

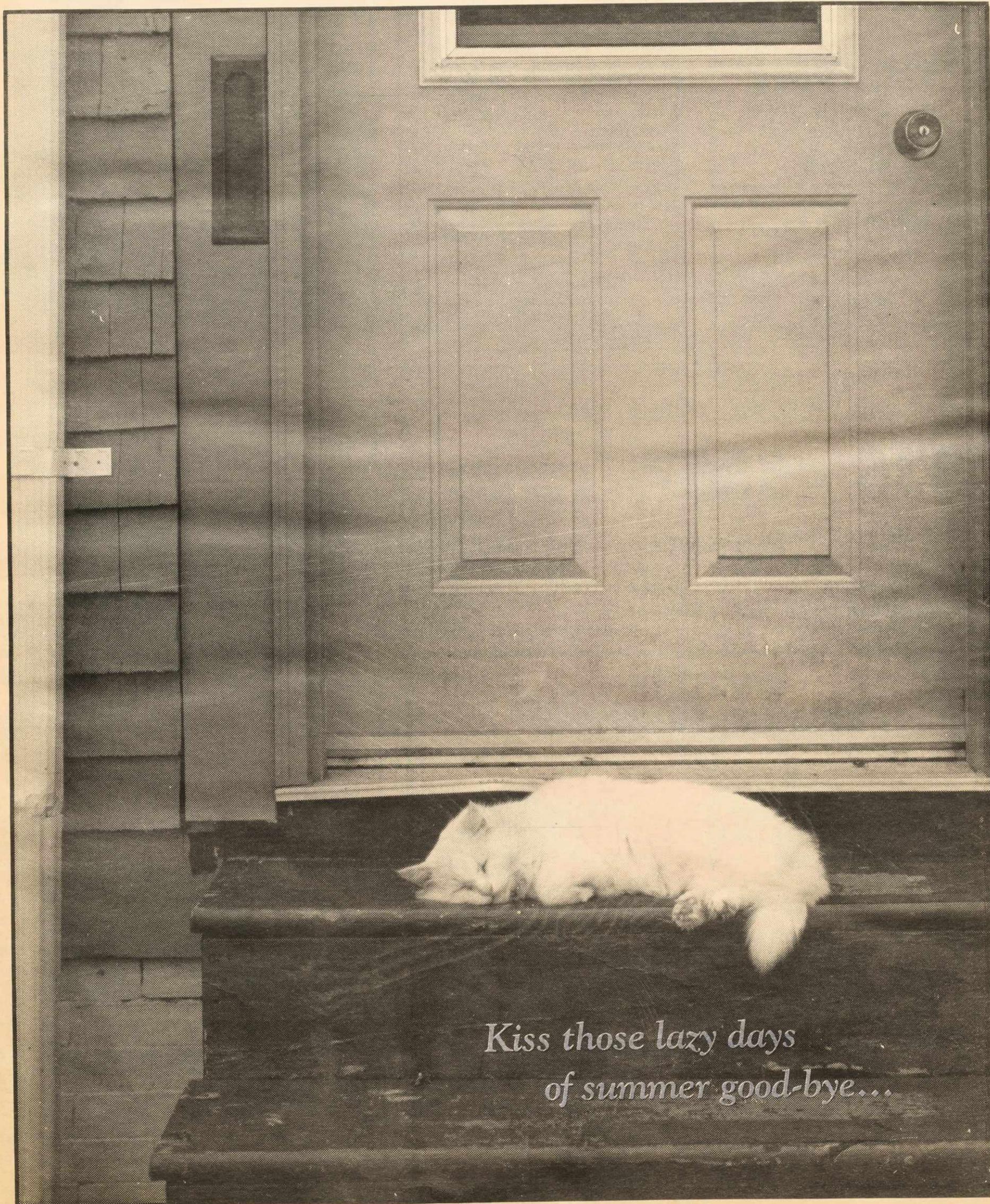
CANADA'S OLDEST COLLEGE NEWSPAPER

THE GAZETTE

VOLUME 124 NUMBER 1

DALHOUSIE UNIVERSITY • HALIFAX, N.S.

AUGUST 29, 1991



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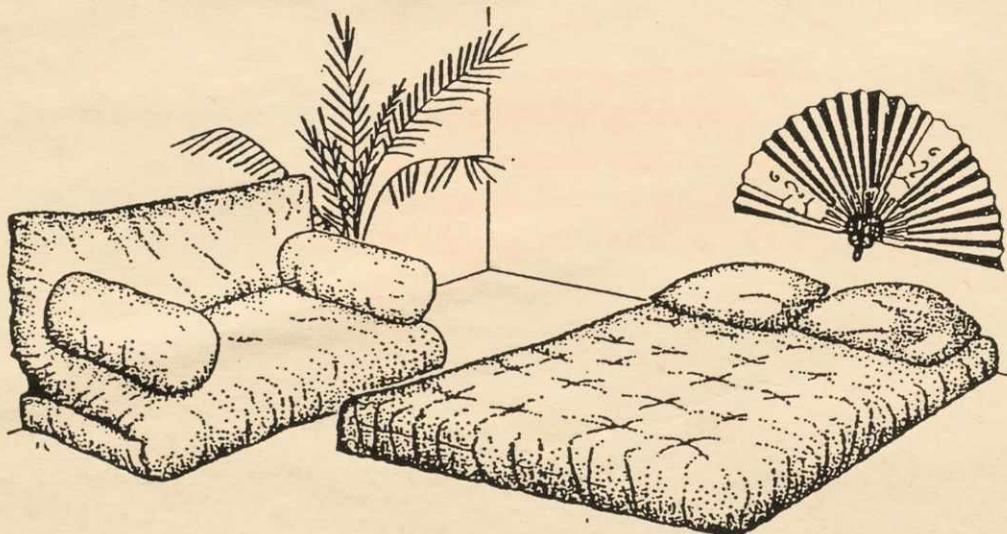


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THE DALHOUSIE STUDENT UNION & CKDU
P R E S E N T S

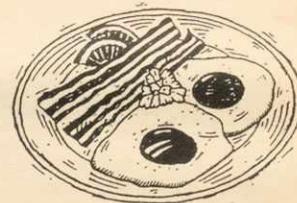
CRASH VEGAS

FRIDAY SEPTEMBER 13 / 9 PM



N O C O V E R

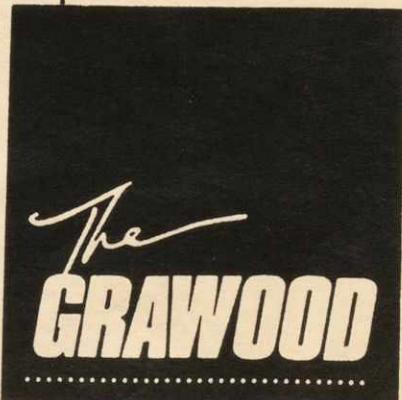
**THURSDAY NIGHT
DANCING
WITH D. J. JAMES
WEBSTER**



**SATURDAY
BRUNCH
FROM 12NOON - 2:30 PM**

**SUNDAY NIGHT
GRAWOOD SUNDAY
CINEMA FEATURES NEW
RELEASES AND MOLDY
OLDIES. ALL AGES.
NON-ALCOHOLIC / 8 PM**

GRAWOOD



DOWNSTAIRS IN
THE DALHOUSIE
STUDENT UNION
BUILDING

NEWS

Dating can be fun but no is not a four letter word

BY LARA MORRIS

"We went to his house for a few drinks. I was interested in him, but I had no intention of sleeping with him. Anyway, after a while he started coming onto me, kissing me, touching me. I wanted him to stop but he didn't listen to my protests. He kept saying he wanted to sleep with me. I told him I didn't want to but things kept progressing. I was saying "no" and pushing him away, but he kept going. It took me four years to call it rape, but I knew from the moment it happened that I felt violated and used. At the time it seemed that the only way to get away was to give in..."

This Dalhousie student is one of many women who have or will be acquaintance raped. The Canadian Federation of Students (CFS), in its anti-date rape campaign, defines acquaintance rape as sexual assault committed by someone the victim knows, that means a classmate, neighbor, friend, date, co-worker or even boyfriend or husband. CFS states that only 1 per cent of date rapes are reported, but the American College and Uni-

**"I was saying no
...but he kept
going. It took
me four
years to
call it rape..."**

versity Date Rape Survey (1988) stated that one in four women surveyed were victims of rape and 84 per cent of their assailants were dating partners or acquaintances.

CFS reports that, when confronting the problems of date rape, there are a large number of misconceptions and misunderstandings that exist between women and men. The most valuable tool in dealing with problems of this nature, and therefore preventing date rape, is communication between partners. However, CFS states that dispelling myths is also important:

Myth: Women often say "No", when they mean yes.

Fact: No means no.

Myth: A person who has had consensual sex in the past with their partner can't be raped by that person.

Fact: Anytime a person does not want to have sex, but is forced to do so, that act is rape.

Myth: Agreeing to kiss or neck or pet means a woman has agreed to have intercourse with a man.

Fact: Everyone has the right to say no to sexual activity no matter what has preceded it.

Myth: People who don't fight back haven't been raped.

Fact: Having sex against your will means that you have been raped, whether or not you fight back. Just like having your wallet stolen is theft, whether or not you fight back.

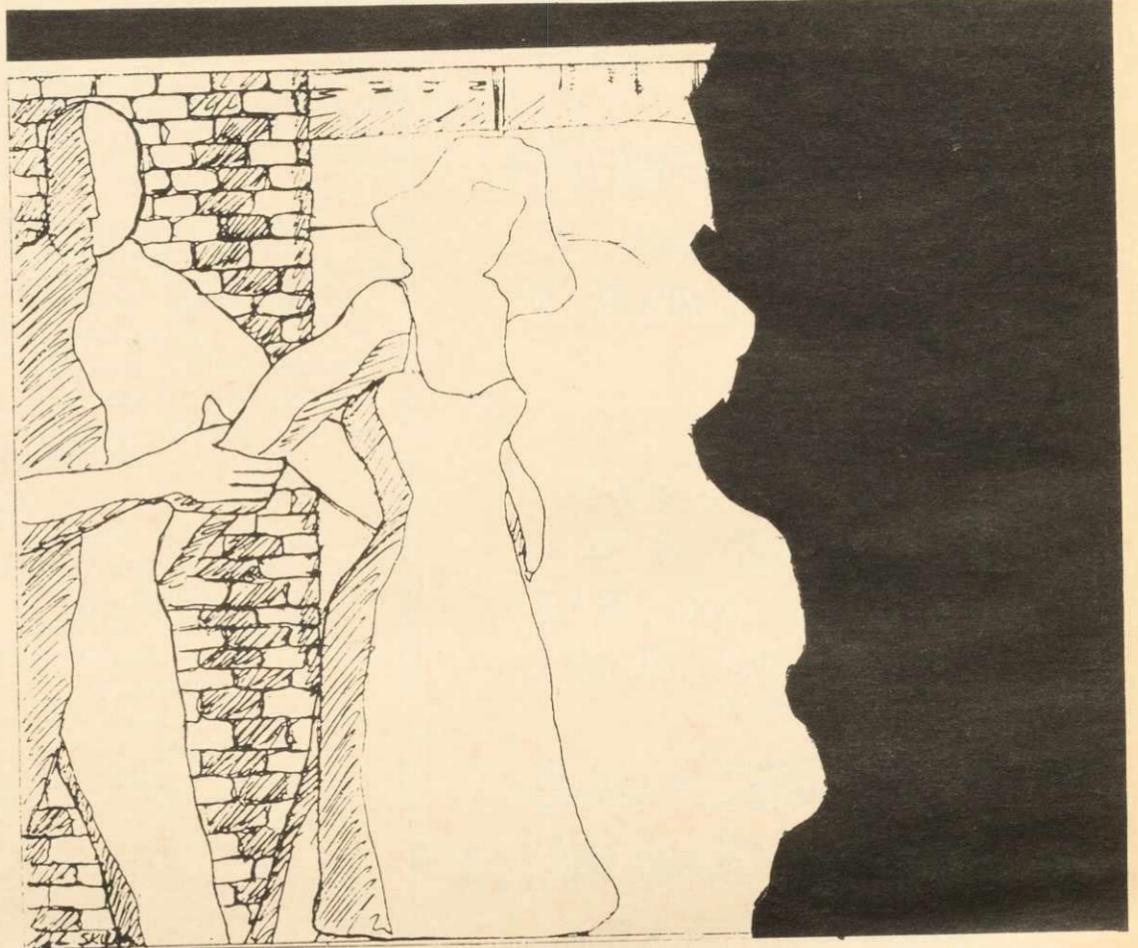
There are ways for women to protect themselves, but it is important to remember that victims of rape are never to blame. Nor is it possible to defend yourself completely against sexual assault. In deciding ways to decrease the risk of being attacked it is important that, as a woman, you think carefully about the risks and decide, for yourself, to what extent you are willing to curtail your activities. You have to set your own limits, both in relation to your own actions and in the actions of others towards you. CFS states the most obvious way for women to protect themselves is to act assertively and independently. Communicate your sexual limits clearly and remember that you always have the right to say, "NO", even if you've already had consensual sexual relations with this person before.

CFS suggests other ways to reduce date rape situations including:

- find out about a new date ahead of time
 - avoid being alone with a new date (try double dating or going out in groups)
 - avoid getting high or drunk, particularly on a first date
 - always trust your feelings and instincts
 - take a self-defence course before it is needed (one is available this fall through Dalhousie Student Union and Dalhousie Security)
 - always carry money for transportation
 - when you accept a ride or walk home from a friend or acquaintance, let others know when you will be home and who you are with
- Men must also play a role by improving communication between partners. CFS says men can help by:

- respecting a woman's right to autonomy, and never forcing or

• CONTINUED ON P.7



Planning to walk after dark?

BY SHANNON GOWANS

Do you plan to go out at night, for any reason; Thursday night at the Grawood, night class, last minute, late night term paper writing at the computer lab? Then you are at risk, especially if you are female. Any and all forms of assault can occur (muggings, purse snatchings, beatings, rapes) even on Dal campus. Assaults can occur at any time of the day, anywhere, to anyone, but the risk is greatest for women after dark and in poorly lit areas.

If you are not tucked in your apartment by dusk every night, then you will have to consider your safety after dark. By familiarizing yourself with the dangers, you can behave in a manner that will reduce your risk.

"Most assaults are incidents of opportunity," says Halifax Police Constable Paul MacDonald. By reducing the opportunity for attack, you protect yourself. Try to

stick to well lit, busy areas, avoiding trees, shrubs, and blind corners; anywhere someone could hide. That dark shortcut may save you a few minutes, but at what cost?

MacDonald advises to walk on the sidewalk, facing traffic, close to the curb and away from buildings, unless there are parked cars between which an attacker could hide. Try and know your route so you do not get lost.

It is important to be alert and aware of your surroundings when walking at night. Maintain eye contact with other pedestrians. Wearing a walkman reduces concentration and prevents you from hearing others.

If you think you are being followed, walk diagonally across the street, then back again. If you are being followed or are still uneasy, take action, do not wait until you are actually attacked. Run, yell, get attention, go to a well lit house, open store, or flag down a taxi. Try to get out of a potentially dangerous situation before it becomes hazardous.

One person alone is more vulnerable than a group so, if possible, walk with a buddy. Dalhousie intends to offer a combined walk home service and foot patrol, which should be operational by mid-October, says Dalhousie Student Union (DSU) Vice-President Hilary Wells. In teams of two, consisting of a female and a male, the Tiger Patrol will report any suspicious behaviour to Dal Security who will then intervene

if the situation warrants. Anyone who wishes to be walked to their on-campus housing, bus stop, or car can call Security and request a Tiger Patrol escort.

Car owners are not immune to attacks. Parked cars provide attackers with many places to hide. Try to be accompanied to your car. Limit your time exposed in the parking lot by having your keys ready. Before entering your car check to see if anyone is hiding in it. Once inside lock the doors. Be careful getting out at your destination.

Don't let fear cause you to miss out on activities after dark, but be aware of the dangers and act accordingly. If you see suspicious activities report them to the police or Security. If you are attacked get help. Talk to a friend, report it to security or the police. (See reference numbers on this page).

Halifax Police Department offers a free presentation 'Woman Alone', including a film and discussion to any group of women that request it.

Self-defence courses are another way to protect yourself. D.S.U. and Dal Security are jointly sponsoring a 'Wen-Do' (women's martial art) course. This is a women only course running for six weeks starting Tuesday Sept. 17, 7-9:30 pm, at a cost of \$25. There will be a free demonstration on Tuesday, Sept. 10, 7-9 pm in S.U.B. rm 224-226. Pre-registrar for the course at the D.S.U. office c/o Hilary Wells, or call 455-4240 for more information.

You can find assistance at:

Dal Security: _____ **494-3344 (24-hour line)**

Police: _____ **4105 (24-hour line)**

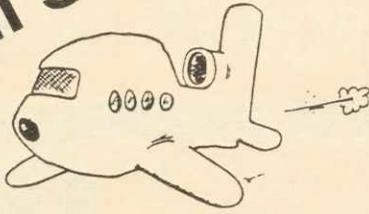
Service for Sexual Assault Victims: _____
_____ **425-0122 (24-hour line)**

Student Health Services: _____
_____ **494-2171 (24-hour line)**

Student Counselling Centre: _____ **494-1659**

Chaplain's Office: _____ **494-2287**

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Soviet insurrection fails

BY BORIS NIKOLOVSKY

Left in the wake of the recent coup in the Soviet Union are the hardliners, now under arrest except former Interior Minister Boris Pugo, who committed suicide, the memory of several defiant people killed by soldiers, and a country teetering on the brink of political chaos.

For three days, last week, the world held its breath awaiting news about the fate of Gorbachov. His sudden return to the Kremlin, with the help of Boris Yeltsin, marked the end of a short lived dictatorship in the Soviet Union and the beginning of the demise of the Communist Party and Gorbachov himself.

Although throwing the whole future of the U.S.S.R into question, the events following the coup left a positive impact. Professor Yeva Vitins, of the Department of Russian at Dalhousie University says that, "psychologically, the latest events are incredible." For a long time the people of the Soviet Union have been dispirited and unable to exert direct influence shaping the political agenda of the country. Vitins notes that Professor Yuri Glazov of Dalhousie University is presently attending a conference for emigres in the Soviet Union, a fact which demonstrates the desire, after the coup, to

continue using ideas and expertise lost with the emigres.

Professor Vitins adds, that without the demonstrations in Moscow and in the Baltic Republics the coup may have lasted longer or resulted in a bloody civil war. The Soviet Parliament was totally silent except one member who spoke out during the coup. Vitins says, "It was really the swelling of popular sentiment and the focus that Yeltsin provided that brought it all down." Vitins adds, "I am very hopeful because the K.G.B and the Communist Party are now the underdogs."

Immediately following the coup, activity by the notorious Black Berets was curtailed, and an order for 250,000 pairs of handcuffs placed by the coup leaders, was cancelled. Russian President Boris Yeltsin banned activities by the Communist Party on the Russian Republic's soil, clearly emerging the strongest figure of the opposition. Gorbachov, visibly distressed, asked the Central Committee to virtually vote itself out of power, which for a lifetime communist is similar to having his/her teeth drilled without anaesthetic.

Eastern Europe breathed a sigh of relief, and any possibility of a return to cold war rhetoric vanished with the arrest of Yannayev, Gorbachov's former vice-president turned conspirator. After be-

ing temporarily slammed, the door for western aid, business, and joint ventures opened up to their previous shaky arrangements, except for one major change- Every one is that much less certain who, if anybody, is in charge.

As Prof. Vitins notes, "To whom are the people going to turn to?" The old order is crumbling. The communists are the only ones with administrative experience, with control over the capital, and lines of communication. "This has all ground suddenly to a halt", says Vitins.

The situation is equally confusing for western companies who conclude business contracts with individual firms and republics. The Kremlin often declares these contracts void with the result of total confusion.

A criminal element plays a growing part in an economy left in shambles. "The mafia", reportedly supported by and connected to hardline communists, steals imported goods directly out of trains coming from the west, and often whole warehouses full of butter and meat sit rotting while the cities go hungry. Says Vitins, "the potential for chaos is definitely there. It's just a question of whether the people will be determined enough, unafraid enough, to overcome all these problems. I'm optimistic."

Orientation Week Schedule

Monday, September 2

MOVE IN
Welcome to your new home away from home — be it your new apartment or room in a university residence.

9 p.m. to 1 a.m. **ON-CAMPUS DANCE**
Exciting "Toga" party for all residence students.

OFF-CAMPUS
Settle in and rest up for a great week.

1 p.m. **OPENING CEREMONIES**
An exciting, big screen sneak preview of the week long events. Then you can buy your tickets, check out the rest of Downtown Dalhousie and finish anything you have to do at the registrar's office.

8 p.m. to 10 p.m. **PLAYFAIR**
The ultimate icebreaker to meet other Frosh. Meet at Dalplex Fieldhouse.

10 p.m. to 1 a.m. **PUB CRAWL**
Following Playfair everyone is invited to visit our campus bar, THE GRAWOOD. The bar will be open to all ages, so come and dance to the DJ, enjoy some mocktails and party up with your new friends.

the SUB McInnes Room and see what Dal has to offer you.

Shinerama kicks off with a pancake breakfast with President Howard Clark and Dr. Joy Clark. Then all Frosh and Frosh leaders are taken out into the city to shine shoes, bumpers, bald heads, anything. Something for everyone and great prizes for the top shiners.

9 p.m. **ON-CAMPUS**
Residence students go out of their minds with a spectacular hypnotist show. Come out to the McInnes room to see "The Amazing Santini".
TICKET REQUIRED - \$7.00

11:30 p.m. **OFF-CAMPUS**
Off-campus students top off a great day of shining with an evening BOAT CRUISE.
TICKET REQUIRED - \$7.00

Tuesday, September 3

TICKETS FOR WEEK'S ACTIVITIES:
Tue. 2-4 p.m. Frosh ticket sales only. 1. to General Sales: Wed. to Sat. 9-4 p.m.

10 a.m. **ORIENTATION SIGN-IN**
Off-campus Frosh can meet in the SUB lobby. Buy your Frosh Pack and T-shirt and meet up with your group leader.

12 noon to 4 p.m. **DOWNTOWN DALHOUSIE**
Check out the different society displays in

Wednesday, September 4

10 a.m. **FIRST YEAR CONVOCATION / WELCOME SHOW**
Your official welcome to Dalhousie including a welcoming address by university officials and a student musical review that takes a light hearted look at university. See some important people who will be helping you through the years. See that being a Frosh is not terminal.

12 noon **LUNCH ON THE BOULEVARD**
The Alumni Association hosts a dinner catered by Beaver Foods.

1:30 p.m. **STUDLEY FIELD GAMES**
Over 1000 students on Studley Field playing all kinds of great games.

9 p.m. to 1 a.m. **CONCERT**
Come see the first of Dalhousie's amazing concert series.
TICKET REQUIRED - \$9.00
DOUG AND THE SLUGS

Thursday, September 5

9:30 a.m. **SHINERAMA**
Help in the battle against Cystic Fibrosis

Friday, September 6

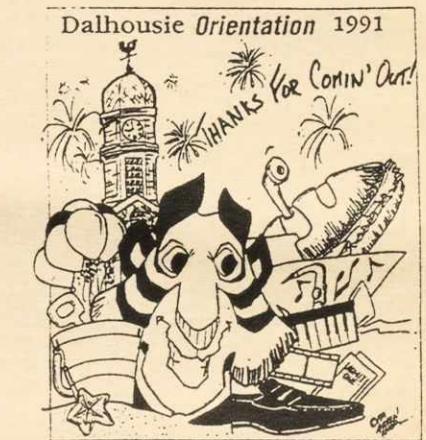
All Day **BEACH PARTY**
This will be the best beach party all summer. Buses will shuttle everyone to and from the beach for an action packed day of volleyball and games. Buses leave the SUB at 10 a.m.
TICKET REQUIRED - \$8.00

9 p.m. **MOVIE SLUMBER PARTY**
Great movies all night in the SUB. Come see some new releases and a few golden oldies.

Saturday, September 7

10 a.m. **FLEA MARKET**
Pick up some novel things for your room or apartment. Located on the boulevard in front of the SUB. Posters, T-shirts and all the odds and ends that you forgot.

9 p.m. **SUPER SUB**
A traditional favorite of the week. Three great bands in one great building. Keep your eyes and ears open for the entertainment.
TICKET REQUIRED - \$11.00
RAWLINS CROSS, KING APPARATUS THREE PIECE SUIT



Sunday, September 8

5:30 p.m. to 7 p.m. **FROSH TO FRESHMEN BANQUETS**
On-campus: Banquet at Shirreff Hall
Off-campus: Barbecue on Studley Field

Dusk **CLOSING CEREMONIES**
Fireworks extravaganza displayed at Studley Field. Say goodbye to a week you will never forget.

Learn to Play Again — at the Playfair (Playfair?)

During past Orientation Weeks students were surveyed about their experiences. They reported that the most fun event was not a party or a dance but oddly enough an event called Playfair. Playfair is a new experience for most frosh and it integrates co-operative play as opposed to competitive play. Learning to meet new people and having fun while doing it is an ability that we tend to lose as we get older. Playfair shows people how to bring that quality back into society. It is a new, unique, exciting and supportive event which will be held on Tuesday, Sept. 3 at 8 p.m. in the Dalplex. Don't miss the Playfair experience — be there.

Take a Shine to Metro

Shinerama is shoe shining made fun! Shinerama is guaranteed to be the largest fund raising campaign that Dalhousie's Student Union has ever seen — and you're going to be a part of it. Shinerama is scheduled for Thursday, September 5. This is when all you frosh, together with your leaders, will hit the streets to raise money for Cystic Fibrosis.

Shoes, cars, tires (or even a few bald heads) will be shining as the group works toward the goal of \$25,000 for the foundation.

We will start the day right with breakfast on the boulevard with Dalhousie's President Howard Clark and Dr. Joy Clark before we hit the streets.

Shinerama is the best way to meet new people and get to know the city. So be prepared for the best day of your life. Who knows? You might even win a trip to Florida!

So have a great summer. See you at the Shinerama.

NEWS

Meet the Dalhousie Student Union

BY DAVID McSEVENY

Peter Pottier is the Student Union President for 1991/92. As President, Peter is the voice of the student body in University affairs as well as representing Dalhousie in external matters. Among other duties, Peter is a member of both the University Senate and the Board of Governors. The Senate's principle function is to make the decisions which affect the academics of Dalhousie while the Board of Governors is responsible for the overall operation of the school.

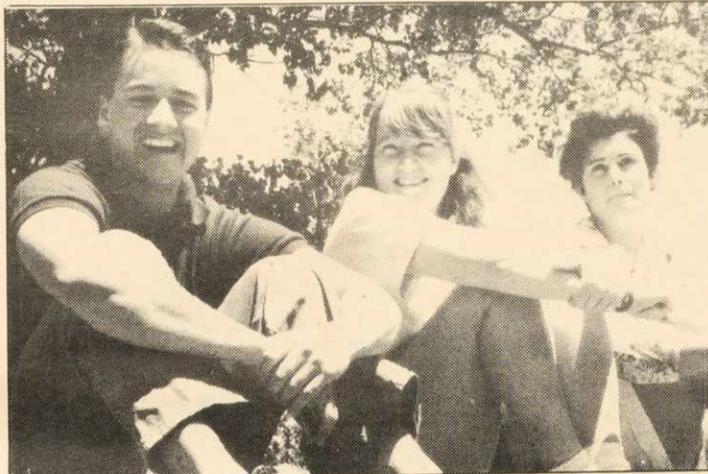
For 1991/92, Peter plans to improve what he sees as the ailing morale of the entire Dalhousie community. Peter hopes to do this by providing vehicles through which students, faculty, and administration can more fully interact. One possible method of doing this is the creation of "focus groups" which would discuss both societal as well as campus specific issues. Consisting of members from every area of campus, and set in an informal atmosphere, the ideas presented would perhaps be more productive than regular committee meetings.

For new students, Peter believes that, "In order to get the full Dalhousie Experience, you should pursue many extra-curricular activities as well as academics" while for returning students, "Don't complain about what happens at Dal unless you're willing to try and change it."

"Hilary proposes the 'Eco-Olympics' — pitting buildings against each other"

The Vice-president is Hilary Wells. While Hilary will be working on many committees including athletics, alcohol awareness, parking, and security she also hopes to establish a new women's centre on campus as well as installing the Tiger Patrol, a service designed to provide those who would like assistance in walking home or around campus after dark. Along the same lines, Hilary will work towards the improvement of campus lighting.

Also, Hilary proposes the "Eco-Olympics." This competition would pit campus buildings against each other. The staff of the building which accumulates the most points (gained by lowering



From left to right: Peter Pottier, Hilary Wells, Joanne Smyth

"The Student Union is the voice of the student body in university affairs as well as representing Dalhousie in external matters"

power costs, recycling, etc.) would win themselves a party funded by the money saved through campus-wide improvements.

"Peter plans to improve... the ailing morale of the entire Dal community"

As with the other Executive members, Hilary maintains a completely open-door policy and will make time for anyone with a concern. Her advice for new students is to "try and make your student representatives responsible for their actions, respondent to your wishes."

The Treasurer for 1991/92 is Joanne Smyth. The Treasurer is the chief financial officer for the student union. Last year the council passed an expenditure budget which outlined the ways in which this year's council will spend its revenues. It is the Treasurer's job to detail and advise the council as to how funds are being used.

Joanne also serves as the Chairperson of the grants committee. This group decides how much money each student society or club receives. Also, the Treasurer works as a member of the CKDU Board of Directors, as well as the Gazette Publishing Board. As has been done in previous years, Joanne insures that the 1991/92 Student Union funds will be used as well as possible with none of the financial problems facing several other Canadian University student organizations. The establishment of a student union run clothing store is one of the projects Joanne hopes to initiate.

As a full time student at Dalhousie you contribute almost one hundred dollars to the student union. The entire budget for the 1991/92 council is approximately \$760 000. For more information on how your money is being allotted, Joanne invites you to visit her on the second floor of the SUB.



Alex Boston, the Vice-president external, represents the DSU at both the provincial and federal levels. Through organizations such as the Student's Union of Nova Scotia and the Canadian Federation of Students, Dalhousie students have a stronger voice in determining their future. Issues that impact the student body are brought to the attention of the Government through the lobbying power of these agencies.

"Student concerns of any social nature can be expressed through Alex"

However, topics such as the 3 per cent student loan tax and other monetary or academic affairs are only part of the VP external's role. Student concerns of any social nature can be expressed through Alex. Academic racism, violence against women, and abortion are issues currently being discussed by the CFS. Provincially, the idea of rationalizing the University system is being addressed. By bringing the concerns expressed in these areas back to Dalhousie in the form of literature, or guest speakers, for instance, Alex hopes to educate the populace as well as encourage more feedback.

The Spicy Commission, "the DSU's response to disunity everywhere," has been created by Alex. By using the resources of university societies along with outside groups, an exploration of various issues of concern will be presented in a theatre, dance, lecture, and/or film format twice a week at noon.

"Community Affairs is responsible for the DSU Clown Troop... and other charity projects"



Community Affairs are handled by Evelyn Stewart, at least until she resigns to enter medical school. The Community Affairs executive is responsible for the DSU Clown Troop which is actively involved in local charities. Other charity projects are also organized from this office but volunteers are needed. If you would like to help charities such as the IWK Hospital for Children, clothing drives, or others, contact this office for more information.

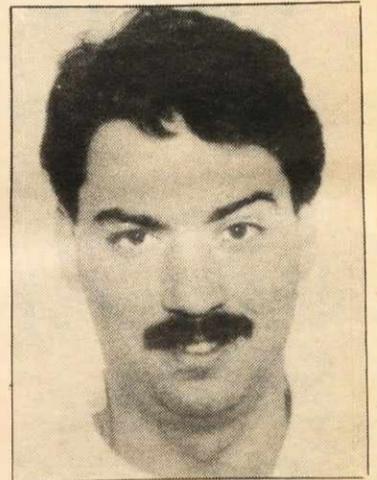
The Executive Council now requires someone to fill the office of Communications Chairperson. The Chairperson would be responsible for the promotion of student events, DSU public relations, and advertising. Applications for

this position are available at the council office.

Also, a Member at Large is required. The Member would sit for the Executive at various committee meetings and perform other council duties. First year students are encouraged to apply for this position.

The DSU council executive can be reached at Room 222 of the SUB or 494-1106.

"Jean-Guy works to approve programmes of study and faculty candidates"



Jean-Guy Forgeron is the Vice-President Academic this year. Jean-Guy works in coordination with the President and other Senators to approve the programmes of study of each academic faculty as well as reviewing each faculty's candidates for degrees and other awards.

GLAD

Gay and Lesbian Association of Dalhousie

will be holding its first meeting of the year Thursday September 12 at 6:30 in room 307 in the Students' Union Building.

For more information phone:

Neil 429-4170
Julie 425-3277

or leave a message in the GLAD mailbox at the Dal SUB enquiry desk.



Students, Faculty And Staff
Are Welcome to Visit the

OFF-CAMPUS HOUSING OFFICE

Room 120,
Student Union Building
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Monday to Friday

9 a.m. to 5 p.m.



???



to View Listings of Apartments, Rooms,
Shared Accommodation and Houses
in the Halifax/Metro Area

Bins and blue bags beautify

BY ALEXANDER BOSTON

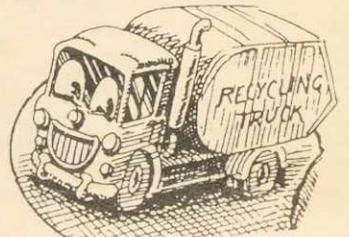
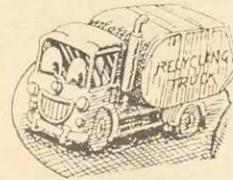
Dal students can now more easily curb the overflowing of local landfills. Campus and community recycling programs will reduce the metal, glass, plastic, and paper refuse that will eventually be incinerated, pumping unhealthy toxic ash, and ozone-depleting and acid rain-producing gases into the air, water and land.

On Dalhousie Campus large plastic bins are strategically located in most major buildings. These bins are colour coded according to their use.

- Blue & Grey Bins with a little hole: Aluminum cans only! Not tennis balls, styro cups and old lab rats.
- Vomit Green Bins: Bond paper, which is regular white and

coloured paper including photocopy, laser-printer and computer paper, and white envelopes. Envelopes with plastic windows or labels, post-it notes, and carbon, fax and glossy paper can not be recycled anywhere on the campus.

In the City of Halifax a mediocre "blue bag" curbside program has been initiated. The various products must be source-separated into the SAD GLAD blue bags and placed by the curbside on garbage day.



- Midnight Black Bins: Newspaper only — please remove the glossy ads.
- Contrary to the belief of many, plastic straws, half-eaten sandwiches, clothing, and Bic pens can not be recycled on the campus either.

- Aluminum beer and pop cans in one SAD blue bag.
- Glass bottles of all colours go in another SAD blue bag.
- Newspaper too can be recycled, but they can be placed in regular plastic bags. However, don't toss it out on rainy days or it gets wet and mouldy, and as useless as Mayor Ron Wallace.

It is important that the bins are used only for their prescribed products. If they are contaminated, the money that could have been generated from selling the paper and cans and so-wisely spent by the administration, is lost, and the potentially-recyclable products are tossed into the burgeoning landfills.

While the City of Halifax is forcing another needless product on the market, the SAD blue bags, and ensuring the GLAD corporation continues to thrive, Haligonians can mildly challenge this wasteful consumerism. Clear plastic bags can be used in place of the SAD GLAD blue ones. Just make sure products are separated and are obviously for recycling, thus the products can be seen through the clear plastic.



Paperback, Hardcover
and Rare Books
Bought and Sold

BACK PAGES

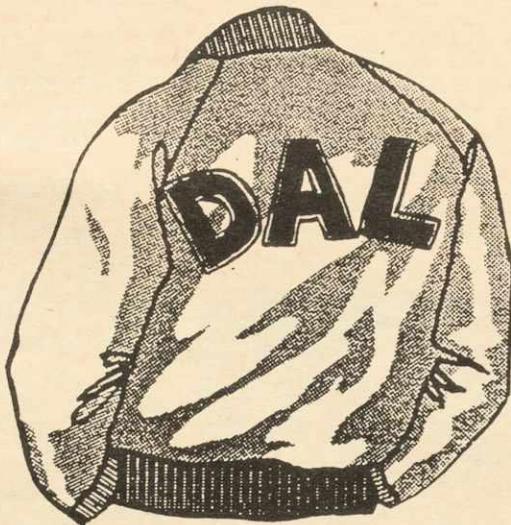
5214 Sackville St., Halifax,
Nova Scotia B3J 1K6
423-4750

Generally, Dal students can relieve the strain on the environment through conscious efforts: toting a plastic CEAG coffee mug around; complaining to Beaver Foods, Dal administration and the DSU about wasteful practices; using the SUB photocopiers with recycled paper; boycotting long term-papers; refusing to take notes; using your own cotton shopping bag or packsack in the Sobeys' empire; and other simple things.

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NEWS

Landlords, your leases and the law

BY JERRY WEST

Cleverly hidden in the blue pages under the provincial department of consumer affairs are the rent review and residential tenancy divisions. In spite of the departments' penchant for hide-and-go phone directory assistance, they are very happy to help tenants deal with difficult landlords. In fact, it's their job.

"The function of the residential tenancy division is to referee disputes between tenants and landlords," says Wendy Doggett, office manager of the division.

The tenancy division prepares cases to be heard by a board. The board's decisions are enforceable as decisions of the county court, so their word is as good as law.

"One problem that students often have is they move in with someone they don't know" cautions Doggett. "Under the law each tenant is jointly and severally responsible, so if one roommate moves out when the summer comes, the other can be stuck with the whole lease."

Doggett also recommends a tenant pay close attention to the damage report filed at the beginning of the year.

"It is in the tenant's best interests," says Doggett, "if the report is not filed at the beginning of the year, the landlord can charge the tenant for all the past years' damage when the lease is up."

Doggett also warns while a landlord can be made to repay tenants

for any loss or inconvenience due to the previous state of the property, this is not a good enough reason for terminating a lease.

"All complaints have to go through the board," says Doggett, "but usually the only way a lease would be invalidated [freeing the tenant of responsibility] is if the property is uninhabitable."

The rent review division is similarly bound by rigid restrictions. Every year a guideline is set for rent increases, at the end of August. If a landlord wants to increase the rent by more than this guideline (usually three or four percent) he or she must make an application to the division. An officer for the division will then decide if the rent increase will be allowed.

"If the landlord makes a capital expenditure equal to the rent increase, the increase will generally be allowed," says Gene Windsor, Manager of rent review.

The division defines a capital expenditure as "any expenditure completed this year which can not reasonably be expected to have to be completed again next year."

Unfortunately this means the landlord can make cosmetic changes, like putting up a fence, that doesn't benefit the tenant and still raise the rent.

"The tenants are given three months' notice before the decision is made though," says Windsor, "and if they disagree with the increase, they can appeal to us within fifteen days of the decision."



Dating

• CONTINUED FROM P. 3

- coercing women to have sexual contact or intercourse
- remembering that communication is the key to avoiding potential date rape situations and that men should never assume they know what a woman wants — ask. If you're still unsure ask again — don't make the assumption that intercourse is acceptable.
- keeping in mind that a desire for affection (hugging and kissing) does not necessarily indicate a desire for intercourse
- being aware of social pressures and not buying into the idea of sex as "conquest". Sex is an intimate consensual act of sharing.
- realizing that being turned down is not a personal rejection, but instead, the rejection of a single act at a particular time. Your self-esteem need not depend on your sex life.
- always remember that no means no, don't argue or coerce the person you're with.

If you are raped and are seeking support use one of the reference numbers on page 3. You don't have to go through this experience alone.

LBR

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EDITORIAL

Welcome to Dalhousie. I realize it's already been said about thirty times by various dons, deans, profs, reps and equally helpful folk, but hey, we (at *The Gazette*) really mean it. You're why we're here.

Walking over the sun-stroked campus today left me in such an excellent mood I almost exploded with excitement. I mean, here it is — the end of summer, a chill is playing comfortably on the breeze, Van Morrison's "Moondance" is looping as a permanent soundtrack in my head, Monday night football is back and yes — its time to start the paper again.

The *Gazette* is an alternative press publication which circulates 10,000 issues around campus and the city of Halifax once a week. It is Canada's oldest student newspaper, with a budget made up from advertising and a DSU grant combined. That makes it your paper, whether you want it or not.

We are dedicated to covering news, arts and sports stories which may be of interest to the university community. Our only specific restrictions are that we may not publish any materials which are libellous, sexist, racist or homophobic. Other than that, wow — the sky's the limit.

Contrary to popular belief, we do not publish anything for shock value. In fact, we are trying to provide you, the student, with information pertinent to your condition. We are trying to improve your experience at this school and in this city by offering (for free mind you) every one of our readers the power that lies wound in a sweaty, frustratingly sexy knot with enlightenment on this red hot bed of newsprint... but I digress.

O.K. — here's an interesting tidbit like many of the hundreds we'll be offering all year: did you know that any student who sits through the fall convocation (Sept. 4/10 a.m./Cohn) is entitled to a free lunch! How's that for useful information for the starving masses?

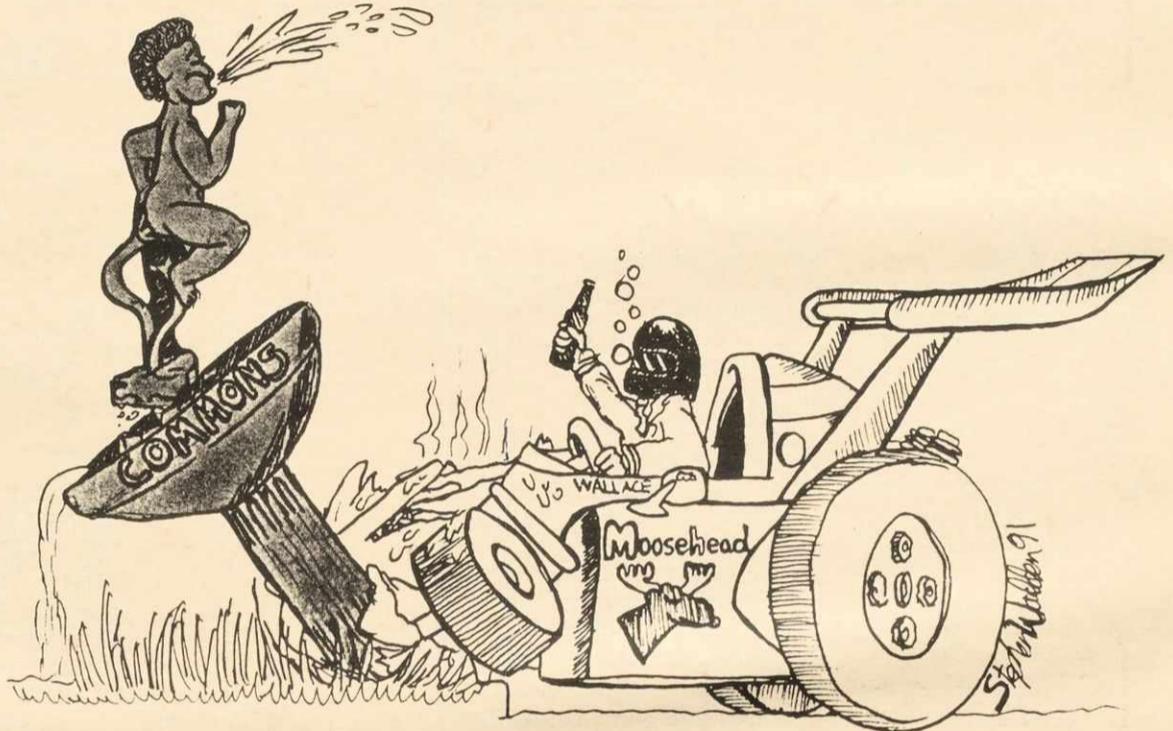
Our office is located high atop (well, the third floor anyway) the Dal student union building, and while it may sometimes be messy or slightly chaotic, it's almost always open.

If you're interested in writing, please come and talk to us. If you feel you have any talents, we want you. If you want to get involved, we need you. If you think you're a putz without either a modicum of talent or an erg of energy, come in anyway (maybe you could be editor next year). The point is — we want as much diverse input we can get, and if we don't get it, it's you who lose out. Ya see, it's like a wedding, speak now or forever hold your peace.

Come up with ideas, come up with art work, come up with or without a purpose, come up for free coffee, come up with a bottle of tequila (no, wait, we better come down for that)... hell, you can even come up empty handed, as long as you appear.

Be on top of the issues or get ground down by them my friends; it's as easy as 1-2-3 (ie. third floor SUB), we'll be waiting. **Chris Lambie**

Thanks for the race, John...



OPINION

Opinions expressed in **The Gazette** are not necessarily those of the staff or editorial collective of the paper. We welcome opinion pieces; they should be typed, double-spaced and no longer than 500 words.

Support the postal workers' strike

For the vast majority of Canadians, seven years of Tory rule has been devastating. Since Brian Mulroney came into office in 1984, the tax burden on working people has increased dramatically while public services have been dealt one hammerblow after another. The UIC program was slashed by \$3 billion, regional development programs by \$2 billion and several billion dollars was withdrawn from the funding of health care and education. These statistics, however shocking, cannot even begin to describe the tragic consequences of the cutbacks on the daily lives of average Canadians. Dissatisfied by the current level of social carnage, the Tory government is gearing up for yet another round of attacks on Canadian workers.

The Canadian Union of Postal Workers is conducting a rotating strike against its employer, Canada Post. This conflict has been deliberately provoked by the Tories. CUPW has been without a contract for three years and its members last had a wage increase in 1988. During this period thousands of jobs have been lost as Canada Post contracted out services to drug stores and corner stores that pay their workers minimum wage. The postal workers are therefore asking for decent wage increases and job security clauses to

gain back some lost ground. The current government has different plans, however, for the living standards of working class Canadians.

In the past year the Tories have introduced wage restraint programs for public sector workers while private sector wage earners have seen hundreds of thousands of jobs disappear. The Mulroney government's plan to continue making these people pay for the economic crisis relies on its ability to defeat CUPW in the current dispute. CUPW has been the victim of many slander campaigns and vicious back to work legislation in previous strikes, and this one is shaping up in much the same fashion. In 1987, Canada Post spent \$50 million in a successful strikebreaking effort, a victory for the Tories which gave them the confidence to carry out all the above mentioned cutbacks. By defeating the postal workers this time, the Tories hope to weaken the resolve of all workers to fight for their jobs and for a decent standard of living.

These observations are not an abstraction. Between 1965, when they won the legal right to strike for public servants and 1978, when the Trudeau government used RCMP raids to break their strike, the postal workers were at

the forefront of a struggle that saw the living standards of Canadians rise as never before. Their successful battles over wages, job security and benefits such as maternity leave set precedents and inspired others to demand the same. The Tories are determined that CUPW will gain no such victories this time, and understand that a strike that wins will give confidence to the millions of people who consider this government a cancer.

Solidarity with the postal workers and also with the upcoming strike of the Public Service Alliance of Canada (PSAC) is therefore necessary activity for all those interested in turning the tables on the Tory cuts. For students, this means resisting the quick buck offered to scab labour by Canada Post. Though money may be tight for students these days (as this writer knows too well), helping the Tories bust CUPW only plays into their plan of an education system for the wealthy and an economy based on part-time, minimum wage workers. All campus unions and student groups should build active support for these upcoming strikes, and visit the picket lines as often as possible.

Only with this sort of solidarity can we begin to reverse the Tory attacks that have hurt us all so much.

R. Nugent

THE GAZETTE

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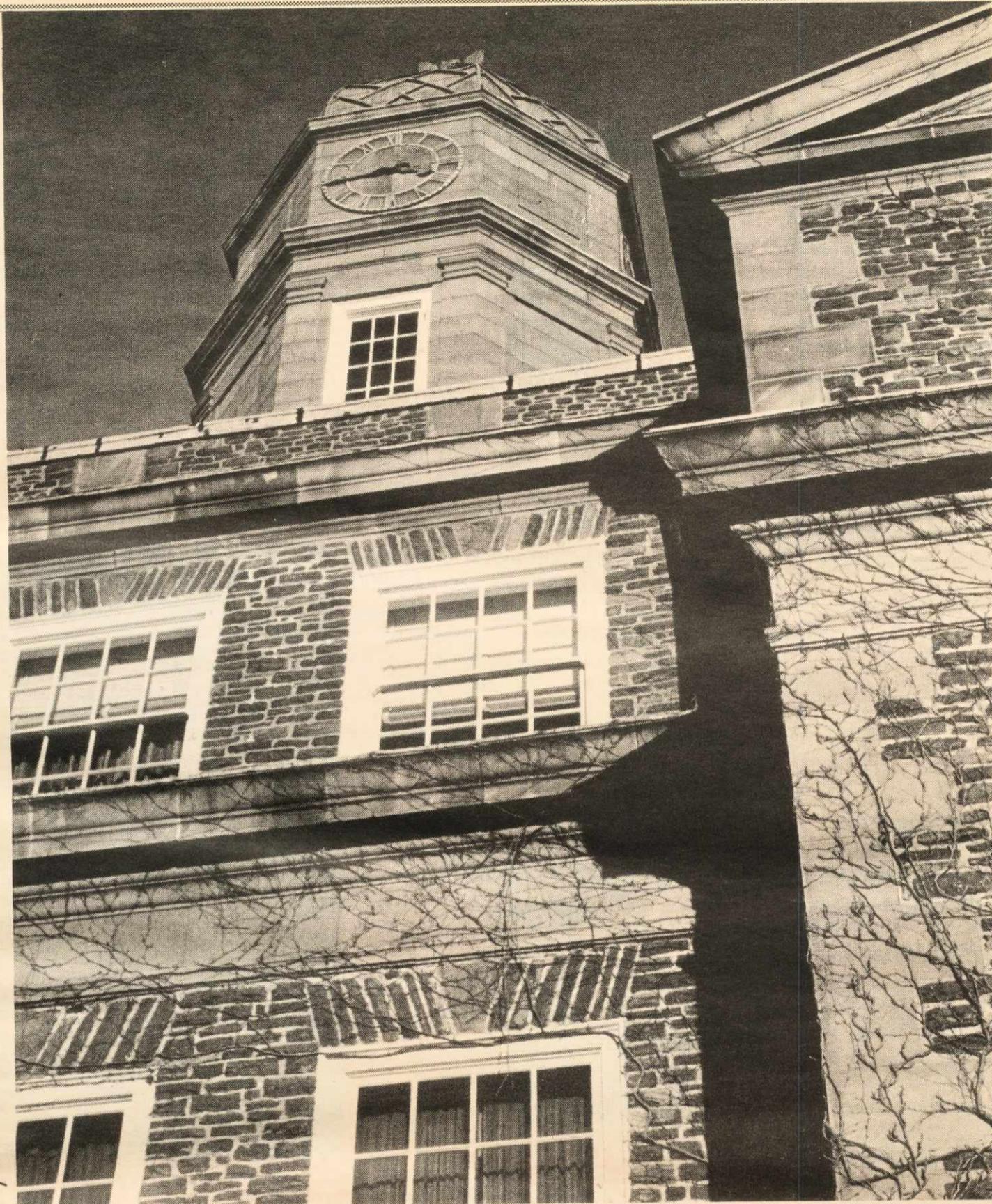
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The *Dalhousie Gazette* is Canada's oldest college newspaper. Published weekly through the Dalhousie Student Union, which also comprises its membership, *The Gazette* has a circulation of 10,000. As a founding member of Canadian University Press, *The Gazette* adheres to the CUP Statement of Principles and reserves the right to refuse any material submitted of a racist, sexist, homophobic or libellous nature. Deadline for commentary, letters to the editor, and an-

ouncements is noon on Friday before publication (Thursday of each week). Submissions may be left at the SUB Enquiry Desk c/o *The Gazette*. • Commentary should not exceed 500 words. Letters should not exceed 300 words. No unsigned material will be accepted, but anonymity may be granted upon request. • Advertising copy deadline is noon Monday before

publication. • *The Gazette* offices are located on the third floor of the SUB. Come up and have a coffee and tell us what's going on. • The views expressed in *The Gazette* are not necessarily those of the Students' Union, the editors or the collective staff. •

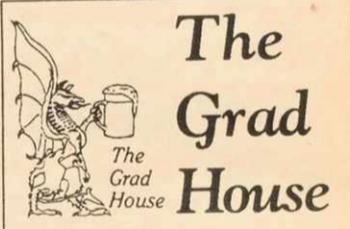
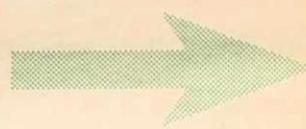
Important Phone Numbers Taxis Laundromats Adventures Liquor Stores Hospitals Breakfast



Dal Photo: Rochelle Owen

STUDENT AID

Enclosed, please find a groovy guide for those of you who might be havin a hard time getting around Halifax and the surrounding area... while our team of lawyers claim we may be held responsible for any injuries, damages or muddy shoes that may occur as a result of its use, our moms did sign a waiver before this issue went to print.



The Grad House
WELCOMES ALL NEW GRADUATE STUDENTS

FRIDAY SEPT 6th
PIZZA PARTY
5:30 - 9:30
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The Dalhousie Student Union
is now accepting applications
for the position of:

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(First Year Student)

Applications can be picked up, and then
dropped off at the student union offices:

Room 222
Student Union Building

Breakfast

Breakfast places are always key in my little world (as odd as it may be). It's a lovely way to start the afternoon isn't it?

- **The Ardmore Tea Room**, 6499 Quinpool Road. A most fine place to break the fast with a jolt of completely caffeinated lightning.
- **The Athens Restaurant**, 1558 Barrington Street. Right below the ruins of the Film Board.
- **Le Bistro**, 1333 South Park Street. A tad expensive, but a tasty brunch for the pretentious folks in the crowd.
- **The Armview Restaurant**, 7156 Chebucto Road.
- **The Commons Grill**, 2394 Robie Street.
- **Bogart's**, Argyle Street, right next to the Film Board; whoops - well, they did have pretty good brunch, but everything seems to be tasting a little charred lately.

Laundromats

Knowing that cleanlines is next to godliness (not to mention it smells a lot better), a whole heaping stack of laundromats seems in order. While doing the dirties on a Saturday morning aint a load of fun, it is pretty necessary in the long run. I mean, its kind of difficult to impress people when you smell like a used baboon.

- **The Lint Trap** 5468 Fenwick St. 425-LINT. Listed first because its the only laundry in the city with a bar.
- **Blue Ribbon** 1222 Henry St. 421-0067. This is pretty much the closest laundry to campus you could everhope for.
- **The Bluenose** 2198 Windsor St. 422-7098. A clean, well lighted place.
- **Metro Laundry** 2347 Agricola St. 423-8652. Pinball machines.
- **Quick Wash** 5506 Clyde St. 429-2023. Excellent geographic location right next to the government food store.
- **A-One Laundromat** 1022 Barrington St. 421-0083.

Hospitals

Hospitals are always loads of fun, especially when they sedate you. My own personal favourite is when you wander into the emergency room at 3 a.m. with your lip stuck in a beer bottle.

- **Dalhousie Clinic**, Howe Hall, 494-2171.
- **Infirmery**, 1335 Queen St. (close to all the downtown bars), 428-2781.
- **Victoria General**, 1278 Tower Rd., 428-2043.
- **Fenwick Walk-In Clinic**, 5595 Fenwick St., 421-7533.



Books

Second hand book stores are a great way to save some bucks. Although pros love to insist you buy the newest editions of their own (and colleagues) books in order to ensure a healthy royalty check.

- **Attic Owl**, 5802 South St., 422-2433.
- **Back Pages**, 1520 Queen St., 423-4750.
- **Schooner Books**, 5378 Inglis St., 423-8419.
- **John W. Doull**, 1652 Granville St., 429-1652.



Taxis

Ahh, taxis... the ultimate comfort zone - they've saved me from a million predicaments and totally uncomfortable situations. While not the cheapest form of transportation, try getting a bus at four in the morning when the bus stop starts chasing you and the police are swinging past for the third time and you'll see what I mean.

- **Share-a-Cab**, 429-5555 or 429-7777.
- **Ace Taxi**, 429-4444 or 421-8888.
- **Casino Taxi**, 429-6666 or 425-6666.
- **Yellow Cab**, 422-1551.



Important Phone Numbers

Important phone numbers to have at hand:

- **Fire Department** 4103
- **Police** 4105
- **Ambulance** 911
- **Dal Security** 494-6400
- **Service for Sexual Assault Victims** 425-0122
- **Personal Help Line** 421-1188
- **Dal Sexual Harrassment Line** 494-1659
- **Bus information** 421-6600
- **Student Aid Office** 494-8420
- **Dalhousie Gazette** 494-2507 (in case you have any hot tips)



Dal Photo: Rochelle Owen

Bills

While paying bills is always secondary to buying the necessities (like tequila and small rings for your nose), you might as well pay them before the collectors start circulating "wanted - dead or alive" posters with your picture on them. Besides, if you pay those bills one month, they up your credit limit the next (the fools!).

- **MT&T**, Scotia Square. 421-4547.
- **Nova Scotia Power Corporation**, Scotia Square. 428-6230.
- **Halifax Water Commission**, 6380 Lady Hammond Road. 421-6920.



Pharmacies

DRUGS - here's where ya gets 'em... but, unfortunately, you need one of those crazy little scrawls on a prescription pad first! (Too bad, eh?)

- **Lawton's**, 5675 Spring Garden Road. 422-9686.
- **O'Brian's**, 6199 Coburg Road. 429-3232.
- **Shopper's**, Quinpool Centre. 429-1700.
- **Shopper's**, 5595 Fenwick Street. 421-1683.
- **Fader's**, 6085 Coburg Road. 423-8159.



Liquor Stores

Not that you will ever use it, but here is a list of the local Liquor Commissions.

- **Clyde Street** (just a block east of South Park)
- **Hollis Street** (near the Brewery Market downtown)
- **Agricola Street** (just south of North Street)
- **Scotia Square** (that cheezy mall just below Citadel Hill)
- **Port of Wines** (in both Spring Garden Place and Historic Properties for anything better than Andres Baby Canadian)



Water Holes

Halifax has many bars. In fact, there are probably more drinking establishments than people. These are a few of our very favorite, but there are lots of others to explore.

- **Seahorse Tavern**, Argyle Street
- **Lower and Middle Deck**, Lower Water Street (open-mike is Wed. and Thurs.)
- **Pub Flamingo**, Salter Street (open-mike is Tues.)
- **The Studio**, Barrington Street
- **Up Here Bar**, Barrington Street
- **The Grad House**, University Avenue
- **The Thirsty Duck**, Spring Garden Road
- **Granite Brewery**, Barrington Street
- **Your Father's Moustache**, Spring Garden Road
- **Secretary's**, Sackville Street (HAH! Just kidding!)

Adventures

If your boots, they feel like walkin', here's what ya ought to do - take a fine walk or hike in this ole city of ours.

- Smell the roses at the **Public Gardens**, on Spring Garden Road
- Hike, walk or jog around **Point Pleasant Park**, south end of Tower Road
- Watch a softball game at the **Commons**, on Robie Street
- Go hear the noon gun go off at **Citadel Hill**, Brunswick Street
- Wander through at **Historic Properties**, Lower Water Street
- Walk to the **Dingle Tower**, via the Northwest Arm
- If you can get a lift, explore **Chebucto Head**, Purcell's Cove Road

Museums

Museums are always a cool way to get to know a city. Halifax has more of these things than you could shake a large wet fish at.

- **Art Gallery of Nova Scotia**, Hollis St., 424-7542.
- **Maritime Museum of the Atlantic**, 1675 Lower Water St., 424-7490.
- **Citadel Hill Museum**, On that pointy hill thing in the middle of the city.
- **Nova Scotia Museum**, 1747 Summer St., 424-6099.

WELCOME WEEK

Volunteer organizations

Making a positive community difference

BY MARY JANE HAMILTON

Many of the active and worthwhile organizations in Halifax rely on volunteers — that means you! Everyone has a couple of hours a week to dedicate his or her expertise to something he or she feels strongly about. Do you care about the environment, peace, battered women, runaways, people with disabilities? Do you feel like making a difference? Well, there is an organization for you.

• Dalhousie Public Interest Research Group (Dal-PIRG) is a student-funded, student-directed organization addressing social justice and environmental issues. Volunteers are needed

for research, writing, radio production, event planning, promotion and special projects (such as the upcoming supermarket tour). Call 494-6662.

• Public Legal Education Society (PLE) is a non-profit organization which provides general legal information to the public. They need volunteers to answer telephones, represent the Society at displays and general office duties. You may even be able to join a committee. This might be of special interest to Law students as you will find out what sorts of questions people have about the law. Call Anne Marie Kent at 423-7154.

• The Dalhousie Gazette is Cana-

da's oldest student newspaper. The Gazette needs volunteers to write, edit, lay out the paper, take up an editorial position (be an Arts or a News editor), or run for Editor. If you have an issue you think should be covered by the Gazette, come up to the office and discuss it, or find out how to cover the story yourself. Call 494-2507.

• CKDU is the only alternative (that is, to commercial) radio. CKDU plays all kinds of great music that is not heard on regular stations and there are no commercials! CKDU needs volunteers to read the news, to do their own show, to do tech-

nical stuff, or help catalogue the library. Call 494-6479.

• Sir Frederick Fraser School (The Atlantic Provinces Resource Centre for the Visually Impaired) has students from all over the Atlantic Provinces. Most of the students are not from Halifax and need volunteers to take them out and around. Volunteers are also needed to teach Braille. Call Shelley Chappell at 424-8500.

• The Metro Peace Centre is a resource centre dedicated to broadening awareness about the peace and social action initiatives of local individuals and

organizations. Volunteers are needed to run the Centre, clip articles for files, and get involved in peace initiatives. Call 422-1931.

• The Ecology Action Centre (EAC) is primarily a lobby and public education group for environmental issues. Volunteers are needed to perform general office duties, work on the newsletter (*Between the Issues* — write stories, layout and distribution), do research, library duties, and act on various committees (such as, Harbour

• CONTINUED ON P. 17



Join PIRG free food tour

BY YVONNE HANSON

Who is UNILEVER? Why is it that apples often lie in their grocery store bins shining with glossy temptation and after buying them you find out that they have impossible-to-wash-off wax coatings? Are there alternatives to buying over-packaged, herbicide/pesticide-laden food and produce grown elsewhere?

If any of these questions probe into your eating queries, Dal-PIRG has a solution. On the dates of September 14 and 18, Dal-PIRG will hold "The Supermarket Tour". Stressing the fact that 'food is political', organizers hope

to provide basic information on a variety of food issues and point out the links among them. The discussion will include topics of food quality, ecological destruction, impacts on the Third World, rise of agribusiness (as opposed to agriculture) and consumer manipulation.

On these days, enlightened facilitators will take small groups of interested individuals into the local grocery stores and literally 'tour' the store, pointing out products and concepts inside the store that denote some aspect of the mentioned topics. Groups will then reconvene at Dalhousie for discussion.

The Supermarket Tour handbook, designed by OPIRG/GRIPO, states that, "As North Americans, many of us take for granted the food on our table. Yet the food system has undergone tremendous changes in the past 50 years - changes that affect our health, our environment, our politics and even our social values."

For those interested in attending the Supermarket Tour, Dal-PIRG is asking people to pre-register. A PIRG table will be set up in the SUB during welcome week or you can phone the office at 494-6662 to register or to inquire further about the Tour.



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University Jackets.

\$30.00 off regular price
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(Deposits accepted for X-mas lay-away)

10% off Univ. fleece sweatpants.

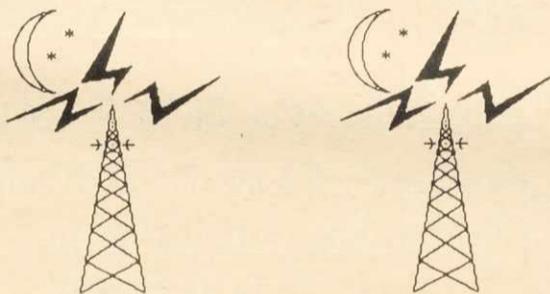
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CKDU 97.5 FM

Operating year round, twenty-four hours a day, CKDU 97.5 FM is Halifax's premiere campus/community radio station. CKDU-FM's mandate is to offer the widest possible range of music and opinion. Other media can only dream about the dynamic energy and diversity which is a part of CKDU-FM's every day experience. We thrive because our programmers and listeners understand the necessity of funky, off-the-wall radio where polish takes second place, where the question matters as much as the answer.

If CKDU-FM plucks a responsive chord, come and see us. We need on-air volunteers in music and current affairs, both on-air hosts and technicians. And we need help cataloguing our libraries. CKDU-FM is located on the fourth floor of the Dalhousie Student Union Building. Our address is 6136 University Avenue. Or, give us a call, 494-6479.



CKDU 97.5 FM: the only alternative.

First day Frosh prep

BY JENN BECK

Welcome to Dalhousie! Doubtless, this is a different scene than you have been used to, so we at the Gazette have compiled a short list of recommendations to see you through your first day:

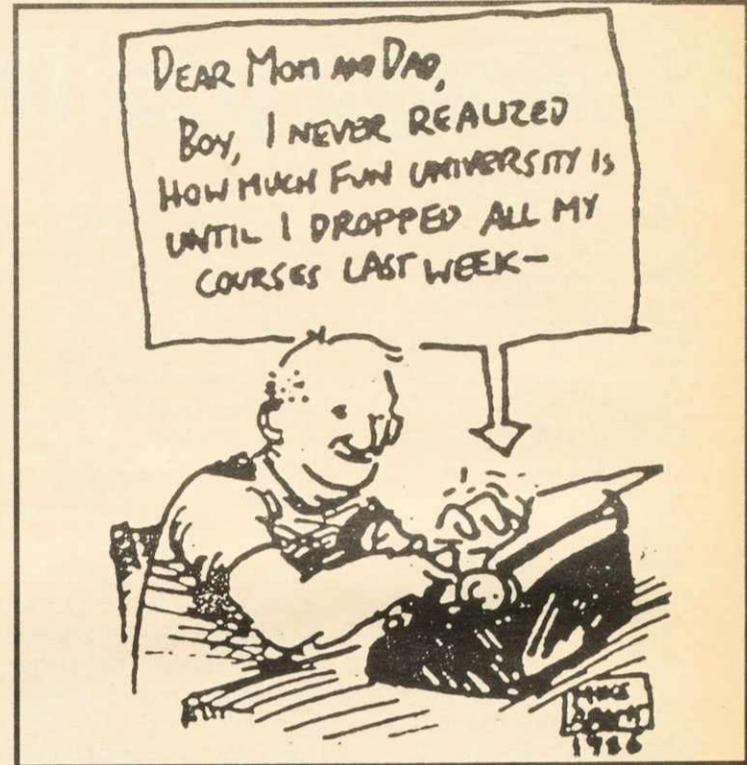
1. Always remember there are two kinds of profs: First, the serious professional kind who believe they are performing an invaluable service to humanity, and second, the big-hearted liberal who can't believe they are being paid for this.

2. What you call a prof has deep ramifications. Generally, "Sir" is the safest bet for your male profs, as half of them will expect a certain deference and respect as their due, and the other half will get a massive kick out of it. (I mean, you're calling them "Sir" and they're probably still paying off their student loan.)

For female profs, "Dr." whatever is best. If you fell like being unique and quirky, refer to all profs uniformly as "Professor" whatever. This will get you remembered, so be sure to ask yourself, "Do I want to be remembered?"

3. When it comes to Teacher's Assistant, safest is best. Your T.A. may be your most sympathetic route to your prof, or he/she may have swallowed the sad party line early. The only way to tell is to try out a medical excuse on them. This is why you should go to your tutorials (well, at least one or two).

4. A word about scheduling: take NO classes that begin before 10:30. That's just plain foolishness. Also, remember it is perfectly acceptable to bring your lunch to any class scheduled between 10:30



and 3:00. After 3:00, dinner rules apply.

If it absolutely unavoidable, and you must take a class that begins in the ungodly A.M. (say, 9:30), the only way to get through the year is to consistently arrive late. That way, you learn to congratulate yourself for going at all. Also, get yourself a mason jar with a handle on it to bring coffee to your class. Just watch! Soon, everyone will be doing it.

5. It is absolutely essential that you wear a name-tag. If, by some fluke, your frosh-pack doesn't have one, you must take it upon yourself to create your own: perhaps using a duo-tang label. The importance of this gesture is irrefutable and completely necessary

for all peoples in an entry-level position. Otherwise, why else would all the food-service personnel wear them?

6. Finally, it is time to acquaint you with the bookstore. The prices are high enough already, but you have yet to experience The Tax is everywhere and if you come from another Canadian province, you may spend some painful weeks adjusting. That's okay, it happens to everyone. If you come from Alberta, GO HOME NOW. Dalhousie simply cannot be held accountable for your subsequent TAX induced breakdown.

Keep these tips in mind! They will see you through the first day and many more! We sincerely hope you enjoy your year!

Pizza pizzazz

BY MARIE-FRANCE LEBLANC

Hey, man, good to see ya! Wanna have a great time. Sure you do! Come on! You can look at my popsicle stick collection while I unpack — 'cause you being new around here you probably don't have anything else to do.

Oh, good. Here is my list of favorite pizza restaurants in good old Halifax. This is important because pizza is the single most important element to socializing. You can do anything with pizza. You can have a party, study, watch sports, impress a date, catch Late Night with David Letterman, or simply hang out. Now, you don't really even have to like pizza to enjoy it, but you got to make sure you order it from the right places.

For starters you don't call up Pizza Delight. They are way too impersonal.

"Can I have your phone no.?" the machine says. "Last time you had anchovies and capers, same tonight!"

No way. You don't want to be reminded of your weird previous choices. Also, you don't call Dom-

ino's. Their half-hour delivery service has been known to cause traffic incidents. If anything, always be safe when ordering your pizza.

I recommend two places. One is good for when you are just hanging out, and the other is for when you want to impress someone. Tomaso's pizzeria is a great pizza buy. You get good flavor for a low price which includes delivery. Their vegetarian pizza is to die for, and if you like the bacon, tomato, and onion combo this place is for you. Oops, I almost forgot, there is always lots of gooey cheese on all varieties.

Now if you are trying to impress someone, I suggest the slightly more expensive Salvatore's New York style pizza. These "designer" pizza's can come with your choice of black olives, feta cheese, Italian sausage and a variety of other tasty treats. They are somewhat more pricey, but they are worth it every now and again.

So now that we have this all settled I better go back to my unpacking.

Cheers.

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TICKETS \$8

ARTS

La Cave delights

BY ROD MACDONALD

AS A PERSON WHO has known a number of excellent chefs both professional and amateur, I feel that the best opinion is always your own. There are always people who will tell you what you should like. I'm going to tell you what I like and hope that I can raise either your curiosity or your ire enough to get your attention.

La Cave is nestled in a small alley way on the corner of Blowers and Grafton Streets. This puts it

A place to indulge, not to sample

firmly within reach of much of Halifax, especially downtown.

This is not a fast food restaurant. Some say the service is slow but for me this is a place to relax with Friends, not a place to dine and dash. A place to indulge, not to sample. Approached from this perspective, the service is fine.

La Cave has an informal atmosphere. It is a rather dark place with winding halls and a low ceiling offering a number of small "caves" as an intimate alternative. The music includes jazz, Windham Hill, classical and pop. There is also a jazz guitar duet which adds to the mood appreciably.

The menu has changed over time but consistently offers variety and flavour. A couple can enjoy a quality meal, including appetizers and a drink for about \$40.

The appetizers include among others, the best Caesar salad in town. This Caesar is not for the faint hearted; it even comes with anchovies, if you like. The garlic bread may be small but it is soaked in garlic and melted cheese. I should mention that La Cave oozes with garlic. I love this rich and aromatic herb and this is the place for it. There is a delicious French onion soup with French bread and cheese bubbling over the way it should. Mussels are also available and unfortunately, are as over-priced as in most restaurants.

The entrées at La Cave never fail to satisfy. The meatballs come in a sweet and sour sauce which is not overdone but lends a subtlety to the flavour of the very finely ground meat. They are served with rice and a Caesar.

One of the easiest foods to overcook and destroy, fresh fish is a real treat in the hands of a caring chef. At La Cave, the sole is superb. It is baked so as to maintain its texture and they don't smother it in butter. It comes with rice pilau and steamed broccoli.

The baked brie is also worth trying, as an appetizer for two or as an entrée. It is served alongside a generous selection of apples, grapes,



Dal Photo: Angel Figueroa

Disco is really and truly dead

kiwi, melon and other fruit with French bread.

The pepper steak is served in a cognac sauce. They always manage to cook it medium rare as I like it. One of the only places to do so. It is served with rice pilau and broccoli. By the way the rice is very rich and tastes wonderful and the broccoli is steamed beautifully so that it does not lose its colour or texture. Other entrées include Chicken Kiev, rib steaks, sand-

wiches, bagels, burgers and more.

La Cave is known for cheesecake, of which the owner has been called "King". The varieties offered mostly involve themes on fruit and chocolate. The Hungarian, with Tia Maria and raisins, and the Pumpkin are excellent. I am told that the cheesecake at La Cave sometimes appears dry though, as if it had been frozen.

I am much more interested in the brownies. It reads quite unob-

trusively on the menu, not sounding exotic or alluring. However, the Brownie Delight is sublime. A large chocolate fudge brownie is heated and topped with vanilla ice cream and a splash of Tia Maria. Sounds simple, but it's decadent.

La Cave is fully licensed offering wine, beer, spirits and special coffees. It is open for dinner only Tuesday through Sunday and open to 4 am on Fridays and Saturdays.

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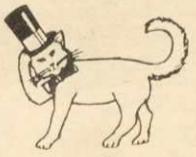
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House**

(just look for the
Gryphon)

May we suggest some hangover cures?

BY J. CUERVO

While some people may say abstinence is the best cure for a hangover, chances are you won't be able to use this advice on those horrible mornings in September when you wake to find a small herd of water buffalo have been dancing the lambada badly on your head while you slept.

After an extensive student on the street interview session, we at *The Gazette* have come up with what seem to be the most popular campus remedies for beer brain, tequila tongue and most other chemical over indulgences. While some of the suggestions might seem a little questionable in terms of effectiveness (or even sanity), perhaps the placebo effect will kick in anyway... then again, maybe you'll have to shave your tongue and walk around with an ape playing the marimba in your head for the rest of your life.

1. Get some exercise outside; if you go for a run or even just a casual bike ride, the resulting mental state is infinitely better than just moping around.
2. Alcohol dehydrates your body a lot, drink as much water as you possibly can, both before and after sleeping. Leave a full glass by the bed.
3. Try to stop drinking long before you go home. If you dance up a storm or walk a friend home, you

might burn some of the toxins out of your system.

4. As unappealing and motherly as it may seem, try eating a good breakfast. Its even better if you go out somewhere — make it a social event. (See *Gazette* guide to breakfast spots).

5. Try to sleep as much as you can. If your mom calls, tell her you've got the flue, maybe she'll send a care package (yeah-right).

6. Avoid mixing your drinks, and also try to avoid lots of sugary mixes. The possible combinations and permutations can be awfully nasty the next day.

7. If you concentrate really hard on school work or even some other mindless entertainment, you often forget about last night's extravaganza.

8. Swimming is one of the most popular cures. Try going to Dalplex, or in the early fall you could even attempt a lake or a beach.

9. O.K., I didn't suggest this, but a lot of people seem to think sex relieves a hangover. Being a confirmed celibate, I just wouldn't know... now would I?

10. My own personal favourite — a hair of the dog that bit you (ie, another drink) was never even mentioned. So I'll have to give my second favourite: the three A's, that being aspirins and antacids by the handful, washed down with an ice cold glass of agua (that's water).



**the ATLANTIC
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**AUGUST 29 - SEPTEMBER 2, 1991
(LABOUR DAY WEEKEND)**

6 STAGES • 22 SHOWS • ADMISSION \$2 - \$6.00

ARTS

Come Up Here to hear upcoming bands

BY MATTHEW MURPHY

RECENTLY WEBSTERKEEFE Ltd., the owners of the Up Here bar on Barrington St., have been considering a proposed change of atmosphere in their club. On September 12, the first band may step upon the stage at the Up Here Bar.

Peter Rowan, of DTK records, approached the bar's management about booking local bands in the bar. He has submitted a plan modeled after the Flamingo Cafe and Lounge's Tuesday night event, which he also runs.

On Thursdays, Fridays and Saturdays, admission to see local independent bands would be two dollars. Unlike the Flamingo, the Up Here Bar will not be able to admit minors. Ninety-five per cent of the entertainment would be from local non-union bands. These bands would receive 70 per cent of the admission collected from all three nights. While the low admission will not generate immense monetary rewards for the bands, it will be more than they are accustomed to receiving.

The greatest payment to the bands would come through exposure and the experience of playing by themselves three nights in a row. Mr. Rowan says, "Three nights of playing is really good for a band, and playing at the Up Here Bar would be like Triple A baseball for local bands. After playing the Flamingo on Tuesday we'll

know which band can handle playing at the Up Here Bar."

Mr. Rowan is confident Halifax can support a venue where the talent is almost entirely local.

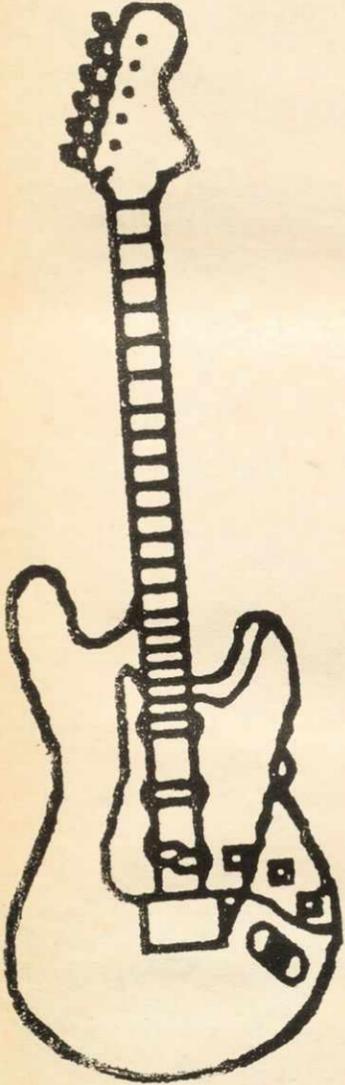
"Playing the Up Here Bar would be like Triple A baseball"

This past summer, Halifax witnessed the rise and fall of Waldo's on Sackville St. Waldos was initially successful in drawing Halifaxians out to see independent bands play. The demise of the bar had more to do with outstanding financial obligations than public enthusiasm.

In the case of the Up Here Bar, which according to part-time manager Mack Moore, "doesn't lose money but just breaks even," the change could only improve the bar's position.

There seems only one obstacle and this pertains to the lease, pending negotiations. Rowan is hopeful that the company, which also runs the Seahorse Tavern and Thackerays, will postpone dealing with the lease until live music results can be seen.

Unique amongst the traditional Halifax liquor sheds, the Up Here Bar may exchange its present identity on September 12 from a place to hear and be heard to a more vital one in developing Halifax's young talent.



Fringe Festival set to go this weekend

BY JENN BECK

THIS LABOUR DAY weekend, live theatre comes to Halifax, in the form of the

First Atlantic Fringe Theatre Festival. From August 29 to September 2, more than 25 theatre groups from Canada and the United States will converge on Gottingen

Street to perform comedy, drama, musicals and kids' shows.

Initially, the project was jeopardized due to lack of funding. Gary Vermeir, the Chair of the Atlantic Fringe group, was able to

FRINGE: AUG. 29 — SEPT. 2

secure a \$15,000 grant from the Federal Department of Communications. This award, coupled with a large number of sponsors (including Air Nova, Labatts, I.G.A., the Daily News and CBC Radio), saved the 'Riot of Live Theatre' from oblivion.

Beginning August 29, at 7 pm, the Festival will encompass 22 different shows over six outdoor stages, with admission costs ranging from \$2 to \$6 per show. The Festival, directed by Ken Pinto, will hopefully do much to augment Gottingen Street's already considerable reputation as the 'Artist district' of Halifax. Including plays, booths, and a beer tent, the Festival promises to be five days of inexpensive fun. For more information, call 492-2893.



Volunteers

CONTINUED FROM P. 13

Committee and the International Development and Environment Committee). Call 454-7828.

- The Help Line is a crisis intervention and referral service. The Help Line needs volunteers to answer calls and help with fundraising. This is highly stressful, and highly responsible and rewarding work. Call Sue LeCroix at 422-2048.
- The Peer Partnership Resource Centre runs programs for persons with disabilities. The Centre desperately needs volunteers to tutor (lower grade levels up to GED), perform general office duties, answer telephones for the referral service, and just sit and chat and advocacy work with individuals. Call 453-0004.
- The Red Cross Blood Donor Clinic needs volunteers to help with registration, tele-recruiting, refreshment, and special projects, fund-raising and development. There may be a project

to suit your course work. Volunteers are also needed for data entry work on computers, salesperson for a boutique, and anyone who has in the past worked on Red Cross water safety or with youth groups in the past. Call Volunteer Resources at 423-9181.

- The Black Cultural Centre is a museum/library which protects and preserves Black culture in Nova Scotia. The Centre uses volunteers to do library work, conduct tours, events and activities. Call Wayne Adams or Henry Bishop at 434-6223.
- Dartmouth Literacy Network is looking for volunteers to teach people to read. Call 464-3444.
- Adsum House is a home for battered women. They need volunteers. Call Norma Tuttle at 429-4443.
- There is an orientation fair being held at the Dalhousie Student Union Building called "Downtown Dalhousie" at 12-4 p.m. on September 3. Societies at Dalhousie will be present to introduce their groups to students.

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SPORTS

Fitness is for all Dalhousie students

BY ROB CORKUM

For many people summer is the time of year when they are most physically active. With summer drawing to a close many students at Dalhousie turn their attention to other activities. For instance, moving into a new apartment, getting registered and into the classes they want and wondering what happened to all the money they were supposed to have made during their time off from school.

Here at Dalhousie there is no need to feel that the end of summer means the end of sports. Dal has some of the best Athletic teams, clubs and programs of any university in the country. Combine that with first class athletic facilities such as Dalplex and the Memorial Arena and there is no reason any Dal student should be any less active as the school year begins.

(Ed. note — hold on Rob, what about beer drinking?)

If you're are a person who really likes competition, and you feel up to the challenge, Dal has some outstanding varsity teams. Tryouts and practices for men's and women's soccer, as well as cross country

and track and field begin this Sunday, September 1.

Because of AUAA rules tryouts for other teams such as basketball, swimming, volleyball, as well as men's hockey are not allowed to begin until later on in September. If someone is interested in trying out for any of the varsity teams, a list of all the coaches names and phone numbers is available at Dalplex.

**Dal
students
can stay
active**

If you don't feel you are good enough, or don't have the time to devote to a varsity sport don't despair, Dalhousie offers one of the best university intramural programs in Canada. While most people were soaking up the summer sun, Campus Recreation Assistant, Jeff Sharpe, and others at Dalplex were working hard preparing what they promise to be another fantastic year of intramural activities.



This year there are intramural leagues in soccer, basketball, volleyball, hockey, and Dal's most popular intramural sport, broomball. Touch football has gone the way of varsity football at Dalhousie (read — the axe) because of dwindling interest.

It has, however, been replaced by a new sport that is sure to be a hit; coed innertube waterpolo. In most of the intramural sports there are different levels; A, B, and C,

depending on how competitive you want to be; as well as different leagues; residence and interfaculty.

If a group of people want to put together their own team they are encouraged to do so. Deadlines for entering a soccer team is September 12. For hockey, broomball and innertube waterpolo the deadline is September 19.

If tennis or softball is your game there are tournaments planned for the weekends in late September and early October.

On October 5 the first sports festival of the year, The President's Sports Festival, is planned. This is a day in which teams of eight to ten people (at least half must be female) participate in a number of sports and activities. As always it is guaranteed to be a good time and a great chance to meet other Dal students.

For more information on the intramural program, the tournaments or the Presidents Sports Festival, or if you are interested in entering a team, feel free to call Jeff Sharpe at Dalplex 494-2049. He will be glad to help you.

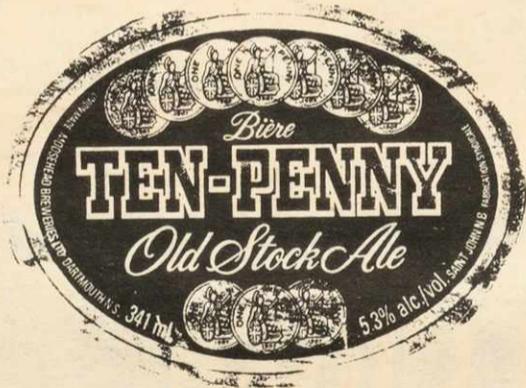
For those of you who just like to do their own thing and are not

interested in joining a team, there are a number of athletic clubs at Dal. Everything from fitness classes, dance lessons, squash club, to a scuba club is available. More information on clubs and lessons is available at the main desk at Dalplex, or check the bulletin boards around campus.

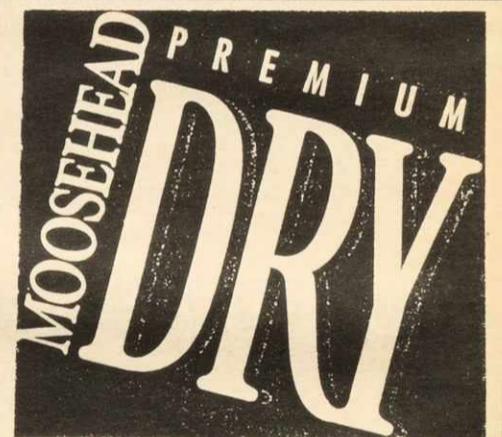
**"The first
sports
festival
of the
year
is planned"**

If you have not been to Dalplex, you owe it to yourself to check it out. There are weight rooms, fitness studios, tennis, squash, racketball, volleyball and badminton courts, an Olympic size swimming pool, basketball nets, an indoor track, as well as a lounge and cafeteria.

So get off your ass and get involved, you won't regret it.



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(That's, the same space in the next paper.)

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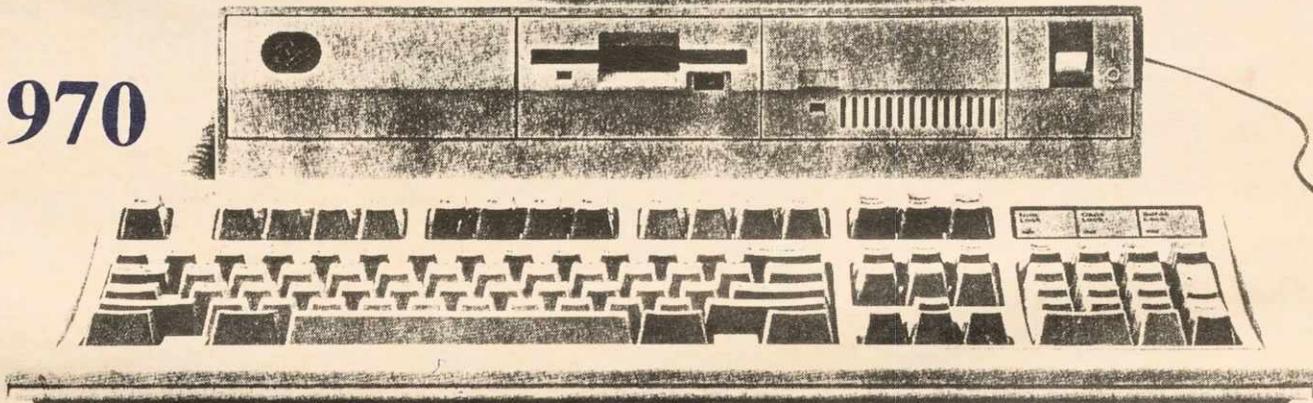
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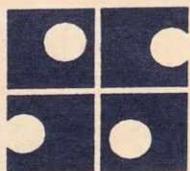
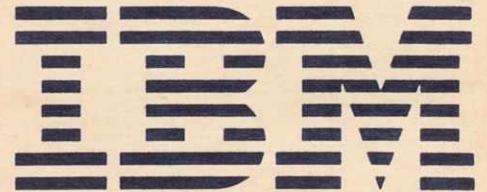
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