

THIRTY-EIGHTH REPORT

OF THE

NOVA SCOTIA

Hospital for the Insane,

FOR THE YEAR 1894-5.



HALIFAX, N. S. :
COMMISSIONER OF PUBLIC WORKS AND MINES.
QUEEN'S PRINTER.

JAMES BOWES & SONS, PRINTERS, 142 HOLLIS ST.

A
RC448
.N9

Hos

CO

A
3162.1
1185-

THIRTY-EIGHTH REPORT

OF THE

NOVA SCOTIA

Hospital for the Insane,

FOR THE YEAR 1894-5.



HALIFAX, N. S. :
COMMISSIONER OF PUBLIC WORKS AND MINES.
QUEEN'S PRINTER.

NOVA S

HO
R

GE
J.
J.
AU
R.
M
M
M
A
A

RC448
.N3

2 7

NOVA SCOTIA HOSPITAL FOR THE INSANE,

HALIFAX, N. S.

1894-5.

COMMISSIONER:

HON. CHAS. E. CHURCH, M. P. P., M. E. C.,
Commissioner of Public Works and Mines.
R. T. MURRAY, *Secretary to Commissioner.*

RESIDENT OFFICERS:

GEORGE L. SINCLAIR, M. D., *Medical Superintendent*
J. A. MCKENZIE, M. D., *Assistant Superintendent.*
J. C. McDONALD, M. D., *Assistant Physician.*
AUBREY S. HUNT, *Bursar.*
R. D. DICKSON, *Engineer.*
MRS. R. D. DICKSON, *Housekeeper.*
MISS H. SAMPSON, } *Head Nurses, Female Wards.*
MISS E. C. OGILVIE, }
ALEX. NICHOLSON, } *Head Attendants, Male Wards.*
ALEX. GRAHAM, }

NOVA SCOTIA HOSPITAL FOR THE INSANE

REPORT

1908

THE

Nova

TO THE HONORABLE
C

SIR,—
I have
the Nova S

Number of
Admitted

Total under
Total disch

Total rema

Daily aver

Discharged
Discharged
Discharged
Died

Percentage
Percentage
treatme
Percentage
Number o

THIRTY-EIGHTH 'ANNUAL REPORT.
 OF THE
 MEDICAL SUPERINTENDENT.
 OF THE
Nova Scotia Hospital for the Insane,
 1894-5.

TO THE HONORABLE CHARLES E. CHURCH,
Commissioner of Public Works and Mines :

SIR,—

I have the honor to submit the 38th report of the operations of the Nova Scotia Hospital for the Insane.

	M.	F.	Total.
Number of patients on register, Oct. 1, 1894..	185	186	371
Admitted during year ending Sept. 30, 1895..	47	48	95
Total under treatment for year.....	232	234	466
Total discharged for year.....	61	67	128
Total remaining on register, Sept. 30, 1895....	171	167	338
Daily average.....	181	178	359
Discharged as recovered.....	25	24	49
Discharged as improved.....	16	19	35
Discharged as unimproved (quiet but demented)	12	10	22
Died.....	8	14	22
	61	67	128
Percentage of deaths on daily average.....	4.4	7.8	6.1
Percentage of deaths on whole number under treatment.....	3.4	5.9	4.7
Percentage of cures on admissions.....	53.2	50	51.5
Number out on trial.....	7	3	10

THE ADMISSIONS.

During the year there have been admitted ninety-five patients. As twelve of these were re-admissions, the number of persons received was eighty-three.

We have been able to find accommodation for all of the class for whose benefit the hospital was erected. We continue to give the preference to cases whose insanity is of recent date, and who are therefore most likely to be benefited by treatment, and we refuse to recommend the admission of those whose disease is, from long standing, unlikely to be affected by a residence here.

THE DISCHARGES.

Including those who have died, we have discharged one hundred and twenty-eight patients. Of this number we considered 49 as restored to their normal condition of health, in other words, as cured. Fifty-seven were discharged as improved or stationary. Of this number eighteen were transferred to the County Asylum at Pugwash, Cumberland County; twenty-one to the asylum at Bridgetown, Annapolis County; six to the asylum at Antigonish; and four to the ward for the insane in the City Asylum at Halifax; a total of forty-nine. The balance were discharged into the care of relations or friends.

Among this number were many of our working patients. In my last year's report, my opinion as to the desirability of relieving our wards by taking away the quiet, cleanly, chronics, was fully and freely expressed. My views have undergone no change, but it is unnecessary to reiterate them here.

Twenty-two patients, eight males and fourteen females, died from the following causes:

	Male.	Female.	Total.
Diabetes.....	..	1	1
Epilepsy.....	1	..	1
Exhaustion of mania and melancholia...	..	4	4
Fever (Typhoid).....	..	1	1
General Paralysis.....	3	..	3
Nephritis, Chronic.....	..	1	1
Pneumonia.....	..	1	1
Pulmonary Tuberculosis.....	3	5	8
Sclerosis Multiple.....	..	1	1
Suicide.....	1	..	1
	8	14	22

The suicide was by hanging. It was fully reported at the time, an inquest was held and the jury brought in a verdict in accordance with the facts, and exonerated the hospital officials from all blame.

From t

T
T
TOur of
means of
the numbe
ment in w
both direc

At work

"

"

"

"

"

"

At work

"

"

"

"

"

"

"

"

"

"

"

"

"

"

"

"

"

"

"

"

"

"

"

"

"

"

"

From the foregoing, epitomized:

The cure rate on admission was51.5 per cent.
 The death rate on daily average was..... 6.1 "
 The death rate on whole number treated.. 4.7 "

OCCUPATION.

Our opinion as to the value, nay necessity, of occupation as a means of treatment, is unchanged. Below is given in tabulated form; the number of patients who have worked, and the variety of employment in which they engaged. To all it is a benefit, and to the hospital both directly and indirectly, a source of advantage.

Occupation and Number of Patients Employed.

FEMALES.	Average Daily No. Working.	Number of Days.	Average No. of Days work per Patient.
At work in Nurse's dormitory	2	730	365
" on Ward	62	15410	248
" in dining rooms	21	4425	211
" sewing and knitting in wards.....	60	10636	177
" in sewing room and in hall main building.....	5	271	54
" kitchen	4	826	206
" laundry	4	424	106
	158	32121	203
MALES.			
At work in the wards	50	14086	282
" dining room	10	2212	221
" office.....	2	363	182
" store-room	2	572	286
" distributing clothes.....	4	416	104
" " food.....	6	1051	115
" kitchen	2	481	242
" bakery	2	574	287
" laundry	2	544	272
" machine shop.....	1	25	25
" boiler house.....	2	574	287
" carpenter shop.....	3	670	225
" garden and farm.....	13	2875	222
" lawns	4	66	17
Painting & other occupations.	5	1312	262
	108	25822	239

Number of articles made and repaired in Carpenter's Shop during the year ending Sept. 30th, 1895.

ARTICLES.	Made.	Repaired.
Barrel covers	1
Bare boards	300 ft.
Benches	3
Bed rest	1
Bedstead	5
Blinds	3
Blinds, corded	5
Book-rack	1
Boat	1
Bolts	6
Boxes	3
Boxes for flowers	20
Boxes for valves	2
Boxes for drain	1
Binding on bath-tubs	2
Bread boards	1	1
Bureaus	1	28
Bureau stands painted	27
Carpet strips	300 ft.
Chains put on windows	32
Chairs, common	53
" rocking, painted	4
" large	35
Checker boards	2
" men sets	2
Closets	1	1
Closet seats	3
Commodos	8	4
Coal boxes	1
Curtain poles	2
Cornices	1	3
Doors	2	25
" frames	2	13
" hung	3
" remodelled	13
" frames put in	2
" wired	2
Drawers made	6
Fences built	400 ft.
Fence posts footed	9
Floors laid	2	15
Gates	6
Glass cut	202 ft.
Glass put in	83

N
 Goose nee
 Guards .
 Hand bar
 Handles,
 "
 Hinges pu
 Ice chests
 Ladders .
 " st
 Laundry
 Locks put
 "
 Lock guar
 Mat fram
 Mantels .
 Meat boar
 Medicine
 Paint mix
 Partitions
 Piano sto
 Picture fr
 "
 Porches .
 Platforms
 Racks for
 " Rollers .
 Roofs . . .
 Sashes . . .
 " pu
 " hu
 " tal
 " pr
 Scaffolds
 Screens, fl
 Seats . . .
 Settees . .
 Sinks . . .
 Shutters .
 Snow sho
 Springs p
 Stretchers
 Stage (pie
 Steps (set
 " put

Number of articles made and repaired.—(CONTINUED).

ARTICLES.	MADE.	Repaired.
Goose necks put on	3
Guards	10
Hand barrows	2	2
Handles, brushes	3
" mops	3
Hinges put on	8
Ice chests	1
Ladders	3
" step	4	3
Laundry tubs	2	2
Locks put on	20
" doors	23
Lock guards	8
Mat frames	2
Mantels	2
Meat boards	1	1
Medicine chest	2
Paint mixed	* 200 qrs.
Partitions	1
Piano stool	1
Picture frames cut	26
" backed	40
" made	3
Porches	6
Platforms	1
Racks for books	1
Rollers	2	2
Roofs	2
Sashes	1	10
" put on	6
" hung with cord	6
" taken down	6
" props put on	100
Scaffolds	3
Screens, fly	3
Seats	3	3
Settees	12
Sinks	1
Shutters	2
Snow shovels	3
Springs put on	3
Stretchers	1
Stage (pieces)	3
Steps (sets)	1
" put up (sets)	1

Number of articles made and repaired.—(CONTINUED.)

ARTICLES.	MADE.	Repaired.
Tables	5	2
Thresholds	60
Towel racks	2
Tressles	10
Washstands	2
Ward robes	2
Waggon jack	1
Wheel barrows	5
Writing desks	3
Water spouts	3
Window frames	3
Weather strips, 3 bld	150 ft.

*Memo. of Work done in Wards and Sewing Room from Oct. 1st, 1894
to Sept. 30th, 1895.*

Aprons	554
Bed comforts	53
Blinds	95
Bolster cases	6
Bed sacks	76
Clothes room curtains	14
Clothes Bags	26
Chair covers	18
Curtains	14
Combination suits	12
Chemises	147
Dresses	284
Fancy work (pieces)	279
Hose	301
Matts	77
Mattress ticks	14
Mitts (pairs)	8
Mens' drawers	268
Mens' shirts	668
Night dresses	203
Palliascs	66
Pillow shams	29
Pin cushions	6
Pillow cases	922
Pillow ticks	128
Petticoats	175
Rollers	561

She
Set
Slip
Soc
Shr
Slip
Toi
Tab
Tea
Tab
Tov
Tab
Wh
Wa
Wo

The
making
sides of
siderabl

We
regard t
the line
results.

We
class I
consequ
times in
robust
its use
rallies a
have be

In s
can rep
maniac
chloral
in dose
melanch
anythin

Sheets	791
Settee covers	11
Slippers	35
Socks (pairs)	160
Shrouds	13
Slip waists	219
Toilet covers	45
Table napkins	88
Tea bags	25
Table cloths	67
Towels	505
Table covers	3
White quilts (hemmed)	13
Waggon cover	1
Women's Drawers	172
" Collars	97
" Blouses	12
<hr/>	
Total	7261
Number pieces repaired in Wards	10872

The females continue to do a large amount of sewing and knitting, making all the ward material and nearly all the clothing used on both sides of the house, as well as attending to the repairing, a not inconsiderable item in a population of 400 people.

MEDICAL NOTES.

We have nothing to add to the remarks in last year's report in regard to the medical treatment of epilepsy. We have gone on upon the lines referred to therein, and with about the same general average results.

We have used sulfonal freely among our excitable chronics—a class I am sorry to say steadily on the increase—and have seen no bad consequences. Our average dose is gr. xxx per diem. This is at times increased to gr. xl, and in one case gr. xc was taken by a strong robust man in two doses, with no very marked effect. We discontinue its use when ataxia shows. Speedily upon its withdrawal the patient rallies and is restored to an ordinary condition. No toxic symptoms have been seen.

In some selected cases we tried *Kola* as a tonic stimulant. We can report no positive results. As a hypnotic in certain cases of maniacal excitement we think a combination of paraldehyd and chloral gives better results than either drug separately. Chloralamid in doses of from grs. xxx to grs. xl we find useful in certain forms of melancholia with sleeplessness. It seems more soluble in gin than in anything else.

Believing that auto-intoxication may account in many cases for some of the mental changes in our patients, we endeavor to carry out a treatment having for its object intestinal disinfection.

Copious draughts of hot water, and the free use of salol, calomel, and permanganate of potash, are frequently ordered, and when we can get the treatment faithfully and continuously tried, with appropriate dieting, the results are, in some cases, decidedly beneficial.

We have had three cases of typhoid fever during the year. The cause of the first case we can trace to nothing, unless it be a visit made by relatives of the person who subsequently developed the disease. These visitors lived in a portion of Halifax in which the disease existed, and brought fruit with them, which the patient ate. About ten days after, the first case occurred. The patient was an imbecile and could give no account of anything. She died, and an autopsy showed the ordinary lesions of the disease. The next case was in a man who worked in the wash house, and may have been infected from some of the first patient's clothing (although every effort was made to disinfect and sterilize it), and the third case was a female patient who had rinsed out the urine stained sheets of the first patient, but who had not come in any way in contact with fecal discharges.

One patient died, the others are quite well again. We can discover nothing wrong either with our water or drainage.

THE TRAINING SCHOOL FOR NURSES.

The School enters upon its third year of existence with, I think fair prospects.

The graduating class of 1894-95 numbered five young women, to whom you were good enough to present certificates and address words of encouragement and congratulation.

Three of these remain in the service of the hospital, one has gone to the United States, and one proposes to do private nursing. Our senior class this year numbers nine members, and the junior five.

I think there can be no doubt as to the desirability of having such a school in connection with the hospital. Of course it means a lot of extra work for the medical staff, but this brings its own reward in the relief which is later felt, when we know that those having charge of the patients are able to more intelligently discharge their duties, and to be more capable of meeting, or better still, preventing by anticipation, accidents or coping with emergencies of various kinds.

From the very inception of the school we decided that our efforts should not be confined to educating our nurses for the care of the

insane o
promine
the prin
thorough
graduate
private
willing
knowled
must be
accident
if the op
surgical
material
imparted
and the
be pract

On t
their ov
teaching
acquire
quality
more pa
of the i

Wha
students
knowled
We wish
cause to
technica
will be r
not been

Nurs
acquirin
teaching

The
the subj

The
practica
nurses.
and in
stantly.

The
and by
in these

insane only. Of course, as is natural, this form of nursing is given prominence and occupies a large part of our time and attention, but the principles of general nursing, both medical and surgical, are thoroughly inculcated. An idea prevails, I believe, among some that graduates of "Asylum Schools" are not likely to prove successful in private or general hospital work. I think this is wrong. While willing to confess that the same facilities for acquiring practical knowledge in surgical nursing may not exist in "Asylum Schools," it must be remembered that the insane are human enough to suffer from accidents and surgical diseases, and I have no hesitation in saying that if the opportunities which occur here for imparting information in surgical work are fully availed of, they furnish abundant clinical material. We think the principles of anti- and aseptic surgery can be imparted through the medium of minor as well as major operations, and the methods of making and applying dressings of all kinds can be practically demonstrated in our wards.

On the other hand, "Asylum Schools" possess merits peculiarly their own. They have not only equal opportunities for didactic teaching, but from the very nature of the maladies treated the pupils acquire the habit of becoming more keenly observant. This is a quality much valued by physicians in a nurse; and unquestionably more patience, forbearance and discernment, are demanded in the care of the insane and nervous than in the work of a general hospital.

What we try to do is to develop the mental capacity of the students. We wish their minds not to be mere storehouses of knowledge, but workshops for unfolding its higher manifestations. We wish to train our pupils to observe intelligently; to trace from cause to effect; to enlarge their vocabulary and to increase their technical knowledge in special lines, believing that a nurse so educated will be more efficient than one with many good qualities which have not been so developed.

Nurses are not born. Some have greater natural aptitude for acquiring knowledge, but all can be improved by proper methods of teaching.

The circular letter appended to this report gives the general list of the subjects taught.

The didactic lectures are given by the medical officers, and the practical ward work is performed under the direction of the head nurses. Recitations and quizzes are held weekly through the term, and in every available way practical knowledge is imparted constantly.

The infirmary wards enable us to concentrate our clinical material, and by arranging that every nurse shall spend a portion of her time in these wards, they can be brought in more direct contact with the

cases of ordinary bodily diseases, which of course occur among the insane as well as the sane.

Below we give the text books and works of reference used in connection with our teaching:—

TEXT BOOKS.

Junior Year.

"Our Bodies and How we Live."
Handbook for attendants.
Harding on Mental Nursing.
St. John Ambulance Association book on Nursing.

Senior Year.

"How to Care for the Insane," (Granger.)
Nursing Hand Book, (Weeks-Shaw.)
Nursing Hand Book, (Humphries.)

Reference.

Surgical Handicraft, (Pye.)
Emergencies, (Bell.)
Massage, (Ostrom.)
Fever Nursing, (Wilson.)
Notes on Nursing, (Nightingale.)

The text books must be purchased by the nurse.

Thus far the female nurses only have received this extended instruction. Later on we may include the male attendants. Meantime they are taught by reading and recitations from the chapters in the "Handbook for Attendants," arranged by the sub-committee of the British Medico-Psychological Association, and are given instruction in "First Aid," bandaging and the management of emergencies.

CHANGES IN THE STAFF.

Dr. Hattie, having decided to commence private practice, left us in June, after nearly four years of faithful service. Our best wishes for his success in his new field go with him.

Dr. J. R. McKenzie, for eighteen months assistant physician, was promoted to assistant superintendent. He brings to his more responsible position the experience gained in his previous service. His zeal and interest remain unaltered.

Dr. J. C. McDonald, late Clinical Clerk at the Victoria General Hospital, was appointed Assistant Physician. He performs his duties efficiently and well.

REPAIRS, IMPROVEMENTS, &c.

New floors have been put in Wards, M. 3 and M. 8.

A new fence was put up around the south, east, and part of the west shore of Maynard Lake. This is to keep cattle from getting into the water.

The dam at the south side, with the sluice, has been repaired.

The mortuary has been repaired.

New spouting has been placed on the boiler house.

The cellars under the male wards have been paved with brick, and the roof of the main building and wards has been overhauled and reslated where required.

Wards F. 2 and F. 5, have been neatly painted.

So have M. 3 and 4, and F. 10.

Also, the cottage at the gate, the hose houses and the inside of the wash house.

The verandas of Wards M. 3 and 4 have received a coat of anti-corrosive paint. All the verandas have a large amount of wrought iron entering into their construction, which is peculiarly prone to rust and scale, owing probably to the contact with the salt air and moisture.

Pictures have been hung in several more of the wards. The effect is so pleasing and I believe so beneficial that I hope in time to have them in all the wards.

A new heater to supply hot water to the female's wards has been placed in position. Lock taps have been substituted for ordinary taps for the hot water supply through the house. They make the use of hot water under the control of the nurse.

As a means of economizing steam, two of the heaters have received a coat of asbestos cement.

We have graded the grounds to the east of the hospital so as to carry the water away from rather than to the house, the condition which has heretofore existed.

The trench, intended to drain the swamp in the rear spoken of as being under way, in last year's report, is completed and has done its work fairly well. It was a big piece of work, being 800 feet long and averaging 10 feet in depth.

The swamp itself is nearly cleared of stones and stumps and next year will give us some return in hay.

The fences about the property have received a coat of whitewash.

ACKNOWLEDGMENTS.

During the last year we have continued our efforts to furnish amusement in the evenings for the patients.

From October till May we were enabled to have each week, some form of entertainment, and for this I am largely indebted to the members of the Hospital staff, physicians and nurses.

These entertainments have consisted of tableaux, wax works, dialogues, dramatic performances, concerts and dances.

For furnishing music for two of these we are under obligations to the Misses Tremaine.

Mr. Hunt gave us two lantern exhibitions, at one of which he was assisted by the never old but always reliable, J. G. Smith, with songs, and Miss Hopkins in recitations.

The Dalhousie Dramatic Club, under the management of Professor MacMechan, performed scenes from "Midsummer Nights Dream" one evening.

Mr. James Dustan assisted at a vocal entertainment.

The "Harmonic Quartette" assisted by J. G. Smith gave a delightful concert, and the "Mystic Lodge Orchestra" aided by Mrs. Taylor, Miss Clark, Mr. Norman McDonald, and Mr. Hebb, gave a very enjoyable performance.

During all the year the fortnightly dance occurs. It continues a most popular form of amusement.

Several "Lantern Shows" have been given by members of the staff.

At Christmas we had a tree from which Santa Claus, assisted by his black man Friday, dispensed little gifts to all who were present. The entertainment was held in the chapel. A majority of the patients were assembled and stimulated by light refreshments and music and the anticipation of what Santa Claus had for them, conducted themselves admirably and appeared delighted when their presents were handed to them.

This, our first effort at a Christmas gathering for mirth and merriment, was eminently successful and we hope to repeat it the coming Christmas.

We extend our thanks to the proprietors of the following newspapers, which come regularly to the Hospital.

- "Acadian Recorder," (tri-weekly).
- "Acadian," (Wolfville).
- "Messenger & Visitor," St. John, N. B.
- "Evangelical Churchman."
- "Colchester Sun," Truro.
- "Eastern Chronicle."
- "Forward."
- "Halifax Herald," (daily).

Mr. Rhi
trated pape

The Bri
parcels of t

The fol
through th
afternoons,

Revs. I
Wilkinson
Hague, Per
Gordon, Ga
Lathern of

We beg

Some r
Roman Ca
Chapel Ch
occasions.

Miss A
services an

To all
of the affa
my indebt

The G
several oc
the house
direct. H
visitations

We ha
accompani
been prev
well repres
great inter
and for yo
my sincere

NOVA SCO
HALI

"Morning Chronicle," (daily).
"Progress," Lunenburg.
"Monitor," Bridgetown.
"Tribune," Windsor.
"North Sydney Herald."
"Atlantic Weekly."
"Truro News."

Mr. Rhind gave a complete year of "Sketch," an English Illustrated paper.

The British American Book & Tract Society continues to send us parcels of their publications.

The following named clergymen of various denominations, have, through the year, conducted religious services for us on Sunday afternoons, have visited our sick and buried the dead :

Revs. Messrs. Stewart, Morrison, Kempton, Johnson, Hemmeon, Wilkinson and Father Underwood of Dartmouth, and Rev. Messrs. Hague, Perry, Webster, Almon, Archbold, Crawford, Dixon, Fowler, Gordon, Gandier, Chute, Rogers, Hughson, Bullock, McMillan and Dr. Lathern of Halifax.

We beg to thus publicly thank them.

Some members of the choir of St. Peter's Church assist at the Roman Catholic services, to them and to the members of the Garrison Chapel Choir, who have helped us with the singing on several occasions. we are under obligations.

Miss Adams, continues to preside at the organ at the Protestant services and Miss Graham at those of the Roman Catholic Church.

To all my co-workers who have helped me in the administration of the affairs of this large provincial charity I desire to acknowledge my indebtedness and return my sincere thanks.

The Government Inspector, Dr. A. C. Page, has visited us on several occasions, always unannounced. He has seen the condition of the house at all times and seasons. He reports his impressions to you direct. His genial and urbane manner renders his inspections pleasant visitations.

We have also been honored many times by visits from you, accompanied by the Secretary. When from press of work you have been prevented from making your official inspections, you have been well represented by the Deputy Commissioner, Dr. Gilpin. For your great interest in the institution and its inmates we are all grateful, and for your many acts of kindness to me personally, I beg to return my sincere thanks.

I am, your obedient servant,

GEORGE L. SINCLAIR,

Medical Superintendent.

NOVA SCOTIA HOSPITAL FOR THE INSANE,
HALIFAX, N. S., *Sept. 30th, 1895.*

ST

STATISTICAL TABLES.

LIST OF STATISTICAL TABLES.

- Table 1. The Admissions, Re-admissions, Discharges and Deaths for the year 1894-5.
- " 2. The Admissions, Re-admissions, Discharges and Deaths since opening of the Hospital.
- " 3. Mean Annual Mortality and Proportion of Recoveries.
- " 4. History of Annual Admissions.
- " 5. Causes of Death.
- " 6. Re-admissions.
- " 7. Ages on Admission and Discharge.
- " 8. Civil Condition of Admissions, Discharges and Deaths for the year 1894-5.
- " 9. Assigned causes of Insanity.
- " 10. Alleged Ages, &c.
- " 11. Civil Condition of all Admitted.
- " 12. Former Residence.
- " 13. Former Occupation.
- " 14. Duration of Disorder on Admission.
- " 15. County, Provincial and Private Patients.
- " 16. Balances due the N. S. Hospital.
- " 17. Income.
- " 18. Expenditure.
- " 19. Statement for the Year.
- " 20. Garden Produce.

APPENDIX A.

Admission of Patients.
 Discharge of Patients.
 Forms of Certificates.

APPENDIX B.

* Circular Letter to Candidates for Admission to Training School.

TABLE I.
Showing the Admissions, Re-admissions, Discharges, and Deaths for the Year Oct. 1st, 1894 to Sept. 30th, 1895.

MALES.	FEMALES.	TOTAL.
--------	----------	--------

TABLE I.

Showing the Admissions, Re-admissions, Discharges, and Deaths for the Year Oct. 1st, 1894 to Sept. 30th, 1895.

	MALES.			FEMALES.			TOTAL.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.
In Hospital 1st October, 1894.....							185	186	371
Admitted for the first time during the year.....	44	39	83						
Re-admitted during the year.....	3	9	12						
Total admitted.....				47	48	95			
Total under care during the year.....				232	234	466			
DISCHARGED OR REMOVED.									
Recovered.....	25	24	49						
Relieved.....	16	19	35						
Not improved.....	12	10	22						
Died.....	8	14	22						
Total discharged and died during the year.....				61	67	128			
Remaining in Hospital Sept. 30th, 1895.....				171	167	338			
Average number resident during the year.....				181.2	178.	359.2			

9	8	93	4	4	8	2	1	3	3	1	4	1	4	5
9	6	109	12	11	23	3	1	4	1	...	1	3	3	6
3	9	95	5	8	13	2	2	1	1	2	1	1	2
38	233	3005	25	24	49	16	19	35	12	10	22	8	14	22

Deaths for
and Deaths
eries.

Deaths for

School.

TABLE II.

Showing the Admissions, Re-admissions, and Deaths from the opening of the Hospital to the present date, September 30th, 1895.

	DISCHARGED OR REMOVED.			TOTAL.
	M.	F.	T.	
Persons admitted during the period of Thirty-seven years	721	632	1353	2504
Re-admissions	289	242	531	501
Total of cases admitted	69	53	122	3005
	1	0	2	
	357	303	660	2667
Remaining September 30th, 1895	171	167	338	

	MALES.		FEMALES.		TOTAL.
	1340	268	1164	233	
Persons admitted during the period of Thirty-seven years	1608	1397	1608	1397	3005
Re-admissions	1437	1230	1437	1230	2667
Remaining September 30th, 1895	171	167	171	167	338

	MALES.		FEMALES.		BOTH SEXES.
	44.8	45.2	18.0	17.3	
Percentage of Cases Recovered	44.8	45.2	18.0	17.3	45.0
" " Relieved	18.0	17.3	4.3	3.8	4.1
" " Not Improved	4.3	3.8	22.2	21.7	21.9
" " Died	22.2	21.7	10.7	12.0	11.3
" " Remaining	10.7	12.0	100.0	100.0	100.0
Total	100.0	100.0	100.0	100.0	100.0

5	2	60			
6	1	43			
	2	47			
2	3	46			
7	2	46			
1	2	42			
2	2	43			

TABLE III.—Showing Admissions, Re-Admissions, Discharges and Deaths, with the Mean Annual Mortality and Proportion of Recoveries, per cent. of Admissions for each Year since the opening of the Hospital.

YEAR.	ADMITTED.			DISCHARGED.						Remaining at completion of each year.			Average number resident.			Percentage of Recoveries on Admission.			Percentage of Deaths on average No. resident.								
				Recovered.			Relieved.			Not improved.			Died.														
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.			
1859	39	31	70	8	3	11	2	1	3	0	0	0	0	0	28	27	55	21	21	42	20.5	9.7	15.7	0	0	.0	
1860	32	31	63	8	6	14	2	0	3	1	4	3	3	4	45	50	95	34	36	70	25.0	19.3	22.2	8.8	2.8	5.8	
1861	38	22	60	14	9	23	4	0	0	3	7	10	10	10	62	55	117	55	50	105	36.8	40.9	38.3	5.0	14.0	9.5	
1862	31	12	43	12	9	21	1	0	2	4	1	5	1	1	74	56	130	69	52	121	18.7	75.0	48.8	5.8	1.9	3.9	
1863	30	17	47	17	5	22	6	0	1	5	1	6	1	6	75	67	142	70	62	132	56.7	29.4	46.8	7.1	1.0	4.0	
1864	23	23	46	8	10	18	1	0	3	4	6	10	6	10	82	72	154	80	74	151	34.8	43.4	39.1	5.0	8.4	6.7	
1865	24	22	46	12	16	28	5	0	3	4	5	14	14	14	79	71	150	81	74	155	50.0	72.7	60.9	11.1	6.6	9.0	
1866	21	21	42	10	7	17	6	1	4	1	3	4	4	4	80	77	157	91	75	166	47.6	33.3	40.5	1.2	4.1	2.7	
1867	25	18	43	12	7	19	1	1	2	4	1	5	1	5	87	82	169	86	81	167	48.0	39.0	44.0	4.6	1.2	2.9	
1868	40	46	86	8	12	20	1	1	6	8	14	14	14	14	111	105	216	99	97	196	20.0	26.0	23.2	6.0	8.7	7.3	
1869	41	38	79	22	11	33	2	0	0	7	6	13	11	11	121	124	245	120	114	234	53.6	29.0	41.8	5.8	5.2	5.5	
1870	43	27	70	12	12	24	3	0	1	14	11	25	14	11	134	126	260	133	128	261	26.7	44.4	34.2	10.5	8.6	9.6	
1871	34	32	66	23	18	41	3	0	0	20	8	28	20	8	122	130	252	129	131	260	67.6	56.2	62.1	15.5	6.5	11.0	
1872	44	33	77	20	19	39	3	0	0	13	14	27	13	14	130	129	259	125	133	258	45.5	57.6	50.6	10.4	10.5	10.4	
1873	36	38	74	24	20	44	3	0	0	11	6	17	12	6	128	140	268	128	138	266	66.5	52.6	59.4	8.5	4.3	6.4	
1874	34	33	67	17	19	36	6	0	0	10	4	14	12	4	129	150	279	133	145	278	50.0	57.5	53.7	7.5	2.7	5.0	
1875	68	46	114	22	21	43	6	1	7	1	2	24	12	2	156	162	318	144	156	300	32.4	45.6	37.7	8.3	7.7	8.0	
1876	45	43	88	23	21	44	2	0	0	12	8	20	12	8	164	173	337	162	169	331	51.1	48.9	50.0	7.4	4.7	6.0	
1877	51	43	94	24	24	48	4	0	0	14	11	25	14	11	173	178	351	171	176	347	47.1	55.8	51.0	8.2	6.2	7.2	
1878	54	39	93	23	29	52	5	0	3	13	3	16	13	3	183	179	362	178	183	361	42.5	74.3	55.9	7.3	1.9	4.6	
1879	36	38	74	23	17	40	9	4	6	9	4	13	9	4	176	188	364	183	187	370	63.9	44.7	54.3	4.9	2.1	3.5	
1880	44	45	89	21	22	43	14	0	1	12	8	20	12	8	172	189	361	176	192	368	47.7	48.8	48.3	6.9	4.2	5.6	
1881	37	43	80	10	19	29	2	0	0	19	9	28	17	9	178	204	382	176	200	376	27.0	44.1	36.2	10.8	4.5	7.7	
1882	51	40	91	21	20	41	2	0	2	10	13	23	10	13	194	205	399	187	212	399	39.2	50.0	45.0	5.5	6.1	5.8	
1883	50	46	96	26	26	52	14	0	0	11	5	16	11	5	193	207	400	189	211	400	52.0	56.0	54.0	5.2	2.3	3.8	
1884	39	47	86	29	20	49	15	0	1	9	8	17	9	8	178	206	384	190	214	404	74.3	42.7	56.9	4.7	3.7	4.2	
1885	70	42	112	25	22	47	1	0	1	14	9	23	14	9	207	212	419	194	215	408	35.7	52.3	41.9	7.2	4.1	5.7	
1886	57	57	114	29	25	54	23	0	8	14	16	30	14	16	198	198	396	206	216	422	50.8	43.8	47.3	6.8	7.4	7.1	
1887	68	44	112	24	14	38	21	15	7	6	14	20	14	20	214	193	407	211	194	405	38.3	36.8	33.9	2.8	7.2	4.9	
1888	57	47	104	21	25	46	22	15	2	20	11	31	20	11	206	189	395	213	198	411	36.8	53.1	44.2	9.3	6.1	7.6	
1889	44	32	76	22	14	36	19	11	0	13	18	31	13	18	194	178	372	206	189	395	50.0	43.7	47.3	6.2	9.4	7.8	
1890	58	36	94	30	19	49	11	12	24	11	11	22	11	11	185	163	348	192	174	366	51.7	52.7	52.1	4.3	5.1	4.7	
1891	57	54	111	29	20	49	17	12	3	10	14	24	10	14	184	170	354	194	180	374	52.6	37.1	44.5	5.1	7.7	6.4	
1892	44	57	101	22	20	42	10	7	5	8	13	21	8	13	181	182	363	189	184	373	50.0	35.1	41.5	4.2	7.1	5.7	
1893	43	50	93	22	26	48	16	16	32	7	10	17	7	10	178	176	354	188	188	376	51.2	52.0	51.6	3.7	5.3	4.5	
1893-4	53	56	109	23	21	44	11	15	26	1	10	21	11	10	185	186	371	185	187	372	43.4	37.5	40.4	5.8	5.3	5.6	
1894-5	47	48	95	25	24	49	16	19	35	8	14	22	8	14	171	167	338	181.2	178	359.2	53.2	50.0	51.5	4.4	7.8	6.1	
	1608	1397	3005	721	632	1353	289	242	531	69	53	122	357	303	660	Mean of thirty-seven years.						44.7	45.2	44.9	6.5	5.4	5.9

TABLE IV.—Showing the History of the Annual Admissions since the opening of the Hospital, with the Discharges and Deaths of each year up to September 30th, 1895.

TABLE IV.—Showing the History of the Annual Admissions since the opening of the Hospital, with the Discharges and Deaths of each year up to September 30th, 1895.

YEARS.	ADMITTED.										OF EACH YEAR'S ADMISSION DISCHARGED AND DIED IN 1894-5.									
	New Cases.		Relapsed Cases.		Total.		Recovered.		Relieved.		Not Improved.		Died.							
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	T.	
1859	39	31																		
1860	32	31																		
1861	33	20	5	2																
1862	25	11	6	1																
1863	30	15		2																
1864	21	20	2	3																
1865	17	20	7	2																
1866	20	19	1	2																
1867	23	16	2	2																
1868	35	41	5	5																
1869	35	32	6	6																
1870	32	17	11	10																
1871	29	23	5	9																
1872	34	29	10	4																
1873	28	33	8	5																
1874	26	26	8	7																
1875	61	40	7	6																
1876	37	38	8	5																
1877	40	36	11	7																
1878	43	32	11	7																
1879	27	30	9	8																
1880	32	32	12	13																
1881	28	31	9	12																
1882	46	31	5	9																
1883	42	38	8	8																
1884	34	39	5	8																
1885	55	34	15	8																
1886	46	45	11	12																
1887	60	36	8	8																
1888	48	35	9	12																
1889	37	25	7	7																
1890	48	25	10	11																
1891	44	51	13	3																
1892	31	51	13	6																
1893 (9 months)	34	42	9	8																
1893-4	44	50	9	6																
1894-5	44	39	3	9																
Total	1340	1164	268	233	3005	24	49	16	19	35	12	10	22	8	14	22	22	14	22	

1608 1397 3005 721 632 1353 289 242 531 69 53 122 357 303 660 44.7 45.2 44.9 6.5 5.4 5.9

Mean of thirty-seven years.

Showing the

Diseases of

Apoplexy
Epilepsy
General P
Locomoto
Exhaustio
Melanc
Phrenitis
Acute Me
Multiple

Diseases of

Inflamma
Inflamma
Pulmona
Abscess a

Diseases of

Organic
Aneurism
Gangren

Diseases of

Peritonit
Enteritis
Diarrho
Gastric
Hepatic
Hepatic
Chronic
Acute C
Psoas A
Diabete

Specific D

Acute I
Erysipe
Enteric
Cancer
Acute C

General C

Genera
Homiei
Suicide
Acciden

TABLE V.

Showing the Causes of Death from the opening of the Hospital to the present date, September 30th, 1895.

CAUSES OF DEATH.	1860 to 1894		1895.		TOTAL.	
	M.	F.	M.	F.	M.	F.
<i>Diseases of Nervous System:</i>						
Apoplexy and Paralysis	34	26	34	26
Epilepsy	21	13	1	...	22	13
General Paralysis of the Insane	57	7	3	...	60	7
Locomotor Ataxia	4	4	...
Exhaustion from Chronic Mania and Melancholia	15	19	..	4	15	23
Phrenitis and Abscess of the Brain	3	3	...
Acute Meningitis	1	1	...
Multiple Sclerosis	1	1
<i>Diseases of Respiratory System:</i>						
Inflammation of the Lungs	14	10	..	1	14	11
Inflammation of Bronchi (Influenza)	2	2	2	2
Pulmonary Tuberculosis	76	110	3	5	79	115
Abscess and Gangrene of Lung	4	3	4	3
<i>Diseases of Circulatory System:</i>						
Organic disease of Heart	14	7	14	7
Aneurism	3	1	3	1
Gangrene of extremities	1	1
<i>Diseases of Abdominal Viscera:</i>						
Peritonitis	6	3	6	3
Enteritis	2	2	...
Diarrhœa and Dysentery	8	13	8	13
Gastric Ulcer	2	1	2	1
Hepatic Cirrhosis	1	3	1	3
Hepatic Abscess	1	1
Chronic Nephritis	8	3	..	1	8	4
Acute Cystitis	1	1	...
Psoas Abscess	1	1	...
Diabetes	1	1
<i>Specific Diseases:</i>						
Acute Delirium	11	7	11	7
Erysipelas	2	8	2	8
Enteric Fever	1	5	..	1	1	6
Cancer	4	3	4	3
Acute Osteomyelitis	1	1	...
<i>General Causes of Death:</i>						
General Debility and Old Age	40	40	40	40
Homicide	1	1	...
Suicide	7	5	1	...	8	5
Accident	2	1	2	1
Total	346	292	8	14	354	306

TABLE VII.
Showing the Age of Admissions, Discharges, and Deaths during the year Oct. 1st, 1894, to Sept. 30th, 1895.

AGES.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.		
	M.	F.	T.	Recovered.			Removed, Relieved, or otherwise.			M.	F.	T.
				M.	F.	T.	M.	F.	T.			
From 15 to 20 years	1	3	4	1	2	3	1	1	1	1	2	2
" 21 to 30 "	14	15	29	5	6	11	6	3	9	2	1	3
" 31 to 40 "	17	15	32	6	7	13	5	4	9	5	5	5
" 41 to 50 "	8	6	14	7	5	12	6	12	18	4	1	5
" 51 to 60 "	5	4	9	2	2	4	4	4	8	1	2	3
" 61 to 70 "	2	4	6	3	2	5	3	5	8	2	2	2
" 71 to 80 "	1	1	1	1	1	1	3	1	4	1	1	2
Over 80 years
Total	47	48	95	25	24	49	28	29	57	8	14	22

TABLE VIII.

Condition as to Marriage in the Admissions, Discharges, and Deaths during the year, October 1st, 1894, to September 30th, 1895.

	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.		
				Recovered.			Removed, Relieved or otherwise.					
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
Single	21	22	43	13	9	22	12	12	24	2	8	10
Married	26	24	50	12	14	26	14	14	28	6	6	12
Widowed		2	2	1	1	2	3	5
Total	47	48	95	25	24	49	28	29	57	8	14	22

Showing the

Ill-head
B
C
D
E
G
I
M
M
M
F
Hered
Clima
Conge
Disap
Epile
Fright
Inten
Lacta
Onan
Opera
Puber
Puer
Syph
Senil
Unk

TABLE IX.

Showing the probable cause, apparent or assigned, of the disorders in the admissions of the Year, Oct. 1st, 1894, to Sept. 30th, 1895.

CAUSE.	THE ADMISSIONS.		
	M.	F.	T.
Ill-health from :—			
Business worries	7	1	8
Cause unknown	2	3	5
Domestic worries		1	1
Enteric fever		1	1
Grief	5	2	7
General paralysis	1		1
Influenza	3		3
Meningitis	1		1
Multiple Sclerosis		1	1
Metallic poisoning	1		1
Religious excitement	4	2	6
Hereditary predisposition	4	11	15
Climacteric		2	2
Congenital	2	1	3
Disappointment in love	2	1	3
Epilepsy		1	1
Fright	1	1	2
Intemperance	2		2
Lactation		1	1
Onanism	1		1
Operation		1	1
Puberty		1	1
Puerperal		3	3
Syphilis	1		1
Senile decay		1	1
Unknown and re-admissions	10	13	23
	47	48	95

TABLE X.

Alleged Ages of all Admitted.

	1894-5.	1859-1894.	Total.
From 5 to 10 years		4	4
" 11 to 20 "	4	201	205
" 21 to 30 "	29	791	820
" 31 to 40 "	32	681	713
" 41 to 50 "	14	489	503
" 51 to 60 "	9	380	389
" 61 to 70 "	6	177	183
" 71 to 80 "	1	61	62
" 81 to 90 "		1	1
Unknown		125	125
Total	95	2910	3005

TABLE XI.

Civil Condition of all Admitted.

	Married.	Single.	Widowed.	Unknown.	Re-admitted.	Total.
1859-1894 { Males.....	514	708	54	20	265	1561
{ Females ..	488	513	114	10	224	1349
1894-5 { Males.....	26	18	3	47
{ Females ..	21	16	2	9	48
Total	1049	1225	170	30	501	3005

TABLE XII.

Former Residence (corrected by separation of Re-admissions).

	1894-5.		1859-94.		Total 1859-95.	Population, 1891.
	Admissions.	Re-admissions.	Admissions.	Re-admissions.		
Halifax City and County.....	25	5	725	186	941	71,358
Colchester County.....	8	2	180	38	223	27,160
Cumberland ".....	5	1	135	23	164	34,329
Pictou ".....	8	1	242	73	324	34,541
Antigonish ".....	6	64	8	78	16,114
Guysborough ".....	5	84	8	97	17,195
Inverness ".....	1	59	3	63	25,799
Richmond ".....	43	4	47	14,399
Victoria ".....	45	5	50	12,342
Cape Breton ".....	4	1	118	23	146	34,244
Hants ".....	6	123	29	158	32,052
Kings ".....	4	1	143	30	178	22,489
Annapolis ".....	1	90	12	103	19,350
Digby ".....	2	46	6	54	19,897
Yarmouth ".....	45	7	52	22,216
Shelburne ".....	2	38	5	45	14,956
Queens ".....	42	9	51	10,610
Lunenburg ".....	5	90	18	113	31,075
Newfoundland.....	1	13	14
New Brunswick.....	13	12
P. E. Island.....	4	4
Barbadoes and St. Thomas.....	2	2
United States.....	19	19
England.....	5	1	6
Ireland.....	11	11
Scotland.....	2	2
Germany.....	1	2	2
Norway.....	2	2
Sweden.....	1	1
India.....	1	1
Italy.....	1	1
H. M. Service.....	18	18
Unknown.....	16	16
	83	12	2422	488	3005	450,326

TABLE XIII.

Former Occupation as far as ascertained.

	1894-5.		1859-94.		TOTAL.	
	M.	F.	M.	F.	M.	F.
Agent		1	1	1	1
Architect and Wife		1	1	1	1	2
Barristers and Wives	1	3	2	4	2
Bailiff and Wife			1	1	1	1
Bakers and Wives			2	5	2	5
Banker's Wife	1	1
Bell-boy			1	1
Blacksmiths and Wives			23	14	23	14
Barbers			4	4
Basket Makers and Wives	3	3
Brewers			1	1
Book-Binders and Wives			5	2	5	2
Brass-Founders			3	3
Broom-Maker			1	1
Brakeman			1	1
Butchers and Wives			5	2	5	2
Cooks	2	2
Carriage-Makers and Wives			3	1	3	1
Carpenters, Wives and Daughters			51	52	51	52
Conductor's Wife	1	1
Clerks, Book-keepers and Wives	1	1	35	6	36	7
Officers of Customs and Wife			6	1	6	1
Cabinet Makers and Daughters			6	3	6	3
Coat Maker	1	1
Coopers	1	1	12	13	1
Coachmen and Wives			3	3	3	3
Coppersmith			1	1
Dyer			1	1
Druggists			3	3
Domestics		8	79	87
Engineers and Wives			11	10	11	10
Factory Employees	3	3
Farmers, Wives, Sons and Daughters .	15	14	506	269	521	283
Ferryman			2	2
Fishermen, Wives, Sons and Daughters	4	4	97	64	101	68
Gardener and Wives			1	3	1	3
Gentlemen and Women			15	48	15	48
Governess	1	1
Grocers and Wives			7	3	7	3

TABLE

Hotel K
Hatter a
Hostler
Housew
Light K
Lobster
Lumber
Labour
Masons,
Messeng
Ministe
Music ?
Millers
Mercha
Milline
Mechan
Miners,
Moulde
Nurses
Physici
Priests
Printer
Painter
Pensio
Pedler
Photog
Plumb
Postma
Railwa
Report
Ropen
School
Ship C
Sexton
Seam
Soldie
Shoen
Saddl
Seams
Stude
Shipw

TABLE XIII.—(CONTINUED.)—Former Occupation as far as ascertained.

	1894-5		1859-94		TOTAL	
	M.	F.	M.	F.	M.	F.
Hotel Keepers, &c.	1	8	3	9	3
Hatter and Wife.....	2	1	2	1
Hostler	2	2
Housewives.....	124	124
Light Keepers' Wives	2	2
Lobster Cannors.....	1	1
Lumbermen and Wives.....	9	2	9	2
Labourers, Wives and Servants	10	7	189	198	199	205
Masons, Wives and Daughters	19	6	19	6
Messenger	1	1
Ministers, Wives and Daughters.....	5	8	5	8
Music Teachers.....	1	1	3	2	3
Millers and Wives	3	2	3	2
Merchants, Wives and Daughters	1	1	38	30	39	31
Milliners	15	15
Mechanics and Wives	2	1	10	2	12	3
Miners, Wives and Daughters.....	5	31	19	36	19
Moulders and Wives.....	3	3	3	3
Nurses	2	2
Physicians, Wives and Daughters	1	8	2	8	3
Priests	6	6
Printers and Wives	1	1	12	1	13	2
Painters and Wives	16	9	16	9
Pensioners, Wives and Daughters	2	6	2	6
Pedlers and Wives.....	9	2	9	2
Photographers	5	5
Plumbers, Tinsmiths and Wives.....	9	1	9	1
Postmaster.....	1	1
Railway Section-man	1	1
Reporters	2	2
Ropemaker	2	2
School-teachers, Wives and Daughters.	1	1	31	31	32	32
Ship Captains, Wives, Stevedores	21	21	21	21
Sextons	2	2
Seamen, Wives and Daughters	2	2	77	40	79	42
Soldiers, Marines and Wives	1	18	2	18	3
Shoemakers and Wives.....	26	9	26	9
Saddlers.....	4	4
Seamstresses	22	22
Students	9	3	9	3
Shipwrights and Wives	11	3	11	3

TABLE XIII.—(CONTINUED.)—*Former Occupation as far as ascertained.*

	1894-5.		1859-94.		TOTAL.	
	M.	F.	M.	F.	M.	F.
Surveyors.....			1	1
Shop keepers, Wives and Daughters.....			4	5	4	5
Sailmakers and Wives.....			3	1	3	1
Stone Cutters.....			4	4
Tailors, Wives and Daughters.....			3	3	3	3
Tanners and Wives.....			7	5	7	5
Teamsters and Wives.....			14	5	14	5
Telegraph Operator and Wife.....			1	1	1	1
Tobacconists.....			1	1
Traders, Sons and Wives.....			9	4	9	4
Vagrants.....			1	1	1	1
Weigher's Daughter.....			1	1
Wool Sorters.....			1	1
Wheelwrights.....			1	1
Washerwomen.....			6	6
Watchmen and Wives.....			3	2	3	2
Watchmakers.....			2	2
Weavers.....			1	1
Unknown.....	1	3	17	19	18	22

TABLE XIV.

Showing the Duration of the Disorder on Admission, of the Admissions, Discharges and Deaths in the Year, October 1st, 1894, to September 30th, 1895.

TABLE XIV.
Showing the Duration of the Disorder on Admission, of the Admissions, Discharges and Deaths in the Year, October 1st, 1894, to September 30th, 1895.

CLASS.	DURATION OF DISEASE, ETC., IN FOUR CLASSES.											
	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.		
	M.	F.	T.	Recovered.			Removed, Relieved or Otherwise.			M.	F.	T.
FIRST CLASS.												
First Attack, and within three months of admission	23	18	41	9	11	20	5	7	12	2	3	5
SECOND CLASS.												
First Attack, above three and within twelve months of admission	7	3	10	1	4	5	5	2	7	2	2	4
THIRD CLASS.												
Not First Attack, and within twelve months of admission	12	17	29	10	5	15	7	10	17	2	4	6
FOURTH CLASS.												
First Attack or not, but of more than twelve months' duration on admission	5	10	15	5	4	9	11	10	21	2	5	7
Total	47	48	95	25	24	49	28	29	57	8	14	22

TABLE XV.

Maintenance of Patients in Hospital, September 30th, 1895

COUNTY.	Males.	Females.	Total.
Annapolis	3	2	5
Antigonish	3	1	4
Cape Breton	7	9	16
Colchester	20	15	35
Cumberland	7	6	13
Digby	3	4	7
Clare District	1	1
Dartmouth Municipality	6	5	11
Guysborough	8	13	21
St. Mary's District	2	2	4
Halifax County	9	15	24
" City	23	22	45
Hants, West	5	5	10
" East	5	4	9
Inverness	1	1	2
Kings	15	12	27
Lunenburg	6	8	14
" Town	5	5
Chester District	4	2	6
Pictou	11	11	22
Richmond	1	1	2
Shelburne	1	1	2
Barrington District	1	2	3
Victoria	1	2	3
Yarmouth	2	1	3
Argyle District	1	1
Queens	2	2
Province	17	11	28
Private	5	5	10
Brown and Bell Funds	1	2	3
Totals	171	167	338

Annapolis ...
 Antigonish ...
 Cape Breton ...
 Colchester ...
 Cumberland ...
 Digby ...
 Clare Municipi...
 Guysborough ...
 St. Mary's D...
 Halifax Cour...
 Halifax City ...
 " ...
 Dartmouth M...
 Hants, West ...
 " East ...
 Inverness ...
 Kings ...
 Lunenburg ...
 Lunenburg T...
 Chester Dist...
 Pictou ...
 Pictou ...
 *Richmond ...
 Shelburne ...
 Barrington ...
 Victoria ...
 Yarmouth ...
 Argyle Distr...
 Queens ...
 Funds ...
 Private Pati...

* Due for I

TABLE XVI.

Balances due Hospital, Sept. 30th, 1895.

	Current Acct.	Old Balance, due 1878.
Annapolis	\$ 381 55	\$ 3620 21
Antigonish	497 80	1528 73
Cape Breton	4073 66	6166 53
Colchester	1784 00	459 27
Cumberland	3580 92
Digby	1980 88	895 79
Clare Municipality	534 83
Guysborough	6850 77
St. Mary's District	889 54	809 77
Halifax County	392 17	615 43
Halifax City—Claims on County	5819 09
“	1260 67
Dartmouth Municipality	913 47
Hants, West	1315 97
“ East	320 65
Inverness	216 91	19 91
Kings
Lunenburg	387 09
Lunenburg Town	137 65
Chester District	211 55	2896 73
Pictou	1105 70
*Richmond	315 60	1423 67
Shelburne	238 60
Barrington District	311 76	117 70
Victoria	1059 77	2504 57
Yarmouth	1507 71
Argyle District	120 75
Queens	539 61	2547 33
Funds	158 40	364 31
Private Patients	6065 07	3833 02
	\$37153 05	\$33622 06

* Due for Interest.

TABLE XVII.

Statement for Year.

1894.		
Oct.	Stock on hand.....	\$ 6469 86
"	Warrants drawn.....	4638 91
Nov.	Warrants drawn.....	6316 79
Dec.	Warrants drawn.....	7846 30
1895.		
Jan.	Warrants drawn.....	4156 05
Feb.	Warrants drawn.....	4183 27
March.	Warrants drawn.....	4250 11
April.	Warrants drawn.....	4337 58
May.	Warrants drawn.....	4796 95
June.	Warrants drawn.....	5537 07
July.	Warrants drawn.....	8180 37
Aug.	Warrants drawn.....	3919 89
Sept.	Warrants drawn.....	5907 57
		<u>\$ 70540 72</u>

EXPENDITURE.

Stock on hand	6469 86
Warrants drawn for the year	64070 86
	<u>\$ 70540 72</u>

1895.

Amount of exp
Amount deduc

Sept. 30. Sto

1895.

Maint
Inter
Sales
Defici
Stock

TABLE XVII.—(CONTINUED.)

Statement.

1895.	
Amount of expenditure as per Table 18.....	62339 39
Amount deducted from Farm Account.....	946 55

Sept. 30. Stock on hand.....	7254 78
	<u>\$ 70540 72</u>

EARNINGS.

1895.	
Maintenance and clothing.....	45720 50
Interest.....	1631 05
Sales accounts, sundries.....	946 55
Deficiency.....	14987 84
Stock on hand Sept. 30th.....	7254 78
	<u>\$70540 72</u>

TABLE XVIII.

Showing the amount received from Counties and other sources during the Year 1894-5—(Income).

Annapolis	\$ 1661 68
Antigonish	
Cape Breton	5000 00
Colchester	4644 85
Cumberland	3994 97
Digby	3000 00
Clare District	300 00
Dartmouth (Municipality)	840 20
Guysboro	
St. Mary's District	1254 62
Halifax City	4290 20
" County	4332 13
Hants, West	1730 64
" East	1264 23
Inverness	250 00
Kings	5750 00
Lunenburg	1618 41
" Town	569 15
Chester District	934 89
Pictou	4799 07
Richmond	194 52
Shelburne	
Barrington District	725 00
Victoria	
Yarmouth	1704 12
Argyle District	154 25
Queens	1200 00
Funds	334 53
Private Patients	1921 04
Sundry Sales	946 55
Provincial Patients	20 90
	\$53435 95

Apples (Evapo
 Apples

Allspice

Arrowroot

Broma

Baking Powde
 Berries

Beans

Butter

Barley

Biscuit

Beef

Buckwheat

Bread

Carrots

Cider

Cocoa

Cloves

Citron

Chocolate

Cassia

Corn Meal

Cheese

Cranberries

Coffee

Currants

Cream Tarta
 Ducks

Essences

Eggs

Fish, Fresh

Fowls

Flour

Fish, Dry

Figs

Ginger

Geese

Gelatine

Hams

Haddies

Herring

Hops

Lamb

Lard

Lemons

Mackerel

TABLE XIX.

Expenditure.

FOOD.			
Apples (Evaporated) \$	11 95	Mustard	17 40
Apples	159 05	Malt	15 00
Allspice	3 20	Maccaroni	6 75
Arrowroot	2 00	Milk	754 80
Broma	21 60	Molasses	255 64
Baking Powder	40 45	Mutton	266 19
Berries	83 60	Nutmegs	4 25
Beans	22 03	Oatmeal	341 88
Butter	1964 31	Oysters	8 25
Barley	42 12	Oranges	5 50
Biscuit	109 83	Onions	45 58
Beef	4795 44	Peaches	17 65
Buckwheat	2 50	Pork	7 68
Bread	62 00	Pickles	12 70
Carrots	15 00	Pepper	7 20
Cider	4 50	Prunes	5 60
Cocoa	11 55	Peas	75 68
Cloves	1 80	Potatoes	756 41
Citron	3 40	Partridges	11 40
Chocolate	1 32	Rice	125 46
Cassia	2 08	Raisins	72 42
Corn Meal	80 84	Rabbits	6 64
Cheese	119 66	Saur Kraut	7 50
Cranberries	18 00	Sugar, Brown	320 79
Coffee	199 92	Sugar, White	138 79
Currants	40 27	Shad	75
Cream Tartar	18 00	Sauces	8 50
Ducks	2 50	Salt	49 50
Essences	14 30	Sausages	25 67
Eggs	90 30	Salmon	5 85
Fish, Fresh	633 64	Soda	5 04
Fowls	44 85	Sago	5 00
Flour	1906 25	Suet	12 90
Fish, Dry	416 54	Syrup	8 55
Figs	14 40	Turnips	23 90
Ginger	6 40	Tea	853 72
Geese	79 50	Tongues	80
Gelatine	2 50	Tomatoes	11 70
Hams	99 46	Turkeys	100 00
Haddies	23 43	Veal	41 23
Herring	39 50	Vinegar	67 48
Hops	5 40	Vegetables, evaporated	7 50
Lamb	49 15	Vegetables, canned	5 10
Lard	11 45		
Lemons	50		
Mackerel	5 40		
		<i>Carried forward</i>	<i>\$15802 24.</i>

TABLE XIX.—(CONTINUED.)

Brought forward.....		\$15802 24	
MISCELLANEOUS.			
Baskets	\$ 15 80	Repairs to clock. 2 95	
Telephone	100 00	Water	202 65
Harness and repairs....	97 17	Ice	1 85
Wheelwright	392 50	Press dinner ...	91 86
Medical certificates	65 00	Cab hire	18 55
Insurance	1235 00	Medical books..	19 20
Exp. purchase of property	50 00	Recapture	21 50
Printing Reports	142 00	Apparatus	2 00
Attendants' uniforms ..	202 05	Clearing land..	18 70
Copying deed	2 70	Lanterns	10 00
Veterinary Surgeon....	35 00	Bread board ..	45
Tuning piano	13 00	Flower pots....	6 29
Chromos and frames ..	54 10	Rat traps	2 50
Lecture on massage....	25 00	Repairing organ	7 50
Medical chart	4 48	Bug poison....	1 00
Expenses on parcels....	63	Plants.....	12 00
Medical instruments	8 00	Gravel.....	36 00
Patent Clothes Reels ..	11 00	Lawn mower ..	6 00
Magic lantern slides....	47 95	Papers	40
Statute labor	20 00	Adv'cs to patient	12 08
Bread Cutters	22 50		—————3078 36
Rustic seats	21 00		
Organist	40 00		
		<i>Carried forward..</i>	\$18880 60

Blue

Brooms

Boots and sh...

Brushes....

Buckets....

Brick (knif...

Clay pipes..

Crockerywa...

Coal

Dry Goods

Entertainm...

Funeral exp...

Ferriage ..

Gas Making

Knives and

Matches (sa...

Oil (Kerose...

Furniture..

Pearline ..

Razors and

Officers ..

Pay List..

Wine

Whiskey ..

Drugs ...

TABLE XIX.—(CONTINUED).

<i>Brought forward</i>		\$18880 60
HOUSE EXPENSES.		
Blue	\$ 9 60	Recreation 126 47
Brooms	95 56	Soap
Boots and shoes	854 75	Shoe Blacking . . . 6 00
Brushes	54 59	Spoons
Buckets	21 98	Shoes Repaired. 19 95
Brick (knife)	3 00	Scissors
Clay pipes	4 50	Stamps
Crockeryware	218 65	Straw
Coal	6409 93	Stationery 243 91
Dry Goods	4635 77	Starch
Entertainment	56 90	Tinware and
Funeral expenses	101 00	Repairs 97 10
Ferriage	132 35	Tobacco
Gas Making	420 59	Telegrams 2 27
Knives and Forks .. .	1 90	Toilet soap 1 57
Matches (safety)	19 20	Washing Soda . . 4 48
Oil (Kerosene).....	49 23	Wash Boards .. . 2 00
Furniture	257 67	Wash Tubs..... 6 85
Pearline	9 65	Costic Soda 25 32
Razors and Strops	4 60	—————15407 75
SALARIES.		
Officers	\$ 5583 31	
Pay List	14813 05	20396 36
MEDICINE.		
Wine	\$ 10 50	
Whiskey	21 40	
Drugs	656 90	688 80
<i>Carried forward</i>		\$55873 51

TABLE XIX.—(CONTINUED.)

<i>Brought forward</i>		\$55373 51	
FARM.			
Oats.....	\$ 333 97		
Hay.....	398 33		
Implements, Seeds, &c.....	381 44		
Pollard.....	271 00		
Bran.....	139 65		
Cows.....	148 00		
	\$1672 39		
Less sales, Pigs, &c.....	946 55		
		725 84	
REPAIRS.			
Smith-work.....	\$ 191 64		
Lumber.....	345 79		
Repairs.....	2619 20		
Masons and Helpers' Wages.....	1005 57		
Carpenters' Wages.....	540 00		
Engineers' Assistants' Wages.....	1107 00		
		5809 20	
EXTRAORDINARY.			
New floors.....	230 25		
Painting.....	139 97		
Fencing.....	60 62		
		430 84	
SUMMARY OF EXPENSES FOR YEAR.			
Food.....	\$15802 24		
Salaries and Wages.....	20396 36		
Medicine.....	688 80		
House Expenses.....	15407 75		
Miscellaneous.....	3078 36		
Farm.....	725 84		
Repairs.....	5809 20		
Extraordinary.....	430 84		
		\$62339 39	

Potatoes...
 Beets.....
 Turnips ..
 Mangolds .
 Peas
 Beans
 Onions ...
 Rhubarb .
 Parsnips..
 Plums.....
 Pears.....
 Carrots ..
 Crab Appl
 Herbs
 Raddish..

TABLE XX.

Farm and Garden Produce, 1894-5.

Potatoes.....	600 bush.	Spinach	24 bush.
Beets.....	310 "	Lettuce.....	6 "
Turnips	1550 "	Cucumbers.....	40 doz.
Mangolds	1524 "	Tomatoes	25 bush.
Peas	13 "	Squash	60 "
Beans	40 "	Celery	45 doz.
Onions	30 "	Corn	70 "
Rhubarb	59 "	Cauliflower	10 "
Parsnips.....	214 "	Cabbage	39 "
Plums.....	1 "	Gooseberries	379 qrts.
Pears	4 "	Currants	400 "
Carrots	282 "	Raspberries	40 "
Crab Apples.....	10 "	Hay	60 tons.
Herbs	8 "	Green Feed	20 "
Raddish.....	2 "		
		Beef	500 lbs.
		Pork	4000 lbs.
		Milk	38000 quarts.

REGULA

When
be made
a blank fo
Physician,
tions ther
source on
history an
entered on
Magistrat

On re
case be
Certificate
Municipa
to the app

The
Medical I
"Royal
Chapter

Thes
Warrant

N. B
Magistra
two of t

Upo
Bond, at
an orde
other p
follows.

In t
the pref

Two
patient.

APPENDIX A.

REGULATIONS FOR THE ADMISSION OF PATIENTS

TO THE

Nova Scotia Hospital for the Insane.

Whenever the admission of a patient is desired, application should be made to the Medical Superintendent, who will at once transmit a blank form (the Statement). This form may be made out by the Physician, nearest relative, or friend, and the answers to the questions therein carefully and accurately written out, as it is the chief source on which reliance can be placed, in so far as the previous history and present condition of the patient is concerned, and is entered on the records of the Hospital. It must be sworn to before a Magistrate.

On receipt of the statement, an answer will be transmitted. If the case be one suitable for admission, two blank forms of Medical Certificate, and a blank Warrant in case of Patient chargeable to the Municipality, or blank form of Bond for private Patient, will be sent to the applicant.

The Medical Certificates must be made out by duly qualified Medical Practitioners (those whose names are annually published in the "Royal Gazette,") or they cannot be received. See *Clause 21, Chapter 38, Revised Statutes, Fifth Series.*

These Certificates empower two County Magistrates to make out the Warrant and commit the insane person to the Hospital.

N. B.—In any county in which the Municipal Council has appointed Magistrates to commit insane persons to the Hospital for the Insane, two of those so appointed must sign the warrant.

Upon presentation of proper Medical Certificates and Warrant, or Bond, at the Office of the Commissioner of Public Works and Mines, an order of admission will be furnished, with which order and the other papers accompanying the patient, admission at the Hospital follows.

In the crowded state of the Hospital, the Commissioner must give the preference of admission to presumably curable cases.

Two good suits of clothing at least should be sent with every patient. A third suit for occasional use is very desirable.

Those about to be committed to the Hospital should *invariably* be informed of it *before leaving home*. Everything like deception must be scrupulously avoided. No promises as to the precise time of their return should ever be made.

In order to be benefited by hospital treatment, patients should be placed under care at an early stage of their disease.

The following clauses of Chapter 38 of Revised Statutes, Fifth Series, are appended for information of those desiring the admission of a patient :

CLAUSE 21. In every case where admission is sought for a patient, a statement in writing in the form of Schedule A. shall be filled up and sworn to before some justice of the peace by a party cognizant of the facts therein contained, and forwarded to the Medical Superintendent for examination; *and his answer and approval shall be received before the patient is forwarded*. No person shall be received into the Hospital for the Insane as a patient without a certificate, as in Schedule B, from two qualified medical practitioners in actual practice in the province, of whom the one shall not be the son, brother, partner, or assistant of the other, the examination therefor having been made not more than 30 days before admission.

CLAUSE 22. In case of private paying patients, a bond shall be given to the Commissioner of Public Works and Mines, with sufficient sureties for payment of expenses, and a payment of one quarter's board shall be made in advance. Such bond may be sued on as often as shall be necessary, and recovery had in the supreme or county courts, according to the amount sued for and according to the ordinary practice of the court in like cases.

CLAUSE 26. In case such person shall have been certified to be insane by only one medical practitioner, before his apprehension, he shall be again examined and certified, as in Schedule B, by two duly qualified practitioners, to be appointed by the Commissioner of Public Works and Mines, before he shall be admitted into the Hospital.

CLAUSE 30. The Commissioner of Public Works and Mines, in the case of patients now in the Hospital for the Insane, or on whose behalf admissions are sought, and where, in his judgment, there are circumstances justifying a departure from the ordinary rates, may make special agreements for the amount and payment of board; and where a patient from violence or otherwise requires a special or extra attendant, such extra attendance shall be charged and paid for in the same manner as ordinary charges.

N. B. The Superintendent has no power to admit a patient without the order from the Commissioner of Public Works and Mines.

When
application
for dischar
Mines.
In cas
now custo
occur befo
any new fo

To be fo

Some
ing physi
each que
profession

1. M
2. V
3. S
whether
- 4.
- 5.
- 6.
7.
child-bi
- 8.
9.
iarities.
success
habits,
ate or i
10.
relation
convuls
Have
narcoti

DISCHARGE OF PATIENTS.

When a patient recovers, the friends are notified, and upon their application, with the Medical Superintendent's certificate, the order for discharge is granted by the Commissioner of Public Works and Mines.

In cases of doubtful recovery, after six months' residence, it is now customary to grant leave of absence "on trial." If a relapse occur before final discharge, the patient is at once re-admitted without any new formalities.

SCHEDULE A.—STATEMENT.

To be forwarded to the Medical Superintendent when application is made for the reception of a Patient.

Some member of the family or acquaintance (assisted by the attending physician, if practicable) should give a full and complete answer to each question—all facts thus given will be regarded as private or professional communication.

1. Name of patient (in full).
2. Where born.
3. Son (or daughter) of. Give names of parents, and state whether they are or are not blood relations.
4. Residence _____, County of _____
5. Age _____, last birthday.
6. State as to marriage. Single, married, or widowed.
7. Number and age of children. If female, give date of last child-birth.
8. Occupation (or that of father or husband).
9. Personal characteristics. Give any physical defects or peculiarities. Habits as a child and since then; disposition and tastes; success in business or condition of life. Has the patient any vicious habits, or always led a regular life; is he or she addicted to the moderate or immoderate use of alcoholic beverages, or a total abstainer?
10. Family history. Give all facts pertaining thereto—if any relations have been insane, hysterical, nervous, or have had fits, convulsions, or syphilis, and whether on paternal or maternal side. Have either been addicted to intemperate use of stimulants or narcotics?

-
11. Education.
 12. Religion.
 13. Previous attacks. State if patient has ever had convulsions, fits, or any previous attacks of insanity. The age at time of attack, its character, duration and treatment employed. If sent to an asylum, state where, and the result of treatment. Give particulars of subsequent attacks, if any.
 14. Previous health. Has the patient ever had sunstroke, or any injury of head, or any other serious injury or any serious disease such as fever, ague, syphilis, gout, rheumatism, consumption or affection of the lungs, heart, brain, kidney, or other organ. Has patient ever been delirious, and if so, give supposed cause.
 15. Present attack. Give date of any change in the usual condition of habits, disposition and temper. What was the change? Has he been rash or speculative of late in business, or has he exaggerated notions of his ability, strength, power, &c.? What has been done so far as regards care or treatment?
 16. Assigned causes. Give supposed cause or causes, predisposing, or remote, and the existing or present cause.
 17. Duration of present attack. Give date of commencement.
 18. Whether subject to epilepsy. State if patient has falling sickness or fits of any kind.
 19. State as to sleep. Sleepless or restless at night,
 20. Appetite for food. Natural, depraved, fastidious or absent.
 21. If dangerous to others, how? Give full particulars. State every attempt to injure others. Was it from sudden passion or premeditation? Has the patient been subject to mechanical restraint or confinement, and if so, where and in what form, and for how long a time?
 22. If suicidal, in what manner. State whether attempted or threatened, and how often?
 23. Present condition. Whether in usual health, or feeble and emaciated. Is the voice natural, or is there hesitancy or stammering in speech? Is there any paralysis, or loss of power of limbs? Is sight and hearing natural? Is patient excited or quiet, pleasant, or moody and irritable? What is the occupation during the day and night? Is there failure in memory, or are his ideas exaggerated?

24. Wh impressions ideas connect dropped or f writing?

25. Pres habits or lan there indulg

26. Pec both questio

27. Na

I. Ph

II. Par

III. Cor

IV. Tel

I, A. B. above parti receive theday of unsound Insane.

Degree with the pa

Sworn the County

N. B.— the fact is reply shall

NOTE. illness, or communic

24. What delusions. Give their characteristics. Are there false impressions concerning the individuality or surroundings? Are the ideas connected, or is the mind continually wandering? Is a word dropped or forgotten in conversation, or mis-spelled or absent in his writing?

25. Present habits and propensities. Is the patient filthy in habits or language, or destructive of clothing, furniture or glass? Is there indulgence in secret vice, and if so, how long?

26. Pecuniary circumstances, and to whom chargeable. Answer both questions.

27. Name and addresses of

- I. Physicians.
- II. Party giving the history.
- III. Correspondent to whom letters may be addressed.
- IV. Telegraphic address.

I, A. B., make oath and say that to the best of my knowledge the above particulars are correctly stated, and I hereby request you to receive the above named....., whom I saw at..... on theday of.... (being within one month from this date) a person of unsound mind, as a patient, into the Nova Scotia Hospital for the Insane.

.....

Degree of relationship (if any) or other circumstances of connection with the patient.

Sworn to before me, one of Her Majesty's justices of the peace for the County of.....this.....day of.....18..

Name.....J. P.

Address.....

N. B.—If any of the particulars in this statement be not known, the fact is to be stated. *No patient to be sent to Hospital until a reply shall have been received to this statement.*

NOTE.—All letters of inquiry will receive a prompt reply. Severe illness, or the occurrence of anything of moment, will be immediately communicated. Stamps must be enclosed to prepay reply.

SCHEDULE B.—CERTIFICATE.

(a) Name in full I, the undersigned (a)
 (b) Qualification, being (b) and in actual practice
 hereby certify that I, on the day of
 (c) Locality, 18 , at (c) in the County of
 separately from any other Medical Practitioner, personally
 (d) Name in full, examined (d)
 (e) Residence, of (e) (f) and that the said
 (f) Occupation, is a person of unsound
 mind, and a proper person to be taken care of and detained under care and treatment; and that I have formed this opinion on the following grounds, viz.:

1. Appearance. 1. Facts, indicating insanity, observed by myself:
 2. Conduct.
 3. Conversation.

(g) State the information and from whom. 2. Facts, indicating insanity, communicated to me by others (g)

Name,

Place of Residence,

Date.

N. B.—Two Certificates, (dated within one month of the committal) are required in every case. The second should not be signed by the father, brother, son, partner, or assistant of the Medical Practitioner who signed the first certificate.

NOVA S

The au
 establish a
 becoming
 with special

Those
 the Superin

The m
 five years.
 must send
 their good

Success
 expiration
 plete the p
 in the hosp
 misconduct
 the course

The in
 managing
 making of
 preventing
 tions, pou
 food, the
 the admin
 upon patie
 of mental
 and the ca

They
 supplying
 manner, a
 all utensil

APPENDIX B.

NOVA SCOTIA HOSPITAL FOR THE INSANE.

TRAINING SCHOOL FOR NURSES.

The authorities of the Hospital for the Insane, having decided to establish a training school for nurses, offer to give women desirous of becoming professional nurses, a course of training in general nursing, with special reference to the care of nervous and mental diseases.

Those wishing to receive such a course of instruction must apply on the Superintendent of the Hospital for the Insane, Halifax, N. S.

The most desirable age for candidates is from twenty-one to thirty-five years. They must be in sound health, and with their application must send a certificate from some responsible person, testifying to their good health and moral character.

Successful applicants will be given one month's probation, at the expiration of which they will, if accepted, sign an agreement to complete the prescribed course of two years. The nurses in training reside in the hospital, and serve as assistant nurses in its wards. In case of misconduct or inefficiency, they are liable to dismissal at any period of the course.

The instruction will include the general care of the sick; the managing of helpless patients in bed, changing bed and body linen, making of beds, etc.; giving baths, keeping patients warm or cool, preventing and dressing bed sores; bandaging, applying of fomentations, poultices and minor dressings; the preparing and serving of food, the feeding of helpless patients, and those who refuse food; the administration of enemata and use of the catheter; attendance upon patients requiring diversion and companionship; the observation of mental symptoms, delusions, hallucinations, delirium, stupor, etc.; and the care of excited, violent and suicidal patients.

They will also be given instruction in the best practical methods of supplying fresh air, warming and ventilating sick rooms in a proper manner, and taught to take proper care of rooms and wards, in keeping all utensils perfectly clean and disinfected, etc.; to observe the sick

accurately in regard to the state of the secretions, pulse, breathing, skin, temperature, sleep, appetite, effect of diet, stimulants, and medicine; and the managing of convalescents.

The course will include a term in the infirmary ward under the charge of a competent hospital nurse, and lectures will be given at stated periods by the asylum staff. Examinations, chiefly on practical points, take place from time to time.

The pupils will be paid at the rate of ten dollars (\$10) per month during the first twelve months; twelve dollars and fifty cents (\$12.50) per month during the remainder of the course, and at the end of this, if a satisfactory examination is passed and the nurse decides to remain in the service of the hospital, an advance will be given. In addition, the pupils are entitled to uniforms, board and washing.

They will be required to wear at all times, when on duty in the ward, the hospital uniform dress, etc.

When the course is completed, nurses who have been successful at the examinations will receive a diploma, certifying to their period of training, etc.