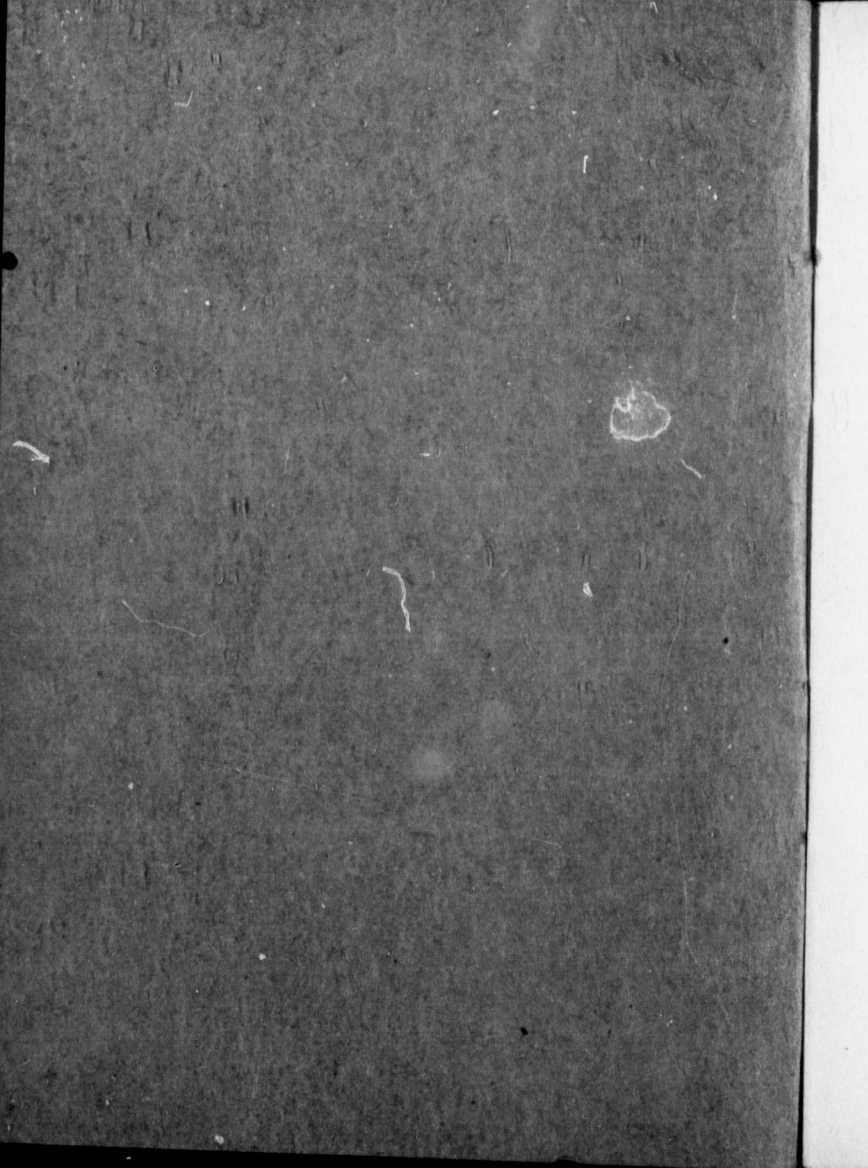


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**NORTH PACIFIC
AMATEUR ATHLETIC
ASSOCIATION**



**CONSTITUTION, BY-LAWS
... AND ...
ATHLETIC RULES**



NORTH PACIFIC Amateur Athletic Association

OFFICERS, 1904

PRESIDENT, . . . CAMPBELL SWEENEY, B. P. A. C.
VICE-PRESIDENT, . . . H. HURDMAN, M. A. A. C.
SEC'Y-TREAS. . . . R. D. MACPHAIL, B. P. A. C.

BOARD OF GOVERNORS

C. SWEENEY D. O'SULLIVAN
C. C. HOLZELL H. C. McDONALD

BROCKTON POINT ATHLETIC CLUB
VANCOUVER, B. C.

MULTNOMAH AMATEUR ATHLETIC CLUB
PORTLAND, ORE.

JAMES BAY AMATEUR ATHLETIC ASSOCIATION
VICTORIA, B. C.

SPOKANE AMATEUR ATHLETIC CLUB
SPOKANE, WASH.

SEATTLE ATHLETIC CLUB
SEATTLE, WASH.

AND AFFILIATED CLUBS

APR 18 '07

NORTH PACIFIC

Amateur Athletic Association

OFFICERS, 1906

President, J. H. HARRIS
Vice-President, H. H. HARRIS
Secretary, H. H. HARRIS
Treasurer, H. H. HARRIS

BOARD OF GOVERNORS

Chairman, H. H. HARRIS
Members, H. H. HARRIS, H. H. HARRIS, H. H. HARRIS

WESTERN FOOT ATHLETIC CLUB

WESTERN AMATEUR ATHLETIC CLUB

PACIFIC AMATEUR ATHLETIC ASSOCIATION

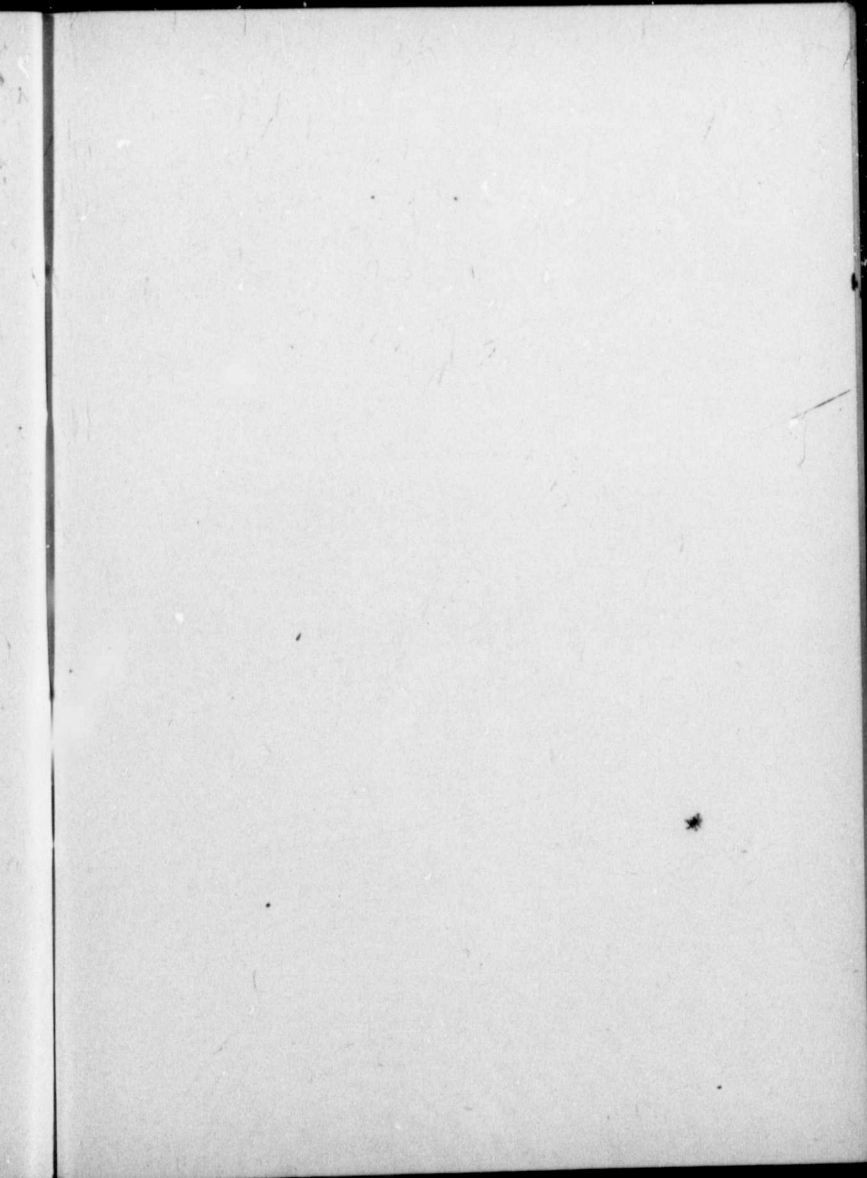
PACIFIC AMATEUR ATHLETIC ASSOCIATION

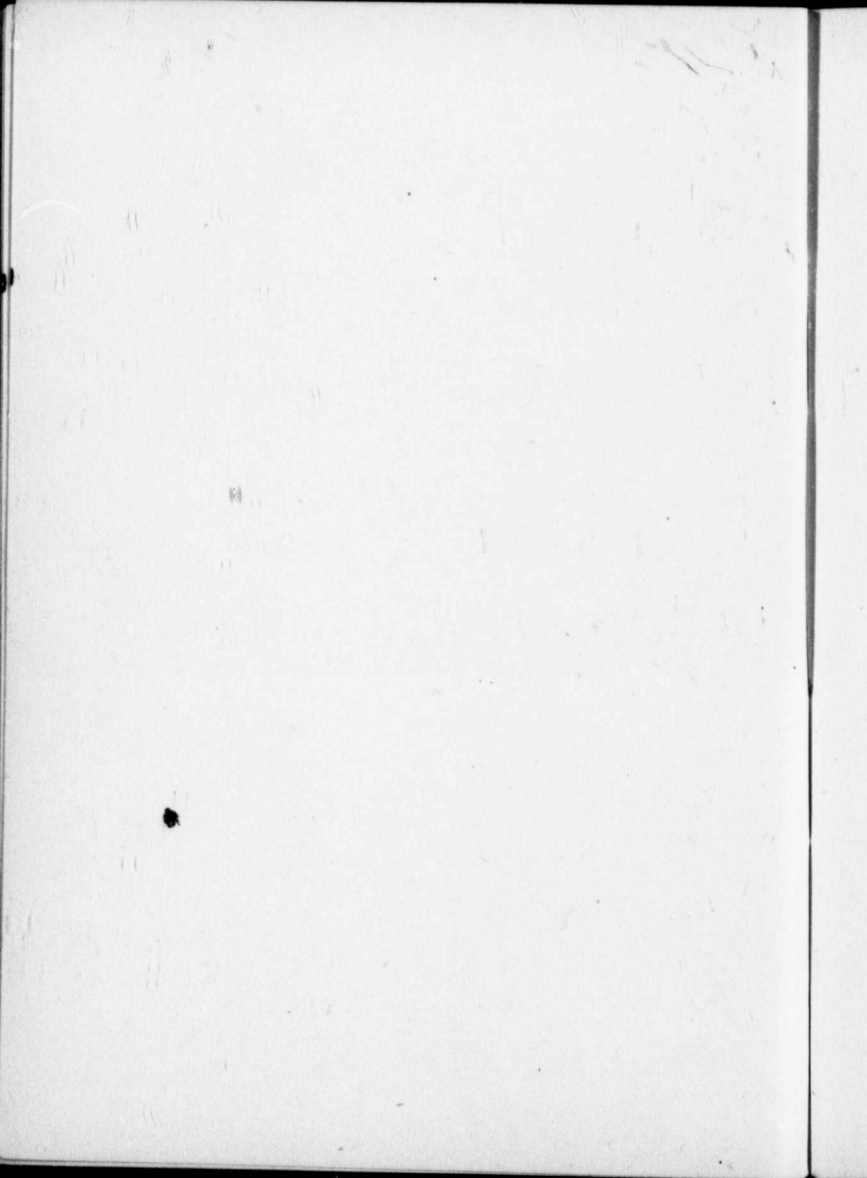
SEATTLE AMATEUR CLUB

SEATTLE AMATEUR CLUB

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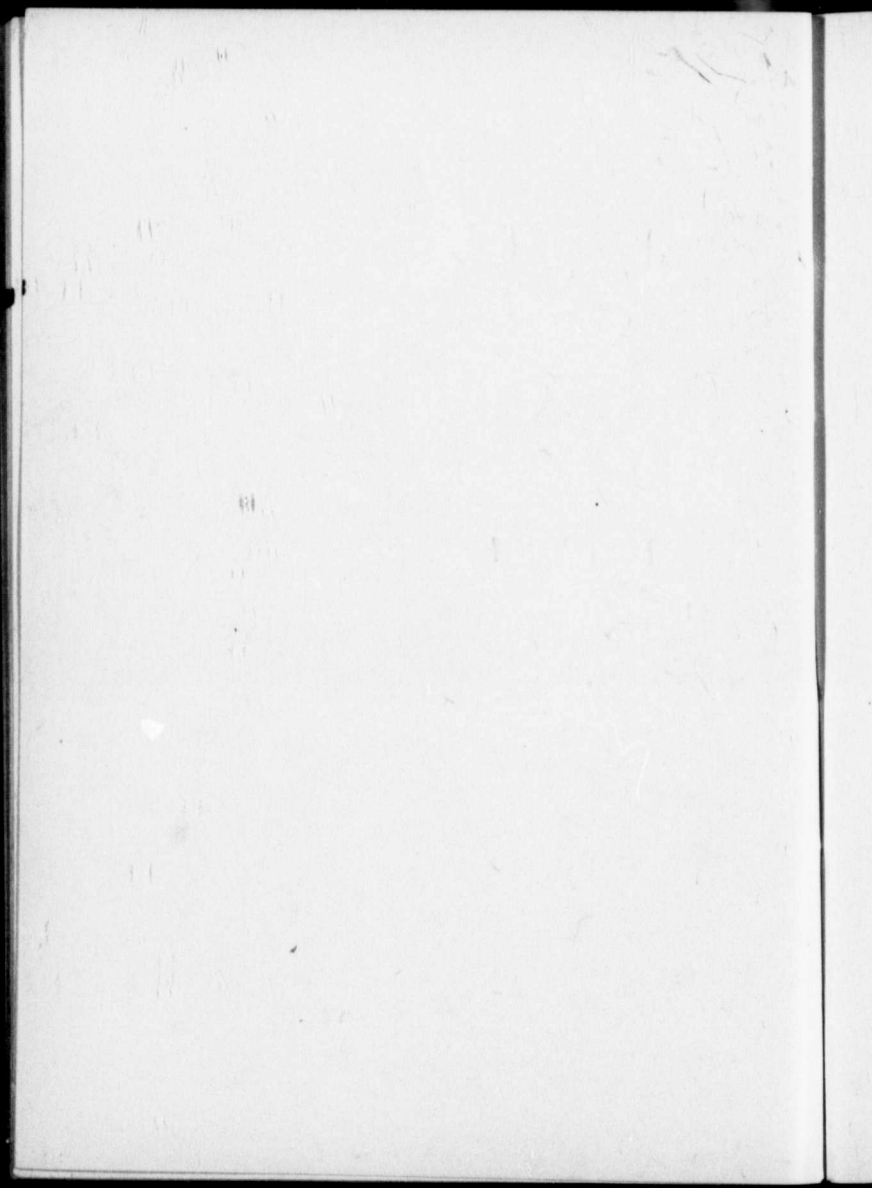




NORTH PACIFIC

AMATEUR ATHLETIC ASSOCIATION

Constitution, By-Laws and
Athletic Rules.



CONSTITUTION

NORTH PACIFIC
AMATEUR ATHLETIC ASSOCIATION

Constitution, By-Laws and
Athletic Rules.

NORTH PACIFIC

AMATEUR ATHLETIC ASSOCIATION

Constitution, By-Laws and
Athletic Rules

CONSTITUTION.

ARTICLE I.

NAME.

The name of this Association shall be the NORTH PACIFIC AMATEUR ATHLETIC ASSOCIATION.

Its motto shall be "PRIMUS INTER PARES" (First among equals)..

ARTICLE II.

OBJECTS.

The objects of this Association shall be the encouragement of systematic physical exercise and the advancement of Amateur Athletics in the Pacific Northwest of the United States and the Province of British Columbia, in Canada.

The establishment and maintenance throughout said territory of a uniform test of amateur standing and uniform rules for the government of all Amateur Athletic Sports within its jurisdiction.

The institution, regulation and awarding of the Amateur Athletic Championships of the Pacific Northwest of the United States and British Columbia, in Canada.

The protection of the mutual interests of its members.

ARTICLE III.

MEMBERSHIP.

This Association shall be composed of the Brockton Point Athletic Club, of Vancouver, B. C.; The Multnomah Amateur Athletic Club, of Portland, Oregon; the Seattle Athletic Club, of Seattle, Washington; the Spokane Amateur Athletic Club, of Spokane, Wash.; the James Bay Amateur Athletic Association, of Victoria, B. C., and such other Clubs as shall be elected as hereinafter provided.

The membership shall consist of—

SECTION 1. (a.) Active Members.—Such Amateur Athletic Associations, Leagues or Unions as have made application and have been admitted to the Association, as hereinafter provided: Subscribed to the By-Laws, Constitution, Rules and Regulations, and paid their dues to the Association.

(b.) Allied Members.—Amateur Athletic Clubs, not members of the Association, Leagues or Unions holding membership in this Association, may become members on payment of the fee of \$5.00, and subscribing to the Constitution, By-Laws, etc., as above pre-

scribed, but such Clubs shall not have representation on the Board of Governors.

SEC. 2. An Association, League or Union to be eligible for active membership in this Association, shall be composed of three or more duly organized Clubs, each devoted to the promotion of some form of amateur sport or exercise; or any duly incorporated Amateur Athletic Association now members of this Association.

ARTICLE IV.

DEFINITION OF AN AMATEUR.

An Amateur is a person who has not competed in any competition for a staked bet, monies, private or public, or gate receipts, or competed with or against a professional for a prize; who has never taught or assisted in the pursuit of any athletic exercise or sport as a means of livelihood; who has never directly or indirectly received any bonus or a payment in lieu of loss of time while playing as a member of any Club, or any money consideration whatever for any services as an Athlete except his actual travelling and hotel expenses; or who has never entered into any competition under a name other than his own, or who has never been guilty of selling or pledging his prizes; or who has not issued or allowed to be issued in his behalf any challenge to com-

pete against any professional, or who is a registered Amateur Athlete.

ARTICLE V.

APPLICATION FOR MEMBERSHIP.

SECTION 1. Any Club desiring to join this Association as an active member shall make written application to the Secretary of this Association, enclosing a membership fee of Twenty-Five Dollars (\$25.00) (to be returned if application is rejected) and give satisfactory evidence of Amateur standing, at least 60 days prior to the Annual Meeting, whereupon the Secretary of this Association shall at once submit such application by letter to the Secretary of each Club then forming the Association, who shall in turn submit it to the ruling power in each Club; they shall, within thirty (30) days after receipt of such letter, advise the Secretary of this Association of the approval or disapproval of such application. If such application is objected to by one-third of the full membership of this Association, such application shall be considered as declined by the Association: Provided if any Club fails to respond within said thirty (30) days, said Club shall be taken as having voted in the affirmative on such application for admission.

SEC. 2. Any Athletic Association, Club, or body of individuals desiring to obtain from

this Association recognition as Amateurs, may do so by applying to the Executive Committee therefor, enclosing a fee of Five Dollars (\$5.00), to be refunded if the application is refused—such application shall be considered by the Executive Committee upon ten days' notice to each of the Clubs then forming the Association, who shall submit it to the ruling power in each Club, and they shall, within twenty (20) days after receipt of such letter, advise the Secretary of the Association of the approval or disapproval of such application. If such application is objected to by one-third of the full membership of this Association, such application shall be considered as declined by the Association: Provided, that if any Club fails to respond within said twenty (20) days, said Club shall be taken as having voted in the affirmative on such application for recognition. The applicant shall produce to the Executive Committee such evidence as it shall require of their Amateur standing.

ARTICLE VI.

JURISDICTION.

This Association recognizes all Athletic Sports, and claims jurisdiction over all Track and Field Athletes, as well as those taking part in the following:—

Basket Ball, Bicycling, Bowling (10 Pins), Boxing, Baseball, Fencing, Football, Handball, Gymnastics, Hockey, Lacrosse, Swimming, Wrestling and Rowing, in the territory before mentioned.

ARTICLE VII.

DISCIPLINE.

SECTION 1. Any violation by any Club of the Rules of this Association, or any conduct prejudicial to the honor or general interests of the Association, shall render such Club liable to suspension by the Executive Committee, and expulsion by a two-thirds vote of the delegates present at the next Annual Convention.

SEC. 2. Athletic Meetings promoted by Companies, incorporated bodies, individuals or associations of individuals, as private speculations, or in conjunction, for the benefit of social or picnic entertainment, are not, unless with the sanction of the Registration Committee of the Association, recognized by this Association, and any Athlete competing at an unsanctioned meeting shall thereby suspend himself from all games held under this Association.

SEC. 3. No suspended person shall be allowed to compete at any meeting held under

the rules of this Association, or any of its active or allied members.

SEC. 4. Any person knowingly competing against one who is disqualified, or under sentence of suspension by this Association, or allied members, shall be held to have suspended himself until the expiration of such sentence, or such period as the Registration Committee of the Association may deem proper.

SEC. 5. No person who, at any time since the organization of this Association, has knowingly become a Professional, shall be reinstated as an Amateur.

SEC. 6. No application for reinstatement to full amateur status shall be entertained unless the applicant shall have abstained from all Professional conduct for two (2) years, and can be acted upon only at a meeting of the Association, or of the Executive Committee. A two-thirds vote shall be necessary for reinstatement.

SEC. 7. Any person receiving compensation for services performed in any capacity in connection with athletic games will be ineligible to represent such Club, under the rules of this Association, until he shall have permanently abandoned such employment.

SEC. 8. No member of any Club, a member of this Association, who shall have been expelled from such Club for unpaid indebtedness,

shall be eligible to compete in any games given by this Association, or by any Club a member of this Association, until such indebtedness is liquidated.

SEC. 9. No person who is a member of a Club which is not a member of this Association, shall be allowed to compete in any meeting as a representative of any such Club, unless such Club shall be recognized by this Association as having Amateur standing.

SEC. 10.—All appeals must be accompanied by a deposit of Twenty Dollars (\$20.00) in the case of an Association, League or Union; Ten Dollars (\$10.) in the case of an Allied Club, and Five Dollars (\$5.00) in the case of an individual, which sum shall be refunded should the Board of Governors reverse the decision of the disqualified member.

ARTICLE VIII.

REPRESENTATION.

SEC. 1.—All meetings, special or otherwise, of this Association shall be composed of the Board of Governors and delegates from members composing the Association.

SEC. 2. Active members composed of three (3) Clubs only shall be entitled to two delegates.

SEC. 3. Active members composed of over three (3) Clubs and under ten (10) Clubs shall be entitled to three (3) delegates.

SEC. 4. Allied or Associate Members shall be entitled to one delegate.

SEC. 5. Members shall be allowed to have one vote for each delegate to which they are entitled. If represented by the full number of delegates, each delegate shall have one vote; but if the full number of delegates is not present, the delegate or delegates representing them shall be allowed to cast the full number of votes to which the member is entitled. Delegates shall represent one organization only at any meeting of this Association.

SEC. 6. No delegate will be eligible to act at the meetings of this Association unless he produces a credential, duly signed by the President and Secretary of his Club.

ARTICLE IX.

DUES.

SEC. 1. The dues of

(a.) Each Active Member shall be Twenty-Five Dollars (\$25.00);

(b.) Each Allied Member shall be Five Dollars (\$5.00) per year.

SEC. 2. No Club, League or Association whose dues remain unpaid shall be entitled to vote at the Annual Meeting.

ARTICLE X.

GOVERNMENT.

SECTION 1. The government and general direction of the affairs of this Association shall be committed to a Board of Governors, composed of one representative from each Active Member, elected by such Active Member, who shall hold office for one year from the date of next Annual Meeting, or until their successors are elected. In case of a vacancy occurring during the term of office of any member of the Board of Governors, such vacancy shall be filled immediately by the Active Member whose representation becomes vacant. After the close of the Annual Meeting the Board of Governors shall meet and elect Officers as provided by the By-Laws.

SEC. 2. Two-thirds of the Board of Governors shall be necessary to form a quorum.

ARTICLE XI.

POWERS AND DUTIES OF BOARD OF GOVERNORS.

The Board of Governors shall, in addition to the powers elsewhere defined in this Constitution, have power

SECTION 1. To prescribe and amend By-Laws and Rules for the government of the Association, not inconsistent with or beyond the scope of this Constitution.

SEC. 2. To impose and enforce penalties for any violation of the Constitution, By-Laws or Rules of this Association.

SEC. 3. By three-quarter vote of the members voting to remove any suspension or to enforce or remit any penalty pertaining to any person or organization.

SEC. 4. To reject any entries to competition (if deemed objectionable) at any meeting, and to delegate this power to a sub-committee.

SEC. 5. By a majority vote to declare vacant the position of any member of the Board of Governors when the member which elected him a representative shall have ceased to be a member of this Association.

SEC. 6. To collect the dues or funds of the Association and expend same.

SEC. 7. To call Regular or Special Meetings and to fix time and place for holding all such meetings of this Association.

SEC. 8. To institute, locate and conduct or delegate authority to hold Amateur Championship Meetings.

SEC. 9. To establish and define rules for the government of Athletic Sports.

SEC. 10. To appoint Committees from its own number and from members of Clubs within this Association.

ARTICLE XII.

MEETINGS.

SECTION 1. The Annual Convention shall be held on the first Saturday of March in each year at a place to be decided upon at each Annual Meeting. Other meetings may be held by order of the President upon request of any two Clubs, of which twenty (20) days' notice, stating the object of the meeting, shall be given to each Club by the Secretary. Such last mentioned meetings shall be held at some place as nearly as possible central to all Clubs forming the Association.

SEC. 2. At all Conventions a majority of all legally enrolled delegates shall constitute a quorum.

SEC. 3. Order of Business:—

1. Roll call.
 2. Reading, correction and adoption of minutes.
 3. Reports of Officers, Committees and communications.
 4. Unfinished business.
 5. Election of Officers.
 6. New business.
 7. Adjournment.
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ARTICLE XIII.**AMENDMENTS.**

No addition, alteration or amendment shall be made to this Constitution, except at the Annual Meeting of this Association, by a two-thirds vote of the members represented. At least thirty (30) days' notice of any such proposed change must be given to the Secretary of the Association in writing, of which at least twenty (20) days' notice shall be given to members of the Association by the Secretary.

ARTICLE XIV.

At Special Meetings the order of business shall be as follows:—

1. Roll call.
2. Reports of Sub-Committees.
3. Unfinished business.
4. New business.
5. Adjournment.

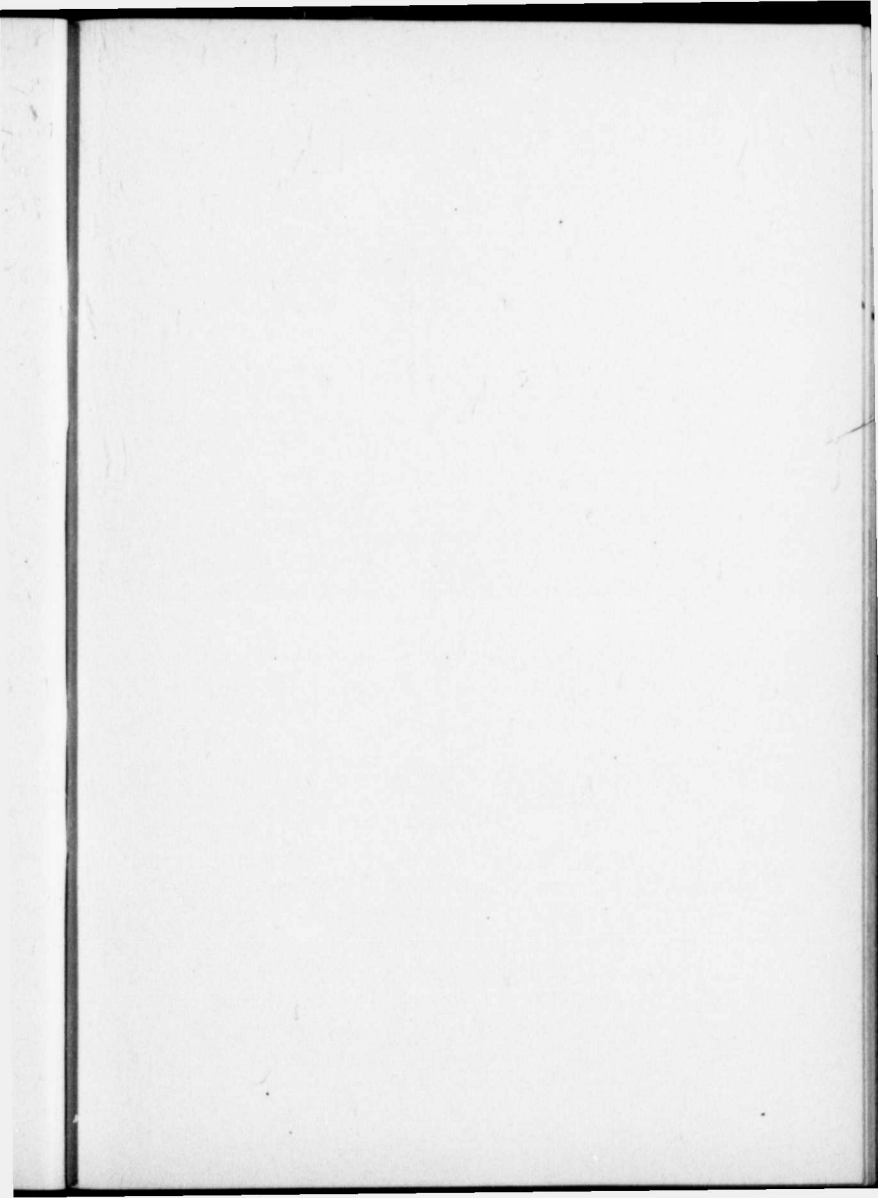
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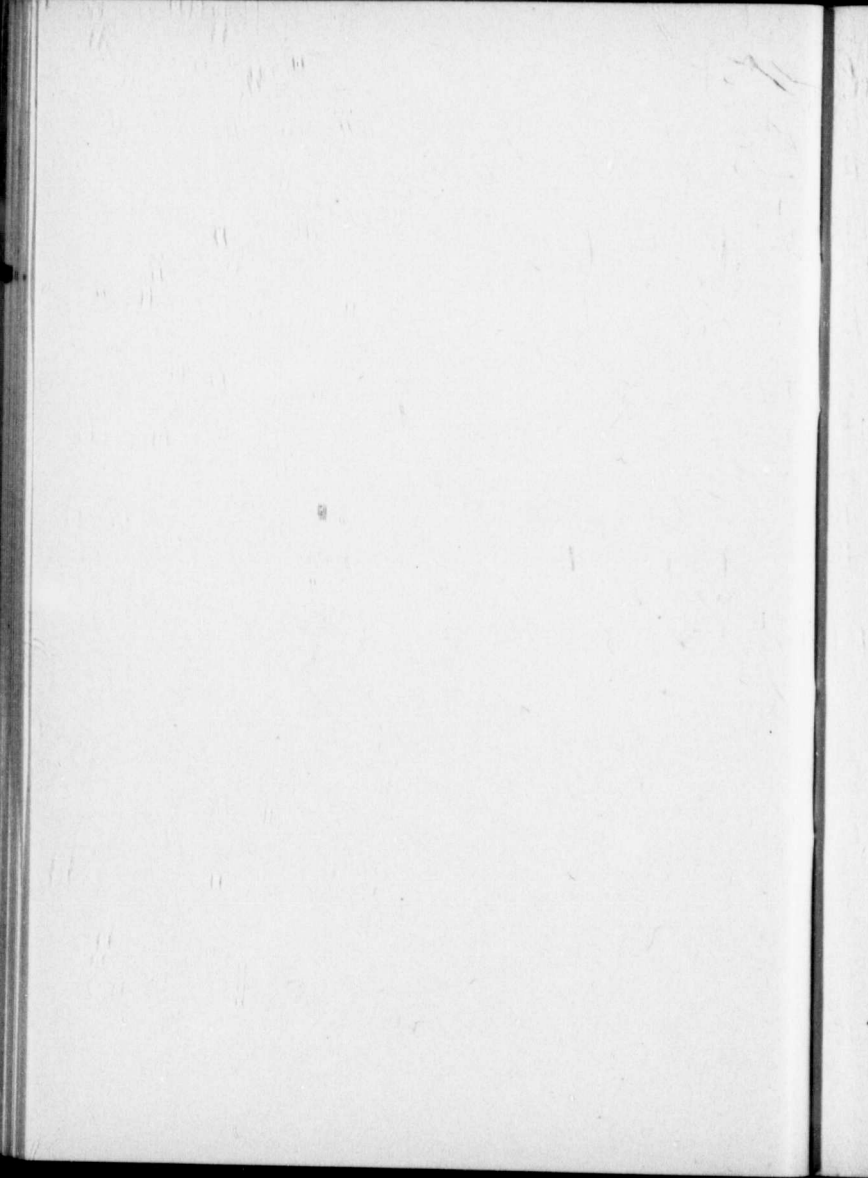
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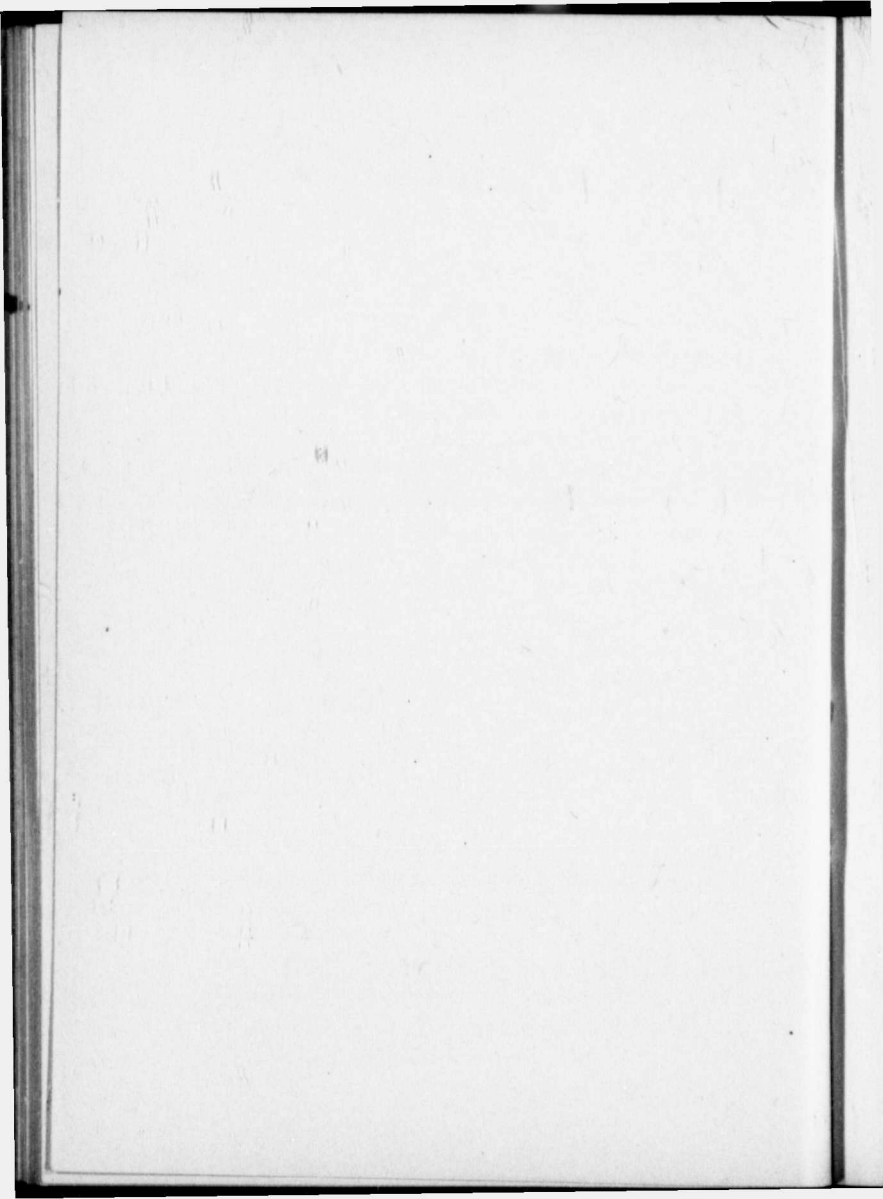
ARTICLE XIX

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BY-LAWS.

ARTICLE I.

OFFICERS.

SECTION 1. The Officers of this Association shall be, a President, Vice-President and a Secretary-Treasurer, who shall be elected by ballot at the Annual Convention, and in all cases a majority vote shall be required to elect.

SEC. 2. The term of office of the Officers and Board of Governors shall begin from date of election and continue for one year thereafter, or until their successors are duly qualified.

SEC. 3. Delegates, upon their election, must forward their credentials to the Secretary of the Association.

ARTICLE II.

REGISTRATION.

SECTION 1. In no meeting, game or entertainment that has been sanctioned as an Open Athletic Meeting shall an Athlete's entry be accepted unless he shall have received a numbered Certificate of Registration, stating that he is an Amateur and eligible to compete in Amateur sports.

SEC. 2. The provisions of this section do not apply to events that are closed, that is, open only to members of the Club giving said games.

SEC. 3. Each Athlete applying for registration and receiving same shall be assigned a number, which number shall be plainly written on his Registration Certificate. Managers of all Open Meetings must leave a space in their entry blanks for recording the name and number of each Registered Athlete who enters.

SEC. 4. The status of a Registration Committee shall be composed of one member from each Active Member of this Association, who shall continue to be a member of said Committee until he resigns from the Club in which he is a member, or until he resigns his position in this Committee, or until the Club of which he is a member shall request his removal and appoint one in his stead to represent said Club.

SEC. 5. In case of a vacancy in this Committee, it shall be filled from the Club in which the vacancy has occurred, at the next meeting of the Board of Directors of such Club.

SEC. 6. Such Committee shall receive, examine and decide upon all applications for registration, shall have power to interpret and construe the definition herein given of an Amateur, after hearing all parties, and may debar any man, and their decision in all cases

shall be final; and such disqualified man shall at once be notified by the Secretary of his debarment, and shall have the right of censorship on the character of prizes offered at Athletic Meetings.

SEC. 7. Such Committee shall have the right, in considering and determining questions that affect the Amateur status of any Athlete, to act upon any kind of evidence, circumstantial or direct, and shall have power to permanently suspend any Athlete who neglects or refuses, within thirty (30) days, to answer questions touching his Amateur status, to the satisfaction of the Committee.

SEC. 8. Such Committee can require an itemized statement of expenses, with receipts and vouchers, from any Registered Athlete or from any organization holding an Athletic Meeting under the rules of this Association.

SEC. 9. All applications for registration must be accompanied by a fee of Twenty-Five Cents (25c.) and endorsed by the Secretary or other proper official of the Club of which said applicant is a member, and approved by a member of the Registration Committee within whose jurisdiction said Club is located. Should the applicant for registration not be a member of an Athletic Club, he must procure the endorsement of three reputable citizens of the locality in which he resides, and the approval

of the member of the Registration Committee within whose jurisdiction he resides.

SEC. 10. Every Athlete, when he registers, shall state his residence and what Club he wishes to represent, and he shall not be allowed to change the Club during the term of his registration, without the consent of this Committee; and when any Registered Athlete changes his residence from one district to another, he shall notify this Committee of the district wherein he is registered, and this Committee shall issue a transfer to the district in which such Athlete intends to reside.

SEC. 11. All registration shall be in force for one year from date of registration.

SEC. 12. Upon filing of any petition by any Club, a member of this Association, asking for the removal of any member of this Committee, stating the reason therefor, the Secretary shall immediately transmit the said member a copy of said petition, with a notification that the petition will be considered by the Executive Committee.

SEC. 13. In case said member does not appear before said Executive Committee, or reply to the charges, or assign a sufficient reason for not doing so, the Committee shall have full power to proceed the same as if he were present.

ARTICLE III.

DUTIES OF OFFICERS.

SECTION 1. The President shall preside at all meetings of the Association and of the Board of Governors, and order meetings of the Board of Governors whenever, in his judgment, he may deem it necessary, or upon request of not less than three members thereof.

SEC. 2. The Vice-President, in his order, shall, during the absence of the President, perform his duties.

SEC. 3. The Secretary-Treasurer shall keep the Minutes of each meeting of the Association or Board of Governors; shall conduct all official correspondence and issue notices of all meetings, and have charge of and be responsible for all books and papers. He shall also keep a record of the performances made at different Championship Meetings, also a list of "North Pacific Records," as may be established from time to time at bona fide Amateur Athletic Meetings, provided same have been carried out as required by the By-Laws of this Association; he shall also keep a register of disqualifications and reinstatements, and advise the various Clubs as to decisions of the Board of Governors.

He shall collect all moneys and pay all bills when properly approved, and submit a report

to the Board of Governors whenever called upon to do so. All bills shall be presented to the President, or in his absence the Vice-President, who, after approving of same, shall affix his signature, which shall be the Secretary-Treasurer's authority for paying same.

SEC. 4. All cheques issued by the Secretary-Treasurer shall be countersigned by the President, or in his absence the Vice-President.

ARTICLE IV.

CHAMPIONSHIPS.

A Field and Track Championship Meeting shall be held annually at such place as may be determined at the Annual Convention.

ARTICLE V.

SECTION 1. The Championship Games shall include the following track and field events, and such others as may from time to time be added by the Board of Governors:—

Running 100 yards.

Running 220 yards.

Running one-quarter mile.

Running one-half mile.

Running one mile.

Hurdle Racing—120 yards, 10 hurdles.

Hurdle Racing—220 yards, 10 hurdles.

Throwing the Discus.

Running High Jump.

Running Broad Jump.

Pole Vaulting.

Putting the 16-lb. Shot.

Throwing the 16-lb. Hammer.

Throwing the 56-lb. Weight.

SEC. 2. The Board of Governors may, if they see fit, grant the privilege to any Club in good standing in the Association to give such Championship event or events as may be omitted from this programme.

SEC. 3. As a guarantee of good faith, any Club making application for the holding of Championships shall deposit the sum of Twenty-Five Dollars (\$25.00) with the Secretary-Treasurer, which sum shall be returned if Championships are carried out.

ARTICLE VI.

SECTION 1. No prize shall be given by any individual, Club, Committee or Association, or competed for or accepted by any Athlete, except suitably inscribed wreaths, diplomas, banners, badges, medals, or ornamental jewelry or silverware, unless authorized by the Registration Committee, and such prizes shall not

exceed the cost of \$35.00 for first, \$25.00 for second, and \$10.00 for third prize, unless by special permission challenge trophies or other similar prizes are authorized by the Registration Committee, and a record kept of such authorization. Suitable team and individual prizes may be awarded for team competition in a single specialty.

SEC. 2. No more than three prizes in all shall be given in any event or competition, except in running or walking races of five miles or over—and in swimming races of one mile or over—(counting the team prize allowed as above, as one prize) unless by special authority of the Registration Committee.

ARTICLE VII.

SANCTIONS.

SECTION 1. The member to whom permission is granted to hold the Annual Championships shall assume all liabilities of the Meeting and shall pay to the Association five per centum of the net profits.

SEC. 2. The Secretary-Treasurer shall have power to issue a sanction to any person or persons, Club or Union, or Association, or Organization, to hold Athletic events at or during any picnic, games or gathering, such events to be run according to the Rules and By-Laws of

this Association; the fee for such sanction shall be 50 cents for each event on the programme run under the rules of this Association.



The following is a list of the names of the persons who have been appointed to the various committees of the Board of Directors of the Corporation.

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ATHLETIC RULES
OF THE
**North Pacific Amateur Athletic
Association.**

RULE I.

SECTION 1. All Amateur games shall be under the direction of—

A GAMES COMMITTEE—

- One Referee
- Three Judges at finish.
- Three or more Field Judges.
- Three or more Timekeepers.
- One Starter
- One Clerk of Course
- One Scorer
- One Marshall.

SEC. 2. If deemed necessary, assistants may be provided for the Clerk of the Course, the Scorer and the Marshall, and an Official Announcer may be appointed.

RULE II.

THE GAMES COMMITTEE

In all Championship Meets shall be appointed by the Championship Committee.

The Games Committee at any Club Meet shall be composed of members of the Club holding the Meet. This Committee shall have jurisdiction over all matters not assigned by these Rules to the Referee or other Games Officials.

RULE III.

THE REFEREE

Shall decide all questions relating to the actual conduct of the Meet, whose final settlement is not otherwise covered by these Rules.

He alone shall have the power to change the order of events as laid down in the official programme, and to add to or alter the announced arrangement of heats in any event. A Referee has no authority, after heats have been duly drawn and published in a programme, to transfer a contestant from one heat to another.

When in any but the final heat of a race, a claim of foul or interference is made, he shall have the power to disqualify the competitor who was at fault, if he considers the foul

intentional or due to culpable carelessness, and shall also have power to allow the hindered competitor to start in the next round of heats, just as if he had been placed in his trial.

When in a final heat a claim of foul or interference is made, he shall have the power to disqualify the competitor who was at fault, if he considers the foul intentional or due to culpable carelessness, and he shall also have the power to order a new race between such of the competitors as he thinks entitled to such a privilege.

If, during any Athletic Contest under the Rules of this Association, a competitor shall conduct himself in a manner unbecoming a gentleman, or offensive to the officials, spectators or competitors, the Referee shall have the power to disqualify him from further competition at the Meet, and if he thinks the offence worthy of additional punishment, shall promptly make a detailed statement of the facts to the Registration Committee.

RULE IV.

JUDGES AT FINISH

Shall determine the order of finishing of contestants and shall arrange among themselves as to noting the winner, second, third, fourth, etc., as the case may require.

Their decision in this respect shall be without appeal, and in case of disagreement, a majority shall govern.

RULE V.

FIELD JUDGES

Shall make an accurate measurement, and keep a tally of all competitors in the high and broad jumps, the pole vault and the weight competitions. They shall act as Judges of these events, and their decisions, as to facts, shall likewise be without appeal. In case of disagreement a majority shall govern.

RULE VI.

THE TIMEKEEPERS

Shall be three in number; they shall individually time all events where time is required, and determine among themselves and announce the official time of each heat or race. Should two or three watches mark the same time and the third disagree, the time marked by the two watches shall be accepted; should all three disagree, the time marked by the intermediate watch shall be accepted.

If, for any reason, only two watches record the time of an event and they fail to agree, the longest time of the two shall be accepted.

For a Record, three watches *must* be held

on an event, or measured by at least three Field Judges.

The flash of the pistol shall denote the actual time of starting.

RULE VII.

THE STARTER

Shall have sole jurisdiction over the competitors after the Clerk of the Course has properly placed them in their positions for the start.

The method of starting shall be by pistol report, except that in time handicap races the word "go" shall be used.

An actual start shall not be effected until the pistol has been purposely discharged, after the competitors have been warned to get ready. In case the pistol accidentally goes off, the competitors shall be called back by the Starter by pistol fire. When any part of the person of a competitor shall touch the ground in front of his mark before the starting signal is given, it shall be considered a false start.

Penalties for false starting shall be inflicted by the Starter as follows:—

In all races up to and including 125 yards, the contestant shall be sent back one yard for the first, and another yard for the second attempt; in races over 125 yards and up to 300

yards, two yards for the first, and two more for the second attempt; in races over 300 yards and including 600 yards, three yards for the first, and three more for the second attempt; in races over 600 yards and including 1,000 yards, four yards for the first, and four more for the second attempt; in races over 1,000 yards and including one mile, five yards for the first, and five more for the second attempt; in all races over one mile, ten yards for the first, and ten more for the second attempt; in all cases, three false starts shall disqualify a contestant from that event.

The Starter shall also rule out of that event any competitor who attempts to advance himself from his mark, as prescribed in the official programme, after the Starter has given the warning "*get ready.*"

RULE VIII.

THE CLERK OF THE COURSE

Shall be provided with the names and the numbers of all entered competitors, and he shall notify them to appear at the starting line before the start in each event in which they are entered.

In case of handicap events from marks, he shall place each competitor behind his proper mark; shall immediately notify the Starter

should any competitor attempt to advance himself after the Starter has warned them to "get ready"; and in time allowance handicaps, shall furnish the Starter with the number and time allowance of each actual competitor. He shall control his assistants and assign to them such duties as he may deem proper.

RULE IX.

THE SCORER

Shall record the order in which each competitor finishes his event, together with the time furnished him by the Timekeepers. He shall keep a tally of the laps made by each competitor in races covering more than one lap, and shall announce by means of a bell or otherwise, when the leading man enters the last lap. He shall control his assistants and assign to them such duties as he may deem proper.

RULE X.

THE ANNOUNCER

Shall receive from the Scorer and Field Judges the result of each event and announce the same by voice or bulletin board.

RULE XI.

Trainers and handlers shall not be allowed within the centre field or inner circle, or on

the track immediately prior to or during competitions at Championship Meets, except at distance races exceeding one mile, or at the start of bicycle races.

RULE XII.

COMPETITORS

Shall report to the Clerk of the Course immediately upon their arrival at the place of meeting, and shall be provided by that official with their proper numbers, which must be worn conspicuously by the competitors, when competing, and without which they shall not be allowed to start.

Each competitor shall inform himself of the time of starting, and shall be promptly at the starting point of each competition in which he is entered, and there report to the Clerk of the Course.

Under no condition shall any attendants be allowed to accompany competitors at the start or during any competition, except in match races, when special arrangements may be made.

RULE XIII.

PROTESTS

Against any entered competitor may be made verbally or in writing to the Games Com-

mittee or any member thereof before the Meeting, or to the Referee during the Meet. If possible the Referee or Committee shall decide the protest at once. If the nature of the protest or the necessity of obtaining testimony prevents an immediate decision, the competitor shall be allowed to compete under protest, and the protest shall be decided by the Games Committee within one week, unless its subject be the Amateur standing of the competitor, in which case the Games Committee must report such protest within forty-eight hours to the member of the Registration Committee in whose territory the games are being held.

RULE XIV.

TRACK MEASUREMENT

All distances run shall be measured upon a line 18 inches outward from the inner edge of the track, except that in races on straightaway tracks the distance shall be measured in a direct line from the starting mark to the finishing line.

RULE XV.

THE COURSE

Each competitor shall keep in his respective position from start to finish in all races on straightaway tracks, and in all races on tracks

with one or more turns he shall not cross to the inner edge of the track except when he is at least six feet in advance of his nearest competitor. After turning the last corner into the straight in any race, each competitor must keep a straight course to the finish line, and not cross, either to the outside or the inside, in front of any of his opponents.

The Referee shall disqualify from that event any competitor who wilfully pushes against, impedes, crosses the course of, or in any way interferes with another competitor.

The Referee shall disqualify from further participation in the games any contestant competing to lose, to coach, or to in any way impede the chances of another competitor, either in a trial or final contest.

RULE XVI.

THE FINISH

The finish of the course shall be represented by a line between two finishing posts, drawn across and at right angles to the sides of the track, and four feet above which line shall be placed a tape attached to either end of the finishing posts. A finish shall be counted when any part of the winner's body, except his hands or arms, shall reach the finish line. The order of finishing for second and third places, and so on, shall be decided in the same manner.

RULE XVII.

HURDLES.

Different heights, distances and number of hurdles may be selected for hurdle races.

In the 120 yards hurdle race, ten hurdles shall be used, each hurdle to be three feet six inches high. They shall be placed ten yards apart, with the first hurdle fifteen yards distant from the starting point, and the last hurdle fifteen yards before the finishing line.

In the 220 yards hurdle race, ten hurdles shall be used, each hurdle to be two feet six inches high. They shall be placed twenty yards apart, with the first hurdle twenty yards distant from the starting mark, and the last hurdle twenty yards before the finishing line.

In hurdle races of other distances, and with different numbers of hurdles, the hurdles shall be placed at equal intervals, with the same space between the first hurdle and the starting point, and the last hurdle and the finishing line, as between each of the hurdles.

In making a record it shall be necessary for the competitor to jump over every hurdle in its proper position.

In all Championship hurdle races of the Amateur Athletic Union, or any of its Associations, up to and including 300 yards, each competitor shall have separate hurdles and a

separate course marked out and measured independently, whether races are run straightaway or with turns.

RULE XVIII.

TIES.

In all contests whose results are determined by measurement of height or distance, ties shall be decided as follows :

In handicap contests the award shall be given to the competitor who received the least allowance. In case of a tie between two or more competitors who received the same allowance, the decision shall be made as in scratch contests.

In case of a tie in a scratch contest at high jumping, the tying competitors shall have three additional trials at the height last tried, and if still undecided, the bar shall be lowered to the height next below, and three trials taken at that height. If no one clears it, the bar shall be lowered again and again until one of the competitors clears it. In case of a second tie, the award shall be given to the competitor who cleared the bar with the least number of trials.

In case of a tie in the pole vault, the Officials shall raise or lower the bar at their discretion,

and those competitors who have tied shall be allowed one trial at each height.

In handicaps, where a tie occurs, the scratch man, or man with the smallest allowance, shall be given the place.

In case of a tie in a scratch contest at any game decided by distance, each of the tying competitors shall have three additional trials, and the award shall be made in accordance with the distances cleared in these additional trials. In case of a second tie, three more trials shall be allowed, and so on, until a decision is reached. In case of a dead heat in any track events, the competitors shall not be allowed to divide the prize or points, or to toss for them, but must compete again at a time and place appointed by the Referee.

ORDER OF COMPETITION IN FIELD EVENTS.

In all scratch events the competitors shall take their trials in the order of their names as printed in the programme.

In all handicap events the competitor having the greatest allowance shall make the first trial, and so on, in regular order, up to the competitor at scratch or with the least allowance, who shall have the last trial.

RULE XIX.

JUMPING.

SECTION 1. A fair jump shall be one that is made without the assistance of weights, diving, somersaults or handsprings of any kind.

THE RUNNING HIGH JUMP.

SEC. 2. The Field Judges shall decide the height at which the jump shall commence, and shall regulate the succeeding elevations.

Each competitor shall be allowed three trial jumps at each height, and if on the third trial he shall fail, he shall be declared out of the competition.

At each successive height, each competitor shall take one trial in his proper turn; then those failing, if any, shall have their second trial jump in a like order, after which those having failed twice shall make their third trial jump.

The jump shall be made over a bar resting on pins, projecting not more than three inches from the uprights, and when this bar is removed from its place it shall be counted as a trial jump.

Running under the bar in making an attempt to jump shall be counted as a "balk," and three successive "balks" shall be counted as a trial jump.

The distance of the run before the jump shall be unlimited.

A competitor may decline to jump at any height in his turn, and, by so doing, forfeits his right to again jump at the height declined.

THE STANDING HIGH JUMP.

SEC. 3. The feet of the competitor may be placed in any position, but shall leave the ground only once in making an attempt to jump. When the feet are lifted from the ground twice, or two springs are made in making the attempt, it shall count as a trial jump without result. A competitor may rock forward and back, lifting heels and toes alternately from the ground, but may not lift either foot clear from the ground or slide it along the ground in any direction.

With this exception, the rules governing the Running High Jump shall also govern the Standing High Jump.

THE RUNNING BROAD JUMP.

SEC. 4. When jumped on earth, a joist five inches wide shall be sunk flush with it. The outer edge of this joist shall be called the scratch line, and the measurement of all jumps shall be made from it at right angles to the nearest break in the ground made by any part of the person of the competitor.

In front of the scratch line the ground shall be removed to the depth of three and the width of twelve inches outward.

A foul jump shall be one where the competitor in jumping off the scratch line makes a mark on the ground immediately in front of it, or runs over the line without jumping, and shall count as a trial jump without result.

Each competitor shall have three trial jumps, and the best three shall each have three more trial jumps.

The competition shall be decided by the best of all the trial jumps of the competitors.

The distance of the run before the scratch line shall be unlimited.

THE POLE VAULT.

SEC. 5. The height of the bar at starting and at each successive elevation shall be determined by the Officials.

Three tries allowed at each height. Each competitor shall make an attempt in the order in which his name appears on the programme, then those who have failed shall have a second trial in regular order, and those failing on this trial shall take their final trial.

Displacing the bar counts as a try.

A line shall be drawn fifteen feet in front of the bar and parallel with it; crossing this line

in an attempt shall be a balk. Two balks constitute a try.

Leaving the ground in an attempt shall constitute a try.

A competitor may omit his trials at any height, but if he fail at the next height, he shall not be allowed to go back and try the height he omitted.

The poles shall have no assisting devices, except that they may be wound or wrapped with any substance for the purpose of affording a firmer grasp, and may have one spike at the lower end. No competitor shall, during his vault, raise the hand which was uppermost when he left the ground to a higher point on the pole, nor shall he raise the hand which was undermost when he left the ground to any point on the pole above the other hand.

Poles may be furnished by the Club giving the games, but contestants may use their private poles if they so desire, and no contestant shall be allowed to use any of these private poles except by the consent of their owners. The poles shall be unlimited as to size and weight.

Any competitor shall be allowed to dig a hole not more than one foot in diameter at the take-off, in which to plant his pole.

In case of a tie the officials shall raise or lower the bar at their discretion, and those

competitors who have tied shall be allowed one trial at each height.

In handicaps where a tie occurs, the scratch man, or man with the smallest allowance, shall be given the place.

The rule governing the Running Broad Jump shall also govern the Pole Vault for distance, except that when the man leaves the ground in an attempt, it shall be counted a trial.

THE STANDING BROAD JUMP.

SEC. 6. The feet of the competitor may be placed in any position, but shall leave the ground only once in making an attempt to jump. When the feet are lifted from the ground twice, or two springs are made in making the attempt, it shall count as a trial jump without result. A competitor may rock forward and back, lifting heels and toes alternately from the ground, but may not lift either foot clear of the ground, or slide it along the ground in any direction.

In all other respects the rule governing the Running Broad Jump shall also govern the Standing Broad Jump.

THE THREE STANDING BROAD JUMPS.

SEC. 7. The feet of the competitor shall leave the ground only once in making an attempt for each of the three jumps, and no

stoppage between jumps shall be allowed. In all other respects the rules governing the Standing Broad Jump shall also govern the Three Standing Broad Jumps.

RUNNING HOP, STEP AND JUMP.

SEC. 8. The competitor shall first land upon the same foot with which he shall have taken off. The reverse foot shall be used for the second landing, and both feet shall be used for the third landing.

In all other respects the rules governing the Running Broad Jump shall also govern the Running Hop, Step and Jump.

RULE XX.

THE SHOT.

The shot shall be a metal sphere with a covering of any material, and the combined weight for Championship contests shall be 16 pounds. It is optional with the Games Committee of Handicap Meetings to offer competitions of shots weighing from 12 pounds upwards.

The shot shall be "put" with one hand, and in making the attempt it shall be above and not behind the shoulder.

All puts shall be made from a circle seven feet in diameter. The circle to be a metal or

wooden ring, painted or whitewashed, and sunk almost flush with the ground, and it shall be divided into two halves by a line drawn through the centre. In the middle of the circumference of the front half shall be placed a stop-board four feet long, four inches high, and firmly fastened to the ground. In making his puts the feet of the competitor may rest against, but not on top of the board.

A fair put shall be one in which no part of the person of the competitor touches the top of the stop-board, the circle, or the ground outside the circle, and the competitor leaves the circle by its rear half, which shall be the half directly opposite the stop-board. A put shall be foul if any part of the person of the competitor touch the ground outside the front half of the circle before the put is measured.

The measurement of each put shall be from the nearest mark made by the fall of the shot to the circumference of the circle on a line from the mark made by the shot to the centre of the circle.

Foul puts and letting go the shot in making an attempt shall be counted as trial without result.

A board similar to the one in front may be used at the back of the circle.

The order of competing and number of trials shall be the same as for the Running Broad

Jump. Shots shall be furnished by the Games Committee. Any contestant may use his private shot, if correct in weight and shape, in which case the other contestants must also be allowed to use it if they wish.

RULE XXI.

THROWING THE 56-LB. WEIGHT.

SECTION 1. The weight shall be a metal sphere, with handle of any shape and material. Their combined weights shall be at least fifty-six pounds, and their combined height shall not be more than sixteen inches.

All throws shall be made from a circle seven feet in diameter.

The circle to be a metal or wooden ring, painted or whitewashed, and sunk almost flush with the ground.

In making his throws the competitor may assume any position he chooses, and use one or both hands.

Foul throws and letting go the weight in an attempt shall count as trial throws without result.

Weights shall be furnished by the Games Committee. Any contestant may use his private weight (if correct in weight and shape), in which case the other contestants must also be allowed to use it if they wish.

IN THROWING FOR DISTANCE

SEC. 2. A fair throw shall be one where no part of the person of the competitor touches the circle, the ground outside the circle, and the competitor leaves the circle by its rear half, which shall be that part of the circle directly opposite the half occupied by the competitor at the moment of delivery, and shall be designated by an imaginary line drawn through the centre of the circle at right angles to the direction of the throw.

The measurement of each throw shall be from the nearest mark made by the fall of any part of the weight or handle to the inside edge of the circumference of the circle on a line from the mark to the centre of the circle.

The number of trials and method of decision shall be the same as in the Running Broad Jump.

RULE XXII.

THROWING THE HAMMER.

The head and handle may be of any size, shape and material, provided that the length of the complete implement shall not be more than four feet and its weight not less than sixteen pounds.

The competitor may assume any position he chooses, and use either one or both hands.

All throws shall be made from a circle seven feet in diameter, the circle to be a metal or wooden ring, painted or whitewashed, and sunk almost flush with the ground.

A fair throw shall be where no part of the person of the competitor touches the circle or the ground outside the circle, and the competitor leaves the circle by its rear half, which shall be that directly opposite the half occupied by the competitor at the moment of delivery, and shall be designated by an imaginary line drawn through the centre of the circle at right angles to the direction of the throw.

Foul throws and letting go of the hammer in an attempt shall count as trial throws.

The measurement of each throw shall be from the nearest mark made by the fall of the head of the hammer to the inside circumference of the circle on a line from the mark to the centre of the circle.

The number of trials and methods of decision shall be the same as in the Running Broad Jump.

Hammers shall be furnished by the Games Committee. Any contestant may use his private hammer (if correct in weight and length), in which case the other contestants must also be allowed to use it if they wish.

RULE XXIII.

THROWING THE DISCUS.

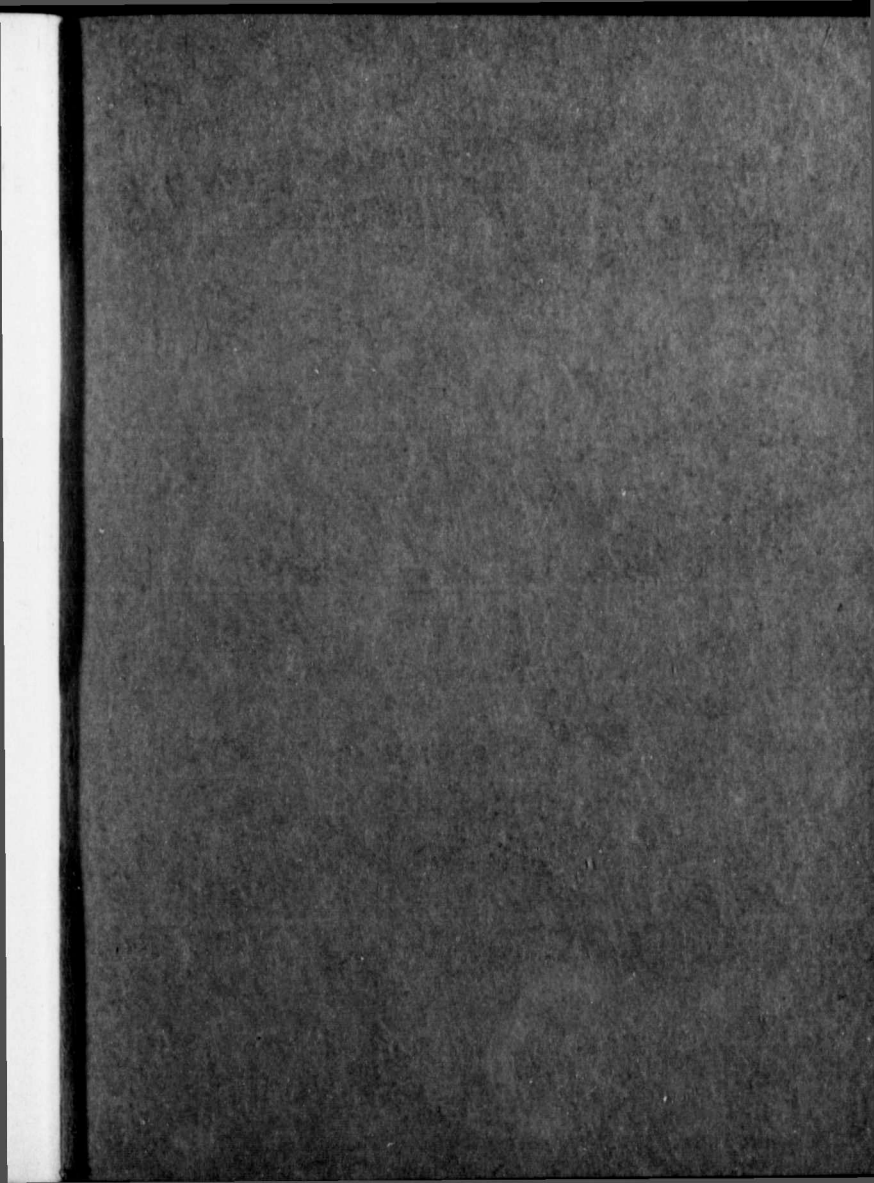
The discus shall be of smooth, hard wood body, without finger holes, weighted in centre with lead discs, and capped with polished brass discs, with steel ring on the outside. The weight of the discus shall be four and one-half ($4\frac{1}{2}$) pounds; outside diameter, eight (8) inches; thickness in centre, two (2) inches.

The circle for throwing the discus shall be similar in all respects to that of throwing the 56-pound weight and 16-pound hammer.

In making his throws the competitor may assume any position he pleases, and the rules governing a "fair throw" to be the same as the hammer and 56-pound weight.

A discus shall be furnished by the Games Committee. Any competitor may use his private discus (if correct in weight and shape), in which case the other contestants shall be allowed to use it if they wish.

The measurement of each throw shall be made from the nearest mark made by the fall of the discus to the inside circumference of the circle on a line from the mark made by the discus to the centre of the circle.





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