

# PREFACE.

HE Pain Killer Annual and Household Physician has been received with unexpected favor. We now present a new and much improved edition for the ensuing year.

In its preparation the best authorities upon "Sick Room Cookery" have been consulted, and such receipts have been selected as will best aid us in carrying out our design, of making the *Annual* not only a guide to health, but a convenient and valuable book of reference to those who have the care of the sick and unfortunate

Our Medicine, the PAIN-KILLER, has stood the test of time, and has established a universal reputation for subduing Pain and Disease.

No curative agent has had such a wide-spread sale or given such universal satisfaction. It is a purely vegetable compound, and perfectly safe even in unskilful hands.

After thirty years' trial, it is still receiving the most unqualified testimonials to its virtues from persons of the highest character and responsibility. Physicians of the first espectability recommend it as a most effectual preparation for the extinction of pain.

The various diseases that may be reached by it and entirely cured, if used at the very commencement, makes it imperative upon every Household to keep the Pain-Killer always near at hand.

We caution all persons to observe that our name accompanies the wrapper and label surrounding each bottle, and the words "DAVIS' VEGETABLE PAIN-KILLER!" be blown in the glass.

PERRY DAVIS & SON.

CALENDAR FOR 1871

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ECLI	PSES IN 1	871

In the year 1871 there will be four Eclipses, two of the Sun, and two of the Moon.

- I. A partial Eclipse of the Moon, Jan. 6. Moon rises eclipsed. II. An Annular Eclipse of the Sun, June 17. Invisible.
- III. A partial Eclipse of the Moon, July 2. Invisible. IV. A total Eclipse of the Sun, Dec. 11. Invisible.

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# SICK ROOM COOKERY.

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There is no subject connected with health deserving of greater attention then the food we eat. The healthy and robust may eat with impunity, what others, with less strong digestive organs, could not bear. It becomes, therefore, important to everybody, to know what kind of food may be eaten without injury to themselves, and which will serve to fortify the body against disease, instead of paving the way for nature's maladies to attack the system. With the sick and bed-ridden (and with the young infant deprived of natural food), not only proper food, but food properly prepared, is more essential to their health than the best medicines; and yet there is no subject that perplexes a kind nurse so much as to know what food to cook for the invalids or the baby, and how to cook it.

We have, in the following pages, selected for her guidance, such receipts and other information as will, we trust, prove a great boon to the nurse, and a blessing to the patient.

### What People Injuriously Eat.

They consume too much carbonaceous food—such as fats, oils, butter, lard, sugar, pork, fritters, dough-nuts, greasy griddle cakes, pies, and pastry. Carbon dwarfs the soul. It imparts an unnatural addition of flesh. It possesses no strength-giving power. It obscures the mind, so that we see as "through a glass darkly." In many diseases it interferes with the digestion, clogging up the system, and hastening destructive disintegration.

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#### The Annual.



Wife to Husband.—Charles, I wish, when you are in the village to-day, that you would step into the Druggist's and buy a bottle of the Pain-Killer. Be sure and get the genuine, made by "Perry Davis & Son."

Husband.—What on earth do you intend doing with the PAIN-KILLER, my dear?

Wife.—Freddy caught a severe cold last night, can hardly speak, he is so hoarse, and George has had the too hache since yesterday morning, and yourself with the Rheumatism. If what everybody says can be believed, the Pain-Killer will cure these complaints, and such a house as this is we are always in trouble, and it would be a perfect God-send if we could find something to ease our lesser afflictions.

Husband.—Well, Mary, anything for a quiet home; we will try the Pain-Killer.

Husband (returned from the village.) — Mary, here my dear; I have just returned from town and brought with me your entire list—Tea, Coffee, Sugar, Calico, and in short a waggonful of—

Wife (hastily)—And forgot the PAIN-KILLER?

Husband.—Oh! no; couldn't forget that; it's the most prominent object in every store in town; and besides, the fences and stones and buildings all have "Pain-Killer" painted or pasted on them to remind one of it every minute. The store-keeper says that the Pain-Killer should be in every house, and where one can put their hand on it in the dark, if need be.

Wife.—It must be valuable, else the Parson's wife wouldn't

praise it to the skies as she does.

Husband .- And what does the Parson's wife say about it?

Wife.—Why, it does everything but impossibilities; she cures Sore Throat, Canker Rash, Croup, Coughs, Colds, Bowel Complaints, Cramps, Neuralgia, Rhuematism; in fact, she is a host of Doctors all in herself, if she has a bottle of PAIN-KILLER with her.

Husband.—She needs to be; I never saw such children as hers are, they are always cutting their fingers, spraining their ankles, and falling down stairs.

Wife.—Yes, and the PAIN-KILLER is magical when used for Sprains, Bruises and Fresh Cuts. That reminds me; Willie cut

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We give below a table of the results obtained by Dr. Beaumont, not as a mere matter of curiosity, but as furnishing information of the most valuable kind in connection with animal nutrition. The first column indicates the substance taken into the stomach, the last, the time required for its digestion:—

	H.M.	1	H.M
Boiled Rice	1.00	Mutton, fresh	3.1
Sago, Tapioca, Barley and		Veal	4.0
Boiled Milk	2.15	Wheat Bread, fresh baked	3.3
Tripe and Pigs' Feet	1.00	Corn Bread	3.1
Fowls, Beef's Liver	2.30	Sponge Cake	2.3
Hard Eggs	3.30	Succotash	3.4
Soft Eggs	3.00	Apple Dumpling	3.0
Custard	2.15	Apples, sour and mellow	2.0
Trout, boiled or fried	1.30	Apples, sweet and mellow	1.3
Other fresh Fish	3.00	Parsnips, boiled	2.3
Beef, rare roasted	3.00	Potatoes, boiled	3.3
Beef. dry roasted	3.30	Potatoes, roasted	2.3
Salt Beef, with Mustard	2.30	Raw Cabbage	2.3
Pickled Pork	4.30	Raw Cabbage, with Vinegar.	2.0
Fresh Pork	3.00	Cabbage, boiled	4.3

#### Coffee and Tea.

Coffee may be used with benefit by laboring men; but black tea is the best drink for sedentary persons.

#### Smoking.

In Consumption, Catarrh, and Nervous Exaltation of the system, moderate smoking is always beneficial.

### Health Aphorisms.

I.—Rise early, and take a good walk or ride before breakfast.

II.—Do not eat breakfast immediately on rising. The stomach is not in a condition to receive food.

III.—There is a great virtue in fasting early in the day, and at evening.

IV.—Let the breakfast and the supper be light—reserving strong food, as meat, etc., for the middle of the day.

V.—A good rule would be: rise at 7—breakfast at 8 or 9—dinner at 1—a light tea at 6.

VI.—Eat slowly, masticate thoroughly, and drink in sips. Very little fluid during meals. Liquids should be taken an hour after meals—then they assist digestion.

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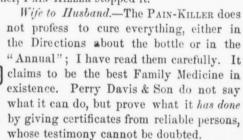
#### The Annual.

his finger awfully this morning; I will hasten and put some PAIN-KILLER on it.

Husband.—You have great faith, Mary, in the Pain-Killer. The Parson's wife and Mrs. Judge Jones are very positive in favor of it; but I am inclined to think that if did all it professes to do sickness and death would soon be out of fashion, for it cures everything.

Wife.—The Parson's wife and Mrs. Judge Jones are not the only ones that I have heard strongly recommend the Pain-Killer; everywhere I go they have it and everybody praises it; all the Liniments, Cholera Mixtures and Pain Medicines have disappeared since Perry Davis' agent came round. (To little boy) George, does your tooth still ache, my dear!

George.-No, Mother, PAIN-KILLER stopped it.



Husband.—Do you think these certificates are bonâ fide; I believe they are made up to sell the goods.

Wife.—Judge Jones was as incredulous as you till he wrote to Perry Davis & Son and was satisfied; they sent him a quire of certificates, received from parties within five miles of his own house.

Husband.—What do these certificates amount to?

Wife.—They prove that Perry Davis' Pain-Killer is safe to use under any circumstances; that it is not only a Liniment to rub on Bruises, Cuts, Scalds, Burns and external complaints, with unfailing relief, but that it has done miracles in curing Colic, Cramps, Spasms, Heartburn, Diarrhœa, Dysentery, Sour Stomach, Dyspepsia, Sick Headache, and also it was the Pain-Killer that cured John Sparkler of the Fever and Ague; you know he had it for over a year.

Husband.—Did it cure any Rheumatism about here; I am more interested in that than I am in fever and ague.

#### BROTHS AND MEAT TEAS.

#### Mutton Broth.

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Take the scrag end of a neck of mutton, chop it into small pieces, put it into a saucepan filled with water, and set it over a fire. When the scum begins to rise, skim it off, add a little nutmeg, French barley, or a crust of bread to thicken it; boil the mutton till it will shake to pieces, then strain your broth through a hair sieve, skim off the fat, and send it up with dry toast.

#### Chicken Broth.

Skin a small chicken and split it in two parts, boil one half in three half-pints of water, with a blade or two of mace (or a little nutmeg), a small crust of white bread; boil it over a slow fire, till it is reduced to half the quantity; pour it into a basin, and take off the fat, and send it up with a dry toast.

All Meat Broths are made in the same manner.

A. Andrews, of the *Bruce Reporter* (Kincardine) says: "I think very highly of the Pain-Killer as an excellent remedy, and have no hesitation in strongly recommending it."

#### Extract of Meat.

Cut lean juicy beef or mutton in small bits, fill a quart bottle three-fourths full. Cork and wire tightly, and put the bottle in a kettle of cold water; let it boil gently one hour; when it is removed, press the meat to obtain the juice which may yet remain in the meat.

#### A VERY NICE PAIR.

Two magpies sat on a garden rail,
As it might be Wednesday week;
And one little magpie wagged his tail
In the other little magpie's beak.

And doubling, like a fist, his little claw-hand, Said this other, "Upon my word, This is more than flesh and blood can stand, Of magpie or any other bird."

So they pecked and they scratched each other's little eyes, Till all that was left on the rail Was the beak of one of the little magpies, And the other little magpie's tail.

#### The Annual.

Wife.—You had better go over to Judge Jones and see the certificates for yourself; there is no question but what they are convincing, and I don't think he has returned them yet to Providence, R. I., where Perry Davis & Son's head office is.

Husband.—I am really getting interested in the Pain-Killer, my dear, and I will call on the Judge to-day, for my Rheumatism

is quite unbearable.

Husband (returned from a call on Judge Jones).—Well, Mary, I have examined those certificates and found them straight as a string; there are so many imitations and counterfeits sticking, like barnacles, to every good medicine, that I have learned to look upon the good and bad as one and alike. It is very wrong, however; this Pain-Killer of Perry Davis has stood the test of time. Doctors and Druggists have not been able to hush it up; it's as you say, Mary, in everybody's house, and I am astonished to find it has been doing such a world of good about here, and we have known nothing about it.

Wife.—It must have cured somebody's Rheumatism or you would'nt have been converted so easily.



Husband.—Converted! Why it has cured a dozen of cases about here within a year: Simon Tinkler, who, you know, used to be such an awful sufferer with it and was laid up half the time—why it was this same Perry Davis' Pain-Killer that cured him. George Trotter, who Doctor Squills used to pity so much and call such a great sufferer, he, too, was cured with the Pain-Killer, and what's more, he writes that he paid Doctor Squills over one hundred Dollars for attending him and was growing worse all the while; here, my dear, rub some of it on my shoulder at once. I am through with Doctor Squills; if Pain-Killer can't cure me, nothing will—I am convinced of that.

Wife to Husband—(Rubbing the PAIN-KILLER on his Rheumatic shoulder briskly)—Its a great pity such a good medicine as

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Have ready a bright bed of ccal, rub a thick juicy steak with a very little salt; broil quickly, and press out all the juice as it gathers; it may be made boiling hot or used as it leaves the beef. If used without cooking, however, it will be more strenghtening than if changed by heat.

#### Chicken Tea.

Cut the meat from the bones, put it in a bottle with a little water; cork and wire the bottle and put it in cold water and boil one hour.

#### Sage Tea.

Dried leaves of sage, half an ounce; boiling water, one quart. Infuse for half an hour, and strain, add sugar and lemon juice as required by the patient. Balm and other herb teas are made in the same manner.

The above infusions form agreeable drinks in fevers.

#### Malt Tea.

To one pint of ground malt add three pints of scalding water; that is, water not quite brought to the boiling point; infuse two hours and strain; add sugar, and flavor to suit the taste. An excellent preparation in inflammatory fevers.

The following ode is by "one of the good old stock":-

"That seat is engaged," said a pretty young maid,

As I entered a carriage one day;
"To whom?" "A young gentleman," pouting, she said.
"Then where is his baggage, I pray?"

Her ruby lips opened, like rosebuds in spring, Her face in deep blushes was dyed

As muttering crossly "You hateful old thing! Why, I am his baggage," she cried.

#### Herb and Root Teas.

All herb and root teas should be made with the same care as green tea. Steep them in earthenware teapots, tightly closed, and use them while fresh; the infusions loose life by long steeping and exposure to air. Strain the tea before serving.

#### Beef Tea.

Lean beef, cut into shreds, one pound; water, one quart. Boil for twenty minutes, taking off the scum as it rises. When it grows cold, strain.

#### The Annual.

Perry Davis' Pain-Killer is not more extensively used; just see what a world of good it has done even since we have had it. George don't have the toothache any more; it has saved Freddy a severe attack of Fever; it has cured me of Dyspepsia, and I know it will relieve you of Rheumatism.

Husband.—You are right, Mary, the Pain-Killer seems to fire up the cold corners of my shoulder and put new life into it; it certainly does act instantaneously. I do think, my dear, I am cured already. (Meditatingly.) Well, well, all I have heard said of it is true; my shoulder is free from pain the first time for these two months.

Wife.—It is strange we never have been induced to try it before; I should have thought you would have been often advised to try it.

Husband.—I have had the Pain-Killer recommended many times; but between the Doctors and Druggists, they have always succeeded in keeping me from using it, by suggesting other trash that has done me no good.

Wife.—People seem to enjoy paying the Doctor five to ten Dollars every now and then to experiment on them, when a twenty-five cent bottle of Pain-Killer would give them far more relief; and then the Druggists are so obliging, it is very hard to say "I want Perry Davis' Pain-Killer, and nothing else will do," and thus refuse to buy their trash.

Husband.—I shall know them better hereafter. Druggists and Storekeepers are doing not only themselves a great deal of harm, but their customers also, by inducing them to buy an article unknown and without merit. Perry Davis' Pain-Killer has been before the public for over thirty years: it is known in every quarter of the earth, and is sold by every Druggist and most storekeepers and grocers. As a Cholera specific and Diarrhœa medicine, its reputation has no parallel. I am surprised that we have lived so many years without it.

Wife.—Charles, the reason is you have been taking whatever the storekeeper would recommend; we have always had a bottle of Pain Cure or Reliever or Pain Remedy, or some such trash in the house; we have tried them over and over again.

Husband.—And that is just the reason I objected to try the PAIN-KILLER on my Rheumatism; I thought it was like those other things—a humbug.

### GRUELS.

### Indian Meal Gruel.

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Put into a spider one quart of cold water; stir in a teacup of cold water a large table spoonful of sweet Indian meal, stir this in the water; add a little salt, and boil it gently fifteen minutes, stirring constantly for five minutes. It can be enriched by a spoonful of sweet cream, sweetened or spiced to suit. For a convalescent boil raisins in the gruel, add sugar, nutmeg and a little butter—break into the gruel a nice cracker or toasted bread.

#### Oatmeal Gruel.

Take one spoonful of oatmeal, boil it in three pints of water tlll it is fine and smooth, then take it off the fire and let it stand and settle, then pour it into a bowl, and add white wine, sugar and nutmeg to your taste; serve it up hot with buttered toast on a plate.

#### Flour Gruel.

Tie a teacup of flour in a strong cloth and boil it six hours; when it is done it will be a hard cake of flour; dry it and grate a large table spoonful, mix it in paste with cold water and stir it in boiled milk; let the gruel boil gently for ten minutes and add salt. This is excellent for patients suffering with bowel complaints.

### Arrowroot Gruel.

Arrowroot one table spoonful; sweet milk half a pint; boiling water half a pint—to be sweetened with loaf sugar. Excellent diet for children when the bowels are irritable.

### Sago Gruel.

Sago two teaspoonfuls; water one pint; boil gently until it thickens, frequently stirring. Wine, sugar, and nutmeg may be added, according to circumstances.

#### Barley Gruel.

Boil pearl barley till tender—reduce it to a pulp—pass it through a seive; add water until of the right consistence; boil fifteen minutes, and season to suit the taste.

#### Caudle.

Make a smooth thick gruel with groats or Indian meal, stir it while cooling, and add nutmeg sugar and wine to suit the taste.

#### The Annual.

Wife.—I wish I could but speak to every mother in America, especially those who live in the country places, or far from a good Physician. I would (like the Parson's wife) insist on their buying a bottle of Perry Davis' Pain-Killer. If they could not afford to buy, I wish I could present them with a bottle; but few, very few indeed, but could find a quarter of a Dollar to buy it if they only knew the benefits and comfort it would afford them.

Husband.—For children the Pain-Killer is invaluable. Aches and pains are as nothing with them, if they have the Pain-Killer at hind—it acts so quickly. For you it has been invaluable; it ured you of Dyspepsia, and for me I cannot express my thankfulnes since my terrible Rheumatism has left me.

Wife.—I mus be sure and tell the Parson's wife what a blessing this Pan-Killer has proved, and what a good work she is doing in teling its merits everywhere she goes.

#### For the Sick Room.

The following rece makes a delicious refreshing wash in the sick room, and cools he aching head:

Take of rosemary, vormwood, lavender, rue, sage, and mint, a large handful of each. Place in a stone jar, and turn over it one gallon of strong cier-vinegar, cover closely, and keep near the fire for four days, the strain, and add one ounce of pounded camphor-gum. Bottle ad keep tightly corked.

There is a French legal connected with this preparation, (called vinaigre à quat voleurs). During the plague at Marseilles, a band of robbs plundered the dying and the dead, without injury to themselve. They were imprisoned, tried, and condemned to die, but were ardoned on condition of disclosing the secret whereby they cour ransack houses infected with the terrible scourge. They gavene above recipe.

Another mode of using it is wash the face and hands with it before exposing one's self tony infection.

It is very aromatic and refreing in the sick-room; so, if it can accomplish nothing more; is of great value to house-keepers.

#### Water Gruel.

Take one spoonful of oatmeal or corn meal, boil it in three pints of water, till it is fine and smooth, then take it off the fire and let it stand and settle, then pour it into a bowl, and add white wine, sugar, and nutmeg, to your taste; serve it up hot, with buttered toast upon a plate.

#### Rice Gruel.

Ground rice one heaping teaspoonful, ground chnamon one teaspoonful, water one quart. Boil gently for twenty minutes, adding the cinnamon near the conclusion. Strain and sweeten. Wine may be added in some cases.

Why is a hog a good mathematician?—Because he is good on a "square root."

#### Rice Milk.

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Take a teacupful of rice, pick and wash welland put it down to boil with water; when sufficiently cooked dd three pints of milk, sweeten to your taste, and put in somewhole cinnamon; let it boil about ten minutes; then stir in threeggs well beaten; stir until well thickened—then serve. This an excellent dish to use in DIARRHŒA and DYSENTERY.

# Sago Milk.

Wash a table spoonful of sago; put it in a quart of new milk; stir until it is has boiled, then let it simm until reduced onehalf, and season to suit the taste.

# Ground Rice Mik.

Take a dessert spoonful of rice flow mix in a smooth paste with cold milk; boil one quart; stir in t) paste; boil five minutes and season to suit the taste.

The Pain-Killer is not in any sise a "cure-all;" we only claim for it the very best position mong the prominent and valuable household remedies. W believe a judicious diet, careful treatment, and avoidance oexposure, are as important as a good medicine. Indeed, the est of medicines must fall if these points are neglected.

We have long used the PANKILLER in our families and recommended it to our friends, at it has never deceived us, nor failed to meet our most sanguinexpectations.

# A DOZEN REASONS

WHY THE



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# Best Family Medicine of this Age

And why it should be kept always near at hand: -

- 1st. Pain-Killer is the most certain Cholera cure that medical science has produced.
- 2nd. Patn-Killer, as a Diarrhœa and Dysentery remedy, is unequalled. It seldom if ever fails.
- 3rd. Pain-Killer will cure Cramps or Pains in any part of the system. A single dose usually effects a cure.
- 4th. Pain-Miller will cure Dyspepsia and Indigestion, if used according to directions.
- 5th. Pain-Hiller is an almost never-failing cure for Sudden Colds, Coughs, &c.
- 6th. Pain-Killer has proved itself a Sovereign Remedy for Fever and Ague, and Chill Fever: it has cured the most obstinate cases.
- 7th. Patn-Killer as a liniment is unequalled. For Frost Bites, Chilblains, Burns, Bruises, Cuts, Sprains, &c., no Physician can do more than it.
- 8th. Pain-Hiller has cured cases of Rheumatism and Neuralgia after years stand
- 9th. Pain-Killer will destroy Boils, Felons, Whitlows, Old Sores and Swelled Joints, giving relief from Pain after the first application.
- 10th. Pain-Miller cures Headache, Toothache, and Neuralgic Pains in any part of the body.
- 11th. Pain-Killer will save you days of sickness, and many a Dollar in time, and Doctors' Bills.
- 12th. Pain-Killer is a purely Vegetable preparation, safe to keep and to use in every family. The simplicity attending its use, together with the great variety of diseases that may be entirely eradicated by it, and the great amount of pain and suffering that can be alleviated through its use, makes it imperative upon every person to supply themselves with this valuable remedy, and to keep it always near at hand.

The Pain-Killer is now known and appreciated in every quarter of the Globe. Physicians recommend it in their practice, while all classes of society have found in it relief and comfort,

#### Coffee Milk.

Boil a dessert spoonful of ground coffee in nearly a pint of milk, for a quarter of an hour; then put into it a shaving of isinglass and clear it. Let it boil a few minutes and set it beside the fire to clarify; sweeten with loaf sugar.

# Barley Milk.

Boil pearl barley in milk until it becomes as thick as thin cream flavor; to suit.

# SOUPS.

Physicians do not now consider soups as nourishing as formerly. Teas made from meats are much more so; and nothing in the form of food can be found more stimulating than the Extract of Beef, when properly prepared in the form of Tea. (See receipt.)

# Neudle Soup.

Six eggs well beaten; a teaspoonful of salt and flour to make a paste to roll. Roll it as thin as paper; fold it and shred it fine. Boil it in a gallon of any meat broth, and season with salt and pepper. For an invalid boil it in milk and water, slightly thickened if desired.

# Chicken Soup.

Cut up the fowl, cut each joint, and let it boil one hour, then stir in powdered crackers, pepper, and salt, to season; let it boil up fifteen minutes, and serve.

# Vegetable Soup.

Take one turnip, one potatoe, and one onion, let them be sliced and boiled in one quart of water for an hour; add as much salt as is agreeable, and pour the whole upon a slice of dry toast. This forms an agreeable substitute for animal food, and may be given when the latter is inadmissible.

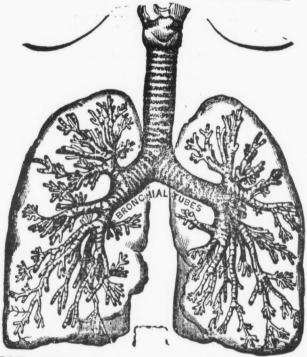
Caution.—Never enter a sick-room in a state of perspiration, as the moment you become cool the pores absorb. Do not approach contagious diseases with an empty stomach, nor sit between the sick and the fire, because the heat attracts poisonous vapors.

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# FOR THE CURE OF CONSUMPTION

and all diseases that lead to it, such as COUGHS, NEGLECTED COLDS, BRONCHITIS, PAIN in the CHEST and Diseases of the LUNGS and THROAT, Allen's Lung Balsam is unequalled and has established for itself a

# WORLD-WIDE REPUTATION.

Physicians recommend it in their practice, and the formula from which it is prepared is highly commended by Medical Journals. The Clergy and the press have complimented it in the most glowing terms, and it stands the very first among the popular Cough Remedies of the age.

Caution.—As there are numerous Cough mixtures sold under appellation of Cough Balsam, Specifics, &c., intending purchasers will be careful and not be deceived; procure only ALLEN'S LUNG BALSAM; remember that the genuine has the signature of J. N. Harris & Co. on the outside wrapper, and "ALLEN'S LUNG BALSAM" is blown in the glass.

Sold by all Druggists and Dealers in Family Medicines.

# DRINKS FOR INVALIDS.

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# Barley or Corn Coffee.

Get common barley, wash it in several waters; dry and brown it without burning. Grind the barley, mix it with egg, and pour over it boiling water; let it boil a few moments and strain it clear. Season as the patient likes. This is excellent drink for persons troubled with bowel complaints. Corn coffee is made in the same manner, and is used to settle the stomach.

# Crust Coffee.

Toast slowly one or two slices of brown or white bread, pour boiling water over it, sweeten to suit the taste and drink hot or cold, according to preference.

#### Suet Ptisan.

Sheep suet two ounces, milk one pint, starch half an ounce, boil slowly for half an hour. This may be used as a common drink in Dysentery.

The popularity of the Pain-Killer has induced others to imitate it to a great extent. Purchasers should be careful and buy none but the genuine.

An Irishman put his head into a lawyer's office, and asked the inmate, "An' what do you sell here?" "Blockheads," replied the limb of the law. "Och, thin, to be sure," said Pat, "it must be a good trade, for ye have but one of them left."

A Missouri farmer being asked if raising hemp was a good business, answered, "I can't sartin say; but it is surely better than being raised by it."

#### Lemonade.

Fresh lemon juice about four ounces, thin lemon peel half an ounce, white sugar four ounces, boiling water three pints. Let them stand till cold and strain. When used in fevers, a little spirits of nitre may be added. It may be further diluted to suit the taste of the patient.

The New York Examiner says:— Every mother and house-keeper must often act as a physician in the many illnesses and accidents that occur among children and servants. For many these cases, I have used DAVIS' PAIN-KILLER, and consider it an indispensable article in the medicine box. In Diarrhea, it has been used and effected cures. For cuts and bruises it is invaluable.

# CONSUMPTION:

# Cough and Lung Remedy, for Families to keep at hand: ALLEN'S LUNG BALSAM.

It sells everywhere and gives satisfaction. Read the following:

PORT BURWELL, Ont., March 23rd, 1869.

Gents,—I am pleased to notify you of the benefit which I have received from your Allen's Lung Balsam. Having been troubled with an occasional cough, at times very severe, during years past, I have found your Balsam to relieve my cough more readily than anything I ever tried. My wife has also used it with most satisfactory results.

Yours truly,

CAPT. D. FOSTER.

WEST FARNHAM, Que., Jan. 21, 1871.

MESSRS. PERRY DAVIS & SON,

Gents,—I have had a bad cough for several years past, and every time I took a little cold, my cough increased. I had consulted several Physicians without obtaining from them anything to relieve me. I, at last, was induced to try Allen's Lung Balsam by one of your agents, which I found to help me. I continued its use until I was entirely cured. I can safely recommend the Lung Balsam as a valuable family medicine, and one every family should keep at hand.

Your respectfully, E. H. RIPLEY.

MOTHERS,—Have you delicate, weakly children, who are always taking cold, and subject to Croup? Remember, there never was a case of Croup which did not originate in a Cold! And when your child goes to bed, wheezing and coughing, you know not that, before morning, Croup may not set in, and ere you can get a physician, your dear child may be beyond the reach of help. We beseech you, therefore, as you value the lives of your children, keep Allen's Lung Balsam by you in the house. Let every Mother, especially, heed well these remarks, that she may not hereafter, when mourning over the early blight of some cherished blossom, have occasion bitterly to reproach herself for her criminal neglect. It is an old adage, that "to be forewarned is to be forearmed." Parents, so let it be in your case.

#### Apple Water.

Cut two large apples in slices, and pour a quart of boiling water on them. Or pour the same amount of water on roasted apples. In two or three hours strain and sweeten, also add grated nutmeg.

### Barley Water.

To make good barley water choose the best pearl barley, boil it for a few minutes, then throw away the water, and add fresh, in the proportion of a pint to an ounce of barley. Boil quickly in a tin or earthen vessel, and then let it simmer for an hour; strain and sweeten; flavor with lemon, or according to taste. It is a very mucilaginous drink, and beneficial to invalids.

### Barley Negus.

One pint of barley water, half a pint of wine, a tablespoonful of lemon juice, nutmeg, and sugar to suit the taste.

Read the following:

Worthington, Ohio, May 22nd 1866.

Dear Sir:—I bear willing testimony to the sterling merits of Allen's Lung Balsam for all Pulmonary troubles. I had a very distressing cough, and the Balsam gave me immediate relief and permanent benefit. I have had a severe attack of Pleurisy and by its aid was relieved and cured. I am satisfied that all that is necessary to convince any one of its merits, would only be to make a trial of it, and I cheerfully recommend it to all whose condition demands anything of this nature, asking for it an impartial trial, and believing they will, and hoping they may be benefitted as much as I was myself.

I am respectfully, &c.,

S. R. TAYLOR.

### Rice Water.

Rice two ounces, water two quarts, boil an hour and a half in a tin or earthen vessel, and add sugar and nutmeg. Rice, when boiled for a considerable length of time, becomes a kind of jelly, and mixed with milk is a very excellent diet for children. It has in some measure a constipating property, which may be increased by boiling the milk.

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# CONSUMPTION CURED!

Convincing Testimony.

Don't experiment with new and untried mixtures—you cannot afford it—but try at once this invaluable article. It can be found in any Drug Store and at most general stores. It is warranted to break up the most troublesome Cough in a few hours, if not of too long standing. It is warranted to give entire satisfaction in all cases of Lung and Throat difficulties.

Read the statement of Dr. Scovill, of Cincinnati, who is extensively known throughout the United States.

J. N. HARRIS & Co.:

GENTS-This is to certify that my sister was attacked with a cough, to which, at first, she paid but litle attention; but, after a little time, it became dry and hard, and she could not expectorate the phlegm. This went on, she thinking it would wear itself off in a short time. Finally, the lungs became sore and painful. The exertion to raise seemed to increase the irritation. She had one of the ablest physicians in the country, who attended her for a long time, but he gave only temporary relief. At this time what she raised was of a yellow and thick matter; the cold chills and night sweats followed; the system prostrated; the bowels constipated; the appetite poor; the hands and feet cold and clammy; the eyes glassy, with all the attending symptoms of being in the LAST STAGE OF CONSUMPTION. Tubercles had formed and rotted off one of the veins, which caused hemorrhage of the lungs. She bled more than a pint at a time. The physicians, on examining her lungs, found a tubercle as large as a hen's egg. At this crisis, she commenced the use of the LUNG BALSAM, which she took freely at first, as directed, until she raised large quantities of phlegm. When this matter was once thrown off, she felt greatly relieved. As she inhaled air into her lungs, it seemed to produce new life to the system. She now began to have hopes of getting well again. She bathed over the chest and back, used stimulating drinks, diet, and tonics, which the directions recommend. The cough rapidly decreased; the sores on the lungs began to heal; the appetite became stronger; the cold chills and night sweats stopped, and the strength returned, UNTIL SHE HAS ENTIRELY RECOVERED HER HEALTH; and now, at this time, she is as likely to die of any other disease as that of Consumption. I have known this BALSAM to be used in many other cases, which the PHYSICIANS AND FRIENDS HAD GIVEN UP ALL HOPES of getting better. They appeared to be in the last stages of consumption. They had cold night sweats, attended with a diarrhea, tubercles formed and ulcerated; yet they were cured, and now apparently enjoy good health. I have also found it to be one of the best Cough MEDICINES THAT I HAVE EVER USED.

Respectfully, yours, Dr. A. L. SCOVILL.

MR. SAMUEL LEWIS, an old esteemed resident of Cincinnati for many years, writes us as follows:—On the 22nd of November last, I sent you a statement of the great benefit that I had received from ALLEN'S LUNG BALSAM, at which time, I was not altogether cured; but now I am happy so say I have recovered my health. Previous to using the BALSAM, I was exceedingly low; my friends thought I could not possibly get well. I would cough for hours at a time, and would raise large quantities of phlegm, mixed with corrupted matter. I would recommend all those afflicted with the last stages of Consumption, to give this BALSAM a trial. In truth, I may say it has saved my life.

### Chicken Water.

Take half a chicken divested of all fat, and break the bones, add to this a half gallon of water, and boil for half an hour, season with salt.

#### Lemon Water.

Put two slices of lemon, thinly pared, into a teapot, a little bit of the peel and a bit of sugar, pour in a pint of boiling water and cover it close for two hours.

No present health can health insure
For yet an hour to come,
No medicine, though it oft can cure,
Can always balk the tomb.

# Raw Egg and Milk.

Beat a yolk very light, add it to a tumbler three-fourthsful of milk, beat until it foams, add sugar and flavor; a little Port wine may be added if desirable.

ALLEN'S LUNG BALSAM contains no opium in any form. It is perfectly harmless for the most delicate child. It is everywhere in good demand and gives good satisfaction.

# Raw Egg and Wine.

Drop an egg in wine, and drink it without breaking the egg or beat the yolk, add it to the wine, beat them together, flavor to suit the taste. Beat the whites as light as possible, and then beat them through the yolk; wine, sugar and spices, and drink immediately. This forms a delightful beverage, and is excellent to be taken when recovering from slow fevers.

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# Lung Balsam,

S. & J. H. Walford, of Renfrew, Ont., write, dated Feb. 28th, 1871:—"We have sold ALLEN'S LUNG BALSAM for several years, and have often received verbal testimonies to its efficacy in curing Whooping Cough and other Throat and Lungs diseases."

James Bissel, of Chatham, Ont., writes, under date Feb. 27th, 1871:—"I was afflicted with a severe Cold and Cough. I tried various remedies without effect. I afterwards used ALLEN'S LUNG BALSAM, and after using two bottles I was cured. I would strongly recommend this Balsam to those suffering with severe Coughs and Colds."

They have sharp lawyers down East. One of them, marketing for a dinner, asks a poultry-dealer, "Is that turkey a young one?" "Yes, sir." "Will you take your oath of it?" "Certainly I will." Lawyer administers the oath, charges a dollar for the service, and takes his pay in poultry.

Wm. Page, of Fingal, Ont., writes, March 4th, 1871:—"I have used ALLEN'S LUNG BALSAM for a Cold, settled on the Lungs, with perfect success, after everything else I could get had failed!

Adam Walker, of Tavistock, Ont., writes, in February, 1868, that after trying many Cough and Lung remedies for a severe cold, which he has suffered with for three years, he procured ALLEN'S LUNG BALSAM and was being much benefitted by it.—In a letter still later he said his night sweats were all gone, and he was rapidly recovering; his appetite was much better, and he felt like a new man.

A LADY, who had read of the extensive manufacture of odometers to tell how far a carriage had been run, said she wished some Connecticut genius would invent an instrument to tell how far husbands had been in the evening when they just step down to the post-office.

### Wine Whey.

Milk-two thirds of a pint, water one-third of a pint, Madeira or other wine one gill, sugar one dessert spoonful. Place the milk and water together in a deep pan on the fire, and at the moment when it begins to boil pour in the wine and the sugar, stirring assiduously whilst it boils for twelve or fifteen minutes. Lastly strain through a sieve. This is excellent in all forms of Fever, given in small quantities. It may be drunk either cold or tepid, a wine-glassful at a time.

# Vinegar Whey.

Milk one pint, vinegar one table spoonful, boil for a few minutes and separate the curd.

# Mustard Whey.

Bruised mustard seed one table spoonful, milk one pint, boil together for a few moments and separate the curd.

This has been found a useful drink in Dropsy, a teacupful may be taken at a time.

# Milk Whey.

Steep a piece of rennet, an inch and a half square, in a teacup of hot water for four or five hours, then strain the water into two quarts of new milk: when the curd has well formed, put it gently in a sieve, until the whey and curd are separated. May be drank warm or cold.

# Nitre Whey.

Pour into a pint of boiling milk, a table spoonful of sweet spirits of nitre, strain and sweeten: let it be drank warm. It is used to promote perspiration, and is good in cases of severe cold.

That was a thoughtful economy of the Irishman in the pit of a Dublin theatre, who, seeing some people about to throw an obstreperous fellow in the gallery over the railing, and being much exasperated by a bad orchestra, cried out loudly:—"Don't waste him; kill a fiddler with him?"

A COMFORT FOR INVALIDS.—Sometimes the sick are much annoyed at night by the light in the room attracting insects, giving an unpleasant odor, or vitiating the air of the chamber. Take any kind of box, remove the cover, set it up lenghthwise, place a lamp or candle in it, and fasten it on the outside of the window so as to set close to it, with the open part looking through the window into the room.

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# STOP THAT COUGH!

DON'T DELAY.

One week, one day, and it may be too late! Consumption is waiting to number you with its many victims.

# HOW CAN YOU STOP IT? WHERE IS THE REMEDY?

ALLEN'S LUNG BALSAM CAN PROCURE MORE EVIDENCE OF REAL MERIT THAN ANY OTHER ARTICLE FOR THE PURPOSE. IT IS SOLD EVERYWHERE RY DRUGGISTS AND GENERAL STOKE-KEEPERS.

Read the following extract from a letter received from Mr. S. E. Burwell, a well-known merchant of Ontario:

Messrs. Perry Davis & Son,

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Dear Sirs,—Last autumn I was suffering from a severe cold, which settled on my Lungs, and produced a distressing cough for which I gave trial to a number of Cough Medicines, but without any benefit. I, at last, tried one bottle of Allen's Lung Balsam, which, I am happy to be able to state, gave almost immediate relief, and performed a perfect cure in a short time.

Yours truly,

S. E. BURWELL.

Fingal, Ont., March 4, 1871.

Read the following letter, from a prominent merchant of Marine City, Michigan:—

MARINE CITY, MICH., July 28, 1870.

Dear Sirs,—The Allen's Lung Balsam has arrived. I would not like to be without it, for it has saved my life. I took a bad cold, and a cough, and finally consumption was seated upon me. I was in a very bad state. I tried everything that was recommended, and spent a great deal of money and got no help. I had the Allen's Lung Balsam for sale, but knew nothing of its merits. I did not like to take it without knowing more about it; I had not sold a bottle. When your agent called on me I told him I could not sell a medicine I knew nothing about. He urged me to try it myseif. I did so, and, to my great surprise, the first bottle stopped my cough, and before the third bottle was taken my lungs were healed and well, and I can now speak knowingly to my friends and customers of the good qualities of Allen's Lung Balsam.

I remain yours respectfully,

L. C. COTTRELL.

# MISCELLANEOUS DISHES FOR INVALIDS.

### Puddings for the Sick.

Grate boiled flour, (see flour gruel) make a stiff paste; add salt and one egg; stir into a teacupful one pint of hot milk, little by little, boil it over steam half an hour, and serve with maple syrup or sugar and cream. Boiled mush, plain rice or milk, stiffened with rice flour, salted and sugared, either boiled or baked, are good.

Ministers and Public Speakers, who are so often afflicted with Throat Diseases, will find a sure remedy in ALLEN'S LUNG BALSAM. Lozenges and wafers sometimes give relief, but this Balsam, taken a few times, will insure a permanent cure.

#### Griddle Cakes for the Sick.

Boil pearl barley to a jelly, grate boiled flour, (see flour gruel) take a tablespoonful of the flour, two of the barley jelly and one egg; beat well together then thin to a batter; add salt, and bake.

# To make a Cream Toast for the Sick.

Toast the bread nicely; boil milk, add very little flour and salt, and strain it through a sieve on the toast. If butter is allowed, add a little.

A female lecturer said: "Get married, young men, and be quick about it. Don't wait for the millenium for the girls to become angels. You'd look well beside an angel, wouldn't you, you blockheads?"

### Egg and Toast for the Sick.

Let the whites only of the egg congeal, toast a slice of bread; dip it in hot water a little salted and lay on it the egg, season with salt only.

#### Raisin Panada.

Raisins, one cupful; water one pint; boil for fifteen minutes, strain, and pour the water while hot over crackers or toast, sweeten and add nugmeg to suit the taste, then serve—forms a very agreeable drink for patients recovering from severe sickness.

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# BRONCHITIS, or THROAT DISEASE.

Those afflicted will read the following.

ZANESVILLE, OHIO, Feb. 20, 1869.

MESSRS. J. N. HARRIS & Co.

Gents,—I have been afflicted for ten or twelve years with Bronchitis in its worst form, and have tried everything that I could buy recommended, but with little or no relief, until I used your Allen's Lung Balsam, which gave me relief in a short time. I believe it is the best preparation extant for all diseases of the throat and lungs; and I feel it my duty to say this much for my own case, so that others may try it, and get relief.

Respectfully,

MATTHIAS FREEMAN.

We know Mr. Freeman well; and his statement above is correct.

W. A. GRAHAM & CO.,

Wholesale and Retail Druggists, Zanesville.

We clip the following interesting letter from the Middlebury (Vt.) Register. Dr. Harris has for over twenty years been a respected resident of Middlebury:

MIDDLEBURY, VT., November 16, 1866.

MR. EDITOR: It is only to subserve the interests of humanity that I request a short space in your valuable paper to inform the public what Allen's Lung Baslam is sure to do. Two years ago I was attacked with a severe cold; it settled in my throat, which so affected the organs of speech that I could not speak aloud for nearly six weeks. I got through the winter, coughing nights almost incessantly, with cold night sweats, with increased irritation which extended into the bronchial tubes, and which kept me coughing all summer. I was at Shoreham, on a professional visit, the past October, when the "Good Samaritan" came along, introducing Allen's Lung Balsam into New England. I procured a bottle and took it according to directions, and found immediate relief. I have now taken two bottles, which has entirely cured me. For the last two years, or during the time of my affliction, I was in a state of constipation, which the Balsam has most effectually regulated. No family should be without this valuable medicine.

NATH. HARRIS, M. D., Dentist.

Hours of Sleep.—The hours of sleep must be regulated by the constitution. An old rhyme has it:

"Nature requires five, Custom gives seven: Laziness takes nine, And Wickedness eleven."

# Tapioca Cream.

Three tablespoonsful tapioca, cover with water, and soak four hours, pour off the water, put one quart of milk over the fire; when it boils, stir in the yolks of three eggs and a little salt, stir till it begins to thicken. Make a frosting of the three eggs, and spread over the top. Flavor with vanilla.

#### Soft Custard.

One pint milk, two eggs, half a teacupful of sugar; add the sugar to the milk, and set it over the fire until it comes to a boil, then stir in the eggs, first beating them thoroughly; let the custard remain over the fire till it thickens, constanly stirring it. Flavor with vanilla or almond, to suit the taste.

# Custard Pudding.

Boil a quart of milk, beat up six eggs light, sweeten the milk to your taste, add the eggs, flavor it, and bake it in a pudding dish, or in cups, grate a little nutmeg over it.

# To make an Oatmeal Custard.

Take two teaspoonsful of the finest Scotch oatmeal, beat it up into a sufficiency of cold water in a basin to allow it to run freely. Add to it the yolk of a fresh egg, well worked up; have a pint of scalding new milk on the fire, and pour the oatmeal mixture into it, stirring it round with a spoon, so as to incorporate the whole. Add sugar to your taste, and throw in a glass of sherry to the mixture, with a little grated nutmeg. Pour it into a basin, and take it warm in bed. It will be found very grateful and soothing in cases of colds or chills. Some persons scald a little cinnamon in the milk they use for the occasion.

# Milk Porridge.

Wheat flour, cornmeal, or oatmeal two tablespoonsful, milk one pint, water one pint, mix the flour or meal with cold water to form a thin paste; put the milk and water over the fire, and when they come to the boiling point add the paste, carefully stirring; boil half an hour or longer.

# French Milk Porridge.

Stir some oatmeal and water together, let the mixture stand to clear, and pour off the water, then put more water to the meal, stir it well and let it stand till the next day. Strain through a fine sieve and boil the water, adding milk while so doing. The proportion of water must be small. With toast this is a good preparation for a weak person.

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# Allen's Lung Balsam

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# MINISTERS AND PUBLIC SPEAKER

who are so often afflicted with Throat Diseases, will find a sure remedy in this Balsam. Lozenges and wafers sometimes give relief, but this Balsam, taken a few times, will insure a permanent cure.

Will all those afflicted with Coughs or Consumption, read the following and learn the value of

# ALLEN'S LUNG BALSAM?

# What the Doctors say:

Amos Woolly, M. D., of Koscuisko Co., Indiana, says:—"For three years past I have used Allen's Lung Balsam extensively in my practice, and I am satisfied that there is no better medicine for lung diseases in use."

Isaac R. Doran, M. D., of Logan Co., Ohio., says:—"Allen's Lung Balsam not only sells rapidly, but gives perfect satisfaction in every case within my knowledge. Having confidence in it, and knowing that it possesses valuable medical properties, I freely use it in my daily practice and with unbounded success. As an expectorant it is most certainly far ahead of any preparation I have ever yet known"

preparation I have ever yet known."

Nathaniel Harris, M. D., of Middlebury, Vermont, says:—
"I have no doubt it will soon become a classical remedial agent for the cure of diseases of the Throat, Bronchial Tubes and the Lungs."

Dr. Lloyd, of Ohio, Surgeon in the army during the war, from exposure, contracted Consumption. He says:—"I have no hesitation in stating that it was by the use of your Lung Balsam that I am now alive and enjoying health."

Dr. Fletcher, of Missouri, says:—"I recommend your Balsam in preference to any other medicine for Coughs, and it gives satisfaction."

#### DIRECTIONS ACCOMPANY EACH BOTTLE.

J. N. HARRIS & CO., Scle Proprietors,

# PERRY DAVIS & SON, Montreal,

General Agents for the Dominion of Canada.

Sold by all Druggists, and wherever this Book is distributed the Lung Balsam can be found at a Store in the vicinity.

# To Cook Sago or Tapioca.

Cleanse it in several waters and soak it in water an hour; then boil it in water until clear; season to suit the taste.

# Jelly of Rice or Tapioca.

Boil until they form a mass; pass through a sieve; season to suit the taste and mould.

# Rusk of Barley or Corn.

Brown barley or corn; grind in the coffee mill, and eat it in milk. It is excellent.

# Wine Jelly.

Dissolve one ounce of isinglass in a half pint of water: add nutmeg, cinnamon, mace, cloves—a very little of each; simmer gently half an hour without scorching; strain it and set it away to cool; take a pint of wine, cut into it the jelly; simmer in an earthen jar until the jelly dissolves; add sugar, another pint of wine, warm altogether, strain and put into mould.

# Cakes for the Sick.

Sponge cake and simple cookies are the best cakes for an invalid. Rich cakes should be avoided.

# Invalids' Biscuits.

Melt three-fourths of a pound of butter in a pint of new milk, and pour it on three-fourths of a pound of white sugar; when cool, put in half a dessert-spoonful of yeast, and a whole one of caraway seeds; add flour sufficient to make it into a stiff paste to roll thin; prick and cut into shapes, and bake them.

# A very nice way of making Bread.

Take one cup of Indian meal, and two of flour; scald with a pint of boiling water. When cool, add two cups of milk, one of yeast, and flour sufficient to mould. The more it is kneaded the better. When risen sufficiently, bake.

### Rice Biscuits.

Two tablespoonsful of rice flour, three of wheaten flour, two of powdered sugar, a piece of butter the size of a walnut, to be rubbed into the flour, as much boiling milk as will scald the mixture. Beat with the rolling pin till short, roll out very thin, and cut into rounds as large as the top of a tumbler. Bake in a very slow oven.

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Rusks and the top crusts of loaves have long been used as food for children. They are recommended by Dr. Underwood, in his valuable work on the "Management of Infants," published nearly a century ago. The rusks may be bought, or may be made and reduced to a panada, as follows: Tear into pieces the crumb of a newly-baked loaf, and brown them, without burning in an oven. Boil in water for an hour, beat them into a fine pulp, then add warm milk, a little loaf sugar, and a few grains of salt

### Top Crust.

The top crust of a light and well baked loaf may be prepared in the same manner as rusk food, by boiling in water for an hour and beating into a fine pulp. Mix with warm milk, and add a little loaf sugar, with a few grains of salt.

### Bread Panada.

Soak a few thin slices of stale, light, and well baked bread in hot water, so as to form a pulp of suitable consistence. Simmer it gently, with some little addition of water from time to time as it thickens; then add two or three tablespoonsful of warm milk, a little loaf sugar, and a few grains of salt. The objection to this bread pap, as commonly used, is, that nurses are sometimes apt to make it too thick. It should not be given with a spoon until the infant is twelve months old.

No. 2.—Cut thin slices of bread into a basin; cover the bread with cold water; place it in an oven for two hours, to bake; take it out—beat the bread up with a fork, and then slightly sweeten it. This is an excellent food.

No. 3.—If the above should not agree with the infant (although if properly made, they most always do,) grate boiled flour. (See flour gruel.)

No. 4.—Another way: bake flour (biscuit-flour) in a slow oven, until it is of a light fawn color. This food will sometimes produce constipation, if so, add to the flour a little prepared oatmeal; or Robertson's Patent Greats; add in the proportion of one part oatmeal to two parts flour; one tablespoonful mixed with a quarter of a pint of milk or milk and water; well boiled and sweetened produces a thick and nourishing food for infants or invalids.

In nothing is poor Richard's proverb, "a stitch in time saves nine," truer than in what concerns our health, for a little timely care or medicine, promptly used, not only preserves or restores health, but often saves life.

# READ! READ!! READ!!!

# DR. PERRIN'S FUMIGATOR,

FO

Catarrh, Asthma, Coughs, Colds, Sore Throat, etc.

NEGLECTED catarrh invariably terminates in consumption. The putrid secretions emanating in the head, oozing from the mucous lining, descend into the throat, and during sleep fill the stomach and lungs with decomposed and offensive secretion, which, by constant contact with those delicate organs so important to life, soon start decay and suppuration, which always terminates in death. To arrest this disease in its early stages, and completely avert so dire a calamity, is the object of PERRIN'S FUMIGATOR. This remedy enjoys a reputation for the cure of catarrh, and diseases of the head and throat, leading to incipient and incurable consumption, that has commanded the attention of the medical world. This remedy, in the form of a medicated air or vapor, penetrates every cavity, exerts a wonderful curative power on the mucous lining, shrinks up, so to speak, the membrane, and deodorizes the putrid, deadly, and offensive discharge, which, by being retained in the system, works so much mischief to the animal economy. How very successful this remedy is, let the thousands it has cured speak in living praise of its matchless power over a disease which is the scourge of our whole country. The ingredients from which it is manufactured embrace a class of herbs, balsams, barks, etc., heretofore excluded from the list of curatives, and by botanists considered inert and of no earthly importance. But as knowledge is all-powerful, and new discoveries are constantly being made, we rejoice that the healing of the sick and investigation of new and powerful medical agents march on, hand in hand, and we sometimes think outstrips the more abstrace spinness. It is enough to know however that in the abstruse sciences. It is enough to know, however, that in the discovery and use of PERRIN'S FUMIGATOR a chord was struck that convulsed the medical world and set gray-headed doctors smelling and tasting this matchless compound. Nor is the effect more wonderful than its mode of administration is novel. It is nothing to be taken inwardly. It is smoked in a common pipe, and by blowing the medicated fumes through the nostrils, this insidious remedy penetrates as if by magic the secret ambush of the disease, and exterminates it at once and

Large boxes, One Dollar; Sample boxes, Twenty-Five cents, Sold by all Druggists, or will be sent by mail, free.

Ask for Dr. HERRICK'S Almanac at your nearest Store.

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#### Bread Panada.

White bread one ounce, ground cinnamon one teaspoonful, water one pint, boil them until well mixed and add a little sugar and nutmeg. Wine or butter may also be added, if desirable.

An old bachelor says that giving the ballot to women would not amount to anything practically; because they would insist that they were too young to vote until they got too old to take any interest in politics.

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If you ever should have the misfortune to "let the cat out of the bag," never try and stuff her back again; it's such a mistake; you only make, inevitably make, matters forty times worse.

# Bread Panada with Wine.

Boil equal parts of wine and water, grate bread crumbs and thicken the wine with them, beat constantly while boiling and season to suit the taste. A bread panada may be made with the juices of fruit and water in the place of the wine and water.

"Are the jury agreed?" asked the judge of a court attaché whom he met on the stairs with a bucket in his hand. "Yes," replied Patrick, "they have agreed to send out for half a gallon."

# Meat and Bread Panada.

Mince so small that it will pass through a coarse sieve the white meat of a cold chicken, beef or mutton; boil broth or water, season with salt and thicken with the meat, stir it constantly while boiling, and serve with nice toasted bread broken in bits.

# TO PHYSICIANS.

Physicians having Consumptive patients, and having failed to cure them by their own prescriptions, if they desire to try ALLEN'S LUNG BALSAM, by writing to the proprietors, they will send a formula, which will enable them to judge whether the ingredients are of a superior compound or not. The medical properties are extracted by a chemical process. The apparatus by which some of them are extracted cost many thousands of dollars.

# SYMPTOMS OF LIVER COMPLAINT.

A sallow or yellow color of the skin, or yellowish brown spots on the face and other parts of the body; dullness and drowsiness, with frequent headache; bitter or bad taste in the mouth, dryness of the throat and internal heat; palpitation of the heart; in many cases a dry, teasing cough, with sore throat; unsteady appetite; sour stomach, with a raising of the food, and a choking sensation in the throat, which is often attributed to worms; sickness and vomiting; distress; heaviness or a bloated and full feeling about the stomach and sides, which is often attended with pains and tenderness; aggravating pains in the sides, back or breast, and about the shoulders; restlessness at night, with a tired and sore feeling of the whole body on rising in the morning; colic, pain and soreness through the bowels, with heat; constipation of the bowels, alternating with frequent attacks of diarrhoa; piles; flatulence; nervousness; all-gone feeling; thick, turbid, or high-colored urine; coldness of the extremities; rush of blood to the head, with symptoms of apoplexy; numbress of the limbs, especially at night; tenderness and fullness in right side, which often extends to the left; cold chills, alternating with hot flushes; female weakness and irregularities; fainting fits, etc.

All of the above symptoms indicate more or less derangement of the liver, and are so characteristic that few can be misled. Of course it is not be supposed that all of the above symptoms will be found in any one case. In many instances only a very

few of them may be manifested.

It depends much upon the length of time the difficulty has been existing, organization of the particular system affected, climate, general habits, occupation, sex, etc. etc. Of course, the longer or more severe the derangement, the more numerous the symptoms or external manifestations of the internal discord and complication. If nature, in her salutary struggles to relieve the blood from its poisonous qualities, throws or deposits the greater portion of it upon the delicate organs called Lungs, there is at once more or less cough as the result, with, eventually, all the long train of symptoms of Consumption. If the bowels receive the most of the poisonous deposit, diarrhœa, dysentery, piles, bilious colic, etc., are the result. If the stomach receive it instead. dyspepsia, cholera morbus, cramps and pains in the stomaco sick-headache, heartburn, and many other unpleasant symptoms are the result. If the poisonous bilious matter is thrown to the skin, all kinds of eruptions and skin diseases are quickly induced.

For over a quarter of a century have HERRICKS SUGAR-COATED PILLS been used with remarkable success in the treatment of diseased liver; and from their immense sale, and unsurpassed virtues as a medicine, no one afflicted with any of the symptoms enumerated above should fail to use them.

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# Slippery Elm Poultice.

Stir ground slippery elm bark into hot water and let it swell. This is a very soothing poultice for irritable sores.

#### Onion Poultice.

Boil the proper quantity of onions till they are quite soft, strain off the water, mash them to a pulp, and add a little lard, or sweet oil to prevent them getting hard, then spread. This is quite stimulating and induces indolent sores to maturate more freely.

#### Carrot Poultice.

Boil the proper quantity of carrots till they are quite soft, strain off the water, mash them to a pulp, and add a little lard, or sweet oil to prevent them from getting hard, then spread. A good application for malignant and offensive sores.

### Flax Seed Poultice.

Put boiling water in a basin, and stir in flax seed meal to make a thick paste, spread on linen and apply.

#### SLY THOUGHTS.

"I saw him kiss your cheek!"
"'Tis true"
"O Modesty!" "'Twas strictly kept:
He thought me asleep; at least I knew
He thought I thought he thought I slept!"

JESSE SMITH writes, January 11th, 1866, to Mr. R. Wood, Druggist, at Erin, Ontario, and says:—I have been afflicted with bronchial affections for several years, have used various remedies, but they produced no good effects until I tried Allen's Lung Balsam, from which I derived much good. I would recommend its use to all parties suffering from similar troubles or bronchial diseases.

Fresh Ark.—Give your children plenty of fresh air. Let them snuff it up until it sends the rosy current of life dancing joyfully to their temples. Air is so cheap and good, and so necessary withal, that every child should have free access to it. To put children on a short allowance of fresh air, is as foolish as it would have been for Noah, during the deluge, to have put his family on a short allowance of water.

# DR. HERRICK'S

# STRENGTHENING PLASTERS

are a combination of Vegetable Gums, Balsams, Juices, and RESINS, with IRON, the whole formed to make a plaster that will be pliable, and, therefore, comfortable to wear on the person. One of the principal recent improvements Dr. Herrick claims over all other plasters is the addition of IRON, which his plasters, and no others, contain. It is conceded by all intelligent physicians that the principal vital force of the human system is the IRON contained in the blood. This is derived chiefly from the food we eat; and if, from any cause, the necessary quantity of IRON is not taken into the circulation, the whole system suffers. This is a positive proof of the great value of IRON, and is the great secret of the wonderful success of Dr. Herrick's Plasters in curing so many diseases, apparently unlike, by the simple application of a plaster on the skin, the IRON being taken into the system by absorption, and its magnetic influence and electricity developed thereby.

First.—It is preeminently a great strengthening plaster, and therefore used with most certain success in all cases of

Second.—It is not a Porous Plaster, it is a great Absorbent PLASTER, causing a copious perspiration, which thus enables the innumerable pores of the skin to absorb its virtues, and by this means cures every kind of PAIN and ACHES, ACUTE and CHRONIC RHEUMATISM, LAMENESS and STIFFNESS OF THE JOINTS, PAINS IN THE SIDE, BACK, OR ANY PART OF THE BODY, and in SPINAL COMPLAINTS it is used with the most surpassing success; and even in Curvature of the Spine it has done wonders. In HIP COMPLAINTS its effect has been almost magical. LIVER COMPLAINT, with the assistance of one or two doses of Herrick's Sugar-Coated Pills, it has never been known to fail in producing

Third.—It is a Nervine Plaster, possessing all the wondrous and unparalleled virtues of IRON and its magnetic influences, and will, therefore, be found of surpassing value in all nervous complaints, such as Neuralgia, Tic Douloureux, Nervous Tremors, deficiency of Physical Energy, and all complaints

arising from a derangement of the nervous system.

Fourth.-In the combination of IRON with its other invaluable ingredients, it is self-evident that it must be of unrivalled benefit in Coughs, Colds, Asthma, Oppression of the Lungs, Weakness of the CHEST or BACK, and all those dangerous complaints that lead to Consumption.

Lastly.-To Delicate Ladies. for weakness and many of those distressing complaints to which Females are especially liable, Herrick's Iron Plasters are invaluable, which will be evident on reflection, as no preparation or article is so necessary in all cases of Female Weakness as IRON.

HERRICK'S Iron AND GALBANUM PLASTERS will maintain their virtues for years, and keep unimpaired in any climate.

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# FOOD FOR INFANTS.

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In laying before our readers so large an infant's dietary to choose from, we beg to remind them babies require simplicity in food—a child a greater variety. If you find any one of the many articles or diet given below to agree with the babe, keep to it. Great care and attention should be observed on preparing any of these articles of diet. A babies stomach is very delicate, and will revolt at either ill-made or lumpy or burnt food.

# Boiled Crumbs of Bread.

Boil the crumb of bread for two hours in water, taking praticular care that it does not burn; then add only a little lump sugar (or brown sugar if the bowels are costive) to make it palatable. When the babe is five or six months old, mix a little new milk—the milk of one cow—with it. Gradually, as the child grows older, increase the quantity until it is nearly all milk, there being only enough water to boil the bread: the milk should be poured boiling hot on the bread.

### Prepared Rice.

The following is a good and nourishing food for a baby: Soak, for an hour, some best rice in cold water: strain, and add fresh water to the rice; then let it simmer, till it will pulp through a sieve; put the pulp and the water in a saucepan, with a lump or two of sugar, and again let it simmer for a quarter of an hour. A portion of this should be mixed with one-third of fresh milk, so as to make it of the consistency of cream; when the baby is five or six months old, add new milk. If a child's bowels are relaxed and weak or if the motions are offensive, the milk must be boiled. For such a child put into five large spoonsful of pure water one dessert spoonful of fine flour, rubbed smooth; set over the fire five spoonsful of new milk, and put two bits of sugar in it; the moment it boils pour it into the water and flour, and stir it over a slow fire for twenty minutes. Where there is much emaciation genuine arrowroot, made with good fresh milk, slightly sweetened, and a small pinch of salt, is excellent.

# Baked Crumbs of Bread.

Crumb some bread on a plate, put it a little distance from the fire to dry; when dry, rub the crumbs in a mortar, and reduce them to a fine powder; then pass them through a sieve. Having done which, put the crumbs of bread into a slow oven to bake until they are of a light fawn-color. A small quantity of this baked crumb of bread must be made into food, in the same way as gruel is made, and should then be slightly sweetened with lump sugar. This excellent food for a child is recommended by Mr. Chavasse, in his "Advice to a Mother"

# HARVELL'S CONDITION POWDER.

The great reputation Harvell's Horse and Cattle Powders have gained amongst Horsemen and Stock Raisers, warrant us in saying that the consumer will find, upon trial, that they contain a larger quantity of VALUABLE MEDICINE than there is in any other Powder offered for sale. Twenty years ago, Dr. Herrick & Co. commenced manufacturing those Condition Powders. The satisfaction they have given, the popularity they have obtained, and the estimation in which they are held by stock-dealers is such that ninety thousand dozen are annually required to supply the market. celebrated powders are a compound of vegetable remedies, so combined that horses and cattle love them; and when sick will eat wet oats or provender, when these Powders are mixed with them, which they would otherwise fail to touch.

Harvell's Condition Powder will cure all cases of

Worms—Loss of Appetite—All Coughs and Colds—Recent Founders— Horse Distemper-Hide Bound-Botts-Scurvy-Colic-Roughness of Hair or Coat—Stoppage of Water and Bowels—Inflammation of the Lungs and Bowels-Swelling of the Glands of the Throat-Loss of Cud-Horn Distemper-Black Tongue-Gripes—Gapes and Cholera in Poultry—Will backen the Heaves, and in recent cases effect a cure. Also first stages of Glanders and Farcy.

Harvell's Condition Powder may be used successfully in all diseases of Horses, Cattle, Mules, Sheep, Hogs, Poultry, etc., by regulating the dose from a table-spoonful to a greater quantity, according to age, condition, and severity of the case.

We authorize Dealers to guarantee entire satisfaction when given according to the directions, or the money refunded.

Herrick's Sugar-Coated Pills, Twentyfive Cents a Box.

Herrick's Kid Strengthening Plasters, Twenty-five Cents.

Perrin's Fumigator, Twenty-five Cents and One Dollar a Box.

Harvell's Horse and Cattle Powders, Twenty-five Cents.

All the above articles are put up with full and complete directions for use, and are sold by all Dealers in Medicine throughout the world.

Address: Perry Davis & Son, 377 St. Paul Street, Montreal.

Ask for Dr. Herrick's Almanac at your nearest Store.

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# GOOD WORDS

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# PAIN-KILLER.

"A medicine no family should be without."—Montreal Transcript. "We can confidently recommend the Pain-Killer."-Toronto

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# The PAIN-KILLER is used both Internally and Externally.

WHEN TAKEN INTERNALLY-It relieves the most acute Pains instantly, affording relief and comfort to the patient suffering from Cramp and Pain in the Stomach, Rheumatic or Neuralgic Pains in any part of the system; and in Bowel Complaints it is a sovereign remedy.

WHEN USED EXTERNALLY-It is equally efficacious and is the best liniment in the world. It is eminently a Household Medicine.

# ALLEN'S LUNG BALSAM

Is warranted to break up the most troublesome Cough in an incredible short time. There is no remedy that can show more evidence of real merits than this BALSAM, for curing Con-SUMPTION, COUGHS, COLDS, ASTHMA, CROUP, ETC.

Physicians, having Consumptive patients, and having failed to cure them by their own prescriptions, should not hesitate to prescribe this remedy; it has cured cases when all other remedies have failed.

It is harmless to the most delicate child. It contains no opium in any form. It is sold by medicine dealers generally Price \$1.00 per bottle.

Purchasers of the celebrated medicines described in this Book will be sure and not be put off with inferior or unknown articles. If you cannot find what you desire in one store, you will at another near by. Take only the genuine. Address all orders to

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# ALLEN'S CELEBRATED LUNG BALSAM Cures Colds, Coughs and Consumption.

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Cures Bronchitis, Asthma and Croup.
ALLEN'S CELEBRATED LUNG BALSAM
Imparts Strength to the System.

ALLEN'S CELEBRATED LUNG BALSAM

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Always gives satisfaction or the money will be refunded. It is recommended by prominent Physicians; and while it is pleasant to take and harmless in its nature, it is a powerful remedy for curing all diseases of the Lungs. Sold by all Druggists.