

THE PHARMACOPOEIA  
OF THE  
VANCOUVER GENERAL HOSPITAL

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The Pharmacopœia  
of the  
Vancouver General Hospital.

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*This Pharmacopœia has been compiled by a committee of doctors appointed by the Vancouver Medical Association.*

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VICTORIA, B.C.

The Pharmacopoeia  
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Vancouver General Hospital.

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Y RE  
GENERAL FORMULAE.

DIVISION I.

MISTURA.

Mistura Ferri Maltata Composita.

R

Iron and Ammonium Citrate.....	5 grains
Tincture of Nux Vomica.....	7½ minims
Wine of Malt Extract.....	½ dram
Water to .....	2 drams

Mistura Ferri et Manganese Composita.

R

Iron (metallic) .....	¾ grain
Manganese (metallic) .....	¼ grain
Quinine Glycerophosphate .....	1 grain
Strychnine Glycerophosphate .....	⅛ grain
Wine of Malt Extract.....	½ dram
Water to .....	2 drams

Mistura Ferri Aperiens.

R

Magnesium Sulphate .....	30 grains
Ferrous Sulphate .....	1 grain
Diluted Sulphuric Acid.....	5 minims
Tincture of Columba.....	10 minims
Peppermint Water to.....	2 drams

Mistura Stramonii.

R

Potassium Iodide .....	5 grains
Extract Stramonium Seeds.....	1 minim
Liquid Extract of Licorice.....	5 minims
Syrup of Tolu.....	10 minims
Water to .....	2 drams

**Mistura Potassii Iodidi cum Colchico.**

R		
Potassium Iodide .....	7½ grains	
Wine of Colchicum.....	15 minims	
Syrup of Ginger.....	15 minims	
Water to .....	2 drams	

**Mistura Sodii Salicylatis.**

R		
Sodium Salicylate .....	10 grains	
Potassium Bicarbonate .....	10 grains	
Syrup of Ginger.....	20 minims	
Cinnamon Water to.....	2 drams	

**Mistura Potassii Iodidi Alkalina.**

R		
Potassium Iodide .....	5 grains	
Potassium Bicarbonate .....	5 grains	
Aromatic Spirits of Ammonia.....	10 minims	
Syrup of Ginger.....	20 minims	
Water to .....	2 drams	

**Mistura Febrilis.**

R		
Potassium Acetate .....	10 grains	
Syrup of Tolu.....	20 minims	
Solution of Ammonium Acetate to.....	2 drams	

**Mistura Hydrargyri Biniodidi.**

R		
Potassium Iodide .....	5 grains	
Mercuric Chloride .....	½ grain	
Tincture of Columba.....	10 minims	
Water to .....	2 drams	

## PILULA.

Pilula Aloini Belladonnae, Strychninae et Cas-  
carae Sagradae (A. B. S. et C.).

R

Aloin .....	½ grain
Extract Belladonna Leaves.....	¼ grain
Strychnine .....	1/120 grain
Extract Cascara Sagrada.....	½ grain

Pilula Ferri (1).

R

Ferrous Carbonate of the B. P.....	5 grains
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Pilula Ferri (2).

R

Ferrous Carbonate Pill.....	5 grains
Arsenious Anhydride .....	1/60 grain

Pilula Cathartica Composita.

R

Extract Colocynth .....	1/3 grain
Podophyllum Resin .....	¼ grain
Scammony Resin .....	1/3 grain
Aloes .....	1 ¼ grains
Powdered Cardamoms .....	⅛ grain
Soap .....	½ grain

## SYRUPI.

Syrupus Ferri Phosphatis cum Quinina et  
Strychnina.

R

Syrup of Phosphate of Iron with Qui- nine and Strychnine.....	1 dram
Water to .....	2 drams

## LINIMENTA

### Linimentum Menthol.

R	
Menthol .....	1 dram
Chloroform .....	1 dram
Olive Oil to.....	1 ounce

### Linimentum Terebinthinae.

R	
Soft Soap .....	30 grains
Camphor .....	20 grains
Oil of Turpentine.....	270 minims
Water to .....	1 ounce

### Linimentum "A," "B," "C."

R	
Aconite Liniment	
Belladonna Liniment	
Chloroform Liniment	
—Of each an equal quantity to.....	1 ounce

### Linimentum Belladonnae et Chloroformi.

R	
Belladonna Liniment .....	3 drams
Chloroform .....	1 dram
Scap Liniment to.....	1 ounce

## EMULSIONES.

### Emulsio Olei Morrhuae.

R	
Cod Liver Oil.....	4 drams
Powdered Gum Acacia.....	1 dram
Simple Syrup .....	½ dram
Oil of Gaultheria.....	½ minim
Water to .....	1 ounce

## UNGUENTA.

### Unguentum Menthol et Eucalypti Compositum.

R

Menthol .....	6 grains
Oil of Eucalyptus.....	10 minimis
Olive Oil .....	2 drams
Petrolatum to .....	1 ounce

### Unguentum Guiacol et Methyl Salicylas.

R

Guiacon .....	25 minimis
Oil of Wintergreen.....	25 minimis
Menthol .....	25 grains
Salicylic Acid .....	38 grains
Lanoline to .....	1 ounce

### Unguentum Scarlatinum.

R

Scarlet Red (medicinal).....	24 grains
Petrolatum to .....	1 ounce

### Unguentum Zinci.

R

Zinc Oxide .....	1 dram
Benzoated Lard to.....	1 ounce

### Unguentum Zinci Carbolatum.

R

Carbolic Acid .....	5 grains
Zinc Oxide .....	1½ drams
Petrolatum to .....	1 ounce

ELIXIRES.

**Elixir Potassii Bromidi.**

B	
Potassium Bromide .....	30 grains
Simple Elixir to.....	2 drams

**Elixir Sodii Bromidi.**

B	
Sodium Bromide .....	30 grains
Simple Elixir to.....	2 drams

**Elixir Bromidorum (Triple).**

B	
Potassium Bromide	
Ammonium Bromide	
Sodium Bromide—of each.....	10 grains
Simple Elixir to.....	2 drams

## DIVISION II.

### FORMULAE FOR USE IN THE TREATMENT OF DISEASES OF THE DIGESTIVE SYSTEM.

#### MISTURAE.

##### Mistura Gentianae Compositae et Nucis Vomicae Alkalina.

R

Sodium Bicarbonate .....	5 grains
Compound Tincture of Gentian.....	10 minims
Compound Tincture of Cardamom....	15 minims
Tincture of Nux Vomica.....	10 minims
Elixir of Lactated Pepsin to.....	2 drams

##### Mistura Acidi Hydrochlorici Diluti.

R

Diluted Hydrochloric Acid.....	10 minims
Peppermint Water to.....	2 drams

##### Mistura Alba.

R

Magnesium Carbonate .....	5 grains
Magnesium Sulphate .....	1 dram
Peppermint Water to.....	2 drams

##### Mistura Acidi Hydrocyanici Diluti.

R

Bismuth Subnitrate .....	10 grains
Bismuth Carbonate .....	15 grains
Diluted Hydrocyanic Acid.....	2 minims
Tincture of Ginger .....	10 minims
Peppermint Water to.....	2 drams

**Mistura Bismuthi Carbonatis et Magnesii Carbonatis.**

R

Magnesium Carbonate .....	30 grains
Bismuth Carbonate .....	10 grains
Powdered Rhubarb .....	5 grains
Simple Syrup .....	20 minims
Peppermint Water to.....	2 drams

**Mistura Bismuthi Composita.**

R

Bismuth Carbonate .....	5 grains
Prepared Chalk .....	10 grains
Tincture of Opium.....	5 minims
Compound Tincture of Lavender.....	20 minims
Compound Tragacanth Powder.....	5 grains
Cinnamon Water to.....	2 drams

**Mistura Creta cum Bismutho.**

R

Bismuth Carbonate .....	10 grains
Mucilage of Acacia.....	15 minims
Chalk Mixture to.....	2 drams

**Mistura Acidi Sulphurici Aromatici.**

R

Aromatic Sulphuric Acid.....	5 minims
Tincture of Opium.....	5 minims
Compound Tincture of Cardamom.....	20 minims
Spirits of Chloroform.....	20 minims
Water to .....	2 drams

**Mistura Acidi Hydrochlorici Diluti et Pepsini.**

R		
Diluted Hydrochloric Acid.....	10	minims
Compound Tincture of Gentian.....	10	minims
Solution of Strychnine Hydrochloride	2	minims
Pepsin .....	2	grains
Chloroform Water to.....	2	drams

**Mistura Rhei cum Soda.**

R		
Powdered Rhubarb .....	2	grains
Sodium Bicarbonate .....	5	grains
Syrup of Ginger.....	20	minims
Peppermint Water to.....	2	drams

**Mistura Felicis Liquidi.**

R		
Liquid Extract of Male Fern.....	1	dram
Powdered Acacia .....	1	dram
Sugar .....	1	dram
Cinnamon Water to.....	1	ounce

**PILULAE.**

**Pilula Aloini Belladonnae et Strychninae.**

R		
Aloin .....	1/5	grain
Extract of Belladonna.....	1/8	grain
Strychnine Sulphate .....	1/60	grain

**Pilula "Addison."**

R		
Mercury Pill		
Powdered Digitalis		
Powdered Squills—of each.....	1	grain

**Pilula Camphorae Composita.**

R		
Camphor	.....	1 grain
Powdered Opium	.....	½ grain
Powdered Ipecac	.....	¼ grain

**Pilula Plumbi et Opii.**

R		
Lead Acetate	.....	1½ grains
Opium	.....	⅛ grain

**Pilula Colocynthidis cum Hydrargyro.**

R		
Compound Extract of Colocynth	.....	2½ grains
Mercury Pill	.....	1½ grains
Extract of Hyoscyamus	.....	½ grain

**Pilula Hydrargyri.**

R		
Mercury Pill	.....	4 grains

**PULVERES.**

**Pulvis Santonini.**

R		
Santonin		
Mercurous Chloride—of each	.....	1 grain

**Pulvis Thymol.**

R		
Thymol (in capsule)	.....	10 grains

**Pulvis Rhei et Magnesii Carbonatis.**

R		
Powdered Rhubarb	.....	5 grains
Magnesium Carbonate	.....	20 grains
Powdered Ginger	.....	2½ grains

**Pulvis Bismuthi Carbonatis et Sodii Bicarbonatis.**

B

Bismuth Carbonate

Sodium Bicarbonate—of each..... 10 grains

**Pulvis Jalapae cum Hydrorgyro.**

B

Compound Jalap Powder..... 30 grains

Mercury and Chalk Powder..... 1 grain

### DIVISION III.

#### FORMULAE FOR USE IN THE TREATMENT OF DISEASES OF THE RESPIRATORY SYSTEM.

##### MISTURÆ.

###### Mistura Ammonii Chloridi.

R		
Ammonium Chloride .....	5 grains	
Compound Tincture of Camphor.....	15 minims	
Tincture of Squills.....	5 minims	
Syrup of Tolu.....	20 minims	
Liquid Extract of Licorice.....	20 minims	
Water to .....	2 drams	

###### Mistura Ammonii Carbonatis cum Scilla.

R		
Ammonium Carbonate .....	5 grains	
Tincture of Squills.....	5 minims	
Compound Tincture of Camphor.....	15 minims	
Spirits of Chloroform.....	15 minims	
Syrup of Tolu.....	15 minims	
Infusion of Senega to.....	2 drams	

###### Mistura Expectorans Sedativa.

R		
Potassium Iodide .....	2 grains	
Wine of Ipecac.....	5 minims	
Compound Tincture of Camphor.....	20 minims	
Syrup of Wild Cherry Bark.....	30 minims	
Water to .....	2 drams	

**Mistura Heroini Composita.**

R

Heroin Hydrochloride .....	1/24 grain
Terpin Hydrate .....	3 grains
Simple Elixir to.....	2 drams

**Mistura Heroini et Creosoti.**

R

Heroin Hydrochloride .....	1/24 grain
Creosote (Beechwood) .....	1 minim
Calcium Glycero-phosphate .....	2 grains
Sodium Glycero-phosphate .....	2 grains
Simple Elixir to.....	2 drams

**VAPORES.**

Explanation—One dram to be added to one pint  
of boiling water.

**Vapor Eucalypti.**

R

Eucalyptus Oil .....	30 minims
Magnesium Carbonate .....	20 grains
Water to .....	1 ounce

**Vapor Benzoini.**

R

Compound Tincture of Benzoin.....	1 dram
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**Vapor Creosoti.**

R

Creosote (Beechwood) .....	30 minims
Magnesium Carbonate .....	20 grains
Water to .....	1 ounce

**Vapor Pini Sylvestris.**

R

Pinus Sylvestris Oil.....	40 minims
Magnesium Carbonate .....	20 grains
Water to .....	1 ounce

LINCTI.

Linctus Codeinae.

R		
Codeine Phosphate .....	.....	1/4 grain
Syrup of Lemon.....	.....	2 drams
Spirits of Chloroform.....	.....	10 minimis
Water to .....	.....	2 drams

Linctus Heroinae.

R		
Heroin Hydrochloride .....	.....	1/12 grain
Diluted Phosphoric Acid.....	.....	2 minimis
Simple Syrup .....	.....	1/2 dram
Water to .....	.....	2 drams

Linctus Camphorae Compositus.

R		
Compound Tincture of Camphor.....	.....	15 minimis
Syrup of Squills.....	.....	15 minimis
Syrup of Tolu .....	.....	30 minimis
Water to .....	.....	2 drams

#### DIVISION IV.

### FORMULAE FOR USE IN THE TREATMENT OF DISEASES OF THE CIRCULATORY SYSTEM.

#### MISTURÆ.

##### Mistura Digitalis.

R

Tincture of Digitalis.....	10 minims
Water to .....	2 drams

##### Mistura Digitalis et Potassi Acetatis.

R

Potassium Acetate .....	15 grains
Infusion of Digitalis to.....	2 drams

##### Mistura Strophanthis.

R

Tincture of Strophanthus.....	2 minims
Water to .....	2 drams

##### Mistura Strophanthis et Ammonii Aromatici.

R

Tincture of Strophanthus.....	1 minim
Aromatic Spirits Ammonia.....	20 minims
Compound Spirits of Ether.....	20 minims
Chloroform Water to.....	2 drams

##### Mistura Ferri Aperiens.

R

Magnesium Sulphate .....	30 grains
Diluted Sulphuric Acid.....	5 minims
Iron Sulphate .....	1 grain
Tincture of Columba.....	10 minims
Peppermint Water to.....	2 drams

**Mistura Ferri Acetatis (Bashams Mixture).**

R		
Solution of Iron Chloride.....	5 minims	
Solution Ammonium Acetate.....	1 dram	
Diluted Acetic Acid.....	5 minims	
Glycerine .....	15 minims	
Water to .....	2 drams	

**SYRUPUS.**

**Syrupus Ferri Phosphatis Compositae.**

R		
Calcium Phosphate .....	2 grains	
Iron Phosphate .....	1 grain	
Ammonium Phosphate .....	1 grain	
Sodium Phosphate .....	1 grain	
Potassium Phosphate .....	1 grain	
Syrup of Lemon.....	½ dram	
Water to .....	2 drams	

**INJECTIO.**

**Injectio-Nitroglycerini et Strychninae,  
Hypodermica.**

R		
Nitroglycerine .....	1/100 grain	
Strychnine Sulphate .....	1/30 grain	
Liquid Extract Digitalis.....	1 minim	
Water .....	10 minims	

**Injectio Caffeinae et Sodii Salicylatis,  
Hypodermica.**

R		
Caffeine .....	1 grain	
Sodium Salicylate .....	1 grain	
Water to .....	10 minims	

**Injectio Camphorae, Hypodermica.**

R  
Camphor ..... 1 grain  
Oil of Sweet Almonds..... 10 minims

**PILULAE.**

**Guys Pill.**

R  
Powdered Digitalis Leaves  
Powdered Squills  
Mercury Mass—of each..... 1 grain

## Division V.

### FORMULAE FOR USE IN THE TREATMENT OF DISEASES OF THE NERVOUS SYSTEM.

#### MISTURAE

##### Mistura Anti-Alcholica.

R

Tincture of Valerian Ammoniated .....	$\frac{1}{2}$ dram
Compound Tincture of Cinchona.....	$\frac{1}{2}$ dram
Tincture of Capsicum .....	5 minims
Potassium Bromide.....	20 grains
Water to.....	2 drams

##### Mistura Paraldehydi.

R

Paraldehyde.....	$\frac{1}{2}$ dram
Glycerine .....	20 minims
Alcohol .....	$\frac{1}{2}$ dram
Cinnamon Water to .....	2 drams

##### Mistura Bromidi cum Chloral.

R

Chloral Hydrate.....	10 grains
Bromide Mixture to.....	2 drams

## PULVIS

### Pulvis Phenacetine Compositus.

R		
Acetylsalicylic Acid .....	.....	2½ grains
Phenacetine .....	.....	1½ grains
Caffeine Citrate.....	.....	1 grain

## TABELLAE

### Tabellae Acetanilidi Composita.

R		
Acetanilid		
Camphor monobromate		
Caffeine Citrate—of each.....	.....	2 grains

### Tabella Hyoscinae Hydrobromidi.

R		
Hyoscine Hydrobromide .....	.....	2½ grain
Sugar of Milk to .....	.....	1 grain

### Tabella Hyoscinae Cum Morphina.

R		
Hyoscine Hydrobromide.....	.....	2½ grain
Morphine Hydrobromide .....	.....	¼ grain
Sugar of Milk to .....	.....	1 grain

### Tabella Hyoscinae et Morphinae cum Cactina (H.M.C.)

R		
Hyoscine Hydrobromide.....	.....	2½ grain
Morphine Hydrobromide .....	.....	¼ grain
Cactine .....	.....	6/7 grain
Sugar of Milk to .....	.....	1 grain

## Division VI.

### FORMULAE FOR USE IN THE TREATMENT OF DISEASES OF THE INTEGUMENTARY SYSTEM.

#### LOTIO

##### Lotio Calaminae.

R

Calamine Precipitated.....	40 grains
Zinc Oxide .....	30 grains
Glycerine .....	10 minimis
Solution of Lime .....	1 ounce

##### Lotio Hydrargyri et Acidi Acetici.

R

Mercury Perchloride .....	1 grain
Glacial Acetic Acid.....	20 minimis
Water to.....	1 ounce

##### Lotio Resorcini et Acidi Salicylici.

R

Resorcin .....	10 grains
Salicylic Acid .....	5 grains
Formalin.....	3 minimis
Castor Oil.....	10 minimis
Rose Water.....	20 minimis
Alcohol to.....	1 ounce

##### Lotio Sodii Carbonatis.

R

Sodium Carbonate .....	1 dram
Tincture of Opium .....	1 dram
Glycerine .....	2 drams
Water to.....	1 ounce

### **Lotio Plumbi Cum Opio.**

R

Solution of lead subacetate (strong) .....	10 minims
Tincture of Opium .....	5 minims
Water to.....	1 ounce

### **Lotio Plumbi Evaporans (1—25).**

R

Solution of Lead Subacetate (strong) .	20 minims
Methyl Alcohol .....	2 drams
Water to.....	1 ounce

### **Lotio Rubra.**

R

Zinc Sulphate .....	2 grains
Compound Tincture of Lavender .....	10 minims
Water to.....	1 ounce

### **Lotio Sulphuris et Zinci.**

R

Potassium Sulphurated.....	15 grains
Zinc Sulphate .....	15 grains
Sulphur Precipitated .....	8 grains
Glycerine .....	15 minims
Rose Water to .....	1 ounce

## LINIMENTUM

### **Linimentum Acidi Carbolici.**

R

Carbolic Acid.....	15 minims
Solution of Potassium Hydroxide .....	15 minims
Olive Oil to .....	1 ounce

### **Linimentum Calaminae.**

R		
Calamine Precipitate.....	40 grains	
Zinc Oxide .....	30 grains	
Olive Oil .....	4 drams	
Solution of Lime to.....	1 ounce	

### **Spiritus Saponis Viridis.**

R		
Green Soap.....	1 dram	
Oil of Lavender .....	10 minims	
Alcohol to.....	1 ounce	

### **Pigmentum "Boeck".**

R		
Resorcin .....	1 dram	
Talc.....	2 drams	
Balsam Beru.....	10 minims	
Mucilage.....	1 dram	
Water to.....	1 ounce	

### **Pigmentum Chrysorobini.**

R		
Chrysorobin.....	45 grains	
Gutta Percha .....	45 grains	
Chloroform to.....	1 ounce	

### **Pulvis Amyli et Zinci Oxidi.**

R		
Zinc Oxide in powder.....	2 parts	
Starch in powder.....	1 part	

### **Pulvis Acidi Borici Compositus.**

R		
Boracic Acid .....	1 part	
Kaolin .....	1 part	
Starch .....	2 parts	

**Pulvis Amyli et Hydrargyri Subchloridi.**

R

Starch

Mercurous Chloride of each equal parts.

**Unguentum Zinci Oxidi cum Hydrargyro.**

R

Ammoniated Mercury .....	30 grains
Zinc Oxide .....	60 grains
Petrolatum to.....	1 ounce

**Unguentum Resorcini.**

R

Resorcin .....	1 dram
Sulphur Precipitated .....	1 dram
Salicylic Acid .....	15 grains
Petrolatum to.....	1 ounce

**Unguentum Hydrargyri Oleatis.**

R

Mercury Oleate.....	1 dram
Oil of Lavender .....	5 minimis
Benzoated Lard to .....	1 ounce

**Unguentum Resorcini Compositum.**

R

Resorcin .....	30 grains
Bismuth Subnitrate .....	20 grains
Tannic Acid.....	15 grains
Boracic Acid .....	45 grains
Oil of Code .....	10 minimis
Petrolatum to .....	1 ounce

**Unguentum Hydrargyri Ammoniati.**

R

Ammoniated Mercury Ointment.....	2 drams
Rose Water Ointment to .....	1 ounce

**Unguentum Diachyli.**

R

Lead Plaster

Petrolatum of each an equal quantity.

**Plasta Fordyce Mitior**

R

Beta Napthal .....	$\frac{1}{2}$ dram
Resorcin .....	$\frac{1}{2}$ dram
Sulphur .....	1 $\frac{1}{2}$ drams
Green Soap .....	2 $\frac{1}{2}$ drams
Petrolatum to.....	1 ounce

**Plasta Fordyce Fortior.**

R

Beta Napthal .....	35 grains
Resorcin .....	70 grains
Sulphur .....	105 grains
Green Soap .....	135 grains
Petrolatum to.....	1 ounce

**Plasta Gelatin—“Unna”.**

R

Zinc Oxide .....	2 drams
Gelatine .....	2 drams
Glycerine .....	2 drams
Water to.....	1 ounce

**Plasta “Lassar”.**

R

Salicylic Acid .....	10 grains
Zinc Oxide,	*
Starch, of each.....	2 drams
Petrolatum to.....	1 ounce

## Division VII.

### FORMULAE FOR USE IN THE TREATMENT OF DISEASES OF CHILDREN

#### Mistura Expectorans No. I.

R

Ammonium Chloride.....	1½ grains
Wine of Ipecac.....	2 minims
Syrup of Licorice .....	20 minims
Water to.....	1 dram

#### Mistura Expectorans No. III.

R

Potassium Citrate.....	5 grains
Wine of Ipecac.....	2 minims
Compound Tincture of Camphor .....	5 minims
Liquid Extract of Licorice.....	10 minims
Syrup of Tolu .....	20 minims
Water to.....	1 dram

#### Mistura Aperiens.

R

Tincture of Belladonna.....	2½ minims
Syrup of Rhubarb.....	15 minims
Syrup of Senna.....	15 minims
Cinnamon Water to.....	1 dram

#### Mistura Astringens.

R

Bismuth Carbonate.....	5 grains
Bismuth Salicylate .....	2 grains
Liquid Extract Logwood.....	5 minims
Chalk Mixture to.....	1 dram

**Mistura Iodidi.**

R

Potassium Iodide.....	5 grains
Syrup of Lemon.....	20 minims
Carraway Water to .....	1 dram

**Mistura Ferri et Strychninae.**

R

Tincture of Ferric Chloride.....	5 minims
Solution of Strychnine .....	1 minim
Syrup of Lemon.....	10 minims
Water to .....	1 dram

**Mistura Acidi Sulphurici et Opii.**

R

Aromatic Sulphuric Acid .....	2 minims
Compound Tincture of Camphor.....	5 minims
Simple Syrup.....	20 minims
Cinnamon Water to .....	1 dram

**Mistura Ammonii et Ipecacuanhae.**

R

Ammonium Carbonate.....	1 grain
Wine of Ipecac.....	5 minims
Syrup of Orange .....	10 minims
Water to .....	1 dram

**Mistura Rheumatica.**

R

Sodium Salicylate.....	5 grains
Potassium Bicarbonate.....	5 grains
Compound Tincture of Cardamoms ....	15 minims
Water to .....	1 dram

### **Mistura Alkalina.**

R		
Sodium Bicarbonate.....	5 grains	
Potassium Citrate.....	5 grains	
Tincture of Nux Vomica.....	5 minims	
Compound Tincture of Gentian .....	5 minims	
Syrup.....	20 minims	
Water to.....	1 dram	

### **PULVERES**

#### **Pulvis Hospitalis.**

R		
Bismuth Salicylate .....	2 grains	
Sodium Bicarbonate.....	2 grains	
Mercury and Chalk Powder.....	½ grain	

#### **Pulvis Anthelminticus.**

R		
Santonin .....	1 grain	
Mercurous Chloride.....	½ grain	
Sodium Bicarbonate.....	2 grains	

#### **Pulvis Hydrargyri et Rhei.**

R		
Mercury and Chalk Powder.....	2 grains	
Powdered Rhubarb Root .....	3 grains	
Sodium Bicarbonate.....	5 grains	

#### **Pulvis Catharticus.**

R		
Mercurous Chloride.....	1 grain	
Jalap in Powder .....	5 grains	
Ginger in Powder .....	2 grains	

**Mistura Ferri et Ammonii Citratis.**

R

Iron and Ammonium Citrate .....	2 grains
Syrup of Orange .....	10 minimis
Water to.....	1 dram

**Mistura Acidi Hydrochloridi et Chloriformi.**

R

Diluted Hydrochloric Acid .....	3 minimis
Spirits of Chloroform.....	5 minimis
Aromatic Elixir .....	5 minimis
Water to.....	1 dram

**Mistura Olei Ricini et Opii.**

R

Castor Oil.....	15 minimis
Compound Tincture of Camphor .....	8 minimis
Syrup.....	15 minimis
Cinnamon Water to .....	1 dram

**Mistura Bismuthi.**

R

Bismuth Carbonate.....	10 grains
Tincture of Catechu.....	5 minimis
Compound Tincture of Camphor .....	5 minimis
Water to.....	1 dram

**Mistura Cretae.**

R

Prepared Chalk .....	4 grains
Tragacanth .....	$\frac{1}{2}$ grain
Sugar.....	10 grains
Cinnamon Water to.....	1 dram

**Mistura Ammoniae Aromaticæ.**

R

Sodium Bicarbonate.....	5 grains
Aromatic Spirits of Ammonia .....	2 minims
Glycerine .....	5 minims
Peppermint Water to.....	1 dram

**Mistura Cascarae Sagradae.**

R

Aromatic Syrup of Cascara.....	30 minims
Caraway Water to .....	1 dram

**Mistura Rhei et Sodaæ.**

R

Rhubarb Root in Powder.....	2 grains
Sodium Bicarbonate.....	5 grains
Syrup of Ginger .....	10 minims
Cinnamon Water to .....	1 dram

**Mistura Magnesii.**

R

Magnesium Sulphate .....	10 grains
Magnesium Carbonate.....	5 grains
Syrup .....	20 minims
Peppermint Water to.....	1 dram

**Mistura Potassii Bromidi.**

R

Potassium Bromide.....	5 grains
Tincture of Capsicum.....	2 minims
Syrup of Lemon. ....	30 minims
Caraway Water to .....	1 dram

**Mistura Chloral.**

R		
Potassium Bromide .....	10 grains	
Chloral Hydrate.....	5 grains	
Syrup of Lemon.....	15 minims	
Water to.....	1 dram	

**Mistura Olei Morrhuae et Ferri.**

R		
Cod Liver Oil .....	30 minims	
Iron and Ammonia Citrate .....	2½ grains	
Acacia in Powder .....	10 grains	
Syrup of Lemon.....	10 minims	
Carraway Water to .....	1 dram	

**Mistura Olei Morrhuae Composita.**

R		
Cod Liver Oil .....	15 minims	
Syrup of Ferrous Iodide .....	7½ minims	
Compound Syrup of Hypophosphites...	7½ minims	
Water to.....	1 dram	

**Mistura Malti Ferratum.**

Ferrous Iodide .....	1 grain
Cod Liver Oil .....	15 minims
Malt Extract to.....	1 dram

## DIVISION VIII.

### FORMULAE FOR USE IN THE DISEASES OF THE EYE.

#### GUTTAE.

##### Guttae Acidi Borici.

R		
Boric Acid .....	4 grains	
Distilled water to.....	2 drams	

##### Guttae Atropinae (1%).

R		
Atropine Sulphate .....	1½ grains	
Distilled water to.....	2 drams	

##### Guttae Atropinae (2%).

R		
Atropine Sulphate .....	2½ grains	
Distilled water to.....	2 drams	

##### Guttae Cocainae (2%).

R		
Cocaine Hydrochloride .....	2½ grains	
Distilled water to.....	2 drams	

##### Guttae Cocainae (4%).

R		
Cocaine Hydrochloride .....	5 grains	
Distilled water to.....	2 drams	

##### Guttae Argenti Nitratis (1%).

R		
Silver Nitrate .....	1½ grains	
Distilled water to.....	2 drams	

**Guttae Argenti Nitratis (2%).**

R	
Silver Nitrate .....	2½ grains
Distilled water to.....	2 drams

**Guttae Argenti Nitratis (3%).**

R	
Silver Nitrate .....	3½ grains
Distilled water to.....	2 drams

**Guttae Argenti Nucleinate (3%).**

R	
Silver Nucleinate .....	3½ grains
Distilled water to.....	2 drams

**Guttae Argenti Nucleinate (10%).**

R	
Silver Nucleinate .....	12 grains
Distilled water to.....	2 drams

**Guttae Argenti Nucleinate (20%).**

R	
Silver Nucleinate .....	25 grains
Distilled water to.....	2 drams

**Guttae Homatropinae.**

R	
Homatropine Hydrochloride .....	¼ grain
Distilled water to.....	2 drams

**Guttae Adrenalin 1-5000.**

R	
Solution of Adrenalin Chloride 1-1000..	25 minimis
Sodium Chloride .....	1 grain
Distilled water to.....	2 drams

**Guttae Adrenalin 1-2000.**

R

Solution of Adrenalin Chloride 1-1000..	60 Minims
Sodium Chloride .....	1 grain
Distilled water to.....	2 drams

**Guttae Homatropinae (1%).**

R

Homatropine Hydrohomide .....	1½ grains
Sodium Chloride .....	1 grain
Distilled water to.....	2 drams

**Guttae Homatropinae (1% "R. B.") .**

R

Homatropine Hydrochloride .....	1½ grains
Distilled water to.....	2 drams

**Guttae Argentum Proteinate (5%).**

R

Silver Proteinate .....	6 grains
Distilled water to.....	2 drams

**Guttae Argentum Proteinate (10%).**

R

Silver Proteinate .....	12 grains
Distilled water to.....	2 drams

**Guttae Zinci Chloridi 1-500.**

R

Zinc Chloride .....	¼ grain
Distilled water to.....	2 drams

**Guttae Zinci Sulphatis 1-100.**

R

Zinc Sulphate .....	1½ grains
Distilled water to.....	2 drams

Guttae Zinci Sulphatis 1-500.

R		
Zinc Sulphate	.....	1/4 grain
Distilled water to	.....	2 drams

Guttae Acidi Tannici.

R		
Tannic Acid	.....	2 1/2 grains
Glycerine	.....	15 minims
Distilled water to	.....	2 drams

Guttae Hydrargyri Perchloride.

R		
Mercuric Chloride	.....	1/40 grain
Distilled water to	.....	2 drams

Guttae Potassii Permanganatis.

R		
Potassium Permanganate	.....	1/32 grain
Distilled water to	.....	2 drams

Guttae Sodii Boratis Compositae.

R		
Sodium Borate	.....	2 grains
Acid Boric	.....	2 grains
Camphor water	.....	30 minims
Distilled water to	.....	2 drams

Guttae Sodii Salicylatis.

R		
Sodium Salicylate	.....	2 1/2 grains
Distilled water to	.....	2 drams

## FOMENTA.

To be applied at a temperature of 100 to 110 degrees.

### Fomentum Acid Borici 1-100.

R		
Acid Boric .....	5 grains	
Water to .....	1 ounce	

## COLLYRIA.

### Collyrium Acid Borici 1-40.

R		
Acid Boric .....	15 grains	
Distilled water to.....	1 ounce	

### Collyrium Hydrargyri Perchloridi 1-5000.

R		
Mercuric Chloride .....	1/10 grain	
Distilled water to.....	1 ounce	

### Collyrium Boratum.

R		
Sodium Borate .....	5 grains	
Acid Boric .....	10 grains	

### Collyrium Evaporans.

R		
Rectified Spirits .....	2 drams	
Oil of Lavender .....	1 minim	
Distilled water to.....	1 ounce	

### Collyrium Zincii Sulphatis.

R		
Zinc Sulphate .....	5 grains	
Acid Boric .....	10 grains	
Distilled water to.....	1 ounce	

## LAMELLAE.

### Lamellae Homatropine and Cocaine.

R

Homatropine Hydrobromide .....	1/50 grain
Cocaine Hydrochloride .....	1/50 grain

### Lamellae Homatropinae with Cocainaee.

R

Homatropine Hydrochloride .....	1/200 grain
Cocaine Hydrochloride .....	1/100 grain

## UNGUENTUM.

### Unguentum Borici.

R

Acid Boric .....	1 grain
Oil of Sweet Almonds.....	1 minim
White Petrolatum to.....	2 drams

### Unguentum Hydrargyri Oxidi Flavi (2%).

R

Yellow Mercuric Oxide.....	2½ grains
White Petrolatum to.....	2 drams

### Unguentum Hydrargyri Ammoniati.

R

Ammoniated Mercury .....	2½ grains
White Petrolatum to.....	2 drams

### Unguentum Hydrargyri Nitratis (10%).

R

Ointment of Mercury Nitrate.....	12 grains
White Petrolatum .....	2 drams

### Unguentum Ichthyol (2%).

R

Ammonium Ichthosulphonate .....	2½ grains
White Petrolatum .....	2 drams

**Unguentum Iodoformi (10%).**

R		
Iodoform in powder.....	2½ grains	
White Petrolatum .....	2 drams	

**Unguentum Cocainae (2%).**

R		
Cocaine Hydrochloride .....	2½ grains	
White Petrolatum to.....	2 drams	

**Unguentum Atropinae (1%).**

R		
Atropine Sulphate .....	1¼ grains	
White Petrolatum to.....	2 drams	

**Unguentum Atropinae cum Acidi Borico.**

R		
Atropine Sulphate .....	1 grain	
Acid Boric .....	2½ grains	

White Petrolatum to..... 2 drams

**Unguentum Atropinae et Cocainae.**

R		
Atropine Sulphate .....	½ grain	
Cocaine Hydrochloride .....	1 grain	

White Petrolatum to..... 2 drams

**Unguentum Oxidi Flavi Compositum.**

R		
Atropine Sulphate .....	1¼ grains	
Yellow Mercuric Oxide.....	2½ grains	

White Petrolatum to..... 2 drams

## DIVISION IX.

### FORMULAE FOR USE IN THE TREATMENT OF DISEASES OF THE EAR, NOSE AND THROAT.

#### Liquor Antisepticus.

R		
Potassium Bicarbonate .....	4 grains	
Sodium Benzoate .....	4 grains	
Sodium Borate .....	1 grain	
Thymol .....	1/40 grain	
Eucalyptol		
Oil of Peppermint—of each.....	1/40 minim	
Oil of Wintergreen.....	1/30 minim	
Rectified Spirits .....	8 minims	
Glycerine .....	30 minims	
Water to .....	2 drams	

#### Liquor Boracis Compositus.

R		
Sodium Borate .....	5 grains	
Sodium Bicarbonate .....	5 grains	
Acid Carbolic .....	1 minim	
Glycerine .....	6 minims	
Water to .....	2 drams	

#### GARGARISMATA.

##### Gargarisma Acidi Carbolici.

R		
Acid Carbolic .....	4 minims	
Glycerine .....	10 minims	
Water to .....	2 drams	

**Gargarisma Potassii Chloratis.**

R		
Potassium Chlorate .....	10 grains	
Glycerine .....	30 minims	
Water to .....	2 drams	

**Gargarisma Ferri.**

R		
Tincture of Iron Chloride.....	15 minims	
Potassium Chlorate .....	10 grains	
Syrup of Lemon.....	30 minims	
Water to .....	2 drams	

**Gargarisma Alkalina.**

R		
Potassium Chlorate .....	10 grains	
Sodium Bicarbonate .....	10 grains	
Potassium Bicarbonate .....	10 grains	
Water to .....	2 drams	

**Gargarisma Acidi Carbolici et Acidi Borici.**

R		
Acid Boric .....	10 grains	
Acid Carbolic .....	2 minims	
Glycerine .....	15 minims	
Rose Water to.....	2 drams	

**Gargarisma Potassii Permanganatis (1-5000).**

R		
Solution of Potassium Permanganate..	10 minims	
Water to .....	2 drams	

**Gargarisma Hydrargyri Perchloridi.**

R		
Mercuric Chloride .....	$\frac{1}{2}$ grain	
Glycerine .....	10 minims	
Water to .....	2 drams	

**Gargarisma Alumini.**

R	
Alum .....	2½ grains
Glycerine .....	10 minimis
Water to .....	2 drams

NOTE.—The above gargles to be used in the proportion of 1 to 4.

**GUTTAE.**

**Guttae Acidi Borici.**

R	
Acid Boric .....	5 grains
Water to .....	2 drams

**Guttae Acidi Borici Compositae.**

R	
Acid Boric .....	5 grains
Glycerine .....	10 minimis
Solution of Mercuric Chloride.....	15 minimis
Rectified Spirits to.....	2 drams

**Guttae Sodii Bicarbonatis.**

R	
Sodium Bicarbonate .....	5 grains
Glycerine .....	10 minimis
Water to .....	2 drams

**Guttae Alkalinae.**

R	
Sodium Bicarbonate .....	10 grains
Glycerine .....	15 minimis
Water to .....	2 drams

**Guttae Hydrogenii Peroxidi.**

R	
Solution of Hydrogen Peroxide.....	1 dram
Water to .....	2 drams

**Guttae Menthol Compositae.**

R		
Menthol	.....	12 grains
Camphor	.....	12 grains
Olive Oil to	.....	2 drams

**Guttae Zinci Sulphatis.**

R		
Zinc Sulphate	.....	1 grain
Water to	.....	2 drams

**Guttae Acidi Carbolici.**

R		
Acid Carbolic	.....	15 minimis
Glycerine to	.....	2 drams

**LOTIONES.**

**Lotio Zinci Sulphatis et Acidi Carbolici.**

R		
Zinc Sulphate	.....	1 grain
Acid Carbolic	.....	1 minim
Glycerine to	.....	2 drams

**Lotio Acidi Borici et Alcohol.**

R		
Acid Boric	.....	5 grains
Rectified Spirits to	.....	2 drams

**Lotio Hydrargyri Perchloridi.**

R		
Mercuric Chloride	.....	1/40 grain
Water to	.....	2 drams

## COLLUNARIA.

### Collunarium Acidi Borici.

R	
Acid Boracic .....	15 grains
Distilled Water to.....	2 drams

### Collunarium Boracic Glyceridi.

R	
Boroglyceride .....	10 grains
Sodium Chloride .....	2 grains
Distilled Water to.....	2 drams

### Collunarium Boracic Carbolumatum.

R	
Sodium Bicarbonate .....	5 grains
Sodium Borate .....	5 grains
Acid Carbolic .....	2 minims
Distilled Water to.....	2 drams

### Collunarium Alkalimum.

R	
Sodium Bicarbonate .....	5 grains
Sodium Borate .....	5 grains
Sodium Chloride .....	1 grain
Distilled Water to.....	2 drams

## INSUFFLATIONES.

### Insufflato Acidi Borici.

R	
Acid Boric in Impalpable Powder.	

### Insufflato Bismuthi.

Bismuth Subgallate .....	1 dram
Morphine Hydrochloride .....	2 grains
Acid Boracic to.....	2 drams

**Insufflato Orthoform.**

R

Orthoform .....	1 dram
Acid Boracic .....	1 dram

**Insufflato Iodoform.**

R

Iodoform in fine powder.....	30 grains
Acid Boric to.....	2 drams

DIRECTIONS.—A small amount of the powder to be placed in the tube of the insufflator and blown into the throat.

**NEBULAE.**

**Nubula Eucalyptol.**

R

Eucalyptol .....	2½ minims
Liquid Petrolatum to.....	2 drams

**Nebula Menthol.**

R

Menthol .....	2½ grains
Liquid Petrolatum .....	2 drams

**Nebula Zinci Chloridi.**

R

Zinc Chloride .....	4 grains
Water to .....	2 drams

**Nebula Acidi Tannici.**

R

Acid Tannic .....	2½ grains
Acid Carbolic .....	¼ minim
Glycerine .....	5 minims
Oil of Peppermint .....	½ minim
Water to .....	2 drams

**Nebula Camphorae Composita.**

R

Camphor

Menthol of each .....	½ grain
Oil of Eucalyptus.....	½ minim
Liquid Petrolatum to .....	2 drams

**Nebula Astringens.**

R

Acid Tannic

Acid Gallic of each.....	2 grains
Sodium Borate .....	2½ grains
Water to .....	2 drams

DIRECTIONS.—To be used as a throat spray  
with atomizer.

**PIGMENTA.**

**Pigmentum Acidi Tannici.**

R

Acid Tannic .....	5 grains
Acid Salicylic .....	2½ grains
Glycerine to .....	2 drams

**Pigmentum Iodi Campositum.**

R

Iodine .....	5 grains
Potassium Iodide .....	10 grains
Oil of Peppermint.....	1½ minims
Glycerine to .....	2 drams

**Pigmentum Argenti Nitratis.**

R

Silver Nitrate .....	6 grains
Distilled Water to .....	2 drams

**Pigmentum Argentum Nucleinata.**

R

Silver Nucleinate .....	12½ grains
Distilled Water to.....	2 drams

**Pigmentum Astringens.**

R

Alum .....	5 grains
Glycerine .....	1 dram
Distilled Water to.....	2 drams

**Pigmentum Zinci Sulphatis.**

R

Zinc Sulphate .....	1 grain
Glycerine .....	½ dram
Distilled Water to.....	2 drams

**Pigmentum Acidi Carbolic et Acidi Tannici.**

R

Acid Carbolic .....	
Acid Tannic—of each .....	5 grains
Glycerine to .....	2 drams

**Pigmentum Ferri.**

R

Solution of Ferric Chloride.....	10 minims
Glycerine .....	15 minims
Oil of Peppermint.....	1 minim
Water to .....	2 drams

**UNGUENTA.**

**Unguentum Hydrargyri Oxidi Rubri.**

R

Mercuric Oxide Red.....	2½ grains
White Petrolatum to.....	2 drams

**Unguentum Hydrargyri Oxidi Flavi.**

R

Mercuric Oxide Yellow.....	2½ grains
White Petrolatum to.....	2 drams

**Unguentum Hydrargyri Ammoniati.**

R

Ointment of Ammoniated Mercury.....	25 grains
Ointment of Zinc Oxide to.....	2 drams

**Unguentum Hydrargyri Iodidi Rubri.**

R

Mercuric Iodide Red.....	12 grains
White Petrolatum to.....	2 drams

**Unguentum Menthol.**

R

Menthol .....	2½ grains
Oil of Wintergreen.....	1 minim
White Petrolatum to.....	2 drams

**TABELLAE.**

**Tabella Ammonii Chloridi Sedativa.**

R

Ammonium Chloride .....	2 grains
Compound Tincture of Camphor.....	3 minims
Syrup of Squills	
Syrup of Tolu—of each.....	10 minims
Extract of Licorice.....	3 grains

**Tabella "Rhinitis."**

R

Quinine Hydrochloride .....	¼ grain
Camphor .....	¼ grain
Extract Belladonna .....	1/20 grain

DIVISION X.

FORMULAE FOR USE IN THE TREATMENT  
OF DISEASES OF THE GENITO-URINARY  
SYSTEM.

INJECTIO.

Injectio Argentum Proteinate (1-500).

R

Silver Proteinate in a powder..... 1 grain  
One powder to be dissolved in an ounce of water and injected into the anterior urethra to sterilize, before using Catheters, Sounds, Cystoscopes, Lithotrites, etc.

Injectio "Alypin."

R

"Alypin" in a powder..... 5 grains  
One powder to be dissolved in one ounce of water and inject into the urethra to anaesthetize.

Injectio Argentum Proteinate (Neisser No. 1).

R

Silver Proteinate in a powder..... 4 grains  
One powder to be dissolved in four ounces of water and use as an urethral injection every hour.

Injectio Potassii Permanganatis (Neisser No. 2).

R

Potassium Permanganate in a powder 15 grains  
One powder to be thoroughly dissolved in one ounce of water and use one teaspoonful to one quart of warm water twice a day for "Janet" irrigation.

**Injectio Zinc Acetas.**

R

Zinc Acetate ..... 3 grains

Diluted Solution of Lead Subacetate... 3 ounces

To be used four times a day as an astringent injection.

**Catheter Lubricant.**

R

Tragacanth in powder..... 45 grains

Glycerine ..... 5½ drams

Mercury Oxycyanide ..... 3½ grains

Water to ..... 3 ounces

To make a Lubricant.

To be stored in Collapsible Tubes.

To be used on all instruments introduced into the urethra.

**URINARY ANTISEPTICS (LOCAL).**

I.

R

Alphozone in a powder..... 7½ grains

One powder to be dissolved in one or two pints of warm water and use as an irrigation in Ammoniacal infections.

II.

Formalin.

To be used in strengths of 1-5000 to 1-1500 of warm water as an irrigation in Ammoniacal infections.

III.

Acidi Borici.

To be used warm in a solution one-half the strength of the Saturated Solution.

IV.

R

Silver Nitrate in a powder..... 7½ grains

One powder to be dissolved in a pint of water  
and apply to the bladder through a Catheter after  
washing bladder. Never to be used under pres-  
sure sufficient to cause discomfort.

To make 2% Solution use one powder to three  
ounces of water.

URINARY ANTISEPTICS (ORAL).

Mistura Potassii Acetas.

I.

R

Potassium Acetate ..... 30 grains

Water to ..... 2 drams

Four times a day.

Mistura Acidi Phosphatus Dilutum.

II.

R

Diluted Phosphoric Acid ..... ½ dram

Water to ..... 2 drams

Three times a day.

III.

R

Salol in powder ..... 15 grains

Four times a day.

IV.

R

Hexammina ..... 7½ grains

Acid Boracic ..... 7½ grains

Four times a day.

To be increased till Formalin appears in the  
urine or till dyspepsia, pain in the back or scald-  
ing urination.

Mistura Potassii Citras.

V.

R

Potassium Citrate .....	5 grains
Tincture of Hyoscyamus.....	7½ minims
Infusion of Couch Grass.....	30 minims
Syrup of Orange.....	20 minims
Water to .....	2 drams
In a wineglass of water every six hours.	

FOR TUBERCULAR BLADDERS.

I.

R

"Gomenal" .....	4 minims
Olive Oil to.....	40 minims

Inject into the bladder twice a day.

II.

R

Iodoform .....	20 grains
Guaiacol .....	1 ounce
Olive Oil .....	4 ounces

Inject 80 minims into the bladder three times a day.

III.

R

Mercuric Chloride.

30 minims of 1-10,000 to 1½ ounces of 1-1000 as can be borne.

ANALGESICS (RECTAL).

I.

Suppositoria Morphinae et Belladonnae.

R

Extract of Opium.....	½ grain
Extract of Belladonna.....	¼ grain

In each suppository.

II.

Mistura Phenazonum.

B

Antipyrine ..... 15-30 grains  
Tincture of Opium..... 10-20 minims  
Water to .....  $\frac{1}{2}$  ounce

Inject into rectum.

RADIOGRAPHY.

I.

Collargol ..... 7% to 10%

II.

Silver Nucleinate ..... 40%

III.

Emulsion of Silver Iodide..... 5%

HAEMORRHAGE OF BLADDER.

I.

B  
Tannic Acid ..... 1 dram  
Glycerine ..... 1 ounce

One dram to a pint of warm water as an irrigation.

II.

Alum.

B

Two drams in a pint of warm water as an irrigation.

STRICTURE.

I.

Methylene Blue ..... 1-2000 Solution

To be injected into the Urethra to stain and thus mark passage, when no filiform can be passed. Use before "External Urethrotomy without a guide."

## DIVISION XI.

### FORMULAE FOR USE IN THE OBSTETRICAL AND GYNAECOLOGICAL DEPARTMENTS.

#### DOUCHES.

Boracic Acid—

Saturated Solution.

Creolin—

1 dram to the pint of water.

Solution of Cresol with Soap—

1% to 2%.

Mercury Perchloride—

1 in 3000.

1 in 5000.

Formalin—

1 - 2000.

Saline—

1 dram to the pint of water.

#### UNGUENTA.

##### Breast Ointment No. 1.

R

Bismuth Oxide .....	1 ounce
Oleic Acid .....	8 ounces
White Wax .....	3 ounces
Petrolatum .....	1 ounce

Apply on breast papers to nipples.

##### Breast Ointment No. 2.

R

Boracic Acid .....	6 drams
Argyrol .....	2 drams
Lanoline .....	1 ounce
Petrolatum .....	4 ounces

Apply on breast papers to nipples.

## MISTURAE.

### Mistura Ferri et Malt.

R

Iron and Ammonium Citrate.....	5 grains
Tincture Nux Vomica .....	7½ minims
Malt Extract .....	30 grains
Sherry Wine .....	30 minims
Syrup of Orange.....	30 minims
Water to .....	2 drams

### Mistura Ergot et Strychninae.

R

Liquid Extract of Ergot.....	20 minims
Solution of Strychnine.....	3 minims
Syrup of Orange.....	1 dram
Water to .....	2 drams

## PILULA.

### Ergotae, Quininae et Strychninae.

R

Extract of Ergot	
Quinine Sulphate—of each .....	1½ grains
Strychnine Sulphate .....	1/30 grain

## DIVISION XII.

### FORMULAE FOR USE IN THE DENTAL DEPARTMENT.

#### PIGMENTA.

##### Pigmentum Menthol Compositum.

R		
Menthol .....	.....	5 grains
Chloroform .....	.....	½ dram
Tincture Aconite .....	.....to	2 drams

##### Pigmentum Cocainae. Compositum.

R		
Cocaine .....	.....	4 grains
Thymol .....	.....	5 grains
Water to .....	.....	2 drams

##### Pigmentum Cocainae.

R		
Cocaine .....	.....	4 grains
Chloroform .....	.....	½ dram
Ether to .....	.....	2 drams

##### Pigmentum Menthol et Iodidi.

R		
Menthol .....	.....	4 grains
Iodine .....	.....	4 grains
Chloroform .....	.....	5 minimis
Tincture of Aconite.....	.....	2 drams

## DIVISION XIII.

### POISONS AND THEIR TREATMENT.

#### General Principles to Be Observed in Cases of Poisoning.

Firstly—Remove the poison from the stomach as soon as possible. This is done by Stomach Lavage or Emesis. Exceptions being cases of strong acids or alkalis, where a corrosive effect has likely been manifested.

Secondly—Administer the proper antidotes, which, by chemical reaction, render the poison inactive.

Thirdly—Elimination of poison by natural means, as purging, sweating, and by acting through lungs.

Fourthly—Counteract shock and relieve symptoms as they arise.

#### Emetics and Doses.

(a) Mustard—A tablespoonful in two-thirds of a tumbler of warm water.

(b) Salt and Water—Four tablespoonfuls of salt in a tumbler of warm water.

(c) Apomorphine Hydorchloride— $\frac{1}{20}$  to  $\frac{1}{4}$  grain to  $\frac{1}{4}$  (hypodermically). Average does,  $\frac{1}{10}$  grain.

(d) Zinc Sulphate—30 grains dissolved in half a tumberful of warm water.

(e) Ipecacuahana—

Powder: Grs. XXX dissolved in a tumberful of warm water.

Wine: Adult, 1 ounce;

Child: Half ounce.

(f) Carbonate of Ammonia—30 to 40 grains dissolved in a tumbler of warm water.

(g) Mechanical stimulation of fauces and back of pharynx with finger or feather.

**The Following Are the Most Common Poisons:**

**Acids—**

Acetic, Carbolic, Hydrochloric, Hydrocyanic,  
Nitric, Oxalic, Sulphuric, Tartaric.

**Acetanilid.**

Aconite.

Alcohol.

Antipyrin.

**Alkalies, Caustics—**

Caustic Potash, Caustic Soda, Lye, Ammonia.

**Antimony—**

Tartar Emetic.

Arsenic.

Barium.

Cantharides.

Chloral Hydrate.

Cocaine.

Copper Salts.

Digitalis.

Lead Salts.

Mercury Salts.

Morphine.

Phosphorus.

Ptomaines.

Strychnine.

Chloroform.

Gases.

**The Following Stimulants Are Useful in  
Poisoning:**

Vapours—Ether, Ammonia, Ammonia Carbonate,  
Amyl Nitrite.

**Hypodermically—**

Strychnine ..... 1/30 grain

Caffein ..... 2 1/2 grain

Digitalin ..... 1/50 grain

**Enemata—**

Hot Coffee.

Do not forget to keep patient warm.

The following Demulcents are used:

- White of Egg.
- Linseed Tea.
- Oils—Olive, Castor.
- Milk, Cream.
- Alkalies.

#### Specific Treatment for Each Poisoning Case.

Acids:

##### **Carbolic—**

1. Wash out stomach with a solution of Alcohol or Alcoholic Stimulant.
2. Demulcent drinks, as white of egg, milk, olive oil.
3. Magnesium Sulphate Solution in drachm doses every half hour for six or eight doses.
4. Treat collapse by stimulating drugs and keeping patient very warm.
5. Artificial respiration when needed.

##### **Hydrocyanic—**

(Also Salts of this Acid, as Potassium Cyanide, Oil of Bitter Almond.)

1. Emetic, or Stomach Lavage.
2. Artificial respiration.
3. Ammonia to the nostrils.
4. Stimulants and means of counteracting shock.

Treatments must be very prompt.

(May use 2% Solution of Copper Sulphate for Stomach Lavage.)

\*

##### **Acetic—**

Hydrochloric,  
Nitric,  
Tartaric,  
Sulphuric,

(These may all be treated similarly.)

1. Do not use Stomach Tube.

2. Neutralize the acid with any of the following:
  - Chalk,
  - Soap and Water,
  - Whitewash,
  - Magnesia,
  - Baking Soda.
3. Demulcents:
  - White of Egg,
  - Milk,
  - Oils.
4. Alleviate pains.
5. Counteract shock.

**Oxalic—**

1. Stomach Tube or Emetic.
2. Antidotes, as:
  - Whitewash from wall.
  - Saccharated Lime.
  - Lime Water.
  - Chalk, etc.
3. Oils:
  - Castor Oil,
  - Olive Oil.
4. Demulcent drinks.  
Do not use Alkalies or Alkaline Carbonates.  
The Antidotes may be used in washing out the stomach.
5. Counteract shock.

**Acetanilide, Aconite, Antipyrin. Atropine:**

1. Stomach Lavage.
2. Counteract shock, stimulants, warmth.
3. Posture.
4. Artificial respiration.

**Alkalies:**

Caustic Potash, Caustic Soda, Ammonia—

1. Lots of water.
2. Morphine for pains.
3. Stimulants.

4. Demulcents, Oils, Linseed Tea.
5. The following are useful if given in solution: Tartaric Acid, Lemon Juice, Citric Acid, Vinegar.

Do not use Stomach Pump.

#### **Antimony:**

Tartar Emetic—

1. Stomach Lavage and Emetics.
2. Lots of water.
3. Quantities of strong Tea or Tannic Acid: 20 to 30 grains.
4. Demulcent drinks.
5. Counteract shock; stimulants, warmth.
6. Alleviate pains.

#### **Arsenic:**

1. Stomach Lavage or Emetics.
2. As Antidotes two forms of Iron are found useful: Ferric Hydrate and the Dialyzed Iron. If the patient is conscious a Precipitate in large amounts in water may be used. It can be prepared by using half ounce Tincture of Iron Chloride in a few ounces of water with an equal quantity of Ammonia or Sodium Carbonate and filter.
3. Demulcent drinks.
4. Morphine, if pain.
5. Counteract shock.
6. Magnesia in large amounts.

#### **Barium:**

1. Stomach Lavage or Emetics.
2. Counteract shock.
3. Magnesium Sulphate in large doses.

#### **Cantharides (Spanish Fly):**

1. Stomach Lavage or Emetics.
2. Demulcent drinks.
3. Cathartics.
4. Counteract shock.

5. Hot baths, if secretion of kidneys checked.  
Do not give any Oils.

**Chloral Hydrate:**

1. Stomach Lavage or Emetics.
2. Prevent sleeping if possible.
3. Artificial respiration.
4. Stimulants and warmth.
5. Oxygen.

**Cocaine:**

1. Stimulants, especially Vapors.
2. Control convulsions.
3. Artificial respiration.
4. Amyl Nitrite.

**Copper:**

1. Stomach Lavage or Emetics.
2. Demulcents, Milk.
3. Relieve pain.
4. Potassium Ferrocyanide in water.
5. Counteract shock.

**Chloroform, Ether:**

1. Lower head.
2. Raise jaw, pull tongue out.
3. Artificial respiration.
4. Oxygen.
5. Stimulants and warmth.
6. See that air passages are free.
7. Amyl Nitrite, if respiratory failure.

**Digitalis:**

1. Emetic or Stomach Lavage with strong Tea.
2. Tannic Acid high as 30 grains.
3. Recumbent position.
4. Stimulants.

**Gases:**

1. Fresh air.
2. Oxygen.
3. Artificial respiration.

4. Stimulants.
5. Warmth.

**Lead:**

1. Stomach Lavage.
2. Salts—Epsom, Glauber
3. Demulcent drinks.
4. Stimulants.
5. Relieve pain.

**Mercury:**

1. Stomach Lavage or Emetics.
2. Albumen, White of Egg.
3. Alleviate pain.

**Morphine:**

1. Wash out stomach with weak solution of Potassium Permanganate, 10 grains to half a pint of water.
2. May give Emetic.
3. Stimulants:
  - Strychnine, hypodermically.
  - Strong Coffee, by mouth or Enema.
4. Keep patient aroused; try to keep walking about by either pinching, by electric current or striking with a cold wet towel.
5. Artificial respiration, if necessary.
6. Atropine Sulphate, hypodermically, for respirations.
7. Oxygen.
8. Warmth.

**Phosphorous:**

1. Avoid use of Oils.
2. Copper Sulphate, 10 to 15 grains dissolved in water.
3. Stomach Lavage with weak solution of Potassium Permanganate.
4. Demulcent drinks, free from Oils.
5. Magnesium Sulphate.
6. Stimulants and warmth.
7. Alleviate pain.

**Ptomaines:**

1. Stomach Lavage or Emetics.
2. Active Purgation.
3. Stimulants.
4. Morphine for pain.

**Strychnine:**

1. If no convulsions, use Stomach Tube.
2. If convulsions, use Emetic.
3. Anaesthesia to prevent convulsions.
4. Also Morphine, hypodermically, or Bromides to depress the nervous system.
5. Artificial respiration.

## DIVISION XIV.

### DIETS.

#### V. G. H.

Diets for Use in the Wards.

Diets for General Use in the Wards.

The following classes of Diet are recognized:

Liquid Diet.

Soft Diet.

Light Diet.

Regular Diet.

Special Diet.

#### Liquid Diet.

Milk.

Buttermilk.

Broths, Gruels.

Cocoa.

Barley Water.

Malted Milk.

Strained Soups.

Albumin Water.

Fruit Juices.

Junket.

Whey.

Extras—

Ice Cream.

Water Ice.

#### Soft Diet.

Liquid Diet with the following addition:

Bread and Butter.

Dry Toast.

Milk Toast.

Graham Bread.

Gelatins.  
Cereals.  
Rice.  
Macaroni.  
Plain Puddings.  
Custards.  
Eggs.

Extras--  
Scraped Beef.

#### **Light Diet.**

Soft Diet with the following additions:  
Fish, except Salmon.  
Steaks.  
Chops, Lamb or Mutton.  
Tripe.  
Baked Potatoes.  
Stewed Fruit.  
Chicken (occasionally).

Extras—  
Chicken.  
Sweetbreads.  
Oranges.  
Grape Fruit.  
Asparagus.  
Lettuce.

#### **Regular Diet.**

See Hospital daily menu.

#### **Special Diet.**

To be ordered in writing by the Attending Doctor.

## DIVISION XV.

### ENEMATA.

#### I.

##### Nutrient.

###### Preparation:

A short time before wash out Rectum with Normal Saline Solution. (None of cleansing solution to be retained.)

The Enema should be kept as closely as possible at 100 degrees F. Repeated in six hours if necessary.

Should be poured very slowly into Rectum.

In case of irritability arising, lessen the amount used or change character of same. If this fails, inject an ounce of Starch Solution, containing 15 drops of Tincture of Opium, into Bowels a few minutes before Enema is to be given.

The following formulae are used:

###### No. I.

Fresh Milk .....	4 ounces
One Egg .....	
Raw Beef Juice.....	1 ounce
Brandy .....	$\frac{1}{2}$ ounce
Pancreatic Solution .....	1 dram

###### No. II.

Fresh Milk .....	4 ounces
One Egg .....	
Salt .....	a pinch
Peptonizing Powder .....	10 grains
Brandy .....	$\frac{1}{2}$ ounce

No. III.

Fresh Milk .....	4 ounces
One Egg .....	
Sodium Bicarbonate .....	20 grains
Pancreatic Solution .....	1 dram

No. IV.

Lean Beef .....	4 ounces
Beef Tea .....	4 ounces
Peptonizing Powder .....	10 grains
Diluted Hydrochloric Acid.....	1 dram

I.

Purgative.

Simple Enema (or Soap Suds), pint of water at 100 degrees F., and Castile Soap sufficient to make a lather.

Oil Enema.

Olive Oil .....	6 ounces
Simple Enema .....	14 ounces

Glycerine Enema.

Glycerine .....	4 drams
Water .....	12 ounces

Castor Oil Enema.

Castor Oil .....	1 ounce
Soap Suds .....	1 pint

One, Two, Three Enema.

Glycerine .....	1 ounce
Magnesium Sulphate .....	2 ounces
Water .....	3 ounces

**Molasses and Milk Enema.**

Molasses .....	4 ounces
Milk .....	4 ounces

**Quinine Enema.**

Quinine Bisulphate .....	20 grains
Water .....	1 pint

**Magnesium Sulphate Enema.**

Magnesium Sulphate .....	2 ounces
Glycerine .....	1 ounce
Water .....	1 pint

**Opium Enema.**

Tincture of Opium.....	½ dram
Starch Enema .....	6 ounces

**Starch Enema.**

Powdered Starch .....	2 drams
Water .....	6 ounces

First make a paste of the Starch with cold water, then add boiling water up to 6 ounces.

**Turpentine Enema.**

(a) Oil of Turpentine.....	2 drams
Simple Enema .....	1 pint
(b) Oil of Turpentine.....	2 drams
Castor Oil .....	1 ounce
Starch Enema .....	1 pint
(c) Oil of Turpentine.....	2 drams
Olive Oil .....	4 drams
Simple Enema .....	1 pint

## DIVISION XVI.

### SURGICAL TECHNIQUE.

#### 1. Preparation of the Patient.

The day before the operation the part to be operated on is thoroughly cleansed with soap and warm water and shaved, as follows:

- (a) **For Laparotomy**—Shave from nipple line or breast, down over pubes and on each side over the hips.
- (b) **For Perineal or Rectal Operations**—Shave pubes—entire perineum and up inside of legs.
- (c) **For Gall Bladder Operation**—Shave as for a laparotomy and to median line of back on the right side.
- (d) **For Kidney Operations**—Shave entire back to median line of abdomen on affected side.
- (e) **For Neck Operations**—Shave neck and chest, in males the face and 1 inch beyond the hair line.
- (f) **For Operations on the Extremities**—If head or foot, shave to elbow or knee; if above, shave entire arm or leg.
- (g) **For Trephining**—Shave entire head.
- (h) **For Breast Amputations**—Shave from median line in front to median line in back—from hair line on neck to waist line—shave axilla and down the arm to the elbow.

#### 2. Emergency Preparation.

No soap or water is allowed to touch the field of operation for twelve hours before. If the patient is not admitted before that time the skin is dry shaved and the surface cleansed with alcohol.

### **3. Preparation for Anaesthetic.**

The patient is placed in the proper position on the operating table in the anaesthetic room. The hair is protected by a cap, the gown unfastened at the back, false teeth or jewelry removed and the arms are fastened securely on the chest to a strap going around the neck. The gown is then turned up over the arms and tucked in smoothly under each shoulder. Two straps of wide belting are used to fasten down the feet, one just above the knees and the other above the ankles. The area for operation is scrubbed thoroughly with iodine and benzine 1/1000 solution. It is then dried and painted with tincture of iodine (2½%), a sterile sponge on a holder being used for the purpose. The iodine is allowed to dry and the surface is covered with a sterile towel.

### **4. Final Preparation.**

A second application of iodine is made by the sterile nurse after the patient is brought into the operating room and such sterile sheets and towels as are necessary are placed around the field of operation.

In cases where there is an open wound, and in vaginal, perineal, or rectal cases, one application only of iodine is made after the patient is in the operating room. This is done by the unsterile nurse. If Iodine is not used, the part is scrubbed with tincture of green soap, sterile water, and bichloride (1/5000) solution.

### **5. Anaesthesia Apparatus.**

The amount of anaesthetic given each patient is recorded. To facilitate this, two, three and four ounce bottles are used having their corks notched and drips made from selvedge. Careful record is also made of all treatments and medication given, gauze packings, etc. For keeping jaws apart, double tubes, two pieces of rubber tubing about 4 inches long and  $\frac{3}{8}$  inch in diameter,

pinned together with a safety pin, have been found valuable and for removing blood or mucus from the nose or throat a suction apparatus is used. This consists of a water pump attached to the faucet and connected by a long rubber tubing to a bottle having a rubber stopper with two holes. This bottle is also connected with a self-retaining catheter which is introduced into the patient's throat. When the water is turned on the mucus is drawn into the bottle.

#### STERILIZATION AND PREPARATION OF SUPPLIES.

1. **Cigarette Drains.** Sterile rubber tissue is cut in 9 inch lengths, a sterile, 2-inch bandage is cut in 10 inch lengths. Each piece of bandage is rolled firmly, covered with a piece of the rubber tissue so that one-half inch of bandage protrudes at each end. The tissue is sealed with chloroform and the drain is placed in a sterile test tube with a cotton plug. The nurse making cigarette drains prepares as for an operation and maintains a strict asepsis throughout.

2. **Applicators.** Wooden Applicators have a small amount of cotton wound on one end, care being taken that the cotton cannot be pulled off. Two such are placed in each test tube, a cotton plug is put in and the tubes sterilized for one-half hour at 20 pounds pressure.

3. **Iodoform Gauze Packing.** Gauze is cut into three-yard lengths and threads are pulled for the desired widths of packing. The gauze and cotton for stoppers and test tubes are sterilized in the auto-clave for half an hour at 20 pounds pressure.

For each three yards of gauze use:

Iodoform powder .....	10 drams
Carbolic Acid (1-20).....	3 ounces
Sterile Water .....	3 ounces

Castile Soap solution is boiled for half an hour and sufficient of this is used to make a good

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lather. The gauze is thoroughly impregnated with the Iodoform solution, then cut, the raw edges folded in and placed in test tubes, one piece in each tube. Large plugs of cotton seal the tubes. The nurse making Iodoform gauze scrubs up, wears sterile gown, mask and gloves and maintains strict asepsis throughout.

4. Plain Gauze Packing. Threads are pulled crosswise of the gauze for the desired widths. If half inch finish is desired the threads are pulled 2 inches apart. The gauze is then carefully cut and the raw edges folded to the center. The packing is then creased over glass top table edge and placed in test tubes, one piece to a tube. The tubes are plugged with cotton and are sterilized for half an hour at 20 pounds pressure.

5. Rubber Tissue is cut 6 by 9 inches, scrubbed on both sides with green soap, cool water and a stiff brush. It is then soaked for four hours in a 2% Formalin solution, at the end of which time it is transferred to a sterile glass jar containing 1% Formalin solution in which it is stored for use. Care must be taken before using to wash off all the formalin solution in cold water.

6. Rubber Tubing. Different sizes are cut into different lengths and the edges rounded off. The pieces are scrubbed with a green soap solution and stiff brush and are then boiled 10 minutes. They are stored in a sterile glass jar containing 1% Formalin solution.

7. Small Glassware such as connecting tubes, catheters, medicine droppers, etc., are boiled five minutes and kept in a glass jar of 1% Formalin solution.

8. Ligature Material.

(a) Plain Catgut. Each strand of catgut is cut into 3 pieces. The pieces are loosely wound around the fingers, tied with linen thread,

placed in a sterile glass jar which has been boiled and submerged in ether for 48 hours. The ether is then changed and the catgut allowed to soak another 48 hours, after which the ether is poured off and oil of juniper put on for 48 hours. Pure alcohol is then put on for 48 hours, at the end of which time the catgut is placed for 12 hours in sublimated alcohol 1-100. Sublimated alcohol 1-1000 is then put on, the jar is placed in a water bath and the alcohol is kept at the boiling point for 30 minutes. A strand of any kind of catgut is always sent to the Pathologist for examination before catgut is used.

- (b) **Chromic Catgut.** The reels of catgut are soaked for 24 hours in pure alcohol. They are then placed in the following chromicizing solution.

Bichromate of Potash.....	1/5 gram
Glycerine .....	10 grams
Carbolic Acid, Pure.....	10 grams
Distilled Water .....	480 grams

The Bichromate of Potash is dissolved in the water, the Glycerine and Carbolic are then added and the Catgut is soaked in the solution 5, 10 or 30 hours, according to the degree of the chromicizing desired. The Catgut is stretched taut on a wooden frame and left to dry for several days in a temperature not exceeding 40 or 50 degrees centigrade. When the Catgut is thoroughly dry, it is removed from the frame, each strand is cut in three pieces, the pieces are coiled around the fingers and tied with linen thread. The strands are placed in a sterile jar containing 1-500 Sublimated Alcohol, for 6 days. Pure Alcohol is then put on and the jar placed in a water bath. The Alcohol is kept at the boiling point for 30 minutes.

- (c) **Iodized Catgut.** Ten feet of Catgut strands are divided into four equal strands, coiled around the fingers, strung on thread.

The strings of Catgut coils are dried in a bacteriologist's dry sterilizer for 4 hours at a temperature of 80, 90, 100 and 110 degrees C. Thin gauze is placed between Catgut and metal. This should not be attempted on a damp day or in a room which steam enters.

Place Catgut in Liq. Petrolatum, where it is allowed to remain until perfectly "clear," which is usually accomplished in a few hours. It may be left in over night. Thin paper must line the receptacle so that the Catgut shall not touch the sides of the kettle.

The vessel is then placed on a sand bath and the temperature is raised by a gas flame during 1 hour to 160 degrees C., which temperature is maintained for a few minutes only, and the Catgut allowed to cool.

The coils are then seized with sterile forceps and lifted out of oil; excess of Liq. Petrolatum is allowed to drip off, and the coils are then dropped into a sterile jar containing a solution of Iodine Crystals in Columbian Spirits—the proportion of Iodine varying according to the size of the Catgut. For No. 00 use 1-700; for No. 0 use 1-600; For No. 1 use 1-500; for No. 2 use 1-400; for No. 3 use 1-300; for No. 4 use 1-200; the Iodine being taken by weight and the Alcohol by volume. It is allowed to remain in this solution 24 hours and is then transferred to a sterile jar, the solution being allowed to drip off, and the thread cut with sterile scissors. This transfer is made in the Autoclave Sterilizer immediately after it is opened. The lid of the jar is sealed on with sterile vaseline. The Catgut is kept dry until it is transferred to the small jars for immediate use. It is then placed in pure Alcohol.

All Catgut, both stock supply and that for daily use, is kept in glass jars, the covers of which fit over the tops of the jars. The small jars used in the operating rooms are boiled each week and the Catgut is placed in fresh pure Alcohol. Each jar

is plainly labelled as to size and kind. Great care is exercised that none but an absolutely sterile forcep, kept apart for the purpose, is used for lifting Catgut from the jars.

- (d) **Horse Hair** is thoroughly washed with green soap and hot water and well rinsed. Two firm strands are coiled around the fingers and tied. These coils are soaked in Carbolic solution 1-20 for 12 hours, after which they are boiled for 5 minutes and stored in pure Alcohol.
- (e) **Silk Worm Gut.** Both ends of the hank are cut off and 8 strands are coiled around the fingers. The coils are washed, boiled for 10 minutes and stored in Carbolic 1-20 solution.
- (f) **Silk and Linen** are cut in 24-inch lengths, wound on small rolls of gauze, placed in jars or test tubes and sterilized for half hour at 20 pounds pressure.

#### 9. Sterilization of Solutions.

Solutions are sterilized for 15 minutes at 20-pound pressure. The following are kept on hand: Vaseline in small tin boxes, Olive Oil, Glycerine, Sodium Bicarbonate 5% solution. Horsley's Bone Wax, Boro-Glyceride in flasks. A saturated solution of Saline is kept sterilized, from which all normal Saline for irrigations is made, using 12 drams to 2 quarts sterile water. Saturated solution Boracic Acid is kept sterilized in 3-quart bottles, normal Saline is kept sterilized in flasks for intra-venous use. For this the salt is accurately measured and distilled water is used. The salt solution is then filtered a number of times until absolutely clear. Large cotton stoppers, covered with gauze, are then bandaged over the mouth of the flask and the Saline is sterilized 15 minutes.

#### 10. Sterilization of Utensils.

Instruments after use are washed in cool water, boiled two minutes in 1% Soda Carbonate solu-

tion, scoured with Bon Ami, and dried out of a weak hot Lysol solution. Before operations all hinged instruments are boiled in 1% Soda solution for 5 minutes; cutting instruments, such as scissors, chisels, curettes, for 3 minutes. Scalpels and needles are immersed in pure Carbolic Acid for 5 minutes and then transferred to 80% Alcohol.

All graniteware is scoured with Bon Ami and boiled for one hour in 1% Soda solution.

Glassware is boiled for 5 minutes and kept in 1% Formalin solution.

#### Catheters.

Glass or rubber, are boiled 5 minutes.

Coude, olive pointed, filiform bougies, urethral Catheters are soaked 15 minutes in an ice cold 1-3000 solution Biniodide of Mercury, care being taken to fill the interiors of the Catheters with the solution.

Intra-venous and 606 sets are placed in granite basins and sterilized in the Autoclave for half an hour at 20 pounds. A nurse then scrubs, puts on sterile gown and gloves and dries all the instruments. She then does the set-up in sterile wrappings. Brushes are boiled 5 minutes and kept in Carbolic 1-20 solution.

Rubber gloves are washed in cool water and all blood stains removed. They are then immersed in boiling water two minutes, after which they are dried and carefully tested for holes by inflating the glove with air and testing each finger separately. Small even patches are put on where needed. The surface of the glove around the hole is washed with Benzine and two or three coats of glove cement put on. The patch is treated in like manner. When the cement is fairly dry, the patch is put on and held in place until thoroughly dry. The glove is again tested, then powdered well inside and out. Each glove is wrapped separately in gauze and the pairs are done up in separate

packages. They are sterilized at 20 pounds pressure for 10 minutes. A tape is sewn on the cuff of each glove with the surgeon's name on it, and each package is marked on the outside with the name, size and condition of the glove.

### III. Preparation of Dressing.

Dressings are done up in muslin covers, pinned with ordinary pins, whole pin except head concealed, and are sterilized for half an hour at 20 pounds pressure. All packages not used are re-sterilized each week.

1. **Tape Pads**—Surgical gauze, which comes in 100-yard bolts, is 36 inches in width, and with selvedge edges, is used for dressing gauze. This is cut 16 inches in width, the raw edges are folded to the center, the folds are put together and sewn entirely around the pad. This makes the pad 8 thicknesses of gauze or 18 by 4 inches finished. An 8-inch tape is firmly sewn on one corner. These pads are done up six in a package, the count being made by two people. They are used for sponging in laparotomies, and are laundered and used several times.

2. **Gauze Pads** are used for dressings on wounds. Gauze, double, is cut 20 inches wide, the raw edges are folded to the center and the folds placed together. The length is again folded in four, making the pad finished  $5 \times 4\frac{1}{2}$ . These are done in packages of four.

3. **Rolls** are cut two yards long and are folded to make eight thicknesses of gauze. These are sterilized one in a package.

4. **Sponges** are made in different sizes, small, medium and large. The large size is cut about four inches wide, folded once lengthwise, bringing the raw edges together. It is then rolled loosely upon the fingers, each turn over-lapping the previous about two-thirds. The frayed edge is turned in, forming a small ball of gauze. Several dozen of these are done up in cotton bags.

5. **Absorbent Dressings** are made of Absorbent Cotton cut 12 inches wide and covered with one thickness of gauze.

6. **Tape Bandages** of different sizes and **Lint** are also kept sterilized. A standard number of packages of all Linen and Dressings is rigidly adhered to.

7. **Plaster Bandages**—Crinolin is cut in 6-yard lengths and torn into 2 to 6-inch widths. The edges are frayed and the bandages lightly rolled. The plaster is baked for half an hour before starting to make the bandages, a wooden trough is used with adjustable wooden division, under which the bandage is slowly drawn, taking care that the meshes are well and evenly filled with plaster. They are then re-rolled (not too tightly), wrapped in paper, placed in tin cans, the covers of which are sealed with adhesive.

8. **Bandages**—Gauze, factory cotton, sheet wadding, lint and crinolin are used for bandages. The edges are well frayed and the bandages neatly pinned.

#### **IV. Preparation of Hands and Arms.**

The hands and arms to above the elbow are:

First—Washed with soap and warm running water for two minutes.

Second—The nails and cuticle are thoroughly cleansed.

Third—with a brush and tincture of green soap the hands and arms are scrubbed, two minutes to each in the following order: (a) Nails, (b) inside of hand and between fingers, (c) outside of hand, (d) up arm.

Fourth—they are rinsed so that the water runs off the elbow, and are then washed in 70% Alcohol for one minute.

#### **V. Dress.**

After the scrub-up is completed a sterile gown is put on, the hands powdered well and the gloves

put on in such a way that the outer surface of the glove does not come in contact with the skin. Between operations the sterile nurse does not scrub again unless there has been a septic case—she washes her hands and arms in Alcohol and puts on a clean gown and clean gloves. For all major operations, surgeons and nurses wear masks made of butter muslin, which cover the whole face except the eyes—and for all operations caps are worn which entirely conceal the hair. Onlookers are required to wear clean gowns over their street clothes and to put on caps.

#### **VI. Care of the Operating Room.**

The walls and ceilings are washed each week, the floors are scoured daily. After operations the room is thoroughly cleaned and scrubbed; each morning before operations it is again dusted and the floor washed. The sterile water faucets are swabbed out with pure Carbolic each morning, no other antiseptics are used. Following pus cases the furniture, floor, utensils, linen, etc., are carbolized, using 1-20 solution. Special care is taken in all septic cases to confine the pus to a small area.

#### **VII. Detail of the Staff.**

In each operating room there is, in addition to the surgeon, one or two assistants as the nature of the case requires, one sterile nurse—usually a graduate for major cases—and one un-sterile pupil nurse. The Operating Superintendent does not scrub up, but supervises all the operations, instructing the pupil nurses in their duties as may be necessary. One hour before the time set for commencing the day's operations, the second senior nurse scrubs, puts on gown and gloves and sets up the rooms for the day's work. All the basins, utensils, sterile linen and dressings are put on a sterile side table and covered with sterile sheets. The tripod and solution stand covers, the small ligature table and instrument tray covers are changed between each case. Other tables are

kept sterile during the entire morning, articles being removed from them with sterile lifting forceps.

### VIII. Regulations Regarding Sponges.

For all laparotomies six tape pads are used. In clean cases these are kept washed and used again. For the ordinary case one package of six is sufficient. The sterile nurse is responsible for the sponges and she must see to it that before the peritoneum is closed there is an exact count of sponges. She counts the number in each package given her before starting to use them, and all soiled sponges she places in a basin in the lower part of the tripod so that the un-sterile nurse may count them. Any discrepancy in the number must be reported at once, and the sterile nurse will be held responsible until that discrepancy is remedied. All pads and rolls used for walling off have artery forceps attached to them. When more than one package of sponges is used, the un-sterile nurse keeps a count on paper of the number of packages and pads. When the count is made, if correct, this is marked O.K., signed by the un-sterile nurse and left on file on head nurse's desk. No sponges are carried from the room during operations, and all counts are made by handling each sponge separately from one basin to another. Careful count is also kept of needles and instruments.

## DIVISION XVII.

### MISCELLANEOUS.

#### Moist Dressing.

Boracic Acid Solution.....	1-40
Saline Solution .....	1-160
Bichloride Solution .....	1-5000 to 1-3000
Evaporating Lead Lotion.	
Calamine Lotion.	
Carbolic Lotion .....	1-100

#### Cleansing Solution.

Carbolic Acid Solution.....	1-100 to 1-60
Formalin Solution .....	1-500 to 1-300
Bichloride of Mercury Solution....	1-5000 to 1-3000

#### Fomentations.

Boracic Acid .....	1-40
Bichloride .....	1-5000 to 1-3000
Lead and Opium .....	1-160
Turpentine Stupes .....	1-160

#### Normal Saline.

Salt, one dram to a pint of water. Filter until perfectly clear. Plug flasks with Absorbent Cotton, sterilize for 20 minutes at 20 pounds pressure.

#### Sodium Bicarbonate Solution for Intra-venous Injection.

Five per cent. (5%) of Sodium Bicarbonate solution in sterile water. Filter until perfectly clear. Plug flasks with Absorbent Cotton. Sterilize for 20 minutes at 20 pounds pressure.

Rice Water.

Two tablespoons Rice.

Salt.

Three cups Cold Water.

Milk.

Wash rice; add cold water; soak 30 minutes; heat gradually to boiling point; cook one hour; strain, re-heat and dilute with boiling water or hot milk to desired consistency. Season with salt.

Gruel.

Use one tablespoon prepared flour rice, arrow root, barley, etc., or three tablespoons coarse cereal, oatmeal, etc., to one cup boiling water. Stir flour or cereal gradually into boiling water; steam prepared flour 30 minutes, cereal three hours. Strain, re-heat, dilute with hot milk or boiling water to desired consistency.

Beef Tea.

Use one pint cold water to one pound of meat and bone (beef); cut meat in small pieces; cover with cold water, using  $\frac{1}{2}$  teaspoon salt to each pint of water; let stand one hour. Steam in double boiler, slowly, for four hours. Strain, remove fat with soft paper or bread if needed at once. When possible allow tea to cool that a fat crust may be formed and removed.

Raw Beef Juice.

Use meat from rump or top round. Remove all fat and warm slightly one or two minutes, to set free the juice; lay on a plate, and cut in various directions that more juice may be extracted, and squeeze out juice with a meat press or potato ricer; salt if necessary; serve at once.

Albumen Water.

One-half cup Ice Cold Water (boiled and chilled).

White one Egg.

Lemon Juice.

Sugar.

Put water and white of egg in a glass fruit jar, cover with air-tight cap and rubber band; shake until thoroughly blended. Strain; serve plain or add lemon juice and sugar to taste.

**Barley Water (Infants).**

One teaspoon Barley Flour.

Two tablespoons Cold Water.

One pint Boiling Water.

Blend flour and cold water to a smooth paste in top of double boiler; add gradually the boiling water. Boil over direct heat five minutes, stirring constantly; then put over boiling water and cook 15 minutes longer, stirring frequently.

NOTE.—For children or adults use  $\frac{1}{2}$  tablespoon barley flour, 1 cup boiling water,  $\frac{1}{4}$  teaspoon salt.

Barley Water  
Take a pint of water boiled down to a  
teaspoonful of barley flour (use) and add  
two teaspoonsful of cold water (use) and mix  
well. Add one pint boiling water and  
boil over direct heat five minutes, stirring  
constantly; then put over boiling water and cook  
15 minutes longer, stirring frequently. When  
done, strain through a clean cloth.

Barley Water  
Boil one pint of water and add one  
teaspoonful of barley flour (use) and mix  
well. Add one pint boiling water and  
boil over direct heat five minutes, stirring  
constantly; then put over boiling water and cook  
15 minutes longer, stirring frequently. When  
done, strain through a clean cloth.

Barley Water  
Boil one pint of water and add one  
teaspoonful of barley flour (use) and mix  
well. Add one pint boiling water and  
boil over direct heat five minutes, stirring  
constantly; then put over boiling water and cook  
15 minutes longer, stirring frequently. When  
done, strain through a clean cloth.