## Technical and Bibliographic Notes / Notes techniques et bibliographiques

The Institute has attempted to obtain the best original copy available for scanning. Features of this copy which may be bibliographically unique, which may alter any of the images in the reproduction, or which may significantly change the usual method of scanning are checked below.

Coloured covers /
Couverture de couleur
Covers damaged /
Couverture endommagee
Covers restored and/or laminated /
Couverture restauree et/ou pelliculée


Cover title missing /
Le titre de couverture manque
Coloured maps /
Cartes géographiques en couleur
Coloured ink (i.e. other than blue or black) /
Encre de couleur (i.e. autre que bleue ou noire)
Coloured plates and/or illustrations /
Planches et/ou illustrations en couleur
Bound with other material /
Relié avec d'autres documents
Only edition available /
Seule édition disponible
Tight binding may cause shadows or distortion along interior margin / La reliure serrée peut causer de l'ombre ou de la distorsion le long de la marge intérieure.

Additional comments /
Commentaires supplémentaires:

L'Institut a numérisé le meilleur exemplaire qu'il lui a été possible de se procurer. Les détails de cet exemplaire qui sont peut-étre uniques du point de vue bibliographique, qui peuvent modifier une image reproduite, ou qui peuvent exiger une modification dans la methode normale de numérisation sont indiqués ci-dessous.


Coloured pages / Pages de couleur

Pages damaged / Pages endommagées

Pages restored and/or laminated /
Pages restaurees et/ou pelliculees
Pages discoloured, stained or foxed/
Pages décolorees, tachetées ou piquées
Pages detached / Pages détachees
Showthrough / Transparence
Quality of print varies /
Qualité inégale de l'impression


Includes supplementary materials /
Comprend du matériel supplémentaire

$\square$
Blank leaves added during restorations may appear within the text. Whenever possible, these have been omitted from scanning / Il se peut que certaines pages blanches ajoutées lors d'une restauration apparaissent dans le texte, mais, lorsque cela était possible, ces pages n'ont pas été numérisées.


DEVOTED TO TEMPERANCE, SCIENCE, EDUCATION, AND LITERATURE.

$$
\text { VOLUME XX., No. } 6 .
$$

MONTREAL \& NEW YORK, MARCH $16,1885$.
SEmi-MONTHLY, 30 cts. per An., Post-Paid.

A STONE MASON WHO BECAME ping a way at stones which attracted his atFAMOUS.
We wonder how many of our young by who asked him if he was "gettin" siller people have read a book called "My Schools in the stanes," and returning home laden and Schoolmasters." It is, we fear, Iess with bits of mica, porphyry, garnet, etc., known by this generation than by the pre- would exhibit with delight his treasures to vious one, but those who have not read it his uncle, and learn from him all that the have missed one of the greatest treats that iatter could teach him about them. the world of books has in store for them. Hugh Miller, who in it tells the story of his life, was born in the town of Cromarty, a on the north-east coast of Scotland, in to find that he was a boy no longer, but Octoler, 1802. For many generations back
 his family had been sea-aring
though he was only five years old when his father was lost at sea, he had the clearest remembrance of the joy in the house over the father's home comings and early learned to distinguish his vessel when she was yet far from land. After his father's death he was brought up under the care of his mother's two uncles, and few boys have the privelege of being under the care of two such men. Young Miller did not take kindly to school, he was too fond of the open air, and the restraint was very irksome to him. The windows of the schoolhouse commanded a fine view of the Bay of Cromarty and not a vessel could enter or leave the harbor without his knowledge. He was intimately acquainted with every one of them, even to the sunallest. detail of their rigging, and much of his study time was spentin drawing them on his slate. When very young he revelled in such books as "Sinbad the Sailor," "Jack the GiantKiller," "Beauty and the Beast," "Aladdin and the Wonderful Lamp," and, later on, "Pilgrim's Progress," Cook's and Anson's Voyages, and "Blind Harry the Rhymer's History of Wallace." The hatter was especially his delight, rousing all his Scotch patrioti.m, which was further stimulated by the inexlaustible fund of slories dealt out to him from time to time by Lis "Uncle James." The tastes of his "Uncle Sandy" ran in anotherdirection. Natural history was lis hobly and young Hugh being much with him soon learned to living. His uncles were very ansious that be as fond of it as he. "Together they ex- he should be a minister, but he felt that that plored enves, roamed the beach for crabsand was not the work for which God had fitted lobsters, whose habits Uncle Sandy could him. Passionately foud of writiug and well describe ; he also knew all about moths, aud butterlies, spiders and bees,-in short was a born natural-history man, so that the boy regardeu him in the light of a professor,保 the the bias toward his future studies." Up and ing' during neveral monthis of the year, and down the beach the boy would wander with looking forward to having all this leisure a.big hammer belonging to his great grancl- to devote to his studies, a stone mason he father, John Fedies, the buccancer, chip- decided to be.
 leaner of old traditionary stories ; and now I was going to exchange all my day-dreams, and all my amusements, for the kind of life in which men toil every day that they may be enabled to eat and eat every day that they may be enabled to toil."
But did he look upon this as a misfor-
tune 7 . Telling long years afterwards of that Girst day's work he said, "To be sure, my :Girs that he must begin to prepare for his man' pla fully as mitch as usual.........I was as light of lieart next morning as auy of my brother workmen." And how about the results of this labor?
Iooking back over twenty years to this his beginning of a life of toil he says "My ndvice to young working-men, desirous of betteriug their circumstances, and adding to the amount of their enjoyment, is a very

The change in his life was a great one. simple one. Keep your consciences clear, His boyhood "had been happy beyond the your curiosity fresh, and embrace every common lot." "I had been a wanderer," he opportunity to cultivate your minds......... says, "among rocks and woods-a reader of Learn to make a right use of your eyes; curious books when I could get them-a the commonest things are worth looking at -even stones and weeds, and the most familiar animals. Read good books, not forgetting the best of all ; there is more true philosophy in the Bible than in every work of every sceptic that ever wrote; ard we would be all miserable creatures withoutif: .........There is none of the intellectual and none of the moral faculties, the exercise of which does not lead to enjoyment, nay, it is chiefly in the active employment of these that all enjoyment con. sists ; and hence it is that happiness bears so little reference to station."
$H_{0}$ was none the less a good stone mason because his leisure hours were spent exploring the woods or the rocks on the seashore. He closely follo wed the example of his uncle David who "mude conscience of every stone he laid" and of whom it was well known that no wall built by him ever bulged or fell. Ain advice of his unclo James which he also followed was, "give your neighbor the cast of the bauk-'good measure heaped up and, running over,' and you will not lose by it in the end."
If ever a man "learned to make a right use of his eyes" Hugh Miller did. His first day in the quarry, which many lads would have bemoaned as the leginning of a long life of bardisinip, was to him a veritable opening of Wonderiand. He noted with keen delight, the situation of the quarry ; the thick fir wood on the one side, the little clear stream running by on the other, and in front the noble bay which had been his playground all his life. He examined the high bauk of clay which rose above the quarry where he was working, took the lreenest interest in the preparation of the blast when wedge and lover failed, and although his hauds were blistered and sore with the unaccustomed use of the chovel, cxamined with interest and pity the beauties of a hands were a little sore, and I felt nearly as |goldfanch and a woodpecker, which having much fatigued as if I had been climbing taken shelter in the cliff above had been among the rocks; but I had wrought aud killed by the explosion, and fallen with a been useful, and had yet eujoyed the day huge mass of clay almostat his fect. When
the mass of rock they had been working at was raised he saw that the bed on which it had rested was "ridged and furrowed like a bank of sand that had been left by the tide an hour before," and knem from this that though now far above high water mark, the rock on which he was standing had.in ages gone by, far beyond the reckoning of man, (Contiuual on elghtt page.)


Temperance Department.

## TEMPERANCE PHYSIOLOGY.

For ose in scrools and bands of hope (Publizhed by A. S. Barnes, Now Yorki, under
the dirction of lice Netional W. C. T. U.)

## Chapter in-一rermentation.

What is fermentation 1 When moist an inal or vegetable matters are expesed to warni air, certain changes which take place alter their nature; these changes are pro-
duced by a process oelled fermentation duced by a process celled fermentation When sugar is turning to alcohol and carbonic acid, the latter escapes in little bubbles, giving the entire liquid the appearance of boiling. We call this process, and others much like it, fermentation, from a Latin word which means to biil.
There are several kinds of fermentation. in these lessons we shall learn about only wo of them.
I. Vinous Fermentation-the change of eugatto alcohol.
II. Asetous Fermentation-the change of alcohol and other substances to vinegar.

VINOUS FERMIENTATION.
BACTERIA AND YEAST.

If you should look at a drop of stagnant water under a strong microscope, you
would be quite likely to fiud it fullof small living things, so tiny that you could not see them at all with the maked eye; these minute animal and vegetable forms are alive, and often in rapid motion.
In the air, also, are many living forms,
too snall to lie seen by the naked eye, called too small to be seen by the naked eye, called bacteria.
There are particles coming from them nuch smaller than the full-grown bacteria, which will become bacteria by. growth!'
These are called spores, and are fluating These are called spores, and are fluating
aluost cvery-where in the air, and, from aluost every-where in the air, and, from -their extreme smallness, can get into places
where the bacteria might not be able to come.
They have been carefully studied with the help of the miscroscope, and we know that, instead, of the air, it is these bacteria
or their spores in the air, which produce fer. or their spores in the air, which produce fer.
mentation in certain liquids. mentation in certain liquids.
The juices of the grape, apple, and many
other fruits, will, if placed under the right other fruits, will, if placed under the right
conditions, ferment by the action of these couditions, fer
living forms.
liviag forms.
in order to ferment some other liquids and thus obtain intoxicating drinks, yoasi* must be added. In this way some people brew home-made beer-by steeping various roots, barks, and herbs in water, aud adding yeast and sugar enough to cause fermentaiun. The alcohol that is formed by the change on the sugar, makes the beer a dangerous drink.
When a liquid is fermenting, the little bubbles of carbonic acid carry a froth to the tope which can be used as yeast to act on
other liguids. At the buttom lie the "setother liquids. At the buttom lie the "setthe lees. Between the froth and the lees is athin, intoxicating liquid, which people
drink under different naimes, as wine, cider, beer, etc.
Dry sugar will not ferment, nor will alcohol be formed in liquids which have an excéss of guzar. The united action of sugar, water, heat, and of the bacteria or spores in
the air, or of yeast-each in the right prothe air, or of yeast-each in the right pro-
portion-are always required to produce alcohol.

AlCOHOL FROM GRAINS:
Starch forms a large yart of rye, corn,
barley, and other grains. If these are kept moist and warm-as when planted in the earth in spring or summer,-their starch turns to sagar, when the grain, which is a
seed, begius to sprouted corn or barley, and you will find it squeet.
Barley is kept moist with water until it
sprouts, or throws ont little roots. During splouts, or throws out little roots. During barley changes to sugar. Heat is then ap

* Yenst is really a plant, and it is the growth
of the yeast plant which ciuses fermentation in of the yenst plant which causes fermentation in
these liquids.
plied, strong enough to dry out all the moisture of the barley and kill the young roots.
Grain thus treated is called malt, and from this malt, pale ales and beers are made. Heating to a higher temperature, so as slightly to burn the sprouted grain, make dark malt, from which porter and stout dark colored drinks are mannuactured
If the sugar thus formed in barley is dis solved out of the grain with water, and yeast is added, and the whole exposed to warm air, anotherchange takesplace,-the sugar which
was once starch, becomes alcohol, and carwas once starch, becomes alcohol, and car bonic acia. By this process, a good food has been changed to a porson, for become
porter.


## ALCOHOL AND BREAD.

We must not conclude that fermentation is never agood thing. If it is stopped at just the right point, and the alcohol all of food.
Crushed grain, or flour, is a valuable food; Yeast in this form, is not pleasant to eat fermentation. A little of the starch in the flour turns to sugar, and then to alcohol and carbonic acid gas. This gas, in a thin liquid, would pass off into the air. But it is imprisoned by the sticky dough, and pufse it
up with little cells in its efiorts to thus making the otherwise solid mass, light and spongy.
The very small quantity of alcohol which was formed, evaporates, and the gas escapes when the dough is placed in the strong heat is left, that is better food than the flour.
Alcohol turns to vapor withless heat than water. In bread baked enough to be food fit for the human stomach, there is no al heat of It has been turned to vapor by the air.
People who are ignorant of the truths you are learning in these lessons, have supposed that because fermented dough makes pood bread to eat, therctore But you know the alcohol stays in the beer and not in the bread, and that simple fact makes the difference, in this case, between food and a poison.
AMODNT OF ALCOHOL in fermented LIQUORS.
In one hundred parts of the fermented juice of apples, or cider, there are from two parts parts of alcohol. In one hundred -there are from three to ten parts of al cohol.
In one hundred parts of the fermented juice of grapes and other kinds of fruits, or parts of alcohol
It is estimated (in 1880) that iwenty and three-quarter million gallons of alcoliol are consumed every year by the people of this country, in beer alone.
This makes nearly one-half gallon of pure child of our $50,000,000$-if all were foolish enough to drink it.
As very many people drink no beer atall, ome of the beer-drinkers must get more each year. Further study poison during the consequences of the use of this great quantity of alcohol:

## heat and fermented higoors.

If you were to place fermented liquors of any kind in an open kettle over strong heat, their charm for the wine, cider; or the sake of the alcohol be gone. It is for people are fond of these drinks, and this passes a way, in the form of vapor from the boiling liquid ; the liquid which is left, has an insipid taste and no one would care to drink it.

## alCOHOL N NATURE,

It is a mistake to suppose that because grapes, apples, and barley, are healtiful oods, that wine, cider, and bear, made from them, must also be healthful.
It is important to remember that fermen. ation entirely chaiges the character of the substance it.works upon. Nature rots her various plant forms ; but while the juice remains protected from the air hy the skin or husk of the ubbroken grain, plant, ur fruit, its sugar will not ferment-therefore,
alcohol is never found in them.

## ACETOUS TERMENTATION

## ALCOHOL AND VINEGAR.

All vegetable substances come from earth air, and water, and return to them again. Through the process of fermentation, vegetable liquids go back to earth, air, and water: After the alcohol is formed, if it remains in the vegetable juice, exposed to moderately warn air; the second kind, or acetous fermentation, takes place, changing the alcohol to a shard acid called acetic acid, commonly known as vinegar.
When the cook has not baked the bread at just the right time-that is, has not stopped the fermentation before the alcohol say, "the bread is sour." This acetic acid does not pass off in the heat of the oven as alcohol does, but leaves its sour taste in the read.
Vinous fermentation, producing alcohol, cannot take place in jellics and preserves, because they contain an excess of sugar. Wen they begin to "work -as they may or vinegar is produced in them by acetou fermentation; the acid is not made from alcohol in this case, but is the result of other changes in the fruit juices. "Scalding" makes them sweet again, by driving off this acetic acid, which can escape from a thin iquid, but not from a dough.
This acid is as different from alcohol, as alcohol is from sugar. It is used for food Vinegar is made in this way from hard cider and other fermented liquors, and will change in its turn, if left in the same conditions that produced it, and lose its acid taste; its water all evaporating, nothing will remain but a brown powder.
The earth, air, and water have clained gain the matter only loaned to make th ruit, plant, or grain.

## REVIEW QUESTIONS

1. What is fermentation
2. Define vinous fermentation. What are 3. What four things are needed to produce al cohol.
3. H
from it
4. How
om it?
5. Define acetous fermentation. When does
it take place?
6. What ca
ne ace
ace?
t' caus
jellies?
7. How mat
and water?
(To be Continucd:)

LITTLE MRS. FAY'S DOCTOR.
Little Moll Fay aud Tou Gates were firim friends. As Moll was two years older than Tons they might not have played so muci togethier if the other children in the neighborhood had not been very rough and illmannered. Moll was very geatle though, his mother said. They had few playthinge, and so "made believe" a yreat deal when they were together. One day Mull's old woscribed in detail to Tom, the family doc tor, ${ }^{n 3}$ "somethinga little like the colic, but much more like the leprosy."
Tom said it was "regular worst kind o leprosy ; for that was very prevalent." And he went on in a way very wise for him, but one that would have proyed an older ductor fit for a lunatic asylum.
Moll received it all as wistom, and, with a comical pucker of distress on hersweet face, hhe asked if the "leprosy was often chronic."
Ton said: "Very seldom, unless it runs into fits; but Maria Jane appears to me to luok ficty. You had better send rightaway to Wilkins' 'pothecary shop, Mrs. Fay, and buy three pints of whiskey or rum. I will mix Maria up some excellent bitters, and child every ten minutes, until the fitty look passes off ; then she may not die before daylight. If you don't hurry about it we must give Maria up."
Tom talked through his nose in a pecali. arly solemn way, but little Mrs. Fay replied very briskly
"Oh! no, Tom-I nean Doctor GatesI won't do any such a thing. I can't let and I don't employ any whiskey doctor for my family" "
"Why, Maria's system requires bitters !" gasped the doctor, quite surprised.
"Then Maria's system sha'n't have it, for her madon't approve ofit. Do you think I
nights for Maria as poorsMrs. W
Tom looked so puzzed at Tom looked so puzzled at " Mother asys that she began Bill Wilcox, was once a sober, but Wilcox, was once a sober, goow
but soming ailed his stomach, and ata, tor told him he would feel better if lie tool a little brandy every day. He hegan, and he kept right on until he lost all his work and his pretty house. Now he beats his -all because that doctor stared him trink -all because that doctor started him drink. ing. Mother says he could have got along what would bave cured even if nothing but that would have cured him, Tom, if he had been your father, would you not rather have lost him when he was good? Now he is a
wicked, horrible man wicked, horrible man No, Maria has got
to havencinamon-tea or castor-oil." to have cinmamon-tea or castor-oil."
Wave seen castor-oil woll rubbed in it, I have seen castor-oil well rubbed in cure awful cases of leprosy, and Maria doesn't
look as fitty as she did a while ago," said the doctor.
But "Mrs. Fay" was not a very faithful nurse, for she coolly tumbled her poor daughter behind a waterpail and left her to her agonies while she told Tom about
"pretty little Mary Wilcox." "Sh Mitule Mary Wicox.
Tom; no; and not a present last Christ mas, Tom; no; and not one of them had anything fit to eat until mother found it out and-gave them plenty for that time." when she ended, said : "I mean to and, really and truly doctor some to be won't tell anybody to dint some day, but I won't tellaaybody to dinnk whiskey. You'd Metter pick up Maria and see if she is dear. Maria was as much alive as she ever har. been, 60 they proposed a new play.-Youtl's
Temperance Banner.

## THE COMMERCIAL TRAVELLER.

We know a commercial traveller who was taken dangerously ill in Glasgow, when far away from his home. When the medical man saw him, he said-

You must have some brandy."
"No"," he answered; "I have studied the nature of brondy, and $I$ will not take it." The medical man protested that it would ave his life.
"I will not take it," replied the paticnt.
The ladies in the hotel were told of this, and two of them went into his room and implored him, for the sake of his wife and family, to imbibe the lorandy.
"No," he replied ; "I believe that brandy is of no, use as a medicine, and I will not take it."
The medical atteridants then proposed to advice. To this tho triveller at once assented, and expressed his readiness to pay the consultation fee.
The great man, white-haired and vener. able, came to the bedaide of the invalid and carcfully examined him. In quiet tones he then said-
"You are in great pain. Yes, in great pain, niy friend. They tell me you will not take brandy," You are quite right. Youn need no brandy. Nor was any stimulant given him. Quiet, reat, warnith, wholesome food, and some gentle medicine cured hin of the pain and sickness, and he has done many a good day's work since. Had he taken the brandy everybody would have said that it, and it alone, had cured him. But he recovered without it. $-R p v$. George W. McCre, in Unzon Signal.

## A Father Robbing Fis Dagghter.

 I never knew a liquor-seller's money to stay in his family a generation, howeyer much the man may have made by his trade [fonce knew a publican who had a large fortune, made through selliug whiskey. He became a confirmed drunkard, and his for tune soon vanished, aud he was glad to get friends. He lind one daushter, an invalid Who, through the kindness of some friends was living at the const, aud was supported by some Christian ladies. After it came to her father's lnowledge that sie reccived money from these ladies, his visits were very frequent. He would go over to her bedside, on pretence of speaking to her, and put his hand under her pillow where he knew the money. was kept, and nlways succeeded in carrying her little store away with bim. Wheu drink gets the mastery over any one, it makes its slave regardless of doing any ilishonorable and heatless aut. "-English Puper.
## WKHOUSEHOLD:

MOTHER'S CHALR
MOTLER'S CHALR.

## fire worth.

Mri. Baker spoke as she was apt to, thoughtlessly; littlo thinking what a dagger she had sent to the heart of her seven years old boy. She had called him in from his play, to assist her in winding some yain, he had come willingly; even gindly, but, seling tired, and as the skein seem, before $h$ knew it he became careless, from his hand in a tangle: His mother, nervous and in a hurry, as she always was, dismissed hem with the above harsh words. With her mind upon the tangle, she did not notice the quivering lip, or the said look that came over her boy's face, ashe turned and walked out doors, but could that well-meaning nother have looked into her boy's heart, would she not have shuddered at the effec of those terrible words?
Poor Freddie! he could not play, but he hurried around to the backyard, threw himself upon the grass, and thought it all over, self upon the grass, and thought it all over, than I'm worth! Nuw I wonder if I am. Itry to help mother all I can, $I$ rock the I try to help mother all cfice, she sends me after meat and milk, and I pick up lots of chips, and tease her most every day to let me wipe the dishes, and when I do all she wayts me to, she never tells me tait have
been a good boy, or that I have done well been a good boy, or that I have done well,
lut if I am naughty or make a mistake as 1 but if $I$ am naughty or make a mistake as did with the yarn, she is sure to tell me o,
that. Oh dear! there is no use in trying.' that. Oh dear! there is no use in trying."
And poor Freddie ended his sad thoughts with a cry.
Now, dear sisters, are we not more apt to speak of the mistakes, than we are to praise
the good in our little ones? There is an the good in our hitle ones? Chere is an
apology for the half sick and overworked nothers, and it is not strange that they are often cross and impatient, while if they would only try to appreciate the many, little favors they receive from their children, and not be afraid to tell them so, but be willing to give them all the credit that is due them, how much better:it would efor all.
We must not think our duty done, when how carefully and daintily it may be done heir young hearts long for a mother's sympathy and tender love. We ought to lee as anxious to notice and develop the good in the hearts of our little ones as to exterput our own "house in order." Regulat our own heart. Repress anger, self-will love of ruling, indignation at rebellion-le only affection reign in our beart, and Fur in reality these little ones are not ours they are our Father's. He has lent them to us for a season, we are only stewards in the service of our Master. How important chen, that we should be very careful in the raining of these dear oues, knowing tha pray for His guidance, that we may be enpray for His guidance, that we may be enHim, and be rewarded for care and tenderness by hearing the Spirit whispers of well done.-The Household.

AMUSING THE CHILDREN.
It was a little amusing to see in the new magazine, Babyhood, under the head of Nursery Pastimes, rules for that very old source of amusement for little ones-cutting paper dolls: "An oblong piece of stiff paper-thick wrapping paper will do very well-should be rolded ovar and over unti the paper nay be abut $4 \times 20$ inches, and hould be folded in spaces of two inches. Then double it and cut out the figure of a boy, being careful not to sever the connection of the hands. Unfold and a row of litlle boys with clasped hands will greet the delighted eyes around you. Join in a circle and the little group will stand firmly on chair, table or floor. Now repeat the same process, cutting out the figure of a little girl this time. 'Mlore, more', the little insati. able voices will cry." The writer suggests that chairs, tables, sofas, and even beds for little paper dollies to sit on and lis in mas the pat out with little sheets, pillows may spreads of white paper. "Use a lead pencil to add eyes, nose, and mouth to the dolls, and to make patterns on the dresses." All
this the writer has done and more. Unnumbered plates and dishes, boxes and boats, ther articles as attractive to the little onies an one day, when the little ones cannot go out to diy, when these paper toys will afford hours of entertainment. Aud since : some of the children have veen old enough to do a little cutting, they amuse theinselves and their uniors in this way. Use a roumd-pointed pair of scissore, as children are apt to oe careless with scissors and shap.pole points will re vory dankerous. well as the sharper cut paper almost as wels as and safty is a most important con ideration.-N. Y. Observer.

## DON'T TRY.

A sister asks that some "able houseseeper" tell her how to be always "cleared up neat," etc., yet never tired. If there is mong the seventy thousand housewive who read her letter, one who does all he work and cares for her little ones, yet from her. In my humble opinion it can't from her. In my humble opinion it caut ing done, and has occasionally the help of a ewing woman.
Children require a great deal of care. By care I mean all the thought and labo occasioned by their existence. It will be a happy day for the world when the rearing f children is looked upon as a science requiring special preparation and special provisions. But so long as. one woman tries to do the work of three, just so ong
must there be confusion and neglect. must there be confusion and negiect. Nothing is easier, it is said, than to get a
new wife. So, dear sister, when you are new wife. So, dear sister, when you are wearing yourself out, consider what follows.
I believe the reform here must be brought believe the reform here must be brought about by women. There is sound sense in Helen Herberts, Man's Way and Woman' Way." God plans wisely when he gives ome women time to think. We need their thoughts; but we need most of all to think for ourselves, We bear out too nearly the accepted idea that we are unreasoning crestures. Every woman who takes upon herself the name of wife and mother is under obligation to live. Husband. needs her, childrea need her. Therefore sacrifice accomplishments, fancy work, art, society, reputation as a housekeeper, but health never. Ah, dear sister, let your house bein disorder so long as nothing unwholesome is in it. Look upon bare walls and dearth of benutifying articles, do with fewer clothes and less trimmings, put a way unnecessary it ; simply, health ully, holily.-Housethold.

## RULES FOR WINTER.

The following rules, published in Farm and Fireside, are worth heeding by those who believe that "an ounce of prevention worth a pound of cure.
Never lean with the back upon anything hat is cold. Never begin a journey until he brenk fast bas been eaten.
Never take worrn
Never take warm drinks and then immediately go out in the cold air.
Keep the back-especially between the shoulder-blades-well covered, also the chest well protected. In sleeping in a cold room establish the habit of breathing through the nose, and never with the mouth open.
Never go to bed with cold or damp feet.
Never omit regular bathing, for unless the skin is in active condition the cold will close the pores, and favor congestion or other diseases.
After exercise of any kind never ride in an open carriage, ornear the window of a car for a momen
When hoarse speak as little as possible antil the hoarseness is recovered fiom, else the voice may be permaneutly lost, or difl. culties of the throat be produced.
Merely warn the back by a fire, and never continue keeping the back exposed to heat after it has become comfortably warm. To do otherwise is debilitating.
When going from a warm atmosphere into colder one, keep the mouth closed so that the air may bo warmed by its passare through the nose, warmed it reaches the lungs. Never stand still in cold weather, especially after having taken a slight degree of exercise, and always avoid standing on ice or snow, or where the persin is exposed to a cold wind.

## THE KITCHEN

Last in the thoughts of many, the kitchen siould come first in the thoughts of all who wish to keep house successfully; Farfrom being au unimportant factor in the comfort of the family, it'plays a part really superior to the parlor. Yet how muchis lavishly apent to nake that room beautiful aind attractive in houses where the kitchen is damp, dars, eniences for doing the housework.
See to it, friends, that the kitchen utensils re whole, in good order:and handy to use. If you cannot have the new chair, the dainty vase, the louged-for rug for the drawingroom, have ait least enough spiders, sancepans, pots and gridirons for the easy preparation of the meals. : Let the Hoor if possible, or a brieht thick vilcloth. Have one strong, large table, and a couple of smaller ones, with chairs that are comfortable as. well as serviccable. I believe ini makiug the kitchen au inviting place, and in keeping its appliances up to the times, just as a farmer insists on laving the latest labor saving contrivances in his fields and barus.
Far too many women spend their energies wastefully in "making things do," after the things in- question are worn out and fit for
the junk-shop. This is mistaken coonomy. Churistian Intelliyencer.

About Teetr.-Whatever toilet care may be at times neglected, it should never be that pertaining to the teeth. They must have careful and frequent attention. It is well to have the teeth examined by a dentist, but this will be of little use if in the meantime they are neglected by their owner. They should be brushed, or at least rinsed, after each meal. If this seems too much tronble, brush them in the morning and at night before going to bed. If they are brushed but once a day, it should be at night, so that no particles of food may remain in the teeil during sleep to ferment and hasten decay. a medium sized brush is best. It should not be too stiff, nor y yt too pliable. Brush up and down as well as across the teeth, inside as well as out. It is well to have a hittle hand glass, such as dentists use, and examine the teeth occasionally. Any spot or break in a tooth should receive mmediate attention. Metal toothpicks and pins should never be allowed to touch the teeth. Use a quill. A white silk thread should occasionally we drawn between
them. It will remove ofleudiug matter, and aid in detecting any roughness caused by incipient decay. Never scour the teeth wises the gums, and is a fruitful cause of injures the gums, and
tartar.-Household.

Motron - Stew. -Two pounds of matton from the neck or loin, two pounds of
potatoes, peeled and cut in halves, half a potatoes, peeled and cut in halves, half a
pound of onious, peeled and sliced. Put a layer of potatoes in the bottom of the stew pan ; then some of the mutton and onions then another layer of potatoes, and mutton and onions, and repeat this until the mutto and vegetables are used. Add one and half teaspoonfuls of salt, a small teaspoonful of white pepper, three gills of broth, or gravy, and two teasjuoonfuls of mushroom catsup. Cover the stew-pan very closely, so as to prevent the steaum from escaping, slow fire. A small slice of ham is a great addition. Great care must be taken to prevent burning. The hour and a half nust be reckoued from the time the stewing begins.
Enalise Apple Charlotte.-Pecl, core, and slice fifteen-good-sized apples, aud pu them over the fire in a saucepan, with hal a pound of sugar, the juice of half a lemon and a little ground cinnamon. When quite soft and puffy, push then through ${ }^{a}$ colander, or sieve. Cut the crust of a btale loaf of bread into slices a quarter of an a mold, or large bowl, dip each piece in melted butter, and lay into the mold. Pour the apple into the centre, covering it with buttered bread, and put the charlotte into the oven till the bread is well colored Turn the contents out of the mold, glaze the bread with any kind of jelly, and serve hot. Every part of the mold nust be well covernot turn out well

## PUZZLES.

## ANAGRAMS.

Into my arm,
Red nuts and gin;
Nart horse
geographical "puzzle
Mountains, lakes, towns, etc., of Now England.
An animal island; an animal lake; a buried city; useful for table service; a cathedral city ; ready for a ride; an impurtant part of a picnic; a gentleman of fine mamners ; part of auanimal ; a lively head; a kind of grass ; a remarkably intelligent tree ; an important public building in Loudon; a famous novel; running water requestel to speak ; a place that is supposed to be at the other end of the world ; useful but not agreeable salt ; apreement; a mount of dried grass; a good kind of carpet; a noble man; a day of English racing; a field quite homely; belonging to no one, excepting, it may be, to a woman; a city vidently much interested in tra queen's camous lor cutlery; a palace; a mead. a field without any Winter; an excellent kind ${ }^{-}$of apple; a famous castle in England the field of an artisan a a pretty hard head a good place to go for decorations at Christmas time.
an easy square.

1. Tax. 2. Old. 3. To guard. 4. A current.
decapitations.
2. Behcad a voracious sea fish, and leave word denuting attention.
3. Beliead it again, and leave the reposiory of the covenant of Gou with the Jews. 3. Bellead an inhabitant of the ocean, and eave anything that is healthy
4. Behead one of the esculeut praing, ond ave concreted sugar
5. Behead a buffoon, and leave an indefiite quantity.
Behend a testament, and leave wicked-
ness.
6. 
7. Behead the pope, and leave a kind of
answers to puzzles
Condrdenum.-Each requirea a staff.
Anagrajs - Brealh.
Wealh.
Rurly foe.


18 , meelon ; 14, picsle ; 20 , ple; 21, honey
correct answers recerved. Correct answers have been recelved from
Benjamin Bamiord, Euscbe Cornean, Wille D. Tamieson
Kunter.

Adpiole to Parents.-To correct children or trifling offences continually, at home or in school, has a bad effect. It is confusing o the child and does not tend to develop or to cultivate the moral sense. It tends to make distinctions between right and wrong which do not exist, and for this yery reason veakens real ones. It is surprising to see how early children begin to look into the hidden thinga of metaphysics. "Is it really wrong, mamma," a little boy said the other day, "or only against the law?" Theastonshed mother questioned the child, nnel found that some one had told him stories of the fugitive slaves, and of the laws of their time, and he had, with the passion for gencralizing which many children have, applied his knowledge to the circumstances and events occurring around him. To be perfectly honest with children, aud at the ame time to cultivate a power to pass by heir smal. transgressions, which are oftin committe without pread teacher It is himes well for paren and nly necessary to think ourseldifferent the child's point of view is from that of an olde child's point of view is irom that of an olde helpful to most parents.- Erchange.

Simple Bread Puddina.-Puur a quart of hot milk upon a pint of nice lread crumbs hat have been placed in a buttered dish, ald put ing, flavor with nutmeg or comamen, minutes. Serve with cream and sugar.

CHRISTIE'S CHRISTMAS.

## by pansy.

CHAPTER VII-Continued.
Skilful fingers soon had the foot more comfortable than it had been since the accident. Wells submitted to the new helper meekly, though he made a wry face at Christie behind the piece of handkerchief that was left from the bandage.
"I don't know about liking that man," he said to Christic when the foot was nicely done up and resting on the cushions of the turned seat. "He might hare walked up before and helped you

do the best for everybody. And you know his children never say such things."
"Don't they? I'm sure I did not know it. I guess I am not acquainted with many of them. I'll tell you what it is, Christie, I have a brother whom I would like to have you make understand things if you could. He is sick and lame, and will never be any better; and he got so by helping somebody else: doing his dnty, you know. It would be hard work for you to make him believe that things are just right in this world. He thinks it is awful that he doesn't get well. And I must say. it seems most too bad. He was: a splendid scholar, you see, led his class in college and was going to make a great man, people thought; now it is all spoiled, and he suffers all the time, and will hare to, as long as he lives."
"What hurt him?" asked Christie, her eyes full of sympathy and sorrow.
"Why, a house was burning, and he climbed a ladder when nobody else would, and went inside and saved a little baby: and part of the wall fell on him and hurt his back. The doctor says he will never be any better:
Christie's tears came outright now.
"I'm so sorry for him !" she said; "but if he only knew God, it would be a great deal easier to bear.
What a long, long, morning it was! The baby had his nap out, with that baby. He must have and awoke and fretted a good deal, seen that it was a tug for you."
"Men don't know about babies," Christie answered gravely, "but I am glad that he knows about bandages. How nicely he did that! Itlooks just as though a doctor had been here, Well, he is a doctor."
"The mischief, he is! Then I ought to have offered to pay him."
"Oh, no!" said Christie, distressed, "I don't believe he would have liked that. He did it for kindness, not for pay. He is very pleasant, but just as sad!. He gives very long sighs, right in the midst of his talk. I am sorry for him ; sorrier than before he helped us."
"Why?"
"Because I am afraid he doesn't beliere in God. He is not one of God's people, I'm most sure: because they never talk in that way, and it makes things a great deal harder to bear."
"Talk in what way? How do you tell people of that kind?" "Why, he almost found fault with God! Talked as though he
did not believe that God would
and a aroke and fretted a good deal,
and cried outright for his mamma, and drank some more milk, and played with the old gentieman's gold headed cane, and went over to the pale-faced young man and was entertained for a while, and cried some more, and was given a cookie, and at last fell asleep again. And there that train stood immovable. It began to be certain now, and there was serious trouble: Word came, through railway men, that the track was injured a long distance ahead, and for that reason no train could get from the city to relieve them.
To add to the dreariness, it began to raim; a fierce, driving storm, and of course the mud grew d eeper every moment.
"Dear, dear !" said Christie " I hope they don't know about it at home. Mother will be so worried that she won't know what to do." "It's most a wonder that your people let you start out," said Wells. "I suppose the morning papers gave an account of the mischief done by the rain in the night: but our folks are all away, and I, like an idiot, never looked

Then Christie, her cheeks some- to the brakesman © what red, explained that they did the girl to the wom not take a daily paper, that father puzzled face. He unde couldn't quite afford it yet, and so they had known nothing about trouble on the railway.
"There is always some trouble with this road," said Wells, feeling cross. "First it is a freshet, aud then a landslide, or a washout, or the engine gives out, I don't know how many times we have been detained, but never so long as this. I should like to know what we are to do for some dinner? I know I am as hungry as a wolf. I didn't eat much breakfast this morning; it was so sort of stupid to be sitting in that great dining-room ail alone."
It was after twelve o'clock when this remark was made. The patience of everybody in the car was exhausted, and Christie was beginning to look anxionsly at the dribble of milk left in the pitcher. What should she do if the train did not start soon, or the mother come?
"That doctor of yours will have to plunge through the mud and get us some more milk, or something," said Wells at last, trying to raise himself on his elbow to get a view of the rainy world.
" What object is that!" he said as he drew back his head. "Look, Christie, there are two of them, and they are dragging a basket between them that must be decidedly heavy. How are they ever going to get throughthat puddle of water? And where are they bound for, do you suppose?"' Said Christie, "It is Sarah: Ann!"

## chapter viil

Sure enough! there she came, ploughing through the mud which had grown mach deeper since morning.
The large basket that she car. ried seemed to weigh her down, and she made slow progress.
"Dear, dear!" said Christie.
"One of them ought to have had Josiah's boots. I doa't know ho they will ever manage to get through the puddles. Look, baby! If you were a man, you would go right out and try to help them, wouldn't you?"
Nobody took this hint, and the two floundered along, and climbed the high step of the car platform; then Sarah Ann set down her basket, and looked curionsly in at the door.
"What do you want?" asked a brakesman who appeared just then, sticking his head out of the door.
Sarah Ann spoke up boldy :
"We want the girl with the baby, who saved Jimmy from getting burned to death; mother sent her dinmer, and some things for the rest, if she's a mind to give'em to em."
This was bewildering news

the other girl peeping in.ginlorgher hind- it was doing duty as a tablecloth, person as she never eats anything words seemed to and thather Christie was serving all: However, Sarah dinner for half a dozen hungry Noomuch interested in all strangers!
sie saw around her, to mind Fiether she was thanked or not. TShe next gave attention to Wells:
"Is that your brother ?" and then without waiting for an answer, "why didn't he Eome after the milk? oh, my! a sprain is a real mean thing, sometimes, and and anmied in gratitude Jed Barker sprained his foot, last |gloomy faces, and hands in their summer, and he had to have it cut pockets, strayed in from the off?'

After this cheering bit of news, the girl who had had her head in the oren when Christie was there, and who had been standing at one side of the door, peeping in in an abashed way, now found voice:
"Sarah Ann, you'd ought to be ashamed!
Your ma told you not to let your tongue get to rumning. Come out here, and let her eat her dinner, and then you can get the dishes." "I ain't said nothing," declared Sarah Ann, looking aggrieved.
Howerer, she turned quickly and went out to the platform.
"There's a rare specimen of a girl for you!' said Wells. "She's a genius, I should say. Does Jimmy look like her? If he does, I don't wonder that you saved his life."
"I don't think she means to do anything wrong;', said Christie hesitatingly. "It is just because she doesn't know any betier. It must have been very hard work to carry this basket through the mud."
"Wrong!" exclaimed Wells, "I should say not! On the contrary she is the only one of this crowd, yourself excepted, who has done anything right since we started. Does your mother enjoy having you say, 'this crowd, when you mean half a dozen people? Mine considers different cars, accepted Christie's it slang, and I never say it any more, except on special occasions."
"I never saj it at all," answered Christie laughing.
During this time she had been engaged in unpacking the basket, and now had the contents arranged neatly on a large clean towel which she brought out of the flowered carpet sack. How nice it was that mother had wrapped the cookies first in a towel What would she think if sheknew


CHINESE SWALLOWS.
different cars, accepted Christie's prise and thanks.
"Would you offer some to the lady?" Ohristie asked in a whisper of Wells, glancing doubt: fully in her direction.
"What! the Senside Library creature? I ber that you will not misuse language so badly as to call her a lady. I should say that I wouldn't do any such thing You would probably get refused for your pains. Such a delicate
in it. On this white cloth she laid the bread and butter, two of the seed cakes, a delicate piece of gingerbread, and a fragment of cheese.
"I'm going to carry these to her,'" she said to Wells, inclining her head as she spoke in the direction of the lady.
"She wron't take them."
"I can't help it. I shall feel ashamed of myself if I don't offer them, and I don't, like to feel ashamed of myself,"
"There is something in that," Wells said, laughing, yet with a look in his eyes, that said he was proud of Christie, "Go ahead; I'll keep watch and be ready to defend you, if she is inclined to bite."

```
( Tio be conlinued.) \(^{2}\)
```


## BIRD'S NEST SOUP.

Erery one has heard of the Gamous bird's nest soup, which' is known to be such aluxury among Chinese. We give here a very clear picture of the birds which build the nests and the uests themselves. The birds you will see, are species of swallow. They inhabit the coast of China and neighboring countries and build their nests on the walls of the caves along the shore, sticking them against the flat wall in precisely the same way as our chimney swallows do. The nests are about the size of a goose egg and resemble isinglass. For a long time people did not know how these were built. One theory was that the bird made them from a kind of seaweed upon which it fed. But they feed upon insects just as other Birds do. They have however; a set of glands corresponding to the salirary glands at the side of the mouth, and these secrete the gelatinous material used by the birds in building their nests.
The nests when brought to market are of three qualitics. The new nests, in which no young ones have been reared, looking clear like pure gelatine and almost white, the second quality of a dingy, brown color and looking generally dirty, and the third those in which little ones have been reared and all stuck over with feathers and covered with filth of all sorts. The soup in which the nests are used has

The Lond is the strength of my life ; of whom shall I be afraid ? Psa. 27: 1.


The Family Circle:

## WHAT CAN I DO

If you cannot from the platform Make an energetic speech, Or from socred desk or pulpit
You can visit homes where evil
You can visit homes where ev,
Holds an undispited sway,
And for Chxist's sake you can urge men
From their sins to turin away.
If you bave no love of singing
You can enter homes, where sorrow Pain and grief are ever inear; And in tones of tender pity
You can breaking liearts console, Who can make thosespirits

If from meetings of Committee
You would rather stay away
You can ask the Lord to bless them
At the meetiog when you pray; And when work has been arrauged fo Which will prove a thorough pleasuro If 'tis doue for Jesu's sake.

If you cannot, then, do great things There, are smali, ones y.on can do And assured there is for you. Get to work then, do your duty And your sweet reward shall be In the voice of Jessus snying -Beresforl Ad'ams in British' Women's Tonnpercance Journal.
"I DO THIS FOR OTHERS", OR, THE OLD MAN'S SACRIFICE
Deacon Jones had been a professed disciple of the Lord Jesus Christ for forty years and more: Everybody knew Deacon Jones for ten or fiftenn miles around as "the man that owned all the land that joined him," as
through econouly, sclf denial, and hard work he had been nulle to buy ont his neighwors one after another until his possessions extended over many miles of territory. though the neighlors gave him that tille by universal consent beco sse of his religious professions. He was 110 remarkably yoid,
aud by "no manner of means" could he and no no manner of means" could he
have been called a bad mian. He had many have excellent traits of character that en deared him to his faunily and to the rural
community in which he lived. He "rete community in which he hived, He "set a
good table," the farmers said, but it knew very few of what the denizenis of great cities call luxuries. -Salt ments, occasionally a lithe fresh meat when he killed a calf, a
sheep, $a$ swine, or ox to sell, were found upoll his table. The smoking hot coru and the "mealy potatoes" were always present
in their season, to say nothing of Indian bread and wheaten biscuit. "Enongh for all" was his motto, and his faithful spouse
was ceual to the duties of lierstation. Rumn was equal to the duties of lierstation. Rum,
gin, whiskey and brandy the deacon had left out of his supplies more than twenty.five years since, but there was always present on the table or on the shelf $a$ Joodel pitcher
flled with "good old cider" for himself for fllled with "good old cider" for himself, for
his workmen, and his numerous callers, his workmen, and his mumerous callers.
Everybody in that vicinity knew.two things -the cider "was geod" and there was al ways plenty of it at hand. Why notl He
had an abundance of apples, a cider-mill, and had an abundance of apples, a cider-mill, and
wasn't it a great pity to have the apples wasn't it a great pity to have the apples
wasted by rotting on the ground 3 And wasn't there an opportunity to sell what cider he had to spare 3 And didn't the income from his sales of cider help him to buy more land
There had been a temperance meeting in the school-liouse "hard by the deacon's" on the previous evening, which the deacon had attended, not so much that he had an interest in that movement, but because the minister that spoke was of his persuasion and
was therefore a guest at his house. The was therefore a guest at his house. The
deacon was interested in the services. Sing-
ing hymns, prayer, and a Gospel sermononly there wasn tany text-secured his at tention and made him think. The theme
was "total abstinence from alcoholic drinks was "total abstinence from alcoho.
the priviege of Christian people."
A privilege! Yes, a great privilege, ba cause neither health, labor, personal no home comfort demanded their use. And what a saving of money, and time, and
health, and life even, was ffected by it. It was eeonomical. That held him.
A privilege ! Yes becoum
to be privilege. . Yes, because it enabled one to be helpful to others in mauy ways, but especially in the development of virtue, morality, and religion-essential el
of a good character and a useful life.
of a good character and a useful life.
It was a help to the young as a safe $\because$ It was a help to the young as a safe ex-
ample.. It would save many a youth from ample. ad woul save many a youth rom
ruin to adopt such a course of life, and make ruin a biessing to the world as well as a servant of God.
It was helpful to those who had fallen victims to appetite, as it taught them a better way and invited them back to virtue. twas a Christ-like vintue to live for others. ian man to occupy than to be for a Chriswhich drunkards leaned for support.
In the same room with the deacon poor old "Jake," besotted and ruined by drink, listening intently to these strange yet
sympathetic utterances. It would be dilf. sympathetic utterauces. It
cult to tell which of the two wondered mosith cult to tell wbich of
at what they heard.
It was urged that even in the ase of cider, so common a beverage with some good mey, there was danger, even ruin. Were ther Was it-not a privilege to arrest their steps and save. thens to humanity and heaven? Was it not a Christian duty as well? The deacon leaned forward to hear every word,
The pledge was offered at the close of the service, but no one took it. It was evident that a number were anxious to do so, but none had the heroism to be singular.
The thinking did not stop, though the dim lights were extinguished in that dingy school-room. Even the quiet old deacon
was not composed when he lad reposed in was not composed when he hitad reposed for
hia arm-clair in the old kitchen, where for so many yare he had kept secluded from so many years he
the outaide wolld.
"Jolñ, do you wat to sign the plesge $7^{\prime}$ he asked of a fourteen-y ear-old or plin that he hid given a place of shelter.
"Id just as lief if you will," promptly After a shiort silence the deacon said
. "Do vou know what it means to sign the pledge, you kno
"It means that I caunot draw any more cider for you," said the boy, ii a kiml and reverent mamner. "Neither will we offer it to others for their use" was the sentence in rouble than the part requiritur personal al) stinence. Had he not been the boy whose duty it was to see that that the cider pitcher Was lept full in the houseand the juif full and retain to him in the wide world ? Had not drink ruined and then killed his unnatural parents, and bequeathed to him a legacy o shawe? Was he not a drunkard's child, without 2 friend in the world outeide of
that family? Could he sigu that pledge that family? Could he sigu that pledge
and be turued out-doors to pillow his head and be turned out-doors to pillow has head tramp for life?
A neighbor called at this moment and interrupted this conversation, but the subject was not changed. "Two misses," he said, had talked the matter over since the imeeting, and with the consent of theies parents, had concluded to sign the pledge ; if the lecturer would let him take the pledge he would take it to them and bring it back io the morning."
Turning to the deacon, he said: "Old Jake says he'll take the pledge if you will."
We will not take the render's time to reWe will not take the reader's time to recount the thoughtful conversation between
this old man and the minister who was his this old man and the minister who was his traysient guest-an earnest, practical dis-
cussion of Christian effort, extendingfar into the night, and followed by prayer fordaivine guidunce and strength.
Morming dawns bright and beaktiful. The autunual frosts have tinged the folinge of the surrounding forests; the chestnot burrs are begiuning to open: the squirrels
are beginning to gather their winter's supply are beginning to gather their winter's supply of food; the chirp of the fall crickets, and the gathering of the birds at their accus. gration to their Southern their annual mi
impress the mind with the necessity of seiz ing upon the
The table has been spread, and the famil have gathered to take their morning inea ere the workmen go out to their harvest fields. The pledge has been returned with it with a bold hand. The deacon adjust his spectacles reand. The deacon adjust for pectaclea, reas over the pledge, call tremulous hand writes his na them, passing both pen and pleage across th theu, passing both pen and pledge across
table to his wife fo: her signature, said
"I do this for others."
For whom should he sign it if not for others? Had he not reached iorescore years?. Could it be possible that in the winter of his life this cup would ruin him with many years of toil, affixed her name with then that of her name the name of the orphon boy to which he aflixed his mark, $\mathbf{X}$. A young man in his cmploy, twenty employ, twenty-one years of age,
au orphan, followed their example.
That was a happy morning to the writer. It was an attestation of the power of truth over a liuman heart when that truth was brought into immediate contact with it.
It was the closing up of one of Saten's strongholds in that community, for the dencon's cider and the deacon's example had been prolific of evil to the bodies and souls of men. It was the inauguration of a new movement in that community; for that young man secured the names of fourteen other young men that he found at an auc tion-sale chat day. Can any human mind measure the results of that twenty-fou bours of service in one of the most unprom sing fields in our happy New England ? Naitonal Temperance Advocate.

AN OED-FASHIONED REVIVAL.
It was about the year 1830 that a young girl, Elizabeth H-, left her home to go o the village of Great Falls, U-S., to work rected there. She had hecome been recently in school, having seen her young firinds who had woiked in the factory cone firems with their fine dresses and gold nectlaces and shell combs and she wouted to no laces from howe and work and procure away things, which seemed so very pleasing to he childish eyes. Her judicious mother urged her to remain, and obtain an education, but he was anxious to cro and ber father, who she was anxious to go, and her father, who
worked in the mill, consented, and came vorked in the mill, consented, and cam ser a place to work. Her mother wept a he parted with her, but she said:
"Well, Elizabeth, you will go, and your father is willing, and I can ouly give you into rod's hands, a:ad pray for you."
She went to the factory, and entered a boarding-house, where there were one humUred aud ten girls, with hardly a Christian among them. They were giddy, wild, and wefore, and heard there whom the lips of women.
Elizabeth was a great reader, and having exhausted her stock of novels and romances, she one night went into the adjacent room, occupied by a Methodist girl, to get somehing to read. The girl loaned her a tract Serious Thoughts on.Eternity." She read through in a lew mimutes, and went to sed. It fastened on her mind, and she got ap again and read it over. There was no sumber for her that night, and from that time for three weeks she could hardly eat or leep. She felt herself the chief of sinners and knew not the way of esuape. She had as a room-mate a backslider, and she once asked her if she would pray with her, if she would kneel down by her side. She reluc tantly promised that she would, but before she reached their room the room-mate vas
in bed, and slie was left to struggle with her in bed, and she was
convictions alone.
Elizabeth was in great distress, and Shought that she must have salvation or die. She waited in agony until ten o'clock, when they came to take the lights away from the roonss, she still sat trembling in her chair, in agony of soul, and at length fell on he knees in the darkness and prayed:

Oh God, if there is a God, eituer take me out of the world. ur give me what the Christian
While
wind on her knees there came to he mind a revelation of the justice of God, and
the depth of herown gu
of whom Ghe was asieft
save her, and sprang tof
ing the Lord for his love an
Her Methodist friend in the next lio.
aroused, and hurried into the room, hus her, and saying:
"I want to wake the whole :world up was the reply.
Her voice rang through the house ; the Her volee rang through the house ; the
girls came crowding in and filled the roon, girls came crowding in and flled the room,
packing ihemselves closely about her, weep, ing with a consciousness of their sins; avd the night was spentin praising the Lord for his mercy, and pointing weary, burdened sinners to "the Lamb of God, that taketh a way the sins of the world."
She went into the mill next day, and it seemed on the way is if she wanted to kiss evely blade of grass that grew, luecause'her God had made it. The day was one of joy and gladness, and rest and peace, nad on returning to her room at might she fourd two or three girls already there, kneeling and crying to God. Others came in and and crying to God. Others came in and filled the room. Night after night they prayed and wept together, until Netween room, without any of them attending a single meeting:

The place liad been terribly hard and cold. It wasanewly $\dot{-}$-uilt village, and the religious strucoled alone. A feeble Methodist Chuıch mal preacher oud suche guidance of a for mal preacher, aud such a thing as a devival built.
Alout this time aministerin New Hampshire, who knew nothing of these circumstances, had an impression upon his mind, You must go to Great Falis.". He sought a prayer to be released from this impression but it continued. He was unwilling to go to attract hin, it was a hard and Godless to attract hin, it was a hard and Godless
field ; and he prayed tho Lord to excuse hin from this service. But all was in vain, he must go to Great Falls and preach the Gospel. Shortly after he atteuded the annospel. Sonforence, when the Bishop assigned the prenchers their'stations for the year. As the Bishop was calling the roll, and anannouncing the appointments, he mentioned George S-_ maming the place to which he was assigned. Iustantly he arose and he wa
"Not so, Bishop, the Lord says I must go o Great Falls this year !'
"What (rud has made known to you I
dare not contradict," said the Bishop ; "Go." And so he wa o came there, a lall, spare, vigorous, ath. etic man, in the prime of life, and, with great power, bore witness to the Gospel of Chist, preaching righteousuess, temperance, and judgnentit to come. His great plainness of speech offended many, but their complaints, made little impresion upon him, and to those who desired him to suften his words and smooth his tous ue, he replied: I was not sent here by the Bishop, but by the Lord, and I shall preach to
the Lord, if I preach to lare walls."
There was little likelihood of his preaching to bare walls. The congregation filled onverts from the boarding-house came to hear and rejoice in the good Word of Life. The house of prayer becane a Buchim-i place of weeping - sobs and cries were heard chroughout the congregation. Scores were couverted. The place was too strait fur the people, and an overthw mecting was held the vestay, which was aiso crowated. The next year two ministers were sentinstead old flaborts wero mutitiplied; and the held ranized grew large, other churches were orhough, and houses of worship erected, and nemories of those wonderful meetings do not fade from those wonderful meetings de ipated in them minds of those who part mortal harvest and much people were added to the Lord.
A few days since we saw Elizabeth, now a grey-haired grandmother, and heard her tell this story of her conversion, and the
reat revival which followed. And we rereat revival which followed. And we renembered a day in the summer of 1879 , when we stood by the dying bed of that preacher, an old man of four-score and three ears, who had lived through a long life of struggle, conflict, and testimony, by no means free from errors and mistakes, but
who hai ever held steadfastly the faith of

## NORTHERN MESSENGER


ho ilifted his eyes to heaven, as the tears
conised down his choeks, and said aloud, O God, I do accept Thy blessed Son as my Saviour. I will sign the 'greement. Thou hast promised to give everlasting life to God!" and turning to me he said "praise I never felt so happy in my life. I shall have good news to tell' my wife to-night." I got him to repeat several texts of Scripture ere I parted from him (as he could not read, , which he learnt, and on leaving
grasped my hand wilh both his, saying grasped my hand wilh both his, saying, God to all eternity for my ride in this trap. Gelieve me, sir, when I put ny foot on the Believe me, sir, when I put nly foot on the
step of your trap I felt as I had never felt step of your trap iselt as inad never relt for cighteen years before. 'That man's a Christian-like my moself, 'That man's a Christian-like ny mo-
ther.' My first step on your trap was my ther. My first step on your trap was my
first step toward heaver, and if we never first step toward heaver, and if we never
meet on earth we shall meet there, sir. meet on earth we shall meet there, sir. And now, sir, 1 ve no fear whenever the
notice to quit comes: to me"-striking his notice to quit comes: to me"-striking his breast-- have a better house,
tain above, for 'tis signed to."
tain above, for
I have never met him since, but I believe I shall meet him in heaven. Ineed scarcely say I returned that day to the "plants and hedges" with a joy somewhat akin to the "joy among the angels," feeling that, though but a simple conversation, God could, and did, use it to his glory. Many such souls are to be found all round us; they are just waiting to be spoken with, and pointed to
Jesus. If the "potters" lut dwell "with the Jesus. If the "potters" Jut dwell "with the
King," will He not give them the right thing to do at the right time? Infinitely better for us to be satisfied to do "the nex thing" God gives us than to be deploring our inability to do the thing He sees fit to appoint to our neighbor.
morial that no lap wat she could is a meand the opportunity of gaining such exce, ward lies within the reach of every one of the King's servants. May the Lord help us to "go and do likewise," for
 If we're filing the place He aisl
Be jes ser vice small orgreat

## Thore'sa wark for mo and a work for you, Something for cach of us now to do.

-W. J. H. Brcaley, in Word and Work.

## PaTCH.

"Here comes Rags and Patch. Holloa, "ag-man, here's a bargain for you," and th scholars just set free from study hours clus tered around a little boy, whose coat wa patch upon patch, and a girl whose thin pink calico diess did not keep out the keen March wind.
Dick andCelia Bennett were the children of a man who had set outin life with braght hopes, and for a time he bravely ran his race, but, oh, his love of drink had dimmed all those hopes, made weak the strong arm, and blurred his noral senses. Now, the sunuy, cosy home was gone ; the father did little but driuk and doze; the mother, by washing, barely kept a shelter over their heads, while Dick and Celia often went hangry as well as rayged.
they Landsome, though? Mabel Rand, don't you want the pattern of thiat hood ?" said Roy Gordon, a boy of twelve. crows to keep the birds away from Pat crows to keep the birds away from Pat
Flynn's cherry trees and raspberry bushes? Let's tell the old man to engage them for the season," said another.
The group of well dressed littie girls should have been pitiful to ward the shy Celia who stood shivering and cowering iu their uidst, but they, sad to sald
tease and torture the children.
"I think they are almost a disgrace to our school. Mother says we ought to be very carefulabout our playmates," snid a haughty little miss.
"Suppose we see what this coat is, or rather was, made of at first," said Roy Gor-
don, and he thrust his fingersinto a reut aud don, and he thrust his fingersinto
coolly tore of one of the patches.
"Oi, please don't do that. Mother sat up late last night to wash and mend Dick's coat," sobbed little Celia

- Hadn't you better inquire where your most honorable daddy is, and what his occupation is at the present tinine ?" sneered Roy Gordon. At this Diek ceased his sobbing, stood up straight, and looked directly at Roy and Mabel.
"Yes, Roy, perhaps I had better go to
your father aud ask him where nine is. If your father aud ask him where nine is. If
he doesn't know ' If sure Mabel can tell he doesn't know $\mathrm{I}^{\prime} \mathrm{m}$ sure Mabel can tell
me. Many nights have Celia and I gone at
midnight to bring him home, for, wretched and poor as he is, our mother loves him yet and sent us to guide him home. We usually go to Mr. Gordon's first. If not there, we always find him at Mr. Rand's.: It isu't always easy for me to love my father, 'cause he drinks so hard and lets mother work so hard, but it is said, 'Woe unto him that putteth the bottle unto his nels 'Whors' lips. ${ }^{\text {' }}$ Celia and I are ragged, I know, but, thank God, our clothes are not bought with blood money. I'd rather go hungry and shabby poor families. My father wasen from Who made him what he is? Mabel Rand and Roy Gordon; I'd rather be Celia and me thay either of you," and Master Dick led his sister toward their poor home.
"Bravo!" cried the crowd that had col lad to lea glad to leave the place. When Dick go on his mother's lan and told his head on his mother's 1 ap and tolit his story Her poor husband was so weak, and temp. tations everywhere. Many homes, once happy and blest, are now as desolate as Celia's and Dick's. Shall we not all try to
spare the feelings of the drunkard's poor, suffering children; make their woes lighter, if we can? -Selected.


## FRUITFUL LABOR.

Not quite a year ago one of the colporeellin of the American Bible Society was of Bugis books in the outskirts of the city the wealthy have their villas, but where the aborer raises vegetables for the market and where some who are unable to pay city rents find shelter in their own huts. Having sold a Bible in one of those humble homes Whic colporteur asked permission to pray to whom such a scene was quite extraordin ary, stood at the door, aud no sooner had he concluded than sha ran home and told what sine had seen. Her father had former ly occupied the postof coustab but the der ly occupied the post of coustable, but the de
feat of his political party in the revolution of 1880 threw him out of employment. Three years of inactivity had reduced him to tlie greatest extremity. All human aid having failed hin, it; -occurred to him on hearing the report of bis little daughter, to seek help of God, and he sent the child
to call the colporteur there. On entering the house, the colporteur was told that he had been sent for to pray, to see if God would not help them out of their difficultics. After prayer and some good counsel, in which he urged the man to pray himself, the colporteur withdrew. The unusual circumstance made a deep impression on his mind, and it was not long before he found his way back. The interest spread, and several of the neighbors bought books. Repcated visits fanned the flames till a prayer-mecting was established, which has resulted in the conversion of eight persons,
some of whom give good evidence of the some of whom give good evidence of the
genuineness of their profession by their genumeness of
change of life.

The man who asked prayers in order that ho might be relieved from temporal dis tress, first found spiritual comfort and after ward temporal aid. For some three months he has filled the post of sub.constable in a rising country town, where he let his light shine on the surroundiug darkness Through him religious meetings have been commenced. On three occasions soine of the Christian workers have been out from the city to assist in this work at his request. Mich. Cluris. Alvocate:

## A WORD IN SEASON, HOW GOOD IT IS,

 by mes. bell v. chisholm"For it is appointed unto ali men once to die, but after death the judgment."
It was buta small thing, this repeating of a single verse among a score of others, but the shy bessy midreth it was a real cross. and only the fear - of den the Hord s side, and only the fear of denying her waste could have given her courage to open her ips in the littie sunday evening prayer meeting. Frightened at her own trembling tones, sheshrauk closer into the dark corner where she sat, aud wished, oh, so fervently, that she had not attempted to speak at all. Had sle not been trying to still the wild beating of her own heart, she would have noticed the startled loos, that came into a pair of dark eyes just opposite her. Ah,
poor little, timid Bessy, could you have
known that it was this very tremor in your voice that fastened the attention of careless Duncan Forbes on the solemn wordis: you uttered; you would not have longed to recall the
Poor, lightihearted Duncan had been fa miliar with the text from childhood, and had it not been for the quivering lips and repented the words to night it would have been unheeded, is were the thirty other verses that had been spoken in his bearing Hymns were sung and fervent praye Hymns were sung, and fervent prayers ascended to heaven, before the meeting closed, difying words "A fter henth, except the terIntying words, "After death, the judgment." In ll still rang in hisears, and when he courted vividly vividy betore him. The morning light brought no sweet pace, neither did the business of the day dispel the gloom that had settled upon his spirits. He read his Bible, and tried to pray, but "wenty-one years of sin and folly passed in solemn review betore him, appalling him with their magnitude, and utterly choking the petitious already formed in his heart.
Almost in despair, he slipper quietly into the prayer-nneeting the next sumday evening, and befrere its close he startled the little prayiug ban by requesting them to interede for him at the throne of crace. He humbly asked for aid and direction. ${ }^{\text {Be }}$ fore the close of that memorable meeting he had found rest to his soul. With the love of Jesus fresh in his hant he persuaded others, his dear companions and friends, to seek the one thing needful. Soun souls were auxiously inquiring the way heavenwards and a precious revival, such as the village of Melville had never conjeyed, ful owed, and in the end, more chan sixty new converts cated their new hife to Bessy Hil reth's faithful performance of duty. "In he morning sow thy seed, and an the even not which shall prosper."-S. S. Times.

Question Corner.-No. 6.
BIBLE QUESTIONS.

This commander was distinguished int several ways. First by his age. He was eighty years old before hisclief battles begain. Next, by his exploits. By a sutccession of these he almost destroyed one nation and or. ganized another. Thirlly, by his weapons. His only visible instrument in achieving, these victories wis a piece of wood. Fourthly, by his mistakes. Before he was asked, he wanted to run; when he was asked he could scarcely be persuaded to move. Lastly, by his disinterestedness. He winlingly gave place to a successor who in one most im cortant respect, was to do more than himself. Give the name of this commander and justify all that is said of him here.
schiptune magma.

1. A village near Jerusalem, often visited y our Saviou
2. The name of a bold and dauntless rophet.
3. That period when Solomon admonishes 11 to remember their Creator
4. The place where a king sought the assstance of 4 witch.
5. The name of a coppersmith mentioned

St. Paul's. Epistle to T'imothy.
6. One of the sons of Nethusclah.
7. An exceedingly strong main mentioned in the OId Testament.
8. The Israclitish ling who besieged Tir-

9. An ancient city of Italy.
10. A young man who was restored to fe by the apostle Paul.
11. The nanie of a cave where David hid himself fromisaul.
12. The king who caused Daniel to be put into a den of lions.
13. One of the numerous articles that Solomon brought from Egypt.
The initials constitute a call to duty.
ANSWERS TO BIBLE QUESTIONS IN No. 4.



scripture emana
Landecea, Achan, Korah, Ell, Olives, Helix den, Egypt-LAAKE of Galilee.
corrict answers received
Correct, aniwars have been realved from
lbert, Jesse Fitench, George Garbut and Lille
abrt jess

## . . (Continued trom Irst pacio.)

been itself a sand bank washed by the water of a river or sea. He examined the cliffs along the shore formed of thin layers of teeming with fossils, as in the leaves of a printed book, he could read the history of its own formation.
Another remarkable trait in the charac ter of this man was his steady refusal to touch anything that would intoxicate. Bad were infinitely worse then. A total abstaine was something extremely rare among the masons, alays Mr. Miller," when a foundation was laid the workmen were treated to drink ; they were treated to drink when the walls were levelled for laying the joists; they were treated to drink when the building was finished; they were treated to drink when an apprentice joined the squad; treated to drink when his 'apron was
washed,' treated to drink when ' his time was out;' and occasionally they learned to treat one another to drink." But one day when he had been thus treated he came home and took up his books as usual ; but something was wrong. "As I opened the pages of a favorite author," he says, "the pages of a favorite author, no longer master the sense........ The conone uf degradation. I had sunk by my own act for the time to a lower level of intelligence than that on which -it was my privi. lege to be placed, and lhough the state could have been no very favorable one for forming a resolution, I, in "that hour, determined that I should uever again sacrifice my capacity of intellectual employment to was enabled to hold my determination:"
For seronteen years he worked as a stone mason doing faithfully whatever he undertook, and in his leisure hours gathering facts and making discoveries which he afterwards gave to the world in "The Old Red Sandstone." His first published work was "Poems Written in the Leisure Hour This procured him considerable notice, but in spite of this he believed hie saw that he could never be a poet, and so turned his attention resolutely to prose. His first prose volume was "Scénes and. Legends in Cromarty," published in 1835." "Some time before this he married Miss Lydia Fraser, "a young lady of great pers
and vare intellectual gifts."
But Mr. Miller was not to remain a stone mason all his life. A branch of the Commercial Bank was established in Cromarty, and the manager knowing his stirling integrity of character offered him the position of accountant. He knew nothing of the work but, yielding to strong urging, he went to the head bank at Edinburgh to learn it, and then took the position. Shortly after this some letters of his on the Scotch Church Controversy brought him into still further proedit the Witness newspaper, the organ of the Free Church party, and in this worik he continued until the day of his death in 1856 . During the following seventeen years of his life in Edinburgh his principal literary work was done. Here along with his work of editing he produced "First impressions of England aud its people," "My schools and schoolmasters," "The Footprints of the Creator," "The Testimony of the rocks," and "The Old Red Saristone." He possessed the warm friendship of many of the leading geologists of the day. Nurchison, Agassiz, Lyell, all bore testimony to the value of his researches in the world of geology, and at the meeting of the British Association in 1840 it was resolved that one of the most remarkable of the fossils which the had disco vered should be named for hina. But these years of unremitting toil and exhausting brain labor began to tell upon his health, and his mind began to give way. He became unable to sleep, strange, horrid faucies filled his brain, fits of delirium came upon him, and in one of these, with a pistol shot, he took his own life; a sad warning to all who may be tempted to put too great a strain upon the powers of either mind or body.
Great as Hugh Miller was in science he was still greater as a man. Honest, earnest, industrious, high-minded, God-fearing, be, by his own unaided efforts; raised himself from humble station to a position of trust and high influence among his fellow men, and Scotland has few sons of whom she has better reason to be proud than "the stone mason of Cromarty."

## SCHOLARS NOTES

 (From International question Book)tudies In the Acts of the Apostles.

LESSON XIII-MARCH 29 infvirw. GOLDEN TEXT But none of these thatngs move me, neither
count 1 my llfe dear unto myself, so that $I$ count I my life dear unto myself, so that I
might finisi my course Wha joy, and the min-
istry, Which I have recelved of the Lord Jesus, Acts $20: 24$.

DAILY READINGS.


## QUESTIONS.

I. Trme.-At what date do the lessons or this extend ? How old was Paul at this time?
How many yoars had the Gospel now been preached?
II, Terr
In. Territory.-In what countries had the principal cities where there were churches? Whi. Persons--Name the leading Chrlstians Who are connected with Pall during this
quarter? With what other persong did hecome in contact?
lV. Missionary Journeys. - How many How lour was he jone on each of them? mand thern out on the map.
V. 'lime Return or The Missionary.--On
Which of the. inree journeys do we nind Paul at the beginnlng of this quarter wowd paul at he been on it?. Whero had he spent most of
hils lime Where do ve find him in our first
lesson? Trace on tise map his journey from Corinth, and glvethe leading dates ?
iime did he arrive at Jerusalem?
Wh. LVeNrs-What took place at Troas? dld he receive at Tyre? What- at Cesareal
What occurred at Jerusalem? what plot was What occurred at Jerusalem? What plot was
lad against Paul? Howdid be escape? Where?
How long and in what clrcumstances was How long
Cesarea?
VIL. Paul's Review of inis Conversion. How many times does Paur relane the story of
his converston? Give a brief account of his life, What lessons can you learn from this
VIII. Paul's Review of ars Ministry.way of preaching the Gospel? Belore whom
 chleersubjects on whilich he preached
the Jews persecute Paul so flercely?



## LE:SON I.-APRIL 5,

paul's voyage.-Acts $27: 1,2,14-20$.

## Commit Verses 22-25.

## GOLDEN TEXT.

I belleve God, that it shall be oven as it was
told me.-Acts $27: 25$.
CENTRAL TRUTH.
God able to support in time of trouble. daily readings.


Sa. $2 \mathrm{Cor} 11: 21-83$.
Su. Lute $8: 22.40$.
INrannuction.-We left Paul, at the end of
Lesson Xil, instquarter, pronounced by Agrip. m 1t, atter a prolonged hearlugito be in Agocent not appeancel to trosires. In view of the appeal, howover, he must be sent to Rome. After at
short inerva (upposed to have beon about three weeks) spentin proparinay for to fon ourney
and in waiting for the ship, Paul, with oher prisoners, began the vosage to italy, under
military buar. This lesson takes tho matler up at this paint.
helps over hard places.

1. Jomus-nothing is certainly known of him nander of a handrad. AUGUUTUS' BAND-
 expecing that at some port it touched they wolld find a vessel going to ltaly. Arrspar-
onus-see cuap. 10: $20 ; 20: 4$ He and Luter
 rom it, ji.e., from cover
GUMOCLYDON- rather,
means an east



cund around the middee of, ETC. cables
bhip to
trengthen it from going to pleces, ToE
sands-"the Sytis"-sandy shools called by coast of Arrica, and much dreaded by tharinerit She wind was blowing inem directly toward it.


 or fine simp -1.0 its apparans or furnture
probaby suoh things as chests, utensils, etc. probably such things as chests, utensils, etc.
2. W MEN NEITHEIE SUN NOR STARS, EFC., the
compass was not then in use; so that Instormy compass Was not then in use; so that In stormy
Weather they could not tell dirrections or know
Where.thoy were. R1. ToNG ABSINENOE- they
were too anxions and continuously occupled to were too anxious and continuously occupled to
eat regular meals (v. B3). AND NOT HAVE

 (chap. $23: 11 ;$ Rom. $1: 15$ ), Qod HATII GrVEN
HEEE; ETc.-in answer to Paul's prayers, all Where io escape the storm. questions.
Introductory,-How did Paul come to be a prisoner at Cesathat Why was he to bos sent to
Rome? Was this. What he desired? (Acts
$23: 11$ Rom. 15 ) 23:11; Rom. 1:15.) What clrcumstances would
tend mo make them treat Paul kind) 9 (Acts
wi: $30-82$ ) 2en: $50-82$ ).
UUBJECT: GOD OUR HELP IN TROUBLE, I. Tur Voyage (vs 1, 2)-Tn what way was him 7 How do wo linow that Luke was one of Inis companions? In whose charge were the
prisoners placed in what ship did they begin prisoners placed fow what ship wauld this take inem? In which direction did they go? Withnace out the
neldents in it.
IL Tife STorm (vs. 14-20),-What harbor had
the ship yow reached ? (v. 8.) What harbor was ship now reached? (v. 8.) What harbor overtook Il? Whang obliged to gite way to the
vind, under the shelter of what island did the ship runt (v. 16.) What three precautions
were tunen tuas were then tangeng (v. 17.) Reasons tor each of
hese 14 whatdirection did they dritit What Was edone nexi. (v. (8.) What dges this show
atoouth the condilion of the ship? What was
done nexty oyerclouied (v. Wh.) Wbat danculy did that
occatlon? What were the ancici pations or
thesion uthe sea?
lill God in tue Stormr (ve. 21-26)-How long
ind storin continue? (v. $27 ; 28: 2$ ) did the storn coutinue? (v. 27 ; 28: 2 ) Whu
now confurted the peope on ine ship? To What iormer advice didhele eref Whyt Who
had appeared to Paul? Was it fin answer to had appeared to Paul? Was is thanswer to
prayert How da faul confess his religion prayel' How did Yaul confess his religion
Dia not Pillil know before this that his ownilfo
would be saved (Acts $23: 1$ ) in what Would be saved7 (Aots 23 : 11 .) In what ways was
Paul a blessing to those on the shing What Gave him his power for gooul How would
gaith in God make them to be or good cheert IV Apphications.- in what respeots is
trouble inke a storm? are we, like mariners, honble hike a storm? Are We, like mariners,
unable to save ourselves? What promises does
cod give us in the storm? What verse God give us in the storm? What verse in, the
lesson tells uns who has ir right to plead these
promises? How will rue fulth in cod give us promisesi How will urue fuith in God
good cheer
PRACTIOAL SUGGESTIONS.
I. God's pla
II. Discomforts and trials bring out the value
lif. One good man is a blensing to many
IV. In every lifo there are storms.
V. But God has help and good cheer for those VI. Faith in God, as a wiso, powerful, loving
father, is the source of camfort

## LAYING DOWN OUR LIVES.

by elizabeth r. allan.
"Isn't it sad about poor Mrs. Brook ?" said a friend to me the other day; "she is growing weaker and weaker, and the doc tors say she cannot live much longer."
"But why should it be sad $? " 1$ answered. "She is a Cluristian, the heir to an inheritance incorruptible, undefiled, and that fadeth not away, why should she not go joy. fully home.'
My friend, though a child of God herself looked at me in surprise, as though I had spoken in an unknown tongue.
And yet-why indeed is it, that so many of us fail to meet death gladly, as "the line of shadow, across which we are to step into ternal sunshine"?
Alas, it is easy to see why we fail of this high privilege. If we neglect the laws of health we are sick, if we break the laws of our country we are punislied, and can we follow at such a distance the laws of Christ, and yet hope for all the blessings of the gospel?
It is no longer necessary to lay down our lives in the arena, fighting with wild beasts, while a cruel world looks on amused, but none the less are we to lay down our lives, our selish ease, our stubborn wills, our ambition, our vanities, for the sake of our families, our neighbors, our country, the Ale
All of us, thank God, know some Chrisble now to say, "I count not my life dear unto myself," and when they are ready to

rathand adoubtleas they.
S. Thantinestandiont

NOTICE TO SUBSCREBERS
UNITED STATES.
Our subscribers throughout the Uniti Post who cannot procure the international Post Office orders at-their Post Office, can get instead a Post office order; payable at Rouse's Point, N. Y., which will prevent much inconvenienco both to ourselves and subscribers.

## CLUB RATES

The Club Rates for the "Messenger,"
when sent to one address, are as follows:-

| 1 copy, | - | - | 30 cents |
| :--- | :--- | :--- | :--- |
| 10 copies | - | - | 250 |
| 25 copies | - | - | - |
| 50 copies - | - | - | - |
| 1150 |  |  |  |
| 100 copies - | - | - | 2200 |
| 1,000 copies - | - | -20000 |  |

John Dougall \& Son,
Publishers, Montreal.

Montreal Daily Witness, $\$ 3.00$ a year, ost-paid. Montreal Weekly Wirness, \$1.00 a year, post-paid. Weekly MessenGER, 00 cents ; 5 copies to one address, $\$ 2.00$.
JoEn Dougall \& Son, Publishers, Montreal JoNN.

Eprs's Cocoa. -Gmateful and Comfort wa.--"By a thorough knowledge of the natural laws which govern the operations of cligestion and nutrition; and by a careful applicaCocoa, Mr. Epps has provided our breakfast tables with a delicately dlavored beverage which may save us many . lieavy doctors bills. It is by the judicious use of such articles of diet that a constitution may be gradunlly built up until strong enough to of subtle maladics are floating around eady to attack wherever there around us poitit. We may escape many a fatal shaft by' keeping ourselves well fortified with pure blood and a properly uourished frame.' - Civil Service Gazette.-Made simply with boiling water or milk. Sold only in jackets labelled -"James Epps \& Co., Homoopathic Chemists London, England."

## 55.OO: HOR 35c, <br> A YOLUIE OF ONIVERSAR HEFELENCE

 A VOLIIE OF ONIVERSAL REFEIRENCE.THE ML \& CO. STANDARD CYCLOREDIA This Oyciopedia is a now and raluable book for roppular
use, compiled tis competent cditors, after consultation of




SPICIAT OFETR.
 one-cont stnmps to rephy postago
forward one cony by return of nail.

CALL PuBLisimixa co., Chiteago, m.
50 Pcrfamed, Ennbossed, Mididen Name, dir.

STEVENS BROS. \& CO., Northforl, Ct.
$\int$ ARDS Nevi nud menuitul Styles for 188s.

Cards at wholesale prices.
NORTHFORD CARD CO.,. Northford, Conn.

## BEST TRUSS EYER USED. (GLASTIC Wま? by mall overywhere Write for fril descriptive circulars ic the <br> NEW YORK ELABTIC TRUSS CONPANY,

SEND 10c for 30 rich( 1885 )Chromos


THE NORTEERN MESSEGGERIS prlated and phb


