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# MONTREAL

# Homœopathic Record

DEVOTED TO THE INTERESTS OF HOMŒOPATHY AND OF THE MONTREAL  
HOMŒOPATHIC HOSPITAL.

VOL. VIII. No. 8.

MONTREAL, AUGUST, 1903.

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## Montreal Homœopathic Record

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### SOME FAMOUS MASSACHUSETTS PATRONS OF HOMŒOPATHY.

It has been claimed that the development of Homœopathy can only be explained by the existence of a widespread and unintelligent prejudice, and that it is almost exclusively among the uneducated and ignorant, or else among the credulous clergy, that our doctrines are accepted. As a bit of historical record we present to our readers in this issue of the Medical Century a few of the prominent patrons of Homœopathy in one State of the Union, namely, Massachusetts, and we select this State simply for the reason that the American Institute meets in Boston this month for the fourth time in its history.

At the second meeting of the Institute in Boston, in 1859, a banquet was given in Faneuil Hall, at which the Rev. Thomas Starr King, the eminent Unitarian divine and eloquent orator in the cause of the Union, and the man by whose endeavors California was saved for the Union, replied to a toast. Dr. King and his entire family

were warm supporters of Homœopathy.

At the third meeting of the Institute held in Boston ten years later, in 1869, one of the guests of honor was William Lloyd Garrison, the eminent American abolitionist, who was one of the first to start the anti-slavery movement, and who was dragged through the streets of Boston with a rope around his body, but "who outlived the giant wrong he assailed." At the banquet given at this meeting Mr. Garrison replied to a toast in which he stated that he had employed Homœopathy for a quarter century.

Elizabeth Palmer Peabody, the teacher, philanthropist and educationist, the first to introduce the kindergarten system of instruction into America, a sister-in-law of Hawthorne, and whose body reposes in Sleepy Hollow at Concord, was a Homœopathist. She was known as the "Saintly Abbess of Concord." She wrote a beautiful tribute of respect to the memory of Dr. William Wesselhoeft, her physician, to which is added the doctor's last address to the Homœopathic Society of Boston.

Those who attend the Institute meeting in Boston this month and make the pilgrimage to Lexington and Concord, as all should, will have a peculiar satisfaction in visiting "the gray old manse," the "Wayside," and the "hill top hearsed with pines," where

"—in seclusion and remote from men  
The wizard hand lies cold."

in knowing that perhaps the greatest of all American romance writers, he who has been denominated the "greatest

Imaginative writer since Shakespeare," the gifted author of the "Scarlet Letter," "Marble Faun," "Tanglewood Tales," Nathaniel Hawthorne was a Homœopathist, and likewise his daughter, Rose Hawthorne Lathrop, and other members of his family.

Henry W. Longfellow, the greatest of all American poets, "the laureate of the common human heart," the former eminent professor of Belles Lettres in Harvard University, and who is to Boston what Dickens is to London, was a Homœopathist. He contributed to "The Pellet," an organ issued on the occasion of the fair for the Massachusetts Homœopathic Hospital in 1872. We find also in this publication a note which says, "Among the celebrities who visited the fair on Tuesday were H. W. Longfellow, John G. Whittier and Wendell Phillips."

Wendell Phillips, the renowned anti-slavery orator and writer, was also a Homœopath. He lectured in aid of the fair for the hospital, and was always interested in the cause.

Julia Ward Howe, the celebrated author of the "Battle Hymn of the Republic," and other works, who addressed the Institute at the Newport meeting, and Elizabeth Stuart Phelps-Ward, the author of "Gates Ajar," "Beyond the Gates," and other books, are both supporters of Homœopathy. The latter contributed an article to "The Pellet."

Thomas Bailey Aldrich, the author of "Margerie Daw," the "Cloth of Gold," and numerous works, is a homœopathic adherent. He was editor of "The Pellet," the publication before mentioned.

Theodore Parker, the "Martin Luther of the latest Protestantism," the famous abolitionist, the grandson of Captain John Parker, whose statue adorns Lexington Green, was a Homœopathist.

Amos Bronson Alcott, the educator, the originator of the transcendental style of thought, the peripatetic philosopher and author of "Concord Days," and his daughter, Louise May Alcott, whose popularity as a writer for the young has scarcely been excelled by any other American author, were both patrons of Homœopathy.

Thomas Wentworth Higginson, the famous author and historian, is a homœopathic patron. There are many others whose names might be mentioned who were supporters of our system of medicine, for instance, Theophilus Parsons, the eminent legal writer and law professor of Harvard University. Henry L. Pierce, statesman, formerly mayor of Boston, of whom Wendell Phillips said "If Diogenes come to Boston in search of an honest man he would find him in the mayor's chair," and John M. Forbes, another eminent Massachusetts statesman, and so we might go on and add many others, but the foregoing list of our most eminent literati who were patrons of Homœopathy from one State may be taken as proof that many of the thinkers are with us.

We could furnish other lists from States like New York, and head the same with the names of the great poet, William Cullen Bryant, but we leave this for a future occasion.

—Medical Century.

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#### CHOLERA INFANTUM.

Age has a marked influence; most of the cases occurring during the first two years of life, when the food and eruption of the teeth is of much consequence. Children suffering from this disease are usually hand-fed, and are allowed to run about in the hot sun. Children who nurse at the breast are not liable to be attacked by it. The disease only occurs during the hot weather, especially during the last two weeks of July and the month of August. Many children suffering from acute indigestion during this period are thought to have cholera infantum by the laity, and it is surprising how often physicians diagnose these cases by the same name.

At first the child will be found slightly feverish, restless, and with some abdominal discomfort, then vomiting begins, and as a rule it is a very intractable symptom. Diarrhoea follows, and this may be very profuse. After the stomach and intestines are emptied of the food contained in them, the movements become of a serious nature; and it is this water consistency of the discharges which is especially characteristic of this disease. As a rule this

disease only attacks the weak, and debilitated, but even the most healthy and robust are not immune. The discharges are usually without odor. The symptoms may be so severe as to bring on a fatal termination within twenty-four to forty-eight hours.

The characteristic features of cholera infantum, are — its rapid onset, constant vomiting, frequent watery discharges, intense thirst, high rectal temperature, low surface temperature, depressed fontanelle, symptoms of collapse, great emaciation, a distressed, restless expression.

Homoeopathic remedies will perform wonders in the treatment of this grave disorder.

Aconite may be given early in the attack, when there is high fever and restlessness, and green mucus in the stools. The stools look like chopped spinach.

Ethusa is indicated when curdled milk is vomited. The vomited matters come with a rush, and exhausts the little patient. He then falls into a sleep from which he awakens hungry. Ethusa is suited to several cases that have been protracted and have diarrhoea by a long course of bad diet.

Antimonium Crudum has a dry tongue which is heavily coated white. There are nausea and vomiting; the latter very prominent, and occurs as soon as the child eats or drinks. The stool is watery and contains little lumps of fecal matter.

Apis is especially indicated in children who are very much debilitated. There are marked cerebral symptoms. The child awakens up with a scream. The stools are thin, watery, yellow in color, and usually worse in the morning. The bowels move from even the slightest move of the child's body, as though the anus had no power. There is suppression of urine. Hot head and skin. The discharges may or may not be offensive.

Arsenicum has an undigested stool, which is provoked just as soon as the child begins to eat or drink, there is aggravation after midnight, and rapid emaciation. The child's skin is apt to be harsh and dry, and often yellowish and tawny. The Arsenicum stool is usually offensive. The little patient is very restless, and acts as though it were in constant distress.

Bryonia is especially useful if the disease has been brought on by changes in the weather. The stools are brownish, and made worse from the slightest motion. Sometimes the stools are green and have an odor of old cheese. There is thirst for large quantities of water.

Calcarea Carbonica has stools which are light in color, with a sour odor. In older children there is a craving for eggs. Milk seems to disagree. As soon as they take it, they vomit it in

sour curds. Or the milk may pass through the bowels in white curdled lumps. Abdomen is large. Child may be rachitic. There are ravenous appetite and thirst, the latter being worse towards evening. The sour odor to the stools and vomited matters are strong indications for calcarea.

Camphor is indicated when there is a sudden appearance of choleraic symptoms. Patient is icy cold, or in a cold sweat; the tongue is cold. Camphor in such a case will usually bring about a quick reaction. The little patient seems greatly prostrated. He will not remain covered.

Chamomilla has stools which are green, with white particles through it, looking like "spinach and chopped eggs." Anxiety and restlessness are prominent. The child is fretful. There is a gripping pain before the stool. The chamomilla case has usually been brought on by irregular feeding. One cheek will be hot, the other cold. The child wants to be carried about.

Veratrum Album has a profuse, watery and greenish stool, containing small flakes which resemble spinach. At times they are bloody, and are always associated with sharp cutting pains in the abdomen. There is great weakness and almost fainting with every effort at stool. In very severe cases the following symptoms may be present. Vomiting and purging at the same time, colicky pains through the abdomen with cramps, especially in the calves of the legs, profuse watery stools, rice water stools as they are called. They are attended with great prostration and cold sweat, especially on the forehead. (Farrington.) There is little use in giving Veratrum unless pain be a prominent symptom.—Condensed from Homoeopathic Journal of Pediatrics.

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On extremely hot days it will do the child no harm to be left with little clothing beyond the shirt. It will be much more comfortable if at liberty to move its limbs about freely, and, if protected from draughts, is not in any danger. If fretful from heat, babies are often soothed by being rubbed softly with a lotion made of three parts of lavender water, five parts of cologne water and one quart of orange flower water. For "heat rash" a beneficial wash is made of 250 grains of orange flower water, two grains of borate of soda and one gram of tincture of benzoin, which will be compounded by any druggist.

COMMON USES OF THE TISSUE  
REMEDIES.

**Calcaria Fluorica.**—Tumors of bone, excrescences on skin, cataract, nodosities, rough or deficient enamel, hydrocele, aneurism, gouty enlargements, epithelioma, etc.

**Calcaria Phosphorica.**—Defective nutrition of teeth and bone, rickets, tuberculosis, chorea, chronic enlargement of tonsils, cholera infantum, goitre, cysts, scrofula, night sweats, anaemia, chlorosis.

**Calcaria Sulphurica.** — Suppuration, first stages of all inflammations, pains phlyctenular ceratitis, late stage of bronchitis and consumption, herpetic eruptions.

**Ferrum Phosphoricum.**—Febrile disturbances before exudation commences, first stage of all inflammations, pains worse from motion or cold, hemorrhages, tenderness to touch, vomiting of undigested food, diarrhoea with undigested stools, articular rheumatism.

**Kali Muriatricum.**—Second stage of inflammation of serous membranes, croupous and diphtheritic inflammations, fibrinous exudations in interstitial connective tissues, white or gray exudations, glandular swellings, swelling around the joints.

**Kali Phosphoricum.**—Brain fag, depressed spirits, loss of memory, cerebral anemia, thick, yellow discharge, gone sensation in stomach, amenorrhoea.

**Kali Sulphuricum.**—Third stage of inflammation, yellow crusts on the eyelids, chronic catarrh, gonorrhoea, eczema.

**Magnesia Phosphorica.** — Neuralgia, pains relieved by warmth and pressure, flatulent colic, menstrual colic, whooping cough, asthma.

**Natrum Muriatricum.**—Anaemia, chlorosis, scorbutus, catarrh with transparent, watery, coarse, frothy mucus, melancholia, dandruff, muscular asthenopia, coryza with loss of smell or taste, feeling of plug or dryness in the throat, violent thirst, ravenous hunger, dry stools, smarting in rectum, catarrh of bladder.

**Natrum Phosphoricum.**—Rheumatism, gout, uric (lactic) acid diathesis, greenish diarrhoea, creamy coating of back part of mouth, imperfect assimilation of fats from lack of bile.

**Natrum Sulphuricum.** — Sick headache, biliousness, dizziness, yellowness of conjunctival and skin, bitter taste in the mouth, flatulent colic, asthma, remittent fever.

**Silica.**—Malnutrition, inflammation of connective tissue, with abscesses, fistula, suppuration of a chronic nature, caries, cataract, keratitis, feid perspiration of feet, brittleness of nails.

## A PATENT MEDICINE DEBAUCH.

I was recently called in to see a patient, a middle-aged woman in rather poor circumstances. "She had been ailing for several months, but had been in bed for about two weeks; there was something the matter with her stomach. She could not retain anything, vomited," etc. Thus the history. When I came into the room, the first thing that struck my eye was a collection of bottles on a shelf above the washtubs. I advanced, examined the collection, and found the following interesting exhibit: One bottle Father John's Medicine, three bottles Peruna, four bottles Lydia Pinkham's Compound, one bottle Swamp Root, one bottle Piso's Consumption Cure, one bottle Hood's Sarsaparilla, two bottles Warner's Safe Cure, one bottle Hostetter's Stomach Bitters, one bottle Pierce's Golden Medical Discovery, besides a bottle Compound Syrup of Hypophosphites, and three bottles Cod Liver Oil Emulsion under the local druggist's label. When I examined her and she asked me what I thought was the matter with her, I told her: "That's what is the matter with you," pointing to the pile of bottles. "You have ruined your stomach by taking all that vile stuff. All your stomach needs is a good rest, and it will be all right." And so it was. Under small doses of bismuth, menthol and essence of pepsin, she quickly gained her normal condition. And this is not a unique example. Thousands of people, especially women, spend a large percentage of their or their husband's weekly income on patent medicines, and ruin their health in addition.—*Critic and Guide.*

W. Mohawk, who was tried April 9th before a jury in the city of San Jose, Cal., on a charge of practising his profession without a license, is reported acquitted under the terms of the treaty existing between the United States and the Indian tribes, which allows Indians to sell medicines prepared by them on their own domains, and which exempts them from liability under the state law.



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## PHILLIPS TRAINING SCHOOL

## NOTES.

The nursing staff suffered with an unusual amount of sickness last month.

Nurse Richards is ill in the hospital with typhoid fever; she is making good progress toward recovery.

Nurses Brown and Harding were on the sick list last month.

Nurse Routhier, who was called home on account of her mother's illness, has returned to duty, leaving her mother well on the road to recovery.

Nurse G. Trench is at home nursing her mother.

Nurse Scott is back on duty after a week's holiday.

Nurses Drysdale and Harding are away on their vacations.

Nurse Blackmore went home for a few days' rest, after a hard siege of special nursing.

Nurse Therrien has returned from her vacation much benefited by the change.

The graduate nurses in the city have been kept busy all summer.

Miss Spence, '02, has left town for a short holiday, after a hard summer's work.

Miss Warner, '02, is nursing a typhoid case at the Royal Victoria Hospital.

Miss Bartholomew, '02, expects to return to the city from her case at St. Albans, Vt., about September 1.

Miss Ida McLagan, '99, Lady Superintendent of the Berlin and Waterloo Hospital, spent part of her holidays in the city, and was a welcome visitor to the hospital.

Miss Egan, '96, has been enjoying a holiday for the past month, visiting friends in New York City and State.

Misses Grant, '97, and Keating, '01, were doing private nursing at the Royal Victoria Hospital last month.

## THE BLUES.

(By B. Cliff Wilson, M.D.,  
Clarkson, Ky.)

The doctor would be a man of greater skill

In the calling he pursues,  
If with powder, or with pill,  
He could only cure the blues.

We're told, in lands of every zone,  
In Toronto and Toulouse,  
The fairer sex are much more prone  
To this disease called blues.

Of all the ills to which we're heir,  
There's measles and ague(s),  
I would far rather have the pair  
Than one case of the blues.

They say that microbes make us ill,  
They'll name them, if you choose!  
Pray, tell us, learned men of skill,  
Do microbes cause the blues?

If through microscopes you'd cease to look  
For bacilli (found in twos)—  
And find these monsters in their nook,  
These germs that cause the blues;

And then forthwith in your researches find  
The germicide to use,  
In killing these monsters of their kind—  
These germs that cause the blues;

You could sit in your office chair,  
Your pockets lined with sous,  
And your wisdom you could surely air  
If you could cure the blues.

No more placebos will I take  
The nostrums I refuse,  
Till doctors give the tree of science another shake,  
And learn to cure the blues.

The French Government has appropriated 100,000 francs to defray the expenses of an expedition to the United States, for the study of yellow fever in this country.

Naples is to have sea baths capable of accommodating 40,000 persons. They are to be supplied with hot and cold water, so that they may be enjoyed at all times of the year.

Fifty thousand dollars has been donated to the Royal Hospital by Alfred Harmsworth, of the London Daily Mail, for the purpose of installing a plant for the electric light cure of lupus.

In Colorado, in the future, all children attending public schools who are suffering from tuberculosis will be excluded.

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## HOSPITAL NOTES.

**JULY** was one of the busiest months in the hospital's history.

**THE DIET** kitchens are now complete, and well worth a visit.

**THE TWO** new windows in the basement kitchen have made it look fit to work in.

**LETTING** in daylight into the basemen showed the necessity for fresh paint.

**AMONG THE** latest improvements in equipment, the new dressing cart is one of the most appreciated.

**HAD TO** refuse several applications for private rooms last month.

**THE NEW** cupboard for storing preserves, etc., has a few samples on its shelves and room for lots more.

**WE NEED** one hundred dollars to pay for the painting made necessary by the alterations and improvements. Send in your subscription and come around to see what has been done with it.

**OUR HOUSEKEEPER** has returned from her holidays and has made important changes in her department, increasing the efficiency and bringing it up to the former standard.

**AMONG OTHER** improvements we would like to see instituted, a new passenger elevator, an electric dumb waiter and suitable fire escape provision are most to be desired and necessary. The lack of funds prevents these undertakings for the present, unless some of our kind friends should come forward now and help us to place the hospital on the requisite up-to-date footing.

**YOU WILL** notice elsewhere in this issue of the sickness among the nurses. This is largely due to the inadequate accommodation they have for rest or recreation after the extra duty they have had to perform this summer. The need for better and more accommodation for our nurses is becoming daily more apparent, and should be made provision for, from economic and humane points of view. Can you suggest any means of remedying the present conditions?

**LETTERS** received from Miss Lorenz, our lady superintendent, compare the German hospitals and nursing unfavorably with Montreal institutions. Miss Lorenz has been fortunate in being able to visit so many of the continental medical centres and witness the work of famous surgeons. She is now on her way home, and is expected to resume her duties this month.

**THE REGULAR** monthly meeting of the committee of management was held July 27. Owing to the absence from town of most of the members, the attendance was only sufficient for a quorum. After reading of minutes of previous meeting, reports were presented of the improvements now being carried on. Two windows have been opened in the basement kitchen and new cupboards and sink drainers constructed. The great improvement to the light and ventilation of the kitchen must be seen to be realized. By this new arrangement one gas jet has been dispensed with. A skylight sash has been placed in the upper diet kitchen. Both the new diet kitchens have been painted and the hardwood floors and shelves oiled and shellacked. The floor of the new private ward has also been polished up. The entrance doors on McGill College Avenue have been painted and grained. It is expected that all the work pertaining to the diet kitchens will be completed by August 1.

The improvements further contemplated and partially under way comprise the painting of the basement kitchen, painting of the front steps and outside wood work, painting of the new linen closet and preserve cupboard and the erection of the storage shed in the adjoining yard.

The lady superintendent's report showed a very busy month, with all private wards filled and an increase in public patients. Many applications for private rooms had to be refused during the first half of the month. Three of the nurses had been sick, one off duty owing to illness at home, and two on vacations, leaving extra work for those on duty. One of the nurses is ill with typhoid. Fortunately, work in the operating room was light during the month.

The secretary was instructed to forward a letter of condolence from the committee to the family of the late Alex. Clerk, the hospital's most generous benefactor.

A report from the jubilee endowment fund trustees was read, giving an account of the purchase and sale of the hospital's allotment of Bank of Toronto stock, through which transaction one more share has been added to those already possessed by the hospital, and also a small balance in cash, which it was deemed best to leave in the hands of the trustees.

After the reading and granting of the usual requisition list the meeting adjourned to permit of the inspection of the hospital by the members present. Next meeting of the committee will be held on Monday, August 24.

**DONATIONS IN JULY.**

The Lady Superintendent acknowledges with thanks the following:  
 Miss James—Ice pick.  
 Mrs. W. D. Birchall—5 dinner plates, 6 soup plates, 2 vegetable dishes, 1 lamp shade and wire.  
 Miss M. Robertson—Old linen, medicine vials.  
 Miss Williams—Magazines.  
 Boys' Home, per Dr. H. M. Patton—1 electric battery.  
 Woman's Auxillary—30 draw sheets, 6 cups and saucers.

**HOSPITAL WANTS.**

A couple of nice rugs for private ward.  
 Two straight chairs and one small table, in antique oak, for private ward.  
 A few dollars to help pay for painting of new diet kitchens.  
 Fruit, fresh and preserved.  
 Sugar, flour, starch and soap.  
 Your name in the visitors' book.

**SUBSCRIPTIONS AND CASH DONATIONS IN JULY.**

The hospital treasurer acknowledges with thanks the following:  
 Samuel Bell, Esq..... \$50.00  
 S. Greenshields & Son, Co..... 10.00  
 T. W. Haram, Esq..... 1.00  
 \$61.00

At a recent meeting in the interests of the blind, held in the Church House of London, a blind stenographer, by the aid of a recently invented machine, took a verbatim report of each of the speeches. The system is the outcome of a prize offered two years ago by a Braille magazine, and is built upon several systems adapted to the Braille method of dots. These dots are embossed by the machine, which is noiseless, upon paper tape. This flows into a basket, to be read back by the fingers of the stenographer and recorded on a typewriter.

A prize of \$100 has been offered by a Massachusetts physician, Dr. J. B. Learned, for the best essay containing some method for inducing sleep without the use of drugs.

The English House of Lords has passed a bill that provides special penalties for habitual drunkenness, and also provides that habitual drunkenness shall be treated as persistent cruelty and entitle a wife to divorce.

**HOSPITAL REPORT FOR JULY.**

Number of patients in the hospital July 1 .....	23
Admitted—	
Private patients .....	19
Semi-private patients .....	8
Public patients .....	6
Maternity .....	1
	34
Discharged—	
Private patients .....	16
Semi-private patients .....	8
Public patients .....	12
Maternity .....	2
	38
Died .....	3
Operations .....	9
Number of days private nursing outside .....	0
Number of days private nursing hospital .....	37
Remaining in hospital August 1.....	19
viz.—	
Private patients .....	8
Semi-private patients .....	5
Public patients .....	5
Maternity .....	1
	19

The Indian Medical Gazette announces that Dr. Rost has successfully cultivated the cancer germ and has infected a guinea-pig with his culture. This statement is important if true!

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## OLIVE OIL AND OLIVES.

Olive oil, says the Pacific Health Journal, is one of the choicest and most palatable of foods. It contains the largest amount of nutriment of any food, the total being nearly 100 per cent., while the best grains and legumes contain less than 90 per cent., animal meat, from 27 to 38 per cent.; fruits and vegetables still less. One ounce of olive oil per diem encourages the action of the bowels, and aids digestion in a remarkable way. A vegetable diet is generally too poor in fats. The ripe olive, the complement of fruits, contains just what fruit lacks, and makes up a perfect dish, being a wholesome source of fat. It is a good food for sufferers with diabetes and Bright's disease, and all those who, from rheumatism, liver complaint, etc., have lost the ability to digest starch.

It is a good substitute, with its delicate, nutty aroma, for creamy butter swarming with germs, or for nut butter.

In nervous exhaustion and in diseases where the system demands food rather than drugs, it is indispensable. Goddard E. Diamond, who is 67 years old, retains all his faculties of mind and body, as a man of fifty. He attributes his youthfulness to the free use of pure California olive oil, both internally and externally.

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AT HOME: 9 to 10 a.m.

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