

MANITOBA.

SUNSHINE

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MONTREAL

JULY,
1904



BROADWAY (Looking East), WINNIPEG.

Winnipeg.

Written for Sunshine by
REV. GEORGE BRYCE, D.D., LL.D., Winnipeg.

In immigration literature the Londer or the Scottish ploughman reads to-day of the chief city of the Canadian West, rising from the mere hamlet of 216 souls in 1870 to be in 1904 an attractive city of 67,000 people.

It seems to the reader a story of Arabian Nights entertainments. To the writer it is no dream but a reality. The huts and log houses of a generation ago are replaced by bank buildings, one ten stories high, another seven; by departmental stores and great blocks, where stood frontier shops frequented by squalid Indians, or a miserable hostelry which dealt out scanty meals to hungry newcomers. The mud street has given way to the asphalt pavement, and the logs covered by saponaceous mud to the broad stone walks of Main street.

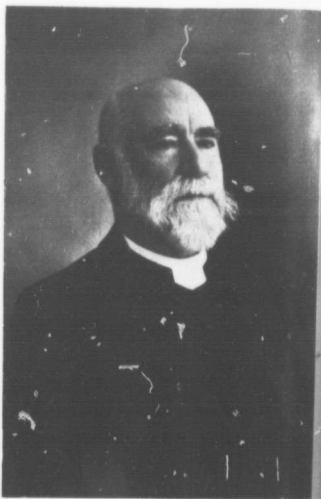
The city with its twelve miles of asphalt pavements, and its thirty miles of macadam, with forty-four miles of boulevards maintained at public expense, and twenty miles of trees where stood the bare prairie so noticeable and beautiful, that it is proposed to change the name "Prairie City" to the "Elm City" of the West. All this is an evidence of what well directed and persistent effort can do in half a generation.

The parks of Winnipeg, ten in number, well tended and cultivated, are so distributed that they are breathing places and things of beauty.

In the face of many difficulties, sixty or seventy churches, eighteen public schools, with an attendance of 9,500 pupils, thirteen banks—many of them architecturally deserving, and mercantile establishments, like the Hudson's Bay Company stores, the McIntyre Block in which the Sun Life of Canada finds itself, the Fort Garry Court of numberless suites of residential rooms, all have been

erected by Canadian brain and brawn, and speak of greater triumphs yet to be.

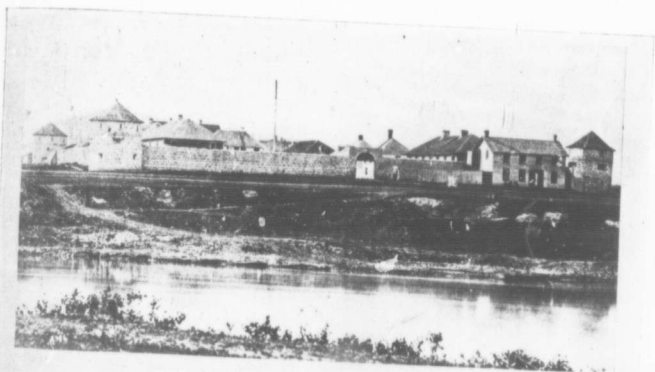
The city is a busy hive of industry. It is the great wholesale and jobbing centre of the West. From it go out no less than fourteen railway lines and branches to all parts of the Province and Territories, and it is looking forward by the overcoming of two rapids to water communication by river and lake up the



REV. GEORGE BRYCE, D.D., LL.D.
Chairman of the Faculty of Science Manitoba University
author of "The Remarkable History of the Hudson's
Bay Co." Short History of Manitoba, etc.
Contributor of article "Winnipeg," in this issue.

Saskatchewan, even to the foot of the Rocky Mountains. The city is also the central point of the Grand Trunk Pacific enterprise.

Winnipeg of to-day is the largest wheat exporting city on the continent of America. Its export of wheat eastward, in 1903, was fifty-one millions of bushels, as against forty-two million from Duluth and thirty-seven million from Chicago. The completion of water and electric power now in course



WINNIPEG: PAST AND PRESENT.

FORT GARRY—The Winnipeg of 1870. WINNIPEG OF TO-DAY.

construction will give it a great impetus, and its no inconsiderable manufactures of to-day will be increased to give it the place of the Chicago of the Canadian prairies.

Side by side with its business energy is the great attention given to education. Its public schools are probably unsur-



REV. C. W. GORDON, (RALPH CONNOR),
Pastor St. Stephens Presbyterian
Church, Winnipeg.

"Ralph Connor" is the "Ian Maclaren" of Canada. His books: "The Sky Pilot," "Black Rock," "The Man from Glengarry" and "Glengarry School Days," will live—because of their human interest. The literary world is delighted that "Ralph Connor" is at work on another story which will, we are sure, be up to his usual high standard.

passed in the world for architecture, completeness and comfort, and their efficiency is in keeping with their appearance.

In higher education the University of Manitoba is unique. It is the only university west of Lake Superior, and this year examined 816 candidates. It has a substantial building, on a plot of seven acres, on Broadway, which will afford

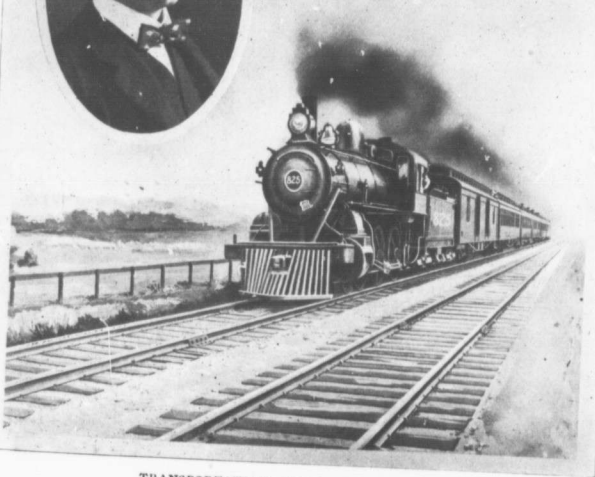
room for other necessary buildings, and with its six colleges affiliated to it is something unexampled in so new a country. The colleges which have attractive buildings and grounds in different parts of the city, have full staffs of professors, and strong financial support, are St. Boniface (Roman Catholic), St. John's (Church of England), Manitoba (Presbyterian), and Wesley (Methodist), these four being classical colleges, and the Medical College and College of Pharmacy. There is also a normal school and a Carnegie library.

The charities of the city are equally worthy of notice. Winnipeg and St. Boniface general hospitals are large institutions, the former having a Nurses Home and Maternity Hospital attached to it. The Government Deaf and Dumb Institution is a necessary and valuable undertaking, where charitable ladies have originated such deserving institutions as the Women's Home, Children's Home, Children's Aid Shelter, St. Mary's Boys' Home, Free Kindergarten Institution and others.

The historic land marks of Winnipeg are not especially notable. Fort Garry still stands to speak of the great fort and governor's residence of a former day. In the city or its environs St. John's Cathedral, St. Boniface Cathedral and Kildonan Church are memorials of a former day.

The city has its face, however, turned to the future rather than the past. There will be three great cities in Canada—the voice of the prophets—Montreal, Winnipeg and Vancouver. The day will no doubt come when there will be more Canadians living west of Winnipeg than are found to the east of it.

The Sun Life of Canada is
"Prosperous and Progressive."



TRANSPORTATION: PAST AND PRESENT.

Arrival of First C. P. R. Train in Winnipeg, by Red River Steamer.

SIR THOMAS G. SHAUGHNESSY, President Canadian Pacific Railway Company.

"The Imperial Limited." The Canadian Pacific Railways' famous train running from Montreal to Vancouver, over 2900 miles. This year there is a double daily service, making fourteen transcontinental trains per week.

SUNSHINE

PUBLISHED BY THE

SUN LIFE ASSURANCE COMPANY OF CANADA,
AT HEAD OFFICE, MONTREAL.

A. M. MACKAY, *Editor.*

		July 1904						
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FREDERICK G. COPE.

To-day and To-morrow.

In these strenuous times men who are at all thoughtful must have had thrust upon them at some time or other the fact that in a few years, at most, they will not be reckoned amongst the then young men.

It is the hope of all that at a certain period they may be able to slacken their grip of what must be done for the gain that is consequent upon its doing, and devote more attention to things that have a place near the heart, but are now crowded out by lack of time or other causes.

There is no royal road to such a condition.

If we are to live] on "Easy Street" the latter years of our lives, we must arrange to do so.

Some may argue that we have no right to seek any degree of ease in this world that is so full of activity.

We do not mean by ease, a cessation of labor—to the active man that would mean the hardest of labor—but rather an optional condition, where we can have freedom to choose our labor.

There are thousands of men to-day who have reached old age and are not at the mercy of circumstances, just because years ago they looked ahead to the future and prepared for it.

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The hardship of paying endowment assurance premiums is forgotten when the endowment has run its course and brings us the peaceful message "to rest a while" and enjoy the fruits of our own past work.

It is hard for young men with the flush and strength of young manhood to realize that there will yet come a time when they will not be able to keep step with younger men.

True, there are men who have reached near the limit of age and are as active as young men could possibly be, but these are the exception.

What then are you to do for those future days?

Are you to let them look after their own affairs or are you to make provision in the days of your strength for that time when, with the experiences of past years, you will appreciate a rest to the full.

One way to accomplish this is by investing now in endowment assurance every dollar available, and our word for it there will never be any cause for regret.

To reach this goal may be difficult, but is that a reason why you should not do it?

A determined "I will do it" will help to crown your efforts with success, and give the "sunset" of your days the halo of satisfactory accomplishment.

Marvellous Growth.

The growth of life assurance in Canada during the past thirty years, as given in the recent report of the Government Insurance Department, is interesting. The net amount of assurances in force in Canada, at the close of last year, was

nearly five hundred and fifty millions of dollars, or one hundred and two dollars and ten cents for every man, woman and child in Canada.

There were paid in premiums, last year, over eight millions of dollars.

One noticeable feature is, that men of financial prominence are increasingly investing in life assurance. According to a book issued by the Spectator Company, New York, there are one hundred and sixty-eight business men in Canada who carry assurances aggregating nearly fourteen millions of dollars, or eighty-one thousand dollars each. Eighty-eight of this number carry policies of one hundred thousand dollars and over.

And even yet, the story of life assurance in Canada is just beginning to be written. What the next decade will reveal we cannot reckon.

Are you fully assured?



Think Twice.

Before you push a brother down,

Think twice.

Before at others' sins you frown,

Think twice.

For who are you in judgment hall,

Your brother to the bar to call?

To-morrow you may slip and fall—

Think twice.

Beware the stinging gibe and quip—

Think twice.

Lest you yourself should feel the whip,

Think twice.

Without the gossip's idle sneer,

The thrust that draws the bitter tear,

For fortune's favoring gale may veer;

Think twice.

Is charity a quickened art?

Think twice.

And does it thrill both hand and heart?

Think twice.

The mercy you to others show

That mercy you shall some day know;

With others' faults be kind, be slow—

Think twice.

—New York News.



MR. EDWIN S. BAKER,
 Manager for the Province of Manitoba,
 Sun Life Assurance Company
 of Canada, Winnipeg.



MR. THOMAS GILROY,
 Manager for City of Winnipeg, Sun Life Assurance
 Company of Canada.

Just Among Ourselves.

Mr. Arthur B. Wood, Assistant-Actuary, is the subject of congratulations in his having passed successfully the rigid examinations to become a Fellow of the Institute of Actuaries of Great Britain. The final examination was held in April, and a cablegram has just been received announcing the result. Mr. Wood will, hereafter, worthily carry the title F.I.A.

The agency embracing the states of North and South Carolina has been divided, and each state will, in future, have a separate organization. Mr. E. M. Peterson, of Norfolk, Va., will be manager for North Carolina, with chief office at Raleigh, and Mr. R. W. Moody will be manager for South Carolina, with chief office at Columbia.

Mr. Gilroy has represented this Company in various parts of Canada for over thirty years. At the Annual Meeting of the Company, in 1877, in an address, Mr. Gilroy, among other things, said: "In the future the Company will be one of the largest and best institutions in Canada." That Mr. Gilroy was a true prophet is evidenced by the standing of the Company to-day. From years of service he is the doyen representative of the Company.



The Longevity of Thinkers.

Thinkers as a rule live long; or, to put the proposition into a more general term, exercise of the mind tends to longevity. Herbert Spencer died recently in his 84th year, Darwin reached his 73rd, Sir George Stokes his 84th, Carlyle in his 86th, Tyndall was accidentally poisoned at 73, but might have lived several years longer, Huxley was 70 when he died, Gladstone in his 89th year, Disraeli in his 77th, Newton lived to be 85, and Lord Kelvin is still vigorous in research in his 80th.—Scottish American



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Medical Examiner, Winnipeg.

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Southern Manitoba.

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Northern Manitoba.

MISS HALYBURTON,
Stenographer, Winnipeg Office.

Winnipeg, Man., November 20th, 1903.

EDWARD S. BAKER,

Manager THE SUN LIFE ASSURANCE CO.
OF CANADA, Winnipeg.

Dear Sir,—Re Policy, No. 38079, I beg to acknowledge the receipt of your cheque for two thousand dollars, the amount of assurance due on the policy Mr. R. McKiechan held in your company.

Please accept my thanks for the same, and also for the ease and promptness with which this claim has been settled.

Yours, very respectfully,

E. O. MCKIECHAN.



How to Keep Cool in July.

A couple of Jews, father and son, went for a stroll one sweltering day through the streets of Glasgow. As they passed an Italian ice-cream shop the boy turned to his father:—"I wish you'd puy some ice-cream, fader," he said longingly, "I do feel hot." The father gazed at him for a few seconds in mild surprise, and then exclaimed—"No, no, Moses my poy! but I dell you vot I'll do. I'll dell you some ghost stories vot'll make your blood run cold."



The Old Negro's Theology.

The story is told of Senator Vance, of North Carolina, once champion storyteller of the Senate, that, riding along in Bencombe County, one day, he overtook a venerable darky with whom he thought he would have a little fun.

"Uncle," said the Governor, "are you going to church?"

"No, sah, not exactly,—I'm gwine back from church."

"You're a Baptist, I reckon—ain't you?"

"No, sah, I ain't no Baptist; de most of de bredren and sistern about here has been under de water."

"Methodist, then?"

"No, sah, I ain't no Mefodis, nudder."

"Campbellite?"

"No, sah, I can't errogate to myself de Camelite way of thinkin'."

"Well, what in the name of goodness are you then?" rejoined the Governor, remembering the narrow range of choices in religions among North Carolina negroes.

"Well, de fac' is, sah, my old marster was a herald of de cross in de Presbyterian Church, an I was fetch up in de faith."

"What! You don't mean it? Why that is my church."

The negro making no comment on this announcement, Governor Vance went on him again.

"And do you believe in all of the Presbyterian doctrine?"

"Yes, sah, I does."

"Do you believe in the doctrine of predestination?"

"I dunno dat I recognise de name, sah."

"Why, do you believe that if a man is elected to be saved he will be saved, and if he is elected to be lost he will be lost?"

"Oh, yes, boss, I believe dat. It's gospel talk, dat is."

"Well, now take my case. Do you believe that I'm elected to be saved?"

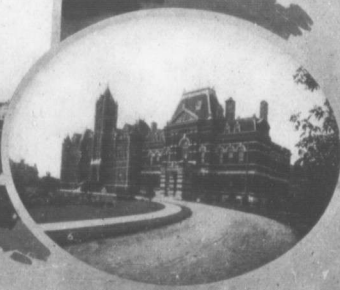
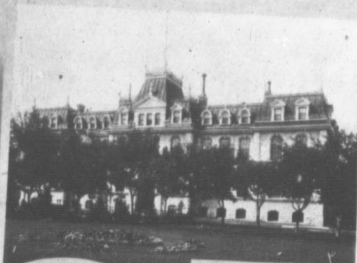
The old man struggled for a moment with his desire to be respectful and polite, and then shook his head dubiously.

"Come, now, answer my question, pressed the Governor, "what do you say?"

"Well, I tell you what 'tis, Mars Ze I's ben libin' in dis hyar world nigh sixty years, and I nibber hyard of a man bein' 'lected 'thout he was a cand date.

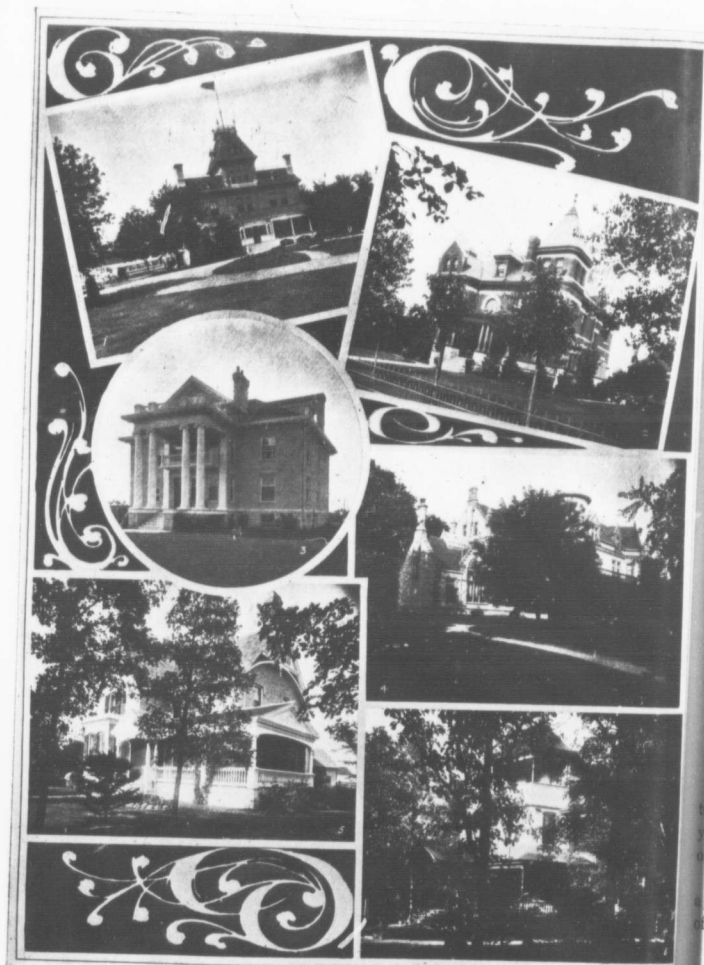


The Sun Life of Canada is
"Prosperous and Progressive."



PUBLIC BUILDINGS, WINNIPEG.

- | | |
|---------------------------|-------------------------|
| 1. Legislative Buildings. | 2. Volunteers Monument. |
| 3. Post Office. | 4. City Hall. |
| 5. Manitoba University. | 6. Court House. |



SOME WINNIPEG RESIDENCES.

1. Government House.
Residence of Sir Daniel Hunter McMillan, G.C.M.G.
2. Residence of Mr. J. H. Ashdown.
3. Residence of Mr. J. A. M. Aikens.
4. Residence of Hon. J. Stewart Tupper.
5. Residence of Mr. W. G. McMahon.
6. Residence of Ex-Mayor John Arbuthnot.

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Don't.

The man who drops his life policy wilfully bids a good thing depart.

The lapse of a policy of assurance on your life is to forecast discomfort, perhaps misery, for your wife and family. Don't!

Would you half build a home and stop all operations because of a temporary financial difficulty, or overcome the difficulty and go on with the home? If you have paid premiums on life assurance, economize in some direction and keep the premiums up. It is not economy to lapse out.

Lapsers are not only losers of premiums already paid, but of future benefits of themselves and family.

Having made a start in life assurance, let it be the very last thing you think of dropping. And even then drive the thought away. Keep the policy going until you go. It will be "very handy to have in the house."

Sustained life policy is C.O.D.—cash on death. But if you cease to sustain it, it is death without cash.

"Hospitality may never sit with gladness" in your home if you allow your assurance to run out.—Ed. P. Ackerman.

Adaptability.

"I suppose" said the facetious doctor to the carver of monuments, "you finish your grave stones as far as 'In memory of,' and then wait for some one to die?"

"Yes," answered the stonecutter with grave smile, "unless they are for patients of yours, in which case I keep right on."

"How," continued the doctor, "do you correct your errors after the stones are lettered?"

"That's easy; a widow who trades with me got me to engrave on her husband's tomb, 'The light of my life has gone out.'"

When she married again we added, 'but I have struck another match.'

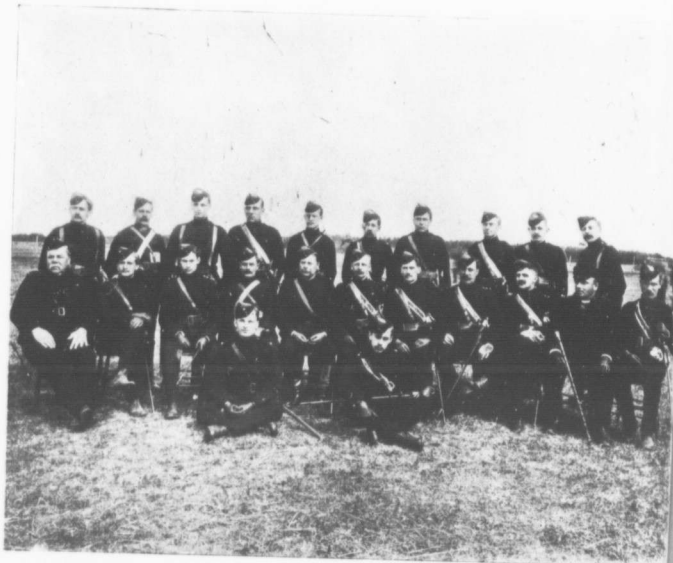
The Bailie's First Day.

It was the Bailie's first day on the bench. When the first prisoner was brought before him he asked: "Are you guilty or not guilty?" "Not guilty," replied the man promptly. "Not guilty!" exclaimed the Bailie, then what are ye daein' here? Tak' that man awa', policeman, and bring in ane that is guilty, and I'll gi'e him sixty days."

"He is not fully prepared to die, whose widow would be left financially unprepared to live."—Investor's Guide.



SEVEN OAKS MONUMENT:
Site of a Clash between Old Rival Fur Companies,
Winnipeg.



OFFICERS 90th REGIMENT WINNIPEG RIFLES.
(Mr. Edwin S. Baker is Captain and Adjutant of this Regiment).

The Heckler Heckled.

The first premier of New Zealand was a witty and eloquent Irishman, James Edward Fitzgerald.

On his first election he was subjected to much interruption at the hustings by a butcher who enjoyed a dual notoriety

as a heckler in local politics, and as owner of the first sausage machine imported into the new settlement.

The crowd wearied of his interjections, and heckled

him in turn, and at last one man called to him. "Leave politics and go back to your sausage-machine!"

"If I had the candidate in my sausage machine, I'd make mince-meat of him," cried the excited butcher.

Fitzgerald with immovable face retorted. "Is thy servant a dog, that thou should'st do this thing."



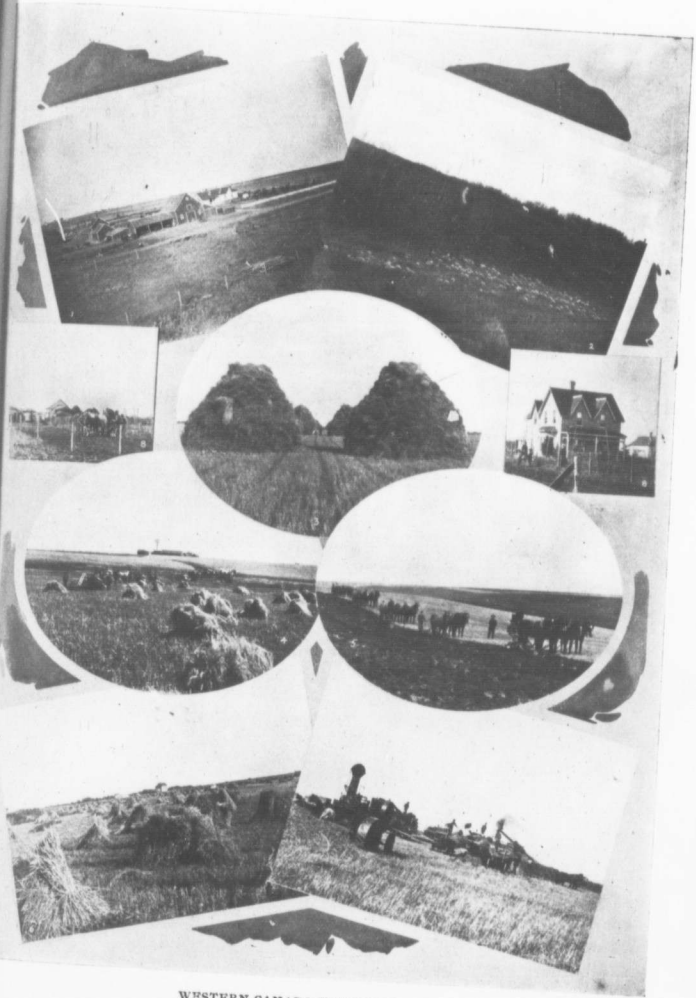
Mrs. Barker—
"Shall I sing
'Because
Love You?'
Barker—"X
Maria; if you
love me, do
sing."



Tomb of late Members of 90th Regiment who Fell
in the North West Rebellion.

On Mr. James Sh

W



WESTERN CANADA FARM SCENES.

On Mr. James Shand's Farm, Dauphin, Man.
 Farm Buildings on Prairie.
 Harvesting Barley.
 Wheatfield, near St. Jean, Man.

Belmere Sheep Range, Shellmouth, Man.
 Mr. James Shand's Residence.
 Wheat Stacks, Carman, Man.
 Ploughing on the Prairie.
 Threshing Wheat on the Prairie.

Sun Life Assurance Company of Canada

RESULTS FOR 1903

Assurances issued and paid for	\$14,167,205.47
Increase over 1902	3,136,514.54
Cash Income from Premiums, Interest, Rents, etc.	3,986,139.50
Increase over 1902	424,630.16
Assets at 31st December, 1903	15,505,776.48
Increase over 1902	2,025,503.60
Undivided Surplus over all Liabilities except Capital (according to the Company's Standard the Hm. Table, with 4% interest on policies issued before 31st December, 1899, and 3½% on those issued since)	1,001,382.46
Increase over 1902	289,202.32
Profits paid Policyholders	93,471.11
Death Claims, Matured Endowments, Profits and all other payments to Policyholders during 1903	1,191,411.22
Death Claims, Matured Endowments, Profits and all other payments to Policyholders to December 31st, 1903	10,096,036.65
Life Assurances in force December 31st, 1903	75,681,188.87
Increase over 1902	8,499,587.24

TEN YEARS' PROGRESS

	INCOME	Net Assets exclusive of uncalled Capital	Life Assurances in force
1893	\$1,240,483.12	\$4,001,776.90	\$27,799,756.51
1903	3,986,139.50	15,505,776.48	75,681,188.87
Increase	\$2,745,656.38	\$11,503,999.58	\$47,881,432.36