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SUBSCRIPTION: \$1.50 In Adv



Buy your friend a
COLUMBIA GRAFONOLA
for a Christmas Gift.
J. F. Schuett, Agent at Mildmay

M. FINGER

Mildmay

I buy Wool, Hides, Poultr
Rags, Rubber and Metal and pa
the highest prices. Call up Be
Phone 38, and I will call on yo

*Satisfactory dealing guar
anteed.*

Safety First

Do your Xmas. shopping
early and where you have
best choice. Only a few
more days left. Our list is
complete.

Stationery, Cameras,
Chocolates, bulk, box,
Ebony, Ivory,
Flashlights, Perfumes,
Photo Album,
Safety Razors,
Cigars,
Toilet Preparations,
Waterman's Fountain Pens
Japanese Inlay Work
Xmas. Cards, Booklets,
Local, private greeting cards

O. E. SEEGMILLER

Druggist, Mildmay.

"Buy Drugs at a Drug Store"

Phone No. 28.

LOCAL G. T. R. TIME TABLE.

Morning Train, southbound.....	7.17
Mail Train, northbound	11.05
Afternoon Train, southbound	3.30
Night Train, northbound	9.05

NEWS of the WEEK



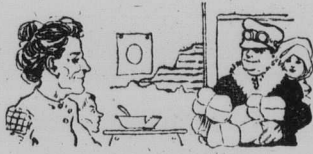
Items of Interest to
Everybody.

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As of as Time Harris

Hark! the merry chimes are warning
us that this is Christmas morn-
ing.
And it's time that we were rising,
though the hour isn't late.
Still, the kids will be flocking, each
to overhaul his stocking.
And there's scads of things we've
got to do that really cannot wait.
Quite determined not to doze off),
let this joyous Christmastide;
let up some real, Christmas feeling,
that are not quite cut and dried,
consarn 'em, let 'em glide.

all the glad anticipating
at last, at last is here;
mad career of shopping,
heap and not too dear;
crowds, that like ourselves are seeking
at their loved ones most desired.
the pushing, struggling, surging
ing home at last, dog tired.
and as "most all-fired."

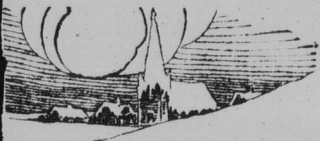


seems to whisper to a fellow
we soon may breathe again,
hat, maybe by tomorrow
thing of this mental strain,
the tissues of our brain.

occasion now to worry,
ve been quite overlooked.
l the walls with green are decked, and
ristmas dinner will be cooked,
is some substantial reason
ginning of the end.
can certainly be jolly.
ill, and in general unbend,
the last cent we can spend!

Now the door bell will cease ringing to
the people who were bringing
An endless string of packages from
morn to dewy eve;
We no longer will be running to con-
ceal those things with cunning,
And we'll lose our wonted air of
having something up our sleeve.
There will be a deuced litter, when
litter,
from the kitchen to the hall;
grow enthusiastic
s on the donors' necks we fall,
didn't want at all.

half the joy of living
pleasure and surprise
upon loved faces beaming—
and put his gaudy ties—
motion (as to smother
some seat corner, where,
d from her section,
upholstered chair,
may bet he'll get his share).



ay exasperating,
without thought of stint,
edgest are neglected
found its way to print.
might take a hint).

no time for dejection...
as we said, has come at last!
exaltations

Soils and Crops

By Agronomist

This Department is for the use of our farm readers who want the advice of an expert on any question regarding soil, seed, crops, etc. If your question is of sufficient general interest, it will be answered through this column. If it is of sufficient interest, it will be answered personally if stamped, addressed envelope is enclosed and addressed envelope is enclosed with your letter, a complete answer will be mailed to you. Address Agronomist, care of Wilson Publishing Co., Ltd., 73 Adelaide St. W., Toronto.

NEVER BURN HUMUS-MAKING MATERIAL

Too many of us are quite thoughtless about the use of fires on the farm. Fires, on the average farm, do far more harm than good.

Everyone who burns stuff in the field or woodlot does it because he believes he is destroying either weed seeds or useless rubbish. This attitude is all right, provided we revise our definition of rubbish and get a clearer notion of the methods by which weed seeds are distributed.

It is quite rare to find any amounts of weed seeds, especially of the more obnoxious weeds, still in the seed heads and up from the ground sufficiently to be burned by the usual spring fire. In fact, one of the chief reasons why certain weeds have been dubbed "noxious" is because they have developed, during many generations, the ability to survive the various adverse conditions and rough treatments to which the farmer has subjected them. Usually the amount of vegetable matter destroyed when stubble or other growth is burned over in the spring to kill weed seeds would do far greater service if plowed under to help the corn or other crop to outgrow the weeds.

Do Not Rob The Land

I have known of many cases where stubble ground which was to be put to oats or some cultivated crop was burned over for the sole purpose of making plowing appear easier! The man who robs land in that way, even if the land is his own, ought to be indicted for robbery and prosecuted to the full extent of the law! Such willful destruction of the most vital element in the maintenance of soil fertility and tilth is certainly criminal, not only against the present but against future generations. It is this disregard for the preservation and turning over of humus making materials which has done more than anything else to cause the abandonment of so many farms in older sections of the country—this is what causes the land to "run down," "run out" and become worthless for agricultural purposes until the humus is restored.

It is very fortunate that public sentiment is being educated and undergoing marked changes in this matter. Most everyone who was raised in the grain growing section of our country can well remember when it was the regular custom to burn nearly all of the stubble land, large stacks of straw, and thousands upon thousands of acres of cornstalks. Now most of us see that such wholesale destruction was sheer wastefulness.

Poultry

Every year at the beginning of winter many poultry keepers are disappointed and puzzled by the failure of apparently well grown pullets to lay according to expectation. They can not understand why early pullets that seemed to be developing nicely and showing the usual signs of being near laying should remain at that stage for weeks and sometimes for months.

Where the conditions are as described, the most common cause of deferred laying in an insufficient ration. Underfeeding in the early fall oftenest through the failure of the poultry keeper to increase the food given to pullets on range as much as is necessary to make up for diminution in the supplies secured by foraging.

Underfeeding after the pullets are put into winter quarters is usually due to excess of care to prevent them from becoming too fat to lay.

In either case the remedy is to feed the birds all that they will eat of a substantial ration, furnishing in proper variety the food elements required, taking care at the same time to provide for as much exercise as will keep them in good condition under heavy feeding.

While pullets remain on range the only changes in diet usually necessary as cool weather comes on are to increase the quantities of food given, especially corn and corn products, and if green food on the range is running short to supply what is required to make up the shortage.

It is desirable to have pullets in their winter quarters about a month before they are expected to begin laying. Moving them at that stage does not retard laying, while if they are moved shortly before or after beginning to lay the change may set them back several weeks.

Pullets that will not begin laying before winter sets in may be left in the coops which they occupied while growing as long as the weather permits them to range.

When the pullets are in winter quarters and are dependent upon the feeder for all green food and animal food as well as for grain, one of the following rations will supply the variety required. The proportions indicated are parts by weight.

Ration No. 1.
 Dry mash 3 parts
 2 parts bran
 2 parts middlings
 4 parts cornmeal
 1 part beef scrap or fish meal
 Green feed
 As available, in constant supply.

Ration No. 2.
 Dry mash 6 parts
 6 parts mixed feed (bran and middlings)
 4 parts cornmeal
 1 part beef scrap or fish meal
 Scratch feed 2 parts
 Cracked corn 2 parts
 Cabbage in constant supply.

Ration No. 3.
 Dry mash 6 parts
 6 parts cornmeal
 1 part beef scrap or fish meal
 Scratch feed 2 parts
 Wheat 2 parts
 Green feed
 Sprouted oats, cabbage, or manure beetles.

Ration No. 4.
 Dry mash 6 parts
 6 parts cornmeal
 1 part beef scrap or fish meal
 Scratch feed 2 parts
 Heavy oats 2 parts
 Green feed
 Sprouted oats.

Ration No. 5.
 Dry mash 3 parts
 3 parts cornmeal
 1 part beef scrap
 Scratch feed 2 parts
 Cracked corn 2 parts
 1 part oats.

In deciding upon a ration a poultry keeper should be governed largely by the availability and cost of foodstuffs in his locality. The common grains do not differ extremely in composition and food value.

Uses for Salt.

Sprinkle a little salt in the skillet before placing the fish in it to fry and it will not stick to the pan.

Make a little salt bag and rub the griddle with it; pancakes will not stick and there will be no smoke or odor.

Cases may be prevented from burning by sprinkling a little salt in the bottom of the oven.

When grease or milk has been spilled on a hot stove the odor arising from this may be removed by sprinkling with salt.

Egg stains on silver can be removed by rubbing with a little salt and a damp cloth.

Sheep Notes

Early Spring Lamb.

Early spring lamb, as I understand it, is an animal finished in January and February, says an expert. It must be young and tender and toothsome. I breed early lambs from the meat grades. I prefer Shropshire and Hampshire ewes of good conformation and a Southdown ram. This cross has always produced a lamb of quality for me that commands a top price.

Raising early lambs is a profitable business on any Ontario farm. The lambs are finished and marketed early and the ewes are sheared during April. At that season the fleece is in first-class condition and will command a good price in the wool market. The wool helps to pay for the cost of feed, and the manure is a rich fertilizer that is worth all the straw and roughage used to make it.

I consider it costs me about two cents a day to feed a sheep, because I raise all the rations and roughage on the farm. Under my system of raising sheep, I buy the ewes at the stockyard in July, and the same animals are conditioned for market and sold the following March or April.

Indications point to high prices for early lambs this coming spring, and ewe sheep will cost considerably more than in 1916 and 1917, but I believe the price of hothouse lambs will sell in proportion to the cost of production. My method of handling sheep should appeal to the busy farmer who has limited pasture land and little waste ground. It gives an incentive to raise sheep because the system has many features that must appeal to the business farmer.

The net profit is great on the capital invested, and the work of caring for the sheep comes after the outside labor is over and the sheep are sold before the next year's work begins. The price of lamb and mutton is high, and will remain above the old figures for a long time, I am sure. The public is getting to prefer lamb to mutton, and it is up to us farmers to encourage their appetite and supply the demand.

The Dairy

"It has been clearly demonstrated that the good dairy cow is a more economical producer than any other farm animal," says Prof. E. S. Archibald, Dominion Animal Husbandman. "Not only does she actually yield more product from a given amount of feed, but she does that at the least cost and the greatest profit."

"Notwithstanding these facts, the production of milk and fat from the average cow is exceedingly low, being approximately 3,800 pounds of milk and 130 pounds of fat per annum, which in value is less than the total cost of production. Nevertheless, it has been clearly demonstrated that by better feeding and management this average may be easily increased from 30 to 80% with an increased cost of feed and labor of only 10 to 20 per cent.; the margin would be largely profit. Such an increase is not only a financial necessity but the patriotic duty of every dairy farmer."

Do not allow dirt to accumulate in the manger or under the water-bowl. It soon becomes foul and causes the animal to lose its appetite.

Delicious Dishes of Pop Corn

This year because of the scarcity of sugar we must use less for our Christmas candies. Every pound of maple sugar; honey or molasses that we use instead of white sugar means more for food for the British and French children. If we can, in addition, spread the candy we make over the surface of pop corn kernels, an even greater saving of sugar will result.

Pop corn, salted, buttered, or mixed with molasses, is a wholesome and unexpensive confection. Pop corn cake may be molded in the form of soldiers, cannon, dolls and other shapes. Fancy boxes or net bags filled with prepared corn will delight the little folk. Combinations of dried fruits and nuts may take the place of candy in filling Christmas boxes.

The following are excellent recipes:

Pop-Corn Balls

Mix 2½ cups molasses and ½ cup brown sugar, 1 tablespoon butter and 1 tablespoon vinegar and boil until it hardens when dropped into cold water. Have ready 5 quarts of pop corn, free from any imperfectly popped grain. Pour this mixture over the corn; mix well. Dip the hands into cold water and press the corn into balls.

Chocolate Pop-Corn Fudge

Cook together a pint of sugar, half a pint of milk, 2 squares of bitter chocolate, 1 tablespoon butter, and a saltspoon of salt, until the soft ball stage is reached. Then remove from fire; add a teaspoon of vanilla extract with 1½ cups of coarsely chopped pop corn. Stir until the mixture is creamy but still soft; pour into greased pan, and when it hardens sufficiently, mark into squares.

Maple Pop-Corn Squares

Boil together 2 lbs. brown sugar or maple sugar, 1 pint milk, and ¼ teaspoon cream of tartar. When the syrup makes a soft ball in cold water, add 2 tablespoons butter; stir it gently and remove from the stove; add a teaspoon vanilla; set the pan in a vessel of cold water and beat until it begins to cool. Then pour into greased, straight-sided pans, and stretch thick with pop corn, while still soft cut into squares, but cut again in the same

lines when cold. Wrap the pieces in waxed paper.

Pop Corn Cake

One quart popped corn, 1 cup sugar, ¼ cup corn syrup, ¼ cup water, 2 tablespoons molasses, 1 tablespoon butter, 1 teaspoon salt. Pick over the popped corn, discarding all hard kernels, and finely chop the corn, or put through meat grinder, using a coarse knife. Put sugar, corn syrup and water in saucepan, stir until it boils, and cook to 270 degrees F., or until candy cracks when tried in cold water; add molasses and butter, and cook to 290 degrees F., or until it is very hard when tried in cold water. Add corn, stir until well mixed, return to fire a moment to loosen it, then pour on buttered slab or tray and roll with rolling-pin as thin as possible. Cut in squares or break in small pieces. Molasses may be omitted.

Maple Corn Balls

Three quarts popped corn, 1 cup maple syrup, ½ cup sugar, 1 tablespoon butter, ½ teaspoon salt. Pop corn and pick over, discarding kernels that do not pop, and put in large kettle. Melt butter in saucepan and add syrup and sugar. Bring to the boiling point, and let boil until mixture will become brittle when tried in cold water. Pour mixture gradually while stirring constantly, over corn which has been sprinkled with salt. Shape into balls, using as little pressure as possible.

Pop Corn Fruit Cookies

Mix 1 cup each of fine-ground pop corn, sugar, and fine-cut figs or other dried fruit with ½ cup each of shortening and milk and a beaten egg. Gradually add 1 cup each of wheat flour and cornmeal, into which 1 teaspoon salt, 1½ teaspoons nutmeg have been sifted. Roll 1-3 inch thick; cut out and bake in a moderate oven.

Fruit Nut Caramels

1 cup figs, 1 cup dates, 2 cups walnuts. Wash and stone the dates, and wash figs and remove stems, and put with the nuts through food chopper. Mix together thoroughly and press firmly ¾ inch thick into a small buttered pan. Cut in squares, or shape in small balls and roll in icing sugar.

GOOD HEALTH QUESTION BOX

By John B. Huber, M.A., M.D.

Dr. Huber will answer all signed letters pertaining to Health. If your question is of general interest it will be answered through these columns; if not, it will be answered personally if stamped, addressed envelope is enclosed. Dr. Huber will not prescribe for individual cases or make diagnosis. Address Dr. John B. Huber, care of Wilson Publishing Co., 73 West Adelaide St., Toronto.

Consumption—Death's direct door to most hard students, divines, philosophers, physicians, deep lovers, zealots in religion.—Old Saying.

FROM THE SECOND TO THE THIRD YEAR.

Three square meals and a little extra for baby, as follows:

Breakfast: 7 to 8 o'clock. Oatmeal, hominy, cracked wheat (each cooked 4 hours the day before they are used) served with milk and sugar or butter and sugar. A soft boiled egg, hashed chicken. Stale bread and butter. Bran biscuit and butter. A drink of milk.

At 10 a.m. the juice of one orange may be given.

Dinner: 12 o'clock. Strained soups and broths, rare beefsteak, rare roast beef, poultry, fish. Baked potato, peas, string beans, squash, mashed cauliflower, mashed peas, strained stewed tomatoes, stewed carrots, spinach, asparagus tips. Bread and butter. For dessert: Plain rice or plain bread pudding, stewed prunes, baked or stewed apple, junket, custard or cornstarch.

Supper: 5:30 to 6 o'clock. Farina, cream of wheat, wheatena (each cooked two hours) from 1 to 3 tablespoons, served with milk and sugar or butter and sugar or butter and salt. A drink of milk. Stale bread and butter. Twice a week custard, cornstarch or junket may be given. Occasionally malted milk or weak cocoa.

With three meals a child has a better appetite, much better digestion and thrives far better in consequence, than those children whose stomachs are constantly working overtime. Yet some especially delicate children cannot do without a luncheon at 3 or 3:30; then a glass of milk and a biscuit or a cup of broth are right. Or a child may at this time relish instead a scraped raw apple or a pear; this is particularly judicious for constipated children. Children recovering from serious illness, will require, according to the doctor's directions, more frequent feeding.

QUESTIONS AND ANSWERS.

M. W. S.

If you will send me a stamped and

self-directed envelope I will mail you the information you desire.

Rest in Tuberculosis.

What do you mean by rest in tuberculosis?

Answer—Such a sufferer must rest. There is otherwise no hope for his emaciated body, an organism on the verge of bankruptcy. Here is, of course, a factor difficult of management especially among the poor (who furnish the majority of consumption cases), many of whom feel that they must somehow work in order to maintain themselves and their own. And yet there has to be rest, especially when there is fever; and at least until the sufferer has recuperated from the prime predisposition to this disease. For the consumption germ fattens on devitalized tissues.

The rest has got to be absolute if the bodily temperature reaches 100 degrees by the clinical thermometer; and the bed inexorably when the fever has gone above this. The rest should, if possible, be outdoors—at least with open windows. When the air is cold and warm headgear is to be worn; or the warm headgear is to be worn; or the woollen "helmet" which comes down over the collar bone. And the footwear must be at least as ample and as comfortable as the headgear. The body must be abundantly clothed; there are sleeping bags made for such patients. The idea of sleep is involved in that of rest. Nowhere else should nature's soft nurse be so sedulously wooed. Insomnia is most exhausting in such a disease as this, when it is so necessary to conserve and build up the strength. Nor has any restorative ever been invented to compare with sleep. Insomnia, with fatigue and over exertion, have predisposed to many tuberculous. We strive to induce sleep without medication if possible; may among other ways, be induced by drinking of hot milk after the patient has been tucked away for the night.

How To Wrap Xmas Boxes.

Christmas packages are getting more attention this year than they did last. Since gifts are to be more practical and not of the decorative type the outside of the package must be decorative. For the last two or three years people have used for wrapping tissue paper of various colors, generally white; have tied a package with red, green or holly ribbon, and have thought they had solved the problem. This year gives most consider the individuality of every person to whom a gift is sent.

Again paper is scarce and every scrap to be found about the home should be utilized. Almost every household has stored away in the attic or storeroom rolls or parts of rolls of wall paper. These pieces can be used for wrapping the Christmas packages to good advantage.

For the round flat package containing some soft fabric, yellow could be used tied with black ribbon, or if necessary one could purchase raffia in various colors for a small amount, much less than the cost of ribbon, and when tying the bow a small bunch of flowers, perhaps the best ones of a spray which has been used on a hat, could be slipped in the knot. The paper may be a little hard to handle. If it is cut in shaped pieces use paste to keep it in place.

A pretty bag for a young woman would look well wrapped in paper of a Dresden design tied with light blue or green ribbon. For a man a plain brown paper tied with red or green raffia is very sensible, since a man has no use for ruffles or furbelows of any description. Bright green or yellow heads are fastened on the ends of the raffia. Most men like red and blue, and it would be a good idea to add a touch of color to the strings where it harmonizes with the wrapping. With green or red sealing wax the package is complete for the male friend or relative.

Sealing wax can be made decorative in many ways. Green or red would be the best for Christmas, and if one has nothing else to seal it with use one of the new coins, or a thimble, but much better would be a monogram. Pendant bows headed are especially suitable for children.

For the package for little folk the shape should be disguised and it should be wrapped securely. Oftentimes their little eyes light upon things which mothers think are safely hidden, and if the package is not safely wrapped the surprise is spoiled for Christmas morning. Little folk are very wise and can often tell by the shape of a package what it contains. Covered with soft green or gray tissue paper and tied with bright green or red ribbon or raffia, with two little bells tied to the bow, an especially attractive package may be arranged for the children.

Often small Santa Clauses tied on the boxes for little folk make a pleasing impression, even through the children are curious to get to the inside. With a round package wrap the crepe paper about it loosely, bring the paper to the top to form a rosette and tie with ribbon and with a spray of flowers or holly in the centre.

Horse Sense

Good Action in Draft Horses.

Size and power are of little value if the draft horse has not enough action to handle his big weight in an efficient manner.

The action of the draft horse should be bold, clean, and somewhat stylish. The feet should be carried forward and back in a straight line without paddling, winging, or other irregularities of gait. It is necessary that the feet move straight and smooth in order to get the best and greatest stride with the least energy.

Knee action in a draft horse is not important. A long stride which covers considerable ground is much more important than high knee action. Ability to cover ground is what is wanted in the draft horse.

The walk is the important gait. It should be true and snappy and have a good length of stride. The action of all four legs should be strong, and the movements of the knees and hocks free, without indication of dragging or stiffness.

Although the walk is more important from a working standpoint, it is necessary to note an animal's action in trotting because defects in action are more perceptible when trotting than when walking.

In trotting there should be a clean folding of the knee and hock, the feet being carried in a straight line. The hocks should work close together, for if they are carried too far apart it causes an unsightly bandy-legged appearance.

In many cases careful shoeing will improve the gait of the draft horse and tend to eliminate undesirable features.

Hogs

Every pen should be supplied with a box of air-slaked lime and wood-ashes, sulphur, charcoal and salt. The pigs seem to know when to take such correctives and naturally crave them. A good way to begin in the hog business is to buy one or two sows that have already been mated to a good sire. You get results that way sooner, although it may cost a bit more than to buy pigs and grow them up to breeding age.

Now is the time to get ready for early spring litters. Make the farrowing pens now if new ones are needed—spring and the last day before farrowing is not the time. Then some cold makeshift may have to be used, and a lot of pigs will be lost.

What Impertinence!

The Scotch express had just reached the junction. "All here for Edinburgh?" inquired the guard.

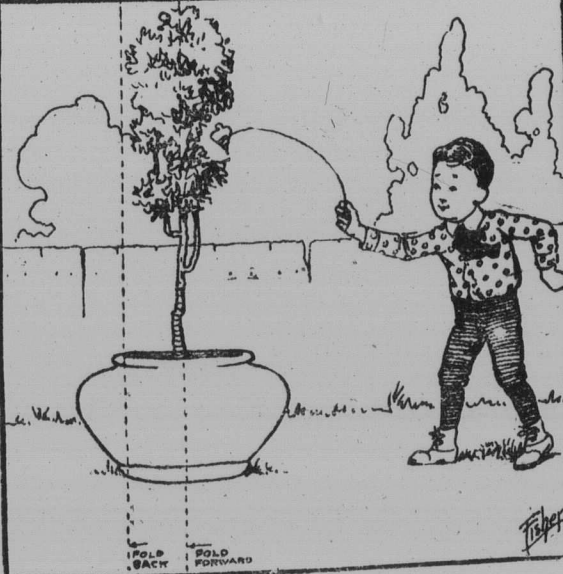
All replied in the affirmative except one old woman, who kept silence. After the train had started, however, she remarked, with a smile: "I was just goin' to Glasgow mesel, but I wasna goin' to tell you inequiesitive mon!"

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 For POULTRY, GAME,
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 Please write for particulars.
F. FOULIER & CO.
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HIGHEST PRICES PAID
 For RAW FURS
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FUNNY FOLD-UPS

CUT OUT AND FOLD ON DOTTED LINES



I wish I had a giant top.
 A big iron spiker in it.
 And string as long as anything;
 Oh, how I'd love to spin it.



Give him a watch or books, or money—but nothing will please a boy like

A Kodak or Camera

It's a Christmas gift for all the year. Besides, the picture story of the good times with his playmates—pictures of the winter fun both indoors and out—will be interesting always, and increase in value with each succeeding year.



At the Sign of The Star.

The Store of Quality.

J. N. Scheffter

Terms—Cash or Produce.

LIVE STOCK MARKETS TORONTO

There was a strong active market for anything good to choice at all in the butcher steers and heifers class on the Union Stock Yards Exchange yesterday.

For the good stuff the market was from 20c to 25c higher than the closing price of last week and steady with last week's early prices. A few extra good lots of steers and heifers sold around from \$12 to \$12.50, and good butcher odds sold around \$12 to \$12.50.

Altogether a good allround steady trade for all the grades. Good butcher cows were wanted and canners and cutters were said to be steady.

There is not a very active demand for stockers and feeders, few buyers being represented on the market.

The milker and springer trade is far from being active. In fact, is the weak feature of the market, well forward springers even are slow of sale but the backward ones are practically unsaleable and a lot of them were left over on the market yesterday. The present affords an excellent chance for farmers and others to pick up some bargains in this class of cattle.

The market for lambs was very strong, choice lambs selling at from 17½c to 18c; light sheep, 12c to 13c, and heavy fat sheep and lambs, 10c to 11c.

The run of calves was very light and the trade steady.

There was a heavy run of hogs with practically all contracted hogs going out at from 18c to 18½c, but packers' figures anticipate a cut of 50c. per cwt. for Wednesday's market.

MOLTKE.

Mr. and Mrs. Dan Rehkopf of Neustadt spent Sunday at the home of Mrs. Con. E. Baetz and family.

Messrs. Edwin Hohn and Edward Baetz of Stratford spent Sunday at their homes here.

Mr. Chas. Peter of near Moltke, while felling a big elm tree last week, was lucky in capturing five racoons.

Mr. Justus Kaufmann has a number of contracts for building driving sheds next summer.

The Christmas Entertainment of the St. Paul's Lutheran church, Normanby, will be held on Monday, Dec. 24th.

Mr. John W. Baetz of Stratford has bought the garage in Clifford and will take possession after New Years.

A number from here attended the funeral of the late Philip Hollinger in Clifford.

ADDITIONAL LOCALS.

Sport Scheffter visited Kitchener friend's 'e ter'ay.

All rural schools will hold their annual meetings on Wednesday, Jan. 28th at 10 o'clock.

A meeting will be held on Friday evening of this week at the Royal Hotel, Mildmay, to organize the curling club for the coming season. All interested are asked to attend.

John Wilson, 85 years of age, a retired farmer near Hensall, was burned to death last Tuesday morning when his house was destroyed by fire, caused by his putting oil on his fuel. Neighbors found nothing but the charred body. He had lived alone for several years.

After December 20th next persons collecting moneys for war charities, unless authorized in writing by the governing body of a registered war charity association, are liable to prosecution under the act. Registration is made with the Secretary of State of Canada. The accounts of all registered associations must be audited, and half-yearly returns to the Department of State are required.

An old gentleman who had dealt for some years with the same grocer found the latter out in some shady practices. Going to his shop, he gave the delinquent a piece of his mind, and stamped out, exclaiming:

"You're a swindler, and I'll never enter your door again."

Next day, however, he came back and bought five pounds of sugar.

"Dear me," said the grocer, smiling in forgiving way. "I thought you were never going to enter my shop again."

"Well, I didn't mean to," said the customer, coldly, "but yours is only shop in the place where I can get what I want. You see, I am going to pot some plants, and I need sand."

The British in Palestine gained further ground southeast of Jerusalem and took 117 prisoners. This gain is of local rather than of general significance. General Allenby is getting his force in shape in order to drive the Turks into the Dead Sea and to disperse the remainder in the desert and wildernesses. Von Falkenhayn, it is believed, has assumed personal command of the Moslems. The Turks are now fighting in front of their lateral communications. A railway runs in their rear and supplies their forces. The impending attacks of General Allenby will aim at capturing this line. It is probable that the chief difficulty confronting the British is the procuring of a copious supply of water. The rains, however, will relieve this situation to some extent.



FIX RIGHT NOW
FOR
CHRISTMAS

Furs for Xmas.

Childrens sets ... 5.00 to 6.50
Girls sets 5.00 to 10.00
Ladies sets ... 15.00 to 65.00
Rat Muffs 5.00 to 15.00
Lamb muffs.... 12.50 to 32.50

Hose for Xmas

Ladies Silk Hose, Colors—black, white, emerald, bluette palm beach 2.00

Ladies fine pure wool, cashmere Hose, plain knit, sizes 8½ to 10 1.00

Babies and childrens fineribbed cashmere Hose—colors, black, cream, cardinal, sky, brown at 35c to 50c

Happiness is the greatest thing in this world, the way to become happy yourself is to make someone else feel happy. Buy a whole lot of Christmas presents for your family and for your friends, and some new things for yourself. For your own comfort come in this week to do your Xmas buying. Our store, you know, is the popular Christmas store.

Gents Furnishings for Xmas.

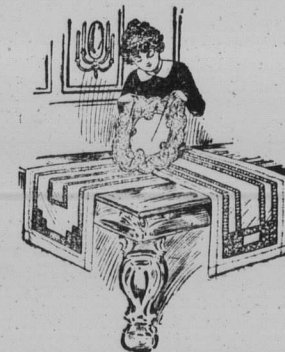
Mens Ties, new-wide flow-end 50c up to 1.75
Mens and boys Hook-on ties 25c and 35c
Mens 'Arrow' linen collars 20c ... 3 collars for 50c
Mens 'Arrow' shirts 1.25 up to 2.00
Mens Overcoat Scarfs 50c up to 3.00
Mens fine Suspenders 35c up to 75c
Mens Arm Bands 10c, 15c, 25c a pair
Mens Kid and Mocho Gloves 1.50 up to 3.00
Mens woollen scotch knit Gloves 75c and 1.00
Mens heavy tweed Caps, Kling-close bands, 1.25 to \$2
Mens fine and heavy Underwear \$1 up to 2.50



Fancy Linens for Xmas.

Pure linen table cloths and napkins to match, Dresser scarfs, stand covers, table covers, centre pieces, cushion tops, towels.

Bath Towels, white and fancy 25, 35, 50, 75, 1.00, 1.25
Ladies fancy stock collars 75c up to 2.00
Ladies fancy collars, all styles 35c up to 1.50
Ladies embroidered handkerchiefs 10c, 15, 25, 50c
Hemmed handkerchiefs with colored work, 15c up to 50c
Plain hem-stitched handkerchiefs 3c, 5, 10 up to 2c
Childrens handkerchiefs, fancy colored borders... 5c & 1c
Childrens colored handkerchiefs, fancy boxes 15c & 20c



Big Assortment of Fancy China for Xmas presents at 10c, 15c, 25c, 50c up to 3.50.

HELWIG BROS.

GENERAL MERCHANTS,

THE PEOPLE'S STORE

We Wish
All Our Customers
A
Merry Christmas.

Phone No. 14

Prompt Delivery

Cash or Produce

Weiler Bros., Prop.

This is Santa's Headquarters

For the Useful and Sensible
Christmas Gifts.

Aluminum Ware

A piece of this ware makes a splendid Xmas gift. Sauce Pans, Kettles etc. Prices ranging from 40c to \$1.50.

Pocket Knives

At prices ranging from 10c to 1\$. See our specials at 25c.
Razors and Razor Stropps
Carving sets, 1.25 and up.

O'Cedar Mops

A household necessity. Prices from 75c to 1.50

Tea and coffee pots
Enamelled Roast Pans
Bread Boards,
Cups, Plates,
Saucers, Knives, Forks.

Brass Ware

Brass Jardineers, 1.00 to \$3. Brass candle sticks, brass Cuspidors, Brass smoking sets, Brass Umbrella Stands.

Silver Ware

A full line of Old Colony 1847 Rogers Silverware—knives, forks, \$2 to \$5 per set. Berry spoons, \$1 to \$2. Meat forks 75c to 1.25. Sugar shells 50c to \$1.

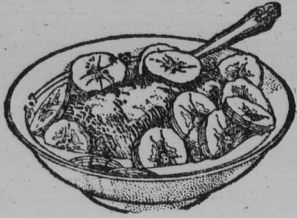
Meat Choppers

This home chopper would be appreciated. Cuts easily, heavily tinned, and easily cleaned, at 1.50

Carpet Sweepers
Vacuum Sweepers
Snow Shoes
Hockey Skates
Hockey Sticks,
Etc., Etc.

Liesemer & Kalbfleish
THE CORNER HARDWARE.

In These War Times you want real food that contains the greatest amount of body-building material at lowest cost. The whole wheat grain is all food. **Shredded Wheat Biscuit** is the whole wheat in a digestible form. Two or three of these little loaves of baked whole wheat with milk and a little fruit make a nourishing, strengthening meal.



Made in Canada.

THE WORLD ON RATIONS.

Food Restrictions in Some of the European Countries.

Just how world-wide is food rationing is shown by the French Echo de Paris, which publishes the following review of the food restrictions now in effect:

Germany.

The figures in regard to German food restrictions are known to us in detail. Among the commodities on short allowance in Germany worthy of mention are bread, meat, grease, oil and potatoes.

The bread allowance differs in various cities from four pounds a week for every person to five pounds (about ten ounces a day for every person).

The meat allowance is nine ounces a week for every person. As far as grease and food oils, including butter, are concerned, the weekly allowance is two ounces, and even these are not always distributed.

The official allowance of potatoes is seven pounds a week for every person. But the distribution varies in different localities.

As to milk, adults can receive none till needs of children, sick people and nursing women are satisfied. The theoretical allowance for these three classes was formerly a pint and a half; recently it has been reduced to a pint. As to others, in most cities they receive no milk at all.

Austria-Hungary.

The situation in Austria is no better than in Germany. The daily allowance of bread is ten ounces. Meat has not been put on allowance in Austria; only two meatless days are prescribed by the law. At present the question of increasing the number of meatless days is under consideration.

The weekly allowance of butter, grease and food oil is four and a half ounces, and consists of two and a half ounces of butter, one ounce of margarine and one ounce of bacon. In reality, however, nobody receives more than one ounce of butter.

The allowance of potatoes is three pounds per week, but the press believes that this will soon be reduced to two pounds, on account of the failure of the potato crop.

Bulgaria.

Very little is known about Bulgaria and Turkey.

In Bulgaria the allowance of bread has been set at eighteen ounces a day for every person. On the other hand, there are three meatless days each week.

Turkey.

In Turkey the theoretical bread allowance is supposed to be nine ounces a day, but it rarely exceeds five ounces.

Denmark and Sweden.

In Denmark the daily allowance of

bread is eleven ounces a person. In Sweden it is nine and a half ounces. Netherlands.

The daily allowance of bread in the Netherlands is nine ounces a person, the meat allowance seven ounces and the potato allowance fifteen ounces.

EATING NUTS KILLS ANIMALS.

Fed to Livestock in Holland Because of Shortage of Fodder.

Because of the shortage of fodder in Holland farmers have been feeding their live stock with nuts, and as a result many of the cattle have died and the health of a large percentage has been affected seriously.

The United States Consul at Amsterdam writes that all kinds of substitutes for fodder have been fed to animals. The death of stall-fed animals has been frequent and is attributed to spoiled or otherwise unwholesome food. In many such cases the animals have been freely given acorns, chestnuts and beechnuts, unshelled and uncooked. All of these nuts, it is averred, in their natural state have poisonous elements, especially in the shells. It is said that horses have died within two hours after eating raw and unshelled beechnuts in considerable quantities, the stomach and intestines being fatally disordered.

Experts advise that nuts be fed to stock in limited quantities, not more than a kilogramme (2.2 pounds) at the utmost daily, and then only after they have been shelled and boiled, care being taken to throw away the boiling water. It is remarked, however, that nuts can be fed more freely to pigs than to other animals, and that, besides, they are very fattening.

SERIOUS ILLNESS AVOIDED

Many a serious illness has been avoided by the prompt use of Dr. Williams' Pink Pills. These pills actually enrich and purify the blood, and in this way build up the system, tone and strengthen the nerves and invigorate the vital organs.

Serious diseases generally come from some simple disorder that has been neglected. Therefore any thinning of the blood should be looked upon as a warning sign, and more serious illness should be avoided by the use of Dr. Williams' Pink Pills. In the case of young girls and women the blood is peculiarly liable to get out of order—to become thin and watery—and to lead to a general breakdown in health. This can be avoided by the occasional use of Dr. Williams' Pink Pills, which are suitable for the most delicate constitution. These pills will give you a new appetite, improve your digestion, tone and strengthen weakened nerves, banish depression and lack of energy, clear the complexion of pimples and blotches, cure pain in the back and general weakness, cause the disappearance of headaches, dizziness and heart fluttering. Give these pills a fair trial and you will soon note a wonderful change in your condition.

Your spirits will brighten, good health and strength will return, and you will feel like a new person. You can confirm these statements by enquiring among your friends almost anywhere, as thousands and thousands of hopeless sufferers have been restored to new health and energy by using Dr. Williams' Pink Pills.

You can get these pills through any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

A "LINGERIE CHRISTMAS."

Convalescent Soldiers Work on Womanly Garments.

The bored civilian who gazes at the tinselled shop windows to-day and groghes that every Christmas is the same, needs to look in on the boys in the military convalescent hospitals.

Tucked under the sheets with the hoops poised on their knees they are sewing white flowers to table doilies, red silk roses on cushion tops, and wondering whether tucks or gathers would be more becoming to Arabella. Last year they were ducking Fritz's shells, and potting the Boches across No-man's Land.

Embroidery is receiving a great impetus these days, and the vocational officers who order supplies for the occupational work—under which head crocheting and embroidery come—are gazing with amazement at the orders for material for ladies' nightgowns, boudoir caps, camisoles, etc., which come to them to be filled.

Tommy is on to all the technical names, and his "lingerie Christmas" is going to be made an epoch of note in the family annals. There is no doubt that along with great grandmother's "sampler," posterity will find among its heirlooms the boudoir cap which Uncle John embroidered for Aunt Mary when he was a soldier in the hospital.

"At any rate the needlework is irreproachable, and even though they never sew another stitch, the boys have proven that they can embroider as well as they fight," declared the matron in one of the hospitals who has directed this occupational work.

In some of the western hospitals the work has been put in special stores for Christmas sale and others are being taken for winter work. Some men have become so expert as to fill orders for monogramming bridal linens and are making tidy little incomes.

Cow's milk contains from 34 to 4 per cent. of fat. Whales' milk contains 13 per cent.

Frocks for Winter



Two materials, blue serge and a blue and green plaid, are charmingly combined in this quaint little dress. McCall Pattern No. 8088, Girl's Dress. In 6 sizes, 4 to 14 years. Price, 15 cents.



The double collar and the wide girdle or sash are unusually attractive features of this simple pleated tunic dress. McCall Pattern No. 8064, Misses' Dress Pattern in 4 sizes, 14 to 20 years. Price, 20 cents. These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Toronto, Dept. W.

An Occasion For Grief

After shoveling the snow from the sidewalk for two hours little Patsy, began to cry.

"What's the trouble, my little man?" asked a sympathetic neighbor. "A bad tramp came along and stole the snow shovel from the boy next door."

"Well, my lad, it's a very nice thing to be sympathetic," said the neighbor, "but you mustn't worry so over other people's affairs."

"It ain't that," said the boy, "I'm crying because he didn't steal my shovel, too."

LEMON JUICE IS FRECKLE REMOVER

Girls! Make this cheap beauty lotion to clear and whiten your skin.

Squeeze the juice of two lemons into a bottle containing three ounces of orchard white, shake well, and you have a quarter pint of the best freckle and tan lotion, and complexion beautifier, at very, very small cost.

Your grocer has the lemons and any drug store or toilet counter will supply three ounces of orchard white for a few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day and see how freckles and blemishes disappear and how clear, soft and white the skin becomes. Yes! It is harmless.

Camellias require very careful watering; not enough or too much water causes the buds to drop. When buds drop withhold manure water. The time to feed is when the flowers have faded and when the new shoots are growing. Forty-five to fifty-five is the right temperature.

Minard's Liniment Cures Garget in Cows

New Air Raid Alarm.

The London authorities have begun using sound bombs, or rockets, as a means of warning the populace of approaching air raiders. These bombs consist of cylinders about eight inches long, weighing one pound each, which are fired from small mortars by pulling a lanyard attached to a fuse at the nose. They rise some 300 feet in the air. More than 200 of them were sent up from seventy-nine fire stations the first time they were used and the result was pronounced very satisfactory. The public was informed about the rocket in advance so that the significance of the peculiar sound which they produced was understood.

Minard's Liniment Cures Distemper.

YES! LIFT A CORN OFF WITHOUT PAIN

Cincinnati man tells how to dry up a corn or callus so it lifts off with fingers.

You corn-pestered men and women need suffer no longer. Wear the shoes that nearly killed you before, says this Cincinnati authority, because a few drops of freezezone applied directly on a tender, aching corn or callus, stops soreness at once and soon the corn or hardened callus loosens so it can be lifted off, root and all, without pain.

A small bottle of freezezone costs very little at any drug store, but will positively take off every hard or soft corn or callus. This should be tried, as it is inexpensive and is said not to irritate the surrounding skin.

If your druggist hasn't any freezezone tell him to get a small bottle for you from his wholesale drug house. It is fine stuff and acts like magic every time.

Tommy's Watch.

A Tommy on furlough entered a jeweler's shop and, placing a much-lattered gold watch on the counter, said: "I want this 'ere mended."

"After a careful survey the watchmaker said: 'I'm afraid, sir, the cost of repairing will be double what you gave for it.'"

"I don't mind that," said the soldier. "Will you mend it?"

"Yes," said the jeweler, "at the price."

"Well," remarked Tommy, smiling, "I gave a German a punch on the nose for it, and I'm quite ready to give you two if you'll mend it."

Minard's Liniment Cures Diphtheria.

Cupid's Machine Gun.

An amorous British youth was being taken to task for his flirtations. "Engaged to four girls at once!" exclaimed his horrified uncle. "How do you explain such shameless conduct?" "I don't know," said the graceless nephew. "Cupid must have shot me with a machine gun."

MURINE Granulated Eyelids, Sore Eyes, Eyes Inflamed by Sun, Dust and Wind quickly relieved by Murine. Try It in your Eyes and in Baby's Eyes.

YOUR EYES No Smarting, Just Eye Comfort

Marine Eye Remedy At Your Druggist's or by Eye Bottle, in Tubes 25c. For Book of the Eyes—Free. Ask Marine Eye Remedy Co., Chicago

England's Self-Confidence.

Baron Plener, a German, speaking before the Upper House of the Reichstag, said he was sceptical regarding the peace feeling in enemy countries. "England," he declared, "will not be ripe for peace for a long time yet. Her military self-confidence has been so enormously increased through the creation of a great army in such a short period that one cannot imagine anything diverting British public opinion from its war policy."

I was cured of painful Gout by MINARD'S LINIMENT.

CHATHAM, Ont. BAYARD McMULLEN.

I was cured of Inflammation by MINARD'S LINIMENT.

WALSH, Ont. MRS. W. A. JOHNSON.

I was cured of Facial Neuralgia by MINARD'S LINIMENT.

Parkdale, Ont. J. H. BAILEY.

Evening Up With Haig.

Sir Douglas Haig was, some weeks ago, in a great hurry to get to a certain place. He found his car, but the chauffeur was missing. So Sir Douglas got in the car and drove off by himself. Then the driver appeared and saw the car disappearing in the distance.

"Great Scot!" cried the driver, "there's 'Aig a-driving my car!"

"Well, get even with him," said a Tommy, standing by, "and go and fight one of 'is battles for him."

MONEY ORDERS

Dominion Express Foreign Cheques are accepted by Field Cashiers and Paymasters in France for their full face value. There is no better way to send money to the boys in the trenches.

"Fishy" dishes and utensils naturally retain their odor, but you can remove this by soaking the dishes in tea leaves and leave stand for a while before washing. Boil tea leaves in a little water in the frying pan and that, too, will loose the repugnant odor.

DODD'S KIDNEY PILLS

CURES ALL KIDNEY DISEASES

BRIGHT'S DISEASE, DIABETES, RHEUMATISM, GRAVEL, NEURALGIA, MIGRAINE, BRUISES, SWELLINGS, PAINFUL ANKLES, LYMPHANGITIS, POIL EVIL, FISTULE, BOILS, SWELLINGS, STOPS LAMENESS AND ALLAYS PAIN. HEALS SORES, CUTS, BRUISES, BOOT CHAFES. IT IS A SAFE ANTISEPTIC AND GERMICIDE

Does not blister or remove the hair and horse can be worked. Pleasant to use. \$2.00 a bottle, delivered. Describe your case for special instructions and Book 5 M free.

ABSORBINE, JR., antiseptic liniment for man, child, reduces Strains, Painful, Knotted, Swollen Veins. Concentrated—only a few drops required at an application. Price \$1 per bottle at dealers of delivered.

W. F. YOUNG, P. D. F., 516 Lyman Bldg., Montreal, Can. Absorbine and Absorbine, Jr. are made in Canada.

Fats in The There is no fat in butter. Lard is nearly 90 per cent. fat. Butter is the best food of fat for children.

The fat of plants is contained in the seeds. At least a third of the body's food should be fat. Cocoa is the only popular beverage which has "fat." The colder the climate the greater the craving for fat. Body fat is of three kinds—stearine, palmitin and oleine. Oats are the "fattest" and most "heating" of the cereals. A loin of mutton has more fat nutrient than any other joint. Fats yield glycerine, an essential component of high explosives. Athletic training does not rid of "fat," but of the excess water in the tissues of the body. A famine in fat (as in Germany) is more terrible than a famine in bread. A man doing sedentary work requires three ounces of fat daily in some form. Linseed oil is the most important vegetable oil in the production of glycerine for explosives. American meat is the richest in fat; British home-grown meat is second.

A Cure for Bad Breath

"Bad breath is a sign of decayed teeth, foul stomach or unclean bowel." If your teeth are good, look to your digestive organs at once. Get Seigel's Carative Syrup at druggists. 15 to 30 drops after meals, clean up your food passage and stop the bad breath odor. 50c. and \$1.00 Bottles. Do not use substitutes. Get the genuie.

The Jordan Valley

In Southeastern Oregon is a beautiful, fertile district that you ought to investigate. Many shrewd farmers are buying there, because their keen business foresight tells them that investment will pay big returns from the natural increase in the value of the land alone, to say nothing of the big crops that they can produce. Prices for terms apply.

Ask us for authentic information, absolutely free.

You are cordially invited to call at our excellent and extensive exhibit of products grown in the United Pacific Country.

R. A. SMITH, Colonization & Industrial Agent, United Pacific System, Room 1540 U. P. Bldg., Omaha, Neb.

When buying your Piano insist on having an **"OTTO HIGEL" PIANO ACTION**

ABSORBINE

Reduces Strained, Puffy Ankles, Lymphangitis, Poil Evil, Fistule, Boils, Swellings; Stops Lameness and allays pain. Heals Sores, Cuts, Bruises, Boot Chafes. It is a SAFE ANTISEPTIC AND GERMICIDE

Does not blister or remove the hair and horse can be worked. Pleasant to use. \$2.00 a bottle, delivered. Describe your case for special instructions and Book 5 M free.

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W. F. YOUNG, P. D. F., 516 Lyman Bldg., Montreal, Can. Absorbine and Absorbine, Jr. are made in Canada.

Exposure Aches

Cold rain, winds, and dampness bring out the rheumatic aches. An application of Sloan's Liniment will soothe the blood circulating and the pain will disappear. For neuralgia, lame back, stiff neck, sprains, strains, and all muscle soreness. Sloan's Liniment can't be beat. No rubbing. It quickly penetrates and does its work without stain or clogging of the pores. Better than plasters or ointments. For cold feet or hands try an application of Sloan's Liniment. Generous sized bottles, at all druggists. 25c, 50c, \$1.00.

Sloan's Liniment

KEEBS' PATENT

Machinery For Sale

1 WHELOCK ENGINE, 18x42. New Automatic Valve Type. Complete with supply and exhaust piping, flywheel, etc. Will accept \$1,200 cash for immediate sale.

1 ELECTRIC GENERATOR, 30 K.W., 110-120 Volts D.C. Will accept \$425 cash for immediate sale.

1 LARGE LEATHER BELT. Double, Endless. 24 inch x 70 ft. Will accept \$300 for immediate sale, although belt is in excellent condition and new one would cost about \$600.

PULLEYS, Large size. 28x66—\$30; 12x60—\$20; 12x48—\$12; 12x36—\$8.

2 BLOWERS OR FANS, Buffalo make. One 10 inch, other 14 inch discharge—\$30 each.

REAL ESTATES CORPORATION, LTD. 60 Front St. West, Toronto

Six Minute Pudding

Here's a new one—a most delicious desert that can be made in a hurry.

To one and one-half cups of milk add one cup of Grape-Nuts and one level tablespoonful of sugar, boil six minutes, cool and serve with milk or cream. Add raisins if desired.

Get a package of Grape-Nuts from your grocer and try this pleasing recipe.