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MONTREAL
Homœopathic Record

DEVOTED TO THE INTERESTS OF HOMŒOPATHY AND OF THE MONTREAL
HOMŒOPATHIC HOSPITAL.

VOL. VIII. No. 11.

MONTREAL, FEBRUARY, 1903.

25 cts. A YEAR.

Montreal Homœopathic Record

— PUBLISHED MONTHLY —

By the Montreal Homœopathic Hospital.

Communications relating to business and subscriptions to be sent to the Business Manager, care Sterling Publishing Co., 42 Lorne Avenue.

Manuscripts, news items, etc., should be addressed to J. A. D. PATTON, M.D., Editor Record, 58 Crescent Street.

IMPROVEMENTS.

The repainting of the interior of the hospital is now under way, and good progress is being made under the circumstances. Owing to the disinclination of the management to undertake the work without some assurance of funds being forthcoming to meet the expenditure, it was delayed until the present winter season, when the increase of patients, and the lack of airing facilities, make it more difficult to prosecute. However, we hope, with the aid of our friends, to have this necessary improvement completed ere long.

The painting has brought in its train the necessity for other changes, which we have long had in mind, and have had to defer the execution thereof for the same reason that delayed it. Among others, is the aging away with the present light shaft, by the extension of the floors through which it passes. By so doing we can enlarge our two diet kitchens to a reasonable size and increase our dispensary room. The cost of this improvement could be met by an expenditure of about \$150, exclusive of the fitting up of the new

kitchens, as they should be in a model hospital; this would probably take \$100 more. If you could see three nurses trying to work in the present cramped kitchen quarters you would realize how much we need the money to make this alteration and improvement.

Another improvement, most necessary, is additional room in connection with the operating theatre, for purposes of preparation for surgical operations. This could be obtained by the extension of the gallery on the third floor out to the Burnside street line, and the conversion of the present gallery into an annex to the operating room, where the necessary apparatus for sterilization of dressings, the preparation of patients, and surgeons, would not infringe upon the operating room proper. The cost of this improvement would be in the neighborhood of \$200, and the advantage gained would be worth more than double the expenditure.

Another imperatively necessary improvement is the provision of better accommodation for our nurses and domestic help. Of this we have spoken before. The only feasible solution of this difficulty lies in the purchase of the house adjoining the Maternity Annex, and converting it into a nurses' home. This would entail an expenditure of \$5,000 to \$6,000, and possibly half this amount in ready cash. There is probably no better way of helping our hospital, and increasing its efficiency than this founding of a home for our nurses, and certainly no grander monument to the donors' generosity to our school and hospital.

Among other improvements contemplated, and necessary, appears the providing of a modern and up-to-date system of fire escapes. We are fortunate in the situation and arrangement of our institution in this regard, but no means should be overlooked, or left unprovided for, which would secure absolute safety in case of need, and no cost should be counted too great to secure this end.

In connection with this matter comes up the question of a modern elevator, which could be secured against being a means of danger in case of fire. The present apparatus was put in to serve temporarily, and more as convenience for the handling of heavy packages, etc., and is not large enough for general hospital purposes.

We have herein outlined some of the improvements the management would like to see inaugurated, and trust that through the generosity of the friends of our hospital, we may be enabled to have them fully completed in the near future.

WHOOPIING-COUGH.

In a discussion in the French Homœopathic Society concerning whooping-cough it was stated that there were other medicines useful besides *Coccus cacti*, *Uina* and *Cuprum*, as, e. g., *Naphthalium* in the third trituration and *Passiflora*, in the form of the tincture, in the nocturnal attacks of cough.

Myrtus communis, indicated by pains under the collar-bone.

Veratrum, indicated by attacks accompanied with cyanosis without convulsive motions.

Corallium rubrum, recommended by *Teste* and indicated in the beginning of the illness, when there is a suffocating attack before the cough and exhaustion afterwards, with aggravation in the morning.

Belladonna in attacks of cough preceded by an aura in the epigastrium.

Conium is useful in nocturnal whooping-

cough with scrofulous children.

Ignatia has similar indications with *Veratrum*.

In *Drosera* it is necessary to give the 6 D. and not the tincture, as this causes noteworthy aggravations. The effects of *Drosera* are of short duration and does not now deserve the confidence placed in it by Hahnemann. He used to give five pellets of *Drosera* 6 C., followed by *placubo*.—*Revue Hom. Français*.

WARTS.

Respecting the well-known action of *Calcarea carb.* in curing warts on the hands, I have had some experience. I think it must be thirty years ago that I had a moderately large wart, a little larger than a pea, on the index finger of my left hand between the first and second joints. I was told to burn it with Nitric acid fort. I did constantly, but still it came again; then the same person advised that I should stick pins all round the base of the wart, and make each pin red hot in a flame, so as to produce a blister underneath. This effectually removed the wart; in a few days it fell off, leaving a new skin, but, unfortunately, it immediately began to grow again. I repeated the process when it had become large, with the same result; and every time it was larger and longer, until it took up quite half the space between the two joints forming a ridge. Then I took the matter up seriously myself. I decided to take *Calc. carb.* 30. In less than two weeks the whole thing was gone. I have never had a wart since.

Some years after this a man came to me with warts on the back of his right hand. I counted eighty of the largest warts (except my own) that I had ever seen; the number of small ones it was impossible to count—the back of the hand and fingers were completely covered. I gave him *Calc. carb.*, also 30th. In a week all the large warts had turned black and shrunk, showing a red rim around each at the base; within a fortnight they had all fallen off. His hand was perfectly free from any trace of warts.—*Alfred Heath* in *American Homœopathist*.

And if this fails try *Ferrum picricum* 2x trituration, the remarkable action of which over large crops of warts or corns was discovered some years ago by Dr. Robert T. Cooper, of London.—*Homœopathic Envoy*.

YOU ARE AS YOUNG AS YOU FEEL

People grow old by thinking themselves old. When they reach the age of forty, fifty or sixty, they imagine that they look like others of the same age, and that they soon will be useless, unfit for work, and unable to perform their wonted duties. Assuredly as they think this, it will come true, for thought is creative. How many of us can say, with Job, "The thing which I greatly feared is come upon me."

The time will come when children will not be allowed to celebrate their birthdays; when they will know that, by thinking themselves young, they will remain young and that they will cease to grow old when they cease to believe in old age. The body is built up of beliefs, and our convictions are stamped upon every fibre of our beings. What we believe, what we think, that we are; so people who remain young in spirit never grow old.

Not one of a hundred students, of whom the writer was one, under Oliver Wendell Holmes, at Harvard, ever thought of him as an old man, although he had then passed his eightieth birthday. His spirit was so young, and he was so buoyant, so fresh and full of life, that we always thought of him as one of ourselves. His vivacity and joyousness were contagious. You could not be in his presence five minutes without feeling brighter and better for it. The genial doctor never practised medicine, yet he did more to relieve human suffering than many practising physicians. His presence was a tonic; it was a perpetual delight to be near him.—"Success"

The Bolnitchinaia Gazette Botkina tells of a peculiar "gastronomic" apparatus unearthed by the police in one of the Moscow restaurants. The machine is supplied with a large pipe into which all the remnants from the tables are thrown, and by turning a crank converted into cutlets, pastry and other tempting dishes. There is evidently some ground for the popular notion that dogs are converted into sausages by the aid of special machines.

HEADACHE.

The Bryonia headache is chiefly gastric, rarely neuralgic. It is characterized by vertigo, worse rising, heaviness, pressure and soreness. The headaches are often occipital, going from the forehead back to the occiput, differing here in direction from a large number of remedies whose headaches commence in the occiput and move forward. Headache commencing in the morning when first opening the eyes. The headaches are all aggravated by any motion, even of the eyeballs, and by any exertion. Rheumatic headache, such as would result from bathing the head after perspiring; in such cases opening the eyelids increases the pain. There is drawing in the bones towards the zygoma and tearing pains down the face, temples, neck and arms. The ache is also characterized as "splitting," and it is somewhat ameliorated by pressure, but not by heat. Headache from exertion in a warm room, as from ironing. After the headache has lasted for a time the scalp becomes sensitive to the touch. As a rule, light and noise do not aggravate, as under Belladonna.

Gelsemium has a headache, with soreness of the eyes on moving them.

Spigelia has pains darting from behind forward through the left eyeball.

Silicea has pain coming up from the nape of the neck through the occiput and over the vertex, and so down on the forehead.

Carbo vegetabilis has dull heavy pains extending through the base of the brain from the occiput to the supra orbital region.

Natrum muriaticum has a headache, as from little hammers, worse moving head and eyes.

Petroleum has a throbbing occipital headache.

Juglans cathartica has an occipital headache, with sharp pains.

Remember that all the Bryonia head symptoms are worse from motion and exertion.

On the external head Bryonia develops an oily, greasy perspiration, making the hair oily; sometimes it has a sour smell from over-activity of the sebaceous glands.—Medical Century.

In several islands in the Pacific, where almost every one who can afford it is tattooed, the reason given is that by so doing they have a much better chance for getting safely into the other world.

THE FAIR DOCTOR

The Woman's Medical College of Pennsylvania (1850) was the first woman's medical college, the first to admit women to professional education, and the first to recognize the equality of women with men in the scientific study of medicine, says the Philadelphia Press. The New York Women's Medical College, of late wisely converted into a field for special laboratory work was not open by Dr. Blackwell until 1853.

The University in Paris opened its door to the medical examination of women in 1868. The London School of Medicine for Women, whose new buildings in 1898 were opened by the Prince of Wales, and of which Huxley said that its examinations showed "that there are hundreds of women who have the capacity and power to do the work of medical practitioners just as well as it has been done by the great majority of their brothers," was not open until about twenty-seven years ago. The first woman took her degree in medicine, at St. Petersburg in 1869, and a Medical College for Women was established in 1887. Senorita Martina Cassells y Bellaspy at about the same time at Madrid was the first Spanish woman to take a degree in medicine, and in 1896 Queen Marie Amelie took her degree in Portugal. Madras opened its medical school to women in 1875. In 1893 the Scottish Association for the Medical Education of Women for the first time secured admission for women to the Royal Infirmary at Edinburg, where the medical students of the university receive most of their clinical instruction, and while St. Andrew's was giving women degrees, as did Dublin, Edinburg refused them. The London College of Physicians as late as 1895 still refused women admission to its examination, though Oxford opened its medical examinations in 1890 to women. In this country the fight may be deemed won when in the same year John Hopkins, beyond question the most exacting, best equipped, and most advanced medical school in the country, admitted women. —Medical Times.

Never employ plaster-of-paris bandages in the treatment of fractures of the limbs in children.

HINTS.

Nux vomica is the great anti-alcoholic remedy for the headache, the nervousness and other ills following excess.

Tincture doses of *Urtica urens*, five or ten drops, is very potent against uric acid in the system.

A sensation of dust in the throat that causes the most disagreeable fits of coughing may be relieved by Ammonium carb.

Take Sulphur immediately after being vaccinated, as it wards off some of the evil effects of that unhealthy practice.

Tightness of chest with hoarseness or cough, Phosphorus.

Sour flatulence, Rheum.

Eczema in general Rhus; dry eczema, Alumina; bakers' or grocers' itch, Bovista; eczema of scalp, Oleander; palms, Graphites; on chin, Cicuta vir.

Dull headache from torpid liver, Lep-tandra O pellets.

Flatulent dyspepsia, where everything turns to wind, Nux moschata.

Extreme dryness of the hair is a marked symptom, Kali carb.

Heartburn with acidity, Calc. carb.

An occasional dose of Hepar Sulph. is good for unhealthy skin.

Pure olive oil is said to be an excellent food-remedy for the sufferers from neuralgia, nervousness and anaemia. The oil is very nutritious, though not every one likes the taste of it at first. If you cannot take the pure, a teaspoonful at a meal is about right; dip your bread in it. The oil is as excellent for those in health as for the afflicted. Be careful, however, to get a pure article, for much of it is adulterated with cotton-seed oil, sesame or other cheap vegetable oils. These, though harmless, do not give the good results obtaining from the use of pure olive oil.—Homoeopathic Envoy.



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DONATIONS IN JANUARY.

The Lady Superintendent acknowledges with thanks the following:

A Friend—Glass jar for operating room.

Miss M. Robertson—Six tray cloths.
 Woman's Auxiliary—Six yards canton flannel, two rolls sheeting, six yards towelling, twelve bath towels, twelve doylies, twelve tray cloths, three pieces muslin, seven rugs, twelve bowls, one dozen tumblers, three sink strainers, eight strainers, two potato mashers, two corkscrews, six teaspoons, two sugar bowls, six cream jugs, four teapots, six porridge bowls, twelve sauce dishes, six cups, six saucers, one milk jug, two dish pans.

SUBSCRIPTIONS AND CASH DONATIONS IN JANUARY.

The hospital treasurer acknowledges with thanks the following:

Inspector Street Mission S.S.....	\$10
J. A. Gillespie, Esq. (painting fund)	10
*F. E. Grafton & Sons (discount on account)	180
	\$200

*Represents the firm's annual subscription of \$20, accumulated.

Professor Zimmer, of Berlin, has been investigating the causes of insanity

Never give purgatives to children who have swallowed foreign bodies, for the reason that it is better that these should travel in company with fecal masses than by themselves.

In the island of Porto Rico a general vaccination (\$60,000) was completed on June 20, 1899. Since then, the island has recorded just three deaths from smallpox in two years. The average for ten years previous was 629.

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PHILLIPS TRAINING SCHOOL NOTES.

Nurse Harding is still at St. Albans, Vt., on private duty.

Nurse Fleet, who has been off duty, sick for some days, has gone home to recuperate.

Misses Luckwell and Ahern, who entered the Training School last month on probation, decided that the profession is too laborious, and have sought some less fatiguing way of spending the next three years.

Nurse Trench, the last of the '02 class to complete her three years' term, finished her course on the 12th inst. Miss Trench will take up private nursing in the city. Her telephone number is East 643.

Miss Stroud, a former nurse in training, emphasized her retirement from the school by entering the matrimonial state.

Miss McLeay, having completed her probationary course, has been capped, and is now a full fledged nurse in training.

Miss Therrien, of Sherbrooke, Que., has entered the Training School as a probationer.

Since the opening of the Phillips Training School, between 60 and 70 young ladies have been entered on the books as probationers. Of these 13 are at present on the roll as nurses in training; 22 have finished the course and graduated. Of the graduates five have married and retired from professional nursing; two of them are dead, and ten are at present on the register as being engaged in active nursing in this city. Of the absent ones, two are taking post graduate courses; one is with a patient in California; one is superintendent of the Berlin, Ont., Hospital; one is in Barbados, W.I., and one in Ottawa. Among the married is one living in Washington, U.S.; one in Iowa, U.S., and one in Scotland. Three names are temporarily off the register owing to absence from the city, which brings our total available graduated nursing staff up to 13, added to which number are the hospital spare nurses, making about 15 trained homoeopathic nurses.

The medical laws of Australia, passed in 1901, admit to practice physicians who have taken a five-year course in medicine before taking a degree. This debars from practice there all graduates of American medical schools.

HOSPITAL NOTES.

THE PAST MONTH was a very busy one at the hospital.

HAVE YOU been around to see how the new painting looks?

THE PAINTING is getting along very rapidly, moving faster than the subscriptions to the painting fund.

A SMALL FIRE broke out in the basement of the hospital last month. The damage was confined to the porter's room, and was mostly from smoke and water.

OWING TO the danger from over near gas jets, new tin protectors have been placed throughout.

A CHANGE has been made in the housekeeper's department, necessitated by Miss Hodgson's resignation.

AMONG THE hospital wants this month you will notice "window-shades." The painting made this want unpleasantly apparent.

WE NEED two new porcelain-lined sinks for the diet kitchens. Can you help us to get them?

THE FIRE last month emphasized the need of doing away with the light shaft and closing in the elevator.

A MEETING of the directors of the College of Homœopathics and Physicians and Surgeons was held last month, at which it was decided to donate \$100 towards the hospital painting fund. This was augmented by private subscriptions.

WE WANT a first-class steam sterilizer for the thorough preparation of surgical dressings, surgeon's gowns, surgical towels, etc. Don't you want to help us to get one, so we may keep in the front rank of small hospitals?

SEND ALONG your subscription to the painting fund right now. The painter is using up money about as fast as paint.

BY THE WAY, don't forget that little subscription to the RECORD. It is a small amount, and easily overlooked, but enough of them would make us millionaires: get all your friends to subscribe.

THE REGULAR monthly meeting of the Committee of Management was held Jan. 12th. After reading of minutes of previous meeting and transaction of routine business, the question of repainting the hospital was taken up. A letter was read from the Woman's Auxiliary, offering \$200 towards

this object, provided the balance of the money was raised. It was finally resolved to leave the matter in the hands of a sub-committee, with full power to act, as soon as possible, after learning whether a subscription of \$200 could be obtained from the College of Homœopathic Physicians and Surgeons. The question of increase in salaries of secretary and accountant was discussed, and it was decided as a measure of economy, to decrease expenditure in that direction. The president was requested to inquire into, and with a sub-committee, make satisfactory arrangements for, the leasing of the house adjoining the Maternity Annex, with the option of purchase should occasion arise. The question of systematized collections, with paid or volunteer collections, was left over to be decided at next meeting. It was thought best to inaugurate a personal acknowledgment system in future, for all donations, in addition to having them published in the Record. President Hagar kindly volunteered to see to the arrangement therefor. The next regular meeting will be held Feb. 23rd, and in future the regular meetings will be on the fourth Monday of each month, so as to give opportunity for presentation of full monthly reports, etc.

Since the above meeting was held, the contract for the painting was let to the Fletcher Decorating Co., and the work commenced. The sub-committee were unable to lease the house adjoining the Maternity Annex, but was successful in getting the owner to insert an optional clause calling for cancellation in case the property should be sold, thus enabling the hospital to purchase, when the necessary funds are forthcoming.

A MEETING of the directors of the Montreal Homœopathic Association was held Feb. 2nd, for the election of officers, and general routine business. The question of the right of homœopathic physicians to attend private patients in the new civic contagious hospital was discussed, and the secretary was instructed to write to the management of the three English hospitals requesting permission to attend patients in the private wards, when so desired, by those suffering from contagious diseases.

Progress was reported on the preparation of the annual report, which will be embellished with half-tone pictures of various portions of the hospital. It was determined to put forth greater exertions to increase the membership of the Association, and to revive the interest in its workings.

The election of officers resulted in the re-election of Mr. F. E. Grafton as president, and Mr. J. A. Mathewson as vice-president. Mr. E. G. O'Connor, having declined to again accept the treasurership, it was decided to combine the office with that of the secretary, and Dr. H. M. Patton was elected secretary and treasurer. A full list of the members of the Association will be made out, and efforts will be made to clear up arrearages of dues, and generally elucidate the financial condition of the Association.

HOSPITAL REPORT FOR JANUARY.

Number of patients in hospital January 1	21
Admitted—	
Private patients	19
Semi-private patients	8
Public patients	10
Maternity	3
	<hr/>
	61

Discharged—	
Private patients	19
Semi-private patients	10
Public patients	11
Maternity	5
	<hr/>
	45

Died	3
Operations	3
Number of days private nursing, outside	42
Number of days private nursing in hospital	7
Remaining in hospital February 1..	15

FINANCIAL REPORT OF WOMAN'S AUXILIARY FROM DEC. 17 TO JAN. 21, 1903.

Receipts—

Additional from bazaar.....	\$24 00
Donations and subscriptions....	40 00
Ticket money	9 50
Fees—Mrs. Ames \$2; Miss MacCulloch \$2	4 00
Interest to December 31, 1902.....	16 53
	<hr/>
	\$94 33

Disbursements—

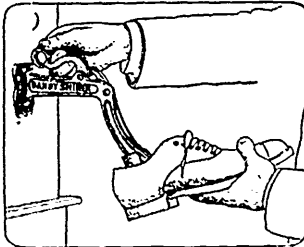
December, 1902.	
Hodgson, Sumner & Co.....	\$5 69
Mrs. J. T. Hagar (purchases)....	25 00
Mrs. J. T. Hagar (returned on account of error at bazaar)....	13 50
Henry Morgan & Co.....	3 75
Haycock & Dudgeon.....	29 93
January, 1903.	
Hodgson, Sumner & Co.....	3 55
Haycock & Dudgeon.....	25 49
	<hr/>
	\$106 91

It is stated that one-fifth of all the boys who apply for admission to the United States Naval Academy are rejected on account of irregularity of the heart's action, and this, the surgeons claim, is caused almost universally by smoking cigarettes.

HOSPITAL WANTS.

- A new microscope.
- A steam sterilizer.
- Green window shades (throughout the house).
- Barrel of chip soap.
- A new elevator.
- Starch.
- Washing soda.
- Soap.
- Barrel of apples.
- Barrel of sugar.
- Money for painting fund.

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LEMONS.

I became acquainted with the great value of the lemon in California, where it is used for nearly everything, and as I am never averse to picking up good ideas, I have adopted some of the "old-woman's remedies." Sucking a lemon will very often settle a sour stomach or one that refuses all food. I was poisoned by eating chile-con-carne containing tainted meat, and for days could retain nothing on my stomach until I took lemon juice. This will in some cases stop the vomiting of pregnancy.

A lemon applied to a felon will often abort it. Cut off one end of the lemon and stick in the finger, leaving it twelve hours. Lemon juice is an excellent application for sunburn. I have applied lemon juice with excellent results in follicular tonsillitis. With lemon juice I cured rhus poison that had resisted treatment. It is an excellent remedy for eczema of the legs in fleshy cases with bad circulation. Apply the juice twice a day. In fevers, weak lemonade is often better than water as a drink.—Dr. C. E. Henry, in Alkaloidal Clinic.

Eupatorium, or the common boneset, the Medical Summary says, is a very excellent remedy in intractable hic-cough, curing when all other remedies have failed.

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