|G IMPDRIIIIRS
IV THR BLOOD

## re's Your

 Chance
## Watford Guide-Advncate <br> Volume XLII-No 12 WATFORD, ONT., FRIDAY, MARCH 24, 1918

## LOCAL HAPPENINGS 



















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## Gimpills How Thee Hap




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 National Druy \& Chemical Co.of Canada Limited, Toronto.

Guide = di hocale
Pramank Evenv inivas.





 HARRIS P P Co.
hione=ellunocale WATPORD, MARCH 24. 1916
NUTE AND COMMENT

 chid ren of men of his oompany who aretion ir rerdotent of the floweriest
gavy of knikhthood. The cost of living is giong up, the
increase noted in the month of January being tieeper than usual. The
Federal Labor Department. index number ot whol esalo prices addyanced
11 pooinss due to coniderabale risis in




 | compared with |
| :--- |
| Janaury, 1914. |

Woodstock Sentinol-Review: Re-
oruiting still goos on, of oourse, but
 oult with every day that passes. . tn
a short time the stage will be reach ${ }^{\text {a }}$ athort time the stage will be reachleadership and direction. Wo might
as well thee the faet frunkly at once, it we aro to seriousty think of meet-
ing our responosibilitities. Canada has promised an army of 500,000 men
 the promise throggh the sheor lack
ot or ata or energ in the orgaiz.
ation of out foreos.

The rate of excolange on Canadian
mones was incresed $t$ to thrree fourthe of on percont. by Detroit banks
Monday or 75 cents on every $\$ 100$ Mharobay yiving further iopetusus to the
move which has started move thine that aity to require custom
chants of that ers tendering Canadian money to
boar the oos of oxxhange.
Since the first of the year the rate of exchange
has been steadiv increased, ruling

## MRS, KERNS' ADVIGE

To Weak, Nervous, Run-Down Women
So. Cumberland, Md.-"For a a long


 tonic, without oil, which we guarantee
to create heantity appetite gid diges
tion and make pure healthy blood.
Taylor \& Son, Druggists, Watior


GUIDE-ADVOCATE, W ATFORD, MARCH 24, 1916



## Womert Once Invalids

Now in Good Health Through Use of Lydia E. Pinkham's Vegetable Compound. Say it is Household Necessity. Doctor Called it a Miracle. $\qquad$
All women ought to know the wonderful effects of taking Lydia E. Pinkham's Vegetable Compound even on those who seem hopelessly ill. Here are three actual cases: those who seem hopelessly ill. Here are three actual cases:



## 1



 in the supply of linen for the table.
Every set of napkins and each ta-
blecloth should have the housewife's blecloth should have the housewife's
surameme initial or her monogram em--
broldered upon it broldered unon it. Thene 18 a ques-
tion as to the proper place to put the
tint tion as to the proper place to put the
initial or monoram, but the major-
itt prefer the orteter on tableclotho to itt prefer the enetepo on tablecloths to
he in the corner, where they will
co come the corner, where they will
table. table.
Napkins should have the initials in
the Napkins should have the initials in
the corner or in the midale on une
side e, where they will be on top wheside, where they will be on top whe-
the napkins areefoled. Tean apprins
are the only ones on which a wreath
call are the only ones on which a wreath
can appropriately bo placed. It
quite permis
Within prisible to place an initial quite permissible to place an initial
Within the wreath or other decora-
tive Tithin the wreath or other decora-
tinished with napking ean also be
finstitched or scal finighed with
loped edges.
Some women
Some women may argue that they
haven't time to put fancy work on household linen. This is a poor argument, for almost every woman has
a few moments
she she sits down to chat with a neifhbor
or when she is waiting or when she is waiting for the home-
coming of her kusband to his even-
ing meal. It is during these Ing meal. It tis during these odd mo-
ments that a great deal can be acments that a great deal can be ac-
complished, especially in the way of
fancy work pick up work is good
for the nerves

A YOUTHFUL BELLE.
The Schoolgir Noeds. ${ }^{\text {a }}$ Protty ance Gown The base of this sitrackite dress is
pale pins taffeta, over which falls a net drape, likee a tunce. Thish Talls a
lined across the bust with a outto

wreath of French roses, while the four
ruffes on
reach the skirnt shith slighty wider, reach the bottom of the overdrape.
This dessn is so simple that most
mothers can reproduce it SHUTTING OUT SUNSHINE. Various Ways to Brighten Up a Home
In Winter.
If the hes to keep
cheerful and hapif why whe must provide for herself surroundings calculated
to cheer and uplift. This can neve $\left\lvert\, \begin{aligned} & \text { to cheer and uplift. This can never } \\ & \text { be done by shutting out the sunshine }\end{aligned}\right.$ be done by shutting out the sumsting
and darkening the rooms with heavy
hangings anc somber papers hangings and somber papers. Rath-
er it is her part to furnish her hoome
with sunny papers and bright dra with sunny papers and bright dra-
peries.
This need not mean that the home must look out of date or cheap. The

interior decorators have used chintze | interior decorators have used chin tzes |
| :--- |
| so lavishly in in their work of late years |
| that it is consided very mart. |
| hhave produced some startling effects | that it is considered very smart. They

have produced some starting effects
with the fuuturit cetonnes and the
elaborate black elaborate black and white chintzes.
Nor can this material by any means
be considered cheap when the good
cretonnes sell l cretonnes sell u u to $\$ 4$ and $\$ 5$ a yard.
It is fortunate, however, for women
of moderate means. that chintz also
 wall paper and expensive or inexpensive chintz a home can be made med
to look 10 degrees lighter than it did When filled with dark velvets and
subuued wall papers. The effect this
change will have on the dispositions change will have on the dispositions
of the inmates of the home will quite
oftet

Sringing it about. Bright surround-
ings are easentilal to bright nature.
 salt and onequarter teaspoonful of
cayenne; then add one quart of par
boiled scallops boiled seallops finely chopped and
one cupful ot hot milk. Mix thor.
oughty, turn into a buttered baking dish, covern with o on buttered cuplul oring hot
milk. Mix thoroughly, turn mito
 cuptul of anio crumbs, dot with bits o
butter.
atee.

ODD MEMORY TEST
A Bit of Nonsonse Litasetere Whose
Thuere ithor Is Und Unkow. $\begin{aligned} & \text { bit of composition } \\ & \text { that bas figured in nonsense literature }\end{aligned}$ as follows:
"So she went into a garden to plek
a caboae leart to mate an apple ple
of and a she beark coming ap the
 grteet, put ber head into the shop and
said. Do you sell any suap So she
sied. and be very imprudenty mar
died
 entirely spoilt, and there were present
the Garveles and the Goblilies and
the Plckning les and the
 drum himself. with the little round
button at top, and they played at the ancient game of catch who catch can
till the gunpowder ran out of the heels
of their boots, The origin of the passage is obscure
Maria Edge worth $11767-1849$ ), quotes it Maria Edge worth (1767-1849), quotes
in one of her stories, atributing it
Samuel Foote ( 1720 -77). The Britis Samuel Foote (1720.77). The Britisb
Quarterly Review said that Foote
 turer who claimed that he could leari anything by rote on once hearing it
Another aceount says that it was
witter
 Quinn (1693-1766) to puzzie Foote
with whom he had a wager that Foote
could not memorize something that Could not memorize something thal
Quin would write Foote and ouinn
both were onoted actors in their day both were noted actorst in their day
and the nonsenslcal passage probably and the nonsenslcal passage probably
was the outgrowto of some convirial Was the outgrowth of some convivial
contestor wits between them
It used to figure in school rhetorics to tilustrate the difficulty of memorise.
ing something that had no sense to it.

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In Use For Over 30 Years Alwass bears
tignure of
sinerfilithers

COLORING METALS. Almost Any Hue, Bright and Lasting, It has been found that metals may be eolored quickly and cheaply by forming
on their surface a coating of $a$ thin on their surface a coating of a thin
film or a sulphide. In five minntes
brass articles may be coated any color,


 the coat, which depends on the lengtu
or time the metal remains in the solu-
tion used. The colors
tossens a very tion used. The colors possess a very
good luster, ana if the articles to be
colored dave been previousty thorough 1y ceeaned by means of acidss and alka.
Hes they ahaere so ffrmmy that they
nay be operated upon may be operated upon by the polishing
steel.
To prepare the solution dissolve halt Tn prepare the solutiton dissolve half
an ounce of hypousulphide or soda in in
one pound of water and add one pound of water and add half an an
ounce of acetate or lead dissolved in
half a pound of half a pound of water. When thisis clear
solution is heated to from 190 to 200 solution is heated to from 190 to 200
degrees F . it decomposes slowly and
preipipitates sulphide precipitates sulphide of lead in brown
flakes. If metal be now present a part of the sulphide of now present a part
of deposited
thereon, and according to the dither thereon, and a according to the thickness
of the deposited sulphide of lead the above colors are producec. To To produce the
an even coloring the articles must be an even coloring the articles must be
evenly heated. Iron heated with this
solution takes a steel blue color tid solution tatedes a steel blue color an
will retain the coloring unles an will retain the coloring unless some
abrasive is used to remove tt. London

Chronicle. | abrasive is |
| :--- |
| Crasonicle. |

## WEAK, NERMOUS OHIO WOMAN

Made Well By Delicious Vinol
very poontaine, Ohio. - "My Mlood wa
run-down was in a weak, nervous
thout benefiried and one eren da



in this natural manner creates strength
Taylor \& Son dcuggists, Watior

## In The Spring








CHANTRY FARM Shorlhorn Cattie

Lincoln Sheep ED. DeGEX, Proprietor

PIANOS Bell, Gerharat, Heintza
Orme.
Or

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Bell and Doherty.
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of all kinds.
H. Schlemmer

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The Spring

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VOTHER'S ADVICE.
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 ANTRY FARM $\frac{5 \text { 표 R WOO }}{\text { Lhorn Catlle }}$

Lincoln Sheep DeGEX, Proprietor A NOS Harit Hientaman, Martran Organs Bell and Doherty wing Machines Standard, and New Home
ries, Raymond and New Standard Gas line Engines
tart without Standard Creum Separators very test Schlemmer CLUBBING LIST and $\begin{aligned} & \text { Weelt } y \text { Star } \\ & 8 \\ & 8\end{aligned}$
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Globe............ Messenger.
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an ondou Free Press ondon Advertiser. jondon Adverti:
Advertiser ... Thenineyyy METABLE Watford Station as fol coinc w.
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 NRRVOUS BISEASES

IN THE SPRIING













 with the tha Artiliiery Brigade, bas suffer-
ead aroten thigh hen hate was buried
under earth during battle. Here's Sour Charce

Kitchener Says: "More men are urg-, ently required." Are you a MAN?
If so-prove it by If so-prove it by
enlisting to-day in
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