

TENTH REPORT
OF THE
Millcrest
Convalescent Home

Wells' Hill, Corner of Daveport Road and
Bathurst Street.

From Oct. 1st, 1896, to Sept. 30th, 1897.

Telephone Number 4452.

INCORPORATED 1892.

TORONTO :
HENDERSON & COMPANY, PRINTERS.

1898.



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FORM OF BEQUEST.

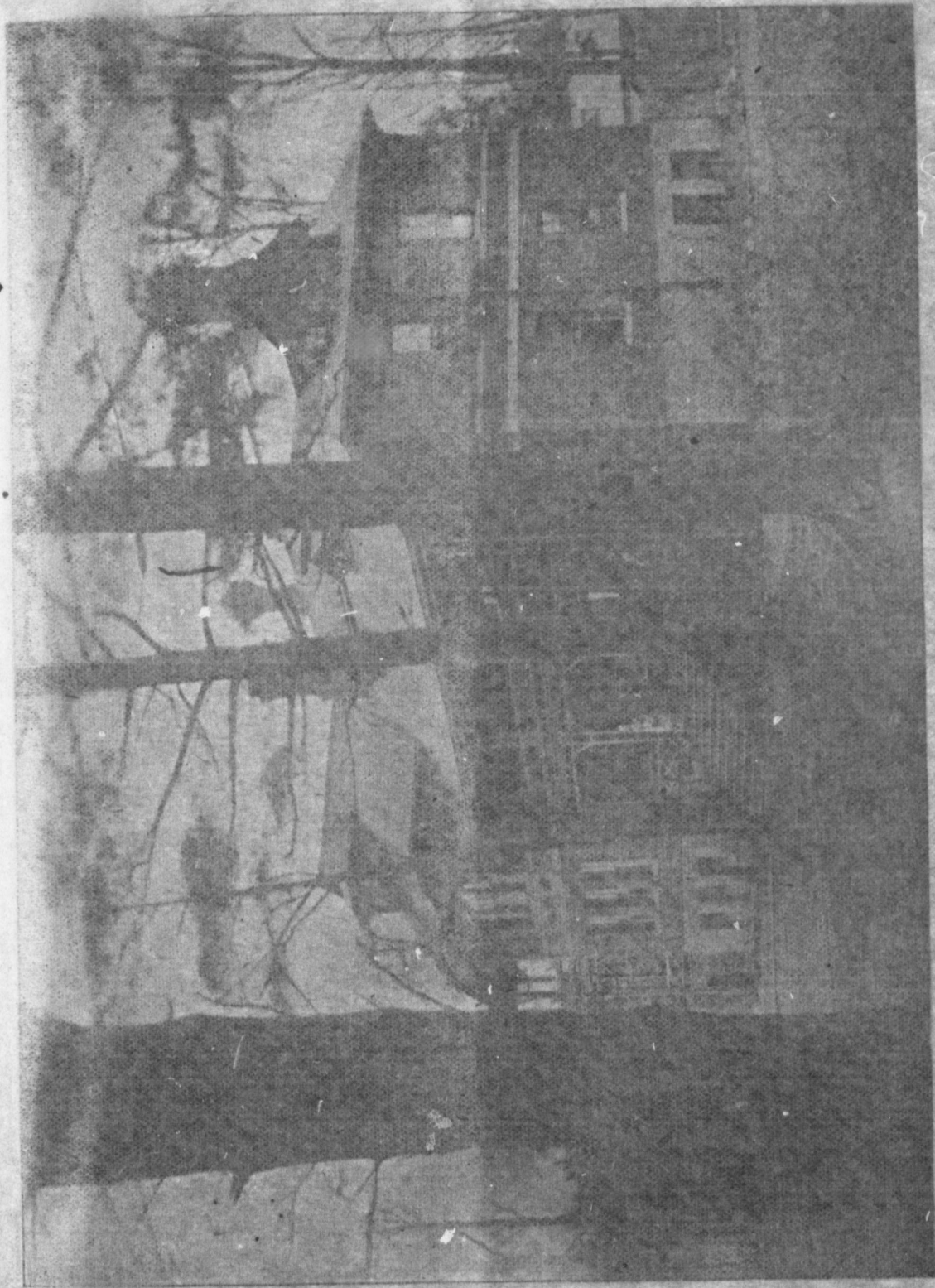
THE HILLCREST CONVALESCENT HOME can legally receive any amount of money which may be given or bequeathed to it.

In case it is desired to give land or its proceeds, by Will, it is necessary that the Will should be executed at least six months before the death of the donor. The form of devise in the Will may be as follows:—

*I give to the HILLCREST CONVALESCENT HOME,
Toronto, (Describe the land so it can be identified.)*

*Or,
I give to the HILLCREST CONVALESCENT HOME,
Toronto, a Mortgage, dated
and made by to me, for
\$ on land described as follows:
(Here describe lands as above.)*

*Or,
I give to the HILLCREST CONVALESCENT HOME,
Toronto, \$ to be paid out of
my Estate.*



HILLCREST CONVALESCENT HOME, WELLS' HILL, TORONTO.

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\$ _____ on land described as follows:
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Toronto, \$ _____ to be paid out of
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HILLCREST CONVALESCENT HOME, WELLS' HILL, TORONTO.

HON.
J. K.
J. J.
DR.
DR.
A. H.
J. J.
H. P.
MRS
"
"
MISS
"
MRS
"
"
LAD
MRS
"
MIS
"
"
MRS
"
"

Members of the Corporation.

HON. S. H. BLAKE, Q.C.	256 Jarvis Street.
J. K. KERR, ESQ., Q.C.	"Rathnelly," Avenue Road.
J. J. GARTSHORE, ESQ...	48 Front Street West.
DR. W. H. ELLIS	74 St. Alban's Street.
DR. BERTRAM SPENCER	8 Bloor Street East.
A. H. SMITH, ESQ.	London, Ont.
J. J. WITHROW, ESQ.	27 Wilton Crescent.
H. P. DWIGHT, ESQ.	107 St. George Street.
MRS. GIBSON
" E. BLAKE	467 Jarvis Street.
" HODGINS	92 Pembroke Street.
MISS M. R. GREIG	17 Queen's Park.
" AIKINS	29 Wellesley Street.
MRS. BARNETT	68 Gloucester Street.
" J. I. DAVIDSON	53 St. George Street.
" GUNTHER	"Bellevue," Poplar Road.
LADY GZOWSKI	"The Hall," Bathurst Street.
MRS. HOSKIN	"The Dale," Rosedale.
" JARVIS	258 Jarvis Street.
MISS MORRIS	471 Jarvis Street.
" O'BRIEN	383 Sherbourne Street.
" PARSONS	235 Jarvis Street.
MRS. SHORTISS	115 St. George Street.
" VANDERSMISSEN	15 Surrey Place.
" WAKEFIELD	115 St. George Street.

Committee of Management.

President .. MRS. SHORTISS 115 St. George Street.
Vice-Presidents { MRS. GUNTHER .. "Bellevue," Poplar Road.
 { MRS. J. L. MORRISON .. 75 Winchester Street.
Treasurer .. MISS M. R. GREIG17 Queen's Park.
Secretary.. ..MISS MCCALLOM.. .. 1001 Bathurst Street.

HONOURARY COMMITTEE.

MRS. EDWARD BLAKE 467 Jarvis Street.
 LADY GZOWSKI "The Hall," Bathurst Street.

COMMITTEE.

MRS. ALBERT AUSTIN "Spadina," Davenport Road.
 MISS CLARA AIKINS 29 Wellesley Street.
 MRS. BARNETT 66 Gloucester Street.
 " BULL 131 Bloor Street West.
 MISS BOULTON 355 King Street East.
 MRS. JOHN I. DAVIDSON .. 53 St. George Street.
 " GIBSON
 " GOODERHAM "Waveney," St. George Street.
 " G. H. GOODERHAM 504 Jarvis Street.
 " GRAHAM 134 Bloor Street East.
 " HODGINS 92 Pembroke Street.
 " HOSKIN "The Dale," Rosedale.
 " JARVIS 358 Jarvis Street.
 MISS JENNINGS 38 St. Vincent Street.
 " MORRIS 471 Jarvis Street.
 " PARSONS 235 Jarvis Street.
 " O'BRIEN 383 Sherbourne Street.
 MRS. H. S. STRATHY 71 Queen's Park.
 " VANDERSMISSEN 15 Surrey Place.
 " WAKEFIELD 115 St. George Street.

Medical Staff.

DR. B. SPENCER 8 Bloor Street E.
DR. H. T. MACHELL 95 Bellevue Avenue.
DR. CRAWFORD SCADDING 311 Sherbourne Street.
DR. P. STRATHY 98 Beverley Street.
DR. ALLEN BAINES 194 Simcoe Street.

LEGAL ADVISER

T. D. DELAMERE, Q.C.

(Messrs. Delamere, Reesor and English, 17 Toronto Street.)

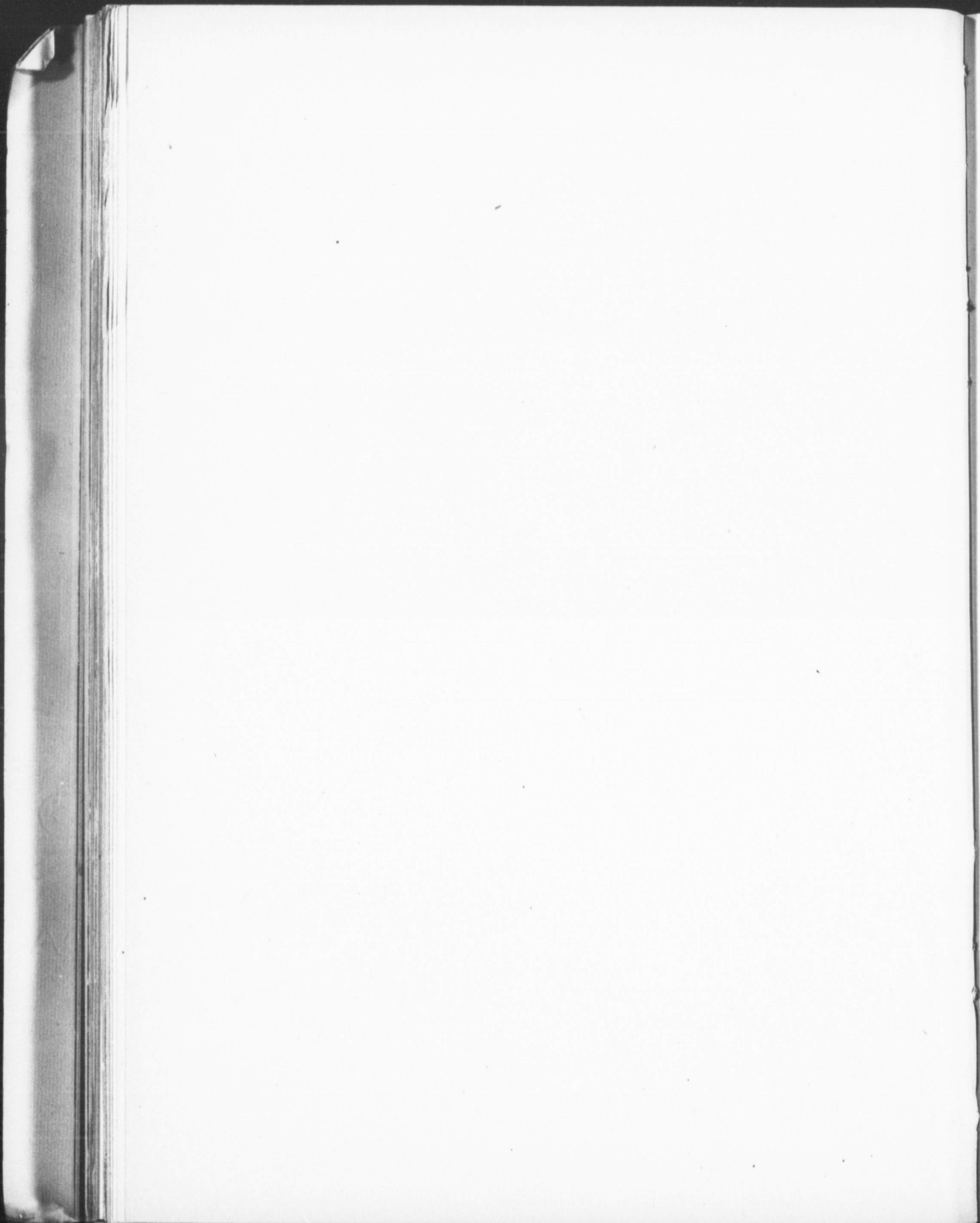
MATRON

MISS LAW, "Hillcrest," Bracondale.

HOUSEKEEPER

MISS KEITH.

Telephone 4452.



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Hillcrest Convalescent Home.

Tenth Annual Meeting, 1897.



THE Annual Meeting of the Corporation of this Institution was held at Hillcrest Convalescent Home on Friday, the 8th October, Mr. O. A. Howland presiding.

The meeting was opened with prayer by the Rev. Mr. Hunt. The Secretary's Report was then read by Mr. W. B. McMurrich :

In presenting the Tenth Annual Report of the Board of Management of the Hillcrest Convalescent Home, we find little to record as differing from the past few years. We would gladly see the capacity of the Home more fully taxed, as we know from those who take advantage of its comfort and care how much it is appreciated.

We record with thankfulness that there have been no deaths in the Home. Though the number of patients is less this year than last, being 174, there have been more than in any previous year who have borne their own expenses.

Hillcrest was not intended exclusively as a convalescent home, but also as a place of rest for working men, women and girls. This is not so well known as it should be. Many people requiring change of air, and yet not able to afford the time and money needed for a long journey, little know that for a car fare or a cab hire they can find this delightful haven of rest, with pure air and quiet surroundings awaiting them. In regard to the private wards, we are glad to state, this fact seems better known.

One lady from the United States, who had planned quite a different outing for the summer, was peremptorily ordered by her physician to return to the place where she had received such benefit the previous year, and she gladly came. Two ladies from our own city, after a second and third visit, have expressed surprise that more weary people do not take advantage of the place.

The Board deem themselves fortunate in retaining the services of Miss Law and Miss Keith, and with the highest appreciation of their devotion and ability, would express the hope that they may be long spared to fill their respective spheres.

During the year we have received two bequests, one of \$5,000 from the late Mr. Hart Massey, and the other \$500 from the late Mr. Henry Goulding, of which \$125 is in hand and has been applied to the Endowment Fund. Of the former we have placed \$1,500 to the Endowment Fund, reserving the balance for a Rest Fund, a very necessary arrangement considering the reduction of the Government grant to less than one-half of the former grant, while the City grant has been withdrawn altogether. A large endowment fund seems not desirable, since we think it sufficient to leave an institution well equipped and

in full working order, without the income necessary to carry it on, believing that each generation should care for its own poor. We may here explain that our Endowment Fund, or the interest therefrom, has enabled us to care for two patients who are practically without home and friends, and we feel that they have found both on coming to Hillcrest.

Our medical staff deserve most grateful mention for their services so freely rendered. We take this opportunity of thanking all the friends who have helped to make the Home what it is by their ministrations.

Many in the Home gain much refreshment and help in their spiritual life from the weekly service of one who for many years has kindly devoted Monday afternoon to a Bible reading, and many others give time and service in this way, both during the week and on Sunday. We would acknowledge most gratefully the gifts of warm clothing from the Needlework Guild and other friends, also the papers, fruit, etc., which have come to the Home through the year.

The Treasurer's Report, which appears elsewhere, was then read, followed by the Medical Report.

The adoption of these reports was moved by the Rev. Dr. Parsons, seconded by Mr. J. J. Withrow.

STATISTICS FOR GOVERNMENT REPORT.

Number of Patients during year	174
Women.....	127
Men.....	47

Canadian	70
English	69
Irish	23
Scotch.....	5
Other nationalities.....	7
	<hr/>
	174

Episcopalians	}	156
Presbyterians			
Methodists			
Baptists			
Roman Catholics			18
			<hr/>
			174

Collective stay of patients..... 4,382 days

Medical Report.

MR. CHAIRMAN, LADIES AND GENTLEMEN,—

The Medical Staff of the Convalescent Home beg to present their report for the year just ended.

During this period there has been admitted to the Home 174 patients. Of these 22 were private patients, and 152 occupied the public wards.

No classification can be made of the various diseases from which the patients were convalescent, as almost every form of illness is registered on our books.

We are pleased to report that no death has occurred at the Home, and the benefit to the patients by their stay with us has been again amply demonstrated during the past twelve months.

We think it a matter of regret that the Home is not more largely used as a place of rest and recuperation by those who, though not actually ill, are none the less in need of fresh air, change, and the kindly care of our good allies, Miss Law and Miss Keith.

(Sgd.) BERTRAM SPENCER,

On behalf of the Medical Staff.

Rooms for Private Patients.

In building the new wing, special arrangements were made by the Board for the reception of private patients. Three airy and prettily furnished bedrooms have been set apart for their use. They have a separate dining-room and parlor, a separate bath-room, and two verandahs on the west and on the south for their exclusive use. All bedding, linen, china, etc., are kept separate, and there is good attendance.

The charges for these rooms are from \$5.00 to \$9.00 per week, according to accommodation.

Treasurer's Statement

FOR THE YEAR ENDING 30TH SEPTEMBER, 1897.

Receipts.

Balance on hand, 1st October, 1896.....	\$616 82
Received from Government of Ontario	632 20
" City of Toronto, for patients	732 20
" County of York, for patients	9 80
" Inmates themselves	538 65
Income from Endowment Fund, etc.....	106 46
Subscriptions, donations and bequests	5,147 00
Received from all other sources	26 00
	\$7,809 13
	\$7,809 13

Expenditure.

Butchers' Meat and Fish	\$340 81
Butter	91 28
Wine and Spirits	10 85
Flour, Bread and Meal	124 23
Milk	188 46
Water Supply (windmill).....	29 82
Potatoes and Vegetables.....	20 98
Groceries and Provisions not above enumerated	175 48
Advertising, Printing, Stationery and Postage	31 37
Soap, Brushes, etc.....	27 42
Fuel.....	271 10
Furniture, Furnishing, etc.....	136 22
Grounds	21 77
Oil and Lights	23 94
Medicine	22 20
Repairs.....	61 48
Live Stock and Feed	7 26
Salaries and Wages.....	978 40
Other expenditure, not above detailed	67 00
Transferred to Endowment Fund	1,625 00
Cash balance on hand.....	3,554 05
	<hr/>
	\$7,809 13
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HILLCREST ENDOWMENT FUND.

Balance, 30th September, 1896	\$1,505 03
Subscriptions and Bequests transferred to this account....	1,625 00
Interest on Deposits, credited.....	27 80
	<hr/>
	\$3,157 83
	<hr/>
Balance on Deposit	\$3,157 83
	<hr/>

Having examined the Cash Book of the Hillcrest Convalescent Home, of which the above is a summary, and having compared the expenditure with the vouchers and receipts, I hereby certify as to the correctness of the foregoing accounts.

W. GILLESPIE,
Auditor.

TORONTO, 6th October, 1897.

ACT OF INCORPORATION, 55 VICT., 1892.

WHEREAS the Hillcrest Convalescent Home of the city of Toronto was established for the purpose of a convalescent home, to be carried on in a suitable manner under the direction of a committee of ladies to be appointed annually for the acceptance of convalescent patients, without distinction of creed, and the same has been in working operation for over four years under the direction of a board of management; and whereas the said Home was founded by a grant of land by the late William Gooderham to trustees, and the erection thereon of a large and expensive building at the cost of a charitable English lady, who furnished money for the construction and furnishing of the same to the extent of upwards of \$11,000; and whereas the same has been carried on by a committee of management in conjunction with the trustees chiefly through voluntary subscriptions of citizens of Toronto and legacies and bequests from time to time; and whereas large sums have been expended annually for the support of the said institution and also in making additions and alterations to the buildings to meet growing demands; and whereas the board of management have been incorporated under *The Act respecting Benevolent, Provident and other Societies*, and their powers to receive by grant, gift, devise or bequest are too limited for the practical working of the same, and it is desirable that the board of trustees and the board of management aforesaid should be united in one corporation and the lands and buildings now vested in trustees vested in such corporation; and whereas it is expedient to grant the prayers of the same petition;

Therefore Her Majesty, by and with the advice and consent of the Legislative Assembly of the Province of Ontario, enacts as follows:

1. The Honourable Samuel Hume Blake, James Kirkpatrick Kerr, John James Gartshore, William Holmes Howland, William Hodgson Ellis, Bertram Spencer, Arthur Hutchison Smith, John Jacob Withrow, and Harvey Prentice Dwight, all of the city of Toronto, esquires, together with the present board of management and members of the committee, and all other persons who may from time to time be elected to succeed them as members of the committee, shall be and they are hereby constituted a body politic and corporate under the name of the Hillcrest Convalescent Home, and the said incorporation under *The Act respecting Benevolent, Provident and other Societies*, shall merge in the corporation hereby created and cease to exist as a separate corporate body.

2. All the property, real or personal, now held by the said individuals above mentioned, or by any of them, or other person or persons, for the use or benefit of the said Hillcrest Convalescent Home, shall be and is hereby transferred to and vested in the corporation hereby constituted, subject only to the provisions of the deed of grant from the said William Gooderham to trustees dated the 21st day of August, A.D. 1885, as to the disposition to be made of the said property in case it should cease to be carried on and supported as a convalescent home, and the officers and managing committee of the said institution at present in office shall continue to be the officers and managing committee of the said corporation until others shall be elected in their stead.

3. The said corporation may hold the said lands for use as a convalescent home, and may also acquire and hold additional lands and premises when required for use in connection with the same for actual use and occupation as a convalescent home, provided the annual value thereof do not exceed the sum of \$15,000 in all; and may also acquire any other real estate or interest therein, by gift, devise or bequest, if made at least six months before the death of the party making the same, and may hold such estate or interest in the lands lastly mentioned for a period of not more than seven years, and shall within that period alienate or dispose of the same and the proceeds of the estate or interest

so disposed of shall be invested in public securities for the use of the said corporation, and such estate or interest therein as may not within the said period have been alienated or disposed of shall revert to the party from whom the same was acquired, his heirs or representatives.

4. For the management of the affairs of the corporation there shall be a committee composed of not more than thirty persons, who shall be annually elected by the members of the corporation amongst themselves at a general meeting to be held annually in the month of October in each year, and at their first meeting after such election the said committee of management shall choose out of their number a president, two vice-presidents, a treasurer and a secretary, who shall hold office during the period aforesaid.

5. The said managing committee may make such and so many by-laws, orders and regulations (not being contrary to the laws of this Province or this Act) as they may deem useful and necessary for the government of the said corporation, and for the admission, resignation and retirement of members of the corporation, and may repeal, revoke, alter and amend any existing by-laws, orders and regulations.

6. The funds of the said corporation shall be used for the purposes authorized by this Act, and nothing herein contained shall authorize the said corporation to engage in the business of real estate.

7. The said corporation shall at all times, when required by the Lieutenant-Governor of the Province, make a full return of all property held by it, with such details and other information as the Lieutenant-Governor in Council may require.

BY-LAWS.

I. This Institution is intended for the benefit of convalescents leaving hospitals, or living in houses where their recovery is retarded by the want of needed rest and change.

II. It is to be managed by a committee of not more than thirty (30) ladies, to be elected annually. The Committee will nominate its successors in office.

III. The said Committee shall elect by ballot out of its number a president, two vice-presidents, a treasurer and a secretary, in accordance with clause 4 of the Act.

IV. The Committee of Management shall hold its monthly meetings on the first Friday of each month at 11 a.m., at such place as it shall appoint. Three members shall constitute a quorum. Weekly meetings shall be held each Friday morning at the same time and place, unless some other day is fixed upon at a previous regular meeting.

V. The President shall have general supervision of the work. She shall preside at all meetings of the Corporation or of the Committee of Management, and shall perform such other duties as are incident to the office. She shall sign all drafts upon the Treasury before they are paid. In case of her absence, one of the Vice-Presidents shall preside; in case of their absence, such other person as the meeting may select.

VI. The funds necessary for supporting this Institution shall consist of fees, voluntary subscriptions, donations, bequests, etc.

VII. All moneys received shall go to the Treasurer, who shall keep the same in some chartered bank, and shall disburse them as

the Committee of Managers shall direct. The Treasurer's annual report shall be examined by auditors appointed by the Committee.

VIII. The Secretary shall give notice of stated and special meetings, keep the minutes of the same, and prepare the annual report of the Committee of Managers.

IX. Anyone desiring to obtain a city order for a patient must send to the City Health Officer: (1) A medical certificate either from or confirmed by one of the medical staff, stating that the applicant is a fit subject for admission to the Home; (2) A recommendation showing that the applicant cannot pay the ordinary charges.

X. Any person desiring admission to the Home able to defray his or her own expenses, or paid for by friends, must present to the Superintendent of the Home a medical certificate either from or confirmed by one of the medical staff, stating that the applicant is a fit subject for admission; and must pay in advance for one week's board, \$2.40.

XI. Infectious or contagious cases cannot be admitted to the Home.

XII. Unmarried women with infants cannot be admitted, nor any man or woman known to be leading an immoral life.

XIII. A small quantity of alcoholic liquor for use in extreme cases, or by medical order, may be kept in the Home; but must be in charge of the Matron, under lock and key, and only administered by the Matron, and if under medical order, in quantities to be prescribed by the medical attendant ordering same.

XIV. Members of the Committee are expected to visit the Home weekly in rotation, and will be notified by the Secretary a week before to that effect.

XV. The visitor for the week must visit herself or provide a substitute from the members of the Board, or notify the Secretary in time for her to appoint another visitor in her place.

XVI. The visitor must enquire whether the Matron has an order for every patient. In case of any patient remaining in the Home for more than four weeks, the visitor must make full enquiries as to the reason of such stay, and lay the case before the Board at the first meeting after her visit.

XVII. The visitor must visit every part of the Home and report personally or fully in writing on the condition of the Home and patients at the first weekly meeting after her visit.

XVIII. Each member of the Board must notify the Secretary before leaving town for a length of time. Also that any member of the Board being absent for three consecutive months without having given formal notice of absence to the Secretary, will cease to be a member of the Board.

XIX. The managers may appoint, from time to time, sub-committees from among themselves to attend to any special duties. As a rule such sub-committees shall consist of not less than three, and not less than two shall be considered a quorum to act. These committees, for the sake of regularity and for future reference, shall, as a rule, report to the Board in writing.

XX. Changes can be made in the by-laws at any regular monthly meeting of the Committee, notice having been given in writing of the intended change at a previous regular monthly meeting.

XXI. The President and Secretary, or other officers for the time being acting in their stead, shall have power to affix the corporate seal of the Home to any document requiring the same, and may adopt any form of seal which to them may seem proper as such corporate seal.

RULES FOR INMATES.

1. The inmates shall attend Morning and Evening Prayers, conducted by the Matron.
2. All inmates must in all respects conform to the orders of the Matron, must be punctual at the hours of meals, and must not absent themselves from the table without permission of the Matron.
3. Patients able, in the opinion of the physician, shall assist in any work that the Matron may require.
4. No patient will at any time be allowed to leave the grounds without special leave from the Matron. No patient shall be absent from the Home later than 5 o'clock p.m. Each patient shall be allowed to leave the grounds once only during a stay of two weeks.
5. Patients shall confine themselves to the part of the house assigned to them. No male patient shall enter the female wards, nor any female patient the male wards.
6. The patients shall keep their clothes in the places provided for them, and shall on no account leave them about their rooms or on their beds.
7. No trunks or unnecessary clothes are to be sent with patients. All clothing must be delivered into the charge of the Matron on arrival at the Home, who will only allow one change of clothing in the wards. At the discretion of the Matron, each patient may have six pieces washed at the Home every week free of charge.
8. On entering the Home, patients are requested to hand to the Matron for safe keeping any money or valuables brought with them.

9. Patients are not allowed to carry lighted lamps through the house.

10. Such patients as are well enough are expected to attend Divine service on Sundays.

11. Patients must be quiet and exemplary in their behaviour, and conform strictly to the Rules and Regulations of the Home, and carry out all the orders and prescriptions of the various officers of the Home.

12. Patients may be visited by their friends on Thursdays, between the hours of 2 and 5 p.m., and on any evening, Sundays excepted, from 7 to 8 p.m.

13. Any patient bringing liquor into the Home, or found intoxicated, will be discharged.

14. At 9 o'clock lights must be out, and perfect quiet must be observed in the wards.

15. Whenever patients misbehave or violate any of the rules of the Home, the Matron may at once discharge them.

16. No chewing of tobacco allowed in the building or on the verandah; nor smoking, except in the place allotted to that purpose in the basement.

17. The Committee of Management will not allow any nails to be put into either walls or woodwork in any part of the house. No pictures or mottoes are to be hung or pasted on the walls in any part of the house, and patients who in any way disfigure any part of the Home will be subject to dismissal.

Subscriptions, Donations and Bequests.

From the Estate of the late Mr. H. A. Massey.....	\$5,000 00
" " " Mr. Goulding	125 00
Mrs. Edward Blake.....	20 00
Mrs. J. L. Brodie	2 00
	\$5,147 00

DONATIONS.

Mrs. H. D. Warren	Magazines and Books
Mrs. Duncan-Clark	" "
Mrs. Jardine	Fruit and Vegetables
Mrs. Mowat.....	2 baskets Plums, 2 baskets Tomatoes
Mr. R. Law	2 baskets Plums
Miss Gillespie.....	Peaches
Mrs. Cassels	Pears and Magazines
Mrs. B. Robinson	Peaches
Mrs. Mitchell	Grapes

CHRISTMAS DONATIONS.

Mrs. J. L. Brodie	\$2.00
Mrs. Vandersmissen.....	\$1.00
Mrs. Gooderham.....	Turkey, Raisins, Currants and Peel
Miss McCollum	Celery and Magazines
Mr. R. Barron	2 doz. cans Corn, Codfish
Mrs. A. Austin.....	Fruit and Fish
Mrs. H. S. Strathy.....	5 lbs. Tea
Mrs. Bull	Ham
Mr. C. W. Taylor	Christmas Globes
Miss C. Aikins ..	Oysters
Miss Somerset	Turkey
Mrs. J. I. Davidson	"
Mrs. W. H. Beatty	"
Mrs. J. Hoskin.....	"
Swan Bros.....	"

Miss Greig 1 doz. cans Tomatoes
 Mrs. Gunther Spiced Beef
 Mrs. Morrison Haddies
 Miss Morris Oranges
 Miss Jennings..... "
 Miss Parsons "
 Mrs. Coles Currant Bread
 Mr. C. Cockshutt Box of Raisins
 Mrs. Shortiss Pictures, Honey, Underclothing
 Needlework Guild..... "
 Mr. Mathews Framing 6 Pictures
 Mrs. Graham..... Goose
 Mrs. Wakefield Oranges, Figs and Dates
 Mr. Marks..... Roast of Beef
 Mrs. McGee..... Magazines
 Mrs. Gunther Picture Moulding

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