


The Demand for

## MANITOBA FLOUR

Has Been Steadily Increasing in the Maritime Provinces

The People Find That it is More Profitable to Purchase Flour Made Frorn Manitoba Wheat

# KEEMVATIN "FIVE ROSES" FLOUR 

Is the Best Flour Made From Manitoba Wheat

It is Manufactured by the
LAKE OF THE WOODSMILLING CO., Limited






## ABBEY'S

Used by the masses, who, unsolicited, certify to its worth
Tones the Stomach and Stirs the Liver to Healthy Action

## EFFERVESCENT

Is Natures Remedy for Tired, Fagged-out and Run-down Men or Women
If taken regularly contributes to Perfect Health, Makes Life Worth Living


