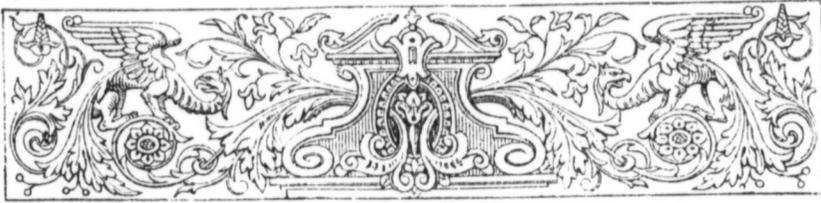


Vol. 1000



Y. W. C. A.

DIET DISPENSARY,

FIFTH ANNUAL REPORT.

April, 1884.

The work of the Diet Dispensary has progressed quietly and systematically during the past year, under the careful supervision of the Convener.

As we still find that many are unaware of the nature of the charity carried on under the name of the Diet Dispensary, perhaps we cannot do better than quote a short account of the work as given in the report of last year (1883). "It is intended to supply the needs of sick persons who, for any reason, are unable otherwise to procure the nourishing and delicate food suitable for invalids. To the poor everything is given on presentation of an order signed by a physician, clergyman, or other authorized person known to the Committee. Most of the orders are free, but experience has proved to us that the Diet Dispensary has often been a very great comfort and convenience, if not an actual necessity to people who are able and willing to pay for their supplies. For them, therefore, a moderate price is set upon the different articles prepared.

"For three years the cooking and dispensing were done by the ladies of the committee, assisted by a woman who was engaged two days in every week for that purpose. But as the work grew this was found to be too laborious and not entirely satisfactory in its results, so it was decided to engage a suitable person to do all this work under the supervision of the committee, and on the first of June (1882) this change was made."

(To continue). At the monthly meeting held on the 25th of April, 1883, it was decided, owing to the increased work of the Dispensary, to appoint a secretary, to relieve Miss Gould, she having filled the combined offices of secretary and treasurer since the institution of the charity. Accordingly Miss Macpherson was appointed to that position. In April our assistant, Annie Moore, who served us conscientiously during the eight months of her stay with us, was replaced by Mrs. Martin, who is still with us. We may say that we consider ourselves fortunate in securing the services of a person so devoted to the charity, and whose executive abilities leave nothing to be desired.

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We have been greatly encouraged by the success which has attended our efforts, and the generous support which has enabled us to meet all our expenses without embarrassment. During the winter when large and constant demands were continually pressing upon us, and our funds became very low, a paragraph in the daily papers, giving a short account of the work and its necessities, met with a liberal response. In connection with this we must allude in passing to the unsolicited testimony of several physicians and other friends to the practical usefulness of the work.

During the year we have filled 2,560 orders, as against 1,474 last year. Of these 1,405 are free, 925 cost price, 230 half price.

We have made and dispensed 1,770½ pints beef tea, 304 pints chicken broth, 496½ pints wine jelly, 249½ pints calf's foot jelly, besides small quantities of soup, veal broth, gruel, cornstarch, etc.

To meet such an increased demand our outlay has, of course, been larger than in any previous year, still, though anxiety is the lot of every treasurer, we have never been reduced to absolute penury. It is perhaps well to say here that we are entirely dependent upon voluntary contributions, having no fund or endowment whatever, and no *financial* connection with any other charitable organization.

It will be noticed that our cost price orders are much more numerous than before. This is explained by the fact that many persons able to pay for their supplies are yet so situated as to be unable to procure them otherwise than by applying to us. We have had many applicants from the Windsor and boarding houses who have spoken of the Dispensary in terms of unqualified praise.

In closing, we beg to tender our sincere thanks to the Trustees of the American Presbyterian Church for the use of their rooms; to the ladies of the Y.W.C.A. for providing a room and board for our Manager in the house; to the editors of the *Witness*, *Star*, and *Gazette* for gratuitous advertising; to Mr. David Morrice for ice throughout the year; and to our many friends, who by donations of money and goods, have enabled us to carry on the work.

ISABEL S. MACPHERSON,
Secretary.





DONATIONS TO DIET DISPENSARY.

Donations to Diet Dispensary during the year ending March 31st, 1884:—

Benevolent Fund, American Pres- byterian Church.....\$30 00	Mrs. John McIntosh..... \$4 00
Ladies' Aid Society, Erskine Church..... 23 00	“ D. Sinclair..... 4 00
Mrs Dow..... 12 50	“ L. H. Holton..... 3 00
N. B. Corse, Esq..... 10 00	“ John Popham..... 3 00
Mrs. B. Dawson, Jr..... 10 00	“ N. B. Corse..... 2 00
“ Geo. Greene..... 10 00	“ John Murphy..... 2 00
“ John McDougall..... 10 00	“ S. H. May..... 2 00
Hugh McLennan, Esq..... 10 00	“ Browning..... 2 00
G. M. O..... 10 00	“ Bigelow..... 2 00
Mrs Hugh McLennan..... 7 00	“ G. W. Peed..... 2 00
H. Birks, Esq..... 5 00	“ Adam Darling..... 2 00
A. D. Nelson, Esq..... 5 00	“ Tyler..... 2 00
Mrs. W. B. Lindsay..... 5 00	W. H. Warren, Esq..... 2 00
Miss Hall..... 5 00	Mrs. Crane..... 2 00
Mrs. Crathern..... 5 00	“ McPhie..... 1 00
“ T. Bigelow..... 5 00	“ Bernard..... 1 00
“ Chas. Phillips..... 5 00	“ Glassford..... 1 00
“ M. E. W. Papineau..... 5 00	“ W. J. Patterson..... 1 00
B. Dawson, Esq..... 5 00	Miss McLennan..... 1 00
Miss Allan (Ravenscrag)..... 5 00	Lady Galt..... 1 00
“ C”..... 5 00	
Ladies' Aid Society, St. Andrew's Church..... 5 00	<u>\$232 00</u>

Mrs. R. D. MacPherson, $\frac{1}{2}$ doz. bowls ; Miss Sanderson, pickle jars ; Mrs. Samuel, bowls and cups ; John W. Fisher, Esq., 2 “ Universal ” cooking crocks ; Mrs. Vallerie, 1 doz. eggs, 1 doz. lemons, 1 doz. oranges ; G. W. Reed, Esq., repairs to refrigerator ; Mrs. Williams, 10 lbs. beef, 28 lemons ; David Morrice, Esq., ice during the season ; Mrs. Geo. Childs, 1 doz. packages gelatine ; John Watson, Esq., 1 doz. tumblers ; Edward Hagar, Esq., donation of crockery ; Editors of *Star, Witness and Gazette*, free advertisements. Y.W.C.A. Board of Managers.



"DIET DISPENSARY"—IN ACCOUNT WITH TREASURER.

DR.

1883, April 1st.		
	To Balance	\$ 17 24
1884, March 31st.		
	To Donations to date	232 00
	" Sales	300 75
		<u>549 99</u>

CR.

1884, March 31st.		
	By Butchers' Bill.....	\$301 44
	" Grocers'	78 92
	" Gas and Fuel.....	39 23
	" Wages.....	98 75
	" Incidental Expenses.....	15 38
		<u>533 72</u>
1884, April 1st.		
	By Balance on hand.....	16 27
		<u>549 99</u>

M. C. GOULD, *Treasurer.*

COMMITTEE.

MISS DE WITT, *Convener,*
949 Dorchester Street.

MISS GOULD, *Treasurer.*

MISS MACPHERSON, *Secretary.*

MRS. E. N. HENEY.
" A. D. NELSON.
" H. BIRKS.

MISS E. MACPHIE.
" C. N. MACFARLAN.
" A. STEWART.