

GOOD COMMON SENSE

There is a great deal of undeveloped wisdom in a woman's little head. She does not like to be scolded—she will not endure sarcastic "hits." If the newspapers, or her husband, tell her to do one thing, she will be pretty certain to go and do the

next dress made six inches longer—just to see how it seems! Mention that it is a ridiculous freak of fashion to load the dress with gilt ornaments; and she will come out the next day as if a brass-manufacturer had shaken his shop over her! So much

"Why don't you take more out-door exercise?" we asked of a head-achy friend, two or three winters ago.

l at us in perfect surprise. The idea of
aring to venture out in snow and sleet and
ain—to risk the perils of wet pavements
and muddy crossings and mire besplashed
irts—seemed totally absurd. And so it
as, we believe, with some ladies.
Now there is a wet day and winter uni-

rets and streaming gutters. All hail to the triumphant reign of Balmoral skirts and sick-soled boots! Does a woman ever look prettier than in this piquant and brilliant costume! She is as independent as a man

Let it rain—she don't care! Let the omnibus-wheels throw up whirlpools of liquid mud as she passes—what does it matter to her? Not the worth of a crooked pin?

Sometimes the dresses are looped gracefully up above the bright-hued Balmorals—sometimes confined by patent contrivances—and occasionally, on desperate rainy days, we have been struck with a conviction that the dress skirt was folded up at home—and

After all, what's the harm? Is not this an embodiment of "good common sense"? Are we not to hope for a new era in the age of fashion when the ladies consult health and comfort and durability in their dress? Don't let anybody say a word in our hearing against woman's wisdom for a

be called to a summary account!

INFLUENCE OF ALCOHOL UPON ALBUMEN.

The effect of alcohol upon albumen is the same as excess of heat—it coagulates it.

is may be at any time seen by mingling it with the white of an egg. This is one of the modes of action by which alcohol destroys life when taken in excessive quantity, or in a concentrated form. I quote the highest and most recent chemical authority on this point [Regnault's Chemistry]:

on the animal economy, and will produce death, when taken in large quantities. Injected into the veins, it produces almost sudden death, *by coagulating the albumen of the blood!*"

...this affords us no warrant for assuming that the lesser quantity is neutral or inactive. It enters the blood, and circulates through the system as alcohol, retaining all its properties and powers—and just to that extent in which it is present, it must exert an un-

It must tend to harden and solidify it, and, therefore, powerfully operate to impede its vital transformation into fibrin, an essential step in the nutritive process.

remains in a fluid state, or is very imperfectly coagulated. The fibrin continues in the fluid condition, precisely as when an animal has been killed by lightning or suffocated with carbonic acid.—*Younmans' Alcohol and the Const. of Man.*

THE HUMAN FIGURE.—The proportions of the human figure are strictly mathematical. The whole figure is six times the length of the foot. Whether the form be slender or plump, this rule is good. Any deviation from it is a departure from the highest beauty of proportion. The Greeks

The face, from the highest point on the forehead, where the hair begins, to the chin, is one tenth of the whole statue. The hand, from the wrist to the middle finger, is the same. The chest is one fourth; and from the nipple to the top of the head is the same. From the top of the chest to the

the length of the face, from the roots of the hair to the chin, be divided into three equal parts, the first division determines the place where the eyebrows meet, and the second the place of the nostrils. The navel is the central part of the human body, and a man should lie on his back with his

which might be described around him, with the navel for its center, would touch the extremities of his hands and feet. The height from the feet to the top of the head is the same as the distance from the extremity of the fingers when the arms are extended.—

A dark, textured surface, possibly a book cover or endpaper, with a horizontal line and a small dark spot.

