## Che Cutholir Rerord. <br> "Chitetlandes mihi nomen eest, Catholicus vero cognomen."-"Christian is mi Name, but Catholio ay Surname."-St. Pacian, 4th Century

VOLUME 8.

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LONDCN, ONTARIO, SATURDAY, JUNE 12, 1886.

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EOIDON, EITURDAY, JONE 12, 18EO WHITSUNTIDE
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coedicated to the Holy Ghoot, the third
poron in the DDity, "the Dora and Com.

the Son, and who, with the Father and
the Son, ine equally adored and glorifed."
The Curech to
The Chureb, to prepare uo for the
doncont of the Holy Ghost, olemnized
and commemorated on Whiteunde the oot apart and appointed for the Gospel to Hio disciplpes : "Wherble saying of Jeasuas Cometh whom I will send you from the
Father, the Spirit of truth, who proceed. oth from the Father, , he shanll give teesti-
mony of me-and you shall give testimony, because you are with me from the
beginniog. Then beginiing. Yesese things have I spoken Thee, the pour pou out of the synagagues




THTECATHOLIC RECOFID.
JUNE 12, 18:

will at once have the force of lam biading
all under the jurisdiction of the Council
to fullest and most exact obedience.

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Bishop of L.ondon.



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## OUR BREAD IN DANGER．

The Alarming Increase in Baking Powder Adulterations．

## Among recent important discoveries by the food analysts

 is that by Prof．Mort，U．S．Government Chemist，of large amounts of lime and alum in the cheap baking powders．It is a startling fact that of over one hundred different brands of baking powder so far analyzed，comprising all those sold in this vicinity，not one，with the single exception of Royal Baking Powder，was found free from both lime and alum．The use of alum is to produce a cheap baking powder．It costs less than two cents a pound，whereas pure cream of tartar costs forty．Its effect upon the system has been ascer tained to be poisonous，and overdoses have been attended with fatal results．Lime is the most useless adulterant yet found in baking powders．It is true that when subjected to heat certain amount of carbonic acid gas is given off，but a quick lime is left，a caustic so powerful that it is used by tanners to eat the hair from hides of animals，and in dissecting rooms to more quickly rot the flesh from the bones of dead subjects．

The effect of lime upon the delicate membranes of the stomach，intestines and kidneys，more particularly of infants and children，and especially when taken into the system day extreme，and is said by physicians to be one of the chie causes of indigestion，dyspepsia，and diseases of the kidneys Chemists have found 12 per cent．，or one－eighth of the weight of some of the baking powders prominently sold in this vicini to be lime．The wickedness of this adulteration is apparent The absolute purity and wholesomeness of the Roy Baking Powder－now affirmed by every chemist and food ther brands－arises from the exclusive use of cream of tarta pecially refnel by patent processes，which remove totally the lime and all other impurities．These facilities are pos partment of Health of Brooklyn，N．Y．，in which city the works of the Royal Baking Powder Company are situated after recent numerous experiments，reports
－I subjected several samples of the Royal Baking Powder， purchased from dealers in Brooklyn，to chemical analysis， and I take pleasure in stating that this powder has attained most remarkeble purity．I am unable to detect the slightest race of lime tartrate in it，while all its constituents are pure and of the highest quality．The＇Royal＇is a baking powder andoubtedy of the greatest leavening power，and perfectly

| wholesome．Dr．O．GROTHE， |  |
| :---: | :---: |
|  | ＂Chemist Department of Health，Broklyn，N．P．＂ |

TER BANK OF LOKDON DIVIDEND NO． 5. Nombevawiewze


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VOLUME 8.
NICHOLAS WILSON \＆CO． 136 Dundan Street， Tailoss and Gents＇Furisishess

FINE AND AEDIUM WOOLLENS A SPECIALTY．
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Ireland to the Sacred Heart．






















