

Montreal ... 26 Saint John. 22 n Halifax .... 26 New York., 38





#### THE EVENING TIMES-STAR, SAINT JOHN, N. B., M MDAY, APRIL 20, 1925

#### NOVA SCOTIA BOY, 3, CHOIR SINGS CANTATA. IS FATALLY INJURED David's church last night gave a splen-did'; inspirational rendering of Stain-

Caught in Belt of Portable Mill, capacity with a greatly appreciative Dies 90 Minutes After The

Accident.

OXFORD, N. S. April 19—After be-ing gashed and bruised about the head and chin by the revolving belt in the portable saw mill at River Philip, near here, Saturday afternoon, little three-year-old Mylus MacKenzie died within an hour and a half of receiving his fatal an hour and a half of receiving his fatal

injuries. The child had come with his mother when she visited the mill, owned and operated by Russell King, in which his father was employed. The lad wand-ered away while his mother was not watching and before any one sensed his danger he had come in contact with the heavy belt. It struck the child violently on the head cutting deep gashes along the back of the skull and on the chin. injuries

#### **BUSINESS LOCALS**

#### CARD PARTY

Don't forget the card party in aid of the new altar fund at the Y. M. C. I. Tuesday, April 21 at 8.15. 15996-4-21

Men. Did you get a pipe at Louis Green's? This is the last week of his bid sale.

A. J. Carter, paper hanging, white-washing, painting. First-class work.-Phone 2015-21. 15504-4-21

Smokers, this is the last week of Louis Green's tobacco sale.

Hard and Soft wood and kindling. Put up in crates and delivered by J. S. Gibbon & Co. Ltd. 'Phone Main 2636. Low prices. 4-22

Dr. James Manning, dentist, of 158 Germain street, will be absent from his office until June 8 next. 15469-4-2

Smokers, this is the last week of Louis Green's tobacco sale.

NO MORE WAITING AT OAK

The full choir of 35 voices in St. David's church last night gave a splen-Acidity and Fermentation account for most cases of er's sacred cantata, "The Daughter of Jairus," and the church was filled to Stomach Trouble congregation. Bayard Currie was at the organ. A. C. Smith was tenor soloist and with Mrs. Blake Ferris sang **Double-Pepsin** 

will overcome both conditions

Remove the Cause of Indigestion

almost instantly. At Your Druggist 25c. 25c.



**BISHOP IS TO LEAVE** 

on Tuesday of next week, April 28. They will sail on the steamship Patria and will reach Naples after a voyage

and will reach Naples after a voyage of 17 days. Those who are going, besides His Lordship, are Mgr. Hebert, of Buc-touche; Rev. W. M. Duke, of the Cathedral; Rev. J. J. McDermott, of St. John the Baptist church; Rev. D. S. O'Keeffe, of St. Andrews, and Rev. M. P. Howland, of Kingsclear. Bishop LeBlanc and Father McDermott will leave for Boston on next Monday. Father Duke will leave the city Satur-day and the others will leave their par-Father Duke will leave the city Satur-day and the others will leave their par-ishes some time during this week. Father Duke at mass in the Cathe-dral yesterday and again at a meeting of the Young Men's Catholic Institute spoke of the pilgrimage and mentioned some of the special features of it. There will be four canonizations while they are in Rome—Blessed Ther-esa, "The Little Flower," Blessed Mother Barat, Blessed John Eudes and the Cure of Ars. Florence, Milan,

Mother Barat, Blessed John Eudes and the Cure of Ars. Florence, Milan, Venice, Lourdes, England and Ireland will be visited and the party will sail for home from Belfast on the S. S. Re-gina on June 19. In Italy marble quar-ries will be visited by Bjshop LeBlanc and Father Duke and in various citles churches will be inspected in connec-tion with the proposed new altar for the Cathedral here. At vesterday's meeting of the Y. M.

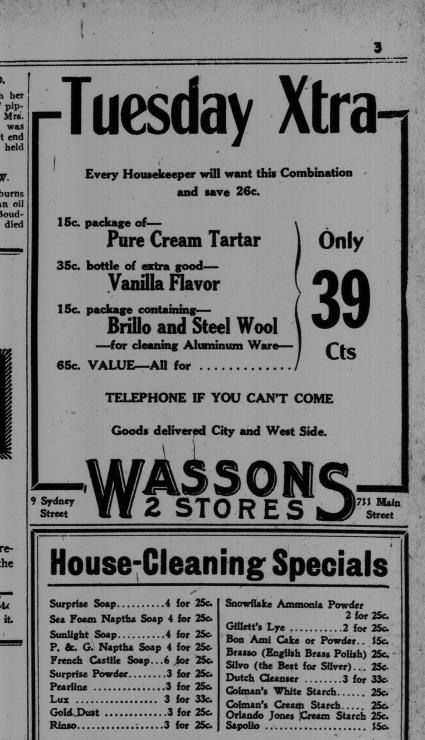
At yesterday's meeting of the Y. M. C. I. the president, Joseph P. Coughlan, read an address from the members to

 <sup>m</sup> BISHOP IS TO LEAVE For ROME MONDAY
Father McDermott Also; Father Duke to Start Saturday Presentation by Y.M.C.I.
<sup>m</sup> His Lordship Bishop LeBlanc and who are going on the Holy Year pli-grimage to Rome will sail from Boston on Tuesday of next week, April 28.
<sup>m</sup> BISHOP IS TO LEAVE Father Duke, who is chaplain of the Institute, and presented a substantial check to him.
<sup>m</sup> Father Duke, who is chaplain of the Institute, and presented a substantial check to him.
<sup>m</sup> Treplying, Father Duke spoke of the pigrimage, of the aims and hopes of youth and of his interest in them, and said the Institute and its members would be in his prayers while he was at the holy places to be visited.
<sup>m</sup> Short speeches supporting the ad-dress were made by present and past members of the executive—Frank I.
<sup>m</sup> McGafferty, H. A. Pierce, Richard Sullivan, William Magee and George
<sup>m</sup> McGafferty 28. Father Duke, who is chaplain of the Institute, and presented a substantial check to him. WIDOW 60, FOUND DEAD.

The the stress of the

LHILDREN CRY FOR





# McPHERSON BROS.

HALL BARBER SHOP. The demands on the services of the Oak Hall Barber Shop for children and Bobbing Shop for girls have been steadily increasing until it became al-most impossible for the present staff to cope with the situation. Another barber shop has been secured, and Oak Hall is now well equipped to handle quickly and efficiently their fast grow-ing barber business. No more waiting in this modern sanitary shop that does, hair cutting for kiddies and boys, bob-bing for girls and young ladies, sham-pooing, massaging, etc. HALL BARBER SHOP.

trial pack

SAILORS PUT ABOARD.

Two sailors from the four-masted schooner Robert L. Bean, moored at Reed's Point wharf, not ashore Satur-day afternoon and had some trouble. day afternoon and had some trouble. They were placed on board the vessel by Police Sergeant Dykeman as Captain Johnston informed the officer that his schooner was really to sall and the row between the two men would be adjust-ed when they arrived at Rockland, Me, for which port the vessel is bound.

WOMAN, 60, KILLED. WOMAN, 60, KILLED. TORONTO, April 19—Miss Nor-wich, of 55 Waterloo avenue, Guelph, Ont., fell or threw herself under a lo-comotive in Toronto railway yards Saturday and was instantly killed. An inquest will be held. The body re-mained unidentified until late today. Miss Norwich, aged 60, arrived in Toronto Friday to visit her sister.

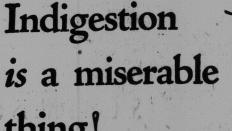


at all Drug Stores, 1 oz. size, 30c.; 3 oz. size, 60c.

2 lbs. Choice Sliced Bacon 2 Jars Jam ..... 25c. 
 78c.
 2 Cans Crisco
 53c.

 59c.
 2 Jars Libby's Mustard
 28c.
 **3 Cans Tomatoes** 

WE DELIVER IN CITY



Many a man is the very soul of good humor during a meal, and when he leaves the table he is a first-class grouch.

Indigestion is a miserable thing. It can take the good nature out of anyone.

That was the case here: Both men / had eaten very heartily. The one seemed in fine fettle. A cheerful twinkle beamed in his eye as he enjoyed his cigar. But the other wore a long face. He seemed distressed.

"What's the matter?" asked the genial one. "Distressed after your big meal?"

"I nearly always am," he complained. "I wish you'd tell me how you can tuck away a meal like that and still feel all right."

A simple secret

"Ask me something hard," grinned his friend. "It's a simple secret I learned from my grandfather. And I very rarely suffer from indigestion."

"Simply eat a few of these after meals," he went on, fishing out of his pocket a familiar little cylindrical roll of candy." They sure are Life Savers -just as they call them. Grandad

**SEEDS!** 

They are Life Savers for indigestion sufferers

**SEEDS!** 

Cor. Waterloo and Peter St.

**Phone 3236** PORTER AND BREWSTER Successors to W. ALEX PORTER

We carry the same large stock that the Late W. Alex Porter was famous for. Garden and Field Seed of all kinds.

Carrot, Beet, Corn, Cucumber, Peas, Beans, Squash, Pumpkin, Lettuce, Radish, Cabbage, Summer Savory, (Sweet Peas, all kinds), Nasturtium, Tim-

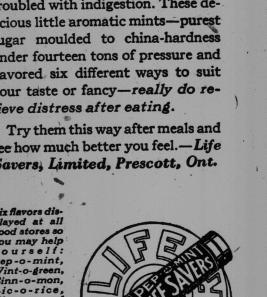
BULK

othy, Alsike Clover, White Dutch Clover, Mammoth Clover,

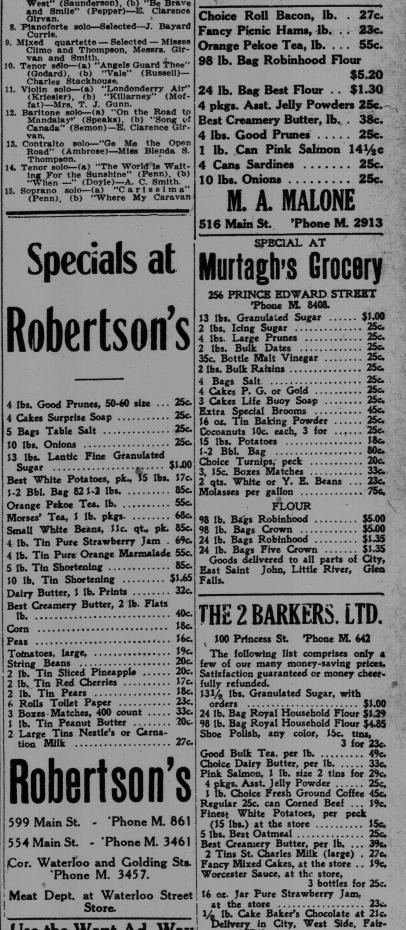
Red Clover, Alfalfa, Tobacco Seed, Turnip for table and feeding, Mangel, Fancy Red Top, Canadian Blue Grass,

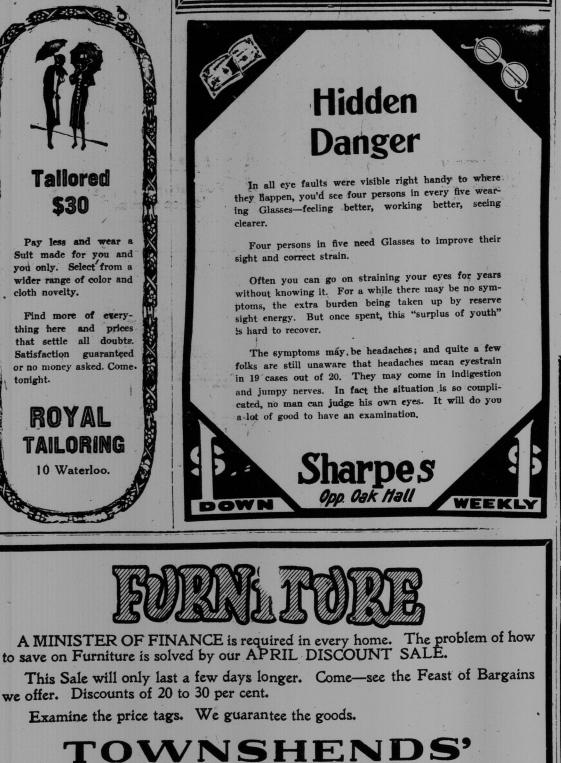
Kentucky Blue Grass, Lawn Seed in bulk and package, Field Peas, Silver Hull Buckwheat, Barley, Onions, Sets and

Shallots, (Seed Potatoes, early Rose), Rape Vitches.









thing!

believed in the same principle, only he had his peppermints in a bulky little bag instead of in this convenient, delicious form."

Siz flavors dis-played at all good stores so

you may help yourself:

Pep-o-mint, Wint-o-green,

Cinn-o-mon, Lic-o-rice, Cl-o-ve, and Vi-o-let.

Are you troubled this way?

It's a fact. Life Savers are exactly what they are called for people troubled with indigestion. These delicious little aromatic mints-purest sugar moulded to china-hardness under fourteen tons of pressure and flavored six different ways to suit your taste or fancy-really do relieve distress after eating.

see how much better you feel.-Life Savers, Limited, Prescott, Ont.

#### GIVE YOU MOST FOR THE MONEY

We Are Open Evenings-Delivery.

Use the Want Ad. Way Delivery in City, West Side, Fair-



## THE EVENING TIMES-STAR, SAINT JOHN, N. B., MONDAY, APRIL 20, 1925

# The Evening Times=Star

"You never know what you'll find among the odds and ends."-From "Notes by a Wayfarer." The Evening Times-Star printed ~23-27 Canterpury (Sunday excepted) by New Brunswick Publishing Genna, President.

th La Sail

#### SAINT JOHN, N. B., APRIL 20, 1925.

THE CONFERENCE FAILS. best adapted for mechanical purposes

general disappointhe says. "The annual accretion proof the failure of the con- duced in yearly growth must have ce called by Premier Armstrong the purpose of effecting a settle- would not stand steady depletion of its capital stock, and neither can the the Cape Breton mining

forests." troubles. The meetings, at which the remier conferred at length with the heads of the British Empire Steel

Corporation and the United Mine Workers, lasted several days, and Hon. years by German armies, France to Having been invaded twice in fifty brought to bear all of the pressure at day is asking what guarantee she has his command and all the influence he against a third invasion by a Germany could exert in seeking to find common having perhaps (wice the French ground, but the effort was in vain, and statements issued by the chief participants after the conference hold out little hope for any peace in the phining district in the pear future.

The only point upon which the representatives of the operators and of the men agree is in paying a tribute to the Premier for the earnestness and force is orderwark to serve the future with French uneasithe displayed in his endeavor to serve ness. He found in Germany that the he displayed in his endeavor to serve the public interest. He receives a cer-tificate of character from both sides, but unfortunately matters as to mining coal stand just about, as they did before the conference. In fact it found no such confidence in the future, found no such confidence in the future,

hay be said that nothing has been hanged since work ceased many eeks ago. In France he off Monomoy we fight the gale, We drift off Sandy Key: The watch of Fenwick sees our sail changed since work ceased many and this difference ne attributes to certain facts which the French constantly have in mind. To-day Germany In his own statement Hon. Mr.

is a nation of more than 60,000,000 Armstrong says he has not abandoned hope and that he will continue his not counting her possessions. The Armstrong says he has not abandoned efforts, but he gives no indication not counting her possessions. The population of Germany is increasing

Jockeying the sea-That's the way the Coaster goes, Through calm and hurricane: Everywhere the tide flows, Everywhere the wind blows, From Mexico to Maine. the capital stock is nearly exhausted, O East and West! O North and South! something to attach itself to. A bank would not stand steady depletion of its Through pass and strait, on sound and sea, From port to port we stand— The rocks of Race fade on our lee, We hail the Rio Grande. FRENCH FEARS. Our sails are never lost to sight; On every gulf and bay

They gleam, in winter wind-cloud white. In summer rain-cloud grey. . .

Odds and Ends

The Coasters (Thomas Fleming Day in "Songs Sea and Sail.")

Overloaded, undermanned,

Trusting to a lee, Playing I-spy with the land,

Legging on and off the beach Drifting up the strait, Fluking down the river reach, Towing through the gate— That's the way the Coaster goes, Eliziting with the gale: Flirting with the gale: Everywhere the tide flows, Everywhere the wind blows, From York to Beavertail.

Here and there to get a load, Freighting anything; Running off with spanker towed, Loafing wing-a-wing-That's the way the Coaster goes, Chumming with the land: Everywhere the tide flows, Everywhere the wind blows, From Ray to Rio Grande.

Scud for Henlopen's lee. With decks awash and canvas torn We wallow up the Stream; We drag dismasted, cargo borne, And fight the ships of steam. Cargo reef in main and fore.

the veterans and their friends. local branch of the G. W. V. A., and 

TELLS OF BATTLE. How It Started.

After the service the parade re-formed and marched back to the curling ink by the same route. On King street Col. Anderson took the salute in the march past. habitat of long-haired women, started the feminine bobbed-hair craze on its way around the world," said Miss Carleton Veterans and Cadet

own Stove.

#### AMONG THOSE PRESENT.

The whole parade was under the command of James Gilbert Hart, presi-dent of the branch, assisted by the sec-retary, G. Earle Logan, and by Curtis P. Wills, who acted as sergeant major. Accompanied by the Carleton Cornet and Cadet Bands, the parade moved off to the church via Rodney, Union, King and Watson streets. The entire auditorium was



("Shanghai, for centuries the native

Class in the Kitcher

Cook-"In these days we never speak have had colleagues."-The Humorist

Rare Values Good Clocks Touch your Living Room with magic!

Place a beautiful Tambour Clock there and feel the comfort to the eye and ear that its rich presence and cathedral gong give out.

Tambours and Upright models are fashioned today with well studied out grace of line and pro-portion. They create a new motion of Mantle Clocks and their style will live forever.

Find the better trpes at the Senior Jewelers in select finishes of Mahogany, Walnut and Antique Oak. Eight day run, hour and half hour striking on melodious cathedral gongs.

Extra values and wide choice between \$20 and \$25. Highly recommended by a firm whose experienced judgment carries weight. Either of three rooms wants a clock like these. Just see them.

Ferguson & Page

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further endeavor he sees, nor is any visible. In reviewing the proceediings he credits all concerned with recognizing the importance of reaching a permanent agreement rather than merely a patched-up settlement. He himself, Europe? Will it be France, still but 40,000,000 strong? Will it be Italy, from the opening of the conference. sought to have work resumed at once sought to have work resumed at once pending the result of an investigation looking to a permanent solution. But the opposing parties were irreconcilable.

the opposing parties were irreconcilable. The company insisted that the wages of 1924 were higher than are being one answer." paid for similar work elsewhere, and one answer." paid for similar work elsewhere, and asserted that the Cape Breton miners have been receiving ninety per cent. of the war peak wages, and that the Brance is locking to be willing to sign. company could not sell its coal unless a ten per cent. cut on the 1924 scale work involving any reduction of pay. Thus the deadlock which existed before the conference continued throughout its sessions. The Premier, after very vigorous efforts to induce some con-cessions, finally suggested that the the conference continued throughout questions involved was being made, but

this proposal was refused. by the opposition leaders after the conference failed on Saturday are by Britain's help by land and sea. The

### SAVING OUR FOREST CAPITAL. Germany is willing to sign another

in his budget speech in pointing out make an agreement guaranteeing this how vital it is that New Brunswick's forests should be protected against fire. The average citizen scarcely resilizes how slow forest growth is and be. The average citizen scarcely resilizes how slow forest growth is and be. The average citizen scarcely resilizes how slow forest growth is and be. The average citizen scarcely resilizes how slow forest growth is and be. The average citizen scarcely this verse: "A voice comes from the Colonies: "O, by your lives, O send us wives "-And back a voice responsive files: "O, by the powers, take ours, take ours." how vitally necessary therefore is real These are some of the reasons why conservation.

France, greatly burdened with debt, Dean Howe, head of the Forestry turns a deaf ear to proposals of dis-Department of Toronto University, armament and is committed to the recently issued a warning against the maintenance of a great army and to danger of postponing a proper forestry dependence upon that and upon the policy until forest capital had become assistance of Belgium and Poland to impaired beyond remedy. The Dean compel Germany to remain disarmed. says the extent to which the work of In a word, France believes nothing fire prevention has been undertaken is will hold Germany in check in years as yet by no means sufficient. He to come but the fear of military defeat.

believes that insect pests can be effec-tively controlled. He throws some

light upon the business of re-planting, As little of the winter weather w did not get in February and March saying that even if there were a law turned up late last night and early under which one new planted for every tree cut down that would not solve the problem of pre-serving Canada's forests for posterity. He has found that out of 1,000 to 2,000 trees planted per acre in a planted for every tree cut down that this morning in the form of low tem-2,000 trees planted per acre in a we consider the extraordinary stretch nursery area, only about 500 will sur- of mild and fine weather in the two vive, and of the 500 the trees eventually of mild and more than the past months we cannot feel that have any cause for complaint. not number more than 150 to the acre.

According to his figures, in order to The seizure of \$20,000 worth o produce the average sawlog it would smuggled liquor at Mispec affords some be necessary to plant seven or eight idea of the size of the rum-running seedlings. He thinks it probable that industry. As was pointed out in the for every tree 150 years old there Legislature during the recent budget were great numbers which perished. speech, the Dominion duty on liquor, He says at the present time the average. plus provincial charges, make smugage of trees being cut for pulpwood in gling an inviting occupation for men Ontario is eighty years, and that of who are not particular about the law. pine sawlogs one hundred years or Probably the amount of liquor actually more. Artificial planting must hold a seized at Mispec was but a small part subsidiary place. of the cargo carried by the rum-run-The right tendency, Dean Howe re- ning vessel from which it was landed. iterates, must be toward preserving the

capital stock of the forest undiminished. taking only the annual interest, that is, an amount of cutting equivalent to the total year's growth in the whole area involved. "In those areas rela-

Manned by half a crew, Romping up the weather shore, Edging down the blue while that of France is stationary, if it is not declining. "If we look forward twenty years," says this writer, That's the way the Coaster goes, Scouting with the lead: Everywhere the tide flows, Everywhere the wind blows, From Cruz to Quoddy Head. "which .will be the dominant power in Europe? Will it be France, still but safe behind her Alpine frontier, and thinking not of Northerfn Europe, but

Where Sportsmanship's the Thing. (Ottawa Journal.)

# When Oxford and Cambridge met in their classic boat race last Saturday,

France is looking ahead, ten, twenty, amended thirty years, and her thought centres The r The rules being what they are, and

a ten per cent. cut on the total constantly upon security. When the is made effective. The representatives of the mine workers refuse to consider never again embark upon a war of were the technical winners under the conquest, they reply that this may be regulations and would probably have so, but that the risk is altogether too been the winners in any case; so they

cessions, finally suggested that the opposing forces split the difference for the purpose of having work resumed and so that it might go on while a there on the suggestion of all the nations could bring their full weight to hear in the load delation guide the source of the future.

to bear in the land fighting. This professional sportsmanship/of Canada! Premier Armstrong evidently in- view, of course, does not do justice to It is so much finer, so much more chiv tends to continue his efforts to effect a settlement, but the statements issued nize that France wild have been weeks ago: "This is not nize that France would have been beaten within that time but for question of money."

> French insist that they cannot take On A Former Occasion, the chance of another invasion because (Kincardine Review.)

Provincial Secretary Hetherington dealt with a most important question in his budget speech in pointing out Hetherington dealt with a most important question in his budget speech in pointing out Hetherington dealt with a most important question in his budget speech in pointing out Hetherington dealt with a most important question Hetherington dealt with a most important questim dealt dealt wit



**Zino-pads** 

"Put one on - the pain is got



#### We Are Particular About Fitting Your Shoes

We're glad to have a "fussy customer." Takes a little time to please them, but when they are pleased, they prove fast friends to our store. And usually they're fussy because some shoe man, some-where, hasn't been particular enough.

If you've had trouble, trying to find a store that felt that way, we hope you'll come in—you cannot be more particular than we are.

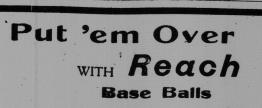








SOLD BY W. H. Thorne & Co., Ltd., Saint John, N. B.



AND BASEBALL EQUIPMENT which has won, on merit alone, the preference of the bright-est Big League Stars.

LOOK OVER OUR LINE of REACH BASEBALLS and EQUIPMENT, and see how splendid is the quality, the workmanship, the finish. REACH Baseballs and Equipment stand right up all through hardfought games.

SPORTING DEPARTMENT **EMERSON BROTHERS, LTD.** 



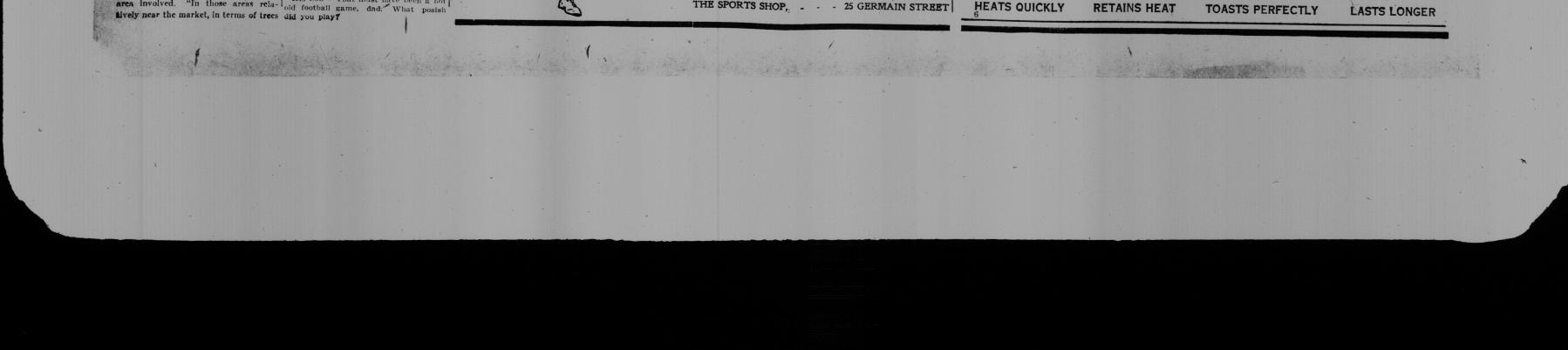


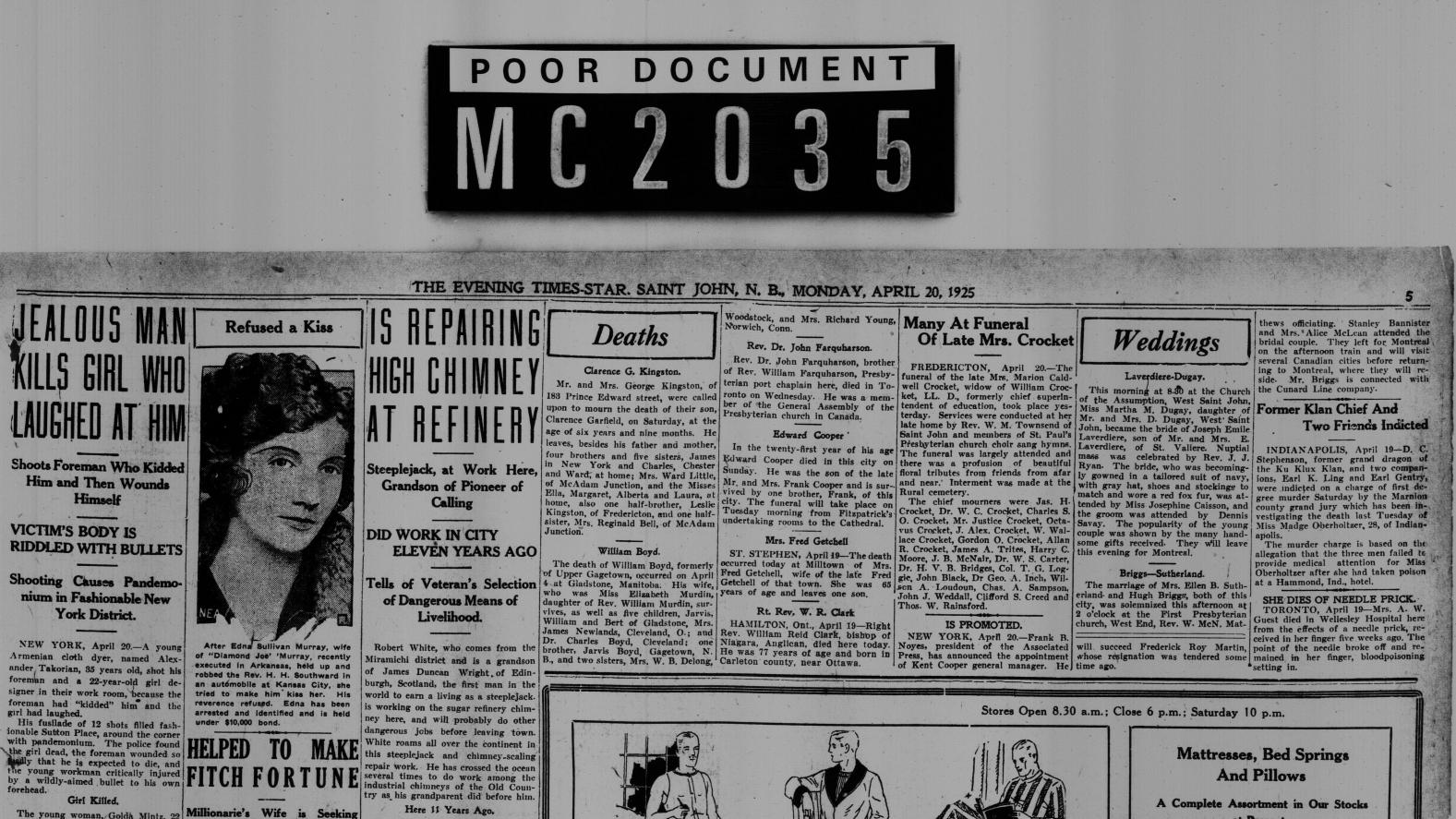
RUCKSTELL AXLE [OMPANY [IMITED

MONTREAL

SEE ANY AUTHORIZED FORD DEALER

With Tor-Red (protected) Elements is Canada's leading Electric Range.





The young woman, Golda Mintz, 22 years old, a graduate of the National Academy of Design and Art, was killed instantly, toppling dead from the chair in which she sat. Two bul-lets struck has in the sat.

F. W. DANIEL & CO.

The young woman, Golda Mintz, 22 years old, a graduate of the National Academy of Design and Art, was killed instantly, toppling dead from the chair in which she sat. Two bul-lets struck her in the neck, a third in the right breast, and a fourth in the bip. Takorian and the foreman had both worked in the place about four years. The girl came two years ago. Their friendly relations remained un-disturbed. The girl was pretty—the three joked together. It was not un-til last week that Takorian showed jealousy. They had been talking and joking, Chenvon said. Suddenly Takorian

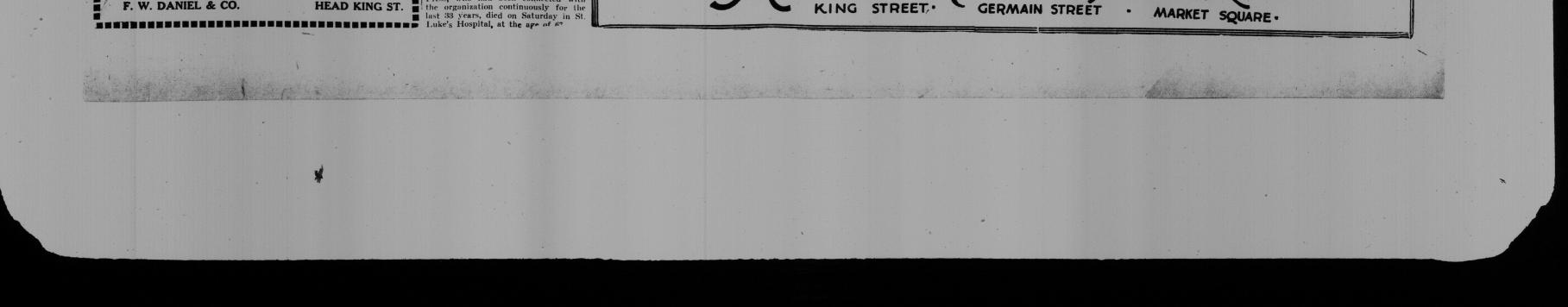
# at Present.

At this time of year when so many people are furnishing extra bedrooms or getting ready to move to country homes,, satisfaction in bedding supplies. You'll find what you want in our furniture store stocks. Prices are not a bit high when you take quality into consideration—and it always pays to buy quality. Bed Mattresses



Thaddeus Thompson, superintendent of foreign services of the Associated ress, who had been connected with the organization continuously for the

HEAD KING ST.



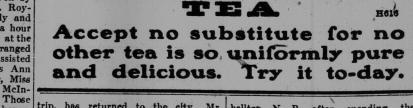




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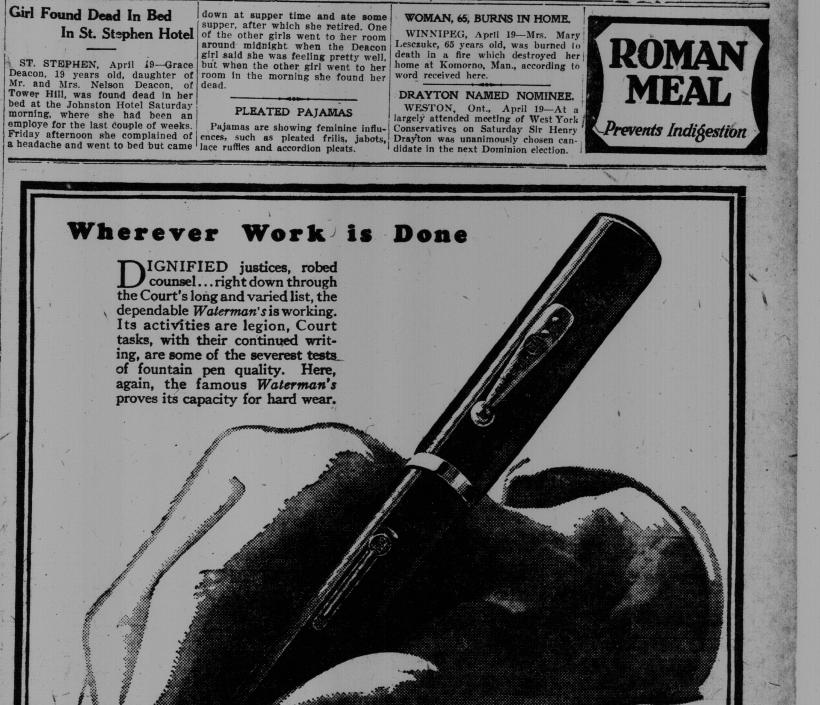
The last tea of the season of the Schofield, and Mr. A. Fred de For-Saint John Garrison Badminton Club est.

Social and Personal Notes



**Always Dependable** 

<text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text>



latermans

Have the Zest for Living

and the Power to Work

WOMAN, 65, BURNS IN HOME. WINNIPEG, April 19-Mrs. Mary

Mrs. Hetherington gave an enjoyable bridge of three tables on Friday even-ing at the Provincial Hospital, Lancas-ter, W. E., in honor of Miss Elleen Jacobs, of Passadena, Cal. The prize was won by the guest of honor. Those present were Miss Jacobs, Mrs. W. I. Fenton, Mrs. Dove, Mrs. Herbert Wet-more, Mrs. William Meynell, Mrs. James MacLennan, Mrs. J. H. Barton, Mrs. Maurice Earle, Mrs. Harold Mayes, Mrs. S. R. Weston and Mrs. James Pendrigh.

Mrs. Fred P. Elkin and Mrs. George C. Ewing, who were visiting relatives in Montreal, returned home on Sat-urday, much pleased with their trip of a month. They were entertained delightfully while among their former home friends.

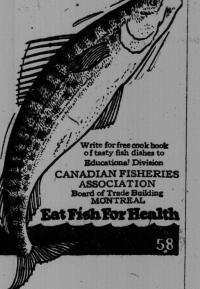
for brain Mrs. F. L. Stamers, who has been initing her sister, Mrs. A. E. Killam, f Moncton, has returned home. and body

Fish is a splendid food — tasty, digestible and nourishing to a marked degree.

atood

A well balanced diet is made possible by the daily use of fish foods. Rich in many of the most vital body building elements, fish is truly the real health food and is taniful becoming recommended. dly becoming recordenated as such.

Eat more fish for Health's sa



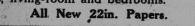
Reliable Dentistry No Pain. No High Prices. \$10 UP Full Set of Teeth ..... "Broken Plates repaired in 3 Aaritime Dental Parlors the Ostermoor costs less per night A \$15 mattress that will last only Only clean, safe new cotton is used. half as long is much more expen-Its deep felted layers are laid and sive than the Ostermoor at \$25. Yet tufted by hand to form a cushiony both may look alike, on the outside." bed whose luxury has no equal.

How can you choose? Careful buyersknow that for 30 years and more

Yet, because it lasts longer, the Ostermoor costs least in the end. Your theOstermoor has never failed to give merchant can supply it at the new more value per dollar of cost than and lower price. Look for the

any other mattress made in Canada. Ostermoor label before you buy. SIMMONS Grape=Nuts Ostermoor





ykeman & Mr. E./S. Carter, who was visiting his son Mr. George Carter and Mrs. Carter, in New York, and who was also in Montreal and Ottawa on a short 

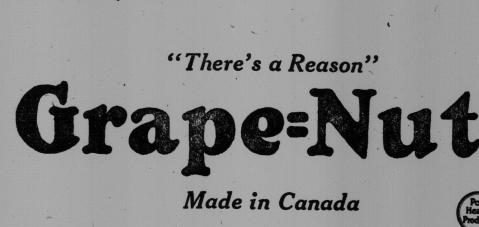
#### 



of food elements called carbohydrates. They are very essential to proper nourishment. We must have them. Grape-Nuts is an excellent source of the carbohydrates. The whole wheat and malted barley from which it is made give it a vast store of these energizing elements. Twenty-two hours of slow baking make the carbohydrates ready for instant assimilation in the most easily digested form.

> Have the zest for living and the power to work. Eat right. Eat Grape-Nuts often. It is supremely delicious. Serve with milk or cream at breakfast or lunch time. All grocers have it. A wax-wrapped package keeps it crisp and safe. Four teaspoonfuls is sufficient for each helping-costs less than one cent a serving. Ready to eat.

as is so often stated—but wrong foods.



BREAKDOWNS in the best years of life! Slowing down of energy just when it should be at its height. These are conditions found in a startlingly large number of homes today. And the great cause in most cases is not overwork and worry

At least a third of all we eat should come from a certain class



Personal Equipment He was a wise man, but a bit forgetful. Once he had a good idea, so he bought an extra Waterman's and kept it on his desk at the office. After that he might forget his watch but he was never embarrassed for lack of a fountain pen.

Ideal

food may contain a compara-"A food may contain a compara-tively large amount of a com-pound, and yet, on account of its low digestibility, fail to supply much of it to the body in an avail-able form. Hence it is that the value of a food is dependent not alone on its composition, but also on its digestibility." -Human Foods.

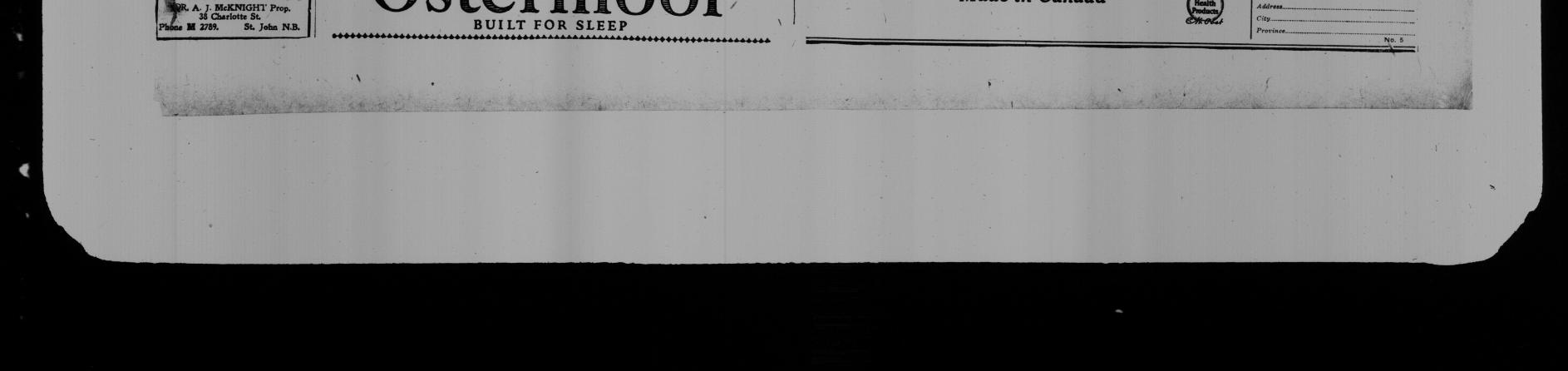
In Grape-Nuts is nourishment you need, in the form your body can digest. \* \* \*

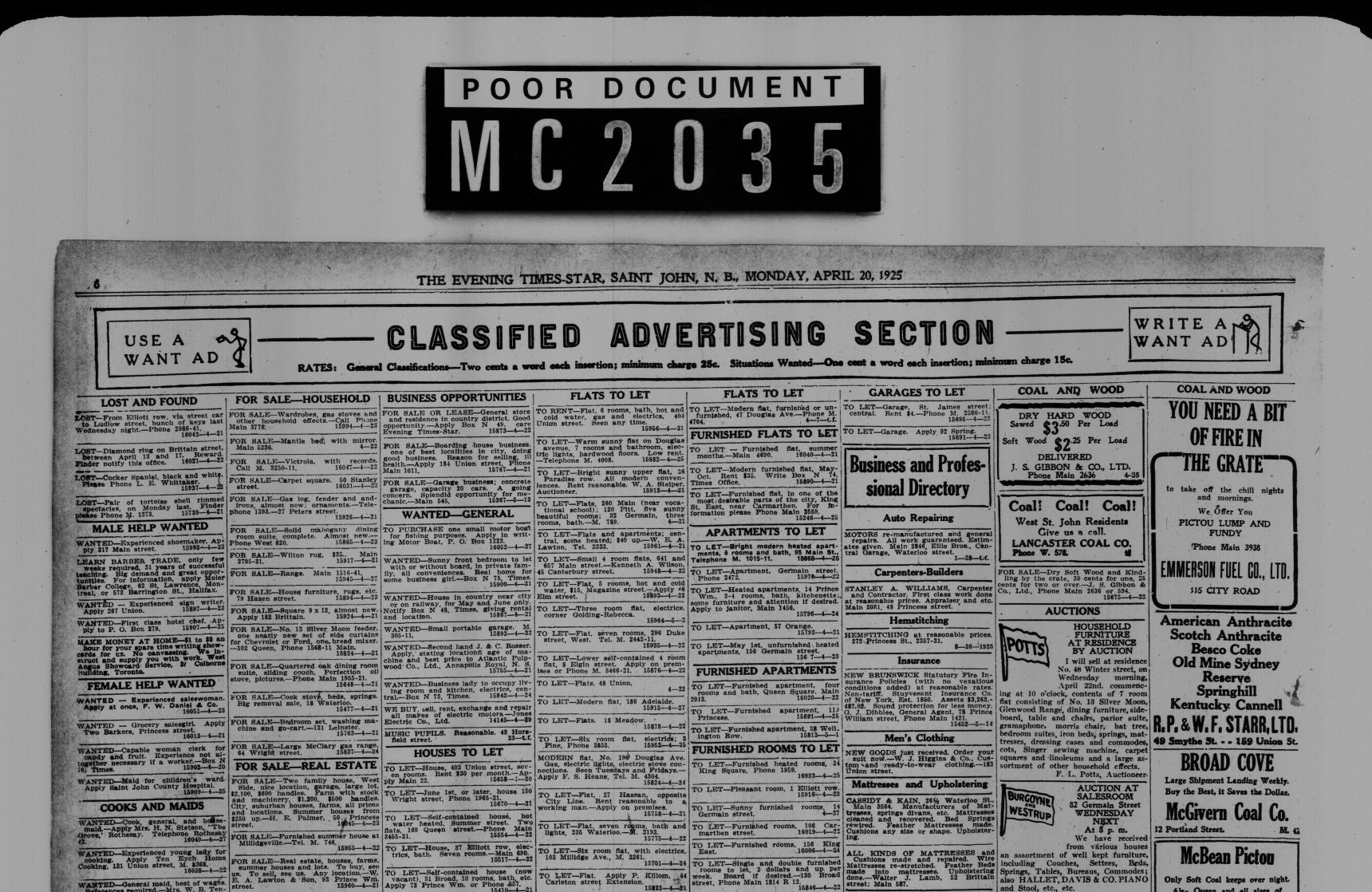
Grape-Nuts is in a form which makes you chew. This gives your teeth healthful exercise and makes your mouth do its work, which, if it doesn't do, your stomach must do in addition to its own.

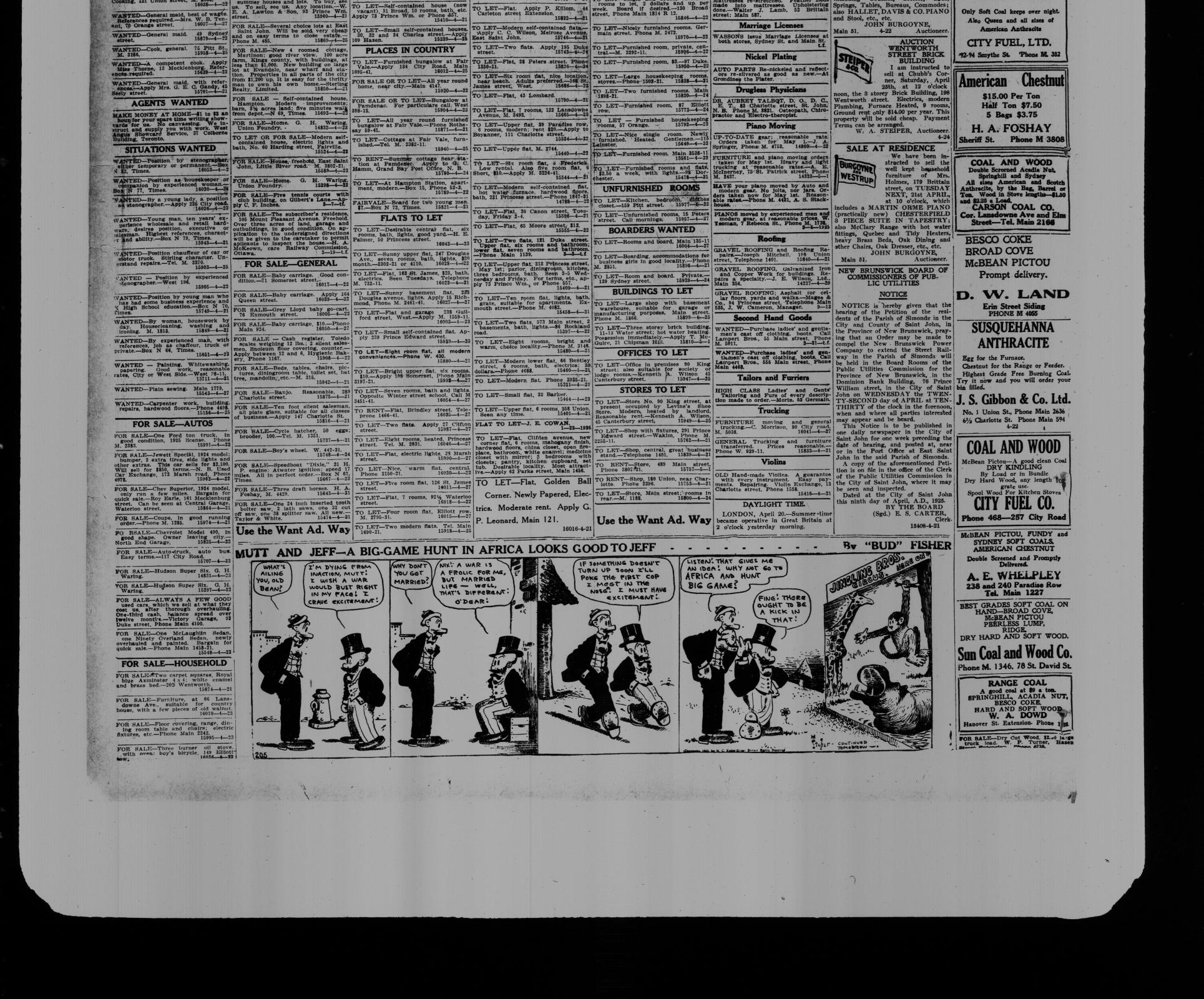
#### FREE PACKAGES OF **GRAPE-NUTS!**

Send the coupon today for four free trial packages of Grape-Nuts. We'll also send you the free Grape-Nuts Recipe Book which tells about the many different delicious dishes that can be made with Grape-Nuts.

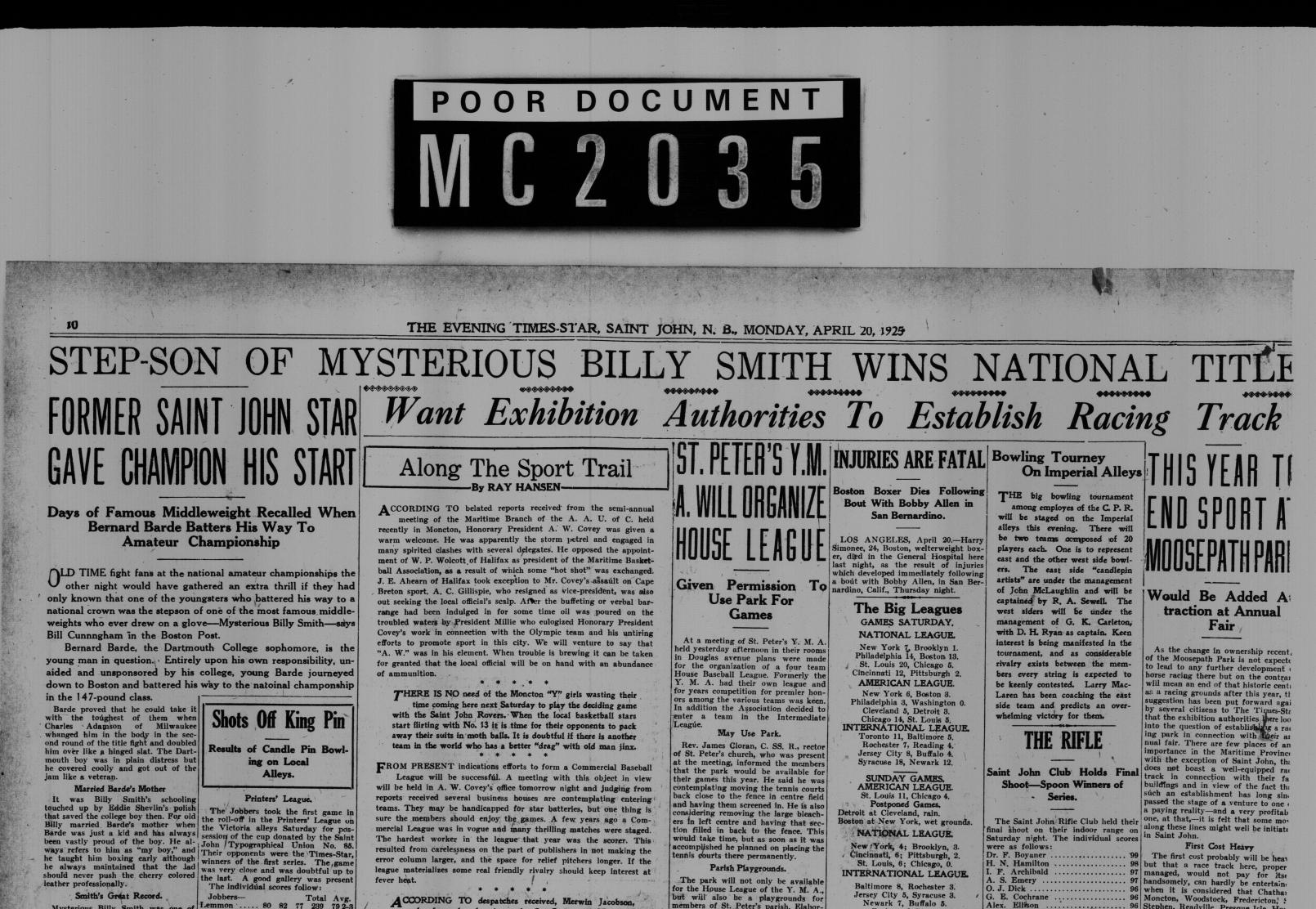
CANADIAN POSTUM CEREAL CO., LTD 45 FRONT ST. EAST, TORONTO, ONT Please send me four individual fri ckages of Grape-Nuts and the Gra











Baltimore 8, Rochester 3. Jersey City 5, Syracuse 3.

Smith's Great Record. Jobbers-Total Avg.

fever heat.

\* \* \* \* \*

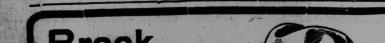




#### THE EVENING TIMES-STAR, SAINT JOHN, N. B., MONDAY, APRIL 20, 1925







by the outside appearance. It's the inside workmanship-the concealed parts-that determine the ultimate wear and service of the garments. Many fine looking clothes do not wear well because of poor or indifferent tailoring.

