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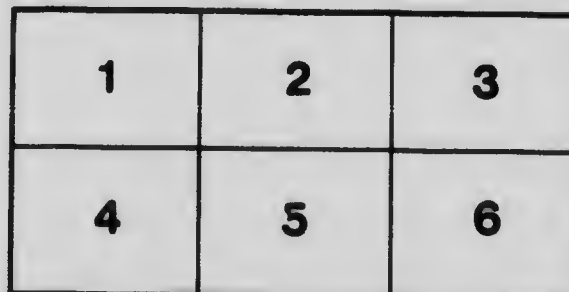
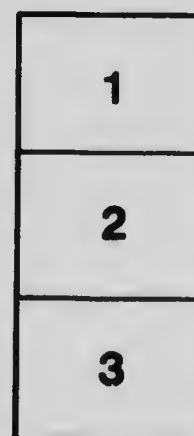
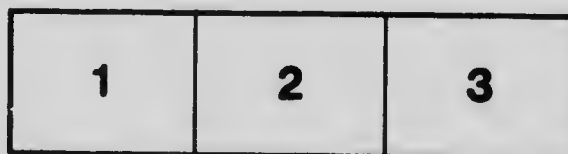
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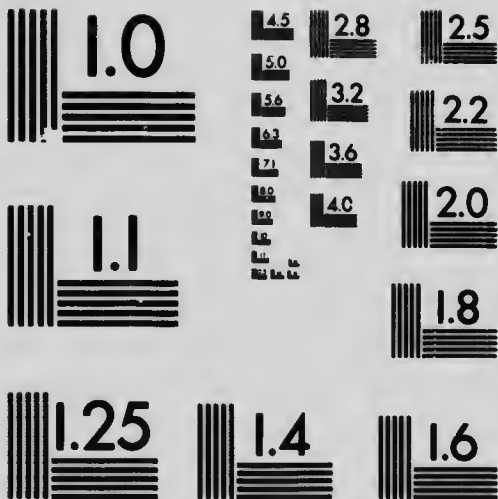
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OUR ONLY HOPE.

A FEW EARNEST WORDS
ADDRESSED TO THOSE WHO HAVE BEEN

CONFIDED,

*TOGETHER WITH CERTAIN GOOD AND
USEFUL HELPS TOWARDS*

Public Worship and Private Prayer.

BY THE RIGHT REV.
ANDREW HUNTER DUNN, D.D.,
BISHOP OF QUEBEC.

SEVENTEENTH THOUSAND. REVISED EDITION.

LONDON:
Society for Promoting Christian Knowledge,
NORTHUMBERLAND AVENUE, W.C.

1907.

(PUBLISHED UNDER THE DIRECTION OF THE
TRACT COMMITTEE.)

PRESENTED TO

WITH BEST WISHES

AT

ON

BY

+ A. W. S. Webb

P R E F A C E.

IT is a holy joy to me to know that I have been permitted to present nearly ten thousand copies of "Our Only Hope" to those, whom during the last fifteen years I have been called upon to confirm. In this new edition I have made no change.

In addition to its other uses I would suggest that at the Holy Communion the Service should be followed as it is given in this Book, because it affords just those helps, which a long experience has proved to me we all need.

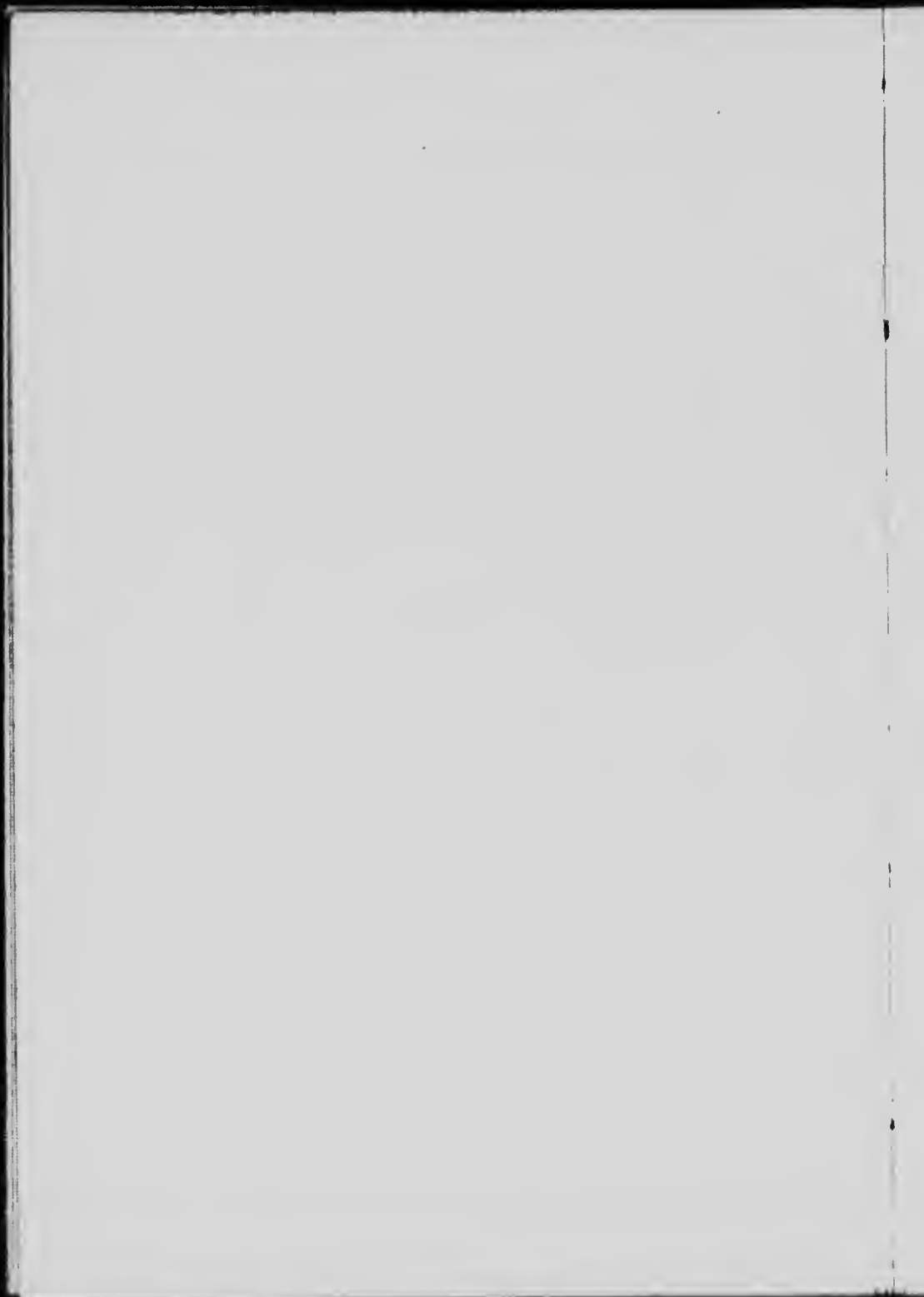
I am deeply aware that I owe acknowledgments for many things in this little work to different friends, whom I cannot name, but I must mention the late Reverend Canon Maclear, D.D., who long ago helped me as a friend by several most valuable suggestions, also the late Reverend Canon Bright, D.D., for the use of his noble Eucharistic Hymn, and the Very Reverend Dean Ridgeway, D.D., for much of the Chapter on Preparation for the Holy Communion. I can only hope and pray that the Book as a whole will continue to be found really helpful, and if this is so, I shall be indeed repaid.

A. H. Q.

June, 1907.

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OUR ONLY HOPE.

I.—Author's Address.

MY DEAR FRIEND,

There is no need to tell you, now that you have been fully instructed, and have also received the sevenfold gifts of the Holy Ghost in the Sacred Rite of Confirmation, that our only Hope is our dear Lord and Saviour Jesus Christ. It is to Him that you must look, and in Him that you must put your trust: and this you must do in such a way, that you gladly adopt and follow all that He has set forth, and all that He has commanded.

To this end, therefore, I entreat of you to read some small portion of your Bible every day, with a view to seeing exactly what your Saviour would have you to be and to do; so that, by God's

help, you may learn to follow Him in all things.

Yes! the life of Jesus is to be your pattern in its truth and purity, in its love and self-sacrifice. And, in order to this, you must, above all things, make a constant use of those means of grace, to which your Blessed Saviour calls you, so that you may become more and more filled with His Holy Spirit, and may thus be able to overcome all temptations, and to walk worthy of the vocation wherewith you are called.

Be very careful, for instance, to offer every morning and evening your daily prayers; and, in case you do not know what to say, you will find some help at the close of this Address.

Be very regular also in going to Church whenever you have the opportunity. Remember that you go to Church in order to meet your Saviour, and that, if we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. By going to Church, moreover, you are a witness for the great Master,

and by your example you lead others to join in our united praise to the honour and glory of God.

And, above all, my dear friend, I would have you bear in mind, that it is now your highest privilege, as well as your most bounden duty, every month, or every fortnight, or every week, if you can, to obey your dear Saviour's dying command, and, by partaking of the consecrated Bread and Wine, to feed upon the precious Body and Blood of Christ.

Nay more, in this holy Feast you must learn to worship and adore your dear Lord, who is not only the Victim, but also the Priest, and who actually comes in every Communion to give His Body for the Feast.

And with this adoration and praise of the Blessed Saviour, you have also to assist in presenting and pleading His wondrous Sacrifice. You have, that is, to bring before our Heavenly Father the one acceptable Offering, pleading the Great Saviour's infinite merits, and seeking for yourself and for all around you health and pardon, deliverance

and peace. And, in order that you may come aright, you must take care you are sorry for what has been wrong and neglectful in the past, while you steadfastly determine to do better for the future. Yes, in this spirit of true repentance you should come, casting yourself upon Christ, and Christ alone, for pardon and help; and thus you will put off more and more the old man with his deeds, and you will put on more and more the new Man, the second Adam, the Lord from Heaven. Yea! you will drink more and more deeply of the Water of Life, and you will become more and more a partaker of the Divine Nature, and so you will grow in grace and in the knowledge of our Lord and Saviour, Jesus Christ. Oh! then, my dear friend, let nothing induce you to give up this wondrous, blessed, powerful means of grace. Remember, especially, that we never can be fit or worthy to come, but if we come to please our King, we come worthily and fitly, and receive great help in fighting the battle of the Lord. And if ever you find yourself tempted

for any reason to fall back, then take some opportunity of speaking to your Clergyman, so that he may help you to hold fast that which is good, and to continue steadfast unto your life's end.

At the end of this Address, besides the private prayers, etc., of which I spoke, you will find a short and simple method of preparation and thanksgiving, which you may use before and after you come to the Holy Communion, and, if at the Service itself you will use Chapter VII. of this little Book, following the Prayers, etc., it will be of great assistance to you. Try and learn, my dear friend, to use these humble helps, and, in so doing, often ask the Holy Spirit of grace to enable you to prosper and to persevere, until at length you shall be called beyond the veil and shall be permitted still to grow, till we all come, in the unity of the faith and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fulness of Christ.

Earnestly trusting that you will now

and then read this Address, and that
you will take care to use the aids which
you will find in the later chapters of
this little Book,

Believe me, my dear friend, *

Yours very sincerely
and affectionately,

A. H. QUEBEC.

II.—Prayers for Private use.

NOTE.—*It is not intended to press the use of these or any other Forms of Prayer, but only to indicate what our Prayers for the several occasions mentioned may well be.*

A MORNING PRAYER.

Almighty God, and Heavenly Father, I most humbly thank Thee for the rest and safety of the night past, and I beseech Thee to forgive me all the sins that I have committed in the past. I bless Thee, O God, for Thy constant goodness to me, though I deserve not the least of all Thy mercies. And now, by Thy grace, I devote myself, my soul and body to Thy service, for I desire to serve Thee faithfully this day. In all trials and temptations preserve me; from all sinful actions, all hasty words, all evil tempers, all wicked thoughts, and from the power of Satan, do Thou keep me. Give me a penitent and patient spirit.

Give me grace to be honest and truthful, gentle and obedient, diligent and persevering; to submit myself reverently to all who are placed over me, and to do my duty humbly. Give me a perfect hatred of sin, and help me to be faithful to all my solemn promises, through Jesus Christ our Lord. Amen.

O most merciful God, bless, I beseech Thee, my relations, friends, and neighbours [*here mention any by name*]; keep them from danger and especially from sin. Bless those who minister to my good [*here mention, among others, the Clergyman under whose ministry you are placed*], and reward them for their care of me. Assist all who are suffering, tempted or destitute. Convert all sinners and enlighten the ignorant, through Jesus Christ our Lord. Amen.

O most merciful God, into Thy hands I commend myself and all for whom I ought to pray, through Jesus Christ, my only Lord and Saviour. Amen.

Our Father, etc.

The Grace of our Lord Jesus Christ, etc.

AN EVENING PRAYER.

¶ *After having examined yourself and humbly asked forgiveness (see Chapter IV.), say, devoutly kneeling.*

O Almighty God, I praise and bless Thee for all Thy goodness to me, for giving me this day food to eat, clothing to put on, shelter for my head—above all, for Thy grace and mercy, through our only Lord and Saviour, Jesus Christ. Amen.

O Lord, my God, give me a grateful heart, and convert my soul more and more unto Thee. Create in me a right spirit, that I may henceforth, with a loving, earnest heart, do what is pleasing to Thee; and grant that as I have been baptized into Thy most sacred Name, to be made a living member of Thy Holy Church, so I may now daily live according to that beginning, by leaving off all evil ways, and believing all Thy truth, and obeying all Thy will, through Jesus Christ our Lord. Amen.

Defend, O Lord, me Thy servant with Thy heavenly grace, that I may continue Thine for ever, and daily

increase in Thy Holy Spirit more and more till I come to Thine Everlasting Kingdom. Amen.

O Thou, without whom I can do nothing, forgive me and help me to overcome the sin which doth most easily beset me. Keep me faithful to all my resolutions; in the midst of trial and temptation strengthen me, and bring every thought into humble obedience to Thyself, through Jesus Christ our Lord. Amen.

O Heavenly Father, I now commit myself and all dear to me unto Thy merciful care this night. Preserve and bless especially [*here mention by name every one for whom you desire to pray*]. And I most humbly beseech Thee of Thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness or any other adversity. And I also bless Thy Holy Name for all Thy servants departed this life in Thy faith and fear; beseeching Thee to give me grace so to follow their good examples, that with them I may be partaker of Thy Heavenly Kingdom.

Our Father, etc.

The Lord bless me and keep me ;
the Lord lift up the light of His Coun-
tenance upon me, and be gracious unto
me, now and ever. Amen.

A PRAYER TO BE ADDED ON SUNDAY
MORNING.

O God, who hast consecrated this
good Day to Thy service, give me
grace so to observe it, that it may be
the beginning of a happy week to me,
and that none of Thy judgments may
fall upon me for profaning it. Mercifully
accept the prayers of Thy Holy
Church throughout the world, which
shall be this day offered at the Throne
of Grace ; help us to prepare our hearts,
that we may serve Thee with reverence
and Godly fear ; grant us an awful ap-
prehension of Thy Divine Majesty, and
a deep sense of our own unworthiness ;
that so, approaching Thy Sanctuary with
lowliness and devotion, and coming
before Thee with clean thoughts and
pure hearts, with bodies undefiled and
minds sanctified, we may perform a Ser-
vice acceptable to Thee, through Jesus
Christ our Lord. Amen.

A PRAYER TO BE ADDED ON SUNDAY
EVENING.

Almighty and most merciful Father, who hast promised to hear the petitions of them that ask in Thy Son's Name; vouchsafe unto me an interest in the prayers of Thy Holy Church throughout the world, which have been this day offered at the Throne of Grace; and grant that those things, which have been faithfully asked according to Thy will, may effectually be obtained, to the relief of our necessity and the setting forth of Thy glory, through Jesus Christ our Lord. Amen.

¶ *Now and then, you may well use the following:*

A PRAYER FOR OUR PARISH.

Almighty and everlasting God, who dost govern all things in Heaven and Earth, mercifully hear my supplications; and grant unto this Place all things that are needful for its spiritual welfare (especially, etc.). Strengthen and confirm the faithful; visit and relieve the sick; turn and soften the wicked; rouse

the careless; recover the fallen; restore the penitent; remove all hindrances to the advancement of Thy truth; and bring all to be of one heart and one mind within the fold of Thy Holy Church, to the honour and glory of Thy Blessed Son, Jesus Christ our Lord. Amen.

¶ *For Prayers to be used before, during and after receiving the Holy Communion, see Chapters V. and VII.*

GRACE BEFORE A MEAL.

For these and all Thy mercies, O Lord, make us truly thankful, for Jesus Christ's sake. Amen.

THANKSGIVING AFTER A MEAL.

For these and all His mercies, God's Holy Name be blessed and praised. Amen.

¶ *It is a good plan sometimes to repeat a Hymn before or after our prayers.*

III.—Meditation.

Make it one of your duties every day to consider some short passage from the Holy Scriptures of God. Do not merely read the passage through, and think you have done all that is necessary, but rather pursue some such course as the following.

First offer this or some like prayer—

O my God, I have come into Thy Presence: do Thou teach me. Give me Thy grace, that I may use all the powers of my mind for Thy glory. I can do nothing of myself, O Lord: but do Thou teach me by Thy Holy Spirit. Show me what Thou wilt have me to do. Dispose of me and of all that is mine according to Thy good pleasure, and give me Thy grace, that I may love Thee with all my heart, and at length attain a happy death; through Jesus Christ our Lord, Amen.

Then read the few verses, which are to form the subject of your meditation, slowly and thoughtfully. Try to think of anything else in Holy Scripture, or in the teaching of the Church, which bears upon the subject. Then try to see what was the lesson for those immediately concerned, and what is the lesson for your own soul. Then exercise your will upon the matter; that is, solemnly resolve, in the strength of God, to do or to be all that you have learned is intended for you. Thus your daily study of God's Word will become a most valuable exercise, gradually filling you with the knowledge of God and of holy things, and affecting your life and conduct at every turn.

IV.—Self-Examination.

Every Evening, at the beginning of your prayers, consider on your knees, as in the presence of God, what has been the course of the day, what have been your motives, thoughts, words and acts, and neglect of prayer or devotion to God, or of duty towards your fellow men. Try to see the worst with regard to yourself, and not the best; do not attempt to find excuses, but each time a sin rises to your mind, look unto God and seek for pardon; and rest assured that He, who loves you more than you love yourself, will do for you exceeding abundantly above all you know how to ask or think.

Say something of this kind—

Lord have mercy upon me and forgive me this my sin, for Christ my Saviour's sake. Amen.

And before receiving the Holy Communion follow also the method of self-examination given in Chapter V.

V.—Preparation before Holy Communion.

Before receiving the Holy Communion, review the week, fortnight, or month, since your last Communion, and honestly try to see how you stand with reference to the holy resolutions you then made, and lay all your failures, wilful or otherwise, in deep contrition before God.

Above all, remember that the object of self-examination is not that you may see how well you have been keeping God's Commandments, but rather that you may see how far you are from what you ought to be, and that so you may be led to come humbly, trusting in Christ and Christ alone.

Ask yourself such questions as these :

I.—REPENTANCE.

What sins can I remember? How have I broken God's Commandments?

The first four Commandments teach me my duty towards God. THE FIRST

tells me that my heart belongs to God. **THE SECOND** that my body belongs to Him. **THE THIRD** that my words belong to Him. **THE FOURTH** that a fixed part of my time is to be especially devoted to Him.

The last six Commandments teach me my duty towards man. **THE FIFTH** tells me that I must feel and show respect. **THE SIXTH** that I must be kind and loving. **THE SEVENTH** that I must be pure in my thoughts, words, and deeds. **THE EIGHTH** that I must be honest. **THE NINTH** that I must be truthful. **THE TENTH** that I must be unselfish and contented.

Which of these Commandments have I broken?

Am I sorry for what I have done wrong?

Am I determined, by God's help, to fight against and give up these sins in due time to come?

II.—FAITH.

Do I believe that Jesus died for me, and that God is ready to forgive me my sins for His sake?

Do I believe that in the Holy Communion Jesus will wash away my sins and strengthen and refresh my soul by His most precious Body and Blood?

III.—LOVE.

Is there any one I have wronged, and to whom I have not tried to make up for the wrong I have done?

Is there any one against whom I have unkindly feelings?

Do I try to do to others as I would be done by?

If I have quarrelled with another, have I asked him or her to be friends?

If another has quarrelled with me or injured me, have I forgiven him or her?

IV.—THANKFULNESS.

When you have asked yourself these questions, think for a few moments of Jesus hanging on the Cross, till you are really thankful for all that He has done for you. Then ask God for Repentance, that you may be truly sorry for the sins which made Jesus suffer and die; for Faith, that you may believe in God's Mercy, through Christ

towards you ; for Love, that you may be in charity with all for whom Jesus died.

Do this in your own words, or, if it will help you, say this prayer—

Father, I have sinned against Thee, and am no more worthy to be called Thy child. I confess that I have done many things I ought not to have done, and I have left undone many things I ought to have done, especially [*here tell God the sins you have found out in your self-examination*]. Make me truly sorry for these sins. Wash them all away in the Precious Blood of Thy dear Son. Help me to try and do better in the time to come. Take from me all unholy thoughts, and deliver me from evil words and deeds. Give me faith to believe that Jesus is in very truth coming to me to be my Guest, and drive away from me all doubts and fears. Teach me to love Thee more for all Thy great love to me, and help me to be more kind and loving to all men, and to forgive others as I hope to be forgiven by Thee. Thus do Thou prepare my heart, that I may not lose

the blessing which our dear Lord has promised to give His people in this Holy Feast. Hear, O Father, and answer me for His Name's sake. Amen.

A PRAYER TO BE ADDED TO THE EVENING PRAYER ON THE NIGHT BEFORE RECEIVING THE HOLY COMMUNION.

O God, our Saviour Jesus Christ, Who in Thy wonderful Sacrament hast left us a Memorial of Thy most sacred Passion; grant us so to venerate the holy Mysteries of Thy Body and Blood, that we may ever perceive in ourselves the fruit of Thy Redemption, Who livest and reignest with the Father and the Holy Ghost, One God, world without end. Amen.

A PRAYER TO BE ADDED TO THE MORNING PRAYER BEFORE RECEIVING THE HOLY COMMUNION.

O blessed Jesus, Who of Thine infinite mercy hast given Thine own Body and Blood to be our Spiritual Food, to strengthen and refresh our souls; grant that I may this day be a welcome guest before Thy Holy Altar; and that,

receiving these holy Mysteries with reverence and humility, contrition and devotion, purity and faith, I may so worthily eat Thy Flesh and drink Thy Blood, that with all Thy Saints, who have been well pleasing to Thee from the beginning, I may be made a partaker of Thy eternal and incorruptible benefits, which Thou hast prepared for them that unfeignedly love Thee, in whom Thou art glorified for ever and for ever. Amen.

A PRAYER TO BE ADDED TO THE EVENING PRAYER AFTER RECEIVING THE HOLY COMMUNION.

I thank Thee, O Lord God Almighty, for having admitted me to partake of Thy holy, precious and heavenly Mysteries, which Thou hast given us for the sanctification and healing of our souls and bodies; and I beseech Thee to grant that this our Communion of the Holy Body and Blood of Christ may inspire me with faith that need not be ashamed, and with love without dissimulation; may fill me with wisdom, and heal my soul and body; may avert

from me all evil, and enable me to perform Thy commands through the same Jesus Christ our Lord. Amen.

During the holy seasons of Advent and Lent, set apart some special time for comparing your present condition with your condition at the same season last year. And if you trust you have, by God's mercy, reason to hope that you are closer to God in worship and in obedience, thank God heartily for it ; but be careful to bear in mind all the time your oft-repeated failures and shortcomings, needing, nay, calling aloud for the healing of the precious Blood of your Saviour Jesus Christ, and plead earnestly and humbly for forgiveness and peace. And if at any time you cannot quiet your own conscience, but require further comfort or counsel, do not hesitate to come to your Clergyman, or to some other Minister of God's Word, and tell him your difficulty or condition, that by the Ministry of God's Holy Word you may receive the benefit of Absolution,

together with spiritual counsel and advice, to the quieting of your conscience and the avoiding of all scruple and doubtfulness.

Your Clergyman will be sure to receive you kindly, and to help you.

In any case, pray come to the Holy Communion regularly, and carefully; and above all, come with a true desire to serve and to please your Saviour, and never give up coming, without consulting some Christian friend. Remember that the blessed Jesus, the One Saviour, is your only Hope; and remember too that it is He, who says: "Be thou faithful unto death, and I will give thee a crown of life." God grant it to you, dear friend, for Jesus Christ's sake. Amen.

VI.—Private Devotions to be used in Church.

- ¶ *As far as possible, abstain from conversation on your way to and from Church, but rather try to bear in mind whither you are going and whence you are coming.*
- ¶ *Make a point of entering Church in good time, and instead of sitting and gazing about you, kneel down and fill up the few minutes which elapse before the commencement of the Service with prayer or meditation, or sit and read attentively a Hymn or one of the Lessons for the Day.*
- ¶ *On entering Church, & Service kneel down and say—*

Lord, I have come into Thine House. Give me strength to resist all wandering thoughts, and for the glory of Thy Name accept our prayers and praises, according to the multitude of Thy mercies; through Jesus Christ our Lord. Amen.

- ¶ *When the Clergyman has come into Church, kneel and say—*

O Lord and Heavenly Father, help me to be reverent in this Thy Holy House. And grant that I may worship Thee in spirit and in truth; through Jesus Christ our Lord. Amen.

¶ *When the Service begins, give all your attention to it at once: consider its objects as set forth in the Exhortation. Take care to have thought over your own sins beforehand; this will help you to join with reality in the Confession. As the Absolution is spoken, realize that, if you truly repent and trust in Jesus Christ your Saviour for forgiveness, there goes forth for you a new pardon, and that you rise perfectly forgiven and consequently able to praise God with pure heart and joyful lips. Do your best to join in the singing and responding throughout the Service.*

¶ *At the close of Service say—*

I thank Thee, O Heavenly Father, for letting me come to this Thy House of Prayer. Pardon all my wandering thoughts, and accept our prayers and praises, through Jesus Christ our Lord. Amen.

¶ *When the Clergyman has left the Church kneel and say—*

Accept, O Merciful Father, this our humble Service to Thy Honour and Glory, through Jesus Christ our Lord. Amen.

¶ *When you go home after Service, be on the watch, lest the Devil should take the word out of your heart. Rather try to fix in your mind some lesson, which you have heard, or some impression, which you have received, and endeavour at once to carry what you have learned into your every-day life.*

VII.—Holy Communion.

- ¶ *Before coming to the Holy Communion, take care to make preparation, following, for instance, the directions given in Chapter V.*
- ¶ *On entering Church for Holy Communion, kneel down and say—*

Grant, O Lord my God, that I may offer this Act of Worship unto Thee piously, religiously and becomingly, to Thy honour and glory, through Jesus Christ our Lord. Amen.

- ¶ *When the Priest has come into Church, say—*

O Almighty God, grant us to perform this Divine Service unto Thee in sincerity and truth, and help us to realize Thy Presence in our midst, through Jesus Christ our Lord. Amen.

- ¶ *Follow the Service in this Book, which will give you many valuable hints. The Service itself is distinguished from the private devotions by a line on the left side of the page.*

THE LORD'S PRAYER.

Our Father, which art in heaven,
 Hallowed be thy Name. Thy king-
 dom come. Thy will be done in earth,
 As it is in heaven. Give us this day
 our daily bread. And forgive us our
 trespasses, As we forgive them that
 trespass against us. And lead us not
 into temptation; But deliver us from
 evil. Amen.

THE COLLECT FOR PURITY.

Almighty God, unto whom all hearts
 be open, all desires known, and from
 whom no secrets are hid; Cleanse the
 thoughts of our hearts by the inspira-
 tion of thy Holy Spirit, that we may
 perfectly love thee, and worthily mag-
 nify thy Holy Name; through Christ
 our Lord. *Amen.*

THE TEN COMMANDMENTS.

Minister. God spake these words,
 and said; I am the Lord thy God:
 Thou shalt have none other gods but
 me.

People. Lord, have mercy upon us,
 and incline our hearts to keep this law.

Minister. Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth. Thou shalt not bow down to them, nor worship them: for I the Lord thy God am a jealous God, and visit the sins of the fathers upon the children unto the third and fourth generation of them that hate me, and shew mercy unto thousands in them that love me, and keep my commandments.

People. Lord, have mercy upon us, and incline our hearts to keep this law.

Minister. Thou shalt not take the Name of the Lord thy God in vain: for the Lord will not hold him guiltless, that taketh His Name in vain.

People. Lord, have mercy upon us, and incline our hearts to keep this law.

Minister. Remember that thou keep holy the Sabbath-day. Six days shalt thou labour, and do all that thou hast to do; but the seventh day is the Sabbath of the Lord thy God. In it thou shalt do no manner of work, thou, and

thy son, and thy daughter, thy man-servant, and thy maid-servant, thy cattle, and the stranger that is within thy gates. For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the seventh day, and hallowed it.

People. Lord, have mercy upon us, and incline our hearts to keep this law.

Minister. Honour thy father and thy mother, that thy days may be long in the land, which the Lord thy God giveth thee.

People. Lord, have mercy upon us, and incline our hearts to keep this law.

Minister. Thou shalt do no murder.

People. Lord, have mercy upon us, and incline our hearts to keep this law.

Minister. Thou shalt not commit adultery.

People. Lord, have mercy upon us, and incline our hearts to keep this law.

Minister. Thou shalt not steal.

People. Lord, have mercy upon us, and incline our hearts to keep this law.

Minister. Thou shalt not bear false witness against thy neighbour.

People. Lord, have mercy upon us, and incline our hearts to keep this law.

Minister. Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his servant, nor his maid, nor his ox, nor his ass, nor any thing that is his.

People. Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.

COLLECT FOR THE KING.

Almighty God, whose kingdom is everlasting, and power infinite; Have mercy upon the whole Church; and so rule the heart of thy chosen Servant *EDWARD*, our King and Governour, that he (knowing whose minister he is) may above all things seek thy honour and glory: and that we, and all his subjects (duly considering whose authority he hath) may faithfully serve, honour, and humbly obey him in thee, and for thee, according to thy blessed Word and ordinance; through Jesus Christ our Lord, who with thee and the Holy Ghost liveth and reigneth, ever one God, world without end.

Amen.

Or,

Almighty and everlasting God, we are taught by thy holy Word, that the hearts of Kings are in thy rule and governance, and that thou dost dispose and turn them as it seemeth best to thy godly wisdom: We humbly beseech thee so to dispose and govern the heart of *EDWARD*, thy Servant, our King and Governour, that in all his thoughts, words, and works, he may ever seek thy honour and glory, and study to preserve thy people committed to his charge, in wealth, peace, and godliness: Grant this, O merciful Father, for thy dear Son's sake, Jesus Christ our Lord.
Amen.

¶ *Then shall be said the Collect, Epistle and Gospel of the Day, and after these:*

THE NICENE CREED.

I believe in One God the Father
Almighty, Maker of heaven and earth,
And of all things visible and invisible:
And in one Lord Jesus Christ, the
only-begotten Son of God, Begotten of
his Father before all worlds, God of
God, Light of Light, Very God of very

God, Begotten, not made, Being of one substance with the Father; By whom all things were made, Who for us men, and for our salvation came down from heaven, And was Incarnate by the Holy Ghost of the Virgin Mary, And was made Man, And was crucified also for us under Pontius Pilate. He suffered and was buried. And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, the Lord and Giver of life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe one Catholick and Apostolick Church. I acknowledge one Baptism for the remission of sins, And I look for the Resurrection of the dead, And the life of the world to come. Amen.

¶ *There may be a Hymn followed by a Sermon at this point, and either then or at once:*

THE OFFERTORY

consisting of one or more sentences of Holy Scripture, which are read, while the Church-Wardens collect the Alms of the people.

- ¶ *Remember that these gifts are no mere collection of money for the payment of expenses and the like, but are really an offering of your substance, made freely by you, according to your ability, out of love to God and to your fellow men. By your offerings you help to support your Church and its Services, and take part in many other good works. It is your duty therefore to deny yourself, in order that you may have something to give to the Treasury of God. As, therefore, you make your Offering, say secretly something of this kind—*

Lord, all things come of Thee; I give this back to Thee out of that, which Thou hast given to me.

- ¶ *It is a good plan, for the sake of example, to divide what you are able to give, so that you may give something at every Service at which there is an opportunity.*
- ¶ *Watch the Priest as he humbly presents to Almighty God the Alms and Oblations of Bread and Wine, and when he places them on the Altar, pray—*

Receive, O Holy Trinity, these Alms and Oblations, which I join in offering unto Thee in memory of the Passion of our Lord Jesus Christ, and grant that these Offerings, ascending before Thee, may be acceptable in Thy sight ; through the same Jesus Christ our Lord. Amen.

PRAYER FOR THE CHURCH MILITANT.

Almighty and everliving God, who by thy holy Apostle hast taught us to make prayers, and supplications, and to give thanks, for all men ; We humbly beseech thee most mercifully [*to accept our alms and oblations, and*] to receive these our prayers, which we offer unto thy Divine Majesty ; beseeching thee to inspire continually the universal Church with the spirit of truth, unity, and concord : And grant, that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity, and godly love. We beseech thee also to save and defend all Christian Kings, Princes, and Governours ; and specially thy Servant *EDWARD* our

King; that under him we may be godly and quietly governed: And grant unto his whole Council, and to all that are put in authority under him that they may truly and indifferently minister justice, to the punishment of wickedness and vice, and to the maintenance of thy true religion, and virtue. Give grace, O heavenly Father, to all Bishops and Curates, that they may both by their life and doctrine set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments: And to all thy people give thy heavenly grace; and especially to this congregation here present; that, with meek heart and due reverence, they may hear, and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life. And we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity. And we also bless thy holy Name for all thy servants departed this life in thy faith and fear; beseech-

ing thee to give us grace so to follow their good examples, that with them we may be partakers of thy heavenly kingdom; Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate. *Amen.*

¶ *A: the end of the Prayer for the Church Militant, if there is time, kneel reverently and offer this Prayer.*

O Gracious Lord Jesus Christ, I, Thy sinful servant, trusting in Thy mercy, with fear and trembling, approach Thy most sweet Feast. For my heart and my body are defiled with many sins, my mind and tongue have not been faithfully guarded. Look down on me with the Eyes of Thy mercy, O Lord Jesus Christ, God and Man, crucified for all! Hear me, who hope in Thee; have pity on me, who am full of miseries and sins. Remember Thy creatures, whom Thou hast redeemed with Thy most precious Blood. Come down to sanctify us, who kneel before Thee. Make Thyself known to our souls in this Sacrament of Love. By Thine own Self take from us all our iniquities and sins, that we may worthily

receive Thy Sacred Body and Blood; and be Thou to us the Food of our souls, and make us to hunger and thirst more and more for thee, Who livest and reignest with the Father and the Holy Ghost, One God, world without end. Amen.

¶ *Cultivate the spirit of loving fear, as the Service proceeds. Listen to*

THE INVITATION.

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

THE GENERAL CONFESSION.

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time,

most grievously have committed, By thought, word and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord.
Amen.

THE ABSOLUTION.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord.
Amen.

¶ *As the Priest concludes the Absolution, say—*

Do this for me, O Lord, for Jesus Christ's sake. Amen.

THE COMFORTABLE WORDS.

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

Come unto me all that travail and are heavy laden, and I will refresh you.

So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life.

Hear also what Saint Paul saith.

This is a true saying, and worthy of all men to be received, That Christ Jesus came into the world to save sinners.

Hear also what Saint John saith.

If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins.

THE SURSUM CORDA.

Priest. Lift up your hearts.

Answer. We lift them up unto the Lord.

Priest. Let us give thanks unto our Lord God.

Answer. It is meet and right so to do.

THE PREFACE.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God.

¶ *Here shall follow the Proper Preface, if there be any, or else the Priest shall say.*

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying:

THE SANCTUS,

In which all should join.

Holy, Holy, Holy, Lord God of hosts, heaven and earth are full of thy glory: Glory be to thee, O Lord most High. *Amen.*

THE PRAYER OF HUMBLE ACCESS.

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. *Amen.*

¶ *Before the Prayer of Consecration there may be a short pause, during which you will do well to offer this ancient Prayer—*

Have mercy upon us, O Heavenly Father, after Thy great Goodness, and send Thy most Holy Ghost, the Lord God and the Giver of all Life, that He may bless and sanctify these Thy Creatures of Bread and Wine, to be to us the precious Body and Blood of Christ our Lord. Grant this, O Heavenly Father, for Jesus Christ's sake. *Amen.*

THE PRAYER OF CONSECRATION.

Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death, until his coming again; Hear us, O merciful Father, we most humbly beseech thee; and grant that we, receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood: who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it, and gave it to his disciples, saying, Take, eat, This is my Body which is given for you: Do this in remembrance of me. Likewise after supper he took the Cup; and, when he

had given thanks, he gave it to them, saying, Drink ye all of this; for This is my Blood of the New Testament, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me. *Amen.*

¶ *After the Consecration say the following, as an Act of Adoration.*

O Lord and Blessed Saviour, who didst institute and ordain this Holy Feast, as a pledge of Thy Love and for a continual Memorial of Thy Death, most humbly I adore Thy Majesty; and because, sinful and unworthy that I am, I cannot honour Thee as I ought, I unite myself with Thy Saints and Angels in their more perfect adoration. Hail, saving Victim, offered for me, and for all mankind! Behold, I praise, I bless, I glorify Thee: I would that all might glorify Thee in this Mystery of Thy love. And grant to me that, dying to the world and living here a life hidden in Thee, I may hereafter see Thy Face unveiled, to love, adore and rejoice in Thee, through all eternity. *Amen.*

¶ *Then, still kneeling, plead your Saviour's all-prevailing Sacrifice by repeating earnestly the following Hymn:—*

And now, O Father, mindful of the love
That bought us, once for all, on Cal-
vary's Tree,
And having with us Him that pleads
above,
We here present, we here spread forth
to Thee
That only Offering perfect in Thine eyes,
The one true, pure, immortal Sacrifice.
Look, Father, look on His anointed Face,
And only look on us as found in Him ;
Look not on our misusings of Thy grace,
Our prayer so languid, and our faith
so dim ;
For lo ! between our sins and their
reward
We set the Passion of Thy Son our Lord.
And then for those, our dearest and
our best,
By this prevailing Presence we appeal ;
O fold them closer to Thy mercy's breast,
O do Thine utmost for their souls' true
weal ;
From tainting mischief keep them
white and clear,
And crown Thy gifts with strength to
persevere.

And so we come; O draw us to Thy Feet,
 Most patient Saviour, Who canst love
 us still;
 And by this Food, so awful and so sweet,
 Deliver us from every touch of ill:
 In Thine own service make us glad
 and free,
 And grant us never more to part with
 Thee. Amen.

¶ *And now, before going up to receive, say—*
 O Lord my God, my Saviour and my
 King, Thou Life and Light of the
 World, I have sinned against Heaven
 and before Thee, and am not worthy
 to partake of Thy Spotless Mysteries.
 But in Thy Divine tenderness do Thou
 vouchsafe unto me by Thy grace to re-
 ceive Thy holy Body and precious Blood
 without condemnation, unto remission
 of sins and eternal life. Amen.

*Then go up, and kneeling reverently, accept
 the words of administration, and realize
 that, as you receive the holy Food, you
 verily and truly receive your Saviour's
 precious Body and Blood to strengthen
 and refresh your soul. Take care to re-
 move your gloves before going up. Receive
 the Bread in your open hand, resting your
 right hand on your left, and use both
 hands for the reception of the Cup.*

THE WORDS OF ADMINISTRATION.

The Body of our Lord Jesus Christ, which was given for thee, preserve thy body and soul unto everlasting life. Take and eat this in remembrance that Christ died for thee, and feed on him in thy heart by faith with thanksgiving.

and

The Blood of our Lord Jesus Christ, which was shed for thee, preserve thy body and soul unto everlasting life. Drink this in remembrance that Christ's Blood was shed for thee, and be thankful.

¶ *To these words say humbly, Amen. On reaching your seat again, offer this Prayer—*

I render unto Thee most hearty thanks, O gracious Father, for admitting me to approach so near unto Thee through Jesus Christ. When I go back to my duties in the world, keep me from returning to the sins, wherewith I have before offended Thee, and grant that by the Body and Blood of Christ, my Saviour, I may be strengthened against all temptations, and be estab-

lished and confirmed in all good things,
through the same Jesus Christ our
Lord. Amen.

¶ *If there is more time before the Service is resumed, offer further prayers, or meditate on some passage of Holy Scripture or some eucharistic Hymn. In the immediate Presence of your Lord do not sit while others are receiving, or suffer your thoughts to wander, but remain kneeling in humble adoration and thankfulness.*

¶ *When all have received, be ready to join in*

THE LORD'S PRAYER.

Our Father, which art in heaven,
Hallowed be thy Name. Thy kingdom
come. Thy will be done in earth, As it
is in heaven. Give us this day our daily
bread. And forgive us our trespasses,
As we forgive them that trespass against
us. And lead us not into temptation;
But deliver us from evil: For thine is
the kingdom, The power and the glory,
For ever and ever. Amen.

THE PRESENTATION OF THE EUCCHARISTIC SACRIFICE.

O Lord and heavenly Father, we thy
humble servants entirely desire thy
fatherly goodness mercifully to accept
this our sacrifice of praise and thanks-

giving ; most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and lively sacrifice unto thee ; humbly beseeching thee, that all we, who are partakers of this holy Communion, may be fulfilled with thy grace and heavenly benediction. And although we be unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service ; not weighing our merits, but pardoning our offences, through Jesus Christ our Lord ; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end. *Amen.*

Or

THIS THANKSGIVING.

Almighty and everlasting God, we most heartily thank thee, for that thou

dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ ; and dost assure us thereby of thy favour and goodness towards us ; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people ; and are also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of thy dear Son. And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in ; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. *Amen.*

GLORIA IN EXCELSIS.

Glory be to God on high, and in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give

thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty.

O Lord, the only begotten Son Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For Thou only art Holy; Thou only art the Lord; Thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. *Amen.*

THE BLESSING.

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. *Amen.*

¶ *After the Blessing say—*

I give Thee thanks, O Lord, Holy Father, Almighty, Everlasting God, Who hast strengthened and refreshed me with the most holy Body and Blood of Thy Son Jesus Christ our Lord; and I pray that this Sacrament of our Salvation, which I, an unworthy sinner, have received, may not turn to my judgment nor condemnation, according to my deserts, but to the profit of my body and soul, unto life eternal, through Jesus Christ our Lord. Amen.

¶ *When the Priest has left the Church, say—*

O Gracious and Merciful Lord, forgive the imperfections of this Service, and vouchsafe to receive my prayers. Let Thy blessed Presence abide with me this day, and further me with Thy continual help, through Jesus Christ our Lord. Amen.

¶ *And now, do not hurry away, as if you were glad that the Service is over. Rather, if possible, stay yet a few moments, and offer, unless it has been already used, the second Thanksgiving on page 56, or say the following—*

O God, Who hast, in Thy great mercy, permitted me to draw near to the Blessed Sacrament of the Body and Blood of Thy dear Son, accept now my

thanks and praise, and help me, all unworthy, to love and praise Thee as I ought. O teach me, by Thy Holy Spirit, to prize and long for this Thy Holy Feast of Love. And keep me, O Heavenly Father, from falling back, and lead me ever onward by Thy grace, and so bring me at last to the unveiled Presence of my dear Saviour in the world to come, through the same Jesus Christ our Lord. Amen.

¶ *On leaving Church, try to bear in mind that your Lord has really come to you, and that you are now dwelling, continuing in Him and He in you. Turn to Him again and again in secret and say, "Abide with me," for thus you will be indeed living a life of Heaven upon Earth. And if you will but do honour to the Holy Ghost, by remembering that He is the Author and Giver of all good things, and by following the suggestions, which He gives you through your conscience, you will be happy here, you will make progress in your spiritual life, and presently you will be called, through Jesus Christ, to the sweet Paradise of God. And there with Christ as your Leader and Guide, you will still grow, until, at length, after a happy and glorious Resurrection, you will be admitted and welcomed to all the inestimable joys of Heaven, even to your great and everlasting Reward.*

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