

# The Weekly Monitor

VOL. 45

BRIDGETOWN, ANNAPOLIS COUNTY, NOVA SCOTIA, JUNE 13, 1917

No. 10

## SPORT SHOES WITH SPORT CLOTHES

That's the vogue, this year — to have one's shoes in harmony with the sport suit, or outing skirt and sweater.



### FLEET FOOT

### SUMMER SHOES

are the most complete line of summer footwear ever made. The Fleet Foot trademark goes on shoes for every summer need — for work and play — for men, women and children.

Ask your dealer to show you the Fleet Foot line — you'll find exactly what you want — and the prices are a half, a third and even less, than equally attractive leather boots would cost.



## WHAT SHALL WE EAT?

Issued by the Department of Public Health of Nova Scotia

In these days, when so much attention is being given to the question of food and food production, it is well that thought should also be given to the matter of food consumption.

It should be clearly realized that the functions of food are mainly two in number: (1) to build up the body and repair tissue waste, (2) to provide body heat and vital energy. The palatability is desirable, and is both an inducement to take sufficient food and an aid to digestion, the greater number of our highly prized delicacies are not only economically wasteful but physiologically monstrous.

The information which comes to us from the countries of our enemies goes to indicate that, after a short period in which some restriction of diet appeared to have a beneficial influence upon the general health, there has developed a notable increase in illness and decrease in efficiency as a result of the present scarcity of food.

The present situation at home is sufficiently serious, and the future possibilities are sufficiently menacing, to demand our careful consideration of the influence which food shortage will have upon the health of our people. For the successful prosecution of the war, and for the subsequent maintenance of our place in the sun, it is necessary that we should conserve our health, which is the fundamental basis, not only of the enjoyment of life but also of efficiency and productivity.

A comparatively small portion of the food we consume is utilized in the construction and repair of the tissues. Fully eighty to ninety per cent goes to the production of heat and energy. The meats (including fish) afford us the bulk of the protein required for growth and repair of tissue, although the grain or cereals contribute considerable protein. The meats also provide certain salts and extractives which are useful in nutrition. The extractives give flavour to the meats. It is important to note that while the extractives are dissolved out of meat which is used for making soups, such meat, while rather tasteless, has lost very little of its nourishing qualities, and should by no means be thrown away.

The great sources of energy are the fats and the carbohydrates. The carbohydrates are the sugars and the starches, which we derive more especially from the cereals, root vegetables and fruits. Under normal conditions the carbohydrates furnish us energy in the most available and most economical form, while the fats furnish it in the most concentrated form.

It should be our aim to use food in a physiological way, in order that the needs of the body should be properly supplied. These needs are best met by a balanced diet — that is, a diet which contains the proper proportions of different foodstuffs.

The requirements necessarily vary with individuals, depending upon age, sex, temperament, body weight, muscular activity and other less impor-

tant factors. Children need more in proportion to body weight than adults. Women require, generally speaking, about four-fifths as much as men. The season of the year has also an influence, less being required in warm weather than in cold weather.

In computing a dietary it may be assumed that it should contain from ten to fifteen per cent. protein, or tissue building food. The greater part of this is usually derived from the lean portion of meat or fish. Consideration should be given to the variation in the proportion of lean to fat. Thus in bacon and salt pork the fat is greatly in excess of protein, while the reverse obtains in the case of round steak. Fish provides almost as much protein as meat. It is worth noting that the salted and smoked fishes may be made into a large variety of inexpensive though palatable dishes, which are very nutritious. Thus a half pound of dried codfish, made up with a quart of milk and a little flour, makes a dish which provides as much protein as much protein as a pound of round steak or a pound and a quarter of sirloin steak.

A point not to be missed is that the cheaper cuts of meat have practically the same nutritive value as the most expensive cuts.

Milk contains a considerable amount of protein. A glass of milk contributes about as much protein as a quarter of a loaf of bread or a fair sized slice of cooked beef. This protein is not removed in the skimming of milk. Skimmed milk has therefore a definite dietetic value, and can usually be procured for about half the cost of whole milk. The loss of fat can be made up by the use of butter or other less expensive fat.

Of the milk products, butter is the form in which perhaps the majority of people secure the greater amount of the fat they consume. In general, it is the pleasantest and more readily digested of our food fats, but other fats may be used to almost equal advantage, such as oleo-margarine, lard, olive oil, cotton seed oil, etc. Then cheese is a really excellent substitute for meat, having approximately double the nutritive value, weight for weight, of lean beef.

Eggs also provide considerable protein, but at a greater cost than meat. However, the relatively small amount of fuel consumed in the cooking of eggs offsets to a large extent their greater first cost as compared with meat.

Amongst the vegetable foods, those which yield the largest amount of protein are the cereals (wheat, the legumes or pulses (beans and peas especially). The cereals are also rich in carbohydrates, which are so necessary to energy production. Their value as breakfast foods is well recognized. In this connection it should be pointed out that the widely advertised breakfast foods possess little if any advantage over oatmeal, although they are much more expensive.

It may be said in a general way that large consumers of meat would find it profitable both economically and physiologically, to substitute cereals for a share of their meat ration. Inasmuch as most of our food goes

to the production of heat and energy, it follows that fats and carbohydrates must find a prominent place in our dietaries. Practically one hundred per cent. of fat is available for energy production, so this food provides energy in such concentrated form, that we do not require very large quantities of it. The cereals, as already stated, furnish us with a certain proportion of protein, and they also provide a small percentage of fat. Their chief value, however, lies in their high carbohydrate content. The carbohydrates, as has been noted before, furnish energy in its most readily available form. Seventy-five per cent. of fine wheat flour is carbohydrate, about ten per cent. is protein and about one per cent. is fat. Bread is not only one of the most nutritious, but is one of the most necessary and also one of the most economical of foods.

We are now confronted with the possibility of a shortage of wheat flour, and it may be necessary for us to resort to a method similar to that which enemy countries were forced to employ some time ago, or to that which has recently been adopted in England. In England it is now permissible for millers to add small proportions (approximately five per cent.) of the flour of barley, maize, rice or oats to the flour of wheat. Of these substitutes, barley and maize (Indian corn) are to be preferred to rice and oats. Probably barley flour might be used to the extent of ten per cent. in bread making without seriously affecting its digestibility or nutritive value. Oatmeal cannot be used in such proportion without causing loss of "lightness" in the bread, although otherwise it is a good substitute for wheat flour. Rice lacks much of the nourishing property of wheat.

At present market prices there would be little, if any, economic profit in substituting other cereals for wheat, but in the near future the conditions may be otherwise. Barley is an easy crop to raise, and may be planted in the late spring for fall reaping, so our agriculturists might assist greatly in the solution of the bread problem, which threatens to be an acute one before many months have passed, by giving attention to the cultivation of barley.

Buckwheat is another cereal which has great food value, and which might be produced in greater quantity as an offset to wheat shortage. This may be served in various palatable and nutritious dishes which may be used to a considerable extent in lieu of bread.

Of the pulses, peas and beans in the dried state have a dietetic value which is well recognized. Compared with the meats and the cereals, they take an intermediate place, being richer in protein and poorer in carbohydrates than the cereals. The fat content corresponds very closely to the cereals, while the mineral content is somewhat greater. A plateful of good thick pea soup contains about as much protein as an ounce of lean meat, and about as much carbohydrate as two ounces of bread. Dry beans are very similar to dry peas in composition, but contain a larger proportion of sulphur and for this reason are more apt to cause flatulence.

Chinese Red Cross workers are now assisting Red Cross workers of allied countries.

It is estimated that 7000 surgeons will be required for the million of men of the United States army.

Mr. A. J. Balfour received a check for \$200,000 for the benefit of war widows and orphans in Britain.

The rice crop in India and Japan is reported to be exceptionally large, and rice is not likely to rise in price.

Japanese gunboats are now engaged with British, French and American war vessels against the German submarines.

The call for the "Army of the Furrows" is progressing in the United States, as well as for the "Army for the Trenches."

The Germans have lately sent toy balloons over Rheims, with the inscription, "We shall go away some day, but your town will be destroyed."

Mr. Gretton, a brewer, says there will be a violent reaction if brewing is stopped, but there will be an even more violent reaction if baking is stopped. — Morning Post.

Five rooms in the Stewart Building, Broadway, New York, are placarded, "British Recruiting Mission." They are seeking British young men, with a view to their enlistment and return to England.

There are 60,894 public houses in England, 6,621 in Scotland, and 16,678 in Ireland. This makes one public house for every 592 people in England, one to 719 people in Scotland, and one to 263 people in Ireland.

Samuel Compers, President of the American Federation of Labor, stating that he did not wish to ally himself with the conscious or unconscious agents of the Kaiser in America.

A well known resident of St. John determined to plant potatoes in his back garden and ordered a bag of fertilizer. After planting in the evening, rain came on, and the next morning he found that the bag contained cement, rather than fertilizer. Query: Will his potatoes grow?

(Continued on page 4)

## THE EUROPEAN WAR

### GERMANS DAZED BY GIGANTIC BRITISH ATTACK

British Headquarters in France, June 7.—The British rush this morning on the Messines-Wytschaete Ridge of the Belgium front took them well over the ridge, where they are now entrenched. The village of Messines was taken early in the fighting. It was also reported that Lander and Zarebba had fallen and that Wytschaete has been captured by the British storming troops. The British offensive campaign burst into the at Arras was carried out in that slender strip of the Belgium saved nearly three years ago from the German invasion. The blow was struck on a front of approximately ten miles against the high ground known as the Messines Ridge, from which the Germans have overlooked the British lines ever since October 1914. It was not long after the battle began that word came from all sections of Arras that the various objectives had been taken on schedule time. All the prisoners say the Germans had been expecting the attack, but were taken completely by surprise by the hour at which it was launched and the fury with which it was carried forward. They had been completely dazed by the most gigantic mining operation yet carried out in the war. More than 1,000,000 pounds of high explosives had been placed under the German forward positions during the past twelve months and its upheaval of a score of separate mines spread panic among the troops, already harassed, as they were, to the point of distraction, by seven days and nights of fire from the greatest concentration of guns on a given front since the war began. The battle of Arras has reached the ultimate in this respect, but today's bombardment was carried out by twenty per cent. more guns, especially guns of heavy calibre. The Messines Ridge has long been a thorn in the side of the British. They were driven from it in those perilous days of October 1914 when with weak lines and virtually no artillery they bravely but forlornly attempted to hold this point of vantage.

### BRITISH GAIN FURTHER GROUND SOUTH OF YPRES

London, June 10.—The British have gained further ground at a number of points on the battlefield to the southward of Ypres, it is announced officially.

"We gained further ground during the night at a number of points on our battlefield south of Ypres. Successful raids were carried out by us last night southeast of Epehy, south of Armentieres and northeast of Ypres. We captured seventeen prisoners. Hostile raiding parties were repulsed east of Le Verguis and southwest of La Bassee."

The official report from British headquarters in France tonight reads:

### WAR BRIEFS

The Royal Flying Corps has established a branch in Montreal.

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## TWO BEAR RIVER BOYS KILLED IN ACTION

(Digby Courier.)



PRIVATE ELDON LEROY MORINE of Bear River, killed in action April 9 at the battle of Vimy Ridge.

Before enlistment he was foreman of a lumber camp in the Maine woods. Knowing it was his duty to answer the call of his king and country, he left his position and came to his home and enlisted in the 219th Battalion. Arriving in England he was transferred to the 85th D. Company. As a soldier he was always ready for any duty that might be assigned to him and won the esteem of all his officers who always regarded him as prompt and careful. He is survived by his mother, four brothers and five sisters, who have the sympathy of the community.

### RECRUITING FOR ALLIES IN UNITED STATES

Boston, June 8.—The United States is to be made a recruiting ground for the armies of all the Allied Powers, according to Colonel C. S. MacInnes, of the Adjutant-General's Department of Canada, and Major Charles D. Murray, of the War Office staff at London, members of the British recruiting mission in this country who were here today. They said that the British and Canadian recruiting forces here would assist in the work of enrolling subjects of Italy, Belgium and France for war service, either with British organizations or in the forces of their own countries. The officers said they were to make arrangements for this international enlistment, and would direct the work in New England.

### GERMAN EMPEROR HAD NARROW ESCAPE

London, June 9.—Emperor William, Field Marshal von Hindenburg, General Erich Friedrich and other members of the German Emperor's staff, were inside the St. Peter's station at Ghent, Belgium, when it was bombarded by Entente Allied aircraft the other day, according to a despatch to the Exchange Telegraph company from a Dutch frontier correspondent. The Emperor's party was unhurt, but three army officers nearby were killed.

### ARROW POINTS

In doing good you gain good.

Value your friends while you have them.

The more some people have the more they wish to have.

Many a wearying burden contains a wealth of blessing.

Dread not the homeward pathway. Though drear it seem today; The Hand with mark of nail-print Will clear the thorniest way. The feet on Calvary wounded Are ever near your side; No harm can reach the pilgrim With Christ as Friend and Guide.

PASTOR J. CLARK, Selma, Hants, N. S.

### Minard's Linctol Relieves Neuralgia

## Take Good Care Of The Colts

It's cheaper to *raise* colts than to *buy* horses. But it's *costly* if you *lose* the colts. Keep a bottle of Kendall's Spavin Cure handy. For thirty-five years has proved it the safe, reliable remedy for spavin, splint, curb, ringbone, bony growths and lameness from many causes.

### Kendall's Spavin Cure

is sold by druggists everywhere at \$1 a bottle, 6 bottles for \$5. Get a free copy of our book "A Treatise on the Horse" at your druggist's or write us.

Dr. B. J. KENDALL CO., Essexbury Falls, Vt.

Because it is a strong, thirsty flour, it absorbs more water and makes more loaves.



## PURITY FLOUR

"MORE BREAD AND BETTER BREAD"

## "BUY-AT-HOME" CAMPAIGN

Let's get together. Let's help one another. Let's stop pulling and hauling. Let's see the virtues in one another. Let's present a united front. Let's learn a lesson from the war. Let's co-operate. And let's do it now.

Is it going to be Nova Scotia or is it going to be the other provinces? Let us put our heads together for a few minutes and consider.

An expert on the iron and steel industries of America was recently asked why it was that certain firms could produce steel products several dollars cheaper than their competitors.

"The answer is simple," said he; "certain firms own their own mines, own the necessary fuel, own transportation lines. Practically every cent that they spend is spent within the firm, so that the same dollar does service over and over again. On the other hand, other firms buy raw materials and pay transportation to the former firms and thus build up and strengthen the very firms that are competing against them."

Now face the issue squarely. By buying goods away from home, and not from our own merchants, are we not building up and making strong our competitors in trade? Though we are all provinces in the one Dominion, Ontario is as much a competitor in all lines of trade as a state across the line. Can we afford to continue as we have in the past? It is time to see what our merchants have to sell. It is time to spend our money at home. It is time to co-operate. Nova Scotians must present a united front.

What a wonderful sight it is to see a hockey team go sweeping up the ice, four men abreast, passing the puck back and forth, eluding all opposition and shooting the puck into goal. That is team play.

What wonderful things have been our campaigns for the Red Cross, the Patriotic Fund and the Belgian Relief. Nova Scotians united, co-operated, and their subscriptions comparatively speaking took second place to none. That was team play.

Do you know why this Province is not going ahead as fast as it should, or as fast as we can drive it? The answer is, because there is not team play. And do you know why there is no team play? The answer is that there is a growing feeling among business men in this Province that their fellows are not treating them squarely. There is a growing feeling that people have become hypnotised by the catalogues and are spending their money on a vast quantity of goods which should be bought at home. There is unrest, and who will deny in all fairness that the business men have not some reason to feel dissatisfied? Anyhow it is there. And our towns are suffering and our Province is suffering because of it. The breach is widening, there is not that get together spirit, that team play, that the Province must have, if it is to become populous and prosperous.

Nova Scotia cannot afford to jeopardise her commercial and industrial future. Every authority says that with the coming of peace will come the greatest war for trade that the world has ever seen. We will need every dollar and every cent we can lay our hands on to finance us in this fight, and we will need the co-operation of every section of the Province. This campaign is conducted because it is felt that a change must be made in our buying methods.

This is the "BUY-AT-HOME" Campaign. Buy at home and build up Nova Scotia. Buy at home and co-operate in preparing for the reconstruction period.

BUY AT HOME

(Copyright, T. H. Curry, Halifax.)

## CASTORIA

For Infants and Children  
In Use For Over 30 Years

Always bears the Signature of *Chas. H. Atterton*

# ASK YOUR GROCER FOR DAVIS' ESSENCES

The Weekly Monitor ESTABLISHED 1873

WESTERN ANNAPOILS SENTINEL

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WEDNESDAY, JUNE 13, 1917

AGRICULTURAL REPORT

The report of the Secretary of Agriculture for Nova Scotia for the year 1916, published by order of the Legislature, is a volume of somewhat more than five hundred pages. It consists of three parts. The first part includes the report of Principal Cumming and associate teachers of the Nova Scotia Agricultural College and Farm, including that of Miss Jennie A. Fraser, on Women's Institutions. The second part contains the report of the Superintendent of Agricultural Societies, of which there are two hundred and sixty-three, with a membership of 10,523. The subscriptions from members toward the cost of these societies was \$29,746.84, and the total grant in aid by the government was \$14,000. The third part is devoted to Fruit Growing. Nearly all the fruits common to the temperate zone are grown in Nova Scotia, such as the pear, plum, cherry, peach, quince, and the apple. But the most important of these, as is well known, is the apple. It is estimated that 40,000 acres of land in this Province are covered with apple orchards. These are found chiefly in the section sheltered by the North Mountain, although many excellent apples are grown on the South Shore and other parts of the Province. The largest apple crop was recorded in 1911, when 1,234,872 barrels were packed and sold. For the past four years the average has been about 713,000 barrels. But this number does not include apples grown in the Eastern part of the Province or those consumed in the homes. There are at present several Model Orchards, or Demonstration Orchards, and Demonstration Vegetable Gardens in different parts of the Province, which are of great value as illustrations of the best methods to be employed in the raising of their respective products, and in guarding them against their enemies. One gentleman in Lakesville, King's County, tells of an apple tree which is said to be "the champion apple tree of Eastern America." He has owned this tree since 1878, and it is now one hundred years old. The trunk is nearly three feet in diameter. The limbs begin to branch about six feet from the ground, and the branches spread over eighty feet. As a rule, this tree bears only on alternate years, or bears a comparatively small number of apples on alternate years. A record of its biennial crop has been carefully kept, from 1878 to 1898 inclusive, and during these eleven bearing years it produced 234 barrels of merchantable fruit, which netted two dollars a barrel. It is still living and bearing good crops. The owner attributes its growth and fruitfulness to the situation. It grows on the side of a bank of a ravine that makes down from the mountain, in which a small stream of water runs the roots of the tree running into this stream. The Government has erected at Baddeck, C. B., a cereal mill, consisting of the following four units: An oatmeal mill, a buckwheat mill, a feed mill, and a flour mill. The object of the erection was experimental. One gentleman, who has used some of the products, regards the flour as very much superior to the imported whole wheat flour. An interesting part of the report is that which gives the experiences of several persons who have been successful in their work in different departments of agricultural endeavor. One of these is a gentleman who came from England in 1897 and set out in Waterville. In a word, this large volume is filled with information, the value of which cannot be questioned, touching every department of the work of the farmer and orchardist. It will serve to be read carefully from cover to cover.

BEIGIAN RELIEF DISCONTINUED

Mr. Herbert Hoover, Chairman of the Commission for the Relief of Belgium, connected with the Federal Council of the Churches of Christ in America, announces that the Commission has discontinued its appeals for contributions to Belgium, and also suggests that pledges for future gifts to Belgium be discontinued. This announcement has been made in view of the fact that the American Government is appropriating twelve and a half millions of dollars monthly in aid of the sufferers in Belgium and Northern France. In this matter the American Government is sharing with Britain and France in this benevolent work. It is, however, not to be understood that no further aid is required among people made destitute by the war. In Poland, Armenia and other Bible lands there are millions, especially of women and children, who are absolutely dependent upon gifts similar to those which have hitherto gone to Belgium, and there are agencies through which these gifts may be distributed as the donors desire. The Federal Council referred to is one of these agencies, and its central office says that a growing number of churches is contributing monthly amounts. One church in Brooklyn has given more than ten thousand dollars for war relief since the first of January, and a small, struggling church in an eastern village never fails to send a monthly offering of about one hundred dollars. Viewing the whole war area, the need of help is greater than it has been at any time since August 4th, 1914. This cannot be questioned and constitutes of itself an argument which Christian people should not ignore.

CLIP THIS AND PIN ON WIFE'S DRESSER

Cincinnati man tells how to shrivel up corns or calluses as they lift off with fingers. Ouch! ? ! ? ! This kind of rough talk will be heard less here in town if people troubled with corns will follow the simple advice of this Cincinnati authority, who claims that a few drops of a drug called freezine, when applied to a tender, aching corn or hardened callus stops soreness at once, and soon the corn or callus dries up and lifts right off without pain. He says freezine dries immediately and never inflames or even irritates the surrounding skin. A small bottle of freezine will cost very little but any drug store will positively remove every hard or soft corn or callus from one's feet. Millions of American women will welcome this announcement since the inauguration of the high heels. If your druggist doesn't have freezine tell him to order a small bottle for you.

RECRUITING

Men are urgently needed for service both at Home and Overseas—particularly Overseas. Any man between 18 and 45 years of age, physically fit and willing to serve, can find a place. Infantry, Artillery, Royal Army Medical and Army Service Corps, Engineers, Railway Construction, Forestry, Mechanical Transport, etc., all need men. For full particulars apply to the nearest depot or recruiting officer, or to REV. E. UNDERWOOD, Bridgetown.

FARMERS' EXCURSION TO EXPERIMENTAL FARM AT TRURO

Arrangements have been made to run a special Farmers' Excursion to Truro on Friday, June 22nd, from Annapolis and stations east on the Dominion Atlantic Railway, including stations on the Cornwallis Branch. Special train will leave Annapolis at 6.10 a.m., stopping at all stations to Windsor, arriving at Windsor at 10.10 a.m., and running from there express to Truro, arriving at Truro 12.30 p.m. The regular morning train will take care of passengers desiring to attend this excursion on the Midland Division. A special will leave Truro at 6 p.m. same day, making all stops to Annapolis, including stations on the Midland Division, and an extra train will be run from Kentville to Kingsport on arrival of the special from Truro. Prof. Cummings, President of the Agricultural College, is providing a very attractive programme. There will be an exhibition of live stock on the college farm, and the following animals will attract special attention. The new trotting stallion, Captain Aubrey, generally regarded as the greatest standard bred stallion owned in the Dominion of Canada, and the foremost of the world, Peter the Great, who sold for \$50,000 when he was 21 years of age. Similar interest is attached to our Clyde stallions, one of which, Lord Ullin, was first prize and reserve champion at Toronto and Chicago. In our cattle stable is an Ayrshire heifer that with her first calf will produce nearly 4,000 lbs. of milk this year, and that may, if all goes well, make the champion record of Canada. In the Holstein herd is a cow that gave as high as 112 lbs. of milk in one day, equal to over 44 quarts. The Ayrshire herd is headed by a son of the famous Armour, the first Ayrshire cow in the world to make over 20,000 lbs. of milk a year. A sister of our bull herd, the world's three-year-old record for Ayrshires, i.e., 21,938 lbs. of milk. There are so many almost equally fine animals that it is impossible to describe them all in a short announcement. It is planned to make the day especially interesting to women, who will be entertained in the new Science Building. Special attention will be paid to demonstrations in the home canning of vegetables and fruit. The College plant will never be in finer shape. The buildings and grounds and premises all look particularly fine this year. For low fares apply to nearest Dominion Atlantic Agent. Also see advertisements in local papers.

NEWFOUNDLAND MOTORIST SKIRTS ATLANTIC COAST

From Florida to Halifax His Route, and He Reaches St. John Ahead of Schedule—Worst Roads in Maine. (From St. John Daily Telegraph, Tuesday, June 5.) After a 3,000-mile motor trip from the extreme point of the Florida peninsula with but one puncture and two other minor troubles the way, P. P. Trappnel, Mrs. Trappnel and daughter, Jean of St. John's, Nfld., arrived in the city yesterday and registered at the Dufferin. Mr. Trappnel stated that his automobile was in excellent condition after the long journey and he did not even have to renew a spark plug. Mr. Trappnel and his family left Newfoundland on Jan. 25th and sailed via Halifax to Florida. There they purchased a car and immediately set out on a tour through that state going to the extreme end of the Florida peninsula. He remained touring leisurely about until April 28, when he started the journey north. He passed through the thirteen coast states, stopping at various centres to look about the country and register at the hotels. After Halifax's British expedition had departed. The roads throughout were in good condition. The worst piece of road he struck in Maine on what is called the "Air Line." It was a most perilous journey through a mountainous district, on a narrow and most wretched road. Over a distance of forty miles he made but five miles an hour. The road from the Maine border to St. John was in fair condition. He had but three accidents on the trip and but one puncture. He planned to make a detour in Savannah and next morning one of the tires was flat. He was twice rattled and one of the occasions was on the road through New Brunswick during the downpour of Sunday. Motoring is Mr. Trappnel's hobby and he has before he motored from Pittsburg, Boston, by boat to Yarmouth, motored to Halifax and sailed from there to England. He is already planning other trips. He contemplates travelling to Lincoln highway from New York to San Francisco as soon as it is completed. Already there is a perfect road as far as Chicago and at points beyond. He expects some day, too, to make a trip across Canada.

WEST PARADISE

June 11. Mr. Gordon Hirtle has enlisted with the Royal Engineers at Halifax. Mrs. H. W. Saunders and son, Earle, are guests at the home of Mrs. B. W. Saunders. Mrs. Daniel Whitman is still on the sick list, but at time of writing is a little better. Major J. E. Morse, of the Composite Regiment, Halifax, is spending a few days at home, the guest of his brother, A. T. Morse. Corp. Elden Parker, who has been spending a few days furlough with his family, has returned to his regiment at Halifax. Mr. Benjamin Hughes and daughter, Mrs. Wm. Crouse of New Canada, are at the home of his daughter, Mrs. Angus Hirtle. Mr. George Whitman of Berwick, who has been boring holes in a vicinity, after four or five unsuccessful attempts to strike water on the farm of Mr. Frank Messenger, has at last found water at the depth of one hundred and fifty feet. The automobile accident happened in this vicinity on the Tuesday afternoon within a distance of about 40 rods and between the hours of four and six o'clock. One of the tires was punctured, another was ditched, and the other a collision. Fortunately no one was seriously injured. In the three performances given by the Amateur Dramatic Club of this place the sum of \$100.00 was realized. Thirty-two dollars was given to the Red Cross of this place, \$14.00 to the Lawrenceton Red Cross, and \$30.00 to the Plano Fund at the Merchants' Hall, Bridgetown. The balance to be used in repairing our hall. The Red Cross Sewing Circle are still carrying on their good work in this locality, meeting every Friday afternoon at the home of the president, Mrs. B. W. Saunders. They received to Halifax last week twenty pairs of woolen socks, also \$32.00 in cash, which was donated by the Amateur Dramatic Club of this place. Mr. Smithson D. James, a respected and well known citizen, passed peacefully away on June 2nd at the home of his niece, Mrs. Milledge Sheridan, of this place. Mr. James was one of our progressive farmers, owning a fine farm at Tupperville, but owing to ill health came to reside with his niece. His remains were taken to Tupperville for interment.

CENTRAL CLARENCE

June 11. Mr. Ira Witham recently lost a valuable horse. Mr. Edwin Whitman leaves for Halifax this week, where he has secured work. Miss Lillian Banks of East Arlington was a recent week-end guest of Mr. and Mrs. Everett Sprowl. H. P. Chesley received word last week of the sudden death of his brother, Prof. E. M. Chesley, of Boston. Mrs. (Dr.) A. H. Thomasson, who was called home during the recent illness and death of her mother, left on Monday for her home in Boston. Great credit is due the young ladies of the Lend-a-Hand Mission Band for the successful ice cream social held last week, from which they realized \$13.65. KARSDALE June 11. Large quantities of herring are being taken in the weir here. Mr. and Mrs. A. S. Williams visited friends in this place the latter part of the week.

DIGBY

Sch. Lorain-S. Snow, Capt. Arthur Casey, sailed Tuesday night from Digby for the fishing grounds. The regular season of the Supreme Court opened in Digby Tuesday morning, Judge Ritchie presiding. Mr. Frank Dodge of Bridgetown, one of our most popular Commercial travellers, was in Digby, Monday. Aux. sch. Cora Gertie, Capt. Crocker, arrived here Friday with fresh fish for the Maritime Fish Corporation. Mr. George H. Peters, representing the Great West Assurance Co., was a passenger from Berwick to Digby Saturday afternoon. The Boston steam trawler Swell, Capt. Doyle, was at Yarmouth Friday, from Digby for the fishing grounds. Biller her bunkie with some coal. Sch. Dorothy E. Smart, Capt. Ansel Snow, arrived here Tuesday morning with 135,000 lbs. mixed fish, supplied by the Maritime Fish Corporation. About twenty-five auto parties from Digby were in Clare, Sunday, to witness the Corpus Christi Regatta at Point, which took place during the afternoon. Judge Vincent and party arrived Friday from Providence, R. I., and are occupying the Judge's attractive summer cottage, "The Shingles," on Montague street. Monday's easterly breeze kicked up quite a big sea on the Basin, somewhat damaging to the boats of the Scotia Yacht Club landing, which is being promptly repaired. Mr. and Mrs. Harry R. Daley and son, Thomas Edgar, of Yarmouth, who arrived here Sunday to visit Mr. John Daley, at Lincoln Terrace, returned home Tuesday. Rev. C. W. Robbins baptized nine candidates for membership in the Hill Grove Baptist Church at Accacia Sunday afternoon. Many were present from Digby and the surrounding villages. Mr. O. C. Jones, Digby's popular D. A. R. station agent, returned Friday from a trip to St. John's, Nfld., to see the world's most famous motor car race. He expects to motor to Bridgetown next Sunday. A number of American tourists are arriving daily. It is thought the travel will not be as large as usual. Lord Lodge, Digby's best advertised summer hotel, is now open and is already accommodating a number of guests. A number of Oddfellows from Digby were in Weymouth Sunday evening to join St. Thomas Lodge in their march to the Church of the Holy Trinity where they attended divine worship and listened to a very interesting sermon by the Rector, Rev. H. H. Russell. Mr. P. W. Holdsworth, one of Digby's well known druggists, returned Tuesday from a trip to Western Canada. He was accompanied on the return trip by his two sisters, Mrs. A. W. Fullerton of Edmonton, and Mrs. (Rev.) B. R. Sharp of Calgary. The regular June meeting of the Western Nova Scotia Yacht Club was held in the Club rooms Monday evening, June 24th. This year the Club in July to arrange for the Ladies' Day and annual cruise. Owing to conditions brought about by the war the squadron will not be as large this season as usual. The officers and members of King Solomon Lodge, No. 64, A. F. & A. M., will attend divine worship in the Digby Baptist Church on Sunday afternoon, June 24th. This year they are joined by the Keith Lodge, Bear River, and Annapolis Royal Lodge. The visiting members of the latter two autos. The sermon will be preached by Rev. C. W. Robbins, the popular pastor of the church, who is also a member of the Masonic order.

BELLEISLE

June 11. Mr. Stuart Baud spent last week in Halifax. L. Bent made a business trip to Kentville last week. Mr. Bartlett Goodwin of Aylesford spent the week-end with his family here. Mr. Herbert Wade of New Glasgow spent last week with his parents, Mr. and Mrs. Stephen Wade. Miss Gray Goodwin went to Berwick recently, where he will be employed as carpenter work for an indefinite time. Mr. Jack Bent of the Geodetic Survey, left to join his party recently. They are now located in Carleton Place, Ontario. We are sorry to report two of our most respected residents, Mr. Stephen Wade of Berwick, and Mr. Albert Goodwin, of the Valley, in very poor health at this time. Private Malcolm Elliott, No. 10 Siege Battery, C. E. F., Halifax, and Miss Minnie Elliott of Mr. Hanley, were guests of Mr. and Mrs. A. Clifford Bent last week. Miss and Mrs. Byard Powell and Capt. Beecher Powell, of Little River, were guests of Miss Lillian Powell, at the home of Mr. and Mrs. Albert Goodwin, on Thursday, the 21st ult. Dr. and Mrs. Fred Gullison (nee Miss Hilda Ray) of Yarmouth, who are home port yesterday morning, their honeymoon, were guests of Mrs. Gullison's relatives, Upper Granville. Mr. J. Howe Ray recently returned home from Yarmouth, where she was a delegate to the Methodist South-Island Convention. While in Yarmouth, Mrs. Ray attended the marriage of her niece, Miss Hilda Ray, to Dr. Fred Gullison.

HAMPTON

June 11. Corporal George Banks is home on a short furlough. We are sorry to report Mrs. Joseph Mitchell on the sick list. The Royal Engineers at Paradise is visiting at the home of Mrs. Allen Bezanon's. Miss Mary Hamilton, who has spent several months in Wolfville, is home again. Mrs. Judson Chute of Clarence spent last week with her mother, Mrs. A. A. Tompkins. Sergeant Harry Foster, of the Forestry Battalion at Aldershot, spent Sunday at his home in Hampton. The many friends of Capt. Reid Hirtle were pleased to see him enter his home port yesterday morning. Will the people who are urging the farmers to produce more crops kindling send a little fine weather with this week-end. Miss Ella Boardley, who has been visiting at J. F. Titus', and friends in Bridgetown, returns to her home at Port Lorne on Monday. On Friday night of last week the store of L. D. Brooks was broken into by thieves. Several pairs of boots and a large pal of eggs and other articles were taken. The weirs are doing fairly well here being salken taken about every tide. The weir owned by Ralph O'Neal and Edgar Titus is leading, as it is one of the best sites along the coast.

SPRINGFIELD

June 12. Mrs. Charles W. Roop was in Middleton last week. Mrs. Gilbert Drew of Lawrenceton is a guest of Mrs. Robert Stoddart. The Harry Davies of Aldershot was a week-end guest at J. G. Morrison's. Mrs. Downie of Margaretsville is visiting her daughter, Mrs. Harold Mason. Mrs. E. Baker and Mrs. Barteaux of Wilmet are visiting their parents, Mr. and Mrs. G. Wilson. Mrs. Daisy Morrison, one of the nursing Sisters at Aldershot, is spending a short vacation at her home here. Miss Flora Roop returned on Saturday from a week's visit with her sister, Mrs. W. G. B. Eaton, Middleton. Major Harold Dickson of Springfield, at present the commanding officer of a field hospital in France, received honorable mention in General Hirtle's despatches of last week. Mr. and Mrs. N. E. Chute of Bridgetown motored to Springfield on Saturday from Albany Cross, where they, with a party of friends, have been enjoying a few days outing at L. R. Fair's bungalow.

ST. CROIX COVE

June 11. Preaching service June 24th, at 11 a.m., conference Saturday afternoon preceding. Miss Lucy and Clyde Marshall, Clarence, spent yesterday at the home of their parents. A sale will be held at the home of Mr. and Mrs. Bradford Poole on Tuesday evening, June 26th. Mr. Arnold Hall and Miss Young, Beauséjour, were recent guests of Mr. and Mrs. Bradford Poole. Miss Gladys Strong and Miss Lucy Ray, Port Lorne, spent the week-end at the home of Mr. and Mrs. Joseph Hall. Mr. W. K. Crisp, Hampton, gave a gramophone concert at the home of Mr. and Mrs. A. S. Williams visited friends in this place the latter part of the week.



Jellies have high food value. Make as many as you can. They will be worth a great deal to you next winter.

Lantic Sugar. "Pure and Uncolored" makes clear, delicious, sparkling jellies. Finest granulation makes success easy. 2 and 5-lb 10, 20 and 100-lb cartons sacks 130.

Ask your Grocer for LANTIC SUGAR.

NORTH WILLIAMSTON

June 12. Service here on the 14th by Rev. S. J. Boyce. Service here on the 17th by Rev. Mr. MacDougall. Miss Ethel Magee, of Greenwood visited her aunt, Mrs. D. M. Charlton, quite recently. As there has not been very much farming done here yet, the farmers are getting rather discouraged over the wet weather. Mr. Enoch Banks of Brickton has sold his property to Andrew Stevenson, Jr., and has bought the farm of the late Joel Whitman. We are sorry to report D. M. Charlton seriously ill. Dr. Messenger is in attendance. We hope for Mr. Charlton a speedy recovery. Frank Hiltz, son of Mr. and Mrs. Isaac Hiltz, arrived home last Wednesday from Dorchester, Mass. His many friends were pleased to see him after an absence of three years. Mr. Howard Bezanon of South Williamston, having disposed of his property to Mr. Richard Baltzer, has purchased the property of Miss Louise Woodward. He gladly welcomes Mr. and Mrs. Bezanon and family in his midst. Mr. Israel Schurman and sister, Mrs. Chick, of the United States, were calling on friends here during the past week, having been summoned home on account of the illness of their brother, Mr. Lemuel Schurman of Lily Lake.

PARADISE

June 11. Mr. George Wilson has purchased an automobile. Miss Harris of Annapolis has been visiting her sister, Mrs. John Jackson. Major J. E. Morse of Halifax has been a guest at the home of Mr. and Mrs. B. B. Harris, Annapolis. Pastor Corbett assisted Rev. L. Brindley in special services at Lake Brook last week. Children's Day was observed in the Baptist Church on Sunday. Pastor Corbett preached an appropriate sermon, taking for his text, Matt. 19:13. The choir was Miss Minette Longley's singing class of girls, with Miss Vera Longley, organist. They did extremely well, as they have on former occasions. Recent arrivals at C. Durlings': Dr. W. S. MacDonald, New Glasgow; W. S. Troop, George A. Yve, Misses M. Holdsworth, Mrs. F. W. Nichols, Howard Nichols, F. A. Graham and wife, Kathleen Graham, Digby; C. J. Casey, Toronto; Mr. and Mrs. R. H. Seaton, Windsor; Dr. I. M. Lovitt, Yarmouth; Miss K. R. Buckler, Miss M. B. Harris, Annapolis.

PORT LOIRNE

June 11. Miss Longley of Paradise is visiting at the Parsonage. Mrs. McBurnie of Boston visited friends here last week. Twelve pyjama suits and sixteen pairs of socks were sent to Halifax last week. One hundred and fifty salmon, and a large quantity of smaller fish, have recently been taken from the weir. Mr. and Mrs. W. L. Saunders and family of Bridgewater motored to Springfield on Saturday for the week-end. Mrs. Hailburton Dauphinee left on Wednesday for Halifax, where she and Mr. Dauphinee will reside for the summer. Mr. and Mrs. Hantz Mosher of Bridgewater are spending a few days in Springfield with relatives and friends. Mr. and Mrs. W. P. Mallman of Hantsport have been spending a two weeks' vacation with Mr. Mallman's parents, Mr. and Mrs. William Mallman. His many friends in Springfield were very much gratified to learn that L. W. Saunders, who was recently wounded in France, is now safely in hospital in England, and is progressing favorably. The annual Roll Call of the United Baptist Church was held on the afternoon and evening of May 22nd. This function was, as usual, largely attended, and a collection of \$150.00 was taken for denominational purposes. A tea was given in the vestry by the ladies of the church, between the afternoon and evening services. Rev. E. S. Mason of Wolfville and Rev. M. W. Brown of Woods Harbor, a former pastor, who were present for the occasion, assisted in conducting the services. The Saskatchewan Legislature has been dissolved and a general election will be held June 19th. It is short notice, but it is said that both parties are ready for the contest.

UPPER GRANVILLE

June 11. Mr. J. Cuthbertson and wife have returned, after an enjoyable trip. Summer days are upon us and the Valley will be looking its loveliest during the next two weeks. Eighteen pyjama suits, twelve children's dresses worth eleven dollars, from Granville Sewing Circle (east end) was sent to Halifax this week to Red Cross relief work. Hantsport chiefs for dresses were kindly donated by school pupils of Miss Bent in this vicinity, to whom cordial thanks are extended. Mr. Melbourne Sloomb and family of New Britain, Conn., arrived at the home of Mrs. Sloomb's parents, Mr. and Mrs. Israel Banks.

ALFRED STOKES

General Secy. At the Yarmouth Y. M. C. A. Boys' Camp, held at Tusket Falls in August, I found MINARD'S LINIMENT most beneficial for sun burn, an immediate relief for colic and toothache. ALFRED STOKES, General Secy.

DRESS GOODS! DRESS GOODS!

Ask to See Them

Serges, Suitings, Coatings

A splendid range of Black and White Checks from 35c to \$1.75 the yard

New Curtain Materials in Voiles, Scrims, Nets, Silkolones, etc.

Cretonnes and Art Satteens in great variety of Patterns

Brass Extension Curtain Rods extending from 30 to 54 inch. 15c to 20c each

STRONG & WHITMAN Ruggles Block 'Phone 32

SPRINGFIELD (Received too late for last issue.) Harry Harnish of Annapolis is in town. Mrs. J. C. Roop was in Middleton last week. Miss Thompson of Nictaux is visiting at Dr. Beuchill's. Mrs. Ellison Grimm of Bridgewater is visiting at Mrs. Mary Grimm's. Mrs. V. L. Roop spent Sunday in Middleton, the guest of her mother, Mrs. J. H. Charlton. Mr. and Mrs. C. N. Roop of Middleton spent the 24th with Mr. and Mrs. J. C. Roop. W. L. Saunders and family of Bridgewater motored to Springfield on Saturday for the week-end. Mrs. Hailburton Dauphinee left on Wednesday for Halifax, where she and Mr. Dauphinee will reside for the summer. Mr. and Mrs. Hantz Mosher of Bridgewater are spending a few days in Springfield with relatives and friends. Mr. and Mrs. W. P. Mallman of Hantsport have been spending a two weeks' vacation with Mr. Mallman's parents, Mr. and Mrs. William Mallman. His many friends in Springfield were very much gratified to learn that L. W. Saunders, who was recently wounded in France, is now safely in hospital in England, and is progressing favorably. The annual Roll Call of the United Baptist Church was held on the afternoon and evening of May 22nd. This function was, as usual, largely attended, and a collection of \$150.00 was taken for denominational purposes. A tea was given in the vestry by the ladies of the church, between the afternoon and evening services. Rev. E. S. Mason of Wolfville and Rev. M. W. Brown of Woods Harbor, a former pastor, who were present for the occasion, assisted in conducting the services. The Saskatchewan Legislature has been dissolved and a general election will be held June 19th. It is short notice, but it is said that both parties are ready for the contest.

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Ladies Come to us for Yogo Springs Shoes

If you would like a pair made of the highest quality Kid, Patent or Calf Leather and the newest styles. We would like to show you Bell Shoes in High Cut or Oxfords They are the Best made in Canada Priced \$4.50 to \$7.00

For Medium Priced Shoes we will show you our famous KINGSBURY make, which have the styles of best and wear well too. In this make we have High Cut Boots, Pumps, Oxfords and Slippers. Priced \$2.50 up to \$6.00

Then we have also, the cheaper grades which we are selling at a price even to you than the wholesale price of today. They are REAL BARGAINS. At any price you wish to pay we give you the BEST VALUES.

J. H. LONGMIRE & SONS QUEEN STREET BRIDGETOWN

OUR LUNGS ARE DELICATE

Overwork, lack of fresh air, mental strain or any sickness disturbs their functions. Stubborn coughs tear and wear the sensitive lung tissues.

SCOTT'S EMULSION

should be taken promptly for hard coughs, unyielding colds, or when strength is lowered from any cause. Its high nutritive value creates resistive force to ward off sickness. The rich cod liver oil improves the quality of the blood to relieve the cold and the glycerine is soothing and healing to the lung tissues. Refuse Alcoholic Substitutes Which Exclude the Cod Liver Oil.

MEN WANTED TO WORK ON FARMS

City and Town Men and Others not at present Employed at Farming! Are You Willing to Work on Farms for varying periods during this season? If so, you are asked to register your names either with Local Bureaus organized by National Service Leagues, by Boards of Trade or other bodies, or with The Farm Labour Exchange at Halifax

When writing state When you can begin work How many weeks you can work What experience you have had in farm and other manual work What wages you will expect Many then are planning to spend their holidays on farms this summer, but do not know where they are needed. Perhaps we can help you. PLEASE REGISTER PROMPTLY.

Address all letters to Secretary of INDUSTRIES AND IMMIGRATION P. O. Box 680, Halifax.

LOCAL AND SPECIAL

Wanted—Print Butter 36c lb. Eggs 35c doz. W. W. CHESLEY. Miss Ethel Fitch will be "at home" on Thursday afternoon, June 23rd. More than 6000 Canadians have joined the British navy since the war began. Margaretville is to vote on June 15th as to whether it will have a water and electric light supply. The June meeting of the Town Council was postponed from Monday to Friday evening of this week. Canadian troops in England will celebrate Dominion Day, Monday July 2nd, with a complete holiday. The annual meeting of the Round Hill Fruit Co., Ltd., will be held in the hall there on Monday evening June 18th. A small classified advertisement in the MONITOR will dispose of anything you want to sell and will bring you anything you want to buy. Commencing next Sunday and continuing until further notice, the afternoon service in St. Mary's, Belleisle will begin at 2.30 instead of 3 o'clock. Quite a large quantity of fresh mackerel caught in the Bay Fund were found a quick sale in Bridgetown, Thursday afternoon, retailing at 2 and 25 cents. Mr. Rufus Elliott has received cablegram from his son, Capt. Percé Elliott, stating that the "Olympic" has arrived safely in England with contingents of Canadian troops. The 62nd Annual Communication of the Grand Lodge, A. F. & A. M., will convene in Truro today. Mr. H. D. Starratt of Paradise is the representative from Rosneath Lodge, Bridge town. It is reported that the "Flying Blue nose," the D. A. R.'s fast train between Halifax and Yarmouth, will not be put in commission this year unless the summer travel is larger than a present anticipated. Work is progressing rapidly on a large number of three-masted schooners under construction along St. Mary's Bay. There are two being built at Annapolis, and another at Margaretville on the Bay Fund shore. The Vice-President of the Rebekah Assembly of the Maritime Provinces, Mrs. Mary S. Bayne of Moncton, will pay an official visit to Annapolis, N. S., next Monday night, June 18th. A large attendance is urged. The Spring of 1882 was similar in every way to this season. As late as June 8th grain in many places was uncut. In the fall there was a abundant crop. If this year give good weather, then we may have a good return as in 1882. Annapolis Spectator:—Twenty can of salmon fry (five thousand) to be carred out in the Round Hill brook last week, and ten cans in Pointe Brook coming by rail from the Middleton Fish Hatchery. It is to be hoped they will successfully stock their new waters. Some of the early varieties of apple trees such as Gravenstein, are now well in bloom, and should we be favored with a few days of sunshine the week next Sunday will probably see the orchards throughout the Valley in the height of bloom. The season is about two weeks late. The store of Mr. L. D. Brooks, a Hampton, was broken into last Friday night, and goods to the value of some twenty or thirty dollars were stolen therefrom. No clue to the thief has as yet been established. An suspicion rests on parties who have recently escaped justice. Our citizens certainly believe in increased production of new towns east of better gardens than those in Bridgetown. We are also to thank the poultry raisers in Bridgetown who will soon be as well known as the once famous "Digby chickens," the former, however, being of a far different breed. The friends, young and old, who interested themselves in the gathering of old papers and magazines, will be pleased to know that they brought twenty-four dollars and thirty-five cents (\$24.35) into the treasury of the Red Cross. This is better than expected and will encourage another gathering of discarded papers in the near future. The Monitor was favored one of the last week with a call from one of its most esteemed readers, Capt. Thomas Templeman of Port Louis. The Captain reports the salmon catch on the Fundy shore as being exceptional. Good this season, he having landed 90 salmon in five tides (approximately 1200 pounds), for which he found a ready sale in St. John, Halifax and the local markets. Announcement has just been made of the appointment of a Rhode scholarship by Acadia University. The recipient of the honor is Lieut. Norman McLeod Rogers, son of H. Whyte and Mrs. Grace Dean McLeod Rogers, of Annapolis. Lieut. Rogers was a student at Acadia University but enlisted from there in February 1915, with the 6th Canadian Mounted Rifles, and spent eighteen months in England and France. Mr. E. B. Elderkin, who was in town last week in the interest of the Nova Scotia Farm Labor Exchange organized a Bureau of the Exchange at Lawrenceton on Tuesday, the 5th inst., with Mr. S. E. Bancroft as chairman, and Mr. F. G. Palfrey, secretary. The purpose of the Bureau is to supply needed help to farmers making application. Mr. Elderkin believes the demand for help will be greater during the season of cultivation and harvesting. Annapolis Spectator:—The death occurred at Dalhousie West, on Tuesday, June 5th, of Andrew Bartsch, aged at the advanced age of 80 years. He was a native of Slediac, N. B., but had lived for many years with his son, John L. Bartsch, where he died. He was a retired farmer, and his wife had been a Miss Devany of this country. The funeral will take place this (Thursday) morning and burial in St. Louis Cemetery, this town, Rev. Father Grace officiating. The Paradise Red Cross has sent to the boys in France, since the new year, 65 pairs of socks, and the president has received letters of appreciation from Col. Phinney, Capt. Harrison, Capt. Harry Starratt, Capt. Ralph Layte, Lieut. Dwight Ruggles, Lieut. Lloyd Longley, and Pte. Roy Balcom. They passed the socks out to the boys who were in need of them. The few members of the Society who attend the meetings are working hard to keep up the good work, but there is room for others who are disposed to help our boys who are doing so much for us. Money is needed to buy yarn and other materials.

LOCAL AND SPECIAL

Australia has enlisted 362,000 men, 14 per cent. of its male population. For Sale—Cabbage, Tomato and Cauliflower Plants. W. W. Chesley. The Boston market was glutted with mackerel from Nova Scotia on the 8th inst. The wholesale price was 3-4 cents per pound, the lowest in years. The June term of the Supreme Court convenes in the Court House, Bridgetown, on Tuesday morning next, June 19th, at 10 o'clock, Judge Hickey presiding. An automobile and a motor cycle collided on the road in the vicinity of West Paradise on Wednesday last. The machines were badly damaged, but no serious injury was done to the occupants. The well known S.S. Prince George, of the Boston and Yarmouth Steamship Co., has been taken over by the British Government and is now in Boston, recently painted and thoroughly overhauled. In the casualty list sent out from Ottawa, June 10th, appears the name of C. L. Langille, Annapolis, wounded. This is doubtless Corpl. Carmen Langille, who drilled the platoon of the 19th in Bridgetown last spring. Enos Carter and Max Crouse, who were awaiting trial before the Supreme Court which meets here next week, on a charge of theft, escaped from the County Jail at Annapolis last Tuesday night. They are still at large. With the exception of Principal R. L. Tharber, there will be an entire change in the teaching staff of the Bridgetown schools next year. The following will be the staff: Principal, R. E. Tharber, grades X and XI; Miss Annie Jackson, grades VIII and X; Miss Hortense Griffin, grades VI and VII; Mrs. M. B. Davis, grades IV and V; Miss Beatrice Crowe, grade I and III; Miss Gladys Jackson, grade I. BEAR RIVER LODGE OF ODDFELLOWS VISIT BRIDGETOWN LODGE Degree Team Confers the Third Degree in Oddfellowship—Members Present from Windsor, Digby and Granville Ferry. In response to an invitation sent to the Windsor Lodge, I.O.O.F., of Bridgetown, the Third Degree team of the former lodge motored to Bridgetown last Thursday afternoon and in the evening conferred the Third Degree on Mr. Enoch H. Wood, north of Crescent Lodge, No. 65 members of the three-link order were present from Pesanauquid Lodge, Windsor, St. George's Lodge of Bridgetown, and the Lodge of Granville Ferry. Among the members present from the latter lodge was Mr. C. A. Anderson, who has been 42 years an Oddfellow. After the Order of Business had been transacted and the Noble Grand extended a cordial welcome to the visiting brethren, the Lodge was adjourned until the following evening when the Third Degree in Oddfellowship was conferred on the following: Rice, William Ramsay, Rev. L. H. Cranall, W. W. Wade, Minard Chute, J. Primmer, Leoy Spence, E. Dunn, A. Barker, W. Frazee, William Britton, George Wade, C. Miller, D. Yorko, C. Graham, A. Marshall, W. Marshall, H. Henson, H. Harris, C. Henshaw, William Henshaw, and F. Chalmers. After the conferring of the degree and the usual happy speech-making refreshments consisting of sandviches, hot coffee, ice cream and fruit were served. The opinion was generally expressed that these pleasant fraternal visits among the Lodges should be more frequent, so that the members of the Lodges may become better acquainted and the spirit of Oddfellowship more generally in vogue. LETTER OF APPRECIATION FROM COL. PHINNEY. France, May 1, 1917. My dear Mrs. Layte: I wish to thank you for the gift of twenty-four dollars and thirty-five cents (\$24.35) into the treasury of the Red Cross. This is better than expected and will encourage another gathering of discarded papers in the near future. The Monitor was favored one of the last week with a call from one of its most esteemed readers, Capt. Thomas Templeman of Port Louis. The Captain reports the salmon catch on the Fundy shore as being exceptional. Good this season, he having landed 90 salmon in five tides (approximately 1200 pounds), for which he found a ready sale in St. John, Halifax and the local markets. Announcement has just been made of the appointment of a Rhode scholarship by Acadia University. The recipient of the honor is Lieut. Norman McLeod Rogers, son of H. Whyte and Mrs. Grace Dean McLeod Rogers, of Annapolis. Lieut. Rogers was a student at Acadia University but enlisted from there in February 1915, with the 6th Canadian Mounted Rifles, and spent eighteen months in England and France. Mr. E. B. Elderkin, who was in town last week in the interest of the Nova Scotia Farm Labor Exchange organized a Bureau of the Exchange at Lawrenceton on Tuesday, the 5th inst., with Mr. S. E. Bancroft as chairman, and Mr. F. G. Palfrey, secretary. The purpose of the Bureau is to supply needed help to farmers making application. Mr. Elderkin believes the demand for help will be greater during the season of cultivation and harvesting. Annapolis Spectator:—The death occurred at Dalhousie West, on Tuesday, June 5th, of Andrew Bartsch, aged at the advanced age of 80 years. He was a native of Slediac, N. B., but had lived for many years with his son, John L. Bartsch, where he died. He was a retired farmer, and his wife had been a Miss Devany of this country. The funeral will take place this (Thursday) morning and burial in St. Louis Cemetery, this town, Rev. Father Grace officiating. The Paradise Red Cross has sent to the boys in France, since the new year, 65 pairs of socks, and the president has received letters of appreciation from Col. Phinney, Capt. Harrison, Capt. Harry Starratt, Capt. Ralph Layte, Lieut. Dwight Ruggles, Lieut. Lloyd Longley, and Pte. Roy Balcom. They passed the socks out to the boys who were in need of them. The few members of the Society who attend the meetings are working hard to keep up the good work, but there is room for others who are disposed to help our boys who are doing so much for us. Money is needed to buy yarn and other materials.

PERSONAL PARAGRAPHS

Mr. E. H. Collins of Digby was in town a few days of the past week. Mrs. W. A. Chesley is spending the week with her friend, Mrs. Wylie Churchill at Windsor. Miss Elizabeth Hills, of Yarmouth, left this week for Bermuda to visit her father, Rev. B. Hills. Mr. B. I. Raynor of Summerside, P. E. I., was the guest of Mr. and Mrs. A. B. Clark the latter part of last week. Mrs. Wm. E. Dunn of Princeville is a guest this week at the home of Mr. and Mrs. R. W. Purdy, South street. Miss Mary Phinney of Granville Ferry was the guest in town of Mrs. Burpee Phinney for a few days last week. Dr. Robert M. Miller of Boston arrived here on Saturday last to spend a few days at his old home in Clarence West. Mrs. Mary E. Hicker of West Somerville, Mass., is visiting for a few days at the home of her mother, Mrs. Wm. H. Bishop of Paradise. Mrs. H. C. Foster, of the Nova Scotia Forestry Depot, Aldershot, visited his mother, Mrs. Lavinia Foster, at Hampton, on Sunday. Mr. John Palfrey, of the Bank of Nova Scotia staff, Truro, has been transferred to Bay Roberts, Nfld., as manager of that branch. Mr. Councillor and Mrs. A. B. MacKenzie and Miss Marjorie Dearness are spending a few days in Halifax and are guests at the Queen Hotel. Mrs. Mary Gates and daughter Miss J. J. of Melvern Square, are guests of the corner's daughter, Mrs. W. V. T. Young, of Waterville, were guests last week at the home of Mrs. W. A. Craig. Sergt. Allen Purdy, of the Composite Battalion, Halifax, who has just recovered from a prolonged illness, is spending a six weeks' furlough at the home of his father, Mr. Robt. W. W. Purdy. Rev. A. R. Reynolds is attending the meetings of the Methodist District, which are being held in Bear River this week. The first session was held yesterday, and adjournment will be tomorrow. Mr. G. R. McNutt, Yarmouth's well-known piano and organ dealer, was among the guests at the St. James Hotel, Friday evening. He motored to Paradise Saturday morning, returning to Bridgetown for Sunday. Jack Ruggles, youngest son of Mr. and Mrs. Harry Ruggles, left for Montreal on Monday, having received his medical examination, prior to entering an aviation school in Toronto. R. U. Parker, General Passenger Agent of the D. A. R., and F. G. J. Omeau, General Freight Agent, passed through Bridgetown via Friday's train, and on their return to Annapolis, and the latter from Yarmouth. Miss Margaret McLean trained nurse, who has been visiting her mother, Mrs. W. R. Calder, was summoned back to Newport, E. I., by telegram last Saturday. Mrs. Calder, who has been somewhat indisposed, is improving in health. Mrs. H. V. Barrett of Boston is in town for a few days, a guest at the St. James Hotel. Her father, Dr. L. J. DeBlais, who has been quite seriously ill for weeks past, and who is pleased to report, is slowly gaining his strength. Mrs. H. V. McAvity, representing the well-known hardware firm of J. A. Simmons Co., Halifax, was in town for a few hours on Saturday. Mrs. McAvity will take up her residence in Digby about the middle of the month, for the summer. Mr. and Mrs. Burpee E. Chute, having spent the past winter in Massachusetts, returned to Bridgetown last week, and will occupy their residence on Granville street east for the summer. They were accompanied by little Miss Ruth Winchell of Malboro. Mr. A. P. Clark, manager of the 'Ontario Fertilizer Company' plant at Windsor, N. S., has been a recent guest at the home of Mr. and Mrs. V. E. Chute. Mr. and Mrs. Chute and Mr. Clark spent a part of last week taking a trip to Albany, and were guests of Mr. and Mrs. Leslie R. Fair at 'Camp Killcare.'

DEATH AT BEAR RIVER

(Digby Courier.) The funeral of the late Harriet, wife of Capt. J. H. Benson, took place from her home Sunday afternoon, June 3rd, at 3 o'clock. The deceased was an invalid for years and death came as a release. Age 74 years and 6 months. She leaves to mourn their loss, beside a grief-stricken husband, four children—Mrs. Percy Reed at home; Reginald in Annapolis; Laurie in Boston; Harold in England; and two sisters, Mrs. H. Bishop of Boston, and Miss Wilson at home. The service was conducted by Rev. L. H. Crandall, pastor of the Baptist Church, assisted by Rev. J. W. O'Brien, pastor of the Bear River Methodist Church.



HOUSE FOR RENT On the Wharf property at Belleisle. Apply to MRS. WILLIAM SPURR, Clarence June 13-17-1f

WANTED A teacher for Dalhousie Centre School Section. Grade "D" License. Apply to THOMAS TODD, Secty., to Trustees. June 13-31

HAIR WORK DONE Combs or cut hair made into Puffs, Transformations and Switches. Terms moderate. Satisfaction guaranteed. Mail orders promptly attended to. MISS GEORGINA BANCROFT, Annapolis Royal, R.F.D. No. 1.

FOR SALE East half of Sterling Farm at Young's Cove, Annapolis County, N. S. F. B. WOODWARD, 71 Valley Street, So. Orange, N. J.

CAN FILL ORDERS FOR CEDAR SHINGLES for immediate delivery at very much under usual prices.

Car Just Received H. H. WHITMAN LAWRENCETOWN

COCO (imp) (3911) (59413) Black, small proteged stripe, foaled April 14, 1903, bred by M. Vonot, Lorient, France, imported in January, 1907, by Hamilton & Hawthorne, Simcoe, Ont., 3rd owner J. R. Collier et al., River John, N. S. Dam: Poule (49550); Sire: Aclien (imp) 25536 (49539); Dam: Rosette (8524); Sire: Voltaire (imp) (105) 3540 (443); Dam: Robine (8091); Sire: Favora (imp) (101) 1542 (765); Dam: Poule, belonging to M. Richardson; Sire: Favori Ist. (71); Coco will stand at my (Tables in Bridgetown during the season of 1917. Anyone desiring his service will please drop me a card. TERMS—\$10.00 the season. AVARD L. ANDERSON, Bridgetown, N. S.

EXECUTRIX'S NOTICE All persons having legal demands against the estate of John W. Ross, late of Bridgetown, in the County of Annapolis, Esquire, Deceased, are requested to render their accounts duly attested to within twelve months from the date hereof, and all persons indebted to said estate are requested to make immediate payment to Margaret C. Ross, Bridgetown, Nova Scotia, Executrix. Probate of Will dated May 21, 1917. Dated at Bridgetown, Nova Scotia, May 21, 1917. Chas. R. Chipman, Proctor for Estate. 6 mos

EXECUTORS' NOTICE All persons having legal demands against the estate of Frederick W. Young, late of Lawrenceton, in the County of Annapolis, Medical Doctor, deceased, are requested to render the same, duly attested, within twelve months from the date hereof; and all persons indebted to the said estate are requested to make immediate payment to J. ELVIN SHAFER, HAMILTON YOUNG, Executors. Probate granted February 20th, 1917. Lawrenceton, N. S., February 28th, 1917. 2 mos

SEND US YOUR FILMS To develop and print. WE DO THEM BETTER We pay return postage on all work sent us. WILSON'S DRUG STORE Developing & Printing Dept., BERWICK, N. S.

PRIMROSE THEATRE WEEKLY PROGRAM Thursday, June 14 Pathé presents "Divorce and the Daughter," Gold Rooster "Play in five acts," Florence LaLonde. Added attraction, Pathe News. Saturday, June 16 Selig—"Diamonds are Trumps." Three-part Crook play. Lubin—"Another Shade of Green." A rather pleasing comedy. Vitagraph—"Quits." A bright, amusing comedy. Monday, June 18 "The Goddess." Chapter 14. Also a Drama and a Farce. Tuesday, June 19 "The Purple Mask." Episode No. 1. Two reels of Comedy and Drama. Three reels of Comedy and Drama. Parish St. James Church Notes The services next Sunday (2nd Sunday after Trinity) will be: Bridgetown—8 a.m., Holy Communion; 11 a.m. and 7.30 p.m.; St. Mary's, Belleisle—2.30 p.m.; Sunday School, 1.20 p.m.; St. Peter's-by-the-Sea, Young's Cove—2.30 p.m. Collection at all services for King's College. WEEK DAYS Young's Cove—Monday, Tuesday, Wednesday, Special Service at 8 p.m.; St. Mary's, Belleisle—Thursday, 8 a.m., Confirmation Class; Friday, 4.30 p.m., Service of Intercession on behalf of the War; 8 p.m., Confirmation Class; 9 p.m., Choir Practice. Methodist Church Circuit Notes Prayer Meeting, Wednesday, at 7.30 p.m. Epworth League, Friday, at 7.30 p.m. Services next Sunday, June 17: Sunday School, 10 a.m. Public at 7.30 p.m. Granville, 11 a.m. Benville 3 p.m. Presbyterial Church Gordon Memorial Church, Queen Street, Pastor: Rev. F. C. Simpson. Services every Sabbath at 11 a.m. and 7.30 p.m. Sabbath School and Bible Class every Sabbath morning at 10 o'clock. Prayer meeting Wednesday evening at 7.30 o'clock. Visitors cordially welcomed at all services. Bridgetown United Baptist Church Prayer meeting on Wednesday at 3 p.m. B. Y. P. U. on Friday at 8 p.m. Sunday services: Bible School at 10 a.m. Public worship at 11 a.m. and at 7.30 p.m. Rev. G. O. Gates will be the preacher.

COOL COOKING ON HOT DAYS Eight A.M. and the sun already blazing. Just the kind of a morning to stay out of a hot kitchen. That's when you fully realize the advantages of cool cooking with a Florence Oil Cook Stove. Light a match, turn a lever—your fire is ready and you can start cooking immediately. are clean, cool, safe and economical. Call and let us show you their many exclusive features. HARDWARE, RANGES, KITCHEN FURNISHINGS CROWE & MAGEE QUEEN STREET, BRIDGETOWN, N. S.

WHITE LEAD We have a quantity of White Lead for sale way below present wholesale price. ALWAYS IN STOCK. -AGENT FOR- Lighter Day Steel Ranges Massey-Harris Farm Implements

KARL FREEMAN Everything in Hardware Queen Street - BRIDGETOWN

ROYAL PHARMACY W.A. Warren, Phm. B. The Rexall Store

RUGS Carpet Squares Japanese Mats Matting Oil Cloths Linoleums Best Values and Largest Assortment in the Valley See pages 22 and 23 in our Catalog.

BENTLEY'S LIMITED. MIDDLETON, N. S.

Confederation Life Insurance Co. Affords the BEST Protection F. E. BATH, Local Agent Bridgetown, N. S.

CASH MARKET Prime Beef, Fresh Pork, Lamb, Chicken, Hams and Bacon, Sausages, Headcheese, Pressed Beef, Mince Meat, Corned Beef and Pork, Salt Mackerel, Boneless Cod. Fresh Fish every Thursday. Thomas Mack

Northern Fire Insurance Co. Protects You Against Loss By Fire F. E. BATH, Local Agent Bridgetown, N. S.

Roofing Materials CEDAR SHINGLES From Quebec, New Brunswick and British Columbia. SPRUCE SHINGLES, PINE SHINGLES Galvanized Eastlake Steel Shingles THE BEST AND MOST QUICKLY LAID We have five carloads of the above in stock and nails to put them on. Just Received Carload of Cement ALSO IN STOCK Paroid Roofing, Wall Board Drain Pipe, Selenite, Brick J. H. HICKS & SONS Bridgetown, N. S.

New Suits - FOR - Men and Boys Styles that are as practical as they are good looking. In all apparel we plan to have the wanted kinds and styles. Plenty of sizes and prices that are the lowest, consistent always with good quality. A visit to our store will show you how thoroughly prepared we are this season with FURNISHINGS to complete every man or boy's wardrobe. J. HARRY HICKS Clothier and Gent's Furnisher Corner Queen and Granville Streets BRIDGETOWN Phone 48-2.

OUR stock of FOOTWEAR for the Summer time is complete. A call from you will be appreciated. LLOYD'S SHOE STORE Granville Street BRIDGETOWN, N. S. JUST ARRIVED One car Cotton Seed Meal, One car Seed Oats Government certificate attached, One car Corn Meal EXPECTED DAILY One car Five-Roses, Robin Hood, Kings Quality, On hand Royal Household Flour J. H. CHARLTON & CO., MIDDLETON NOVA SCOTIA

New Stock Received Palmolive Cold Cream . 50c Palmolive Vanishing Cream . . . 50c Palmolive Shampoo . . 50c Palmolive Talcum . . 25c Palmolive Soap 15c, 2 for 25c See our window display and how to get one or two cakes Palmolive Soap free.

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The Bridgetown Importing House

New Goods Daily Arriving LADIES WHITEWEAR

New Blouses in Voiles, Vestings etc, Skirts, Corset Covers, Nightdresses and Underskirts, Ladies and Misses Middy Blouses in long and short sleeves. WHITE EMBROIDERIES in skirt widths for Ladie's and Children's Dresses. Also a variety of patterns in different widths and qualities, suitable for trimmings. NEW SILKS In Taffetas, Poplins, Messalines, Habatua and Peau-de-soie. In a large range of colors. PRACTICAL SHIRTS FOR MEN Our shirts are the most desirable made, designed and finished to give the best possible satisfaction. The bodies are large and roomy, extra strong seams, well stitched and in many cases double belted. Every effort has been made to produce a class of shirts that will wear, fit and look well. Included will be found the celebrated Big-E-Nuff Brand. A style for every kind of work in Checked Oxfords, Striped Cotton, Black Sateen, Mid-blue Galatea and Khaki.

Negligees in Light and Fancy Stripes A full stock of Men's Pants, Overalls and Jumpers Men's Caps in Nobby styles and shades, all prices Extra Special values in Crash and Turkish Towelling

J. W. Beckwith

W. S. PHINNEY, M.D., C.M. LAWRENCETOWN Annapolis County, Nova Scotia Office hours for consultation (except Sundays) 3 to 4 p.m. and 7 to 8 p.m. and by appointment. Telephone No. 2-11. -35 1y

Roofing Materials CEDAR SHINGLES From Quebec, New Brunswick and British Columbia. SPRUCE SHINGLES, PINE SHINGLES Galvanized Eastlake Steel Shingles THE BEST AND MOST QUICKLY LAID We have five carloads of the above in stock and nails to put them on. Just Received Carload of Cement ALSO IN STOCK Paroid Roofing, Wall Board Drain Pipe, Selenite, Brick J. H. HICKS & SONS Bridgetown, N. S.

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FAMILY DOCTOR'S GOOD ADVICE

To Go On Taking "Fruit-a-tives" Because They Did Her Good

Rochon, P. Q., Jan. 14th, 1915. "I suffered for many years with terrible indigestion and constipation. I had frequent dizzy spells and became greatly run down. A neighbor advised me to try "Fruit-a-tives". I did so and to the surprise of my doctor, I began to improve, and he advised me to go on with "Fruit-a-tives".

DOMINION ATLANTIC RY. LAND OF EVANGELINE ROUTE

On and after February 1st, 1917, train service on the railway is as follows.

Service Daily, Except Sunday. Express for Yarmouth... 12:05 p.m. Express for Halifax and Truro... 2:08 p.m.

ST. JOHN - DIGBY DAILY SERVICE

Canadian Pacific Steamship "Empress" leaves St. John 7:00 a.m. arrives Digby 10:00 a.m., leaves Digby 2:00 p.m., arrives at St. John about 5:00, connecting at St. John with Canadian Pacific trains for Montreal and the West.

BOSTON SERVICE

Steamers of the Boston and Yarmouth S. S. Company sail from Yarmouth for Boston after arrival of Express train for Halifax, Wednesday and Saturday.

R. U. PARKER, General Passenger Agent, GEORGE E. GRAHAM, General Manager

H. & S. W. RAILWAY

Table with columns: Accom. Westward only, Time Table in effect May 19, 1917, Accom. Eastward only, Stations, Readings.

Connection at Middleton with all points on H. & S. W. Railway and Dominion Atlantic Railway.

W. A. CUNNINGHAM, Div. P. & P. Agent

Yarmouth Line

STEAMSHIP "PRINCE GEORGE"

Leaves Yarmouth Wednesdays and Saturdays at 5 p.m. Returns leave Central Wharf, Boston, Tuesdays and Fridays at 1 p.m.

J. E. KINNEY, Agent Yarmouth, N. S.

Boston and Yarmouth S. S. Co., Ltd

Two Washboards FOR THE Price of One

Both sides of EDDY'S Twin Beaver Washboards can be used, giving double service for the price of one. Made of INDURATED FIBRE-WARE (which is really pulp hardened and baked by a special process) it cannot splinter or fall apart.

Ask Your Dealer The E. B. Eddy Company LIMITED HULL, CANADA

CIVIL SERVICE

Early Appointments

30 male clerks, 5 must be stenographers 45 female clerks, 35 must be stenographers. Initial salaries \$500 to \$800. Maritime-trained are very successful candidates.

MARITIME BUSINESS COLLEGE HALIFAX, N. S. E. KAULBACH, C. A.

We would like to take a SUMMER VACATION, but will not get a chance to do so, as many of our students would be inconvenienced thereby. We can stand it, however, as St. John's summer weather is ideal for study.

One of the principals, and other experienced teachers, always in attendance. Students can enter at any time. Send for Rate Card.

S. KERR Principal

Lawrencetown

June 11. Mrs. James Hancock and family arrived last week to spend the summer months.

Mrs. Helen Phinney is nursing Mrs. Ethel Banks, who is still in a very critical condition.

The Women's Institute meets on Thursday afternoon in the Demonstration Hall, at 8 o'clock.

Mrs. Vernon Bacon and little son, Lester, left on Saturday for their home in Malden, Mass.

We are glad to learn that Miss Helene Durling, who has been seriously ill, is recovering.

Mrs. Beals and daughter arrived here from Westville last week and are now occupying the parsonage.

Mrs. Clarence Young of Bridgeport, visited her sister, Mrs. D. M. Blanton, a few days last week.

Rev. Mr. Boyce preached a very impressive sermon on Sunday morning to a large and appreciative audience.

Mrs. Annie Duckler has been spending a week at Middleton, a guest of her son and wife, Mr. and Mrs. T. Duckler.

Pastor Beals went to Albany and occupied the pulpit in the morning, at Inglisville in the afternoon, and Lawrencetown at 7:30.

Marjorie Phinney entertained a few of her school friends on Saturday afternoon from 3 to 7 o'clock, the occasion being her birthday.

Mrs. Robert Blauvelt went to Wolfville on Saturday to spend a few weeks, and to be present at the wedding of her friend, Miss Vesta Fick.

A reception will be held in the Demonstration Hall on Monday evening in honor of Sergeant Malcolm Selig, who has returned from France for a few weeks to visit his parents and on Tuesday afternoon, at 7 o'clock will be at St. John about 5:00, connecting at St. John with Canadian Pacific trains for Montreal and the West.

MELVERN SQUARE

Melvern is to have a pretty June wedding this week.

W. S. Phinney left last week for Halifax on a business trip.

Mrs. Watson Pierce was the guest of Lieut.-Col. and Mrs. E. F. McNeil one day last week.

Mrs. W. H. Martin and two children spent several days last week visiting friends at North Williamstown.

The leaves are coming out on the trees and there is a hint of summer in the air, owing to a few warm days during the week which has just passed.

Mrs. Wm. Connaughton and Miss Clara Sully, of Harbor View, spent Sunday with friends in Deep Brook.

Mr. E. V. Hutchinson and Major Purdy enjoyed a week's fishing. Many of their friends have to thank them for a treat.

Mrs. Lalla Sully of Smith's Cove is spending a few days with her son, Mr. Norman Sully, who has been on the sick list for over a week.

Miss Miller spent the week-end with her parents at the Cape Ann, who was accompanied by her friends, Misses Neva Masters and Marguerite Berry.

Tuesday evening the Red Cross Society had a pleasant evening at the home of Mrs. Walter Purdy. Home-made candy was served during the evening.

Fifty barrels of mackerel were taken from the weir on Wednesday last. They were the largest and best fish taken here in many years.

The Plus Ultra Class met at Mrs. Sherman's on Thursday evening. It was a big good-bye to two of their number—Miss Lizzie Pinkney, who has gone to Digby for the summer, and her sister, Miss Hazel, who will be for a time with her sister in Windsor.

We feel very sorry to have to report the death of Mrs. Thomas Moore (nee Joie Bartheaux) which occurred early Sunday morning at her father's home in Deep Brook. Her husband arrived from Boston on Monday at the home. Interment was on Tuesday. The sympathy of the entire community is with the bereaved husband and family.

MORGANVILLE

June 9. Miss Lottie Berry has arrived home from Westboro, Mass.

Mrs. Wentzell and Stewart, of Bear River, were the guests of Mrs. Joseph Snell this week.

Mrs. Thomas Milner of Clements-ville visited her sister, Mrs. Charles Morgan this week.

Miss Nellie Chute and Miss Jenkins arrived here last week from Boston. They intend spending the summer in Nova Scotia.

There will be no preaching service on the 13th in June, as our pastor, Rev. L. H. Crandall, will be attending the Association at New Germany.

Back Ache

Gin Pills banish backache, no matter how severe. The effect, understand, is not to numb the pain, but Gin Pills go right to the source of the trouble, the kidneys, restoring the natural functions of these organs, and with the blood purified, and inflammation allayed, the pains disappear permanently.

Other indications that the kidneys are not purifying the blood stream properly are frequent headaches, deposits in the urine, tenderness of rheumatism—to name but a few symptoms—and every case calls for Gin Pills.

Sample free if you write to National Drug & Chemical Co. of Canada, Limited Toronto, Ont. U. S. Address—N.A. DRUG CO., Inc. 202 Main St., Buffalo, N.Y.

EATS DIRT Gillett's Lye



MADE IN CANADA Gillett's Lye

Middleton

June 11. Mrs. Arthur Andrews has returned to Halifax.

Mr. Isaac Feindel has returned to Trenton, after spending a few days in town.

Miss Mabel Seelye of Kansas is the guest of her cousin, Miss Jessie Woodbury.

Mr. C. M. Hoyt spent the week-end with Mr. and Mrs. L. R. Fair, at their bungalow.

Mrs. T. M. Backler, with baby Elizabeth, is the guest of Mrs. Wesley Hoffman, Nictaux.

Mrs. A. M. Reed returned home last Wednesday from Riverport, leaving her mother much improved in health.

Mr. Elias Beanson returned to Boston on Saturday, after spending a week with his mother, Mrs. B. Beanson.

Mr. and Mrs. Isaac Zinck of Lunenburg were the guests of Mrs. J. P. Dodge, Victoria-Street, a few days last week.

Mr. and Mrs. J. P. Nelly have received word from their son, Lieut. M. Nelly, who is suffering from wounds that he is to sail in a few days for home.

Miss Grace MacKay of Digby County, who has been at Mt. Allison University, spent a few days with her friend, Miss M. E. Young, Marshall Street.

DEEP BROOK

June 11. Miss Ruth Adams spent the week-end with friends in Bear River.

Mr. and Mrs. George Pinkney and family have gone to Grand Pre for the summer.

Mrs. Hubert Vroom left on Friday for Nelsonville, Quebec, to spend the summer.

Mr. Ralph Barkhouse of Boston arrived on Wednesday, and is the guest of Mrs. Hubert Vroom.

Mr. Charlie Nichols spent Sunday with his grandfather, Mr. Henry Nichols, of Bridgetown.

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Mrs. Lalla Sully of Smith's Cove is spending a few days with her son, Mr. Norman Sully, who has been on the sick list for over a week.

Miss Miller spent the week-end with her parents at the Cape Ann, who was accompanied by her friends, Misses Neva Masters and Marguerite Berry.

Tuesday evening the Red Cross Society had a pleasant evening at the home of Mrs. Walter Purdy. Home-made candy was served during the evening.

Fifty barrels of mackerel were taken from the weir on Wednesday last. They were the largest and best fish taken here in many years, some measuring two feet.

The Plus Ultra Class met at Mrs. Sherman's on Thursday evening. It was a big good-bye to two of their number—Miss Lizzie Pinkney, who has gone to Digby for the summer, and her sister, Miss Hazel, who will be for a time with her sister in Windsor.

We feel very sorry to have to report the death of Mrs. Thomas Moore (nee Joie Bartheaux) which occurred early Sunday morning at her father's home in Deep Brook. Her husband arrived from Boston on Monday at the home. Interment was on Tuesday. The sympathy of the entire community is with the bereaved husband and family.

MARGARETVILLE

June 11. Miss Georgie Balcom visited Miss Myrtle Morse of Melvern Square recently.

Mrs. Balcom and Mrs. Carey visited at the home of Mrs. A. D. Gates on Saturday.

Mrs. Gertrude Harris came home last week from Boston, where she has been visiting friends.

Mrs. A. H. Gibson, who has been spending the winter in Whiteport, arrived home on Tuesday.

Mrs. Robt. Tull of Wolfville spent a few days at the home of his parents, Mr. and Mrs. Allison Smith, last week.

The friends of Rev. G. H. Gage met at the parsonage on Wednesday evening and gave him a pleasant surprise. It being his birthday, congratulations were expressed in a poem read by Mrs. C. E. Balcom, after which he was presented with a chair and other suitable gifts. Refreshments were served and a very enjoyable evening spent.

PHINNEY COVE

June 9. Inspector M. C. Foster called on our school one day last week.

Mr. Ernest Chute is visiting his mother, Mrs. Burkett Chute. Mrs. W. Cook has returned from a visit with relatives in Lawrencetown. Miss Jessie Hayes of Port George is visiting her sister, Mrs. Joseph White.

CLEMENTSPORT

June 11. Rainy weather today and still cold.

Sch. Eskimo, Capt. Clark, arrived here from Salem, Mass., on Thursday last.

Mrs. Ross of Bridgetown is visiting her sister, Mrs. Joseph Roop, for a few days.

Miss Grace Woodworth was the guest of Mrs. O. C. Jones, Digby, on Sunday, June 3rd.

Mr. Charles Stromach recently purchased a new Ford touring car of Mr. Cummings of Annapolis Royal.

Miss Lillian Hicks, after visiting friends in Bridgetown for a few days, returned home on Thursday last.

Mrs. D. Berry arrived at her summer cottage here last week, and will spend the summer there as usual.

The Rev. Mr. Harley of Windsor, N. S., was the guest of the Rev. A. W. Smith for a few days last week.

Several commercial travellers were in the village last week in connection with their respective lines of business.

Mr. Earl Jones, of the Royal Bank staff, Glouce Bay, is spending his vacation at the home of his parents, Mr. and Mrs. George Jones.

Mr. Alfred Shaw, of the Bank of Nova Scotia staff, Windsor, N. S., was accompanied by his parents, Mr. and Mrs. L. Shaw.

Miss Myrtle Parker, who has been residing for a nurse at Rutland Hospital, is stopping at the home of her mother, Mrs. Irene Parker.

Mrs. Aguirre of St. John, N. B., accompanied by Mrs. Lemuel Elliott and son of Mount Hanley, and Miss Annie Lent of Belleisle, were the afternoon guests of Mr. and Mrs. W. V. Young on Wednesday last.

Monday, the day kept in honor of the King's birthday, we noticed banners displayed by the following: Rev. A. W. L. Smith, Mr. Fred Jones, W. C. Jones, and Mrs. Jessie Gibbons.

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Purely Vegetable—No poisonous coloring. Antiseptic—Stops blood-poison. Keeps skin soft and healthy, etc. Pure—Best for baby's rashes. Heals all sores.

50c. box. All Druggists and Stores

SAVING THE WASTE PAPER

Enormous Quantities are Lost Which Might be Again Utilized

All available sources of information report shortage in raw material for woodpulp. Recruiting for the forestry and other battalions has taken many woodsmen out of the country and during the past season he cut of wood has been very much below the average.

The demand for Canadian woodpulp is rapidly increasing. One of the more important factors in the cutting off from the United States of the supply from Norway and Sweden, owing to lack of shipping. The heavy sale of newspapers, with news of the war, has also greatly increased the demand for paper.

The Canadian and the United States governments have enabled the newspapers to secure their supply of paper at a price which they can afford to pay. Without this action, many of them would no doubt have been compelled to cease publication.

Canadians are wasting an enormous amount of paper daily. Very small, indeed, is the supply available for reclamation compared with the amount distributed daily by the news papers alone. All of this paper, if saved, could be used again for other purposes, such as the making of building papers, box-board, roofing felts, filling for pastebords, etc., thus relieving the shortage of new materials.

With the scarcity and increased cost of pulpwood, the public should make every effort to assist. Much can be accomplished by saving waste paper, and various organizations have had good results. In one day, eight schools in Winnipeg turned in 5 1/2 tons of old paper to the Red Cross Society. This achievement can be repeated all over Canada. In many of the smaller places, schools could combine their collections. Boy Scout or Girl Guide troops could collect and deliver to a headquarters, or collecting boxes could be placed at street corners where the public could deposit parcels of old papers.

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The Farm