THE GAZETTE ALMANAC

FOR THE YEAR OF OUR LORD

1888

BEING LEAP YEAR.

.Calculated and arranged so as to practically serve for all the Provinces.

PRESENTED WITH THE COMPLIMENTS OF THE PROPRIETORS

RICHARD WHITE, Man. Dir.,

Montreal:
GAZETTE PRINTING COMPANY.

1888

PROPERLY PREPARED FOOD,

Is Essential to Health and the general Comfort of the Household.

BY THE AID OF

COOK'S



FRIEND

BAKING POWDER.

Light, Easily Digested, and Wholesome Rolls, Gems, Tea Cakes, Griddle Cakes, Pancakes, &c., &c., can be

EXPEDITIOUSLY PREPARED.

The COOK'S FRIEND is also useful in Pie Crust, Boiled Puddings, etc., SAVING a large proportion of the useful SHORT-ENING, and producing more HEALTHY FOOD.

It Contains no Injurious Ingredients,

Such as are to be found in many of the Baking Powders that are being forced on public attention, its principal constituent being the PUREST Grape Cream

Tartar that money can buy.

DYSPEPTICS may USE with ADVANTAGE food prepared by its aid.

The Cook's Friend has had First Prizes awarded wherever exhibited, and has also been awarded Six Medals, Three of Silver and Three of Bronze for EXCELLENCE of QUALITY.

Purchasers should make sure they are served with the genuine Cook's Friend. No variation from, or addition to; the name is genuine.

Retailed by all respectable Storekeepers in the Dominion.

THE GAZETTE ALMANAC

FOR THE YEAR OF OUR LORD

1888.

BEING LEAP YEAR.

Calculated and arranged so as to practically serve for all the Provinces.

PRESENTED WITH THE COMPLIMENTS OF THE PROPRIETORS
AS A SUPPLEMENT TO THE GAZETTE.

RICHARD WHITE, Man. Dir.,
GAZETTE PRINTING Co.

Montreal:
GAZETTE PRINTING COMPANY.

1888.

MONTREAL

VETERINARY COLLEGE

ESTABLISHED 1866.

IN CONNECTION WITH THE

Medical Faculty of McGill University

UNDER THE PATRONAGE OF THE

COUNCIL OF AGRICULTURE, PROVINCE OF QUEBEC.

Session commences the first Tuesday in October of each year.

Full particulars furnished to intending students by applying to the Principal:

D. McEACHRAN, F.R.C.V.S., V.S., Edinburgh,

Chief Inspector of Stock for the Dominion of Canada.

6 Union Avenue, Montreal.

Or to the Secretary and Registrar:

GEORGE LECLERC, M.D.,

Office of the Council of Agriculture, P.Q.,

MONTREAL



Corner Notre Dame Street and Place d'Armes,
MONTREAL.

-:0:---

THOROUGH COMMERCIAL COURSE,

With Actual Business Practice,

ENGLISH, FRENCH, SHORTHAND and TYPEWRITING.

-:0:--

The Course of study is thorough and practical, and designed to impart a sound Business Education.

In the Actual Business Department, which is conducted on the Board of

In the Actual Business Department, which is conducted on the Board of Trade principle, the student receives actual practice and experience in the various branches of commetce.

Students can commence at any time without experiencing any inconvenience or disadvantage.

Mourreas, with its vast trade and manufactures, affords more opportunities for young men to begin life than any other city in the Dominion, and The Monreal Business College is pre-eminently successful in training young men for business pursuits. It is important also to be remembered that a residence in such a business centre as Montreal, where openings are of daily occurrence, is much more preferable and advantageous than in smaller places, in which the chances of obtaining situations are very remote; particularly is this the case when the cost of living is no greater in Montreal than in other towns or cities.

—:::— LIST OF SUBJECTS TAUGHT.

BOOK-KEEPING, ARITHMETIC, COMMERCIAL LAW. ENGLISH, SHORT-HAND, PENMANSHIP, CORRESPONDENCE, BUSINESS FORMS. FRENCH, TYPE-WRITING,

and CIVIL SERVICE.

-:0:-

Day Students, whose parents do not reside in the city, are allowed the privilege of attending the evening classes free.

The EVENING CLASSES commence in October, and continue six months.

A thirty-two pages circular, containing full description of course, will be sent free on application.

Address.

DAVIS & BUIE,

Business College, Montreal.

ESTABLISHED 1859.

HENRY R. GRAY.

PHARMACEUTICAL CHEMIST.

144 ST. LAWRENCE MAIN ST.

MONTREAL.

The preparation of physician's prescriptions is under the direct control of the proprietor, assisted by competent graduates.

Country physicians, Public Institutions, Colleges and Convents supplied with Genuine Drugs and Chemicals at wholesale prices.

SPECIALTIES:

Gray's Castor-Fluid for the Hair.

- " Dental-Pearline for the Teeth.
- " Saponaceous Dentifrice for the Teeth.
- " Chloralyne for Toothache.
- "Sulphur Pastilles for the application of Sulphurous Acid Gas to the Throat in Diphtheria and for Fumigating small apartments.
- " Unalterable Syrup of Chloral.
- " Syrup of Iodide of Quinine.

N.B.—Gray's Castor-Fluid and Gray's Sulphur Pastilles are obtainable in all the leading Drug Stores.

ECLIPSES DURING 1888.

There will be five eclipses this year, three of the Sun and two of the Moon, as follows:—

- 1.—A total eclipse of the Moon, January 28, the Moon rising almost totally eclipsed, visible throughout Eastern Canada.
 - 2.-A partial eclipse of the Sun, February 11, invisible in Canada.
 - 3.-A partial eclipse of the Sun, July 8, invisible in Canada.
 - 4.-A total eclipse of the Moon, July 22-23, visible throughout N. America.
 - 5.-A partial eclipse of the Sun, August 7, invisible in Canada.

HOLIDAYS AND FETE DAYS.

ALVERDATIO AND THE DATE.
New Year's Day (Circumcision) Jan. 1
Epiphany " 6
Septuagesima Sunday
Quinquagesima—Shrove Sunday Feb. 12
Ash Wednesday
First Sunday in Lent
St David
St. Patrick
Palm Sunday—Annunciation—Lady Day
Easter SundayApr. 1
Low Sunday 8
St. George " 23
Ascension Day-Holy Thursday
Pentecost—Whit Sunday 20
Birth of Queen Victoria "24 Trinity Sun ay "27
Trinity Sun ay
Corpus Christi
St. John Baptist—Midsummer Day 24
St. Peter and St. Paul
Dominion DayJuly 1
Michaelmas Sept 29
All Saints Day Nov. 1
Prince of Wales BirthdayNov. 9
St Andrew " 30
First Sunday in Advent
St. Thomas
Christmas
On institutes
ERAS OF THE YEAR 1888.
From the Creation 6891

**	Julian Period	5601
"	Foundation of Rome	2641
"	Discovery of America	396
"	" Canada	353
"	Cession of Canada to England	123
41	Declaration of Independence U. S	112
"	Confederation of Canada	21
"	Accession of Queen Victoria	51
"	Foundation of Quebec	280
"	" Montreal	246

	Moo	on's Phases.	TORONTO.	M	ONT	REAL		S	r. J	OHN,	N	B.		
D. Color Color			H. M. 6 25 morn. 3 21 morn. 11 32 eve. 6 02 eve.	6 25 morn. 3 21 morn. 3 44 morn. 11 32 eve. 11 55 eve.										
DILL	eek.				(nta	rio.		Quebec.					
Day of Month	Day of Week.	ALS, HISTORIC	CURRENCES, FEST			W H Sun						W rises.		
345	SUN. Mon. Tues. WED. Thur. FRID. SATUR.	Gen. Wolfe born, Battle of Princeto Sir Isaac Newton I Paris bombarded, EPIPHANY. Gen. Putnam b., 1	N—New Year's I 1727. n, 1777. b. 1643. 1871.	Day	7 35 7 35 7 35 7 34 7 34 7 34 7 34	4 33 4 34 4 35 4 37 4 37 4 37	7 8 9 10 11 m'	16 23 32 40 51 rn	7 46 7 46 7 46 7 45 7 45 7 45 7 45	4 22 4 23 4 23 4 25 4 26 4 27 4 28	7 8 9 10 11 m,	8 17 27 37 51 rn 3		
8901234	MON. TUES. WED. THUR. FRID.		n III. died, 1873, , 1765, .ld b, 1875,		7 34 7 34 7 33 7 33 7 33 7 33 7 32	4 39 4 40 4 42 4 43 4 44 4 45 4 46	2 3 4 5 6 set 6	13 25 33 41 41 8 27	7 45 7 44 7 43 7 43 7 43 7 42	4 29 4 30 4 32 4 33 4 34 4 35 4 36	2 3 4 5 6 8e 6	17 3 4 51 62 ts 19		
6789	Mon.	Daniel Webster bo President Taylor of Bulwer Lytton die Copernicus born, 1 Peace of Paris, 178	lied, 1862. ed, 1873. 472. 3.		7 32 7 31 7 30 7 30	4 48 4 49 4 50 4 52 4 53 4 54 4 55	7 8 9	31 34 35	7 42 7 41 7 40 7 90	4 38 4 39 4 40 4 49	7 8 9	25 29 32 35		
2345678	MON. TUES. WED. THUR. FRID. SATUR.	Byron born, 1783. William Pitt, died Frederick the Gree Robert Burns born Dr. Jenner died, 1 Mozart born, 1756. W. H. Prescott die	at born, 1712. n, 1759. 828.			4 57 4 58 4 59 5 1 5 2 5 3 5 4								
901	SUN. Mon. Tues.	Septuagesima. Charles I. beheade Corn Laws abolishe	ed, 1649. ed, 1849.			5 6 5 8 5 9								

is real pretty in his heart."

"This is my sphere," said a happy wife, patting her bald-headed husband on the pate.

MEMORANDA.

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Moon's Phases. D. Last Quarter				H· M. 3 31 eve. 3 6 58 eve. 7 9 5 eve. 9							H. M. 3 58 eve. 7 25 eve. 9 32 eve. 7 30 morn.						
Day of Month	Day of Week	ANNIVERSARIES, OC	CURRENCES, FESTI	v-	Sun Sun Sun Sets.					-			u oM				
Da	Da					нм											
1 2 3 4		First U. S. Presid Palestrina d, 1594 Horace Greeley b Galvani died, 1770	orn, 1811.	7777	17 16 15 14	5 1 5 1 5 1 5 1	1 9 2 10 3 m	14 51 'rn 3	7767	26 25 23 22	5 5 5 5	. 3	9 10 m'	53			
5 6 7 8 9 10 11	FRID.	Sir Robert Peel be Fort Henry captu Dickens born, 181 Pope Pius IX. die Rizzio assassinate Canada ceded to (Daniel Boone born		7.1	5 1 5 1 5 1 5 2 5 2 5 2	5 1 7 2 8 3 9 4 1 5 3 6	14 23 29 31 27 15 ts	7777777	20 19 17 16 15 13 12	5555555	8 9 11 12 13 15 17	0	21				
12 13 14 15 16 17 18	Mon. Tues. Wed. Thur. Frid.	Captain Cook kille General Hancock Ash Wednesday. Fort Donelson tak Luther died, 1546.	born, 1824. en, 1862.	777	4 2	5 2 5 2 5 2 5 3 5 3 5 3	5 6	18 22	7.7	10 8	5	18	6	12			
19 20 21 22 23 24 25	MON. TUES. WED. THUR. FRID. SATUR.	Sir Wm. Napier d David Carrick bor Santa Anna born, General telecions, Fulton died, 1815. First U. S. Bank French Republic	rn, 1716. 1798. 1887. chartered, 1791.	66666	52 50 49 48 46	5 3 3 5 5 5 5 5 5 5 4 5 5 4 5 5 4	6 1 8 2 9 3 0 3 1 4	13 9 6	666666	59 57 55 54 52 51	555555	29 31 33 34 36 37	12345	21 19 18 16 10 0			
26 27 28 29	Mon. Tues.	Tom Moore died, Longfellow, born, Rachel born, 1820, Rossini born, 1792	1807.	6	39	5 4 5 4 5 4	$71 \ 7$	ses 11 23 37	h	43	5	431	7	ses 22 38			

The French soldiers had a hard time of it in Tonquin, on the southern border of China, sometimes being reduced to great straits for food. One of them on returning to Paris is said to have called on Dr. Pasteur to be inoculated against hydrophobia, and was asked when he was bitten. Soldier: Well, I was not exactly bitten, but I have grave suspicions of one of the door I at a

MEMORANDA.

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was the Moon's Phases.

TORONTO.

MONTREAL.

ST. JOHN, N.B.

New Moon						ve no ve	rn.		H. M. 10 59 eve. 11 54 morn. 4 16 eve. 5 40 eve.							
onth	Teek		ANNIVERSARIES, OCCURRENCES, FESTIV								Q	ue	be	c.	7	
Day of Month	Day of W	ALS, HISTORIO	H Sun rises.				w rises.						rises.			
1 2 3	THUR. FRID. SATUR.	Hugh Strickland, John Wesley died Edmund Waller,	6 36 6 34 6 32	15	50	11	4	6	37	5	47	11	12			
4 5 6 7 8 9 10	TUES. WED. THUR. FRID.	Scott shot by Rie Earthquake at Ne Massacre Alamo, St. Th. Aquinas of First U. S. Congre Am. Vespucius be Benjamin West d	6 29 6 27 6 25 6 24	5555555	53 55 56 57 58 59 0	1 2 3 4 4	92	66666	24	55555	52 53 55 56 58	2345	23 32 37 34 22 4 38			
11 12 13 14 15 16 17	MON. TUES. WED. THUR. FRID. SATUR.	Charles Summer Bishop Berkeley Cranmer burnt, 18 T. H. Benton born Andrew Jackson James Madison b St. Patrick's Day	born, 1684. 556. n, 1758. born, 1767. orn, 1751.		6 13 6 13		8	6 8 7 8 9 10 11	9 7 5	6666		666666	6	6 8 7 8 9 10 11	8 10 11 10	
18 19 20 21 22 23 24		Calhoun born, 178 Dr. Livingstone b Sir Isaac Newton Robert Southey Stamp Act passed Hali ax Gazette is Queen Elizabeth	orn, 1813. died, 1727. ied, 1,43. l, 1765. ssued, 1752.		6 4 6 2 5 59 5 57	6666666	10 12 13 14 15 16 17	1 2 3	rn 55 49	66655	4 2 0 58 56	66666	12 13 14 16 17	2 2 3	rn 5 0 51 37 19	
25 26 27 28 29 30 31	MON. TUES. WED. THUR. FRID. SATUR.	ANNUNCIATI Fight at Duck La Florida discovered Thomas Morton d Swedenborg died, GOOD FRID Allies in Paris, 18	ike, 1885. d, 1512. lied, 1838.).	5 50 5 40 5 40 5 40	26 66 66 66 66	19 20 21 22 24 25 26	5 ris 7 8 10	27 ses 28 44 0	5 5 5 5 5	50 48 46 44 42	66666	21 22 24 25 26	5 ris 7 8 10	31 es 31 48 07	
						_				=	_			-	-	

Boston city official: "Anything wrong with your money, Miss?" Schoolmarm: "Yes, you gave me a counterfeit 50-cent piece when I got my salary yesterday." Boston city official: "Ah! I see: want a better half." Schoolmarm: "Well, I don't know; you'll have to ask pa."

MEMORANDA.

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MON.
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Day of Month! HHZH

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ğ		Mod	on's Phases.	TORONTO.	1	ONT		40	ST. JOHN, N.B.										
	N	ew Moor	ter. 3 1 11 rter 19 26	H. M. 7 24 morn. 3 50 morn. 6 35 morn, 1 5 morn.	norn. 4 13 morn. 6 58 morn.							1. 4 40 u orn. 7 39 morn.							
	nth	eek				0	nta	rio.		Quebec.									
	Day of Month	Day of W	ANNIVERSARIES, OC	CURRENCES, FES		мн Sun rises. w н Sun sets.			Sun				rises.						
	Ξ	Н_			-	п м.	n m	n.	M.	11 M	-	m.	n.	-					
	5	Mon. Tues. Wed.	Washington Irvin President Harrison Danton executed, Battle of Shiloh,	rog Lake massacre, 1885. ashington Irving born, 1783. resident Harrison died, 1841. anton executed, 1794. attle of Shiloh, 1862.					20 21 12 56 34	5 30 5 30 5 30 5 30 5 30 5 30 5 30 5 30	6 6 6 6 6 6 6 6 6	31 32 34 35 36	1 2 3 3	rn 30 32 22 5 42 12					
		MON. TUES. WED. THUR. FRID.	Hudson Bay Co. e McGee shot, 1868. Canning born, 177. Modoc Massacre, Henry Clay born. Fort Sumpter cap Lincoln assassinat	0. 1873. 1777. stured, 1861.		5 27 5 24 5 23 5 22	6 41	5 5 8 7 8	29 ts. 59 56	5 23 5 21 5 19 5 18	6 6 6 6 6	40 41 43 44 45	55 se 8 9	39 4 29 ts. 4 3					
**** *** *** *** *** *** *** *** *** *		WED.	Riel expelled from Battle of Culloden Benjamin Frankli Battle Cer. Gordo, Quebec Parliamen Battle Lexington, Battle San Jacinte	n, 1746. n died, 1790. . 1847. t Buildings burn 1775. [1		5 15 5 13 5 11 5 10	6 46 6 47	m 1	'rn 35	5 6 5 5 5 5 5	26 66 66 66 66 66 66	50 51 52 53 55	11 m'	55					

For placrity, you should observe a clerk tack up an "early-closing notice" on a store door.

Battle of Camden, 1781.

St. George's Day.
Fight at Fish Creek, 1885.
Virginia seceded, 1861.

New Brunswick elections, 1886.
Gibbon died, 1737.
Thomas Betterton, actor, died, 1710.

Cleveland, loyalist poet, died, 1659. London University established, 1827.

An epitaph in a London cemetery over the grave of a dentist reads:

"View this gravestone with all gravity; Where J—— is filling his last cavity."

30 Days.

JOHN, N.B.

H. Mt 8 14 morn. 4 40 u orn. 7 39 morn. 1 55 morn.

Quebec. Sun rises. Sun sets. нм. нм. н. м.

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of a dentist

MEMORANDA.

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the whaling grounds." He was the district schoolmaster on his

way to school-house.

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Moon's Phases.	TORONTO.	MONTREAL.	St. John, N.B.
Last Quarter	7 36 morn. 11 17 morn. 1 33 morn. 3 50 eve. 10 35 eve.	H·M. 7 59 morn. 11 40 morn. 1 53 morn. 4 13 eve. 10 58 eve.	H M. 8 26 morn. 0 'i eve. 2 23 morn. 4 40 eye. 11 25 eve.

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nth	eek.			0	n	tar	io.			6	u	ebe	ec.	
Day of Month!	Day of W	ANNIVERSARIES, OCCURRENCES, FESTIV- ALS, HISTORICAL NOTES, &C.	Sun	W rises.				W rises.	H Sun	F rises.	H Sun	W Sets.	H Moon	rises.
1 2	FRID. SATUR.	Fenian raid Ridgeway, 1866. Battle Cold Harbour, 1864.	44	21 21	7	34 35	1	44 12		9	77	47 47	1	49 15
34 56 78 9	Mon. Tues. Wed. Thur. Frid.	Battle Magenta, 1850. Americans defeated Stony Cr., 1813 Pat. Henry died, 1799. First American Congress, 1765. First Parliament, Ottawa, 1866.	444	20 19 19 19 19 19	77777	39	3	38 37 54 22 52 ets	444444	8766665	77777	48 49 50 51 52 53	22233	16 43
10 11 12 13 14 15 16	MON. TUES. WED. THUR. FRID. SATUR.	Dutch landed in New York, 1667. Sir J. Franklin died, 1847. W. C. Bryant died, 1873. First Unit. Parliam., Kingston, 1841. Lord Rosse born, 1800. Magna Charta, 1215 Winthorp born, 1682.	44444	18	77777	40 41 42 42 42	9 10 10 11 11	29 20 7 48 25 59 rn	144444	55555544	7 . 7 . 7 . 7 . 7 . 7 . 7 . 7	54 55 55	8 9 10 10 11 m'	31 17 57 32
17 18 19 20 21 22 23	MON. TUES. WED. THUR. FRID. SATUR.	Great fire St. John, 1877. Quebec Gazette issued, 1764. Napoleon's abdication, 1815.	444444	18 18 18 19 19	77777	44 44 45	2 2 3 ris	29 30 39 22 es 34	4 4 4 4 4	5556	7 : 7 : 7 : 7 : 7 : 7	57 57 57 58 58	14	59 33 13
24 25 26 27 28 29 30	MON. TUES. WED. THUR. FRID. SATUR.	Archbishop Leighton died, 1684. George IV. died, 1830. 1st train Montreal to Vancouver, 1886. St. Peter and St. Paul.	444444	20 21 21 21	77777	45 45 45 45	10 10 11 11 m'	27 9 46 14 41 rn 27	4 4 4 4	888	7 1 7 1 7 1 7 1 7 1 7 1 7 1 7 1 7 1 7 1	58 58 58 58 58	8 9 10 10 11 11 m'1	37 17 52 18 43

An Absurd Proposition: Lily (Secretary of the Cooking Class)

—"Now, girls, we've learned nine cakes, two kinds of angel food
and seven pies. What next?" Susie [engaged)—"Dick's father
says I must learn to make bread." Indignant Chorus—"Bread?

Absurd! What are bakers for?"

MEMORANDA.

"Folks called winter weather raw; I think this must be cooked."

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MEMORANDA. ys. N.B. n. n. ec. Moon K rises. 7 30 55 1 18 1 48 2 21 3 0 58 58 57 57 56 56 56 55 3 45 54 sets. 7 54 8 58 7 53 9 35 7 52 10 46 7 52 11 5 14. 15. 16. 51 11 31 50 m'rn 49 1 48 31 47 1 8 7 46 1 51 7 45 2 45 77777777 19. 8 51 43 20. 3 7 44 rises 9 7 42 8 10 1 7 41 8 47 2 7 40 9 18 3 7 39 9 45 4 7 38 10 9 6 7 36 10 37 7 38 7 39 7 35 10 34 11 33 11 56 31 49 26. 27. y. oked, be cooked."

TORONTO.

H·M·

MONTREAL.

H.M.

ST. JOHN, N.B.

H . M .

Fu	rst Quar ıll Moon	rter 14 11 25 morn. 11 21 11 3 morn. 11	27 ev 48 m 26 m 24 m	or	n. n.		11	54 55 51 55 51	ev	e.	1.	
Day of Month	Day of Week.	ANNIVERSARIES, OCCURRENCES, FESTIVALS, HISTORICAL NOTES, ETC.		Sun	sets.		rises.	M H Sun	Sun		-	
1 2 3 4		Battle of the Nile, 1798. Naroleon Consul. 1802. Columbus sailed, 1492. Shelley born, 1792.	4 49 4 51 4 52 4 53	27	21 20	1	28	4 4 4 4 4 4 4 4	2 7 3.7	30	m'ri 2 5 1 3	n 0 7
5 6 7 8 9 10 11	WED. THUR. FRID.	First Cable Message, 1858. Ben Johnson died, 1637. Richelieu died, 1788. George Canning died, 1827. Queen Victoria visited Ireland, 1849. Tuilleries stormed, 1792. Gen. Brock takes Detroit, 1812.	4 54 4 56 4 56 4 56 4 56 5 6	5 7 7 7 7 7 8 7	15 13 12 11	3 8 8 8 9	37 ets 02 35 6	4 4 4 5	7 7 8 7 9 7 0 7 2 7	21 20 18	3 2 sets 8 3	7 8.898
12 13 14 15 16 17 18	TUES. WED. THUR. FRID.	Frobisoher St. discovered, 1576. Disraeli created Earl, 1876. Admiral Farragut died, 1870. Napoleon Bonaparte born, 1769. Battle of Bennington, 1777. Fred. Great died, 1786. First Steamboat, 1807.	5555555	2 6 3 7 5 7 6 7 8 6	8 7 5 3 2 1 59	11 11 m	39 15 57	4555	$\frac{6}{7} \frac{7}{7}$	14 12 10 8	10 3 11 11 4 m'r	8 8 8 n
19 20 21 22 23 24 25	MON. TUES. WED. THUR. FRID.	River St. Lawrence discovered, 1535. St. Bernard, died 1153. LaFayette capt., 1792. Bos rorth Field, 1485. New Mexico annexed, 1846. Washington burned, 1814. Victoria Bridge opened, 1860.	5	9 6 0 6 2 6 3 6 4 6 5 6	57 56 55 53 51 49	3 ris 7 8	ses 41 9 36	5	06	58 56 51	3 4 ris 6 7 4 8 1 8 2	11 15 15 15
26 27 28 29 30 31	Mon- Tues. Wed. Thur.	Battle of Crecy, 1346. Battle of Long Island, 1776. Goethe born, 1749. Michaelmas. Semmes died, 1877. John Bunyan died, 1688.	5 1 5 1 5 2 5 2	8 6 9 6 20 5	43	9 10 11 11	54 26 0 42	5 5 5 5 5 5 5	3 6 5 6 7 6	5 45 5 47 5 45 45	9 2 9 4 10 1 10 5 11 3 m'r	48 18 51 31

The little toe, though the smallest on the foot, always has the largest corn.

Pastor-Well, what did you young people realize at your entertainment? Members of the committee-We realize that we are \$25 out.

MEMORANDA. OHN, N.B. eve. eve. morn. morn. uebec. 00 n HM. 7 31 m'rn 7 30 20 7 29 57 7 27 1 39 2 28 3 27 sets. 8 8 8 39 9 8 9 36 7 26 7 25 7 22 7 21 7 20 7 18 7 17 7 15 10 4 7 14 10 34 7 12 11 8 7 10 11 48 7 8 m'rn 7 7 34 7 5 1 31 7 3 2 35 7 1 3 41 7 0 rise 6 58 7 45 6 56 8 1 6 54 8 35 6 53 8 58 19. 20.... 51 9 22 49 9 48 47 10 18 45 10 51 43 11 31 6 41 m'rn 25. 26. has the it your 29. ze that

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SEPTEMBER.

30 Days.

Moon's Phases.	TORONTO.	MONTREAL.	ST. JOHN, N.B.
New Moon 5 First Quarter 12 Full Moon 20 Last Quarter 28	H. M.	H. M.	H. M.
	11 39 eve.	0 2 morn 6th	0 29 morn. 6th
	4 43 eve.	5 6 eve.	5 33 eve.
	0 7 morn.	0 30 morn.	0 57 morn.
	3 13 morn.	3 36 morn.	4 3 morn.

eek		ANNIVERSARIES, OCCURRENCES, FESTIV-		Ontario.						Q	ue	be	c.	
Day of Month	Day of W	ANNIVERSARIES, OCCURRENCES, FESTIV- ALS, HISTORICAL NOTES, &C.		K rises.				rises.					Moon H	F rises.
1	SATUR.	Battle of Sedan, 1870.	5	24	6	34		29	5	20	6	39		18
2345678	MON. TUES. WED. THUR. FRID. SATUR.	J. Howard born, 1726. Treaty of Paris, 1783. French Republic proclaimed, 1870. Malta taken, 1800. Lafayette born, 1757. Buffon born, 1707. Sebastopol assaulted, 1855.	55555	25 26 27 29 30 31 32	66666	32 30 28 27 24	2 3 4 se 7	22	55555	24 26 27 28	66666	35 34 31 29 27	2 3 4 se 7	18 28
9 10 11 12 13 14 15	MON. TUES. WED. THUR. FRID.	Invasion of Canada, 1775. Battle of Lake Erie, 1813. Battle of Brandywine, 1777. Battle of Abraham and death of Wolfe, 1759. Wellington died, 1852. Mexico captured, 1847.	5 5 5 5 5 5 5 5	36 38 39	666	16	10 11 m	43 36 rn	5 5 5	34	666	18 16 14	8 9 10 11 m	3
19	MON. TUES. WED. THUR. FRID.	Moscow burned, 1812. Ist Parliament of Upper Canada, 1792. Capitulation of Quebec, 1759. President Garfield died. 1881. Robert Emmett hung 1803. Battle of Fisher's Hill, 1864. Walter Scott died, 1832.	5555	42 43 44 45	66665	3 1 59	4 ri 7	43 50 55 ses	5 5 5	42	6 6 6	632	3 4 ris 6	5
94	MON. TUES. WED. THUR. FRID. SATUR.	Andrea arrested, 1780. Battle of Monterey, 1846. Defeat of Americans at Chrysler's Farm, 1813. Steamer Arctic lost, 1854. Sir W Jones born, 1746. Lord Nelson born, 1758.	5555555	50 51 52 53 55	55555	53 52 50 48 46	8 9 10 11	58 36 19 18	55555	50 51 52 54 56	55555	54 52 50 48 45	7 8 8 9 10 11 11	3
30	150 May 150 M	Whitfield died, 1770.	5	57	5	42		E	5	58	5	42	m	r

"How strangely music affects me!" said a venerable citizen, the other day. "Why, a few evenings ago, when my daughter was playing a soft, dreamy waltz on the piano, I stole up softly behind her, and—" "Well?" "Pulled away the stool!"

O Days. MEMORANDA. JOHN, N.B. M. 29 morn. 6th 33 eve. 57 morn. 3 morn. Quebec. Moor Sun sets. I. H M. H . M 0 6 39 18 1 12 2 13 3 18 4 28 sets. 7 37 8 6 26 36 66 66 66 37 35 34 31 29 27 25 12. 24 8 35 22 9 9 21 9 48 18 10 32 16 11 25 14 m'rn 12 25 6666666 15. 16. 17. 1 30 2 35 3 44 4 51 rises 6 59 7 24 18... 9 8 6 3 2 0 57 19. 20..... 56 7 54 8 52 8 50 9 48 10 45 11 44 11 22. 48 18 49 36 8 54 23. 24. 25. 42 m'rn 26. 27. itizen, ighter 29. softly

10th Mo.

Moon's Phases.

OCTOBER.

TORONTO.

MONTREAL.

31 Days.

St. John, N.B.

Fi	New Moon 5 9 17 morn. 9 40 morn. First Quarter. 12 0 12 morn. 0 35 morn. Full Moon 19 3 52 eve. 4 15 eve. Last Quarter. 27 8 38 eve. 9 1 eve.					1	H. M. 10 7 morn. 1 2 morn. 4 42 eve. 9 28 eve.										
nth	eek.	•			0	nt	aı	io.	io. Quebec								
Day of Month	Day of Week	VALS, HISTORIO	CCURRENCES, FR	STI-	W Sun rises.					H Sun			S		W rises.		
1 2 3 4 5 6	THUR.	Sir E. Landseer d First Railroad in Samuel Adams di Battle of German Battle of Thames, Jenny Lind born,	the U.S., 1833. ed, 1803. town, 1777. , 1813.		6 2 6 3	5 5 5	39 35 34	2	7 13 20 ets 37	6 6 6	5	5	39 38 36 33 32 39	4 se	58 6 18 31 ts. 34		
7 8 9 10 11 12 13	Mon- Tues. Wed. Thur. Frid.	Edgar A. Poe die Henry Fielding di Chicago Fire, 1871 Cardinal McClosk Bahama discovere Robert E. Lee die Battle Queenstow	ied, 1754. ey died, 1885. ed. 1492. d. 1870.		6 7 6 8 6 9 6 10	55555	25 23 22	7 8 9 10 11	14 52 38 29 27 32 rn	6 6 6	10 12 13 15	5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	24 22 22 18	9 10 11	19 17 22		
14 15 16 17 18 19 20	MON. TUES. WED. THUR. FRID. SATUR.	William Penn bor Battle of Jena, 18 Kosciusko died, 18 F. Chopin, compo Lord Palmerston Battle of Cedar Cr N. A. Fisheries Tr	06. 806. ser, died, 1849. died, 1865. reek, 1864.		6 13 6 15 6 16 6 18 6 19 6 20 6 21	55555	16 15 14 12	1 2 3 4 ri	42 46	6666	19 20 21 23 25	5 1 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	13 10 9 7	2 3 4 ris	27 35 41 47 52 8es 51		
21 22 23 24 25 26 27	MON. TUES. WED. THUR. FRID. SATUR.	C. P. R. Contract: Cable laid to Aust T. Gautier died, 18 Daniel Webster di Battle of Balakla Tr. Fontainbleau. Cuba discovered, 1	ralia, 1873, 872. ied, 1852. va, 1854. 1807.		6 23 6 24 6 26 6 27 6 28 6 29 6 30	5 5 5 5 4	6 5 4 2 1 59 58	6 7 8 9	25 56 32 13 0 52 52	66666	28 30 31 33 34	54444	57 55 54	67889	18 48 22 2 49 41 42		
28 29 30 31	MON. TUES. WED.	Harvard College Red River Rebelli Tower of London Hallowe'en.	on, 1869.		6 31 6 33 6 34 6 35	4	55 53	m'	rn	6 3	39	1 4	19 17	mr	44 'n 54 5		

The summer hotel man In silence now grieves, And the song that he's singing Is "Nothing but Leaves."

MEMORANDA.

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TUES. WED.

MON. TURS. WED. THUR. FRID.

NOVEMBER.

30 Days.

Moon's Phases.		HASES. TORONTO. M					S	ST. JOHN, N.B.									
New Moon			H.M. 6 45 eve. 10 58 morn. 9 58 morn. 0 3 eve,	45 eve. 7 8 eve. 11 21 morn. 58 morn. 10 21 morn.					H.M. 7 35 eve, 11 48 morn. 10 48 morn. 0 53 eve.								
Day of Month	Day of Week	ANNIVERSARIES, OC	CCURRENCES, FE	STIV-	Sun rises.	ntan San sets.	Moon	rises.	1	rises.	w w sets.	Moon	rises.				
1	THUR.	All Saints Day.	1000		6 3	4 50	3	20	6 4	44	4 44	3	18				

Erie Canal began, 1825. St. John's captured, 1775. 6 38 4 48 4 34 6 45 4 43 4 35 6 40 4 47 5 51 6 47 4 41 5 54 FRID. 6 41 4 47 sets 6 48 4 40 sets. 6 42 4 46 6 2 6 50 4 38 6 17 6 43 4 45 7 186 51 4 37 7 7 6 45 4 43 8 176 53 4 35 8 6 6 46 4 42 9 20 6 54 4 34 9 9 6 47 4 41 10 26 6 55 4 33 10 17 6 48 4 40 11 32 6 57 4 31 11 26 Gunpowder Plot discovered, 1605. Macdonald Governm. resigns, 1873. Abraham Lincoln elected, 1860. Last spike C.P.R. driven, 1885. Milton died, 1674. Great Fire in Boston, 1872. Centennial Exhibition ended, 1876. SUN. Mon. Tues. Wed. THUR. 9 FRID. 10 SATUR 6 50 4 38 m'rn 6 58 4 30 m'rn 6 52 4 37 38 7 (4 29 33 6 53 4 36 1 427 1 4 28 1 39 6 54 4 35 2 43 7 2 4 27 2 42 6 45 4 35 3 45 7 4 4 26 3 46 6 56 4 34 4 447 6 4 25 4 57 6 57 4 4 5 48 7 7 4 24 5 48 SUN. Chicago Anarchists hanged, 1887. Richard Baxter born, 1615. Montreal captured, 1775. F. W. Herschell, astron'r, b. 1738. Perkin Warbeck pretender, d. 1499. Louis Riel hanged, 1885. 15 THUR. 16 FRID. 17 SATUR. Cape of Good Hope discovered, 1497. 59 4 32 rises 7 8 4 23 7 1 4 31 5 31 7 9 4 22 24 30 6 11 7 10 4 21 3 4 39 6 5 7 7 12 4 20 4 4 29 7 45 7 14 4 19 6 4 28 8 42 7 15 4 19 7 4 27 9 41 7 16 4 18 SUN. Mon. Ex President Arthur died, 1886. Earl of Elgin died, 1849. Battle of Belle Isle, 1750. Chloroform used, 1847. 6777777 5 22 6 0 6 43 7 35 43 35 31 THUR. FRID. La Salle born, 1643. Halifax award, 1877. Zach. Taylor born, 1784. SATUR. 9 32 Madame Grisi died, 1860.

DeSalaberry defeats the Americans at Chateauguay, 1813.

Washington Irving died, 1859.
Horace Greeley died, 1872.

St. Andrew's Day,

7 8 4 26 10 44 7 18 4 17 10 37 7 94 26 11 50 7 194 16 11 47 7 10 4 26 m'rn 7 20 4 16 m'rn 7 11 4 25 57 7 22 4 15 55 7 12 4 25 2 8 7 23 4 14 2 8 7 14 4 24 3 21 7 24 4 15 3 23 SUN.

"Where is the best place to get fat?" asked a thin housekeeper of a neighbor. "All over!" was the unexpected reply.

It was a Toronto boy who started the fashion of calling his father by his given name and the fashion lasted about thirty seconds.

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MEMORANDA.

18. 21. 22. 23. 24. 25. 26. 27. 28.____

12th Mo.

DECEMBER.

31 Days.

Moon's Phases.	TORONTO.	MONTREAL.	St. John, N.B.
New Moon 3 First Quarter 10 Full Moon 18 Last Quarter 26	H. M.	H. M.	H. M.
	4 48 morn.	5 11 morn.	5 38 morn.
	1 29 morn.	1 52 morn.	2 19 morn.
	5 24 morn.	5 47 morn.	6 14 morn.
	0 43 morn.	1 8 morn.	1 35 morn.

nth	ek.			0	nt	ar	io.		-	Q	ue	ebe	c.	
Day of Month	Day of Week.	ANNIVERSARIES, OCCURRENCES, FESTIV- ALS, HISTORICAL NOTES, &C.								W rises.				W rises.
1	SATUR.	John Brown hanged, 1852.	7	14	4	24	4	38	7	27	4	13	4	43
2345678	MN. TUES. WED. THUR. FRID. SATUR.	Martial law, Montreal, 1837. Max Muller born, 1823. Marshal Ney shot, 1815.	77777	18 19 20 21	4 4 4 4 4	24 24 23 23 23 23	5 7 8 9	9 18	77777	27 28 2 30 31 32 33	444444	13 12 12 12 12	5 6 7 9	53 ets 44 49 59 10 20
9 10 11 12 13 14 15	MON. TUKS. WED. THUR. FRID. SATUR.	Sir Hugh Allan died, 1882. Alex. Dumas died, 1870. James II. fled. 1688. Edwin Forrest died, 1872. Battle of Fredericksburg, 1862. Washington died, 1799. Prof. Agassiz died, 1873.	77777	24 24 25 26 27	4 4 4 4 4	23 23 24 24	m 1 2 3	rn 36 37 36 35	77777	34 35 36 37 38 39 39	144444	12 12 12 12 12	m' 1 2 3	38 rn 24 37 38 40 41
16 17 18 19 20 21 22	MON. TUES. WED. THUR. FRID. SATUR.	Boston Tea Party, 1773. Opening First Legislature Lower Canada, 1792. Napoleon III elected President, 1848. Henry II. crowned, 1154. Shortest Day. Plymouth settled, 1620.	77777	28 29 30 31	44444	25 25 25 25 26	6 ri 5 6 7	27	77777	40 41 41 42 42 43 43	44444	13 13 14 14 15	6 ris 5 6 7	
23 24 25 26 2 28 29	MON. TUES. WED. THUR. FRID. SATUR.	Battle of Trenton, 1776.	7777	33 33 3.5	4 4 4 4 4	29 29 30 30	0 11 m 1 2	46 51 rn 2	77777	44 45 45 45 45 45	444444	16 16 17 18 19	10 11 m 1 2	42 49 rn
30 31	SUN. Mon.	Juan Prim died, 1870. Battle of Quebec, 1775.								45 46				52

Speaking about the artist who painted fruit so naturally that the birds came and pecked at it, said a fat reporter, "I drew a hen that was so true to life that after the editor threw it into the waste basket, it lay there."

MEMORANDA.

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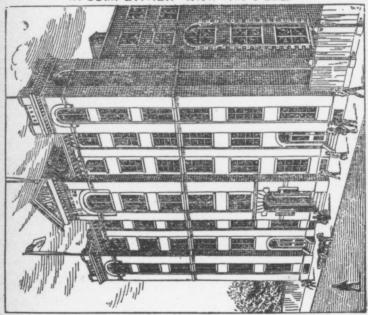
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PRIZE MEDAL PARIS 1867.



IN COMPETITION WITH THE WORLD.



PRIZE MEDAL CENTENNIAL 1876.



AN COMPETITION WITH THE WORLD.

A GREAT INDUSTRY.

-:0:---

If there is one native industry more than another which has made fgigantic progress in development during the last few years, the manufacturing of cigars may surely be pointed to as a typical instance. From a comparatively small matter it has risen to be one of the most important, engaging thousands of skilled workers and producing millions annually of the fragrant weed. Not very many years (and it is so yet to a small extent) nothing but an imported cigar would be smoked,-to talk about a "domestic" among the better-to-do people meant being laughed Now, however, the tables are turned, thanks to such a firm as that of Messrs. S. Davis & Sons of Montreal, who, by going direct into the markets order the best tobacco grown, by studiously buying only the finest stocks, by the introduction of the latest improvements in manufacture, by unwearied patience, by an energy and determination which never faltered and which casts a ray of lustre on their indomitable enterprize, they have abundantly succeeded in placing their various high class brands in a far higher plane of merit then the imported article, have so thoroughly established their manufactures among the most knowing connoissieurs, as well as among the general public, that they are esteemed over all competitors, foreign or domestic, and so highly are they appreciated that though their factory is by far the largest in Canada (see the cut on opposite page), the demand is so incessant that it is almost hopeless to compete To do this more effectually, further important additions are to be shortly made, and more hands will be taken on in the hope of "catching up."

As a further testimony to the genuine merits of Messrs. Davis & Sons' Cigars, they point with pride to the score of gold and silver medals awarded, the highest prizes being given them wherever they have competed, including even the great Centennial gold medal in competition against the world. Whilst of Dominion, provincial and local momentoes of success over Canadian manufacturers, they have enough to decorate an Emperor.

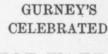
Such a record deserves more then a passing exordium of commendation and it is therefore with peculiar pleasure that in this year's issue of the Gazette Almanac we are enabled to draw attention to the proud achievements of a Canadian house whose productions are known and valued from one end of Confederation to the other, and at the same time affords such a brilliant success among our industries.

E. & C. GURNEY & CO.,

385 AND 387 ST. PAUL STREET, MONTREAL,

WHOLESALE MANUFACTURERS

STOVES, RANGES, GRATES, SCALES.



HOT WATER HEATERS

AND

CAST BUNDY RADIATORS.

CAST IRON
PIPE AND
FITTINGS,
STEAM

FITTINGS, PLUMBERS' SUPPLIES.

HOT AIR FURNACES FOR COAL OR WOOD.

ALL GOODS GUARANTEED. CIRCULARS ON APPLICATION.

GOVERNOR-GENERAL OF CANADA.

The Most Honorable Sir Henry Charles Keith Petty-Fitzmaurice, Marquis of Lansdowne, in the County of Somerset, Earl of Wycombe, of Chipping Wycombe, in the County of Bucks, Viscount Calne and Calnstone, in the County of Wilts, and Lord Wycombe, Baron of Chipping Wycombe in the County of Bucks, in the Peerage of Great Britain; Earl of Kerry and Earl of Shelburne, Viscount Clanmaurice and Fitzmaurice, Baron of Kerry, Lixnaw, and Dunkerron, in the Peerage of Ireland; Knight Grand Cross of Our Most Distinguished Order of Saint Michael and Saint George; born January 14, 1845; married, in 1869, Lady Maud Evelyn Hamilton, youngest daughter of the Duke of Abereorn, appointed Governor-General of Canada, August 18, 1883.

Governor-General Secretary-Captain Henry Streatfield.

THE CANADIAN CABINET.

The Cabinet, on the 1st of December, was composed as follows :-

Right Hon. Sir John Alexander Macdonald, G.C.B., President of the Privy Council, and Premier.

Tilly Council, and Tiomici.		
Hon. Sir Charles Tupper	Minister of	f Finance.
Hon. J. S. D. Thompson		Justice.
Hon. Sir H. L. Langevin, C.B., K.C.M.G.		Public Works.
Hon. John Carling		Agriculture.
Hon. John Henry Pope		Railways & Canals.
Hon. Mackenzie Bowell	66	Customs.
Hon. Thomas White	**	the Interior.
Hon. Sir A. P. Caron, K.C.M.G	66	Militia.
Hon. George E. Foster	66	Marine & Fisherics.
Hon. John Costigan	"	Inland Revenue.
Hon. A. W. McLelan	Postmaster	r-General.
Hon. J. A. Chapleau		
Hon. J. J. C. Abbott		

An Act passed at the Session of 1887, gave authority to re-organize the departments of Customs and Inland Revenue. Instead of ministers, the heads of these departments, will, when the law is proclaimed by the Governor-General, be known as comptroller of Customs and comptroller of Inland Revenue, respectively. The salaries will be \$6,000 a year, instead of \$7,000 as now. The comptrollers will be members of the Government with seats in Parliament, but not members of the Cabinet, their positions being somewhat similar to those of under-secretaries in Great Britain. Then a new department, that of Trade and Commerce, is created, the minister at the head of which, is to be a member of the Cabinet, and to have a salary of \$7,000. Another new office created by the Act is that of Solicitor-General, who may or may not be a member of the Cabinet, and whose salary will be \$6,000. The effect of the reorganization will be to reduce the positions of the present heads of the Justoms and Inland Revenue departments, to create a new department, and to attach to the Department of Justice a Solicitor-General.

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CANADA METAL WORKS

JAMES MATTINSON,
5572 CRAIG STREET,

MONTREAL.

Plumber, Steam and Gas Fitter,

STEAMBOAT, HOUSE, and

ELECTRIC BELL HANGER,

Brass and Iron Finisher,

MANUFACTURER OF

Hot-Water & Steam Heating Apparatus,

AND ALL KINDS OF

Coppersmith's Work

FOR BREWERIES, TANNERIES, AND STEAMBOATS.

Steam Guages Repaired and Tested.

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Legislation of last Session, the customs department ceases to have a voice in the framing of the tariff, and its duties are limited merely to the administration of the tariff laws as regulated by the Department of Trade and Commerce and Finance, and approved by Parliament. The law has not yet been given force.

THE PARLIAMENT OF CANADA.

Consists of the Queen, represented by the Governor-General, the Senate and the House of Commons. The Senate consists of 78 members, and the House of Commons of 215 members. They are divided among the provinces as follows:

	Senators.	Commoners.
Ontario	24	92
Quebec	. 24	65
Nova Scotia	. 10	21
New Brunswick	10	16
Manitoba	. 3	5
British Columbia	3	6
Prince Edward Island	4	6
Northwest Territories	0	4

The Senators with their residences and the divisions (in the Province of Quebec), are as follows:—

QUEBEC.

Name.	Residence.	Division. Politics.
Abbott, J. C	Montreal	Inkerman C.
Armand, Joseph F	River des Prairies	Repentigny C.
Baillargeon, Pierre	.Quebec	Stadacona L.
Bellerose, Joseph H	St. Vincent de Paul	De la Naudiere C.
Bolduc, Joseph	.St. Victor	Lauzon C.
DeBoucherville, C. E. B.	Boucherville	Montarville C.
Chaffers, Wm. H	St. Cesaire	Rougemont L.
Cochrane, M. H	Compton	Wellington C.
DeBlois, Pierre A	Beauport	Lasalle C.
Fortin, Pierre	Laprairie	.Kennebec C.
Ferrier, James	Montreal	Shawinegan C.
Guevremont, J. B	Sorel	Saurel C.
Lacoste, Alex	Montreal	.De Lorimieer C.
Ogilvie, Alex	Montreal	Alma C.
Paquet, Anselme	St. Cuthbert	De la Valliere L.
	Quebec	
Robitaille, Theo	New Carlisle	Gulf C.
Ross, J. G	Quebec	Laurentides C.
Ross, J. J	Ste. Anne de la Perade	.De la Durantaye. C.
Ryan, Thomas	Montreal	Victoria C.
Rolland, J. B	Montreal	Mille Isles C.
Stevens, Gardiner G	Waterloo	Bedford L.
Thibaudeau, J. R	Montreal	Rigaud L.
Trudel, F. X. A	Montreal	De Salaberry C.
		KS CASS (U.S. S.)



THE OLDEST AND LARGEST WHOLESALE AND RETAIL

FURNITURE HOUSE

IN CANADA.

During the last six months, we have been compelled to make still further additions and improvements to our warerooms, making them by far the largest and most elegant in Canada, and possessing advantages not found elsewhere. We confidently claim these points:—

1. Largest stock of finest and costliest Furniture.

2. Largest stock of medium Furniture.

3. Best choice in Canada without exception.

4. Buying in large quantities for cash enables us to secure special discounts.

5. Sell for little over what most other houses have to pay wholesale.

6. Con inual increased has made our business the largest in the country.

7. Any house, great or small, palace or cottage, can be completely furnished by us.

8. Proof on a visit, which we cordially solicit.

8. Proof on a visit, which we cordially solicit.

O. McGARVEY & SON,

1849 to 1853 NOTRE DAME STREET, CORNER OF McGILL.

ONTARIO.

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Ī	Name.	Residence.	Name.	Residence.
1	Alexander, George Allan, George Wm Casgrain, Charles Clemow, Francis	E. Windsor C	Merner, Samuel. O'Donahoe, John	LToronto C N. Hamburg. C Toronto L Niagara C
The Lates	Flint, Billa	Belleville C Barrie C London L	Read, Robert Reesor, David Sanford, Wm. E.	Belleville C Yorkville L Hamilton C Ottawa L
	McKindsey, Geo. Macdonald, John. McMillan, Donald.	C.MiltonC TorontoL Alexandria C	Suliivan, Michae Turner, James	TorontoC lKingstonC HamiltonC
ŀ	MacInnes, Donald	HamiltonC	Vidal, Alex	C sarnia
		Nova	SCOTIA.	
,	Name.	Res	idenee.	Politics.
	Almon, Wm. J	Halifax		
1	Archibald, Thos.	DSydney	••••••	C
}	Grant, Robert P.	Pictou		L
/	Kaulbach, H. A. N	VLunenber	g	C
ě	McDonald, Wm	Little Gla	ce Bay	
1	McKay, Thomas	Wallace		
	Miller, William	Halifax		C
1	Power, Lawrence	GHalifax		L
1		New Br	UNSWICK.	
	Name.	Resi	dence.	Politics.
į				
	Botsford, Amos E.	Sackville		
j	Dever, James	St. John		L
	Glazier John	Lincoln		0 L
j	Lewin, James D	St. John		L
1	McClelan, Abner l	R Hopewell		L
1	Odell, Wm. Hunte	rFrederict	on	
	Wark, David	Frederict	on	L
{		PRINCE EDW	VARD ISLAND.	
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BONDS OF SURETYSHIP

THE GUARANTEE COMPANY

OF NORTH AMERICA

THE OLDEST AND LARGEST COMPANY IN AMERICA.

Capital paid up,				-			8300,000
Resources, over						4	900.000
Total Claims paid	over,		-		-	-	550,000

HEAD OFFICES:

157 ST. JAMES STREET, MONTREAL.

DIRECTORS:
MONTREAL.

President, Hon. JAMES FERRIER, Senator. Vice-President, Sir ALEXANDER T. GALT, G.C.M.G.

Managing Director: EDWARD RAWLINGS.

Bankers: BANK OF MONTREAL.

tus,

THE ACCIDENT

INSURANCE COMPANY
OF NORTH AMERICA.

Head Office: - 157 S. James Street, Montreal.

President, The Hon. JAMES FERRIER, Senator.
Vice-President, Sir A. T. GALI, G.C.M.G.
Managing Director, EDWARD RAWLINGS.

THE ACCIDENT is the only purely Accident Insurance Company in America. Its policies are not forfeited by the Insured engaging a more hazardous business to an that for which he has paid his premium.

This Company has paid over 18,000 looses, amounting to over \$800,000.

TORONTO BRANCH.

General Agents, - MEDLAND & JONES,

EQUITY CHAMBERS, TORONTO.

AGENTS EVERY WHERE.

5		DOMINION PARLIAMENT.	39
	†	Manitoba.	
	Name.	Residence.	Politics.
Hu Hu Ke	Schultz, John C Sutherland, Hugh	St. Boniface	
La		BRITISH COLUMBIA.	
La	Name	Residence.	Politics
, La Le Le Le	Molnnes, Thos. F Macdonald, Wm	LNew Westminster JVictoria	d
Li		THE TIQUES OF COMMONS	9
L		THE HOUSE OF COMMONS	J.
M		PROVINCE OF ONTARIO.	
M	Constituency.	Name.	Occupation.
R,	Algoma	J. W. Bell	Farmer. Engineer. Lawyer. Journalist. Manufacturer. Merchant. Farmer. Merchant. Journalist. Lawyer. Physician. Physician. Lawyer. Lawyer. Physician. Gentleman. Physician. Lawyer, Lawyer, Lawyer, Lawyer. Contractor. Engineer.
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	MontmagnyP. A ChoquetteL	,
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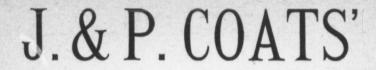
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POPULATION OF CANADA.

Since 1831, the census of Canada has been made every ten years, as is the custom with most civilized nations, and we have thus an accurate basis on which to estimate the growth of the country. Before that year, enumeration of the people was made at irregular intervals. The first record we have goes back to 1608, when 28 settlers wintered in Quebec. This was the first permanent settlement. The Marquis de la Roche had made an earlier attempt, it is true, in 1598, landing 40 French convicts on Sable Island, then a less desolate abode than it is to-day, but when they were re-visited at the end of five years, only twelve of the number were found alive. In 1605, too, Port Royal (Annapolis), had been founded, but it is uncertain how many persons permanently occupied the place for the next two or three years. In 1620, the white population of Quebec had increased to 60 persons. In the summer of 1629, the English, under Sir David Kirk, captured the city, and the ensuing winter, 117 persons remained within its walls. By the treaty of St. Germain in 1632, the country was ceded back to France, and the English withdrew. The increase from that time became more rapid. Montreal was founded in 1642, and by 1667, New France contained an European population of 3,918. In 1672, this had grown to 6,705, in 1692 to 12,431, and in 1698 to 13,355. In 1713, by the treaty of Utrecht, Hudson's Bay and adjacent territory, Newfoundland and Acadia were ceded to England, and British settlement began in the latter two. In 1720, there were 24,434 white inhabitants in New France, in 1739, 42,701, and in 1760, the date of the Capitulation to Great Britain, 70,000.

In 1749, the city of Halifax was founded by Lord Halifax, 2,544 English immigrants being brought out by Lord Cornwallis, the first Governor of Nova Scotia. In 1762, these had grown to 8,104.

In 1784, the population of Canada was 113,012, and of Nova Scotia 32,000. These figures, however, took no account of a number of United Empire Loyalists. who had settled in Upper Canada, nor of about 11,000 French Acadians residing in Nova Scotia. In this year, New Brunswick was separated from the latter province, and erected into a distinct colony, with a population of 11,457. From this time out, the influx of loyalists from the United States assumed greater proportions, and in a few years, it is estimated, that fully 40,000 persons came into Canada, giving up many of them comforts and even luxury in their former homes in the revolted colonies, that they might live under the British flag, and under British institutions. In 1791, the population of Upper and Lower Canada was 161,311.

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In 1806, it was 320,718, 250,000 being set down to Lower Canada. In 1798, the name of St. John's Island was changed to Prince Edward Island, and it had a population of 4,500. In the first two or three years of the century, therefore, the population of what is now the Dominion of Canada, must have been about 450,000 or 460,000.

In 1814, at the conclusion of the war with the United States, the population of Upper Canada was 95,000, and of Lower Canada 335,000. In 1831, the census showed 236,702 and 553,134. In 1841, the population of Upper Canada was 455,688, in 1844 that of Lower Canada was 697,084. From this time the population of the western province continued to grow with the greatest rapidity, and by 1851, it had outstripped Lower Canada. The census of that year showe 1 as follows:—

Upper Canada 952,004 | New Brunswick 193,804 Lower Canada 890,261 | Nova Scotia 276,850

Giving 2,312,919 for the four provinces, P. E. Island being omitted.

In 1861, returns were had from all the provinces, showing as follows:—

Upper Canada	
Lower Canada	
New Brunswick	252,047
Nova Scotia	330,857
Prince Edward Island	80,857
Vancouver Island (white)	3 024

Total...... 3,174,442

In 1871, Manitoba had been added to the Dominion, and a census taken the previous year, as was also the case in British Columbia. Prince Edward Island also took a census in 1871, so that for purposes of comparison, the provinces may be considered as occupying the same position as they did in 1881, the year of the last census. The figures for the two years are as follows:—

	1871.	1881.
P. E. Island	94,021	108,891
Nova Scotia	387,800	440,572
New Brunswick	285,594	321,233
Quebec	1,191,516	1,395,027
Ontario	1,620,851	1,923,228
Manitoba	18,995	65,954
British Columbia	36,247	49,459
N. W. Territories		56,446

Totals...... 3,635,024 4,324,810

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A census of Manitoba and the North-West was taken in 1886, when the population of the former was found to be 108,640, and of the territories 48,362. The apparent decrease in the latter is due to the fact that in 1881, the population was largely estimated, especially as regards the Indians, while in 1886, the count was actually made. The territories in 1881 also included a portion of what is now Manitoba. An estimate of the population of Canada at the present time, taking the rate of increase between 1871 and 1881, (18.97 per cent) as a basis of calculation, would give about 4,800,000, which is likely to be an under estimate, the growth of the large cities, Montreal and Toronto especially, having been remarkably great during the past six years.

RELIGIONS OF THE PEOPLE.

Divided between Roman Catholics and Protestants, the census of 1881, showed the former to number 1,791,982, and the latter of various denominations 2,439,023, with 86,769 whose religious profession is not given. The strength of the various sects are as follows:—

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Roman Catholics	1,791,982	Quakers	6,553
Methodists	742,981	"Protestants"	6,519
Presbyterians	676,165	Universalists	4,517
Church of England	574,818	Pagans	4,478
Baptists	296,525	No Religion	2,634
Lutherans	46,350	Reformed Episcopal.	2,596
Congregationalists	26,900	Jews	2,393
Disciples	20,193	Unitarians	2,126
Brethren	8,831	Other denominations	14,269
Adventists	7,211	Not given	86,769

Roman Catholics are most numerous of the sects in Prince Edward Island, Nova Scotia, New Brunswick, Quebec, British Columbia and the Territories. Methodists lead in Ontario with 591,503, while in Manitoba, the Presbyterians and Church of England are practically equal, the figures being 14,290 for the former and 14,297 for the latter.

PLACE OF BIRTH.

Of the 4,324,810 inhabitants of Canada in 1881, there were born in:—

Canada	3,715,492	France	4,389
British Isles		Scandinavia	2,076
United States	77,753	Italy	777
Germany	25,328	At Sea	380
British Possessions	8,143	Spain and Portugal.	215
Russia	6,376	Other countries	7,455



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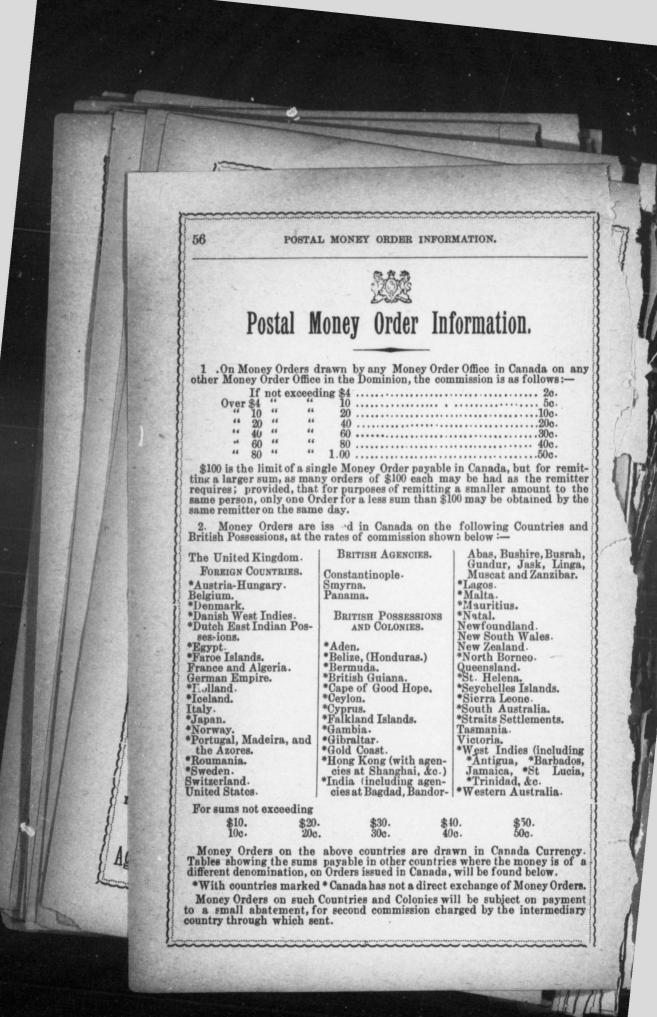


Table showing the amounts in Canadian money to be paid for Money Orders drawn on the United Kingdom and British Possessions.

Amount Payable in English Money.	Dollars and Cents.	Amount Payable in English Money.	Dollars and Cents.	Amount Payable in English Money.	Dollars and Cents.	Amount Payable in English Money.	Dollars and Cents.
£ s. d. 0 0 1 0 0 2 0 0 3 0 0 4 0 0 5 0 0 6 0 0 7 0 0 9 0 0 10	\$ c. 0 2 0 4 0 6 0 8 0 10 0 12 0 14 0 16 0 18 0 20	£ s. d. 0 0 11 0 1 0 0 2 0 0 3 0 0 4 0 0 5 0 0 6 0 0 7 0 0 8 0 0 9 0	\$ c. 0 22 0 24 0 49 0 73 0 97 1 22 1 46 1 71 1 95 2 19	£ s. d. 0 10 0 0 11 0 0 12 0 0 13 0 0 14 0 0 15 0 0 16 0 0 17 0 0 18 0 0 19 0	\$ c. 2 444 2 68 2 92 3 17 3 41 3 65 3 90 4 18 4 63	£ s. d. 1 0 0 2 0 0 3 0 0 4 0 0 5 0 0 6 0 0 7 0 0 8 0 0 9 0 0 10 0 0	\$ c. 4 87 9 74 14 61 19 48 24 35 29 22 34 99 83 99 43 83 48 70

Table showing the sums payable in Germany, in Marks and Pfennigs, on Orders issued in Canada.

Canadian Money.	Value in German Money	Cana- dian Money.	Value in German Money.	Cana- dian Money.	Value in German Money	Cana- dian Money.	Value in German Money.
ots. 1 2 3 4 5 6 7 7 8 9 10	pf. 4 8 12 16 20 25 29 33 37 41	ets. 20 25 30 40 50 60 70 75 80 90	m. pf. 0 83 1 04 1 25 1 66 2 08 2 50 2 91 3 12 3 33 3 75	\$ cts. 1 00 2 00 3 00 4 00 5 00 6 00 7 00 8 00 9 00 10 00	m. pf. 4 16 8 32 12 48 16 64 20 80 24 96 29 12 33 28 37 44 41 60	\$ cts. 15 00 20 00 25 00 30 00 35 00 40 00 45 00 50 00	m. f. 62 40 83 20 104 00 124 80 145 60 166 40 187 20 208 00

TABLE showing the sums payable in France, Belgium, Italy and Switzerland, in France and Centimes, on Orders issued in Canada.

Cana- dian Money.	Value in Foreign Money.	Cana- dian Money.	Value in Foreign Money.	Cana- dian Money.	Value in Foreign Money.	Cana- dian Money.	Value in Foreign Money.
cts. 1 2 3 4 5 6 7 8 9 10	etms. 5 10 15 20 25 30 35 40 45 50	cts. 20 25 30 40 50 60 70 75 80 90	fr. ce. 1 00 1 25 1 55 2 05 2 55 3 05 3 55 3 80 4 10 4 60	\$ cts. 1 00 2 00 3 00 4 00 5 00 6 00 7 00 8 60 9 00 10 00	fr. ce. 5 10 10 20 15 30 29 40 25 50 30 60 80 45 90 51 00	\$ cts. 15 00 20 00 25 00 30 00 35 00 40 00 45 00 50 00	fr. ce. 76 50 102 00 127 50 153 00 178 50 204 00 229 50 255 00

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By the kind permission of the author, Mr. F. N. Boxer, we have devoted a large amount of the space in this year's Almanac to extracts from his valuable little book, "The Family Guide to Health." No information of a general character will be of greater usefulness, and a careful study and attention of the information given cannot fail to be productive of good.

THE FAMILY GUIDE TO HEALTH.

We make no claim for originality in the information herein afforded, for we have culled freely from the pages of works on hygiene written by the most eminent in the medical profession, and whose object has been to impart to others the important results obtained during many years of practice and study. We will simply endeavor, in plain words, to point out to the reader where danger of infection is to be apprehended, how to discover it and how to rectify its evils; also, to lay down rules how to preserve health, to care for the sick when sickness comes, and how to act with knowledge and promptness in cases of emergency. So simple and easy to understand are the causes from which are bred zymotic diseases, that every child old enough to go to school can be made familiar with them; and if, in the management of a household, these rules of hygiene and their practical application are implicitly complied with, many a parent, who may read these pages, can keep sickness from the door, and avoid its concomitant results, such as heavy expenses, troubles, grief, and even poverty and death.

ZYMOTIC DISEASES.

Some of this class are infectious, some contagious, and some are both infectious and contagious. When contracted, they appear to involve a morbid condition of the blood, and, for the most part, but not all of them, run a definite course, and are attended with fever, and frequently with eruptions on the skin. They are more or less communicable from person to person, and possess the singular and important property of generally protecting those who suffer from them from a second attack. They have also a certain period of incubation, and some of them a critical day, or crisis, upon which the patient either begins to succumb or commences to recover.

Of these zymotic diseases there are more than thirty different kinds. The principal, and most to be dreaded, are cholera, scarlet fever, diphtheria, typhoid fever, variola (small pox), measles, erysipelas, pyæmia (blood poison), and puerperal fever They are communicable either in solid particles of infective matter, called germs, which are dispersed in the air like the moats which we see in sunbeams, and falling on the face or other exposed parts of the body, become absorbed into the system; or, by

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inhaling air containing a specific poison which will produce in another body the disease from which the germ was borne. But in what way these germs directly act on the system to cause a like disease is still a matter of discussion. This much, however, appears to be known as a fact, and which principally concerns the reader, that is, if you isolate an infected person from the rest of mankind, and take care that the secretions, volatile, fluid or solid, do not come in contact with the secretions of susceptible healthy persons, the danger of infection to others is over.

healthy persons, the danger of infection to others is over.

With the recovery of that person, that is to say, restoration in him of a natural secretive power, the poison is destroyed; or, should be unfortunately die, then with the failure of the power to produce further secretion, the danger is over-except some of the poisons formed before the death be actually carried away from the dead body. In a word, if this hypothesis is true, we have a complete mastery over the diffusion of the poisons of all communicable diseases. We have but to keep steadily in view that the producing and reproducing power is in the affected body itself; so that, even with our present knowledge, we can almost completely limit the propagating power of that body. By its power is meant the power of secreting and diffusing secretion. Further than this, by a strict attention to this power, which each individual of the community possesses, to reduce the spreading of communicable diseases from a central point of attack, one may expect, in another generation, to obtain a still further reduction of cases; and so on, from one generation to another, growing less, until the particular spreading disease is wiped out.

Three different theories or hypotheses have been held by eminent physicians and observers as to the agents, or organic disease producing particles, which are capable of exciting zymotic diseases. They are named as follows:—The Vegetable Paratic hypothesis, the Vital Germ hypothesis, and the Nervous

or Neuro hypothesis.

However different the views taken on this subject by eminent authorities are from each other as to the action of the disease germs in the living body, there is no doubt expressed as to the infective matter given forth from a body being capable of producing in another body a like disease, either by contact with the germ or by inhalation; and, although it is deviating a little from our intention to curtail our remarks to simple outlines of fact, still it will not be without effect to place before the reader the subtle dangers which threaten life, no matter in what manner the germs, when absorbed into the human system, act to produce disease, or how one theory may appear more correct than another. The Parasitic hypothesis traces the phenomena of zymosis to

^{*}Spirillum, a vegetable parasite found in the blood of fever produced by famine and bad hygiene. Bacteria and Bacilli parasites are found to exist in contagious diseases.



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the introduction into the body itself of a vegetable parasite like Bacterium, Bacillus or Spirillum,* which enters the blood of an individual susceptible to its influence, and gives rise to phenomena very analogous to those caused by the addition of yeast to a substance capable of fermentation. As an illustration-supposing for example there is added to an aqueous solution of honey, or of grape, or of other sweet juice, a single cell of the This speck of matter is about the size of a red yeast plant. blood corpuscle; thence only visible under the microscope. Then, in a few hours, or a day or two at most, under a temperaure of about 70° Fahr., from the single yeast cell, millions are roduced, so as to make the liquid turbid and form a frothy cum at top and a sediment at bottom. During these changes he temperature is increased, until latterly, the heat begins to eturn to its normal state, and the evolution of gas to cease, when the solution is found to have lost its sweet taste, and to be changed into a mixture of alcohol and water incapable of further fermentation. The author of the theory of the vegetable parasite draws an analogy between this process of fermentation from a yeast cell, introduced into a saccharine liquid, to the effect produced by puncturing the skin with the point of a needle that has been inserted into the lymph from the body of a small-pox patient. Both cases are of pure infection, and the zymotic phenomena evoked thereby are almost perfectly analogous. To sum up this hypothesis, the author supposes:—

1. That there are many vegetable parasites capable of setting up the special diseases as there are zymotic diseases.

2. That in every susceptible person there are as many pabulums (suitable food) for the support of the various parasites capable of producing a specific zymosis as there are zymotic diseases.

3. The hypothesis endeavors to explain the reason of immunity from second attacks by suggesting that the pabulum, in which the vegetable germ was reproduced in the body, having become exhausted, the disease ceases, if the patient lives; and that the protection is due to the fact that the pabulum necessary is not, as a rule, formed in the body a second time.

THE VITAL GERM HYPOTHESIS.

The author of this hypothesis argues that in the body, during life, there are two conditions of matter, one living, the other dead. The living matter he calls "bioplasm," the dead matter "formed material," and that every tissue, intercellular substance and material, resulting from changes in the cells are formed from bioplasms.

He describes bioplasms, or living matter, as clear, colorless, structureless and soft, growing quickly and almost diffluent,

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and enclosed in a capsule of equally colorless formed material, which, however, is firm and sometimes hard. He shows that masses of bioplasm, after reaching a certain size, usually less than one-thousandth of an inch in diameter, undergo division, and, as soon as any mass of bioplasm has attained a certain definite size, it divides, and portions move away and detach themselves. However, the details of the action of the phenomena how "formed material" is produced and bioplasm ceases to live, are too subtle to be followed further in these pages.

Of Bacterium; the same author shows that it is probably the lowest and simplest form of living matter. He has figured some Bacteria as less than one ten-thousandth of an inch in diameter, while the germs from which the little particles spring are far more minute. It would be difficult, says this authority, to tell where bacteria germs do not exist. In air, in water, in the soil, adhering to tiny particles of every kind; in every region of the earth, from the poles to the equator, they are to be found. At all seasons of the year they retain their vitality. Extreme dryness does not destroy them, and they withstand a temperature far below freezing point. Under adverse circumstances they remain dormant, and are not destroyed by a degree of heat which is fatal, probably, to every other living organism.

In the substance of the tissues, in the cells of almost all plants, and in the interstices and tissues of many animals, bacteria germs exist, and no part of the body of man and of the lower animals is entirely destitute of particles which, under favorable circumstances, develop bacteria. Upon the skin and upon the surface of the mucous membranes they exist in profusion, and they abound in the mouth and in the follicles and glands.

Changes in the process of digestion are followed by the multiplication of bacteria in every part of the alimentary canal, and within a few hours, countless millions may be developed. They multiply in the secretions, under certain circumstances, almost as soon as they are formed, and the germs exist even in healthy blood.

As the germs of bacteria are formed in healthy bodies, and grow and develop into bacteria when disintegration and decay occur, we need not be surprised at their existence in disease, for they prey upon morbid structures and upon the substances resulting from the death of morbid bioplasm. They grow and multiply with great rapidity in fluids which contain disease germs as soon as these begin to lose their specific powers and to undergo decomposition. In the tissues and fluids of the body, altered by fevers, they are abundant. In the evacuations of cholera—and not only of cholera, but of typhoid and other

intestine diseases—they are very numerous.

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According to this theory, the hypothesis assumes that the orgin of the so-called zymotic diseases is from a *living* germ, which belongs to the body itself, but which has undergone changes of deterioration, in which condition it reproduces from a favoring pabulum, (or food), its like in large quantity, and thus excites disease.

THE NERVE THEORY.

This hypothesis assumes that the virus which excites disease is a modified secretion of the body which has the power of communicating, by an interference with the nervous function, its own properties to a healthy secretion, and which continues in action until natural nervous function is restored.

The author conceives that the secretions of the animal body are the sources of zymotic diseases, and that the various diseases are, in fact, all of glandular origin; that in every case of disease, the virus producing it is nothing more and nothing less than a modified form of one or other secretion, and that, as regards the organic poisons themselves and their physical properties, the great type of them all is represented by the poison of a venomous snake, and although the peculiar fluid poison, like clear gum-water, be dried down to a powdery substance, and an animal be innoculated with it so as to be poisoned, the secretions of that animal, in their turn, yield a virus which produces similar symptoms. This hypothesis assumes that the multiplication of the poison takes place through the force of the secretion of the person affected, and not from the deposit of vegetable parasites and multiplication of them (No. 1 hypothesis), nor from propagation of living germs (No. 2). It does not consider that a particle or germ of poison propagates a new particle, and so goes on multiplying particles, but that at the point where the poison is first implanted there takes place a change in the secretion. This process widens the circle, like as when a stone is thrown on water, waves radiate from its centre, more poison is produced, and the increase goes on until, in the end, the whole body of the animal may become affected by absorption of poisonous matter into the blood from the injured surface. As a general rule, the author of the nervous hypothesis believes that the human body furnishes all the poisons the human body suffers from; that is to say, ordinary secretions may become poisonous without previous infection, and, as an illustration, states that puerperal fever and inflammation of the peritoneum may be carried on the hands of a healthy person and produce disease, and typhus fever may be produced by the overcrowding of persons in a room through the vaporization of organic matter at a low temperature. Disease, he further states, may be made to originate directly through nervous impression, without the necessary intervention of an infecting particle. In many epidemics it is common to see a number of examples of the prevail-

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ing disease, the origin of which is traceable only to fear or anxiety. They are called nervous cases, and defined as such, as distinct from cases due to contagion of a direct kind. But the symptoms are the same as those which follow actual contagion, and in epidemics of cholera, they take even a fatal character. Extreme nervous impression appears to act on the glandular nervous supply, paralyzes the glandular functions, and thereupon produces the same phenomena as is produced in other instances by the action of a specific poison. This hypothesis, in a manner, if correct, may account for the origin of an epidemic disease from an impression made on the nervous system without the direct contact of poisonous matter, and then propagated by the distribution of poisonous particles to healthy persons.

But although the hypothesis conceived by eminent observers diffed materially, they all arrive at one conclusion—that the same results are reached in one particular. They all assume that the affected body produces, or reproduces, something which is organic and material, and which, passing over from the diseased to the healthy but susceptible person, is capable of exciting the same disease in the susceptible. Therefore, as all eminent medical authorities appear to arrive at this conclusion, it remains now only to point out how these germs become distributed from the infected body, and the sources through which

they are bred and spread among us.

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A question naturally will arise in the mind of the reader, How can it be possible to evade contracting some of the zymotic diseases when living amidst a thickly populated community, if germs, such as described, are wafted around us in the very atmosphere we move in and inhale? If these invisible fever breeding particles fall upon the food we eat and the water we drink, how then can we escape contagion or infection? This reasoning so far is true, and there is circumstantial evidence to prove that the infecting particles of certain diseases may travel through food or water and may produce disease by being swallowed or inhaled accidentally. Typhoid fever, cholera, and some think, diphtheria, are diseases that may be contracted by this method of communication, but susceptibility to the action of the virus of any of the zymotic diseases is always the primary factor, and in the susceptible, the presence of a minute particle of infection may be as potent as a more concentrative portion. It is generally admitted that external conditions modify the course, intensity and result of the diseases of the zymotic class. Each disease, for instance, seems to have its favorable season for development, and many have assumed that what is called atmospherical epidemic influence is essential for the origin and spread of epidemic affections, but the more reasonable view to be taken is that these affections will spread with much more virulence and be attended with a higher mortality under some atmospheric conditions than under others.

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By studying and practising the laws of health-that is, by cleanliness of person, cleanliness in our domiciles and in our immediate surroundings, and, also, by taking proper sanitary precautions to prevent the invasion of our homes by infectious particles—we may, to a great extent, avoid contracting any of the deadly zymotic diseases during a long lifetime; but, if from some uncontrollable cause we become attacked with any one of them, sanitary precautions, taken in time, will protect other members of the family and prevent the disease from being conveyed to our neighbors. If unavoidable circumstances cast our lot under such conditions that we are powerless to change it, and that we are exposed thereby to inhaling an impure atmosphere, and live among filthy surroundings from which emanate germs of infectious diseases, all that can be done is to use such precautions as are given herein to neutralize those poisonous influences. But if, on the contrary, we are exposed to diseases from causes or sources which it is in our power to arrest, then let those who read plead not ignorance if the dangers they are threatened by come upon them, and they suffer from neglecting to adopt the necessary precautions to evade disease.

THE FRUITFUL SOURCES OF ZYMOTIC DISEASES.

One of the most common causes of these diseases arises from imperfect plumbing and badly constructed house drains. As street drains pass along the front of houses in their course to the main sewers, or to some point where their contents are finally discharged, they necessarily receive everything from a house that is vile, including the washings and evacuations of patients infected with small-pox, typhoid, scarlet fever, diphtheria, etc. The germs of these diseases are carried along with the current, but a considerable portion of them adhere to the rough surfaces of the inner walls of the sewer, and when the water in the sewer is low and the weather hot, they dry up and are easily loosened by atmospheric pressure in the sewer and drains, and are forced into dwellings through untrapped house-drains and faulty sewer-pipes, and become inhaled into the lungs or outwardly absorbed into the body, and thus enter into the system of persons susceptible of contracting a disease of the class from which the germs were originally borne. The faulty and ignorant manner in which house drains are laid and plumbing is applied in new houses, in which bad workmanship is concealed by woodwork or buried under cellar floors, may be truly called the hidden sources of disease, in nine houses out of ten constructed. It is astonishing to know that in the present age of improvements in the construction and comforts of dwellings, the most important part of the whole building is entrusted to the hands of men totally ignorant of sanitary science,

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so that after a proprietor has spent thousands of dollars to make his home all that a man could desire to live in, he, or some member of his family, perishes by a miserable death through faults in the house plumbing or house drains. In the careful examination of houses made by the writer in which deaths had taken place from zymotic diseases, in every instance, without a single exception, the drainage or plumbing was defective.

It has been said by an eminent physician that more sewer gas is engendered in a single house drain imperfectly laid and constructed, and which does not carry off at once the impurities that pass into it, than in a mile of a well constructed sewer. No person, therefore, who lives in a town where the water-carriage system is adopted, can consider his life secure from being attacked by one or other of these infectious diseases, if he is not positively certain that the plumbing and house drains in his residence are in perfect order, and properly trapped and ventilated.

But apart from the danger of infection from the living germ. there is also danger to health from other causes. The poisonous gases, formed in sewers and house drains from the decomposition of sewage, will be forced by atmospheric pressure into the house whenever the plumbing and drains are defective. Sewer gases are frequently odourless, so that from the latter fact they are often abundant in a house without being detected by the sense of smelling. These gases are found to contain, among other gases, carbonic acid and carburetted and sulphuretted hydrogen—all highly injurious to health, but fortunately seldom in a very concentrated form. When the gases accumulate in a bedroom with closed doors, and no ventilation or admission for fresh air or egress for foul air, and the vitalizing power of oxygen is being constantly weakened by each inspiration of the sleeper; is it any wonder that so many complain of languor and weakness on awakening, instead of being refreshed after a night's rest? When the body is at rest at night, the vital organs are relaxed and, therefore, the system is far more susceptible of taking infection than when in vigorous action.

We have thus pointed out the dangers of our water-carriage system in the house; we will now say a few words on some of the fruitful causes of typhoid fever. They are the cesspits and privies; which, bad as they are in cities, are even worse in country places. They are receptacles for breeding bacteria in countless millions, and where wells exist in their immediate vicinity, the water becomes poisoned with the drainage percolating through the earth, or drained into them through cracks or fissures in the rock. Whenever well water begins to have a salty taste, it may safely be considered to have obtained the same from excremental matter or salt contained in sink water,

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or refuse matter cast out of the house. The well water may be as clear as crystal, because what flows into it is filtered through the earth or it is deposited at the bottom of the well, but the germs of the disease are in it all the same. Of this fact there are the most positive proofs.

Having thus far endeavored to convey to the mind of the reader the opinions of medical writers as to the origin and spread of zymotic diseases, we will now describe the symptoms given by which each class can be distinguished. It is very desirable that every parent should possess this requisite knowledge to be able to detect each particular disease, as it may become so serious from delay or improper exposure of the patient to cold, that when a physician is at last called in, he arrives too late to save life.

MEASLES.

This is an eruptive contagious disease common to the young, and occurring in all parts of the world. It is attended with a general measly eruption and fever, preceded by symptoms of catarrh or cold in the eyes and nose. It is not generally fatal, but it becomes very fatal under unfavorable conditions. The period of incubation is from ten to fourteen days. The crisis is not very definite—generally about the fourth day of the eruption. Great care should be taken to prevent exposure until the restoration of the skin to its natural duties. If this is not done, the lungs often get troubled with catarrh and kindred disorders, and the eyes get affected.

WHOOPING-COUGH.

This disease is particularly fatal to infants, and may even affect persons of middle life. It generally begins with a cold, attended with spasmodic cough coming on in paroxysms. In all its stages it is communicable. The disease rarely lasts less than five weeks.

CROUP.

There are two kinds of this disease, the spasmodic and membranous. It is a spasm of the glottis, or opening through the larynx into the windpipe, attended with a ringing and shrill, hard brazen sound. It is usually produced by nervous irritation of the gums during the process of teething. This disease is often sudden in its onset, and will frequently leave as suddenly as it occurred. It often proves fatal by the suffocation it produces.

MEMBRANOUS CROUP,

or an inflammatory variety of the disease, is a dangerous, fatal affection. It is frequently mistaken for diphtheria. The disease is rare after childhood. It affects boys in greater number than girls.

called in to decide as to its nature, and if the disease is declared to be scarlet fever, isolation of the patient should be at once made.

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MALIGNANT SCARLET FEVER.

This is a variety of the disease in its most rapid and fataform. The throat becomes covered with a slough from quick decomposition of the mucous membrane. The eruption on the skin is ark and the fever intense, with convulsive movements of the hands. Medical aid should be immediately sent for on the appearance of the symptoms of this fatal disease.

SMALL-POX.

With the exception of leprosy, small-pox disfigures the face more than any other disease. Not only is it a loathsome disease, but frequently seriously impairs the health of those who survive it. The rapidity with which it spreads among those who are susceptible of contracting the disease was most strikingly shewn in the recent epidemic of small-pox in Montreal and its spread over nearly the whole province. Momentary exposure is sufficient to infect with it, and it has been known to infect persons at a distance of 90 feet.

The symptoms are chills, fever, headache, pain in the back, vomiting, etc. These generally occur ten or twelve days after contagion. As a protective measure, vaccination has been practised now for years with great success.

COW-POX, OR VACCINA,

is a mild form of the disease. It is harmless and its accidents are few, while small-pox is one of the most serious and disgusting. Children should be vaccinated at an early age, as they are more susceptible to taking small-pox than adults. It is far better to vaccinate when small-pox is not prevalent than after an epidemic has set in, for reasons obvious to everyone.

TYPHOID, OR ENTERIC FEVER.

This disease is sometimes called the drain, or cess-pool fever. The stomach and intestines are the seat of the disease. It is a preventable disease. The specific poison is contained in the discharges from the bowels (and possibly from other excretions and exhalations) of the patient.

This disease usually sets in with a sense of fatigue, headache and diarrhea. When such feelings prevail, there is danger to be apprehended; therefore, rest is necessary, as much exertion in the early stages produces the worst cases. The danger to life is much lessened by care and rest in the early stages of the

disease, as it must have its course and cannot be fought off by purging or violent exercise.

Painless diarrhea, or simple looseness of the bowels, occurring in one who has never had the typhoid fever, should excite suspicion, particularly if the disease exists in the neighborhood.

Typhoid fever is principally caused from drinking impure water from wells, which, however clear it may look, may contain the microscopic germs of the disease from the oozings into it from water-closets, cess-pits, house-slops, manure-heaps, etc. The milk of cows that have been drinking impure water has been the frequent cause of the disease, and, in a noted instance, the milk from cows that had lain in a field over which had been strewn the excreta from a privy-vault; in licking their skin, as animals frequently do, they swallowed the germs of the disease. Almost every house on one side of a street in a small country village, in which the inmates used a well in common, had a case of typhoid, the water having been poisoned from the excremental matter thrown out from an infected case of fever some weeks previous, whilst, on the other side of the street, where the houses were supplied with water from another well, not a single case occurred.

HOW TO DISTINGUISH ZYMOTIC DISEASES.

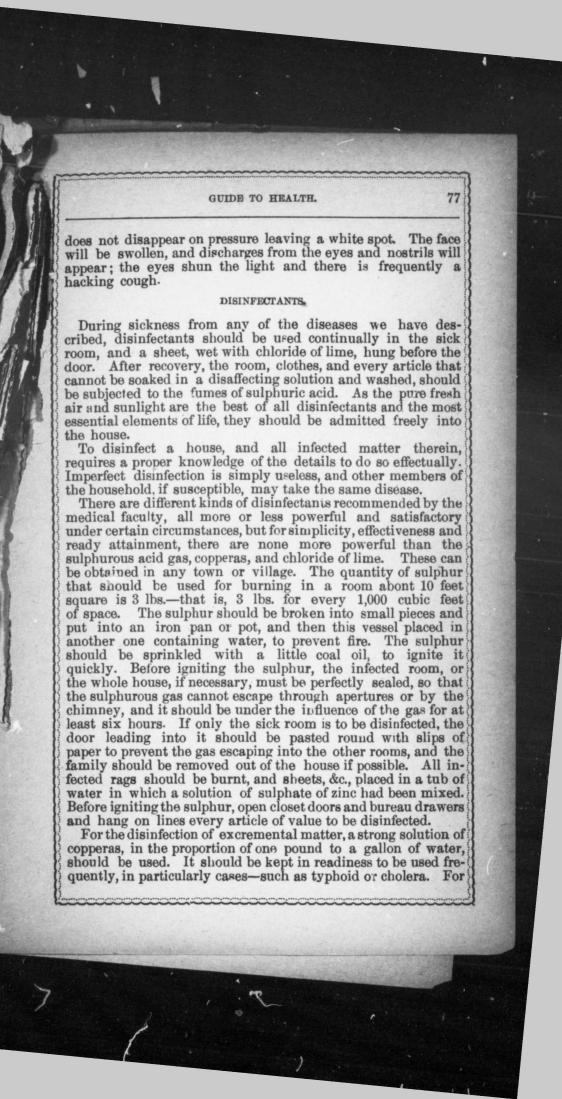
It is very important to be able to distinguish a zymotic disease from simple ailments, such as colds, hives or rashes. From the want of this knowledge, many lives are lost which might be saved if a physician had been consulted in time.

There are certain parts of the body which supply contagion in particular diseases and which are most implicated as the breeding places of contagious particles, and give off poison in the greatest amount.

For example: In scarlet fever—the throat, mouth, and nasal passages; the skin and other excreting organs. In diphtheria—the mouth, throat and nasal passages. In measles—the skin and air passages. In whooping-cough—the air passages. In typhoid fever and cholera the discharges from the bowels convey the germs of the disease. In small-pox—the pustules of the skin and throat, more especially of the skin.

In scarlet fever, the eruption is a bright scarlet, and appears on the second day. The blotches are of uniform tint and disappear on pressure. There is a mucous discharge from the eyes and nostrils; but no sneezing, or sensibility from light, and no hacking cough.

With measles, the eruption is a cherry-red or crimson color, and appear on the third or fourth day of disturbance; the eruptions seem elevated above the surrounding surfaces of the skin, and arranged in irregular or crescentic masses; the color



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constant use at all times, a good way is to suspend the copperas in a basket in a barrel of water, in the proportions above mentioned. In this way it is always ready at hand to be used for privies and cesspools.

For washing clothing, the zinc solution should be used in the proportion of 3 lbs. of sulphate of zinc, and 1½ lbs. of

common salt in 6 gallons of water.

The chloride of lime solution is particularly useful in disinfecting the air of the sick room, as well as the air of the house generally. It should be used in the proportions of 1 lb. of

chloride of lime to from 2 to 4 gallons of water.

All glasses, cups or other vesses used in the sick room should be scrupulously cleaned before being used by others. The hair of the head and beard of the patient should be cut short, and after recovery, the head well washed with carbolic acid soap, or other disinfectant, as flakes of epithical cells in the form of dandruff, freighted with germs of contagious diseases, are especially apt to linger. The nails also should be kept short, and well cleaned with a nail brush and carbolic acid soap.

Blankets, bedding and woollen materials, after having been steeped in water charged with a disinfectant and boiled, should then be exposed to the outside air for some considerable time. Hair mattresses should be tossed out and fumigated with sulphurous acid gas; straw mattresses should be burned, as well as all other articles of clothing that cannot be properly disinfected.

No person but the physician should be allowed to enter the house until thoroughly disinfected and fresh air freely admitted. The children should not be allowed to mix with other children until at least fourteen days after the house had been disinfected.

It may be impossible, from the peculiar circumstances in which some families are placed, to carry out all these rules and precautions, but it is a "duty towards our neighbor" that every responsible person should strive to do.

GENERAL INSTRUCTIONS TO FOLLOW IN ALL CASES OF INFECTIOUS OR CONTAGIOUS DISEASES.

- 1. Remove the patient to the highest room in the house.
- 2. Hang over the doorway a sheet saturated with a solution of chloride of lime (the sheet should always be sprinkled and kept wet.)
- 3. The person, (or persons), attending the sick should, by preference, wear cotton dresses, and should avoid, as much as possible, associating with others.

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4. Admit by ventilation fresh air through a window whenever possible, and keep a fire in an open fireplace, where there is one; if not, open the stovepipe hole in the chimney.

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5. All discharges from the patient, especially if the disease is typhoid fever, should be received into vessels containing a strong solution of copperas, and removed from the sick room immediately. In country places, these discharges should be buried deep in the earth after disinfection.

6. Soft pieces of rags should be used for wiping the mouth or nostrils of the patient when necessary, and these should be burned at once, or plunged into some vessel containing a disinfectant or removed without delay.

7. All soiled linen which has been in contact with the person of patient should not be removed from the room until put into a vessel containing water charged with a disinfectant and afterwards boiled.

When death occurs from any of the highly contagious diseases herein mentioned, the body should be enveloped in a sheet steeped in and wrung out of some powerful disinfectant, such as carbolic acid, and buried without delay.

CARE OF THE SICK.

To know how to take care of the sick is of the greatest importance to every family. No hired nurse is equal to the one who has affection for the patient; therefore, the more reason why everyone should know how to take care of the sick when necessity requires skilled aid.

If the patient is not properly nursed, the medicine and treatment of the best physician will often be rendered inoperative, and the patient die, simply because the nurse did not know how to take care of the patient. By paying attention to the following remarks, when sickness comes, as it is sure to do sooner or later, a life may be saved which only skilful nursing could have effected.

THE VALUE OF LIGHT.

In the first place, the value of sunlight to the patient cannot be too highly estimated. There are only a few diseases, such as affect the eye or brain, where a subdued light is required for a time, and even in these cases, a room on the sunny side of the house, with curtains or blinds to the windows, is usually better than one on the shady side. It has been remarked in hospitals that patients usually lie with their faces towards the light. Ask one of them why he does so, and he will scarcely be able to give

CONVERSATION.

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Hold no conversation in a half whisper in the passage next to the door of the sick room; the patient will probably just hear sufficient to know that you are talking about him, and think his case is so bad that you are afraid to tell him. Never ask the physician in the presence of the patient if he thinks him worse, and what is his opinion of him, &c., or ask any questions likely to give him disquietude.

INDULGENCES

are a mistaken kindness and too often attended with fatal results. The whim of a sick child for a spoonful of unsuitable food should never be gratified. It may be promised in a day or two when he is better.

PHYSICIAN'S INSTRUCTIONS.

The instructions of a physician should be most carefully listened to, and even a pencil note made of them. Physicians, too, cannot be too explicit in giving their directions. They, too, often take it for granted that what to them is so simple that every one should understand, is to those who have ever enjoyed good health entirely unknown. When he prescribes a poultice, he often finds that it has done more harm than good, simply because he did not give simple details which he probably thought any one would know.

A CHEERFUL ROOM

To persons who have long been accustomed to a sick room, everything becomes dreary. Beautiful things are liked by the sick; therefore the room should always be made as cheerful as possible. A few flowers in a room are very pleasing to the invalid, and more particularly to children, and a few pots of flowers never give off sufficient carbonic acid to be hurtful to the patient. Pictures, too, are pleasing, and hung on the walls, attract the attention of the patient from his own weariness and sufferings; any little change about the room of one long confined to bed, breaks the monotony of looking at fixed objects never changing their form.

CONVALESCENCE.

Great care is needful that as convalescence approaches, the patient is not allowed, by over-estimating his strength, to throw himself into a relapse. His diet should be very carefully attended to, for the digestive organs are weak, while the appetite grows strong and the patient is likely to over-eat. Very often fevers are developed by the careless way unwholesome

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the dis sicl food is offered to a patient. Exposure to cold air, too soon, of scarlet fever convalescents often results in serious difficulties.

ERRORS IN REGARD TO FOOD.

When a physician is in attendance, he will give instructions respecting the diet required by his patient. But it often happens that the directions given are in a general way and much left to the common sense and experience of the nurse. No matter what description of food is ordered, it will be beneficial to the patient, or otherwise, according as it is prepared. Therefore, a few remarks on this subject will be a guide to convalence. Whatever is prepared for the sick must be of first quality and cooked with the greatest care. Good cookery will do more than half the work of the patient's weak digestion. Bad cooking disgusts the patient, impairs his digestion and irritates his nerves.

BEEF TEA.

It is an error to suppose that beef tea is the most nutritive of of all articles of diet. Miss Nightingale said on this subject: "Boil down a pound of beef tea, evaporate the water, and see what is left of your beef. You will find there is barely a teaspoonful of solid nourishment to half a pint of water in beef tea." There is, however, a certain value in it, as there is in tea; and it may be safely given in almost any inflammatory disease, but it should never be alone depended upon, especially where much nourishment is needed. But beef tea, added to other articles of nutrition, augments their power out of all proportion to the addition of solid matter. It is best prepared by cutting the beef—which should be free from any fat—into small cubes, and putting it into an earthen jar, with a cover over it, in the proportion of a pound of beef to a pint of water, and let it gradually simmer on the stove until prepared.

CALVES'-FOOT JELLY.

This is an article of diet in great favor with nurses and often brought by friends of the sick. It has very little nutritive power and should never be treated to repair the waste of a diseased constitution. But it often is fancied by the patient, and should be given sparingly, as it has a tendency to produce diarrheea.

MILK DIET.

When milk can be obtained pure from its natural source, there is as much nourishment in half a pint of it as in a quarter of a pound of beef. Some stomachs, however, cannot assimilate or derive nourishment from it, and of the patient's stomach,

he is the sole judge. The quality of milk, such as is sold in cities, is so inferior, that strong broths are preferable.

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TEA AND COFFEE.

A great deal has been said against tea, and probably a great deal too much is given to the sick; but, when nature craves for it, a little tea or coffee seldom does any harm, and frequently freshens the patient when much exhausted, and, therefore, should not be refused. But sometimes the nurse, finding the patient so much restored from one or two cups of tea or coffee, increases the quantity, and thus impairs the little power of digestion he has.

OTHER KINDS OF DIET.

Until the patient's digestion has been fully restored, great care should be taken that it is not impaired by over-eating, or by a mixture of different kinds of food. He should be dieted, as soon as solid food is permissible, with broiled stake, mutton chops, or chicken, and such like diet, accompanied with a baked potato; instructions for cooking these are contained in every cooking book. Salt meats of any kind should be strictly forbidden.

ADMINISTERING FOOD.

A little food at a time, and then often repeated, is the general rule for a sick person. It often happens that a physician orders beaf tea, or something of the kind, and the nurse will give a cupful every three or four hours, when very likely the weak stomach rejects it; whereas, if a tablespoonful had been given every half hour or so, it would have been retained, digested, and have done the patient the intended good. Here, again, the physician often thinks it unnecssary to give instructions, which he thinks every nurse should know or common sense dictate.

Never leave the untasted food for the patient by his side, in the hope that he will take it He never does eat it, unless forced against his will, and probably he forces himself to eat to please, and feels worse afterwards. Leaving the untasted food at his side only creates disgust. The patient should never be kept waiting for food when he feels inclined for it. His wishes should be anticipated, as far as possible; otherwise, he soon loses the inclination to eat and refuses food when brought to him.

EMERGENCIES.

There are few families in which, at some period of life, something sudden does not happen that threatens immediate death,

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unless a prompt remedy is administered. To await the arrival of a physician without any attempt being made to save the patient would, in most cases, be simply consigning him to his grave. Therefore, it is the duty of every person, old or young, to learn how to act in cases of emergency, as the delay of even a few minutes might end in death.

CONVULSIONS.

In children, convulsions often result from indigested food in the stomach or bowels. The first thing to be done is to put the child into warm water, care being taken that it is not too hot for its tender skin. A little mustard may be added. In the course of a few minutes, which may seem a long time to the mother and friends, the spasm relaxes enough to permit an emetic to be given to dislodge what may be in the stomach. The syrup of ipecacuanha, as directed for croup, is suitable for the purpose. For children taking convulsions from teething, the warm bath should be given. For epileptic convulsions, there is usually nothing to be done except to remove the sufferer to a clear space where he cannot injure himself, and then loosen everything about the throat and chest.

CROUP.

This disease requires the most prompt attention. A physician should be immediately sent for. In the meantime, until he arrives, a teaspoonful of ipecacuanha wine, followed by a draught of warm water, should be given, and as soon as vomiting commences, it should be followed by a warm bath. A properly applied warm poultice may be placed against the upper front part of the chest, being very careful after removing it, to substitute a warm flannel, and in doing these things, take great care not to expose the skin to the slightest draught of what may be to the child cold air. Honey, or molasses, with a small fragment of butter added, given every little while, in teaspoonful doses, is a useful thing.

POISONS.

There are various kinds of poisons, and the treatment for one kind would be unsuitable for another. We can only allude to those which are most likely to be taken by accident by members of a household—such as acids, alkali, arsenic, laudanum and opium

REMEDIES.

For alkali—such as potash, lime, soda and ammonia—vinegar or lemon juice, diluted, should be at once administered to neutralize the poison, and then followed by an emetic.

For poisoning by acids—such as acetic, muriatic, nitric (" aqua

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fortis"), sulphuric (oil of vitrol)—they should be neutralized as far as possible by some harmless alkali—lime water, for instance.

For arsenic and paris-green, the antidote is the freshly prepared hydrated peroxide of iron, which can be had from any apoth-ecary. It is quite harmless in character and may be given in almost any quantity. An emetic should be immediately administered and free drinking of milk. White of egg and water, or flour and water, should be encouraged. They not only tend to dilute the poison, but encourage vomiting as well.

Bichloride of mercury (corrosive sublimate), often used as a solution for destroying vermin about beds, is one of the most active poisons. When swallowed, the white of eggs should be at once given and often repeated. In the absence of eggs, common milk may be used, or wheat flour beaten up with water; followed, as a rule, by vomiting.

Opium, or the numerous preparations of it, is one of the most frequent causes of poison a physician is called in to treat. Very often, laudanum is confounded with paregoric and given by mistake. An active emetic should at once be given; and its narcotic effects on the brain at the same time, as far as possible, must be attended to; and if the respiration is falling much below twenty to a minute, the exposed body of the patient should be dashed with cold water, not neglecting the head, face and chest. After the cold water has been sufficiently used in this way, the body should be dried and hot application made to the extremities and other parts. A few tablespoonfuls of very strong freshly-made coffee is a useful thing to give.

A few words of advice with regard to poisons: Never keep them in your house if it can possibly be avoided. Let every bottle containing a poisonous liquid be marked in bold letters, poison. Never put medicines into old bottles without first washing off the directions, or old prescription. It frequently happens that very serious results have occurred from such carelessness.

GASES.

A few words also about poisonous gases, such as carbonic acid gas, carbonic oxide gas, common burning gas and sulphuretted hydrogen gas. These gases, when inhaled, are followed by symtoms of asphyxia.

Carbonic acid gas, sometimes known as "choke damp," is found in mines, in wells, cellars, or caves, which have long been closed up.

Carbonic Oxide Gas.—This is of a very poisonous character and is given off from burning charcoal, and rapidly proves fatal by asphyxia. It is also given off from anthracite and bituminous coal. Careless persons frequently go to bed and blow out

the gas, or turn it down to a low light, which a slight draught blows out, and death to the sleeper from common burning gas is often the result.

The person suffering from asphyxia by gas, immediately after being brought out, should be placed on his back and the neck, throat and chest bared. His body should be quickly stripped and neck and shoulders freely dashed with cold water. The water should be thrown with as much force as possible—not sprinkled—and continued every half minute, and the dripping water wiped away between each interval with a towel. At the same time, the mouth and nostrils should be kept free.

Sulphuretted Hydrogen Gas.—This gas arises from the decomposition of the residual matter usually found in drains and privies. A small quantity inhaled of the pure gas is usually fatal; therefore great care should be taken on opening and entering such places, if long closed up. A few pounds of chloride of, lime, dissolved in a pail of water, and thrown into the cavity, or even lime and water, will combine with the gas and free the air of the poisonous compound.

ARTIFICIAL RESPIRATION.

The "Ready Method" is the best for unprofessional persons to employ. The person whose breathing is to be restored, should be placed flat on his face, and gentle pressure then made on his back; the pressure removed and the body turned on its side, or a little beyond that. The body should be turned again on the face; gentle pressure again used to the back; then turned on the side. This should be done about sixteen times in a minute. While artificial respiration is being made, friction applied to the limbs should be kept up.

GENERAL REMARKS.

In concluding these instructions—which are the instructions of learned authorities—we make little claim for original matter in preparing this "Guide to Health." The object of the writer has been to take advantage of an offer to publish it through the medium of the Almanac annually donated to its patrons by the publishers of the Montreal Gazette, and thus afford his free contribution in aid of Sanitation. By explaining to families, first, the source whence come the most fatal of infectious and contagious diseases, and pointing out how easily they are controllable, he hopes to awaken a desire among many to take a more active interest in practical sanitation than has hitherto been done. There is no reason why such dread diseases should be bred and nursed into fatal activity in the household, when once we know the danger we are exposed to, as well as our neighbors, also, by the neglect of common sanitary precautions.

Those who read the "Health Guide" cannot thereafter plead ignorance of the origin and danger of zymotic diseases, and how they may be avoided, and, perhaps, by the joint action of all, be

made to disappear altogether.

The members of the medical fraternity who can find time to devote to improving the sanitary condition of the masses, are very few indeed, out of the many thousands in the profession. Still, those few who have labored in the cause during the past half century have effected wonderful reforms. Conspicuously among sanitarians is the veteran Ed. Chadwick, C.B., who, although not a physician, has been chairman of the English Government Health Boards and Royal Commissions on health It is to be regretted that so many matters for many years. members of the Faculty of Medicine are indifferent, and take no active interest in urging upon their local governments the pressing necessity of passing proper health laws. As they do not do so, this important matter must rest with the people themselves and their representatives. The extinction of zymotic diseases lies with themselves almost entirely.

The first movement in the right direction would be for the Dominion Government and all the Provincial Governments to insist upon the elementary laws of hygiene being taught as part of the curriculum of every public school. It is a matter that concerns the poorer classes even more than the rich; therefore, more reason why they should be instructed at an early age, for after the few short years of school days have ended, there is ittle hope thereafter of their acquiring much sanitary know-

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There are no classes of the community who have done so much injury to the public health as plumbers, builders, and incompetent health officials—men who pretend to knowledge they do not possess, or if they do, do not practice it; they do not perform even the duties they could perform faithfully. would have every man and woman as capable of judging of what is dangerous to health in a dwelling, as any plumber or so-called sanitary officer. The errors and neglect that have been committed in the city of Montreal alone in the past, if all were made known, would make many shudder. mortality among children is mainly due to these causes. small-pox was due to it, and typhoid fever and diphtheria are mainly due to it now. With civilization and wealth, the increase of the comforts and conveniences of a household have become a study, but these comforts and conveniences have been attended with great dangers—not on account of the plan, but in the workmanship and the ignorance of those who are employed to carry out the water-carriage system. With the watercarriage system came typhoid fever and diphtheria.

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THE GAZETTE PRINTING COMPANY, at the opening of the year 1888, desire to express their gratitude at the continued and growing appreciation with which The GAZETTE has been received during the past year. At no period in its existence (now over 110 years) has its prosperity been so marked or the area over which its circulation and influence extends so great-

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