skilled in his trade. He was reputed to have made lots of money, and no wonder, for he toiled incessantly, allowing himself but half time for meals.

His home was guarded by two sisters. Both were tall, bony and masculine. When Rory left his workshop and passed into the house he became and passed into the house he became their prisoner, and did not reappear from custody until daylight called him to his task. On Sundays they walked one on each side of him to church, and he sat between them in the pew. Many pitied him, some blamed him, but all agreed that now he had not the spirit to break his bonadage. "That's gey sad news aboot Mis-tress McLeod," said Wattie, seating himself on a nile of boards. "The

himself on a pile of boards. "The Laird is pittin' her oot at the term.

The big joiner took a firmer grip of his saw and drove it with more fierceness than skill through the wood

e was cutting.
"If the Laird does that he'll repent

o' it," was the surly answer,
"Weel, that wull no dae Mrs. McLeod muckle guid. She'll be o'er the

seas lang afore then."
"What for shud she leave the parish," asked Rory, looking round with

anger on his visitor.

"You're forgettin' her son Airchie oot i' Alberta," responded Wattie, as he began to whittle a piece of stick

with a knife.

"An' what kind o' hame wull that be for his mither?"

"A shack wi verra leitle comforts for ony wumman, forbye ane that has been brocht up like Mistress Mc-Leod," was Wattie's reply. Then he continued, as he casually turned the stick over in his hands. "It's a gey cauld place i' the winter. Just this ho's satty degrees o' frost. Mon, Rory, she'll no stand it at her age."

"She's no sae auld as ye're makin' oot," interrupted the joiner with some irritation in his voice.

"Maybe, but onyway I'll no gie her lang o' that climate. The fact is at-ween oorselves, Rory, it wull be the death o' her." death o' her.

The joiner by this time had laid down his tool. He was no longer to

The joiner by this time had laid down his tool. He was n. longer the for work. Besides, his big, clumsy brain was beginning to think.

"Ay, it's murder," he said slowly,
"an' Till till the Laird sae myse!"

"Ye'll dae nae guid but only anger him. His mind is made up. He's, gaein' tae tak' Lochbend intin the hame farm, an' I hae no doubt, if he's let alane, he'll gie the mistress fair couppensation. Noo, what you an' I hae got tae do is to try an' be o'

some kind o' practical help tae her; some kind o' practical help tae het; an' that reminds me o' what brocht me here. I hae made up my, mind lag gie her the chests she'll be need-in' for takin' sot her things, an' I'm goein' tae gie ye the order for the makin' o' them. Mind ye, they are tee, he o' the verra hest material an' tae be o' the verra best material, an ye'll hae tae do it reasonable."

"What size o' boxes wull ye be wantin'?" asked Rory in a half-ab

wantin'?" asked Rory in a half-ab-sent minded sort of way.
"That's just it. I canna tell ye mysel'; but ye'll gang up there the nicht tae Lochbend an' see the mis-

snapped Sarah. "Standing a' efter-noon daein' nothin' but starin' oot o' the workship seems tae hae gi'en a greater appetite than workin'. We Weel wull just be a' the sharper for anither half an hour's waitin'

When the meal came it was another silent one, and Rory seemed as anxious to have it over as he was to get it. When they rose from the table

"See here, Rory, I want ye tae hold this skein o' wool for me while I roll it into a ball."

Ye'li hae tae wait a wee, as I'm

gaein' up stairs the noo."

It was the first note of rebellion on the part of the younger brother, and his sisters looked after him in amazement as he left the room.

"What can he be after the nicht?" remarked Sarah to Betsy ten minutes later. Rory's bedroom was over the dining room, and as the house was old, they could hear every footfall

"He's pullin' oot drawers as if he were dressin' himsel'," was the an-swer in tones of suspicion.

Swer in tones of suspicion.

Could they have looked through the ceiling they would have been dumbfounded at the actions of their brother. He was standing before a mirror, and on his table lay a selection of neckties, which he had long been for-bidden by his sisters to wear on the Sunday because of their color. He had chosen the flashiest of the lot, and with bold determination was tying it into a neck-knot.

When at last he was dressed to his

satisfaction he very quietly opened his door and began to creep stealthily



Not Lars antious but Comfortable and Homelike The Tom Graham, Peterbore Co., Ont.

tress, an' tak the measurements. She's ae get a' she wants, and ye maun be quick aboot it, or ye'll no get your tae get a

"Ay, I'll gang the nicht," said Rory

"Ay, I'll gang the nicht," said Rory in a voice that sounded far distant from his thoughts. When Wattie was gone the joiner went mechanically on with his work, and forgot all his dinner, until the strident voice of Sarah, his sister, startled him from the doorway, "What are ye' standin' glowerin' at when the diraye has been said; these

when the dinner has been ready these ten meenites. Come awa' this in-stant an' no keep Betsy an' me wait-

Big Rory followed meekly; but the meal was a silent one, and the sis-ters little guessed the resolution that was forming within the stolid head of their brother.

of their brother.

All the afternoon he was in the same mood, and the apprentices began to take liberties, until to their astonishment he told them to go home an hour before the usual time.

"Is the supper no ready yet?" Rory asked impatiently of his sisters as he entered the house before even a cloth was laid on the table.

"What's a't he hurry the night."

"What's a' the hurry the nicht "

down the stairs. But it was impossito keep the boards from creakin under fourteen stones' weight. ad almost got to the bottom and was almost in reach of the front door, safe ty and liberty, when his sisters emerg-ed from the dining room and confronted him with stern faces of disap proval.

"What on-going is this" asked Sarah sharply, as if her brother had committed an unpardonable sin.
"My word! he's got his Sabbath

cla'es on," Betsy joined in.
"I'm gaen 'oot," said Rory boldly, although his courage was beginning

to sink.
"Is there a Kirk meetin' or coffin'
the nicht?" Sarah demanded, for these were the only occasions that justified his "blacks" at such an hour. "No, it's a matter o' business," re-

joined the brother sturdily.

joined the brother sturdily,
"It's a queer time for a matter o'
business," was Betsy's exclamation.
"Wattie McNab has gi'en me an
order, an' I'm gaein' for measurements."
"No' in yer 'bests' onyhoo," commanded Sarah in tones of authority.
"Ye're no tea spoil yer Sawbbath suit
wi' warkin' in it. If ye hae tae gang

tae Wattie's for measurements pit on

ver auld things."
"No, I'm gaein' as I am," replied
Rory, takin' the law into his own hands for the first time, and feeling the exhilaration of it.

The sisters listened as he went down the garden path and turned on to the high road.

"He's no gaein' tae the village or Wattie's. He's awa' up the hill to-wards Lochbend," was Betsy's com-Wattie's.

ment.
"It's the first time I ever heard
Rory tell a lee. What wad oor puir
mither say?" Sarah exclaimed, with
tragedy in her voice.

Meanwhile Rory was striking along Meanwhite Rory was striking along with no conscience to prick him, for he had said nothing but the truth. When he reached the entrance to Lochbend farm again he felt a tremor at his heart, but to turn back now and face his sisters was much worse than to go on.

"Wattie has sent me tae tak' measurements for packing cases," was how he introduced himself as he held out his hand to the widow. "
greived tae hear ye're thinkin'
leavin' us."

They were standing alone in the little parlor of the farm-house, where everything from the carefully dusted ornaments to the neatly arranged papers on the table seemed to Rory part of the woman before him.
"Yes, I cannot understand what the

Laird means by putting me out; for he has always proved himself a kind friend, and it will break my heart to friend, and it will break my heart to leave the parish where I have lived all my days." As Mrs. McLeod spoke, tears welled into her eyes, and it was the sight of them that broke the last barrier of reserve in Big Rory's

"Mary," he stammered, "there's nae need for ye tae leave the parish. If ye'll let me, I'll build a better hoose than ye've ever had, an' among yer ain folk who a' respect ye. Only ye maun tak' me wi' the hoose, Mary. I'm tired o' livin' at hame wi'-wi my sisters, an' if ye dinna help me there's no anither wha wull. Ye ken hoo fond we were o' each ither when we were boy an' girl. See, dae ye remember the rose ye aince gave me? Here it is," and the joiner took from a flap in his pocket-book a piece of paper with a crumpled rose stem. "I have na changed, Mary, except on the ootside," he added awkwardly.

She let him lead her to the sofa and they sat down hand in hand, forgetting how many years had flown since the childish days when they had been

the childish days when they had been inseparable companions.

"There'll be no need for measurements the nicht," said Rory with a smile, as at a late hour he left Lochbend, "an' Sarah wull get the surprise o' her life when she hears o' the matter o' business I've had in matter o' haund."

But Rory had no fear as he stepped briskly down the hill, for he knew that now he had the support of another woman who to him was the best

other woman was to film was the best in all the world. The only one who was not sur-prised at the news was Wattie. The Laird laughed when he met him a

Laird laughed when he met him a few days later.

"You have just been making a pawn of me, Wattie," he said.

"Ay, a king's pawn; for unless you had moved, Big Rory wudna hae captured his queen."

—The Eastern Farm and Home.

...

The best that we find in our travels is an honest friend. They are the end and the reward of life. When we are alone we are only nearer to the absent ...

I enjoy every bit of Farm and Dairy, but rejoice over the sight of some mild styles to choose from in contrast to the hideous things mostly seen these days.—Miss E. A. O'Neill, Prince Edward Co., Ohr.

"The These the day

Christ s true, as wrong a earth. We al They ma see them

own hom In the apologize she had and said one that dignity : dren, bu working. about he were leav weeks-old You litt sister who of loving into the is in jail

In anot woman w wants wor the used then could since the that not the childr out, so we poor thing stole her i As our

eople and them, may get work i it, and al Sane E

Mis. Jame I am a c the cook her cooker enough," whose boz more accep anyone els this expres liever in t better one the cook is

her family.

There is these two the one to tion in all ject of die cook filled meal with filled the and boys family part petite dem nature wes course con foods, calcu satiated ap ers to eat

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These words are as true now as on These words are as true now as on the day so many years ago, when Christ said them, and they will be true, as long as there is oppression, wrong and injustice upon our fair

We all have some poor neighbors.
They may not be where we can often
see them, but if we will to know, we
can find them near, very near, our own homes.

can find them near, very near, our cown homes.

In three small, dark rooms was found a slender 14-year-old girl, who apologised for looking untidy because she had just finished the scrubbing, and said: "No, I do not know of anyone that needs help"; then added with dignity: "There are five of us children, but ma goes out all the time working." She evaded questions about her father, but as the ladies were leaving she handed over the two weeks-eld baby with an endearing "You little terror, you!" to a little were leaving she handed over the two weeks-eld baby with an endearing and the country of the cou

wants work and clothes for her baby. She used to earn \$12 a month, and then could manage nicely, but now aince the war she gets only \$8 and that not regular. Of course me and the children can't see them owned to be and the children can't see the said in an awed tone: 'No wonder the poor thing has had bad luck. She stole her mother's wedding ring to be marked with.'

marred with."

As our Saviour lived among such
people and worked for them and loved
them, may each and every one help to
get work for those crying pitifully for
it, and all the necessities for those
needing them so sorely.—I. H. N.

## Sane Eating Segets Health

Mrs. James Putnam, Brome Co., Que. Aims Putnum, Brome Co., Que.

I am a one time believer in the old
maxim that the best compliment to
the cook is opartake liberally of
her cookery. "My boys just can't eat
conough," says the proud mother,
whose boast is that she can cook
more acceptably for her family than
anyone else could. You have head
this expression dozens of times. So
have I. But I am no longer a believer in this old maxim. I have a
better one: "The best compliment to
the cook is the health and vitality of
her family."

There is a big difference between these two maxims. The change from the one to the other means a revolu-tion in all of our ideas on the sub-ject of dietetics. The old fashioned cook filled in the first course of the cook filled in the first course of the meal with the plain materials that filled the hungry men and women and boys and girls. Of these the family partook of as much as the ap-petite demanded The demands of nature were satisfied. The second course consisted of more appetizing foods, calculated to attract the already

The Upward Look

"Our Poor"

"The poor always ye have with you."—John xii, 8,

We are healthier now than we were when I was tempting the appetites of my family with sweet and highly seasoned cookery. Our living expenses have gone down. It may be hard to believe it, but it is true, that our meals are more appreciated than they were before, as we bring to the table a healthy appetite. If there is one idea I would like to impress on other women who like myself, must do they women who like myself, must do their own housework in addition to cooking for a large family, it is that simplicity in eating begets health and reduces labor.

#### Recreation and Relaxation

Mrs. J. McIntyre, Welland Co., Ont. Do we women in the country plan our recreation and relaxation from our recreation and remaining room household duties as carefully as we plan our work? I suppose those of us who consider that we have system down to a science can answer in the affirmative. The majority of us, I believe, are too apt to let the recreation side of our life drift along and allow it to just happen when circumstances

We all know that work is a good thing, but it is the right of all that recreation should be intermingled with the work. One way in which we should seek a diversion from wors is should seek a diversion from wors is that of getting out amongst other women. Let us make it a point to go to town at least two or three times amonth. We should all belong to some church and social organisation as well. There we will meet with other

well. There we will meet with other women, converse with them, forget our own little worries and unconsciously take on new thoughts which will sorve to make us broader minded. The rural telephone has made a wonderful difference in our homes. How a chat over the 'phone on a rainy day or when one has a fit of 'the blues' makes things take on a bright er aspect. After a cheery conversation with a neighbor we go back to our work with new view and obseased. our work with new vigor and pleasant thoughts to divert our attention from little worries that are continually

Think too that every woman should plan to entertain to a small degree at least and to visit her friends. While visitors may mean a little extra

While visitors may mean a little extra work and if, in making a visit to a neighbor, we have to put off some of our household duties, as a rule noth-ing very detrimental occurs and we are much henefitted by the diversion. Rural mail delivery has also made things more congenial for we farm women. It is easily possible nowadays to receive the daily papers, as well as various magnaines, which enable us ty keep in touch with the live topics the day, and by keeping up our read

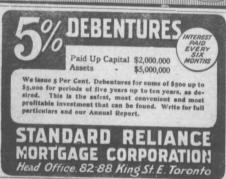
the day, and by keeping up our realing we keep our brain active.

The true homemaker finds the greater part of ber pleasure in the home life, and it should be the aim of both husband and wife to make that home as confortable and happy at ...

## The Noiseless Trumpet

foods, calculated to attract the already satiated appetite and cause the diners to eat of this course, in addition to what they really needed. Such was my table a few years ago. Now things are changed. We have all trained ourselves to eat in proportion to our needs. Cakes, pies and unddings, which represented an immense amount of work, have been almost entirely done away with. I find An old Scotch lady was compelled







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Now that the Ohristmas rush is over Now that the Obristmas rush is over, we can devote more of our time to the home sewing. No doubt in the majority of extent neglected during the inst few weeks, and all spare moments have been engaged in working and planning for the Ohristmas season. Things are settling down, however, to the untail routine, and the sewing will again and its account of the observation of the controlled the sewing will again and the account of the controlled the sewing will again and the account of the controlled the sewing will again and the account of the controlled the sewing will again and the account of the controlled the sewing will again and the account of the sewing will again and the account of the sewing will again and the account of the sewing will again and the sewing will again and the sewing will again and the sewing will be sewed to the sewing will be sewing the sewing will be sewed to the sew of the sewing will be sewed to the sew of the sewing will be sewed to the sew of the sewed the sew of the sew of the sewed to the sewed the sewed the sewed to the sewed the

down, however, to the usual routine, and the sevine will again find the acoustometh the sevine will again find the acoustometh the sevine will be severed to severe and both portion of a dress of severe and body portion of a dress of severe and severe will be severed as a severed as a

curf. Notice the new officer in the illustration schewing the back year of this continue. Out in three classes for misses 1st. I and 13 years, and in four sizes for ladies: 2st. I also the property of the p



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Chiclets

Januar

Practic patro ery one m ter, relate Dairy Rec and forgot but the bu some work spied the quested the the tobacco churning o excused his Nothing m the patron his way, t was as bad to make o to it, or e outside, and an expert in know. Th he came to he was ver, out of sigh

One day of creamery for stepped into being notice was busily into jars. notice the him what I had a pecu them, and that the bu pipe firmly To make a I can readily felt when I make a mak maker smok ery, who a control to keep his the buttern through the was a case what he pre that the pa what little

the butterm We don! in the crean tobacco amo though we fit ing should b the butterm the creamer,

Why Obje By P

I cannot ection shoullime water to of the nature cream and be drinks a glass one and one as would be An in taining a tes the physician fill also con alf times as pound of l found in \*

The Makers' Corner Butter and Cheese Makers are in-vited to send contributions to this department, to ask questions on matters relating to cheese making and to suggest subjects for discus-sion.

#### x :============ Practice What You Preach

A patron came to a certain creamery one norming to get a jar of butter, the control of the control of the conbut processed in The conbut processed in The control of the control o A patron came to a certain o on the outside, and he remarked that the tobacco amoke might spoil a whole churning of butter. The patron took the rebuke in good nature and even excused himself for being so careless. Nothing more was said about it and his patron got his butter and went on while whether and the butter has been do make out, but then he firstly thought that there must be something to it, or else the buttermaker would not have asked him to leave his pipe outside, and then he further argued with himself that the buttermaker would not have asked him to leave his pipe outside, and then he further argued with himself that the buttermaker is an expert in his line and he ought to know. The patron simply felt all right about the matter, and whenever he came to the creamery after butter he was very careful to keep his pipe out of sight.

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he was very careful to keep his pipe out of sight.

One day this same patron came to the creamery for his jur of butter, and he stepped into the churn room "ribout being noticed by the buttermaker did notice the patron and turned to take him what he wanted, both of them had a peculiar feeling come of them, and it was all due to the open them, and it was all due to the open them, and it was all due to the open them, and it was all due to the open them, and it was all due to the open them, and it was all due to the open them, and it was all due to the open them, and it was all due to the open them, and it was all due to the open them, and it was all due to the open them, and it was all due to the open them, and it was all one to the open them, and it was all the to the open them, and it was all the to the open them, and the buttermaker felt like dropp, it was a case of a man not practicing what he preached, and we will be that the patron in question has lost what little confidence he ever had in the buttermaker.

### Why Object to Lime Water?

By Prof. G. L. McKay

By Prof. G. L. McKoy
I cannot understany why any objection should be raised to the use of ince water to correct the calcife in creas. In the first place, it is creased in the first place, it is creased in the first place, it is creased in the first place. It is creased in the first place, it is creased in the first place, it is creased in the first place in the crease and butter. The person who drinks a glass of milk would consume one and one-half times as much lime as more departed in the containing a teaspoon of lime water that the physician prescribes for the baby all also contain about one and one-lift times as much lime ar is found in pound of butter. A person who rinks a glass of water in a lime one region consumes more lime than one region consumes more lime than found in a pound of butter. If is is true, then the opposition to the of neutralizer, especially lime

water, cannot be from a health or santiary standpoint. There is no logical reason why time water should be prohibited for correcting the acid-ity in cream than there would be in prohibiting the use of starters or pasteurisation. Pasteurisation re-duces the acidity in cream to some extent, and in adding a starter to, cream we are doing it for the pur-pose of souring it. pose of souring it.

Its Advantages

Lime water does not remove any of the objectionable odors in cream. It the objectionable odors in cream. It is merely neutralizes the acidity. In addition to this, neutralizing enables the manufacturer to pasteurize sour cream without having a great loss of fat in the butternille, as it keeps the easoin in a succulent condition, specially where lime water has been used before the cream is pasteurized. The intelligent use of lime water as a neutralizer will prevent metallic flavor in butter.

In this country, at the present time, probably about 95 per cent of the butter made in factories is manufactured from hand separated cream. The hand separator has come to stay, be-cause it is more economical for the

hand separator has come to stay, pucause it is more economical for the
farmer to separate his own cream on
the farm than to, hitch up a team and
haul his milk to a factory, no matter
how short the distance. In addition
to the above, he has his own awest
skim milk for his young stock, thus
avoiding any danger of contamination
from other herds.

With the great majority of people
who patronise creameries, dairying is
a side issue; therefore they will not
deliver cream daily. This means that
cream will be delivered by possibly 80
or 90 per cent of the patrons in a
more or less sour condition. When
the manufacturer gets this cream he
can neutralize this acid with lime
water made from chemically pure lime
and then pasteurize the cream and and then pasteurize the cream and destroy the bacteria present. Then he can use a pure culture for ripening the cream, thus making a purer and more sanitary grade of butter.

#### Convictions Under the Dairy Industry Act

A cheese manufacturer of Frontenac county was charged before a local magistrate recently, by Inspector J. F. Singleton, with two violations of F. Singleton, with two violations of the new dairy regulations governing the branding of butter. One charge was for failing to brand "regy but-ter", as such, while the other com-plaint was that he had branded alooy butter as creamery. The defendant butter as creamery. butter as creamery. The defendant was fined on both charges and also

was fixed on both charges and also required to pay the costs of prosecution. This is the first conviction under the regulations which came into force on September 1st.

Three charges of soling butter containing over the legal limit of 16 per cent of water were laid against a dealer of Montreal recently. The defendant pleaned guilty in 21 three cases and was fixed accordingly.

#### Sayings of Authorities

"Green cheese mould more rapidly in the boxes and turn out with an unattractive appearance. Are other manufacturers careless about the ap-pearance of their goods? They have pearance of their goods? They have never taken so much care to attract the eye as now. Let us take a leaf from their book. If we can afford to make cheese we can afford to add one-quarter to one-half a cent for the maker to ensure it being a better article."

—G. G. Publow, Chief Dairy Instructor for E. Or.

"When we come to manufacture a greater amount of butter than can be sold on the local markets we will have to adopt cream grading." Frank Herns. Dairy Instructor for Western



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References: Molson's Bank, Belleville

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The booklet treats the fertilizer question in a simple, frank and understandable manner. Let us quote you one paragraph from page 9 of the booklet. It says:—

"The fertilizer question has long been a vexing one, and, until recent years, accurate information regarding the different fertilizers and their functions in relation to soils and crops has not been available. Experience is an excellent teacher, still definite knowledge is greatly to be desired, and will mean a great deal to everyone interested in the products of the soil."

The booklet then proceeds to give definite knowledge about soils, plant food, crop requirements, and the various kinds of fertilizers such as ground bone, blood, animal tankage, lime carbonate, ground peat, acid phosphate, nitrate of soda, potash, sulphate of ammonia, hardwood ashes, sheep manure, etc.

Everyone who reads this booklet carefully will gain a bigfund of useful knowledge about the fertilizer question. He will know how to fertilize intelligently. And every farmer should do his utmost to grow bigger crops than ever while the war

Take our advice and write for our new fertilizer booklet right now before you've a chance to forget doing so:

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Wheat has been wonderfully strong the past week, and still continues on tupward track. Europe is buying free No. 1 Northern. 81.35; No. 2, \$1.32; No. 81.27%; Ontario. \$1.13 to \$1.15

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The Information given will be of value to all farmers and other business men.

The Dates and Places of Conferences will be announced later.

Information and Details may be secured by addressing Agricultural Conferences, care of Dominion Department of Agriculture, Ottawa; or any of the Provincial Departments of Agriculture.

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