## NEAK AND NERVOUS

A Condition Due to Watery Blood -Easily Corrected Through the U
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Fly-Flit-Flop! Finto your home. Flit spray clears your home in a few minutes of

Kills All Household Insects Fie apray also destroys bed bugs, roaches and ants. It
searches out the cracks and crovies where they hhde and
breed, and destroya insects and their egse your garments. Fit kills moths and their larvae which eat Flit is the reselt of exhaustive research by expert entomol-
ofists and chemists. It is harmless to mankind Flit has re-

STANDARD OIL CO. (NEW JERSEY)

## FLIT <br> Fizse Mosquitoes Moths Ants Bed Bugs <br> low aen u

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Sub offcer-Hero we are, dragged
our hundred miles aeroses the count

 These synthetic producte are wor Invention of Treadmill. The treadmill is sald to be the in-
vention of the Chinese and uused irste Mirrors and picture glasses should
be ceeaned with a pad of tisue paper be cieaned with a pad of tissue paper
sprinkled with methyiated spprit.

## A Big Plan Book 

PILES
edy. Gives instant relliet WWyys sumfer.
send today for 5 d-dy FREE treatment. 97 Dundas St. E. Toronto, Ont Bee Stings


## MINARD'S

 "Kinc of pailis DOCTOR ADVISED OPERATION FOR MRS, PENN Lyditable tompound
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 A Simple Beauty Secret That Every.
Woman Should Know According to the old adage "beauty is only skin deep, but it would be a
transinn thing indece if if idid ont
thave belind it a strong, healthy body $\begin{aligned} & \text { ransient thing indee if it did not } \\ & \text { have bellind ita } \\ & \text { with atrong, healthy boty } \\ & \text { wo the organs functioning }\end{aligned}$
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 tell you that the basis off ogoon health
lies in keeping the system free from
 naturally every day. Unortruuately,
six out of tr them, it is esimated
are risking their good hatith con-











Why Suffer With Itching Rashes




Now For The Potato Bugs!
Be sure and feed them all the Climax Potato Bug Killer they want. While it kills the bugs it is also a fertilizer at the same time.

Remember that our Groceries are always fresh and of the best quality.

PRODUCE WANTED

GEO. LAMBERT


Huron \& Erie Debentures

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erment oficiabs.
$5 \%$ por annum inf pay-

 Play safo withysour suxings | $\substack{\text { nad aname } \\ \text { vestrent. }}$ |
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J. A. Johnston

NOTICE TO CREDITORS In the matter of the Estate of
G. Weber, late of the Village Mildmay, Carpenter, Deceased. NOTICE is hereby given pursuan
to section 56 of the Trustes Act
that all Creditors and others havin claims or demantorss and others havinst the estat
of John $G$. Weber, late of the village of Mildmay, in the County of B Province
ceased.
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quired to
of July


## THE PEOPLES' STORE

## HOMINY FEED

This is a pure corn feed---choice feeed for fattening pigs. Takes the place of wheat and peas. A limited quantity to offer. Regular $\$ 2.15$ per cwt.

Special $\$ 1.90 \mathrm{cwt}$.

## Bring Us Your Produce Highest Prices paid Cash or Trade

Phone 14
WEILER BROS.
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McCormick-Deering Cream Separators no better machine made
Special Selling Drive During the month of June
10 per cent. Reduction Of Regular Selling Price on All Machines
Terms: 6, 12 or 18 mos. without interest
BUY Now :
C. J. KOENIG
Mildmay

 gallons of water, to which should be turers are much relieved at $t$
added one quarter pound of soap to change, which will also have the
each


## Better Value "SALADA" TEA

Economs in ite rich drawing freshness.

| THE RADIO |
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| DETECTIVE |
| BY arthur B. ${ }^{\text {BeEve. }}$ |














## What does Soap Purity Mean to You?

 10 millions of women the carried by every bar of Sun Cleaner clothes Sweet-smelling clothes New-looking clothes Sunlight Soap prolongs the life of
## Sunlight Soap <br> The Largest Selling Laundry Soap in the world



FURS $\mathbb{N}$ BRITISH COLUMBIA
One of the outstanding features of , cifc coast what Prince Edward Island
Canadian progress in the post-war, is on the Atlantic. So great has been period has been the Dominion's assar, is the development there that Prince EdIr production. For many years it was a depot near victoria which is is kept he custom to despatch the greater a well stockear victoria which is kept
the
to it London, New York, St. Louis and At the same time great progress is
other fur centres,
try he having practically
no try having practically no control over interior, and in the domestcoliumbiaa of
the dispositton of its own pelts. In furebearers other than foyes, and al. the disposition of its own pelts. In fur-ebearers other than foyes, and al
1920 triannual fur sales were estab- together there is every indication that
lished at Montreal, which have steadily the Pacific coast province will prove



 heen atracter from the ueighboring muskrat, and beaver, all of which have
Republic. England, France. Germany. several eetahtismenent devoted to
Swelen, Russia and Japan. In the five them which are in a prosperous con-
 Moon.
$\substack{\text { The Star Flower grows } \\ \text { In heavenly rows }}$ In the garden behind the Moon, And the angels at dusk
With delicate hands
Gather them
$\qquad$
Rose, Illy, and musk
Star Hlowers under the Moon.
Caresse Crosby, In "Graven Imas
Fuel From Rubblsh.
Converting rubbish into fuel is
cheapper than throwing fit away, accord-
ing to ing to estimates made recentiy by an
English engineer. His plan ts to an


 | ancouver Establishes Fur Auction. | $\left.\begin{array}{l}\text { matee the cost at } 81.80 \text { per ton, while } \\ \text { mow }\end{array}\right)$ |
| :---: | :---: |
| Nritish Columbla |  | ambit ons in the same direction, and

ocal sales have already been success
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BABY CHICKS
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## NURSES

(2x:
light Soap means:fabrics.



 designs illustrtated in our new Fashho
Book to be practical and simp.e, y
maintaining the spirit of the mode

$\qquad$

be returning until the morning.
When she got back hene said to her
husband: "You managed to find some




## GETTING MOST SERVICE OUT OF ROPE

Some Practical Suggestions For the Farmer. by F. W. DICKERSON.
In securing long life and maximum ${ }^{\text {much twist, and this is the reason }}$ 4on the farh, eveveral th
4atken into consideration.

 that actually
ference in fin
smsll indeed.
Second, the rope must not be chafed
or kinked whil in une, as thoubie.
the two chief waye in whe are damaged. Chafng may be coused ay by produces excessive wear, and against
dampess, which is like.y to produce
dragging across a sharp corner on a
rotting. A rope should not be coiled


 comes on such a bend, some of the long service are proper whipping,
fibres are likely to be ruptured and cor crowning spicing, and knoting, and
the rope will probably fail at this cery place. Kinks are particularly de every farmer and farmer's boy should
structive to wire ropes. Any knot posted on how theoe the thing things are properly done. At least,
somewhat like kink . most successful types. of knots are are it is easy to secure bulletins sivivg the the
those which do not bend the rope too =

## BALANCED MEALS FOR THRESHERS

| Eata |
| :---: | section they advanced farther than app.e batter-pudding. ${ }^{\text {ande-wheat }}$ thead

they realized when they decided that whiss steak, boiled or browned pota-
there would we "no supper for the toes, buttered beets, carrots and peas,

## It has been the ruie for years with- It ut number for the housewife at the

It has been the ruie for years with
out number for the housewife at the
farm wher etreshing was going on
to cook twich a day for the who

or the evening meal. The automobile
aill
Stew (from yer yesterday's beef), addre content to take the , anck the men ing cons; whote-wheat bread, jelly, apple
with a chance to cool off somewhat sauce, hot ginger-bread.
 best of oll, the new custom takes away from day before), buttered beans,
somes of the farm wives' dread of fruishes, whoo-wheat bread, fresh
thresh.ng time. Another thing, farm women are get- $\begin{gathered}\text { Sliced meat loaf with creamed po- } \\ \text { ting together to plan the meals served } \\ \text { tatoes, or creamed eggs with ham and }\end{gathered}$


 the rounds with the threshing ri,y,
would find that dinner invariably con
sisted of roast beef and boiled pota toes. Whatever variety there was,
Was in tho way of desserts and vegg-
tables. After eating at the first house, st every other husus.. The big difiter
ence was that each succeeding hcuse
wifo


Buttonholes
$\qquad$

To work a buttonhoie in heavy wool
material, frot make each ne carefưly
with chalk. Then stitch several rows with chalk. Then stitch severearef rolly
around them, sightly back from the
drawn line. Cut drawn line. Cut the buttonhoies he be
twen these rows of titching and a
firm edge remains to work on. If gimp
 tis to be used (and in most cases it
should be, baste it careunly around
the ho and awo work with heavy twist.
Buttonho we ar Buttonho.es are marked in the same
manner, ony on both sides of the ma-
terial
malter small straight edged strips of material are basted on each side of the
mark. (This is done to the outer thic-
ness only.) After the strips have been mark. (This is done to the outer thick-
ness only.) After the strips have been
h. securil. stithed and the corners well fastene, cut the buttonho.e in the
outer thickness in the shape of a
paral.el ine terminated a. paral.e. ine terminated at eate end
of by a triangi. opening outward. Turn
or in the little triangies thus formed and



Spraying Potatoes for I
Lato Bulght, a disease of potato
foliago, is most destructive, and in


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| ith |
| Mix |



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## A PLEASING COLONAL DESIGN



















 except the kitchen and pantry, which entry and cellar and a third to the kit
are of
canvas.




Care of the Neck.
There are two kinds $\qquad$

additional locals For real valuesfread Sovereiegn's ac Dr. W. H. Huck spent Sunday with
friends at Guelph.
 Helwig Bros. Weekly Store News

## WARM WEATHER GOODS DRESS COOL AND BE COMFORTABLE


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Rayon Dress Fabric, fancy weave. Colors Peach



Boys Cotton Jerseys


Mens Work Shirts









GENEREAL MEVROHENTS L

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