The Institute has attempted to obtain the best original sopy available for filming. Features of this copy which may be bibliographically unique, which may alter any of the images in the reproduction, or which may significantly change the usual method of filming, are checked below.


Coloured covers/
Couverture de couleurCovers damaged/
Couverture endommagéeCovers restored and/or laminated/
Couverture restaurée et/ou pelliculée


Cover title missing/
Le titre de couverture manque


Coloured maps/
Cartes géographiques en couleur

$\square$
Coloured ink (i.e. other than blue or black)/
Encre de couleur (i.e. autre que bleue ou noire)

$\square$
Coloured plates and/or illustrations/
Planches et/au illustrations en couleur

Bound with other material/
Relié avec d'autres documents

Tight binding may cause shadows or distortion along interior margin/
La reliure serrée peut causer de l'ombre ou de la distorsion le long de la marge intérieure

$\square$
Blank leaves added ciuring restoration may appear within the text. Whenever possible, these have been omitted from filming/
Il se peut que certaines pages blanches ajoutées lors d'une restauration apparaissent dans le texte, mais, lorsque cela était possible. ces pages n'ont pas été filmées.

L'Institut a microfilmé le meilleur exemplaire qu'il lui a ćté possible de se procurer. Les détails de cet exemplaire qui sont peut-étre uniques du point de vue bibliographique, qui peuvent modifier une image reproduite, ou qui peuvent exiger une modification dans la méthode normale de filmage sont indiqués ci-dessous.

$\square$
Coloured pages/
Pages de couleur


Pages damaged/
Pages endommagéesPages restored and/or laminated/ Pages restaurées et/ou pelliculées


Pages discoloured, stained or foxed!
Pages décolorées, tachetées ou piquéesPages detached/
Pages détachées


$\square$Quality of print varies/
Qualité inégale de l'impression


Continuous pagination/
Pagination continueInciudes index(es)/
Comprend un (des) index

Title on header taken from:/
Le titre de l'en-téte provient:Title page of issue/
Page de titre de la livraison


Caption of issue/
Titre de départ de la livraison

Masthead/
Générique (périodiques) de la livraison

Additional comments:/
Commentaires supplémentaires: Some pages are cut off.

This item is filmed at the reduction ratio checked below/
Ce document est filmé au taux de réduction indiqué ci-dessous.




RECEINING GIFTS FOR TER BOILDING OF TEE TABBRNACLE-(See zear page)

## Mother's Good-Bye.

Sir down by the side of your mother, my boy; You have only a moment I know, But you will stay till I give you my parting 'Tis all that $I$ have to bestow.

You leave us to seek for employment, my boy;
By the world you have yet to be tried;
meet,
meet,
May your heart in the Saviour confide.
Hold fast to the right, hold fast to the right.
Wherever your footsteps may roam ! ! forsake not the way of salvation, my
boy,
That you learned from your mother at
home.
You'll find in your satchel a Bible, my boy ;
'Tis the book of all others the hest ;
It will teach you to live, it will help you to
die,
And lead
I gave you to God in your cradle, my boy ; A have taught you the best that I knew, And as long as his mercy permits me to live

I shall never cease praying for you.
Your father is coming to bid you good-bye;
Oh! how lonely and sad we shall be; But when far from the scenes of your child-
hood and youth, You'll think of your father and me.
I want you to feel ev'ry word that I've said, For it came from the depth of my love; And, my boy, if we never behold you o
Will you promise to meet us above?

## OUR PERIODICALIS:

## PER YEAR-POSTAGE FREE.

The best, the chcapest, the most entertaining, the most popular.
Christian Guardian, weekly...................... 81
Methodist Magazine, 88 pp., monthiy Marazine, Guardian, and onward together... The Wesleyan, Halifax, weekly. Sinday-School Banner, 52 pp., 8 ovo................
Onward, 8 pp, 4 tto., weekly, under 5 copies. 5leasant Hours, and pp., 4to....... weekly, single co...... Less than 20 copies.
Over 20 copies
Sunbeam, fortnightly, less than ten copies
10 copies and upwards Happy Days, fortnightly, less than 10 copies and upwarbs.
Berean Leat monthly, 100 copie
Berean Leat,
Berean Leaf, monthly, 100 copies per month.
Berean Leaf, quarterly. .........................
Quarterly Review
rly Revew Service. By the year, $24 . .$. a
dozen; 82 per $100 ;$ per quarter, 6c. a
dozen; 500 per 100.
WILLIAM BRIGGS,
Methodist Book and Publishing House, Toronto.
$\begin{array}{cc}\text { C. W. Coatrs, } \\ \text { 2i76 St. Catherine St., } & \text { S. F. Huestis, } \\ \text { Wesleyan }\end{array}$
layan Book Room
Halifax; $\mathrm{N} . \mathrm{S}$

## Pleasant Hours:

A PAPER FOR OUR YOUNG FOLK.

## Rev. W. H. Withrow, D.D., Editor.

TORONTO, JULY 6, 1895.

## THE PRIZE.

One morning before starting to school, when Katie came in, as was her custom, to her mother for her good-bye kiss, her eyes shone brighter than usual, and her

A glowed with excitement
"Are you not glad, mamma," she asked, "Certainly me?
"I should rainicice with all my heart reply; should win the prize. "If 1 snould wi
astonishment; " who else could recaive, in "Do not build too much on it $K$ for disappointment is very hard to bear",
"But, mamma, Anda Schulter is then. one that can compare with me, and every. one says that my work is better than hers."
"Perhaps ' everyone, Schulter that her work is better Anna yours." that her work is better than "Oh, mamina, what a funny idea," laughed Katie; "but you shall see my eturn crowned with the prize."
Scarcely an hour had passed
street bell sounded, and the mother listened step did not resemble the usual light tread of her little daughber the usual light tread and Katie daughter. The door opened, She paused a pale, troubled face, entered. phe paused a moment as if gaining composure, and then, rushing to her mother's arms, she sobbed as if her heart would break. There was no need to tell that not she but Anna Schulter had gained the prize from the art school ; and the mother's first care was to soothe her disappointed
child. child.
"Restrain yourself, my dear," she said "this is not the worst grief that could Not th
mamma, you can't imagine how terrible it was to see all those scornful faces and to
stand there like an outcast" stand there like an outcast."
"Are you not exaggerating, dear?" "No, indeed, mamma; everyone left me did not deserve the prize."
"Do you not think the art critics better judgment than you?"
"But Anna received help."
"Katie," said her mother, sternly, grace in losing the prize ; bute is no disto see my little ginl po ; but it griever me How do you know that and by envy. holp?" you know that Anna received

A painful pause followed, during which Katie did not dare raise her eyes to her mother's. She began to see how foolishly
she had acted. "But" she had acted. "But," she thought, "could anyone bear such humiliation quietly?"
"Forgive me, mamma," she whispered, softly ; "I shall try and drive away these wicked thoughts; but I ami so disap.
pointed." pointed.
Her mother kissed her tenderly and said, "Think, Katie, if you had won the prize, could you be happy when you knew prize, "But Anna did not kover losing it?"
was. She was in the chow how grieved I crowd, praised by all, while I stood at one side alone. No one seemed to sod at one so I hurried home to youe", to notice me;

The next morning FE
eyes much inflamed by weeping ; but whe had thought of a remedy for hier; but she and chatted pleasantly with her mother all during brenkfast.
"Mamma," said Katie, when the meal Was over, "I see that it was very wrong in
me to act as I me to act as I did yesterthy. I shall
cherish no more ill-wiH shall try to rejoice in hew ord Anna, and please promise me that I mappiness; but studies in the art school", may give up my "That would school."
Her mother. Dear m
again where I have suffered suelare to go ${ }^{\text {" }}$ My efild, you must eonguer this onvious spirit and be earnest in your deter--
mination to do right," mination to do right."
Katie was sit
wondered why her moment; but she mamma would subject her to such indulgent trial. Her mother rect her to such a severg Katie pleaded hard for permission, although don her art studies. And when to abanterm began it was with ill-connent neat new pleasure that she entered the scealed disWas as late as possible, in order tool. She intercourse with other pupils. avoid all after her arrival the instruction; and soon Katie took her seat and bent began. As work every eye seemed to turn toward her either in pity or scorn, and she scard her, dared raise her head to nod to she scarcely gave her a friendly smile in return blushed who heard some whispers looked down. She they certainly were concernin, and thought Aisappointment. Her cerning her and her and she wondered if the heeks burned hotly, ever end.
At last the time came to go home. Sh Anna butmined to say a few wo the dreaded task proved an met by her that " "I must tell you, Katie",
prize. I could that you did said Anna, prize. I could not enjoy it not win the mamma said that you were such a all until gifl that you would try buch a sensible next time."
Katie
Katie was deeply mortified. But she
took up her work with new eeal
that she should deserve the title of "sensi
That evening, as she sat by her mother's conquered now, and I shall do the best $I$ can without thinking of the prize."
One day after Katie had been working to a desk for several months, she was sent there she for some drawing materials, and there she saw the model she had prepared for the last art exhibition. Her now prac tived eye readily detected many faults, and she blushed to think how blind her conceit had made her. . She determined never again to elevate herself above others, and to let honest work and untiring diligence take the place of supposed natural skill. won and deservedly received the prize.

## THE TABERNACLE.

Tae Israelites, while on their way from Egypt to the "promised land," encamped near Mount Sinai. It was there that God gave Moses the Ton Commandments and showed him how to build the tabernacle. The Israelites had a long march before them, so God directed them to build a tent church which they could take apart and carry with them when not in camp.
When the tent was pitched and ready for worship it must have been something seventry : Five by there was a yard, or court, seventy-five by one hundred and fifty feet, half feet high. Insidereens seven and a the only yate inside the fence, and near and a water tank. Back of for sacrifices holy tent itself. Back of these was the chunch - itself. It was not a very large five feet long, and à a linen wide and fortyously embroidered, cut it into twa gorgeThe front room was called the Hoo rooms. and in it stood the small altar of the seven-cupped candlestick of incense table on which each Sabbe of gold, and laid twelve fresh loaves of "showbread" -one for each tribe. In the little inner room, called the "Holy of Holies," there was but one thing, the precious chest or Ark," a picture of which wecious chest, or The Israelites looked upon the to-day nacle as the very house of God. They
gave their gold and gave their gold and gems and God. They make it the most beautiful buildie cloth to camp. They went to it to burghing in the to confess and make sacrifices for God, wickedness; and once a marifices for their priess went and once a year their high Holies, and obtained Ge into the Holy of people's sins. For Gevers pardon for the people s sins. For several hundred fears
the lisraelites had no ceture at last King Solomon built but this, but atone temple atomon built the famous old taberneele was forgotten, and then the

## A HOME FOR MOTHER.

Ir is delightful to turn from the too bitten runaway boys, brip of dime-novel and their parents to, bringing themselves filial love and duty like this, to a picture of
"Business a Western city: Says a lettor
'Business called me to
States Land Office. While the United apparently sixteen or seventeen y a lad age, came in and presented a certitears of forty acres of land. and the was struck with the
and inquirederal appearance countenance and inquired of him for whom the boy, chasing the land.
"I then melf, sir
money. He answered where he got the
"Feeling then an incearned it.' th knowing something more abed desire for asked about himself and his put the boy, I took a seat and gave the follonts. He rative:
Father is a the oldest of five children return home drung man, and often woul would not drunk. Finding the would to make an eftort in from liquor, I fathe mother, brother and sisters way to help my and went into a new parters. I gdt an axe work, clearing land, part of the country to money, enough to buy forty have saved there.'
"، I will work on it, build a loge houser mother all is ready, will bring with ne: , brother and sisters to wo it will secure her land I want for

## ": hor in her old age.

ather if what will you do with youls "her if he continues to drink?"
will $O$ sir, when we get on the farm le will feel at home and be happy, and
'Young man, may God's blessing yt tend your efforts to help and honour your ": By thi mother.

- By this time the receiver handed hipl his receipt for his forty acres of land. he was leaving the office he said, 'At
I have a home for my mother.'"-Canadu
Presbyterian.


## Epwortb <br>  <br> Weagub

JUNIOR LEAGUR
July 14, 1895.
PRAYER-MEFTING TONIC. Preserved Btameless.-1 Thessalon ${ }^{\text {a }}$ 5. 23.

When a man is born of God, by reason ha ving become a new creature in Christ he evidence of that new creation is to be se has be man's life. He may declare the th has believed and received salvation, but is an evidence which those around him see, but they can sea the upright life. can observe the godly conversation, an actions and manner of life harmonize profes
Blameless means such a state and manner ${ }^{\text {o }}$ life as onlookers cannot gainsay. We wach a person. There was no $g$ He was a consistent man. He broug the fruits of holiness. His charaater that he lived righteously, soberly, and that which Religious persons stud that which is right toward Ged and Never take advantage of the circumstal do not that they may enrich themsel acquire wealth as rapidly as they cou Nor do they murmur when called losses in business. However keenly th feel the disappointments of life they n all thing as becons the, who followers of the meek and lowly Jesus oven their enemies may see nothing but what is praiseworthy and c They not only abstain from evil, but appearance of evil. Everyth
of which is evil they abhor.

## JUNIOR SUGGBATEONS.

Avon monotony in Junior Sometimes teach a marohing song A cartain leader has found a Work in the learning of the boo may in their order, so that quichly.

Junior should remember meeting is a kind of school, in have to learn valuable lessons. hevean idea that it is simply a he can have his noisy time he should have a happy time to it in be most joyous, but he in God's house his reverence, him.

It is an excellent thing to train to carry on the business of the All this training tells when they from the Junior society and go mistake of allowing the to do all the work. Find sons weak ones can do whind is of
"Lome other way besides $g$
Let me tell the Juniors making iron-holders and They take two or three with heavy cloth and bind loop at the eoloured It makes a very pret able article, and one that the easily make. 'They can
cents each.". Watchword.

PLEASANT HOURS.


The tiny stream, wandering through woodland and meadow, in its search to whisper of great waters of the sea, seem of his goodness Goi's love. even in there is so little to cheer seen them of the feathered songsters. pour forth a joyous of the feathered tree and pour forth a joy Only sit on a leafess Everything praises song of praise
Jack went whistling down the gladness. heart overfowing with spolyg the first lad As he turned into the sice, the hotel-keeper's son. he met was Harding, did your step-mother drink all that brandy she goe gets that bottle or do you help her? Sh, said he. or do pretty of ten, lately, saide, at least, the Fortunately for Bob Pierce, at moment, so nine o'clock bell soungo in at once.
noth were obliged to go in at ond half formed The good resolutions vak now, while his
were growing very weak " lf I ever get a uppermost though going to give that in his good chance I am going he ever had in his one of the best
life! " and with a gloomy counten
opened his hook had offered a prize to the
The teacher had best essay on a certain acholar writing the and the day of which historical subject, ay the essays were to be write was the day was a hańdsome volume written. The pith his whole heart Jack had of travels, and remained at school later than studied and remaney was nearly a
usual until his monaining this prize.
with the hope of gat that Jack was working Bob lierce determined that he should not for it, and he knew that there was no poorest get it. He king it, for he was the the wellscholar in thary at home there were many mey filled library at bought, alas! with money mifhad exchanged for liquor, when wife and chil had exchan destitute.
The teacher had not mentioned what parThe teacher hat history they were to write ticular subject in study would be general. Then on, so that were all gathered up and placed onthe teacher's desk, and the scholaly. This was the teach to quote from memory only. in the forenoon, and in the arternoo written. ject was given and the essays hope, for the Jack's heart beat high with hopthoroughly subject proved to be one that he thoroughly understood and knew he cond underse.
Not so with Bob Pierce; he sat with his
Noxdingly Not so in the air and found it exceedingly pen poised in thite more than half a dozen hines. difficult to wrise
When the essays were examined Jack Harding's was pronounced many kind words of them all, and with many kind prize. praise the teacher handed him the prize. , his praise thas washed and triun.
enjoyment was short-ive rest of us might have enj. Perhaps some of the rest of us might have stood some chance open in the desk be
muttered Bob Pierce. "What do you mean?" exclaimed Jack, "What do you mean? and remembering only like to thrash that red-eyed hotel-kee son.
"Here, boys, order!" exclaimed the teacher, somewhat surprid you say, Pierce?" "I said that Jack Harding had his book open in the desk while heing over the seats and Jack was about to spring over school-room collar him, even if he were in the his desk and but suddeuly his eyes fell his history wide there, sure enough, was his history opem "Jack, what does this mean?" asked the teacher, gravely, as he, too, saw very red, Jack first urew very pate and thonoughly enwhile bob Pierce ging
The teacher waited for an answer, so at The teacher Jack stammered: "I--don't-know; I did not know it was there until just now. I did not know "But," said the teacher, "I distinctly remember gathering up your book with the rest, this morning. "and I haven't the leastineat it here."
here, I only know I didn't pht it heol at non be"I saw him come in the school at no bee " he fore any of the others," said bob then."
must have slipped it in his tesk then.
Jack's eyes flashed, whine the You are al-
"Hold your tomgue, Yierce! How many saw together too '..nmunicative at noon?"
Jack enter the school alone at nombent they A number of hands sow to condemm one of were fellow pupils.
their fellow pupils.
"What did you come in for?" asked the teacher.
" I decline to tell," answered Jack, "but I

## histories, and did not know that it was

desk until after the essayys were writea. back The truth was, fack had, on blue and yellow to school, ewing along the edge of the aring violets grow of the back streets, and gathering wanch of them, he had filled an in it in his abunch with water, and put them in a's after desk, intending to call at Miss Grey's would desk, ind give them to her. But he whe Bob not explain all this before that miserable bob Pierce, aud hear his conteniptuous sneer, so he remained proudly silent.
The teacher sighed and looked much por plexed as he wish to condemn you until I am positively sure of your guilt, and But I will give everything looks against you. prize; we will, you another chance to wa all write over again." "I shall do nothing of the kind!" said Jack, hotly; "other thing!" and in a toweryou passion he drew himself up and walked proudly out of the room, leaving to realize and scholars too much he had gone.
"I at he was very sorry that this unpleasant
"I ffair has happe hinking that Jack has y. "I cannot help though everything looks told the truth, even scarcely think it possible against him. Io would do such a thing as to that any of you in his desk on purpose to piace put the book icions position. But if I find out him in a suspicio case the guilty party will be that such is the cely," and the teacher's face punished sev the rest of that afternoon, while wore a form firm and commanding.
(To be continued.)

## The Camel's Nose.

This Arabs tell of a miller
Who one, morning, from repose Through the window thrust his nose.
"It's cold out here," said the creature,
، And I wish, sir, if you please, Just to warm my nose a moment;
It's so chilled, 1 fear 'twill freeze.'
All right," said the other, kindly; "A You do look pinched and thin." "Oh, thank you!" replied the camel, And his head came farther in.
Soon, while the miller slumbered, Both head and neck were through; Then presently in at the window The body entered, too.
Now, the room was close and narrow, And the startled sleeper wok And to his ungainly inmate At length complaining spoke : " Really, my friend, while willing To grant your first request, My quarters are not sumici,"
ery well," said the other coolly, "If you find it as you say, Move out-in fact, you'll lay."
For I have come to stay."

How plainly the story teaches
(As you perceive, no doubt)
Wrong in the heart admited
Will soon the right drive out.
And how plain it warms us, also, At the very first to shun The evil that seems has been won

Ere an entrance has been won

## "A VERY GOOD-LOOKING APPLE,

 BUT-Ir is harvesting month on the Tapleys farm, and the old farmer thoro:ghly enjoys big pundin-heap in the barn, so sugges big pumpkin-heap in the barn, so sugges tive of Thanksgiving, He halts to contemthe sumny orchard. He halts Fishers, and plate the piles of haldwins, Fishers, and snow-ipples. He rubs his hands over these heaps of colour rivalling the sunsetclouds. He
"A handsome apple, that!" he says, turning one globe of juicy fruit over and "Round and red!" he murmurs. 'Round and red! A very good-looking apple-

He now abruptly and ominously exclains, Butwrong

He has found at one side of the stem, and unseen hitherto, a little-hole !
"Worm in there!" he mutters. Yes, the apple has a tenant, and it pays no rent. Just then a young neiso He is well Eaton, looks over the fene face, a bright, syarkling expression, ready gifts of speech, sparkling express.
"A very good-louking apple, but--" says he farmer, glancing at Randall Eaton.
Yes, and the "but" is a worm coiled up in the recesses of his charwer. Ran dall is not thoroughly honest-exactly, scrupulously so. Indeed, he jokes about
"Don't be over strict!" he says. He borrows money and-forgets to return it. He had not a cent with which to pay for those elegant clóthes, and he could not see many cents coming in as he glanced into tie future and thought of pay-day. Still he ordered the clothing. He piched when big bank-bill one cay and laughed 1 " "I have found him," he said, pointing I have fou
to his pocket.
He is one of the boys to taste all the eatables in a store, to slight a job given to him, to misstate facts.

A pity! yes, and a ruin for him one day.
Oh, there is such need of precise, exact, scrupulous conduct in our dealings with others ; that we carry no stan of pilfer on our hands; that we be haunter in our our hands; thoughts by nomory of deception, fraud, or trickery.

## THE AFRICAN DESERT.

Tr the "wilderness" in winter offers many attractions, it is quite the reverse " This is utterly the ideal desert, consisting mainly of truly the ideal desert, diversified by zones of hard, gravel plais sometimes of con deep sand, rocky ridges, sometimes of considerable altitude, and rugged defies. It is absolutely destitute of all vegetation and consequently of animal life. Only the ostrich and hyena cross it swiftly by night, and the vulture hovers over the caravans by day. Not a tree, not a bush, not a blade of grass relieves the -lare of the sunlight upon the yellow E bl No one can resist the solemn impress. ou ot teep silence and infinite space prodi:ce' by the desert. When night has come, ani the soldiers and Bedouins are asleep in their bivouacs, and Bedouns are asleep unegualled African walk away un the fircan moon beyond the first ridge of sand or rocks. Around you stretches a boundless sea-like horizon. The sand gleams almost as white as snow. Not a sound falls upon the ear, nor the murmur of a breeze, nor the rustle of leaf or grass, not the hum of the smallest insect. Silence-only silence -as profound as death, unless it is broken by the howl of a prowling hyena or the distant roar of the king of beasts. Within the limits of Egypt and the Soudan these desolate atmoors extend over three-quardesolate atmillion of square miles, never ters of a my the foot of a man. Only a few caravan trails cross them in their narrowest parts, with scanty wells at long intervals; and the necessities of trade can alone account for their being penetrated at all. They are like oceans, where caravans pass each other in haste like vessels at sea. The marches are perfectly terril le, and yet it is worse to halt during the dy than to keep in motion, for the heat makes sleep keep in motion, With the burning sand under your feet and the vertical sun over your head you re as between the lids of an oven. In summer the thermometer rises to 150 and 180 degrees. The air that blows feels as if it had just passed through a furnace or a brick-kiln. Over the plains it quivers visibly in the sun, as if rising from a redhot stove, while the mirage mocks your senses with the most water. No more laughter or merriment along the column now. Soldiers or camp-followers protect now. Selves as best they can with turbans and blankets, bringing over all the hoods of their cloth capotes, leaving only a narrow aperture just enough to see; while, strange to say, the Bedouins stride along on foot, barehearled and almost naked, without apperring to suffer any great discomfort.


## FEAST OF TABERNACLES.

What a busy scene we have, men putting up booths, some carrying smail boughs to make the top with, as well as ornament the posts; some putting up the poles to hold the roof; some driving in wedges; some giving directions; some walking about looking on ; and others inside the booths enjoying themselves. This was called "The Feast of Tabernacles." It was kept fifty days after the Passover, and it was on this day, that when disciples were assembled together to keep it, that the Holy Ghost was sent upon them in flaming tongues of fire, which, we now call Whitsuntide, about fifty days after Easter. It is supposed that on the day which this feast commemorated, God gave the law to Moses, and on this feast of Whitsuntide which we keep, God gave the Gospel to us
all.

## LESSON NOTES.

THIRD QUARTER.
gtudies in Jewish history.
B.C. 1491.] LESSON II. [July 14. the golden calf.
Exod. 32. 1-8, 30-35. Memory verses, 7, 8. Golden Text.
Little children, keep yourselves from idols.
-1 John $5.2 L$.
feast of tabernacles.
How long was Mones absent? See Exod. 24.18.
What did Aaron

What did Aaron require the people to do?
bring? bring?
gold? gold?
What did the people say when they saw the image?
broken?
What preparation for worship was made?
What was the next day to be? What offerings did the people present?

What then did they do?
What command did Moses re ceive?

What sin had been committed? What did Moses do when he saw the camp? Verses 19, 20
What demand did he make of the people? Verses 26, 27.
2. The Prayer of Moses, v. 30-35.

What did Moses say to the peo ple the next day?
What confession did he make to the Lord?
What prayer did he offer?
How did he show his anxiety for the people
What
What did the Lord say about the
What did he bid Moses to do?
What did he promise to do?
What did the Lord do to the people?
What warning have we against
like sin? (Golden Text.)
Teachings of the Lesson.
Where in this lesson are we shown

1. The corrupting power of sin?
2. The corrupting power of sin?
3. That sin brings punishment?
4. The power of prayer?

The Lesson Catechism.

1. Who made a calf idol for the Hebrews to worship? Aaron, the high priest. 2. Did they intend to worship another god? No; they worshipped an image of Jehovah. 3. Is there anything wrong in this? thee any hou shalt not "make dses the Golden Text say? "Tittle children, keep yourselves from idols." 5. What did Mos from He prayed that the people might be forgiven. 6. What did God say?","Mine Angel shall go before

Doctrinal Sugelestion.-The penalty of sin.

## Catechism Questions.

What peculiar provision is made for spiritual fellowship among the Metioodists?
They meet together in small com panies for fellowship and mutual elification.
Why do the Methodist societies use the term Connexion?
heciuse many separate societies are con

1. The $\operatorname{Sin}$ of Israel, v. 1-8
2. The Prayer of Moses, v. 30-35. Trme.--B.C. 1491, the same year as the last
lesson, but a little later.
Place.-The plain before Mount Sinai ; What is now known as the Wady er Rahah before Ras Sufsafeh.

## Connecting Links.

The chapters between the last lesson and this are nearly filled with special commands which were afterward woven into the great system of Hebraic law, the details of the Tabernacle, and the setting apart of Aaron and his sons for the priestly office. We are "sald of the terror of the people when they saw the thunderings, and lightnings, and the noise , of the trumpet, and the mountain smoking." Chapter 24 tells of a remarkable vision of the God of Israel given to Moses, Aaron, Nadab, Abihu, and seventy of the elders of Israel. It is astonishing how close together came the Ten Commandments on stone and the golden calf,

## Home Readinas.

M. The golden calf.-Exod. 32. 1-8.

Tu. Intercession by Moses.-Exod. 32. 9-14.
W. The calf destroyed.-Exod. 32. 15.24.

Th. Punishment (part of lesson). - Exod. $32.30-35$.
mpressive reminder.-Deut. 9. 7-21.
S. Folly of idol worship.- Psalm 106. 16-2 Su. Trust in a living God.-Psalm 115. 1-13. Questions for Home Stody.
. The Sin of Israel, v. 1-8.
What sinful demand did the people make?

## FOR A BOY OF FOURTEEN.

Ir you can, always play a game in prefer ence to simply going through a lot 0 mechanical movemonts A game exercib your head, rests your mind, and helps yo immensely. Whereas, while pulley weigh help you, they only help you to about hall you happen to a game does. If, finally you happen to be near a gymnasium, and cannot get any exercise out of doors, the ${ }^{1}$ go to the gymnasium.
Now to particularize a little on the specisl work of boys in special employments. Sup. pose you are not very strong, and you are so employed during the day that you have to sit down all the time. Of course you need exercise of the kind that will keep your body moving. I should advise you, then, to take ten minutes off just at nightfall. Put on light garments, say a pair of low shoes, a pair of drawers cut off at the knee, and an undershirt; nothing more. Then go out into quiet streets, or into the country roads, and, beginning slowly, rull half a mile. Come in at once, run to a bath, and every soul on earth in civilized countries can have a bath if he really wants one Then rub yourself down hard with a towel and dress yourself.
I say half a mile. Do that first. Soon yod will be able to do five miles if you have time, but a good half-mile run each night of your life will save many a pain and ache, many a dollar in doctors' bills, and many ${ }^{9}$ many a dolla
Don't be "blues.
Don't be afraid of going out in such ${ }^{\text {h }}$ clothes-unless you're afraid of the police man, for I have seen many a sickly boy rim in just such clotheson cold mid winter nighte with six inches of snow on the ground suld a bad snowstorm raging. You can see the steam come out of your body when you come in. If you sat down outdoors five minutes you might take cold; but you will not do that; you will run all the time you are out, and as soon as you have had a bath and are dressed you are les likely to take cold than you were befor's You went out to exercise.-Harp Young People.

## Sweet are all things

When we learn to prize them
Not for their sake, but for his
Who grants them, or denies them.

A ROUSINE BOOK FOR GANADIAN YOUTH.

## FOREST,

LAKE and
PRAIRIE
twenty years of frontier $L^{p}{ }^{p}$ IN WESTERN CANADA-1842-186

Rev. John McDougall
With 27 full-page original illustration ${ }^{\text {8 }}$ )
Handsomely bound, with original des ast in ink and gold.

## Only $\$ 1.00$.

Here, in a book of 267 pages, our v missionary - a veritable "hero of the $p$ -has given us the experiences of th twenty years of his life, all of which ${ }^{\text {ba }}$ spent on the mission fields of Ontario far Northwest. What stories of tra, hunting, and fishing, and canoeing, the Western plans, and the wild, the Western plains-we cannot hust havo the thrilling pages; the boys mustrations veok for themselves. The fine and add very much to the in

WILLAM BRIGOSS
Toronto.
C. W. Coates, Montreat

