## The Iratincial Ateslenam

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| 3eligious Stiscellany. |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| " Lighten our Darkness," |  |  |  |  |  |  |
| Disperse from us the shades of night. The night is deep; where shall we go But to thy sunlight's blessed glow ? We grope, we grieve, are lost, are lone Oh: guide us to thy spotless throne The twilight of our being raise Unto thy starlight's hallowed gazeWhich takes our darkest shades away |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  | A Bishop's Righteous Indignation. |  |  |
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| Ligbten our darkness, Lord of Light Afar the day gleams on our eight; The distances lie distant still;We wait the moving of thy will The valleys where dim footateps go Which scunds from thy angelic choirs, To kicdle all our bigh desires ! Where tright enfolds us nevermer Where tight enfold tevermor |  |  |  |  |  |  |
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| Lighten our darkness, Lord of Light ! Guard thou our slumbers thrcugh the nitWatch o'er the world, where vur repose Is watched by friends and watched by foes Where gloom and brightness interblend, Till sleep and deathlike stilliness end. The spell this earthly slumber makes, For all the blackness of the night, Give us thy glory, Lord of Light ! |  |  |  |  |  |  |
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| Sitting Down with Jesus. BY REV. THEO. L. CUYLER. |  |  |  |  |  |  |
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| i.bbirg ing of ppirituat tereggth ond comfort, did |  |  |  |  |  |  |
| Jetas give his brad unto them. Hetein lie |  |  |  |  |  |  |
| supper: It is th |  |  |  |  |  |  |
| broken bcdy," which becomes to him the very bread of life. <br> But not only on one day of especial service |  |  |  |  |  |  |
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| mand the multitude to sit down." They do so,in long lines, upon the verdant grass. He takes |  |  |  |  |  |  |
|  | hee |  |  |  |  |  |
| the fivs loaves and two fishes out of the rustic lad's basket, and begins to distribute. The mea- |  |  |  |  |  |  |
| ger provisions grow, and grow, and grow; unt:1not only are all the thousands abundantly fed, but there is a surplus of broken food to fill |  |  |  |  |  |  |
|  |  |  |  |  |  | How to Get Slee |
| but there is a surpius of broken food to fill adczen baskets!There is something akin to this in our spiri- |  |  |  |  |  |  |
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| tues teperienes. We offen wory -like thediaciples-about the beet mean of feedigg our |  | The closet berst winest to the erraetreetot |  |  |  |  |
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| own souls, or of bringing the Goapel bread to <br> needy souls around us. We invent new methods; |  |  |  |  |  |  |
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| on it! Oat if congregations mould oniy atit nod <br>  |  |  |  |  |  |  |
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| berd, and pray orer it, and practioe it 1 litleabocers mould oniy aim more to keep thatr |  |  |  |  |  |  |
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| classes sitting quietly at the feet of Jesus, to take in bis truth and to think about it! And if al of us would only make more of our seasons of |  |  |  |  |  |  |
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| 为 |  |  | could venture out tater dark. The King of No. |  |  |  |
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| plenish their we before they are able to make the iapeta the |  |  |  |  |  |  |
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| by sitting down often with Jesus to meditate, to | A C |  |  |  |  |  |
|  |  |  |  | letters of the alp well, don't you? |  | (thoroughy orerome. Noor 1 am quita eri- |
| retirement. His disciples spent many an hour in quiet converse with him on the lake-side or un- |  |  |  |  |  |  |
|  | e |  |  |  |  |  |
| der the olive-trees, listening to his voice and drinking in the inspirations of his presence and |  |  |  |  |  |  |
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|  | Mo |  | you from the Scripure, and the father, ond to |  |  |  |
| ally saying, "If ye abide in Me, and I sbide in yon, se shall bear much fruit." |  |  |  |  |  | bility of a reel invid. The mott diflut ous |
| II. Ia the eecoond place, let us remember that |  |  |  |  |  |  |
| in order to be instructed we must sit down much with Jesus. The transcendent truth of the new |  | Not Seeking to be "Ediifed." |  |  |  |  |
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| birth was revealed to Nicodemus when he sat as an irquirer at the Saviour's feet. The woman |  |  |  |  |  |  |
| of Sychar found the "well" of antration ools by wationg to be taught by the Great Teacher When obe went only to fill her " raterpot," and |  |  |  |  |  |  |
|  |  |  |  |  |  | Domestic Happiness. <br> While travelling a few sears since, I was da- |
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| and converted heart. <br> Is every church there are Marthas who are |  |  |  |  |  |  |
| intensely busy in religious activities, and who |  |  |  |  |  |  |
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| setivity. There must be a Mary-side of charachave ; and the moat aealows canverse with God, or else he will become noisy superficial, and shallow. Like Mary, he must sit down with Jeans, and gain deep views of his soul, he must come often to the fountain-head of |  |  |  |  |  |  |
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